Mechanistic Links Between Climatic Forcing and Model-based Plankton Dynamics in the Strait of Georgia, Canada

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February 26, 2024

Abstract

Large scale climate indices such as the North Pacific Gyre Oscillation (NPGO) have been linked to variability in both phytoplankton and zooplankton, yet the mechanisms by which they are linked remain unknown. We used a three-dimensional coupled biophysical model, SalishSeaCast, to determine the mechanistic links between the NPGO and plankton dynamics in the Strait of Georgia, Canada. First, we compared bottom-up processes during NPGO positive (cold-phase) and negative (warm-phase) years. Then, we conducted a series of model experiments to determine the effects of the NPGO on local physical drivers by switching individual parameters between a typical warm and cold year. The model showed that higher SST and weaker winds contributed to an earlier increase in spring diatom biomass during warm-phase years. Due to the conditions set up during the spring, warm-phase years exhibited lower overall summer diatom biomass and an earlier shift to nanoflagellate-dominance compared to cold-phase years. Our systematic model experiments revealed that variability in wind-driven resupply of nutrients to the surface waters during the summer had the most significant impact on diatom biomass, and ultimately on the food available to zooplankton grazers. The Z1 and Z2 model classes grazed on a higher proportion of nanoflagellates during the summer of warm-phase years, suggestive of a poorer quality diet consumed during warm years. Results from this study are relevant in the context of other climate signals (e.g., El Niño) favouring weaker winds or increased stratification, which would limit the amount of nutrients being replenished to the surface waters.

Mechanistic Links Between Climatic Forcing and Model-based Plankton Dynamics in the Strait of Georgia, Canada

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¹Department of Earth, Ocean and Atmospheric Sciences, University of British Columbia, 5 Vancouver, BC, Canada. ²Atmospheric and Ocean Sciences, Princeton University, Princeton, NJ, 6 7 USA. 8 Corresponding author: Karyn Suchy (ksuchy@eoas.ubc.ca) 9 10 **Key Points:** 11 Spring diatom biomass peak shifted earlier and summer diatom biomass was lower 12 • during warm years. 13 Zooplankton grazed on a higher proportion of nanoflagellates during summers with weak 14 • winds. 15

• Winds during the summer had the strongest influence on nutrient resupply to the surface layers and to the food available to zooplankton.

18 19

20 Abstract

Large scale climate indices such as the North Pacific Gyre Oscillation (NPGO) have been 21 linked to variability in both phytoplankton and zooplankton, yet the mechanisms by which they 22 23 are linked remain unknown. We used a three-dimensional coupled biophysical model, SalishSeaCast, to determine the mechanistic links between the NPGO and plankton dynamics in 24 the Strait of Georgia, Canada. First, we compared bottom-up processes during NPGO positive 25 (cold-phase) and negative (warm-phase) years. Then, we conducted a series of model 26 experiments to determine the effects of the NPGO on local physical drivers by switching 27 individual parameters between a typical warm and cold year. The model showed that higher SST 28 and weaker winds contributed to an earlier increase in spring diatom biomass during warm-phase 29 years. Due to the conditions set up during the spring, warm-phase years exhibited lower overall 30 31 summer diatom biomass and an earlier shift to nanoflagellate-dominance compared to cold-phase years. Our systematic model experiments revealed that variability in wind-driven resupply of 32 nutrients to the surface waters during the summer had the most significant impact on diatom 33 biomass, and ultimately on the food available to zooplankton grazers. The Z1 and Z2 model 34 classes grazed on a higher proportion of nanoflagellates during the summer of warm-phase years, 35 suggestive of a poorer quality diet consumed during warm years. Results from this study are 36 relevant in the context of other climate signals (e.g., El Niño) favouring weaker winds or 37 increased stratification, which would limit the amount of nutrients being replenished to the 38 surface waters. 39

41 Plain Language Summary

The North Pacific Gyre Oscillation with cold- and warm-phases is an example of a 42 climate pattern that has previously been linked to changes in phytoplankton and zooplankton in 43 the Strait of Georgia, Canada. We used a three-dimensional physical and biological model of the 44 Salish Sea to determine the ocean processes linking large-scale climate patterns to variations in 45 46 plankton. Physical, chemical, and biological parameters were compared between cold-phase and warm-phase years. Then, we ran a series of model experiments to determine which parameter(s) 47 had the strongest influence on the plankton. The model showed that diatoms (larger 48 49 phytoplankton) peaked earlier during warm years, but had lower overall summer biomass. As a result, zooplankton fed mainly on nanoflagellates (smaller phytoplankton) during warm years. 50 Our experiments showed that summer winds had the strongest influence on nutrient resupply to 51 the surface waters for diatom growth and, ultimately, the food available to zooplankton. These 52 results suggest that zooplankton may feed on a poorer quality diet during warm years, which is 53 relevant in the context of numerous climate signals and future warming scenarios. 54

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56 **1 Introduction**

Interannual variations in phytoplankton dynamics, including spring bloom timing, standing stock biomass, and shifts in community composition, have a direct impact on the quantity and quality of food available to zooplankton grazers in marine ecosystems. In turn, the integrated effects of this variability in phytoplankton dynamics on zooplankton biomass determines the amount of energy transferred to higher trophic levels. Over longer time scales, it is critical to understand the mechanistic links between this interannual variability in lower trophic levels (phytoplankton and zooplankton) and large-scale climate indices, which often drives local variations in environmental parameters at either regional or basin-wide levels overdecadal timescales.

One example of a large-scale climate pattern is the North Pacific Gyre Oscillation 66 (NPGO), which emerges as the second dominant mode of variability in sea surface height (SSH) 67 in the Northeast Pacific (Di Lorenzo et al., 2008). The NPGO mode closely tracks the second 68 69 EOF of North Pacific SST anomalies, also known as the "Victoria Mode" (Bond et al., 2003). In addition, the NPGO is strongly correlated with previously unexplained fluctuations in surface 70 layer salinity, nutrient, and chlorophyll a concentrations in both the Gulf of Alaska and the 71 72 California Current (Di Lorenzo et al., 2008). Fluctuations in the NPGO are correlated with regional and basin-scale variations in wind-driven upwelling and horizontal advection – the 73 fundamental processes controlling salinity and nutrient concentrations, which drive changes in 74 phytoplankton concentrations and potentially throughout the food web. 75

Previous studies have linked NPGO to variability in both phytoplankton and zooplankton. 76 For example, in the California Current System (CCS), shifts in phytoplankton community 77 composition coincided with major phase shifts of both the NPGO and the Pacific Decadal 78 Oscillation (PDO), with warm-phase (i.e., NPGO negative) years having a higher proportion of 79 80 dinoflagellates compared to diatoms (Barth et al., 2020). Spring phytoplankton bloom timing has also been significantly correlated with a positive NPGO on the Alaskan Shelf resulting in a later 81 diatom peak during cold years (Batten et al., 2018). In addition, numerous studies have examined 82 83 the lagged effects of NPGO on zooplankton communities. Positive phases of the NPGO (cold years) lagged by 3-4 years coincided with higher-than-average mesozooplankton biomass in the 84 85 North Pacific Subtropical Gyre at station ALOHA (A Long-term Oligotrophic Habitat 86 Assessment; Valencia et al., 2016). Furthermore, decadal-scale zooplankton biogeography in the

Kuroshio-Oyashio Extension (KOE) region was influenced by the NPGO when lagged by 2.5
years via changes in the advection transport of zooplankton (Chiba et al., 2013).

The Strait of Georgia (SoG) is a semi-enclosed region between Vancouver Island and 89 mainland British Columbia within a larger coastal water body known as the Salish Sea (Fig. 1). 90 The SoG is an important habitat for migratory and resident fish species such as Pacific Salmon 91 92 and Pacific Herring, which feed on zooplankton. Linkages between zooplankton and large-scale climate indices within the Strait of Georgia (SoG), Canada, are complex, with results varying 93 depending on the timescales of the studies, as well as whether community composition or overall 94 95 biomass is considered. Zooplankton community composition within the surface 20 m has been linked to the Southern Oscillation Index (SOI) in the SoG (Li et al., 2013). Furthermore, Suchy 96 et al. (2022) determined that SOI was related to crustacean community composition whereas the 97 NPGO was linked to SST and spring chlorophyll a bloom initiation. In terms of overall biomass, 98 Mackas et al. (2013) examined zooplankton biomass anomalies in the SoG from 1990-2010 and 99 found a significant positive correlation with NPGO (Fig. 2). Similarly, an examination by Perry 100 et al. (2021) of zooplankton biomass anomalies from 1996-2018 (a portion of the same dataset 101 analyzed by Mackas et al., 2013) determined that the PDO was a significant driver of 102 103 zooplankton biomass variability (Fig. 2). Although these studies delineate two different largescale climate indices as the drivers of zooplankton biomass in the region, they do not necessarily 104 105 disagree as the NPGO and PDO were highly correlated during the time period examined (Litzow 106 et al., 2020; Perry et al., 2021).



Figure 1. Map showing the study region, Central Strait of Georgia, BC, indicated with a white
box. Model domain is the area within the light grey box. The thalweg, the deepest connecting
passage, is indicated in red.



Figure 2. NPGO index from 1991 to 2020 vs zooplankton biomass anomalies extracted from Mackas et al., (2013) and Perry et al., (2021). SalishSeaCast model years (2007 to 2020) are shaded in grey.

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While these studies have previously linked warm-phase conditions to changes in 125 126 phytoplankton bloom timing and zooplankton biomass and community composition, the exact 127 mechanisms by which large-scale climate indices impact food web dynamics, including higher trophic levels, remains unknown (Hertz et al., 2016; Hipfner et al., 2020). This gap in knowledge 128 129 is due, in part, to the lack of simultaneous measurements of physical conditions, nutrients, 130 phytoplankton and zooplankton (and higher trophic levels) across the same timescales. In 131 addition, temporal autocorrelations between many of the environmental and physical variables, 132 as well as the longer time scales necessary to resolve decadal-scale oscillations, often complicate statistical analyses. 133

Here, we used a three-dimensional coupled biophysical model, SalishSeaCast, to examine how the NPGO is linked to local physical drivers and, ultimately, to phytoplankton and the resulting food available for zooplankton. We used a 14-year (2007-2020) time series of model output to compare bottom-up processes in cool versus warm years in the Central SoG, Canada (Fig. 1). This time period in the Salish Sea was characterized by an NPGO positive (cold) period

prior to 2014 and an NPGO negative (warm) period from 2014 on, local impacts of the North 139 Pacific marine heatwave (primarily on 2015-2016; Bond et al., 2015), and long-term warming. 140 We focused our analysis on the four strongest positive (cold) and negative (warm) NPGO years. 141 In addition, we used the model to examine the effects of the NPGO on specific local physical 142 drivers within the Central SoG using a series of experiments wherein we swapped individual 143 physical parameters between a "typical" warm and a "typical" cold year. Results from these 144 experiments allowed us to delineate the specific physical parameters responsible for any 145 significant changes in the phytoplankton community and zooplankton grazing within the region. 146 147 While we focused on the NPGO due to its known association with observation data, we show that this signal is also evident in the model. Furthermore, because our goal was to determine 148 mechanistic links, we go beyond the NPGO to other climate signals in our interpretation of the 149 results. 150

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152 **2 Methods**

153 2.1 Study Region

The Strait of Georgia (SoG) has a surface area of approximately 6515 km^2 with a 154 maximum depth of over 400 m (Thomson, 1981) and is connected to open ocean waters at both 155 its northern and southern ends. The main source of freshwater into the strait is the Fraser River, 156 which plays an important role in stratification that varies with the seasonal influence of river 157 input (Harrison et al., 1983). This influx of freshwater results in an estuarine-like circulation with 158 159 surface waters (mostly) leaving the SoG via the Juan de Fuca Strait to the south and deeper, nutrient-rich water being upwelled into the surface (Li et al., 2000; Pawlowicz et al., 2007). Our 160 study focused on the Central SoG (white box; Fig. 1), as historical zooplankton sampling was 161

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162	most comprehensive in this region. Phytoplankton biomass in the Central SoG typically peaks in
163	March (Peña et al., 2016), but bloom timing varies between February to early April (Allen &
164	Wolfe, 2013; Suchy et al., 2022), whereas zooplankton biomass peaks in late-spring or late-
165	summer (Mackas et al., 2013). In addition, the Central SoG is one of the main regions associated
166	with migrating juvenile salmon species (Beamish et al., 2012; Furey et al., 2015), with Coho and
167	Chinook salmon typically entering the strait in mid- May (Beamish et al., 2010; Neville et al.,
168	2015).

169 2.2 Study Period

Our model study period was from 2007 to 2020 (Fig. 2), which is a relatively short time 170 series compared to the timescale (decades) of NPGO variability. Monthly NPGO Index data 171 were downloaded (http://www.o3d.org/npgo/npgo.php) and subsequently used to calculate 172 annual anomalies. Annual NPGO Index values during some of the years in our time series were 173 neutral or close to neutral. As such, we selected the four years with the strongest negative NPGO 174 Index (2008, 2010, 2011, and 2012; "cold-phase years") and the four years with the strongest 175 positive NPGO Index (2015, 2018, 2019, and 2020; "warm-phase years") for our analyses. We 176 note that there were other confounding signals in the region throughout this time. Notably, the 177 Northeast Pacific marine heatwave was an anomalously warm water event that formed during 178 winter 2013/2014 (Bond et al., 2015), persisting through to 2017. In addition, operating on 179 shorter time scales are the El Niño and La Niña events, which result in variations in local 180 environmental drivers (e.g., Fraser River flow) in the region (Suchy et al., 2019). Although our 181 study is motivated by the previously identified association between NPGO and zooplankton 182 variability, the model employed is a realistic 14-year simulation including the effects of multiple 183

climatic drivers. Thus, the interannual patterns in bottom-up forcing identified herein occurred in
response to combined climatic forcings over the modelled time period.

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187 2.3 SalishSeaCast Model

The SalishSeaCast model domain covers the entire Salish Sea (Fig. 1) with a horizontal 188 resolution of approximately 500 m and a vertical resolution ranging from 1 at the surface to 27 m 189 at the bottom. The physical component of SalishSeaCast is an implementation of Nucleus for 190 European Modelling of the Ocean (NEMO Version 3.6; Madec et al., 2017) and is described in 191 192 detail in Soontiens et al., (2016) and Soontiens & Allen, (2017) with subsequent relevant changes outlined in Olson et al., (2020) and Jarníková et al., (2022). The model is forced with a 193 monthly climatology of over 150 rivers in the region (Morrison et al., 2012). Atmospheric 194 forcing (winds, solar radiation) is derived from High Resolution Deterministic Prediction System 195 (HRDPS) atmospheric model output (Milbrandt et al., 2016). SalishSeaCast has two open 196 boundaries for temperature, salinity, and nutrients: one at Johnstone Strait and one at the mouth 197 of the Strait of Juan de Fuca. Prior to 2013, boundary conditions were based on fields from NEP 198 3.6 (Lu et al., 2017). After 2013, open boundary conditions were based on fields from the 199 200 LiveOcean model (Davis et al., 2014; Siedlecki et al., 2015).

The biological component of the model, SMELT (Salish Sea Model Ecosystem-Lower Trophic), follows the transfer of the model's currency (nitrogen) between nutrients, primary producers, grazers, and detrital pools with coupled silicon cycling. The nutrients in the model are nitrate, ammonium, and dissolved silica. There are three groups of primary producers including diatoms, nanoflagellates, and the mixotrophic ciliate *Mesodinium rubrum*. *M. rubrum* is included as a separate class because this species periodically dominates the photosynthetic biomass in this

region (Harrison et al., 1983; Pawlowicz et al., 2007), but it forms a small portion of the overall 207 model phytoplankton. Diatoms in the model have the highest maximum growth rates, the highest 208 optimal light levels, and are the only class to take up silicon (Olson et al., 2020). As such, they 209 are considered opportunists in the model (see Jarníková et al., 2022), whereas nanoflagellates, or 210 the gleaners in the model, have the lowest maximum growth rate but compete better at low 211 nitrogen concentrations and high temperatures (Olson et al., 2020; Jarníková et al., 2022). We 212 provide an evaluation of the model diatom and nanoflagellate classes against high performance 213 liquid chromatography (HPLC) data from the Canadian waters of the Salish Sea (Nemcek et al., 214 215 2023) in Supp. Fig. S1. Briefly, the evaluation showed that larger, centric diatoms (Diatoms-1 in Nemcek et al., 2023) are well represented by the model diatom class, whereas the model 216 nanoflagellate class showed the strongest relationships with cryptophytes, prasinophytes, and 217 haptophytes (Supp. Fig. S1). The temperature response for each phytoplankton group is set so 218 that the optimal temperature for growth for diatoms (12°C) and nanoflagellates (18°C) match 219 those of diatoms and dinoflagellates in Khangaonkar et al., (2012) after experiments with these 220 settings showed improved summer chlorophyll bias. Diatoms become nitrate-limited at 221 $2.0 \,\mu\text{M}$ N, whereas the half-saturation constant prescribed for flagellates is 0.1 μm N (Olson et 222 223 al., 2020). Additionally, the model includes biogenic silica, detrital particulate organic nitrogen (PON), and dissolved organic nitrogen (DON). 224

Heterotrophs in SalishSeaCast are represented by two zooplankton classes: Z1 and Z2. Minor adjustments in biological tuning since Olson et al., (2020) are outlined in Jarníková et al., (2022), and those affecting zooplankton rates are provided in Suchy et al., (2023). Details of each zooplankton class, including evaluations of Z1 and Z2 against observation data, are also provided in Suchy et al., (2023). The Z1 class freely evolves based on model dynamics (Olson et

al., 2020) and represents a catch-all for taxa whose growth rates respond quickly to local 230 conditions (Suchy et al., 2023). Z2 are the highest trophic level whose grazing impact is included 231 in the model. While the domain-mean Z2 biomass is constrained to an annual cycle, the Z2 232 biomass is distributed spatially throughout the model domain in proportion to food availability. 233 Thus, variability in the spatial distribution of Z2 throughout the domain will directly reflect 234 interannual differences in the spatial distribution of the classes that make up its food. Assuming 235 the concentrations of all prey items are equal, Z1 preferentially feed on flagellates and diatoms 236 (30 and 26% of total grazing, respectively) whereas the Z2 class preferentially feeds on diatoms 237 and Z1 (29% for each class; Suchy et al., 2023). However, the actual proportion of grazing on 238 each class is a function of both preference and the relative abundance of the various classes. This 239 study is based on v201905 of SalishSeaCast. 240

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242 2.4 Physical and Chemical Data

We analyzed 14 years (2007-2020) of monthly model output from SalishSeaCast. Model 243 data from the Central SoG study area were averaged over the four strongest NPGO negative and 244 the four strongest NPGO positive years to compare each environmental parameter between cold-245 246 phase and warm-phase years. Surface (0.5 m) values were extracted for Conservative Temperature (Θ ; hereafter referred to as SST), Absolute Salinity (S_A; hereafter referred to as 247 SSS), and photosynthetically active radiation (PAR). Conservative Temperature and Absolute 248 249 Salinity were used according to the Thermodynamic Equation of Seawater -10 (TEOS-10) international standards for calculating thermodynamic properties in ocean models (IOC; SCOR 250 & IAPSO, 2010). Halocline strength, a proxy for water column stratification, was calculated as 251 252 the difference in salinity divided by the difference in depth of the two model grid cells wherein

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253	the maximum salinity gradient was observed. Hourly wind data from HRDPS were interpolated
254	onto the model grid and then calculated as mean monthly wind speed values. Daily Fraser River
255	discharge data from 2007-2020 were obtained from Environment and Climate Change Canada
256	(<u>www.wsc.ec.gc.ca/applications/H20/index-eng.cfm</u>) from Station 08MF005 at Hope, BC.
257	Model output for nitrate and silicon were depth-averaged over the 0-10 m depth range to
258	approximate nutrient concentrations over the upper euphotic zone. Environmental data and
259	nutrients are presented as monthly seasonal cycles and as mean seasonal values over spring
260	(March to May) and summer (June to August).
261	
262	2.5 Biological Data
263	Model output for phytoplankton (diatoms and nanoflagellates) biomass were depth-
264	integrated over the 0-100 m depth range and averaged over the seasonal cycles of cold versus
265	warm years. In addition, thalweg plots were used to compare the temperature dependence, as
266	well as the light and nutrient limitation of diatoms between cold and warm years against the 14-
267	year climatology. Zooplankton biomass for the Z1 and Z2 model classes were depth-integrated
268	over the 0-100 m depth range. However, because the model allows for more variability in the
269	grazing parameter than it does for zooplankton biomass, we focused on the proportion of depth-
270	integrated zooplankton grazing on diatoms and nanoflagellates over the same depth range
271	(0–100 m), as opposed to biomass per se.
272	
273	2.6 Model Experiments
274	We performed a series of ten model experiments to determine the mechanistic links

between NPGO and the environmental parameters responsible for changes to phytoplankton in

the Central SoG (Table 1). First, we selected 2008 as a "typical" cold year (CY) and 2019 as a 276 "typical" warm year (WY) from the four strongest NPGO positive and negative years, 277 respectively. We then independently tested each of the environmental parameters of interest by 278 applying individual parameters from a given CY to the original WY and vice versa. Five 279 parameters were selected for the experiments: domain-wide winter nutrient concentration, 280 281 diatom temperature response, winds, atmospheric thermal and radiative forcing, and river flow. For the nutrient experiments, initial (beginning January 1) nitrate and silicon concentrations were 282 traded between CY and WY simulations. The temperature response experiments involved 283 increasing the optimum temperature threshold for diatom growth from 12°C to 15°C in both CY 284 and WY runs. The wind experiments traded CY and WY HRDPS winds throughout the year. 285 The atmospheric thermal and radiative forcing experiments (hereafter thermal forcing) included 286 changing the atmospheric components: incoming solar radiation, air temperature, long wave 287 radiation, precipitation, and humidity throughout the year. Lastly, the river experiments involved 288 switching the annual river flow into the Salish Sea from a given WY/CY to the experimental 289 CY/WY. Model experiments were run for the entire year beginning January 1 and results were 290 compared to the original CY/WY run. 291

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293 2.7 Limitations of Diatom: Nanoflagellate Growth

Theoretical surface (0.5 m) diatom to nanoflagellate growth ratios were calculated as a function of temperature dependence only, nutrient dependence only, and the combined effect of temperature dependence, nutrient dependence, and maximum growth rate on phytoplankton growth. Monthly seasonal values are presented for the original cold (2008) and warm (2019) years, as well as for each of the model experiments. Theoretical diatom to nanoflagellate growth 299 ratios >1 are indicative of diatom-favoured growth whereas values <1 indicate nanoflagellate-

300 favoured growth.

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Table 1. Model experiments used to determine the mechanistic link between NPGO and the environmental parameters responsible for changes to phytoplankton in the Central SoG. Parameters from the experimental warm year (WY) and cold year (CY) were applied to the original CY and WY, respectively. Thermal includes atmospheric components, incoming solar radiation, air temperature, long wave radiation, precipitation, and humidity.

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Parameter	Experiment
Nutrients	 WY with initial (January 1) CY nitrate and silicon CY with initial (January 1) WY nitrate and silicon
Temperature Threshold	 WY with diatom temperature threshold increased from 12°C to 15°C CY with diatom temperature threshold increased from 12°C to 15°C
Winds	 5. WY with CY winds 6. CY with WY winds
Thermal	 7. WY with CY thermal 8. CY with WY thermal
Rivers	9. WY with CY rivers10. CY with WY rivers

312	
313	3 Results
314	3.1 NPGO Index
315	During the 14-year time series analyzed in this study, the annual NPGO index was in the
316	positive ("cool") phase from the end of 2007 to 2013 (Fig. 2). Monthly NPGO index values
317	showed a shift to the negative phase in October 2013 (Supp. Fig. S2). The annual NPGO
318	negative (warm) phase persisted from 2014 to the end of the study period in 2020 (Figs. 2, S2).
319	We note that this gives us only one phase change over the time series and our analysis is
320	cognizant of this limitation.
321	
322	3.2 Physical Drivers
323	Mean monthly sea surface temperatures (SST) in the Central SoG averaged as a
324	climatology over the four coldest and four warmest years indicated that spring and mid-summer
325	SST (April to July) was higher during warm years with a maximum of 19.1 and 20.1°C for cold
326	and warm years, respectively (Fig. 3a). In contrast, SST was similar between cold and warm
327	years during autumn and winter (October to March). A comparison of mean seasonal SST
328	revealed a statistically significant difference in SST between cold and warm years in spring
329	(March to May; t-test, $t(3) = -3.85$, $p = 0.01$), but not summer (June to August; t-test, $t(3) =$
330	-2.20, p = 0.07; Fig. 3a).
331	Mean monthly sea surface salinity (SSS) during warm years was lower, i.e., fresher, than
332	cold years during the winter and spring months (November to May), but higher during the
333	summer and early fall months (June to October; Fig. 3b), largely driven by the high SSS values
334	observed in 2015 (Supp. Fig. S3). Similar to SST, a statistically significant difference in mean
335	seasonal SSS was observed for spring with a mean of 23.0 and 20.4 g/kg for cold and warm

years, respectively (t-test, t(3) = -2.69, p = 0.04), but not summer (t-test, t(3) = -0.44, p = 0.68; 336 Fig. 3b). Halocline strength, a proxy for stratification, was higher (stronger) in winter and spring 337 338 (November to May) during warm years compared to cold years (Fig. 3c), but similar during the summer months (June to October) due to the relatively weak halocline values observed in 339 summer 2015 (Supp. Fig. S3). A statistically significant difference in mean seasonal halocline 340 strength was observed for spring with a mean of 1.04 and 1.57 g/kg m⁻¹ for cold and warm years, 341 respectively (t-test, t(3) = -3.25, p = 0.02), but not for summer (t-test, t(3) = 0.04, p = 0.97; Fig. 342 343 3c).

Mean monthly surface PAR was higher from March to June of warm years compared to cold years (Fig. 3d). Mean seasonal surface PAR was statistically significantly different in spring with values of 55.7 and 66.9 uE/m⁻²/s for cold and warm years, respectively (t-test, t(3) = -4.64, p < 0.01). A statistically significant difference was not observed in summer (t-test, t(3) = -0.08, p = 0.94; Fig. 3d). Mean monthly wind speed was consistently lower during warm years compared to cold years (Fig. 3e). Statistically significant differences were observed for both spring (t-test, t(3) = 2.95, p = 0.04), and summer (t-test, t(3) = 7.60, p < 0.01; Fig. 3e).

Daily Fraser River flow values were higher during the spring and early summer (April to June) of warm years compared to cold years (Fig. 3f). In contrast, July and August Fraser River flow values were higher during cold years. Mean seasonal values of Fraser River flow were significantly different in spring with a mean spring flow value of 2653 m³ s⁻¹ occurring during cold years and 3493 m³ s⁻¹ during warm years (t-test, t(3) = -2.51, p = 0.01). Conversely, mean seasonal values of Fraser River flow during summer were significantly higher during cold years (7019 m³ s⁻¹) compared to warm years (4871 m³ s⁻¹; t-test, t(3) = 9.50, p < 0.001).

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Figure 3. Mean monthly (left panels) and seasonal (right panels) values for local physical drivers and nutrient concentrations averaged over cold vs. warm years in the Central SoG, BC. Cold years are 2008, 2010, 2011, and 2012; warm years are 2015, 2018, 2019, and 2020. Daily values are provided for Fraser River flow.

367

369 3.3 Nutrients

Mean monthly seasonal cycles of 0-10 m depth-averaged nitrate concentrations were 370 lower during warm years compared to cold years throughout all months, with the most obvious 371 differences between warm and cold years occurring from March to May (Fig. 3g). A statistically 372 significant difference in mean seasonal nitrate concentrations was observed for spring with mean 373 nitrate concentrations of 14.2 and 9.04 µmol N m⁻³ for cold and warm years, respectively (t-test, 374 t(3) = 5.61, p < 0.01), but not for summer (t-test, t(3) = 0.91, p = 0.40). Like nitrate, lower silicon 375 concentrations were observed during warm years from January to May; however, silicon 376 377 concentrations during warm years were higher than those observed during cold years from June through October (Fig. 3h). A statistically significant difference in mean seasonal silicon 378 concentrations was observed for spring with mean silicon concentrations of 32.3 and 22.5 µmol 379 N m⁻³ for cold and warm years, respectively (t-test, t(3) = 3.68, p = 0.01). No significant 380 difference was found between cold and warm years during summer (t-test, t(3) = 1.06, p = 0.33). 381 An analysis of nitrate and silicon concentrations along the thalweg (deepest connecting pathway 382 through the Salish Sea) indicated that higher nitrate and silicon concentrations at the outset of 383 NPGO positive (cold phase) years was prevalent throughout the Salish Sea (Supp. Fig. S5). 384 385

386 3.4 Phytoplankton Biomass

Mean monthly 0-100 m depth-integrated phytoplankton biomass began to increase in April during cold years compared to an initial increase in biomass that occurred in March of warm years (Fig. 4). The main peak in mean monthly diatom biomass occurred in May during cold years (maximum of 32.9 mmol N m⁻²; Fig. 4a) compared to an April peak of similar magnitude in warm years (maximum of 31.2 mmol N m⁻²; Fig. 4b). Following the main peak in spring, diatom biomass was notably lower from June to September of the warm years compared
to cold years. In addition, mean 0-100 m depth-integrated nanoflagellate biomass was higher
from June to September of warm years compared to cold years, with a maximum nanoflagellate
biomass of 32.8 mmol N m⁻² in July; Fig. 4b). In contrast, the maximum flagellate biomass
observed during cold years was only 22.7 mmol N m⁻².

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Figure 4. Mean monthly depth-integrated (0-100 m) diatom and nanoflagellate biomass
averaged over (a) cold and (b) warm years in the Central Strait of Georgia, BC.



(July) of warm years compared to cold years in the Central SoG (Fig. 5). In contrast, diatoms in
the surface waters of the Central SoG were less limited by silicon during warm years, likely due
to the presence of fewer diatoms taking up silicon. Light limitation on diatom growth was similar
in the surface waters of cold and warm years (Fig. 5).

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416 Yellow vertical lines indicate approximate bounds of our Central SoG region along the thalweg

417 (shown in Fig. 1). Colour bar is reversed so that blue = less limitation or temperature dependence

compared to climatology; red = more limitation or temperature dependence compared to

climatology. Data are from summer (July) 0-25 m; similar plots for spring are provided in Supp.

420 Fig S6). 421

423

424 3.5 Zooplankton grazing and biomass

425	Since the model allows for more variability in Z2 grazing than it does for biomass, we
426	focused on the seasonal patterns of Z1 and Z2 grazing in warm-phase and cold-phase years (Fig.
427	6). Z1 grazed predominately on diatoms during April and May of cold years, but from March to
428	May of warm years; however, maximum grazing rates were only slightly higher in cold years
429	(5.3 μ M N d ⁻¹ ; May; Fig. 6a) compared to warm years (4.9 μ M N d ⁻¹ ; April; Fig. 6b). In contrast,
430	the maximum Z2 grazing rates observed were higher in cold years (9.0 μ M N d ⁻¹ ; Fig. 6c)
431	compared to warm years (7.4 μ M N d ⁻¹ ; Fig. 6d). During cold years, Z2 grazed predominately on
432	diatoms from April to June compared to the March to May period of predominately diatom
433	grazing observed during warm years. Most notably, both Z1 and Z2 exhibited substantial
434	decreases in diatom grazing in June of warm years and a switch to higher flagellate grazing
435	during the summer months (June to August), compared to cold years (Figs. 6b,d).
436	Due to the constraints on Z2 biomass in the model, we described differences in
437	zooplankton biomass between cold and warm years for only the Z1 model class. Mean monthly
438	depth-integrated Z1 biomass increased slightly earlier during warm years wherein maximum
439	biomass occurred in April and remained high until September (Fig. 6b). Although Z1 biomass
440	during cold years did not reach a maximum until July, the magnitude of the biomass peaks was
441	similar at 1.5 g C m ⁻² d ⁻¹ and 1.7 g C m ⁻² d ⁻¹ for warm and cold years, respectively (Fig. 6a,b).
442	

443 3.6 Model Experiments

444 3.6.1 Applying Cold Year parameters to Original Warm Year

The thermal and wind experiments had the strongest impacts on most parameters when
experimental model runs using cold year (CY) parameters were compared to the original typical
warm year (WY) (Fig. 7, Supp. Fig. S7). Applying the CY thermal forcing to the original WY
resulted in lower SST during spring months whereas switching the winds from the CY to the WY
lowered SST in July and August (Fig. 7a). The thermal experiment applied to the original WY,
which included changing incoming solar radiation, was the only experiment to influence surface



Figure 6. Depth-integrated (0-100 m) Z1 and Z2 grazing on diatoms and nanoflagellates (bars)
and Z1 and Z2 biomass (lines) averaged over cold versus warm years in the Central SoG, BC.





462

Figure 7. Results of model experiments taking a "typical" warm year (WY) and swapping parameters from a "typical" cold year (CY). Nitrate and silicon are depth-averaged over 0-10 m; diatoms are depth-integrated over 0-100 m.

PAR, decreasing PAR slightly from March to June compared to the original WY (Fig. 7b). 467 Halocline strength was most strongly impacted by the wind experiment, which weakened the 468 halocline during the summer months (June to August) when CY winds were applied to the WY 469 (Fig. 7c). In addition, applying the CY rivers increased halocline strength during June and July. 470 Switching the initial nutrient conditions had little to no impact on the original WY, 471 472 resulting in only a slight increase in 0-100 m depth-integrated diatom biomass from May to July (Fig. 7f). Yet, applying winds from the CY resulted in increases to both 0-10 m depth-averaged 473 nitrate and silicon concentrations from July to September compared to the original WY (Figs. 474 7d,e). March diatom biomass decreased slightly when the CY winds were applied to the warm 475 year, but there was a substantial decrease in March diatom biomass when the thermal conditions 476 from the CY were applied to the WY (Fig. 7f). Conversely, CY thermal experiments resulted in 477 an increase in diatom biomass from May through to September compared to the original WY; 478 however, summer diatom biomass did not increase because of the CY winds. Overall, the 479 experiment applying an increased temperature threshold for diatoms resulted in the largest 480 increase in summer diatom biomass compared to the original WY (Fig. 7f). Both the thermal and 481 threshold experiments resulted in a decrease in silicon concentrations from July through to 482 483 November (Fig. 7e), likely due to higher diatom biomass taking up the silicon. 484

485 3.6.2 Applying Warm Year parameters to Original Cold Year

WY wind and thermal experiments also showed the strongest response when applied to the original CY (Fig. 8, Supp. Fig. S8). Applying the WY thermal forcing to the original CY resulted in an increase to spring (April to June) SST (Fig. 8a) and surface PAR (Fig. 8b), in addition to increase in March diatom biomass (Fig. 8f). The thermal experiment also slightly decreased summer nitrate concentrations (Fig. 8d), which corresponded to a decrease in summer
diatom biomass (Fig. 8f) and an increase in summer silicon concentrations because of the
diatoms taking

493



Figure 8. Results of experiments taking a "typical" cold year (CY) and swapping parameters
from a "typical" warm year (WY). Nitrate and silicon are depth-averaged over 0-10 m; diatoms
are depth-integrated over 0-100 m.

501	up less silicon (Fig. 8e). WY winds increased July SST (Fig. 8a) as well as halocline strength in
502	March, and from June to August (Fig. 8c). In addition, WY winds decreased nitrate
503	concentrations from May to September (Fig. 8d), but the wind experiment had little effect on
504	silicon concentrations (Fig. 8e). Both WY wind and thermal applied to the CY decreased diatom
505	biomass from May to September, but concentrations were not as low as those observed during
506	the original WY (Fig. 8f). Applying the WY rivers to the CY resulted in an increase in halocline
507	strength in April, but a weakening of the halocline between May and July (Fig. 8c). As a result,
508	diatom biomass during the river experiments was lower from April to June when WY rivers were
509	applied to the original CY (Fig. 8f). As was observed in the experiments with the original WY,
510	increasing the temperature threshold for diatoms resulted in an increase in diatom biomass in
511	August and September compared to the original CY (Fig. 8f).
512	
513	3.7 Limitations on Diatom: Nanoflagellate Growth
513 514	3.7 Limitations on Diatom: Nanoflagellate Growth We compared the theoretical ratio of diatom to nanoflagellate growth at the surface
513514515	3.7 Limitations on Diatom: Nanoflagellate GrowthWe compared the theoretical ratio of diatom to nanoflagellate growth at the surface(0.5 m) between the original cold and warm year (2008 and 2019, respectively). These results
513514515516	 3.7 Limitations on Diatom: Nanoflagellate Growth We compared the theoretical ratio of diatom to nanoflagellate growth at the surface (0.5 m) between the original cold and warm year (2008 and 2019, respectively). These results were presented first to represent the general pattern observed for cold and warm years and
 513 514 515 516 517 	 3.7 Limitations on Diatom: Nanoflagellate Growth We compared the theoretical ratio of diatom to nanoflagellate growth at the surface (0.5 m) between the original cold and warm year (2008 and 2019, respectively). These results were presented first to represent the general pattern observed for cold and warm years and were then compared to the results from the model experiments. They also demonstrated the
 513 514 515 516 517 518 	 3.7 Limitations on Diatom: Nanoflagellate Growth We compared the theoretical ratio of diatom to nanoflagellate growth at the surface (0.5 m) between the original cold and warm year (2008 and 2019, respectively). These results were presented first to represent the general pattern observed for cold and warm years and were then compared to the results from the model experiments. They also demonstrated the extent to which the model temperature dependence stems directly from the chosen
 513 514 515 516 517 518 519 	 3.7 Limitations on Diatom: Nanoflagellate Growth We compared the theoretical ratio of diatom to nanoflagellate growth at the surface (0.5 m) between the original cold and warm year (2008 and 2019, respectively). These results were presented first to represent the general pattern observed for cold and warm years and were then compared to the results from the model experiments. They also demonstrated the extent to which the model temperature dependence stems directly from the chosen temperature-dependent rate parameterizations versus arising from a more complex interplay
 513 514 515 516 517 518 519 520 	 3.7 Limitations on Diatom: Nanoflagellate Growth We compared the theoretical ratio of diatom to nanoflagellate growth at the surface (0.5 m) between the original cold and warm year (2008 and 2019, respectively). These results were presented first to represent the general pattern observed for cold and warm years and were then compared to the results from the model experiments. They also demonstrated the extent to which the model temperature dependence stems directly from the chosen temperature-dependent rate parameterizations versus arising from a more complex interplay between model physics and nutrient supply; both effects are present in the model results.
 513 514 515 516 517 518 519 520 521 	 3.7 Limitations on Diatom: Nanoflagellate Growth We compared the theoretical ratio of diatom to nanoflagellate growth at the surface (0.5 m) between the original cold and warm year (2008 and 2019, respectively). These results were presented first to represent the general pattern observed for cold and warm years and were then compared to the results from the model experiments. They also demonstrated the extent to which the model temperature dependence stems directly from the chosen temperature-dependent rate parameterizations versus arising from a more complex interplay between model physics and nutrient supply; both effects are present in the model results. Temperature dependence on diatom:nanoflagellate growth was similar from October to April

dependence of diatom:nanoflagellate growth decreased more rapidly in May of warm years. 523 Diatom:nanoflagellate growth reached lower values, overall, during warm years with a 524 minimum value of 1.38 in July. Similarly, nutrient limitation decreased diatom:nanoflagellate 525 growth earlier during warm years with a substantial difference between warm and cold years 526 being observed at the beginning in April (Fig. 9b,e). Diatom:nanoflagellate growth during 527 528 warm years remained lower than values observed during cold years until August. When both temperature and nutrients were considered together, diatom:nanoflagellate growth decreased 529 to values < 1 (i.e., nanoflagellate-favoured growth) from June to August of warm years (Fig. 530 531 9c,f). However, this ratio remained > 1 (i.e., diatom-favoured growth) during cold years. Thus, the model diatom:nanoflagellate response in warm versus cold years is driven by a 532 combination of temperature and nutrient control. 533

Results from the model experiments showed that changing the initial nutrient 534 conditions had virtually no impact on the WY nutrient and temperature dependence on 535 diatom:nanoflagellate growth at the surface (Fig. 9; right panels) even though diatom biomass 536 increased slightly (Fig. 7f). In comparison, applying the initial warm year nutrient conditions 537 to the CY resulted in the diatoms:nanoflagellate showing a slight change towards 538 539 nanoflagellate-favoured growth in July (Fig. 9c). Diatom:nanoflagellate growth increased in terms of temperature dependence for both experiments involving an increased temperature 540 threshold for diatoms (Fig. 9a,d). Increasing the temperature threshold also impacted the 541 542 nutrient dependence on diatom:nanoflagellate growth, which was lower due to the fact that more diatoms were taking up nitrate and silicon during the WY and CY of these experimental 543 544 runs.

545 Overall, changing the winds has the most significant impact on the temperature and 546 nutrient dependence of diatom and nanoflagellate growth. Our results showed that applying 547 WY winds to a cold year brought the CY July and August diatom:nanoflagellate ratios <1.0 548 (nanoflagellate-favoured growth; Fig. 9c). Conversely, applying the CY winds to the warm 549





Figure 9. Theoretical diatom to nanoflagellate growth ratios at the surface (0.5 m) when

temperature (a,d) and nutrient (b,e) responses are considered in isolation and then together (c,f).
Values are multiplied by growth constants, which determine, but are not equal to, maximum

growth rates in the model as the maxima of the temperature and nutrient response functions are

- 556 not equal to one.
- 557

year resulted in an increase in diatom:nanoflagellate growth during July and August of the WY to ~1.0 (Fig. 9f). Changing the thermal forcing also impacted both the temperature and nutrient dependence of diatom and nanoflagellate growth, particularly in May and June, but not as severely as the winds (Fig. 9).

562

563 4 Discussion

564 4.1 Spring Phytoplankton Biomass

Our model results showed that spring diatom biomass increased earlier during NPGO 565 negative (warm-phase) years in the Central SoG, which is consistent with previous satellite-566 567 based studies in the region (Suchy et al., 2019; Suchy et al., 2022). Earlier blooms can occur due to a number of factors including higher spring SST, increased freshwater runoff, increased 568 stratification, more light (PAR), weaker winds, or a combination of these factors. The model 569 570 experiments determined that thermal forcing had the strongest influence on spring diatom bloom timing in the Central SoG, followed by winds (but to a lesser degree). Although derived from 571 different methods and a slightly larger study area, Suchy et al., (2022) also correlated the spring 572 bloom in the Central SoG with both the NPGO and SST (and to PAR and wind). In contrast to 573 our results, a 1-D model at a single location in the Central SoG found no direct relationship 574 between temperature and spring bloom timing; however, a weak relationship was observed 575 between bloom timing and NPGO (r = 0.36, p = 0.05; Allen & Wolfe, 2013), which supports our 576 findings. Furthermore, Allen & Wolfe, (2013) showed that the occurrence of earlier than average 577 578 spring blooms was strongly linked to weaker winds and decreased cloud cover, both of which result in an increase in SST. Warm-phase conditions can have both direct and indirect effects on 579 phytoplankton, which is why the spring bloom is often correlated with numerous environmental 580

drivers. For example, warmer SST can increase the photosynthetic rate of phytoplankton cells (Henson et al., 2006) or increase cell division (Hunter-Cevera et al., 2016), thus causing phytoplankton biomass to increase earlier than normal. Alternatively, warm conditions may increase spring stratification and indirectly cause an earlier bloom to occur (Chiba et al., 2008). It should be noted that our model experiments revealed that the largest changes in spring diatom biomass were related to changes in light availability (Fig. 7) as opposed to SST, alone, in agreement with Allen & Wolfe, (2013).

As a consequence of the spring diatom biomass peaking earlier, the model also showed 588 that nutrients became more limiting to diatom growth earlier (beginning in April) in the spring of 589 warm-phase years (solid red lines; Fig. 9). In comparison, temperature dependence on diatom 590 growth remained consistent from January to April between cold and warm years. In fact, the 591 direct effects of temperature on the growth of diatoms and nanoflagellates were not observed 592 until May and June of warm and cold years, respectively (Fig. 9). Below, we discuss how the 593 conditions set up during the spring (March to May), and the resulting early spring peak in diatom 594 biomass during warm-phase years, have implications for nutrient limitation in the summer (June 595 to August). In addition, we discuss our model results in the context of the known implications on 596 597 the match-mismatch of peak phytoplankton biomass available as food for zooplankton predators in the region during warm-phase years (Suchy et al., 2022). 598

599

4.2 Summer Phytoplankton Biomass

Warm-phase years exhibited lower overall summer diatom biomass and an earlier shift to nanoflagellate dominance compared to cold-phase years. Specifically, nanoflagellates dominated the phytoplankton biomass in July of warm-phase years, but not until August of cold-phase years

(Fig. 4). Similar shifts in the phytoplankton community have been observed in other regions in 604 response to large-scale climate indices. For example, the negative NPGO (warm) phase was 605 previously linked to shifts from diatom- to dinoflagellate-dominated communities in the 606 California Current System (Fischer et al., 2020). In addition, negative NPGO (and positive PDO) 607 periods with low winds and warmer temperatures have been associated with an earlier shift to 608 609 dinoflagellate-dominated phytoplankton communities in San Luis Obispo Bay, also within the California Current System (Barth et al., 2020). Although SalishSeaCast does not explicitly model 610 dinoflagellates, we compared our results to these studies with the understanding that our 611 nanoflagellate group possesses characteristics similar to dinoflagellates including being smaller 612 in size, slower-growing, and more efficient at growing in low nutrient conditions and on 613 regenerated nutrients. 614

Previous SalishSeaCast model results found that phytoplankton in the Central SoG 615 typically transition to increased nanoflagellate biomass near the beginning of June, with 616 nanoflagellates then continuing to exhibit high biomass throughout the summer (Jarníková et al., 617 2022). Although in situ phytoplankton community composition studies are lacking in the region, 618 HPLC-based studies have similarly shown that diatom-dominated blooms occur in spring in the 619 620 Northern SoG, but transition to flagellate-type groups such as prasinophytes and cryptophytes during the summer (but diatoms are still present; Del Bel Belluz et al., 2021). Our model results 621 are also supported by observations from Nemcek et al., (2023) who found that large centric 622 623 diatoms predominate in spring (April) and then smaller mixed nanoflagellates including prasinophytes, haptophytes, cryptophytes, and raphidophytes (represented by our nanoflagellate 624 625 model class; Supp. Fig. S1) predominate starting in early June when nitrate concentrations 626 become limiting (Nemcek et al., 2023). Here we showed that the earlier shift to nanoflagellate-

627	dominated phytoplankton biomass during warm years was related to the increased nitrogen
628	limitation experienced by diatoms (Figs. 5, 9). On a global scale, increased ocean warming has
629	been shown to result in more nutrient-depleted conditions in the surface ocean, favouring small
630	phytoplankton at the expense of diatoms (Bopp et al. 2005). Therefore, we expect that any
631	additional climate signals contributing to warmer conditions and earlier spring blooms (e.g., El
632	Niño events, climate-induced warming) will produce similar results as those observed during
633	NPGO negative (warm-phase) years.
634	
635	4.3 Summer Nutrient Re-supply
636	One key feature of the NPGO is its association with higher nutrient concentrations along
637	the northeast Pacific boundary (Di Lorenzo et al., 2009) and in the subarctic North Pacific
638	(Yasunaka et al., 2016) during cold-phase years. The positive-phase of the NPGO (cold years)
639	has been associated with changes in horizontal advection in the eastern North Pacific, with
640	intense westerly winds forcing nutrient-rich water southward from the subarctic to midlatitudes
641	(Yasunaka et al., 2016). These wind-induced changes were shown to deepen the mixed layer and
642	result in enhanced entrainment of nutrients in the surface waters (Yasunaka et al., 2016). In the
643	Central SoG, positive 0-10 m nitrate anomalies also predominated from 2007 and 2013,
644	corresponding to the NPGO positive (cold-phase) years, whereas negative nitrate anomalies
645	persisted during warm-phase years (2014-2020; Supp Fig. S2). An analysis of nitrate and silicon
646	concentrations along the thalweg (deepest portion along a transect) revealed that this pattern of
647	higher nitrate and silicon concentrations during NPGO positive (cold-phase) years was prevalent
648	throughout the Salish Sea and not limited to our Central SoG study region (Supp. Fig. S5).

The large-scale, basin-wide processes contributing to differences in regional nutrient 649 concentrations during NPGO negative and positive years were beyond the scope of this study. 650 However, the model experiments showed that nutrient concentrations at the beginning of the year 651 (lower during warm-phase years) had little effect on Central SoG diatom biomass in the spring 652 and summer. Instead, variability in wind-driven resupply of nutrients to the surface waters during 653 654 the summer (July and August) between cold- and warm-phase years had the most significant impact on summer diatom biomass. The overall differences observed in mean wind speed 655 between cold and warm years were larger than, or at least on the same order of magnitude as, the 656 difference between winter and summer winds within a given year (Fig. 3e), thereby representing 657 substantial differences in mixing and nutrient resupply. Previously, Moore-Maley & Allen, 658 (2022) determined that wind-driven upwelling during the summer months results in periodic 659 nutrient resupply to the surface waters in the SoG. In addition, wind events in the Northern SoG 660 have been shown to result in episodic diatom blooms during summer (Del Bel Belluz et al., 661 2021). These upwelling events are critical for resupplying nitrate to the surface waters and tend 662 to favour the opportunist-type diatoms in the model over the slower-growing nanoflagellates 663 which tend to do better in low nitrate conditions (Jarníková et al., 2022). 664

Applying the warm year (weaker) winds to the cold year experiment resulted in a stronger halocline, a decrease in surface nitrate and silicon concentrations, and, ultimately, a reduction in diatom biomass (Fig. 8d-f). In contrast, although applying the cold year winds to the original warm year resulted in a weaker halocline coupled with an increase in nutrient concentrations (Fig. 7d,e), no subsequent increase in summer diatom biomass was observed (Fig. 7f). We suspect that the conditions set up during the spring of warm years resulted in diatoms being under too much temperature dependence/nutrient limitation for their biomass to recover even though the ratio of diatom to nanoflagellate growth increased (Fig. 9), thus resulting in thepredominance of nanoflagellates throughout the warm year summers.

674

675 4.4 Zooplankton Grazing

Overall, the total amount of food available to zooplankton was similar between cold and 676 warm years. Mean grazing on diatoms and nanoflagellates combined was 3.0 and 3.2 μ m N d⁻¹ 677 for Z1 and 4.1 and 3.9 µm N d⁻¹ for Z2 for cold and warm years, respectively. Our results 678 showed some evidence of higher grazing, periodically, during warm years. For example, both Z1 679 and Z2 zooplankton classes grazed on more food in March of warm years. In addition, total 680 grazing by the Z2 model class was higher during July and August of warm years. Nevertheless, 681 zooplankton in the model grazed on a higher proportion of nanoflagellates during warm years 682 compared to cold years despite a set feeding preference for diatoms (0.28) over nanoflagellates 683 (0.10; Suchy et al., 2023). Following the initial increase in diatom biomass in the spring, the Z1 684 model class grazed predominately on diatoms in March of warm years, but diatom-dominated 685 grazing did not occur until April of cold years (Fig. 6). The Z1 and Z2 model classes both 686 exhibited a decrease in diatom grazing in June of cold and warm years; however, this decrease in 687 688 diatom grazing was more substantial in warm years and a switch to higher nanoflagellate grazing was observed to occur throughout the summer months (June to August) following the same 689 pattern as we observed for phytoplankton biomass (Fig. 4). 690

These findings have implications in terms of the quality of the diet available to zooplankton given that phytoplankton groups have differing nutritional content and essential fatty acid composition (Jónasdóttir et al., 2005). In general, a mixed diet of both diatoms and flagellates is thought to provide the necessary essential fatty acids for the growth and development of zooplankton in the region (El-Sabaawi et al., 2009 and references therein).
Therefore, our results suggest that the nanoflagellate-predominance during the summer months
of warm-phase years, coupled with the low biomass of diatoms as a supplemental food source,
may have resulted in a lower quality diet for zooplankton during strongly negative NPGO
(warm-phase) years.

700

701 4.5 Implications for Higher Trophic Levels

In addition to the nutritional implications for zooplankton, the timing of the seasonal 702 703 succession from a diatom- to nanoflagellate-dominated diet is important because these two phytoplankton groups represent different trophic pathways. Within the SoG, a phytoplankton 704 community dominated by larger-celled diatoms (typical of spring) is thought to transfer energy 705 more efficiently to higher trophic levels through the 'classic' food chain (Parsons et al., 1969; 706 Harrison et al., 1983). Furthermore, a diatom-dominated phytoplankton community supports 707 larger, lipid-rich copepods and euphausiids (Mackas et al., 2013; Suchy et al., 2022), which are 708 high quality prey for juvenile fish. In comparison, a nanoflagellate-dominated phytoplankton 709 community could shift the zooplankton community to smaller-sized individuals, which are of 710 711 poorer quality to zooplanktivorous animals (Sommer & Lengfellner, 2008).

Mackas et al., (2013) determined that the SoG zooplankton biomass signal correlates positively with NPGO, negatively with temperature, and positively (but less consistently) with SoG salmon and herring anomalies; however, their study did not determine the proximal causal mechanisms of these relationships and only suggested that a potential timing match-mismatch within the SoG was involved. Furthermore, Perry et al., (2021) related zooplankton biomass anomalies and salmon marine survival to the warm-phase years of the PDO (corresponds to 718 negative NPGO) and spring bloom timing, but nutrient information and phytoplankton community composition data were not included in their study. Since juvenile salmon typically 719 enter the SoG to feed anywhere from mid-April to late July, depending on the species, before 720 721 migrating to the open ocean (Beamish et al., 2010; Neville et al., 2015; Grant et al., 2017), we examined our model results over this critical time period (Fig. 10c). Our results showed that 722 nutrient limitation changes the food quality for zooplankton during this critical period, from a 723 diatom- to nanoflagellate-dominated diet, during warm-phase years with earlier blooms. It is 724 possible that this poorer quality zooplankton diet during warm-phase years may be the link in the 725 previously observed relationships between zooplankton biomass anomalies and variations in 726 salmon survival in the region. We note that other climate signals (e.g., positive PDO phase, El 727





Figure 10. Summary Figure showing relationship between physical, chemical, and biological anomalies in the Central SoG in relation to the NPGO index across SalishSeaCast model years (a). Anomalies for HRDPS winds and model SST and 0-10 m nitrate (b) and anomalies in depth-732 integrated (0-100 m) model diatom biomass and diatom:nanoflagellate grazing by zooplankton 733 averaged over the "critical period" for juvenile salmon (May to July). 734

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Niño) and warming events (e.g., marine heatwaves) may also be associated with weaker winds, 737

increased SST, and increased stratification. Thus, in addition to the warm-phase of the NPGO, 738

we suspect that the quality of food for zooplankton may be affected by any warming scenario
wherein a limited amount of nutrients are being resupplied to the surface waters in this region.

742 4.6 Study Limitations

We presented average cold vs. warm year results in this study for the sake of simplicity, 743 744 but we note the importance of interannual variability in the Central SoG. Interannually, the environmental parameters showing the most consistent differences between our four cold and 745 four warm years were SST, wind, and nitrate concentrations, particularly in the spring, while 746 other parameters (e.g., halocline strength, Fraser River discharge) were more variable (Supps. 747 Fig. S3). For example, 2015 was one of the warm-phase years, exhibiting the warmest SST, 748 weakest winds, freshest water, and lowest nutrient concentrations during the spring months, 749 which was a pattern that followed the other warm years in our study. However, winds during the 750 summer of 2015 were more characteristic of the cold years in our study (i.e., stronger), 751 resupplying enough nutrients to the surface waters to result in an increase in summer diatom 752 biomass. In addition, Fraser River runoff during our "cold" year 2012 was exceptionally high in 753 late spring/early summer compared to the other cold years. This high river flow co-occurred with 754 755 weaker summer winds, which were more characteristic of warm years. As a result, we interpret our results with the understanding that other signals, i.e., marine heatwaves, El Niño, or La Niña 756 events, are not mutually exclusive. Thus, the interannual variability in environmental parameters 757 758 resulting from those signals may influence nutrient delivery to the surface waters, resulting in a pattern that diverges from our "average" conditions. 759

Furthermore, we note the importance of the spatial variability not considered in this
 study. Previous studies have highlighted distinct spatial patterns in the relationships between

climate variability and diatom abundance in the North Atlantic (Edwards et al., 2022). The 762 thalweg plots shown in Figure 5 indicate that the SoG is particularly impacted by both 763 temperature and nutrient limitation compared to other regions within the Salish Sea. Yet, even 764 within the SoG there exists spatial variability in how phytoplankton respond to different 765 environmental drivers (Suchy et al., 2019). Therefore, we highlight that our results are 766 767 representative of the Central SoG, only, and cannot necessarily be extrapolated to other subregions of the Salish Sea given the distinct spatial and temporal variability present in other 768 regions (e.g., Jarníková et al., 2022; Suchy et al., 2023). 769

770

4.7 Model Limitations

Due to the optimum temperature imposed on diatom and nanoflagellate growth in the 772 model, we note that the model is likely overestimating the temperature effect we observed. The 773 combination of temperature and nutrient response employed in these simulations allowed the 774 model to successfully capture spring and summer nutrient and chlorophyll levels; however, it is 775 possible that a different set of parameters could represent the chlorophyll levels equally well, but 776 be better suited to the temperature and nutrient conditions in the Salish Sea. However, given the 777 778 good agreement overall, the over-estimation of the temperature effect must be compensated by an underestimation of the nutrient effect in the model. That said, even after increasing the 779 model's optimum temperature for diatoms during the threshold experiments, cold year diatom 780 781 biomass was still higher compared to warm years. A sensitivity analysis across the full possible temperature- and nutrient-response parameter space was outside the scope of this study. 782 783 Furthermore, although we can use the model to assess phytoplankton biomass and the 784 resulting food available to the Z1 and Z2 model classes, we were more restricted in our

conclusions about zooplankton biomass due to the imposed closure term of the Z2 zooplankton
group. Drawing conclusions about the biomass of the Z2 class is complicated by the fact that the
domain-wide biomass is set in the model. Thus, any changes that were observed in the Central
SoG biomass reflects changes in the spatial pattern of Z2 throughout the entire model domain.

790 **5 Conclusions**

We used a three-dimensional coupled biophysical model, SalishSeaCast, to determine the 791 mechanistic link between the NPGO and plankton dynamics in the Central SoG. The model 792 793 showed that spring diatom biomass increased earlier during NPGO negative (warm-phase) years and that thermal conditions, followed by winds, had the strongest influence on bloom timing. 794 NPGO negative (warm-phase) years exhibited lower overall summer diatom biomass and an 795 earlier shift to nanoflagellate-dominance compared to NPGO positive (cold-phase) years because 796 of conditions set up during the spring. This study revealed that variability in wind-driven 797 resupply of nutrients to the surface waters during the summer (July and August) between cold-798 and warm-phase years had the most significant impact on summer diatom biomass, and 799 ultimately on the food available to zooplankton grazers. As a result, the Z1 and Z2 model classes 800 801 grazed on a higher proportion of nanoflagellates during the summer of warm-phase years, suggesting that zooplankton in warm years fed on a poorer quality diet during the critical period 802 wherein juvenile salmon are feeding in the Central SoG. 803

Using the model experiments, our systematic analysis of the environmental drivers allowed us to isolate wind-driven resupply of nutrients during the summer as being the key determinant of variability in phytoplankton biomass in warm-phase versus cold-phase years. This mechanistic linkage is relevant in the context of any conditions (e.g., strong El Niño events,

808	positive phases of the PDO) favouring weaker winds or increased stratification, both of which
809	limit the amount of nutrients being replenished to the surface waters. Ultimately, we may see an
810	increase in the occurrence of nanoflagellate-dominated communities (Barth et al., 2020) as
811	climate-change driven ocean warming continues.
812	
813	Acknowledgments
814	This work was funded by the British Columbia Salmon Restoration and Innovation Fund
815	of Fisheries and Oceans, Canada (grant #BCSRIF_2019_092). Computational resources for
816	SalishSeaCast are provided by Compute Canada (now Digital Research Alliance of Canada),
817	Ocean Networks Canada, and Advanced Research Computing and the Department of Earth,
818	Ocean and Atmospheric Sciences both of the University of British Columbia. The SalishSeaCast
819	model software environment was developed by Doug Latornell.
820	
821	Open Research
822	SalishSeaCast model results (version 201905; Olson et al., 2020, Suchy et al., 2023) and
823	model forcing fields are available online: (http://salishsea.eos.ubc.ca/erddap/griddap/index.html).
824	The model code for NEMO-3.6 is available from the NEMO website (<u>www.nemo-ocean.eu</u> ;
825	Madec et al, 2017). Additional model runs for the model experiments will be available from the
826	Canadian Federated Research Data Repository (Suchy et al, 2024a). The Jupyter Notebooks used
827	for model output and analysis in this paper are available on GitHub preserved at
828	https://zenodo.org/doi/10.5281/zenodo.10652235 (Suchy et al., 2024b)
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831	
832 833	Author Contributions
834	KDS performed the analyses and drafted the initial manuscript. SEA performed the
835	hindcast simulations of SalishSeaCast and the model experiments. All authors contributed
836	equally to the development of the research concept and to the manuscript beyond the initial draft.
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Supporting Information for

Mechanistic Links Between Climatic Forcing and Model-based Plankton Dynamics in the Strait of Georgia, Canada

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Figures S1 to S8

Introduction

This supporting information includes additional detail on model evaluations and interannual variability in model output.



Figure S1. Point-by-point comparisons of SalishSeaCast model diatoms (top panels) and model nanoflagellates (bottom panels) evaluated against high performance liquid chromatography (HPLC) phytoplankton data from Nemcek et al., (2023) collected at stations throughout the Canadian waters of the Salish Sea from 2015-2019. Pearson correlation coefficient, r, is provided.



Figure S2. Monthly NPGO index during SalishSeaCast model years 2007 to 2020 and model-based 0-10 m depth-averaged nitrate anomalies from the Central Strait of Georgia, BC.



Figure S3. Interannual variability in the local physical parameters for the four coldest (NPGO positive; blue lines) and warmest (NPGO negative; red lines) years in the Central Strait of Georgia, BC.



Figure S4. Interannual variability in nutrients (nitrate, silicon) and 0-100 m depthintegrated diatom biomass for the four coldest (NPGO positive; blue lines) and warmest (NPGO negative; red lines) years in the Central Strait of Georgia, BC.



Figure S5. Winter nitrate and silicon anomalies along the thalweg during cold (a,c) and warm (b,d) years in the Canadian waters of the Salish Sea.







Figure S7. Results of experiments taking a "typical" warm year (WY) and swapping parameters from a "typical" cold year (CY). Nitrate and silicon are depth-averaged over 0-10 m; diatoms are depth-integrated over 0-100 m.



Figure S8. Results of experiments taking a "typical" cold year (CY) and swapping parameters from a "typical" warm year (WY). Nitrate and silicon are depth-averaged over 0-10 m; diatoms are depth-integrated over 0-100 m.