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Key Points:

- Basin-wide depth profiles of nitrate $\delta^{15}\text{N}$ and $\delta^{18}\text{O}$ support an external supply of low- $\delta^{15}\text{N}$ N into the Mediterranean Sea.
- Nitrate $\delta^{15}\text{N}$ can be explained by modest rates of N_2 fixation, anthropogenic N deposition, and/or partial breakdown of dissolved organic N.
- The ^{15}N -depleted input is best expressed in the eastern basin due to isolation from the Atlantic nitrate inflow.

21 **Abstract**

22 This study presents basin-wide, full-depth profiles of nitrate $\delta^{15}\text{N}$ (*vs.* Air) and $\delta^{18}\text{O}$ (*vs.* Vienna
23 Standard Mean Ocean Water, VSMOW) in the Mediterranean Sea, based on seawater samples
24 collected during three separate cruises: the TalPro cruise in summer 2016, the MSM72 cruise in
25 spring 2018, and the HaiSec45 cruise in spring 2021. Our results reveal a consistent ^{15}N
26 depletion across the entire Mediterranean Sea in comparison to the global ocean, with
27 significantly lower nitrate $\delta^{15}\text{N}$ values in the eastern basin ($2.2 \pm 0.2\text{‰}$) than in the western basin
28 ($2.9 \pm 0.1\text{‰}$). In contrast, there is no significant difference in nitrate $\delta^{18}\text{O}$ between the two basins
29 ($2.2 \pm 0.3\text{‰}$ and $2.1 \pm 0.2\text{‰}$, respectively). These observations point to an external supply of
30 low- $\delta^{15}\text{N}$ N (ultimately, nitrate) to the Mediterranean Sea. This supply is gradually diluted by the
31 Atlantic nitrate inflow, thus creating an east-to-west gradient in nitrate $\delta^{15}\text{N}$. Earlier studies have
32 attributed this external low- $\delta^{15}\text{N}$ N supply to either N_2 fixation or atmospheric deposition of
33 anthropogenic N. A prognostic four-box model reveals that given the 120 – 170-year residence
34 time of water in the Mediterranean Sea, modest rates of these sources, individually or in
35 combination, can account for the observed low $\delta^{15}\text{N}$ values. Additionally, we identify partial
36 degradation of dissolved organic nitrogen, introduced into the Mediterranean Sea from the
37 Atlantic Ocean, as another possible source of low- $\delta^{15}\text{N}$ nitrate. Distinguishing among these
38 sources will require reconstruction of Mediterranean nitrate $\delta^{15}\text{N}$ through time, using
39 paleoceanographic proxies.

40

41 **1 Introduction**

42 The Mediterranean Sea is the largest semi-enclosed marine basin. It is characterized by
43 an anti-estuarine circulation in which the Atlantic surface water inflow (AW) via the Strait of
44 Gibraltar is modified through evaporation on its way to the east, leading to the formation of new
45 intermediate (Levantine Intermediate Water, LIW) and deep waters that are ultimately exported
46 as Mediterranean Outflow Water to the Atlantic Ocean (Schneider et al., 2014). The anti-
47 estuarine circulation gives rise to pronounced oligotrophic conditions in the western
48 Mediterranean basin, which reaches ultraoligotrophic conditions in the eastern Mediterranean
49 basin (Bethoux, 1989; Pujo-Pay et al., 2011). This is attributed to the import of surface waters

50 from the Atlantic Ocean and the export of more nutrient-rich waters at depth (Krom et al., 2010;
51 Powley et al., 2017).

52 Measurements of nitrate $\delta^{15}\text{N}$ have revealed low $\delta^{15}\text{N}$ values (i.e., 2 – 3‰ (vs. Air)) in the
53 deep Mediterranean Sea (Emeis et al., 2010; Pantoja et al., 2002) compared to other deep waters,
54 which typically have a nitrate $\delta^{15}\text{N}$ value of 4.6‰ or higher (Sigman et al., 2000, 2009).
55 Different authors have attributed the low nitrate $\delta^{15}\text{N}$ values in the Mediterranean Sea to one of
56 two processes: N_2 fixation (e.g., Pantoja et al., 2002; Sachs and Repeta, 1999) or anthropogenic
57 inputs (e.g., Emeis et al., 2010; Krom et al., 2004). N_2 fixation describes the biological
58 conversion of atmospheric N_2 to fixed N by diazotrophs and introduces nitrate to the ocean
59 interior with a $\delta^{15}\text{N}$ of $\sim -1\text{‰}$ largely through export production of organic nitrogen (N) and its
60 remineralization (Carpenter et al., 1997; McRose et al., 2019; Minagawa & Wada, 1986).
61 Anthropogenic input consists of river discharge and atmospheric deposition. River discharge into
62 the Mediterranean Sea does appear to add a substantial amount of N into the Mediterranean Sea,
63 but this N has expected to have a high nitrate $\delta^{15}\text{N}$ ($\sim 8 - 12\text{‰}$, Johannsen et al., 2008; Mayer et
64 al., 2002) that cannot explain the low nitrate $\delta^{15}\text{N}$ of the Mediterranean interior waters. In
65 contrast, atmospheric deposition, both wet and dry, shows consistently negative $\delta^{15}\text{N}$ values for
66 nitrate deposition (i.e., weighted annual average of -3.1‰ ; Mara et al., 2009), making it a
67 plausible candidate for reducing nitrate $\delta^{15}\text{N}$ of the Mediterranean Sea.

68 The anomalously high nitrate-to-phosphate (N:P) ratio in intermediate and deep
69 Mediterranean waters is considered as a supporting argument for a N-dominated nutrient source
70 to the Mediterranean Sea, consistent with either N_2 fixation or anthropogenic deposition (e.g.,
71 Krom et al., 2010; Pantoja et al., 2002; Powley et al., 2014; Sachs & Repeta, 1999). In the
72 western basin, the N:P ratio is 23:1, increasing to 28:1 in the eastern basin (Béthoux et al., 1998;
73 Kress & Herut, 2001; Krom et al., 1991, 2005; Pujó-Pay et al., 2011; Ribera d'Alcalà et al.,
74 2003), much higher than the Redfield ratio of 16:1 (Redfield et al., 1963).

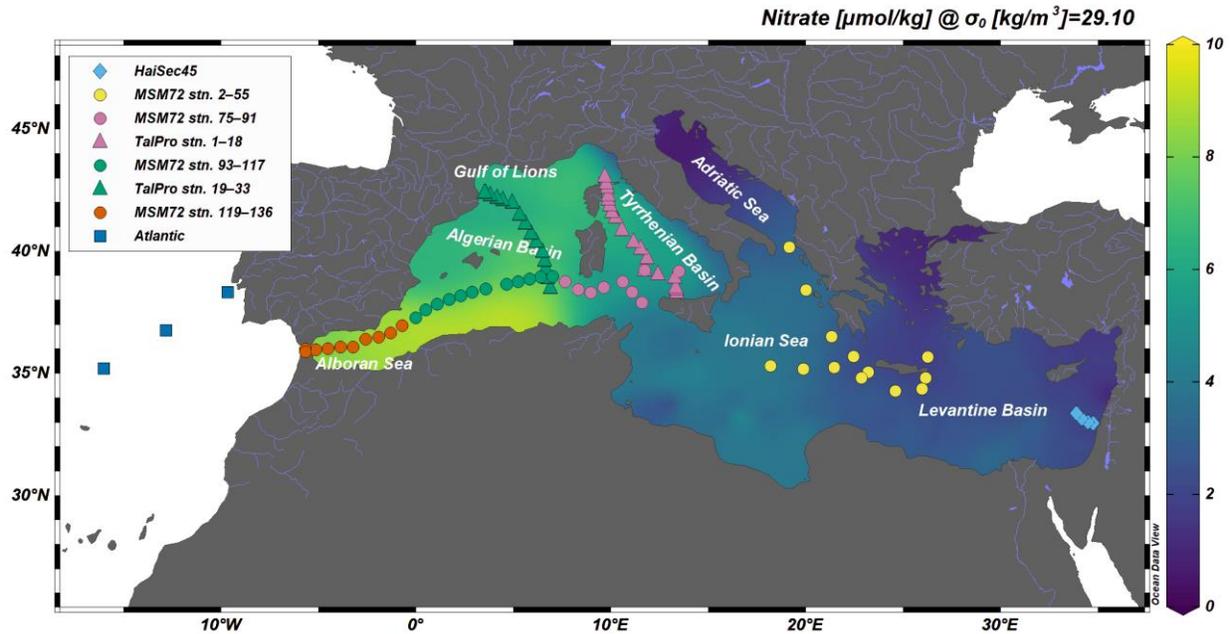
75 In this study, we present nitrate $\delta^{15}\text{N}$ and $\delta^{18}\text{O}$ depth sections across all basins of the
76 Mediterranean Sea. This dataset is used to investigate the origins of the low nitrate $\delta^{15}\text{N}$ in the
77 Mediterranean Sea. To aid in this effort, a prognostic four-box model of fixed N and its isotopes
78 is developed and applied.

79

80 **2 Materials and Methods**

81 2.1 Sampling

82 Seawater samples were collected during the TalPro cruise in August 2016 as part of the
83 MedSHIP-program (Mediterranean ship-based hydrographic investigations program), the
84 MSM72 cruise in March – April 2018 contributing to the global repeat hydrography program
85 GOSHIP, and the HaiSec45 cruise in March 2021 (Figure 1). The TalPro cruise with R/V
86 *Angeles Alvariño* included two transects with 33 stations sampled for nitrate $\delta^{15}\text{N}$ and $\delta^{18}\text{O}$
87 across the Tyrrhenian Sea and the Algerian Sea in the western Mediterranean Sea. The MSM72
88 cruise onboard the German R/V *Maria S. Merian* covered an east-to-west transect across the
89 eastern and western basins as a repeating hydrographic line in GOSHIP (MED1) and a northward
90 transect in the eastern Ionian Sea; in total, 44 stations were sampled. The HaiSec45 cruise on the
91 R/V *Bat-Galim* took place offshore Israel (Haifa) from which we received seawater samples
92 from 8 stations. For all cruises, seawater was collected for nitrate isotopes from surface to
93 bottom using 10 L Niskin bottles attached to a Sea_Bird CTD rosette system (see Hainbucher et
94 al., 2020). Unfiltered seawater was collected in MilliQ-washed HDPE Nalgene bottles which
95 were rinsed generously with sample water before filling. The samples were stored frozen at
96 $-20\text{ }^{\circ}\text{C}$ until analysis. Nutrient concentrations (nitrite, nitrate + nitrite, phosphate) were
97 performed onboard with either a four-channel QuAAtro continuous flow analyzer from SEAL
98 analytical (Germany) following the SEAL analytical protocol (MSM72 and TalPro cruises,
99 Hainbucher et al. 2020) or a three-channel segmented flow auto-analyzer system (AA-3, SEAL
100 analytical) (Sisma-Ventura et al., 2022).



101
 102 **Figure 1.** Locations of all water samples plotted over nitrate concentration on the 29.1 kg/m³
 103 isopycnal, which corresponds to the intermediate water mass. The TalPro cruise stations are
 104 indicated with purple (Tyrrhenian section, stations TalPro 1 – 18) and green (Algerian section,
 105 stations TalPro 19 – 33) triangles. The MSM72 cruise is shown in colored circles as an east-to-
 106 west transect (Zonal transect, eastern stations MSM72 stn. 2 – 13 and MSM72 stn. 47 – 55,
 107 western stations MSM72 stn. 75 – 136), and the Ionian section (stations MSM72 stn. 13 – 40) in
 108 the eastern basin as a northward transect. The light blue diamonds offshore Israel indicate the
 109 HaiSec45 cruise. For reference, the stations outside the Strait of Gibraltar (Atlantic Ocean) are
 110 shown as blue squares.

111

112 2.2 Nitrate $\delta^{15}\text{N}$ and $\delta^{18}\text{O}$ analyses

113 Samples with nitrate + nitrite concentrations of $\geq 0.3 \mu\text{mol/kg}$ were analyzed for nitrate
 114 $\delta^{15}\text{N}$ and $\delta^{18}\text{O}$ in at least duplicates by the ‘denitrifier’ method, in which denitrifying bacteria
 115 *Pseudomonas chlororaphis ssp. aureofaciens* (ATCC 13985), lacking an active N_2O reductase,
 116 quantitatively convert nitrate and nitrite into N_2O (Casciotti et al., 2002; Sigman et al., 2001). The
 117 isotopic composition of N_2O was then measured by Gas Chromatography-Isotope Ratio Mass
 118 Spectrometry (GC-IRMS) using a Thermo Scientific MAT 253 mass spectrometer coupled to a
 119 custom-built N_2O extraction and purification interface (Weigand et al., 2016). Measurements are
 120 referenced to air- N_2 for nitrate $\delta^{15}\text{N}$ and Vienna Standard Mean Ocean Water (VSMOW) for
 121 nitrate $\delta^{18}\text{O}$ using international nitrate reference standards IAEA-NO-3 and USGS34.

122 Additionally, an in-house standard was run in parallel to assess the long-term reproducibility.
123 The in-house standard consists of seawater nitrate sampled in the deep Atlantic Ocean and
124 diluted with nutrient-depleted seawater to reach the concentration range given by the samples.
125 For a concentration range between 2 μM and 10 μM , the long-term reproducibility (i.e., standard
126 deviation) of the in-house standard for nitrate $\delta^{15}\text{N}$ and $\delta^{18}\text{O}$ was 0.1‰ and 0.2‰, respectively.
127 For nitrate + nitrite concentrations of 0.3 – 2 μM higher standard deviations are observed (0.4‰
128 and 0.6‰ for $\delta^{15}\text{N}$ and $\delta^{18}\text{O}$, respectively). Replicate analyses of the samples between runs
129 indicate a median 1sd reproducibility (i.e., standard deviation) of 0.04‰ and 0.1‰ between
130 2 μM and 10 μM for $\delta^{15}\text{N}$ and $\delta^{18}\text{O}$, respectively, and 0.1‰ and 0.5‰ for 0.3 – 2 μM ,
131 respectively. Errors are given as standard deviation if not otherwise specified.

132 Even a small proportion of nitrite (NO_2^-) in the nitrate + nitrite pool can affect the
133 isotopic measurement of nitrate $\delta^{15}\text{N}$ and $\delta^{18}\text{O}$ significantly (Fawcett et al., 2015; Fripiat et al.,
134 2019; Kemeny et al., 2016). The samples with detectable nitrite concentrations (i.e., with nitrite
135 contribution more than 0.25% of the nitrate + nitrite pool) and samples shallower than 300 m
136 depth were treated with sulfamic acid to remove the nitrite prior to isotopic analysis, yielding
137 nitrate-only isotopic values (Granger & Sigman, 2009). In cases where samples exhibit
138 undetectable nitrite concentrations, isotope measurements represent isotopic values solely
139 associated with nitrate. In this manuscript, we report only nitrate-only $\delta^{15}\text{N}$ and $\delta^{18}\text{O}$ values,
140 while the effects of nitrite in the upper ocean and the comparison with nitrate + nitrite data will
141 be interpreted elsewhere.

142

143 2.3 Dissolved organic N concentrations and $\delta^{15}\text{N}$

144 Dissolved organic N (DON) measurements are based on the method described by Knapp
145 et al. (2005) where total N (i.e., particulate N, DON, ammonium, nitrite and nitrate) is oxidized
146 to nitrate by mixing 1 mL of persulfate oxidizing reagent (POR) (which is made with 1 g of
147 NaOH dissolved in MilliQ and 1 g of recrystallized $\text{K}_2\text{S}_2\text{O}_8$) with 2 mL of sample. The nitrate is
148 then converted to N_2O using the ‘denitrifier’ method as described above. For the concentration,
149 nitrate is measured by chemiluminescence using a Teledyne NO_x analyzer as described in
150 Braman & Hendrix (1989).

151 To correct for the blank associated with the POR solution, POR blanks were prepared in
152 duplicate along with the samples. Amino acid standards (USGS40 and USGS65) report a long-
153 term reproducibility of 0.2‰, and replicate analyses of the samples indicate a median 1sd
154 reproducibility of 0.2‰. By assuming that there is no significant ammonium and particulate N
155 (PN) accumulation in the samples, DON concentrations are calculated by subtracting the
156 concentrations of nitrate + nitrite from the TN concentrations (e.g., Knapp et al., 2005). DON
157 $\delta^{15}\text{N}$ is calculated by mass balance, requiring the previously calculated concentrations and the
158 measured $\delta^{15}\text{N}$ of nitrate + nitrite, and TN:

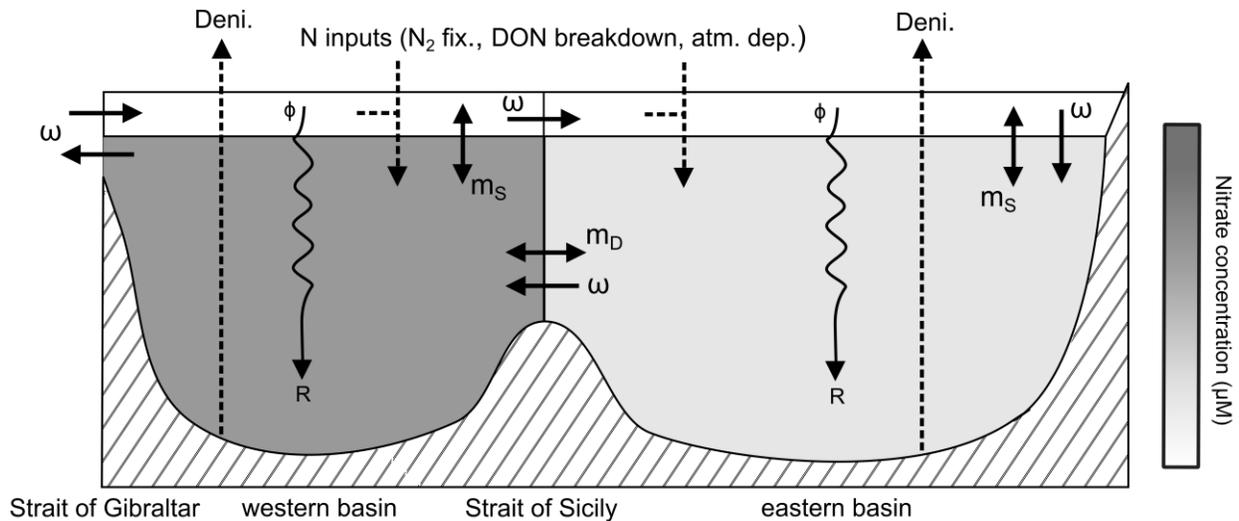
$$159 \quad DON\delta^{15}N = (TN\delta^{15}N * [TN] - NO_3^- \delta^{15}N * [NO_3^-])/[DON] \quad (1).$$

160 Errors on DON concentration and DON $\delta^{15}\text{N}$ are given as standard deviation if not otherwise
161 specified.

162

163 2.4 Box model of the Mediterranean Sea

164 A prognostic four-box model of the Mediterranean Sea has been developed to better
165 constrain the sources of nitrate into the Mediterranean Sea by using the approach described in
166 Fripiat et al. (2023) for the global ocean. The Mediterranean Sea is divided into four boxes: deep
167 ocean in the western basin, surface waters in the western basin, deep ocean in the eastern basin,
168 surface waters in the eastern basin (Figure 2). The surface water is defined as the upper 100 m of
169 the water column and roughly corresponds to the mixed layer.



170

171 **Figure 2.** Prognostic four-box model of the Mediterranean Sea. Surface and deep waters of both
 172 the western and eastern basin each represent one box, which exchange water and dissolved
 173 constituents among each other by advection or mixing. See text for details.

174 Water and dissolved constituents are exchanged among the different boxes either by
 175 advective fluxes (ω) (Bryden et al., 1994; Tsimplis & Bryden, 2000), i.e., anti-estuarine
 176 circulation consisting of inflow of Atlantic water through the Strait of Gibraltar at the surface
 177 and just below the sill depth which is tidally heaved over the sill into the Mediterranean Sea, and
 178 an outflow of dense Mediterranean water, or mixing fluxes (m) between the two deep basin at
 179 the Strait of Sicily (m_D) and between surface and deep waters (m_S). The advective flux (ω)
 180 transports water from the Atlantic Ocean to the surface waters in the western basin, to the surface
 181 waters in the eastern basin, to the deep ocean in the eastern basin, to the deep ocean in the
 182 western basin, and to the Atlantic Ocean. The Atlantic Ocean is considered as an infinite and
 183 homogeneous reservoir with a range for nitrate and phosphate concentrations of $0.5 - 5.0 \mu\text{M}$
 184 and $0.03 - 0.35 \mu\text{M}$, respectively. These ranges encompass the range given in the literature
 185 (Gómez et al., 2000; Powley et al., 2017). The nitrate $\delta^{15}\text{N}$ of the Atlantic input is set between
 186 4.0‰ and 5.0‰ (Marconi et al., 2015). Export production (ϕ ; i.e., sinking organic matter from
 187 the surface to the deep ocean) is controlled by the gross nitrate supply into the surface layers
 188 (i.e., water flux times nitrate concentration in the deep ocean) and the degree of nitrate
 189 consumption at the surface ($f_\phi = \text{nitrate uptake/gross nitrate supply}$). We assume full nitrate
 190 consumption in surface waters (i.e., $f_\phi = 1$). Nitrate assimilation proceeds with a kinetic isotope
 191 effect (ϵ_{ass}) of 5.5‰ (Fripiat et al., 2019), and the $\delta^{15}\text{N}$ value of export production ($\phi \delta^{15}\text{N}$) is

192 described by the Rayleigh fractionation kinetic (accumulated product), making it a function of f_0
193 and ε_{ass} . When nitrate is completely consumed, there is no expression of isotopic discrimination
194 by nitrate assimilation. As a result, the $\delta^{15}\text{N}$ of export production equals the $\delta^{15}\text{N}$ of the nitrate
195 supply (Altabet & Francois, 1994). It is assumed that all export production is regenerated (R) in
196 the deep ocean ($N_{\text{Regenerated}} = N_{\text{Total}} - N_{\text{Preformed}}$). The $\delta^{15}\text{N}$ of the nitrate added to the deep ocean by
197 remineralization is determined by the $\delta^{15}\text{N}$ of export production ($R \delta^{15}\text{N} = \emptyset \delta^{15}\text{N}$) (Marconi et
198 al., 2019; Rafter et al., 2013).

199 An external source of N is supplied to the Mediterranean box ($0.0 - 10.0 \text{ Tg N yr}^{-1}$) with
200 a given range for $\delta^{15}\text{N}$ depending on the tested sources (i.e., N_2 fixation, atmospheric deposition,
201 or partial DON breakdown). We test the model with and without sedimentary denitrification. In
202 the model with sedimentary denitrification (i.e., balancing N_2 fixation), denitrification removes
203 nitrate with an isotope effect of 0‰ (Brandes & Devol, 2002; Lehmann et al., 2007), despite
204 evidence for higher values in specific systems (Alkhatib et al., 2012; Fripiat et al., 2018; Granger
205 et al., 2011; Lehmann et al., 2004, 2007). We do not consider additional sources and sinks of N
206 such as terrestrial river inputs (which appear to have an elevated $\delta^{15}\text{N}$; Johannsen et al., 2008;
207 Mayer et al., 2002) or organic matter burial into the sediments.

208 We run the model in two configurations:

- 209 (i) The model is run for 1,000 years, allowing the Mediterranean Sea to reach a steady
210 state. For each model parameter (Table 1), 100,000 random numbers are generated in
211 the parameter sensitivity range, yielding the same number of model scenarios.
- 212 (ii) The model is run for 70 years to test the transient anthropogenic perturbation which
213 has increased atmospheric N deposition since 1950 (Preunkert et al., 2003). In
214 addition to model parameters (as described above for (i)), 100,000 random numbers
215 are generated for the initial box conditions, in the range given for the Atlantic Ocean.

216

217 **Table 1.** Model parameters and ranges of the prognostic four-box model.

Model parameters	Ranges
ω – anti-estuarine overturning circulation	0.5 – 1.0 Sv
m_D – mixing between the two deep Mediterranean basins	0.0 – 2.0 Sv
m_S – mixing between surface and deep waters in each basin	0.5 – 5.0 Sv
Atlantic nitrate concentration	0.5 – 5.0 μM
Atlantic phosphate concentration	0.03 – 0.35 μM
Atlantic nitrate $\delta^{15}\text{N}$	4.0 – 5.0‰
Degree of nitrate consumption in the surface waters (f_\emptyset)	1.0
Remineralization (R)/Export production (\emptyset)	1.0
Isotope effect of nitrate assimilation (ε_{ass})	5.5‰
Isotope effect of sedimentary denitrification (ε_{deni})	0.0‰
External N supply of low- $\delta^{15}\text{N}$ source	0.0 – 10.0 Tg N yr ⁻¹
<i>Low-$\delta^{15}\text{N}$ sources:</i>	
N ₂ fixation $\delta^{15}\text{N}$	-2.0 – 0.0‰
Atmospheric deposition $\delta^{15}\text{N}$	-4.0 – -2.0‰
DON breakdown $\delta^{15}\text{N}$	0.0 – 4.0‰

218 The model best fits are the model scenarios where the model output (nitrate and
 219 phosphate concentrations, and nitrate $\delta^{15}\text{N}$) falls within the uncertainties given by the weighted
 220 observations for the Mediterranean Sea (4.8 – 6.8 μM for nitrate concentration, 0.19 – 0.29 μM
 221 for phosphate concentration, and 2.0 – 3.0‰ for nitrate $\delta^{15}\text{N}$).

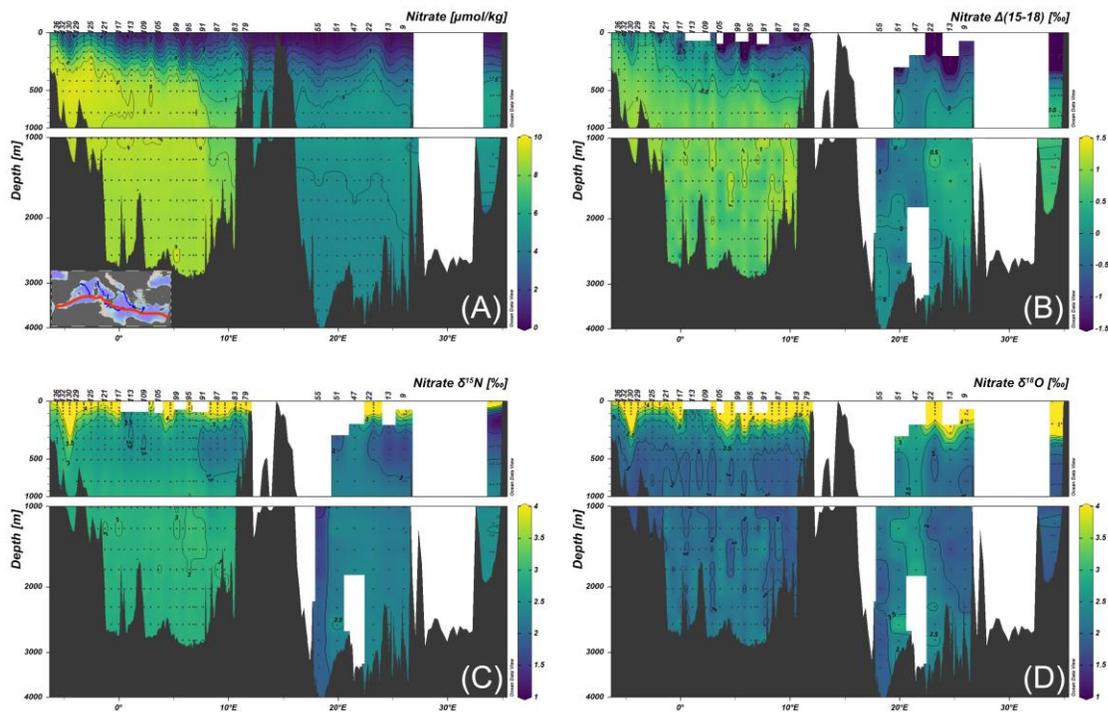
222

223 **3 Results**

224 3.1 Nitrate concentrations

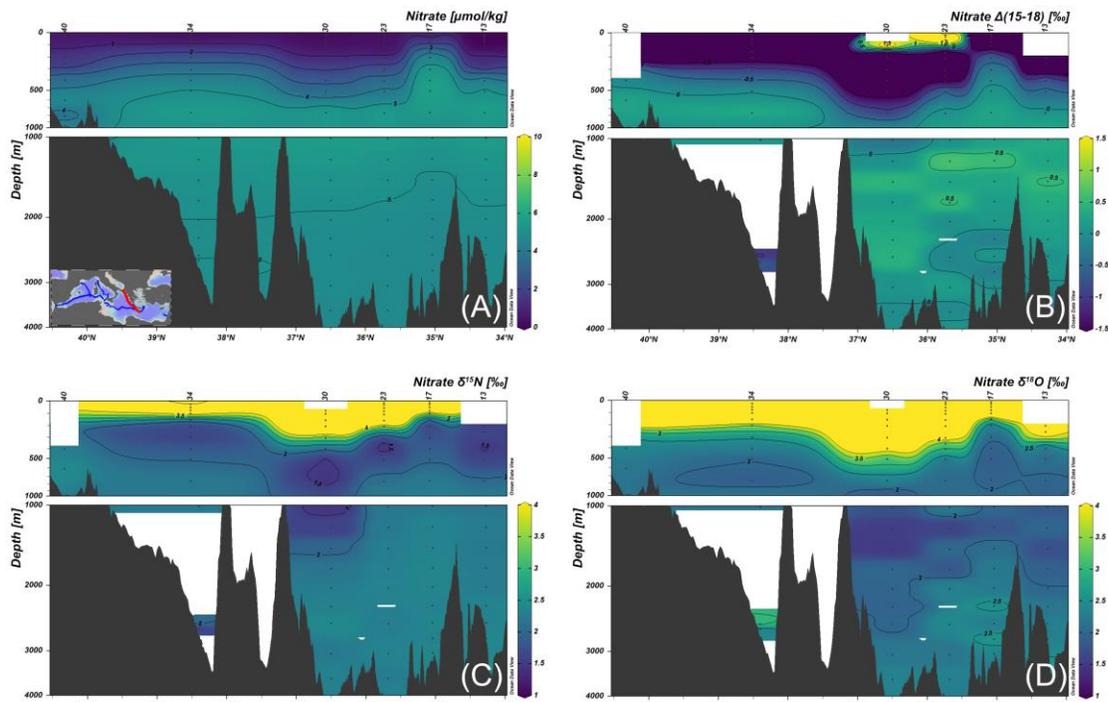
225 Low nitrate concentrations prevail in the Mediterranean Sea (~ 5.8 μM for the weighted
 226 average) in comparison to the rest of the ocean (~ 30.0 μM), and even more so in the eastern
 227 basin (4.6 μM) than in the western basin (8.2 μM) (Figures 3A and 7A). Weighted averages for
 228 the Mediterranean Sea are estimated from depth-integrated values from the mean vertical profiles
 229 in both the eastern and western basins, and the respective volume for each basin (1.85 x 10¹² m³
 230 and 4.01 x 10¹² m³, respectively; Sanchez-Cabeza et al., 2002). Nitrate consumption by
 231 phytoplankton at the surface yields low nitrate concentrations in all basin surface waters (< 0.1 –
 232 3.6 μM , above MLD), with a nitracline (depth where nitrate concentrations reach or exceed
 233 2 μM) becoming deeper towards the eastern basin (from shallower than 20 m at the Strait of
 234 Gibraltar down to ~ 250 m in the eastern basin). Nitrate concentration in intermediate water

235 masses (defined as $O_2 \leq 185 \mu\text{M}$) decreases eastward, from $\sim 9.3 \mu\text{M}$ to $\sim 7.0 \mu\text{M}$ in the
 236 easternmost part of the western basin, and $\sim 5.5 \mu\text{M}$ in the eastern basin. Close to the western site
 237 of the Sicily strait outlet, in agreement with hydrographic properties (i.e., potential T, salinity),
 238 nitrate concentrations show intrusion of nitrate-depleted waters from the eastern basin (Figures
 239 3A and S1). As for intermediate waters, nitrate concentration in deep waters ($> 1000 \text{ m}$)
 240 decreases eastward, from $\sim 8.5 \mu\text{M}$ down to $\sim 5.0 \mu\text{M}$ in the western and eastern basin,
 241 respectively. These patterns are reproduced in the other transects in the Ionian Sea (Figure 4A),
 242 the Tyrrhenian basin (Figure 5A), and the Algerian basin (Figure 6A).

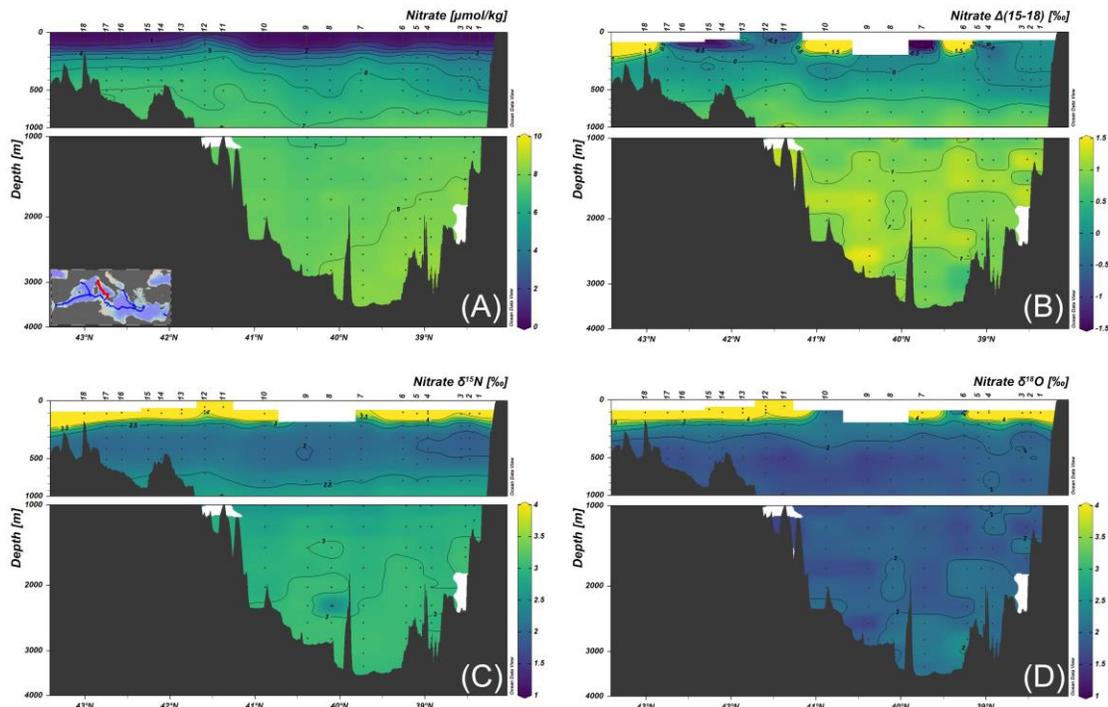


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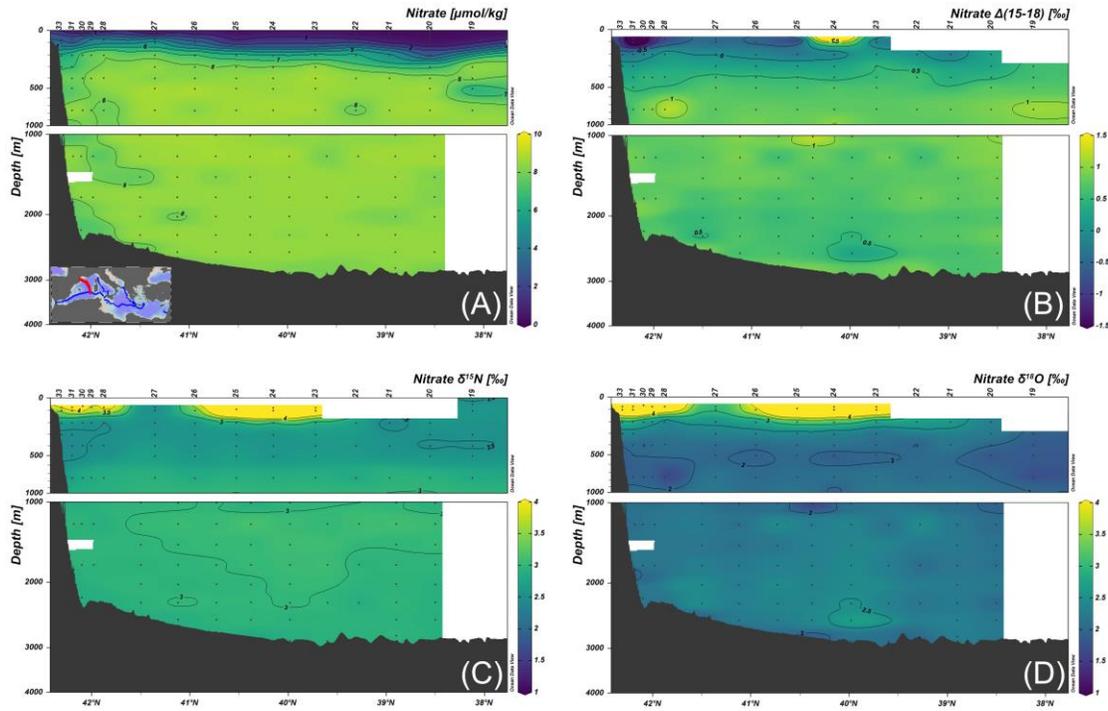
244 **Figure 3.** Depth profiles as east-to-west transects across the Mediterranean Sea. (A) nitrate
 245 concentration, (B) nitrate $\Delta(15-18)$, (C) nitrate $\delta^{15}\text{N}$, and (D) nitrate $\delta^{18}\text{O}$. Dark gray dots indicate
 246 individual samples, while white spaces indicate a lack of data.



247
 248 **Figure 4.** Depth profiles of the Ionian section in the eastern basin of the Mediterranean Sea. (A)
 249 nitrate concentration, (B) nitrate $\Delta(15-18)$, (C) nitrate $\delta^{15}\text{N}$, and (D) nitrate $\delta^{18}\text{O}$. Dark gray dots
 250 indicate individual samples, while white spaces indicate a lack of data.



251
 252 **Figure 5.** Depth profiles of the Tyrrhenian section in the western Mediterranean Sea. (A) nitrate
 253 concentration, (B) nitrate $\Delta(15-18)$, (C) nitrate $\delta^{15}\text{N}$, and (D) nitrate $\delta^{18}\text{O}$. Dark gray dots
 254 indicate individual samples, while white spaces indicate a lack of data.



255
 256 **Figure 6.** Depth profiles of the Algerian section in the western Mediterranean Sea. (A) nitrate
 257 concentration, (B) nitrate $\Delta(15-18)$, (C) nitrate $\delta^{15}\text{N}$, and (D) nitrate $\delta^{18}\text{O}$. Dark gray dots indicate
 258 individual samples, while white spaces indicate a lack of data.

259

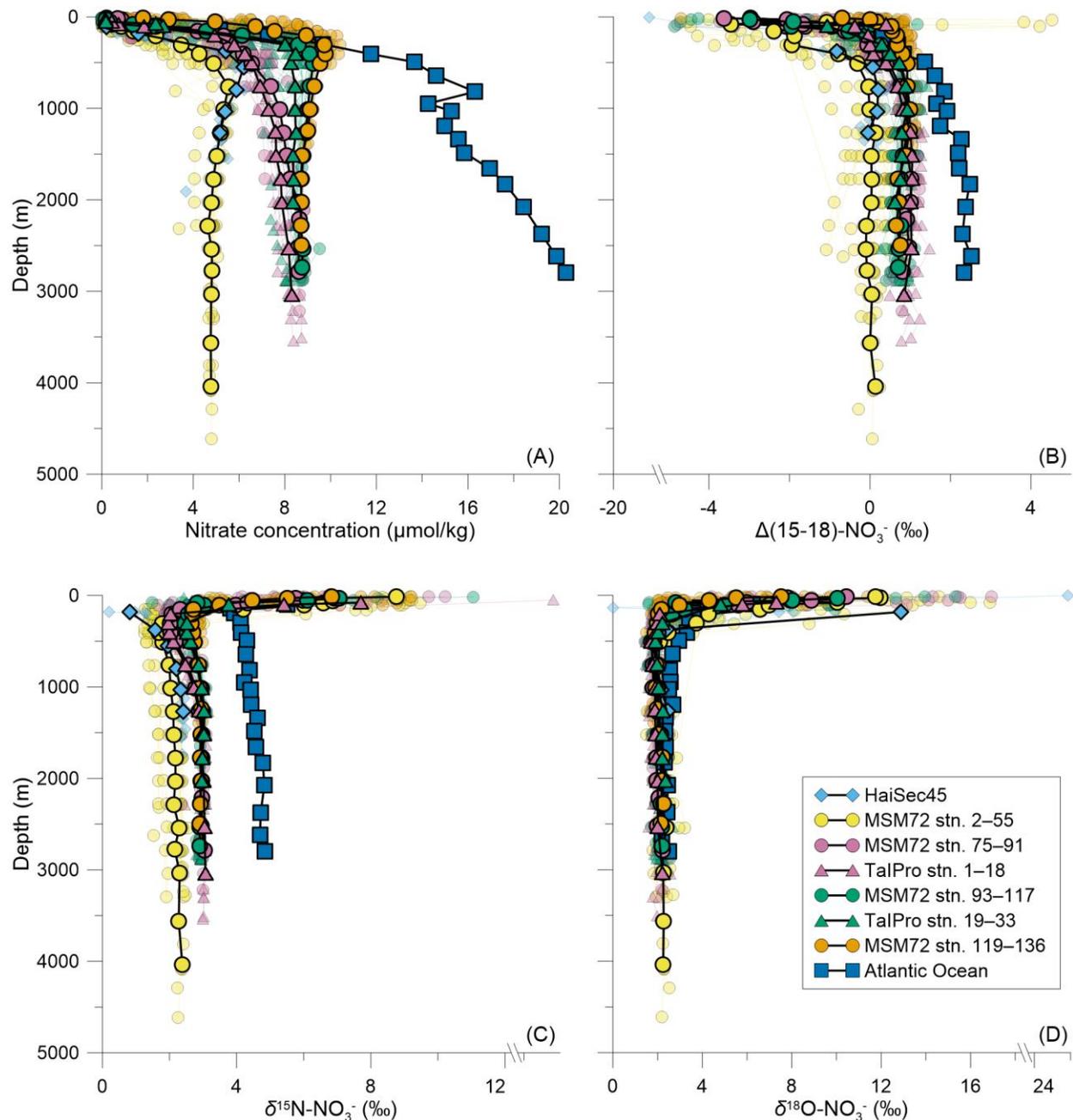
260 3.2 Nitrate $\delta^{15}\text{N}$ and $\delta^{18}\text{O}$

261 As for the nitrate concentration, the western and eastern Mediterranean Sea differ with
 262 respect to nitrate $\delta^{15}\text{N}$, but far less for $\delta^{18}\text{O}$ (Figures 3 and 7). Weighted nitrate $\delta^{15}\text{N}$ average in
 263 the Mediterranean Sea is lower than in the Atlantic Ocean (2.5‰ vs. 4.8‰, respectively) (Knapp
 264 et al., 2008; Marconi et al., 2015, 2019), with a lower average $\delta^{15}\text{N}$ value in the eastern basin
 265 (2.2‰) than in the western basin (2.9‰). Nitrate $\delta^{18}\text{O}$ in the Mediterranean Sea is higher than in
 266 the Atlantic Ocean (2.2‰ vs. 1.8‰, respectively), and relatively constant between the two
 267 Mediterranean basins (2.3‰ vs. 2.1‰ for the eastern and western basins, respectively). Our
 268 measurements agree with previous nitrate $\delta^{15}\text{N}$ measurements from Pantoja et al. (2002) and
 269 Emeis et al. (2010) who reported higher values in the western basin (i.e., 3.4 ± 0.5 ‰) decreasing
 270 eastwards to 2.5 ± 0.1 ‰, and 2.2 ± 0.3 ‰ for the eastern basin, respectively. In contrast, we
 271 report lower nitrate $\delta^{18}\text{O}$ values than Emeis et al. (2010) who reported an average nitrate $\delta^{18}\text{O}$
 272 value of 3.7 ± 0.9 ‰.

273 A pronounced elevation in nitrate $\delta^{15}\text{N}$ and $\delta^{18}\text{O}$ in surface waters is observed across all
274 basins (Figures 3, 4, 5, 6 and 7). In the western basin, nitrate $\delta^{15}\text{N}$ and $\delta^{18}\text{O}$ values remain
275 relatively constant up to a depth of 200 m, and then increase in parallel up to the surface. The
276 same pattern is observed in the eastern basin, with the exception that nitrate $\delta^{18}\text{O}$ values begin to
277 increase at deeper depths in the water column (Figure 7). Phytoplankton preferentially consume
278 ^{14}N - and ^{16}O -bearing nitrate, which leads to an enrichment of residual nitrate pool in ^{15}N and ^{18}O
279 (Fripiat et al., 2019; Granger et al., 2004, 2010; Sigman et al., 1999). In the upper Mediterranean
280 Sea, the negative correlation between nitrate concentration and both nitrate $\delta^{15}\text{N}$ and $\delta^{18}\text{O}$ is,
281 therefore, a consequence of isotopic fractionation during nitrate assimilation in surface waters
282 (Figures 7A, C and D). The depth structure of nitrate $\delta^{15}\text{N}$ and $\delta^{18}\text{O}$ in the upper Mediterranean
283 water column will be discussed elsewhere.

284 In agreement with mean nitrate $\delta^{15}\text{N}$ and $\delta^{18}\text{O}$ values in the Mediterranean Sea,
285 intermediate water nitrate $\delta^{15}\text{N}$ generally increases from east to west ($2.1 \pm 0.3\text{‰}$ and $2.6 \pm 0.3\text{‰}$
286 in the eastern and western basin, respectively), whereas nitrate $\delta^{18}\text{O}$ stays almost constant
287 ($2.1 \pm 0.3\text{‰}$ and $2.0 \pm 0.2\text{‰}$ in the eastern and western basin, respectively). This pattern is also
288 observed in deep waters for both nitrate $\delta^{15}\text{N}$ ($2.9 \pm 0.1\text{‰}$ and $2.2 \pm 0.2\text{‰}$ in the western and
289 eastern basin, respectively) and $\delta^{18}\text{O}$ ($2.1 \pm 0.2\text{‰}$ and $2.2 \pm 0.3\text{‰}$ in the western and eastern
290 basin, respectively). Again, the described isotopic patterns are reproduced by the respective
291 sections in the Ionian Sea, the Tyrrhenian and Algerian basins (Figures 4, 5, 6 and 7).

292 Nitrate $\Delta(15-18)$ values (i.e., nitrate $\delta^{15}\text{N}$ -nitrate $\delta^{18}\text{O}$) are lower in the eastern basin than
293 the western basin, with lower values occurring deeper in the eastern water column. At the scale
294 of the Mediterranean Sea, weighted nitrate $\Delta(15-18)$ values (0.3‰ on average) are notably lower
295 than in the North Atlantic ($\sim 3.1\text{‰}$; Marconi et al., 2015) (Figures 3, 4, 5, 6 and 7).



296

297 **Figure 7.** Average depth profiles of nitrate concentration (A), $\Delta(15-18)$ (B), nitrate $\delta^{15}\text{N}$ (C) and
 298 nitrate $\delta^{18}\text{O}$ (D) of the Mediterranean Sea in comparison to the Atlantic Ocean (outside the Strait
 299 of Gibraltar, data from Marconi et al., 2015). The nitrate concentration in the Mediterranean Sea
 300 is clearly lower relative to the Atlantic Ocean and shows decreasing nitrate concentrations towards
 301 the eastern basin, which can also be observed for nitrate $\delta^{15}\text{N}$ (C). Mediterranean nitrate $\delta^{18}\text{O}$ is
 302 comparable to the Atlantic Ocean with slightly higher average values in the latter (D). Resulting
 303 from that, $\Delta(15-18)$ yields lower values in the Mediterranean Sea compared to the Atlantic Ocean,
 304 with a decreasing trend towards the eastern basin (B). Individual stations are shown as transparent
 305 profiles, while thick profiles indicate the means of each basin. For color coding see Figure 1.

306

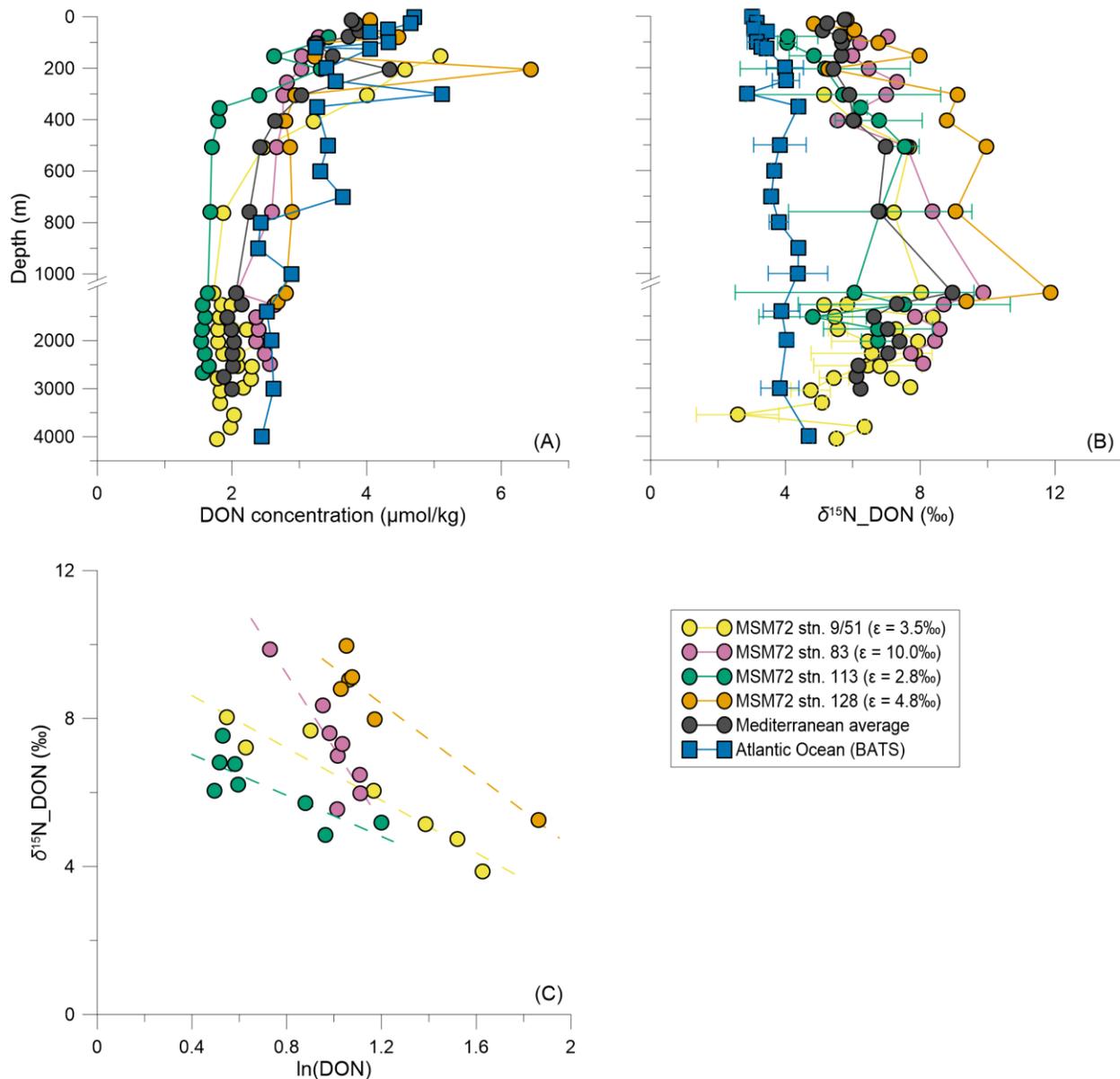
307 3.4 Dissolved organic N concentrations and DON $\delta^{15}\text{N}$

308 DON concentrations are significantly lower than nitrate concentrations and do not exhibit
309 strong differences between the western and eastern basin compared to nitrate concentration
310 (Figures 7A and 8A). Surface waters (0 – 150 m depth) have an average DON concentration of
311 $3.7 \pm 0.9 \mu\text{M}$, which decreases downward to $2.5 \pm 0.6 \mu\text{M}$ in intermediate waters (defined as O_2
312 $\leq 185 \mu\text{M}$) and $2.0 \pm 0.3 \mu\text{M}$ in deep waters.

313 Mediterranean DON $\delta^{15}\text{N}$ data generally show higher values than nitrate $\delta^{15}\text{N}$ (Figures
314 7C and 8B). Surface waters indicate lowest DON $\delta^{15}\text{N}$ values of $5.3 \pm 1.5\text{‰}$ and $4.3 \pm 0.6\text{‰}$ in
315 the western and eastern basin, respectively, but show an overall enrichment in ^{15}N compared to
316 the Atlantic Ocean (3.9‰) (Knapp et al., 2011) (Figure 8B). Average DON $\delta^{15}\text{N}$ increases to
317 intermediate waters to $\sim 7.9 \pm 1.8\text{‰}$ in the western and $6.8 \pm 1.2\text{‰}$ in the eastern basin (Figure
318 8B). In deep waters, DON $\delta^{15}\text{N}$ decreases slightly to $7.3 \pm 1.4\text{‰}$ and $6.2 \pm 1.4\text{‰}$ in the western
319 and eastern basin, respectively.

320 The decrease in average DON concentration of $\sim 1.2 \mu\text{M}$ from surface to intermediate
321 waters is associated with a DON ^{15}N enrichment of $\sim 2.5\text{‰}$, where we observe maximum DON
322 $\delta^{15}\text{N}$ values of $9.0 \pm 2.5\text{‰}$ at 1000 m depth (Figure 8B). The estimated isotope effect of DON
323 degradation of $2.8 - 4.8\text{‰}$ (with one exceptionally high isotope effect of 10.0‰ at the western
324 outlet of the Strait of Sicily) agrees well with other estimates (Figure 8C) ($4.9 \pm 0.4\text{‰}$) (Knapp et
325 al., 2018; Zhang et al., 2020), although being in the lower range.

326 TDN $\delta^{15}\text{N}$ measurements have been reported by Emeis et al. (2010) in the eastern basin.
327 Their reported DON $\delta^{15}\text{N}$ shows a similar distribution and comparable DON $\delta^{15}\text{N}$ values in the
328 eastern basin ($\sim 6.7 \pm 3.5\text{‰}$ in deep waters).



329

330 **Figure 8.** Results of DON measurements as depth profiles. (A) DON concentrations in the
 331 Mediterranean Sea (circles) in comparison to the Atlantic Ocean (BATS station, blue squares), (B)
 332 DON $\delta^{15}\text{N}$ of the Mediterranean Sea in comparison to DON $\delta^{15}\text{N}$ in the Atlantic Ocean (BATS
 333 station), (C) DON $\delta^{15}\text{N}$ vs. $\ln(\text{DON})$ to estimate the isotope effect of Mediterranean DON
 334 degradation based on Rayleigh fractionation kinetics (Mariotti et al., 1981). DON concentrations
 335 and isotopes are calculated from TN measurements as described in section 2.4. Error bars in (B)
 336 indicate the propagated DON $\delta^{15}\text{N}$ error. The dark gray symbol set marks the average DON
 337 concentration (A) and DON $\delta^{15}\text{N}$ values (B).

338

339 **4 Discussion**340 4.1 Accumulation of low- $\delta^{15}\text{N}$ N sources as regenerated nitrate

341 The observed upward decrease in $\Delta(15-18)$, in addition to the weighted low- $\delta^{15}\text{N}$ of the
342 Mediterranean Sea, suggests the presence of external low- $\delta^{15}\text{N}$ N sources to the Mediterranean
343 Sea. These sources may include N_2 fixation (Carpenter et al., 1997; Minagawa & Wada, 1986;
344 Pantoja et al., 2002), atmospheric deposition of anthropogenic N (Emeis et al., 2010; Mara et al.,
345 2009), and/or the partial breakdown of dissolved organic N (DON) being supplied to the
346 Mediterranean Sea, occurring with an isotopic discrimination (Knapp et al., 2018; Zhang et al.,
347 2020) (see section 4.2). The observation of lower nitrate $\Delta(15-18)$ values in the eastern basin and
348 at greater depth relative to the western basin suggests that these additional low- $\delta^{15}\text{N}$ N sources of
349 nitrate are supplied to the surface waters and transported with the anti-estuarine circulation.

350 The east-to-west gradient in nitrate $\delta^{15}\text{N}$ and the absence of gradient in nitrate $\delta^{18}\text{O}$
351 implies that the local Mediterranean low- $\delta^{15}\text{N}$ nitrate source is mostly passing through the
352 internal N cycling (i.e., nitrate assimilation, export, and remineralization) with the resulting
353 nitrate accumulating at depth as regenerated nutrient. However, we are unable to distinguish
354 whether the low- $\delta^{15}\text{N}$ nitrate source initially reaches the interior of the Mediterranean Sea via
355 nitrification or if nitrate with a different origin is subsequently cycled through nitrification within
356 the Mediterranean. Given previously suggested rates of the low- $\delta^{15}\text{N}$ N supply terms (less than
357 4 Tg N yr^{-1} ; section 4.2) and internal N cycling ($\sim 8 \text{ Tg N yr}^{-1}$ assuming a C:N ratio of ~ 6 and
358 the estimate of carbon export at 100 m depth by Guyennon et al. (2015)), the latter may be
359 greater.

360 In the Mediterranean Sea, the nitrate supply from intermediate waters to the surface
361 mixed layer is nearly completely consumed by phytoplankton assimilation in summer (Belgacem
362 et al., 2021; Pujo-Pay et al., 2011). Eventually, this assimilated N is converted to sinking N that
363 leaves the mixed layer before being remineralized in intermediate waters, and flux balance
364 requires that its $\delta^{15}\text{N}$ is similar to that of the nitrate supply to the mixed layer (Altabet, 1988). As
365 it passes through the ocean water column, the sinking N is remineralized to ammonium and then
366 nitrified to nitrate. Since nitrification in the ocean interior typically competes with no other
367 processes and is in a steady-state balance with the ammonium production rate, the N isotope
368 fractionation of nitrification has little impact on the $\delta^{15}\text{N}$ of nitrate remineralized in the ocean

369 interior. Thus, the $\delta^{15}\text{N}$ of the nitrate added to the ocean interior by remineralization is largely
370 determined by the $\delta^{15}\text{N}$ of the sinking N from the surface ocean (Marconi et al., 2019; Rafter et
371 al., 2013). Accordingly, the internal cycling of N preserves the east-to-west nitrate $\delta^{15}\text{N}$ gradient.

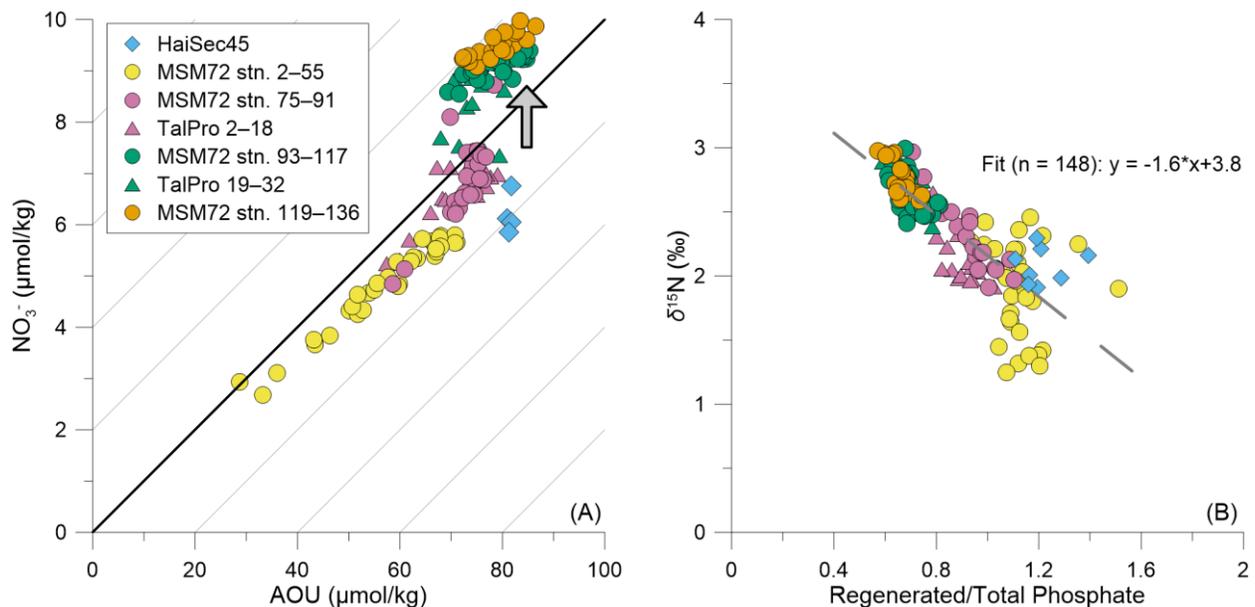
372 In contrast, the O atoms during nitrification come predominantly from water and the
373 regeneration of nitrate in the ocean interior has a constant $\delta^{18}\text{O}$ value, which has been estimated
374 based on field data to be equal to the seawater $\delta^{18}\text{O} \sim +1\text{‰}$ (Marconi et al., 2019; Rafter et al.,
375 2013; Sigman et al., 2009). Mediterranean seawater $\delta^{18}\text{O}$ measurements show average values of
376 $1.46 \pm 0.02\text{‰}$ (LeGrande & Schmidt, 2006). Based on that, the calculation suggests that the $\delta^{18}\text{O}$
377 value of regenerated nitrate is $0.7 \pm 0.4\text{‰}$ higher than that of seawater (i.e., nitrate-only $\delta^{18}\text{O}$ -
378 seawater $\delta^{18}\text{O}$), which roughly agrees with previous studies (Sigman et al., 2009; Rafter et al.,
379 2013; Marconi et al., 2019). Since the internal N cycle produces relatively constant nitrate $\delta^{18}\text{O}$
380 across the Mediterranean Sea, it preserves the east-to-west gradient in nitrate $\delta^{15}\text{N}$ and explains
381 the absence of a gradient for nitrate $\delta^{18}\text{O}$.

382 For the nitrate in the LIW as it flows from the eastern to the western basin through the
383 Strait of Sicily, the fractions of regenerated vs. preformed nutrients can be estimated. To do so,
384 we use the Apparent Oxygen Utilization (AOU) and the stoichiometric ratios between oxygen,
385 carbon, and nutrients during organic matter degradation (Pytkowicz, 1971). In the LIW, the
386 maximum in nitrate concentration is accompanied by a minimum in dissolved oxygen levels (\leq
387 $185 \mu\text{mol/kg}$) (Figures S1 – S4), pointing to remineralization of sinking organic matter, and
388 shows a good correlation between AOU and nitrate concentration (Figure 9A; $R^2 = 0.97$ and 0.69 ,
389 and $p\text{-value} < 0.001$ for both the eastern and western basins), further supporting a major
390 contribution of regenerated nitrate to the total nitrate pool. However, the transition from the
391 eastern and Tyrrhenian basin data to the data in the Algerian basin and close to the Strait of
392 Gibraltar indicate that nitrate is added to the western intermediate waters without changing the
393 AOU (Figure 9A, gray arrow). This suggests that $\sim 3.0 \mu\text{M}$ of preformed nitrate is contained in
394 western Mediterranean waters, either from the Atlantic inflow or from deep water formation of
395 partially nitrate-depleted surface waters during winter (Schneider et al., 2014).

396 Phosphate is used instead of nitrate hereafter to estimate the fraction of regenerated
397 nutrients ($P_{\text{Regenerated}}/P_{\text{Total}}$) as nitrate could be affected by N_2 fixation and denitrification.
398 Redfield's stoichiometry leads to unrealistically high regenerated nutrients, resulting in

400 calculations of negative preformed phosphate (Figure S5). Instead, we propose to use the
 401 stoichiometric C:P (195:1), N:P (31:1) and C:O (1:150) ratios by Martiny et al. (2013) and
 402 Anderson (1995) to estimate the $-O_2:P$ ratio for the Mediterranean Sea. For the C:P ratio, we
 403 selected the value given by Martiny et al. (2013) in the same latitudinal range ($30 - 40^\circ N$) as the
 404 Mediterranean Sea. The choice of these stoichiometric ratios is further supported by a
 405 compilation of organic matter in the Mediterranean Sea (Pujo-Pay et al., 2011). According to the
 406 input of preformed nitrate to the western basin via the Atlantic inflow and/or deep water
 407 formation, the fraction of regenerated nutrients increases from the western to the eastern
 Mediterranean Sea (from > 0.5 to 1) (Figures 9B and S6).

408 The presence of preformed nutrients in the western basin supports that the low- $\delta^{15}N$ N
 409 sources are progressively mixed with the inflow of high- $\delta^{15}N$ preformed nitrate from the Atlantic
 410 Ocean towards the west, generating the west-to-east nitrate $\delta^{15}N$ gradient. The negative trend of
 411 nitrate $\delta^{15}N$ with regenerated/total phosphate allows us to calculate the preformed high- $\delta^{15}N$ end-
 412 member (i.e., $3.8 \pm 0.1\text{‰}$), which is close to the subsurface Atlantic nitrate $\delta^{15}N$ (Figures 7C and
 413 9B), in agreement with our hypothesis. The regenerated low- $\delta^{15}N$ end-member (i.e., $2.2 \pm 0.1\text{‰}$)
 414 represents a mixture between export production fueled by the nitrate supply from intermediate
 415 waters to the surface and external local low- $\delta^{15}N$ N sources.



416

417 **Figure 9.** Visualization of the regeneration process in the Mediterranean Sea. (A) shows the
 418 positive relationship between AOU and nitrate concentration in intermediate waters, with the
 419 nitrate concentration increasing from east to west. The gray arrow indicates the existence of

420 preformed nitrate in the western basin of $\sim 3 \mu\text{M}$, introduced from the Atlantic Ocean or from
 421 Mediterranean deep water formation. (B) shows the relationship between nitrate $\delta^{15}\text{N}$ and
 422 regenerated/total phosphate, calculated from AOU with the Martiny et al. (2013) stoichiometric
 423 ratios.

424

425 4.2 Identities and rates of the low- $\delta^{15}\text{N}$ N sources

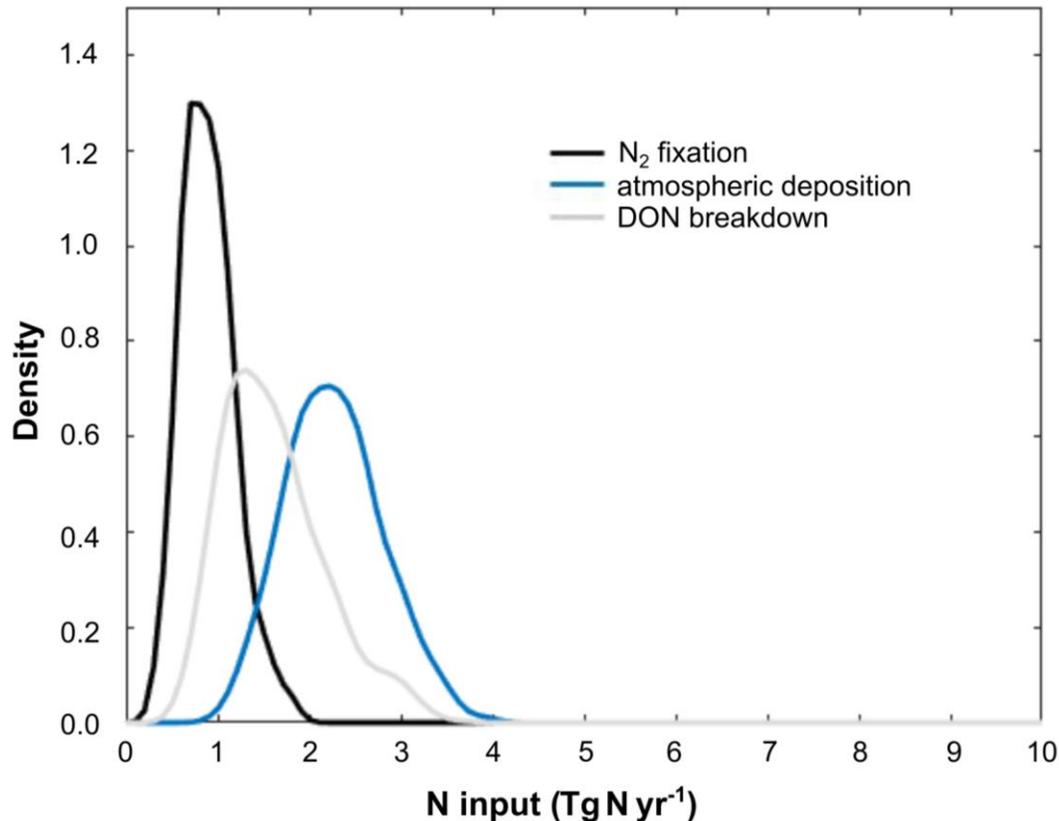
426 Earlier studies suggest that the low- $\delta^{15}\text{N}$ nitrate in the Mediterranean Sea could be
 427 explained by high rates of either N_2 fixation (Pantoja et al., 2002; Sachs & Repeta, 1999) or
 428 atmospheric deposition of anthropogenic N (Emeis et al., 2010; Mara et al., 2009). N_2 fixation
 429 produces nitrate with a $\delta^{15}\text{N}$ of $0 - -2\text{‰}$ (Carpenter et al., 1997; McRose et al., 2019; Minagawa
 430 & Wada, 1986) while atmospheric deposition, including both wet and dry, has been reported in
 431 the eastern Mediterranean Sea to be at $-1 - -5\text{‰}$ (Mara et al., 2009). These studies used a simple
 432 mass and isotopic balance equation to estimate the contribution of these two sources to the
 433 Mediterranean nitrate pool, in the form of:

$$434 \delta^{15}\text{N}_{\text{nitrate}} = \delta^{15}\text{N}_{\text{sinking PN}} = \frac{\sum \delta^{15}\text{N}_{\text{input}} * \text{N}_{\text{input}}}{\sum \text{N}_{\text{input}}} \quad (2).$$

435 In the Mediterranean Sea, where nitrate is nearly entirely consumed at the surface, the
 436 sinking $\delta^{15}\text{N}$ of sinking particulate nitrogen (PN) is approximately equal to the $\delta^{15}\text{N}$ of the nitrate
 437 supplied to the surface (Altabet, 1988). These isotopic values can be, therefore, effectively
 438 utilized to gauge the proportional contribution of external N inputs into the Mediterranean Sea
 439 (Eq. 2). Using this approach, Pantoja et al. (2002) estimated that up to 20% of nitrate in the
 440 western basin and up to 90% in the eastern basin may result from N_2 fixation. In contrast, Mara
 441 et al. (2009) found out that the nitrogen isotopic composition in the eastern basin can be equally
 442 achieved by 50–80% of N deriving from anthropogenic deposition. The similarities in $\delta^{15}\text{N}$
 443 between the two hypothesized sources make it difficult to distinguish by a simple mass and
 444 isotopic balance calculation.

445 In this study, we revisit the estimates from previous studies by solving the prognostic
 446 four-box model equations by varying the model parameters over the ranges presented in Table 1.
 447 With this, we target the best agreement between the observations and the model counterpart, in
 448 terms of nitrate concentration and nitrate $\delta^{15}\text{N}$ in the Mediterranean Sea. This approach allows us
 449 to account for the coupling between ocean circulation, biogeochemical N dynamics, and different

450 time periods of N supply. In addition to N₂ fixation and atmospheric deposition of anthropogenic
 451 N, we also test another source of low- $\delta^{15}\text{N}$ nitrate to the Mediterranean Sea, i.e., the partial
 452 degradation of dissolved organic nitrogen (DON) into nitrate, which occurs with isotopic
 453 fractionation (Figure 8c).



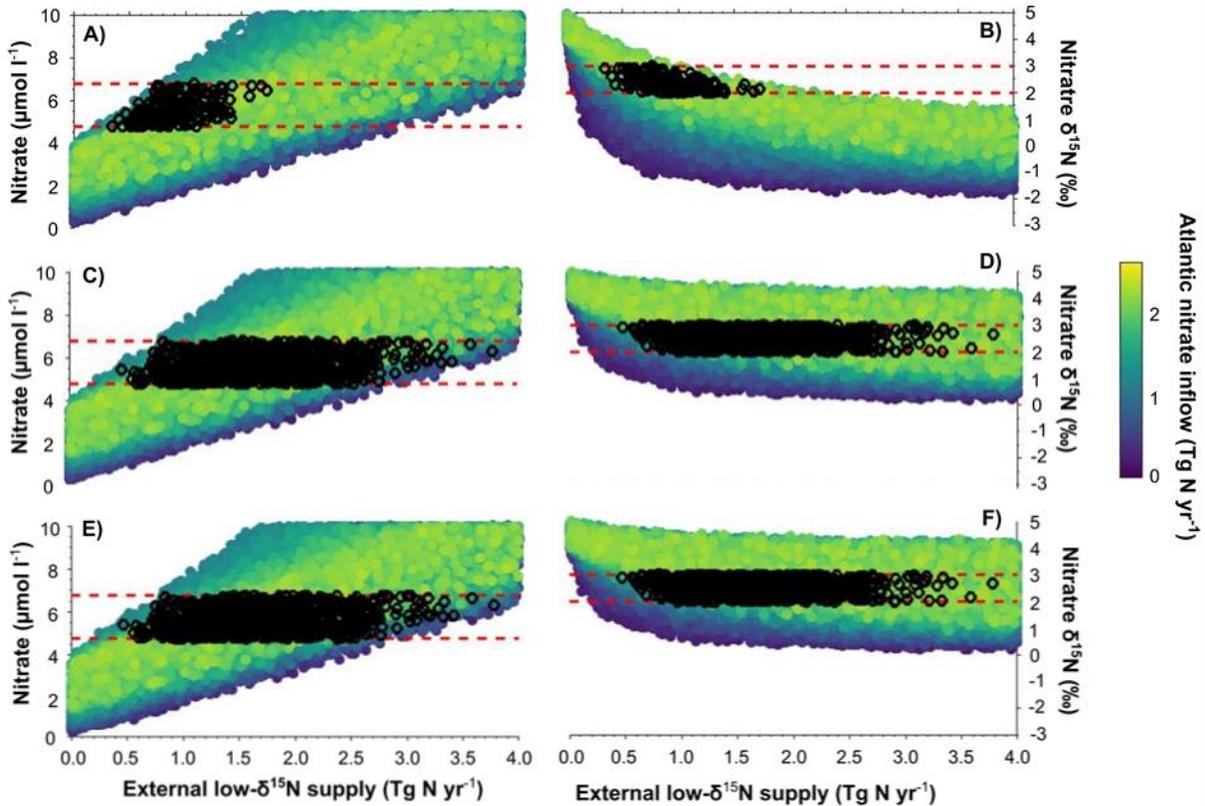
454

455 **Figure 10.** Density function of the model best fits for N₂ fixation, atmospheric deposition of
 456 anthropogenic N and partial DON breakdown (in Tg N yr⁻¹).

457 First, we test if low Mediterranean nitrate $\delta^{15}\text{N}$ values can be attributed to N₂ fixation. N₂
 458 fixation is prescribed in the model to be occurring entirely in the surface waters and producing
 459 new nitrate largely through export production of organic N and its remineralization deeper in the
 460 water column. In the model, N₂ fixation introduces new nitrate to the deep box with a $\delta^{15}\text{N}$ of 0 –
 461 –2‰ (Carpenter et al., 1997; McRose et al., 2019; Minagawa & Wada, 1986), and we let the
 462 model equilibrate for 1,000 years until reaching a steady state. Accordingly, the model best fits
 463 yield a N input of 0.9 ± 0.3 Tg yr⁻¹ (0.6 and 1.3 Tg yr⁻¹, 10th and 90th percentile) for N₂ fixation
 464 (Figure 10).

465 Literature estimates for N₂ fixation are reported in $\mu\text{mol m}^{-2} \text{d}^{-1}$ (Benavides et al., 2016;
466 Bonnet et al., 2011; Ibello et al., 2010; Rahav et al., 2013; Ridame et al., 2022; Sandroni et al.,
467 2007; Yogeve et al., 2011) and must be converted to Tg yr^{-1} to be compared with our model
468 estimates. We assumed that the daily average per unit area (i.e., $\mu\text{mol m}^{-2} \text{d}^{-1}$) is representative of
469 the Mediterranean area (i.e., $2.5 \times 10^{12} \text{ m}^2$) and over the year. Large differences are reported in
470 some studies for N₂ fixation rates between the western and eastern basin (Bonnet et al., 2011),
471 but not always (Ridame et al., 2022), and no clear seasonal variations have been reported in a
472 timeseries performed in the Ligurian Sea (Sandroni et al., 2007). These literature estimates
473 reported in Tg yr^{-1} are within our model estimates, i.e., $1.2 \pm 1.0 \text{ Tg yr}^{-1}$ (Sandroni et al., 2007),
474 $0.3 \pm 0.2 \text{ Tg yr}^{-1}$ (Bonnet et al., 2011), and $1.0 \pm 0.3 \text{ Tg yr}^{-1}$ (Ridame et al., 2022), suggesting
475 that a modest rate of N₂ fixation alone is sufficient to reproduce the low- $\delta^{15}\text{N}$ signal in the
476 Mediterranean Sea. The model best fits for nitrate and phosphate concentration in the Atlantic
477 inflow are $3.7 \pm 0.5 \mu\text{M}$ and $0.24 \pm 0.03 \mu\text{M}$, respectively, for the prognostic four-box model.
478 These estimated values are close to the nitrate and phosphate concentrations measured at the
479 Strait of Gibraltar (Huertas et al., 2012).

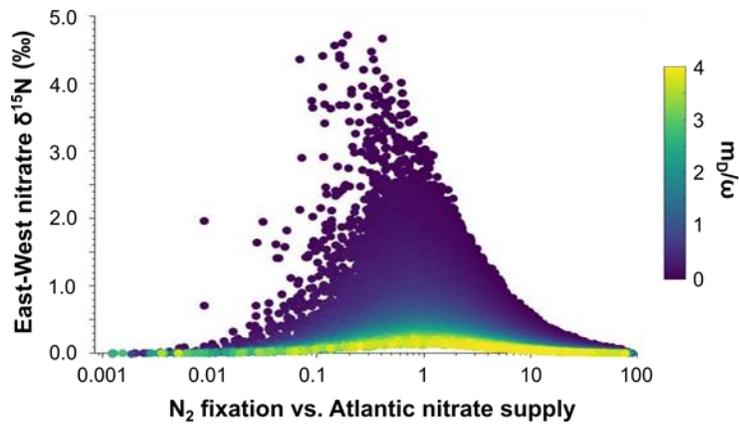
480 A positive relationship is reported between nitrate supply from the Atlantic Ocean and
481 the rates of N₂ fixation necessary to reproduce the weighted nitrate $\delta^{15}\text{N}$ value of the
482 Mediterranean Sea (Figures 11A, B). If there is a larger nitrate supply from the Atlantic Ocean, a
483 larger rate of N₂ fixation is required to explain the decrease in nitrate $\delta^{15}\text{N}$ in the Mediterranean
484 Sea. Huertas et al. (2012) estimate the nitrate supply at the Strait of Gibraltar at 2 Tg N yr^{-1} , close
485 to the model best fits ($1.4 \pm 0.3 \text{ Tg N yr}^{-1}$).



486

487 **Figure 11.** Model estimates of nitrate concentration (A, C, E) and nitrate $\delta^{15}\text{N}$ (B, D, F) vs. the
 488 rate of external low- $\delta^{15}\text{N}$ N supply (x-axis; in Tg N yr^{-1}) and as a function of nitrate supply from
 489 the Atlantic Ocean (color scale in Tg N yr^{-1}). Panels (A, B) are for N_2 fixation, panels (C, D) for
 490 atmospheric deposition of anthropogenic N, and panels (E, F) for partial DON breakdown. Black
 491 empty circles represent model best fits within the range of Mediterranean weighted averages (red
 492 dashed lines).

493 An interesting aspect of the prognostic four-box model is that the east-to-west gradient in
 494 nitrate $\delta^{15}\text{N}$ is spontaneously reproduced in the model, and the strength of this gradient is mostly
 495 a function of the ratio between advective (ω) and mixing flux (m_D) and the ratio between N_2
 496 fixation rates and the Atlantic nitrate supply at the Strait of Gibraltar (Figure 12). A large mixing
 497 flux homogenizes the Mediterranean Sea with no more difference between the western and
 498 eastern basins. Lower N_2 fixation rates compared to the Atlantic nitrate supply maintains the
 499 east-to-west gradient in nitrate $\delta^{15}\text{N}$. However, too low N_2 fixation rates imply minimal supply of
 500 low- $\delta^{15}\text{N}$ nitrate and, therefore, no east-to-west gradient in nitrate $\delta^{15}\text{N}$.



501 **Figure 12.** Dependence of the east-to-west nitrate $\delta^{15}\text{N}$ gradient on the ratio between N_2 fixation
 502 and the Atlantic nitrate inflow (x-axis) and the ratio between advective (ω) and mixing flux (m_D)
 503 (color scale).
 504

505 In the model configuration with sedimentary denitrification balancing N_2 fixation, we are
 506 unable to reproduce the weighted nitrate concentration of the Mediterranean Sea (Figure S7C). In
 507 this case, nitrate concentration stays at the Atlantic inflow concentration, inconsistent with
 508 observations. Nevertheless, the nitrate $\delta^{15}\text{N}$ remains unchanged regardless of whether
 509 sedimentary denitrification is considered in our model or not, as we impose no isotopic
 510 discrimination for sedimentary denitrification in the model, consistent with the literature
 511 (Brandes & Devol, 2002; Lehmann et al., 2004; c.f. Fripiat et al., 2018; Granger et al., 2011).
 512 Given the presence of sedimentary denitrification in the Mediterranean Sea (e.g., Powley et al.,
 513 2017), the external N supply must exceed this removal term in order to reproduce the observed
 514 accumulation of nitrate relative to the Atlantic nitrate inflow.

515 The second hypothesis is related to atmospheric deposition of anthropogenic N (Emeis et
 516 al., 2010), with a weighted annual $\delta^{15}\text{N}$ of atmospheric deposition of -3.1‰ (Mara et al., 2009).
 517 The latter study reports a range for wet and dry nitrate deposition from -1‰ to -5‰ . To test this
 518 hypothesis, the prognostic four-box model is run for a transient time of 70 years, since
 519 anthropogenic input to the Mediterranean Sea has significantly increased since then (Preunkert et
 520 al., 2003). Model best fits show that $2.3 \pm 0.5 \text{ Tg yr}^{-1}$ (1.7 and 2.9 Tg yr^{-1} , 10th and 90th
 521 percentile) has to be provided by atmospheric deposition to produce the observed Mediterranean
 522 patterns (Figures 10 and 11C, D). The simulated values of atmospheric deposition of
 523 anthropogenic N are in the range of values given in a compilation of atmospheric nitrate,
 524 ammonium, and DON deposition in the Mediterranean Sea of 1.8 Tg yr^{-1} and 3.3 Tg yr^{-1} if we
 525 consider nitrate and ammonium, or nitrate, ammonium, and DON individually (Powley et al.,

526 2014). Once again, the model best fits yield nitrate and phosphate concentrations in the Atlantic
 527 inflow that are consistent with the literature (Huertas et al., 2012), of $4.4 \pm 0.4 \mu\text{M}$ and
 528 $0.25 \pm 0.03 \mu\text{M}$, respectively. This analysis suggests that, as for N_2 fixation, atmospheric N
 529 deposition alone is sufficient to reproduce the low nitrate $\delta^{15}\text{N}$ signal in the Mediterranean Sea.

530 An alternative and/or additional explanation for the low $\delta^{15}\text{N}$ values in the Mediterranean
 531 Sea is the partial degradation of dissolved organic N (DON) supplied by the Atlantic. This
 532 process has been reported with an associated isotopic effect of $\sim 4.9 \pm 0.4\%$ (e.g., Hannides et
 533 al., 2013; Knapp et al., 2018; Zhang et al., 2020), consistent with our data from the
 534 Mediterranean (Figure 8). Net degradation of Atlantic DON within the Mediterranean Sea is
 535 supported by lower DON concentrations and higher DON $\delta^{15}\text{N}$ values in the Mediterranean
 536 relative to the Atlantic (Figures 8A, B). To estimate the nitrate $\delta^{15}\text{N}$ of the degradation process
 537 (i.e., $\delta^{15}N_{DONdeg}$), we perform a mass and isotopic balance calculation by assuming that the
 538 DON pool at 150 m depth (i.e., DON_{150}) is degraded down to a DON concentration at 1000 m
 539 depth (i.e., DON_{1000}), as follows:

$$540 \quad [DON_{150}] * \delta^{15}N_{DON150} = [DON_{1000}] * \delta^{15}N_{DON1000} + [DON_{deg}] * \delta^{15}N_{DONdeg} \quad (3).$$

541 Solving equation (3) for $\delta^{15}N_{DONdeg}$ gives a $\delta^{15}\text{N}$ value of $2.5 \pm 3.2\%$ (propagated error
 542 based on 1sd; depth ranges: 100 – 300 m and 750 – 1250 m). Our mass balance calculated value
 543 encompasses the range given by the accumulated product from the Rayleigh fractionation
 544 kinetics, i.e., $\sim 0.0 - 1.7\%$. We assume for the latter an initial DON $\delta^{15}\text{N}$ of $4.3 - 5.3\%$ (i.e.,
 545 surface values of the eastern and western basins), a degree of DON consumption of $0.35 - 0.44$
 546 (i.e., $= 1 - [DON]_{1000}/[DON]_{150}$) and an isotope effect of $4.9 \pm 0.4\%$. Accordingly, in the
 547 prognostic four-box model, the partial DON degradation is prescribed to be at 0.0% and 4.0% ,
 548 and we let the model equilibrate for 1,000 years until reaching a steady state. The model best fits
 549 yield a N input of $1.7 \pm 0.6 \text{ Tg yr}^{-1}$ (1.0 and 2.5 Tg yr^{-1} , 10th and 90th percentile) for partial DON
 550 breakdown, when occurring in isolation (Figures 10 and 11E, F).

551 If we consider the difference between average DON concentration from our
 552 measurements of $3.7 \mu\text{M}$ in surface waters and $2.0 \mu\text{M}$ in deep waters as indicative of the DON
 553 degradation in the Mediterranean Sea, it suggests that 139 Tg of DON has undergone
 554 degradation. Dividing this quantity by the estimated water residence time in the Mediterranean

555 Sea (120 – 170 years, i.e., $\omega/V_{\text{Mediterranean Sea}}$), it yields a DON breakdown rate of
556 $1.0 \pm 0.2 \text{ Tg yr}^{-1}$, which is slightly lower than the model best fits (i.e., $1.6 \pm 0.6 \text{ Tg yr}^{-1}$).
557 Consequently, the degradation of DON might account for a significant proportion, but not all, of
558 the observed nitrate $\delta^{15}\text{N}$ lowering in the Mediterranean. The tendency for this mechanism to
559 yield lower nutrient concentrations for the Atlantic inflow ($2.2 \pm 0.6 \mu\text{M}$ vs. $3.1 \pm 0.3 \mu\text{M}$;
560 Huertas et al., 2012) is consistent with this mechanism providing at best a partial explanation of
561 Mediterranean nitrate $\delta^{15}\text{N}$ lowering.

562 Based on these results, it is difficult to distinguish between N_2 fixation, atmospheric
563 deposition, and partial DON degradation in driving the low nitrate $\delta^{15}\text{N}$ observed in the
564 Mediterranean Sea. To further address this question, one possibility would be to reconstruct past
565 nitrate $\delta^{15}\text{N}$ values in the Mediterranean Sea using fossil-bound $\delta^{15}\text{N}$ analyses. Fossil-bound
566 $\delta^{15}\text{N}$, such as in foraminifera or corals, approximates nitrate $\delta^{15}\text{N}$ of the shallow thermocline in
567 nutrient-depleted areas (Ren et al., 2009; Smart et al., 2018; Wang et al., 2014), and it preserves
568 this signal in the geological record (Martínez-García et al., 2022). If the anthropogenic input is
569 responsible for the low nitrate $\delta^{15}\text{N}$ in the Mediterranean Sea, higher fossil-bound $\delta^{15}\text{N}$ values
570 (i.e., close to the Atlantic inflow nitrate $\delta^{15}\text{N}$) should be, therefore, expected in fossil samples
571 from prior to the 1950s.

572

573 **5 Conclusions**

574 In summary, our study provides a comprehensive overview of the distribution of nitrate
575 $\delta^{15}\text{N}$ and $\delta^{18}\text{O}$ throughout the entire Mediterranean Sea. Our findings confirm previous studies,
576 indicating a basin-wide ^{15}N depletion in the Mediterranean Sea compared to the global ocean.
577 This implies the existence of an external, low- $\delta^{15}\text{N}$ N source contributing to the Mediterranean
578 Sea, in agreement with studies by Pantoja et al. (2002), Mara et al. (2009) and Emeis et al.
579 (2010). Our analysis reveals that the inflow of Atlantic waters through the Strait of Gibraltar
580 dilutes this external, low- $\delta^{15}\text{N}$ N supply and generates the observed east-to-west gradient in
581 nitrate $\delta^{15}\text{N}$ in the Mediterranean Sea. Moreover, this external nitrogen supply predominantly
582 accumulates as regenerated nitrate in the interior waters of the Mediterranean.

583 We present a prognostic four-box model of the Mediterranean Sea, illustrating that
584 modest contributions from N₂ fixation and anthropogenic nitrogen deposition, either individually
585 or combined, can account for the observed low- $\delta^{15}\text{N}$ signature. Furthermore, we report evidence
586 that partial degradation (with isotopic fractionation) of dissolved organic nitrogen, introduced
587 into the Mediterranean Sea from the Atlantic Ocean, may represent an additional source of low-
588 $\delta^{15}\text{N}$ nitrate. The capacity for multiple mechanism to explain the low $\delta^{15}\text{N}$ of nitrate in the
589 Mediterranean Sea is a consequence of the relatively long residence time of water in the basin
590 relative to the inflow at the Strait of Gibraltar.

591

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602

603 **Open Research**

604 **Data Availability Statement**

605 Data of this study will be uploaded into the PANGAEA database once the paper has been
606 accepted. The model described in this article will be uploaded to a Github repository once the
607 paper has been accepted.

608

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Global Biogeochemical Cycles

Supporting Information for

Origins of the nitrate ^{15}N depletion in the Mediterranean Sea

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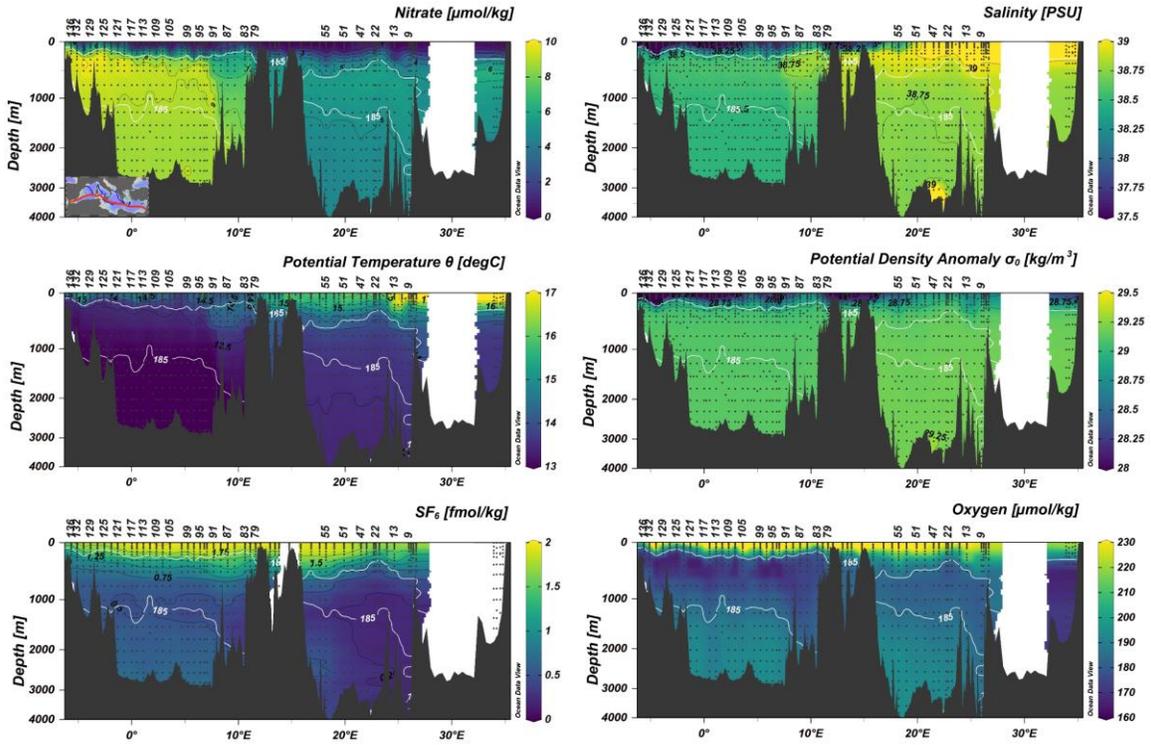


Figure S1. Physical properties in reference to the nitrate concentration of the zonal transect through the Mediterranean Sea. The white contour line indicates O_2 concentrations $\leq 185 \mu\text{M}$, which is used to define the intermediate water mass.

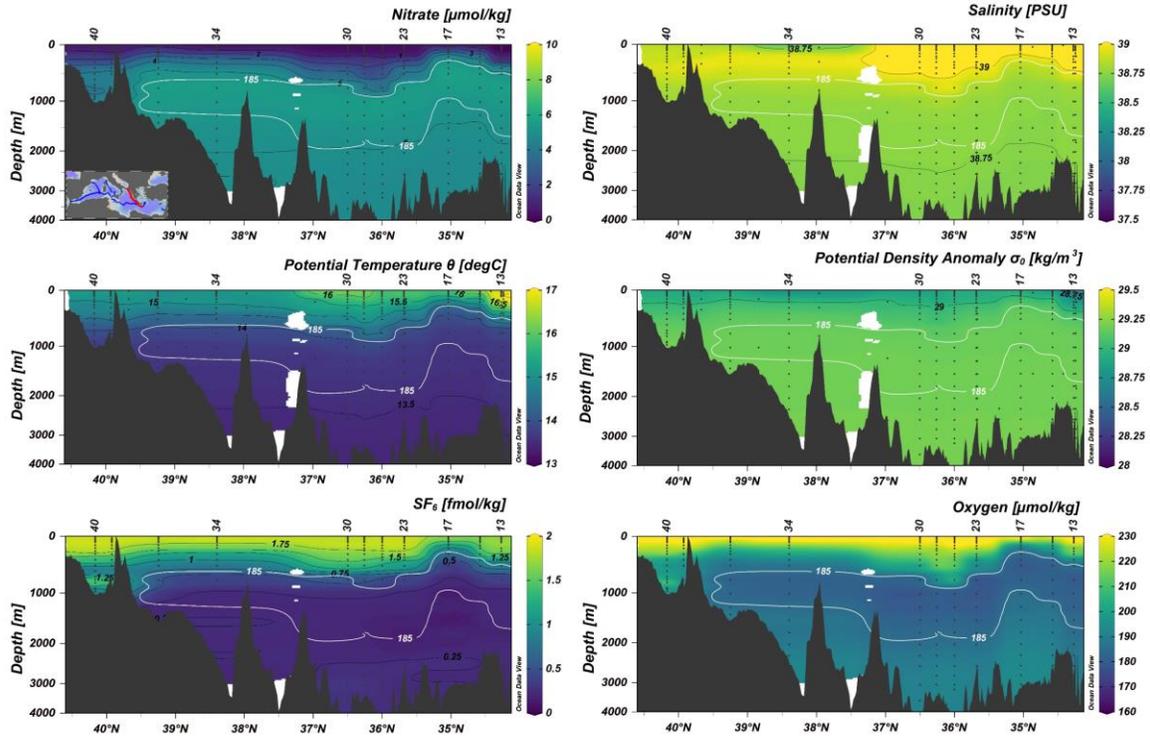


Figure S2. Physical properties in reference to the nitrate concentration of the Ionian section. Nitrate concentration, S , θ and σ_0 are comparable to the ones from the eastern basin. The white contour line indicates O_2 concentrations $\leq 185 \mu\text{M}$, which is used to define the intermediate water mass.

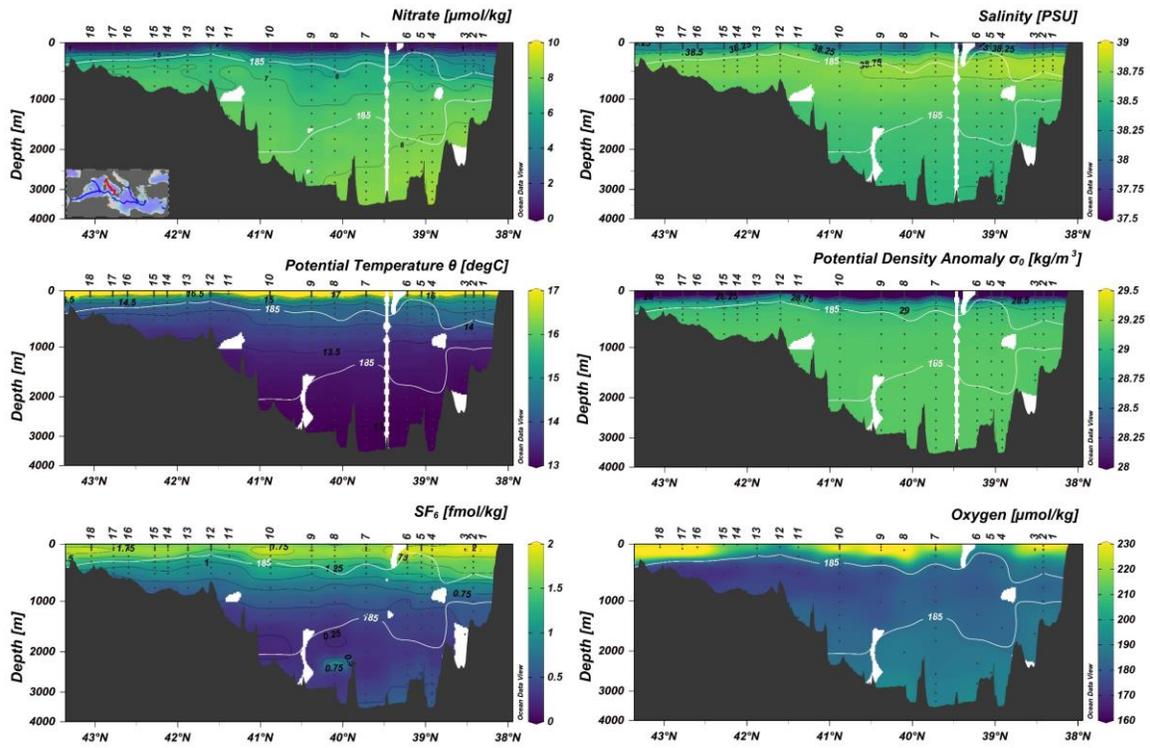


Figure S3. Physical properties in reference to the nitrate concentration of the Tyrrhenian section. Nitrate concentration, S , θ and σ_0 are comparable to the ones from the zonal transect between MSM72 stn. 75–91 of the western basin. The white contour line indicates O_2 concentrations $\leq 185 \mu\text{M}$, which is used to define the intermediate water mass.

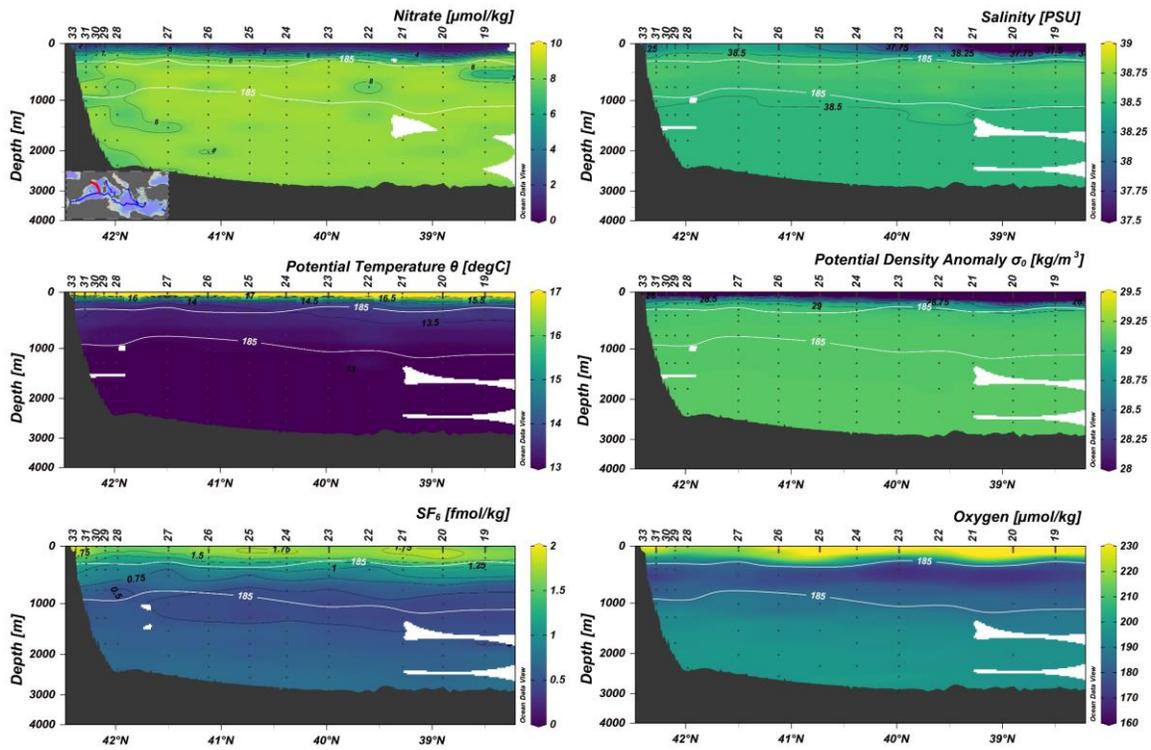


Figure S4. Physical properties in reference to the nitrate concentration of the Algerian section. Nitrate concentration, S , θ and σ_0 are comparable to the ones from the zonal transect between MSM72 stn. 93–136 of the western basin. The white contour line indicates O_2 concentrations $\leq 185 \mu\text{M}$, which is used to define the intermediate water mass.

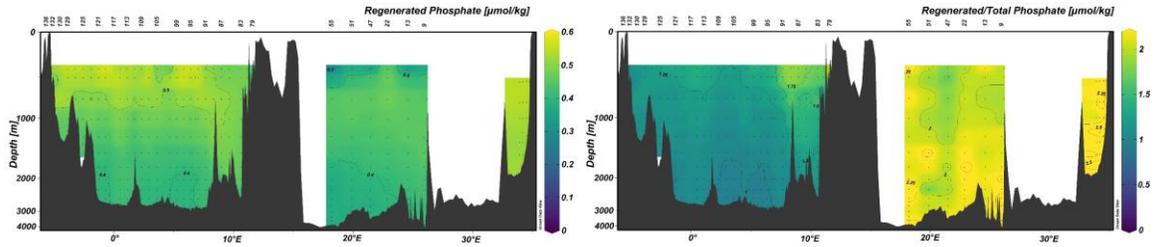


Figure S5. Regenerated phosphate and regenerated/total phosphate calculated with the Redfield stoichiometric ratios along the zonal transect.

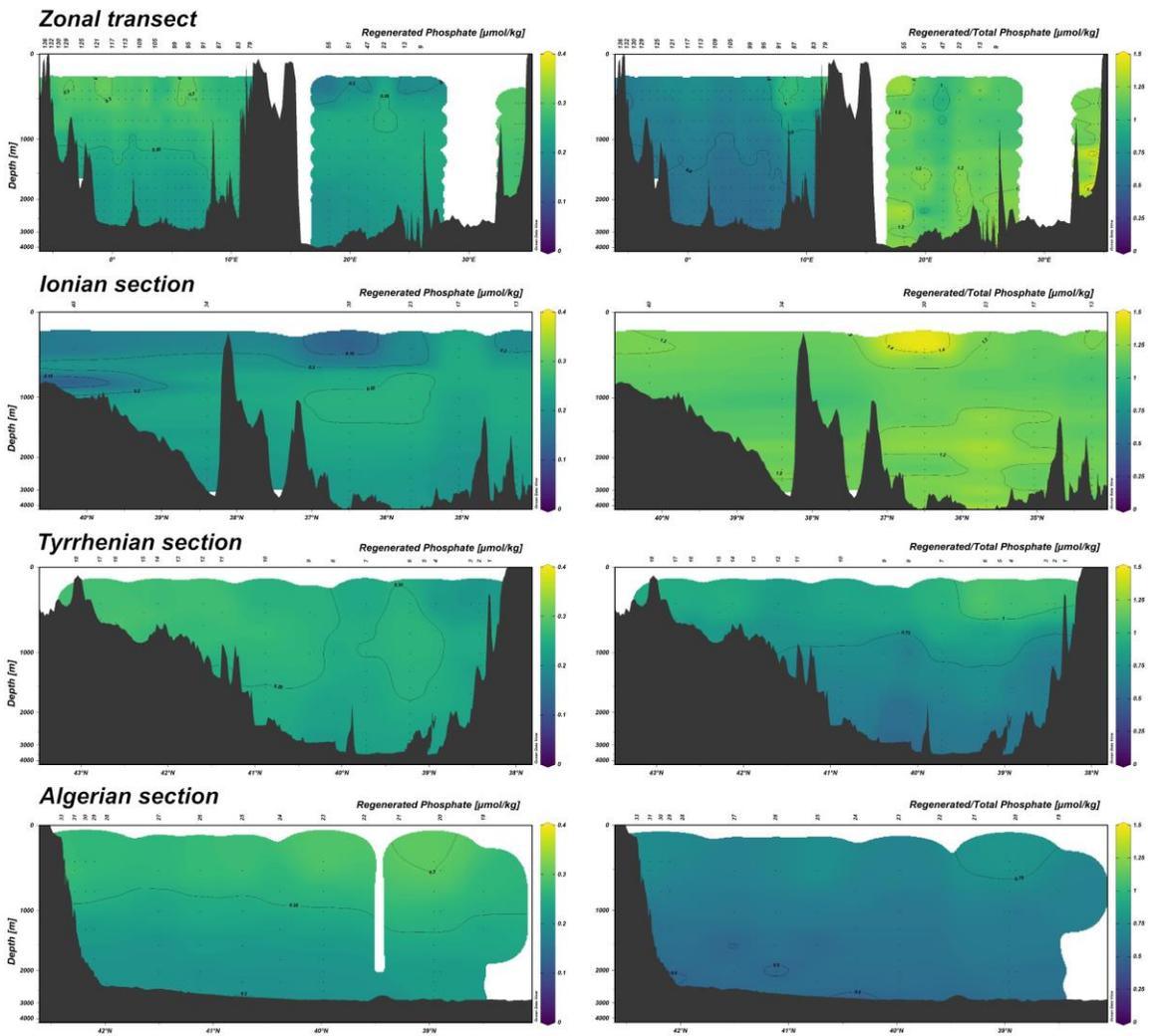


Figure S6. Estimation of the regenerated phosphate in each basin (left panels) and fraction of regenerated/total phosphate pool.

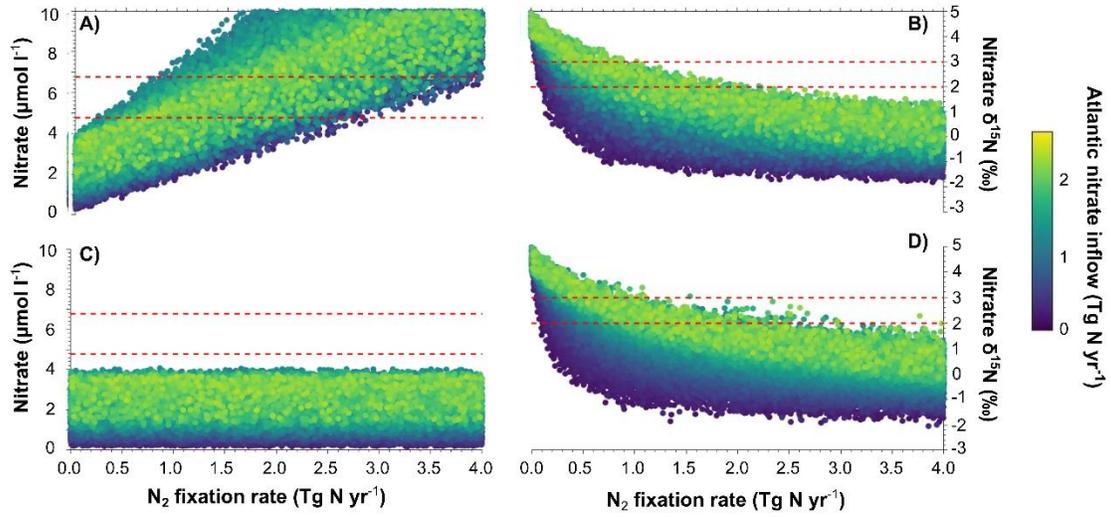


Figure S7. Model estimates of nitrate concentration (A, C) and nitrate $\delta^{15}\text{N}$ (B, D) in function of the N_2 fixation rate (in Tg N yr^{-1}) and nitrate supply from the Atlantic Ocean (color scale in Tg N yr^{-1}). Estimates for N_2 fixation without (A, B) and with sedimentary denitrification (C, D).