

Topic	Number	Description
Structure	1	Is the abstract structured (s) or unstructured (u)?
Title	2	Does the title have the words: "Systematic review," "Meta-analysis," or both?
Objective	3	Is an objective given for the research question including components such as <b>P</b> articipants (p), <b>I</b> nterventions (i), <b>C</b> omparators (c), and <b>O</b> utcomes given (differentiate between <b>Clinical Outcome</b> (co) and/or <b>Non-Clinical Outcome</b> (nco))?
Eligibility	4	Was eligibility criteria given for the studies included, including components such <b>P</b> articipants (p), <b>I</b> nterventions (i), <b>C</b> omparative group (c), <b>O</b> utcome (o), <b>S</b> tudy Design (s), <b>L</b> anguage (lang), and <b>P</b> ublication status (pub)?
Databases	5	Were key databases searched listed (i.e. PUBMED, EMBASE, etc.)?
Dates	6	Were search dates given?
Specific Mention	7	Was there <b>specific</b> mention of words assessing risk of bias (i.e. "methodological quality" or "study quality" and/or "risk of bias")?
Number of Studies	8	Was the number of included studies given?
Number of Participants	9	Was the number of participants given?
Main Results	10	Were any results for <b>MAIN</b> outcomes given (i.e. benefits or harms described)?
Any Results	11	Were <b>ANY</b> results listed for <b>ANY</b> outcome (i.e. effect size and/or confidence intervals)?
Descriptive Words	12	Was a descriptive word used to describe the results (ex. lower, fewer, reduced, greater, as compared to, associated, significant, no difference, equally, inverse association)?
Units	13	Were descriptive numbers given for the results in familiar units (i.e. percentages, days, kg, 2-fold increase)?
Strengths/Limitations	14	Was a brief mention of the strengths or limitations of evidence given (i.e. inconsistency, imprecision, indirectness, risk of bias, limit in data collection, first international comparison, retrospective studies)?
Interpretation	15	Was a general interpretation of the results given?
Implication	16	Were general implications of the study discussed/included?
Funding	17	Was a funding source given? (Enter "yes" if the abstract lists funding as "none.")
Registration Number	18	Was a registration number or name given?