

# Numerical dynamo simulations reproduce palaeomagnetic field behaviour

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## Key Points:

- We present the first numerical geodynamo simulations known to reproduce the main features of palaeomagnetic field variability since 10 Ma
- All simulated characteristics of palaeomagnetic behaviour covary with the degree of dipole dominance (dipolarity)
- Only chemically driven dynamos at sufficiently low Ekman numbers in a specific dipolarity range capture all palaeomagnetic characteristics

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**Abstract**

Numerical geodynamo simulations capture several features of the spatial and temporal geomagnetic field variability on historical and Holocene timescales. However, a recent analysis questioned the ability of these numerical models to comply with long-term palaeomagnetic field behaviour. Analysing a suite of 50 geodynamo models, we present here the first numerical simulations known to reproduce all salient aspects of the palaeosecular variation and time-averaged field behaviour since 10 Ma. We find that the simulated field characteristics covary with the relative dipole field strength at the core-mantle boundary (dipolarity). Only models which, in addition to compositional driving, have an Ekman number (ratio of viscous to Coriolis forces) lower than  $10^{-3}$  and a dipolarity in the range 0.34–0.56 capture the palaeomagnetic field behaviour to a high level. Our findings well agree with dipolarity estimates obtained from state-of-the-art statistical field models and represent a testable prediction for next generation global palaeomagnetic field reconstructions.

**Plain Language Summary**

Earth’s magnetic field varies on a wide range of timescales, from less than a year to hundreds of million years or longer. Such variations are produced by the complex fluid dynamic processes in the liquid iron core, which are generally studied using 3D computer simulations. While these simulations reproduced several properties of the observed magnetic field behaviour on relatively short timescales (less than 10 kyr), their compliance with the field characteristics on longer timescales has been recently questioned. Here we present the first simulations known to reproduce all salient features of Earth’s magnetic field behaviour over the last 10 Myr. Analysing a large suite of simulations, we discovered that the most Earth-like ones, in addition to having buoyancy sources that model the release of light elements from the inner core, have to rotate fast enough and have a magnetic field morphology which is sufficiently, but not too strongly, dipolar. These results well agree with independent estimates of the degree of dipole dominance obtained from observational models. Our findings will be used by future studies to simulate reliably long-term Earth’s magnetic field behaviour, hence improving our understanding of the Earth’s core and its evolution.

**1 Introduction**

The geomagnetic field varies on a striking range of spatial and temporal scales. These variations can be characterised through direct observations only for the last four centuries, while on longer timescales information is available indirectly through palaeomagnetic and archaeomagnetic measurements. By tying together observations and numerical simulations of the dynamo process in the outer core, we can gain fundamental insights into the physics of the deep interior through geologic time.

Numerical dynamo simulations reproduced several features of the geomagnetic field, including a dipole-dominated field and polarity reversals (see, e.g., Christensen & Wicht, 2015), the fundamental time-averaged morphological properties of the historical field (Christensen, 2010), and the axial dipole variations observed over Holocene timescales (Davies & Constable, 2014). However, due to the current computational limitations, geodynamo simulations cannot run at the extreme conditions that characterise the turbulent core fluid. Such limitations are particularly severe when studying the long-term field behaviour, since long time integrations are needed. Recently, Sprain et al. (2019) (S19 hereafter) raised the question of how Earth-like was the long-term field behaviour displayed by dynamo simulations. Defining a set of criteria ( $Q_{PM}$  criteria) to quantify the degree of semblance of geodynamo simulations with the palaeomagnetic field of the last 10 Myr, they found that none of the 46 simulations explored could capture all aspects of the observed vari-

65 ability. In fact, only a few simulations passed three out of the five  $Q_{\text{PM}}$  criteria, while  
66 the large majority performed poorly.

67 Here we present a different set of simulations that faithfully reproduce the palaeo-  
68 magnetic field over the last 10 Myr in terms of the  $Q_{\text{PM}}$  criteria. We show that the rela-  
69 tive strength of the dipole field at the core-mantle boundary (CMB) can be used as a  
70 proxy for all the palaeomagnetic observables considered and we discuss the conditions  
71 necessary for obtaining palaeomagnetic-like simulations.

## 72 2 Methods

### 73 2.1 Model Formulation

74 The setup and solution method for the geodynamo models are standard and ex-  
75 tensively documented elsewhere (Willis et al., 2007; Davies & Constable, 2014; Wicht,  
76 2002; Wicht & Meduri, 2016). We therefore provide only a brief description here (see also  
77 Section S1). We consider a convection-driven magnetohydrodynamic flow under the Boussi-  
78 nesq approximation with the fluid confined to a spherical shell of thickness  $d = r_o - r_i$   
79 rotating at a constant angular velocity  $\Omega$ . Here  $r_i$  and  $r_o$  are the inner and outer bound-  
80 ary radii, which are identified with the inner core radius and the CMB radius, respec-  
81 tively.

82 All models assume no slip mechanical boundary conditions and an electrically ins-  
83 ulating mantle. We employ the codensity approach where density perturbations due to  
84 compositional and temperature differences are described by only one variable. Different  
85 convective driving scenarios are modelled via the boundary conditions and eventual co-  
86 density sinks. Thermal dynamos are bottom heated with either fixed flux or fixed tem-  
87 perature at  $r_i$ . The heat leaves the system through  $r_o$  where a fixed flux condition is im-  
88 posed. Some models employ lateral variations in the outer boundary heat flux in the form  
89 of a recumbent spherical harmonic (SH) of degree  $\ell = 2$  and order  $m = 0$  as an ap-  
90 proximation of the observed shear-wave structures (Dziewonski et al., 2010).

91 Chemical dynamos are driven by either a fixed light elements concentration or con-  
92 centration gradient at  $r_i$  that is balanced by a volumetric mass sink. The flux through  
93  $r_o$  is set to zero since the incorporation of light elements into the mantle matrix is very  
94 inefficient. While the chemical dynamos have an electrically conducting inner core, the  
95 thermal dynamos use an insulating inner core for simplicity. Wicht (2002) showed that  
96 the impact of inner core conductivity on the magnetic field and its variability is minor.

The dimensionless parameters controlling the system are the Ekman number Ek,  
the Prandtl number Pr, the magnetic Prandtl number Pm and the shell aspect ratio  $\chi$ :

$$\text{Ek} = \frac{\nu}{\Omega d^2}, \quad \text{Pr} = \frac{\nu}{\kappa} = 1, \quad \text{Pm} = \frac{\nu}{\eta}, \quad \chi = \frac{r_i}{r_o} = 0.35. \quad (1)$$

97 Here  $\nu$ ,  $\eta$  and  $\kappa$  are the kinematic viscosity, magnetic diffusivity and thermal (or com-  
98 positional) diffusivity of the fluid, respectively. The Rayleigh number controls the vigour  
99 of convection and is defined in Section S1. Ek varies between  $3 \times 10^{-4}$  and  $2 \times 10^{-3}$ ,  
100 and Pm spans the range 3–10. These ranges are constrained by the need to perform  
101 long temporal integrations.

102 Our dataset is summarised in Table S1 and consists of 50 simulations: 21 from S19,  
103 7 from Wicht and Meduri (2016) and 22 are new runs. From S19 we excluded thermal  
104 dynamos which use specific buoyancy profiles (Davies & Gubbins, 2011), large ampli-  
105 tudes of the CMB heat flux anomalies ( $\epsilon = 1.5$ ; see Table S1 for the definition of  $\epsilon$ ) and  
106 low Rayleigh numbers (regime of locked dynamo action). We also excluded the cases at  
107  $\text{Pm} = 20$ . All these simulations poorly comply with Earth having total  $Q_{\text{PM}}$  misfits  
108 larger than 5 and total  $Q_{\text{PM}}$  scores of 3 at most (see Section 2.2).

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## 2.2 Palaeomagnetic Criteria for Geodynamo Simulations

The  $Q_{\text{PM}}$  framework is described in detail in S19 and we recall only the essentials here. S19 identified five palaeomagnetic observables that describe the long-term palaeosecular variation (PSV) and time-averaged field (TAF) behaviour. The first two observables characterise the virtual geomagnetic pole (VGP) angular dispersion  $S$  by estimating its equatorial value and latitudinal dependence. They are the parameters  $a$  and  $b$  of the empirical quadratic fit with palaeolatitude  $\lambda$  introduced by McFadden et al. (1988),

$$S^2 = a^2 + (b\lambda)^2. \quad (2)$$

The third  $Q_{\text{PM}}$  observable is the absolute maximum of the inclination anomaly

$$\Delta I = \bar{I} - I_{\text{GAD}}, \quad (3)$$

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which is function of latitude. Here  $\bar{I}$  is the Fisher mean inclination (Fisher, 1953) and  $I_{\text{GAD}}$  is the inclination expected under a geocentric axial dipole field. The fourth observable,  $V\%$ , is the ratio of the interquartile range to the median of the virtual dipole moment (VDM) distribution. The last observable is the relative transitional time  $\tau_{\text{T}}$ , defined as the fraction of time spent with an absolute true dipole latitude lower than  $45^\circ$ , which is complemented with a criterion on the presence of reversals.

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S19 estimated values of these five observables for the last 10 Myr using PSV10, the most recent compilation of palaeomagnetic directional data (Cromwell et al., 2018), and the palaeointensity database PINT (Biggin et al., 2009, 2015). The sum of normalised linear misfits between simulated and observed values for each  $Q_{\text{PM}}$  observable is  $Q_{\text{PM}}^{\text{m}}$  ( $\Delta Q_{\text{PM}}$  in S19). If the misfit of a given  $Q_{\text{PM}}$  observable is  $\leq 1$ , the observed and simulated palaeomagnetic characteristic overlap within the respective estimated uncertainties. The larger the total misfit  $Q_{\text{PM}}^{\text{m}}$ , the worse a numerical simulation complies with Earth.

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Together with the misfits, S19 defined binary scores. The score of a given  $Q_{\text{PM}}$  observable is 1 if the misfit in that observable is  $\leq 1$  and is zero otherwise. The total score  $Q_{\text{PM}}^{\text{s}}$ , obtained by summing the single  $Q_{\text{PM}}$  scores, can range from 0 to 5. By definition, a palaeomagnetic-like simulation with the maximum score  $Q_{\text{PM}}^{\text{s}} = 5$  has a total misfit  $Q_{\text{PM}}^{\text{m}} \leq 5$ . Note that the converse is not true: simulations with  $Q_{\text{PM}}^{\text{m}} \leq 5$  can have  $Q_{\text{PM}}^{\text{s}} < 5$  because not all the simulated and observed palaeomagnetic characteristics overlap within their uncertainties.

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## 3 Results

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### 3.1 Evidence for Palaeomagnetic-Like Geodynamo Simulations

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The magnetic fields obtained in geodynamo simulations are generally characterised by their degree of dipole dominance, which is often measured by the dipolarity  $D_{12}$ , defined as the time-averaged ratio of the root mean square (RMS) dipole field strength at the CMB to the total RMS field strength up to SH degree and order  $\ell = m = 12$  (Christensen & Aubert, 2006). Multipolar solutions generally have  $D_{12} \lesssim 0.35$ , while dominantly dipolar ones like the present geomagnetic field have  $D_{12} > 0.7$  (Christensen & Aubert, 2006; Christensen, 2010). Earth-like reversing solutions, that is dynamos which are dipole dominated most of the time but occasionally undergo reversals, occur in a narrow dipolarity range sandwiched between the stable dipolar and the multipolar regimes (Driscoll & Olson, 2009; Wicht & Tilgner, 2010; Wicht et al., 2015).

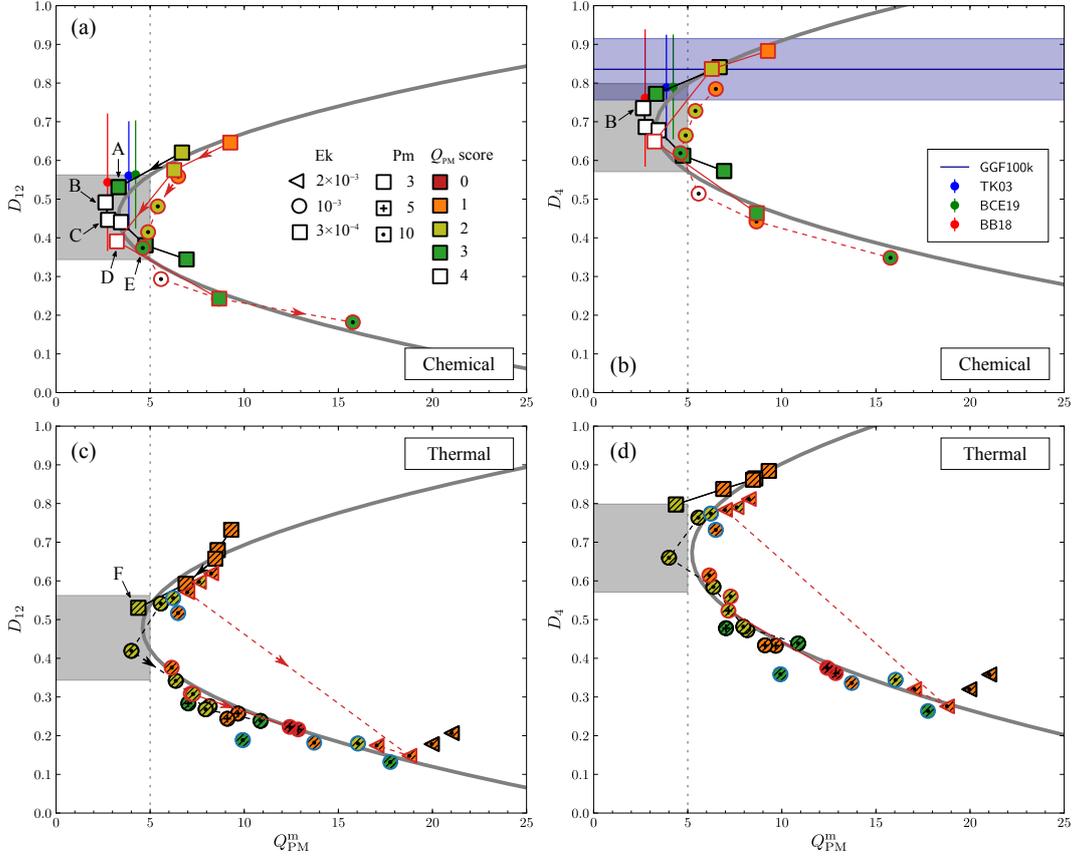
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Figures 1a,c demonstrate that  $D_{12}$  is a valid proxy for the total misfit  $Q_{\text{PM}}^{\text{m}}$ . When the Rayleigh number increases (in the direction indicated by the arrows in the connected lines in Figure 1) the dipolarity systematically decreases together with  $Q_{\text{PM}}^{\text{m}}$  until  $D_{12} < 0.5$  when  $Q_{\text{PM}}^{\text{m}}$  increases again so that the simulations describe parabolic paths in the



**Figure 1.** (a,c) Dipolarity  $D_{12}$  as function of the total misfit  $Q_{PM}^m$  for (a) chemical and (c) thermal (hatched symbols) dynamos. The symbol shape and colour code the Ekman number  $Ek$  and the total  $Q_{PM}$  score respectively (see the legend inset). The marker inside the main symbol indicates the magnetic Prandtl number  $Pm$ . The symbol rim colour denotes the codensity boundary conditions (black: fixed temperature/codensity at  $r_1$ ; red: fixed temperature/codensity flux at  $r_1$ ; blue: presence of lateral heat flux variations at  $r_o$ ). Connecting lines show dynamos differing only in the Rayleigh number, which increases in the direction indicated by the arrows. For clarity, only four representative Rayleigh number tracks are presented in (c) and (d). The thick curves show quadratic fits to the chemical dynamos at  $Ek = 3 \times 10^{-4}$  and to all thermal dynamos. The grey rectangle highlights the region of palaeomagnetic-like dynamos defined by the chemical models (the vertical extent of this region is  $\Delta D_{12}$ ; see the main text for further explanations). (b,d) Same as (a) and (c) but for the modified dipolarity  $D_4$ . The horizontal blue line in (b) shows the global palaeomagnetic field model GGF100k, with the shaded region indicating the intervals of one standard deviation above and below  $D_4$ . Circles with error bars in (a) and (b) present three GGP models indicated in the legend inset in (b) (the error bars denote intervals of one standard deviation above and below  $D_4$ ). Capital letters A–F mark six simulations discussed in the main text (see Table S1).

147  $Q_{\text{PM}}^{\text{m}}-D_{12}$  plane. These paths present only a mild dependence on Pm and on the ther-  
 148 mal boundary conditions, but depend strongly on the Ekman number. In fact, chemi-  
 149 cal dynamos at  $\text{Ek} = 3 \times 10^{-4}$  reach the lowest misfits, whereas runs at  $\text{Ek} = 10^{-3}$   
 150 only border on the Earth-like region defined by misfits  $Q_{\text{PM}}^{\text{m}} < 5$  (Figure 1a). Our chemi-  
 151 cal dynamos at  $3 \times 10^{-4}$  do not have a total  $Q_{\text{PM}}$  score of 5, but are extremely close  
 152 to satisfying all criteria (see Section 3.2). While chemical dynamos can have  $Q_{\text{PM}}^{\text{m}}$  as low  
 153 as 2.7 with  $Q_{\text{PM}}^{\text{s}} = 4$ , thermal dynamos hardly reach  $Q_{\text{PM}}^{\text{m}} \approx 4$  with  $Q_{\text{PM}}^{\text{s}} = 2$  (Fig-  
 154 ure 1c). The quadratic function  $Q_{\text{PM}}^{\text{m}} = c_0 + c_1 D_{12} + c_2 (D_{12})^2$  well describes the simu-  
 155 lations behaviour in both types of convective forcing (grey curves in Figures 1a,c; see Ta-  
 156 ble S2 for the regression coefficients values). The high coefficients of determination,  $R^2 =$   
 157  $0.85$  and  $R^2 = 0.79$  for the chemical and the thermal dynamos respectively, confirm the  
 158 robustness of this empirical quadratic fit.

159 Remarkably, the optimal value of  $D_{12}$ , that is the one which yields the lowest  $Q_{\text{PM}}^{\text{m}}$   
 160 and the highest  $Q_{\text{PM}}^{\text{s}}$ , lies in a well defined range for all Rayleigh number tracks explored.  
 161 The minima of the quadratic fits occur at  $D_{12} = 0.45$  and  $D_{12} = 0.48$  for the chemi-  
 162 cal and the thermal dynamos respectively. Small departures from these values cause a  
 163 large increase of  $Q_{\text{PM}}^{\text{m}}$  and a decrease in  $Q_{\text{PM}}^{\text{s}}$ . The values of  $D_{12}$  where the quadratic  
 164 fit of the chemical dynamos at  $\text{Ek} = 3 \times 10^{-4}$  intersects the threshold  $Q_{\text{PM}}^{\text{m}} = 5$  define  
 165 the dipolarity interval  $\Delta D_{12} = [0.34, 0.56]$  where palaeomagnetic-like dynamos can be  
 166 found.

167 The dipolarity values of our palaeomagnetic-like dynamos are compatible with es-  
 168 timates obtained for Earth from global palaeomagnetic field model reconstructions. These  
 169 models have spatial power spectra that are generally considered to be well resolved only  
 170 up to SH degree  $\ell = 4$  (Korte & Constable, 2008; Wardinski & Korte, 2008; Nilsson et  
 171 al., 2014), hence we consider the modified dipolarity  $D_4$  which is defined up to  $\ell = m =$   
 172  $4$ . Figures 1b,d show that the quadratic fit to  $D_{12}$  can also describe the behaviour of  $D_4$   
 173 in our numerical simulations. The palaeomagnetic-like region predicted by our chemi-  
 174 cal dynamos at  $\text{Ek} = 3 \times 10^{-4}$  is  $\Delta D_4 = [0.57, 0.80]$ . GGF100k (Panovska et al., 2018),  
 175 the longest global field reconstruction to date spanning the last 100 kyr, provides  $D_4 =$   
 176  $0.84 \pm 0.08$ , which is in relatively good agreement with our numerical predictions (Fig-  
 177 ure 1b; see also Table S3). LSMOD.2 (Brown et al., 2018) has a lower value of  $D_4 =$   
 178  $0.74$  since it deliberately models the field during the two most recent excursions. This  
 179 lower estimate is in excellent agreement with the value obtained for run B, our most palaeomagnetic-  
 180 like simulation, and generally compatible with the runs in the palaeomagnetic-like re-  
 181 gion of Figure 1b (see also Table S3). For field reconstructions covering shorter time in-  
 182 tervals, the Holocene CALS10k.1b (Korte et al., 2011) and the historical gufm1 (Jackson  
 183 et al., 2000) models provide  $D_4 = 0.92$  and  $0.88$  respectively. Such high values of  $D_4$   
 184 are likely due to the short timescales sampled by these models. We remark here that all  
 185 the observational models cover timescales much shorter than the last 10 Myr and dif-  
 186 ferences with our numerical predictions of  $D_4$  are inevitable. It is encouraging that such  
 187 differences reduce when considering the longer time averages obtained from GGF100k  
 188 and LSMOD.2.

189 Estimates of  $D_{12}$  for Earth on timescales of million years can be obtained from sta-  
 190 tistical magnetic field models based on a giant Gaussian process (GGP). Here we con-  
 191 sider the GGP models TK03 (Tauxe & Kent, 2004), BCE19 (Brandt et al., 2020) and  
 192 BB18 (Bono et al., 2020), which are explicitly constructed to reproduce the PSV over  
 193 the last 5–10 Myr, with BB18 also capturing the observed VDM distribution. TK03  
 194 and BCE19 differ only in the assumed variances of their independent and normally dis-  
 195 tributed Gauss coefficients, while BB18 additionally employs a covariance pattern for de-  
 196 grees  $\ell \leq 4$  inferred from dynamo simulations. The three GGP models all have  $0.54 \leq$   
 197  $D_{12} \leq 0.56$  and thus fall into the palaeomagnetic-like region predicted by our numer-  
 198 ical simulations (see Figure 1a and also Table S3). This is because the power spectra of  
 199 the GGP models decay with degree  $\ell$  at a rate comparable with the numerical simula-

tions, as demonstrated by the similar variation in the dipolarity values obtained for different degrees of truncation (Figure S1).

## 3.2 Description of the Simulated Long-Term Field Behaviour

### 3.2.1 Variation of the Palaeomagnetic Observables With $D_{12}$

Figures 2a–e present  $D_{12}$  as a function of the different  $Q_{\text{PM}}$  observables for all the chemical dynamos. All observables increase as  $D_{12}$  decreases, a trend which is also observed for the thermal dynamos (Figure S2). To capture the excursions and reversal behaviour expected for Earth, our three most palaeomagnetic-like chemical dynamos (runs B, C and D in Figure 1a) suggest that a compromise between the equatorial dispersion  $a$  and the relative transitional time  $\tau_{\text{T}}$  must be reached. Run B satisfies all  $Q_{\text{PM}}$  criteria (Figures 2a–d; cf. also Table S3), except  $\tau_{\text{T}}$  which is too small at 1.8% since the field undergoes only one reversal and three brief excursions in more than 35 magnetic diffusion times. Runs C and D, on the other hand, show an Earth-like transitional time ( $\tau_{\text{T}} = 4.6\%$  and  $6.5\%$  respectively; Figure 2e), but a less realistic equatorial dispersion, which is slightly too high (Figure 2a). The lower confidence bounds of  $a$  of these latter runs differ from the upper confidence bound of the Earth by only  $1^\circ$  and  $2^\circ$  respectively (Tables S3 and S4) and we therefore consider these simulations definitely consistent with Earth’s palaeomagnetic field.

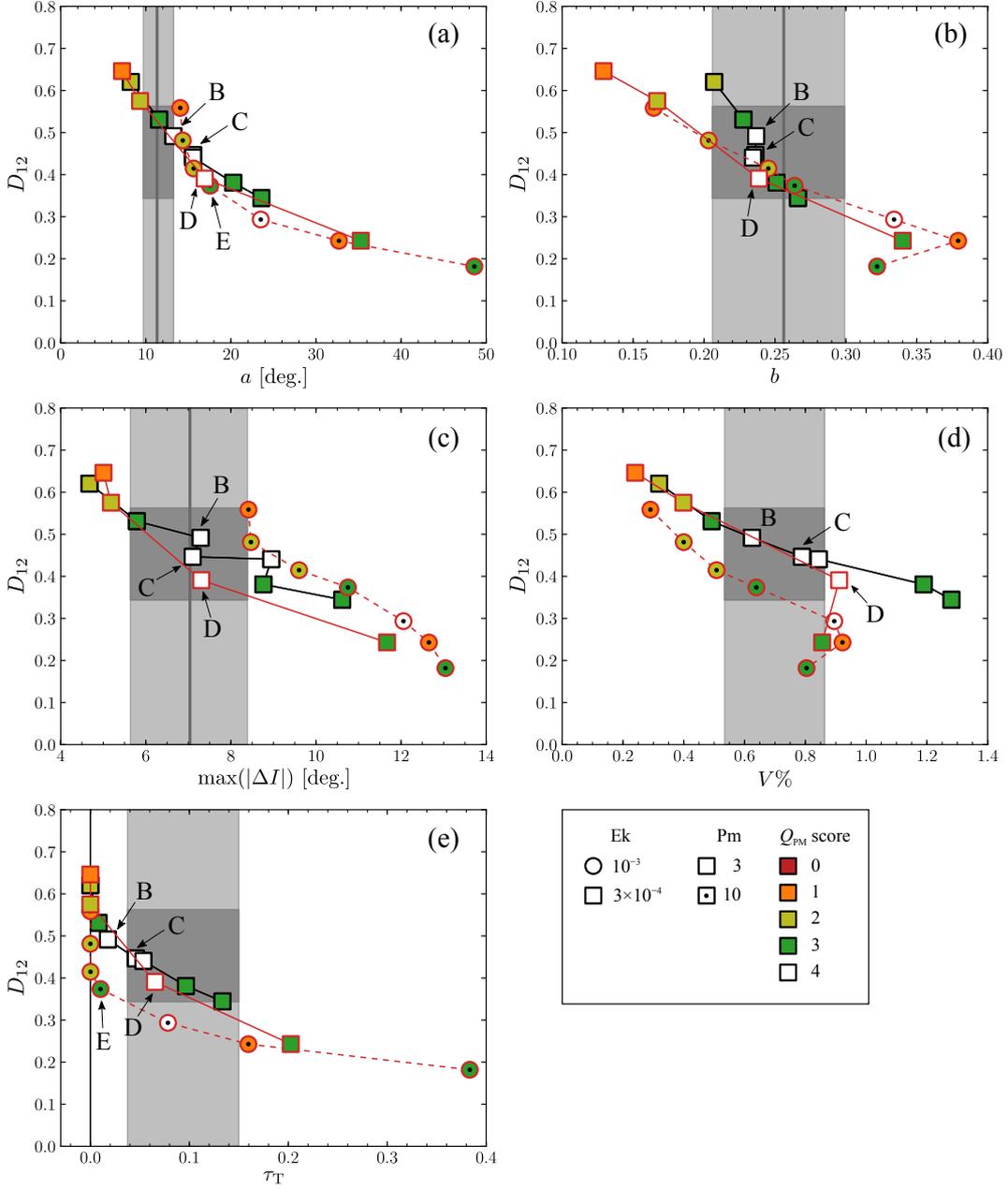
### 3.2.2 Influence of the Ekman Number in Chemical Dynamos

As well as intermediate values of  $D_{12}$ , chemical dynamos can reach low misfits and high scores only if the Ekman number is low enough (Figure 1a). This dependency on Ek arises from differences in the behaviour of  $a$  and of  $\tau_{\text{T}}$ . In the palaeomagnetic-like dipolarity interval  $\Delta D_{12}$  chemical dynamos at  $\text{Ek} = 10^{-3}$  have generally higher  $a$  and lower  $\tau_{\text{T}}$  than the cases at the lower Ek of  $3 \times 10^{-4}$  (Figures 2a,e). Misfits in  $a$  and  $\tau_{\text{T}}$  are indeed up to three times larger for the high-Ek runs compared to the low-Ek cases, while misfits in the other  $Q_{\text{PM}}$  observables are not very different (in Table S3 compare, for example, run D with run E, the simulation with the lowest total misfit at  $\text{Ek} = 10^{-3}$ ).

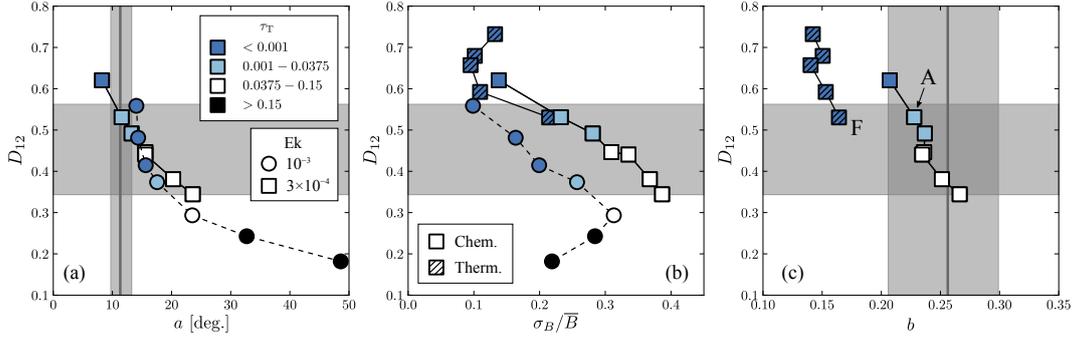
In the high-Ek simulations, more frequent polarity transitions leading to Earth-like values of  $\tau_{\text{T}}$  start at  $D_{12} \approx 0.3$ , but  $a$  is far too high (see Figure 3a). On the contrary, the onset of reversals occurs at higher values of  $D_{12}$  at  $\text{Ek} = 3 \times 10^{-4}$  where  $a$  is still Earth-like. Such a dependency on Ek for the onset of reversals was also observed in previous investigations of chemically driven dynamos (Driscoll & Olson, 2009). The onset of reversals at higher values of  $D_{12}$  arises because the variability in field strength, measured by the relative standard deviation  $\sigma_B/\overline{B}$  (the ratio of the standard deviation of the total RMS field strength at the CMB to its time-averaged value), increases with decreasing Ek in our simulations (Figure 3b). Such larger temporal fluctuations are more likely to drive the CMB field strength towards lower intensities, which in turn lead to an increased likelihood of both transitional periods and polarity transitions (Driscoll & Olson, 2009). Despite these larger field fluctuations,  $a$  remains Earth-like in the low-Ek runs since the equatorially symmetric CMB field, which determines  $a$  (McFadden et al., 1988; Coe & Glatzmaier, 2006), has a generally lower amplitude compared to the high-Ek cases (Figure S3).

### 3.2.3 Influence of the Convective Driving Mode

Thermal dynamos at  $\text{Ek} = 3 \times 10^{-4}$  do not reach  $Q_{\text{PM}}^{\text{m}}$  as low, and  $Q_{\text{PM}}^{\text{s}}$  as high, as the chemical dynamos at the same Ekman number (Section 3.1). This is due to the latitudinal VGP dispersion  $b$ , which remains fairly low and non-Earth-like in the thermal dynamos for all  $D_{12}$  explored (Figure 3c). The weak variation of  $b$  with  $D_{12}$  can be ascribed to the almost constant odd and even CMB field contributions in these runs (Fig-



**Figure 2.** Dipolarity  $D_{12}$  as function of the five  $Q_{PM}$  observables for the chemical dynamos. Connecting lines indicate Rayleigh number tracks as in Figure 1a (the Rayleigh number increases for decreasing  $D_{12}$ ). For the meaning of the symbols, see the legend at the bottom right and Figure 1. Vertical grey regions denote the estimated values for Earth (medians as solid lines and shaded regions indicating the 95% confidence intervals or the assumed bounds). The dark grey rectangle highlights the palaeomagnetic-like dipolarity interval  $\Delta D_{12}$  defined as explained in the main text.



**Figure 3.** Dipolarity  $D_{12}$  as function of (a) the equatorial VGP dispersion  $a$ , (b) the relative standard deviation of the CMB field strength  $\sigma_B/\bar{B}$  and (c) the latitudinal VGP dispersion  $b$  for three selected Rayleigh number tracks (only two tracks shown in (c) for clarity). The Rayleigh number increases for decreasing  $D_{12}$ . Chemical dynamo tracks are those at  $Ek = 3 \times 10^{-4}$  with fixed flux at  $r_1$  and at  $Ek = 10^{-3}$  (see Figures 1 and 2). The thermal dynamo track is the one at  $Ek = 3 \times 10^{-4}$  in Figures 1 and S2. The symbol colour codes the relative transitional time  $\tau_T$  as indicated in the legend inset in (a) (Earth-like  $\tau_T$  according to  $Q_{PM}$  criteria in white). Vertical grey shaded regions in (a) and (c) denote the values of  $a$  and  $b$  estimated for Earth as in Figures 2a,b. The horizontal grey region marks the palaeomagnetic-like dipolarity interval  $\Delta D_{12}$ .

248 ure S3). All the other  $Q_{PM}$  observables show similar variations with  $D_{12}$  between the  
 249 two convective driving modes (Figure S2).

250 The onset of reversals at  $Ek = 3 \times 10^{-4}$  may occur at larger values of  $D_{12}$  in the  
 251 chemical dynamos compared to the thermal ones and this contributes to the lower  $Q_{PM}^m$   
 252 reached by the chemical models at intermediate dipolarities. For example, while run F  
 253 (thermal) shows a stable dipole tilt with  $\tau_T = 0$ , run A (chemical) has a higher activ-  
 254 ity with few excursions and  $\tau_T = 1\%$  (Figure 3c; see also Figure S2e). We caveat here  
 255 that the thermal dynamos have an electrically insulating inner core, while the chemical  
 256 dynamos have a conducting one and this may have an impact on the occurrence of ex-  
 257 cursions and reversals and on the behaviour of the field at low intensities (Lhuillier et  
 258 al., 2013).

#### 259 4 Discussion and Conclusions

260 Applying the  $Q_{PM}$  framework of S19, we presented the first numerical geodynamo  
 261 simulations known to reproduce the fundamental aspects of the palaeomagnetic field be-  
 262 haviour since 10 Ma. We found that the dipolarity  $D_{12}$ , which measures the degree of  
 263 dipole dominance at the CMB, is a good proxy for all five  $Q_{PM}$  observables. Moreover,  
 264  $D_{12}$  allows predictions of the total  $Q_{PM}$  misfit and score across a variety of simulations  
 265 differing in control parameters, boundary conditions and convective driving mode. Sim-  
 266 ulations reproducing all aspects of the observed palaeomagnetic field behaviour need to  
 267 (i) be purely chemically driven, (ii) have  $Ek$  below  $10^{-3}$  and (iii) have a dipolarity  $D_{12}$   
 268 which falls in the interval  $\Delta D_{12} = [0.34, 0.56]$ . These conditions can be readily used  
 269 to assess the compliance of existing simulations with the palaeomagnetic field since 10  
 270 Ma. Future studies should employ only simulations that fulfil such conditions to make  
 271 inferences about the palaeomagnetic field on long timescales.

272 The palaeomagnetic-like dipolarity interval  $\Delta D_{12}$  is bounded above by the mod-  
 273 ern field and below by the multipolar dynamo regime. Current GGP models provide es-  
 274 timates of  $D_{12}$  for Earth of about 0.55, which agrees very well with our numerical sim-

275 ulation results. These results represent a specific, testable prediction for next generation  
 276 global field reconstructions, once they reach higher spatial resolutions and cover longer  
 277 time intervals than the models currently available. The lower bound of  $\Delta D_{12}$  marks the  
 278 transition to the multipolar dynamo regime, which occurs at  $D_{12} = 0.35\text{--}0.50$  (Christensen  
 279 & Aubert, 2006; Oruba & Dormy, 2014). These studies suggested that the Earth’s core  
 280 lies at the transition between the two dynamo regimes and our results are compatible  
 281 with these findings.

282 Our results suggest the possibility of constructing a path towards Earth’s core condi-  
 283 tions which preserves palaeomagnetic-like dynamo characteristics. According to Oruba  
 284 and Dormy (2014), the parameter combination  $\text{Re Ek}^{2/3}$  ( $\text{Re} = Ud/\nu$  is the Reynolds  
 285 number, where  $U$  is the time-averaged RMS core flow velocity) defines the dipolar-multipolar  
 286 transition at  $D_{12} \approx 0.5$ , which is close to the optimal value of  $D_{12}$  inferred from our  
 287 analysis. To maintain a constant value of  $D_{12}$  while reducing  $\text{Ek}$ ,  $\text{Re}$  needs to increase  
 288 and this can be achieved by increasing the Rayleigh number and by decreasing  $\text{Pm}$ . Fol-  
 289 lowing this path to lower  $\text{Ek}$  and  $\text{Pm}$  and higher Rayleigh numbers, the relevant balance  
 290 for the Earth’s core between magnetic, Coriolis and buoyancy forces is expected to emerge  
 291 naturally, as also suggested by recent high-resolution numerical simulations (Yadav et  
 292 al., 2016; Schaeffer et al., 2017; Aubert et al., 2017).

293 Taken at face value, our analysis appears to favour compositional over thermal con-  
 294 vection as the dominant driving mode of the geodynamo over the last 10 Myr. This is  
 295 consistent with theoretical analyses based on both thermal history calculations (see, e.g.,  
 296 Nimmo, 2015) and numerical dynamo studies (Kutzner & Christensen, 2000). Future  
 297 work should address the validity of this result with simulations at more extreme condi-  
 298 tions than what explored here.

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