Detecting paleoclimate transitions with Laplacian Eigenmaps for Recurrence Matrices (LERM)

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- Laplacian eigenmaps of recurrence matrices (LERM) is a novel tool for paleoclimate time series analysis.
- LERM can robustly detect the gradual Mid-Pleistocene Transition in relatively low signal-to-noise ratio scenarios.
- LERM can also be applied to detect abrupt climate transitions like the 8.2ka event, though less robustly.

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14 Abstract

Paleoclimate records can be considered low-dimensional projections of the climate sys-15 tem that generated them. Understanding what these projections tell us about past cli-16 mates, and changes in their dynamics, is a main goal of time series analysis on such records. 17 Laplacian Eigenmaps of Recurrence Matrices (LERM) is a novel technique using uni-18 variate paleoclimate time series data to indicate when notable shifts in dynamics have 19 occurred. LERM leverages time delay embedding to construct a manifold that is map-20 pable to the attractor of the climate system; this manifold can then be analyzed for sig-21 nificant dynamical transitions. Through numerical experiments with observed and syn-22 thetic data, LERM is applied to detect both gradual and abrupt regime transitions. Our 23 paragon for gradual transitions is the Mid-Pleistocene Transition (MPT). We show that 24 LERM can robustly detect gradual MPT-like transitions for sufficiently high signal-to-25 noise ratios, though with a time lag related to the embedding process. Our paragon of 26 abrupt transitions is the "8.2ka" event; we find that LERM is generally robust at detect-27 ing 8.2ka-like transitions for sufficiently high signal-to-noise ratios, though edge effects 28 become more influential. We conclude that LERM can usefully detect dynamical tran-29 sitions in paleogeoscientific time series, with the caveat that false positive rates are high 30 when dynamical transitions are not present, suggesting the importance of using multi-31 ple records to confirm the robustness of transitions. We share an open source Python 32 package to facilate the use of LERM in paleoclimatology and paleoceanography. 33

³⁴ 1 Introduction

Much of the current discussion on our changing climate centers around the con-35 cept of tipping points (Alley et al., 2003; Lenton et al., 2008; Steffen et al., 2018). Cli-36 mate tipping points occur when a change in the climate system becomes self-perpetuating 37 (McKay et al., 2022). They describe moments in the evolution of a climate system dur-38 ing which the behavior of the climate changes in a fundamental way. In other words, they 39 bridge the gap between separate dynamical regimes. In reference to global warming, cli-40 mate tipping points are typically used to describe moments in which positive feedback 41 loops are created, resulting in runaway warming. More generally, within the context of 42 nonlinear dynamical systems theory, tipping points are the critical thresholds; when crossed, 43 they lead to abrupt and irreversible changes to the dynamics of the underlying system, 44 i.e., these are points in the parameter space of the system, where, due to influences such 45 as noise, perturbations or parameter drift, the shape of the system's typical trajectory, 46 or attractor, changes significantly (Kaszás et al., 2019). 47

Within the context of paleoclimate, tipping points are interesting because they can 48 inform us about conditions under which the climate has undergone fundamental changes 49 in the past in response to forcings and might do so again. Given the increasingly unsta-50 ble nature of our current climate system, understanding when and where tipping points 51 have occurred in the past is deeply valuable for policy makers, scientists, and citizens 52 alike. Additionally, assuming we are able to observe synchronous tipping points at dif-53 ferent locations or between different archive types and proxy records, it can inform our 54 understanding of the history of climate teleconnections as well as how changes in climate 55 regimes are reflected in various paleoclimate records. 56

Developing analytical tools to detect significant changes in system dynamics is an 57 ongoing field of study (Kantz & Schreiber, 2003; Marwan, Carmen Romano, et al., 2007). 58 In this paper we will explore the application of a novel four-step method we colloquially 59 refer to as Laplacian Eigenmaps of Recurrence Matrices (LERM), originally developed 60 and published by Malik (2020). In their paper, Malik (2020) provided evidence that LERM 61 was able to robustly detect changes in the dynamics of an idealized experiment in the 62 presence of noise and missing values before applying it to a Holocene speleothem record 63 to probe questions regarding the climate's influence on the collapse of the Harappan civ-64

ilization. We seek to expand upon their findings, providing further validation that this
 technique is effective in identifying significant climate regime changes when applied to
 paleoclimate records, as well as exploring some potential shortcomings. We also present
 an open source Python package meant to simplify carrying out this workflow, alongside
 Jupyter notebooks to support the reproducibility of our results(James, 2023b).

⁷⁰ 2 LERM: a basic algorithm

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In this section, we briefly describe the method and its core principles. A much more 71 thorough discussion can be found in the original publication (Malik, 2020). LERM is a 72 recurrence plot-based time series analysis technique. Recurrence plots/matrices are a pop-73 ular non-linear time series analysis method that transforms a time series into a binary 74 matrix, in which elements with value one correspond to time points close in phase space 75 (Eckmann et al., 1987; Marwan, Carmen Romano, et al., 2007; Zou et al., 2019). Anal-76 ysis of spatial patterns in a recurrence plot using dynamical systems theory can provide 77 deep insights into the nonlinear and stochastic dynamics of the system underlying the 78 data (Eckmann et al., 1987; Marwan, Carmen Romano, et al., 2007; Zou et al., 2019; Bradley 79 & Kantz, 2015). The LERM method consists of four main steps. 80

2.1 Step 1: Phase Space Reconstruction

Nonlinear time series analysis relies on phase space reconstruction, which projects 82 the time series on a time-delay coordinate system. This time-delay embedding of a time 83 series is a consequence of the classical theorem by Floris Takens, colloquially known as 84 Takens' theorem, which states conditions under which a topologically equivalent attrac-85 tor can be constructed from single scalar observations (Takens, 1981; Packard et al., 1980). 86 Time-delay embedding constructs phase space vectors from time-shifted snippets of a 87 time series x(t) of length N. For example, for time delay τ and embedding dimension 88 m, a vector in time-delay embedding would be $\mathbf{x}(t) = [x(t), x(t-\tau), x(t-2\tau), ..., x(t-m\tau)].$ 89 The parameter m determines the length of the phase space vectors. The standard tech-90 nique for choosing m is the method of false nearest neighbor (Abarnabel, 1997; Kantz 91 & Schreiber, 2003). However, heuristics show that in the presence of noise, the princi-92 ple of over-embedding (Hegger et al., 2000; Malik et al., 2014) is more appropriate. This 93 principle suggests taking m > 2(D+P) where D is the dimensionality of the system 94 and P is the number of time-dependent parameters. Our numerical experimentation in-95 dicates that m between 10 and 15 leads to robust results for our application. The pa-96 rameter τ (time-delay) can be chosen as the time point corresponding to the first min-97 imum of lagged mutual information or the first zero of the autocorrelation function; for 98 details, see Abarnabel (1997). Further discussion of these choices can be found in Abarnabel 99 (1997); Kantz and Schreiber (2003); Malik (2020); Malik et al. (2014). 100

Although the method of time delay embedding has been known to introduce spu-101 rious correlations into phase space trajectories and spurious structures into the recur-102 rence plot (Thiel et al., 2006; Wendi et al., 2017), certain metrics are less dependent on 103 embedding parameter choices. For example, Thiel et al. (2006) observed that second-104 order Renyi entropy and correlation dimension can be calculated using arbitrary embed-105 ding parameter choices. Similarly, as we will show, LERM appears to be robust with re-106 spect to embedding parameter choices. Additionally, Wendi et al. (2017) demonstrated 107 that over-embedding leads to more reliable measurement of the determinism metric. 108

For any given time series, phase space vectors are created for all points along the time axis for which it is possible. Note that, due to indexing constraints, phase space vectors cannot be constructed for the last $m \cdot \tau$ points. The above method of time-delay embedding satisfies the condition of Takens' theorem: the phase space reconstructed using suitable time-delay embedding of time series data is topologically equivalent to the original phase space of the system (Takens, 1981). In practice, uneven spacing of data, noisy sensors, and imperfect selection criteria for the embedding dimension and delay
 parameters prevent perfect topological equivalency. However, if proper care is taken in
 the data selection and embedding steps, the reconstructed phase space can still provide
 deep insights into the system's dynamics.

¹¹⁹ 2.2 Step 2: Recurrence Plot

The next step is to analyze recurrence relationships within the reconstructed phase 120 space. Both recurrence quantification analysis (RQA) and recurrence network analysis 121 (RNA) focus on characterizing recurrence plots. Recurrence plots (RP) are graphical rep-122 resentations of the recurrence matrix of a time series, which is a binary square matrix 123 of size N defined as $R_{ij} = \Theta(\epsilon - ||\mathbf{x}_i - \mathbf{x}_j||)$. \mathbf{x}_i and \mathbf{x}_j are time embedded vectors at 124 time points i and j. Θ is the Heaviside step function, i.e., $\Theta(y) = 1$ if y > 1 and oth-125 erwise $\Theta(y) = 0$ and $\|\mathbf{x}_i - \mathbf{x}_j\|$ is the distance between embedded vectors \mathbf{x}_i and \mathbf{x}_j 126 (in this work we use the Euclidean norm). The threshold ϵ is interpretable as a radius 127 defining the largest distance that can separate two points in phase space if they are con-128 sidered in the same neighborhood. If the distance between two points is greater than ϵ , 129 the value inside the Heaviside function will be negative and the recurrence matrix will 130 record a zero at that intersection. If the distance between two points in phase space is 131 132 less than ϵ , then the recurrence matrix entry is unity at that intersection, indicating that the system is visiting a similar state at those indices. ϵ is typically chosen so that the 133 recurrence density (number of ones in the recurrence matrix divided by the total num-134 ber of entries) is around 5%, a heuristic which is supported by other studies on the topic 135 (Kraemer et al., 2018; Malik et al., 2014; Malik, 2020). 136

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2.3 Step 3: Laplacian eigenmaps

Laplacian eigenmaps is a manifold learning (nonlinear dimensionality reduction) 138 technique, where the eigenvectors of the Laplacian corresponding to a proximity graph 139 constructed from a point cloud of the data are used to project the data onto lower di-140 mensional space (Belkin & Niyogi, 2003). Laplacian eigenmaps are closely related to spec-141 tral clustering techniques and, similarly, preserve the local distance between points. Lapla-142 cian eigenmaps are used here to extract low-dimensional structures from an RP, as these 143 low-dimensional structures are the basis of RP-based metrics and analysis. For exam-144 ple, diagonal lines in an RP are related to the determinism of the underlying system (Marwan, 145 Romano, et al., 2007). We expect that, as the system moves between different dynam-146 ical regimes, the manifolds extracted through our technique should also evolve and change, 147 and hence these low-dimensional manifolds will track transitions in dynamical regimes. 148

To calculate the Laplacian, we first define the elements of the weighted adjacency 149 matrix **W** of the graph as $W_{ij} = R_{ij} + 1$ and then the corresponding graph Laplacian 150 is $\mathbf{L} = \mathbf{D} - \mathbf{W}$, where \mathbf{D} is a diagonal matrix with $D_{jj} = \sum_j W_{ij}$. To construct \mathbf{W} , 151 the 1 is added to the each element of the recurrence matrix to avoid numerical compli-152 cations when solving for the eigenvalue problem (see below). The graph Laplacian or the 153 Laplacian matrix \mathbf{L} can be considered the discrete analog to the continuous version of 154 the Laplacian operator, and it is used to model diffusion on graphs (Merris, 1994). To 155 obtain the manifolds, we solve the eigenvalue problem $\mathbf{L}\phi = \lambda \mathbf{D}\phi$. Let $\phi_0 \cdots \phi_{N-1}$ be 156 the solution of this eigenvalue problem with $0 = \lambda_0 \leq \lambda_1 \leq \cdots \leq \lambda_{N-1}$ being the 157 corresponding eigenvalues. The first eigenvector ϕ_0 is dropped as it corresponds to the 158 eigenvalue 0, and all elements in it are ones. The manifolds are obtained by projecting 159 each point in the reconstructed phase space \mathbf{x}_i to the *m*-dimensional Euclidean space: 160 161 $[\phi_1(i),\cdots,\phi_m(i)].$



Figure 1: Description of the full workflow presented in this section. In this figure we use the LR04 benthic stack from Lisiecki and Raymo (2005) as an example, and examine the dynamical transition that occurred around 1000 kyr BP known as the Mid-Pleistocene Transition. Step 1, time delay embedding, is described further in Section 2.1. Step 2, generating the recurrence plot, is described in Section 2.2. Step 3, the calculation of the graph laplacian and its eigenvectors (creating the eigenmaps) is described in Section 2.3. The last step, step 4, describing the calculation of the Fisher information statistic is described in Section 2.4. We also show the final result, plotting the evolution of the Fisher information statistic over time. Here we smooth the statistic using a block size of 5 to isolate the dominant statistic behavior, and calculate a confidence interval to detect significant transitions in the statistic. The calculation of this confidence interval is described in Section 2.5. The dashed gray line in the final plot shows the detected transition.

162 2.4 Step 4: Fisher Information

Laplacian eigenmaps result in p-dimensional projections of the original data, and 163 our numerical experimentation indicates that p = 4 produces the most robust results; 164 higher values only add redundant information to the analysis, whereas lower values do 165 not always lead to stable results. From this low-dimensional subspace we then seek to 166 create a univariate statistic that reflects changes in the complexity and dynamics rep-167 resented by the multidimensional eigenmaps in order to ease interpretability. To do so, 168 Malik (2020) proposed a modified version of the Fisher information statistic (FI). As de-169 170 fined in Ahmad et al. (2016), the FI is an invariant over the manifolds resulting from Laplacian eigenmaps, i.e., as the dynamics of underlying system change regimes, the extracted 171 manifolds change. Consequently, FI captures this regime change as a single numerical 172 value (Malik, 2020). In general, FI is a practical and robust way of discovering shifts in 173 multivariate data's behavior and information content (Ahmad et al., 2016). FI can also 174 be thought of as a way to measure the complexity of the underlying dynamics, as it can 175 capture the complexity of the geometric object that represents a dynamic process, for 176 instance, an attractor. The segments of the time series where the values of FI are higher 177 (lower) are also the sections of the time series where the underlying dynamics are of higher 178 (lower) complexity. Our numerical experimentations indicate that FI behaves like an in-179 variant metric or a constant of motion; values remain the same over the same dynam-180 ical regime (when control parameters are kept fixed). This means that when the param-181 eter changes significantly, a change in dynamics has occurred. We discuss how we assess 182 the significance of changes in the next section. 183

The calculation of FI requires the specification of two key parameters: window size 184 and window increment. These specify the size and step of the sliding window that will 185 be used to calculate FI. The choice of these parameters is arbitrary, and depends on the 186 record and phenomenon being studied. Larger window sizes and increments will result 187 in a smoothing effect, improving the robustness of results while reducing time resolution 188 and smoothing over smaller transitions. Smaller window sizes and increments will tend 189 to introduce more spurious behavior, but will also improve time resolution of the FI and 190 allow for the detection of subtler shifts in time series character. Given this, two compet-191 ing factors drive the choice of window size. The first is that one wants the window size 192 to be long enough that FI values converge towards a stable value. That is, the window 193 size should not be so small that FI is not convergent or robust. The second is that the 194 time scale on which one would like to resolve the transitions must not be so large that 195 multiple transition points get fused into one. This is especially important when dealing 196 with abrupt events. Further explanation and justification of this choice for this specific 197 problem, and the specific variant of FI we are using, can be found in Malik (2020). 198

The endpoint of the FI window is used to determine the time index of the FI value 199 for a given window. Typically we then take a block average over another window of sev-200 eral consecutive FI values. This average is then plotted for all the points within that win-201 dow. That is, all the points within this window are assigned the same average FI. This 202 minimizes the possible artifacts of the start/center/endpoint choice for a block average 203 over a window. In this paper we occasionally do not do this in order to show the actual 204 variability of the FI, which in some cases can be erratic. When this is the case, the FI 205 is plotted with a fill (e.g. Figure 4). When we have smoothed the FI we plot it as a scat-206 ter, with the width of scatter points indicating the width of the smoothing window (e.g. 207 Figure 2) A pictorial overview of this workflow is shown in Figure 1. 208

2.5 Significance of Transitions

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To determine whether changes in our FI statistic are significant we employ the same strategy as Malik (2020). Our null hypothesis for this test is that no transition has occurred. This would be indicated by the FI statistic not exhibiting a significant change

in values. Significance in this case is ascertained via the usage of a confidence interval. 213 To do this, we sample with replacement from the FI series, creating an ensemble of M214 samples with w points each. Typically we set M to 10,000, and w = 50. This choice 215 was largely arbitrary, as the analysis did not show strong sensitivity to these parame-216 ters. We then take the mean of each of these samples and calculate a confidence inter-217 val from the distribution of means. The bounds for this confidence interval are typically 218 taken to be 5% and 95%. When the FI statistic crosses this confidence interval, mov-219 ing either from above the 95% boundary to below the 5% boundary or vice versa, we claim 220 that this is a significant change, thereby marking a transition in the dynamical regime 221 of the system. The midpoint of this transition is taken as the transition timing. This is 222 only one approach to establishing significance, and others may be possible. We note that 223 this significance test often produces many false positives when applied to time series with-224 out dynamical transitions, and as such all results should be verified across multiple records 225 (see below). 226

²²⁷ **3** Detecting gradual transitions

In this section we demonstrate how LERM performs when applied to records that 228 are known to contain a gradual shift in dynamics. For our gradual transition we chose 229 the Mid-Pleistocene Transition (MPT). The MPT was a transition from the "41kyr world" 230 to the "100 kyr world" (Paillard, 2001). That is, the dominant periodicity of the glacial-231 interglacial cycles switched from 41 thousand years to 100 thousand years. The transi-232 tion occurred over several hundred thousand years, from around 1200ka to 800ka (Clark 233 et al., 2006; Chalk et al., 2017). There are many theories as to why this transition oc-234 curred, which are not germane to our purpose as they all indicate the presence of a dy-235 namical change. We are primarily interested in the ability of the LERM technique to de-236 tect the MPT in real paleoclimate archives. In order to study the outcome of applying 237 LERM to data influenced by the MPT we applied the method to five benchic oxygen iso-238 tope records drawn from Lisiecki and Raymo (2005) as well as data from a conceptual 239 glacial/interglacial cycle model (Leloup & Paillard, 2022). Oxygen isotopes were cho-240 sen as during the Pleistocene they are typically interpreted as representing changes in 241 ocean temperature and global ice volume (Waelbroeck et al., 2002), with ice volume be-242 ing the dominant signal. If there is a significant change in the dynamics that control global 243 ice volume such as the MPT, we should be able to observe it by applying LERM to ben-244 thic foraminiferal oxygen isotope observations. 245

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3.1 Tests with observational data

We apply the technique to oxygen isotope records from marine sediment cores taken 247 at five Ocean Drilling Project (ODP) sites 925 (Bickert et al., 1997; Billups et al., 1998; 248 Franz & Tiedemann, 2002), 927 (Bickert et al., 1997; Franz & Tiedemann, 2002), 929 249 (Bickert et al., 1997; Billups et al., 1998; Franz & Tiedemann, 2002) and 846 (Mix et al., 250 1995; Shackleton et al., 1995), and 849 (Mix et al., 1995). Their oxygen isotope records 251 were drawn from the compilation of Lisiecki and Raymo (2005), and the age models for 252 each are those aligned to the age model of the LR04 stack. Core locations are shown in 253 Figure 2 and their traces are shown in Figure 2. These records were chosen due to their 254 length and general lack of hiatuses. Each record was linearly interpolated using their mean 255 time increment (2.67, 3.92, 3.43, 2.46, 3.10 kilo-years respectively) in order to produce 256 a uniform time axis for each record. The records can be roughly subdivided into two ge-257 ographical groups, those in the East Pacific and those in the West Atlantic. In this case, 258 record locations starting with the number eight lie in the East Pacific and those start-259 ing with nine lie in the West Atlantic. The geographic division of these records means 260 that if we observe any local effects, they will likely be apparent in the results. ϵ values 261 were selected by finding the value that produced a density of 5% in the recurrence ma-262 trix, in accordance with the recommendation of Kraemer et al. (2018). m was chosen ac-263

cording the principle of over-embedding as described by Malik (2020) and set to 13 indices. τ was set by calculating the first minimum of lagged mutual information in accordance with the recommendation of Abarnabel (1997). In this example these values range between 4 and 8 indices. Window size and window increment were set to 50 (roughly 100 - 150 kyr) and 5 indices respectively in pursuance with the recommendation of Section 2.4.

The results of this analysis are shown in Figure 2. There is strong agreement be-270 tween these records as to the timing of a climate regime transition. The mean value and 271 standard deviation of the transition is 908 \pm 66 kyr BP (1 σ). This agrees with what 272 we would expect to see, assuming the MPT was the dominant climate regime transition 273 in this set of records. We then place all of the records onto a shared, evenly spaced time 274 axis. The timestep for this shared axis is the mean of each of the records, and the bounds 275 are the maximum of the minimum and the minimum of the maximum of the collection 276 of record time axes. That is, the most conservative endpoints are chosen such that all 277 records cover the full shared time axis. Each record is then linearly interpolated over this 278 shared axis. No changes to the underlying age models are made during this process. By 279 doing so, we find that our mean transition occurs at 911 ± 51 kyr BP (1 σ), reducing 280 the uncertainty in this estimate. This reduction in uncertainty, while small in this case, 281 illustrates the importance of time axis considerations when conducting this kind of anal-282 ysis. We will further explore such considerations in section 5. We also note that the stan-283 dard deviation of a transition timing across records is not necessarily the best measure 284 of uncertainty. We recommend the employment of ensemble based approaches for more 285 robust uncertainty quantification. 286

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3.2 Tests with synthetic data

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3.2.1 A conceptual model for glacial cycles

We applied LERM to the conceptual model presented by Leloup and Paillard (2022). This model generates a unitless variable v which represents normalized ice volume. The equation that controls the evolution of this variable depends on whether the model is in the slow glaciation regime (g) or the fast deglaciation regime (d). The equations that define how each of these states govern the change in v over time are shown in Equation 1.

$$(g) \frac{dv}{dt} = -\frac{I}{\tau_i} + \frac{1}{\tau_g}$$
(1a)

$$(d) \frac{dv}{dt} = -\frac{I}{\tau_i} - \frac{v}{\tau_g}$$
(1b)

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Equation 2 describes when the model is to switch from (g) to (d) and vice versa.

(d) to $(g): I < I_0$ (2a)

(g) to (d) :
$$I + v > V_0$$
 (2b)

 τ_i, τ_d , and τ_g are time constants, and I is normalized summer insolation forcing 300 at 65°N. By varying the deglaciation parameter V_0 , we can emulate a dynamical change 301 in the evolution of ice volume similar to the one observed during the MPT. We gener-302 ated a time series of v with a length of 2500 time units and placed a transition from a 303 V_0 value of 3.4 to 5.2 at time step 1000. This was in accordance with Leloup and Pail-304 lard (2022), who evaluated which values of V_0 most accurately reflected the pre- and post-305 MPT ice volume dynamics. We used summer solstice insolation at 65° N as our inso-306 lation scenario as this produced the most accurate results for the last 1500 Ma (Leloup 307



Figure 2: Overview of LERM analysis applied to five ODP records. (a) show a map of the considered records, (b) shows the oxygen isotope time series trace in black, and the Fisher information statistic in color.

& Paillard, 2022). We then bin the series to the time axes of Cores 925, 927, 929, 846, 308 and 849 from the Ocean Drilling Project (ODP). This is done by placing bin edges be-309 tween time points for each time axis and averaging the conceptual model data over each 310 bin, assigning each time point its associated average. This was done in order to compare 311 the effect of differing time axes on our analysis. The LERM workflow is then applied to 312 each of these series. The same parameters are used here as those in the previous section, 313 though τ now varies between 3 and 4 indices. The results of this analysis are shown in 314 Figure 3. 315

The method performs reliably when applied to this simple test, locating the point of the transition with relative accuracy, regardless of which time axis was used. The mean transition timing for each of the binned series is 849 ± 44 kyr BP (1 σ). We conducted several other tests to see how the method responded to the addition of noise, missing values, and how it behaved when no transition was present at all. These are presented in Figure 4. Each of these tests uses the version of the conceptual model time series binned onto Core 925.

323 3.2.2 Sensitivity Analysis

Here we present the results of the LERM method when applied to the conceptual 324 model MPT time series depicted in the top panel of Figure 3 when varying levels of noise 325 are present. We used an AR(1) model to create a noise time series and added it to our 326 conceptual model MPT time series "signal". We define the signal to noise ratio (S/N) 327 as being the standard deviation of the MPT signal divided by the standard deviation 328 of the noise. We tested four S/N ratios. An example of one of the tests using a S/N ra-329 tio approximately equal to two is shown in Figure 4. The actual signal to noise ratio for 330 a given test approximates the targeted S/N ratio as our noise generation process is im-331 precise and cannot create a series with exactly the standard deviation necessary to cre-332 ate the targeted S/N ratio. 333

We repeated the process of creating and analyzing noisy time series 1000 times for each S/N ratio. We then produced a Kernel Density Estimate (KDE) of the distribution of detected transitions and normalized each KDE to have a maximum amplitude of 1. These KDEs are interpreted as representing the "probability" (the normalization process means the y-axis cannot be literally interpreted as such) of a transition occurring at different points in time given a specific S/N ratio. The results of this analysis are shown in the top panel of Figure 7.

For higher S/N ratios, the method is quite consistent in its detection of the primary 341 transition point. However, as the S/N ratio decreases, while the detection of the actual 342 transition point remains consistent, the method begins to return a large number of false 343 positives. This suggests that this tool is best used within a comparative context in or-344 der to bolster the confidence of the results. That is, if multiple records agree on the tim-345 ing of a transition, this is good evidence that the transition is real. If not, we may just 346 be observing spurious system behavior resulting from our requirement that our recur-347 rence matrix be 5% populated. This effect is especially apparent in panels c) and d) of 348 Figure 4. When no transitions are present in a series, we observe random fluctuations 349 in the FI metric. This is likely due to the minimum recurrence density requirement used 350 when choosing a recurrence threshold and from our confidence interval based approach 351 to significance testing. Alternate approaches to selection of the recurrence threshold pa-352 rameter ϵ and the definition of significant transitions could improve these results. In the 353 meantime, this is further evidence of the necessity of verifying potential dynamical tran-354 sitions across multiple records. 355

Additionally, when the stable time series is artificially coarsened and then interpolated, as shown in panels e) and f) of Figure 4, the LERM technique suggests that the coarsened section experienced a change in dynamics. This effect only became noticeable



Figure 3: Overview of the application of the LERM pipeline to conceptual model data. The top panel shows data generated by the Leloup Paillard glacial/interglacial cycle conceptual model using with transition of V_0 threshold parameter from 3.4 to 5.2 at time step 1000 (vertical dashed line). The lower panels show the Fisher information statistic of conceptual model data from the top panel after being binned onto the time axis of each ODP core (shown in black). The binning process is described in Section 3.2.1.



Figure 4: LERM sensitivity analysis for gradual transitions. Conceptual model data is binned onto ODP core 925 oxygen isotope time series time axis, to which we add AR(1)noise. Signal to noise (S/N) ratio is defined as the standard deviation of the conceptual model data divided by the standard deviation of the noise. Shown in the top panel is an example of this test applied to a noisy series with an S/N ratio of 2. In the middle panel we show the result of applying the technique to a series without a transition. In the bottom panel, we apply the method to a stable series that has a coarsened section over which we have interpolated to show the propensity of the technique to return false positives for imputed sections of a record when no transitions are present.

in our experiments when over 60% of the points in a section were removed, though this 359 likely depends heavily on the series being considered and the length of the coarse sub-360 section. As such, caution is advised when applying this method to evenly spaced ver-361 sions of unevenly sampled time series, which are common within the field of paleoclimatology. In such case it is important that transitions observed near changes in resolution 363 be viewed with skepticism. On the other hand, in paleoclimate research a change in res-364 olution can suggest a change in system dynamics. For example, a decrease in the res-365 olution of speleothems can be interpreted as reflecting a period of aridification in the re-366 gion (Henselowsky et al., 2021). Teasing apart these effects is difficult and domain-specific. 367 This further emphasizes the importance of comparing multiple records when using this 368 technique. If detected dynamical transitions cannot be reproduced in nearby records, they 369 are unlikely to reflect robust changes in climate dynamics. 370

4 Detecting abrupt transitions

In this section we demonstrate how LERM perform when applied to a record that 372 contains an abrupt, short-lived, transition from one climate regime to another. To do 373 this, we apply the technique to four Greenland ice core oxygen isotope records and an 374 Antarctic ice core oxygen isotope record, which have been interpreted as being proxies 375 for temperature (Jouzel et al., 1997; Johnsen et al., 2001). In doing so we explore the 376 potential climate regime shifts that occurred around the 8.2ka event, a period of intense, 377 abrupt cold (Alley & Ágústsdóttir, 2005) that has been observed primarily in Greenland 378 ice cores (Thomas et al., 2007), though it has appeared in other archives from the North-379 ern Hemisphere (Cheng et al., 2009) as well as some from the Southern Hemisphere (Chase 380 et al., 2015). We also apply the technique to synthetic data designed to mimic the Green-381 land ice core oxygen isotope records. 382

383

4.1 Tests with observational data

The four Greenland cores we analyzed are NGRIP (Andersen et al., 2004), Ren-384 land (Johnsen et al., 1997), GRIP (Johnsen et al., 1992), and GISP2 (Grootes & Stu-385 iver, 1997) ice core records. The time axes of the GRIP and NGRIP records have been 386 aligned to Greenland Ice Core Chronology 2005 (GICC05) (Rasmussen et al., 2006; Vinther 387 et al., 2006). We also analyze oxygen isotope data from a high resolution section of ice 388 cores from EPICA Dome C (Stenni et al., 2010). and the locations and traces of all the 389 ice core records are shown in Figure 5. Each of these records was interpolated to its mean 390 time step (20, 10, 5, 20, 18 years respectively). Among them, we observe strong agree-391 ment regarding the effect of the 8.2ka event on climate dynamics in the region. 392

The agreement between the Greenland records as to the timing of the onset of the 393 change in dynamics is somewhat unsurprising given the evident anomalous nature of the 394 8.2ka event in the time series. However, the results do illustrate the edge effects that are 395 inherent with time delay embedding techniques, as can be seen in the appearance of a 396 climate regime shift occurring prior to the 8.2ka event. This is caused by the way time 397 delay embedded vectors are constructed. Each vector that is associated with a given time 398 point contains time information that extends $m * \tau$ beyond that time point. In our case 399 we used m = 12 and $\tau = 4$, continuing our practice of choosing m via over-embedding. 400 Note that we choose tau by hand here, as the first minimum of mutual information heuris-401 tic fails when applied to some of these records, resulting in excessively large values for 402 tau. This means that data from the following 48 time points are included in a given time 403 point of our embedded data. Then, if the resolution of our time series is 20 years, the 404 information from the subsequent 960 years is included in any given year. This can re-405 sult in a smearing effect, where changes in dynamics that happen at one point in the time 406 axis can affect the result of our analysis at a different point in time. This smearing ef-407 fect is uni-directional, occurring only in the direction of the time delay embedding, which 408



Figure 5: Overview of LERM analysis applied to Greenland and Antarctica records. (a) shows a map of the Greenland records, (b) shows a map of the Antarctica record, (c) shows the oxygen isotope time series trace in black, and the Fisher information statistic in color.

is best taken with the flow of time in order to preserve the temporal structure of the record
 in the constructed phase space.

We also observe that the choice of window size and window increment can exac-411 erbate this smearing effect. When a large window size is chosen, the detection timing 412 of abrupt transitions tends to "widen", or move outward from the actual edges of the 413 transition. In order to minimize this effect we used a smaller window size of 20 indices 414 (around 100 to 400 years) and window increment of 4 indices for these tests. Window 415 increment tends to have less of an effect (see the accompanying Holocene Ice Window 416 417 Increment and Holocene Ice Window Size notebooks for examples of this effect (James, 2023b)). 418

What is somewhat surprising is the agreement between these records and the high
resolution oxygen isotope record from EPICA Dome C, suggesting hemispheric synchrony
between Greenland and Eastern Antarctica during the 8.2ka event. However, this result
should be viewed with some caution, as other records we tested from different regions
in Antarctica do not show a synchronous climate regime transition at this point (see the
Holocene Ice Analysis notebook from James (2023b)).

425 4.

4.2 Tests with synthetic data

To investigate LERM's behavior in a controlled setting, we once again resort to syn-426 thetic data. Our signal is defined as a ramp with a peak amplitude of -1. The onset of 427 the spike occurred at 8400 kyr BP, terminating at 7800 kyr BP in order to produce a 428 signal that was not as easily nullified by noise and more consistently represented an 8.2k 429 event-like signal, as shorter events tended to be entirely obscured when noise was added. 430 This signal is shown in Figure 6. To test detection, we added perturbations to this sig-431 nal using a simple AR(1) process with an autocorrelation coefficient of 1. In this case 432 the S/N ratio is the amplitude of the perturbation divided by the standard deviation of 433 the AR(1) series. We repeated our sensitivity analysis as in Section 3.2.2, this time us-434 ing relative large S/N ratios of 1, 2, 3, and 4, as the method proved to be less robust for 435 brief, abrupt transitions than gradual ones. We constructed our synthetic series using 436 the same time axis as the NGRIP oxygen isotope record for these experiments. Param-437 eters used were m = 13, $\tau = 5$, $w_{size} = 20$ (window size), $w_{incre} = 4$ (window incre-438 ment). The KDEs from these experiments are shown in the bottom panel of 7. The asym-439 metrical offset of detection times from the edges of the transition are driven by the edge 440 effects associated with using the FI statistic in the case of the termination side of the 441 event, and a combination of the FI window effect with the uni-directional time-embedding 442 effect in the case of the beginning side of the event (resulting in a greater offset than the 443 termination side). 444

The results are similar to those of the gradual transition synthetic tests, though 445 the S/N ratios required to achieve reliable detection are much higher for the abrupt tran-446 sition. This result suggests that unless signal to noise ratios are high, this method will 447 return a large number of false positives when regime transitions present in a record are 448 shorter and less durable. However, it seems that the detection of the shift is consistent 449 even at lower S/N ratios, again suggesting the benefit of applying this technique to an 450 ensemble of records and looking for shared transitions as a way of filtering out false pos-451 itives. 452

453 **5** Time Axis Considerations

Throughout this paper we have mentioned the importance of time axis properties at various points. In this section we demonstrate how the detection of dynamical regimes changes depending on the resolution of the time axis. For this we will use the marine sediment oxygen isotope data from ODP Site U1308 (Hodell et al., 2008). This is a high



Figure 6: Overview of LERM sensitivity analysis applied to synthetic data designed to mimic the 8.2ka event. The top left panel shows the signal used in these tests. In the top right panel we show the noisy series to be analyzed. In the bottom panel we see the result of the analysis. The grey region indicates the spike interval.



Figure 7: Kernel density estimates (KDE) of detected transitions for MPT-like scenarios (top) and 8.2ka event-like scenarios (bottom). KDEs were normalized against their maximum value.



Figure 8: Results of LERM analysis applied to oxygen isotopes from U1308 with different time resolutions. Panel a) shows the original, unaltered oxygen isotope record from U1308 in blue, the version of the record with values averaged over bins of 500 years in grey, and the transitions after the MPT detected in the Fisher information for the binned version of the series highlighted in blue and orange. Panels b), c), and d) show the analysis in blue applied with a time step of .5, 2.5, and 4.5 kiloyears respectively. Oxygen isotopes from U1308 with values averaged over their associated time step are shown in grey.

resolution deep-sea core with a median time step in the published age model of approx-458 imately 270 years. By averaging oxygen isotope values across bins of varying sizes, we 459 can coarsen the series to various time steps, and examine how this changes the results 460 of our analysis. First we interpolate the time series using the mean time step, which is 461 approximately 302 years. This is done in order to prevent gaps in the binned version of 462 the time series, as there is one short section with low resolution. We prioritize creating 463 a continuous binned version of the time series in order to emulate our workflow from the 464 previous sections. We use bin sizes of .5, 2.5, and 4.5 kiloyears. We use an embedding 465 dimension of 13 indices and τ values ranging from 5 indices for the maximum bin size 466 and 12 indices for the minimum bin size. Window size and window increment are again 467 set to 50 and 5 indices respectively. The results of this analysis are shown in Figure 8. 468

In Figure 8, when the time step is relatively large as in panel d), we detect only the Mid-Pleistocene transition. However, as we move to finer time steps, we begin to observe the detection of other regime shifts. These appear to be glacial-interglacial shifts, as dynamical transitions are observed every 100 kiloyears during shifts from glacial to interglacial periods and vice versa. This effect illustrates the importance of temporal resolution when using this technique. Higher resolution allow for the detection of shorter regime shifts. With coarser time series we primarily detect the gradual regime shifts that
occur over longer time scales. If one is primarily interested in a relatively gradual transition like the MPT, it can be useful to coarsen our record in order to minimize the detection of these shorter transitions, like glacial-interglacial cycles.

Another detail worth noting is that we do not observe the detection of glacial-interglacial 479 cycles during the "41ky world" (the interval during which these cycles have a periodic-480 ity of 41ky). This is likely due to the minimum resolution we use. Were we to employ 481 an even higher resolution of this time series, we might be able to get at these higher fre-482 483 quency phenomena. However, in this case, only the detection of the slower 100 kiloyear cycles is available to us with this choice of τ and m. The precise relationship between 484 the time scale of the phenomena being detected and the resolution of the time series is 485 not yet known, though it likely depends both on resolution and the parameters chosen. 486 Constraining this relationship further is a subject for future work. 487

Another effect worth noting is the later detection of the MPT observed in core U1308 488 compared to the other sediment cores we've examined. The transition detected in this 489 the coarse version of this record shown in Figure 8 panel d) occurs a little before 800 kilo-490 years ago, which is somewhat at odds with the timing observed in Figure 2. This is caused 491 by the shorter length of the oxygen isotope time series from U1308. If we shorten the 492 time series used in Figure 2, we observe a similarly delayed transition timing (not shown). 493 This is likely due to the way in which we select our recurrence threshold parameter. Be-494 cause we require a recurrence matrix density of 5%, the recurrence threshold we pick will depend both on the dynamics which are present in a given time series, and the preva-496 lence of those dynamics in a particular record. The more stable the dynamics of a given 497 time series are, the lower and more selective the recurrence threshold will be, and vice 498 versa. Different recurrence thresholds mean that different sections of the time series will 499 be considered recurrent and the detected transition timings will change. In the case of 500 U1308, the record is shorter and less of the pre-MPT interval is present. This results in 501 a lower recurrence threshold, which results in different recurrence patterns, in turn lead-502 ing to the detected transition timing being pushed towards the end of MPT window. This 503 is the point in time which the 100 kyr cycles have begun in earnest and as such, where 504 the change in dynamics is more evident. There are other approaches to the choice of re-505 currence threshold that may minimize this effect, though we do not explore them here. 506 The effect described above is demonstrated further in the MPT Core Length Compar-507 ison notebook found in the supplement (James, 2023b). 508

509 6 Discussion

These examples show that the LERM technique shows promise in the detection of gradual and abrupt regime transitions in paleoclimate records. It robustly detected the Mid-Pleistocene Transition in a set of marine sediment oxygen isotope records, and was resistant against noise and missing values when applied to synthetic data. One caveat is that the method is prone to false positives when a time series does not contain a regime transition. It also shows strong sensitivity to the resolution of the time axis.

As with any recurrence-based technique, there are a few key considerations that 516 must be taken into account when determining what time axis to use for a given record 517 when applying this technique. The time axis must be evenly spaced; this is a strict re-518 quirement of methods that rely on uniform time delay embedding. The time axis should 519 also minimize the generation of new data (upsampling). Recurrence analysis based tech-520 niques are often very sensitive to changes in time series structure. Interpolating over coarse 521 sections of a time series using too fine a time step can produce false positives. It is best 522 when using these techniques to be as conservative with one's time imputation scheme 523 as possible. When comparing multiple records it can be valuable to align the time axes 524 of each record via a technique such as linear interpolation of the time series onto a shared 525

time axis. This will minimize the possibility of time axis dependent effects influencing 526 the results of one's analysis. There is a trade-off between consistency of time axes and 527 maintenance of the original time axis. In certain cases this trade-off can be mitigated 528 by usage of skillfully aligned records, such as in the case of the GICC05 time scale used to align Greenland ice cores. However, this requires the independent construction of aligned 530 time axes for a specific set of records, which can either be expensive or impossible de-531 pending on the records under consideration. The question of the appropriate time axis 532 to use in these studies is best handled on a case by case basis. Ideally, the results pro-533 duced by this type of analysis should be reasonably robust across time axes, and vari-534 ation in the precise timing of transitions due to different time axes and parameter choices 535 should be included in the uncertainty quantification. Another topic related to the choice 536 of time-axis that is worthy of scrutiny is the usage of age model ensembles. None of the 537 records we considered in our analysis had age model ensembles, so we leave the deter-538 mination of how to handle this kind of uncertainty for future work. 539

When applied to a set of four oxygen isotopes records from Greenland ice cores and 540 one from an Antarctica ice core, this technique suggested a shift in climate dynamics around 541 the 8.2ka event. In Greenland this was unsurprising given the obvious shift in the char-542 acter of the time series during the event, but the Antarctica result is intriguing. The re-543 sult should be viewed with caution, as other records from different regions of Antarc-544 tica did not experience the same shift. However, this could be the product of an inter-545 decadal bipolar seesaw mediated by the Atlantic ocean (Chylek et al., 2010; Wang et al., 546 2015). In this case, due to the abrupt nature of the 8.2ka event, its effects as mediated 547 by this teleconnection could have manifested more as a dynamical disturbance than an 548 opposing temperature response. 549

550 7 Conclusion

With appropriate parameter selection and precautions regarding time sampling, 551 the LERM technique shows promise in application to paleoclimate time series data. The 552 technique can reveal, in a holistic way, when changes in the behavior of univariate time 553 series occur. Such changes can be gradual or abrupt, subtle or obvious. However, when 554 noise levels are high or data are unevenly spaced and require the usage of imputation 555 methods, the method can produce a high rate of false positives. Additionally, because 556 the creation of the recurrence matrix relies on a minimum density, it is inherently rel-557 ative. This means that if there are no dominant changes in time series character present 558 in a series, this method will still report transitions between dynamical regimes. It fol-559 lows that this method is best applied to sets of records so that synchronicity between 560 records can act to establish robustness to noise and sampling issues. It may also be use-561 ful in modern applications when used for tipping point analysis as a dynamically-motivated 562 changepoint detection algorithm. We leave this application for future work. 563

564 8 Open Research

v0.0.8 of the Ammonyte Python package (James, 2023a) was used to generate all the examples in this study and the supporting Jupyter Notebooks. Ammonyte is available via a GPL-3.0 license and developed openly at https://github.com/alexkjames/ Ammonyte. v0.4.0 of the accompanying Jupyter Notebooks (James, 2023b) that provide examples of how each of the figures in this study were produced and additional tests referred to in the text is available via a MIT license and developed openly at https:// github.com/alexkjames/Detecting_Paleoclimate_Transitions_with_LERM

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