From Shelfbreak to Shoreline: Coastal Sea Level and Local Ocean Dynamics in the Northwest Atlantic

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Abstract

Sea-level change threatens the U.S. East Coast. Thus, it is important to understand the underlying causes, including ocean dynamics. Most past studies emphasized links between coastal sea level and local atmospheric variability or large-scale circulation and climate, but possible relationships with local ocean currents over the shelf and slope remain largely unexplored. Here we use 7 years of in-situ velocity and sea-level data to quantify the relationship between northeastern U.S. coastal sea level and variable Shelfbreak Jet transport south of Nantucket Island. At timescales of 1-15 days, southern New England coastal sea level and transport vary in anti-phase, with magnitude-squared coherences of ~0.5 and admittance amplitudes of ~0.3 m Sv-1. These results are consistent with a dominant geostrophic balance between along-shelf transport and coastal sea level, corroborating a hypothesis made decades ago that was not tested due to the lack of transport data.

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Key Points:

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- Daily Shelfbreak Jet transports and Southern New England coastal sea levels are anti-correlated during 2014-2022.
 The observed relationship between these two variables is consistent with geostrophic balance.
 For this region, coastal sea levels are more sensitive to local ocean dynamics than
 - For this region, coastal sea levels are more sensitive to local ocean dynamics than to large-scale circulation.

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14 Abstract

Sea-level change threatens the U.S. East Coast. Thus, it is important to understand the 15 underlying causes, including ocean dynamics. Most past studies emphasized links be-16 tween coastal sea level and local atmospheric variability or large-scale circulation and 17 climate, but possible relationships with local ocean currents over the shelf and slope re-18 main largely unexplored. Here we use 7 years of in-situ velocity and sea-level data to quan-19 tify the relationship between northeastern U.S. coastal sea level and variable Shelfbreak 20 Jet transport south of Nantucket Island. At timescales of 1–15 days, southern New Eng-21 land coastal sea level and transport vary in anti-phase, with magnitude-squared coher-22 ences of ~ 0.5 and admittance amplitudes of ~ 0.3 m Sv⁻¹. These results are consistent 23 with a dominant geostrophic balance between along-shelf transport and coastal sea level, 24 corroborating a hypothesis made decades ago that was not tested due to the lack of trans-25 port data. 26

27 Plain Language Summary

Sea-level rise is an imminent threat to coastal communities worldwide including the 28 U.S. East Coast. Therefore, it is crucial to understand the processes driving regional sea-29 level change. While past studies documented how coastal sea level may be influenced by 30 large-scale ocean circulation, less attention has been paid to the role of more local cur-31 rents over the shelf and slope. Here we explore the relationship between coastal sea level 32 33 along the northeastern U.S. and the Shelfbreak Jet, a current that flows along the shelfbreak from the Labrador Sea to Cape Hatteras (North Carolina). From 7 years of in-34 situ data of both current velocities and water levels, we see that as coastal sea level rises 35 Shelfbreak Jet transport increases westward (and vice versa) on timescales of days to weeks. 36 Our results lay the groundwork for understanding relationships between coastal sea level 37 and local ocean dynamics elsewhere. 38

39 1 Introduction

Sea-level rise is one of the main threats to coastal communities worldwide. Under-40 standing the causes of past coastal sea-level change is critical for constraining sea-level 41 projections and better preparing for the impacts of climate change. In addition to global-42 mean sea level, coastal sea-level change is affected by spatially varying processes, such 43 as the gravitational, rotational, and deformational effects of water mass redistribution, 44 the inverted-barometer response to changes in air pressure, and ocean dynamics (Stammer 45 et al., 2013). The link between coastal sea level and particular ocean-circulation features 46 is still, in general, poorly understood. 47

Coastal sea level along northeastern North America has been the subject of many 48 past papers (e.g., Piecuch, 2020, and references therein). Sea level in this region has been 49 mainly related to aspects of large-scale ocean circulation and climate, including the North 50 Atlantic Oscillation (Andres et al., 2013; Kenigson et al., 2018; McCarthy, Haigh, et al., 51 2015; Woodworth et al., 2017), El Niño-Southern Oscillation (Park & Dusek, 2013; Ham-52 lington et al., 2015), the Atlantic meridional overturning circulation (AMOC, Goddard 53 et al., 2015; Little et al., 2019; Piecuch et al., 2019; Yin et al., 2009; Yin & Goddard, 2013) 54 and the Gulf Stream (Diabaté et al., 2021; Dong et al., 2019). South of Cape Hatteras, 55 coastal sea-level variations have a strong anti-phase relationship with changes in the Gulf 56 Stream transport, across a range of timescales and periods (Montgomery, 1938; Noble 57 & Gelfenbaum, 1992; Park & Sweet, 2015; Stommel, 1958; Thompson, 1986). North of 58 Cape Hatteras, along the Mid-Atlantic Bight and Gulf of Maine, a link between coastal 59 sea level and large-scale open-ocean circulation is less clear. There, local processes over 60 the shelf and slope may exert a stronger influence on sea level (e.g., Noble & Butman, 61 1979; Piecuch & Ponte, 2015; Sandstrom, 1980; Thompson, 1986; Woodworth et al., 2014). 62 For instance, coastal sea-level variability along the Mid-Atlantic Bight and Gulf of Maine 63

has been related to local along-shore winds (Andres et al., 2013; Chen et al., 2020; Y. Li 64 et al., 2014; Noble & Butman, 1979; Piecuch et al., 2016), changes in local barometric 65 pressure (Piecuch & Ponte, 2015; Zhu et al., 2023), density anomalies originating in the 66 subpolar gyre and Labrador Sea (Dangendorf et al., 2021; Frederikse et al., 2017; Mi-67 nobe et al., 2017) and river discharges (Piecuch et al., 2018). Other important drivers 68 of sea-level variability in this region may include remote wind and buoyancy forcing (Wang 69 et al., 2022, 2024). However, even models that incorporate all of these effects are unable 70 to fully account for all of the variability present in sea-level observations (e.g., Wang et 71 al., 2022), suggesting that there remains more for us to learn about the drivers of coastal 72 sea level along northeastern North America. Additionally, there have been few attempts 73 to directly relate northeastern North American coastal sea level and local ocean circu-74 lation, mainly due to the lack of available observations. 75

One of the most notable features in the Northwest Atlantic is the aforementioned 76 Gulf Stream (Figure 1), a strong western boundary current that plays a role in both the 77 AMOC and the wind-driven gyre circulation, carrying warm waters from the Florida Strait 78 along the South Atlantic Bight until Cape Hatteras, North Carolina (Andres, 2021; Hei-79 derich & Todd, 2020; Rossby et al., 2014; Stommel, 1958). At Cape Hatteras, the Gulf 80 Stream detaches from the coast and becomes a meandering free jet, flowing eastward into 81 the open ocean, after which two recirculation cells are formed on either side: an anti-82 cyclonic cell south of the Gulf Stream over the Sargasso Sea; and a cyclonic cell north 83 of the Gulf Stream over the Slope Sea (Andres et al., 2013, 2020; Csanady & Hamilton, 84 1988). The latter gyre includes the Slope Current, a relatively strong feature offshore 85 of the shelf (Flagg et al., 2006). Onshore of the slope current, roughly centered over the 86 continental shelbreak, is the Shelfbreak Jet (SBJ), which represents a boundary between 87 fresher nearshore waters and saltier open-ocean waters, and carries cold waters from the 88 Labrador Sea towards Cape Hatteras following the shelfbreak (Flagg et al., 2006; Forsyth 89 et al., 2020; Fratantoni et al., 2001; Fratantoni & Pickart, 2003, 2007; Linder & Gawarkiewicz, 90 1998). The shelfbreak region is also subject to Gulf Stream rings (Silver et al., 2021), 91 which sometimes interact with the shallow bathymetry, interrupting the SBJ (Forsyth 92 et al., 2022). 93

Nearly four decades ago, Thompson (1986) hypothesized that the time-variable depth-94 dependent dynamics of currents over the shelf and upper slope, such as the SBJ, might 95 substantially influence coastal sea-level variability north of Cape Hatteras. This hypoth-96 esis, however, has remained largely unexplored due to the lack of observational data. Here 97 we use unprecedentedly long (7-year) observational records of hourly velocity data from 98 the Ocean Observatory Initiative (OOI) Coastal Pioneer Array, together with data from 99 a dense network of coastal tide gauges, to test the hypothesis that coastal sea level is cou-100 pled to circulation over the shelf and slope. Our study focuses on characterizing the re-101 lationship between the SBJ and sea level along the northeastern United States, with par-102 ticular emphasis on Southern New England. 103

¹⁰⁴ 2 Material and Methods

2.1 Data

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106 2.1.1 Coastal sea level

We use data from 31 tide-gauge stations along the northeastern United States provided by the NOAA tides and currents portal (Figure 2a, Table S1). Hourly water level (hereinafter sea level) and barometric pressure are downloaded for each station from 2014 until 2023. We use the pressure data to remove the local inverted barometer contribution from the tide-gauge sea-level measurements (Pugh & Woodworth, 2014). Given the large scales of barometric-pressure variability (Figure S1), for stations with incomplete barometric-pressure records, we filled data gaps with a regional average of contempo-



Figure 1. Oceanographic features of the northwestern North Atlantic Ocean. Colors indicate the mean dynamic topography in meters (Jousset, 2023). The mean position of the Gulf Steam and the Shelfbreak Jet are indicated by the black and blue arrows, respectively. The two recirculation cells over the Slope and Sargasso sea are delineated by highs and lows in the mean dynamic topography contour lines. Also indicated in the map is the Gulf of Maine (from Cape Code to Cape Sable Island, Nova Scotia), Mid Atlantic Bight, Southern New England, and the 100-m isobath (light gray line).



Figure 2. Map of the study area. (a) Regional map showing the locations of tide gauges (filled circles and stars, key at bottom) and of the Pioneer array (filled triangles and diamonds in dashed red box). (b) Zoom-in of the Pioneer array (see red box in a). (c) Depth versus cross-shelf distance of the Pioneer array moorings. Colored contours in (a) and (b) indicate bathymetry (from the General Bathymetric Chart of the Oceans, https://www.gebco.net/), and the white dashed line the 100-m isobath. Starred stations in (a) indicate the stations along the Southern New England coast, from which data are averaged in Figures 3 and 5.

raneous barometric-pressure from stations within a 200-km radius. Tides are removed via harmonic analysis (Utide; Codiga, 2011). We use the 68 standard tidal constituents estimated by Utide, except for the solar annual and semiannual astronomical tides, which cannot be distinguished from the mean sea level seasonal cycle driven by wind stress and buoyancy fluxes (e.g., Vinogradov et al., 2008). Other contributions to the sea level signal, such as land motion, mass redistribution and global mean sea-level, are assumed to be negligible on the sub-seasonal timescales examined here.

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2.1.2 Shelfbreak Jet velocity and transport

Jet transport is derived using velocity data from the OOI Coastal Pioneer Array 122 (Gawarkiewicz & Plueddemann, 2020). The Array is located at the New England shelf-123 break, about 75 nautical miles ($\sim 160 \text{ km}$) south of Martha's Vineyard (Figure 2a), and 124 comprises 7 oceanographic moorings spread from the shelf to offshore of the shelfbreak 125 (Figure 2b,c). The foot of the Shelfbreak Front typically lies between the inshore and 126 central moorings, while the frontal outcrop lies between the central and offshore moor-127 ings (Gawarkiewicz & Plueddemann, 2020). Since we want to characterize the SBJ, we 128 use data from the three central moorings, located around the 130-m isobath (127-, 135-129 , and 147-m water depths) and about 10 to 30 km offshore of the 100-m isobath. Fur-130 ther details can be found in Gawarkiewicz and Plueddemann (2020). 131

Each mooring has several oceanographic instruments, including a bottom-mounted 132 upward-looking Teledyne RDI Workhorse Acoustic Doppler Current Profiler (ADCP), 133 which measures zonal u (along-shelf, positive east upstream) and meridional v (cross-134 shelf, positive north onshore) velocities throughout the water column. These are 150-135 kHz ADCPs, with a burst sampling configuration of 90 pings 2 seconds apart at the top 136 of each hour, that is an hourly sampling frequency of 0.5 Hz and 4-m vertical resolution. 137 Quality controlled data is downloaded from the OOI portal in Earth Coordinates (aligned 138 to geographic north). Although the processed data is provided at 30-minute intervals, 139 we average onto hourly intervals, which is the original temporal resolution, and which 140 is consistent with tide-gauge records. In addition, we grid all ADCP data onto a com-141 mon vertical axis. 142

¹⁴³ We apply 4 additional criteria to the data. First, we remove instances when less ¹⁴⁴ than 80% of the pings within the burst were considered reliable for velocity measurement, ¹⁴⁵ considering all 4 beams of the ADCP (Côté et al., 2011). We then remove data from the ¹⁴⁶ top 10% of the water column, which is often contaminated by surface reflection, and ap-¹⁴⁷ ply a global range filter, removing any measurements with velocities larger than $\pm 2 \text{ m s}^{-1}$. ¹⁴⁸ Finally, we remove any time steps with abrupt depth changes, removing erroneous mea-¹⁴⁹ surements when the ADCP was out of position or inclined.

To reduce the number of gaps in the data and tamp down errors, we compute the 150 regional average of the depth-dependent along-shelf SBJ velocities across the three cen-151 tral moorings. This gives a temporally complete along-shore velocity time series, as a 152 function of depth, from April 2014 until November 2022. Since cross-shore velocity vari-153 ations are relatively small and along-shore velocities from the individual central moor-154 ings are all highly correlated with one another (average Pearson's correlation of 0.8; Fig-155 ure S2), this averaging process does not introduce appreciable errors. Similarly to the 156 tide gauges, we remove tides via a harmonic analysis (Utide, Codiga (2011)), using the 157 same 66 tidal constituents as before. 158

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Jet transport Q is computed using the depth integral of the zonal velocity u as

$$Q = W \int_{115 \text{ m}}^{15 \text{ m}} u dz, \tag{1}$$

where W is a jet width scale. We integrate from 15 to 115 m to avoid the surface and
bottom layers where there is a lot of missing data. Summing over this depth range returns an integrated velocity that is about 7% smaller than if we included the entire water column. Based on previously reported SBJ transports, we estimate a representative
width value of 40 km, which is comparable to previously reported SBJ widths (Table S2;
Flagg et al., 2006; Forsyth et al., 2020; Linder & Gawarkiewicz, 1998).

2.2 Spectral analysis

To investigate the relationship between coastal sea level $\eta(t)$ and SBJ transport Q(t), where t is time, we first compute the magnitude-squared coherence $C_{Qn}^2(f)$, defined as

$$C_{Q\eta}^{2}(f) = \frac{|P_{Q\eta}(f)|^{2}}{P_{\eta\eta}P_{QQ}},$$
(2)

where $P_{\eta Q}(f)$ is the cross-spectral density between $\eta(t)$ and Q(t) at frequency f, and $P_{\eta \eta}(f)$ and $P_{QQ}(f)$ are the respective power spectral densities (Bendat & Piersol, 2010; Quinn & Ponte, 2012; Thomson & Emery, 2014; Vinogradova et al., 2007). The magnitudesquared coherence is the frequency-domain analogue of squared correlation (coefficient of determination) in the time domain. In addition, we compute the admittance (or transfer function), which can be interpreted as a complex-valued regression coefficient computed as a function frequency

$$A_{Q\eta}(f) = \frac{P_{Q\eta}(f)}{P_{QQ}(f)}.$$
(3)

Note that, while $C_{Q\eta}^2(f)$ is dimensionless, $A_{Q\eta}(f)$ has dimensions of sea level per trans-176 port (m Sv^{-1}). Coherence and admittance are computed with the Scipy package (https:// 177 scipy.org/). To increase the signal-to-noise ratio for the main timescales of interest (pe-178 riods between 1 and 15 days), we average over 209 blocks of 360-hour-long segments with 179 a Flattop window and no overlap. Thus, we can resolve periods between 0.08 and 15 days. 180 Note that we tested other analysis choices (e.g., Hann window, 50% overlap), and the 181 results are qualitatively robust (not shown). Confidence level is computed based on Monte 182 Carlo simulation as the 95th percentile of repeated coherence analyses made on 1000 pairs 183 of random white-noise samples. This gives virtually the same value as textbook estimates 184 based on effective degrees of freedom (0.014, Thomson & Emery, 2014). 185

To explore the dependence of the coherence and admittance on time interval, we perform wavelet transforms, which can be used to compute both wavelet (magnitudesquared) coherence (Grinsted et al., 2004)

$$WTC_{Q\eta} = \frac{|W_n^{Q\eta}(s)|^2}{W_n^{\eta}(s)W_n^{Q}(s)},$$
(4)

and admittance (Audet, 2011)

$$WTA_{Q\eta} = \frac{W_n^{Q\eta}(s)}{W_n^Q(s)}.$$
(5)

Here $W_n^x(s)$ is the continuous wavelet transform of a single time series $x, W_n^{xy}(s)$ is the 190 cross-wavelet transform between two time series x and y, n is dimensionless time, and 191 (s) is the scale stretching time (Grinsted et al., 2004). The wavelet coherence and ad-192 mittance can be thought of as localized frequency-domain analogues of squared corre-193 lation and regression coefficient, respectively (Grinsted et al., 2004; Stark et al., 2003). 194 We use Grinsted et al. (2004)'s wavelet package, with a Morlet Wavelet and smoothing 195 of 1/12 scales per octave. Significance levels are based on repeated Monte Carlo simu-196 lations with 1000 randomly generated time series. 197

¹⁹⁸ **3** Results

Daily sea level averaged along the Southern New England coast and SBJ transport 199 are anti-correlated over the 7-year study period (Figure 3a). Considering all timescales 200 in the data, we compute a Pearson correlation of -0.54, and a regression coefficient of 201 -0.17 m Sv^{-1} between the two records. Given the westward sense of SBJ flows, this in-202 dicates that sea level tends to rise by 17 cm for a 1 Sv increase in SBJ transport, and 203 vice versa for a sea-level fall and SBJ-transport decrease. The relationship between coastal 204 sea level and SBJ transport is more clearly visualized in Figure 3b, which presents a zoom-205 in on a shorter period. Note that the summers of 2014 and 2015 are exceptions to the 206 rule, when sea level and SBJ transport are uncorrelated, and some prominent transport 207 fluctuations are not mirrored in sea level (Figure S3). While both time series vary over 208 a range of timescales, both show a clear seasonality, particularly in terms of a seasonal 209 oscillation in the magnitudes of daily-to-weekly variability, with stronger variability over 210 the winter months. In fact, high-frequency variability explains a substantial portion of 211 the total data variance. For example, 66% and 43% of the daily sea-level and transport 212 variance, respectively, is explained by variability at periods between 1 and 15 days (Fig-213 ure 3e, f). Indeed, isolating the 1–15-day band, we obtain stronger correlation (0.61) and 214 regression $(-0.27 \text{ m Sv}^{-1})$ coefficients between sea level and SBJ transport (Figure 3e). 215 Therefore, we pay particular, but not exclusive, attention to high frequencies in what 216 follows. 217

Magnitude squared-coherence and admittance between SBJ transport and Southern New England coastal sea level vary substantially with frequency (Figure 3c). Coherence hovers around zero for timescales shorter than the inertial period (\sim 19 hours), but values become larger at lower frequencies, for example, increasing from 0.25 at 1-day pe-

riod to 0.45 at 15-day period. Coherence peaks at 0.53 at 36-hour period, with corre-222 sponding admittance magnitude of 0.29 m Sv^{-1} . Note that while the coherence is almost 223 always statistically significant (95% confidence level is 0.014), only higher coherence lev-224 els should be interpreted as physically significant. For example, a coherence of 0.3 means 225 that for a certain frequency, one variable can explain 30% of the variance in the other 226 variable at that frequency. For periods between 2 and 4 days, the coherence decreases 227 to 0.36, while the admittance shows a small increase reaching 0.32. For periods longer 228 than 4 days, coherence reaches a plateau around 0.45, while the admittance decreases 229 to 0.25. The admittance phase reveals that both variables are anti-phased, with a phase 230 of 180 degrees for periods larger than 1 day (Figure 3d). These admittance and coher-231 ence values are roughly consistent with the signs and magnitudes of the correlation and 232 regression coefficients given earlier. The anti-phase relationship between sea level and 233 SBJ transport at periods longer than ~ 1 day is consistent with a general expectation 234 for a dominant geostrophic balance at timescales longer than inertial. 235

Coherence and admittance between SBJ transport and individual tide-gauge records 236 along the northeastern United States show a clear frequency-dependent spatial structure 237 (Figure 4). Peak coherence occurs first and with stronger magnitude at the stations closer 238 to the Array, along the Southern New England coast. Further from it, smaller peaks ap-239 pear towards lower frequencies. At periods from 1 to 2 days, the stations from Woods 240 Hole to Kings Point show higher coherence, with admittances varying from 0.22 to 0.39241 m Sv^{-1} . However, geographic distance alone does not entirely explain the observed pat-242 terns, since the Nantucket Island and Chatham stations, which are also relatively close 243 to Pioneer, show lower coherence for this period, indicating that other processes around 244 Nantucket are important for determining sea-level variations in these locations on these 245 timescales. 246

For periods between 2 to 4 days, the area of higher coherence (> 0.3) extends down-247 stream to Delaware Bay (Lewes). This is the range of periods with the strongest admit-248 tance values, varying from 0.24 to 0.41 m Sv⁻¹. The 2–4-day period is comparable to 249 the time it would take a signal to propagate from the Pioneer Array to Delaware Bay 250 at a nominal Kelvin wave speed of $2-3 \text{ m s}^{-1}$ (Hughes et al., 2019). For periods from 251 4 to 15 days, higher coherence extends even further afield, reaching from the Gulf of Maine 252 (Cutler Farris Wharf) down to North Carolina (Duck). We see no physically significant 253 coherence at any frequency downstream of Cape Hatteras (note that our analysis does 254 not include stations farther south than North Carolina). This suggests that the SBJ dy-255 namics influence on sea level simply do not extend farther south or that other factors 256 are more important to sea-level variability in that region (e.g., coastal geometry, prox-257 imity of the Gulf Stream to shore). 258

Wavelet coherence between Southern New England coastal sea level and SBJ trans-259 port is generally intermittent and in anti-phase (Figure 5). That is, for some frequency 260 bands, sea level and SBJ transport are significantly coherent during some time intervals 261 but not others. These complex, granular patterns are smoothed out in the block-averaged 262 picture painted by the earlier coherence analysis (Figure 3). We see a strong seasonal 263 modulation of higher-frequency (1-46 day) coherence, which is weak and mostly insignif-264 icant in the summer (June to August) and stronger and largely significant in winter (Novem-265 ber to February). However, the admittance at 20-40-day periods is lower than at 1-15-266 day period, suggesting that sea level is less sensitive to SBJ transports at these longer 267 periods. This is consistent with our earlier finding that correlation and regression coef-268 ficients between sea level and SBJ transport are higher when we bandpass the data to isolate variability at 1–15-day periods. Times when sea level and SBJ transport are co-270 herent at periods between 10 to 30 days might also be connected to intrusion of warm 271 core rings onto the shelf, which have an average advective time scale of about 30 days, 272 and are known to disrupt the SBJ (Forsyth et al., 2022). Another noticeable feature is 273 the strong coherence in 2018 at 40-180-day period with duration of almost a full year. 274



Figure 3. Time series of daily sea level along the Southern coast of New England (blue line, left axis, meters), and of Shelfbreak Jet (SBJ) transport (orange line, right axis, Sv) for the entire record (a) and for 180 days (b) during the period between the vertical dotted lines in (a). (c) Coherence (pink, left axis) and admittance magnitude (gray, right axis, in m Sv⁻¹) between sea level and SBJ transport time series versus period. Horizontal dashed line indicates the 95% confidence level, and vertical lines indicate, from left to right, 1-, 2-, 4-, and 15-day periods. (d) Admittance phase (degrees) versus period. Hourly time series band-passed over 1–15 days for the entire record (e) and for the 180 days (f) delineated by the vertical dotted lines in (e). The right vertical axis in (a), (b), (f), and (e), regarding SBJ time series, is inverted, emphasizing that a negative SBJ anomaly is related to a positive sea-level anomaly.



Figure 4. Mean magnitude-squared coherence (a, left) and admittance amplitude (b, middle) between Shelfbreak Jet transport and sea level at tide gauges ranging from Eastport, Maine (top row) down to Wrightville Beach, North Carolina (last row), averaged between 1 to 2 days (left column), 2 to 4 days (middle column) and 4 to 15 days (right columns), with the tide gauges ordered following the coastline from North to South. Asterisk indicates statistically insignificant values. Regional map (c, right) indicating the period (color) and magnitude (size) of maximum coherence. Key locations used for interpretation are indicated in the map.



Figure 5. Wavelet coherence (a, top) and admittance (b, bottom) between sea level and Shelfbreak Jet transport. Vertical axis is the period in days, and admittance in m Sv^{-1} . Black contour lines indicate significant area at 95% confidence. Black arrows show the wavelet phase, with right and left arrows indicating in-phase and anti-phase, respectively, and up and down arrows indicating quadrature.

Finally, there is significant coherence during all time intervals at the annual period, but
admittance amplitudes are low and the phase indicates more of a quadrature relationship, which is inconsistent with a dominant geostrophic balance.

$_{278}$ 4 Discussion

In this work we characterized the relationship between coastal sea level along the 279 Northwest Atlantic and the SBJ transport based on observations. We found that coastal 280 sea level along Southern New England is significantly coherent with SBJ transport at 281 1-15-day periods, with coherence between the signals extending farther along the coast 282 for the longer periods. This unique analysis of multi-year records of local circulation and 283 coastal sea level allowed us to corroborate a hypothesis made decades ago that had never 284 been tested. Our findings provide valuable insight and complement past studies by shed-285 ding light on processes contributing to sea-level changes that were previously overlooked, 286 serving as a reference point for understanding similar phenomena in different regions. 287

Our results are roughly consistent with expectations from ocean dynamics. Bingham 288 and Hughes (2009) made a thermal-wind argument that the sensitivity of coastal sea level 289 to alongshore upper-ocean transport is -2f/gH, where f is the Coriolis parameter, g 290 is gravity, and H is the thickness of the upper ocean layer. Using H = 80 m based on 291 the mean grounding position of the SBJ, we obtain a sensitivity of -0.25 m Sv^{-1} , which 292 roughly agrees in sign and order of magnitude with our results (Figure 3). Note that this 293 crude estimate ignores important details of bathymetric variation. In contrast, the sen-294 sitivity of coastal sea level to a variation in AMOC transport is approximately -0.02 m Sv^{-1} 295 (Little et al., 2019, and references therein), an order of magnitude smaller than with the 296 SBJ. That is, Southern New England sea level is more sensitive to variations in SBJ trans-297 port than to equal transport variations in the AMOC. However, SBJ transport fluctu-298

ations are about an order of magnitude or so smaller than AMOC transport variations
(Forsyth et al., 2020; McCarthy, Smeed, et al., 2015). Thus, the respective dynamics of
the SBJ and AMOC may have comparable influences on coastal sea level.

Geostrophic balance is a diagnostic relationship, not a statement of cause and ef-302 fect. Thus, our results do not suggest that transport changes drive sea-level changes (or 303 vice versa), but rather suggest that common drivers induce variations in both SBJ and 304 coastal sea level. For example, local wind forcing might explain the tandem fluctuations 305 of sea level and the jet transport, as discussed in previous studies (e.g., Noble & But-306 man, 1979; Noble & Gelfenbaum, 1992; Sandstrom, 1980). The observed covariance be-307 tween SBJ transport and coastal sea level may also be tied to instabilities of the shelf-308 break front or the Gulf Stream. For example, the average instability (meandering) time 309 scale of the SBJ ranges from about 4 to 15 days (Fratantoni & Pickart, 2003; Garvine 310 et al., 1988; Gawarkiewicz, 1991; Gawarkiewicz et al., 2004; Lozier et al., 2002). Thus, 311 the high coherence on the 1-15-day band could be linked to the meandering time scale 312 of the SBJ. Likewise, influences of Gulf-Stream rings and instabilities interacting with 313 the bathymetry of the continental margin may also be relevant (e.g., Cherian & Brink, 314 2016, 2018). Furthermore, the spatial pattern of significant coherence might be related 315 to the coastline geometry, or to the influence of winds in the region, which strengthen 316 the SBJ between Nantucket and Long Island Sound (Lobert et al., 2023). For example, 317 south of the Hudson Canyon (New Jersey), the dominant wind direction changes, which 318 could explain why coherence between 1-2 days is lower in this region. Future studies should 319 interrogate the forcing and dynamics mediating the relationship between the SBJ and 320 sea level, which is important to understand to what extent coarse-resolution climate mod-321 els, that do not resolve the SBJ, accurately simulate coastal sea level. 322

We demonstrated that SBJ transport and sea level are coherent across a range of 323 timescales. This implies that changes in one variable are partly informative of changes 324 in the other. Since only short records of SBJ transport exist, one might use the longer 325 tide-gauge time series, which are available for some locations going back more than a cen-326 tury, to reconstruct some aspects of past SBJ variability. While the amount of variabil-327 ity we can reconstruct may be limited, future studies could also incorporate other vari-328 ables relevant to the SBJ, such as temperature and salinity. Such an effort may, if suc-329 cessful, be informative for determining whether contemporary coastal ocean changes are 330 anomalous in a wider historical context (e.g., Piecuch, 2020, and references therein). 331

Our results also have implications for coastal flooding studies. The frequency of 332 high-tide flooding is rapidly increasing along the U.S. coasts (Moftakhari et al., 2015). 333 making it important that we understand all the factors that contribute to such events. 334 Customarily, the different components affecting coastal water levels are identified largely 335 through harmonic analysis and filtering techniques, which enables the effects of mean 336 sea-level changes to be distinguished from astronomical tides and storm surges (e.g., Sun 337 et al., 2023; S. Li et al., 2022). Here, however, we illustrated that SBJ-related variabil-338 ity is relevant at timescales of 1 to 15 days, which roughly coincides with the storm surge 339 frequency band. Thus, it is important to determine to what extent SBJ dynamics are 340 intervoven with more familiar storm-surge processes related to winds, waves, and pres-341 sure, and to what extent SBJ processes play a role in high-tide flooding. 342

In addition to SBJ transport, sea level may also be sensitive to other aspects of SBJ 343 variability, such as meandering, broadening or narrowing of the jet and cross-shore move-344 ment (Wise et al., 2018). However, the fixed position of the moorings does not allow an 345 exploration of all these variables. Future studies using higher spatial resolution datasets, 346 347 such as ocean models and satellite products, could investigate how coastal sea level responds to variations in jet position and width. More generally, our study demonstrates 348 the value of sustained, continuous coastal ocean observing of the shelf and slope for un-349 derstanding the dynamics of coastal sea-level variability. 350

³⁵¹ Open Research Section

Tide gauge data is available at https://tidesandcurrents.noaa.gov/stations 352 .html?type=Water+Levels (last accessed March/2024), and specific tide gauges names 353 in Table S1. Pioneer Array data at the OOI Portal (https://ooinet.oceanobservatories 354 .org/, last accessed March/2024). Specific links to central moorings ADCPs are: https:// 355 ooinet.oceanobservatories.org/data_access/?search=CP02PMCI-RII01-02-ADCPTG010 356 (Central Inshore Profiler Mooring); https://ooinet.oceanobservatories.org/data 357 _access/?search=CP02PMCO-RII01-02-ADCPTG010 (Central Offshore Profiler Mooring); 358 359 https://ooinet.oceanobservatories.org/data_access/?search=CP01CNSM-MFD35 -01-ADCPTF000 (Central Surface Mooring). The quality controlled Shelfbreak Jet trans-360 port time series is available at https://doi.org/10.5281/zenodo.10814048 (Camargo, 361 2024). 362

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³⁷³ Program Office.

374 **References**

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Supporting Information for "From Shelfbreak to Shoreline: Coastal Sea Level and Local Ocean Dynamics in the Northwest Atlantic"

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Contents of this file

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2. Tables S1 and S2

April 1, 2024, 3:47pm



Figure S1. Pair-wise correlation between the atmospheric pressure at each tide gauge station. (a) Heat map and (b) scatter plot of the correlations versus distance between the tide gauges. Both plots highlight the spatial fingerprint of the atmospheric pressure: stations within 200km of one another have similar variability with the correlation falling below 0.5 for distances greater than about 800 km.

April 1, 2024, 3:47pm



0.62

Inshore

1.00

Offshore

- 0.0

Central

Offshore

0.77

Jet

0.78

Central

Figure S2. Heat map of the correlation between the regional composite of the jet and the three central moorings of the Pioneer Array. The highest correlation of the jet average is with the central mooring. The central mooring also has high correlation with both the inshore and the offshore moorings. The lowest correlation is between the inshore and offshore moorings, which are 14.3km apart (0.62).

April 1, 2024, 3:47pm



Figure S3. 6-months running correlation between the coastal sea level along Southern New England and the Shelfbreak Jet transport, for daily raw data (a), hourly raw data (b), daily 1–15-day band-passed data (c) and hourly 1–15-day band-passed data (d). Black dashed line indicates the correlation for the entire time series, and pink dotted line the correlation for the selected period shown in Figure 3b,f.

Table S1. Metadata table of tide gauge stations used in this work. Completeness level refers to gaps in the sea-level height data between April 2014 to November 2022. Note that a larger gap will influence the degrees of freedom of the spectral analysis and its significance level. For example, the coherence of a complete time series has a 95% confidence level of 0.014, while Seavey Island has a confidence level of 0.05 using blocks of 360 segments for averaging

Island has a con	idence level of 0.05 , using blocks of 360 segments for averaging
Station	Latituda Longituda Completenega

Station	Latitude	Longitude	Completeness
	[°]	[°]	[%]
Eastport	44.90	-66.98	100.0
Cutler Farris Wharf	44.66	-67.20	100.0
Bar Harbor	44.39	-68.20	99.0
Portland	43.66	-70.24	100.0
Seavey Island	43.08	-70.74	28.0
Boston	42.35	-71.05	100.0
Chatham	41.69	-69.95	82.0
Nantucket Island	41.29	-70.10	100.0
Woods Hole	41.52	-70.67	100.0
Fall River	41.70	-71.16	100.0
Newport	41.50	-71.33	100.0
Montauk	41.05	-71.96	98.0
New London	41.36	-72.09	99.0
New Haven	41.28	-72.91	100.0
Bridgeport	41.18	-73.18	99.0
Kings Point	40.81	-73.76	100.0
Sandy Hook	40.47	-74.01	100.0
Atlantic City	39.36	-74.42	100.0
Cape May	38.97	-74.96	100.0
Brandywine Shoal Light	38.99	-75.11	81.0
Lewes	38.78	-75.12	100.0
Ocean City Inlet	38.33	-75.09	100.0
Wachapreague	37.61	-75.69	100.0
Kiptopeke	37.17	-75.99	100.0
CBBT, Chesapeake Channel	37.03	-76.08	65.0
Duck	36.18	-75.75	100.0
Oregon Inlet Marina	35.80	-75.55	99.0
USCG Station Hatteras	35.21	-75.70	99.0
Beaufort, Duke Marine Lab	34.72	-76.67	100.0
Wrightsville Beach	34.21	-77.79	97.0
Wilmington	34.23	-77.95	100.0

Table S2. Previously reported values of SBJ transport (Q) used to obtain the width scaling factor (W'). The width scale of 40km used here is the average of all W', obtained by diving transport Q by the mean depth-integrated velocity of our jet velocities (6.8 m².s⁻¹). Note that most of the studies focused on the jet farther south than our study region, offshore of New Jersey. Forsyth et al. (2020) provides measurements in both Eulerian and Stream coordinates, indicated by superscript e and s. For comparison, we also have the reported widths of each study (W), defined by Forsyth et al. (2020) and Flagg et al. (2006) as the e-folding width of the jet, and as

the contour of half of the maximum surface velocity by (Linder & Gawarkiewicz, 1998).							
Reference	Year	Location	Q (Sv)	W' (km)	$W (\rm km)$		
Linder and Gawarkiewicz (1998)	1900-1990	Nantucket Shoals	0.24	35.2	21		
Linder and Gawarkiewicz (1998)	1900 - 1990	New Jersey	0.16	23.5	19		
Forsyth et al. $(2020)^e$	1994-2018	New Jersey	$0.21\pm.02$	30.8	50		
Forsyth et al. $(2020)^s$	1994-2018	New Jersey	$0.37\pm.04$	54.3	40		
Flagg et al. (2006)	1994-2002	New Jersey	0.4	58.7	30		

Flagg, C. N., Dunn, M., Wang, D.-P., Rossby, H. T., & Benway, R. L. (2006, June). A study of the currents of the outer shelf and upper slope from a decade of shipboard ADCP observations in the Middle Atlantic Bight. *Journal of Geophysical Research: Oceans*, 111(C6), 2005JC003116. doi: 10.1029/2005JC003116

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- Forsyth, J., Andres, M., & Gawarkiewicz, G. (2020, September). Shelfbreak Jet Structure and Variability off New Jersey Using Ship of Opportunity Data From the CMV Oleander. Journal of Geophysical Research: Oceans, 125(9), e2020JC016455. doi: 10.1029/2020JC016455
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