

River bank erosion and lateral accretion linked to hydrograph recession and flood duration in a mountainous snowmelt-dominated system

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Key Points:

- Floodplain erosion and accretion estimated over 60 years using aerial lidar, repeat aerial imagery, field surveys, and historic flow data
- Recession limb slope, flow duration, channel width, and sinuosity were significantly linked to lateral erosion and accretion in 9 reaches
- Hydrograph recession and flood duration explain 91% and 59% of variability in bank erosion and accretion along an 11-km study segment

Abstract

Changes in the magnitude and frequency of river flows have potential to alter sediment dynamics and morphology of rivers globally, but the direction of these changes remains uncertain. A lack of data across spatial and temporal scales limits understanding of river flow regimes and how changes in these regimes interact with river bank erosion and floodplain deposition. Linking characteristics of the flow regime to changes in bank erosion and floodplain deposition is necessary to understand how rivers will adjust to changes in hydrology from societal pressures and climatic change, particularly in snowmelt-dominated systems. We present a lidar dataset, intensive field surveys, aerial imagery and hydrologic analysis spanning 60 years, and spatial analysis to quantify bank erosion, lateral accretion, floodplain overbank deposition, and a floodplain fine sediment budget in an 11-km long study segment of the meandering gravel bed East River, Colorado, USA. Stepwise regression analysis of channel morphometry in nine study reaches and snowmelt-dominated annual hydrologic indices in this mountainous system suggest that sinuosity, channel width, recession slope, and flow duration are linked to lateral erosion and accretion. The duration of flow exceeding baseflow and the slope of the annual recession limb explain 59% and 91% of the variability in lateral accretion and erosion, respectively. This strong correlation between the rate of change in river flows, which occurs over days to weeks, and erosion suggests a high sensitivity of sedimentation along rivers in response to a shifting climate in snowmelt-dominated systems, which constitute the majority of rivers above 40° latitude.

Plain Language Summary

Changing climatic conditions are poised to alter the timing and magnitude of precipitation, snowpack, snowmelt and the balance of water and sediment within river corridors. Understanding how these changes affect the stability of land along rivers is important for securing infrastructure, maintaining healthy ecosystems, preserving water quality, and understanding the fate and transport of contaminated sediment. This research uses aerial imagery, laser topographic scanning technology, field measurements of water and soil, and historical river flow data to examine linkages between river flows and erosion and deposition of sediment along the floodplain of a mountain river over 60 years. Results show that river bank erosion is linked to the rate at which the river flows decrease following snowmelt-driven peaks and that the amount of sediment that is deposited along the river banks is linked to the duration of flooding. These results have important implications for understanding how rivers and freshwater resources may be impacted by shifting climatic conditions and hydrologic regimes.

1 Introduction

A large number of studies have quantified long-term channel migration and episodic bank erosion, but have been limited in the examination of the link between hydrology and accretion and erosion, particularly in snowmelt-dominated systems. Annual hydrologic trends including the magnitude, frequency, timing, duration, and rate of change in discharge are important aspects of river flow regimes (N. LeRoy Poff et al., 1997) that facilitate erosion and deposition in channels and along floodplains (Wohl et al., 2015). Field observations and remotely sensed imagery have been used to quantify bank erosion and lateral accretion and to better understand planform change and river dynamics associated with changes in water and sediment supply (James E. Pizzuto, 1994; Micheli & Kirchner, 2002a, 2002b; S. S. Day et al., 2013b, 2013a; Lenhart et al., 2013; J. C. Rowland et al., 2016; Schook et al., 2017; Schwenk et al., 2017; Caponi et

al., 2019; Grams et al., 2020), but detailed analysis of flow regimes have not been correlated with these observations.

Both lateral and vertical accretion have been negatively correlated with relative elevation and horizontal distance from the channel (G. Day et al., 2008; Hupp et al., 2008; Metzger et al., 2020), and studies examining hydrology have focused on peak discharge magnitude. Lateral accretion and channel narrowing have been attributed to periods of decreased mean peak flow in the snowmelt-dominated Green River (Grams et al., 2020). Moderate values of maximum annual peak discharge in the snowmelt-dominated Powder River, MT, has been linked to net floodplain deposition, whereas larger flows resulted in net erosion (James E. Pizzuto, 1994). Larger peak discharges in snowmelt-dominated systems facilitate germination of cottonwoods and point bar accretion (Schook et al., 2017; Metzger et al., 2020; James E. Pizzuto, 1994).

Linkages between hydrology and successful establishment of riparian vegetation influence point bar stabilization and accretion. Increased flood duration and slower recession limbs can regulate successful establishment of riparian vegetation (Merritt & Wohl, 2002; Nilsson et al., 2010; Benjankar et al., 2014; Caponi et al., 2019). The duration between bankfull flow events has been referred to as the “window of opportunity” for riparian vegetation to germinate and has been shown to be highly correlated with point bar accretion (Balke et al., 2014). Timing is crucial for the successful germination and establishment of cottonwood seedlings during the recession limb of snowmelt-dominated annual peak flows in the western US (Friedman et al., 1996; Mahoney & Rood, 1998; Merritt & Wohl, 2002; Nilsson et al., 2010). Morphological effects of changes in riparian vegetation and point bar accretion have been documented with regard to damming and river flow regulation (Cooper et al., 1999; Merritt & Cooper, 2000; N. Leroy Poff et al., 2010) and changes in hydrology associated with climate (Wolf et al., 2007; Schook et al., 2017). These relationships between hydrochory (water

dispersal of seeds) and point bar stabilization highlight the potential importance of timing of peak discharge, flood duration, and the slope of the recession limb on sediment dynamics in snowmelt dominated systems.

Examination of floodplain erosion commonly focuses on physically-based models that incorporate geomechanics to described three primary classes of bank erosion. Cantilever failures, planar shear, and slip or rotational failures arising from river bank undercutting due to excess bank shear stress, and destabilization due to positive pore pressures during bank drainage (Thorne & Tovey, 1981; Simon et al., 2000; Langendoen & Simon, 2008; Langendoen & Alonso, 2008).

A common fluvial geomorphic approach to quantify bank erosion and channel migration is to estimate or measure near-bank velocities (Parker et al., 1982; J. E. Pizzuto & Meckelnburg, 1989). This approach has provided a basis for estimating excess bank shear stress acting on channel margins as a function of flow depth (Partheniades, 1965; Darby et al., 2007). Other studies have found correlations between bank erosion rates and the radius of curvature (Hooke, 1980; Begin, 1981; Nanson Gerald C. & Hickin Edward J., 1983; Hooke, 2007) but direct correlations between these variables is seldom significant. Correlations with curvature have shown to be stronger when considering a smoothed average along bends, a decay function with increasing distance downstream, or a quasi-linear lag downstream (Furbish, 1991; Güneralp & Rhoads, 2009; Sylvester et al., 2019). Because reach sinuosity captures aspects of curvature, it is likely to influence bank erosion and channel migration.

Because the hydrologic aspects of bank erosion and migration modeling efforts mentioned above focus primarily on channel morphology and flow depth, consideration of other aspects of the flow regime are needed. Bank erosion and channel widening have been linked with the duration and magnitude of peak discharge (Hooke, 1979) and annual peak discharge in snowmelt-dominated systems (James E. Pizzuto, 1994). Some

bank erosion models consider the duration of flow (Langendoen & Alonso, 2008; Langendoen & Simon, 2008). Positive pore pressure of saturated banks combined with the loss of supporting pressure when stage declines make slip and rotational bank failures likely (Rinaldi & Casagli, 1999). These bank failures triggered by positive pore pressure are common in flashy systems dominated by rainfall and maximum annual peaks that decline within a single day, but this phenomenon does not typically occur in snowmelt-dominated systems where recession limbs span days to weeks. Detailed examination of the rate of change in snowmelt-dominated flows have not been examined in detail, but likely influence river bank stability and erosion on seasonal scales (Wolman, 1959; Simon et al., 2002). Thus, additional hydrologic indices such as the rate of change offer the potential to provide a more robust understanding of the hydrologic drivers of bank erosion.

In the literature cited above, many studies either provide detailed analysis of bank erosion at very small spatial scales (ie...a single bend) or long-term estimates of river migration and/or floodplain deposition at broad spatial scales. The spatially focused studies allows for direct attribution of geomorphic change to site-specific flow conditions, but commonly lack a longer term analysis of hydrology needed to integrate these results over time. Similarly, erosion and deposition studies often occur independently limiting the ability to attribute the hydrological drivers and timing to sediment fluxes to and from the floodplain.

Quantifying the unique hydrological drivers for erosion and deposition independently may facilitate the prediction of changes in net exchanges between rivers and floodplains under changing hydrological conditions. This is of particular importance under future climate change poised to greatly alter snowmelt-dominated river flow regimes (Adam et al., 2009). Insights on erosion and depositional controls in temperate snowmelt systems have direct relevance to river systems in the western US where >50%

of total runoff and 70% of mountainous runoff is derived from snow. River hydrology that is dominated by similar snowmelt-driven peak flows associated with spring thaw controls river dynamics across the northern high-latitudes (Adam et al., 2009; McClelland et al., 2012).

The objective of this research was to identify detailed aspects of the hydrologic flow regime (e.g., peak magnitude, duration, timing of peak, slope of the recession limb) that most significantly influence bank erosion and floodplain accretion in a snowmelt dominated system, while also accounting for differences in channel morphology (e.g., sinuosity, channel slope, width). Thus, we quantify both the rates and patterns of bank erosion and floodplain deposition across a large range of spatial and temporal scales. We also calculated a sediment budget to verify our accounting of eroded and accreted floodplain sediment. In doing so, we validate a simplified approach to estimate hydrologic influence on channel migration using remotely sensed imagery and historic hydrologic data.

The research presented here is motivated by our efforts to quantify carbon storage and dynamics in a mountainous region along the floodplain of the East River near Crested Butte, Colorado, USA, in order to better inform the incorporation of floodplain dynamics in Earth System models to better quantify terrestrial carbon dynamics. Potential for changes in hydrology of snowmelt-dominated systems as a result of climate change (Middelkoop et al., 2001; Adam et al., 2009; Schneider et al., 2013) and resulting shifts in sediment dynamics are poised to alter terrestrial organic carbon dynamics in snowmelt-dominated floodplains, where carbon storage is substantial (Sutfin et al., 2016; Sutfin & Wohl, 2017; Lininger et al., 2018, 2019).

2 Study Area

We studied an 11-km long segment of the East River approximately 3.5 km down valley from Gothic, CO, (Figure 1) near Crested Butte. At the downstream end of the study segment, the East River drains approximately 134 km² and has an annual average precipitation of 64 cm (SNOTEL, 2017). The study segment lies directly downstream of steep, confined, mountainous tributaries that incise through sandstones, mudstones, shales, granodiorite and metamorphosed byproducts of the uplifted White Rock pluton in the Elk Mountains of Colorado (Gaskill et al., 1991). Within the floodplain reach, the East River is a gravel-cobble bed, sinuous alluvial river approximately 20-m wide on average and bounded by lateral Pinedale glacial moraines, landslide deposits, and outcrops of Mancos Shale along the bed and valley walls. Sedges, grasses, and willows dominate the vegetation along the floodplain with isolated trees, dominantly blue spruce, scattered along the reach, but rarely located along the river banks. Throughout the floodplain, extensive beaver activity results in dams, lodges and the introduction of large wood from the surrounding hillslopes. Floodplain fine overbank sediment is dominated by silt-size particles with varying proportions of sand, clay, and minimal gravel content (Malenda et al., 2019). Beneath fine sediment, the floodplain is composed of gravel and cobbles, and contains lenses of finer, sorted material. Erosion of underlying gravels and undercutting of fine overbank sediment commonly result in cantilever failure of grass-covered blocks along the East River 11-km long study segment (Figure 1D, S1).

The East River is a snowmelt-dominated, gravel bed river. The annual hydrograph is characterized by a gradual rising limb as temperatures warm and snow melts in the spring months of April and May. An annual peak flow commonly occurs in the latter half of May or early half of June after peak snowmelt, followed by a gradual recession limb that takes place over weeks (21 days on average) at which discharge returns to baseflow conditions sometime between September and November. Although there is a dearth of data on the sediment regime near the study site, existing studies

further downstream provide some insight into the East River study segment. The East River channel bed surface is characterized by a median grain size of 0.09 m at the USGS Almont gauging station near the confluence with the Gunnison River ~25 km downstream from the study site (Andrews, 1984). Bed mobility analysis along the Gunnison near Grand Junction, CO indicates that bedload transport occurs when discharge is nearly half the bankfull flow (Pitlick & Steeter, 1998).

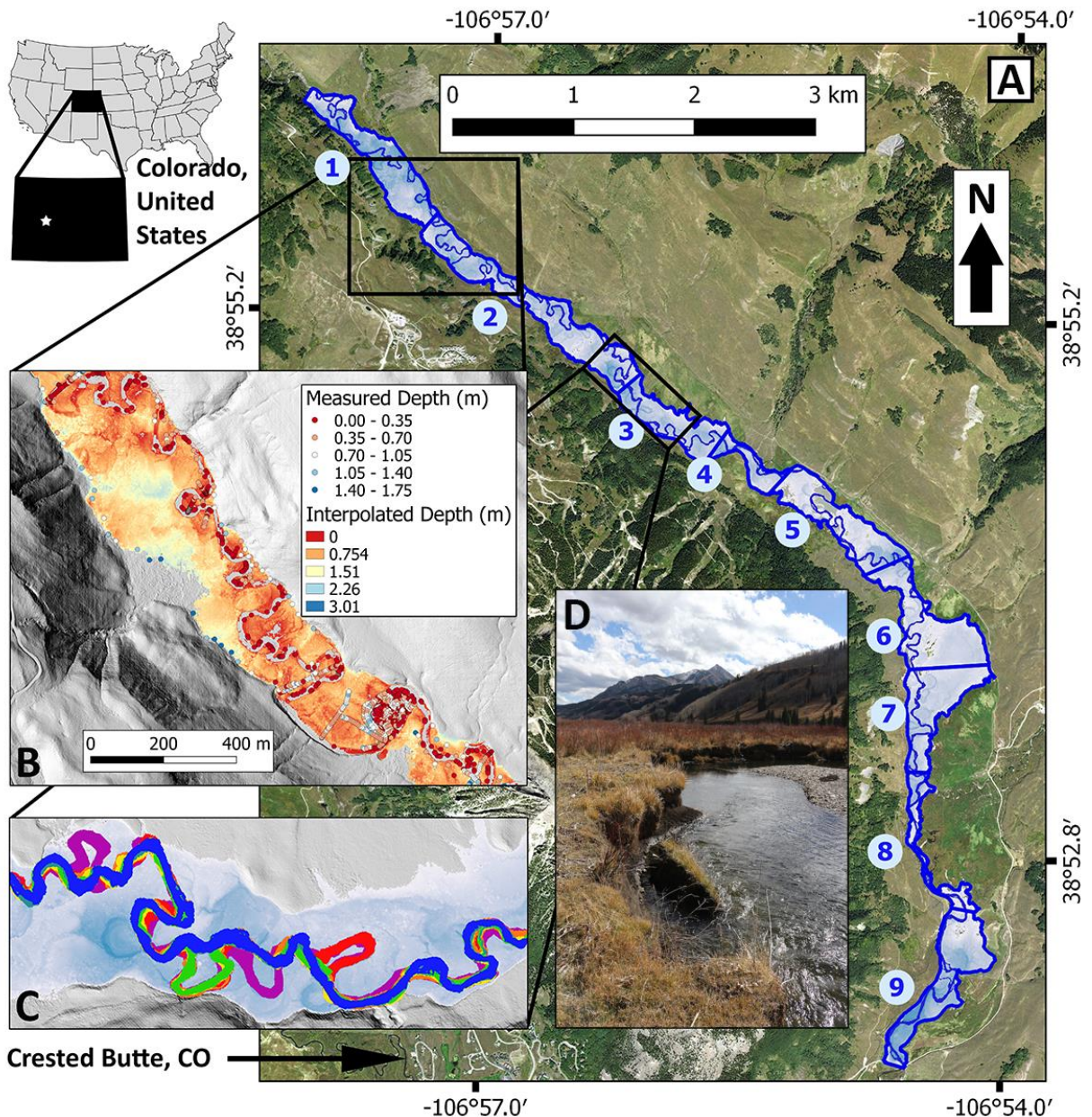


Figure 1. Map of study area on the East River near Crested Butte, Colorado, USA. The floodplain was delineated by “flooding” a 0.5-m resolution lidar digital elevation model

along the 11-km long study segment, which was divided into 9 study reaches (A) based on changes in valley slope. The depth of fine sediment was measured across the floodplain at 1847 points and interpolated across the upper 2 km, intensive study reach (B) consisting of reach 1 and approximately half of reach 2, ending at the downstream extent of the black box in (A). Masks of the river channel, depicted in various colors, were derived for all seven time periods (C), and used to determine lateral accretion and erosion, typically occurring as cantilever failures in the study area (D). Shades of blue beneath the channel masks in C indicate relative depth of water across the delineated floodplain, from which previous channel locations can be identified.

Limited land-use impacts have influenced the watershed upstream of the 11-km long study segment of the East River. From 1880 to 1890, a silver mine operated along Copper Creek upstream of Gothic, CO, the present location of the Rocky Mountain Biological Laboratory. The mining area is now designated as US Forest Service (USFS) national forest and wilderness area. Land use along the 11-km long study segment consists of small privately owned parcels and U.S. Forest Service (USFS) land, on which ranchers graze cattle for limited portions of the year (Theobald et al., 1996). Limited property access restricted our field investigations to the upper 2 km, intensive study reach (Figure 1A; Reach 1 and half of reach 2). Although flow diversions exist within the 11-km long study segment, they were present prior to beginning of the study period in 1955 and they primarily capture runoff from tributaries before they reach the East River.

3 Materials and Methods

Spatial analysis of aerial lidar, repeat aerial imagery, historical hydrologic flow analysis, surface water flow measurements, measurements of floodplain fine sediment depth, and multiple linear regression were used to estimate a sediment budget and examine linkages between hydrology and bank erosion, accretion, and channel migration rates over 60 years (Figure 2).

3.1 Terrain Analysis and Study Reach Delineation

Aerial lidar was collected in August of 2015 for the entire East River watershed (Wainwright & Williams, 2017) and was used for all topographic analysis.. Average bare-ground point cloud density of lidar was 4.29 points/m² resulting in a total accuracy with root mean squared error of 0.05 m at the 95% confidence level. A hydro-flattened, bare-ground DEM with a horizontal resolution of 0.5 m was derived from the lidar point cloud data. Based on local valley slope, we divided the ~11-km long floodplain segment into nine study reaches. We calculated the valley slope using a best-fit line of elevation points extracted from the 2015 DEM and spaced every 10 meters down the valley center. We detrended the slope of the 9 sub-reaches using the raster calculator in QGIS and recombined them to generate a floodplain DEM with zero down-valley slope and a maximum total relief of 5.44 m. We artificially entrenched the flat lidar water surface by 2 meters and used the *r.fill.dir* Grass tool in QGIS to flood the detrended DEM at a depth of six meters to delineate the approximate extent of the floodplain. We verified the digitally delineated floodplain extent with field observations of distinct breaks in slope, such as the base of lateral moraines, toes of alluvial fans, and abutments to incised bedrock outcrops.

3.2 Channel Position and Movement using Aerial Imagery

We used aerial images from six dates (i.e., 1955, 1973, 1983, 1990, 2001, 2012) obtained from the US Geological Survey, US Department of Agriculture, and the US Forest Service, and satellite imagery from 2015 to quantify morphological change over time (Figure S2). All imagery was resampled to 1-m resolution to allow direct comparison between images. We georeferenced the 2015 imagery using the 2015 lidar DEM dataset as a reference using >6 control points including the corners of buildings, intersections of roads and fences, and the base of mature trees. All other images were georeferenced (if not already done so by the source agency) through comparison with similar point types in the 2015 georeferenced image.

268 To analyze channel characteristics and compare changes over time, we
269 generated binary channel masks for each set of aerial imagery (Rowland & Stauffer,
270 2020). For color imagery between 1973 and 2015, we generated masks of bankfull river
271 extent using red-green-blue (RGB) color bands and the normalized difference water
272 index (NDWI) to classify the channel water surface in each image (Figure 1C;
273 McFeeters, 1996) using the object-oriented classification software, eCognition. To
274 control for variations in water levels between images, regions of tan and grey gravel and
275 sand bars devoid of vegetation and exposed, un-vegetated bank faces were included in
276 the channel mask as an estimate of bankfull extent (Gurnell, 1997; Richard et al., 2005;
277 Mount & Louis, 2005; Fisher et al., 2013; J. C. Rowland et al., 2016; Donovan et al.,
278 2019). The black and white 1955 USDA photos required manual delineation of the
279 channel mask.

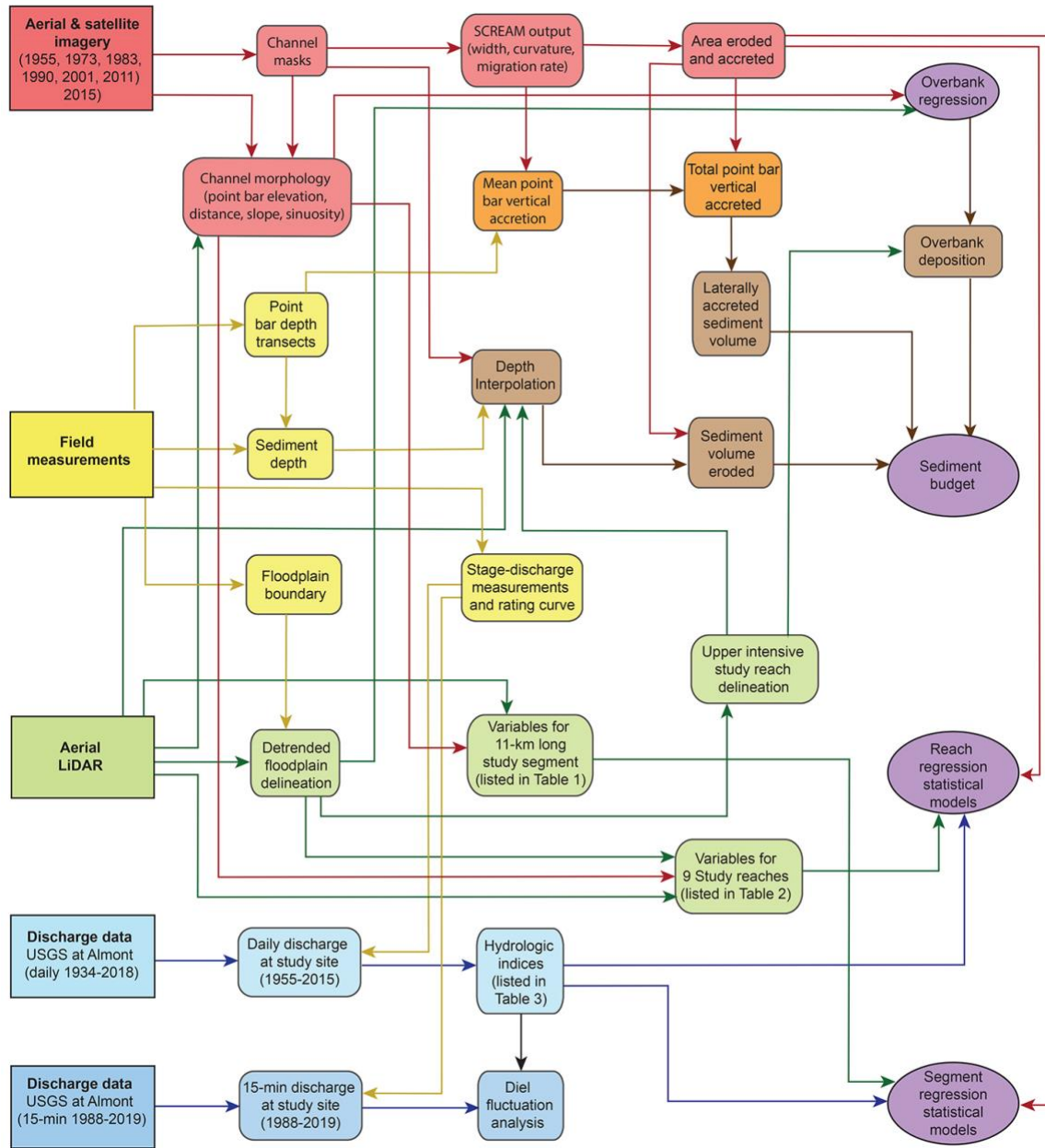


Figure 2 Data sets used and generated for resulting analyses

Metrics calculated to quantify the channel and floodplain attributes for the nine valley reaches and entire 11-km long study segment included: valley, floodplain, and channel areas; valley and channel lengths; elevation change along the reach; valley and channel slopes; sinuosity; average channel width; and valley confinement. The channel area relative to the area of delineated valley floor defined valley confinement as a proxy

for potential of the floodplain to accommodate channel migration, dissipate energy during overbank flow, and facilitate overbank deposition. Channel sinuosity measures the channel length divided by the straight down-valley length. Channel slope was calculated as the valley slope divided by channel sinuosity.

Linear erosion, and accretion rates were determined for each bank pixel using the Spatially Continuous Riverbank Erosion and Accretion Measurements algorithm (SCREAM; Rowland et al., 2016, Rowland and Stauffer, 2020b). Linear rates represent the distance that a river bank face moves in a given time interval by measuring the Euclidean distance between a bank pixel in one river mask and the closest bank pixel at the subsequent river mask. Eroded and accreted floodplain areas derived from SCREAM were divided by the number of years within that time period and the channel length to estimate linear rates of erosion and accretion. Three sources of error are associated with our measurements of linear change: image registration, image classification and the accuracy of SCREAM output (Rowland et al., 2016). Average estimated registration error for the 1-m imagery from 1973 to 2015 was 0.58 m. Poor image quality of the 1955 photographs prevented direct estimates of error using this method, so we have assigned a registration error equal to two times the highest error (1.2 m) in areas for the period between 1955-1973. Errors associated with area-based erosion and accretion measurements as a result of image mis-registration for each time period were assigned as percentage of change in areas following the methodology detailed in Rowland et al. (2016). Total measurement errors were estimated by combining registration, classification, and methodological errors in quadrature (Rowland et al. 2016)) (Table S1).

3.3 Vertical Accretion Rates

We estimated long-term point bar vertical accretion rates using a combination of field-based measurements of fine-grained deposit thickness and changes in channel

position from aerial imagery between 1973 and 2015. Images from 1955 were excluded from this analysis because of the uncertainty associated with the poor-quality images. In 2016, along the upper 2 km, intensive study reach (Figure 1A, reach 1 and half of reach 2), we measured thickness of fine-grained deposits at 324 locations on 21 transects by inserting a soil probe into the floodplain surface until refusal at bedrock or gravel-size material (>2mm) (Sutfin & Rowland, 2019). Mean migration rate was estimated from SCREAM output along bends (Figure S3) and the distance between each transect point and the channel was converted into duration since channel occupation by dividing by the bend averaged migration rate. We used the total depth in locations previously occupied by the channel to represent an average point bar deposition rate over each time period examined. The measured depth of fine sediment (d_i) was then divided by the duration since occupation by the river channel (t_i , when fine sediment depth would have been equal to zero) to estimate a mean vertical accretion rate (a_i ; Equation 1).

$$\overline{a_i} = \frac{d_i}{t_i} \quad (1)$$

Potential predictors of overbank vertical accretion rates, across the upper 2 km, intensive study reach were assessed through stepwise multiple linear regression. Variables examined for this analysis were similar to those described above, with the following additions. Distance from the channel was measured in the field. Relative elevation from the bankfull stage at the transect was extracted from the lidar at the top of point bars where bar sand/gravel transitioned into vegetation cover. Along each transect, channel width, valley width, and the ratio between the two (valley confinement) were measured from the imagery in GIS. Localized valley slope, channel slope, and sinuosity were measured using GIS extending approximately 50 m upstream to 50 m downstream of the transect. Mean values of radius of curvature, lateral accretion rate, and erosion rate were calculated along each meander bend. Measurements were denoted as either

being on the inside or outside of a bend. The angle of each transect was used as a proxy for the angle of each river bend relative to the down valley direction from 0-90°.

3.4 Estimating floodplain sediment volumes

We estimate volumes of fine grained (less ~ 2mm in grain diameter) sediments deposited on top of the gravel-rich channel and point bar deposits. In addition to the soil probe measurements collected on point bar transects (Section 3.3), 1,587 measurements were made along the upper 2 km intensive study reach (Figure 1A, Reaches 1 and 2; Sutfin & Rowland, 2019). We subtracted these depth measurements from the DEM elevations using the *raster calculator* in QGIS to calculate an absolute elevation of underlying gravel/bedrock. We then generated a triangular irregular network (TIN) of the gravel-bedrock surface elevation using the *interpolate* tool in QGIS. By subtracting elevations of this interpolated surface from the ground surface elevations, we created a spatially continuous isopach map of fine-grained floodplain sediment. The interpolated depth of fine sediment was zero in areas occupied by the 2015 channel. To correct for this we used the *close gap* Saga tool in QGIS (threshold = 0.1). The thickness of fine-sediment thickness during 2015 was interpolated across the channel using a 3 m buffer that extended beyond the locally thin deposits covering active point bars. This estimated sediment depth available for erosion in previous years. We calculated eroded volumes by multiplying the areas of eroded regions derived from the aerial imagery for each time interval by the interpolated isopach map of fine sediment within those mapped areas.

Using the estimated vertical accretion rates from our soil probe transects we estimated an average deposition rate for laterally accreted regions along the channel and developed a multiple linear regression model to estimate overbank deposition on the stable floodplain surface. For the laterally accreted areas, we used the average migration rates at bends described above in section 3.3. This approach determined the

portion of contemporary floodplain that would have been formed by lateral accretion for the entire period between 1973-2015. A reach-based average migration rate and resulting mean migration distance along the probe transects were used to estimate an average vertical accretion rate from all points within the mean migration distance during the 42 years (Table S2). This average rate was multiplied by the mapped accretion areas from the aerial photos and SCREAM output to provide a volume of laterally accreted sediments.

Overbank deposition rates beyond 10 m were calculated for each cell using a multiple linear regression model including only the two strongest predictor variables, distance from the channel and relative elevation from the channel (Figure S4). The *proximity grid* Saga tool in QGIS was used to create a grid based on distance from the channel for images from the six years. Floodplain elevation relative to the channel was calculated by subtracting the minimum elevation from the detrended 2015 DEM floodplain surface (derivation described above in section 3.1). This assigned a relative elevation to every raster pixel. The river channel buffered by three meters on both sides was subtracted from the relative elevation grid and the *close gap* tool in QGIS was used to interpolate elevations across the channel.

The distance-from-channel raster and the detrended-valley DEM were used as input to the vertical accretion rate regression model equation in the raster calculator to generate raster grids of estimated overbank deposition rates for all six time periods. Overbank sediment deposition estimates of volume were made by multiplying calculated rates by the number of years in the respective time interval, summing all pixel values for each period, and multiply that value by the area of each pixel (0.25 m^2). Vertical accretion within abandoned channels was estimated using the vertical accretion rate of 0.033 m y^{-1} within the first 10 m from the channel for periods following cutoff occurrence. Aggradation of previously abandoned channels was based on the relative vertical and

horizontal distance from the active bankfull channel at distances exceeding 10 m. Rates of volume of sediment accreted and eroded during each time period were estimated by dividing the total volume of sediment by the number of years in each time period.

3.5 Streamflow Data and Hydrologic Analysis

Streamflow was measured 22 times near the Crested Butte city water pump house in the upper 2 km, intensive study reach, from October, 1st, 2014, to September, 30th, 2017, and a stage-discharge rating curve was created against stage data recorded every 15 minutes ($r^2 = 0.99$) (Carroll & Williams, 2019). To extend the flow record prior to 2014, we regressed measured discharge at the 2-km intensive study reach against data from the US Geological Survey stream gage on the East River at Almont (gage # 09112500) 25 km downstream ($r^2 = 0.97$; Figure 4A). Using this regression, we generated a synthetic hydrograph for the study site from 1934-2018 using the Almont streamflow data (Table S3). A comparison of the synthetic hydrograph and flows measured between 2014 and 2018 showed a strong agreement with a Nash-Sutcliffe Efficiency coefficient (NSE) of 0.97 (Figure 4B). Flow frequency analysis was conducted on the entire synthetic hydrograph to determine annual statistics for the continuous 82 years. Analysis of possible hydrological drivers for erosion and deposition examined the synthetic hydrograph from 1955 to 2015 to correspond with the aerial imagery analysis.

We used R software (R Core Team, 2017) to extract synthetic hydrograph characteristic between 1955 and 2015. An average minimum flow value of $0.49 \text{ m}^3 \text{ s}^{-1}$ during the low-flow months of October, November, December, January, February, and March were used as a reference baseflow condition. Bankfull flow was estimated as $8 \text{ m}^3 \text{ s}^{-1}$ based on field observations and hydrologic analysis indicates an approximate recurrence interval of 1.2 years. The mean value for the day of the year on which peak flow occurred, the last day exceeding bankfull flow conditions, and the last day exceeding baseflow conditions were calculated for each time period. The maximum and

mean values within each time period were calculated for annual hydrograph peak magnitude, peak timing, annual volume of discharge, the annual volume of water above bankfull flow, duration between the first and last day of flow exceeding baseflow, the number of days on which baseflow occurred, the annual volume of discharge exceeding bankfull, duration between the first and last day of flow exceeding bankfull flow, the number of days on which bankfull flow occurred, and the cumulative number of days since the last bankfull flow, the total recession slope from the annual maximum peak to baseflow (herein referred to as the total recession slope), the bankfull recession slope from bankfull stage to baseflow (herein referred to as the bankfull recession slope), and the number of peaks above bankfull flow. Recession slopes were estimated as the positive slope of the line between peak of bankfull discharge and the first occurrence of baseflow conditions.

An additional analysis was conducted to examine diel fluctuations in discharge associated with the slope of the recession limb of each annual hydrograph. A regression analysis of 15-minute streamflow data from the same USGS gauge and measured flow at the study site from 2015-2019 yielded an $r^2 = 0.94$. This regression was used to extend the study site discharge data to span the duration of the 15-minute data from 1988-2018. Hourly data were extracted from this 15-minute discharge data and the maximum and minimum daily values were determined for years with peak annual flow exceeding $6 \text{ m}^3\text{s}^{-1}$. On days with maximum flows below $10 \text{ m}^3\text{s}^{-1}$ and minimum flow above $5 \text{ m}^3\text{s}^{-1}$ the number and magnitude of diel fluctuations greater than $2 \text{ m}^3\text{s}^{-1}$ were summed. Correlations were examined between the maximum recession slope and the number, the summed magnitude, and the average magnitude of diel fluctuations to occur within the defined recession window.

3.6 Statistical Analyses

The number of potential variables for all multivariate regression models used to identify significant predictors was reduced to minimize collinearity of predictor variables prior to multiple linear regression. Starting with the most strongly correlated variable and working sequentially through variables with decreasing correlation values, variables were eliminated as potential predictors for the regression model if they were moderately cross correlated ($r > 0.7$) with another more strongly correlated variable (Dormann et al., 2013) already selected as a predictor. Stepwise multiple linear regression was conducted using the *stats* package *lm* function in R statistical software to examine possible predictor variables and determine the best regression model for: (1) the area of accreted and (2) the area of eroded floodplain along nine study reaches, and (3) vertical floodplain deposition rate estimated from measurements of floodplain fine sediment depth along the upper 2 km, intensive study reach over the 6 time periods. Multiple linear regression assumptions of normality and homoscedasticity of model residuals were met with power transformations and verified using the Shapiro-Wilk normality test (*shapiro.test* function) and the non-constant error variance test in R (*ncv.test* function), for which details are provided in supporting material. Variables were included in stepwise multiple linear regression to identify the best regression model based on minimizing the Akaike Information Criteria (AIC).

In addition to the stepwise linear regression for all nine study reaches in the six time periods, we examined univariate correlations between hydrologic variables and both erosion and accretion during the six time periods along the entire 11-km study segment.

4. Results

4.1 Channel and floodplain metrics

The floodplain delineation of the entire 11-km long study segment resulted in a valley bottom area of 2.65 km² with a total valley length of 10.62 km and a total valley slope of 0.64%. Despite the occurrence of 21 channel chute cutoffs in the 60-year time period, channel slope and the sinuosity for the entire river segment remained relatively constant during the six periods examined. Channel slope along the entire 11-km long study segment varied from 0.34% to 0.36% over the 60-year time period. Sinuosity fluctuated about a mean value of 1.81 ± 0.04 m/m (SD) with a minimum and maximum of 1.77 to 1.89 (Table 1).

481 **Table 1.** Morphological characteristics of the entire 11 km long study segment of the East River derived from remotely sensed
 482 imagery and lidar for each time period. Channel width was calculated as a mean of channel width pixel values from SCREAM and
 483 standard deviations of those averages are provided following each mean.

Year	Floodplain area (km ²)	Channel Area (km ²)	Channel Length (km)	Sinuosity (m/m)	Channel slope (%)	Confinement (m ² /m ²)	Mean channel width (m)
1955	2193.6	459.0	20.08	1.89	0.339	0.17	25 ± 2
1973	2254.0	398.7	19.29	1.82	0.353	0.15	20 ± 2
1983	2222.3	430.3	18.80	1.77	0.362	0.16	23 ± 3
1990	2295.4	357.3	18.90	1.78	0.361	0.13	19 ± 3
2001	2275.4	377.3	19.39	1.83	0.352	0.14	21 ± 3
2011	2296.2	356.5	18.81	1.77	0.362	0.13	19 ± 1
2015	2312.2	340.4	18.98	1.79	0.359	0.13	17 ± 1

484

485 **Table 2.** Morphological characteristics of nine study reaches derived from remotely sensed imagery and lidar. Values are averaged
 486 from the seven images spanning 60 years and standard deviations of those averages are provided following each mean.

Reach	Valley area (m ²)	Valley Length (m)	Valley slope (%)	Floodplain area (m ²)	Channel Area (m ²)	Channel Length (m)	Sinuosity (m/m)	Channel slope (%)	Confinement (m ² /m ²)	Channel width (m)
1	344236	1471	0.94	294462	49774 ± 6292	2860 ± 130	1.94 ± 0.09	0.48 ± 0.02	0.14 ± 0.02	18 ± 3
2	489119	2126	0.74	405784	83334 ± 6234	4735 ± 143	2.23 ± 0.07	0.33 ± 0.01	0.17 ± 0.01	18 ± 2
3	232658	910	0.55	199873	32785 ± 6046	1740 ± 99	1.91 ± 0.11	0.29 ± 0.02	0.14 ± 0.03	19 ± 3
4	93445	595	0.86	76134	17311 ± 1495	903 ± 60	1.52 ± 0.10	0.57 ± 0.04	0.19 ± 0.02	20 ± 2
5	330488	1142	0.68	283494	46994 ± 5334	2419 ± 170	2.12 ± 0.15	0.32 ± 0.02	0.14 ± 0.02	20 ± 2
6	378666	924	0.56	344169	34497 ± 4194	1448 ± 248	1.57 ± 0.27	0.37 ± 0.06	0.09 ± 0.01	22 ± 3
7	302210	855	0.33	271371	30839 ± 6166	1490 ± 116	1.74 ± 0.14	0.19 ± 0.02	0.10 ± 0.02	21 ± 3
8	126101	1175	0.54	89108	36992 ± 2469	1583 ± 26	1.35 ± 0.02	0.40 ± 0.01	0.29 ± 0.02	23 ± 3
9	355743	1420	0.46	299779	55965 ± 8114	2001 ± 53	1.41 ± 0.04	0.33 ± 0.01	0.16 ± 0.02	23 ± 4

487

Valley slope ranged from 0.33% to 0.94% along each of the 9 delineated study reaches with a mean of $0.36 \pm 0.19\%$ (SD; Table 2). Mean valley confinement for the time period was $0.16 \pm 0.02 \text{ m}^2/\text{m}^2$ (mean \pm SD). Study reach 8 is the most confined reach ($C_v = 0.29 \pm 0.02$) and is located toward the downstream end of the 11-km long study segment where the tributary alluvial fan from Brush Creek constricts the East River valley. Reach sinuosity (P) averaged over the time period is also lowest in study reach 8 at $1.35 \pm 0.02 \text{ m/m}$ (Figure 3). The highest reach mean sinuosity ($P = 2.23 \pm 0.07$) occurred in reach 2, which is moderately confined ($C_v = 0.17 \pm 0.01$) (Table 2).

Averaged over all time periods, channel width generally increased from upstream reaches to downstream reaches (Table 2), but fluctuated through time across the entire study segment. Although the channel mean width fluctuated with intervals of widening followed by narrowing, there was a net overall decrease over the 60-year time period. The average channel width for the entire 11-km long study segment decreased from a high of $25 \pm 2 \text{ m}$ in 1955 to a minimum of $17 \pm 1 \text{ m}$ in 2015. The greatest width reduction ($\sim 5 \text{ m}$) occurred between 1955 and 1973, but a substantial decrease of $>4 \text{ m}$ also occurred during two time periods between 2001 and 2015.

4.2 Channel Migration and Floodplain Area

The net balance between total area of eroded and accreted floodplain by the East River varied over the six time periods, with estimated accretion greater than erosion in four out of six time periods (Table 3). Over the entire 60-year period accretion exceeded erosion by $120,036 \pm 43,973 \text{ m}^2$, equal to 5.3% of the total area of the valley bottom. This accretion total includes the area of 21 abandoned channels arising from meander bend cutoffs. The highest rate of change in floodplain sediment balance occurred from 1983-1990 with a mean accretion rate outpacing erosion by a factor of four (Table 3; Figure 3). There was an observed decrease in channel width during this period, followed by a period dominated by erosion and channel widening. The

period between 1973 and 1983 was dominated by the largest erosion rates observed in this study, and was accompanied by an observed increase in channel width (Table 1, 3; Figure 3A).

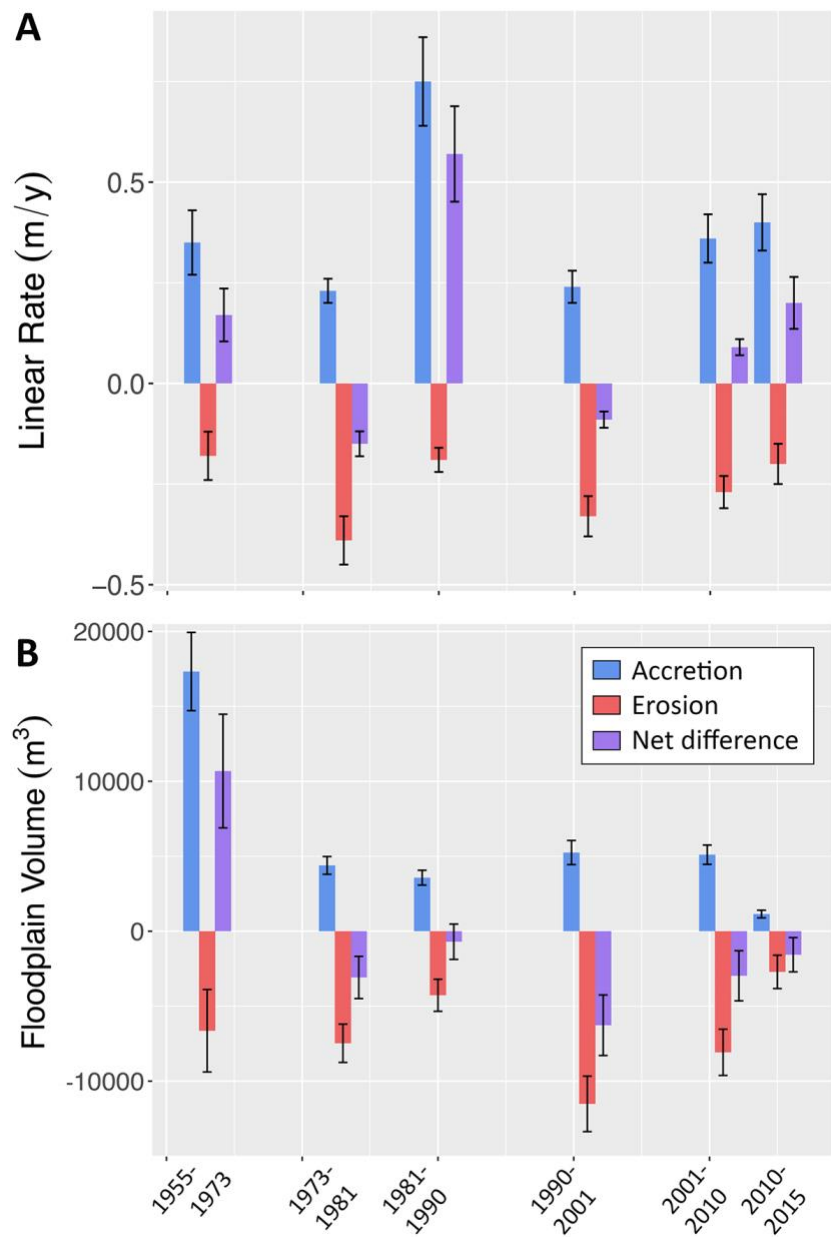


Figure 3 Bar plots of estimated accretion, erosion, and net difference (accretion minus erosion) in linear rates along the entire 11-km long study segment (A) and volume of floodplain fine sediment along the upper 2 km, intensive study reach (B) during each time period examined over the 60 year study period.

Table 3. Area accreted and eroded across the entire 11-km long study segment and hydrologic flow indices on the East River during the six time periods of the study.

	1955-1973	1973-1983	1983-1990	1990-2001	2001-2011	2011-2015	Mean	Total
Duration (years)	18 ± 0.3	10 ± 0.3	7 ± 0.3	11 ± 0.3	10 ± 0.3	4 ± 0.3	10 ± 0.3	60 ± 0.8
Accretion (m²)	125529 ± 27774	45276 ± 6339	99194 ± 13887	50226 ± 8036	70686 ± 9189	30156 ± 7539	70178 ± 12127	421067 ± 34789
Erosion (m²)	-64915 ± 25388	-74670 ± 12694	-24569 ± 6142	-69550 ± 11128	-52358 ± 9948	-14969 ± 6137	-50172 ± 11906	-301031 ± 33224
Net Change (m²)	60614 ± 37629	-29394 ± 14188	74625 ± 15185	-19324 ± 13726	18328 ± 13543	15187 ± 9721	20006 ± 17332	120036 ± 48106
Accretion Rate (m²y⁻¹)	6974 ± 1548	4528 ± 652	14171 ± 2095	4566 ± 744	7069 ± 949	7539 ± 1987	7474 ± 1329	44846 ± 3551
Erosion Rate (m²y⁻¹)	-3606 ± 1412	-7467 ± 1294	-3510 ± 893	-6323 ± 1030	-5236 ± 1010	-3742 ± 1566	-4981 ± 1201	-29884 ± 2999
Mean linear Accretion Rate (m y⁻¹)	0.347 ± 0.077	0.235 ± 0.034	0.754 ± 0.111	0.242 ± 0.039	0.365 ± 0.049	0.401 ± 0.106	0.390 ± 0.069	2.343 ± 0.186
Mean Linear Erosion Rate (m y⁻¹)	-0.180 ± 0.070	-0.387 ± 0.067	-0.187 ± 0.048	-0.334 ± 0.054	-0.270 ± 0.052	-0.199 ± 0.083	-0.259 ± 0.062	-1.557 ± 0.156
Mean Day of Peak Flow	152.7	162	156.3	151.5	147	155.3	154.13 ± 5.06	
Mean Peak Flow (m³s⁻¹)	11.84	11.6	12.9	12.35	11.31	10.15	11.69 ± 0.94	
Max Peak Flow (m³s⁻¹)	22.56	18.32	21.86	23.74	16.02	15.49	19.67 ± 3.53	
Mean Bankfull Duration (days)	31.3	38.1	41	36.1	29.3	25.5	33.55 ± 5.84	
Max Bankfull Duration (days)	61	48	64	63	47	31	52.33 ± 12.86	
Mean Days Above Bankfull Flow	20.3	24	22.6	23.8	18.5	12.8	20.33 ± 4.26	
Max Days Above Bankfull Flow	59	46	62	56	47	30	50.00 ± 11.71	
Mean Duration Above Baseflow (days)	215.5	218	255.1	230.9	263	278.5	243.50 ± 25.82	
Max Duration Above Baseflow (days)	362	331	364	305	364	349	345.83 ± 23.74	
Mean Days Above Baseflow	232.1	217.8	266.7	243.9	259.8	245.5	244.30 ± 17.86	
Max Days Above Baseflow	281	261	362	275	316	272	294.50 ± 37.97	
Mean Days Since Bankfull Flow	267	327.1	349.6	261.3	345.3	455.3	334.27 ± 70.58	
Max Days Since Bankfull Flow	925	904	935	579	944	901	864.67 ± 140.96	
Mean Day Baseflow Ends	280.2	288.6	304	305.3	291	321.3	298.40 ± 14.73	
Mean Day Bankfull Flow Ends	173.3	181.9	176.8	172.7	170.3	173	174.67 ± 4.11	
Mean No. Peaks Above Bankfull	1.9	1.9	2	1.8	1.4	0.5	1.52 ± 0.61	
Maximum No. Peaks Above Bankfull	3	4	5	4	3	1	3.33 ± 1.37	
Mean Total Recession Slope (m³ s⁻¹ day⁻¹)	0.094	0.087	0.083	0.077	0.079	0.056	0.08 ± 0.01	
Max Total Recession Slope (m³ s⁻¹ day⁻¹)	0.149	0.142	0.097	0.13	0.124	0.085	0.12 ± 0.03	
Mean Bankfull Recession Slope (m³ s⁻¹ day⁻¹)	0.076	0.064	0.059	0.058	0.066	0.047	0.06 ± 0.01	
Max Bankfull Recession Slope (m³ s⁻¹ day⁻¹)	0.12	0.086	0.082	0.075	0.091	0.05	0.08 ± 0.02	
Mean Total Annual Volume (km³)	0.060	0.059	0.067	0.065	0.057	0.051	0.060 ± 0.006	
Max Total Annual Volume (km³)	0.109	0.081	0.103	0.110	0.087	0.077	0.094 ± 0.015	
Mean Bankfull Volume (km³)	0.027	0.034	0.037	0.033	0.027	0.024	0.031 ± 0.005	
Max Bankfull Volume (km³)	0.074	0.047	0.072	0.073	0.050	0.031	0.058 ± 0.018	

4.3 Floodplain Vertical Accretion

Measured total depths of floodplain fine sediment above gravel and bedrock across the floodplain ranged from 0 to 1.41 m with a mean value of 0.41 ± 0.25 m (Table S2). A reach-based average migration rate of 0.24 ± 0.05 m y^{-1} resulted in a mean migration distance of $\sim 10.0 \pm 2.1$ m along the probe transects for the entire period between 1973-2015 (Table S2). Error presented in the values above were propagated from the mean standard deviation of the estimated mean migration rates derived from the SCREAM analysis. Using our estimated vertical accretion rates at each point, we estimated an average vertical accretion rate of 0.033 ± 0.003 m y^{-1} among all points within the closest 10 m from the channel. The best performing multiple linear regression model explains $\sim 60\%$ of the variability in vertical accretion rates ($r^2=0.60$, $p<0.001$) using distance from the channel, relative elevation from the channel, valley confinement, local channel slope (all with $p<0.001$), and whether the survey point was on the inside of a bend ($p=0.023$; Table S4). A cell-by-cell multiple linear regression model of estimates of vertical accretion rates (r_{va}) across the floodplain (Figure S3) for each time period was developed based on distance from the channel ($p<0.001$) and relative elevation from the channel ($p<0.001$). This model explained $\sim 54\%$ of the variability in long-term vertical accretion rates over the 42-year time period between 1973 and 2015 ($r^2=0.54$, $p<0.001$) such that more deposition occurred closer to the channel and at lower elevations across the floodplain (Figure S3).

4.4 Eroded and Accreted Sediment Volumes

Estimated volumes of eroded and accreted sediment from the upper 2 km, intensive study reach were used to examine changes in volumes of floodplain sediment over the six time periods. Sediment input to and output from the floodplain during the six time periods ranged from 1145 ± 258 to $17,324 \pm 2610$ m³ and 2713 ± 113 to 11519 ± 1851 m³, respectively (Table 4). The difference between accreted and eroded volumes represent the net sediment change,

548 which ranged from -6273 ± 2018 (where negative values indicate net erosion) to $10,683 \pm 3792$
549 m^3 of sediment (Figure 3B, Table 4).

550 Estimated eroded volume exceeded accreted volume in all but one (i.e., 1955-1973) of
551 the six periods resulting in a net loss of sediment over the total 60-year time period (Figure 3B).
552 Although the resulting estimated sediment balance after 60 years was a net loss of 3919 ± 5091
553 m^3 across the floodplain, this net difference falls within the error of the estimate and suggest
554 closure of the sediment budget.

Table 4. Floodplain area and sediment volume eroded, accreted, and the net change between accretion and erosion along the upper 2 km, intensive study reach.

	1955 - 1973			1973 - 1983			1983 - 1990			1990 - 2001			2001 - 2011			2011 - 2015			Total		
Duration (y)	18	±	0.3	10	±	0.3	7	±	0.3	11	±	0.3	10	±	0.3	4	±	0.3			
Area eroded (m ²) ^a	12228	±	5060	12428	±	2113	7341	±	1835	16774	±	2684	13317	±	2530	3752	±	1538			
Mean Depth of Eroded bank material (m)	0.54	±	0.01	0.60	±	0.01	0.58	±	0.01	0.69	±	0.01	0.61	±	0.01	0.72	±	0.01			
Volume Eroded (m³)^b	-6640	±	2751	-7476	±	1277	-4272	±	1071	-11519	±	1851	-8080	±	1541	-2713	±	1113	-40700	±	4169
Mean erosion rate (m ³ /y)	-369	±	153	-748	±	130	-610	±	155	-1047	±	171	-808	±	156	-678	±	283			
Mean bank area erosion rate (m ² /y) ^c	-0.02	±	0.01	-0.04	±	0.01	-0.03	±	0.01	-0.06	±	0.01	-0.04	±	0.01	-0.04	±	0.02			
Point bar area of accretion from (m ²) ^d	28392	±	4356	12391	±	1735	14534	±	2035	13612	±	2178	14493	±	1884	7403	±	1851			
Mean vertical accretion within eroded areas (m) ^e	0.59	±	0.01	0.33	±	0.01	0.23	±	0.01	0.36	±	0.01	0.33	±	0.01	0.13	±	0.01			
Estimated accretion along point bars (m ³) ^f	16865	±	2608	4089	±	587	3357	±	493	4941	±	803	4783	±	640	977	±	255			
Overbank deposition (m ³) ^g	459	±	92	302	±	61	213	±	44	305	±	62	322	±	66	168	±	36			
Total volume accreted (m³)^h	17324	±	2610	4391	±	590	3570	±	495	5246	±	806	5105	±	643	1145	±	258	36780	±	2921
Mean accretion rate (m ³ /y)	962.43	±	145.87	439.11	±	60.462	509.97	±	73.961	476.9	±	74.406	510.54	±	66.126	286.16	±	67.924			
Net volume (m³)	10684	±	3792	-3085	±	1407	-702	±	1179	-6273	±	2018	-2975	±	1670	-1568	±	1142	-3920	±	5091

^a Area eroded from banks estimated by SCREAM (Rowland et al., 2016)

^b Volume calculated directly in GIS

^c Mean vertical area of bank eroded estimated as the mean erosion rate divided by the total channel length

^d Area of point bar accretion estimated by SCREAM

^e Vertical accretion estimated as the product of the duration of each time period and accretion rates derived from measured probe transect of fine floodplain sediment depths described in section 3.3

^f Volume of accretion estimated as the product of accreted areas identified by SCREAM and mean vertical accretion rates

^g Estimates of overbank deposition derived from the regression model described in section 3.4 in which vertical accretion rates of each DEM cell were summed and the total was multiplied by the number of years in each time period.

^h The sum of accreted volumes from point bars and overbank deposition

4.5 Hydrologic linkages with floodplain sediment

Although the six time periods studied were unequal in duration, average flow conditions were similar for most time periods, with one drier and one wetter period (Figure 4C; Table 3). The mean annual and peak discharges within the reach averaged 1.9 and 12.1 m³ s⁻¹ respectively from 1935 to 2017. The period between 2012 and 2015 was a relatively dry interval with the least average number of days above both baseflow conditions and bankfull stage, the least mean and max annual volume of flow, the lowest maximum and mean peak flow, and the lowest mean and maximum total recession slope of all time periods (Table 3). Conversely, the period between 1991 and 2001 was a relatively wet interval with the highest mean duration above baseflow, the highest maximum peak flow, a relatively high total annual volume of discharge, and a relatively high number of peaks above bankfull flow conditions.

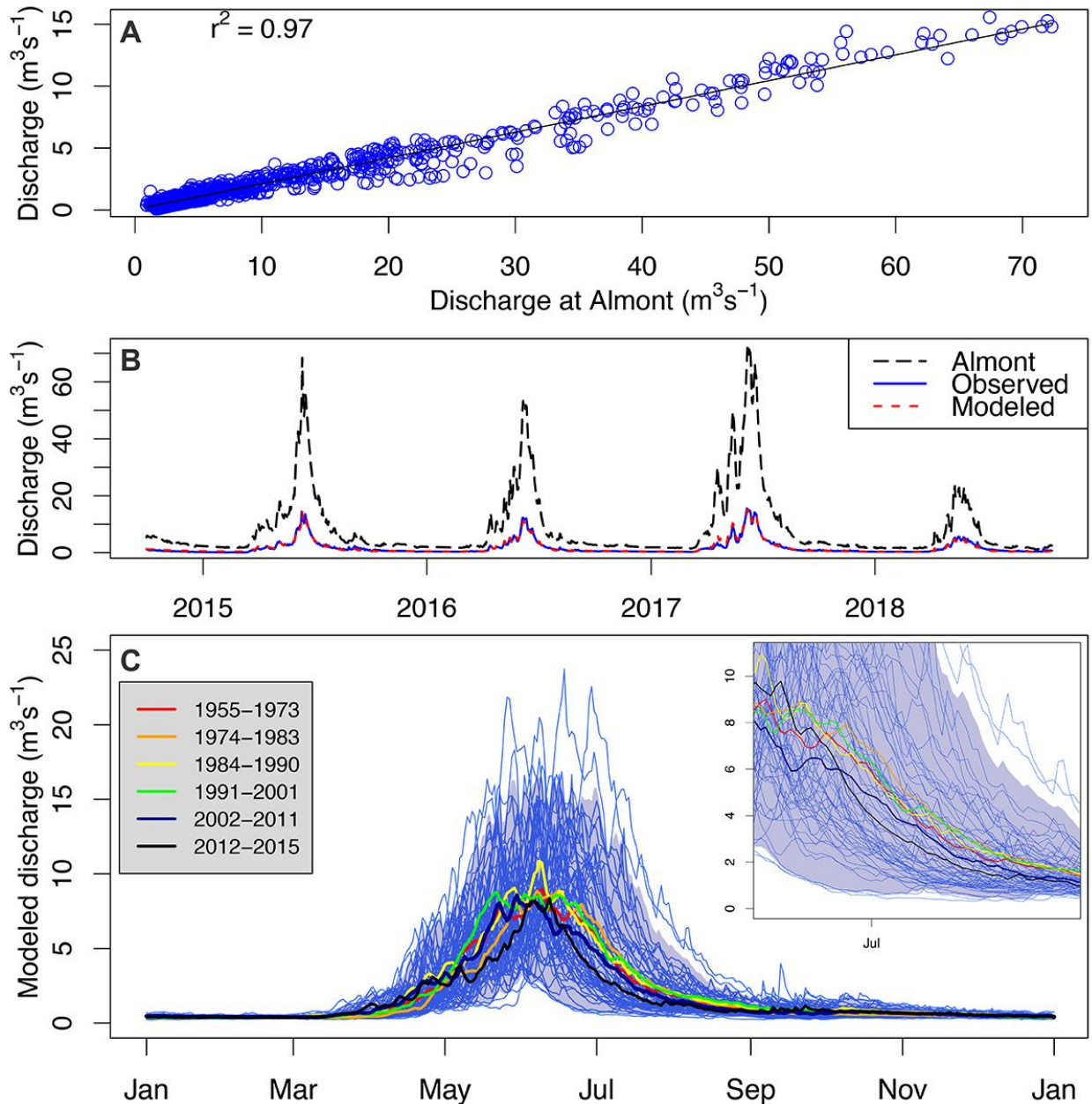


Figure 4 Discharge at the East River study site and Almont stream gauge. (A) Linear regression between measured discharge at Almont and the study site ($r^2=0.97$), (B) modeled discharge the study site based on the regression analysis (NSE=0.97), and (C) Modeled annual hydrographs for the 60-year study period (1955-2015) and an inset closeup of the hydrograph recession limbs. Thin, light blue lines are annual hydrographs, the shaded blue area is the 95% confidence interval, and colored lines represent mean hydrographs for the six time periods.

Multiple stepwise linear regression indicates that floodplain sediment exchange along the nine study reaches during the six time intervals are explained primarily by the hydrologic

conditions and the sinuosity of the channel at the beginning of each period (Table S5). Laterally accreted area (A_L) with the appropriate power transformation ($\lambda = 0.2626$) was most significantly influenced by a positive correlation with sinuosity (P ; $p < 0.0001$), the maximum number of days above the reference baseflow condition (D_{base} ; $p < 0.05$), the mean channel width (w) of the study reach ($p < 0.05$), and the maximum bankfull recession slope (R_{bf}) ($r^2 = 0.55$, $p < 0.1$).

$$A_L^{0.26263} = -6.591 + 0.015D_{base} + 3.142P + 0.240w + 21.432 R_{bf} \quad (2)$$

The area of floodplain erosion (E_A) across the nine study reaches over the 6 periods was best explained by a positive correlation with the maximum total recession slope from peak to baseflow conditions (R_{total} ; $p < 0.0001$) and sinuosity (P ; $p < 0.001$) and a negative correlation with the maximum time between the first and last day flow exceeded baseflow (T_{base}) ($r^2 = 0.59$, $p < 0.05$; Table S5).

$$E_A^{0.10101} = 2.058 + 5.190 R_{total} + 0.157 P - 0.002 T_{base} \quad (3)$$

Examination of the hydrologic variables alone explain a much higher portion of the variability in erosion and accretion along the entire 11-km study segment. Linear regression for the entire 11-km long study segment indicated that lateral accretion was best explained by the maximum number of days flow was above bankfull stage ($r^2 = 0.59$, $p = 0.074$; Figure 5A). The most significant hydrologic variable for explaining the area of erosion along the 11-km long study segment was the mean slope of the hydrograph recession from peak to baseflow conditions ($r^2 = 0.91$, $p = 0.003$; Figure 5B).

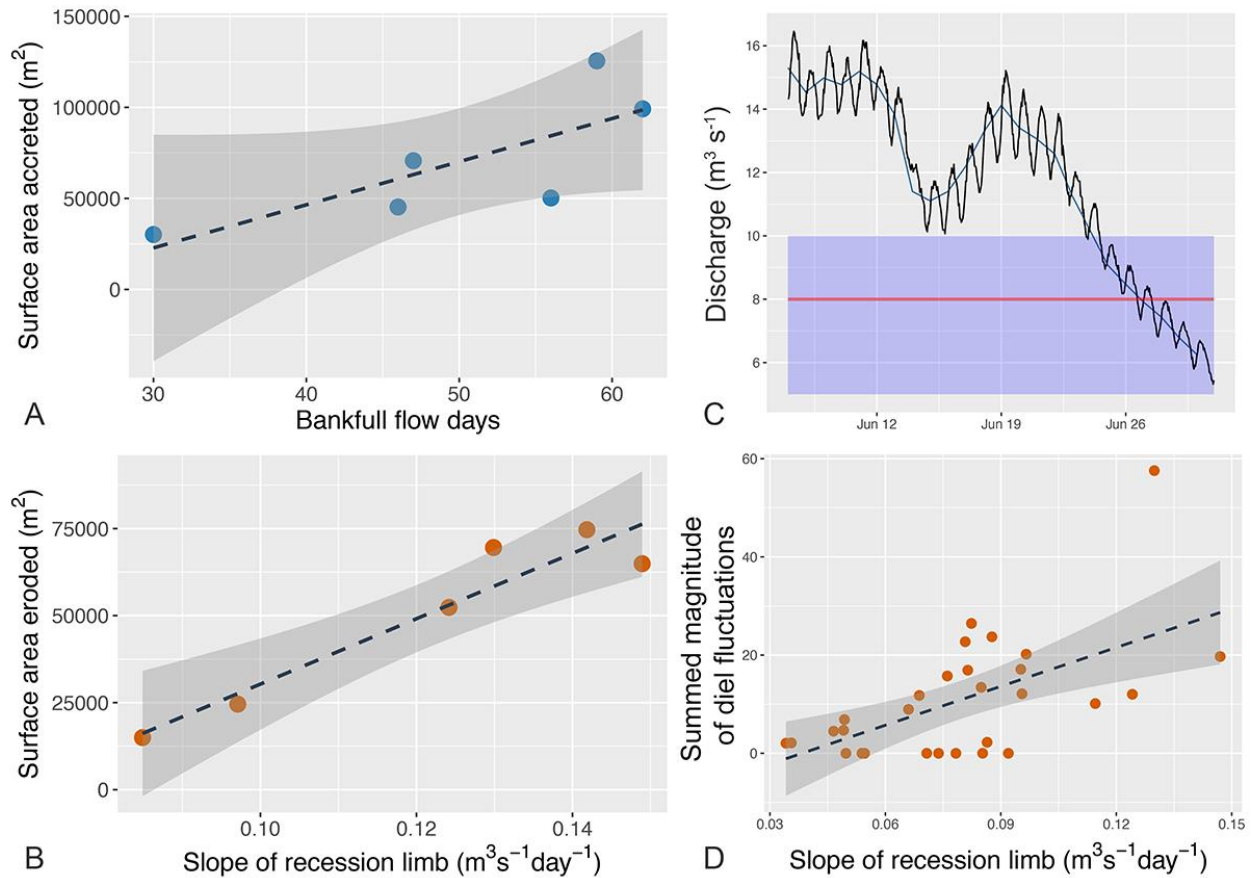


Figure 5 Linear regression of eroded and accreted areas and diel fluctuations. Each point represents each of the six time intervals for which data from all nine study reaches are combined. (A) The number of days that flow exceeded bankfull flow conditions is a significant predictor of accreted area ($r^2=0.59$, $p = 0.074$) and (B) the maximum recession slope frame of the total recession slope from peak to baseflow is a significant predictor of eroded area ($r^2=0.91$, $p = 0.003$). (C) The recession limb of the 2017 annual hydrograph illustrates fluctuations of discharge in response to snowmelt during daily warming and cooling, which can exceed $2 \text{ m}^3 \text{s}^{-1}$, but do not show a strong correlation with the maximum recession slope ($r^2=0.29$) (D). In A, B, and D, the dashed lines represent the linear regression model and the gray shaded area represents the 95% confidence intervals. In C the red line represents the bankfull flow stage and the blue shaded area represents the window in which diel fluctuations were examined.

Our analysis did not show a strong correlation between the maximum recession slope and observations of associated diel fluctuations since 1988. The number, the summed magnitude, and the mean magnitude of diel fluctuations in discharge exceeding $2 \text{ m}^3 \text{s}^{-1}$ within the defined window around bankfull flow ($5 < Q_{\text{bf}} < 10 \text{ m}^3 \text{s}^{-1}$) were poorly correlated with the maximum recession slope. The strongest correlation existed with the summed magnitude of diel fluctuations during each recession limb ($r^2 < 0.3$; Figure 5D).

5. Discussion

5.1 Floodplain volume and the sediment budget

Our floodplain fine sediment budget closed within the range of error ($3920 \pm 5091 \text{ m}^3$), suggesting that our approach accurately accounted for erosion and deposition. Estimates of bank erosion along cut banks and deposition along point bars are relatively robust because they were measured with calculated error from aerial imagery and based on measured depths and long-term average deposition rates. Our results linking horizontal and vertical distance from the channel with overbank deposition are consistent with published research (Asselman & Middelkoop, 1995; Hupp et al., 2008; G. Day et al., 2008). However, this approach used the total depth of sediment deposited over the 42 year period between 1973 and 2015, which does not account for deposition and subsequent erosion occurring at time scales shorter than our averaging. For these reasons, estimate of overbank sediment deposition in our sediment budget likely contain the highest uncertainty among values in our sediment budget. However, our analysis captures an average aggradation rate for each time period, effectively accounting for feedbacks between annual and decadal time scales appropriate for our analysis. Annual processes that may influence floodplain processes on decadal time scales include successful germination and establishment of riparian vegetation and cyclical patterns in channel widening and narrowing.

5.2 Linkages between flow duration and floodplain accretion

Potential for increased successful establishment of riparian vegetation associated with longer duration of flows and a slower recession limb of snowmelt-dominated systems (Merritt & Wohl, 2002) may explain our observed relationships between accretion and flow duration. The floodplain along our study segment of the East River is devoid of cottonwoods, but willow (*Salix* spp.) are present and share similar relationships between hydrochory and successful seedling

establishment in snowmelt-dominated systems (Karrenberg et al., 2002; Woods & Cooper, 2005; Cooper et al., 2006). The number of days above baseflow and days above bankfull flow are the most significant hydrologic variable for lateral accretion at the 9 study reaches and the 11-km long study segment, respectively. Accretion could be aided by successful establishment of willows along point bars during sustained high flows and observed diel fluctuations, which resemble the stepped recession limb most successful at seedling establishment in Merritt & Wohl (2002). Channel narrowing associated with stabilization of vegetated point bars (Friedman et al., 1996; Balke et al., 2014; Caponi et al., 2019) can force flow to outer banks and encourage subsequent bank erosion (Merritt & Cooper, 2000; Zen et al., 2017) and widening in cyclical patterns observed on meandering rivers (Hooke, 2008; Cantelli et al., 2004). Alternating periods of channel narrowing and widening have commonly been observed in the field (Hooke, 2008; Cantelli et al., 2004). The period between 2012 and 2015 is the only exception in this alternating pattern on the East River and may have arisen from a reduction in erosion associated with the lowest maximum total recession slope in the study period.

Our observations show that the erosion and accretion that facilitate channel migration of the East River are accompanied by channel cutoffs. Progressive increases in sinuosity of the East River were truncated by 21 chute cutoffs during the study period. During that time period the channel maintained a relatively stable sinuosity within each study reach and along the 11-km long study segment (Table 1; Figure 3A). Many observations and most models that predict channel cutoffs include only neck cutoffs, which by definition occur only after sinuosity reaches a threshold that causes two river bends to meet (Howard, 1996; Hooke, 2004; Zinger et al., 2011). Along a study reach of the Sacramento River exceeding 150 km, Micheli & Larsen (2011) made observations similar to those we present here. The occurrence of 27 chute cutoffs helped maintain an average sinuosity of 1.38 ± 0.018 (1.37-1.41) over the course of 93 years on the Sacramento River. Micheli & Larsen (2011) and Hooke (2004) also hypothesize that cutoffs occurred at some threshold of sinuosity and/or discharge.

5.3 *Linkages between recession slope and bank erosion*

Stepwise regression analysis of erosion at the nine study reaches and linear regression at the 11-km long study segment suggest that the total recession slope is strongly linked to the occurrence of bank erosion on the snowmelt-dominated East River. While accounting for changes in sinuosity, the maximum duration between the first and last day of flow exceeding baseflow conditions and the total recession slope are significant predictors in the stepwise regression analysis. The total recession slope has the highest significance among variables in the model ($p < 0.0001$). The maximum total recession slope alone explains 91% of the variability in bank erosion when considering the entire 11-km long study segment, highlighting its importance on bank erosion.

Limited observations have previously only suggested that the recession limb slope could be a significant factor in bank erosion. Although Pizzuto (1994) attributed observed bank erosion on the order of 30% of the channel width in the snowmelt-dominated Powder River, Montana, to elevated discharge for approximately 7 days, they also suggested a steep recession limb in 1978 may have been partially responsible. Similarly, Hooke (1979) suggested the recession limb slope could have played a role in observed bank erosion in a temperate flashy systems, but they lacked temporal resolution necessary to examine the rate of change in flow. The role of the recession limb as a mechanism for bank erosion, however, likely varies substantially between the temperate stormy system examined by Hooke and snowmelt-dominated discharge of the East River.

Observations presented here that link the total recession limb slope with erosion may involve a combination of mechanisms. On the East River, we observe that high flows erode underlying fluvial gravels resulting in planar cantilever failures of the fine grain upper portion of the bank (Figure 1D, S1). Shifting oblique directions in subsurface hydraulic gradient observed on the East River (Malenda et al., 2019), could change the magnitude and direction of confining

pressure on the outside of river bends where erosion occurs and shifts hyporheic flow toward apposing meander bends. This change in hydraulic gradient could produce a positive pore pressure along banks with a seepage face, triggering slump bank erosion (Rinaldi & Casagli, 1999; Fox et al., 2007). Although it is possible that some bank failures in the study area have been triggered by positive pore pressure, these types of failures often occur in stormy systems that experience flash floods with dramatic changes in discharge occurring over the course of a single day or several hours. Additionally, slump failures commonly occur along much higher banks (>4m) composed of heterogeneous bank material (Simon et al., 2000; Langendoen & Simon, 2008; S. S. Day et al., 2013b). Slump scarps provide evidence of occurrence, but scarps are not observed on the East River, and cantilevers failures are the primary mechanism of bank failure.

Conceptually, the loss in confining pressure explains the link between our field observations and the total recession slope in our analysis. Following undercutting of banks composed of fine sediment, the loss of supporting pressure with rapidly declining stage can result in tension cracks of undercut banks that trigger bank failure (Rinaldi & Casagli, 1999). River banks in flashy systems are likely to retain significant water following a rapid recession limb, which adds to their weight and could facilitate failure of undercut banks. The gradual decline in flow stage occurring over the course of days to weeks on the East River, and characteristic of snowmelt-dominated systems, is likely to allow silt-dominated soils to drain so that undercut banks are not as heavy. Diel fluctuations in discharge (2 to $5 \text{ m}^3\text{s}^{-1}$) during peak flow recessions on the East River near bankfull stage ($\sim 8 \text{ m}^3\text{s}^{-1}$; Figure 5C), however, could facilitate wet and even saturated conditions of river banks. These rapid changes in discharge (Q) equate to daily changes in flow depth (d) of approximately 0.02 to 0.03 m at the gauging station which has an approximate bankfull width (w) of 14 m . Although there is a strong correlation between total recession slope and erosion, recession slope is not correlated with diel fluctuations in our analysis (Figure 5D). Therefore our data do not draw a strong correlation

between erosion and diel fluctuations. Because the mechanistic linkage between recession slope and bank erosion in snowmelt-dominated systems is not understood, we suggest that more work is required to assess the role of diel fluctuations.

5.4 Influence of shifting hydrologic regimes on floodplain sediment fluxes

Linkages between hydrology and floodplain fine sediment dynamics presented here elucidate implications for snowmelt-dominated systems, particularly under shifting climatic conditions. Observed changes in snowpack, upward shifts in the rainfall-snowfall transition, rapid warming and earlier snowmelt, and increased rain-on-snow events, are altering snow-melt dominated hydrographs (Stewart et al., 2004; Clow, 2009; Kampf & Lefsky, 2016; Praskievicz, 2016; Painter et al., 2018). The coldest snowmelt regimes are likely to experience increased spring hydrograph peaks, whereas transitional snowmelt regimes may experience lower spring peaks and more winter peak events (Nijssen et al., 2001). Snowmelt-dominated hydrographs characterized by a single dominant peak with relatively little response to rain may shift to mimic characteristics of mixed rain on snow regimes that generate higher flows in the winter with possibility of multiple peaks (Hammond & Kampf, 2020). Predicted increase in the frequency or magnitude of storms (Bates et al., 2008) could make extreme floods in mountainous regions – like the one that occurred in the Colorado Front Range in 2013 – more common, which could greatly alter floodplain sediment dynamics and residence times (Sutfin & Wohl, 2019). Although observations and projections of floods do not indicate an increase in magnitude across rivers with all types of flow regimes, floods are occurring more often (Hirsch & Archfield, 2015; Mallakpour & Villarini, 2015). Higher frequency of storms has potential for more frequent floods and associated recession limbs. These changes would by definition shift otherwise predictable snowmelt dominated systems to more flashy systems with increased variability and more rapidly rising and receding limbs, but how changes could influence sediment dynamics are uncertain.

The changes in annual average snowpack and timing of snowmelt are poised to change flow durations, the slope of recession limbs, and sediment dynamics, but the direction of these changes is unknown. Let's consider a transition to flashier systems in response to consistent warming, less snowpack, and increased rain-on-snow events. Because higher flows are being distributed throughout more of the year, this type of shift is likely to result in more frequent, lower magnitude peaks with steeper recession limbs. If flow magnitude or the duration of flow is the dominant factor for erosion, as some studies suggest (Hooke, 1979; James E. Pizzuto, 1994; Langendoen & Alonso, 2008; Langendoen & Simon, 2008), the erosional response to this transition is likely to be limited. If the recession slope is the most important influence on bank erosion, as our results suggest, this transition could increase the erosional response. This erosional response paired with our findings that a positive correlation exists between floodplain accretion and the duration of overbank flow, supported by others (Asselman & Middelkoop, 1995; Hupp et al., 2008), flashier systems could limit overbank deposition while encouraging bank erosion.

Conclusion

Our findings linking measured bank erosion and the annual snowmelt-dominated recession limb slope of the East River provide previously undocumented insight into snowmelt dominated systems, which comprise the majority of mountainous headwater streams and rivers above 40° latitude. Here we present results that integrate long-term, 60 years, of high-resolution (*1-m pixels*) remotely-sensed change analyses with extensive field observations that document deposition rates and patterns ranging from individual point bars to entire floodplain reaches over individual seasons to decades. By combining these results with detailed hydrological analysis of the East River we are able to isolate the specific component of this snowmelt-dominated hydrograph individually responsible for erosion and deposition. This analysis suggests that the floodplain sediment budget is balanced along the East River intensive study reach, which

supports the accuracy of our analysis within the calculated error. The more complex stepwise regression models indicate that channel morphometry (i.e., width, sinuosity) likely influences erosion and accretion associated with hydrologic variables along the nine study reaches. Our results linking channel accretion to the duration of flow above baseflow conditions support prior work by others regarding accretion and flow duration above a set threshold. A strong correlation between the annual recession slope and erosion along the entire study segment suggests that the faster snowmelt-dominated hydrographs decline the more bank erosion is likely to occur. These findings emphasize the importance of flow steadiness and rate of change in erosion and sediment dynamics beyond the typical peak magnitude and duration of bankfull discharge. Thus, observed and future changes in hydrologic flow regime with changes in snowpack, snowmelt, and the rain-snow transition are likely to drive changes in the relative balance of floodplain erosion and deposition in mountainous headwaters systems. Similar changes in floodplain sediment fluxes may also occur in northern high-latitude rivers characterized by snowmelt dominated hydrographs. These changes will alter river dynamics, sediment, carbon, and nutrient fluxes, and potentially negatively impact infrastructure within river corridors.

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The R code used to extract hydrologic parameters are provided as Supporting Information as cited in the text. This manuscript was greatly improved by comments from four anonymous reviewers and the associate editor.

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