

Topic	Number	Description	Code
Structure	1	Is the abstract structured (s) or unstructured (u)?	s or u
Title	2	Does the title have the words: “Systematic review,” “Meta-analysis,” or both?	sr, ma, both, or no
Objective	3	Is an objective given for the research question including components such as P articipants (p), I nterventions (i), C omparators (c), and O utcomes given (differentiate between Clinical Outcome (co) and/or Non-Clinical Outcome (nco)?	p, i, c, co, and/or nco
Eligibility	4	Was eligibility criteria given for the studies included, including components such P articipants (p), I nterventions (i), C omparative group (c), O utcome (o), S tudy Design (s), L anguage (lang), and P ublication status (pub)?	p, i, c, o, s, lang, and/or pub
Databases	5	Were key databases searched listed (i.e. PUBMED, EMBASE, etc.)?	yes or no
Dates	6	Were search dates given?	yes or no
Specific Mention	7	Was there specific mention of words assessing risk of bias (i.e. “methodological quality” or “study quality” and/or “risk of bias”)?	None=0, quality=1, bias=2, or both=3
Number of Studies	8	Was the number of included studies given?	yes or no
Number of Participants	9	Was the number of participants given?	yes or no
Main Results	10	Were any results for MAIN outcomes given (i.e. benefits or harms described)?	yes or no
Any Results	11	Were ANY results listed for ANY outcome (i.e. effect size and/or confidence intervals)?	effect, both, or no
Descriptive Words	12	Was a descriptive word used to describe the results (ex. lower, fewer, reduced, greater, as compared to, associated, significant, no difference, equally, inverse association)?	yes or no
Units	13	Were descriptive numbers given for the results in familiar units (i.e. percentages, days, kg, 2-fold increase)?	yes or no
Strengths/Limitations	14	Was a brief mention of the strengths or limitations of evidence given (i.e. inconsistency, imprecision, indirectness, risk of bias, limit in data collection, first international comparison, retrospective studies)?	yes or no
Interpretation	15	Was a general interpretation of the results given?	yes or no
Implication	16	Were general implications of the study discussed/included?	yes or no
Funding	17	Was a funding source given? (Enter “yes” if the abstract lists funding as “none.”)	yes or no
Registration Number	18	Was a registration number or name given?	yes or no