# Modeling Kelvin Helmholtz Instability Tube & Knot Dynamics and Their Impact on Mixing in the Lower Thermosphere

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# Key Points:

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8	• Tube & knot (T&K) dynamics yield faster, more aggressive instability evolutions
9	than axially uniform KHI in stratified shear environments.
10	• T&K-induced twist waves drive the turbulent transition and preclude secondary
11	CI/KHI that dominate prior laboratory and simulation studies.
12	• T&K-induced turbulence yields faster/larger kinetic energy depletion and entropy
13	production, producing more mixing with weaker efficiency.

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#### 14 Abstract

We present modeling results of Kelvin Helmholtz Instability (KHI) tube and knot (T&K) 15 dynamics accompanying a thermospheric KHI event captured by the 2018 Super Soaker 16 campaign (Mesquita et al., 2020). Chemical tracers released by a rocketsonde on 26 Jan-17 uary 2018 showed a coherent KHI in the lower thermosphere that rapidly deteriorated 18 within 45-90 s. Using wind and temperature data from the event, we conducted high res-19 olution direct numerical simulations (DNS) employing both wide and narrow spanwise 20 domains to facilitate (wide domain case) and prohibit (narrow domain case) the axial 21 deformation of KH billows that allows tubes and knots to form. KHI T&K dynamics are 22 shown to produce accelerated instability evolution consistent with the observations, achiev-23 ing peak dissipation rates nearly 2 times larger and 1.8 buoyancy periods faster than ax-24 ially uniform KHI generated by the same initial conditions. Rapidly evolving twist waves 25 are revealed to drive the transition to turbulence; their evolution precludes formation 26 of secondary convective instabilities (CI) and secondary KHI seen to dominate the tur-27 bulence evolution in artificially constrained laboratory and simulation environments. T&K 28 dynamics extract more kinetic energy from the background environment and yield greater 29 irreversible energy exchange and entropy production, yet they do so with weaker mix-30 ing efficiency due to greater energy dissipation. The results suggest that enhanced mix-31 ing from thermospheric KHI T&K events could account for the discrepancy between mod-32 eled and observed mixing in the lower thermosphere (Liu, 2021; Garcia et al., 2014) and 33 merits further study. 34

# 35 1 Introduction

On 26 January 2018, a Kelvin-Helmholtz Instability (KHI) event was observed at 36 the unusually high altitude of 102 km by a Rocketsonde chemical tracer release over Poker 37 Flats, Alaska (Mesquita et al., 2020). The KH billows had horizontal wavelengths of  $\lambda_h =$ 38 9.6 km and rapidly deteriorated from their initial coherent state in a scant 45-90 s, in-39 dicating an aggressive underlying shear layer with an approximate half depth of  $d \approx \lambda_h/4\pi \approx$ 40 800 m. In-situ Rocketsonde wind profiles revealed an apparent superposition of an in-41 ertial gravity wave (GW)-induced shear layer and a smaller-scale shear sheet causing the 42 elevated local shear. Lidar measurements from the Poker Flats Research Range showed 43 a similarly sharp temperature enhancement near the same altitude, yielding a local min-44 imum Richardson number (Ri) of 0.05 consistent with rapid shear turbulence evolution. 45

Highly localized multi-scale environments comprised of such "sheet and layer" su-46 perpositions are found throughout the atmosphere and have been shown to produce in-47 stability events yielding widespread turbulence with elevated dissipation (see e.g., Fritts 48 et al., 2017, and citations therein), yet their contributions to larger-scale mixing and chem-49 ical constituent distributions remain largely unknown. General circulation models (GCMs) 50 represent mixing with the vertical eddy diffusion coefficient,  $K_{zz}$ , which approximates 51 heat fluxes and transport due to gravity wave breaking but does not address mixing con-52 tributions from other sources.  $K_{zz}$  is estimated by applying linear saturation theory to 53 a GCM's parameterized gravity wave spectra (Garcia et al., 2007; Liu, 2000); it accounts 54 for turbulence localization with inverse Prandtl number scaling (e.g., Fritts & Dunker-55 ton, 1985; McIntyre, 1989) but otherwise neglects nonlinear dynamics and subgrid-scale 56 turbulence. The resulting mixing estimates yield a near-50% deficit from observations: 57 WACCM profiles of gravity wave-parameterized  $K_{zz}$  show values of 5-50 m<sup>2</sup> s<sup>-1</sup> from 58 80-100 km (Liu, 2021) whereas global mean O density profiles measured by the Scan-59 ning Imaging Absorption Spectrometer for Atmospheric Chartography (SCIAMACHY) 60 instrument suggest  $K_{zz} \sim 10-80 \text{ m}^2 \text{ s}^{-1}$  over 80-100 km (Swenson et al., 2018), a fac-61 tor of 1.6-2x larger. 62

<sup>63</sup> Weaker mixing in WACCM mischaracterizes the transport and global distributions <sup>64</sup> of CO<sub>2</sub> and other constituents. CO<sub>2</sub> mixing ratios are consistently too small above 100

km and do not match the observed falloff with altitude (Garcia et al., 2014). Similarly, 65 Na and Fe transport are both under-estimated in WACCM; fluxes of Na and Fe need to 66 be larger to agree with cosmic dust and ablation models (Gardner, 2018). Several efforts 67 have been made to yield greater mixing in GCMs by incorporating parameterized heat 68 fluxes from propagating gravity waves (Gardner, 2018) and reducing Pr to produce bet-69 ter agreement with observations (Garcia et al., 2014). However, Liu (2021) maintains 70 that subgrid-scale dynamics in the MLT account for the majority of the modeled mix-71 ing deficit. 72

73 Localized shear turbulence events must be considered as a possible mixing source in the mesosphere and lower thermosphere (MLT) to address this mixing deficiency in 74 GCMs. Sharp wind and temperature gradients such as those underlying the Mesquita 75 event exist throughout the atmosphere at scales below the resolution limit of GCMs, and 76 the resulting Ri-critical shear layers produce local instabilities everywhere they occur. 77 Such events arise in multi-scale environments exhibiting what are described as "sheet 78 and layer" structures, which occur throughout the atmosphere into the MLT and which 79 modeling reveals to be prolific sources of local KHI (Fritts & Wang, 2013; Fritts et al., 80 2013), see e.g., Kantha et al. (2017); Doddi et al. (2021); Barat (1982); Sato and Wood-81 man (1982); Lehmacher et al. (2011); Mesquita et al. (2020). Though ubiquitous, GCM 82 resolution cannot capture these dynamics (Fritts, Lund, et al., 2022) and their mixing 83 contributions remain unaddressed. 84

Recent simulations and observations further suggest that many shear-induced in-85 stability events undergo "tube and knot" (T&K) dynamics and could account for more 86 mixing than previously attributed to these events. The conventional understanding of 87 KHI evolution assumes billows that are axially uniform, with expected morphologies of 88 turbulence scale progression driven by secondary convective instabilities (CI) forming 89 in the billow cores and secondary KHI in the billow braids (see e.g., Klaassen & Peltier. 90 1985; Peltier & Caulfield, 2003; Fritts et al., 2014). Real shear layers, however, are not 91 infinitely uniform; variable intensities and depths over their spatial extent will impact 92 the axial coherence of KHI. Laboratory experiments by Thorpe (1987) showed that even 93 in an artificially uniform environment, KHI "tubes" and "knots" arise and intensify be-94 tween adjacent, misaligned KH billows prior to the evolution of secondary CI and KHI 95 (see e.g., Fritts et al., 2021a). Over 30 years later, observations by Hecht et al. (2021) 96 revealed KHI T&K dynamics occurring in the MLT, and subsequent modeling and a re-97 view of other MLT observational evidence revealed these dynamics to be widespread, per-98 haps even ubiquitous, in the MLT (Fritts et al., 2021a; Fritts, Wang, Lund, & Thorpe, 99 2022). However, T&K simulations to-date have only occurred in idealized environments 100 that don't directly correspond to observed atmospheric conditions. Given the potential 101 of KHI T&K dynamics to promote elevated mixing in the MLT, it is imperative to in-102 vestigate the impact of T&K dynamics on observed shear turbulence events to determine 103 if they can account for the missing mixing modeled in the MLT. 104

In this study, we evaluate the impact KHI T&K dynamics on the 26 January 2018 105 thermospheric KHI event reported by Mesquita et al. (2020). In approximating the ob-106 served KHI dynamics we demonstrate how T&K formation accelerates and intensifies 107 billow turbulence evolution to promote enhanced dissipation and mixing. To isolate T&K 108 109 influences, identically initialized direct numerical simulations (DNS) of the Mesquita event are conducted with two spanwise (axial) domain sizes: an 8 KHI  $\lambda_h$  domain allowing T&K 110 formation and a 0.5 KHI  $\lambda_h$  domain prohibiting axial non-uniformity. T&K formation 111 is shown to yield rapid proliferation of small-scale turbulent features in places where KH 112 billows link that both form and dissipate at earlier times than the secondary CI/KHI-113 driven turbulence transition of axially uniform KHI. T&K driven dynamics achieve peak 114 dissipation at twice the speed and amplitude of the equivalent case limited to axially uni-115 form KHI, with similarly enhanced and accelerated mixing. The significant impact of 116 T&K dynamics in this environment suggests extensive contributions to momentum trans-117

port and deposition that could aid the development of improved mixing parameteriza-tions in GCMs.

The remainder of the paper is organized as follows: Section 2 presents a descrip-120 tion of the numerical methods, including the governing equations, solution method, and 121 simulation parameters employed by our numerical model; the procedure to determine 122 representative initial conditions from the available observations; and the nondimensional 123 parameters defining the simulation environment. Simulation results are presented in Sec-124 tion 3, evaluating the instability characteristics, dissipation and energy exchange, and 125 126 mixing characteristics promoted by T&K dynamics relative to their absence. Section 4 contains the summary and conclusions of our results. 127

### 128 2 Numerical Methods

#### 2.1 CGCAM Model Architecture

Simulations herein are conducted using the Complex Geometry Compressible At mosphere Model (CGCAM). CGCAM solves the nonlinear, compressible Navier-Stokes
 equations, written in divergence form as:

$$\frac{\partial \rho}{\partial t} + \frac{\partial \left(\rho u_j\right)}{\partial x_j} = 0 \tag{1}$$

$$\frac{\partial \left(\rho u_{i}\right)}{\partial t} + \frac{\partial \left(\rho u_{i} u_{j}\right)}{\partial x_{j}} = -\frac{\partial p}{\partial x_{i}} - \rho g \delta_{i3} + \frac{\partial \sigma_{ij}}{\partial x_{j}}$$
(2)

$$\frac{\partial \rho E}{\partial t} + \frac{\partial \left[ \left( \rho E + p \right) u_j \right]}{\partial x_j} = -\rho g u_3 + \frac{\partial \left( u_i \sigma_{ij} \right)}{\partial x_j} - \frac{\partial q_j}{\partial x_j} \tag{3}$$

where  $\sigma_{ij}$  and  $q_j$  are the viscous stress and thermal conduction, defined as

$$\sigma_{ij} = \mu \left[ \left( \frac{\partial u_i}{\partial x_j} + \frac{\partial u_j}{\partial x_i} \right) - \frac{2}{3} \left( \frac{\partial u_k}{\partial x_k} \right) \delta_{ij} \right] \quad \text{and} \quad q_j = -\kappa \frac{\partial T}{\partial x_j} \quad . \tag{4}$$

Here  $\mu$  is the dynamic viscosity,  $\kappa$  is the thermal conductivity, and  $\delta_{ij}$  is the Kronecker delta.  $\mu$  and  $\kappa$  depend on the temperature through Sutherland's Law (White, 1974). The solution variables are the air density  $\rho$ , the momentum per unit volume  $\rho u_i$  or  $(\rho u, \rho v, \rho w)$ with velocity components  $(u_i, u_j, u_k) = (u, v, w)$  along (x, y, z). Energetics and entropy are discussed in Section 3.3.

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We assess the evolution of instability features via the vorticity magnitude

$$|\zeta| = |\nabla \times u| \tag{5}$$

and the intermediate eigenvalue  $\lambda_2$  of the tensor

$$\mathcal{H} = \mathcal{S}^2 + \mathcal{R}^2 \tag{6}$$

(see e.g., Jeong & Hussain, 1995), where S and R are the strain and rotation rate tensors, with components defined as

$$S_{ij} = \frac{1}{2} \left( \frac{\partial u_i}{\partial x_j} + \frac{\partial u_j}{\partial x_i} \right) \quad \text{and} \quad \mathcal{R}_{ij} = \frac{1}{2} \left( \frac{\partial u_i}{\partial x_j} - \frac{\partial u_j}{\partial x_i} \right) \quad . \tag{7}$$

 $|\zeta|$  and  $|\lambda_2 < 0|$  reveal the dominant features with strong rotational tendencies, enabling the visualization of emerging KHI, T&K, and twist waves as the flow becomes turbulent.

Solution variables are stored at the cell centroids and fluxes on the faces are con-146 structed using a kinetic energy-conserving interpolation scheme similar to that discussed 147 in Felten and Lund (2006) for the incompressible Navier-Stokes equations. The govern-148 ing equations are discretized using the finite-volume framework, in which each compu-149 tational cell is considered to be a small control volume. The resulting scheme is glob-150 ally conservative for mass, momentum, total energy, and kinetic energy. Time advance-151 ment is achieved via a low-storage, third-order accurate Runge-Kutta scheme with a vari-152 able time step satisfying the CFL stability condition. Additional details for CGCAM are 153 provided by Dong et al. (2020) and Lund et al. (2020). 154

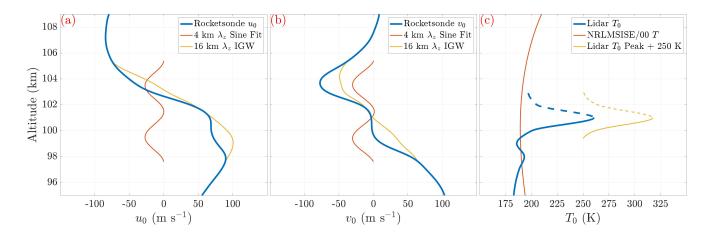
The model domains employed in these simulations extend 40 km in the streamwise 155 (x) direction (4 KHI  $\lambda_h$ ) and from 90 to 115 km in altitude (z). To enable direct com-156 parisons of cases with and without T&K dynamics, DNS were conducted with two span-157 wise (y, axial) domain sizes: an 80 km (8 KHI  $\lambda_h$ ) domain allowing T&K formation and 158 a 5 km (0.5 KHI  $\lambda_h$ ) domain prohibiting axial non-uniformity. The domain employs pe-159 riodic horizontal boundary conditions and characteristic vertical boundary conditions. 160 2.5 km sponge layers at the top and bottom of the vertical domain constrain the use-161 able domain to 92.5 < z < 112.5 km. Each simulation is executed on Department of 162 Defense high-performance supercomputers with a  $(Nx, Ny_1, Ny_2, Nz) = (1824, 3648, 228, 1152)$ 163 grid, having streamwise and spanwise grid resolution of  $(\Delta x, \Delta y) = 21.9298$  m and  $\Delta z =$ 164 21.7014 m. To seed the instability formation, a white noise spectrum is added to the ini-165 tial background wind field with a root mean square amplitude of  $10^{-3}$  m s<sup>-1</sup>. 166

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# 2.2 Defining Representative Initial Conditions

The observational datasets capturing the Mesquita et al. (2020) KHI event include 168 wind profiles triangulated from the Rocketsonde TMA chemical release, temperature pro-169 files from the nearby Poker Flats Na lidar, and remote imaging of the Rocketsonde chem-170 ical tracer release revealing the KHI evolution. Raw profiles from the Rocketsonde and 171 Na lidar (blue curves) and profile decompositions (orange and yellow curves) are shown 172 in Figure 1, and the modified initial conditions for the simulations are shown in Figure 2. 173 Rocketsonde zonal and meridional wind profiles (Figure 1a-b) display rotary tendencies 174 indicating an inertial gravity wave (IGW) with a compressed phase structure generat-175 ing a narrow region of enhanced local shear near 103 km. Sinusoidal decomposition of 176 the winds (Figure 1a-b) reveal a local 4 km  $\lambda_z$  sinusoidal enhancement (orange curves) 177 superposed with the background 16 km  $\lambda_z$  IGW (yellow curves) underling the peak shear. 178 The nearby Na lidar temperature profile (Figure 1c) shows local maximum at 101 km 179 indicating peak stability 1-2 km lower than the peak shear altitude in the Rocketsonde 180 winds. The temperature profile is spatially offset from the Rocketsonde measurement 181 but roughly coincident in time. Lidar data indicates significant temporal variability, with 182 peak T shifting  $\pm 20$  K and  $\pm 2$  km in the hour surrounding the event. The dashed line 183 at the top of the profile indicates a region where a low signal to noise ratio could com-184 promise the accuracy of the measured lapse rate. However, lapse rates from the NRLM-185 SISE/00 empirical model employed by Mesquita et al. (2020) conservatively estimate a 186 minimum Richardson number of 0.05 near the KHI altitude. 187

KHI revealed by the chemical tracer exhibit  $\lambda_h = 9.6$  km and rapidly deteriorate 188 in 45-90 s. The underlying layer depth of  $d \approx \lambda_h/4\pi = 800$  m that sourced these KHI 189 is larger than the layer depth in the measured background profiles, suggesting that the 190 initial layers were deeper and higher in amplitude before the KHI began eroding the layer. 191 Suitable layer characteristics to excite these KHI require collocated shear and stability 192 layers of equal characteristic scales with amplitudes that yield the underlying Ri. Given 193 both the altitude offset between wind and temperature layers and the layer depth dis-194 agreement between the measured profiles and the observed KHI, a set of composite pro-195 files needs to be generated from the observations to match the KHI event characteris-196 tics. 197



**Figure 1.** Rocketsonde and Lidar profiles (blue curves) and decompositions (orange and yellow curves) from the Mesquita et al. (2020) KHI event.

When working with non-collocated datasets with different sensitivity to feature evo-198 lution, the features of each dataset must be combined in a self-consistent manner that 199 faithfully represents the underlying environmental parameters dictating the event. Ad-200 hering to this approach, input wind and temperature profiles were adapted to comprise 201 collocated layers that yield  $R_i$  and KHI  $\lambda_h$  characteristics matching the observed insta-202 bility evolution: (1) An NRLMSISE/00 empirical temperature profile (Figure 1c, orange 203 curve) was subtracted from  $T_0$  to isolate the temperature peak in the lidar data (Fig-204 ure 1c, yellow curve) corresponding to the sinusoidal local wind enhancement. (2) The 205 lidar temperature peak was then superposed on the model temperature profile at the al-206 titude of peak shear to collocate the layers underlying the KHI. (3) The vertical depths 207 of the temperature peak and 4 km  $\lambda_z$  sinusoidal wind feature were then increased to pro-208 duce 800 m shear and stability layers matching the observed KHI, and the peak wind/temperature 209 amplitudes were increased/decreased to yield a minimum Richardson number of Ri =210 0.05. (4) To retain the initial background characteristics above the layer, wind/temperature 211 profiles above their modified peaks were extended vertically with the same vertical shear 212  $(\partial \{u_0, v_0\} / \partial z)$  and stability  $(N^2)$  found above the initial layers. (5) For numerical con-213 venience, the final wind components were rotated  $45^{\circ}$  to have maximum shear in the stream-214 wise (x) direction at the layer, and the spanwise (y) component of the rotated winds hav-215 ing minimum shear was set to  $0 \text{ m s}^{-1}$  to prevent spanwise feature advection. Figure 2 216 shows the measured wind and stability profiles in the rotated domain  $(\widetilde{u}_0, \widetilde{v}_0, N_0^2)$  and 217 the resulting modified profiles  $(u_{\text{final}}, v_{\text{final}}, N_{\text{final}}^2)$  used to initialize CGCAM runs, where 218 u and v are the wind components in the x (streamwise) and y (spanwise) coordinate di-219 rections of the simulation domain. 220

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### 2.3 Derived Layer and Nondimensional Parameters

The layer characteristics of the background profiles are shown in Figure 3, including  $\left(\frac{\partial U}{\partial z}\right)^2$ ,  $N^2$ , and Ri. Shear and stability profiles for the collocated layers are shown in Figure 3a-b, with 800 m scaled sech<sup>2</sup> and sech<sup>4</sup> profiles (dashed lines) confirming the layer half depth of the input profiles. The Richardson number is given by

$$Ri = N^2 / \left(\frac{\partial U}{\partial z}\right)^2 \tag{8}$$

and shown in Figure 3c. The minimum value of Ri = 0.05 occurs at the layer center at 102.9 km.

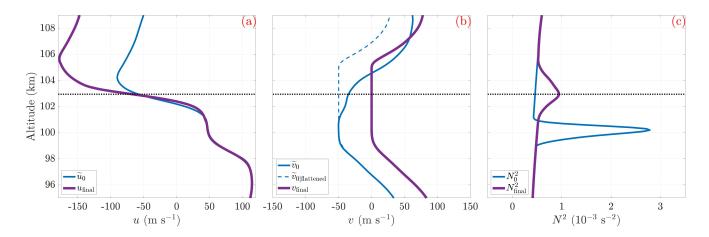
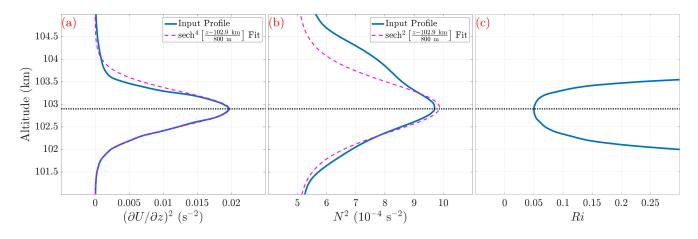


Figure 2. Original and modified background profiles of u, v, and N used to initialize the simulations. Variables are plotted in the rotated coordinate frame of the simulation domain.



**Figure 3.** Profiles of the vertical shear  $\left(\frac{\partial U}{\partial z}\right)^2$ , stability  $N^2$ , Richardson number Ri, and their associated 800 m fits.

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The Reynolds number is calculated from the shear layer half depth d as

$$Re = \frac{\rho \ d\Delta U/2}{\mu} \quad , \tag{9}$$

where  $\Delta U$  is the velocity difference over the shear layer and  $\mu$  is the kinematic viscosity.  $\mu$  is calculated via Sutherlands Law (White, 1974) from the ground reference value  $\mu_0 = 1.506 \times 10^{-5} \text{ m}^2 \text{ s}^{-1}$  and the background temperature and density. Peak values of Re = 2200 at the layer support the formation of both secondary CI and secondary KHI for this low Ri.

Simulations indicated peak horizontally-averaged kinetic energy dissipation rates per unit mass of  $\epsilon_m = 2-3$  W kg<sup>-1</sup> and a corresponding Kolmogorov length scale of

$$\eta = \left(\nu^3 / \epsilon_m\right)^{\frac{1}{4}} \approx 12 \text{ m} \quad . \tag{10}$$

The domain grid spacing of  $\Delta \mathbf{x} \approx 22$  m results in a resolution ratio of  $R = \Delta \mathbf{x}/\eta =$ 

1.83 which satisfies the DNS criteria of  $R \approx 1.5$ -2.1 (Moin & Mahesh, 1998; Pope, 2000).

Hence, true DNS is achieved and no subgrid-scale turbulence parameterization is required.

# 239 3 Results

The purpose of the numerical results is to demonstrate how T&K features follow 240 distinct instability pathways that evolve faster, dissipate more energy, and yield more 241 mixing than axially uniform KHI. Section 3.1 presents the instability morphologies of 242 the T&K-allowing DNS, showing how misaligned billow junctions and axial non-uniformity 243 lead to T&K feature superpositions that quickly become turbulent and engulf the do-244 main. Section 3.2 identifies the equivalent instability evolutions in a smaller horizontal 245 domain consistent with previous KHI DNS, where the narrower spanwise dimension pre-246 cludes axial billow deformations that would otherwise enable T&K dynamics. Here the 247 turbulence is dominated by characteristic secondary CI/KHI and billow pairing as seen 248 in previous studies, dynamics that are precluded by the rapid evolution of T&K-induced 249 dissipation in the wider domain DNS. Section 3.3 compares the dominant dissipation, 250 entropy, and energy exchange metrics in both DNS, demonstrating how both instanta-251 neous and integrated metrics mirror the dominant instability features and yield larger 252 values for the T&K case. Section 3.4 introduces and evaluates the mixing efficiency of 253 both events using a several standard metrics, showing how T&K dynamics produce more 254 mixing but do so at weaker assessed efficiencies. 255

# 3.1 Instability Differentiation with T&K

Horizontal overviews (Figure 4) of the vorticity magnitude  $|\zeta|$  and intermediate eigen-257 value  $\lambda_2$  in the T&K-allowing DNS reveal spanwise KH billow deformation sites excit-258 ing T&K evolutions and twist waves. The horizontal domain is presented in a parallel-259 ogram orientation, shifting the center location of the periodic streamwise domain from 260 x = 0 km to  $x = \pm 20$  km along the spanwise extent of the domain. This display for-261 mat retains the full extent of the x-y domain in a single plot while elucidating the rel-262 ative locations of vorticity features straddling the streamwise boundaries. Along the span-263 wise axis, initial KH billows in panel 1 exhibit local variations in  $|\zeta|$  orientation leading 264 to lateral junctions where adjacent billows are misaligned. These distorted billow regions 265 form characteristic T&K structures consistent with (Fritts, Wang, Lund, & Thorpe, 2022; 266 Fritts, Wang, Thorpe, & Lund, 2022) that locally elevate  $|\zeta|$ : 267

- 1. horizontally rotated KH billows produce "billow linking" vortex tubes connecting pairs of streamwise-adjacent billows at marked locations T1-T6; and
- 270 2. regions where 2 billows link to 1 (2:1) produce "billow merging" vortex knots in 271 a loop connecting the three spanwise-adjacent billows at marked locations K1-K4.
- Each site identified in panel 2 hosts a unique superposition of T&K features connecting up to 5 adjacent KH billows:
- Sites S1 and S5 have a vortex knot with a vortex tube linking one leg of the knot to the adjacent billow at larger x;
- Site S2 has a vortex knot with a vortex tube linking one leg to the adjacent upstream billow and another vortex tube linking the knot core to the adjacent downstream billow;
- Site S3 has two vortex tubes linking the central billow to both the upstream and downstream billows; and
- Site S4 has a vortex knot with a vortex tube shared with S3 linking the knot core to the adjacent upstream billow.

All five T&K superposition sites break down the parent vortices into mode 1 and mode 2 Kelvin vortex waves referred to here as twist waves (Kelvin, 1880), instability structures comprising radial displacements that rotate along the vortex axis as they propagate away from the initial location. Mode 1 twist waves start with a single radial dis-

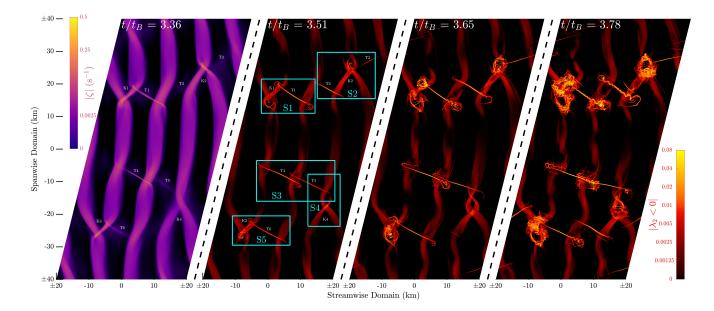


Figure 4. Horizontal cross-sections of the vorticity magnitude ( $\zeta$ , left) and rotational vorticity component ( $\lambda_2$ , right panels) showing T&K evolution from 3.36-3.78  $t_B$ . Labeled features are described in the text. See video in supplemental materials for additional times.

placement that distorts a cylindrical vortex filament into a helix as it propagates, and 287 mode 2 twist waves split the vortex filament with a pair of radial displacements that dif-288 ferentially advect each other to form a double helix. Panels 2-4 of Figure 4 exhibit sev-289 eral characteristic twist wave evolutions for similar sets of T&K feature superpositions. 290 Billow linking vortex tubes (T1-T6) produce pairs of mode 1 twist waves that propagate 291 from the linked billows toward the tube centers in panels 3-4. Billow merging vortex knots 292 having one leg linked to an adjacent billow at Sites S1, S2, and S5 form mode 2 twist 293 waves in the linked leg of the knot (intersection K1-T1 at S1 and intersection K3-T6 at 294 S5 in panels 2-4; intersection T2-K2 at S2 in panels 3-4) Larger mode 2 twist waves also 295 form at Sites S2 and S4 on the single-leg side of 2:1 knots K2 and K4. Knot cores (K1-296 K4) also exhibit fragmentation as small scale, adjacent vortices become intertwined. All 297 of these processes yield finer scale, higher amplitude vorticity structures that drive the 298 transition to turbulence. 299

Instability sites produced by T&K dynamics generate local, rapidly expanding tur-300 bulence regions that quickly engulf the entire horizontal extent of the shear layer. Fig-301 ure 5 shows horizontal overviews of the event in the manner of Figure 4 demonstrating 302 the evolution of widespread turbulence from the initial T&K sites (a full video can be 303 found in the supplemental materials). Initial billow distortions in panel 1 quickly develop 304 T&K features that develop mode 1 and mode 2 twist waves (panel 2). Mode 2 twist waves 305 and the interaction of mode 1 twist wave with adjacent, orthogonal KHI cause fragmen-306 tation of KH billow cores. Twist wave-induced fragmentation yields smaller scale, inten-307 sified vortical structures, and successive like interactions drive the transition to turbu-308 lence as they proliferate in all directions from their source sites (panel 3). Losing their 309 initial anisotropy, regions of intense turbulence merge and entrain most of the shear layer 310 into large, well-mixed regions. Turbulence regions promoted by T&K dynamics are no-311 tably more aggressive than streamwise swaths of near-axial uniformity at y = 0 and 312  $y = \pm 40$  km, suggesting that T&K dynamics yield more vigorous and intensified tur-313 bulence than KHI events constrained to be axially uniform. The evolutions and linkages 314

- that lead to intensified T&K dynamics appear to preclude the potential for secondary
- 316 CI seen in the axially uniform KHI at later times.

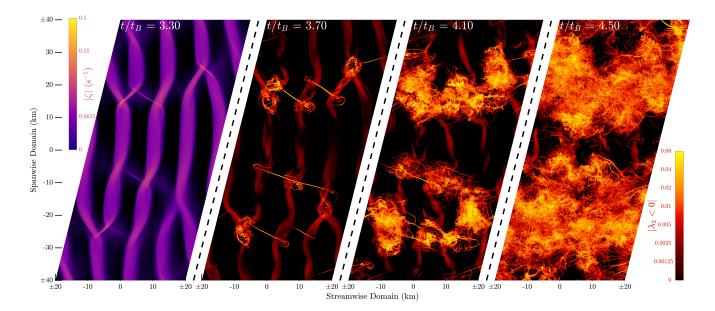


Figure 5. As in Figure 4 for  $3.30-4.50 t_B$ .

# 317 **3.2** Instability Evolution in Axially Uniform KHI

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Comparing KHI cross sections from the T&K-allowing DNS with the T&K-prohibiting DNS conclusively shows the radical departures of T&K evolutions from equivalently initialized, axially uniform KHI. Streamwise-vertical slices (Figure 6a-d) of the temperature perturbations (T') at y = 20 km in the T&K-allowing DNS reveal the following crucial deviations from domain center T' slices in the T&K-prohibiting DNS (Figure 6eh) at the same times:

- Though initial KHI in both cases (Figure 6a,e) evolve at similar times and scales, KHI in the T&K-allowing cross-section develop secondary instability structures (Figure 6b) while the T&K-prohibiting KHI remain coherent (Figure 6f).
   At the latter two times (Figure 6c-d and g-h), the T&K-allowing case is already
  - 2. At the latter two times (Figure 6c-d and g-h), the T&K-allowing case is already well-mixed by the time the T&K-prohibiting case shows signs of weak tertiary instability structures in the periphery of the billow cores.

w' and T' cross-sections of the T&K-prohibiting DNS in Figure 7 reveal billow merg-330 ing that delays secondary CI/KHI formation and elicits stirring oscillations within the 331 billow cores. Billow merging at 4.76  $t_B$  (Figure 7b,f) reduces the number of KHI billows 332 in the streamwise domain from 4 to 3. As the two central billows merge, their pertur-333 bation amplitudes weaken relative to earlier times (Figure 7a,e), further delaying insta-334 bility onset. Spanwise cross-sections at z = 103 km show no indications of secondary 335 CI formation until after 4.76  $t_B$  (Figure 7i-l), long after turbulence has fully engulfed the 336 T&K-allowing domain in Figure 6. Prominent secondary KHI form at the top of the bil-337 lows at 5.61  $t_B$  (Figure 7d,h), driving the transition to turbulence a full 2  $t_B$  after the 338 initial billow formation. Within the billows, peak amplitude regions of T'(w') in the bil-339 low core advect horizontally (vertically) about the vertical (horizontal) billow core axis 340 rather than immediately dissipating. These oscillatory motions delay the fully mixed state 341 of horizontal homogeneity to much later times as the entrained fluid stirs about the bil-342

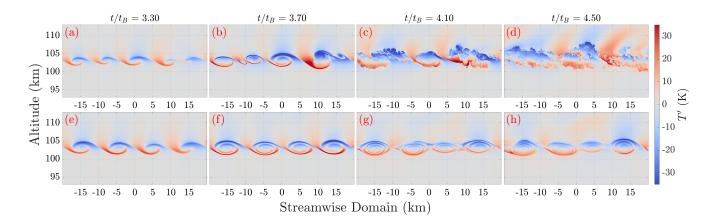


Figure 6. Vertical cross-sections of the temperature perturbation (T') fields comparing KHI evolution in the T&K-allowing (top) and T&K-prohibiting (bottom) DNS results. Times correspond to the four panels in Figure 5.

# low core for several buoyancy periods (a full video can be found in the supplemental ma terials).

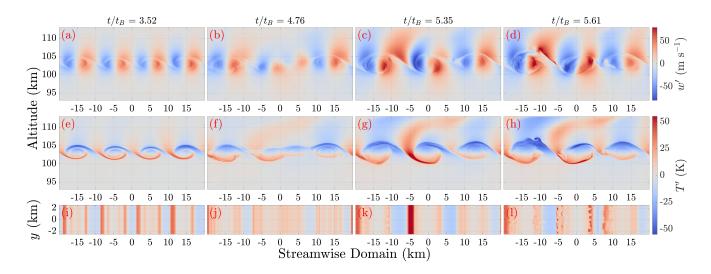


Figure 7. Vertical w' cross-sections (top), vertical T' cross-sections (middle), and horizontal T' cross-sections (bottom) in the T&K-prohibiting DNS results.

#### 345

#### 3.3 Dissipation and Energy Exchange Differentiation with T&K

To evaluate turbulence and mixing characteristics, we compare the dominant terms of entropy creation and energetic exchange in the two DNS cases. The production of volumeaveraged entropy, neglecting boundary fluxes, is given by

$$\Delta S = \int \left( \left\langle \frac{\epsilon}{T} \right\rangle + \left\langle \frac{\chi}{T^2} \right\rangle \right) dt \quad , \tag{11}$$

where  $\epsilon = \sigma_{ij} S_{ij}$  is the kinetic energy dissipation rate,  $\chi = k \left( \frac{\partial T}{\partial x_k} \frac{\partial T}{\partial x_k} \right)$  is the thermal energy dissipation rate, and  $\langle \rangle$  indicates volume averaging.  $\mathcal{E} = \langle \epsilon \rangle$  is a marker for the onset of 3D turbulence, while  $\mathcal{X} = \langle \chi \rangle$  is an approximate metric for perturbation amplitude growth in the dominant instabilities. The volume-averaged total energy is given by

$$E = KE + PE + IE \quad , \tag{12}$$

where  $KE = \langle \rho u_k u_k/2 \rangle$  is the volume-averaged kinetic energy,  $PE = \langle \rho gz \rangle$  is the volumeaveraged potential energy,  $IE = c_v \langle T \rangle$  is the volume-averaged internal energy, and  $c_v$ is the specific heat at constant volume. We also assess mixing via energy exchange from kinetic energy to potential and internal energy:

<sup>357</sup> kinetic energy to potential and internal energy:

$$\Delta K E_{|KE \iff PE} = \int \mathcal{W}_b \, dt \quad , \tag{13}$$

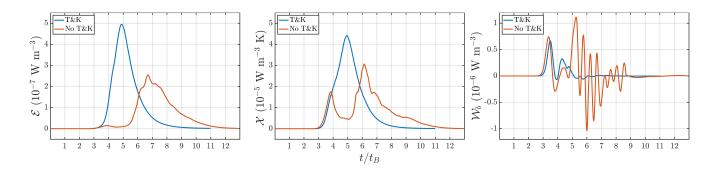
where  $\mathcal{W}_b = \langle \rho g w' \rangle$  is the volume-averaged buoyancy work, and

$$\Delta K E_{|KE \iff IE} = \int \left( \mathcal{E} - \mathcal{W}_{pv} \right) dt \quad , \tag{14}$$

where  $\mathcal{W}_{pv} = \left\langle p \frac{\partial u_k}{\partial x_k} \right\rangle$  is the volume-averaged pressure-volume work. Here we note that of the energy exchange quantities, only  $\epsilon$  represents a positive-definite, irreversible  $(\rightarrow)$ depletion of KE;  $\mathcal{W}_b$  and  $\mathcal{W}_{pv}$  both constitute bidirectional energy exchange  $(\iff)$ , but their final equilibrium states  $(\rightleftharpoons)$  can be assessed as irreversible work once turbulence subsides.

Figure 8 shows the time evolution of  $\mathcal{E}$ ,  $\mathcal{X}$ , and  $\mathcal{W}_b$  for both DNS. Faster instabil-364 ity evolution in the T&K-allowing case yields more vigorous dissipation: T&K-driven 365 turbulence achieves a peak dissipation rate of  $\mathcal{E} = 4.95 \times 10^{-7}$  W m<sup>-3</sup> at 4.91  $t_B$ , 94% 366 larger and 1.8  $t_B$  earlier than the secondary CI/KHI-driven turbulence in the T&K-prohibiting 367 DNS ( $\mathcal{E} = 2.55 \times 10^{-7} \text{ W m}^{-3}$  at 6.68  $t_B$ ). These results expand on the dissipation 368 analysis of Fritts, Wang, Lund, and Thorpe (2022); Fritts, Wang, Thorpe, and Lund (2022) 369 and definitively disprove the long-held notion that secondary CI are the primary trig-370 ger of enhanced dissipation in stratified shear environments (see e.g., Klaassen & Peltier, 371 1985: Caulfield & Kerswell, 2000: Peltier & Caulfield, 2003, and citations therein).  $\mathcal{X}$  evo-372 lutions identify rapid instability amplitude growth accompanying the  $\mathcal{E}$  peak in the T&K-373 allowing DNS, but  $\mathcal{X}$  in the T&K-prohibiting DNS is markedly different, decreasing af-374 ter its initial increase at ~ 3  $t_B$  until the onset of elevated  $\mathcal{E}$  at ~ 6  $t_B$ . The decrease 375 is correlated with the billow merging identified in Figure 7, showing how merging and 376 slower secondary CI/KHI growth delay dissipation to later times in the absence of T&K 377 dynamics.  $\mathcal{W}_b$  in the T&K-allowing DNS is predominantly positive, but it is dwarfed by 378 the periodic positive and negative oscillations in the T&K-prohibiting DNS after 5  $t_B$ . 379 These  $\mathcal{W}_b$  oscillations correspond to stirring motions identified in Figure 7 (panels c-d; 380 g-h) for the T&K-prohibiting DNS; though the oscillations have higher absolute ampli-381 tudes than in the T&K-allowing DNS, a significant portion of  $\mathcal{W}_b$  in the T&K-prohibiting 382 DNS is reversible and does not contribute to the net mixing in the final state of the flow. 383

Accumulated mixing parameters in Figure 9 show markedly higher event-level dis-384 sipation, entropy production, and kinetic energy conversion enabled by T&K dynamics. 385 Comparable final states are identified by equivalent  $\mathcal{E}$  values, where the T&K-allowing DNS produces 33% larger accumulated  $\mathcal{E}$ , 12% larger accumulated  $\mathcal{X}$ , and 30% larger 387  $\Delta S$  than the T&K-prohibiting DNS.  $\Delta KE$  is also 19% larger in the T&K-allowing DNS. 388 driven primarily by larger and faster  $\mathcal{E}$  growth. The partitioned KE exchanges (last two 389 panels) are both non-monotonic, indicating reversible exchanges via positive  $\mathcal{W}_{pv}$  and 390 negative  $\mathcal{W}_b$ . Time evolution of the  $KE \iff IE$  energy exchange shows an initial KE391 increase in both cases (negative values) due to elevated  $\mathcal{W}_{pv}$  during the initial KHI rollup. 392 The duration and amplitude of  $IE \implies KE$  are larger in the T&K-prohibiting DNS 393 due to the longer duration of KHI billow coherence, but both cases eventually produce 394 net  $KE \rightarrow IE$  after the onset of turbulence. The  $KE \iff PE$  exchange confirms that 395 much of the  $\mathcal{W}_b$  in the T&K-prohibiting case after 5  $t_B$  is reversible; though it achieves 396



**Figure 8.** Instantaneous domain-averaged mixing parameters for the T&K-allowing and T&K-prohibiting DNS.

a larger accumulated  $KE \Longrightarrow PE$  at 6  $t_B$ , the final  $KE \rightleftharpoons PE$  state restores the stirred energy back to KE, producing a  $KE \rightharpoonup PE$  deficit of 4% relative to the T&K-allowing

energy back to KE, producing a  $KE \rightarrow PE$  deficit of 4% relative to case. The mixing implications of these results are discussed below.

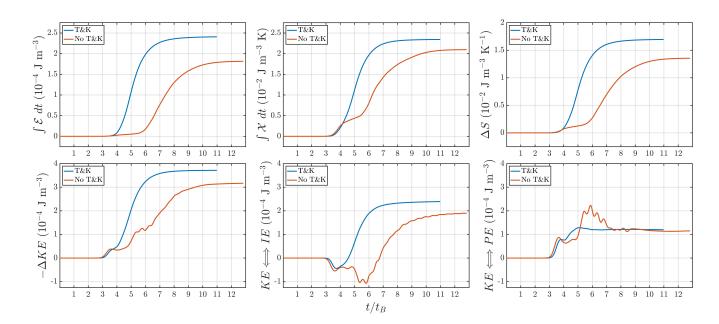


Figure 9. Integrated domain-averaged mixing parameters for the T&K-allowing and T&Kprohibiting DNS, including the resulting  $\Delta S$ ,  $\Delta KE$ , and the partitioned KE exchanges with IEand PE.

### 3.4 Mixing Efficiency Differentiation with T&K

400

<sup>401</sup> Broadly, the mixing efficiency  $\gamma$  of a turbulence event is assessed as a ratio of the <sup>402</sup> increase in potential energy to the expended kinetic energy in the final equilibrium state, <sup>403</sup> i.e.

$$\gamma_E = \frac{\Delta P E}{-\Delta K E} \tag{15}$$

(Gregg et al., 2018). Though  $K_{zz}$  is useful as an aggregate atmospheric measure in GCMs,  $\gamma$  is the more suitable tool for assessing DNS and can be estimated with  $K_{zz}$  from GCMs or observations via the equilibrium assumption methods of T. R. Osborn and Cox (1972) <sup>407</sup> or those of Weinstock (1978); T. Osborn (1980). Equation 15 is often simplified to

$$\gamma_{\mathcal{W}} = \frac{\int \mathcal{W}_b \, dt}{\int \mathcal{E} \, dt} \tag{16}$$

with the similarly derived flux Richardson number  $R_f$  expressed as

$$R_{f|\mathcal{W}} = \frac{\int \mathcal{W}_b \, dt}{\int \left(\mathcal{W}_b + \mathcal{E}\right) \, dt} \tag{17}$$

to be bounded by 1. In Boussinesq flows, Equations 16 and 17 represent the net energy

exchanges  $KE \rightleftharpoons PE$  and  $KE \rightleftharpoons IE$  in the final equilibrium state. The equivalent

411 expressions for a compressible environment are then

$$\gamma_{KE} = \frac{\int \mathcal{W}_b \, dt}{\int \left(\mathcal{E} - \mathcal{W}_{pv}\right) dt} \quad \text{and} \quad R_{f|KE} = \frac{\int \mathcal{W}_b \, dt}{\int \left(\mathcal{W}_b + \mathcal{E} - \mathcal{W}_{pv}\right) dt} \tag{18}$$

utilizing the  $\Delta KE$  partition in Equations 13-14. Winters et al. (1995) proposed the alternate metric of available potential energy

$$APE = \rho g(z - z_*) \tag{19}$$

to isolate the irreversible mixing at the end state of  $KE \rightleftharpoons PE$  in Boussinesq flows, representing the potential energy released when a disturbed density profile adiabatically returns to a monotonically decreasing  $(z_*)$  state. Tailleux (2009, 2013) later showed that the volume-averaged net dissipation of APE can be expressed in compressible flows as the time average

$$\overline{D}_{APE} = \overline{\mathcal{W}}_b - \overline{\mathcal{W}}_{pv} \tag{20}$$

419 over the duration of the event. The resulting mixing parameters are given by

$$\gamma_{APE} = \frac{\overline{D}_{APE}}{\overline{\mathcal{E}}} \quad \text{and} \quad R_{f|APE} = \frac{\overline{D}_{APE}}{\overline{D}_{APE} + \overline{\mathcal{E}}} \quad ,$$
 (21)

We can also assess irreversible mixing efficiency with the entropy production constituents via f(x, y) = f(x, y) + f(x, y)

$$\gamma_S = \frac{\int \langle \chi/T^2 \rangle dt}{\int \langle \epsilon/T \rangle dt} \quad \text{and} \quad R_{f|S} = \frac{\int \langle \chi/T^2 \rangle dt}{\Delta S} \quad .$$
(22)

These mixing assessments and their input parameters are shown together in Table 1 as an event summary for both cases.

The resulting mixing efficiency parameters demonstrate both increased energetic 424 extraction and reduced efficiency of extraction where T&K dynamics occur. The most 425 direct efficiency assessment yields  $\gamma_E \approx 0.3$  for both DNS, consistent with the typical 426 range of  $\gamma_E = 0.2 - 0.3$  seen in atmospheric and oceanic observations (see e.g., Gregg 427 et al., 2018; Lozovatsky & Fernando, 2013, and citations therein). The T&K-allowing 428 DNS generates 10% more *PE* than the T&K-prohibiting DNS in its final state, but it 429 does so with 7% lower  $\gamma_E$  due to its 19% larger  $\Delta KE$ . The flux-based  $\gamma_W$  and  $\Delta KE$ 430 partition-based  $\gamma_{KE}$  indicate a higher mixing efficiency of 0.5-0.63, with  $R_{f|W}$  and  $R_{f|KE}$ 431 values of 0.33-0.39 closer to  $\gamma_E$ . The inclusion of  $\mathcal{W}_{pv}$  in  $\gamma_{KE}$  and  $R_{f|KE}$  yields mild ef-432 ficiency reductions in the T&K-prohibiting case owing to net negative  $\mathcal{W}_{pv}$  work, which 433 increases the assessed available flux energy when compressible effects are considered. The 434 21-27% reduced  $\gamma_{\{\mathcal{W},KE\}}$  and 12-14% reduced  $R_{f|\{\mathcal{W},KE\}}$  in the T&K-allowing DNS stem 435 from 26-33% larger extractions of  $\mathcal{E}$  and  $KE \rightarrow IE$  with only slightly (4%) larger  $\int \mathcal{W}_b$ . 436 The dissipation based metrics  $\gamma_{APE}$  and  $R_{f|APE}$  and entropy-based metrics  $\gamma_S$  and  $R_{f|S}$ 437 have comparable efficiency ranges ( $\gamma \approx 0.5$ -0.7,  $R_f \approx 0.3$ -0.4) to the flux and KE partition-438 based metrics, with the T&K-prohibiting case having slightly higher  $\gamma_{APE}$  and slightly 439 lower  $\gamma_S$ . As with the other efficiency metrics, the 16-27% lower  $\gamma_{\{APE,S\}}$  and 11-18% 440 lower  $R_{f|\{APE,S\}}$  in the T&K-allowing event suggest weaker mixing despite having 18% 441

Parameter	Unit	T&K Prohibited	T&K Allowed	% Change <sup><math>a</math></sup>
$\Delta PE$	$\mathrm{J}~\mathrm{m}^{-3}$	$9.21 \times 10^{-5}$	$1.02 \times 10^{-4}$	+10.43%
$\Delta KE$	$\mathrm{J}~\mathrm{m}^{-3}$	$-3.17 \times 10^{-4}$	$-3.75\times10^{-4}$	+18.50%
$\gamma_E$	_	0.29	0.27	-6.81%
$\int \mathcal{W}_b dt$	$\mathrm{J}~\mathrm{m}^{-3}$	$1.15\times 10^{-4}$	$1.20 \times 10^{-4}$	+4.20%
$\int \mathcal{E} dt$	$\mathrm{J}~\mathrm{m}^{-3}$	$1.82  imes 10^{-4}$	$2.41\times 10^{-4}$	+32.60%
$\gamma_{\mathcal{W}}$	_	0.63	0.50	-21.42%
$R_{f \mathcal{W}}$	_	0.39	0.33	-14.29%
$\int \left(\mathcal{E} - \mathcal{W}_{pv}\right) dt$	${\rm J}~{\rm m}^{-3}$	$1.90 \times 10^{-4}$	$2.39\times 10^{-4}$	+26.00%
$\gamma_{KE}$	_	0.61	0.50	-27.30%
$R_{f KE}$	_	0.38	0.33	-11.52%
$\overline{D}_{APE}$	${\rm W}~{\rm m}^{-3}$	$3.45\times 10^{-8}$	$4.08\times10^{-8}$	+18.27%
$\overline{\mathcal{E}}$	${ m W}~{ m m}^{-3}$	$5.13  imes 10^{-8}$	$8.33 \times 10^{-8}$	+62.40%
$\gamma_{APE}$	_	0.67	0.49	-27.17%
$R_{f APE}$	_	0.40	0.33	-18.23%
$\int \left\langle \chi \ / \ T^2 \right\rangle  dt$	${\rm J}~{\rm m}^{-3}~{\rm K}^{-1}$	$4.28\times 10^{-7}$	$5.38 \times 10^{-7}$	+11.61%
$\int \langle \epsilon / T \rangle dt$	${ m J}~{ m m}^{-3}~{ m K}^{-1}$	$8.73 \times 10^{-7}$	$1.16\times10^{-6}$	+32.62%
$\gamma_S$	_	0.55	0.46	-15.84%
$R_{f S}$	_	0.36	0.32	-10.82%

 Table 1. Event Mixing Efficiency Parameters

<sup>a</sup>Calculated with respect to the T&K Prohibited value as 100%.

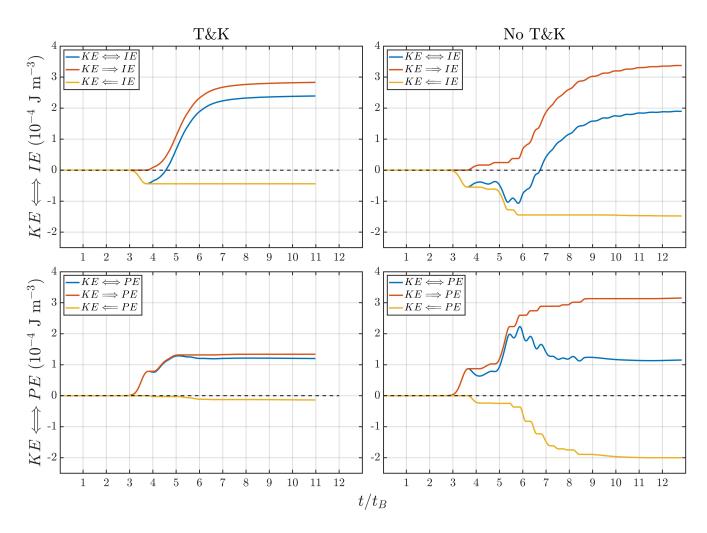
greater  $\overline{D}_{APE}$  and 12% greater  $\int \langle \chi/T^2 \rangle$ . These varied mixing efficiency assessments ultimately fail to capture the heightened energetic exchange, dissipation, and entropy production occurring in T&K events.

A more suitable mixing efficiency comparison between the two cases can be con-445 structed by isolating the reversible components of their net energy exchange terms. Fig-446 ure 10 shows the total  $KE \iff IE$  and  $KE \iff PE$  energy transfers for both cases 447 decomposed into positive  $(KE \Longrightarrow)$  and negative  $(KE \Leftarrow)$  components of integrated 448  $(\mathcal{E}-\mathcal{W}_{pv})$  and  $\mathcal{W}_b$ . Since both transfers are net positive, the cancelled-out negative en-449 ergy transfer indicates how much of the positive energy transfer is reversed in the final 450 state and can be assessed as a mixing inefficiency. In  $KE \rightleftharpoons PE$ ,  $KE \leftarrow PE$  repre-451 sents vertically displaced particles returning from their displaced altitude rather than 452 dissipating. In  $KE \rightleftharpoons IE$ ,  $KE \leftarrow IE$ , represents compressed regions adjacent to the 453 expanding billows returning to their original pressure and volume as the KHI dissipate 454 and mix with the surrounding fluid. These components reveal vastly larger reversed (i.e. 455 wasted) energy transfers in the T&K-prohibiting DNS, where 44% of  $KE \rightarrow IE$  is re-456 versed (vs. 16%) and 63% of  $KE \rightarrow PE$  is reversed (vs. 10%). As a mixing efficiency 457 metric, the amount of retained energy transfer can be expressed as 458

$$\gamma_{\{IE,PE\}} = \frac{KE \rightleftharpoons \{IE, PE\}}{KE \rightharpoonup \{IE, PE\}} \quad \text{and} \quad R_{f|\{IE,PE\}} = \frac{KE \rightleftharpoons \{IE, PE\}}{KE \rightharpoonup \{IE, PE\} - KE \leftarrow \{IE, PE\}}$$
(23)

where the values for the T&K-prohibiting (allowing) DNS are  $\gamma_{IE} = 0.56 \ (0.84, +50\%)$ ,

460  $R_{f|IE} = 0.39 \ (0.73, +87\%), \ \gamma_{PE} = 0.37 \ (0.90, +143\%), \ \text{and} \ R_{f|PE} = 0.22 \ (0.81, +268\%).$ 



**Figure 10.** Comparing total ( $\iff$ ), positive ( $\Longrightarrow$ ), and negative ( $\iff$ ) components of integrated energy transfer from *KE* with and without T&K.

# 461 4 Summary and Conclusions

<sup>462</sup> DNS presented in this study evaluate the impact of T&K dynamics on a thermo-<sup>463</sup> spheric KHI event observed on 26 January 2018 over Poker Flats, Alaska. The instabil-<sup>464</sup> ity event was triggered by elevated shear and temperature perturbations from a local 4 <sup>465</sup> km  $\lambda_z$  shear/stability enhancement superposed on a 16 km  $\lambda_z$  background IGW. Initial <sup>466</sup> conditions generated from available observations reproduced the underlying 800 m layer <sup>467</sup> having  $Ri_{\min} = 0.05$  and Re = 2200. Identically initialized DNS were conducted in <sup>468</sup> two spanwise box sizes to assess the instability and mixing consequences when KHI are <sup>469</sup> not constrained to axial uniformity as in prior studies.

DNS allowing T&K dynamics reveal unique instability pathways that evolve faster 470 turbulence transitions and yield more vigorous dissipation and mixing than morpholo-471 gies evolving from axially uniform KHI. Spanwise-billow distortions and misaligned bil-472 low junctions seed superpositions of billow linking vortex tubes and billow merging vor-473 tex knots consistent with morphologies identified by (Fritts, Wang, Lund, & Thorpe, 2022; 474 Fritts, Wang, Thorpe, & Lund, 2022). These superposed T&K features develop mode 475 1 and mode 2 twist wave evolutions that fragment their parent features into smaller in-476 tertwined vortex filaments with further elevated magnitudes. This rapid progression to 477

small scales stemming from initial T&K sites yields expanding turbulence regions that quickly engulf the entire horizontal extent of the shear layer.

Cross-section comparisons with axially uniform KHI show T&K dynamics having
faster fine-scale feature evolution and locally larger dissipation. Faster turbulence precludes the development of billow merging and secondary CI/KHI, dominant evolutions
in the T&K-prohibiting case and previously thought to ubiquitously drive the turbulent
transition in all stratified shear turbulence scenarios. In the absence of T&K, weaker turbulence damps dissipation as fluid parcels are repeatedly stirred about the billow core
rather than mixed.

The resulting macro-scale dissipation and energy exchanges conclusively quantify 487 the capacity for T&K instability events to contribute to elevated mixing in the thermo-488 sphere and beyond, with far-reaching implications. T&K dynamics produce 94% (44%) 489 larger peak  $\mathcal{E}(\mathcal{X})$  values 1.8  $t_B$  (1.2  $t_B$ ) faster than axially uniform KHI. Billow pair-490 ing and slowly evolving secondary CI/KHI in the T&K-prohibiting DNS yield oscillat-491 ing  $\mathcal{W}_{b}$  and weaker, stepped evolutions of  $\mathcal{E}$  and  $\mathcal{X}$ . Over the whole event, T&K dynam-492 ics accumulate 19% more  $\Delta KE$ , 33% more  $\mathcal{E}$ , 26% more  $KE \rightleftharpoons IE$ , 62% more  $\overline{\mathcal{E}}$ , and 493 30% more  $\Delta S$  than the T&K-prohibiting DNS, but they only yield 10% more  $\Delta PE$ , 4% 494 more  $KE \rightleftharpoons PE$ , 18% more  $\overline{D}_{APE}$ , and 12% more  $\mathcal{X}$ . Consequently,  $\gamma$  and  $R_f$  values 495 are 7-27% smaller and 11-18% smaller, respectively, in the T&K-allowing DNS de-496 spite displaying more mixing in every assessed standard metric. However, it is notewor-497 thy that the T&K-allowing DNS retains a much greater fraction of its reversible energy 498 exchanges (50% greater  $\gamma_{IE}$ , 143% greater  $\gamma_{PE}$ ), suggesting that other mixing metrics 499 may be valuable for assessing the relative impact of different instability dynamics in the 500 same environment. 501

The results of this study demonstrate that T&K dynamics dominate the turbulent 502 transition, extracting more energy and entropy more quickly from an existing background 503 environment than idealized, axially uniform KHI. T&K-induced twist waves, not secondary 504 CI/KHI, are shown to be the primary drivers of turbulence and dissipation in atmospheric 505 shear-driven flows. As such, studies of artificially constrained, axially uniform KHI in 506 narrow spanwise lab and simulation experiments severely underestimate the mixing im-507 plications of KHI and inflate the importance of secondary CI/KHI and billow pairing 508 in atmospheric and oceanic flows. T&K events produce stronger mixing than axially uni-509 form KHI but do so with reduced efficiency, converting a lower fraction (but larger net 510 amount) of the available kinetic energy into potential energy. Standard mixing efficiency 511 metrics do not capture the enhanced irreversible mixing of T&K events, suggesting that 512 more evaluation is needed of prevailing mixing metrics and available energy concepts to 513 capture T&K impacts in GCM turbulence parameterizations. 514

# 515 5 Open Research

The full domain 3-D data sets used in this study are too large to download from the DoD HPCMP centers, but the datasets and associated scripts used to generate the figures in this paper are publicly available online in the Figshare Data Repository via https://doi.org/10.6084/m9.figshare.22814600.v1.

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