A new atmospheric background state to diagnose local waveguidability

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Abstract

A new procedure to obtain a longitudinally varying and slowly evolving atmospheric background state for the analysis of Rossby waveguides is described and discussed. The procedure is a rolling zonalization scheme, redistributing Ertel potential vorticity in a moving window to separate waves from the background. Waveguides are subsequently diagnosed from the gradient of the logarithm of potential vorticity. The effectiveness of the wave-background separation, even in large-amplitude conditions, is illustrated with reanalysis data. Established climatological mean waveguide structures are recovered from the rolling-zonalized state in the limit of long-term aggregation. Two contrasting episodes of Rossby wave packet propagation demonstrate how the evolution of waveguides derived from rolling zonalization can correspond to the development of superposed wave packets. The ability of the procedure to work with snapshots of the atmosphere provides new opportunities for waveguide research.

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5 Key Points:

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		We construct a new atmospheric background state that is local in both space and
6	•	we construct a new atmospheric background state that is local in both space and
7		time.
8	•	Waveguide information can be extracted from the background state potential vor-
9		ticity field.
10	•	Our scheme enables instantaneous waveguide analysis while also reproducing es-

• Our scheme enables instantaneous waveguide analysis while also reproducing established waveguide patterns after long-term aggregation.

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12 Abstract

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25 Plain Language Summary

Rossby waves are meridional excursions of the jet stream, a strong band of wind 26 in the extratropics. Stationary Rossby waves can cause extreme weather at the surface 27 and travelling waves connect the weather of remote regions on the globe. Paths along 28 which Rossby waves preferentially develop and travel are called waveguides. To detect 29 the presence of a waveguide in atmospheric data, the waves have to be separated from 30 31 their guiding atmospheric background state first. We introduce a new separation procedure for snapshots of the atmosphere that results in a slowly evolving and longitudi-32 nally varying background state. Our background state is a new source of local waveg-33 uide information, particularly in applications where no reliable information was avail-34 able previously. 35

³⁶ 1 Introduction

Waveguides are paths in the atmosphere along which Rossby wave activity is pref-37 erentially ducted (Branstator, 1983; Hoskins & Ambrizzi, 1993; Chang & Yu, 1999; Mar-38 tius et al., 2010; Wirth et al., 2018). The concept of a waveguide is important for un-39 derstanding teleconnection patterns facilitated by Rossby waves (Hoskins & Karoly, 1981; 40 Hsu & Lin, 1992; Branstator, 2002; Branstator & Teng, 2017), the steering of weather 41 systems (Chang et al., 2002), the onset of atmospheric blocking (Nakamura & Huang, 42 2018), extreme weather (Petoukhov et al., 2013; Kornhuber et al., 2017; White et al., 43 2021; Rousi et al., 2022) and sub-seasonal to seasonal weather prediction (Hoskins, 2013; 44 Davies, 2015). In this work, we focus on the horizontal propagation of Rossby waves along 45 the extratropical jet waveguide. 46

Strong and narrow jet streams are known to constitute good Rossby waveguides 47 in the atmosphere (Manola et al., 2013; Harvey et al., 2016; Wirth, 2020). In practice, 48 jet detection schemes (e.g. Spensberger et al., 2017) and jet-associated enhanced gra-49 dients of potential vorticity (e.g. Schwierz et al., 2004; Martius et al., 2010; Röthlisberger 50 et al., 2016) are used to extract waveguide information from atmospheric data. Waveg-51 uides are diagnosed in barotropic analysis by tracing Rossby waves as rays refracted by 52 the stationary wavenumber field (Karoly, 1983; Hoskins & Ambrizzi, 1993; Ambrizzi et 53 al., 1995), though concerns about the underlying assumptions of the theory have been 54 raised since its inception (Hoskins & Karoly, 1981; Teng & Branstator, 2019; Wirth, 2020). 55 Figure 1 illustrates the general agreement of common diagnostic fields regarding the mean 56 climatological waveguide patterns. 57

The conceptual picture considers waveguides as features of a wave-free background state onto which waves are superposed. Separating waves and background in the atmosphere post factum is a challenging and not well defined problem, as the scale of both



Figure 1. Barotropic waveguide diagnostic fields computed from the 1979–2022 ERA5 winter-mean horizontal wind fields on the 330 K isentrope. (a) zonal wind component u. (b) magnitude of the gradient of absolute vorticity ζ_a . (c) stationary zonal wavenumber K_s , with $K_s^2 = a \cos(\phi)^2 u^{-1} \partial_{\phi} \zeta_a$ (see text for symbols) and imaginary values plotted white. In general, Rossby waves are expected to propagate preferentially along maxima of these fields. Both hemispheres show winter, i.e. DJF on the northern and JJA on the southern hemisphere.

can overlap in time and space (Branstator & Teng, 2017; Wirth & Polster, 2021). Tem-61 poral and spatial filters are nevertheless often applied in practice, supported, e.g., by the 62 finding that waveguides diagnosed from long-term means reflect the known large-scale 63 teleconnection patterns and storm track regions (Figure 1). However, closer examina-64 tion reveals representativity issues due to approximations such as zonally symmetric back-65 ground states (Branstator, 1983; Borges & Sardeshmukh, 1995; Branstator, 2002; Hoskins 66 & Ambrizzi, 1993) and internal variability (Spensberger et al., 2017) and the possibil-67 ity of artifacts introduced by inadequate wave-background separation (Dritschel & Scott, 68 2011; Wirth & Polster, 2021). A separation scheme local in both time and space and re-69 sistant to producing artifacts in large-amplitude conditions has not been established so 70 far. 71

The objective of the present work is to introduce a localized zonalization scheme 72 as a novel method to compute a background state from a snapshot of the atmosphere 73 for the purpose of waveguide analysis. Our scheme is both an extension and approxima-74 tion of the computation of the modified Lagrangian mean state of Nakamura and Solomon 75 (2011) and Methven and Berrisford (2015), adding longitudinal variability by means of 76 a rolling window. Section 2 elaborates on the construction of our procedure and the used 77 waveguide diagnostic. A background state is then computed from a reanalysis dataset 78 (section 3) and evaluated regarding its use as a basis for waveguide analysis in section 79 4. We conclude with a summary and discussion in section 5. 80

$\mathbf{2}$ Methods

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2.1 Zonalization

⁸³ Zonalization is a conservative rearrangement of potential vorticity (PV), such that ⁸⁴ the values of the resulting zonally symmetric PV profile are in descending order from North ⁸⁵ to South (Nakamura & Zhu, 2010). We zonalize Ertel PV, in isentropic coordinates given ⁸⁶ by $q = \frac{\zeta_a}{\sigma}$, the quotient of absolute vorticity ζ_a and isentropic density $\sigma = -\frac{1}{g} \frac{\partial p}{\partial \theta}$, with ⁸⁷ potential temperature θ , pressure p and gravitational acceleration g. The equivalent lat-⁸⁸ itude ϕ_{eq} of a PV contour Q (Butchart & Remsberg, 1986; Allen & Nakamura, 2003) is ⁸⁹ implicitly defined as

$$\int_{q \ge Q} \sigma \, \mathrm{d}S = \int_{\phi \ge \phi_{\mathrm{eq}}} \sigma_{\mathrm{ref}} \, \mathrm{d}S,\tag{1}$$

where both integrals are surface integrals evaluated on an isentrope and ϕ is latitude.

The background state isentropic density $\sigma_{\rm ref}$ must be prescribed for the computation.



Figure 2. Comparison of time-mean and rolling-zonalized background states on the 330 K isentrope. (a) PV (filled contours) and meridional wind (red and black dashed contours) on 18 December 2016 1200 UTC. For convenience, the 1.5 PVU contour of PV is shown in all panels (solid black). (b) Rolling zonalization illustrated by four individual zonalizations for 90°W, 50°W, 10°W and 30°E. Each window's central longitude is highlighted in bold. (c) 14 day-mean PV. (d) Rolling-zonalized PV. (e,f) $\|\nabla \log(q)\|$ as a waveguide diagnostic, based on (c) and (d), respectively.

In this work, we evaluate relation (1) in a rolling fashion along longitude, using a 60°wide window, to obtain a longitudinally varying zonalized state. The zonalized PV profile is determined for every window position based on the equivalent latitudes of a set of PV contours and assigned to the central longitude of the window (Figure 2b). We call this procedure rolling zonalization and the resulting field of zonalized PV profiles (Figure 2d) a rolling-zonalized background state.

Rolling zonalization can be adjusted to the needs of different applications by se-98 lecting different window widths, but the choice of this parameter also introduces subqq jectivity. For the purpose of waveguide detection, we have found results to be robust in 100 the range of window widths from 60° to 90° and have chosen 60° as our default here. To 101 be sure, the addition of longitudinal variation invalidates many theoretical results de-102 rived for the hemispherically zonalized state (Nakamura & Solomon, 2011; Methven & 103 Berrisford, 2015; Ghinassi et al., 2020). We do not attempt to recover localized versions 104 of these theorems in this work. We only note that a localized zonalized state can also 105 change due to zonal rearrangement of PV in contrast to a hemispherically zonalized state 106 which can exclusively change due to non-conservative processes. 107

The process of applying zonalization in a rolling fashion does not guarantee that PV is globally conserved, even though each individual zonalization is conservative. The loss of exact PV conservation is one of multiple approximations made to facilitate a simple and practical implementation of our procedure. A significant departure from the ELIPVI zonalization scheme of Methven and Berrisford (2015) is the omission of PV inversion

and an iteration to a consistent background isentropic density field. Instead, we prescribe 113 $\sigma_{\rm ref}$ based on a longitudinally rolling mean of σ using the same window width as the zon-114 alization. The lack of PV inversion also means that other "byproducts" like the back-115 ground state wind are not computed in our approximation. A three-dimensional hemi-116 spheric PV inversion required for a localized ELIPVI implementation presents a signif-117 icant technical challenge. For practical reasons and accessibility we do not want to in-118 cur the substantial computational costs of an inversion-based procedure. By contrast, 119 a rolling zonalization can be computed in about 100 ms on a single CPU core. 120

2.2 Waveguide Diagnostic

We diagnose waveguidability, a non-binary assessment of the propensity of the at-122 mosphere to duct Rossby waves (Manola et al., 2013; Wirth, 2020), based on the gra-123 dient of the logarithm of the background state PV obtained from the rolling zonaliza-124 tion. An example of this field is shown in Figure 2f. To first order, $\|\nabla \log(q)\|$ is propor-125 tional to the curvature of the flow $\nabla^2 u$ and thus related to the dispersion relation of Rossby 126 waves (Martius et al., 2010; Bukenberger et al., 2023). We aim to avoid issues associ-127 ated with strong variations of stratification when deriving the location of waveguides from 128 $\|\nabla \log(q)\|$ (Bukenberger et al., 2023) with the rolling mean-smoothed $\sigma_{\rm ref}$. Regions where 129 $|q| < 0.1 \text{ PVU} (1 \text{ PVU} = 10^{-6} \text{ Km}^2 \text{ kg}^{-1} \text{ s}^{-1})$ are excluded in our waveguide analysis 130 to avoid the divergence of the logarithm when $q \to 0$. As a simple criterion for the pres-131 ence of a waveguide, we require $\|\nabla \log(|q|)\| > 1.2 \times 10^{-6}$, with q in PVU. We have 132 verified that our results are not sensitive to the choice of this threshold. 133

134 **3 Data**

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We process ERA5 (Hersbach et al., 2020, 2023) reanalysis fields of u, v and T from 135 1979 to 2022 (6-hourly). The input fields are obtained with 1.5° horizontal resolution on 136 18 pressure levels (50 to 850 hPa in steps of 50 hPa; 70 hPa additionally). We compute 137 potential temperature and isentropic density on pressure levels, then interpolate to isen-138 tropes. Vorticity is computed from the interpolated winds and combined with the inter-139 polated isentropic density to calculate PV. Surface integrals for the zonalization are eval-140 uated with a conditional boxcounting quadrature scheme with regions outside the input 141 data range omitted. We zonalize each hemisphere separately. 142

143 4 Results

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4.1 A First Look

We take a first look at a rolling-zonalized state in Figure 2d. The selected date is 145 from a European blocking event in December 2016 (Maddison et al., 2019; Polster & Wirth, 146 2023). The rolling-zonalized PV exhibits a wavenumber 2 to 3 pattern in the midlati-147 tudes. The meridional spacing of background state PV contours widens locally over west-148 ern Europe and resembles an often assumed background state configuration of scale in-149 teraction models of atmospheric blocking (Luo et al., 2023). The associated weakened 150 gradient of PV is reflected in our waveguide diagnostic field (Figure 2f). With a thresh-151 old of 1.2×10^{-6} , we detect an interruption of the waveguide in the blocking region, while 152 a strong and continuous waveguide is found over subtropical Asia and the midlatitude 153 Pacific and North American regions. Interestingly, our scheme detects strong waveguid-154 ability over Asia despite no wave being present there. 155

Comparing the rolling-zonalized (Figure 2d) and the 14-day temporally averaged PV fields (Figure 2c), we find some common features but also important differences in the details. Generally, magnitudes of log-PV gradients are similar and the interruption of the waveguide at the blocking is found in both background states. The temporally averaged PV is also dominated by a wavenumber 2 to 3 structure. However, meridional

PV profiles in the temporally averaged field are non-monotonic and contour overturn-161 ing at the block location indicates a failure of the temporal average to remove a station-162 ary, large-amplitude eddy. A higher degree of small scale structure in the temporally av-163 eraged state translates to considerably noisier waveguides in the associated $\|\nabla \log(q)\|$ 164 field (Figure 2e). The remains of synoptic-scale troughs are visible over the North Pa-165 cific and the Asian subtropical waveguide starts further west without a connecting arm 166 from western Europe. In the rolling-zonalized state, the latitude of the waveguide over 167 North America corresponds better to the central latitude of the superposed wave packet 168 than in the time-averaged state. 169

4.2 Filtering Properties

The temporal evolution of a hemispherically zonalized state is known to be inher-171 ently slow (Nakamura & Solomon, 2011; Methven & Berrisford, 2015). Figure 2 suggests 172 that rolling zonalization can produce fields with a broadly similar structure compared 173 to those produced by a temporal filter, despite only using instantaneous data. In an anal-174 ysis of 44 years of 6-hourly rolling-zonalized PV based on autocorrelation and spectral 175 decomposition we found that the rolling-zonalized background state also evolves inher-176 ently slowly, although the characteristics of the temporal behaviour do not correspond 177 directly to that of any simple temporal filter we compared against (not shown). 178

A rolling-zonalized state (60° window) cuts off virtually all contributions of waves 179 with wavenumbers equal to or larger than 5 in the zonal wavenumber power spectrum 180 of PV (Figure 3a). Wavenumbers 1, 2 and 3 contribute almost all spectral power in the 181 Northern Hemisphere midlatitudes, with only minor contributions from wavenumber 4. 182 We consider the rolling-zonalized state state therefore to be free of synoptic- and smaller-183 scale eddies. Widening the window of the rolling zonalization to 90° reduces the power 184 in wavenumbers 2 to 4 significantly and moves the cut-off wavelength to k = 4. By com-185 parison, a 14-day rolling mean still has as much power in wavenumber 6 than the 60° rolling-186 zonalized state in wavenumber 4 and correlates more strongly with the spectrum of the 187 original PV. In the spectral comparison of Figure 3a, the 60° rolling-zonalized state is 188 closest to the climatological mean state. Similar to the temporal filtering, the spatial fil-189 tering properties of rolling zonalization are generally not unlike, but in details impor-190 tantly different to those of simple averaging procedures. 191

4.3 Climatological Waveguide Occurrence

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Using the 1.2×10^{-6} threshold, we compute the gridpoint-wise occurrence frequency 193 of waveguides in the rolling-zonalized state. Figure 3b shows the winter-time waveguide 194 occurrence for our default window with of 60° longitude on 330 K. Frequent occurrence 195 of an Asian subtropical waveguide extending into the Pacific and a North American/North 196 Atlantic waveguide can be identified on the Northern Hemisphere. On the Southern Hemi-197 sphere, a band of more than 40% waveguide occurrence extends around the globe in the 198 midlatitudes with waveguides occurring preferentially in the Pacific sector from Australia 199 to South America. Figure 3c shows the same analysis for a 90°-wide window, resulting 200 in more zonally elongated waveguide occurrence features. The identity of the North At-201 lantic waveguide as a feature separate from the North Pacific waveguide is less pronounced 202 but differences between the window widths are otherwise small. 203

We compare the climatological mean barotropic waveguide diagnostic fields in Figure 1 with the waveguide occurrence frequency field in Figure 3b. The climatological mean winter waveguide structure is broadly reproduced in the long-term aggregated waveguide information from individual snapshots of the rolling-zonalized atmosphere. Relative signal strengths of co-located features in Figure 1 and Figure 3b are similar. However, the waveguide signal associated with the North Atlantic jet does not extend as far towards Europe in the frequency field of the rolling-zonalized state and a secondary waveg-



Figure 3. (a) Zonal Wavenumber spectra of instantaneous PV (black), climatological-mean PV (gray), 14 day-rolling-averaged PV (blue) and 60°- (light red) and 90°-window (dard red) rolling-zonalized PV. All spectra of winter months only, spectral power averaged from 60 to 30°N on 330 K. (b,c) Climatological waveguide occurrence on 330 K during winter, derived from a rolling-zonalized state with a 1.2×10^{-6} waveguide detection threshold. Mean contours of rolling-zonalized PV are shown in black. Comparison of 60° (b) and 90° (c) window widths. (d,e) Waveguide occurrence as in (b) but for isentropic levels from 315 to 345 K in steps of 5 K in a 3D visualization for each hemisphere. Selected contours from the 320 (solid) and 340 K (dashed) isentropic levels are reproduced on the bottom maps for orientation. Note that the actual surface of the planet is not a surface of constant potential temperature as depicted here.

uide over the Atlantic and Indian Ocean on the Southern Hemisphere is missing. Differences in the waveguide features can be contextualized with the vertical structure of
waveguide occurrence in Figure 3d and e. The vertical structure shows the distinct identities of the North Atlantic and Asian/Pacific waveguides on the Northern Hemisphere
more clearly than 330 K alone. The midlatitude waveguides over the North and South
Atlantic oceans are primarily found on lower isentropic levels than 330 K, while the subtropical waveguides are found at higher levels (Martius et al., 2010; Martin, 2021).

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4.4 Two Contrasting Episodes

We use a refined Hovmöller diagram (Martius et al., 2006) to further illuminate the 219 waveguide evolution around the December 2016 blocking episode introduced in section 220 4.1 and Figure 2. Note that the generation of such contour-following Hovmöller diagrams 221 is particularly easy in the rolling-zonalized state as each PV contour intersects a merid-222 ian at most once by construction. Figure 4c shows the evolution of $\|\nabla \log(q)\|$, our waveg-223 uidability metric, along the 1.5 PVU contour on 330 K for the 2016 episode. In the snap-224 shot for 15 December (Figure 4b), a Rossby wave packet (RWP) stretches from North 225 America across the North Atlantic into northern Europe, superposed onto a strong waveg-226 uide over North America. The waveguide is weaker over the Atlantic with a connection 227



Figure 4. (a,b) $\|\nabla \log(q)\|$ waveguidability diagnostic (filled contours), 1.5 PVU contour of rolling-zonalized PV (black) and meridional wind (dark red/blue contours, in steps of 10 m s⁻¹ starting from $\pm 20 \text{ m s}^{-1}$) on 330 K for 17 and 15 December 2016 1200 UTC, respectively. (c) refined Hovmöller diagram of the grad-log-PV waveguide diagnostic (filled contours) and meridional wind (contours). Data is extracted with a 7.5° boxcar smoothing kernel along the contour of 1.5 PVU. (d,e,f) Like (a) but for 9, 7 and 5 December 2018, respectively, and with a PV contour of 1 PVU. (g) Like (c) but for 4 to 12 December 2018 and 1 PVU.

to the subtropical waveguide over Asia and a second short branch pointing towards northern Europe. Over the next two days the waveguide strengthens over the Atlantic while
shifting northward together with the 1.5 PVU contour (Figure 4a). A day later, the waveguide is interrupted (c.f. Figure 2f) and the propagation of the RWP ceases as the block
has been established (Polster & Wirth, 2023), with low waveguidability dominating the
sector after 17 December (Figure 4c).

A different evolution of waveguide and wave is seen in an episode from January 2018 234 (Figure 4d–g). On 5 January (Figure 4f), a North Atlantic waveguide ends about 20° 235 further north than a subtropical waveguide over Africa starts, with no significant con-236 nection between both. A Rossby wave packet stretches across the Atlantic along the waveg-237 uide. Strong meridional winds develop over the North Atlantic but the wave packet does 238 not propagate through the African/European region at first. During 6 January, the two 239 waveguides connect over the Mediterranean (Figure 4e,g) and a wave signal emerges in 240 the subtropics at the same time. By 9 January, a strong waveguide has been established 241 from the North Atlantic across Asia to the North Pacific (Figure 4d). The evolution of 242 the wave packet appears to occur along this waveguide, with new meridional wind ex-243 trema developing over the Arabian peninsula and further downstream in the following 244 days (Figure 4g). 245

The two episodes exhibit opposite RWP propagation characteristics in the African/European region. While the incoming RWP in December 2016 develops into a block with no downstream development over Asia, the wave packet in January 2018 continues development along the subtropical waveguide (akin to the equatorward wave energy transfer described
by Martius et al., 2010). The parallel evolutions of the midlatitude and subtropical waveguides in these two episodes reflect these (non-)propagation patterns: the waveguides are
effectively disconnected during the 2016 episode, while the waveguides connect in 2018.

5 Summary and Discussion

We have introduced a new procedure, rolling zonalization, to compute a three-dimensional 254 background state of the atmosphere that evolves with time. The procedure consists of 255 a rearrangement of potential vorticity in a longitudinally rolling sector on a hemisphere, 256 based on the concept of equivalent latitude. Rolling zonalization combines aspects of both 257 a spatial and a temporal filter. Synoptic-scale eddies of arbitrary amplitude are elim-258 inated effectively by the zonalization. The resulting background state is slowly evolv-259 ing even though no information other than the instantaneous state of the atmosphere 260 is required to compute it. 261

Localizing zonalization with a rolling window is straightforward, but it is only an approximation of a scheme consistent with the underlying formalism. We do not compute consistent background fields of isentropic density or wind and strict PV conservation is not guaranteed, although we have observed good PV conservation for our setup. We leave the formulation of a theory of wave-mean flow interaction that accomodates our localized zonalized background state to future work. Our present objective is to advance the state of practical application.

Using the log-PV gradient of the rolling-zonalized background state as a waveg-269 uide diagnostic, we were able to recover the established structure of the winter-time cli-270 matological waveguides in the extratropics. The aggregation of instantaneous waveguide 271 information into a frequency-based perspective on waveguide occurrence complements 272 earlier climatological mean-based results (see also White, 2019). Two contrasting episodes 273 of Rossby wave packet propagation demonstrated how the zonalization-derived waveg-274 uides can correspond to the local development of superposed wave trains. An interrupted 275 waveguide in the first episode coincided with the onset of a block. A connected waveg-276 uide in the second episode coincided with a transfer of wave activity from the midlat-277 itude to the subtropical waveguide. 278

We can envisage further fine tuning of the rolling zonalization procedure and waveg-279 uide diagnostics. Instead of a threshold-based binary view of waveguide occurrence, more 280 nuanced information on waveguidability should be extractable from the background state. 281 Local wave activity (Huang & Nakamura, 2016, 2017; Ghinassi et al., 2018), computed 282 with respect to the longitudinally varying zonalized background state, presents a more 283 consistent measure of local waviness than the meridional wind. We intend to explore the 284 relationship between waveguidability properties of the rolling-zonalized background state 285 and wave packet propagation further in the future. 286

An atmospheric background state which is local in time and space and which is computable from instantaneous data enables diagnostics to be applied in the full range of lead times in forecast applications. Individual events can be investigated with regard to the influence of teleconnection patterns or the potential of resonance along a circumglobal waveguide. These are new and sought-after possibilities for current waveguidability research (e.g. White et al., 2021; Riboldi et al., 2022).

²⁹³ Open Research

The code to reproduce the data analysis and all figures of this article is preserved online (Polster, 2023). Procedures to compute the rolling zonalization are provided in a Python package included in the associated code repository. ERA5 data (Hersbach et al., 2023) was downloaded from the Copernicus Climate Change Service (C3S) Climate

- ²⁹⁸ Data Store. The results contain modified Copernicus Climate Change Service informa-
- ²⁹⁹ tion 2023. Neither the European Commission nor ECMWF is responsible for any use that

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