Non-uniqueness in ITCZ latitude due to radiation-circulation coupling in an idealized GCM

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Key Points:

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10	•	The equatorial ITCZ can be destabilized by radiation-circulation coupling in a hemi-
11		spherically symmetric aquaplanet model
12	•	As the ITCZ drifts off the equator two different asymmetric equilibria may exist
13		under symmetric forcing and boundary conditions
14	•	A theory is proposed based on the energy flux equator sensitivity to the perturbed
15		asymmetric heating when the ITCZ moves off the equator

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16 Abstract

An idealized aquaplanet moist global atmospheric model with realistic radiative trans-17 fer but no clouds and no convective parameterization is found to possess multiple climate 18 equilibria. When forced symmetrically about the equator, in some cases the Inter Trop-19 ical Convergence Zone (ITCZ) migrates to an off-equatorial equilibrium position. Mech-20 anism denial experiments prescribing relative humidity imply that radiation-circulation 21 coupling is essential to this instability. The cross-equatorial asymmetry occurs only when 22 the underlying slab ocean is sufficiently deep and the atmosphere's spectral dynamical 23 core is sufficiently coarse (\sim T170 or less with our control parameters). At higher res-24 olutions, initializing with an asymmetric state indicates metastability with very slow (thou-25 sands of days) return to hemispheric symmetry. There is some sensitivity to the model 26 timestep, which affects the time required to transition to the asymmetric state, with lit-27 tle effect on the equilibrium climate. The instability is enhanced when the planetary bound-28 ary layer scheme favors deeper layers or by a prescribed meridional heat transport away 29 from the equator within the slab. The instability is not present when the model is run 30 with a convective parameterization scheme commonly utilized in idealized moist mod-31 els. We argue that the instability occurs when the asymmetric heating associated with 32 a spontaneous ITCZ shift drives a circulation that rises poleward of the perturbed ITCZ. 33 These results serve as a warning of the potential for instability and non-uniqueness of 34 climate that may complicate studies with idealized models of the tropical response to 35 perturbations in forcing. 36

³⁷ Plain Language Summary

Much of the rainfall in the tropics occurs in the Intertropical Convergence Zones. 38 These regions are associated with the convergence of the surface winds, which produces 39 the rising air required to feed the Hadley cells. The ITCZ location is known to be de-40 termined by the spatial distribution of atmospheric heating as the Hadley cells act to 41 erase thermal imbalance within the tropics. With hemispherically symmetric heating, 42 a symmetric equatorial ITCZ is expected. However, it is shown in this paper that changes 43 in the ITCZ location affect the distribution of the radiative cooling of the atmosphere 44 through changes in the water vapor distribution, which may make the equatorial ITCZ 45 unstable under some circumstances. In this situation, two alternative climates with the 46 ITCZ shifted into either one of the hemispheres exist. This instability may play an im-47 portant role for understanding the distribution of tropical precipitation and the poten-48 tial for the existence of multiple climates for the same set of external conditions. 49

50 1 Introduction

In climate models, the typically smooth behavior of the climate as a function of 51 parameters or external forcing can potentially be altered dramatically by sharp bifur-52 cations and non-uniqueness. Examples typically involve interactions between the atmo-53 sphere and the oceans, land, or ice [e.g., Atlantic Meridional Overturning Circulation shut-54 off (Manabe & Stouffer, 1988), vegetation feedbacks maintaining the Green Sahara (Hopcroft 55 et al., 2021), and Snowball Earth instability (Voigt & Marotzke, 2010)]. Examples in-56 volving only the atmosphere in any significant way are rarer, despite the potential for 57 complexity given the atmosphere's turbulent and chaotic flow. Here, we present an ex-58 ample of non-uniqueness in a class of idealized atmospheric general circulation models 59 (GCMs) arising from spontaneous breaking of climate symmetry about the equator, as-60 sociated with the Intertropical Convergence Zone (ITCZ) migrating off the equator into 61 one hemisphere under hemispherically symmetric boundary conditions. When this "ITCZ 62 instability" occurs there are two equilibria, one with the ITCZ north and the other south 63 of the equator. 64

There is an extensive literature on idealized atmospheric GCMs with zonally sym-65 metric boundary conditions. Here, we are focused on models with active hydrological cy-66 cles, where the phase change of water vapor affects the atmospheric flow through latent 67 heating. In one popular class of idealized models with active hydrological cycles the ra-68 diation is decoupled from the water cycle by using gray radiation (Frierson et al., 2006). 69 which is only a function of temperature and pressure (Goody & Yung, 1995). One can 70 motivate this choice by the conceptual simplicity of separating off the uncertain role of 71 radiative processes to focus on the interaction between latent heat release and the at-72 mospheric circulation. However, there has been an increasing amount of research on ide-73 alized GCMs that use comprehensive radiative transfer, retaining in particular the ro-74 bust clear-sky water vapor effects on radiation, while discarding the more model-dependent 75 cloud radiative effects (Merlis et al., 2013a; Jucker & Gerber, 2017; Clark et al., 2018; 76 MacDonald & Ming, 2022). It is this class of idealized GCMs that we examine here. This 77 configuration allows for radiation-circulation feedbacks, in which changes in the circu-78 lation impact atmospheric heating by modulating the relative humidity distribution. As 79 the tropical heating distribution constrains the ITCZ position and structure (Lindzen 80 & Hou, 1988; Kang et al., 2008; Schneider et al., 2014; Bischoff & Schneider, 2014; Adam, 81 2021), it will be shown in this paper that this feedback loop can make the equatorial ITCZ 82 unstable in some cases. Other studies exposing the complexity introduced by the same 83 set of interactions include bifurcations in single column models (e.g. Raymond & Zeng, 84 2000; Sobel et al., 2007) and models of spontaneous Hadley cells (e.g. Raymond, 2000; 85 Kirtman & Schneider, 2000; Barsugli et al., 2005), in addition to the extensive literature 86 on spontaneous aggregation in radiative -convective equilibrium [see Wing et al. (2017) 87 for a review. 88

The other choice that we have made in this study is to focus primarily on models 89 with no closure schemes for either deep or shallow convection. We refer to this setup as 90 large-scale condensation-only (LSC). This choice is consistent with the goal of creating 91 a relatively robust point of comparison for similar studies probing the sensitivity of the 92 results to the choice of convection scheme. Many papers using idealized moist GCMs have 93 used the same simple Betts-Miller scheme described in Frierson (2007b) that relaxes un-94 stable columns to moist adiabats when there is adequate water to produce a specified 95 relative humidity. Some studies examine the effects of varying parameters in that scheme 96 (Frierson, 2007a; Merlis & Schneider, 2011). But it is still not well understood which fea-97 tures of convective closures control large-scale dynamical responses across classes of con-98 vection schemes of interest more generally. The LSC model can be thought of a natu-99 ral starting point for such studies. Existing research that has used idealized moist GCMs 100 without convection schemes include Frierson et al. (2006), Rios-Berrios et al. (2022), and 101 Labonté and Merlis (2023). 102

The work of Clark et al. (2018) has provided motivation for this study. Using a setup 103 very similar to that utilized in this paper (a moist aquaplanet with realistic clear sky ra-104 diative transfer) but with the convection scheme of Frierson (2007b), they study how the 105 response of the ITCZ to an imposed cross-equatorial heat flux is modified by water va-106 por feedback. Although not discussed in that paper, the same model but with the con-107 vection scheme turned off results in the ITCZ instability described here, with an asym-108 metric circulation even in the absence of the imposed cross-equatorial heat flux. Zhihong 109 Tan (personal communication) has also encountered this instability when running a GCM 110 with a similar set of idealizations (slab aquaplanet with realistic clear-sky radiation, but 111 with an eddy-diffusivity/mass-flux parameterization for the boundary layer and convec-112 tion). 113

Using a standard spectral dynamical core, we vary the resolution from T42 to T255 (meridional grid spacing in the transform grid of roughly 300 to 50 km). We do not try to push our resolution to nonhydrostatic scales. Given the variety of sensitivities of this ITCZ instability to parameters and external forcing in the simulations described below, our view is that we need to explore these sensitivities at the modest resolution typical
 of current Coupled Model Intercomparison Project (CMIP) climate models and ideal ized GCMs. We can then determine which, if any, configurations would be most valuably studied at much higher resolution.

We run the model with a slab ocean lower boundary condition so that the model 122 is energetically closed except for the top-of-atmosphere (TOA) radiative fluxes. We find 123 that the heat capacity of this slab must exceed a critical value, comparable to the heat 124 capacity of the atmosphere, for this ITCZ instability to exist. We also find sensitivity 125 to the depth of the planetary boundary layer and to the prescription of "oceanic" pole-126 ward energy transport within the slab. The double-ITCZ state that can be created with 127 imposed slab poleward energy transport in other idealized models (Bischoff & Schnei-128 der, 2016) is inhibited when parameters are such that the cross-equatorial instability is 129 present. 130

We describe the idealized GCM and parameters that we vary in Section 2. Section 131 3 introduces the ITCZ instability in a control simulation. It also contains results from 132 simulations in which we manipulate the climatological relative humidity distribution to 133 help make the case that the modification of this distribution is a key to this instability. 134 Section 4 surveys the sensitivities of the instability to resolution and model configura-135 tion while Section 5 describes results with an idealized convection scheme. Section 6 pro-136 vides a simplified conceptual framework for the instability that helps rationalize the sen-137 sitivities uncovered in the GCM qualitatively. We conclude with a summary of the main 138 results in section 7. 139

¹⁴⁰ 2 Model description

We use in this study an idealized moist GCM extracted from the Isca (Vallis et al., 141 2018) code base (commit 9560521e1ba5ce27a13786ffdcb16578d0bd00da) maintained at 142 the University of Exeter, building on the Flexible Modeling System and the spectral dy-143 namics code originally developed at the Geophysical Fluid Dynamics Laboratory of the 144 National Oceanic and Atmospheric Administration. The model incorporates a simpli-145 fied hydrological cycle in the spirit of Frierson et al. (2006) that includes water vapor 146 advection and liquid-vapor phase change but no clouds. All the condensate is rained out 147 immediately in this standard setup, but we also test the consequences of an alternative 148 setting in which reevaporation is required to saturate all layers below the level of con-149 densation before rain is allowed to reach the surface, providing the maximum increase 150 in relative humidity that reevaporation can provide (this is achieved by setting $do_{-}evap$ 151 to true in the lscale_cond_nml namelist). The specific humidity is a grid variable advected 152 with a finite-volume scheme and is not spectrally transformed. The model is run with 153 no convective parameterization, using large-scale condensation (LSC) only, except for 154 a few simulations described in section 5 using the simplified Betts-Miller (SBM) scheme 155 of Frierson (2007b) for comparison. 156

A key difference from Frierson et al. (2006) is the use of full instead of gray radi-157 ation following previous studies (Merlis et al., 2013a; Jucker & Gerber, 2017). Radia-158 tive transfer is computed using the RRTMG model (Mlawer et al., 1997). We set the obliq-159 uity and eccentricity to zero to eliminate the seasonal cycle but keep the diurnal cycle, 160 avoiding the need for defining an effective diurnally averaged zenith angle. The CO_2 con-161 centration is 300 ppmv, there are no other well-mixed greenhouse gases, and there is no 162 ozone. The solar constant is $1365 \text{ W} \text{m}^{-2}$. We use a surface albedo value of 0.22 to pro-163 duce Earth-like tropical surface temperatures given the absence of clouds and a relatively 164 dry troposphere. 165

The model is run over a slab ocean with no heat transport within the slab (i.e., no ocean Q-fluxes) by default. We use a control depth of 20 m but this value is changed in

some experiments, including a 'swamp' limit with zero heat capacity. We utilize the op-168 tion of computing the planetary boundary layer (PBL) depth with a critical bulk Richard-169 son number (Ri_c) between the surface and the top of the PBL, as described in Frierson 170 et al. (2006), but here we use this scheme in both stable and unstable PBL conditions 171 to provide a simple way of modifying the PBL depth through the value of Ri_c . This PBL 172 formulation is obtained by setting *do_simple* to true in the diffusivity_nml namelist. We 173 use the full Monin-Obukhov similarity theory in both stable and unstable conditions, with 174 the similarity functions and the roughness formulation maintained at the default settings 175 in the code. 176

Except when otherwise indicated above, our control configuration is based on Isca's 177 default template for the "MiMA" case of Jucker and Gerber (2017). We run the spec-178 tral core over a range of horizontal resolutions (T42 to T255) to probe the resolution de-179 pendence of the instability. We use 30 unequally-spaced sigma levels, with a near-surface 180 resolution of 20 hPa and a model top at 4 hPa. Motivated by the study of Williamson 181 and Olson (2003), who describes a timestep dependence of the ITCZ structure in an aqua-182 planet model with cloud-radiative interactions and convective parameterization, we also 183 explore the sensitivity to timestep at fixed resolution. But our focus on sensitivity to nu-184 merics is preliminary; in particular, we have not examined the dependence on vertical 185 resolution or alternative dynamical cores. 186

¹⁸⁷ 3 A hemispherically asymmetric climate

A model with T85 horizontal resolution, 20 meter depth slab ocean and no con-188 vective closure is chosen as the control from which we then modify resolution and pa-189 rameters. Fig. 1 shows the evolution of the zonal-mean precipitation over 5,000 days in 190 this simulation, initialized from an isothermal state of rest plus noise. The model ITCZ 191 initially forms at the equator and shows some preference for off-equatorial precipitation 192 in alternating hemispheres after day 1,200, but then definitively moves into one hemi-193 sphere after about 2000 days. The averaged zonal-mean precipitation over the last 2500 194 days of the simulation is shown in Fig. 2a. A single ITCZ is located at 8 degrees lati-195 tude in the Northern Hemisphere, co-located with the maximum slab temperature. 196

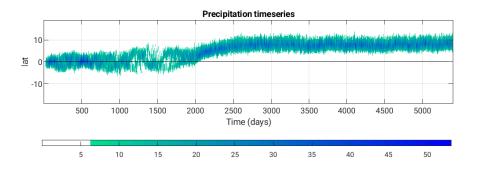


Figure 1. Time series of zonal-mean precipitation (mm/day) for a T85 simulation with no convective parameterization and a 20 meter deep slab ocean.

The underlying numerical model, the incident solar flux, and boundary conditions are all symmetric about the equator. If we take the final state (at day 5400) from this control run, reflect this state across the equator and use it to initialise a new simulation the ITCZ is then maintained in the Southern Hemisphere. Therefore, the model's climate is not unique—the ITCZ would be confined to the Southern Hemisphere for a different choice of random perturbation to the same symmetric initial conditions.

The other panels in Fig. 2 show the time- and zonal-mean meridional circulation, relative humidity, outgoing longwave radiation at the top of the atmosphere (OLR) and net column heating. These emphasize the strong cross-equatorial asymmetry in the model climate. In particular, the strengths of the Hadley cells in the two hemispheres differ by a factor of 2.7. Albeit weaker than in solstitial conditions on Earth (for which values of 4–6 for this ratio are typical), the degree of asymmetry is remarkable given the symmetric setup.

Given the absence of clouds in this model, the bulk of the asymmetry in the OLR 210 is a consequence of the asymmetry of the relative humidity, with the minimum in the 211 OLR co-located with the maximum relative humidity at the displaced ITCZ. (The ef-212 fect of surface temperature on OLR is smaller and would in isolation result in the op-213 posite sign of OLR asymmetry across the equator.) The ITCZ OLR is $\sim 8W \text{ m}^{-2}$ smaller 214 than the subtropical OLR maxima in the same hemisphere and $\sim 25 W m^{-2}$ in the op-215 posite hemisphere. For reference, the corresponding observed OLR dip based on annual-216 mean CERES-EBAF data (Loeb et al., 2018) is about $10 \,\mathrm{Wm^{-2}}$ in clear-sky conditions 217 and $32 \,\mathrm{W \,m^{-2}}$ for all-sky ($22 \,\mathrm{W \,m^{-2}}$ using hemispherically symmetrized data). 218

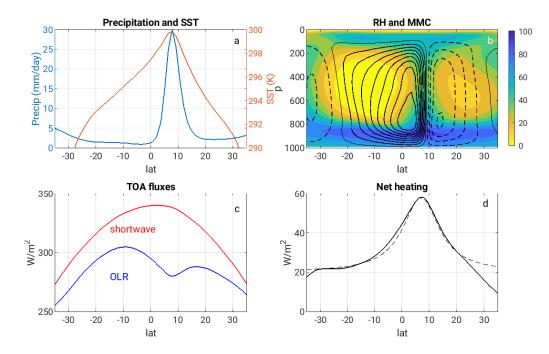


Figure 2. The climatology of the equilibrated control T85 simulation: (a) Time- and zonalmean precipitation and SST; (b) Zonal-mean relative humidity (shading, contour interval 10%) and mean meridional circulation (contours every 50 Sv starting at ± 25 Sv); (c) Top of the atmosphere net shortwave flux (red) and outgoing longwave radiation (blue); (d) Net column heating (solid) and Lorentzian fit (Eq. 1, dashed).

219 220 Given that there is no time-averaged heat flux into the lower boundary, and that the effect of water vapor in the shortwave is relatively small, the latitudinal distribution

of the vertically integrated heating of the atmosphere is determined by the asymmetric 221 OLR, which implies that the water vapor radiative feedback is key to this instability. Con-222 sistently, simulations using gray radiation, following Frierson et al. (2006), with the same 223 setup as our control simulation otherwise, produce an equatorially symmetric climate. 224 In the substantial literature describing simulations with this gray model, we are aware 225 of no discussion of spontaneously asymmetric climates of the sort described here, though 226 Bellon and Sobel (2010) provides an example of multiple/asymmetric equilibria in the 227 absence of radiative feedbacks in a simplified model. 228

229

3.1 Impact of RH structure

We have found it useful for understanding the impact of the relative humidity (RH) 230 asymmetry to manipulate these simulations by prescribing the RH field seen by the ra-231 diation to distributions obtained by perturbing the climatological RH of the control run. 232 In all these simulations the RH used for the radiation computation is prescribed over the 233 interior tropical troposphere (150-850 hPa, 30S-30N), with the full, interactive RH used 234 elsewhere. We emphasize that this prescribed RH is only used to compute the radiation 235 and that the model has a full hydrological cycle with an internally determined RH oth-236 erwise. As a validation of this approach, the asymmetric climate produced is nearly iden-237 tical to that of the control run when the prescribed RH is taken to be the climatolog-238 ical RH from that simulation (c.f., dashed and solid black lines in Fig. 3). 239

We examine two classes of simulations in which the prescribed RH field is manipulated to investigate how its asymmetry controls the asymmetric climate. In one of these, we maintain the location of the RH maximum produced by the ITCZ but modify the asymmetry in the subtropical RH field. In the other, the latitude of the ITCZ RH maximum is moved north or south holding the subtropical RH values unchanged.

To manipulate the subtropical asymmetry in RH, we first compute the linear slope 245 in RH in the control climatology between the ITCZ and 30 degrees latitude independently 246 for each hemisphere and at each level between 150 and 850 hPa. In the first "symmet-247 ric" simulation, the subtropical RH asymmetry is removed by using multipliers for these 248 trends that equalize the RH minima in the hemispheres, at every level. Fig. 3b shows 249 the resulting RH field and Fig. 3c its midtropospheric profile (blue line). In a second, 250 "reversed" simulation (red line in Fig. 3c), the RH minimum is made deeper in the North-251 ern than in the Southern Hemisphere. At the ITCZ location of the control run, the pre-252 scribed RH field is kept unchanged in both simulations. 253

These changes to the off-ITCZ relative humidity have a large impact on the pre-254 cipitation field. The ITCZ shift is reduced in the symmetrized simulation and nearly elim-255 inated in the reversed simulation even though the maximum heating is kept unchanged 256 at the location of the control ITCZ by construction. This exercise makes it clear that 257 in our model, the ITCZ latitude is determined by the tropics-wide hemispheric asym-258 metry in the heating as in the pictures put forward by Lindzen and Hou (1988) and Kang 259 et al. (2008) rather than by the location of maximum heating as in some ITCZ theories 260 (e.g., Waliser & Somerville, 1994). On the other hand, the ITCZ latitude overlies the max-261 imum slab temperature in all these simulations (not shown), consistent with Privé and 262 263 Plumb (2007) and Singh (2019). In our energetically-closed framework, one can think of both the slab temperature and precipitation as ultimately being determined by the 264 TOA heating. 265

In the second set of simulations, we shift the location of the RH maximum as seen by the radiation but also stretch or compress the meridional coordinate so as to keep RH unchanged at this location and at $\pm 30^{\circ}$. We shift the RH maximum by $\pm \Delta/2$ and $\pm \Delta$, where $\Delta \approx 8^{\circ}$ is the meridional ITCZ shift in the control climatology, so that with a $-\Delta$ shift the RH maximum moves back to the equator ("unshifted" RH, Fig. 4b). The RH profiles for all these cases are shown in Fig. 4c and the corresponding results in Figs.

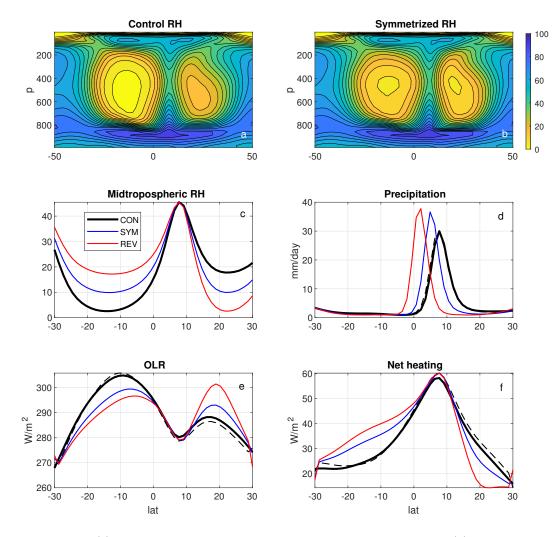


Figure 3. (a) Mean relative humidity profile for the control T85 simulation; (b) Symmetrized RH profile used for the prescribed RH simulations (see text for details); (c) Midtropospheric RH profiles for the control simulation (thick black), a simulation with symmetrized off-ITCZ RH (blue) and a simulation with reversed off-ITCZ RH (red); (d) Same but for the precipitation; (e) Same but for the OLR; (f) Same but for the net column heating. The dashed black line shows the same fields for the control T85 simulation with fully interactive radiation.

4d-f. In particular, we find that the ITCZ of the unshifted simulation still resides in the
Northern Hemisphere even though the net heating peaks at the equator by construction.
In addition, these simulations suggest that it is difficult to shift the ITCZ further poleward than simulated in the control. Overall, the implication from these manipulatedRH simulations is that the displaced RH maximum and the subtropical RH asymmetry
are of comparable importance for the maintenance of the shifted ITCZ.

However, we do not mean to imply that the RH distribution is the only factor controlling the precipitation structure. A comparison of this LSC model with a model using the SBM convective scheme of Frierson (2007b) is illuminating in this regard. We have run the SBM model, using the same setup as in our control except for the convection scheme, prescribing the RH in that model, with the same procedure as described above, to the time-averaged RH produced in our LSC control. The results are described in Fig. 5. The heating fields and associated total atmospheric energy transport are nearly

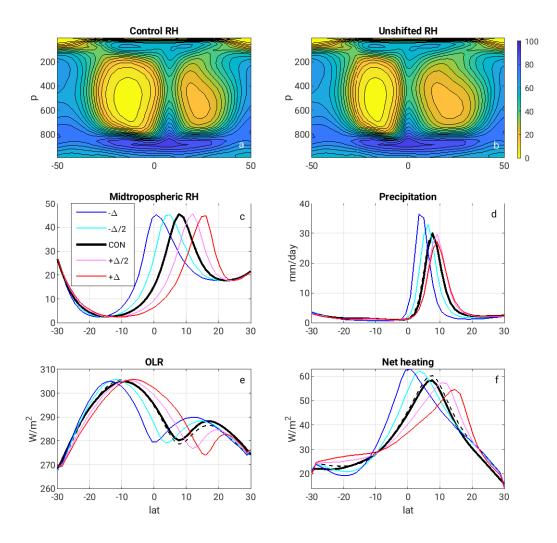


Figure 4. (a) Mean relative humidity profile for the control T85 simulation; (b) Perturbed RH profile obtained shifting the RH maximum back to the equator; (c) Midtropospheric RH profiles for the control simulation (thick black), and simulations shifting the RH maximum distances $\Delta/2$ or Δ equatorward or poleward of its control location, where Δ is the ITCZ shift for the control run; (d) Same but for the precipitation; (e) Same but for the OLR; (f) Same but for the net column heating. The dashed black line shows the same fields for the control T85 simulation with fully interactive radiation.

identical in the two models (Fig. 5a), so the location of the energy flux equator, where 285 the transport changes sign, is identical as well. But the ITCZ displacement is smaller 286 in the SBM model (Fig. 5b), and the energy flux equator provides a good approxima-287 tion to the ITCZ position in the SBM model but not in the LSC model. When the to-288 tal atmospheric transport is decomposed into mean and transient eddy components, the 289 two models look very different. The LSC model produces a poleward moist static energy 290 (MSE) transport from the energy flux equator to the ITCZ by the mean Hadley cell (blue 291 line in Fig. 5c). This transport is compensated by transient eddy fluxes (red), which are 292 dominated by moisture fluxes in the deep tropics (not shown). In contrast, the SBM sim-293 ulation has mean transport away from the ITCZ and much weaker eddy fluxes in the deep 294 tropics (Fig. 5d). We can describe the LSC model as having negative Gross Moist Sta-295 bility (GMS) for the mean flow near the ITCZ, while the convection scheme in the SBM 296

²⁹⁷ model maintains a positive GMS throughout. We return to the SBM model, with free-

²⁹⁸ running rather than prescribed RH, in Section 5.

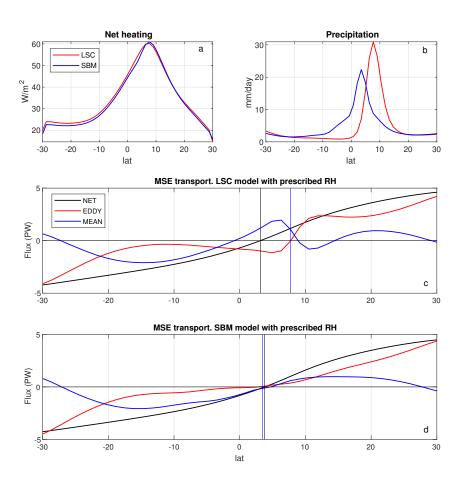


Figure 5. (a) Net column heating and (b) precipitation for LSC (red) and SBM simulations (blue) with prescribed RH taken from the control run. (c) Net moist static energy flux (black) and contributions by the mean circulation (blue) and transients (red) for the LSC simulation with prescribed RH. The black and blue vertical lines show the energy flux equator (latitude of zero MSE flux) and ITCZ (latitude of maximum precipitation), respectively. (d) Same but for the SBM simulation with prescribed RH.

²⁹⁹ 4 Sensitivity to resolution and other model parameters

300 4.1 Impact of resolution

We have repeated our control calculation for both lower and higher resolutions: T42, T63, T127, T170, T213 and T255. Clear ITCZ drifts are found for all resolutions up to T170 (fourth panel in Fig. 6) but the T213 and T255 simulations do not show a clear shift.

Fig. 7 (a) compares the equilibrium precipitation for all runs (simulations with southern ITCZs are shown reflected across the equator to facilitate comparison). The changes with increasing resolution are modest for all shifting runs, with small reduction in the ITCZ displacement and with some narrowing of the ITCZ. These changes provide little forewarning of the disappearance of the cross-equatorial asymmetry at T213.

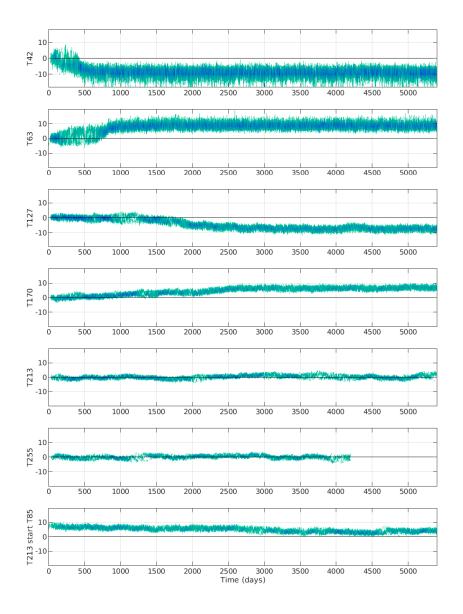


Figure 6. Time series of zonal-mean precipitation at resolutions ranging from T42 to T255. The bottom panel shows the same for a T213 simulation initialized using the equilibrated SST of the control T85 simulation.

A possible explanation for these results is that asymmetric equilibria still exist at 310 high resolution but cannot be reached easily due to the reduced meridional ITCZ excur-311 sions at these resolutions. To test this hypothesis, the bottom panel of Fig. 6 shows the 312 precipitation time series for a T213 simulation initialized using the asymmetric SST from 313 the equilibrated T85 run. There is some hint that a shifted equilibrium might also ex-314 ist at this resolution, with the ITCZ displaced from the equator by an amount compa-315 rable to the ITCZ width, but this conclusion should be regarded with caution given the 316 slow evolution. 317

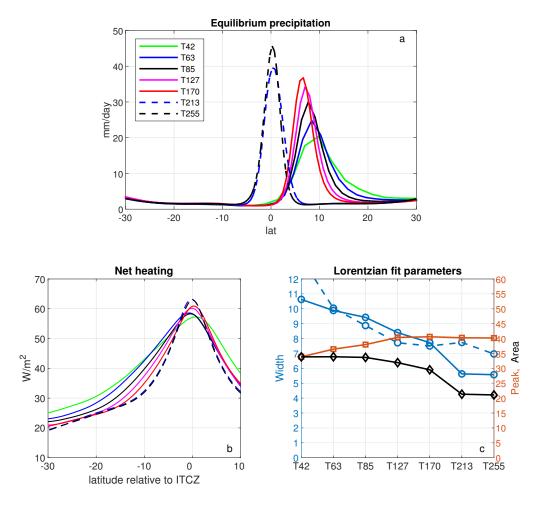


Figure 7. (a) Equilibrium zonal-mean precipitation for simulations with no convective parameterization at various resolutions (see legend). Solid/dashed lines are used to differentiate shifted/symmetric ITCZs. (b) Net heating for the same simulations as a function of distance to the ITCZ. (c) Resolution sensitivity of the Lorentzian best fits to the heating width w (blue) and amplitude s_I (orange) in Eq. 1, together with the normalized area ($s_I * w/w_{T42}$, black). We also show with dashed line the width of the heating in the swamp setting.

Following the ITCZ changes, the RH maximum, OLR minimum and heating maximum also shift with resolution. Shifting the curves so that they all peak at the same latitude for ease of comparison, Fig. 7b shows that the heating contracts with enhanced resolution, with small increases in its peak value. We can describe this sensitivity more quantitatively by fitting the curves to a Lorentzian profile of the form:

$$Q_I = s_I \left[1 + \left(\frac{y - y_I}{w}\right)^2 \right]^{-1}, \tag{1}$$

)

where $y - y_I$ is an ITCZ-relative latitude while s_I and w are fitting parameters. (We also included in our fit a constant term associated with the subtropical heating that was found to change weakly with resolution). An example of this fit is shown with dashed line in Fig. 2d for the T85 simulation.

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³²⁸ Comparing these parameters for all runs (Fig. 7c), we can see that w is reduced ³²⁹ by nearly 50% going from T42 to T255, while s_I increases by less than 10%, implying a reduction in the integrated ITCZ heating (black line, see also Table 1). The sugges-

tion from these results is that increased width of the ITCZ-related radiative heating fa-

vors the existence of an asymmetric solution. This result can also be described in terms

of the latitudinal integral of the heating, larger values of which favor the existence of an asymptotic state. We return to these suggestions in Sec. 6

asymmetric state. We return to these suggestions in Sec. 6.

Table 1. Summary of Lorentzian fits to the heating width and net ITCZ heating a . Stablesimulations in bold

Run	Heating width	ITCZ heating	
T42	10.6°	1.00	
T63	9.9°	1.00	
T85	9.4°	0.99	
T127	8.4°	0.94	
T170	7.7°	0.87	
T213	5.6°	0.63	
T255	5.6°	0.62	
$Ri_{c} = 0.25$	7.3°	0.74	
REEVAP	7.2°	0.80	
SBM	12.3°	2.78	

^aEstimated as the product $s_I w$ in Eq. 1 and normalized with the T42 results

Given the work of Williamson and Olson (2003) on the sensitivity of double-ITCZ 335 solutions in aquaplanets to the physics time step, we have conducted a limited investi-336 gation of the timestep dependence in our T85 model. We do not use a split time step 337 in these simulations, with both dynamic and moist physics tendencies computed every 338 5 minutes, the maximum value that insures numerical stability as determined by trial 330 and error. (The radiation time step is fixed at two hours in all runs.) Reducing the timestep 340 to 1 minute, we find the surprising behavior depicted in Fig. 8. While the 5-minute step 341 results in an asymmetric climate only, the 1-minute step model exhibits hysteresis, pro-342 ducing either an equatorial ITCZ or a single off-equatorial ITCZ depending on initial 343 conditions. (We have produced the asymmetric climate in the figure by initializing with 344 the SSTs from the final equilibrated state in the control run.) A third equilibrium with 345 a single southern hemisphere ITCZ can also be obtained by reversing the initial condi-346 tions (not shown). 347

Simulations with time steps intermediate between 1 and 5 minutes suggest that a smaller time step tends to stabilize the symmetric climate, increasing the time required to transition to the asymmetric state. Preliminary tests at other resolutions provide a consistent picture of the delicacy of the stability/metastability/instability of the symmetric state to time step but with relatively little sensitivity of the structure of the asymmetric states. In the T42 model, we find only asymmetric states for all timesteps down to a few seconds.

We have found only very weak sensitivity to the strength of the scale-dependent damping of small scales in this spectral model. But there may be sensitivity to other numerical aspects of the model, such as vertical resolution (Retsch et al., 2017) or the dynamical core formulation, that we have not examined.

359 4.2 Surface heat capacity

We have found that the instability of the equatorial ITCZ requires that the slab ocean have a critical amount of thermal inertia. Our control simulations use a heat ca-

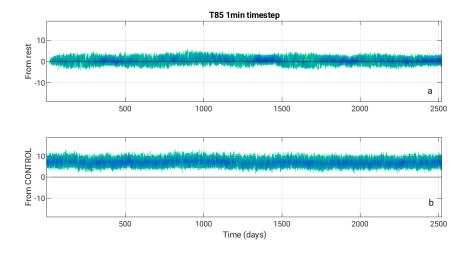


Figure 8. Time series of zonal-mean precipitation for T85 simulations run with 1-minute timestep and started from (a) rest or (b) the converged control simulation.

pacity corresponding to 20 m of water, relatively large compared to what is commonly 362 used in this class of idealized models, in which shallower slabs are usually motivated by 363 the desire of minimizing the time required to equilibrate. When this heat capacity is re-364 duced substantially in our model, the instability is inhibited. This is illustrated by Fig. 365 9, which shows time series of zonal-mean precipitation at T85 resolution for select slab 366 depths. In the limit H = 0, which we refer to as a "swamp" following Manabe (1997), 367 the peak in zonal-mean precipitation varies only modestly around the equator on fast 368 time scales. As H increases, the ITCZ starts drifting off the equator, initially in sporadic 369 short-lived episodes (0.5 m) and then quasi-periodically (1 m). For larger values of H, 370 the ITCZ shifts to an off-equatorial position, where it persists for a prolonged time, but 371 it sporadically returns to the equator to subsequently undergo a new transition (see $1.5 \,\mathrm{m}$). 372 For $H \ge 2$ m, the ITCZ shift appears to be irreversible. These simulations have been 373 extended longer than shown in the figure, up to as long as 10800 days, with no changes 374 in this qualitative behavior. 375

The 2 m threshold implies that the ITCZ shift requires a slab heat capacity com-376 parable to or larger than the atmospheric heat capacity, $O(10^7 \,\mathrm{J \, K^{-1} \, m^{-2}})$. Interestingly, 377 a transition from non-aggregating to aggregating convection as the slab depth is increased 378 has been found in simulations of radiative-convective equilibrium [with the transition at 379 similar depth as here: between 1 m and 5 m in Hohenegger and Stevens (2016) for ex-380 ample]. Hohenegger and Stevens (2016) attribute this transition to an increase in spa-381 tial SST variability that alters the competition between evaporation and the export of 382 moisture by shallow low-level circulations in the non-convective regions. But we have no 383 evidence that this mechanism is relevant in our inhomogeneous setup. 384

We have repeated this H variation at different horizontal resolutions, holding other parameters in the control model fixed. The results are qualitatively similar in that simulations with H < 2 m have a stable symmetric climate. But the transition to instability seems to occur at larger depths at higher resolution. We have not attempted to identify the transition depth in these cases more precisely due to the large cost at high resolution of the long integrations needed to distinguish the different types of behavior

seen in Fig. 9.

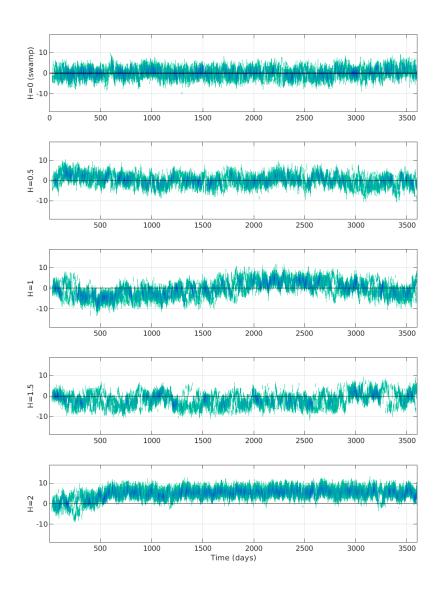


Figure 9. Time series of zonal-mean precipitation for T85 simulations with no convective parameterization and varying slab depth.

The H = 0 swamp limit provides a clean hemispherically-symmetric climate with little low-frequency variability to compare the impact of different modeling choices on the tropical humidity distribution and closely related OLR fluxes. Potentially, one could look for signatures in these swamp simulations that predict whether models with deep slabs produce asymmetric climates. Fig. 10 shows the OLR in the swamp limit for all resolutions from T42 to T255. All of these simulations produce an equatorial ITCZ.

We noted above that the heating narrows with increasing resolution (blue line in Fig. 7c). However, this may be partly due to the increased generation of waves and vortices when the ITCZ drifts off the equator. To investigate this possibility, we also include with dashed line in Fig. 7c the Lorentzian fits to the heating width for the swamp simulations, all which have an equatorially-centered ITCZ. For resolutions T127 and lower the sensitivity is comparable to that in the control H = 20 m setting, suggesting that

the width sensitivity in that setting is not caused by differences in the ITCZ latitude.

the width sensitivity in that setting is not caused by differences in the ITCZ fatitude

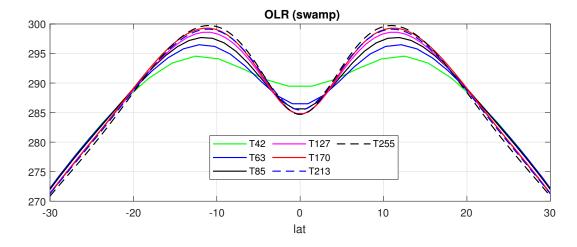


Figure 10. Equilibrium OLR $(W m^{-2})$ for swamp simulations with no convective parameterization at various resolutions. Dashed/solid lines indicate resolutions with stable/unstable ITCZ with the control slab depth.

4.3 Prescribed poleward heat transport in the slab ocean

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To the extent that the existence and structure of asymmetric climates in this model are controlled by the energy balance, as indicated by the relative humidity manipulations described in section 3, we expect sensitivity to the addition of a prescribed Q-flux to the slab. We consider only symmetric redistributions of heat confined to the tropics. Following Merlis et al. (2013b), we model the convergence of the ocean heat flux as:

$$-\nabla \cdot F_{OCEAN} = \frac{Q_0}{\cos\phi} \left(1 - \frac{2\phi^2}{\phi_0^2}\right) \exp\left(-\frac{\phi^2}{\phi_0^2}\right)$$
(2)

with $\phi_0 = 16^\circ$. We consider both positive and negative values for Q_0 (warming the equator and cooling the subtropics or the reverse).

The instability is favored by poleward Q fluxes that cool the equator (as happens in nature). With $Q_0 = -20 \text{ Wm}^{-2}$, the ITCZ transition occurs earlier for the control T85 simulation (Fig. 11a, note the different time range from Fig. 1) and the instability persists at higher resolution than for the control setting (the T213 simulation is now unstable, see Fig. 11b).

⁴¹⁹ Consistently, an equatorward Q-flux can stabilize an equatorial ITCZ. For the con-⁴²⁰ trol T85 resolution, this requires a minimum $Q_0 = 8 \text{ Wm}^{-2}$ (Fig. 11c). But we have ⁴²¹ found some hysteresis as well. Initializing the $Q_0 = 8 \text{ Wm}^{-2}$ simulation with the asym-⁴²² metric climate obtained with $Q_0 = 6 \text{ Wm}^{-2}$ instead, the shifted ITCZ can be main-⁴²³ tained (Fig. 11d). Just as for the timestep dependence, the effect may be better described ⁴²⁴ as affecting the stability or metastability of the symmetric state more significantly than ⁴²⁵ the asymmetric equilibria.

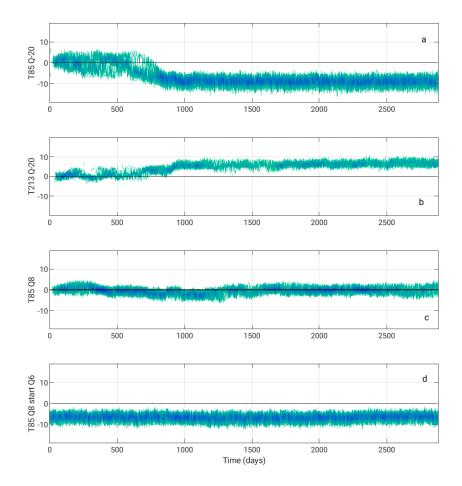


Figure 11. Timeseries of zonal-mean precipitation for: (a) A T85 simulation with poleward Qflux 20 Wm^{-2} ; (b) A T213 simulation with poleward Qflux 20 Wm^{-2} ; (c) A T85 simulation with equatorward Qflux 8 Wm^{-2} ; (d) Same as c but starting from the equilibrated climate obtained with an equatorward Qflux 6 Wm^{-2}

426 **4.4 PBL depth**

The instability of the equatorial ITCZ state also has some sensitivity to the con-427 figuration of the model's planetary boundary layer (PBL). In particular, a shallower PBL 428 than generated in the control can inhibit the ITCZ instability from appearing. To probe 429 this sensitivity, we run further simulations in which we perturb the critical Richardson 430 number Ri_c of the PBL scheme from its control value of $Ri_c = 1$. The point at which 431 the Richardson number of the flow exceeds Ri_c marks the top of the PBL (the height 432 where the turbulent diffusivities go to zero). Changing the value of Ri_c represents the 433 primary way in which the model's PBL scheme can be smoothly perturbed. Figure 12 434 shows time series of zonal-mean precipitation for experiments run at T85 resolution with 435 Ri_c set to 1 (its control value) and 0.25. We have performed simulations at other val-436 ues and resolutions as well, and the ITCZ instability is consistently inhibited for smaller 437 values of Ri_c , corresponding to a thinner boundary layer relative to the control value. 438

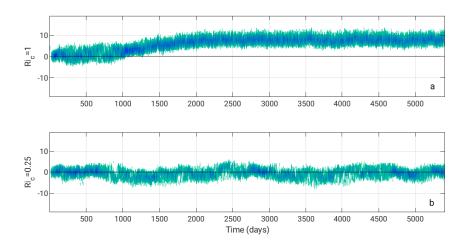


Figure 12. Time series of zonal-mean precipitation at a resolution of T85 for Ri_c values of (a) 1 and (b) 0.25.

Figure 13a shows how changing Ri_c alters the RH distribution in the swamp setting. Here it can clearly be seen that using a smaller value of Ri_c leads to a shallower PBL, enhancing OLR away from the equator (Fig. 13b). The ITCZ, in contrast, is slightly moistened. As a result, the ITCZ stabilization with decreasing Ri_c is accompanied by a sharpening of the OLR as previously found for the resolution sensitivity. Associated with this sharpening, the heating width estimated using Eq. 1 reduces by about 20% (from 9.4° to 7.3° at T85) and the net ITCZ heating decreases (Table 1).

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4.5 Evaporation of condensate

Another factor impacting the RH distribution in the model is the treatment of condensate. In the control configuration used above, the liquid water is immediately rained out upon condensation. But the model also allows an alternative configuration in which the falling rain is reevaporated. In this opposite extreme limit, the precipitation only reaches the surface when the column is fully saturated below the level of condensation.

This has the expected impact on the model's RH and has also been found to af-452 fect the ITCZ instability, which only survives for the lowest resolutions (up to but not 453 including T85) with rain reevaporation. Fig. 13 shows the impact of this modeling choice 454 on the RH distribution (bottom left) and OLR (bottom right) using the swamp setting. 455 The most obvious RH impacts are a moistening at the ITCZ latitude that deepens the 456 OLR minimum and a slight shallowing of the BL in the subtropics. This increases the 457 ITCZ-to-subtropics OLR gradient, makes the ITCZ heating narrower ($w = 7.24^{\circ}$) and 458 reduces the net ITCZ heating (c.f., Table 1), again consistent with the changes seen in 459 the resolution and Ri_{c} sensitivity experiments for the stable simulations. 460

5 ITCZ instability with the simplified Betts-Miller scheme

As discussed in the introduction, several previous studies have used idealized moist GCMs with realistic radiation similar to our model. However, the majority of these studies parameterize the convection using the simplified Betts-Miller (SBM) scheme of Frierson (2007b). The ITCZ instability described in this paper has not been reported using that

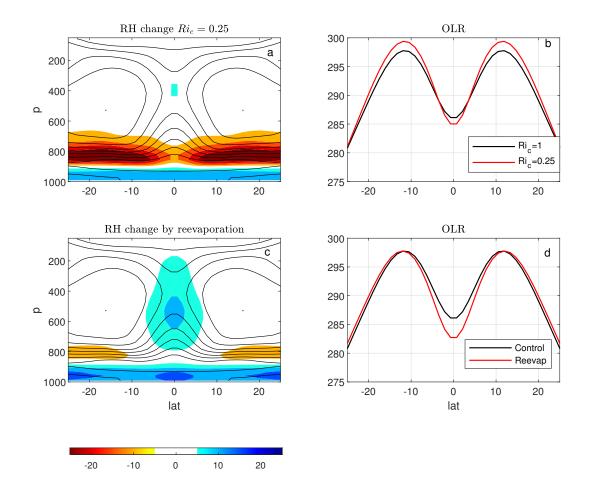


Figure 13. (a) Climatological relative humidity for the control swamp simulation with $Ri_c = 1$ (black contours every 10%) and RH changes when Ri_c is reduced to 0.25 for T85 resolution simulations; (b) OLR for the control swamp simulation (black) and for the simulation with $Ri_c = 0.25$ (red); (c, d) As above but when enabling rain reevaporation.

configuration to our knowledge. We have confirmed that the ITCZ instability does not occur with the standard configuration of the SBM scheme at any resolution in the range that we have analyzed in the LSC model. Fig. 14 shows results for the SBM analog of the T85 control run. The ITCZ is very stable: it weakens sporadically but rarely moves from the equator. Even with strong poleward Q fluxes $Q_0 = 40 \text{ Wm}^{-2}$, the ITCZ wobbles between the two sides of the equator but never sets into an asymmetric equilibrium (not shown).

As shown in Fig. 14, the SBM model produces much larger RH in its ITCZ than the LSC model (shown dashed for comparison) and hence a much deeper OLR minimum $(35 \text{ Wm}^{-2} \text{ compared to } 10-25 \text{ Wm}^{-2} \text{ in the LSC model})$. As the SBM model also has wider heating than its LSC counterpart, this model produces substantially stronger ITCZ heating (Table 1).

This is at odds with the stabilization found in other parameters settings, which is always accompanied of a reduction in the net ITCZ heating. This suggests that other factors, like the different sign of GMS with the SBM scheme and with LSC only (c.f., section 3 and Fig. 5), may also play a role for the different ITCZ stabilities of the two models. It is tempting to speculate based on these results that the negative GMS of the

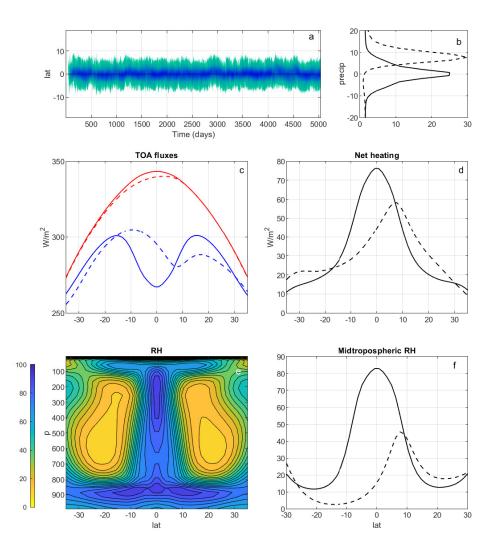


Figure 14. For the T85 simulation using the simple Betts-Miller convective scheme: (a) Time series of zonal-mean precipitation and (b) climatological precipitation; (c) Top of the atmosphere radiative fluxes (red: shortwave, blue: OLR) and (d) net column heating; (e) Climatological relative humidity and (f) its midtropospheric (530 hPa) profile. The dashed lines in all panels show the corresponding LSC results for comparison.

LSC setting might be key for the instability more generally, but examination of the GMS in some of the other simulations described above produces mixed results. For instance, the analysis of the sensitivity to the PBL depth shows that a shallower PBL stabilizes the ITCZ despite decreasing (i.e., even more negative) GMS (not shown).

The stability of the symmetric climate with the SBM convective scheme is robust over a wide range of parameters. We could not destabilize the model by disabling shallow convection or by changing the reference relative humidity of the scheme. The model can be destabilized by increasing the relaxation timescale but this requires timescales of several days, much longer than needed to make resolved precipitation dominate over convective precipitation. Motivated by the conjecture that the ITCZ stability in the SBM model might be partly due to its large GMS, we tried a mofification of the SBM scheme relaxing to a profile less stable than the moist adiabat. Specifically, we tried relaxation to a profile defined by the following lapse rate:

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$$\frac{dT}{dz} = \mu \Gamma_m + (1 - \mu) \Gamma_d \tag{3}$$

where Γ_d (Γ_m) is the dry (moist) adiabatic lapse rate and the standard SBM scheme is recovered with $\mu = 1$. Using this modification, it is possible to destabilize the scheme with modest reductions in μ . The critical μ depends on resolution: $\mu = 0.8$ at T42 and $\mu = 0.6$ at T85. We have verified that for these values of μ the convective scheme still provides significant vertical MSE transport, so that the destabilization of the ITCZ in this limit is not simply due to the scheme becoming inoperative and the model reverting back to LSC.

An alternative, more physical way to destabilize the SBM scheme is by relaxing to the entraining plume profile of Duffy and O'Gorman (2022), calculated assuming that the convective plume is mixed with the environment with an entraining rate inversely proportional to height. We were also able to destabilize the model using this scheme, though at T85 this required an entrainment parameter an order of magnitude larger than considered by Duffy and O'Gorman (2022) (not shown).

These results suggest that the ITCZ instability may not be unique to the LSC setting and could plausibly also occur under convective parameterizations that do not stabilize the tropics as strongly as the SBM scheme. Zhihong Tang (personal communication) reports encountering this instability when using an eddy-diffusivity/mass-flux parameterization for the convective closure.

516 6 Discussion

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6.1 The basic physical picture

As the prescribed RH simulations demonstrate, the asymmetric GCM equilibrium 518 is maintained by the asymmetric tropical and subtropical radiative heating associated 519 with an off-equatorial ITCZ. Lindzen and Hou (1988) and Kang et al. (2008) have shown 520 that with asymmetric heating, the ITCZ must move into the more strongly heated hemi-521 sphere to maintain flat deep-tropics temperatures. When the heating is tied to the cir-522 culation and not prescribed, we may expect instability if the anomalous circulation driven 523 by the RH-controlled heating asymmetry produced by an ITCZ shift tends to amplify 524 that shift. 525

Consider for instance a situation in which the ITCZ is displaced to a latitude $y_I >$ 526 0 north of the equator as part of the model's internal variability. The perturbed RH will 527 then make radiative heating asymmetric about the equator and, if this asymmetric heat-528 ing is maintained long enough for the atmospheric circulation to adjust (which requires 529 sufficient thermal inertia in the slab), this will move the energy flux equator to some lat-530 itude y_0 in the Northern Hemisphere. Neglecting eddy fluxes for simplicity (this assump-531 tion is relaxed below) the maximum Hadley cell updraft and the ITCZ will drift towards 532 this new latitude. 533

⁵³⁴ We can then envision two different scenarios. If $y_0 < y_I$ (Fig. 15, this figure and ⁵³⁵ the accompanying discussion were inspired by the comments of an anonymous reviewer), ⁵³⁶ the heating asymmetry is reduced by the circulation and the ITCZ returns towards the ⁵³⁷ equator. On the contrary, when $y_0 > y_I$ the ITCZ is unstable because the induced cir-⁵³⁸ culation will make the heating more asymmetric and amplify the initial ITCZ drift (Fig. ⁵³⁹ 15, middle). For small perturbations, the ITCZ instability depends on the slope of the ⁵⁴⁰ $y_0(y_I)$ curve (red solid line) at $y_I = 0$ and can be determined using the asymptotic expansion of Bischoff and Schneider (2014). More generally, one may also envision situ-

ations in which the ITCZ is stable for small perturbations and unstable for large per-

turbations (Fig. 15, right), so that more than one stable equilibrium may exist.

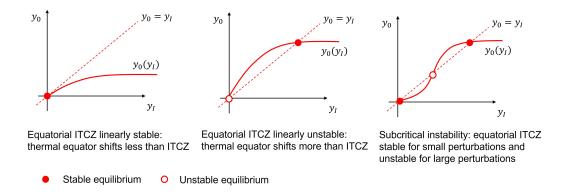


Figure 15. Schematic depicting the sensitivity of the thermal equator y_0 to the latitude y_I of ITCZ heating under idealized scenarios supporting linear stability (left), linear instability (middle) and subcritical instability (right). The filled (empty) red circles represent stable (unstable) equilibria.

6.2 Sensitivity of the energy flux equator to the ITCZ heating

Based on the above discussion, we expect the instability to be determined by the $y_0(y_I)$ curve (red solid lines in Fig. 15). In principle, one could use the prescribed-RH model to map how the energy flux equator changes when the ITCZ RH is shifted. Due to the different RH structure about the ITCZ when the resolution and model parameters are varied, we expect the $y_0(y_I)$ relation to differ across the various settings, affecting the instability of the respective models. Rather than performing this exercise explicitly, we use the tropical energy balance to analyze what determines the sign of y_0-y_I .

⁵⁵² Consider first a situation in which the ITCZ RH has no radiative impact, for in ⁵⁵³ stance when RH is constant or when using gray radiation. The energy balance in this
 ⁵⁵⁴ situation is given by:

$$S(y) - OLR_0(y) = \nabla \cdot F \tag{4}$$

where S(y) is the solar heating, F is the vertically-integrated meridional moist static energy flux and $OLR_0(y)$ the outgoing longwave radiation. We use the 0 subscript to emphasize that this OLR depends only on temperature. Due to the weak rotation, we expect the meridional structure of temperature and OLR_0 to be strongly constrained by angular momentum conservation and very flat in the deep tropics. If we were given the value of F at the Hadley cell edge, F_H , we could determine OLR_0 by simply shifting this curve as in the classical Held and Hou (1980) solution, equivalent to solving:

$$\langle S \rangle - \langle OLR_0 \rangle = 2F_H,$$
 (5)

where $\langle \cdot \rangle$ denotes a tropics-wide integral.

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In the presence of ITCZ-induced RH structure temperatures are still flat, but OLR no longer is. We take into account the OLR structure due to the water vapor longwave heating by introducing an additional heating term Q_I :

$$S(y) - OLR_0(y) + s_I Q_I(y - y_I) = \nabla \cdot F, \tag{6}$$

where the heating is a function of distance to the ITCZ latitude y_I , and s_I is a measure of the strength of the RH-driven OLR correction. For the sake of concreteness, we make use of the empirical result that Q_I is well approximated by a Lorentzian:

$$Q_I(y) = \frac{1}{1 + \frac{y^2}{w^2}} - 2w \arctan\left(\frac{L_H}{w}\right).$$
 (7)

This expression differs from Eq. 1 by a constant (last term on the RHS), introduced to make $Q_I(y)$ integrate to zero over the tropics (L_H is the Hadley cell width). This allows determining the reference OLR_0 by tropics-wide energy conservation as in Eq. 5, assuming that the energy flux at the Hadley cell edge F_H does not change. More generally, we assume that OLR_0 is not affected by changes in the ITCZ latitude y_I . We also assume that the parameters defining the ITCZ radiative heating, s_I and w, are not a function of y_I .

Putting everything together:

$$Q_B(y) + \frac{s_I}{1 + \frac{(y - y_I)^2}{w^2}} = \nabla \cdot F,$$
(8)

where $Q_B(y) = S - OLR_0 - 2s_I w \arctan\left(\frac{L_H}{w}\right)$ is a background heating, independent of the ITCZ position under our assumptions.

To understand how the energy flux equator varies when the ITCZ moves, it is useful to consider the integrated energy balance over each of the two Hadley cells. In the unperturbed symmetric climate with $y_I = 0$, the ITCZ heating is equally redistributed between the two cells. The net integrated heating (including this ITCZ term) over either one of the two symmetric cells equals the MSE export F_H across their poleward edge:

$$\int_{-L_H}^{0} Q_B dy + s_I w \arctan\left(\frac{L_H}{w}\right) = \int_{0}^{L_H} Q_B dy + s_I w \arctan\left(\frac{L_H}{w}\right) = F_H \qquad (9)$$

Assuming that F_H does not change, the integrated energy balance over each of the two cells is also unchanged when the ITCZ heating moves to the latitude $y_I > 0$ and the Hadley cell boundary moves to the latitude y_0 , satisfying

$$\int_{-L_H}^{y_0} Q_B dy + \int_{-L_H}^{y_0} \frac{s_I dy}{1 + \frac{(y - y_I)^2}{w^2}} = \int_{y_0}^{L_H} Q_B dy + \int_{y_0}^{L_H} \frac{s_I dy}{1 + \frac{(y - y_I)^2}{w^2}} = F_H$$
(10)

Focusing on the southern Hadley cell, for $y_0 > 0$ the first integral on the LHS decreases when Q_B is negative and increases when it is positive relative to the symmetric case. To keep the cell-wide integrated heating unchanged, these changes must be compensated by the second integral on the LHS. Thus, y_0 must be larger (smaller) than y_I when Q_B is negative (positive), so that more (less) of the ITCZ heating goes into the southern cell. We conclude that the instability is determined by the sign of the background heating $Q_B(y)$. The same conclusions are reached if we focus on the northern Hadley cell instead.

This result is qualitatively consistent with the GCM simulations. A negative Q_B at the equator requires:

$$S(0) - OLR_0(0) \le 2s_I w \arctan\left(\frac{L_H}{w}\right),\tag{11}$$

⁵⁹⁶ so that the instability is favored when the background equatorial heating $S-OLR_0$ de-⁵⁹⁷ creases (as in the presence of a poleward Q-flux) and with large integrated ITCZ heat-⁵⁹⁸ ing s_Iw . Neglecting the meridional structure of $S-OLR_0$ compared to that of Q_I , we ⁵⁹⁹ can estimate this heating using the Lorentzian fit in Eq. 1. As discussed in section 4 and ⁶⁰⁰ summarized in Table 1, the integrated ITCZ heating decreases when resolution is enhanced, ⁶⁰¹ when the critical Richardson number is decreased and when rain reevaporation is enabled. ⁶⁰² All these changes were found to stabilize the ITCZ in the GCM simulations.

6.3 Stabilizing and destabilizing feedbacks

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The simulations using the SBM convective scheme seem to contradict the above result. These simulations have a stable ITCZ despite producing the largest ITCZ heating by far across all our runs (Table 1). The very different decomposition of the MSE transport in this setting and with the LSC model (Fig. 5) suggests that the role of the eddy moisture fluxes for the latter cannot be ignored.

Because of these eddy fluxes, there is now a MSE transport across the ITCZ and 609 the two cells are no longer subject to the same integrated heating. When the ITCZ is 610 located poleward of the energy flux equator as in Fig. 5, this eddy MSE transport is di-611 rected from the southern to the northern cell (assuming as before a positive y_0). Using 612 similar arguments to those above, it is easy to see that this favors the instability. We can 613 also understand this result in terms of the schematic in Fig. 15. When the ITCZ is lo-614 cated poleward of the energy flux equator, i.e. $y_I = \alpha y_0$ with $\alpha > 1$, it is only required 615 that $y_0 \ge y_I / \alpha$ for instability, as this will suffice to amplify a spontaneous ITCZ shift. 616 The different stability of the SBM and LSC settings suggests that the large value of $\alpha \approx$ 617 2.3 for the latter is key for its instability. In support of this hypothesis, simulations with 618 prescribed RH similar to those described in section 3.1 but using the modified SBM scheme 619 described in section 5 (cf. Eq. 3) suggest that the destabilization of this scheme when 620 μ is decreased is associated with a gradual increase in α ($\alpha = 1.3, 1.9, 2.2, \text{ and } 2.3$ 621 for $\mu = 0.9, 0.8, 0.7, \text{ and } 0.6$ respectively, at T85) 622

⁶²³ Circulation-induced changes in the subtropical RH provide another potential desta-⁶²⁴ bilizing effect. While our empirical Q_I fit assumes that the ITCZ heating decreases sym-⁶²⁵ metrically on both sides of the ITCZ, the stronger cross-equatorial Hadley cell may re-⁶²⁶ duce RH more strongly in the opposite hemisphere, increasing the cooling in the south-⁶²⁷ ern cell relative to the northern one. This again has a destabilizing effect.

In contrast, changes in F_H have a stabilizing effect that may plausibly be important for the equilibration of the instability. The stronger MSE gradients in the northern subtropics is expected to increase F_H in that hemisphere and cool the northern Hadley cell relative to the southern one.

⁶³² 7 Concluding remarks

We have studied an idealized aquaplanet moist GCM in a hemispherically symmet-633 ric configuration with a slab-ocean lower boundary, and have identified an instability that 634 produces an asymmetric climate with the ITCZ localized in one hemisphere. This in-635 stability is driven by the coupling between the circulation and radiative heating. Under 636 some circumstances, when the ITCZ moves off the equator as part of the model natu-637 ral variability, the asymmetric heating produced by the perturbed RH distribution drives 638 an anomalous circulation that amplifies the original ITCZ shift. When this instability 639 is present the climate is non-unique, since the ITCZ can then form on either side of the 640 equator depending on the initial conditions. 641

The model excludes cloud-radiative interaction, but the interaction between the circulation and the clear-sky radiation controlled by relative humidity (RH) is still sufficient to destabilize the symmetric climate. We have primarily focused on a model with large-scale condensation (LSC) only in this study, in the hope of avoiding the complexity introduced by sensitivity to details of convection parameterizations and of providing a baseline for a study of that sensitivity. However, we have uncovered a variety of sensitivities to parameters in this LSC model.

A T85 spectral model with a slab depth of 20 m serves as our control and provides a clean example of the instability in the LSC model. Replacing the full radiative transfer module with grey radiation stabilizes the symmetric state, showing that it is circulationradiation feedbacks that generate the instability. Supplementary simulations in which the tropical RH field input into the radiation is manipulated make it clear that the hemispherically asymmetric RH field generated by the asymmetric circulation is essential for the maintenance of the asymmetric states. Specifically, these simulations show that the subtropical as well as ITCZ RH are important for this maintenance, supporting a picture similar to that described in Lindzen and Hou (1988) and Kang et al. (2008) in which the tropical energy balance as a whole is a controlling factor.

A sensitivity analysis with the GCM uncovers a rich parameter sensitivity. Our main findings are as follows:

• There is sensitivity to the horizontal resolution: the hemispherically symmetric state 661 is stable at T213 resolution and higher, using the control models settings other-662 wise. However, when initializing the T213 model with the slab temperatures from 663 the T85 final state, the asymmetric state is maintained for as long as we have ex-664 tended the integration. The implication is that there are three stable climates, one 665 symmetric and two asymmetric at this resolution. 666 • Decreasing the time step in the T85 control by a factor of 5 also stabilizes the sym-667 metric state but seemingly does not affect the existence of the asymmetric states, 668 resulting in hysteresis and the existence once again of three distinct climates. 669 • The heat capacity of the slab ocean must be above a critical value to destabilize the symmetric state. This critical value, corresponding to roughly 2 m of water, 671 is comparable to the heat capacity of the atmosphere. 672 • A shallower boundary layer inhibits the instability, restricting it to lower horizon-673 tal resolutions. 674 • The evaporation of rain is stabilizing. The control model configuration has no rain 675 reevaporation. When it is included, increasing the tropical RH, the instability is 676 once again restricted to lower resolutions. 677 • The addition of the simple Betts-Miller (SBM) convection scheme inhibits the in-678 stability, though it is possible to destabilize the scheme by manipulating its re-679 laxation profile. 680

It is difficult to study the transition from stability to instability while varying a pa-681 rameter, since the resulting climate change is invariably of finite amplitude. We have found 682 no cases in which the latitude of the ITCZ position can be placed arbitrary close to the 683 equator by choosing a parameter close to a stability threshold. When one is close to a 684 critical parameter value the ITCZ latitude typically undergoes large fluctuations. An ex-685 ample is provided by the sensitivity to horizontal resolution: although enhanced hori-686 zontal resolution reduces the ITCZ shift at resolutions supporting the instability (T170 687 or less with our control parameters), the transition to an equatorial ITCZ occurs abruptly 688 when resolution increases beyond that point. 689

It is admittedly disconcerting for numerical aspects of the model to affect the qualitative structure of the model climate. We have studied horizontal resolution and time step, but there may be others. At a minimum, we believe that these results are of importance to those working with similar idealized moist models, since much of the existing literature uses resolutions similar to that of our control simulation. More fundamentally, it remains unclear whether the instability of the hemispherically symmetric climate in the LSC model survives at very fine resolution.

We propose a simple conceptual framework for the instability based on the sensitivity of the energy flux equator to the asymmetric heating perturbations induced by a spontaneous ITCZ shift. Depending on the ITCZ RH structure, the energy flux equator may shift more or less than the ITCZ, amplifying or damping the initial ITCZ drift. As this mechanism requires sufficient thermal inertial in the slab for the circulation to adjust to the asymmetric heating, it may plausibly explain our findings that a minimum
 depth is required for instability.

Based on these ideas, we use the tropical energy balance to infer that the instabil-704 ity depends on the sign of the background heating, which we may define as the local TOA 705 heating when the ITCZ moves away. Although it is not obvious how to test the theory 706 quantitatively due to the difficulty of defining this background heating, its predictions 707 seem qualitatively consistent with the modeled sensitivity. The instability is favored when 708 the background equatorial heating decreases, as in the presence of a poleward slab Q-709 flux, and when the net ITCZ heating increases, as found with coarse resolution, deep PBL 710 depth and in the absence of rain reevaporation. 711

There are two important, possibly related, limitations to this theory. First, the the-712 ory strictly predicts the sensitivity of the energy flux equator, which only provides a good 713 714 approximation to the latitude of Hadley cell rising when transient energy fluxes are small in the deep tropics. This is clearly violated in the LSC model (Fig. 5). Additionally, the 715 theory is unable to explain why the SBM model is more stable than the LSC model. We 716 can reconcile these results by noting that transients provide a destabilizing feedback when 717 they shift the ITCZ poleward from the energy flux equator. This can be explicitly in-718 corporated in the theory by including an empirical parameter constraining the ratio be-719 tween the ITCZ latitude and the energy flux equator, although we do not have a clear 720 picture of how this parameter is determined. 721

Transients are likely also responsible for the resolution sensitivity of the instabil-722 ity, through transient moisture fluxes and through convective organization that modi-723 fies the climatological RH values in the ITCZ. In our LSC simulations, the ITCZ width 724 only seems to converge at the highest resolutions examined (T213 and above), in con-725 trast with the convergence at much lower resolution using the SBM scheme (Byrne & 726 Schneider, 2016), and consistent with the relevance of GMS for ITCZ width in the frame-727 work proposed by these authors. As the ITCZ GMS is negative in the LSC setting, cool-728 ing at that latitude is entirely due to the transients. 729

Thus, although the essence of the ITCZ instability seems to be sufficiently simple 730 that it can be explained by a simple energy balance model, the underlying interactions 731 between tropospheric relative humidity, the OLR, and the circulation are evidently more 732 complex and likely involve key properties of convection and convective environments like 733 aggregation or gross moist stability. It is possible that other convective schemes are more 734 prone to the instability than the SBM scheme considered here. If so, it will be interest-735 ing to study what emergent properties of these schemes control the occurrence of the ITCZ 736 instability. 737

738 8 Open Research

The GCM simulations described in this work were performed using the Isca model (commit 9560521e1ba5ce27a13786ffdcb16578d0bd00da) maintained by the University of Exeter (Vallis et al., 2018), which is publicly available under a GNU Public License at https://github.com/ExeClim/Isca (Isca development team, 2023). The figures in this manuscript, created using version R2021b of Matlab^R, can be reproduced using the scripts and data stored at the Zenodo repository https://doi.org/10.5281/zenodo.7777604 (Zurita-Gotor, 2023).

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