Water Mass Transformations Within Antarctic Coastal Polynyas of Prydz Bay from Clustered Drifters

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Abstract

Antarctic Bottom Water (AABW) forms the deepest limb of the meridional overturning circulation (MOC) and is a key control on global exchanges of heat, freshwater, and carbon. Density differences that drive the MOC have their origin, in part, in coastal polynyas. Prydz Bay polynyas in East Antarctica are a key source of Dense Shelf Water (DSW) that feeds AABW to the Atlantic and Indian Oceans. However, several poorly understood mechanisms influence the pathways and change water mass properties of the DSW on its way to the abyss. To better understand these mechanisms, we release Lagrangian particles in a 10 km resolution simulation of the Whole Antarctic Ocean Model and analyze the resulting tracks using novel cluster analysis. Our results highlight the role of mixing with other water masses on the shelf in controlling the fate of DSW and its eventual contribution to AABW. When advected beneath the ice shelf, DSW can mix with fresh Ice Shelf Water (ISW), becoming less dense and making future AABW formation less likely. This study confirms that towards the shelf break along the Antarctic Slope Current, mixing with circumpolar deep water (CDW) forms modified circumpolar deep water (mCDW) and influences DSW export as AABW. Our findings indicate that the pathway from DSW to AABW is sensitive to mixing with ambient waters on the shelf. An important implication is that with future increase in ice shelf melt and CDW warming, AABW production is likely to decline, even if DSW production in coastal polynyas remains constant.





Weekly T-S Averages





Depth vs $\sigma_{\! heta}$ of Particles







Particle Depth vs Time



Days since release





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Key	Points:
	Key

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15	•	Lagrangian particles show how Dense Shelf Water from Prydz Bay transforms along
16		its way from the continental shelf to the abyssal ocean.
17	•	Interactions between Amery Ice Shelf meltwater and upwelled circumpolar deep
18		water influence the formation and export of Dense Shelf Water.
19	•	Along isopycnal rather than diapycnal mixing is primarily responsible for trans-

forming Dense Shelf Water into Antarctic Bottom Water.

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21 Abstract

Antarctic Bottom Water (AABW) forms the deepest limb of the meridional overturn-22 ing circulation (MOC) and is a key control on global exchanges of heat, freshwater, and 23 carbon. Density differences that drive the MOC have their origin, in part, in coastal polynyas. 24 Prydz Bay polynyas in East Antarctica are a key source of Dense Shelf Water (DSW) 25 that feeds AABW to the Atlantic and Indian Oceans. However, several poorly under-26 stood mechanisms influence the pathways and change water mass properties of the DSW 27 on its way to the abyss. To better understand these mechanisms, we release Lagrangian 28 particles in a 10 km resolution simulation of the Whole Antarctic Ocean Model and an-29 alyze the resulting tracks using novel cluster analysis. Our results highlight the role of 30 mixing with other water masses on the shelf in controlling the fate of DSW and its even-31 tual contribution to AABW. When advected beneath the ice shelf, DSW can mix with 32 fresh Ice Shelf Water (ISW), becoming less dense and making future AABW formation 33 less likely. This study confirms that towards the shelf break along the Antarctic Slope 34 Current, mixing with circumpolar deep water (CDW) forms modified circumpolar deep 35 water (mCDW) and influences DSW export as AABW. Our findings indicate that the 36 pathway from DSW to AABW is sensitive to mixing with ambient waters on the shelf. 37 An important implication is that with future increase in ice shelf melt and CDW warm-38 ing, AABW production is likely to decline, even if DSW production in coastal polynyas 39 remains constant. 40

⁴¹ Plain Language Summary

Antarctic Bottom Water (AABW) helps drive the meridional overturning circu-42 lation (MOC), regulating global exchanges of ocean properties and Southern Ocean ex-43 changes of heat and salt between distinct bodies of water or water masses. Coastal polynyas— 44 regions of ice-free open ocean—feature continuous sea ice formation in winter and ex-45 pel salt into the water column. Some water formed in these polynyas is dense enough 46 to sink to the abyssal ocean, forming AABW, but the factors which affect this process 47 are not well understood. Here, we investigate the influences of regional differences and 48 mixing with other water masses on the trajectories of water originating from coastal polynyas 49 in Prydz Bay, East Antarctica by tracking virtual water particles in a regional ocean model. 50 Mixing between dense water from Prydz Bay with either ice shelf meltwater or warm wa-51 ter upwelled during the MOC can control the export of dense water to the deep ocean; 52 if ice shelf melt intensifies according to climate predictions, this factor could limit future 53 AABW formation. Water particles from Prydz Bay typically follow the Antarctic con-54 tinental shelf before moving either along the ocean surface or through subsea canyons 55 to the abyss. 56

57 1 Introduction

Antarctic bottom water (AABW) is the densest water mass in the global ocean and 58 is created as it sinks from the continental slope to the deep ocean (Orsi et al., 1999). Re-59 cent studies have underlined changes to AABW temperature, salinity, and volume (Purkey 60 & Johnson, 2013; Schmidtko et al., 2014; van Wijk & Rintoul, 2014; Anilkumar et al., 61 2021; Zhou et al., 2023). The declining formation rate of AABW in response to these 62 changes has implications for the global sea level (Purkey & Johnson, 2013), the South-63 ern Annular Mode (Schroeter et al., 2022), and the Meridional Overturning Circulation 64 (MOC) (Gunn et al., 2023). Circulation on the Antarctic shelf, and particularly the in-65 teractions between offshore and onshore shelf waters (Gill, 1973; Orsi et al., 1999; Sil-66 vano et al., 2018) and glacial meltwater (Abernathey et al., 2016; Pellichero et al., 2018; 67 Li et al., 2023) have been linked to modification of exported deep water and changes to 68 Southern Ocean overturning. While recent developments in understanding abyssal over-69 turning have been made, in situ observations remain sparse and with a summer bias (Heywood 70

et al., 2014). Consequently, our understanding of the connections between the processes at the Antarctic margin with the abyssal ocean is insufficient to help constrain and predict the behavior of the ice sheet and response of the global oceans.

Abyssal export of AABW begins at the Antarctic margin, where Water Mass Trans-74 formations (WMTs) occur to alter the physical qualities of on-shelf water. The domi-75 nant origin of AABW lies within coastal polynyas: ice-free open water which exposes the 76 ocean surface to negative atmospheric heat fluxes and features continuous sea ice for-77 mation and brine rejection in winter (Tamura et al., 2008, 2011). The ocean buoyancy 78 loss in these regions drives the production of High Salinity Shelf Water (HSSW) and later 79 Dense Shelf Water (DSW) (Martin, 2019; Solodoch et al., 2022), which can be transported 80 westward by the Antarctic Slope Current (ASC) along the continental shelf (Nunes Vaz 81 & Lennon, 1996; Peña-Molino et al., 2016) or into the sub-ice cavity (Herraiz-Borreguero 82 et al., 2015). DSW can either mix with Circumpolar Deep Water (CDW) upwelled on 83 steeply-tilted isopycnals (Liu et al., 2017; Thompson et al., 2018; Guo et al., 2019) or 84 cascade down the continental shelf forming AABW (Baines & Condie, 1985; Shanmugam, 85 2021). Thus, AABW formation connects surface processes in the Southern Ocean to the 86 circulation of the deep ocean (Orsi et al., 1999; Jacobs, 2004) and regulates the venti-87 lation of abyssal waters (Sallée et al., 2010). 88

The extent to which the Southern Ocean impacts the Earth's climate system—including 89 controlling the Meridional Overturning Circulation (MOC) and absorbing heat from the 90 atmosphere—thus depends in part on the formation of DSW along the Antarctic coast 91 in coastal polynyas and its ultimate conversion to AABW. Tamura et al. (2016) suggests 92 that decreases in sea ice extent increase the total sea ice production (SIP) of some la-93 tent heat polynyas, in turn altering the formation of DSW. Given that polynyas alter 94 the salt and heat flux to coastal waters (Tamura et al., 2008, 2011), polynyas can alter 95 the circulation of the Southern Ocean. The evolution of DSW from polynyas is complex, 96 and understanding the mechanisms which control and contribute to AABW formation 97 is important for predicting changes in global overturning circulation as well as for track-98 ing the ocean heat and carbon uptake. Several hypotheses exist surrounding these WMTs: 99 recent studies have shown that Ice Shelf Water (ISW) and shelf-modified Circumpolar 100 Deep Water (mCDW) can influence the formation of sea ice (Guo et al., 2019) as well 101 as DSW (Herraiz-Borreguero et al., 2016; Narayanan et al., 2019). Bottom topography 102 also impacts the export of AABW to ocean depths (Baines & Condie, 1985; Amblas & 103 Dowdeswell, 2018), and Portela et al. (2022) confirms that the transformation of DSW 104 to AABW is spatially dependent and influenced by changes in bathymetry. 105

The Eastern Antarctic Prydz Bay (Figure 1) is a notable exporter of DSW, with 106 several highly productive major and minor polynyas that contribute AABW to both the 107 Atlantic and Indian Oceans (Ohshima et al., 2016; Solodoch et al., 2022). One such polynya 108 at the Western edge of Prydz Bay, the Cape Darnley polynya, accounts for up to 13%109 of all AABW produced around Antarctica (Ohshima et al., 2013). Similarly, Tamura et 110 al. (2008) showed that the MacKenzie polynya is one of the greatest producers of sea ice 111 throughout the Southern Ocean. The high productivity of these areas for DSW formation is very likely enhanced by the export of cold shelf waters flowing from the Amery 113 Depression and not just from the polynya activity (Foldvik et al., 2004; Lacarra et al., 114 115 2014; Dinniman et al., 2020). Other named polynyas include the Davis and Barrier polynyas to the East of the Prydz channel, both highly productive sites for sea ice (Kusahara et 116 al., 2010). Combined with other unnamed seasonal polynyas, each of these is capable of 117 contributing to DSW production and downslope flows of AABW (Jia et al., 2022). Sev-118 eral studies suggest a net westward transport along the continental shelf and slope in the 119 East Antarctic region (Thompson et al., 2018; Dawson et al., 2023), but a better under-120 standing of the export trajectories for DSW from the Prydz Bay polynya region is still 121 needed to provide insight into the factors which inhibit or promote the formation of AABW. 122

High-resolution ocean model outputs using Lagrangian particles are a powerful tool 123 to help identify the complex processes of WMT in the Southern Ocean where data are 124 otherwise limited. Previous works utilizing Lagrangian approaches have studied South-125 ern Ocean upwelling and associated WMT (Viglione & Thompson, 2016; Tamsitt et al., 126 2018). The work by van Sebille et al. (2013) also utilized Lagrangian tracking to study 127 the formation of AABW around the continent. Studies have also considered the trans-128 port of AABW using both computational models (Solodoch et al., 2022; Li et al., 2023) 129 and observational data (Gunn et al., 2023). While additional tracers have been used to 130 investigate shelf circulation by Dinniman et al. (2020), abyssal overturning has not yet 131 been studied using Lagrangian tools, leaving a gap in the current understanding of the 132 connection between the Antarctic shelf current and the abyssal circulation. As van Se-133 bille et al. (2018) note, ocean circulation can operate within a large range of scales, and 134 using an ensemble of Lagrangian particles can help to represent the diversity of fluid mo-135 tion. Furthermore, inferring Southern Ocean currents using simulated Lagrangian par-136 ticles can determine the relative interconnectivity of ocean basins (Dawson et al., 2023), 137 isopycnal mixing (Abernathey et al., 2022), and represent the vertical and horizontal mix-138 ing of water masses in greater detail (Viglione & Thompson, 2016). 139

This study utilizes Lagrangian analysis to explore the transport of polynya-sourced 140 water in the Prydz Bay region and its transformation to AABW. The resulting three-141 dimensional trajectories of Lagrangian particles shed light on the processes which influ-142 ence DSW export from the East Antarctic continental shelf as well as those which af-143 fect the eventual formation of AABW. Furthermore, by clustering the drifters and as-144 sociated water mass properties, we investigate the bathymetric variability, shelf geog-145 raphy, and buoyancy forcing that influence the formation of AABW from polynya-sourced 146 water. Synthesizing the connections between the formation of DSW from coastal polynyas 147 with the downstream formation of AABW improves present understanding of the phys-148 ical processes which regulate dense water transport around the Antarctic continent. 149

Our paper is organized as follows: section 2 describes the model configuration and Lagrangian setup, as well as the clustering algorithms used. section 3.1 presents mean pathways and WMTs of the entire model results while section 3.2 shows how clustered drifters elucidate key overturning processes. In section 4, the results are investigated in further detail and compared with results of other studies. A brief set of conclusions is provided in section 5.

¹⁵⁶ 2 Model and Methods

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2.1 Model description, domain, and design

The Whole Antarctic Ocean Model (WAOM v1.0: Richter et al. (2022)) was de-158 veloped from the Ice Shelf version of the Regional Ocean Modeling System (ROMS 3.6), 159 a free-surface, primitive equations model which follows the terrain of the ocean floor (Galton-160 Fenzi et al., 2012; Dinniman et al., 2007; Shchepetkin & McWilliams, 2009). The algo-161 rithms in ROMS use a discretized version of the Reynolds-averaged Navier-Stokes equa-162 tions that describe the evolution of temperature, salinity, and other variables, over time. 163 ROMS uses a Boussinesq approximation that density is constant except when it appears 164 in equations determined by gravitational force, and that mass conservation is interchange-165 able with volume conservation in the equations of state (Shchepetkin & McWilliams, 2009). 166 Together, these equations are used to calculate the ocean state, including its velocity, 167 salinity, temperature, and other properties as the model integrates forward in time. ROMS 168 utilizes asynchronous time stepping, in which the effect of barotropic momentum and 169 baroclinic momentum are not advanced at the same time, but rather using a predictor-170 corrector method which substantially reduces the computational cost of simulations. That 171 ROMS is free-surface allows its output to represent the effect of surface energy disper-172 sion which is sometimes lost in circulation models which assume a rigid lid (Shchepetkin 173

¹⁷⁴ & McWilliams, 2009). The WAOM setup upscales ROMS to a circum-Antarctic domain ¹⁷⁵ and uses a curvilinear coordinate grid with a south-polar projection. The domain for WAOM ¹⁷⁶ (Figure 1) is rectangular and includes all of the Antarctic ice shelf cavities and the con-¹⁷⁷ tinental shelf (Richter et al., 2022).

The 10 km resolution of WAOM (WAOM10) features a 530×630 horizontal grid 178 over the model domain, with depth discretized into 31 vertical layers of varying thick-179 ness, with higher resolution towards the ocean surface and seafloor. While WAOM10 is 180 capable of permitting some large coastal polynyas (Arrigo & van Dijken, 2003) and is 181 eddy-permitting, it is not eddy-resolving on the shallow shelves or for mesoscale eddies 182 (Klinck & Dinniman, 2010) nor is it sufficient to represent bathymetric peaks and troughs 183 (Dinniman et al., 2016). Recent studies using WAOM have noted slight differences be-184 tween resolutions of WAOM. Richter et al. (2022) showed that average shelf tempera-185 tures in the 10 km resolution of WAOM (WAOM10) are 0.2° C warmer than the 4 km 186 resolution (WAOM4), with additional positive biases in melt rates. Dias et al. (2023) also 187 noted drift between the annual mean ocean heat content (OHC), mean kinetic energy 188 (MKE), and particularly the ocean salt content (OSC) of WAOM10 and WAOM4 over 189 time, but not within the first years of a given simulation. Despite these differences, the 190 divergence of WMT rates near the ice shelf between the WAOM10 and WAOM4 were 191 found to be relatively small (within 1×10^{-4} Sv difference) within Prydz Bay as com-192 pared with farther East ($\pm 1.5 \times 10^{-4}$ Sv). Furthermore, WMT rates on the continen-193 tal shelf do not depend on WAOM resolution. This is primarily because surface forcing 194 remains the same despite changes to model resolution. Therefore we argue that WAOM10 195 and WAOM4 both show realistic simulations of the study region and length of simula-196 tion of interest; the additional computational resources of running a finer resolution of 197 the model would not show substantially different results in the trajectories of Lagrangian 198 particles. Finally, because our study is performed over a large regional area, 10 km was 199 deemed sufficient to create a robust dataset using the model while preserving compu-200 tational efficiency. 201

WAOM is initialized from rest using a Repeat Year Forcing (RYF) strategy, in which 202 the conditions of a single year (in this case 2007 which was chosen to represent a con-203 sistent normal year forcing over the full forcing data period 1992-2011) are repeated to 204 achieve a quasi-equilibrium in the model spin-up (Richter et al., 2022). The spin-up for 205 WAOM10 involves the application of a 20-year RYF dataset. This 20-year period should 206 be sufficiently long to flush the sub-ice cavities (Holland, 2017) and for the ocean to reach 207 a quasi-equilibrium state (Richter et al., 2022). WAOM does not incorporate any river 208 runoff originating from subglacial hydrology as in Dias et al. (2023). The baroclinic model 209 time step used is 15 minutes, with a ratio of the barotropic to baroclinic timestep of 36 210 to 1. The model was initialized from the final year of the two-decade spin-up, and re-211 sults are analyzed using the subsequent two model years. The model was run on CSC 212 IT Center for Science Puhti HPC using 2 x 20 core Xeon Gold 6230 processors on a to-213 tal of 7 nodes. 214

Datasets from ECCO2 climate reanalysis were used for the lateral open boundary 215 conditions using a Repeat Year Forcing (RYF) (Menemenlis et al., 2008). The initial con-216 ditions were derived from the ECCO2 reanalysis data from January 2007 with data ex-217 218 trapolated beneath the ice shelves, where sea ice buoyancy fluxes and wind stress for 2007 are non-anomalous for the period 1992–2011 (Richter et al., 2022). The seafloor topog-219 raphy in WAOM was derived from two sources: Bedmap2 from Fretwell et al. (2013) and 220 RTopo-2 from Schaffer et al. (2016) for the sub-ice-shelf ocean bathymetry. WAOM uses 221 topography smoothing in order to avoid pressure gradient errors, as is an established part 222 of using terrain-following coordinate models. 223

An accurate estimation of coastal polynyas is necessary for the estimation of DSW formation which is obtained by prescribing the sea ice forcing using wind stress by using ERA-Interim 10 m wind speeds (Galton-Fenzi et al., 2012; Cougnon et al., 2013; Richter et al., 2022), and uses prescribed surface salinity and heat fluxes estimates from sea ice growth and melting derived from observations (Tamura et al., 2011). Given that polynyas are persistent sites of negative heat flux and positive salt flux during the formation of DSW, using these outputs from the model facilitates their identification and representation (Tamura et al., 2008, 2011; Cougnon et al., 2017).

Though outside our research scope, the model configuration used in this study was 232 extended by Dias et al. (2023) further into the Ross Sea than that described in Richter 233 et al. (2022). Furthermore, surface heat fluxes during the summer months have been re-234 duced as compared with those used in Richter et al. (2022) to minimize SST biases. In 235 addition, salt fluxes in this model configuration were not modified from Tamura et al. 236 (2011) as they were in Richter et al. (2022). This ensures that salt input to the ocean 237 remains similar to measured values, even when the model temperature in WAOM is pos-238 itively biased. Ultimately, this considerably increases continental shelf bottom salinity 239 as compared with Richter et al. (2022) to more realistic values (Dias et al., 2023). 240

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2.2 Lagrangian Simulation and Analysis

Lagrangian diagnostics were performed using a simulation of WAOM. As with ROMS, 242 WAOM features a built-in subroutine to perform online Lagrangian analysis. The tra-243 jectory, or flow path followed over time, of each particle in this model is modified by ad-244 vective velocity and vertical diffusion (Piñones et al., 2011). The advection method WAOM 245 uses to compute the horizontal and vertical positions of the particles is a fourth-order 246 Milne predictor (Abramowitz & Stegun, 1964) and a fourth-order Hamming corrector 247 scheme (Hamming, 1973), while the effect of vertical diffusion is calculated from forward 248 differencing (Piñones et al., 2011). After these particles are released in the model, they 249 move freely in the turbulent flow field. 250

An equal number of particles (amounting to 20332 total) were released weekly over 251 the course of one model year after initializing with the 20-year RYF scheme and tracked 252 for the subsequent year. These floats were released each week at the ocean surface at the 253 maximal extent of the polynyas in the Prydz Bay polynya region (here defined from 60°E– 254 85°E and above the continental shelf). Based on monthly averages of heat flux and sur-255 face salinity flux, a filter was applied so that a subset of only those 4458 particles which 256 are both released in a seasonal polynya and which form DSW at some time in the sim-257 ulation were pre-selected to calculate the results. The 328 release points for particles used 258 in our results are shown in Figure 1. The shape and extent of these polynyas as well as 259 whether they form DSW can vary during the Antarctic freezing period (from March to 260 October inclusive); these seasonal changes for both named and unnamed polynyas is shown 261 in Figure 2, where only the Darnley polynya features a late-winter signal in which more 262 DSW is formed. In WAOM, these coastal polynyas are defined by coincidences of neg-263 ative heat flux less than -120 W m^{-2} (showing surface cooling) and positive surface salin-264 ity flux greater than 1.3×10^{-5} m s⁻¹ (showing brine rejection) based on results by Tamura 265 et al. (2008) and Tamura et al. (2011). The units of salt flux are given as kg m⁻² s⁻¹ di-266 vided by the density of freshwater. Less than 1% of particles experience beaching, or stag-267 nating on the land-ocean boundary through either ocean processes or model interpola-268 tion schemes; these were also filtered from the paper results as in Carlson et al. (2017). 269 Finally, the number of time steps for each particle was also sliced to include only the 365 270 days after its initial release (trajectories of particles released in January end in January 271 of the following year). One year was chosen as the reference frame to avoid particles ex-272 periencing two austral winters, thus increasing their likelihood of being altered by sea 273 ice formation. 274

The output of the WAOM float application provides a series of particle properties recorded at each model time step. Here, the position of the Lagrangian floats changes with the local velocity and their attributes are updated every 15 minutes after their re-



Figure 1. The maximum extent of coastal polynyas that form DSW identified by monthly averages of salt and heat flux (see Tamura et al. (2011)) during the model run. A total of 328 WAOM10 release points were used in our results. The green, purple, yellow and blue squares represent the anticipated locations of the Darnley, MacKenzie, Davis and Barrier polynyas, respectively. The ocean is colored by bathymetry represented in WAOM10, the black line represents the 1000 m isobath and location of the continental shelf break, and the grey dashed line shows the ice shelf front. Inset shows the WAOM model domain with Southern Ocean bathymetry from Richter et al. (2022).



Figure 2. The seasonal distribution of polynya extent based on the mapping by Portela et al. (2022) and definitions of polynyas from Tamura et al. (2008) and Tamura et al. (2011). The first subplot shows the number of floats released in each polynya as a percentage of the total number of floats released in that polynya over time, and the second subplot shows the total number of particles released in these named and unnamed polynyas over time. Unnamed East refers to seasonal polynyas East of Prydz Bay.

lease with each baroclinic time step in the model. Properties recorded include the in situ 278 density anomaly (σ), potential temperature (θ), practical salinity (S), depth, and coor-279 dinate positions of floats at each time step of the model run. σ in the model output is 280 calculated with respect to the local hydrostatic pressure in order to accurately resolve 281 horizontal pressure gradients (in units of kg m^{-3} - 1000), while potential density anomaly 282 (σ_{θ}) can be calculated using absolute salinity and conservative temperature with respect 283 to 1 bar sea surface pressure minus 1000. In this setup, particles are considered micro-284 scopic groupings of molecules without material volume. Particles record changes in heat 285 and salt of the surrounding water. Together, the information recorded for any given par-286 ticle at each time step becomes a continuous vector which we refer to as a particle tra-287 jectory (van Sebille et al., 2018). A collection of particle trajectories take a step in re-288 solving the pathways of Southern Ocean circulation by representing the dynamics of the 289 fluid motion and facilitating statistical analysis of flow (Malik et al., 1993). 290

The potential density anomaly (σ_{θ}) is a function of absolute salinity and conser-291 vative temperature. WMT and surface-referenced potential density anomaly (σ_{θ}) isopy-292 cnals represented in θ -S diagrams within our report were calculated using the non-linear 293 Thermodynamic Equation of Seawater-2010 (TEOS-10) by Feistel (2012). Potential den-294 sity in this report is referenced to sea surface pressure (Pa = 1 bar), reflecting the mean 295 depth at which particles are initially released. The 75-term polynomial expression ex-296 pressed by Roquet et al. (2015) was applied to the Gibbs SeaWater (GSW) Oceanographic Toolbox in order to compare WAOM output to other ocean models. In this way, GSW 298 can be used to convert between model data (practical salinity and potential tempera-299 ture), in situ observations (practical salinity and in situ temperature), and calculated 300 location-dependent variables (absolute salinity and conservative temperature) (McDougall 301 & Barker, 2011). Future references to "salinity" and "temperature" assume the model 302 data variables. 303

Several other variables can be used to describe the processes of WMTs. First, freez-304 ing temperature (T_f) is used to define water masses on the shelf and under the ice sheet 305 and is calculated using the absolute salinity of seawater with reference to the sea sur-306 face pressure of 1 bar (McDougall & Barker, 2011). Next, the Gade line (Gade, 1979) 307 describes mixing between a given water mass with ice meltwater and is thus a good rep-308 resentation of the ISW. Our analyses also refer to this paper as the ice-ocean mixing line 309 based on the results of McDougall et al. (2014). In Figures 3 and 5, the slope of this line 310 is the ratio of the latent heat of freezing of seawater to the isobaric heat capacity, and 311 practical salinity S and potential temperature θ are here chosen as S = 34.5 and $\theta =$ 312 $-2.05^{\circ}C$ as characteristic values of DSW to represent mixing. As in Gade (1979), this 313 line does not include an ice-shelf heat flux component where it is included in the model; 314 the result is still comparable to that equation of McDougall et al. (2014) to represent 315 glacial ice-ocean mixing. Finally, neutral density (γ) surfaces represent a multi-valued 316 functional relation between in situ density (σ) and pressure (Stanley, 2019), and have 317 historically been used to fit hydrographic data to density surfaces (Jackett & McDougall, 318 (1997) and identify AABW (Orsi et al., 1999). However, because γ is a function of lat-319 itude and longitude, calculating it with select reference values becomes less accurate over 320 large regional studies. This study utilizes primarily σ_{θ} as calculated from WAOM10 out-321 puts of salinity and temperature to study WMT, which changes only as a result of mix-322 ing processes (McDougall & Barker, 2011). To verify that potential density can function 323 for analyses in this study, key values in γ are verified using the mapping of ocean prop-324 erties by Orsi and Whitworth (2005) in the location of interest and equivalent values found 325 in σ_{θ} . These values are also comparable to those found in the sea ice model of Kusahara 326 et al. (2010). 327

It is common practice in Lagrangian ocean analysis of residence time (Tamsitt et al., 2021; Dawson et al., 2023) and ocean currents to create binned histograms of particle pathways (Durgadoo et al., 2013; van Sebille et al., 2018). Our study includes these

analyses and takes a novel approach to Lagrangian ocean analyses by applying data clus-331 tering to draw comparisons between individual particle trajectories. Hierarchical clus-332 tering for this study was performed using Ward's method to create a tree of mutually 333 exclusive sets of particles (Ward, 1963). A KMeans algorithm was applied points in hi-334 erarchical subtrees to create clusters of particles (Pedregosa et al., 2011). Three features 335 of individual particles were used to cluster in this study: the changes in temperature (θ) . 336 salinity (S), and in situ density (σ) between the time of particle release and one year later. 337 The net change in particle depth was not used, even though some water masses are de-338 fined by this variable as discussed in the next section. 339

340

2.3 Water Mass Identification

One of the primary interests of this paper is to track polynya-released, DSW-forming drifters which do or do not become AABW. To complete this task as well as identify other WMTs, each particle time step is labeled and categorized as a distinct water mass. The changes to particle water mass over time are then used in the Eulerian view (see Figure 8) as a complement to analysis in the Lagrangian form. Specific rates of WMT are not quantified in this study, but rather the WMT framework is used to study key drivers of density, salinity, and temperature changes.

Several water masses can form in and around coastal polynyas including Dense Shelf 348 Water (DSW) which can eventually form Antarctic Bottom Water (AABW). New sea 349 ice formation in these polynyas during the winter (May through October) is associated 350 with brine rejection, upper ocean cooling, and the formation of HSSW (Tamura et al., 351 2011; Ohshima et al., 2016), a transitional water mass before the critical density for DSW 352 formation is reached. DSW is the densest water on the Antarctic shelf with a neutral 353 density (γ) greater than 28.27 kg m⁻³ and a temperature near freezing (Portela et al., 354 2022). When DSW sinks beyond the continental shelf, it can mix with CDW to form AABW. 355 Talley et al. (2011) defines AABW by its (γ) greater than 28.27 kg m⁻³, salinity between 356 34.5-34.75 g kg⁻¹, and depth of greater than 1000 m. As observed in Orsi and Whitworth 357 (2005), the top of the $\gamma=28.27$ isopycnal equivalent near Eastern Antarctica can be found 358 where $\theta = -0.6^{\circ}$ C, S = 34.6; the equivalent $\sigma_{\theta} = 27.82$ kg m⁻³. Though HSSW exists at the 359 polynya, this water mass is not uniquely defined in this study, as its definition is so sim-360 ilar to other shelf waters that we refer to both water masses here as DSW (Yoon et al., 361 2020). 362

We identify several other water masses in Table 1, which have been compared with 363 in situ observations of temperature and salinity within EN4 datasets (Good et al., 2013) 364 as well as profiles from Ribeiro et al. (2021). These water masses near polynyas include 365 modified Circumpolar Deep Water (mCDW), modified Shelf Water (mSW), Ice Shelf Wa-366 ter (ISW), and Antarctic Surface Water (AASW). mCDW can be produced through mix-367 ing across the continental shelf between waters beneath coastal polynyas and CDW which 368 has intruded from the deep ocean onto the shelf. Next, the formation of mSW results from the mixing between mCDW and DSW. AASW can also form near coastal polynyas 370 as a seasonally variable surface layer, with wide variations in salinity and density due 371 to winter buoyancy loss and seasonal air-sea fluxes. (Portela et al., 2022). ISW, often 372 located within the ice shelf cavity, has a potential θ below the surface freezing point and 373 is composed of glacial meltwater mixed with DSW or mCDW. Finally, Winter Water (WW) 374 can also form from the winter mixed layer and act as a temperature minimum among 375 surface waters (Ribeiro et al., 2021). Definitions for each of these major water masses 376 are derived from Herraiz-Borreguero et al. (2016), Herraiz-Borreguero et al. (2015), and 377 Williams et al. (2016) as well as modified from Portela et al. (2022) so that all particle 378 time steps can be labeled as a distinct water mass. A heatmap of the modeled particles 379 overlayed on their definitions in θ -S space shown in Figure 3. 380

Table 1. Definitions of water masses by S , θ , σ_{θ} , and depth. Parameters used to calculate AASW, mCDW, ISW, DSW modified from Herraiz-Borreguero	guero et al.
(2016, 2015); Williams et al. (2016). HSSW defined as $\sigma_{\theta} >= 28$ by Yoon et al. (2020) is here combined with DSW. AABW defined by Talley et al. (2011).	11).
T_f indicates the surface freezing point.	

Depth (z)	,	I	I	I	z > -1000	I	z < -1000
Density Anomaly (σ_{θ})	$\sigma_{ heta} < 27.73$	$27.73 < \sigma_{ heta} < 27.82$	$\sigma_{ heta} < 27.82$	$\sigma_{ heta} > 27.82$	$\sigma_{ heta} > 27.82$	$27.55 < \sigma_{ heta} < 27.73$	$\sigma_{ heta} > 27.82$
Temperature (θ)	$\theta > T_f$	$ heta > T_f$	$\theta < T_f$	$\theta < T_f + 0.1$	$T_f < \dot{ heta} < -0.4$	$T_f < \theta < -1.5$	$T_f + 0.1; \theta < 0.1$
Salinity (S)	S < 34.5	I	I	S > 34.5	S > 34.5	I	S > 34.5
Name	Antarctic Surface Water	modified Circumpolar Deep Water	Ice Shelf Water	Dense Shelf Water	modified Shelf Water	Winter Water	Antarctic Bottom Water
Water Mass	AASW	mCDW	ISW	DSW	mSW	WM	AABW



Figure 3. A binned histogram representing the most common potential temperature (θ) and practical salinity (S) values of all particles at all time steps as compared with their definitions in Table 1. The colorbar represents a heatmap of size 70 by 70 showing the probability of any one particle having any given θ -S values at any time in the model simulation. The black solid line represents the surface freezing temperature of water (T_f) . The ice-ocean mixing line is also shown for interactions between ISW and DSW represented by S = 34.5 and $\theta = -2.05^{\circ}C$. Gray solid lines represent potential density anomaly (σ_{θ}) and were calculated using absolute salinity and conservative temperature. Conversions to achieve model terms of salinity and temperature were performed using TEOS-10 by assuming a location within Prydz Bay (73.5089°E, -68.8245°S). Polygons in the figure show labeled relevant water masses. Water masses labeled with an asterisk are also defined by particle depth.

Lagrangian particles are not assumed to have any volume unless the continuum hy-381 pothesis is made and the transport is defined by the instantaneous velocity of a parti-382 cle multiplied by the size of its model grid cell van Sebille et al. (2018). In our study, we 383 note that particles are only released in select coastal polynyas, not along broad swathes 384 of the coast. For this reason, calculating volume transport would not be comparable to 385 similar studies on the region (e.g., Li et al. (2023); Gunn et al. (2023)). Estimates for 386 WMT are instead considered only by their ratios to one another rather than their dis-387 crete volume. 388

389 3 Results

390 391

3.1 Distribution and Timescales

3.1.1 Probability Distribution

We begin by taking a probabilistic approach to the distribution of all particles released in polynyas to outline the currents which transport these Lagrangian particles. A binned histogram in Figure 4a shows the probability that any given particle will appear at least once during the year after their release. Here, each WAOM10 grid cell is colored by the sum of independent observations within that map area normalized by the total number of particles released and given as a percentage.

The dominant flow of particles from Prvdz Bay is westward along the ASC and at 398 the edge of the continental shelf. Of those less than 1% of particles recirculate East through 399 a cyclonic gyre in Prydz Bay, most are bounded by the presence the West Ice Shelf (see 400 Figure 4). Two trajectories appear outwards from the bay: one along the Prydz Chan-401 nel (11% likelihood) and the other just next to Cape Darnley (7% likelihood). Down-402 stream, these trajectories merge West of Cape Darnley, where particles are up to 43%403 likely to appear along the ASC. Particles continue along the ASC with up to 14% pass-404 ing westward of the 50° E vertical. In addition to this dominant pathway approximately 405 above the 1000 m isobath, several secondary pathways exist by which particles leave the 406 continental shelf. Few particles flow through the Wild Canyon and they are up to 5%407 likely to flow through the Daly Canyon off the shelf break. West of the 50°E, particles 408 may follow several smaller canyons to depart to the continental shelf. Importantly, fewer 409 than 5% of the particles leave the continental shelf from Prydz Channel directly; this de-410 parture occurs primarily downstream of Cape Darnley. Westward flow plotted here high-411 lights the importance of the ASC in carrying particles to AABW pathways and is con-412 sistent with Thompson et al. (2018)'s characterization of Prydz Bay as having few shelf 413 overflows. 414

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3.1.2 Residence Time

The residence time of the particles can also be visually represented in binned his-416 tograms. Residence time is defined as the transit time of any given particle passing through 417 a WAOM10 grid cell (van Sebille et al., 2018). Calculating residence time for all Lagrangian 418 particles across bins of the native grid thus yields multiple times for each WAOM10 square. 419 In Figures 4b and 4c, the mean and standard deviation of particle residence times are 420 shown for bins through which at least 5 particles pass during the model time frame to 421 show the range of timescales by which currents transport particles (Rühs et al., 2013). 422 The resulting mean residence times of all particles in one WAOM10 grid square (Fig-423 ure 4b) can range up to 26 days. The highest mean residence times of particles are both 424 under the Amery Ice Shelf and beyond the continental shelf break, while the mean res-425 idence time along the continental shelf break is typically less than 5 days for any WAOM10 426 grid cell. Figure 4c shows the greatest variances in residence time exist both on the shelf 427 near the Amery Ice Shelf edge as well as off the shelf in the deep ocean. 428



Figure 4. (a) a histogram representing the probability (from 0 to 100%) that a Lagrangian particle appears at least once in any WAOM10 grid cell in the year after its release. Red dashed lines in (a) define the sections used in Figure 9 and the Discussion section. Histograms on the right show (b) the log-scaled variation of mean residence times within WAOM10 grid squares with at least 5 particles, and (c) the log-scaled standard deviation of residence time within WAOM10 grid squares with at least 5 particles. (a)-(c) feature light gray lines as the latitude and longitude of the map area, and a darker gray line shows the 1000 m isobath around the continent. The edge of the ice shelf is marked as a white line. Major topographic features are labeled.

The minima in particle residence times in Figures 4b and 4c are nearly an opposite reflection of the maxima in 4a, highlighting both the speed and strength of the ASC in East Antarctica as described by Nunes Vaz and Lennon (1996). Furthermore, this westward pathway could have implications for how water masses are redistributed toward the deep ocean. For instance, water sourced from coastal polynyas that is carried along the ASC may interact with downstream ice shelves or upwelling CDW, thus altering its likelihood to sink to bottom water pathways.

- 3.2 Trajectory Clustering
- 3.2.1 Size and variation of clusters

Clustering particles help parse individual trajectories, whose wide range of values 438 is identified in Figure 4. Here, four clusters of drifters were created, each with at least 439 some particles released from March through October inclusive; four is a small enough 440 number of groups to manage and visualize, yet large enough to represent differences be-441 tween water mass transformations and differentiate AABW-forming particles. Other num-442 bers of clusters were tested, but four was found to be the best for this study's purposes, 443 and null hypothesis significance testing performed by a Kolmogorov-Smirnov algorithm 444 was done to ensure data were not drawn from the same distribution. Figure 5 shows each 445 of these clusters as a 70 by 70 gridded heatmap in θ -S space (fine enough to represent 446 major features and mixing), with the same polygons representing water mass as in Fig-447 ure 3. 448

A clear distinction is identified in the temperature and salinity values change for 449 the four clusters. First, Groups 1 and 2 show interactions along the glacial ice-ocean mix-450 ing line (Gade, 1979; McDougall et al., 2014), indicating the formation of ISW, whereas 451 no similar pattern appears in Groups 3 and 4. Furthermore, the ending points in the for-452 mer two clusters are fresher than those in the latter. Particularly in Group 1, the range 453 of θ -S values at the end of the simulation is far greater than in any other group, which 454 suggests that interactions with the ice shelf can induce buoyancy gain in polynya-sourced 455 water. The next observable difference appears in how particles appear to mix. In Groups 456 3 and 4, aggregations of starting points appear just above the surface freezing temper-457 ature and ending points appear AABW, a feature which suggests these clusters mix along 458 the isopycnals rather than across them. We note here that temperature and salinity val-459 ues can change either from advection across isopycnals or as a result of local variabil-460 ity in the surrounding water (Groeskamp et al., 2014). However, the lack of trajectories 461 within the AASW regions of these θ -S plots confirm that the mixing in these latter two 462 groups does not occur across isopycnals to the same extent as in Groups 1 and 2. 463

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3.2.2 Mixing and density distribution

The changes to particle depth can also be visualized in comparison to time and den-465 sity, as shown in Figures 6 and 7, respectively. The rate of particle sinking and associ-466 ated buoyancy losses vary quite substantially between the clusters. As in Figure 6, par-467 ticles in Group 2 sink quite rapidly, losing buoyancy and remaining at depth after they 468 sink to the ocean floor. Group 2 also sinks past the continental shelf but does not sink 469 as deep as the latter two groups (1000-3000 m for Group 2 as compared with 1500+ m)470 for Groups 3 and 4). Particles in all groups are not static in depth; they tend to sink and 471 experience upwelling several times, which might result from convection. Conversely, par-472 ticles within Group 1 remain close to the surface throughout the year. The noted con-473 vection, or sinking and resurfacing of some particles, might result from shoreward intru-474 sions of CDW onto the shelf where isopycnals tilt towards the continental shelf (Thompson 475 et al., 2018), keeping these particles relatively warm and shallow. For Groups 2-4, no spe-476 cific days—which might represent notable weather events—were correlated with sink-477 ing particles. 478



Weekly T-S Averages

Figure 5. Heatmaps of resolution 70 by 70 showing each of the θ -S values for each of the four clusters of particles, with the number of particles per cluster listed in the title. Water mass definitions are marked by polygons as in Figure 3, the glacial ice-ocean mixing line marked in blue, T_f demarcates the sea surface freezing temperature, and σ_{θ} marks the potential density anomaly isopycnals. The θ -S values at the time of release for each particle is marked in green, and those values after one year of the model run are marked in red.



Particle Depth vs Time

Days since release

Figure 6. The changes to particle depth (m) over time of the clusters. The trajectories of particles in each subfigure correspond to particles within that cluster, and the number of particles in each cluster is labeled at the top of the figure. Data points are colored by the density of particles in the depth-time space.



Depth vs σ_{θ} of Particles

Figure 7. A figure showing the changes to depth (m) over sea surface pressure-referenced potential density anomaly (σ_{θ}) of different clusters. The trajectories of particles in each cluster are shown in the subfigures with the number of particles shown at the top. Particles are colored by the number of days since their release. Most changes to density occur above 1000 m depth.

The changes to density with depth of the clusters in Figure 7 also reveal that buoy-479 ancy changes occur primarily in the upper ocean. For the AABW-forming Groups 3 and 480 4, particles sink to reach a fixed density, which does not change once it is reached. Thus, 481 these particles describe well the basic process of bottom water formation within the lower 482 limb of Southern Ocean overturning. However, if these particles are found at the upper 483 edge of the bottom water, shearing with CDW may be inducing eddy formation, caus-484 ing these particles to fluctuate in depth after they initially sink. Nearer to the surface, greater variability in density is possible. For Group 2 specifically in which many of the 486 particles return to depths above 1000 m, the combined effect of upwelling and convec-487 tion may be reflected. At the surface, Group 1 features the most variability in density 488 with time due to surface interactions. Groups 1 and 2 likely characterize the upper limb 489 of the Southern Ocean overturning, or are not taking a part of it at all. 490

491

3.3 Water Mass Transformations

The released particles can be plotted in θ -S space, and their definitions as water 492 masses over time can be defined by Table 1. The variations of particles in θ -S space is 493 noted with the definitions for water masses in Figure 3. Here, the S and θ values for all particles at all time steps are used to create a 70 by 70 binned histogram—fine enough 495 to resolve notable features—between the maximum and minimum values for salinity and 496 temperature appearing in the simulation. The probability of any given pair of temper-497 ature and salinity values appearing at any time in the simulation was then used to create this histogram or density map, which demonstrates key locations of water mass trans-499 formation in θ -S space. In Figure 8, the definitions for AABW and mSW are also de-500 fined by depth. While AASW features the largest variation in temperature and salin-501 ity, the most common water mass to appear at any given time step is mCDW. At any 502 time step during the one-year simulation, most particles fall between the σ_{θ} isopycnals 503 of 27.6 to 27.9 kg m^{-3} ; the WMTs among these high-density waters are the most impor-504 tant to understand the coastal processes near Prydz Bay. 505

The number of particles that form AABW can depend on the starting water mass. 506 To show this and some notable differences between the clusters, the distribution of wa-507 ter masses at the start and end of the model simulation are shown in Table 2. For Group 508 1, none of which becomes bottom water, more particles were released at the beginning 509 of the study as WW and AASW, and less comparatively as DSW than the other groups. 510 Groups 1 and 2 are the only clusters in which particles are released cold and fresh enough 511 to be categorized as ISW; these are also the only groups where particles end as ISW at 512 the end of the study. With higher comparable portions of particles starting as DSW, par-513 ticles in Groups 3 and 4 all end as AABW by one model year after their release. 514

To investigate where WMTs occur in relation to the bottom topography and continental shelf, we shift to an Eulerian view of the simulation results in Figure 8. Here, particles' coordinate location at each time step is colored by their respective water mass label, overlaid on a bathymetric map.

Water masses on the shelf and within Prydz Bay itself feature similar trends among 519 the groups. The densest water mass on the shelf, DSW, typically appears near Cape Darn-520 521 ley in all cases before it is advected downstream and transformed. mSW is also advected by the ASC towards the West and appears both within Prydz Bay or beyond it on the 522 continental shelf. One common WMT for both of these water masses is the transition 523 to mCDW which occurs due to interactions with intruding CDW and warming on the 524 shelf. For DSW the transformation to mCDW (or first mSW) occurs only within 72–76°E. 525 while for mSW it occurs at any point East of the Enderby projection. mCDW then can 526 be transported either along the ASC or beyond the continental shelf break. Of the less-527 frequently appearing water masses, WW can also appear at any location but is most fre-528



Figure 8. Clustered particle trajectories in geographical space. The trajectories are colored by their definition in Table 1. Trajectories shown are over the course of one year, and the number of particles in each group is shown in the title of the plot. The background shows model bathymetry, and the solid and dashed lines represent the continental shelf break and the edge of the ice shelf, respectively.

Table 2. A table describing the starting and ending points for trajectories in each of the four clusters. The relative sizes of the clusters are shown. The percentage of points in each water mass is also given at both the start and the end of the model simulation. Water masses are identified by their definitions in Table 1.

Time	Group	% of Total	AABW	mCDW	ISW	DSW	AASW	WW	mSW
Start	1	61%	0%	50%	1%	25%	6%	5%	13%
	2	17%	0%	47%	1%	31%	6%	3%	12%
	3	9%	0%	50%	0%	30%	6%	3%	11%
	4	13%	0%	46%	0%	30%	6%	6%	12%
End	1	61%	0%	37%	9%	3%	42%	8%	1%
	2	17%	60%	36%	2%	0%	0%	0%	2%
	3	9%	100%	0%	0%	0%	0%	0%	0%
	4	13%	100%	0%	0%	0%	0%	0%	0%

quent at the edges of the Amery Ice Shelf, while AASW appears with the most frequency West of the Enderby Land projection in Group 1.

An interesting result of this kind of analysis is in the demonstrated interactions be-531 tween particles and the Amery Ice Shelf. As similarly noted in section 3.2.1, Groups 1 532 and 2 clearly form ISW in Figures 5 and 8 where Groups 3 and 4 do not. The freshen-533 ing demonstrated in Group 1 by the formation of mCDW and AASW with the exclu-534 sion of any AABW formation demonstrates that interactions with the ice shelf induce 535 buoyancy gain among particles. Even in Group 2 which forms some bottom water, the 536 formation of ISW appears to enrich particles with freshwater even after they are advected 537 westward; only some of these floats still sink to the ocean's abyss. As noted in Figure 7, 538 AABW in this group also end at a shallower depth in Group 2 as compared with Group 539 3. That the ice shelf meltwater precludes or at least limits the formation of AABW is 540 a key process, and particle residence time under the ice shelf should be studied further 541 to quantify the implications of WMT at the edge of the Amery Ice Shelf. 542

543 4 Discussion

We argue that the four clusters represent two of the three cases of ASC transport 544 as described by Thompson et al. (2018). Group 1 represents what Thompson et al. (2018) 545 describes as the "fresh shelf case", in which CDW intrudes onto the shelf to keep dense 546 waters near the surface and density isopycnals slope downwards towards the continen-547 tal shelf break. Groups 3 and 4 represent a "dense shelf case" where dense water sink 548 below intrusions of CDW to the abyssal plane, and density isopycnals follow the conti-549 nental slope. Group 2 here represents a transitional scenario between the two, in which 550 initial modification under the ice shelf leads to the formation of fresher bottom water. 551 Rather than numbers, the four clusters will be referred to by their physical character-552 istics for the remainder of our discussion. We demonstrate these cases by showing two 553 transects in Figure 9. At Cape Darnley at 68°, isopycnals tilt parallel to the continen-554 tal shelf, and the temperature profile has a V-shape with colder temperatures at the sea 555 surface and seafloor, characterizing the "dense shelf" along which DSW is exported. Con-556 trastingly, beyond the Enderby Land at 50°, σ_{θ} isopycnals are roughly perpendicular to 557 the continental slope, and the temperature contours tilt downwards towards the shelf, 558 indicating a "fresh shelf" which prevents denser waters from sinking. 559



Figure 9. Sections from two transects (shown in Figure 4) displaying the annual mean of the vertical temperature, salinity, and σ_{θ} anomaly profiles in a "dense shelf case" (at 68°) and in a "fresh shelf case" (at 50°).

4.1 Sensitivity of AABW Formation to WMT, Topography, and Mixing Processes

4.1.1 Eulerian Water Mass Transformation

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Our results suggest that particles in the fresh and intermediate clusters (Groups 563 1 and 2) which do not form AABW within one model year, have gained buoyancy due 564 to meltwater beneath the Amery Ice Shelf (Figure 5, panels on the top include particles 565 on the Gade line; Figure 8; panels on top include green trajectories). These particles ini-566 tially form ISW on the shelf, and through further mixing with surrounding water masses, 567 contribute to the formation of intermediate water masses such as AASW and mCDW 568 rather than AABW. Thus, the formation of ISW and its freshening from melting and 569 refreezing under the ice shelf can prevent the formation of AABW later on. Several stud-570 ies have noted the suppressing factor of ice meltwater on Southern Ocean overturning 571 and particularly its effect on AABW formation (Pellichero et al., 2018; Aguiar et al., 2023), 572 which can occur in Prydz Bay after advection of shelf water under the ice shelf induc-573 ing basal melting (Liu et al., 2017; Jacobs et al., 1992). Once these sub-ice shelf waters 574 are enriched with freshwater, they can leave the ice shelf again, mixing with surface wa-575 ters or CDW to warm and form WW or mCDW. However, the previous influence of ice 576 shelf meltwater makes for a more buoyant AABW, as is found by Li et al. (2023). Our 577 results not only confirm that Antarctic ice melt can drive bottom water freshening but 578 also underscore that these freshwater fluxes can limit DSW export from polynyas which 579 may otherwise have formed AABW. 580

Interactions between CDW, DSW, and AASW also have an observable effect on 581 AABW formation. In Figure 5, the fresh shelf case features more extensive modification 582 in the AASW and mCDW quadrants in θ -S and less in the DSW quadrant than the in-583 termediate case; these fresh shelf particles ultimately remain near the surface (Figure 6). 584 This difference is not noted in Figure 8, where all clusters show the presence of mCDW 585 at some time on the shelf. These results provide an example of how the intrusions of CDW 586 can play a key factor in determining whether shelf water can sink toward the deep ocean. 587 This dynamic is consistent with the studies of the region: previous literature has doc-588

umented shoreward heat transport by upwelled CDW in the Prydz Bay region (Guo et
al., 2019), inducing ice shelf melt and buoyancy forcing on the shelf (Liu et al., 2017) and
limiting the export of DSW to the deep ocean (Morrison et al., 2020; Portela et al., 2022).
Our results support that these intrusions can limit AABW formation. We also speculate that a longer simulation could show further interactions between these shelf waters
and seasonal polynyas in seasonal cycles.

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4.1.2 Influence of Bed Topography

Bed topography has a notable influence on the export of shelf water in the inter-596 mediate and dense shelf cases, but not the fresh shelf case. In Figure 8, particles des-597 tined to form AABW preferentially sink in subsea troughs, including Prydz Channel and 598 the Daly and Wild Canyons; the transformation from mCDW or mSW to AABW (or-599 ange or olive to blue) also occurs at the shelf break. Furthermore, those intermediate case 600 particles both travel farther along the shelf (Figure 8) and sink to shallower depths (Fig-601 ure 6) than the dense shelf cases. The results of the intermediate case may reflect the 602 shallower slope found downstream of Prydz Bay as compared with near Cape Darnley, 603 as well as suggest that more modification on the continental shelf can lead to freshening of AABW. These analyses underscore the importance of steeper submarine valleys 605 as sites of DSW transformation to AABW and agree with previous studies that topog-606 raphy is important to the export of dense water, both at Prydz Bay and Cape Darnley 607 (Portela et al., 2022; Baines & Condie, 1985), likely by influencing the strength of the ASC and cross-slope flow (Thompson et al., 2018). However, because ROMS uses bot-609 tom topography smoothing to avoid pressure gradient errors, downslope flows may be 610 represented differently here than when using a z-level model (Richter et al., 2022). Fur-611 ther study should include a comparison of WAOM to other ocean models to reproduce 612 different representations of AABW interaction with the seafloor. 613

The extent to which the seafloor affects WMTs likely reflects the resolution of the 614 model. While uniform grid spacing of 10 km is "eddy-permitting" as discussed in sec-615 tion 2, Klinck and Dinniman (2010) suggests changes to bottom topography resulting 616 from alterations to horizontal resolution could strengthen circumpolar currents and al-617 ter exchanges of heat across the shelf break. The findings by Dias et al. (2023) agree that 618 WAOM4 shows a stronger bottom-intensified ASC than the courser resolution WAOM10. 619 Thus, using WAOM10 likely increases the residence time along the trajectory of the ASC 620 as compared with WAOM4. Dias et al. (2023) also notes that using a courser topogra-621 phy is associated with greater buoyancy loss (up to 3 Sv difference in WMT rates) for 622 higher densities ($\sigma_{\theta} > 27.6 \text{ kg m}^{-3}$). Because increased residence time on the shelf is as-623 sociated with the formation of more buoyant waters in our study, we argue that the ef-624 fect of this buoyancy loss in WAOM10 is somewhat compensated by the weakened ASC. 625 and the coarser resolution provides comparable results to a study performed with WAOM4. 626

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4.1.3 Changes in Temperature and Salinity

We further investigate the roles of diapycnal and isopycnal mixing by identifying 628 the changes to the four clusters in θ -S space using Figure 5. In the fresh shelf cases, di-629 apycnal mixing facilitated by Ekman transport creates a larger range of θ -S both dur-630 ing and at the end of the simulation. Despite that all groups have a similar spread of 631 starting points in θ -S space, there is a clear migration to lower density classes in this fresh 632 case, whereas this does not occur in the other three panels. Along-isopycnal mixing in 633 the two dense shelf cases is responsible for most of the formation of AABW (Figure 5 634 bottom panels). In these cases, a clear path from DSW to AABW ending points emerges 635 as particles subduct along the σ_{θ} isopycnals; in their tractories, these particles may be 636 AASW only briefly before sinking to the ocean floor. The lower panels of Figure 7 con-637 firm that these dense shelf case particles only alter their buoyancy on the shelf, reflect-638 ing the downward-sloping isopycnals along the continental shelf. The vertical stratifi-639

cation required to allow for these dense outflows on the seafloor is enabled by shoaling
of CDW above these particles (Baines & Condie, 1985; Gill, 1973; Thompson et al., 2018),
which alters the temperature of dense flows but not their salinity or density. It is also
interesting to note that, in contrast to many overflows in the northern hemisphere (such
as in the Denmark Strait, or the Arctic shelves), due to the upward-sloping isopycnals
the descending plume flows in waters that are close to its own density and thus there is
little entrainment to plume.

A combination of two patterns of mixing—along isopycnals or across them—can 647 drive coastal waters to form more buoyant, fresher AABW. In the intermediate case as 648 identified in Figure 5, even for particles that begin as DSW, diapycnal mixing with other 649 surface waters including ISW can increase buoyancy when water is advected under the 650 ice shelf by means of shoaling of other water masses from offshore. However, unlike the 651 fresh shelf case, this water can still lose buoyancy through interactions with coastal polynyas 652 after its initial release, forming mCDW and then lighter AABW by sinking along den-653 sity isopycnals (Thompson et al., 2018). 654

655

4.2 Comparison to Observational and Model Results

We compare the results from WAOM on dense water export and WMT to other 656 studies using in situ observations. Our study highlights two pathways as key in connect-657 ing coastal polynya-sourced DSW to AABW export: the Prydz Channel and Cape Darn-658 ley (Figures 4 and 8), consistent with the results from elephant seal data by Portela et 659 al. (2022) as well as oxygen isotope samples by Jia et al. (2022). Lagrangian analyses 660 with WAOM also note the Wild and Daly canyons as important export pathways for AABW; Ohshima et al. (2013)'s utilization of seal data confirms the same result. Next, the in-662 verse correlation between interactions with the Amery Ice Shelf cavity in this study (green 663 trajectories in Figure 8 and interactions along the Gade line in Figure 5) is qualitatively 664 in line with seal data studies showing basal melt as a limiting factor for DSW produc-665 tion in MacKenzie polynya (Portela et al., 2021). Additionally, the results of WMT in 666 Table 2 show quantitative agreement with in situ observations from Pellichero et al. (2018). 667 We show 26% of particles form AABW as compared with 19% of upwelled CDW enter-668 ing the lower limb of the MOC; our study also shows a greater proportion of exported 669 water becoming mCDW rather than surface waters in the noted study. While these re-670 sults should not be directly compared—the methodology of Pellichero et al. (2018) does 671 not accurately resolve polynyas—that these results are consistent underscore this region 672 as a site of substantial bottom water formation requiring further study to quantify its 673 influences on the MOC. 674

In our study, the shelf residence times of Lagrangian particles (Figures 4b and 4c) 675 are remarkably similar to those of floats released at 1000 m depth using MOM01 by Tamsitt 676 et al. (2021). However, average residence times in MOM01 are up to 50 days greater be-677 neath the Amery Ice Shelf than in our WAOM10 study. We speculate this difference re-678 sults from the coarser model resolution used in our study as compared with a zonal res-679 olution of 2.6–5.5 km in that of Tamsitt et al. (2021). Figure 4a in our results is also quan-680 titatively similar to the representation of the ASC using ACCESS-OM2-01 Lagrangian 681 particles (Dawson et al., 2023) as well as abyssal transport of AABW using passive trac-682 ers (Solodoch et al., 2022). 683

⁶⁶⁴ Next, we contrast the distribution of particles in the WMT framework in WAOM10 ⁶⁶⁵ with the results of other ocean models. After one year, our study found a ratio of 5 par-⁶⁶⁶ ticles with $\sigma_{\theta} > 27.8$ kg m⁻³ and depth above 2000 m for every 3 particles with $\sigma_{\theta} > 27.8$ ⁶⁶⁷ kg m⁻³ and depth below 2000 m. Comparing this with the results after 25 years from pas-⁶⁶⁸ sive tracers released in Prydz Bay and Cape Darnley using the CCSR Ocean Compo-⁶⁶⁹ nent Model (COCO), Kusahara et al. (2017) found this ratio to be 1 volume of water ⁶⁹⁰ in the former category for every 2 in the latter. The discrepancy in the formation of wa-

ter $\sigma_{\theta} > 27.8$ kg m⁻³ between our study and that of Kusahara et al. (2017) may result 691 from the difference in the length of the simulation (1 year in our study vs 25 in Kusahara 692 et al. (2017)). This difference may have also resulted from the representation of polynyas 693 with WAOM. The results of our study also show similarities with Li et al. (2023), in which 694 meltwater from the continent and the formation of ISW led to a contraction of AABW 695 formation using ACCESS-OM2-01. However, Li et al. (2023) describes this shift as a re-696 sult of descending isopycnals (rather than buoyancy forcing by the meltwater itself). While 697 our study does not comment on changes to isopycnals along the shelf, the results agree 698 that the influence of ISW can either prevent bottom water formation entirely or form 699 more buoyant AABW. 700

701 5 Conclusions

We used virtual Lagrangian floats within the WAOM10 ocean model to examine 702 the influences of WMT, seasonality, local topography, and various forms of ocean mix-703 ing on AABW formation and export from the Prydz Bay and Cape Darnley polynya re-704 gions. Cluster analysis was used to find four unique trajectories of water mass transport 705 from the Prydz Bay polynyas to the deep ocean. Our study offers a novel viewpoint on 706 the AABW formation in Eastern Antarctic by combining Lagrangian trajectory anal-707 ysis with water mass transformation framework. However, the study is somewhat ide-708 alized and many aspects could be further expanded on. For example, here we did not 709 calculate volume transports but rather used comparative analysis to analyze the impor-710 tance of the identified water mass pathways. Furthermore, the results are based on sim-711 ulations with single year forcing and does not account for the impact of climate variabil-712 ity. Thus, our study does not fully quantify the impact of various processes on polynya-713 influenced WMT but rather builds a qualitative understanding on their roles in AABW 714 formation. 715

Despite the various shortcomings of the study, the results offer a detailed view of 716 the complex dynamics of AABW formation from Prydz Bay. Of the Lagrangian parti-717 cles released in Prydz Bay coastal polynyas, 26% become AABW within one year. Our 718 results suggest that mixing between crucial water masses, mCDW, and particularly ISW, 719 reduces the conversion of DSW to AABW. The ultimate formation of AASW or mCDW, 720 or some more buoyant forms of AABW is associated with longer residence time on the 721 722 continental shelf and more interactions in the mixed layer, diapycnal mixing, and interactions with the ice shelf meltwater. In agreement with previous studies, we find that 723 DSW export takes place along local canyons. Expanding on previous studies of this re-724 gion, our study suggests probable implications for AABW formation under increasing 725 ice shelf meltwater production under climate warming scenarios. We suggest that, even 726 if the current processes of DSW production in coastal polynyas would not change in the 727 future, mixing with ambient waters on the shelf that are becoming warmer and fresher, 728 including ISW and CDW, will change the strength of AABW formation. Paired with an-729 ticipated changes to CDW upwelling in the coming decades, further study on Prydz Bay 730 and Amery Ice Shelf interaction is imperative to understand the controls on AABW for-731 mation in this critical region. 732

733 Open Research Section

Upon publication, the key model fields and the Lagrangian trajectories will be made available through CSC's FAIR data platform (https://www.fairdata.fi/) and the model code, as well as analysis scripts, will be distributed using https://zenodo.org/.

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Figure 4.



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Figure 1.

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Bath	1500 -
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	500 -



	Darnley
	MacKenzie
_	Davis
	Barrier

Figure 5.





Practical Salinity

Figure 3.

Figure 7.

Depth vs σ_{θ} of Particles

Figure 2.

Particle Release Date Distribution

Week of the Year

Figure 6.

Particle Depth vs Time

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Days since release

Figure 8.

Figure 9.

68° E - Annual Mean

50°E - Annual Mean