

The Irminger Gyre as a key driver of the subpolar North Atlantic overturning on monthly timescales

Alejandra Sanchez-Franks¹, N. Penny Holliday², Dafydd Gwyn Evans¹, Nora Fried³, Oliver John Tooth⁴, Léon Chafik⁵, Yao Fu⁶, Feili Li⁷, Marieke Femke de Jong³, and Helen Louise Johnson⁴

¹National Oceanography Centre

²National Oceanography Centre, Southampton

³Royal Netherlands Institute for Sea Research NIOZ

⁴University of Oxford

⁵Stockholm University

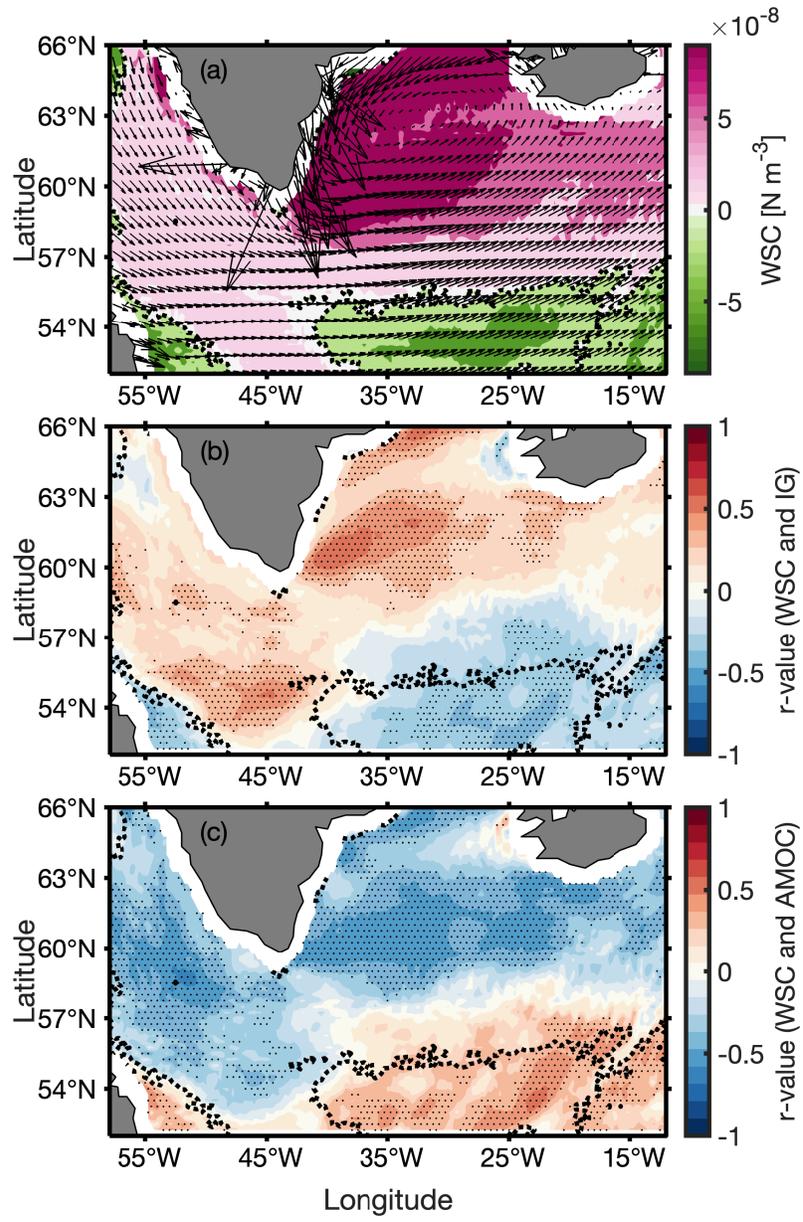
⁶Georgia Institute of Technology

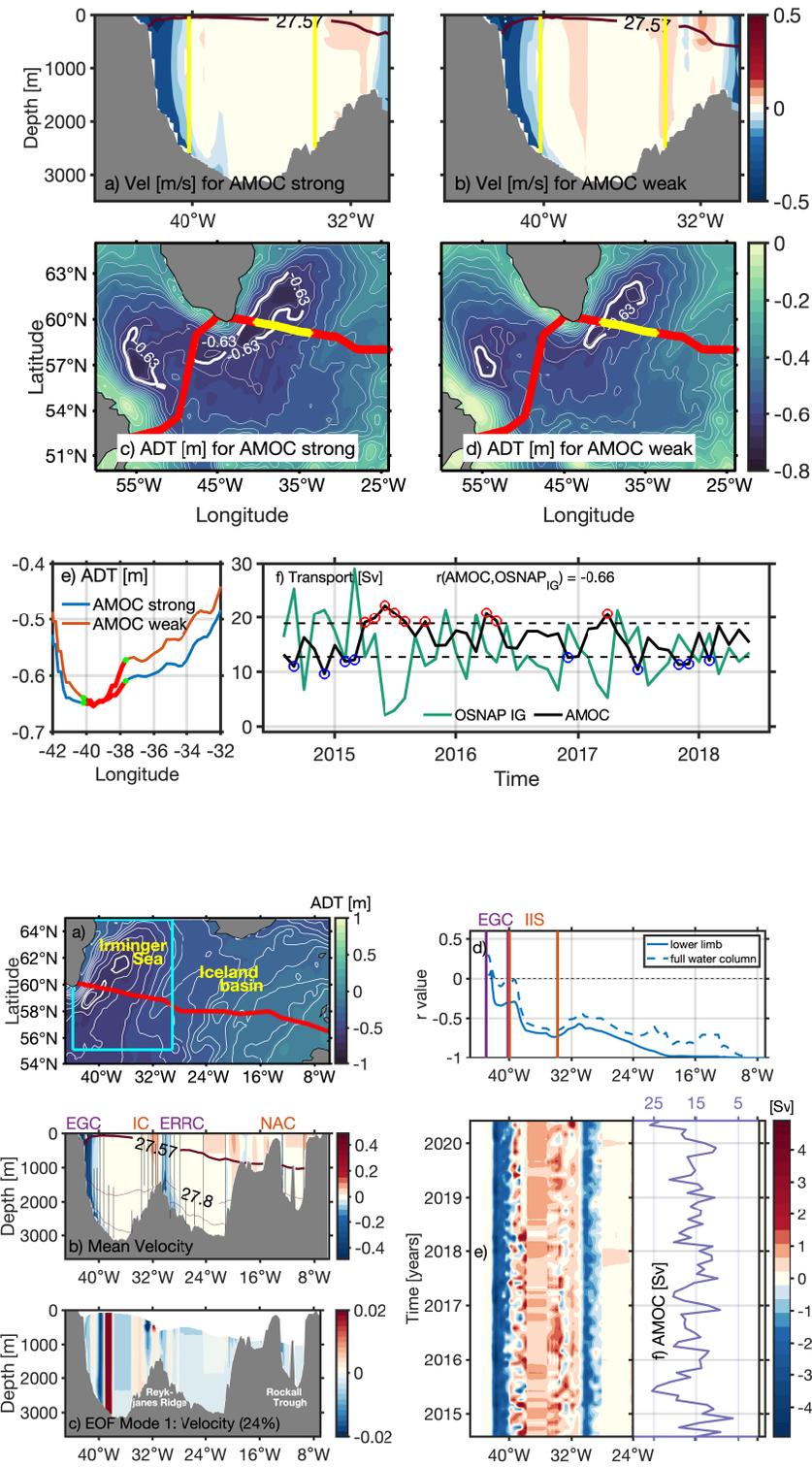
⁷Xiamen University

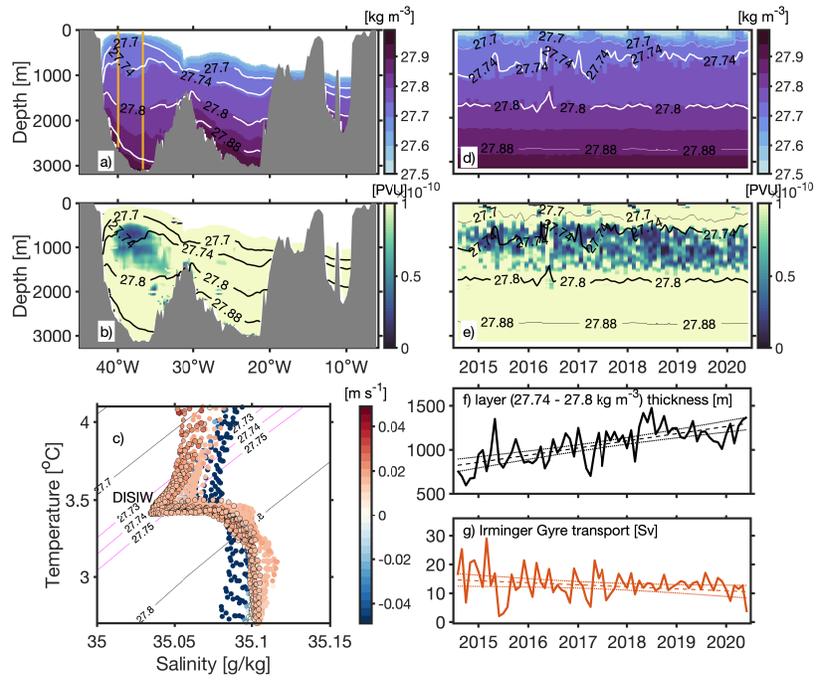
April 18, 2023

Abstract

The lower limb of the Atlantic meridional overturning circulation (AMOC) is the equatorward flow of dense waters that have been transformed due to the cooling and freshening of the poleward-flowing upper limb. In the subpolar North Atlantic (SPNA), upper limb variability is primarily set by the North Atlantic Current, whereas lower limb variability is less well understood, particularly at subseasonal timescales. Using observations from a SPNA mooring array, we show that variability of the AMOC's lower limb is connected to poleward flow in the interior Irminger Sea. We identify this flow as the northward branch of the Irminger Gyre (IG), accounting for 55% of the AMOC's lower limb variability on monthly timescales. Further, wind stress curl fluctuations over the Labrador and Irminger Seas drives the IG and AMOC variability on monthly timescales. On interannual timescales, however, increasing thickness of intermediate water within the Irminger Sea coincides with decreasing IG recirculation.







The Irminger Gyre as a key driver of the subpolar North Atlantic overturning on monthly timescales

A. Sanchez-Franks¹, N. P. Holliday¹, D. G. Evans¹, N. Fried², O. Tooth³, L. Chafk⁴, Y. Fu⁵, F. Li⁶, M. F. de Jong², and H. L. Johnson³

¹National Oceanography Centre, Southampton, United Kingdom

²NIOZ, Royal Netherlands Institute for Sea Research, Texel, Netherlands

³Department of Earth Sciences, University of Oxford, Oxford, United Kingdom

⁴Department of Meteorology, Stockholm University, Stockholm, Sweden

⁵School of Earth and Atmospheric Sciences, Georgia Tech, Atlanta, USA

⁶State Key Laboratory of Marine Environmental Science, Xiamen University, Xiamen, China

Key Points:

- The interior Irminger Sea, where the poleward limb of the Irminger Gyre dominates, is a hotspot for the overturning's lower limb variability
- Irminger Gyre transport variability is linked to deep intermediate water masses found in the Irminger Sea on interannual timescales
- Wind stress curl over the Labrador and Irminger Seas drives Irminger Gyre and AMOC variability on monthly timescales

Abstract

The lower limb of the Atlantic meridional overturning circulation (AMOC) is the equatorward flow of dense waters that have been transformed due to the cooling and freshening of the poleward-flowing upper limb. In the subpolar North Atlantic (SPNA), upper limb variability is primarily set by the North Atlantic Current, whereas lower limb variability is less well understood, particularly at subseasonal timescales. Using observations from a SPNA mooring array, we show that variability of the AMOC's lower limb is connected to poleward flow in the interior Irminger Sea. We identify this flow as the northward branch of the Irminger Gyre (IG), accounting for 55% of the AMOC's lower limb variability on monthly timescales. Further, wind stress curl fluctuations over the Labrador and Irminger Seas drives the IG and AMOC variability on monthly timescales. On interannual timescales, however, increasing thickness of intermediate water within the Irminger Sea coincides with decreasing IG recirculation.

Plain Language Summary

In the subpolar North Atlantic, warm salty waters get transported northwards by the upper branch of the meridional overturning circulation. As they travel northwards, they transform: cooling, densifying and sinking. The cooler deeper waters then get transported back southwards towards the equator in the lower branch of the overturning circulation. The transformation and transport of these waters plays a critical role in our climate system. However, the lower branch of the overturning circulation and the mechanisms controlling how it changes are still not well understood. Observations from a fixed array of moorings between Greenland and Scotland are used here to identify the interior (away from land boundaries) Irminger Sea as a region important for the overturning's lower branch. Specifically, we find that a closed system of currents in the western Irminger Sea, known as the Irminger Gyre, plays an important role in the overturning's variability. The circulation of this gyre is then linked to the recirculation of newly transformed waters that get exported as part of the overturning's lower branch. Finally, we investigate the impact of the atmosphere on Irminger Sea circulation and find that fluctuations of the winds are important drivers of change in this gyre and the overturning.

1 Introduction

The Atlantic meridional overturning circulation (AMOC) is key in regulating the global climate system due to its role in heat and freshwater transport (Srokosz et al., 2012). In the subpolar North Atlantic (SPNA), the light waters of the AMOC's upper limb are densified by water mass transformation and subsequently exported equatorward in the AMOC's lower limb (Brambilla et al., 2008; Desbruyeres et al., 2019). The formation and ventilation of dense water within the lower limb also sequesters carbon via the subduction of CO₂-rich surface waters, and thus represents an important carbon sink in the climate system (Sabine et al., 2004; Fontela et al., 2016).

The Overturning in the Subpolar North Atlantic Programme (OSNAP) is a trans-basin ocean observing array that has been providing direct observations of the SPNA AMOC since 2014. The array stretches across the SPNA, spanning Scotland to Greenland (OSNAP East; Fig 1a) and Greenland to Labrador (OSNAP West). One of the key findings of the OSNAP project is that water mass transformation north of OSNAP East dominates the strength and variability of the AMOC in the subpolar North Atlantic compared to OSNAP West (Li et al., 2021; Lozier et al., 2019). This is contrary to previous work that suggested convection in the Labrador Sea sets the variability and strength of the SPNA AMOC (Thornalley et al., 2018; Medhaug et al., 2012). Direct observations have determined that monthly to interannual AMOC variability across OSNAP East is not constrained to a single region but is spread across the western boundary current (i.e., East Greenland Current), as well as the Irminger and Iceland basin (Li et al., 2021). However, satellite and model [hindcast] simulations have shown that the Irminger Sea is a key region for AMOC variability on interannual to decadal time scales (Megann et al., 2021; Chalk et al., 2022).

The Irminger Sea is a climatically important region. At the eastern boundary of the Irminger Sea, the Irminger Current (IC; Fried and de Jong (2022)) transports warm waters northward. As the IC progresses poleward past the OSNAP array, it splits, with one branch continuing northward into the Nordic Seas and the other branch returning southward and eventually joining the cooler fresher waters of the East Greenland Current (EGC) (Pickart et al., 2005). Along the western boundary of the OSNAP East array (Fig. 1a,b), the equatorward flowing EGC advects cool and fresh Arctic-origin waters. In the interior of the Irminger Sea, a narrow cyclonic gyre, known as the Irminger Gyre (IG), circulates in the western side of the basin (Fig. 1a; Vage et al., 2011; Laven-

80 der et al., 2000). The IG is largely barotropic and at mid-depths is found to contain Labrador
81 Sea Water (LSW; Vage et al., 2011). The origin of LSW in the Irminger Sea has been
82 traced to local convection (Vage et al., 2011; van Aken et al., 2011) as well as remote
83 formation (i.e. the Labrador Sea) where the IG acts as a highway connecting the Labrador
84 and Irminger Sea (Talley & McCartney, 1982; Straneo et al., 2003; Faure & Speer, 2005).
85 The variability of the IG has been linked to cyclonic wind stress curl off the eastern coast
86 of Greenland (Spall & Pickart, 2003).

87 While the Irminger Sea has been recently highlighted as an important region for
88 AMOC variability on interannual to decadal timescales (e.g. Megann et al., 2021; Chaik
89 et al., 2022), the connection between the Irminger Sea and the AMOC is unexplored on
90 shorter timescales. Further, several studies have shown buoyancy forcing is an impor-
91 tant mechanism for the AMOC on lower frequency timescales (interannual to decadal),
92 but there is a gap in our understanding of driving mechanisms for short time scales (e.g.
93 Jackson et al., 2022). To successfully separate high frequency variability from the longer
94 timescale climate signals we must better understand the drivers of this high frequency
95 variability. Thus, we use direct observations from the OSNAP mooring array to inves-
96 tigate the role of the interior Irminger Sea in the variability of the AMOC on monthly
97 timescales (section 3). We identify the dominant features of the interior Irminger Sea
98 pathways that govern AMOC variability (section 4) and examine the density and atmo-
99 spheric fields that potentially drive this variability of interior Irminger Sea circulation
100 (sections 5 and 6).

101 2 Data and Methods

102 2.1 The OSNAP mooring data

103 The OSNAP array is constructed from moored temperature, salinity and current
104 meters, autonomous profilers, and hydrographic sections (Li et al., 2017; Lozier et al.,
105 2019).

106 The velocity and property fields are interpolated onto a regular grid along the OS-
107 NAP section using monthly means from 2014 to 2020. The grid has a horizontal and ver-
108 tical resolution of $\frac{1}{4}^{\circ}$ and 20 m, respectively. The property fields, i.e temperature, salin-
109 ity and density, are interpolated along the boundaries from the mooring data. In the in-
110 terior, property fields are estimated in the upper 2000 m via an objective analysis method
111 (further details in Li et al., 2017) using autonomous profilers (i.e. Argo floats and glid-

ers), mooring data, and the WOA 2013 climatology (Locarnini et al., 2013; Zweng et al., 2013). Below 2000 m, in the interior, hydrographic data from research expeditions in 2014 and 2016 are used. Similarly, the velocity field is estimated from mooring velocity data at the boundaries, while in the surface Ekman layer, ERA5 reanalysis wind stress is used (Hersbach et al., 2020), and geostrophic velocities in the interior come from dynamic height (moorings) and altimetry. Further details in Li et al. (2017).

Data from the OSNAP timeseries are compared to absolute dynamic topography (ADT) data from Copernicus Marine Environment Monitoring Service gridded multi-mission satellite altimetry, and wind stress data from ERA5 (Hersbach et al., 2020). Both datasets have $\frac{1}{4}^\circ$ resolution in space and monthly in time.

2.2 Volume transport calculations

In the SPNA, density surfaces slope strongly across the basin. Because of this, the AMOC is measured in terms of density coordinates and can be considered the transformation of light waters associated with the upper limb to denser water transported by the lower limb. Thus, the AMOC is defined here as the maximum of the overturning streamfunction, $\psi(\sigma; t)$, in density coordinates (Lozier et al., 2019), where the volume transport (per unit length in the zonal direction per unit density) perpendicular to the OSNAP array, integrated from west x_w to east x_e across OSNAP East, and from the surface (σ_{min}) through to all density surfaces:

$$AMOC(t) = \max[\psi(\sigma; t)] = \max\left[\int_{\sigma_{min}}^{\sigma} \int_{x_w}^{x_e} v(x; \sigma; t) dx d\sigma\right]; (Sv) \quad (1)$$

Over the 2014-2020 period, the mean value of the isopycnal of maximum overturning (σ_{MOC}), separating the upper and lower limb, across OSNAP East is $2795\sigma_{\theta}$ (Fig. 1b). The lower limb is defined as the transport component between the sea floor and the time-varying $\sigma_{MOC}(t)$. Throughout the text, all reference to the AMOC and the AMOC lower limb is for OSNAP East only.

3 The interior Irminger Sea and the AMOC's lower limb

The key circulation features of the lower limb are the denser component of the southward flowing EGC, a northwards flow in the western interior Irminger Sea, the overflow waters beneath the northward IC, and the southwards flowing East Reykjanes Ridge Current (ERRC; Fig. 1). An empirical orthogonal function (EOF) analysis of the OSNAP

141 East velocity field shows that most of the variability across the lower limb is concentrated
 142 in the western interior Irminger Sea, and a weaker, secondary region of variability in the
 143 IC. The principal component (PC1) time series associated with EOF Mode 1 has a cor-
 144 relation of $r = -0.41$ (statistically significant at the 95% level) with the AMOC.

145 The connection between the AMOC and circulation in the Irminger basin is fur-
 146 ther investigated via the correlation as a function of longitude between the AMOC and
 147 the accumulated volume transport integrated from the westernmost point of the OSNAP
 148 East array eastward (Fig. 1d). In the region of the EGC, correlation values are $r = -0.33$
 149 for the accumulated transport and the AMOC lower limb. This weak correlation between
 150 the AMOC and the western boundary current on monthly timescales is consistent with
 151 findings by Li et al. (2021) who showed that the EGC accounts for only 10% of AMOC
 152 variability at OSNAP East. Moving in the eastward direction there is an abrupt increase
 153 in correlation within the western and central interior Irminger Sea, a region shown here
 154 to be dominated by strong northward flow, with a correlation of up to $r = -0.75$ and r
 155 $= -0.67$ (statistically significant at the 95% level) for the lower limb and the full water
 156 column transport, respectively (Fig. 1d,e). The correlation decreases over the regions of
 157 the IC and the ERRC. The low correlation between the AMOC and the boundary cur-
 158 rents (i.e. the EGC or IC) may be due to differences in the dominant frequencies of vari-
 159 ability associated with the topography of the basin. For example, Hopkins et al. (2019)
 160 show that the transport in the boundary currents of the western Irminger Sea varies with
 161 a period between 2.5 { 8 days, associated with topographic Rossby waves and/or eddies,
 162 whereas further offshore, towards the interior, the dominant periods are longer at
 163 days.

164 A Hovmöller diagram of the vertically integrated volume transport in the lower limb
 165 at each longitudinal grid point across OSNAP East shows a strong and highly variable
 166 northward flow in the interior western Irminger Sea (Fig. 1e), coincident with the region
 167 of high correlation shown in Figure 1d. The correlation between the AMOC and the time-
 168 varying northward flow east of 40° highlights that an increase in this northward trans-
 169 port coincides with a weakening of the AMOC (Fig. 1e,f). We note that there is no moor-
 170 ing data in the eastern portion of the interior Irminger Sea (Fig. 1b), so geostrophic ve-
 171 locity is calculated from the tall moorings bounding this region. This manifests as a band
 172 of lower magnitude variability and lower spatial resolution in this region (Fig. 1e). We
 173 also note that after June 2018 a mooring on the western side of the interior Irminger Sea

174 was removed from the array, impacting the estimate of mass transport in that region,
175 and apparent in Fig. 1e (Fu et al., in review), hence for the correlations only the 2014-
176 2018 period is used.

177 In this section, we have shown that the western interior Irminger Sea is a hotspot
178 of SPNA AMOC variability on monthly timescales, set by the northward flow in this re-
179 gion. The circulation within the western interior Irminger Sea and its connection to the
180 AMOC are further explored in the next section.

181 4 The cyclonic circulation of the Irminger Sea

182 The northward transport in the interior Irminger Sea is investigated here via com-
183 posites of the velocity field and absolute dynamic topography (ADT) during time pe-
184 riods of strong and weak AMOC (Fig. 2). During periods when the AMOC is strong (i.e.
185 greater than one standard deviation above the mean AMOC), there is extremely weak
186 northward transport in the interior Irminger Sea (Fig. 2a). The velocity field also shows
187 a weak bottom-intensified southward velocity core east of 40°W corresponding to an east-
188 ward shift of the deepest core of the Deep Western Boundary Current (Hopkins et al.,
189 2019). Conversely, when the AMOC is weak (i.e. less than one standard deviation be-
190 low the mean, Fig. 2b), there is a strengthening of the northward flow in the western in-
191 terior Irminger Sea. Composites of the ADT during strong/weak AMOC periods show
192 a closed cyclonic circulation in the western Irminger Sea. When the AMOC is strong,
193 this gyre expands, and when the AMOC is weak, this gyre contracts (Fig. 2c,d). The
194 ADT across the OSNAP line also shows a steepening of its gradient in the western in-
195 terior Irminger Sea during the weak AMOC period (Fig. 2e), consistent with the con-
196 traction of this gyre and the strengthening of the northwards flow in the interior Irminger
197 Sea, and vice versa. We identify this cyclonic circulation in the western Irminger Sea as
198 the Irminger Gyre (IG), and the northwards flow in the western interior Irminger Sea
199 as its northwards flowing branch.

200 The northward branch of the cyclonic IG has been previously reported as a weakly
201 baroclinic flow in the mean field (Lavender et al., 2000; Kase et al., 2001; Age et al.,
202 2011). Here, the IG is a persistent feature east of 40°W that varies strongly with time
203 (Fig. 1e, 2f). The interior Irminger Sea full-depth transport, including the IG and cen-
204 tral Irminger interior (Fig. 1d), has a mean northward transport of 14.39 Sv and corre-
205 lation of $r = -0.66$ (statistically significant at 95% level) with the monthly AMOC time

206 series over 2014-2018, suggesting that strengthening of the IG transport coincides with
 207 a weakening of the AMOC's net southward transport, and vice versa (Fig. 2), consistent
 208 with section 3. We also note that the IG's correlation with the AMOC across the full
 209 OSNAP array (i.e. OSNAP West and East) increases to $r = -0.69$. The IG component
 210 alone (i.e., 40W-37.5W) has an approximate time mean volume transport of 5.5 Sv.
 211 This transport is consistent with values previously reported for the northward limb of
 212 the IG (i.e. 7 Sv; Lavender et al., 2000; Vage et al., 2011; Fried & de Jong, 2022).

213 The dynamics of the IG are clearly key in setting the variability of the SPNA AMOC,
 214 by affecting the strength of the northward flow within the western interior Irminger Sea.
 215 In the next section, the Irminger Sea density field is examined as a potential driver of
 216 IG variability.

217 5 The Irminger Gyre and the intermediate water masses of the sub- 218 polar North Atlantic

219 Labrador Sea Water (LSW) is a widespread intermediate water mass in the SPNA,
 220 formed within the Labrador and Irminger Seas (Yashayaev et al., 2007; de Jong & de
 221 Steur, 2016; Pickart et al., 2003). The density range of LSW is typically $27.73-27.8$
 222 in the Irminger Sea (Holliday et al., 2018) as shown across the lower limb of OSNAP East
 223 in Fig. 3.

224 In the interior Irminger Sea and the IG we observe a potential vorticity (PV) min-
 225 imum bounded by the $27.73-27.8$ kg m^{-3} isopycnals (Fig. 3b). PV minima at this depth
 226 in the Irminger Sea have been previously used by Pickart et al. (2003) to identify the pres-
 227 ence of LSW. Recently, a more detailed description of the water masses in the western
 228 Irminger Sea has identified Upper Irminger Sea Intermediate Water (UISIW) and Deep
 229 Irminger Sea Intermediate water (DISIW) (Le Bras et al., 2020). UISIW forms near the
 230 boundary current with a density range of $27.65-27.73$ kg m^{-3} . DISIW is formed in the
 231 interior (around 40W) with a density range of $27.73-27.77$ kg m^{-3} and is associated with
 232 a local salinity and PV minimum. Temperature-salinity (T-S) profiles within the west-
 233 ern interior Irminger Sea highlight a salinity minimum of 35.02 kg l^{-1} with a mean
 234 temperature of 3.4 $^{\circ}\text{C}$ along the 27.74 kg m^{-3} isopycnal (Fig. 3c), consistent with the
 235 DISIW. The T-S properties show that the low PV DISIW is present where we observe
 236 the northwards velocity of the IG (Fig. 3c).

237 Over the OSNAP period, the density and PV structure show a significant increase
 238 in volume of the DISIW over time (Fig. 3d,e,f), primarily through the shoaling of the

239 27.74 kg m^{-3} isopycnal (Fig. 3d). The layer thickness between the 27.74 and 27.83
 240 isopycnal increases by 4.60 over 6 years (Fig. 3f). The increase in the deep interme-
 241 diate water mass suggests that the OSNAP data capture a period of enhanced convec-
 242 tion, consistent with de Jong and de Steur (2016). We observe a concurrent decrease in
 243 the IG transport over the same period, with a reduction of 4 Sv over 6 years. This is
 244 consistent with the hypothesis of Vage et al. (2011) where an increase in volume of in-
 245 termediate water masses in the interior Irminger Sea causes a decrease in IG velocity on
 246 interannual timescales. Fried and de Jong (2022) also found that changes in the gradi-
 247 ent of the density field across the Irminger Sea contribute to transport variability in this
 248 region (e.g. increases in the density gradient result in higher volume transport). Note
 249 that we find no statistically significant trend in the monthly AMOC time series over 2014-
 250 2020 or statistically significant correlation between the LSW layer thickness in the Irminger
 251 Sea and the AMOC on monthly timescales (not shown).

252 In this section, we examined the density field as a potential driver of IG variabil-
 253 ity and found a connection between the IG and the intermediate water masses on low
 254 frequency (\leq monthly) timescales. Next, we examine whether atmospheric forcing pro-
 255 vides a mechanistic explanation for the correlation between the northward transport of
 256 the IG and AMOC variability on monthly timescales.

257 6 Atmospheric drivers of the Irminger Gyre and AMOC variability

258 In the subpolar gyre, strong westerly winds and increased frequency of westerly Green-
 259 land tip jets (Vage et al., 2009) are characteristic of positive North Atlantic Oscillation
 260 (NAO) conditions (Rogers, 1990). Over the 2014-2018 OSNAP period, NAO positive con-
 261 ditions persisted over the subpolar North Atlantic. During this period, deep convection
 262 occurred within the Labrador Sea, south of Cape Farewell and in the Irminger Sea (Piron
 263 et al., 2017; de Jong & de Steur, 2016; de Jong et al., 2018). This convection was coin-
 264 cident with regions of positive wind stress curl (WSC) (Fig. 4a). Strong westerlies dom-
 265 inate the subpolar North Atlantic while northeasterlies affect the eastern coast of Green-
 266 land (Fig. 4a). We observe positive WSC across most of the Labrador Sea and the east-
 267 ern subpolar gyre, and negative WSC across the eastern North Atlantic south of 56

268 A comparison between the OSNAP-derived IG transport and the WSC in the SPNA
 269 reveals a region of strong positive correlation (maximum value of $r = 0.62$ in the Irminger
 270 Sea, statistically significant at 95% level) over the Labrador and Irminger Seas (Fig. 4b),

271 in regions where the time-mean WSC is positive (Fig. 4a). This suggests that an increase
272 in the WSC over the Labrador and Irminger Seas leads to a strengthening of IG trans-
273 port, and vice versa. In general, strong WSC over the Labrador and Irminger Seas acts
274 to spin up the interior circulation, thus connecting the IG and the Labrador Sea (e.g.
275 Lavender et al., 2000; Faure & Speer, 2005). Spall and Pickart (2003) have previously
276 shown that local WSC off Greenland is the main driver of gyre variability in this region
277 on interannual to decadal timescales. Here, we find that WSC over the Labrador and
278 Irminger Seas also drives IG variability, as calculated from OSNAP data, on monthly
279 timescales.

280 Conversely, the pattern of correlation between the AMOC and WSC across the SPNA
281 shows negative values over the Labrador and Irminger Seas (maximum value $r = -0.60$),
282 suggesting a strengthening of the WSC is linked to a weakening of the AMOC (Fig. 4c).
283 This is consistent with the mechanism suggested in section 4, i.e., where a strengthen-
284 ing IG drives a weaker AMOC. Thus, increased WSC east of Greenland and over the Irminger
285 Sea acts to strengthen the IG, increasing the northward flow within the western interior
286 Irminger Sea. This increased northward flow subsequently decreases the net southward
287 transport of the AMOC. We note that the max correlations between the WSC and the
288 IG or AMOC weaken ($r = 0.48, 0.37$, respectively) for the full OSNAP period, 2014-2020.
289 We postulate this is because the relationship between WSC and large-scale circulation
290 changes with different phases of the NAO. Thus, here we have determined that fluctu-
291 ations in WSC play a key role in driving AMOC variability on monthly timescales dur-
292 ing a persistent positive NAO event. These results are consistent with previous studies
293 that have suggested that wind forcing is important on intra-annual timescales (e.g. Jack-
294 son et al., 2022; Buckley & Marshall, 2016).

295 7 Summary

296 In the SPNA, the Irminger Sea has been shown to be a climatically important re-
297 gion and a key driver of variability for the AMOC on interannual to decadal timescales
298 (Chack et al., 2022; Megann et al., 2021). Observational studies have further found that
299 variability of the AMOC's lower limb is not constrained to a single region within the east-
300 ern subpolar gyre, but rather is spread over the western boundary, Irminger and Iceland
301 basin on monthly to interannual timescales (Li et al., 2021).

302 In this study, we use data from a trans-basin mooring array to show that the Irminger
303 Sea is a key region, or hotspot, of variability for the AMOC's lower limb on monthly timescales.
304 We find that it is the IG that dominates the variability of the AMOC's lower limb with
305 a correlation of $r=-0.75$ (accounting for over 55% of its variability), where strengthen-
306 ing in the northward limb of the IG coincides with weakening of the AMOC, and vice
307 versa. Fluctuations in Irminger Sea density and local WSC are investigated as drivers
308 of IG variability. We find that IG variability is linked to the presence and recirculation
309 of Irminger Sea intermediate waters (i.e. DISIW), and that IG transport and DISIW are
310 linked on interannual timescales. Further, it is the fluctuations in WSC over the Labrador
311 and Irminger Seas that dominate IG and AMOC variability, where strengthening of the
312 WSC over the Labrador and Irminger Seas drives strengthening in the IG but weaken-
313 ing in the AMOC on monthly timescales. This relationship between the IG-AMOC and
314 WSC was observed during a period of persistent positive NAO, and may not be repre-
315 sentative of other forcing regimes.

316 In brief, we have demonstrated that wind stress is important to the IG-AMOC sys-
317 tem on monthly timescales, while buoyancy forcing is more likely to dominate on inter-
318 annual and longer timescales (Jackson et al., 2022). More data and further investigation
319 is required to understand the relationship between the wind field and the IG-AMOC dur-
320 ing NAO neutral or negative periods.

321 Acknowledgments

322 The authors were supported by the UK Natural Environment Research Council National
323 Capability programme CLASS (NE/R015953/1), NERC grants UK OSNAP (NE/K010875/1
324 and NE/K010875/2), UK OSNAP Decade (NE/T00858X/1), SNAPDRAGON (NE/T013494/1
325 and NE/T013400/1), and by Innovational Research Incentives Scheme of the Netherlands
326 Organisation for Scientific Research (NWO) under grant agreement nos. 016. Vidi.189.130.

327 8 Open Research

328 The OSNAP data can be accessed here: <https://www.o-snap.org/data-access/>. Ab-
329 solute dynamic topography from the Copernicus Marine Environment Monitoring Ser-
330 vice gridded multimission satellite altimetry can be accessed from <http://marine.coper->
331 [nicus.eu](http://marine.copernicus.eu) (product ID: SEALEVEL_GLO_PHY_L4_REP_OBSERVATIONS_008047, last
332 access: 10 December 2020).

333 References

- 334 Brambilla, E., Talley, L. D., & Robbins, P. E. (2008). Subpolar mode water in the
 335 northeastern atlantic: 2. origin and transformation. *Journal of Geophysical Re-*
 336 *search: Oceans*113(C4). Retrieved from [https://agupubs.onlinelibrary](https://agupubs.onlinelibrary.wiley.com/doi/abs/10.1029/2006JC004063)
 337 [.wiley.com/doi/abs/10.1029/2006JC004063](https://agupubs.onlinelibrary.wiley.com/doi/abs/10.1029/2006JC004063)
 338 2006JC004063
- 339 Buckley, M. W., & Marshall, J. (2016). Observations, inferences, and mecha-
 340 nisms of the atlantic meridional overturning circulation: A review. *Reviews of*
 341 *Geophysics*54(1), 5-63. Retrieved from [https://agupubs.onlinelibrary](https://agupubs.onlinelibrary.wiley.com/doi/abs/10.1002/2015RG000493)
 342 [.wiley.com/doi/abs/10.1002/2015RG000493](https://agupubs.onlinelibrary.wiley.com/doi/abs/10.1002/2015RG000493)
 343 2015RG000493
- 344 Cha k, L., Holliday, N., Bacon, S., & Rossby, T. (2022). Irminger sea is the center of
 345 action for subpolar amoc variability. *Geophysical Research Letters*49(17).
- 346 de Jong, M. F., & de Steur, L. (2016). Strong winter cooling over the irminger
 347 sea in winter 2014{2015, exceptional deep convection, and the emergence of
 348 anomalously low ss. *Geophysical Research Letters*43(13), 7106{7113.
- 349 de Jong, M. F., Oltmanns, M., Karstensen, J., & de Steur, L. (2018). Deep convec-
 350 tion in the irminger sea observed with a dense mooring array. *Oceanography*
 351 31(1), 50{59.
- 352 Desbruyeres, D. G., Mercier, H., Maze, G., & Daniault, N. (2019). Surface pre-
 353 dictor of overturning circulation and heat content change in the subpolar
 354 north atlantic. *Ocean Science*15(3), 809{817. Retrieved from [https://](https://os.copernicus.org/articles/15/809/2019/)
 355 os.copernicus.org/articles/15/809/2019
- 356 Faure, V., & Speer, K. (2005). Labrador sea water circulation in the northern north
 357 atlantic ocean. *Deep Sea Research Part II: Topical Studies in Oceanography*
 358 52(3-4), 565{581.
- 359 Fontela, M., Garcia-Ibanez, M. I., Hansell, D. A., Mercier, H., & Perez, F. F. (2016).
 360 Dissolved organic carbon in the north atlantic meridional overturning circula-
 361 tion. *Scientific reports*6(1), 1{9.
- 362 Fried, N., & de Jong, M. F. (2022). The role of the irminger current in the irminger
 363 sea northward transport variability. *Journal of Geophysical Research: Oceans*
 364 127(3), e2021JC018188.
- 365 Fu, Y., Lozier, S., Carrilho Bilo, T., Bower, A., Cunningham, S., Cyr, F., ...

- 366 Yashayaev, I. (in review). Seasonality of the meridional overturning circulation
367 in the subpolar north atlantic. *Communications Earth and Environment*
- 368 Hersbach, H., Bell, B., Berrisford, P., Hirahara, S., Horanyi, A., Muñoz-Sabater, J.,
369 ... others (2020). The era5 global reanalysis. *Quarterly Journal of the Royal*
370 *Meteorological Society*, 146(730), 1999{2049.
- 371 Holliday, N. P., Bacon, S., Cunningham, S., Gary, S., Karstensen, J., King, B., ...
372 Mcdonagh, E. (2018). Subpolar north atlantic overturning and gyre-scale
373 circulation in the summers of 2014 and 2016. *Journal of Geophysical Research:*
374 *Oceans* 123(7), 4538{4559.
- 375 Hopkins, J., Holliday, N., Rayner, D., Houpert, L., Le Bras, I., Straneo, F., ... Ba-
376 con, S. (2019). Transport variability of the irminger sea deep western bound-
377 ary current from a mooring array. *Journal of Geophysical Research: Oceans*
378 124(5), 3246{3278.
- 379 Jackson, L. C., Biastoch, A., Buckley, M. W., Desbruyeres, D. G., Frajka-Williams,
380 E., Moat, B., & Robson, J. (2022). The evolution of the north atlantic merid-
381 ional overturning circulation since 1980. *Nature Reviews Earth & Environ-*
382 *ment*, 3(4), 241{254.
- 383 Kase, R. H., Biastoch, A., & Stammer, D. (2001). On the mid-depth circulation
384 in the labrador and irminger seas. *Geophysical research letters* 28(18), 3433{
385 3436.
- 386 Lavender, K. L., Davis, R. E., & Owens, W. B. (2000). Mid-depth recirculation
387 observed in the interior labrador and irminger seas by direct velocity measure-
388 ments. *Nature*, 407(6800), 66{69.
- 389 Le Bras, I.-A., Straneo, F., Holte, J., de Jong, M., & Holliday, N. (2020). Rapid ex-
390 port of waters formed by convection near the irminger sea's western boundary.
391 *Geophysical Research Letters* 47(3), e2019GL085989.
- 392 Li, F., Lozier, M. S., Bacon, S., Bower, A., Cunningham, S., de Jong, M., ... others
393 (2021). Subpolar north atlantic western boundary density anomalies and the
394 meridional overturning circulation. *Nature communications*, 12(1), 1{9.
- 395 Li, F., Lozier, M. S., & Johns, W. E. (2017). Calculating the meridional volume,
396 heat, and freshwater transports from an observing system in the subpolar
397 north atlantic: Observing system simulation experiment. *Journal of Atmo-*
398 *spheric and Oceanic Technology* 34(7), 1483{1500.

- 399 Locarnini, R., Mishonov, A., Antonov, J., Boyer, T., Garcia, H., Baranova, O., ...
 400 Johnson, D. (2013). Coauthors, 2013: Temperature. vol. 1, world ocean atlas
 401 2013, noaa atlas nesdis 73, 40 pp.
- 402 Lozier, M. S., Li, F., Bacon, S., Bahr, F., Bower, A. S., Cunningham, S., ... others
 403 (2019). A sea change in our view of overturning in the subpolar north atlantic.
 404 Science 363(6426), 516{521.
- 405 Medhaug, I., Langehaug, H. R., Eldevik, T., Furevik, T., & Bentsen, M. (2012).
 406 Mechanisms for decadal scale variability in a simulated atlantic meridional
 407 overturning circulationClimate dynamics 39(1), 77{93.
- 408 Megann, A., Blaker, A., Josey, S., New, A., & Sinha, B. (2021). Mechanisms for
 409 late 20th and early 21st century decadal amoc variability. Journal of Geophysi-
 410 cal Research: Oceans 126(12), e2021JC017865.
- 411 Pickart, R. S., Straneo, F., & Moore, G. K. (2003). Is labrador sea water formed
 412 in the iringinger basin? Deep Sea Research Part I: Oceanographic Research Pa-
 413 pers 50(1), 23{52.
- 414 Pickart, R. S., Torres, D. J., & Fratantoni, P. S. (2005). The east greenland spill jet.
 415 Journal of Physical Oceanography 35(6), 1037{1053.
- 416 Piron, A., Thierry, V., Mercier, H., & Caniaux, G. (2017). Gyre-scale deep convec-
 417 tion in the subpolar north atlantic ocean during winter 2014{2015. Journal of
 418 Physical Research Letters, 44(3), 1439{1447.
- 419 Rogers, J. C. (1990). Patterns of low-frequency monthly sea level pressure variabil-
 420 ity (1899{1986) and associated wave cyclone frequencies. Journal of Climate
 421 3(12), 1364{1379.
- 422 Sabine, C. L., Feely, R. A., Gruber, N., Key, R. M., Lee, K., Bullister, J. L., ...
 423 others (2004). The oceanic sink for anthropogenic CO₂. Science 305(5682),
 424 367{371.
- 425 Spall, M. A., & Pickart, R. S. (2003). Wind-driven recirculations and exchange
 426 in the labrador and iringinger seas. Journal of Physical Oceanography 33(8),
 427 1829{1845.
- 428 Srokosz, M., Baringer, M., Bryden, H., Cunningham, S., Delworth, T., Lozier, S., ...
 429 Sutton, R. (2012). Past, present, and future changes in the atlantic merid-
 430 ional overturning circulation. Bulletin of the American Meteorological Society
 431 93(11), 1663{1676.

- 432 Straneo, F., Pickart, R. S., & Lavender, K. (2003). Spreading of labrador sea water:
 433 an advective-diffusive study based on lagrangian data. *Deep Sea Research Part*
 434 *I: Oceanographic Research Papers*, 50(6), 701-719.
- 435 Talley, L. D., & McCartney, M. S. (1982). Distribution and circulation of labrador
 436 sea water. *Journal of Physical Oceanography*, 12(11), 1189-1205.
- 437 Thornalley, D. J., Oppo, D. W., Ortega, P., Robson, J. I., Brierley, C. M., Davis,
 438 R., ... others (2018). Anomalously weak labrador sea convection and atlantic
 439 overturning during the past 150 years. *Nature*, 556(7700), 227-230.
- 440 Vage, K., Pickart, R. S., Sarafanov, A., Knutsen, E., Mercier, H., Lherminier, P., ...
 441 Bacon, S. (2011). The irminger gyre: Circulation, convection, and interannual
 442 variability. *Deep Sea Research Part I: Oceanographic Research Papers*, 58(5),
 443 590-614.
- 444 Vage, K., Spengler, T., Davies, H. C., & Pickart, R. S. (2009). Multi-event analysis
 445 of the westerly greenland tip jet based upon 45 winters in era-40. *Quarterly*
 446 *Journal of the Royal Meteorological Society: A journal of the atmospheric*
 447 *sciences, applied meteorology and physical oceanography*, 135(645), 1999-2011.
- 448 van Aken, H. M., de Jong, M. F., & Yashayaev, I. (2011). Decadal and multi-
 449 decadal variability of labrador sea water in the north-western north atlantic
 450 ocean derived from tracer distributions: Heat budget, ventilation, and ad-
 451 vection. *Deep Sea Research Part I: Oceanographic Research Papers*, 58(5),
 452 505-523. doi: <https://doi.org/10.1016/j.dsr.2011.02.008>
- 453 Yashayaev, I., Bersch, M., & van Aken, H. M. (2007). Spreading of the labrador
 454 sea water to the irminger and iceland basins. *Geophysical Research Letters*
 455 34(10).
- 456 Zweng, M., et al. (2013). World ocean atlas 2013, salinity, noaa atlas nesdis 74, vol.
 457 2, edited by S. Levitus and A. Mishonov

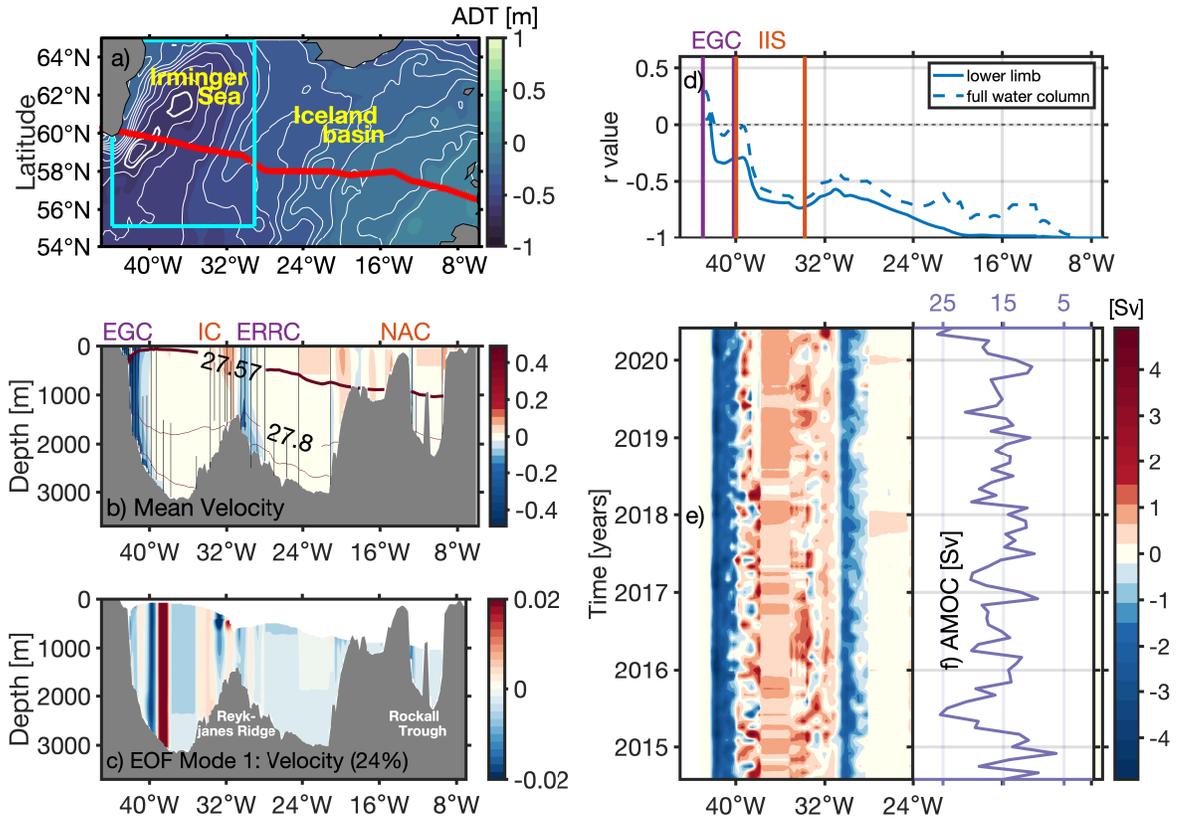


Figure 1. (a) Absolute Dynamic Topography (ADT [m]) over the eastern subpolar gyre. Red line indicates the location of the OSNAP East array. (b) Mean velocity field across OSNAP East. Isopycnals contoured in black, with mean isopycnal of maximum overturning ($27.57 \sigma_{\theta}$) in bold. Vertical black lines indicate mooring locations. (c) EOF mode 1 of velocity variations in the lower limb across OSNAP East. (d) Correlation between the AMOC and the volume transport accumulated eastward along OSNAP East at each longitude. (e) Hovmöller diagram of the vertically integrated volume transport of the lower limb across OSNAP East, with the time series of the AMOC embedded (f) for comparison. In July 2018, a mooring was removed from the interior western Irminger Sea, apparent in panel (e); hence for (b)-(d) only the 2014-2018 OSNAP period were used. EGC = East Greenland Current, IC = Irminger Current, ERRC = East Reykjanes Ridge Current, NAC = North Atlantic Current, LSW = Labrador Sea Water, NEADW = North East Atlantic Deep Water, DSOW = Denmark Straits Overflow Water, ISOW = Iceland-Scotland Overflow Water. IIS = interior Irminger Sea.

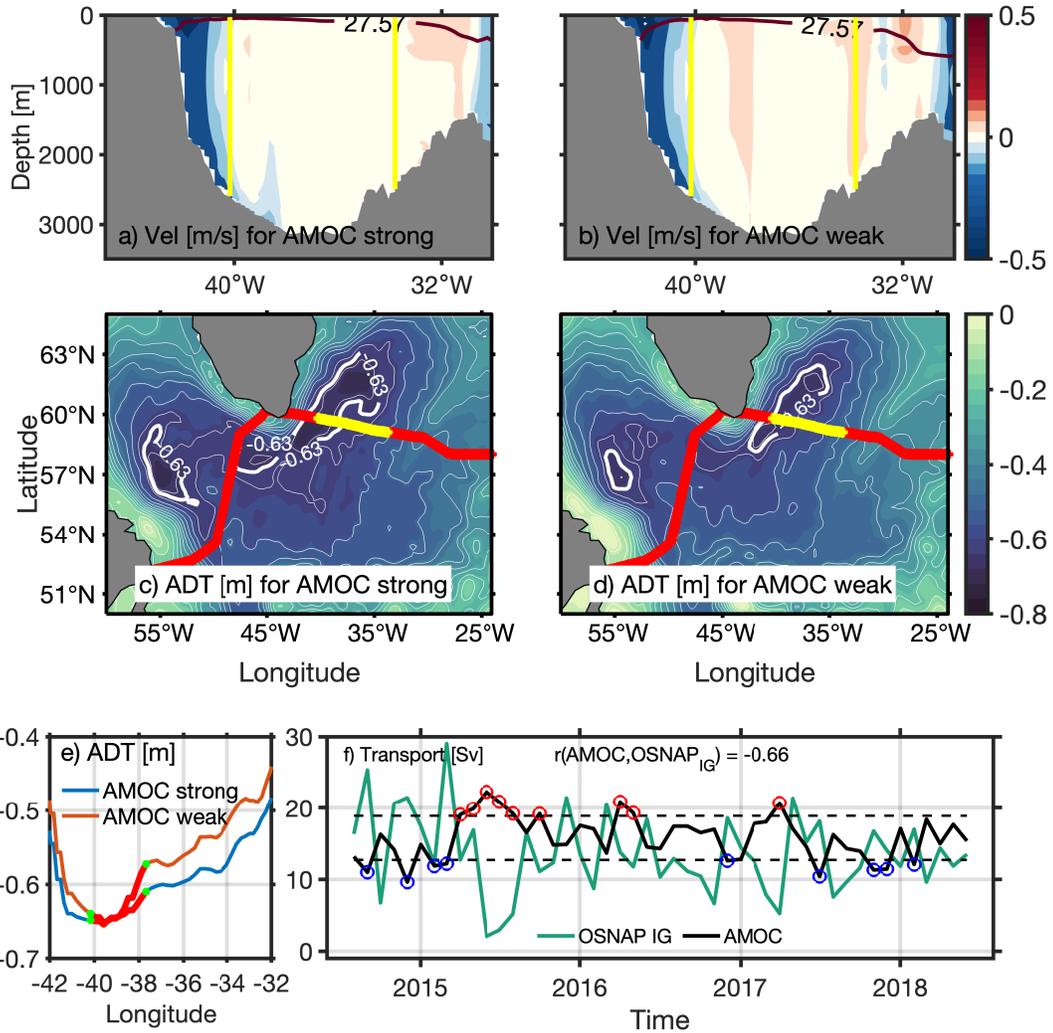


Figure 2. Composites of mean velocity in the interior Irminger Sea during AMOC strong (a) and AMOC weak (b) periods. (c,d) same as in (a,b) but for absolute dynamic topography (ADT) over the SPNA. Red line in (c,d) indicates the location of OSNAP array, while yellow line indicates the span of the interior Irminger Sea, corresponding to yellow lines in (a,b). ADT contours are shown at 0.05 m intervals. (e) ADT over the Irminger Sea along OSNAP line for AMOC strong and weak periods. AMOC strong periods are defined as events one standard deviation above the mean AMOC value, and vice versa. (f) Volume transport of the IG (green line) compared with the AMOC from OSNAP East (black line). Correlation is significant at 99% level.

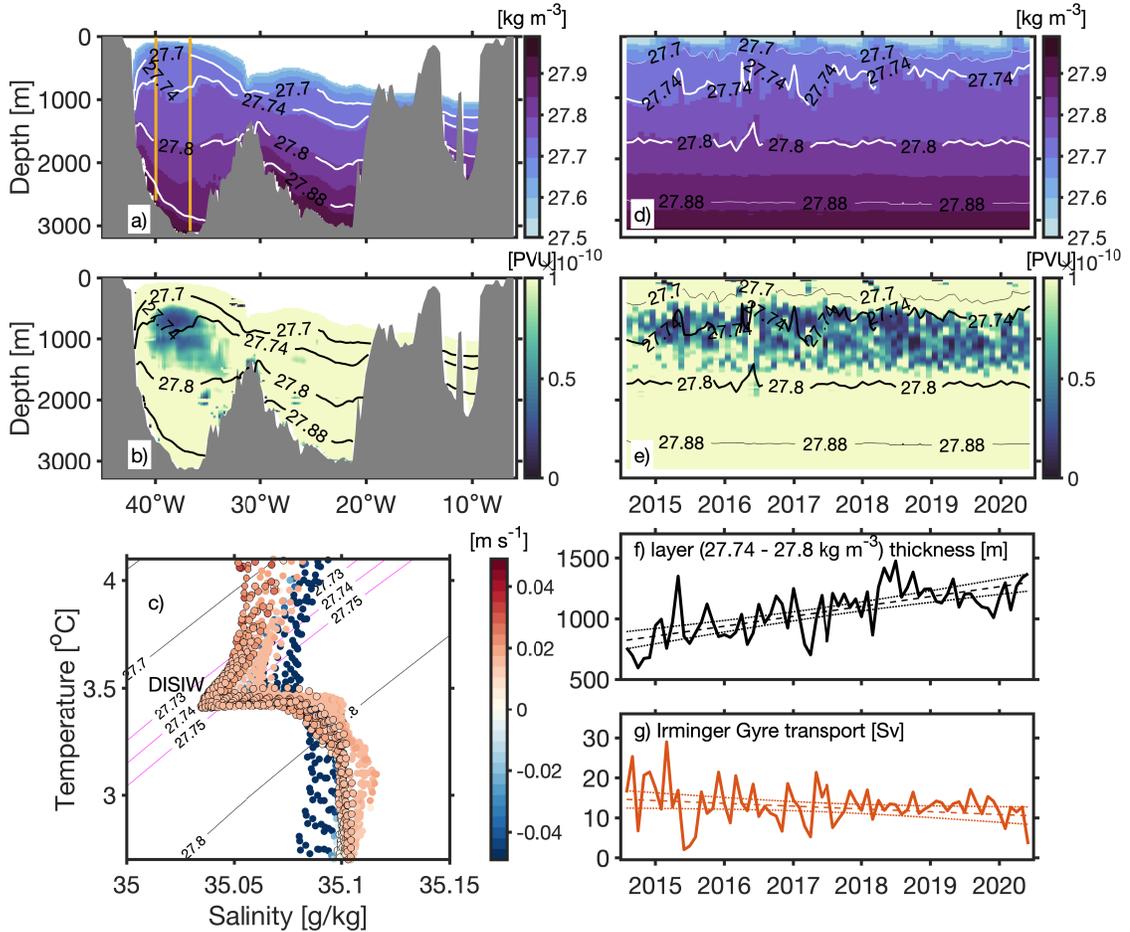


Figure 3. Mean (2014-2020) density (a) and potential vorticity (b) across the lower limb of OSNAP East ($> 27.57\text{kg m}^{-3}$). (c) Conservative temperature and absolute salinity diagram of the time-averaged profiles at every longitude point between the East Greenland coast and the eastern limit of the IG (easternmost yellow line in a); profiles are coloured by velocity (m s^{-1}) and data points outlined in black indicate profiles from IG region. Temporal evolution of the density (d) and potential vorticity (e) in the zonally averaged IG region (yellow lines in a,b) indicating an increase in lower intermediate waters over time. Time series and trends of the layer ($27.4 - 27.8\text{kg m}^{-3}$) thickness (f) and IG transport (g) over OSNAP period. Dotted lines in (f,g) indicate 95% confidence intervals.

Figure 4. (a) Wind stress (vectors) and wind stress curl (contours) over the 2014-2018 positive North Atlantic Oscillation period (December 2014 to October 2018). Correlation between the wind stress curl and the Irminger Gyre transport at the OSNAP array (b) and the AMOC (c). Black dotted contour (a,b,c) indicates the zero wind stress curl line. Stippling in (b,c) indicates statistical significance at 95% level.

Figure 1.

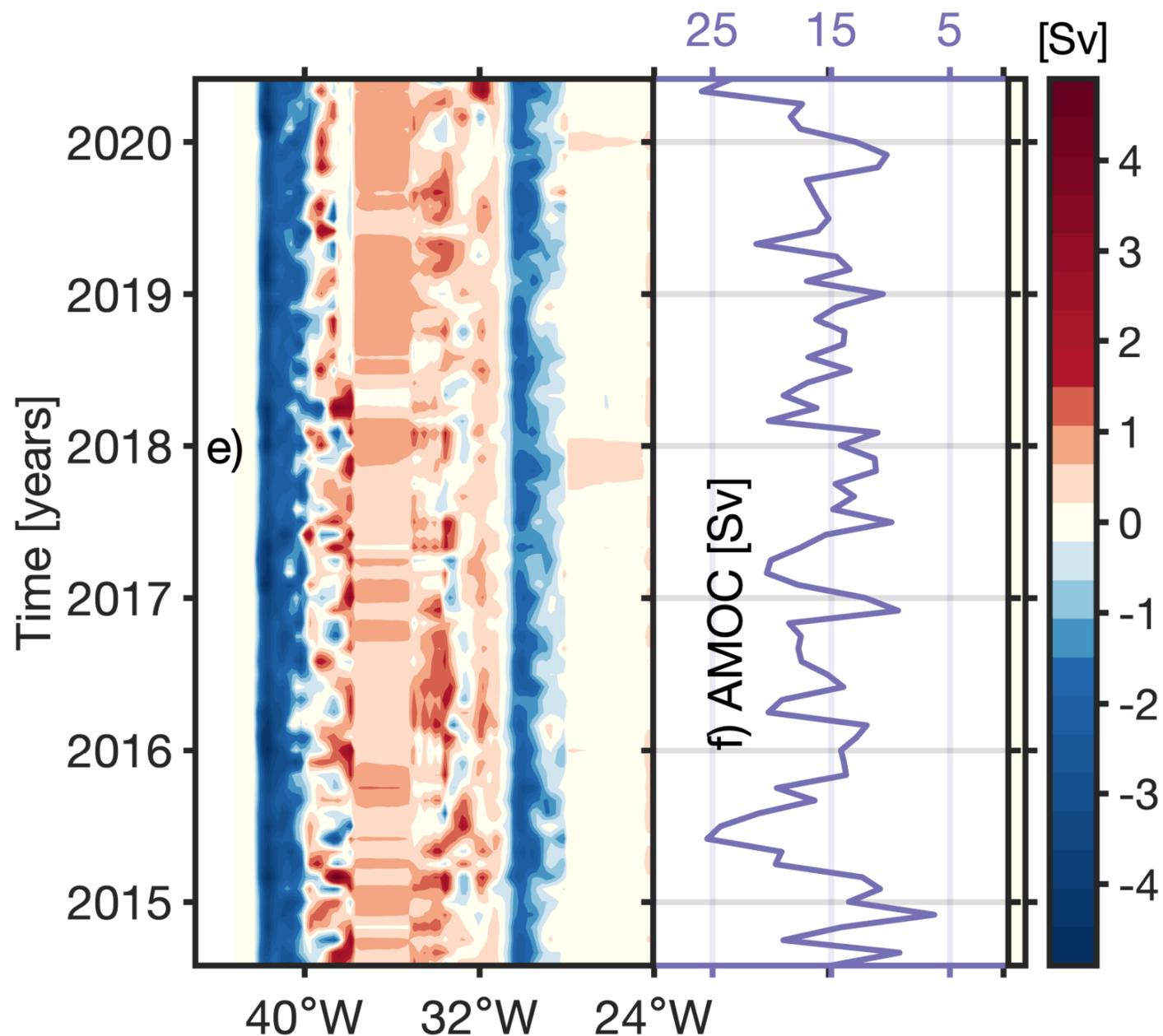
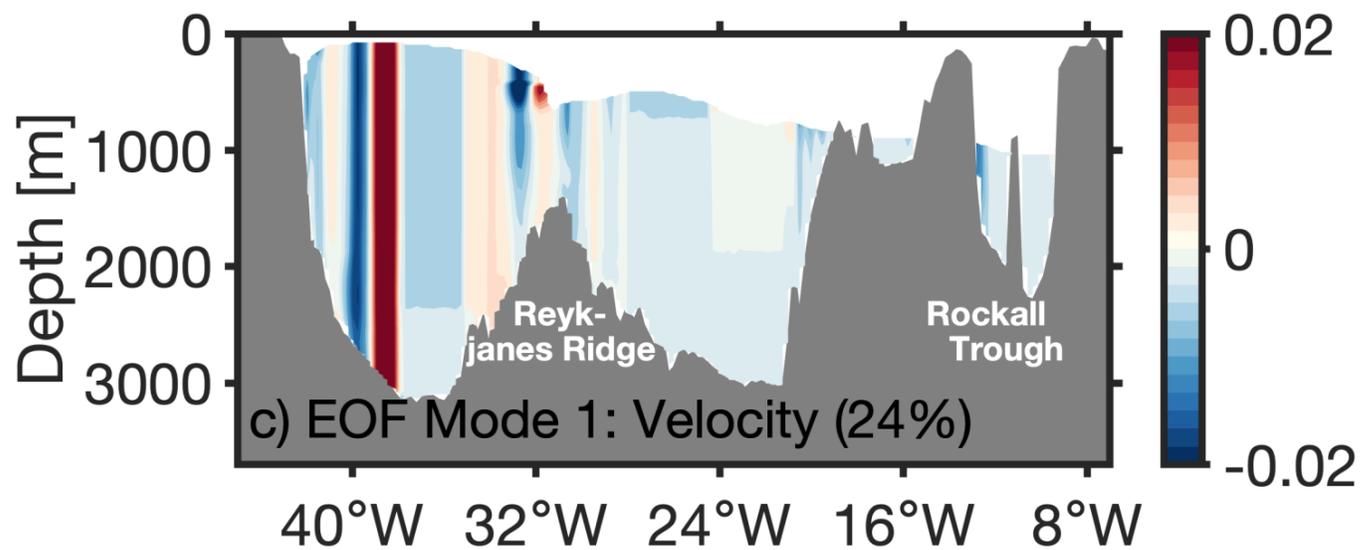
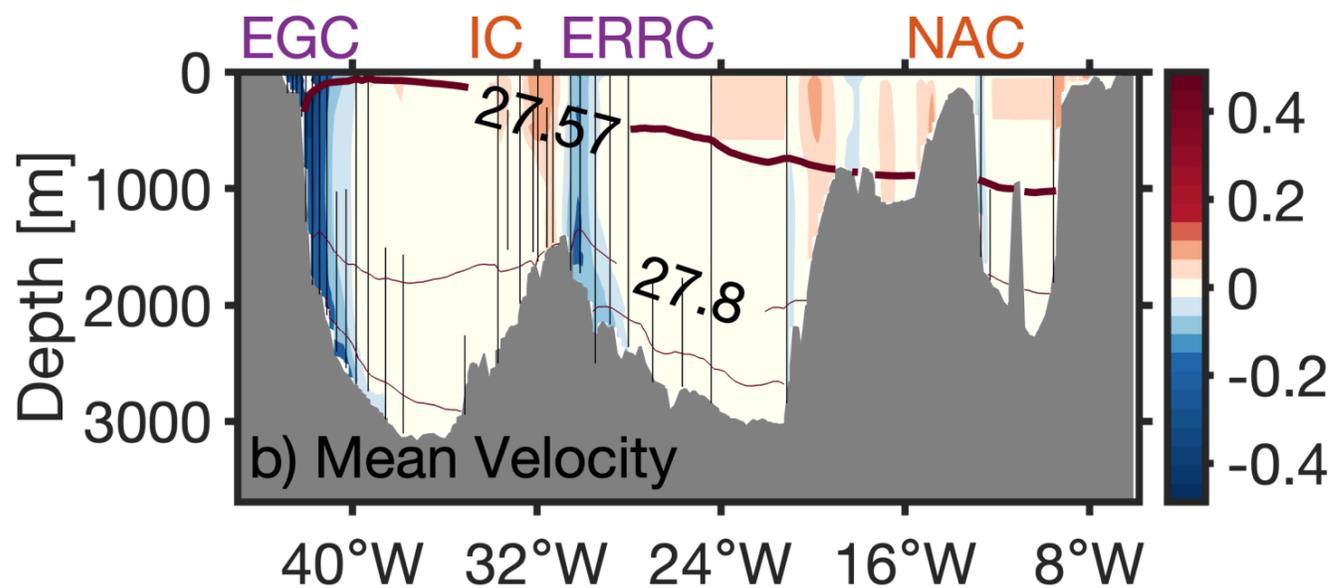
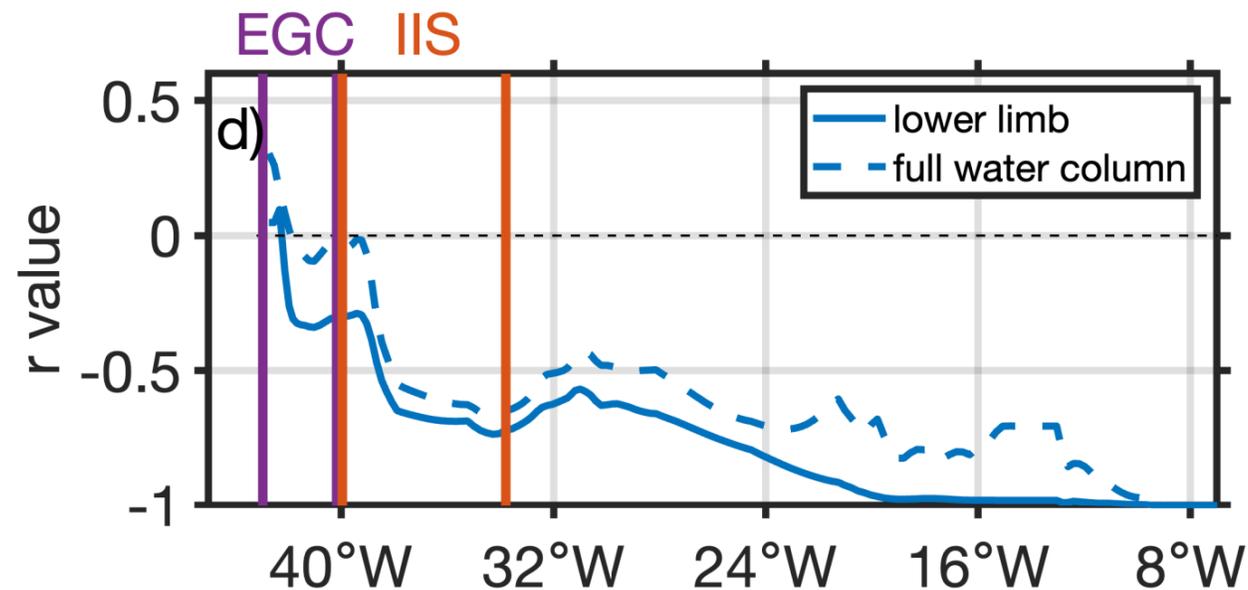
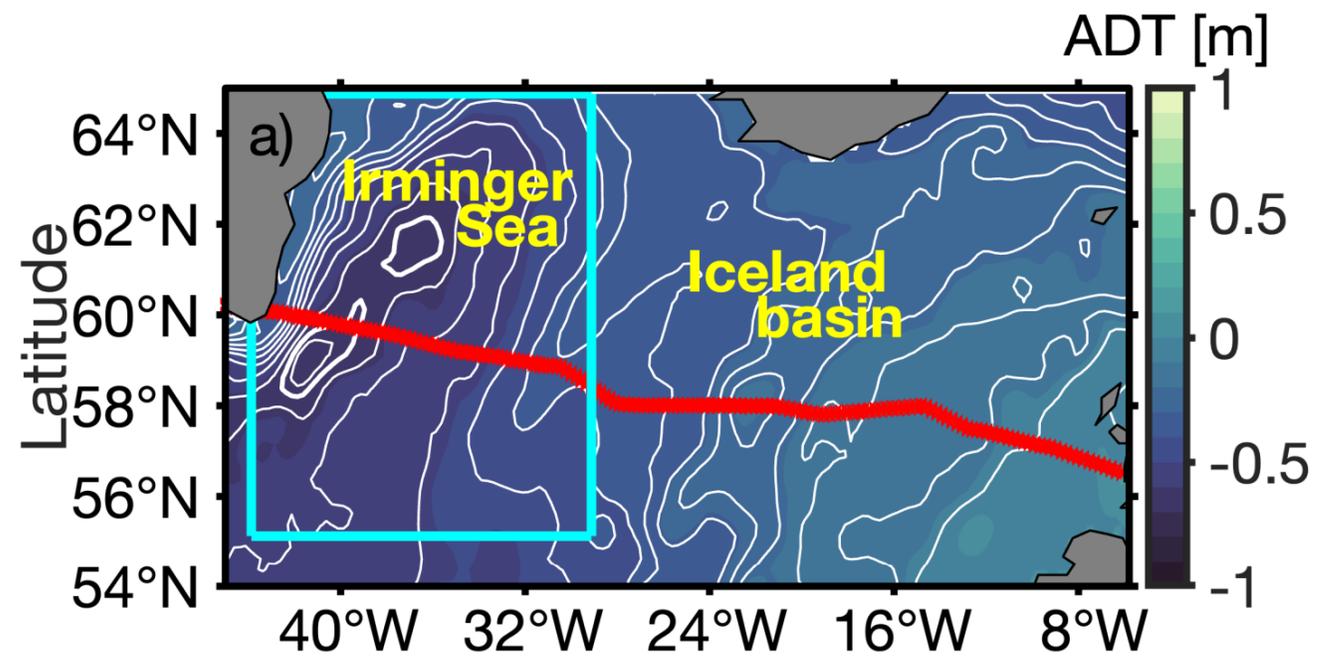


Figure 2.

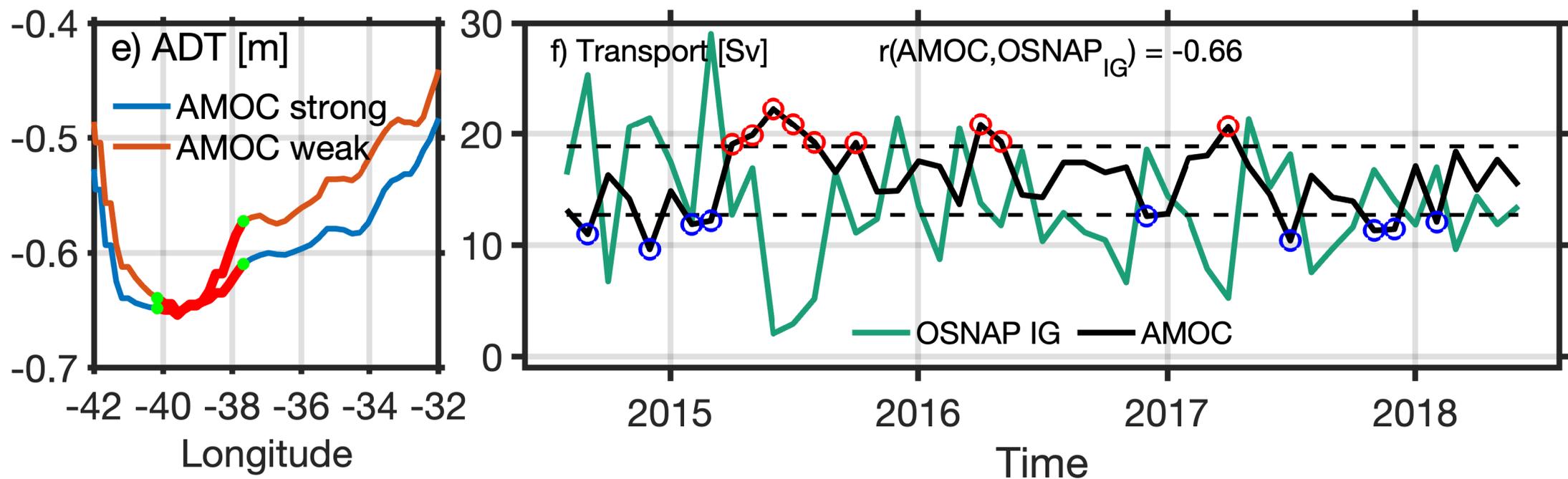
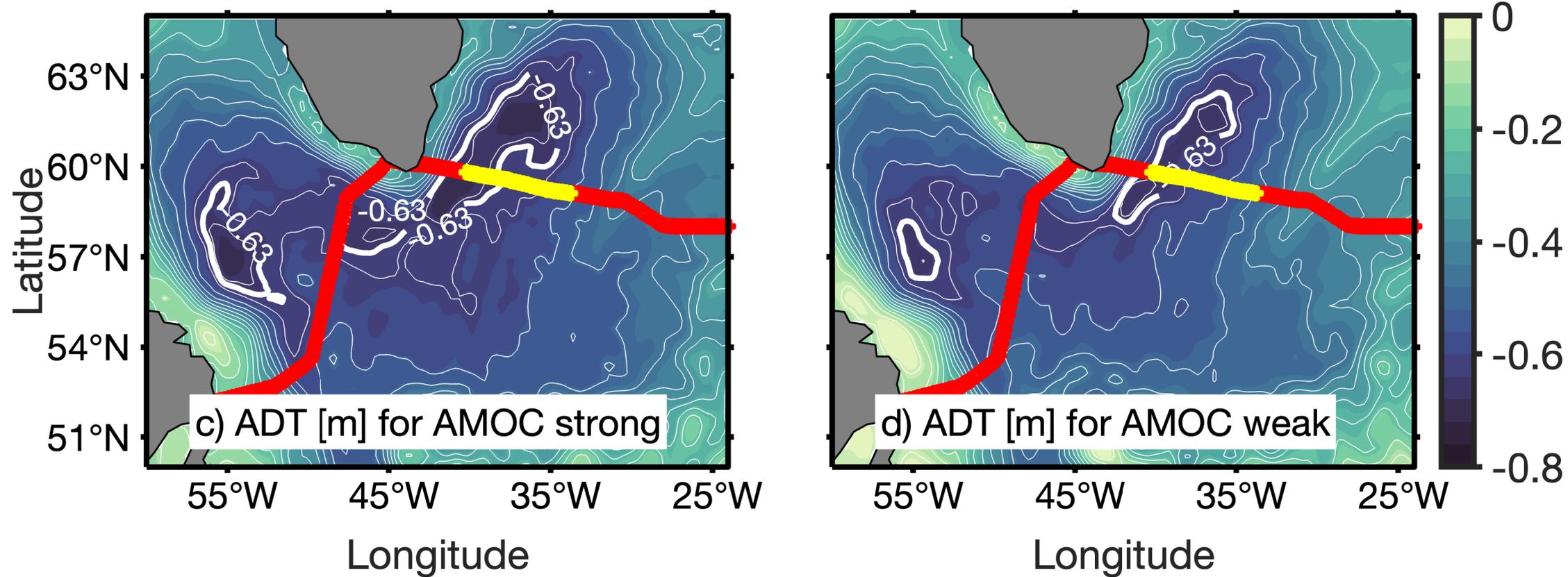
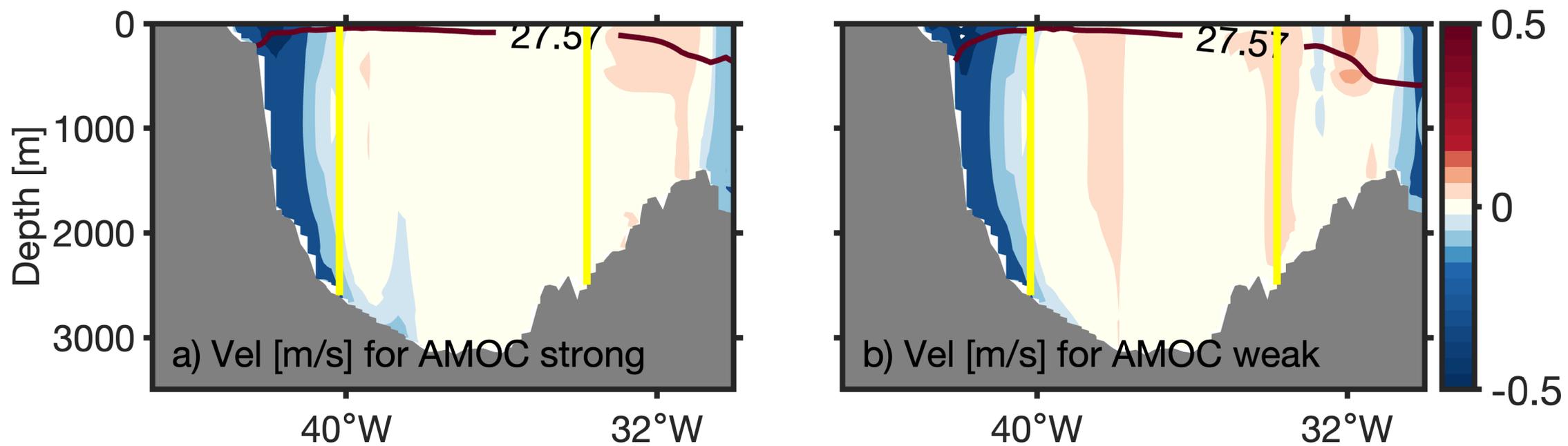


Figure 3.

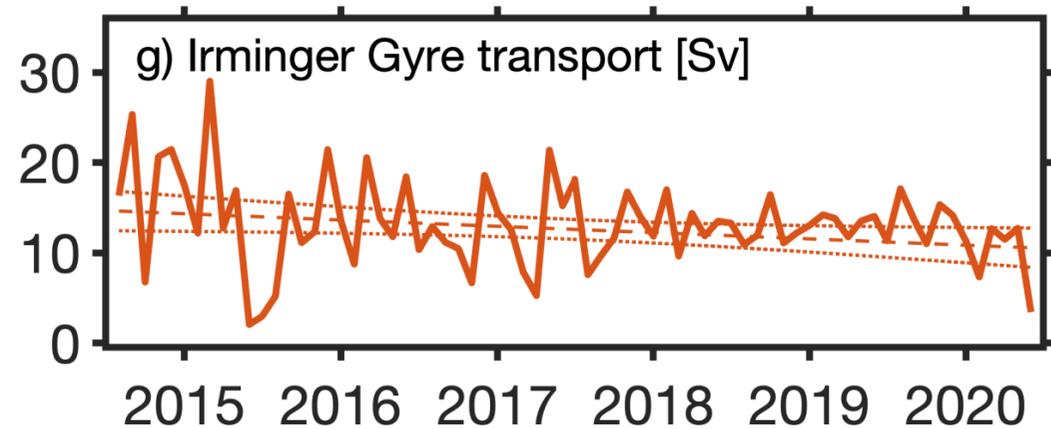
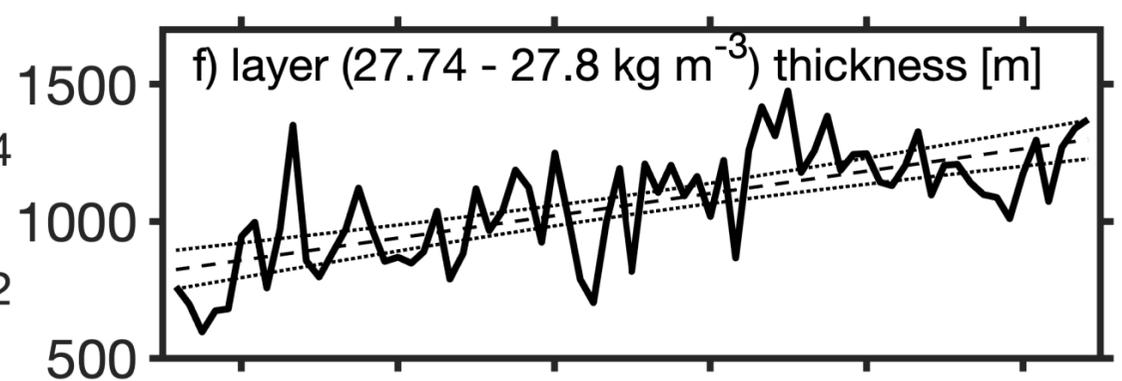
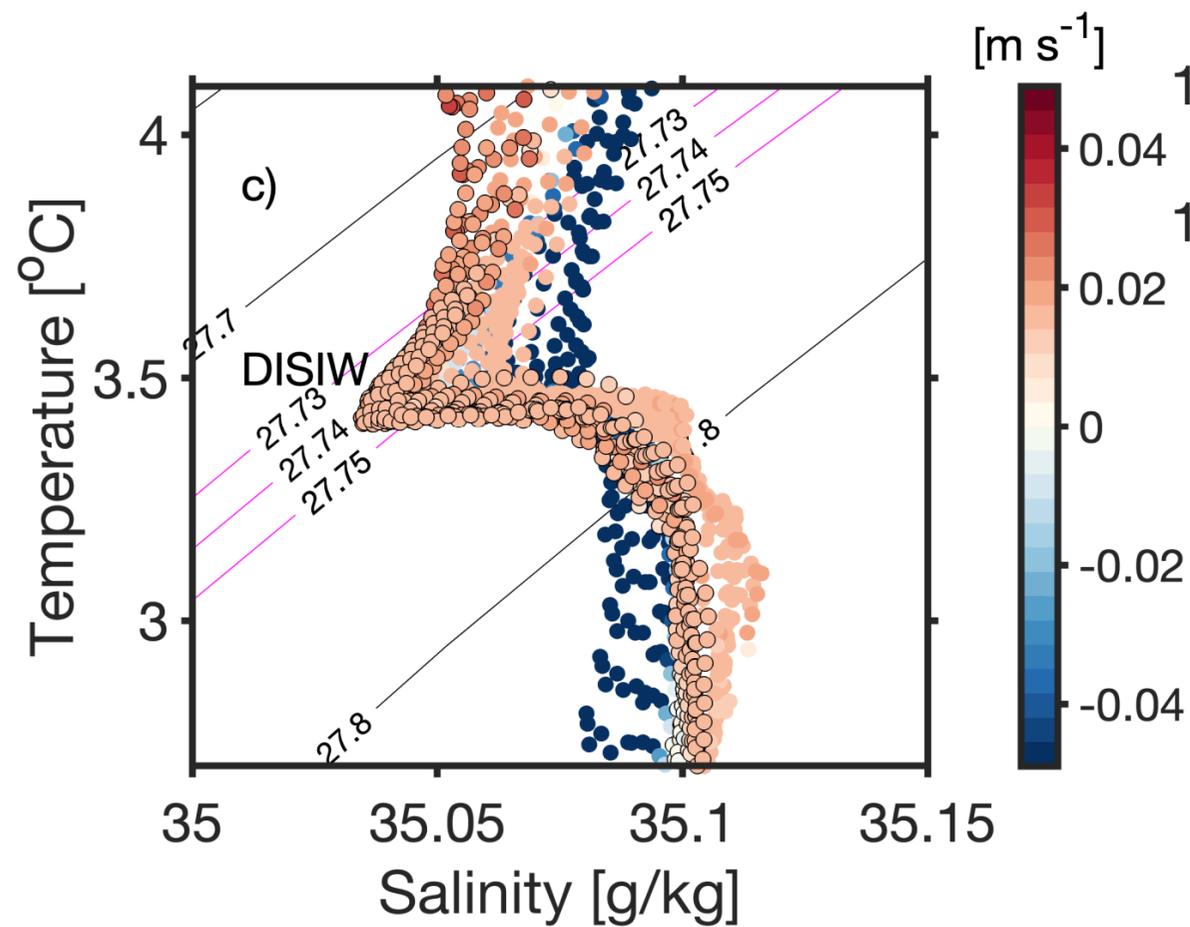
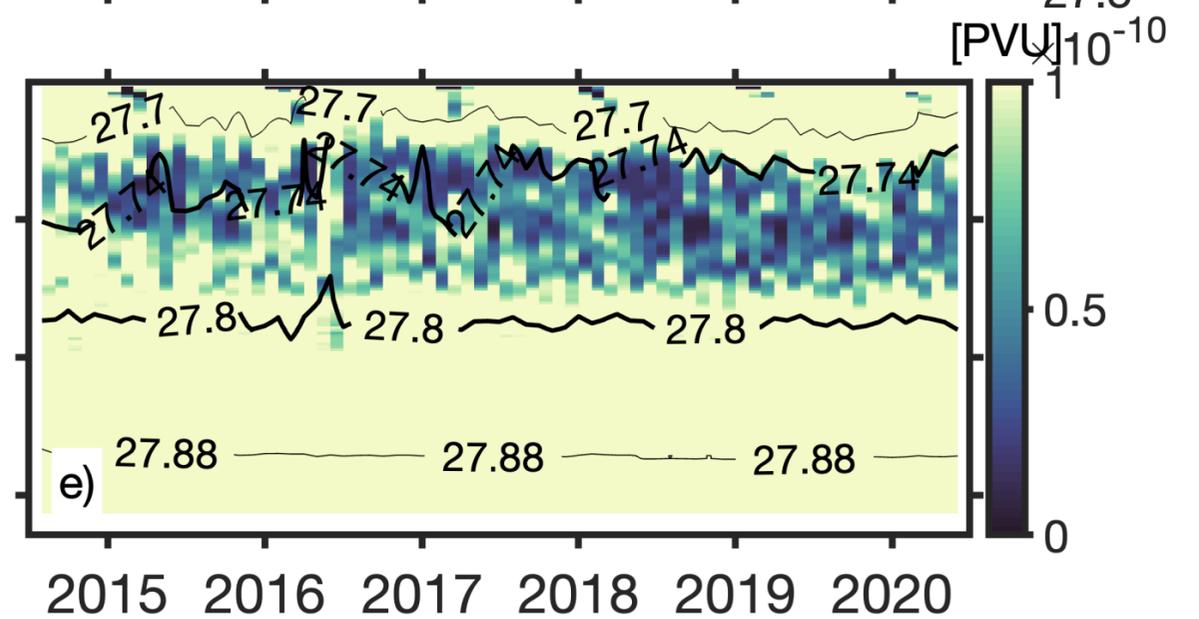
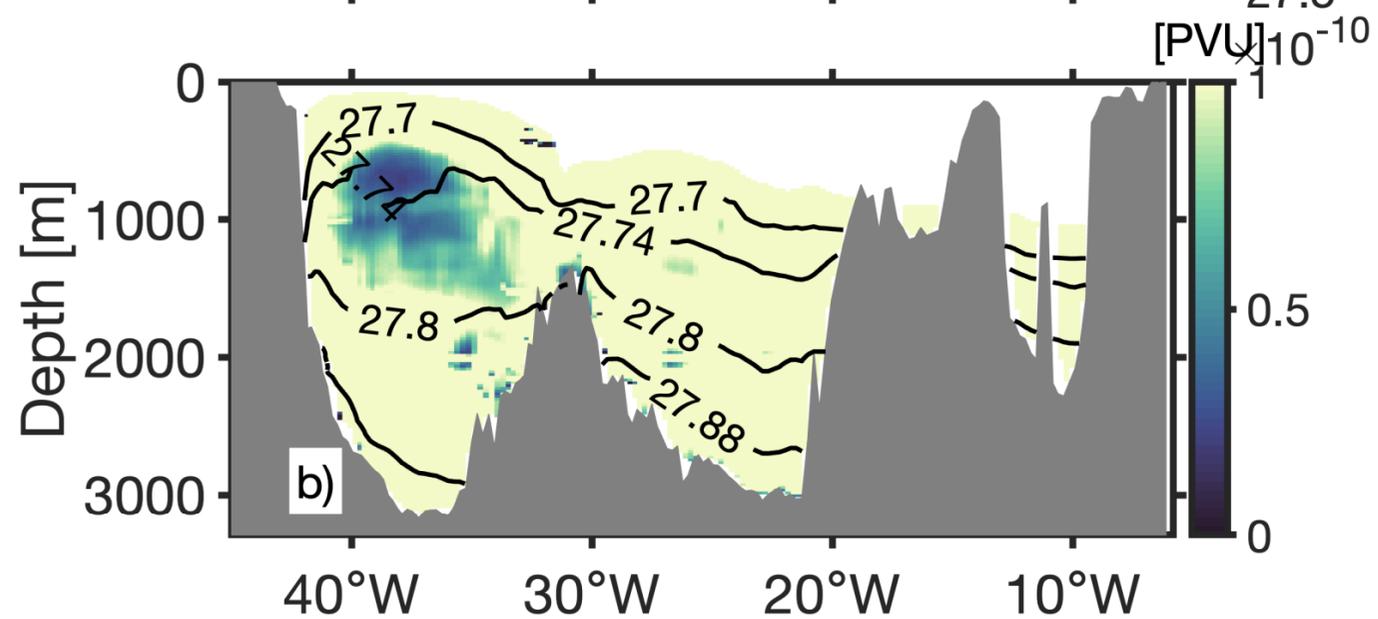
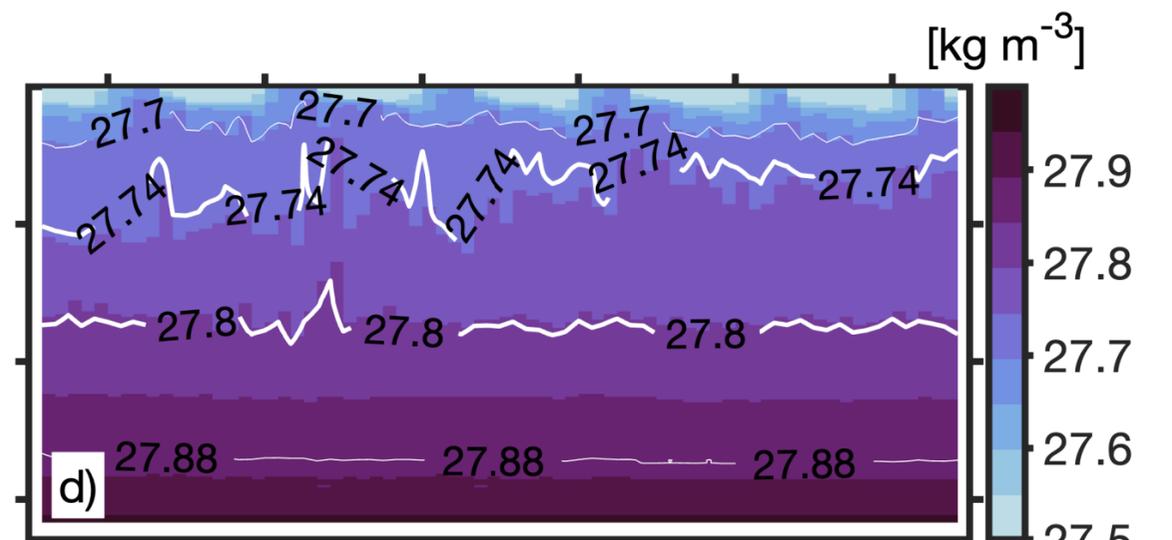
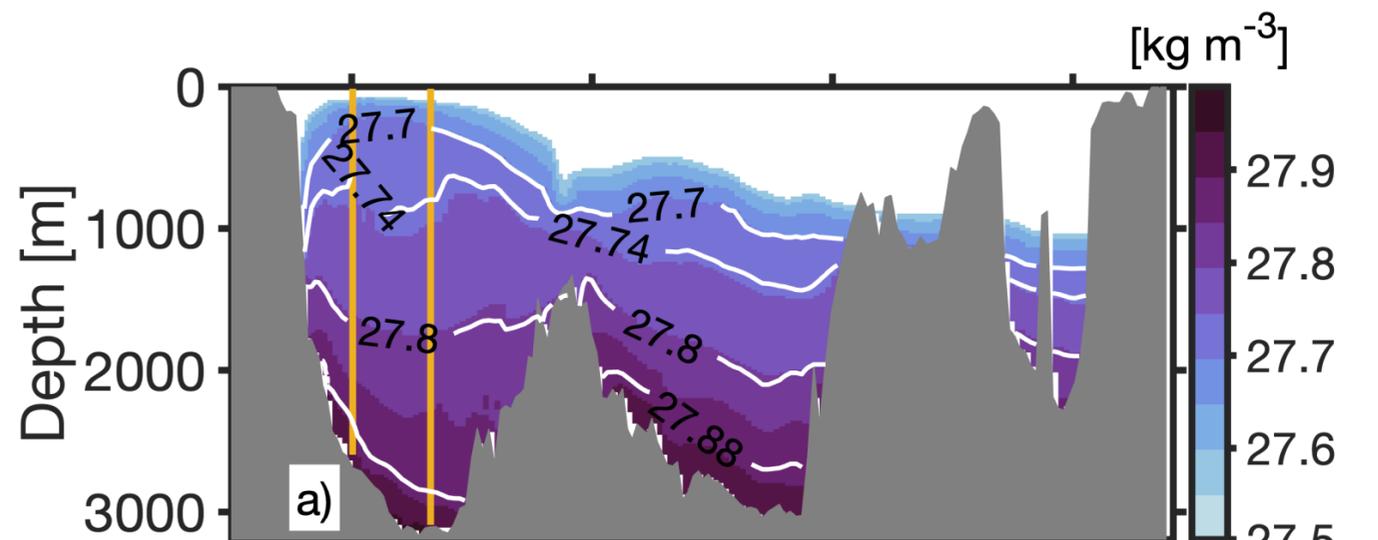


Figure 4.

