

1 **Global Ocean Response to the 5-Day Rossby-Haurwitz**
2 **Atmospheric Mode Seen by GRACE**

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6 **Key Points:**

- 7 • Daily GRACE data provide a first detailed look at the global ocean bottom pres-
8 sure response to the 5-day Rossby-Haurwitz atmospheric mode
9 • GRACE data confirm the large-scale ocean dynamic response to barometric pres-
10 sure and also reveal more spatially confined wind effects
11 • Derived flow fields are consistent with enhanced kinetic energy and dissipation rates
12 over several topographic features in the Southern Ocean

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13 **Abstract**

14 A dynamic response of the ocean to surface pressure loading by the well-known 5-day Rossby-
 15 Haurwitz mode in the atmosphere has been inferred from limited in situ tide gauge and
 16 bottom pressure data, but a global characterization of such response, including details at
 17 mid and high latitudes, has been lacking. Here we explore two daily data products from
 18 the Gravity Recovery and Climate Experiment (GRACE) mission to obtain a first quasi-
 19 global look at the associated ocean bottom pressure (p_b) signals at 5-day period. The
 20 previously reported in-phase behavior over the Atlantic basin, seesaw between the Atlantic
 21 and Pacific, and westward propagation in the Pacific are all seen in the GRACE solutions.
 22 Other previously unknown features include relatively strong responses in the Southern Ocean
 23 and also some shallow coastal regions (e.g., North Sea, East Siberian shelf, Patagonian
 24 shelf). Correlation analysis points to the Rossby-Haurwitz surface pressure wave as the main
 25 forcing for the observed large-scale p_b anomalies, while wind-driven signals are more spatially
 26 confined. The GRACE observations are found to be consistent with in situ p_b data and also
 27 with model simulations of the 5-day ocean variability where no in situ data is available.
 28 Inferences on energetics based on data and model results point to decay time scales shorter
 29 than the oscillation period, with substantial kinetic energy and dissipation located over a
 30 few topographic features in the Southern Ocean. Results illustrate the potential of space
 31 gravity measurements for examining large-scale oceanic variability at sub-weekly periods.

32 **Plain Language Summary**

33 A dynamic response of the ocean to surface pressure loading by a well-known 5-day mode in
 34 the atmosphere has been inferred from limited in situ data, but a global characterization of
 35 such response has been lacking. Here we explore two daily data products from the Gravity
 36 Recovery and Climate Experiment (GRACE) mission to obtain a first near-global look at
 37 the associated ocean bottom pressure (p_b) signals near 5-day period. Previously observed
 38 spatially homogeneous behavior over the Atlantic basin, seesaw between the Atlantic and
 39 Pacific, and westward propagation in the Pacific are all seen in the GRACE solutions. Other
 40 previously unknown features include enhanced responses in the Southern Ocean and also
 41 some shallow coastal regions (e.g., North Sea, East Siberian shelf, Patagonian shelf). Sur-
 42 face atmospheric pressure is the main forcing for the observed large-scale p_b anomalies, while
 43 wind-driven signals are more spatially confined. The GRACE observations are consistent
 44 with in situ p_b data and also with model simulations. The oscillation is strongly damped
 45 on time scales shorter than its period, with substantial currents and frictional dissipation
 46 located over a few topographic features in the Southern Ocean. Results illustrate the po-
 47 tential of GRACE measurements for examining large-scale oceanic variability at sub-weekly
 48 periods.

49 **1 Introduction**

50 Global scale interbasin mass exchange is well known to result from the barotropic ocean
 51 response to lunar-solar tidal forcing, which involves complex wave and resonant dynamics
 52 at diurnal and semi-diurnal periods. Although not as well studied as the tides, a similar
 53 behavior can be elicited by non-tidal atmospheric forcing at rapid (sub-weekly) time scales.
 54 In particular, surface atmospheric pressure (P_a) variations have been found to drive a global
 55 scale dynamic response involving interbasin mass exchange, in both non-resonant regimes
 56 (Ponte, 1997) and near-resonant regimes through the excitation of global normal modes
 57 (Ponte & Hirose, 2004; Kushahara & Ohshima, 2014). Surface winds are also a relevant
 58 forcing mechanism in this context but at longer (monthly) time scales (Stepanov & Hughes,
 59 2006).

60 Knowledge of such non-tidal, atmospherically forced mass signals is important in sev-
 61 eral ways. Given the rapid time scales and large spatial scales involved, they can be a

62 source of aliasing for space geodetic missions like the Gravity Recovery and Climate Ex-
 63 periment (GRACE, Flechtner et al., 2016) and can also affect other geodetic parameters
 64 like Earth rotation and crustal loading (e.g., van Dam et al., 2012; Harker et al., 2021).
 65 In an oceanographic context, they can involve significant volume transports (Bryden et al.,
 66 2009) and be the source of misinterpretation when inferring the circulation from bottom
 67 pressure data (Bingham & Hughes, 2008). More generally, interbasin mass exchange can
 68 critically depend on domain geometry, topography and dissipation, among other factors, and
 69 its study can ultimately reveal important details about barotropic ocean dynamics. Lack of
 70 adequate global observations, however, has hindered progress in understanding, modeling
 71 and estimating such signals (e.g., Ponte & Hirose, 2004; Park & Watts, 2006)

72 For interbasin mass exchange, observations of sea level and bottom pressure (p_b) are
 73 most relevant. Satellite altimeters provide near-global coverage but repeat sampling rates
 74 are nominally 10 days or longer. In addition, sea level can contain baroclinic signals not
 75 related to mass, which is more directly inferred from p_b observations. Although a number
 76 of in situ p_b records exist, these are very sparse in space and time and can reflect short scale
 77 local signals not relevant to our problem. Satellite gravimetry has provided global p_b data
 78 products with nominal temporal resolution of one month (Tapley et al., 2019; Landerer et
 79 al., 2020), but recent work involving comparisons with altimeter and in situ p_b data, as well
 80 as with various ocean models, has indicated the potential to estimate p_b from space down
 81 to periods ~ 4 days (Bonin & Save, 2020; Schindelegger et al., 2021).

82 Well-known, basin-scale mass variability occurs in the dynamic response to the ~ 5 -
 83 day Rossby-Haurwitz wave in surface atmospheric pressure P_a (R. Madden & Julian, 1972;
 84 R. A. Madden, 2019). Tropical tide gauge analyses revealed the Pacific-wide nature of the
 85 signal (Luther, 1982) and its presence in the tropical South Atlantic (Woodworth et al.,
 86 1995). Observing the signal in extra-tropical latitudes remained difficult because of higher
 87 synoptic atmospheric “noise” (Mathers & Woodworth, 2004), but its Atlantic-wide nature
 88 extending to 37°N was described by Park and Watts (2006), and basin-scale averages of
 89 altimeter data were able to reveal the interbasin nature of the signal (Hirose et al., 2001).
 90 Thomson and Fine (2021) have confirmed earlier findings using analyses of bottom pressure
 91 data from the DART (Deep-ocean Assessment and Reporting of Tsunamis) network, but a
 92 data-constrained description on global scales, including details of the structure at mid and
 93 high latitudes, has remained elusive.

94 In this work, we explore two high-sampling satellite gravimetry products (Kvas et al.,
 95 2019; Bonin & Save, 2020) to examine p_b variability over the global oceans at ~ 5 -day
 96 period. Results confirm the importance of the global dynamic response to P_a , highlight new
 97 spatial features of the ~ 5 -day signal, point to strong dissipation rates likely associated with
 98 strongest flows over topographic features, and illustrate the usefulness of satellite gravimetry
 99 data for the study of basin-scale p_b fluctuations at subweekly periods. All data and models
 100 are described in section 2. The structure of the observed 5-day p_b variability is presented
 101 in Section 3 and assessed against other data in Section 4. Relation of p_b anomalies to
 102 atmospheric forcing is treated in Section 5, and energetics and dissipation issues are discussed
 103 in Section 6. A summary of findings and final considerations are provided in Section 7.

104 2 Observations, Models, and Basic Methods

105 We use the same 3-year (2007–2009) daily GRACE datasets as in Schindelegger et al.
 106 (2021). These gravity field series come from CSR (Center for Space Research at University
 107 of Texas, Austin, Bonin & Save, 2020) and ITSG (Institute of Geodesy at Graz Univer-
 108 sity of Technology, release ITSG-Grace2018, Mayer-Gürr et al., 2018; Kvas et al., 2019).
 109 Each solution draws on some form of regularization, as the GRACE ground track coverage
 110 within 24 hours is insufficient to resolve globally distributed mass changes into wavelengths
 111 of $\mathcal{O}(1000\text{ km})$. Because geophysical processes are not random, a common approach to reg-
 112 ularization is to constrain the gravity field’s expected evolution in time. The CSR method

113 derives constraints from accumulated monthly GRACE signals and performs the inversion
 114 on a per-grid-point (“mascon”) basis every time the satellites are within 250 km from a
 115 particular mascon (2–4 days in mid-latitudes, Bonin & Save, 2020). By contrast, the ITSG
 116 series are furnished by a recursive Kalman filter operating on spherical harmonics up to de-
 117 gree and order $n = 40$. Each ITSG daily solution is stabilized with information from nearby
 118 days, as conveyed by numerical model-based process dynamics (i.e., temporal correlations)
 119 in the Kalman filter’s stochastic component (Kurtenbach et al., 2012).

120 For both CSR and ITSG, recovery of geophysical signals is relative to the Atmosphere
 121 and Ocean De-Aliasing Level-1B (AOD1B) product (releases RL05 or RL06, Dobslaw et
 122 al., 2017a). The ocean model underlying AOD1B, which we also analyze for ~ 5 -day signals
 123 below, is a 1° baroclinic forward simulation forced by atmospheric pressure, wind stress, and
 124 buoyancy fluxes. In synthesizing the daily GRACE fields into p_b variations on a regular 1°
 125 grid, we have restored the respective AOD1B coefficients for the ocean (the GAD product,
 126 Dobslaw et al., 2017b), including degree $n = 1$ terms. Note that the ITSG fields are global,
 127 while the CSR mascon grids available to us do not extend to latitudes beyond $\pm 66^\circ$. All
 128 additional processing steps applied to these data (1000-km smoothing and gap filling of
 129 CSR, adoption of a coastal buffer) are as in Schindelegger et al. (2021). The latter study
 130 also introduces in-situ p_b series from 40 bottom pressure recorders (BPRs, Gebler, 2013),
 131 which we use here to validate the 5-day band variability in the two GRACE products.
 132 Measurements from 2007 to 2009 at each site (sometimes from successive deployments)
 133 were drift-corrected, tidally analyzed, and averaged into daily values. The shortest records
 134 have 182 days of observations.

135 To interpret satellite-based p_b variability with ~ 5 -day periodicity in terms of relevant
 136 forcing (loading by P_a , wind stress), we perform a small number of forward simulations with
 137 a barotropic (2D) time-stepping model referred to as DEBOT (David Einšpigel’s Barotropic
 138 Ocean Tide model, Einšpigel & Martinec, 2017). The model uses a near-global $\frac{1}{3}^\circ$ latitude-
 139 longitude grid, and its p_b diagnostics are known to compare favorably with GRACE, partic-
 140 ularly on sub-weekly time scales (Schindelegger et al., 2021). Energy losses are conveyed by
 141 two stress terms $\mathcal{F}_b + \mathcal{F}_w$ (in units of $\text{m}^2 \text{s}^{-2}$), related to quadratic bed friction (subscript b)
 142 and the conversion of barotropic energy to baroclinic waves (w) at gradients of topography
 143 (Carrère & Lyard, 2003)

$$144 \quad \mathcal{F}_b + \mathcal{F}_w = C_d \mathbf{u}|\mathbf{u}| + L\bar{N}(\nabla H)^2 \mathbf{u} \quad (1)$$

145 Here, $C_d = 0.0025$ is a non-dimensional bottom drag coefficient, \mathbf{u} is the depth-averaged
 146 velocity vector, $L = 5.0 \cdot 10^4$ m represents a tunable length scale estimate, \bar{N} is the vertically
 147 averaged buoyancy frequency, and H denotes water depth. For simplicity, we switch off the
 148 model’s time step-wise handling of self-attraction and loading effects (Stepanov & Hughes,
 149 2004). All forcing fields are derived from ECMWF (European Centre for Medium-Range
 150 Weather Forecasts) Interim Reanalysis (ERA-Interim, Dee et al., 2011).

151 Hereinafter, we extract the ~ 5 -day signal in various datasets (GRACE, P_a , DEBOT
 152 dynamic residuals) using a 5th-order Butterworth band-pass filter with cut-off frequencies
 153 placed at 0.175 and 0.233 cpd (cycles per day) corresponding to periods of 5.7 and 4.3 days,
 154 respectively. These frequencies are commensurate with choices in Thomson and Fine (2021)
 155 and aligned with half-power points of the zonal wavenumber $k = -1$ Rossby-Haurwitz mode
 156 in global air pressure spectra (Sakazaki & Hamilton, 2020, their Figure 11). To examine the
 157 space-time structure of coherent p_b variability in this frequency band, we apply complex-
 158 valued empirical orthogonal function (CEOF) analysis (e.g., Barnett, 1983; Bouzinac et al.,
 159 1998) to the analytical signal

$$160 \quad p_b(\mathbf{x}, t) + ip_b^*(\mathbf{x}, t) \quad (2)$$

161 Here, t is time, $i \equiv \sqrt{-1}$, and $p_b^*(t)$ is the Hilbert transform of the time series at a particular
 162 location \mathbf{x} . The eigenvectors (CEOFs or spatial modes) of the covariance matrix and their
 163 associated principal components (temporal modes) are both complex and therefore readily
 164 separated into amplitude and phase functions. We compute spatial phases as in Barnett

165 (1983) but introduce the imaginary part with negative sign so that propagation is in the
 166 direction of increasing phase. Throughout the paper, we express magnitudes of a particular
 167 CEOF mode as standard deviation (occasionally still referred to as “amplitude”), obtained
 168 from calculating the variance of the mode after reconstructing the respective time series
 169 at location \mathbf{x} . For comparison with amplitude charts in the literature (e.g., Ponte, 1997;
 170 Thomson & Fine, 2021), our maps should be multiplied with $\sqrt{2}$. Units of p_b are SI (Pa) in
 171 equations but quantified as equivalent water height in the text and figures.

172 3 Global Structure of the Observed 5-Day Signal

173 Figure 1 displays the global spatial structure of the ~ 5 -day dynamic variability, com-
 174 puted from the CEOF decomposition of the daily GRACE series. For both data products,
 175 the leading CEOF (abbreviated as CEOF1) of 25 computed eigenvectors explains roughly
 176 a quarter of the total variance in the 5-day band, dropping to $\sim 18\%$ when the spectral
 177 filtering (Section 2) is extended to periods from 2 to 7 days. The mode reveals an amplitude
 178 structure of weak maxima (~ 4 – 5 mm) in the middle of the North Pacific, South Indian and
 179 South Atlantic, and larger values (> 6 mm) in a few areas in the Southern Ocean and some
 180 shallow coastal regions (e.g., North Sea, Patagonian Shelf). The high latitudes depicted
 181 by the ITSG product show a tendency for decreasing amplitudes towards the Antarctic
 182 coast and values in the Arctic < 3 mm. There is considerable temporal modulation of the
 183 CEOF amplitude (not shown) on monthly timescales but without a discernible seasonal
 184 dependence.

185 The phases of the CEOF1 for CSR and ITSG (Figure 1e,f) are also very similar on
 186 the large scale, apart from differences in some shorter scale features in regions of minimum
 187 amplitude (e.g., northeastern North Pacific), which can represent amphidromic points. The
 188 Atlantic shows fairly homogeneous values around 30 – 60° . In the Pacific, phases are more
 189 variable but for the most part around $180^\circ \pm 30^\circ$, and thus roughly out of phase with the
 190 Atlantic. In addition, there is an indication of westward propagation at latitudes $\sim 20^\circ$ –
 191 40° , particularly in the Pacific basin interior away from the coasts. Westward propagation
 192 seems to extend to the Southern Ocean sector of the Indian Ocean, between Australia and
 193 Antarctica. Otherwise, for the Indian Ocean most phase values are between -75° and -15° .
 194 In any case, phase differences suggest long spatial scales compared to the basins.

195 The second CEOF (CEOF2, Figure 2), which accounts for an additional $\sim 14\%$ of the
 196 total variance for CSR (12% for ITSG), shows a somewhat different behavior, but still largely
 197 consistent for the two products. The dominant feature is the enhanced standard deviation
 198 (> 5 mm) over a large part of the Pacific sector of the Southern Ocean, surrounding a
 199 minimum at about 120°W . Other places of relatively higher variability occur in the Arctic
 200 (for ITSG in Figure 2b), particularly over the East Siberian shelf, the Gulf of Alaska, Hudson
 201 Bay, and the shallow North Sea and Patagonian shelf.

202 The phase structure for CEOF2 exhibits clear westward propagation across the whole
 203 Pacific basin, and indicates spatial scales much shorter than those associated with CEOF1
 204 (cf. Figure 1). There is also a clear amphidromic point centered at around 120°W , 50°S ,
 205 with signals propagating counterclockwise. Phases in the deep Arctic are fairly homogeneous
 206 but eastward propagation is seen along the East Siberian shelf, coincident with maximum
 207 amplitudes.

208 4 Assessing GRACE-based Estimates

209 As evident from Figures 1 and 2, the assimilation of GRACE data modifies the back-
 210 ground model and brings the ITSG fields closer to those of CSR. This provides a useful
 211 measure of the quality of both products and underscores the value of the GRACE data
 212 in the Kalman filter solution. However, ITSG and CSR results include common degree-1
 213 contributions that are purely determined from the AOD1B output. For comparison, Fig-

214 ures 1d,h show the CEOF1 of the AOD1B degree-1, with typical standard deviations of
 215 a few mm, maxima near the equator, and a large scale phase pattern resembling that in
 216 the ITSG and CSR CEOF1 (Figures 1e,f). Nevertheless, much of the detail in amplitude
 217 and phase of the latter is associated with the higher degrees and how they are modified by
 218 the information extracted from the GRACE data. In particular, comparisons of the ITSG
 219 product and the AOD1B model used in the respective Kalman filter solution reveal visible
 220 differences in amplitude and phase of CEOF1 in the Pacific sector of the Southern Ocean
 221 (Figures 1b,c,f,g). Similar changes can be seen for CEOF2 (Figures 2b,c,e,f), regarding for
 222 example the phase propagation in the Pacific basin.

223 Aside from their similarities, the characteristics of the variability associated with both
 224 estimated CEOFs are qualitatively consistent with previous analyses of in situ and altimeter
 225 measurements, including the approximate in-phase behavior in the Atlantic (Woodworth et
 226 al., 1995; Mathers & Woodworth, 2004; Park & Watts, 2006) and out-of-phase behavior
 227 between the Atlantic and Pacific (Hirose et al., 2001), and the westward phase propagation
 228 in the Pacific (Luther, 1982). For a more quantitative assessment of the GRACE-based
 229 estimates of the 5-day signal, we turn to comparisons with the 40 BPR time series in Figure
 230 3. Both the full variability in the 5-day band and that synthesized in CEOF1 and CEOF2
 231 (Figures 1 and 2) are considered. Although the BPRs are located mostly outside regions of
 232 peak 5-day variability observed by GRACE (Figure 3a), they provide broad enough coverage
 233 of the Pacific and Atlantic basins where the large scale behavior of the 5-day response is
 234 clear (Figures 1 and 2).

235 Based on the full p_b variability in the 5-day band (Figure 3a), the root-mean-square
 236 (RMS) differences of the GRACE and BPR observations (median values of 0.22 and 0.29 cm
 237 for ITSG and CSR, respectively) are considerably lower than the BPR RMS values (median
 238 of 0.45 cm; Figure 3b,c). The BPR variance explained by ITSG hovers mostly around 60
 239 to 90% (median value of 77%; Figure 3d), while values for CSR are lower (median value of
 240 58%; Figure 3e), consistent with the generally higher noise levels in CSR fields found by
 241 Schindelegger et al. (2021).

242 For comparison, results based on equivalent AOD1B series (not shown) yield a me-
 243 dian RMS difference of 0.23 cm and variance explained of 71%, which confirms the value of
 244 GRACE data in improving the quality of the ITSG p_b estimates. The AOD1B comparisons
 245 with the BPR data are, however, substantially better than those for CSR, suggesting sensi-
 246 tivity of the GRACE-based fields to the gravity field retrieval procedure and, presumably,
 247 to the quality of the de-aliasing model (AOD1B RL05 or RL06).

248 If one compares results from the modal decomposition to the BPRs (Figures 3b–e), the
 249 variance explained by CEOFs is comparatively smaller than when using the full variability,
 250 as expected. The RMS differences and variance explained values for ITSG and CSR are,
 251 however, more similar than when using the full variability. Results suggest that the CEOFs
 252 filter out some of the higher noise in the CSR series, which is probably to a large extent
 253 spatially uncorrelated on basin scales.

254 Aside from noise in both GRACE and BPR data, one should expect differences in their
 255 behavior because while GRACE provides averaged values on scales ~ 300 km, BPRs provide
 256 point measurements that can sense shorter scales. An independent, alternative assessment
 257 of the GRACE fields on the largest scales can be obtained by examining Earth rotation
 258 data. Using data sets and methods described in detail by Harker et al. (2021), we have
 259 used the GRACE-derived p_b fields to calculate the implied excitation of polar motion and
 260 compared results with geodetic observations of the same quantity that were corrected for
 261 atmospheric effects. The GRACE-derived excitations due to changes in the oceanic mass
 262 distribution, either using the full variability in the 5-day band or the CEOFs as a basis, can
 263 explain substantial portions of the observed geodetic minus atmospheric residual variance in
 264 polar motion excitation (up to 46% for one coordinate direction). These analyses, together

265 with results in Figure 3, confirm the realism of the GRACE-based estimates of p_b variability
 266 in the 5-day band.

267 5 Relation to Forcing

268 Previous data and model analyses have clearly associated the observed 5-day variability
 269 in tide gauge and BPRs to P_a forcing (e.g., Luther, 1982; Ponte, 1997; Mathers & Wood-
 270 worth, 2004; Park & Watts, 2006; Thomson & Fine, 2021). Here, we explore the relation
 271 between the temporal modes of p_b CEOFs from ITSG (Figures 1 and 2) and ERA-Interim
 272 P_a by calculating lagged regressions (at 0, ± 1 , and ± 2 days) between real-valued time series
 273 of both quantities (Figure 4). To mitigate the impact of synoptic scale variability, particu-
 274 larly strong over extratropical latitudes, the band-pass filtered P_a fields were restricted to
 275 long zonal wavelengths by convolving them with a Tukey window of half-length 8, with a
 276 center point at wavenumber $k = 0$.

277 For the case of CEOF1 (Figures 4a–e), there is a zonal wavenumber one, westward
 278 propagating pattern, which is clear over most latitudes, with a tendency for enhanced values
 279 over mid latitudes and weakening toward the tropics. These features are revealing of the
 280 Rossby-Haurwitz wave originally identified by R. Madden and Julian (1972). The CEOF1
 281 in Figure 1 is, thus, strongly linked to the 5-day Rossby-Haurwitz P_a variability, which
 282 is consistent with earlier findings based on tide gauge and BPR analyses (Luther, 1982;
 283 Mathers & Woodworth, 2004; Park & Watts, 2006; Thomson & Fine, 2021).

284 A westward propagating, zonal wavenumber one structure is also apparent for CEOF2
 285 case over tropical latitudes but, despite the large-scale coherent pattern, the results are
 286 not formally significant at the 95% confidence level (Figures 4f–j). Significant values at
 287 higher latitudes tend to occur in smaller scale patches, associated with dipoles or higher
 288 wavenumbers. These regions (e.g., Arctic Ocean, Gulf of Alaska, Bellingshausen Basin)
 289 approximately coincide with enhanced CEOF2 amplitudes in Figure 2 and point to more
 290 localized forcing effects. In this regard, there is a hint of eastward propagation in the
 291 Bellingshausen Basin, which suggests influence of synoptic systems, possibly involving also
 292 related wind forcing.

293 The roles of barometric pressure and wind stress can be further elucidated by comparing
 294 DEBOT experiments with 6-hourly broadband P_a and wind forcing with one that only
 295 includes loading by P_a (years 2007–2009). The amplitudes and phases of CEOF1 extracted
 296 from the simulation with combined P_a and wind forcing (Figure 5a,c) closely resemble those
 297 of CEOF1 in Figure 1, testifying to the ability of DEBOT to reproduce the 5-day signal in
 298 the GRACE-based fields. In the P_a -only experiment (Figure 5b,d), the enhanced amplitudes
 299 in the Southern Ocean, particularly in its Pacific sector, as well as in shallow coastal regions
 300 (e.g., Patagonian shelf, North Sea), are considerably reduced, and relatively short scale phase
 301 patterns, including the eastward and westward phase propagation near the Bellingshausen
 302 Basin, are mostly absent. These features are thus likely to be substantially associated with
 303 wind driving, while the basin-scale patterns are mostly related to pressure loading. In
 304 particular, integrating the model for 60 days with the 5-day P_a harmonic deduced from the
 305 lagged regression analysis (Figure 4) leads to amplitude and phase patterns very close to
 306 the one obtained with the full P_a forcing (Figure 5b,d). Together, these results confirm
 307 the importance of the barometric pressure variability associated with the Rossby-Haurwitz
 308 mode to the large-scale dynamic ocean response near 5-day periods.

309 6 Frictional Decay and Energetics

310 Questions as to how, where, and at what rates the oceanic 5-day oscillation expends its
 311 energy through frictional processes remain far from fully solved. In general, analyses of both
 312 sea level and p_b records, often used in conjunction with ocean models, favor a highly damped
 313 oceanic response with a typical energy e -folding decay scale, t_e , of about 3 days (Luther,

1982; Ponte, 1997). However, the available potential energy (PE) decay rate constrained by these types of data appears almost insensitive to the amount of damping in the 5-day band, as evident from dedicated numerical simulations (Thomson & Fine, 2021). Greater variability with assumed frictional drag coefficients is seen for t_e of kinetic energy (KE), a term that exceeds PE in magnitude by a factor of $\gtrsim 2$ (see again Thomson & Fine, 2021).

In this light, it is helpful to consider global integrals of important energy balance terms from the results presented thus far. In particular, using CEOF1 (ITSG) maps of bottom pressure and regressed P_a patterns, shown in Figures 1 and 4, one can estimate PE and the rate of work done by the atmosphere on the ocean (Ponte, 2009). Time averages for these quantities, computed over a 5-day cycle, are $\sim 14 \cdot 10^{12}$ J and 131 MW, respectively. Adopting ratios of PE/KE from DEBOT solutions (2.15 in the run with harmonic P_a forcing), we obtain an estimate of $\sim 44 \cdot 10^{12}$ J for the mean total energy. Dividing this value by the work rate gives an approximate energy replenishment or equivalently a depletion time scale of ~ 3.9 days, considerably shorter than the period of the oscillation. Despite the approximate nature of our calculations, these values are consistent with the large dissipation rates alluded to above.

To solidify existing values for decay time scales (linear or exponential) and explore possible mechanisms and locations of the underlying dissipation, empirical knowledge of currents, and thus KE, would be desirable. Here we report on a regional and largely experimental mapping of horizontal kinetic energy fields, $\text{KE}(\mathbf{x})$, from 5-day p_b charts in the Southern Ocean, based on recipes laid out for strictly harmonic signals (i.e., gravitational tides, Ray, 2001; Madzak et al., 2016). Writing amplitudes (A) and phases (ϕ) of CEOF1 as $\hat{p}_b = Ae^{-i\phi}$ with time dependence $e^{i\omega t}$ ($\omega = 0.2$ cpd), one can estimate volume transports $(U, V) = H\mathbf{u}$ by fitting the depth-averaged, linearized equations of motion in a least squares sense

$$i\omega\hat{U} - f\hat{V} + \frac{\kappa\hat{U}}{H} = -\frac{H}{\rho_0 a \cos \varphi} \frac{\partial \hat{p}_b}{\partial \lambda} \quad (3)$$

$$i\omega\hat{V} + f\hat{U} + \frac{\kappa\hat{V}}{H} = -\frac{H}{\rho_0 a} \frac{\partial \hat{p}_b}{\partial \varphi} \quad (4)$$

$$\frac{1}{a \cos \varphi} \left[\frac{\partial \hat{U}}{\partial \lambda} + \frac{\partial (\hat{V} \cos \varphi)}{\partial \varphi} \right] = \frac{-i\omega}{\rho_0 g} [\hat{p}_b - \hat{P}_a], \quad (5)$$

Here, (φ, λ) represent latitude and longitude on a sphere of radius a , ρ_0 is mean seawater density, and the Coriolis parameter f is oriented to the local vertical. Provided that the continuity constraint (Eq. 5) is strongly enforced (i.e., weighted) relative to Eqs. (3) and (4), the least squares fit only weakly depends on the prior assumption about dissipation (Egbert & Ray, 2001; Ray, 2001). The linear drag coefficient κ in our implementation takes a value of 0.005 m s^{-1} , but nearly identical results in the inversion were obtained with $\kappa \in (0.0001, 0.02) \text{ m s}^{-1}$.

Upon substituting gridded fields for \hat{p}_b and \hat{P}_a (from regression, Figure 4), we solve the overdetermined system (Eqs. 3-5) using direct matrix inversion in a rectangular domain spanning much of the Southern Ocean ($-70^\circ \leq \varphi \leq -30^\circ$, $130^\circ \leq \lambda \leq 355^\circ$). Local energetics, evaluated inline in DEBOT integrations, suggest that $\sim 45\%$ of the 5-day signal's KE and global dissipation rate (~ 60 MW of the quoted 131 MW pressure work) reside in this area. For simplicity, we use a finite-difference B-grid (Arakawa & Lamb, 1977) with 1° spacing for the least-squares fit, omit effects of self-attraction and loading, and forgo specification of no-flow boundary conditions. Considering these refinements or extending the inversion to global scales would call for more involved numerics and was deemed infeasible within the study at hand.

Figure 6 presents maps of $\text{KE}(\mathbf{x})$ deduced from fitting dynamics and CEOF1 from either AOD1B or ITSG, along with time-mean values of $\text{KE}(\mathbf{x})$ calculated during time-stepping DEBOT with harmonic P_a forcing. The three solutions have several features in

362 common and generally locate areas of enhanced $\text{KE}(\mathbf{x})$, and therefore horizontal currents,
 363 over distinct bathymetric elements such as the Macquarie Triple Junction (61°S , 160°E),
 364 the Pacific Antarctic Ridge, the southern tip of the East Pacific Rise (52°S , 120°W), and
 365 the Mid-Atlantic Ridge near 40°S . Less agreement is seen around Patagonia, where the
 366 inversion results are affected by wind-driven signals in p_b (cf. Figure 5), inhibiting also the
 367 detection of the intensified flow ($\text{KE}(\mathbf{x}) \sim 7 \text{ J m}^{-2}$ in DEBOT) across the Malvinas–Falkland
 368 Escarpment at depths between 1000 and 3000 m.

369 Additional contributions from wind forcing (e.g., over the East Pacific Rise) cannot be
 370 ruled out, but there is clear evidence that their impact on the gradient computation (Eqs.
 371 3–4) is far less pronounced with the ITSG GRACE fields than with AOD1B, providing
 372 for a better match with DEBOT diagnostics and a cleaner view of the energetics in the
 373 5-day band. In quantitative terms, we find an area-integrated KE value in the focus region
 374 of $\sim 13 \cdot 10^{12}$ J from ITSG, similar to what is inferred directly from DEBOT ($\sim 11 \cdot 10^{12}$ J).
 375 We caution, though, against taking the GRACE-based area integral at face value, especially
 376 given the low spatial resolution of the inversion and the entanglement of pressure- and wind-
 377 driven signals in the utilized p_b maps. The agreement is nevertheless encouraging and lends
 378 credence to the global KE value of $23 \cdot 10^{12}$ J assumed in our inference of the oscillation’s
 379 energy depletion time scale of 3.9 days.

380 7 Conclusions and Final Considerations

381 We have exploited the existence of daily GRACE-based p_b observations to revisit the
 382 nature of the global ocean response to the ~ 5 -day Rossby–Haurwitz atmospheric mode. Our
 383 CEOF analysis of GRACE-derived fields is consistent with a basin-scale dynamic response
 384 to P_a associated with the Rossby–Haurwitz mode, as inferred from previous in situ data and
 385 model analyses (Luther, 1982; Woodworth et al., 1995; Mathers & Woodworth, 2004; Ponte,
 386 1997; Park & Watts, 2006; Thomson & Fine, 2021). In addition, finer scale structures in
 387 the Southern Ocean and over shallow regions (e.g., North Sea, Patagonian shelf) are also
 388 seen in the GRACE data, and barotropic model simulations indicate that they are mostly
 389 related to wind forcing rather than P_a .

390 Contributions of wind forcing to the shorter scale features of the CEOFs in the Southern
 391 Ocean and in shallow regions are somewhat puzzling, as winds associated with the large-
 392 scale Rossby–Haurwitz mode should be very weak, and there is no prior evidence of large-
 393 scale coherence between p_b and winds near 5-day period (e.g., Park & Watts, 2006; Zhao
 394 et al., 2017). There is nevertheless considerable energy in synoptic weather systems near
 395 5 days, with associated surface winds capable of generating strong p_b variability, particularly
 396 over shallow regions. Our CEOF analysis and DEBOT results suggest that some of this
 397 locally driven p_b variability can be coherent with the large-scale P_a -driven bottom pressure
 398 signals associated with the Rossby–Haurwitz mode. This in turn points to possible coherent
 399 variability between the latter and local synoptic systems. In this regard, synoptic systems
 400 have been advanced as possible excitation mechanisms for the Rossby–Haurwitz mode, which
 401 in turn can also modulate the synoptic variability (King et al., 2015). Whether localized
 402 synoptic variability can be related to the Rossby–Haurwitz mode, thus affecting the structure
 403 of the ocean response at 5-days as suggested by our results, is a hypothesis worth further
 404 exploration in future efforts.

405 The availability of global data sets such as those provided by the daily GRACE inver-
 406 sions allows for a number of analyses not otherwise possible with sparse in situ observations.
 407 Examples are the determination of the relation between the Rossby–Haurwitz P_a loading
 408 and the global ocean 5-day variability in Section 5 and the related estimates of local and
 409 global energetics in Section 6. In particular, global p_b fields allow one to invert for the
 410 flow field and obtain estimates of local kinetic energy (Section 6). Combining estimates of
 411 local energy flux divergence (Egbert & Ray, 2001) and of work done by the atmosphere
 412 can yield useful information on local dissipation rates. Preliminary calculations of this kind

413 point to enhanced dissipation over several topographic features of the Southern Ocean, most
 414 prominently the Pacific Antarctic Ridge and the Malvinas–Falkland Escarpment, as might
 415 be anticipated from Figure 6. This insight lends support to the use in models of wave
 416 drag parameterizations representing effects of rough topography, such as those included in
 417 DEBOT (see Eq. 1).

418 More generally, these and related analyses can be an important part of broader efforts
 419 to test ocean models at high frequencies (cf. Schindelegger et al., 2021). In this regard,
 420 differences between ITSG and AOD1B solutions (Figures 1 and 2) point to potential issues
 421 with how AOD1B deals with representation of dissipation and/or topographic influences
 422 on the 5-day variability in the Southern Ocean. Future AOD1B releases, currently under
 423 preparation, will likely incorporate improvements to deal with these and other issues revealed
 424 by comparisons with observations. Our findings indicate that GRACE data sampled at
 425 higher than nominal monthly rates contain potentially useful information at periods as
 426 short as 5 days, which should be used to constrain and improve ocean models. Eventually,
 427 dynamical models run with data assimilation, including GRACE observations, should be
 428 employed to derive optimal estimates of sub-monthly p_b signals, as well as to improve model
 429 representation of sub-grid scale processes.

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 433 grant P30097-N29) and the German Research Foundation (DFG, grant SCHI 1496/4-1).

434 The datasets used in this study are available from the following links: ITSG-Grace2018
 435 (ifg.tugraz.at/ITSG-Grace2018), CSR swath (<https://doi.org/10.18738/T8/95ITIK>),
 436 AOD1B releases (<ftp://isdctp.gfz-potsdam.de/grace/Level-1B/GFZ/AOD/>), and ERA-
 437 Interim (<https://apps.ecmwf.int/datasets/data/interim-full-daily/>). Codes to pro-
 438 cess the daily ITSG-Grace2018 solutions and replicate both the CEOF analysis and the
 439 least-squares inversion for this dataset have been placed on [https://doi.org/10.5281/](https://doi.org/10.5281/zenodo.5744953)
 440 [zenodo.5744953](https://doi.org/10.5281/zenodo.5744953).

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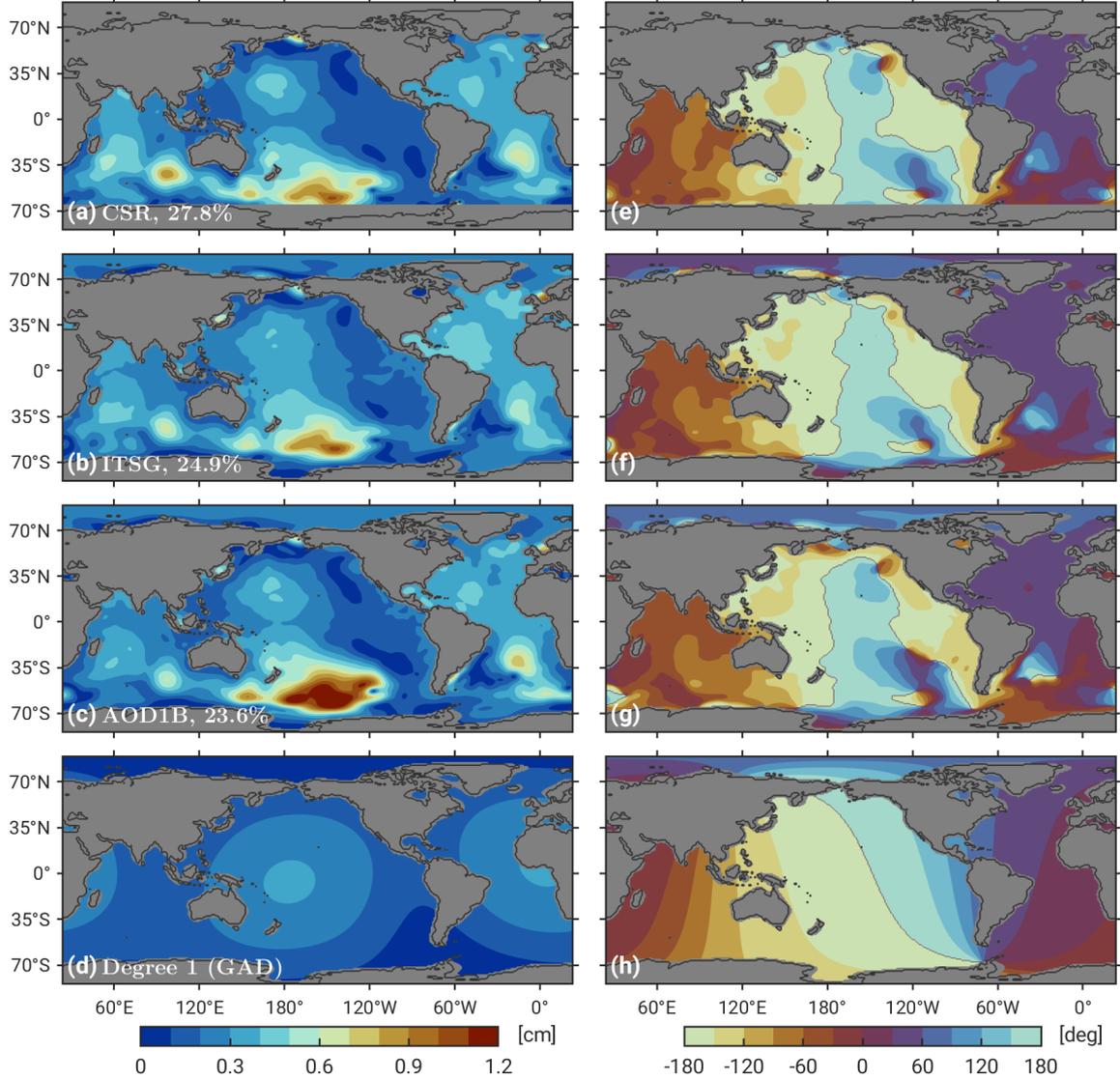


Figure 1. Spatial amplitudes in cm (left panels) and phases in degrees (right panels) of the leading mode in a Complex Empirical Orthogonal Function (CEOF) decomposition of bottom pressure anomalies at ~ 5 -day period, for (a,e) CSR, (b,f) ITSG, (c,g) AOD1B, and (d,h) GAD degree-1 terms from AOD1B RL06. Amplitudes are calculated as the standard deviation of the mode’s time series synthesized from the CEOF results. Phase propagation is in the direction of increasing phase values. Phase contours are drawn such that the associated temporal mode has 0° phase at the initial analysis time (1 January 2007, 12 UTC). Percentage of total variance explained by the CEOF is also given.

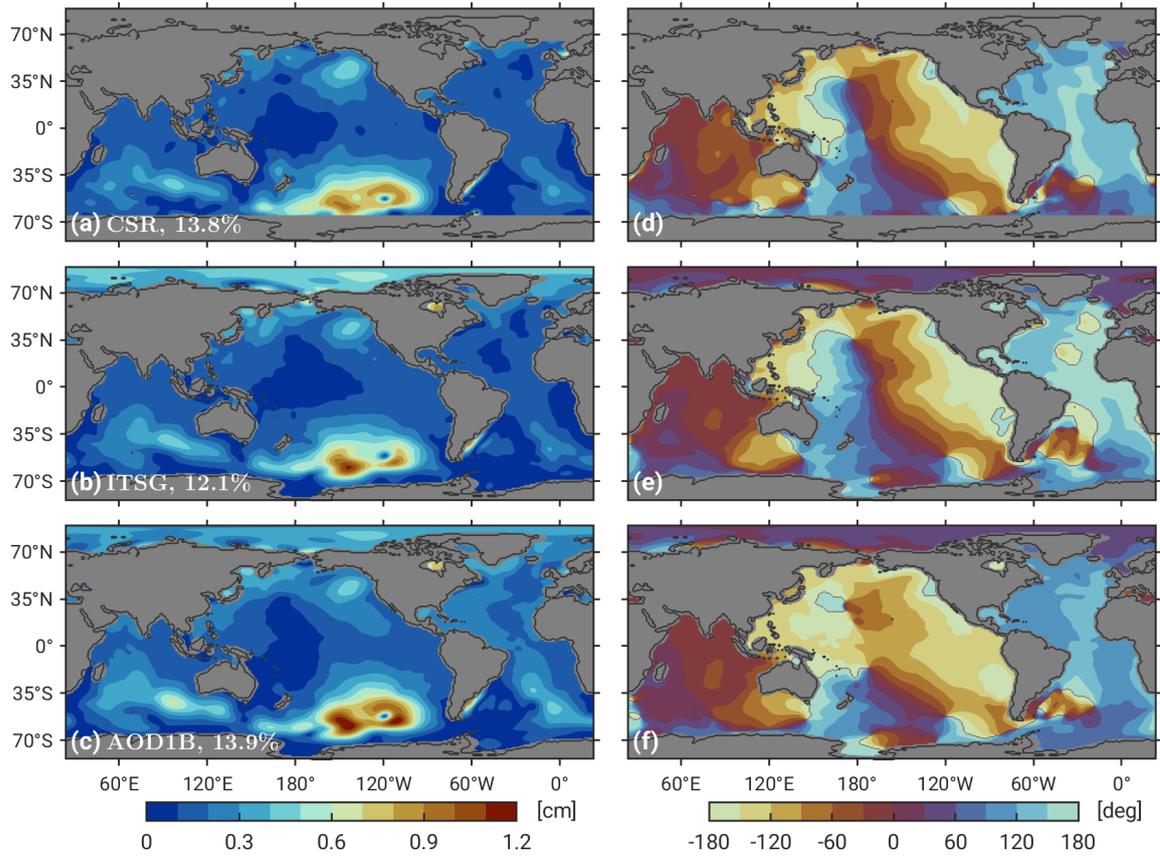


Figure 2. As in Figure 1 but for CE0F2 and without separate panels for degree $n = 1$ signals.

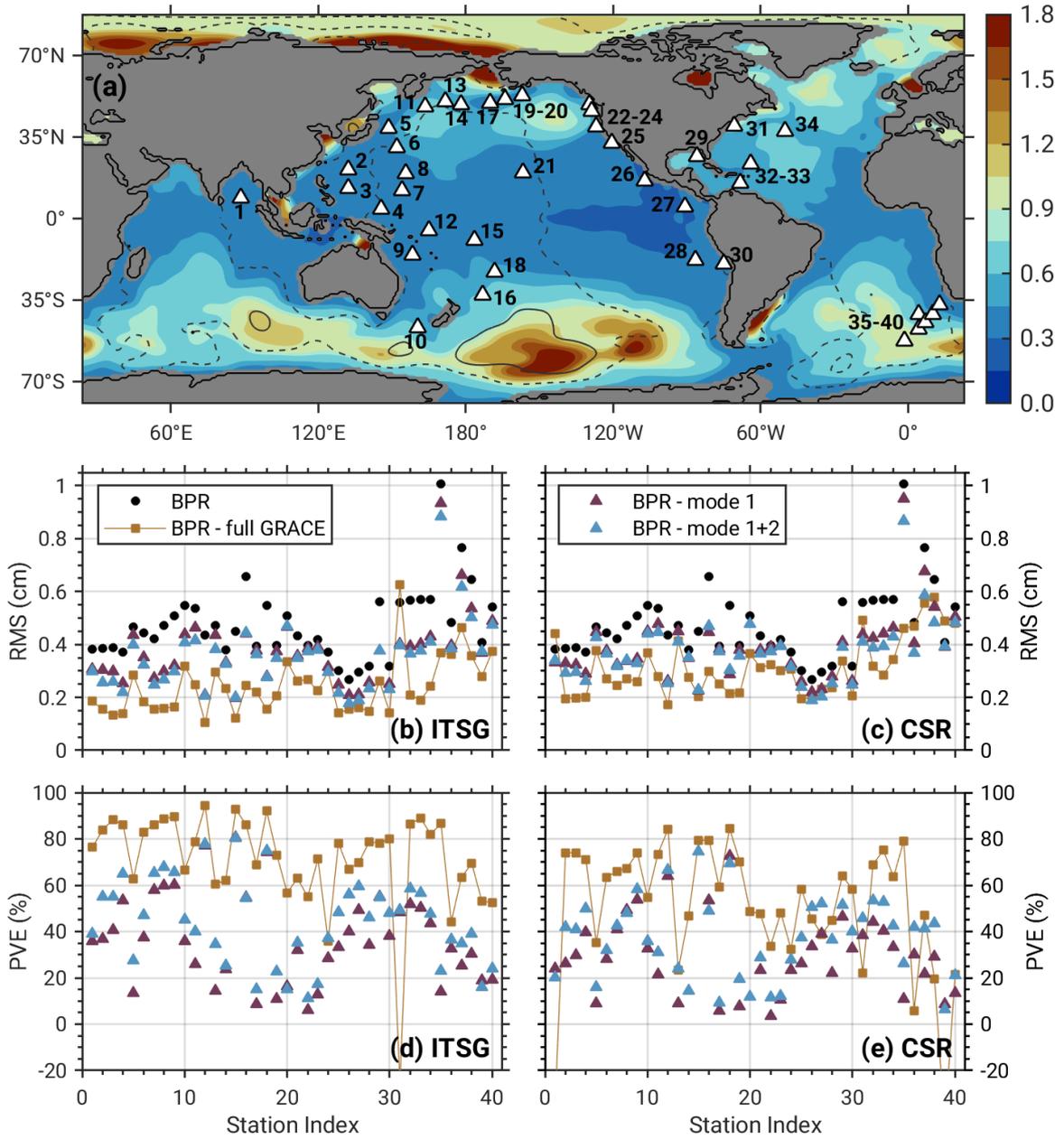


Figure 3. (a) Standard deviation of p_b variations (cm) in the 5-day band, taken from ITSG. Dashed and solid lines are the 2.5 and 6 mm contours of the ITSG CEOF1 standard deviation. Panels (b) and (c) show RMS differences from the comparison of 5-day ITSG and CSR swath mass anomalies with observations from 40 BPRs, plotted in panel (a) and labelled by increasing longitude. Black circles are RMS values of the filtered BPR signals, while RMS differences are displayed for the filtered GRACE series (orange squares), CEOF1 (purple triangles), and the sum of CEOF1 and CEOF2 (blue triangles). Panels (d) and (e) show the corresponding PVE values. Note that degree $n = 1$ contributions are contained in all comparisons.

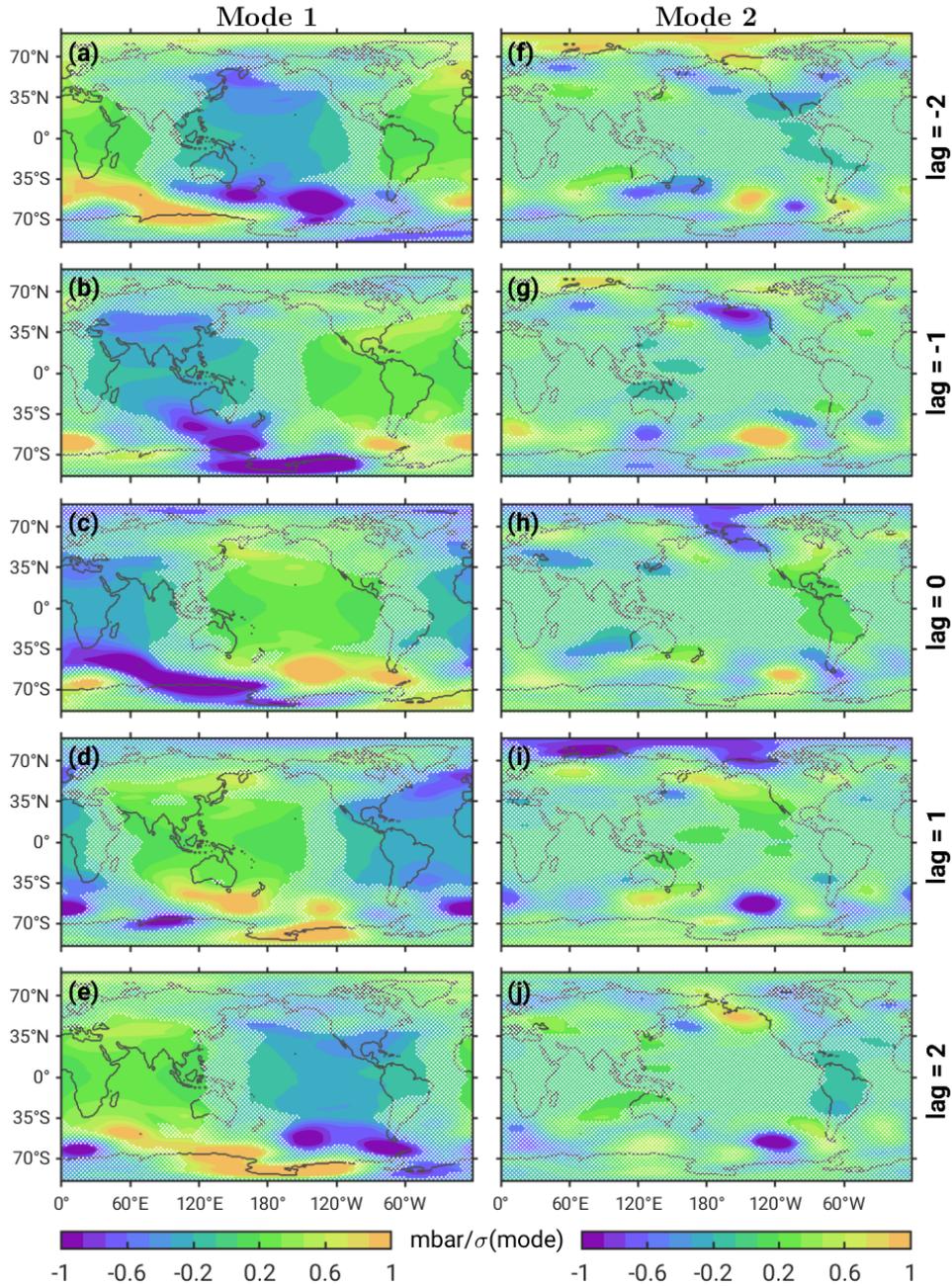


Figure 4. Lagged-regression coefficients between time-dependent modifications of (a)–(e) CEOF1 and (f)–(j) CEOF2 from ITSG and ERA-Interim sea level pressure anomalies in the 5-day band. Lags are reckoned in days and regression units are mbar per standard deviation of the respective temporal mode. Only the real part of the mode (with phase set to 0° at initial analysis time) was considered in the regression. White stipples indicate areas where the lagged-correlation coefficient is below the 95% confidence level with a two-tailed t test (0.21 for both modes, after accounting for serial correlation).

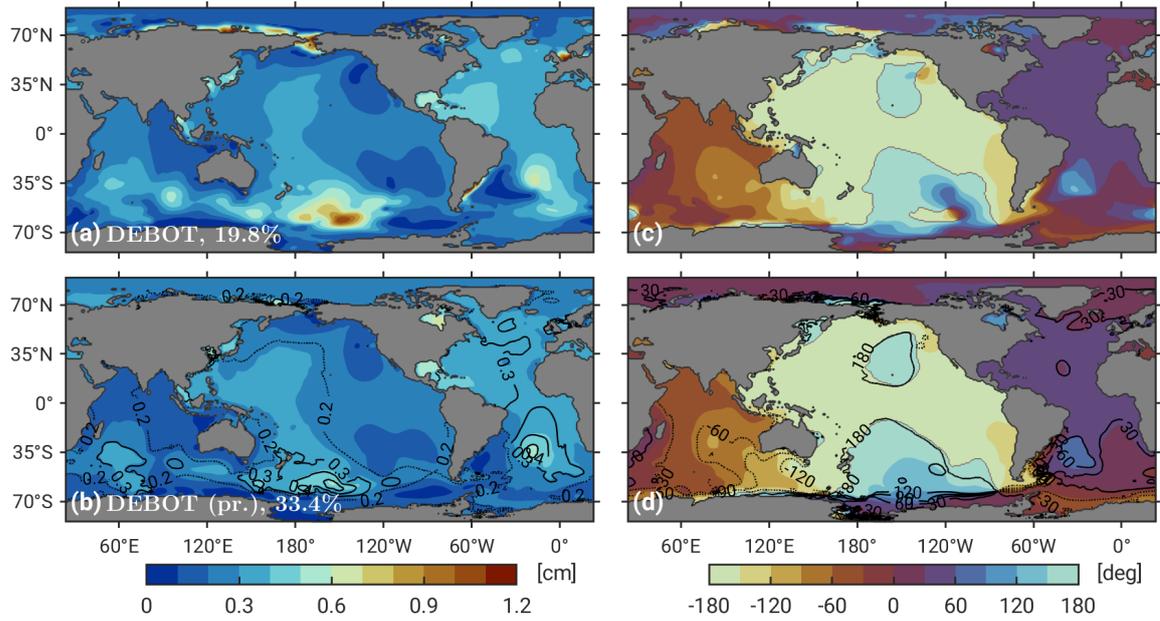


Figure 5. CEOF1 spatial amplitudes (left panels, as standard deviations in cm) and phases (right panels, deg) in ~ 5 -day p_b anomalies from simulations with DEBOT. Upper row shows results from a 3-year run with pressure and wind forcing, while charts in the bottom row are for pressure forcing (P_a) only. Superimposed on (b) and (d) as contour lines are standard deviations and phases from a simulation with harmonic 5-day P_a forcing, as deduced from the regression results for mode 1 (see Figure 4). Phase convention is as in Figure 1. Percentage of total variance explained by CEOF1 is included in the labels of (a) and (b).

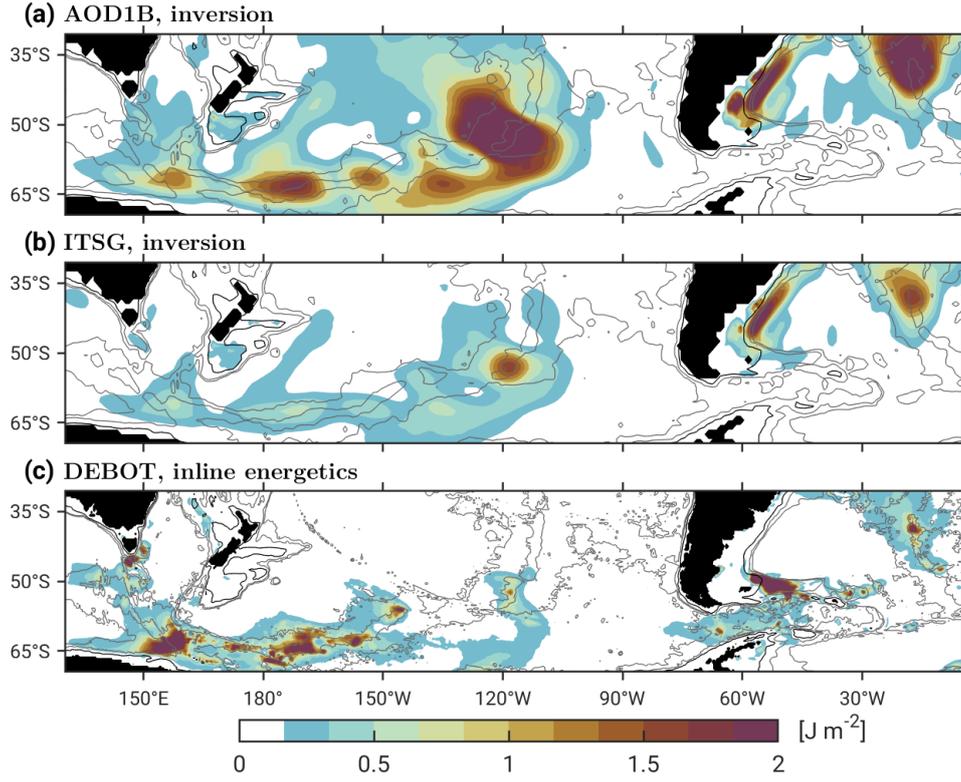


Figure 6. Local kinetic energy (J m^{-2}) of the oceanic 5-day signal, computed over an extended sector of the Southern Ocean from (a,b) CEOF1 p_b maps of AOD1B and ITSG (Figure 1) and (c) dynamical fields (p_b , \mathbf{u}) in a DEBOT simulation with 5-day P_a forcing. The flow fields underlying panels (a) and (b) were deduced using a least-squares inversion approach, see the main text. Thin lines are isobaths at 1000, 3000, and 4000 m, with the 1000-m contour shown in black. Note the difference in grid spacing between inversion and DEBOT results (1° vs. $\frac{1}{3}^\circ$).