

Trace-metal isotope 'fingerprints' of past solid Earth-ocean interactions

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1 **Trace-metal isotope ‘fingerprints’ of past solid Earth-ocean** 2 **interactions**

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10 **Abstract**

11 Reconstructing the solid Earth processes that impact global carbon cycling is central to a full
12 understanding of atmospheric $p\text{CO}_2$ and climate evolution, both in the geological past and
13 into the long-term future. Changes in trace-metal concentrations and isotopic compositions in
14 ocean sediments can be read as a record of fluctuations of the solid Earth-ocean interactions
15 we would like to better understand, because these processes often perturb metal as well as
16 carbon cycles. However, multiple processes can affect the same trace-metal or isotope
17 system, creating ambiguity in proxy interpretations. Taking a multi-proxy approach can help
18 resolve this. We present an Earth system model-based systematic analysis of effects of
19 changing weathering, sedimentation, and magmatism in multiple proxy systems (Sr, Li, Os,
20 Ca, $\delta^{13}\text{C}$), which are critical proxy systems for unravelling the sources and sinks of carbon
21 through time. Although different solid-Earth processes yield similar responses in individual
22 proxy systems, each solid Earth process leaves a distinct multi-proxy geochemical
23 ‘fingerprint’ in the rock record. Importantly, these fingerprints are time-dependent, often
24 yielding more distinct responses transiently than in steady state. Finally, we show how
25 climate and weathering feedbacks can further modulate and overprint a simpler transient
26 response, impacting both the amplitude and timing of metal isotope excursions. Our study
27 highlights the importance of multi-proxy approaches to studying solid Earth-ocean
28 interactions in the geologic record and demonstrates both the benefits of fully integrating
29 analyses of carbon and metal cycle proxy dynamics as well as the use of numerical models in
30 disentangling coeval drivers and feedbacks.

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32

33 1. Introduction

34 On geologically short timescales (<10,000 yr), climate is shaped by the partitioning of carbon
35 (C) between Earth's surficial reservoirs – the terrestrial biosphere, atmosphere, ocean and
36 surficial marine sediments. Fortuitously, changes in the partitioning of C between these
37 reservoirs leaves a tell-tale trace as the transfer of gaseous and/or dissolved CO₂ across
38 biological, mineral, and air-sea interfaces discriminates between the two main isotopes of C
39 (¹²C, ¹³C) and hence induces a fractionation (e.g., Mook et al., 1974 and Zhang et al., 1995).
40 Sampling the C isotopic composition ($\delta^{13}\text{C}$) of these reservoirs then provides the means to
41 reconstruct changes in C inventories over time and potentially identify processes responsible
42 for changes in atmospheric CO₂ and climate (Kump and Arthur, 1999). However, in such a
43 system, an observed change in $\delta^{13}\text{C}$ cannot unambiguously indicate how much C has
44 been transferred between reservoirs or added to the system from an external source (such as
45 from coal or natural gas), because different potential sources of C have different $\delta^{13}\text{C}$
46 signatures (Ridgwell and Arndt, 2015) and different quantities of C from different sources
47 may have identical isotopic impacts. What is needed then is one or more additional proxies
48 (measurements) reflecting unique but linked properties of the system. In this simple thought
49 experiment, this might be radioC (¹⁴C), which would distinguish between surficial C
50 reservoirs that might have similar $\delta^{13}\text{C}$ values but very different characteristic 'ages' (e.g.,
51 soil C vs. permafrost C, Button, 1991). Or one might reconstruct changes in bulk dissolved C
52 in the ocean from its pH, and hence employ a proxy such as the boron isotopic composition
53 ($\delta^{11}\text{B}$) of carbonates precipitated from seawater (Gutjahr et al., 2017). The point is that
54 different C reservoirs and processes moving C between them may give rise to distinct
55 combinations of proxy responses – a 'fingerprint'.

56 On longer timescales (>10,000 yr), processes involving inputs (weathering,
57 hydrothermal activity) and losses (sedimentation of biogenic minerals and organic
58 compounds, low and high temperature seafloor alteration) of C to and from the 'solid Earth'
59 are inevitably linked with a transfer of trace metals with their own isotopic signatures. For
60 instance, as dissolved inorganic C (DIC) from terrestrial freshwater enters the ocean, so do
61 metals such as calcium (Ca), silica (Si), strontium (Sr), lithium (Li) and osmium (Os), which
62 have been dissolved from rock through corrosion by H₂CO₃ and other acids (Bain and Bacon,
63 1994, Hu et al., 1998, Tréguer and De La Rocha, 2013, Lu et al., 2017) ('weathering'). The
64 same applies to magmatism, which delivers C and metals from Earth's mantle to the surface.
65 Conversely, carbonate and organic matter burial – the main mechanisms for removing C from
66 the ocean – also constitute the primary ocean sinks for Ca, Sr, and Os. Importantly, the
67 relative amounts of C and metals exchanged in each transfer varies and is associated with
68 process-specific isotopic fractionations. Hence, as rates of weathering, magmatism, and
69 sedimentation change, so do the bulk (concentration) and isotopic composition of C and
70 metals. The formation of biogenic materials (e.g., calcium carbonate, opal, and organic
71 matter) subsequently samples the changing marine reservoirs and, when preserved in the rock
72 record, provides a multi-proxy reflection of surface Earth processes and potentially, a unique
73 fingerprint of their operation.

74 For instance, volcanic activity associated with the emplacement of the North Atlantic
75 Igneous province (NAIP) has been studied through a combination of C and metal isotopes

76 (e.g. Dickson et al., 2015, Griffith et al., 2015, Pogge von Strandmann et al., 2021). This
77 magmatic episode is of particular interest because NAIP emplacement coincided with a large
78 transient ‘thermal maximum’ warming event at the Paleocene-Eocene boundary (the
79 ‘PETM’, 56 Ma) which is characterized by a pronounced negative C isotopic excursion of ca.
80 -3‰ (McInerney et al., 2011). The combination of warming and depleted $\delta^{13}\text{C}$ values that is
81 recorded globally in both marine and terrestrial systems suggests that C release to the ocean
82 and/or the atmosphere drove the event. However, it remains unclear how much C was
83 released and what specific role volcanism played. Did volcanism provide most of the C and
84 drive most of the warming (Thomas and Bralower, 2005, Jones et al., 2019)? Did it trigger
85 feedbacks that produced much of the warming (Kender et al., 2021)? Or did it play no
86 significant role and the NAIP was simply coincidental to other triggers (e.g. orbital forcing,
87 sill intrusions at continental margins) and C reservoir change (e.g. methane hydrates, Lunt et
88 al., 2011, Reynolds et al., 2017)? The C isotope system alone is insufficient to constrain the
89 drivers because different candidate C sources have different characteristic $\delta^{13}\text{C}$ values.
90 Multiple combinations and sizes of C sources can then account for the PETM excursion
91 (Vervoort et al., 2019). Adding a second C cycle proxy constraint across the PETM, e.g., for
92 pH, then constrains the mass of C released while in theory, $\delta^{13}\text{C}$ constrains the source
93 (Gutjahr et al., 2017). Though this method hints at a dominant role of volcanism, this still
94 does not enable an unambiguous attribution of C sources (and hence triggers vs. feedbacks),
95 because different mixes of C sources can be envisioned that explain the same combination of
96 net mass and isotopic change. For example, destabilized organic C could have the same net
97 isotopic signature and mass as a combination of biogenic methane and volcanic CO_2 . Solid-
98 Earth-process-tracing elements and associated isotopes, such as Sr, Li, Ca and Os, can be
99 used to differentiate between these different C sources. Solid-earth tracers can also help in
100 identifying critical processes that contributed to the excursion recovery via the removal of C
101 (Kelly et al., 2005, Pogge von Strandmann et al., 2021, Papadomanolaki et al., 2022).

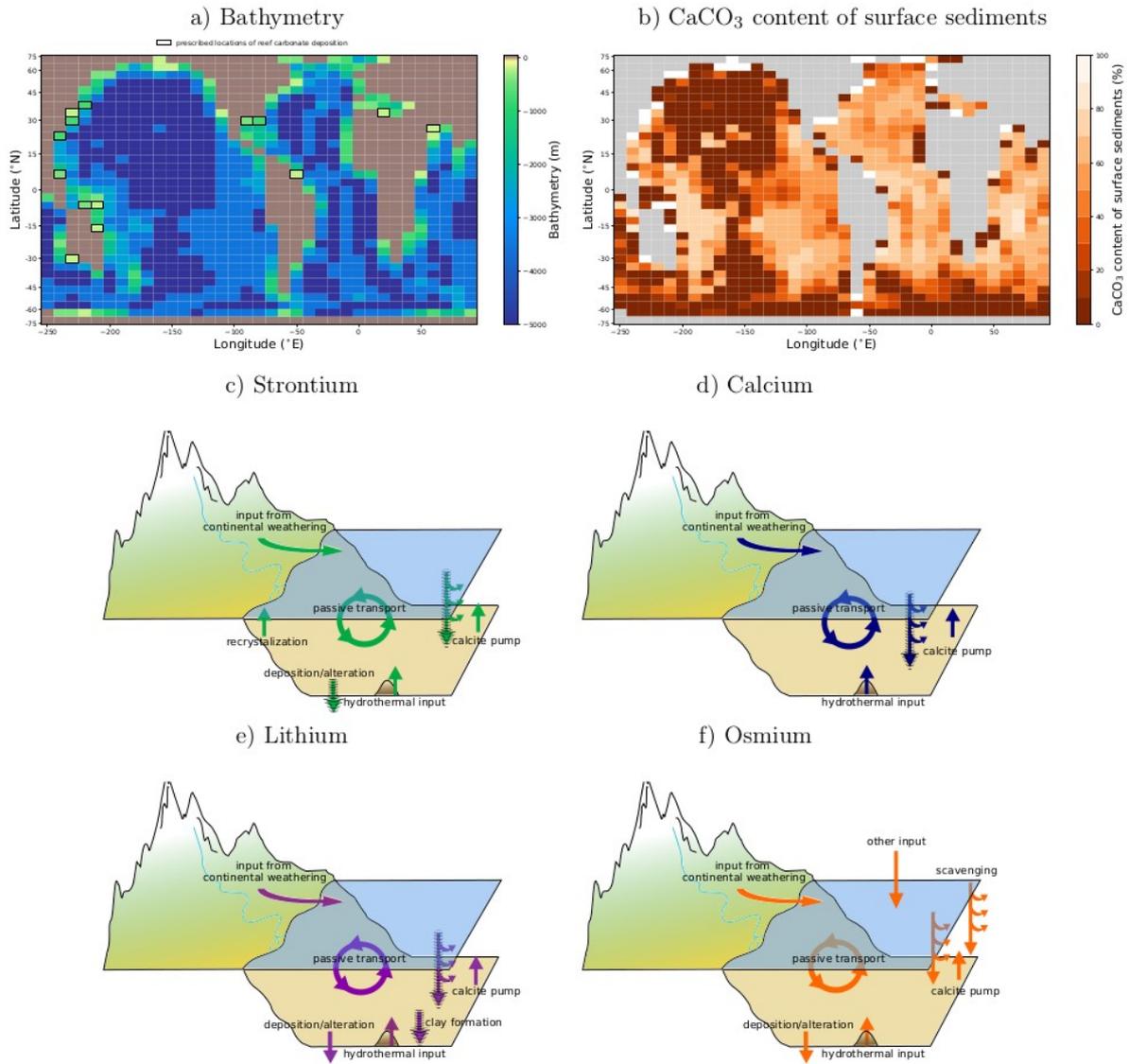
102 An individual trace metal proxy suffers from a similar ambiguity and cannot provide
103 quantitative constraints on C fluxes. For instance, shifts in Sr and Os isotopes towards
104 unradiogenic values at the PETM hint at the increased exposure of young basalt (e.g., ocean
105 crust or flood basalts), and thus volcanic activity, or alternatively a reduction in the
106 weathering of continental cratons (Jones et al., 2001, Tejada et al., 2009). Negative $\delta^{44/40}\text{Ca}$,
107 $\delta^{88/86}\text{Sr}$ and $\delta^7\text{Li}$ shifts could have resulted from excess volcanic activity, increased land
108 erosion, or changes in carbonate burial or secondary mineral formation rates, or a
109 combination of these processes (Pogge von Strandmann et al., 2012, Paytan et al., 2020,
110 Fantle and Ridgwell, 2020). In the case of the PETM, trace metal isotope interpretations even
111 seem to contradict the lessons learned from C isotope and pH proxy analysis – radiogenic
112 excursions of stable Sr and Os isotopes only evidence a short volcanic event and suggest that
113 enhanced weathering of continental crust, not volcanism, was the dominant geologic control
114 on metal cycles during the PETM (Hodell et al., 2007, Wiczorek et al., 2013, Dickson et al.,
115 2015). This weathering event has also been identified in stable Li isotope ratios (Pogge von
116 Strandmann et al., 2021), although it is missing from the stable Ca isotope record which
117 instead may reflect the PETM warming (Komar and Zeebe, 2011, Kitch et al., 2021) or
118 simply post-depositional diagenetic alteration (Fantle and Ridgwell, 2020).

119 The combination of different proxy systems with different ambiguities then creates its
120 own challenge for finally deriving a fully self-consistent interpretation. Previous studies that

121 examined multiple trace-metal isotope systems (e.g., Misra and Froelich 2012, Pogge von
122 Strandmann et al., 2012) addressed the complexity problem by first interrogating individual
123 isotope mixing models in each proxy system and then combining the results. However, this
124 approach assumes that different trace metal proxy systems are independent. Instead, some are
125 co-dependent, that is, the environmental changes driving one proxy system may affect many
126 others. Further, concurrent changes in C cycling and hence climate can differentially
127 influence different trace-metal processes. While interpreting each proxy system
128 independently is very flexible in its application, a reductionist approach cannot capture these
129 biogeochemical links between elemental cycles, which complicate a fully internally-
130 consistent mechanistic understanding of metal and C isotope records. To guide the multi-
131 proxy interpretation of past interactions between the ocean, atmosphere and solid Earth, we
132 employ the intermediate-complexity Earth system model cGENIE, which incorporates
133 representations of the global cycles of Ca, Sr, Os, Li and C and their isotopes (Adloff et al.,
134 2021). Using this model, we simulate a series of idealized steady state and transient responses
135 to various plausible past changes in solid Earth interactions and explore the potential for
136 creating paleo-event ‘fingerprints’.
137

138 **2. Methods**

139



140 Figure 1: Pre-industrial bathymetry used in the model simulations (a), simulated baseline
 141 CaCO_3 content of surface sediments in pelagic and reef settings (b) and schematics of the Sr,
 142 Ca, Li and Os cycles in cGENIE (c-f). Grid cells with carbonate reefs are framed in (a).
 143 Arrows in (c-f) indicate elemental fluxes into and out of the ocean. Striped arrows indicate
 144 processes that involve stable isotope fractionation.

145 We used the intermediate complexity Earth system model ‘cGENIE’ to simulate isotopic
 146 changes in dissolved C and metals in seawater under a variety of different idealized external
 147 perturbations. cGENIE includes various marine biogeochemical cycles within the physical
 148 framework of a 3D dynamic ocean model coupled with simplified climate feedback (Edwards
 149 and Marsh, 2005) and is typically run for geological questions on a computationally efficient
 150 low-resolution grid (Figure 1). We use cGENIE combined with modules accounting for

151 climate-sensitive continental weathering fluxes and marine sedimentary burial and
152 dissolution in order to account for key processes regulating ocean chemistry on geological
153 timescales (Ridgwell et al., 2007, Ridgwell and Hargreaves, 2007, Colbourn et al. 2013). In
154 addition to the C cycle and C isotopes (Kirtland Turner and Ridgwell, 2016), the model
155 includes representations of the main oceanic sources and sinks of Sr, Ca, Li and Os as well as
156 their associated main proxy-relevant isotopes that we make use of here (see Adloff et al.,
157 2021 for a comprehensive model description and evaluation).

158 We make only one change here from the model setup of Adloff et al. (2021). In
159 Adloff et al. (2021), silicate weathering contributions were split into Ca- and Mg-bearing
160 silicates, meaning that only a part of the alkalinity supply from silicate weathering was
161 accompanied by Ca ion input. Because climate change drives variations in silicate weathering
162 in the model, while alkalinity is only removed in association with Ca and abyssal Mg-Ca
163 exchange remains at a constant prescribed value (the model has no temperature-dependency
164 for MgCO₃ deposition and Mg-Ca exchange at the seafloor), long-lasting perturbations could
165 create large ion imbalances which would prevent the equilibration of the marine alkalinity
166 and Ca reservoirs. We thus combined the climate-sensitive Ca input from weathering with the
167 constant hydrothermal input such that all marine Ca inputs are accompanied by alkalinity
168 inputs and that both vary synchronously with global mean surface temperature.

169 We ran two series of experiments using the Adloff et al. (2021) pre-industrial
170 configuration of C and metal cycling (adjusted as described above). In the first experiment
171 series (A), we prescribed step-changes of various boundary conditions to assess the potential
172 of different geological processes to cause long-term shifts in the isotopic composition of
173 dissolved metals and C in seawater. These we analysed both in terms of the final steady-state
174 response of simulated trace-metal and isotope values, but also in terms of the non-steady-state
175 / transient response. In the second experiment series (B), we prescribed transient external
176 forcings taking the example of long-lasting, large-scale volcanism during oceanic plateau
177 formation. The two experiment series are described in detail in the following sections. In both
178 series, we refer to the relative abundances of radiogenic isotopes as isotope ratios (¹⁸⁷Os/¹⁸⁸Os
179 and ⁸⁷Sr/⁸⁶Sr) and use the delta-notation to report stable isotope proportions ($\delta^{13}\text{C}$, $\delta^{88/86}\text{Sr}$,
180 $\delta^7\text{Li}$, $\delta^{44/40}\text{Ca}$) relative to geological standard reference materials (see table 12 in Adloff et al.
181 2021).

182 **2.1 Experiment series A: Fingerprints of individual solid Earth / ocean interactions**

183 Table 1: Summary of the experiment series A simulations, presenting the range of changes in the explored
184 processes relative to the pre-industrial setup.

Experiment name	Varied process	Range of relative changes
CO2	CO ₂ outgassing	90% - 400%
CaCO3	Continental carbonate weathering rate	10% - 400%
CaSiO3	Continental silicate weathering rate	10% - 200%
WEATH	Total continental weathering rate	50% - 200%
LT-HYD	Low-temperature hydrothermal activity	50% - 200%
HT-HYD	High-temperature hydrothermal activity	50% - 400%
HYD	Total hydrothermal activity	50% - 200%
REEF	Amount of reefal carbonate burial	50% - 200%
PICPOC	Ratio of CaCO ₃ to POC export	50% - 200%
CONG	Isotopic effect of terrestrial clay formation	0%-100%
AGE	Isotopic effect of weathering unradiogenic crust	0%-100%

186 Experiment series A assesses the system sensitivity to persistent changes in boundary
187 conditions. In each of these experiments, we imposed a step change in a single parameter that
188 controls one facet of the interaction between the ocean and solid Earth, and simulated the
189 response of the system until equilibrium is reached. Our intention in this (focussing on
190 individual processes in isolation), is to build up a basic understanding of the resulting proxy
191 dynamics and explore a wide range of perturbation magnitudes. Each experiment was run for
192 20 Myr following the perturbation and initiated with the 15 Myr spin-up of the modern state
193 C and trace metal cycles described in Adloff et al. (2021). We used the cGENIE model
194 geochemical mass-balance acceleration technique (Lord et al., 2016) for increased numerical
195 efficiency. We analysed the final equilibrium state of C and trace metals as well as and the
196 full transient behaviour over the simulated 20 Myr interval. The chosen perturbations and
197 associated experiments are summarized in Table 1 and described in full below.

198 2.1.1 CO₂ outgassing

199 The rate of CO₂ outgassing from the mantle to the Earth's surficial reservoirs varies over
200 time, likely helping to sustain intervals of warm climate as well as driving pulses of transient
201 warming (Mills et al. 2014). CO₂ outgassing impacts the marine cycling of Sr, Os, Li and Ca
202 indirectly via climate-sensitive terrestrial inputs (weathering) and marine sediment
203 dissolution (via the carbonate saturation control on the dissolution of calcium carbonate).

204 We tested the effects of four different shifts in CO₂ outgassing rates (labelled as
205 simulations 'CO2' in Table 1, figure 2 and Table 2): 90%, 150%, 200% and 400% of the pre-
206 industrial outgassing flux (8.57 Tmol yr⁻¹). These values span much of the range of
207 reconstructed degassing rates over the Phanerozoic (Mills et al. 2017).

208 2.1.2 Continental crust weathering

209 Continental crust weathering is the dominant source of Sr, Os, Li and Ca to the present-day
210 ocean, and influences surficial C cycling through CO₂ sequestration and delivery of alkalinity

211 to the ocean (e.g., Godd ris and Francois, 1996). The magnitude and composition of
212 weathering fluxes is a function of climate and rock exposure, and thus can be impacted by
213 changing climate (e.g., temperature, precipitation), as well as sea level (and changes in craton
214 emergence), rate of mountain uplift, paleogeography, and plant productivity (see review in
215 Penman et al. 2020). Indeed, variations in the isotopic composition of marine Sr, Os, Li and
216 Ca reservoirs have repeatedly been used to infer past weathering fluxes and their changes
217 over time (e.g., Hodell et al., 1990, Ravizza et al., 2001, Bl ttler et al., 2011, Lechler et al.,
218 2015).

219 To assess the impact of weathering changes, we complemented the climate-driven
220 weathering changes simulated in the CO₂ outgassing scenarios with non-climatically driven
221 weathering scenarios (i.e., simple imposed changes to the weatherability of the terrestrial
222 rock). We tested shifts of the baseline continental crust weathering rates to three different
223 levels: 10%, 150% and 200% compared to the pre-industrial spin up. We also isolated the
224 effects of varying carbonate versus silicate weathering rates, which have different effects on
225 the long-term C cycle and distinct trace metal compositions, by running these experiments in
226 three sub-series — in the first two, we changed the rates of only one of the two rock
227 weathering types ('CaSiO₃' and 'CaCO₃' in Table 1) in isolation, while in the third, the
228 weatherability of both carbonate and silicate rock are changed in tandem ('WEATH' in Table
229 1).

230 2.1.3 Hydrothermal activity

231 Interactions between seawater, oceanic crust, and mantle magma influence seawater trace-
232 metal composition (e.g. Seyfried et al. 1982). Seawater can lose or gain ions in reactions with
233 the *in situ* minerals while circulating through seafloor sediments and oceanic crust, with rates
234 depending on the ambient temperature and geological setting. The amount of C and metals
235 released into the ocean thus varies locally and temporally with global oceanic crust
236 production and cooling rates and ocean temperature (Coogan and Gillis, 2018). At mid-ocean
237 ridges, thermal springs, and other areas of volcanic activity, seawater interacts with fresh
238 igneous material at a temperature of several hundred  C, driving elevated rates of mineral
239 dissolution and a net flux of metals with mantle-like isotopic compositions (as well as C and
240 heat) into the ocean (Staudigel, 2003). Away from spreading centres, dissolution rates drop
241 off with temperature and the increasingly altered ocean crust. Yet, low-temperature ocean
242 crust alteration also contributes to metal fluxes because of its large volume. Here, cation
243 exchange leads to net Mg burial and Ca release (Coogan and Gillis, 2018), while Ca, Sr and
244 Li are bound in precipitating carbonates and clay minerals from super-saturated pore waters
245 (Schultz and Elderfield, 1997, Hathorne and James, 2006, Krabbenh ft, 2010). Sedimentary
246 carbonates are also altered, releasing Ca and Sr into the ocean (Schultz and Elderfield, 1997,
247 Krabbenh ft, 2010).

248 Rates of Sr and Li removal from the ocean in low-temperature crust alteration
249 environments as well as Sr release from sediment recrystallization and Li supply from high-
250 temperature processes, are all prescribed separately in the model. All other hydrothermal
251 metal exchanges (metal release from high-temperature vents, Li removal in association with
252 authigenic clay minerals and crust weathering) are combined into a 'net' hydrothermal flux to
253 the ocean, with the assumed implicit contributions from high- and low temperature alteration

254 shown in Table SI.1. To explore the potential impacts on C and trace metal cycles due to
255 changes in hydrothermal activity, we tested different changes of high- and low-temperature
256 hydrothermal emissions separately and simultaneously (simulations 'HT-HYD', 'LT-HYD',
257 and 'HYD', in Table 1) by varying the relevant contribution of high and low temperature
258 processes to the net hydrothermal flux within a range consistent with estimated spreading rate
259 variations over the past 150 Myr (Jones et al. 2001).

260 *2.1.4 Pelagic carbonate production and burial*

261 Biogenic carbonate production and burial dominate the removal of dissolved Sr and Ca in the
262 modern ocean and are associated with important fractionations of the Sr and Ca (and Li)
263 stable isotopes. From the mid Mesozoic onwards, carbonate burial has taken place both in the
264 pelagic realm in accumulating sediments in the deep-sea, and in tropical and sub-tropical
265 shallow water (neritic) environments ('reefs') (Ridgwell, 2005). The former is dominated by
266 the preservation of carbonate shells produced by plankton, while the latter is dominated by
267 the formation and preservation of carbonate skeletons by corals together with shells and
268 authigenic carbonate precipitation (Sarmiento 2013, Michel 2019, Reijmer 2021). In both
269 settings, carbonate burial removes Ca and Sr from the ocean, and, to a substantially lesser
270 extent, Li and Os (Hathorne and James, 2006, Burton et al., 2010, Krabbenhöft et al., 2010).
271 Sr is lost primarily in shallow water settings and associated with aragonite rather than the
272 calcite polymorph principally produced in pelagic settings.

273 cGENIE includes representations of both carbonate sinks. The pelagic carbonate
274 sink is linked to is linked to pelagic primary production in the ocean surface (Ridgwell et al.,
275 2007a,b), while the neritic (reefal) burial is formulated as a fixed and uniform flux in shallow
276 tropical and sub-tropical water model grid cells (figure SI.1). We explored the impact of
277 carbonate burial changes on C and trace metal cycling independently for both settings – for
278 pelagic carbonate burial, we tested 50% and 200% of the pre-industrial PIC:POC ratio in
279 biogenic export from the surface ocean ('PICPOC'), simulating hypothetical changes in past
280 changes in ecosystem structure, and for neritic (reefal) carbonate deposition (simulations
281 'REEF' in Table 1), rates equating to 50%, 150%, and 200% of the baseline (pre-industrial
282 spin up) value.

283 *2.1.5 Composition of continental run-off*

284 For our final model sensitivity experiments in experiment series A, we explored the
285 importance of different geochemical compositions of continental run-off, reflecting
286 lithological, climatological, and chemical controls on the isotopic composition of terrestrial
287 run-off rather than simply the total amount of weathered rock and/or the ratio of silicate
288 versus carbonate weathering tested in experiments 'CO2' and 'WEATH'. The isotopic
289 compositions of dissolved Os and Sr in rivers depend strongly on the host rock's radiogenic
290 signature, which itself depends on the rock mineralogy and age since crystallization. Sulfide
291 mineral-bearing and organic-rich rocks contain significantly higher concentrations of
292 radiogenic Os than igneous rock (Esser et al. 1993, Georg et al. 2013). Similarly, the
293 radiogenic Sr isotope ratio varies between granites, basalts and carbonates (e.g., Goldstein et
294 al. 1988). The mineralogy of the host rock also determines its mean stable Sr, Ca and Li
295 isotope composition (Teng et al. 2004, Tipper et al. 2008, Pearce et al. 2015). However, the

296 $\delta^{88/86}\text{Sr}$, $\delta^7\text{Li}$, $\delta^{44/40}\text{Ca}$ composition of the actual riverine input to the ocean is often dominated
297 by the amount of dissolution and secondary mineral formation in rivers, lakes, and soils,
298 which determine the dissolved metal load and fractionate stable isotopes (Tipper et al. 2008,
299 Pearce et al. 2015). Changes in the spatial pattern of terrestrial weathering and hence global
300 mean isotopic composition of runoff can, in theory, drive a marine isotopic excursion in the
301 absence of any change in the absolute global elemental flux to the ocean or total weathering
302 rate.

303 As in many metal isotope mixing models (e.g. Tejada et al. 2009, Misra et al. 2012,
304 Blättler et al. 2011), none of these processes is explicitly simulated in the version of the
305 cGENIE Earth system model used in the current paper. This arguably constitutes the primary
306 simplification in all the simulations. To assess the importance of changes in the isotopic
307 composition of continental run-off (independent of a changing climate and hence balance
308 between carbonate and silicate weathering), we ran one set of simulations in which we first
309 set $^{187}\text{Os}/^{188}\text{Os}$ and $^{87}\text{Sr}/^{86}\text{Sr}$ of continental run-off equal to the composition of fresh basalt
310 ('AGE'). In a second simulation, we quadrupled the [Li] of run-off and set its $\delta^7\text{Li}$
311 composition at 2‰ to simulate a weathering regime which is fully congruent, i.e., in which
312 all primary solutes from chemical weathering are transferred to the ocean, and terrestrial clay
313 formation rates are minimal ('CONG' in Table 1, Misra et al. 2012). At the same time, we
314 also set the $\delta^{88/86}\text{Sr}$ to pure basaltic values to test the maximum strength of erosion- and
315 lithology-driven changes in riverine $\delta^{88/86}\text{Sr}$ (Pearce et al. 2015).

316 **2.2 Experiment series B: Overprinting of solid Earth/ocean fingerprints by climate and** 317 **C cycle feedbacks**

318 In a second series of experiments (B), we explore the role of co-evolving climate and
319 carbonate chemistry on trace metal cycles in response to sustained mantle emissions. The
320 intention here is to simulate the geologic consequences of increased seafloor spreading or
321 oceanic plateau formation and then pull this apart to elucidate the role of feedbacks for
322 isotopic signatures in the ocean. We also use these experiments to address the question of
323 what signals would be detected in practice in light of analytical uncertainty.

324 First, we elucidate the roles of co-evolving climate and carbonate chemistry on the
325 evolution of trace-metal signatures. To do this, we run 3 experiments of total duration 5 Myr
326 with an imposed 500 kyr long pulse of enhanced mantle input at the seafloor, followed by an
327 unforced system recovery. For the mantle C and trace-metal input, we assumed relative
328 abundances of C: Sr: Os: Li: Ca based on the measured present-day hydrothermal alteration of
329 Mid-Ocean Ridge Basalts (MORB). For the first of these 3 experiments, we increased the
330 trace-metal and C fluxes to the ocean in the model 10-fold compared to pre-industrial. To
331 isolate the role of climate feedbacks in the evolving trace-metal inventory and isotopic
332 composition of the ocean (and hence proxy values), we re-ran this same experiment,
333 including the same CO_2 evolution, but with climate feedbacks disabled. With temperature and
334 weathering now fixed in the model, only carbonate chemistry-related feedbacks – primarily
335 the carbonate saturation controlled preservation of CaCO_3 at the seafloor – affect the metal
336 systems. Finally, a third experiment was run without enhanced input of C (but still with a 10-
337 fold tracer metal flux enhancement) and fixed atmospheric CO_2 , such that neither climate nor
338 carbonate chemistry feedbacks are induced.

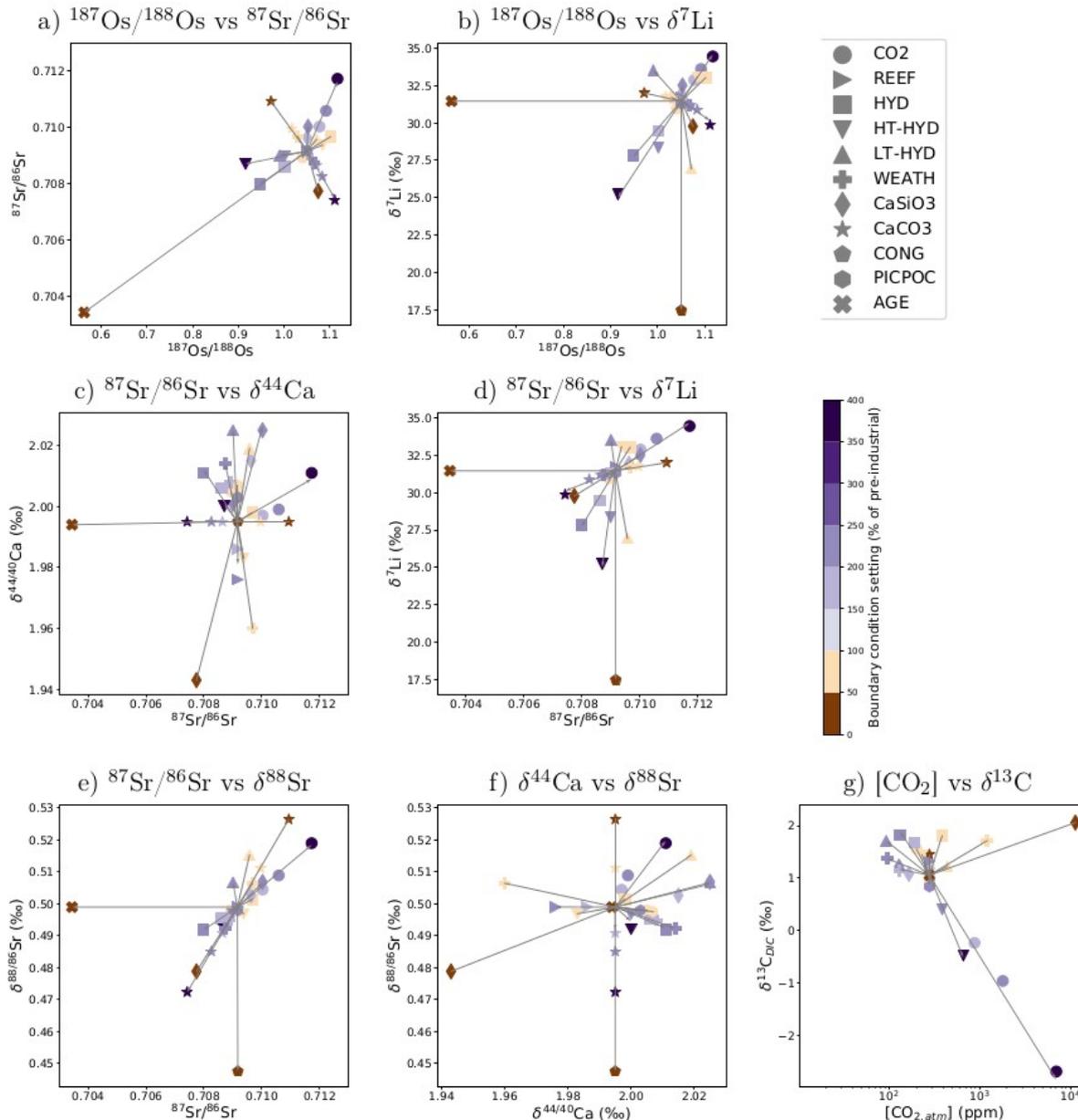
339 Secondly, we explore which trace-metal signatures of an igneous emplacement
340 event might be analytically identifiable in practice. We repeated the simulation above without
341 enhanced metal inputs (only enhanced C inputs), and thus tested 3 different combinations of
342 C vs. trace-metal enhancement –trace-metal input alone, enhanced trace-metal and C input,
343 and enhanced C input alone. Over 1 Myr of the experiments (500 kyr of enhanced emissions,
344 500 kyr of recovery) we interrogated the trace-metal and isotopic composition of the ocean at
345 time-horizons of 10, 100, 500, and 1000 kyr.

346 For both parts of experiment series B, results of assuming shorter durations of
347 enhanced mantle input and additional alternative ratios of C to trace-metals are shown in SI
348 (Table SI.1, Figures SI.5-SI.10)

349

350 **3. Results**

351 **3.1 Idealized fingerprints of individual solid Earth/ocean interactions**



352 Figure 2: $^{187}\text{Os}/^{188}\text{Os}$, $^{87}\text{Sr}/^{86}\text{Sr}$, $\delta^{88}\text{Sr}$, $\delta^7\text{Li}$, $\delta^{44}\text{Ca}$, $\delta^{13}\text{C}$ and atmospheric CO_2 at the end of simulations with
 353 varied solid Earth-ocean interactions of experiment series A (table 1). Every symbol style represents a different
 354 process that was changed and symbol colors indicate the different degrees of change that were tested. Arrows
 355 connect the results of simulations with the strongest forcing and the spin-up proxy value for each process,
 356 pointing in the direction of an increase in the respective condition.

357 We first considered the simplest, steady-state response (after 20 Myr) of seawater isotopic
 358 compositions to step changes in the processes connecting ocean and solid Earth (ensemble
 359 series A, Figure 2). In these simulations, all the changes in model processes we tested affect
 360 marine isotopic compositions, but the effects of a given process on individual isotope systems
 361 are not unique. Several processes shift individual isotopic proxies in the same direction (see
 362 also Figure SI.3), so that the direction of change in any singular proxy is not sufficient to
 363 determine which solid Earth/ocean interaction caused it. At the same time, most tested solid
 364 Earth/ocean interactions induce simultaneous shifts in multiple different isotope systems,
 365 suggesting that combining proxies might well facilitate the differentiation between various

366 dominant solid Earth/ocean interactions. In addition, our simulations show that the
 367 perturbation magnitude influences the amplitude of the isotopic shifts but not its direction
 368 (Figure SI.4), with the exception of changing CO₂ outgassing rates (and to a lesser extent,
 369 carbonate weathering rates) whose impact on isotopic compositions exhibits saturating
 370 behaviour at the more extreme magnitude of perturbation tested.

371 In general, the isotopic offset between input fluxes and the ocean determines the
 372 effectiveness of input flux changes at shifting the marine radiogenic isotope signature.
 373 Increasing the influx of radiogenic isotopes from, for example, carbonate weathering, shifts
 374 the marine isotope signature to the carbonate end member. The closer the marine isotope
 375 signature is to that end member, the smaller the impact carbonate flux increases will have.
 376 The effect of further radiogenic isotope release on marine radiogenic isotope ratios thus
 377 diminishes when terrestrial input is already very radiogenic. In the case of stable isotopes,
 378 non-linearities appear mostly under high increases of CO₂ outgassing and hydrothermal input
 379 rates, because there is an additional isotopic effect from marine burial changes on stable
 380 isotopes. In systems where metal is removed through carbonate burial, reduced carbonate
 381 burial/increased carbonate dissolution initially raise the proportion of light isotopes in the
 382 ocean, a similar effect to a larger influx of stable isotopes from the continents. As more metal
 383 accumulates in the ocean and the carbonate system rebalances through sedimentary burial,
 384 metal burial fluxes increase too, eventually matching additional inputs. During this phase,
 385 stable isotope fractionation from increased metal burial shifts the marine stable isotope ratios
 386 away from the lighter continental end member.

387 Table 2: Atmospheric CO₂ and seawater composition changes as a result of variations in process strength in
 388 experiment series A applied to the pre-industrial model set-up. The table presents isotopic and concentration
 389 shifts from the most extreme boundary changes that we tested (see Table 1). Negative and positive changes
 390 outside of measurement uncertainty are highlighted in blue and red, respectively. Colour shading indicates the
 391 scale of the change relative to the maximum change across all simulations.

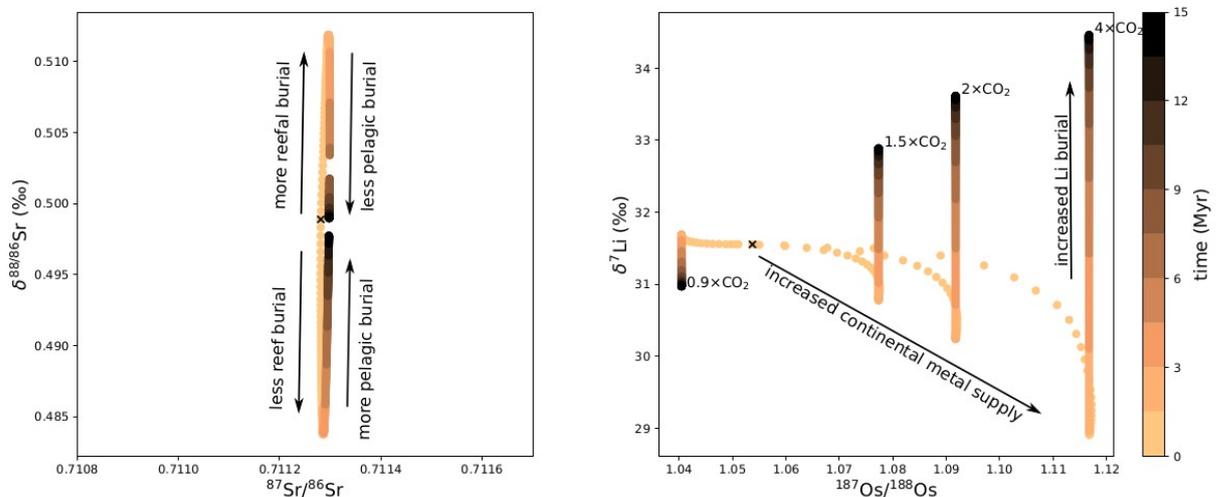
Simulation \ Proxy	¹⁸⁷ Os/ ¹⁸⁸ Os	⁸⁷ Sr/ ⁸⁶ Sr	$\delta^{88}\text{Sr}$ (‰)	$\delta^7\text{Li}$ (‰)	$\delta^{44/40}\text{Ca}$ (‰)	$\delta^{13}\text{C}$ (‰)	CO ₂ (ppm)
CO ₂ -10%	=	-0.0002	-0.01	-0.33	-0.02	+0.45	-77.0
CO ₂ +300%	+0.06	+0.0024	+0.02	-7.16	-0.02	-3.62	+5685.0
HYD -50%	+0.05	+0.0006	+0.02	+2.46	+0.01	=	+102.0
HYD +100%	-0.11	-0.0013	-0.03	-3.67	-0.04	-0.14	-147.0
HT-HYD -50%	+0.03	+0.0002	=	+1.62	-0.01	+0.4	-47.0
HT-HYD +100%	-0.14	-0.0005	+0.02	-6.8	+0.04	-1.63	+351.0
LT-HYD -50%	+0.02	+0.0004	+0.02	-4.53	+0.02	=	+161.0
LT-HYD +100%	-0.02	-0.0003	=	-0.13	-0.03	=	-124.0
WEATH -50%	-0.02	+0.0005	=	+0.25	-0.04	+0.43	+933.0
WEATH +100%	+0.02	-0.0004	=	-0.27	+0.02	-0.15	-183.0
CaSiO ₃ -50%	+0.01	-0.0003	=	-0.1	-0.02	+0.32	+933.0
CaSiO ₃ +100%	-0.02	+0.0005	=	+0.16	+0.03	=	-183.0
CaCO ₃ -90%	-0.08	+0.0018	+0.03	+0.55	=	+0.42	=
CaCO ₃ +300%	+0.06	-0.0017	-0.03	-1.59	=	-0.21	=
REEF -50%	=	=	=	-0.14	=	-0.13	=
REEF +100%	=	=	=	+0.29	-0.02	+0.27	=
PICPOC -50%	=	=	=	-0.11	+0.01	=	=
PICPOC +100%	=	=	=	-0.16	=	-0.15	=
CONG 100%	=	=	-0.05	-14.0	=	=	=
AGE 0%	-0.49	-0.0057	=	=	=	=	=

393 We summarize these steady-state isotopic shifts in Table 2, indicating the largest
 394 amplitude simulated for each tested process. No two perturbed processes showed shifts in the
 395 same directions in all isotope ratios and atmospheric CO₂ at once, except decreased reef
 396 carbonate deposition and increased PIC:POC of pelagic primary production, which
 397 effectively both result in a net increase of pelagic carbonate burial and only had an
 398 meaningful (but still very minor) impact on δ⁷Li and δ¹³C. Hence, most tested process
 399 changes result in a unique isotopic and C cycle ‘fingerprint’ when all proxy systems are
 400 considered. This means that changes in different mechanisms of solid Earth-ocean exchange
 401 could in theory be distinguishable in the geological record through the combined evidence of
 402 excursions in multiple metal and C isotope systems.

403

a) Reef CaCO₃ production step changes

b) CO₂ degassing step changes



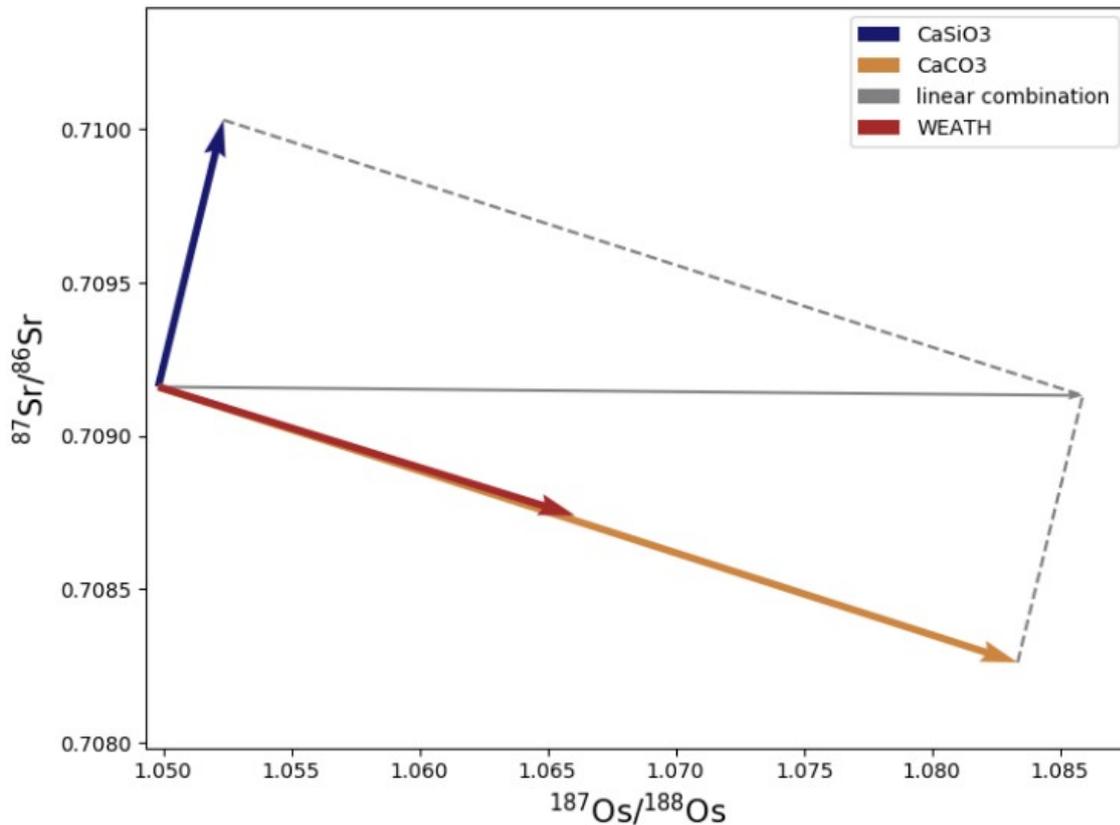
404 Figure 3: Competing isotopic effects in the transient response to step changes in two boundary
 405 conditions in ensemble A. a) δ⁸⁸Sr and ⁸⁷Sr/⁸⁶Sr variations due to increased and reduced carbonate deposition at
 406 reefs ('REEF' experiments). b) Evolution of δ⁷Li and ⁸⁷Os/¹⁸⁸Os under increased and reduced CO₂ degassing
 407 ('CO₂' experiments).

408 There is another dimension to trace-metal fingerprints however. As demonstrated in
 409 a recent model-based analysis of ⁸⁷Sr/⁸⁶Sr and δ^{88/86}Sr trends by Paytan et al. (2021), the final
 410 steady state shifts tend to be much smaller than the shifts observed during the equilibration
 411 phase. In Figure 3, we show as example how four isotopic proxies (radiogenic vs stable Sr
 412 isotopes and radiogenic Os vs Li isotopes) respond to perturbations in reefal carbonate burial
 413 and CO₂ outgassing over the equilibration period (from 0 to 15 Myr after the perturbation).
 414 Each dot represents the mean ocean isotopic composition at a specific time following the
 415 perturbation, with advancing time indicated by darkening colors. In Figure 3a, reefal
 416 carbonate deposition perturbations cause significant shifts in δ^{88/86}Sr over the first 1-2 Myr of
 417 adjustment. After 5 Myr, the system re-equilibrates towards its initial values, reaching a near
 418 steady state at about 10 Myr. The transient isotope excursion results from the re-partitioning
 419 between reefal and pelagic carbonate deposition and affects δ^{88/86}Sr and not ⁸⁷Sr/⁸⁶Sr. Using
 420 steady-state model simulations as a point of reference to interpret observed proxy changes
 421 would then lead to erroneous conclusions for the Sr system because there is no steady-state

422 change in seawater $\delta^{88/86}\text{Sr}$ due to a step change in the neritic (reefal) CaCO_3 sink. (In
423 contrast, $^{87}\text{Sr}/^{86}\text{Sr}$ is not affected by changes in the Sr sink associated with the neritic
424 carbonate burial and thus does not vary at any point during this experiment.)

425 In Figure 3b, we present another example of how isotopic shifts can be time-
426 dependent, in this example for the response to a CO_2 degassing change plotted in $^{187}\text{Os}/^{188}\text{Os}$
427 versus $\delta^7\text{Li}$ space. Here, the mean ocean $^{187}\text{Os}/^{188}\text{Os}$ and $\delta^7\text{Li}$ isotopic compositions respond
428 non-linearly in time because the equilibration timescales of the considered isotope systems
429 and the C cycle each differ. With higher CO_2 outgassing, atmospheric CO_2 increases and
430 climate warms, which then enhances continental weathering. This continues until higher CO_2
431 emissions are balanced by increased C loss through marine carbonate burial. The additional
432 solute transfer from land to ocean under increased weathering shifts seawater $^{187}\text{Os}/^{188}\text{Os}$ to
433 more radiogenic and continent-like values. This shift is not instantaneous but rather follows
434 the progressive atmospheric CO_2 build-up towards the new equilibrium state on the silicate
435 weathering timescale ($>\sim 10$ kyr, Lord et al., 2016). Simultaneously, enhanced continental
436 run-off initially drives seawater towards lower, more riverine $\delta^7\text{Li}$. However, as dissolved Li
437 accumulates in the ocean, Li is increasingly incorporated into marine secondary minerals.
438 Since this process preferentially removes isotopically light Li, it counterbalances the isotopic
439 effect of increased continental Li supply. Eventually, the preferential ^6Li burial drives
440 seawater $\delta^7\text{Li}$ more positive, ultimately dictating the final steady-state ocean isotopic
441 composition. Because enhanced sinks only compensate the effect of enhanced inputs of
442 isotopically light continental Li supply after ~ 2 Myr, the $\delta^7\text{Li}$ shift reverses in sign.

443 These non-linear equilibrations of the $\delta^{88/86}\text{Sr}$, $^{187}\text{Os}/^{188}\text{Os}$ and $\delta^7\text{Li}$ systems illustrate
444 how the isotopic fingerprint of a perturbation can fall far outside of a simple mixing line
445 between two steady-state end members as the system adjusts to the perturbation.
446 Consequently, the full range of isotopic shifts that could be recorded during the adjustment
447 period can be much larger than the range of equilibrium states shown in Table 2 (illustrated in
448 Figure SI.3)



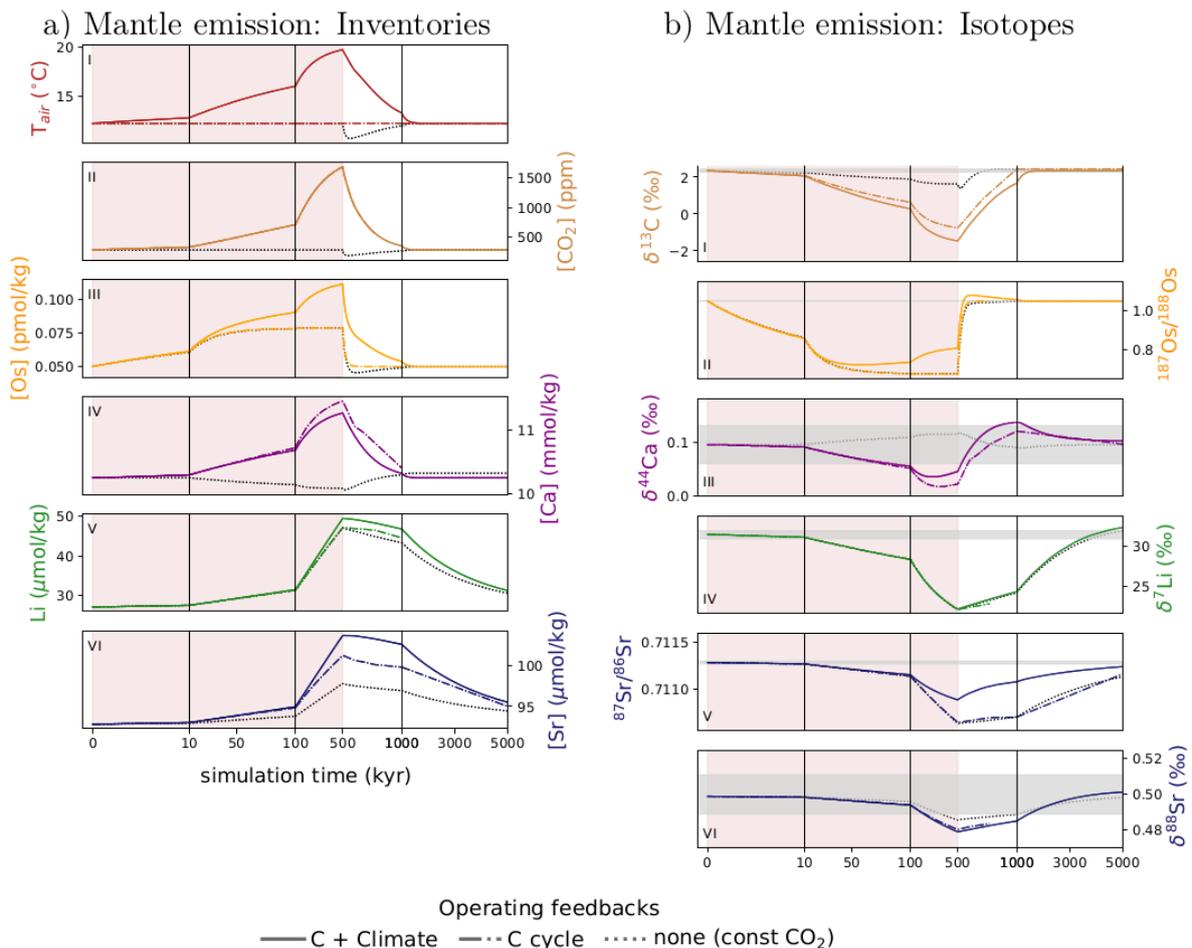
450 Figure 4: Evolution of $^{87}\text{Sr}/^{86}\text{Sr}$ and $^{187}\text{Os}/^{188}\text{Os}$ under doubled weathering fluxes in experiment series
 451 A. Shown are the isotopic effects of doubling CaCO_3 and CaSiO_3 weathering separately (' CaCO_3 ' and ' CaSiO_3 '
 452 simulations) and at once ('WEATH' simulation). For comparison, the linear addition of the separate isotopic
 453 effects is indicated with gray lines.

454 We also find that changes in more than one boundary condition can cause
 455 additional non-linear effects on the isotopic composition of dissolved metals, further
 456 complicating the interpretation of isotopic signatures. For example, the combined impact on
 457 the Os/Sr isotopic systems of changing the weatherability of silicate and carbonate rocks does
 458 not equal the sum of their individual effects (Figure 4). In this example, the non-linearity
 459 results from the fact that changes in silicate weathering affect the climate, while, on the metal
 460 equilibration timescales, changes in carbonate weathering do not, and that silicate and
 461 carbonate rocks have different $^{87}\text{Sr}/^{86}\text{Sr}$. Doubling carbonate rock weathering proportionately
 462 increases the unradiogenic Sr and radiogenic Os supply to the ocean, shifting their isotopic
 463 ratios in the ocean in the corresponding directions. Conversely, increasing silicate weathering
 464 enhances CO_2 sequestration, reducing temperature. Eventually, the system reaches a new
 465 steady state, where silicate weathering balances the non-altered CO_2 outgassing once again.
 466 However, the steady-state climate is now cooler than before. This new cooler climate has a
 467 reduced carbonate weathering, tilting the ratio of silicate to carbonate weathering towards
 468 silicate weathering (source of radiogenic Sr), while keeping the total solute flux from land to
 469 the ocean almost constant, resulting in minimal changes in seawater $^{187}\text{Os}/^{188}\text{Os}$. However,
 470 when carbonate and silicate weatherability are increased simultaneously, the release of
 471 sedimentary Sr and Os is smaller than in the experiment with pure carbonate weathering

472 increase because of the cooling effect of more silicate weathering, yet it is larger than in the
 473 experiment with pure silicate weathering increase. Still, the final silicate-to-carbonate
 474 weathering ratio is tilted towards carbonate weathering when weathering of both lithologies
 475 are doubled simultaneously because the final colder climate reduces the carbonate weathering
 476 rate by less than half. Hence, when both lithologies are weathered more, seawater $^{87}\text{Sr}/^{86}\text{Sr}$
 477 and $^{187}\text{Os}/^{188}\text{Os}$ shift in the same direction as if carbonate rock weathering alone was
 478 increased, but not to the same extent because of the increased silicate rock weathering
 479 cooling the climate.

480 3.2 Overprinting of solid Earth/ocean fingerprints by climate feedback

481 In our second ('B') experiment series, we explored the impacts of solid Earth/ocean
 482 perturbations on the metal isotopic system for transient (rather than persistent) perturbations,
 483 in particular the isotopic response to the temporary release of exogenic (mantle-like) C and/or
 484 metals into the atmosphere-ocean system. We analyse the simulations with a focus on
 485 disentangling the primary effects of exogenic metal fluxes and secondary effects of climate
 486 and C cycle feedbacks in the recorded isotope excursions.



487 Figure 5: Competing transient isotopic effects in the response to extended emissions of carbon and metals from
 488 the mantle in experiment series B. a-b) Separation of contributions of exogenic ('no feedbacks', black dotted
 489 line), continental (difference between coloured 'C + Climate' and 'C cycle' lines) and sedimentary (difference
 490 between 'C cycle' and 'no feedbacks') metal injections to the simulated metal isotope excursions in the scenario

491 of 10x pre-industrial hydrothermal emissions, sustained over 500 kyr. Horizontal gray bands indicate intervals
492 of assumed analytical uncertainty (see Methods).

493 To disentangle the role of C cycle feedbacks in the isotopic response to a large
494 mantle emission, we ran a set of 3 experiments incorporating a continuous injection of
495 mantle-derived metals over 500 kyr, running these (i) only with the enhanced trace-metal
496 flux, (ii) with simultaneous C emissions but no climate feedback (i.e., an imposed invariant
497 climate state), and (iii) all fluxes and including climate feedback (Figure 5). In the
498 simulations with C emissions, atmospheric CO₂ concentrations increase throughout the
499 duration of the emissions reaching maximum values at the point when emissions cease with a
500 continuous relaxation afterwards. δ¹³C and temperature values peak and relax back at a
501 slower rate than CO₂ reflecting the log₂ relationship between CO₂ and temperature and the C
502 residence time in the ocean and atmosphere. We consider the responses of trace-metal
503 inventories and isotopic composition separately in the sections that follow.

504 **3.2.1 Trace metal inventory response**

505 Among the metal systems, Os (Figure 5a III) is the fastest metal system to respond to the
506 forcing due to its shorter residence time (~20 kyr in the pre-industrial ocean, compared to ~2
507 Myr for Sr, ~2.6 Myr for Li, ~1 Myr for Ca; Adloff et al., 2021). Regardless of whether or
508 not climate feedbacks are included, Os concentrations peak at the end of the interval of
509 enhanced emissions (model year 500,000) and then monotonically decline following two
510 distinct recovery timescales: 1) the removal of excess marine Os that was injected from the
511 mantle, on a time-scale dictated by its comparably short residence time (20 kyr) and 2) the
512 decay of excess Os flux from weathering, on the time-scale of the silicate weathering-driven
513 recovery of atmospheric *p*CO₂ and climate (ca. 200 kyr).

514 The simulated Ca reservoir remains largely invariant in the experiment without C
515 addition, with only a small decline in concentration apparent over the 500 kyr duration of
516 emissions. Because the enhanced metal flux is added at the seafloor in the model, deep ocean
517 Ca concentrations become elevated relative to the ocean as a whole. carbonate preservation in
518 deep sea sediments is enhanced, and the rate of loss of Ca from the ocean temporarily
519 exceeds total input. Paradoxically, the increased flux of Ca at the seafloor leads to an overall
520 reduction in the mean concentration of Ca in the ocean. At the end of the interval of enhanced
521 input, carbonate preservation falls, driving the accumulation of Ca and alkalinity in the ocean
522 and a corresponding drop in atmospheric *p*CO₂, and taking place on the ca. 10 kyr time-scale
523 of carbonate compensation (Ridgwell and Hargreaves, 2007). In the experiment with C
524 emissions (but no climate feedback), declining ocean carbonate saturation causes a reduction
525 in the deep ocean carbonate sink and Ca rapidly builds up in the ocean over 500 kyr. Once
526 the enhanced C flux ceases, the Ca inventory progressively adjusts back. Adding a climate
527 response changes results in a somewhat reduced ocean Ca inventory response compared to
528 this, with a smaller peak magnitude and a faster recovery driven by the ca. 200 kyr time-scale
529 silicate weathering feedback.

530 The ocean concentrations of both Sr and Li peak at the end of the excess mantle
531 metal input, as per the behaviours of the other metals as well as that of C. Following
532 cessation of metal emissions and regardless of whether or not climate feedbacks are taken
533 into account and/or there is coeval C release, the transient recovery response of the Sr and Li

534 reservoirs are dominated by their long inherent residence times in the ocean. However, for Sr,
535 the magnitude of the inventory peak is enhanced when C is added to the system, with
536 sediment dissolution and reduced carbonate preservation and burial enhancing the temporary
537 accumulation of dissolved marine Sr. The oceanic Sr inventory response is enhanced still
538 further when climate feedbacks are enabled. However, for the Li system which lacks a
539 significant carbonate associated sink, the response to C forcing in the absence of climate
540 feedbacks is almost indistinguishable from the response of metal emissions alone. Climate
541 feedbacks drive an increased solute supply from land and accumulation of Li in the ocean.
542 However, the impact of this is minor and there is relatively little separation between the three
543 response curves for Li. This is because our model does not include a climate sensitivity of
544 terrestrial clay formation (see: Adloff et al., 2021). We conducted a sensitivity experiment to
545 test for the signal of changing weathering intensity, rather than rate, on the marine Li cycle,
546 which is substantially larger (see discussion below and in the SI).

547

548 3.2.2 Trace metal isotope response

549 With the exception of Ca, mantle metal injection alone (dotted lines in Fig 5b) drives
550 negative excursions in all isotope proxies, with the excursion nadir approximately coincident
551 with the end of the excess emissions phase. The very minor positive $\delta^{44/40}\text{Ca}$ is a consequence
552 of the small but apparently paradoxical Ca inventory drawdown in response to enhanced
553 mantle input (see previous discussion).

554 Coeval C addition (without climate feedback) has effectively no impact on
555 $^{187}\text{Os}/^{188}\text{Os}$, $^{87}\text{Sr}/^{86}\text{Sr}$, or $\delta^7\text{Li}$. As per for the response of the ocean Sr inventory, adding C and
556 acidifying the ocean (and reducing saturation state) suppresses the carbonate-hosted sinks of
557 Sr and drives a more negative excursion in $\delta^{88/86}\text{Sr}$. $\delta^{13}\text{C}$ is directly impacted by the addition
558 of isotopically light C and undergoes a substantial almost -4‰ excursion. In contrast, without
559 C injection, only a minor negative fluctuation of $\delta^{13}\text{C}$ occurred due to a repartitioning of C
560 between ocean and atmosphere and changes in carbonate burial induced by Ca injection.
561 $\delta^{44/40}\text{Ca}$ exhibits the greatest impact as a consequence of ocean acidification and what was a
562 very muted positive isotopic excursion now becomes larger in magnitude and negative, with
563 its nadir aligning with the end of emissions as per the other isotope systems.

564 Climate changes and enhanced weathering induced by C release notably reduce the
565 excursion amplitude of the radiogenic isotope systems ($^{187}\text{Os}/^{188}\text{Os}$, $^{87}\text{Sr}/^{86}\text{Sr}$) while having
566 little effect on stable isotope proxies. This difference is primarily a consequence of how
567 enhanced weathering amplifies the metal inventory excursion magnitude for Os and Sr
568 concentrations (Fig 5a and previous discussion) as compared to e.g. Li for which the climate
569 feedback has only a negligible impact, and Ca where climate feedback slightly ameliorates
570 the inventory response. Marine $\delta^{44/40}\text{Ca}$ is only meaningfully perturbed by C cycle changes,
571 with and without climate feedbacks, as a consequence of changes in the marine carbonate
572 sink induced by C addition to the ocean (and atmosphere). $\delta^7\text{Li}$ is the only proxy which is
573 virtually insensitive to our simulated C cycle perturbation because of the static $\delta^7\text{Li}$ in
574 continental run-off in these simulations (see discussion below and in the SI).

575 Without climate feedbacks included (or no C release at all, with the exception of
576 $\delta^{44/40}\text{Ca}$), all isotope systems reach their excursion nadir approximately coincident with the
577 end of the excess emissions phase. However, accounting for feedbacks can dramatically
578 impact the relative timing or duration of an isotopic excursion, most notably for $^{187}\text{Os}/^{188}\text{Os}$
579 and $^{87}\text{Sr}/^{86}\text{Sr}$, but also for $\delta^{44/40}\text{Ca}$ and $\delta^{13}\text{C}$. For instance, we find that the nadir of the
580 $^{187}\text{Os}/^{188}\text{Os}$ excursion peak occurs 10s of kyr earlier if feedbacks operate. For $^{87}\text{Sr}/^{86}\text{Sr}$, climate
581 feedback enables a much more rapid initial (first 500 kyr following the end of enhanced
582 emissions) recovery in the isotopic composition of the ocean and hence a sharper excursion
583 as compared to the simulation without feedbacks. Furthermore, depending on the relative
584 scale of the C cycle perturbation (see: SI), isotopic excursions caused by igneous metal
585 supply can be masked in some isotope systems. Examples are the minor positive $\delta^{44/40}\text{Ca}$
586 excursions in simulations without C emissions and the strongly dampened negative $^{87}\text{Sr}/^{86}\text{Sr}$
587 excursion in simulations with strong C forcing (simulation 2xC:Metal_{HYD}, see figures SI.5 and
588 SI.6).

589 With the exception of C, the recovery phase in all the isotope systems are
590 characterized by the occurrence of a positive isotopic excursion. The timing of the positive
591 excursion following termination of mantle input generally scales with metal residence time –
592 shortest for Os, and longest for Sr and Li (and in fact only partially resolved without the 5 Ma
593 total model experiment duration for these systems). This occurs as a consequence of the rate
594 of metal burial, driven by enhanced metal inventories, exceeding metal supply (as the
595 prescribed mantle flux ceases and enhanced fluxes from weathering decline). This leads to a
596 temporary accumulation of the heavier isotopes in seawater due to burial-associated
597 fractionation which is recorded as a positive excursion.

598 In general, the different isotopic responses to emissions stem from feedbacks within
599 the global C cycle and with climate – primarily continental weathering changes. The role of
600 continental weathering in modulating the marine Os, Sr, Li and Ca reservoirs, shown as part
601 of experiment series A, have long been recognized and inspired the use of these isotope
602 systems to trace changes in continental weathering (e.g., Gannoun et al. 2006, Blättler et al.
603 2011, Lechler et al. 2015). Higher atmospheric CO₂ concentrations and a warmer and wetter
604 climate enhances weathering which then adds more continental-derived metals to the ocean,
605 shifting ocean values towards continental-like values. Yet, our experiment series B shows
606 that this effect can compete with the isotopic effect of metal emissions from the mantle and
607 reduce both $^{187}\text{Os}/^{188}\text{Os}$ and $^{87}\text{Sr}/^{86}\text{Sr}$ excursion amplitudes if an igneous event spans
608 weathering-relevant timescales. We also notice that if the C forcing is sufficiently strong and
609 long-lasting, enhanced continental weathering leads to the partial recovery of the initial
610 negative Os and Sr isotopic excursion despite continued mantle emissions (see: SI). Even
611 when mantle emissions cease, enhanced continental weathering prevails because temperature
612 is still elevated, driving the seawater composition back to pre-event values more quickly than
613 without climate-driven weathering increases. In extreme cases, enhanced weathering
614 accelerates the $^{187}\text{Os}/^{188}\text{Os}$ and $^{87}\text{Sr}/^{86}\text{Sr}$ recoveries so much that it can lead to positive
615 'overshoot' excursions after the emissions event (Figure SI.5b).

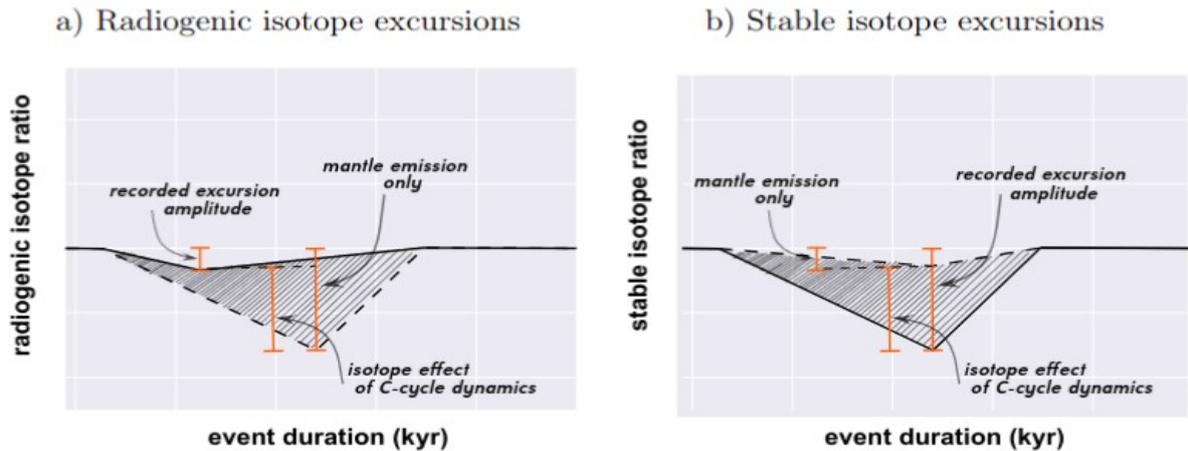
616 For stable metal isotopes, C cycle-induced isotopic forcings are more subtle.
617 Increased input from weathering does not constitute an opposing isotopic forcing to igneous
618 input as in the case of radiogenic isotopes. Due to isotopic fractionation during burial, the

619 steady state marine reservoirs of Sr, Li and Ca are inherently relatively more heavy than in
620 hydrothermal and continental inputs. Therefore, enhanced continental weathering amplify the
621 tendency towards isotopically lighter stable Sr, Li and Ca in seawater caused by mantle
622 inputs, rather than counteract it. Additionally, stable metal isotope ratios depend on the
623 sedimentary burial flux which is also sensitive to C cycle-driven changes. Since marine
624 carbonate burial controls seawater $\delta^{88/86}\text{Sr}$ and $\delta^{44/40}\text{Ca}$, changes in carbonate burial due to C
625 emissions create additional isotopic forcings, even if it only effects the marine carbonate
626 system and the climate remains unchanged. C injections transiently reduce the carbonate
627 saturation state in the ocean, and thus the chemical stability of sedimentary Ca carbonate,
628 while the climate-driven additional growth of the marine Sr, Ca, and Li reservoirs enhances
629 stable isotope fractionation during carbonate burial. In the case of $\delta^{88/86}\text{Sr}$, C emissions
630 increase the amplitude of the negative excursion caused by the mantle input of isotopically
631 lighter Sr due to acidification-driven reductions in net carbonate burial (from more
632 dissolution), retaining and releasing more of the preferentially buried ^{86}Sr into the ocean. For
633 $\delta^{44/40}\text{Ca}$, increased hydrothermal Ca input alone is insufficient to cause an isotopic shift
634 because the marine Ca reservoir is dominated by rock and sediment dissolution and formation
635 (see continental/hydrothermal influx ratio in Table SI.4). Similarly, enhanced continental Ca
636 input is also insufficient to induce a measurable excursion over the tested emissions duration
637 because of the large size of the marine Ca reservoir. Our model simulations instead suggest
638 that marine carbonate formation and dissolution are the dominant controls on seawater
639 $\delta^{44/40}\text{Ca}$. In response to a C release event, marine carbonate burial is first reduced by seawater
640 acidification and then subsequently increased by additional continental and sedimentary
641 alkalinity supply, causing a negative followed by a positive $\delta^{44/40}\text{Ca}$ excursion. Enhanced
642 continental weathering thus affects the $\delta^{44/40}\text{Ca}$ excursion predominantly more via marine
643 carbonate buffering than directly adding isotopically light Ca. The effects on the marine Li
644 reservoir are different than for Os, Sr, and Ca in these simulations, because the isotopic
645 composition of continental weathering is much closer to the initial seawater $\delta^7\text{Li}$ value than is
646 hydrothermal input. Furthermore, with a 10-fold increase in hydrothermal and C emissions,
647 weathering only quadruples. Thus, the hydrothermal forcing dominates the negative $\delta^7\text{Li}$
648 excursions in our simulations with climate and C cycle dynamics playing only a minor role in
649 changing supply fluxes. It should be noted that this dominance only exists when the isotopic
650 composition of riverine Li remains constant (as assumed in these simulations). When we
651 varied the isotopic composition of Li in terrestrial run-off according to expected shifts with
652 increasing weathering intensity, we found that they can cause a similar marine $\delta^7\text{Li}$
653 perturbation as the most extreme simulated hydrothermal emissions (see Li case study in the
654 SI).

655

656

657



658 Figure 6: Conceptualization of contributions of mantle emissions and C-cycle dynamics to the
 659 recorded excursion amplitudes in radiogenic (e.g. $^{187}\text{Os}/^{188}\text{Os}$ and $^{87}\text{Sr}/^{86}\text{Sr}$) and stable (e.g. $\delta^{88}\text{Sr}$, $\delta^7\text{Li}$, $\delta^{44}\text{Ca}$)
 660 isotope proxy systems.

661 Our experiments show how C inputs, and associated changes in seawater chemistry
 662 as well as global climate and continental weathering, affect the shape and size of metal
 663 isotope excursions. Recorded metal isotope excursions following igneous events hence
 664 contain quantitative information about both the primary metal release to the ocean, and the
 665 sediment dissolution and climate-related weathering responses. However, a challenge
 666 remains in disentangling the forcing from the feedback signals. Our simulations suggest that
 667 the amplitudes of radiogenic Os and Sr excursions are insufficient to constrain perturbations
 668 of continental or mantle metal supply because C cycle feedbacks potentially reduced the size
 669 of unradiogenic $^{187}\text{Os}/^{188}\text{Os}$ and $^{87}\text{Sr}/^{86}\text{Sr}$ excursions during mantle emission events. In
 670 particular, if the response timescale of a proxy is similar to, or exceeds, the C cycle feedback
 671 timescale, like for $^{87}\text{Sr}/^{86}\text{Sr}$ and continental weathering (~ 200 kyr, Lord et al., 2016), the
 672 underlying exogenic forcing can be masked almost entirely. For instance, if we were to
 673 estimate the magnitude of mantle emissions directly from the size of a recorded $^{87}\text{Sr}/^{86}\text{Sr}$
 674 excursion, we would underestimate it by up to 85% if terrestrial weathering were perturbed
 675 (Figure SI.7). However, with an independent estimate of the Sr input from the mantle (i.e.,
 676 using the volume and composition of a large igneous province), we could quantify the scale
 677 of terrestrial Sr supply changes by comparing the recorded isotope excursion and the
 678 expected excursion from the mantle input only. This is conceptualised in figure 6. For the
 679 radiogenic isotopes ($^{187}\text{Os}/^{188}\text{Os}$ and $^{87}\text{Sr}/^{86}\text{Sr}$), the recorded isotopic excursion equals the
 680 portion of the exogenic forcing that was not compensated for by enhanced terrestrial metal
 681 delivery. On the other hand, the recorded excursion of stable isotope systems ($\delta^{88/86}\text{Sr}$, $\delta^7\text{Li}$,
 682 $\delta^{44/40}\text{Ca}$, Figure 6b) represents the sum in isotopic forcings, which deliver metals from the
 683 land, the mantle and carbonate burial.

684
 685

687 **4. Discussion**

688 Records of the isotopic composition of sedimentary C, Sr, Os, Li and Ca have been widely
689 used to infer changes in the solid Earth-ocean interactions, both on tectonic timescales (e.g.
690 Misra and Froehlich 2012, Mills et al., 2014, Mills et al., 2017) and for geologically rapid
691 perturbation events (e.g. Jones and Jenkyns, 2001, Tejada et al., 2009, Blättler et al., 2011,
692 Lechler et al., 2015). Our experiments provide new insights into the timescale and persistence
693 of isotopic shifts in response to such changes in a fully coupled Earth system.

694 **4.1. Identifying long-term shifts in the coupling of Earth's surface reservoirs and** 695 **geosphere**

696 Our experiments show how fingerprints of the processes underlying shifts in solid Earth-
697 ocean interactions can be identified by combining records of multiple metal isotope systems
698 and C cycle proxies – something that is not possible with individual isotope records alone.
699 Additionally, our results highlight the different ways in which the C cycle (and climate
700 feedbacks) affects metal cycles and the necessity to interrogate metal and C cycle changes
701 together within a common framework. We showed, for example, that the dominant long-term
702 effect of increased exposure of silicate rock to weathering under constant CO₂ degassing is
703 not a higher flux of silicate-derived metals to the ocean but a reduced metal supply from non-
704 silicate rocks due to a colder new steady-state climate with similar silicate weathering rates
705 (Table 2 and Figure 4). The fingerprints of step changes in solid Earth-ocean interactions can
706 be identified most clearly in a new steady-state of metal and C cycles. In this case, Figure 2
707 and Table 2 showed which Earth system changes can cause isotopic shifts of a given
708 direction and magnitude. However, prior to a new steady state being reached, the amplitude
709 and direction of the isotopic shifts in different proxy systems – absolute and relative to each
710 other – may vary non-linearly over time and outside the envelope of the two bounding
711 steady-states, as the system adjusts to the new conditions. Given the long equilibration time
712 of the Sr, Li and Ca cycles, it is questionable whether they have ever reached true equilibrium
713 at any point during the Phanerozoic in face of continuous tectonic movement and changes in
714 climate. Therefore, transient, non-linear features of the equilibration process, differences in
715 equilibration timescales of different biogeochemical cycles, and the possibility of overlapping
716 Earth system changes, also need to be considered in the interpretation of the Phanerozoic
717 record of metal and C isotopes. We showed that simulating coupled metal and C cycles
718 provides a useful tool to explore non-linear combinations of isotopic forcings from several
719 simultaneous Earth system changes and transient features of the equilibration which can
720 obscure the cause of long-term isotopic shifts and may also result in decoupling of the
721 different systems.

722 Our findings provide a systematic numeric basis for interpretations of long-term Os,
723 Sr, Ca and Li isotope variations in the geologic record. For example, during the Cenozoic, the
724 Earth system markedly changed from the hot-house climate of the Early Cenozoic to the ice-
725 house climate of the Quaternary, which has been linked to changes in C cycling between the
726 solid Earth and the ocean/atmosphere. From the isotopic differences in sedimentary Os, Sr,
727 Ca and Li, it has been suggested that the transition from hot- to ice-house climate resulted

728 from changes in weathering and/or erosion due to orographic events or climate and
729 hydrothermal changes (e.g. Raymo et al., 1988, Richter 1992, Godd ris and Francois, 1995,
730 Pegram et al., 1992, Li et al, 2007, Misra and Froelich, 2012). In our simulations, weathering
731 or hydrothermal changes were insufficient to produce all of the isotopic shifts required to
732 explain the Cenozoic record. The only process we could identify to be strong enough to
733 produce such large shifts (in the isotopic composition and not necessarily in the rate) is a
734 compositional change in terrigenous dissolved metal input, i.e. the weathering of much
735 younger rocks that can transfer ions efficiently into the open ocean at the beginning of the
736 Cenozoic. While we would need to test this scenario with boundary conditions specific to the
737 Early Cenozoic for a more conclusive quantitative analysis, our results suggest that the long-
738 term isotopic changes across the Cenozoic are likely a complex, non-linear result of
739 combined forcings. The Cenozoic record also contains evidence of transient isotopic shifts.
740 For example, Paytan et al. (2020) used records of stable and radiogenic Sr isotope changes to
741 identify transient changes in the mass balance of dissolved Sr. They concluded that $\delta^{88/86}\text{Sr}$
742 shifts in the Cenozoic record reflect most likely transient imbalances in the Sr budget, i.e.
743 through increased removal due to shelf expansion. Our simulations confirm that $\delta^{88/86}\text{Sr}$
744 excursions can only be a transient feature of Sr cycle changes, though they can persist for
745 several million years depending on the scale of the Sr flux imbalance.

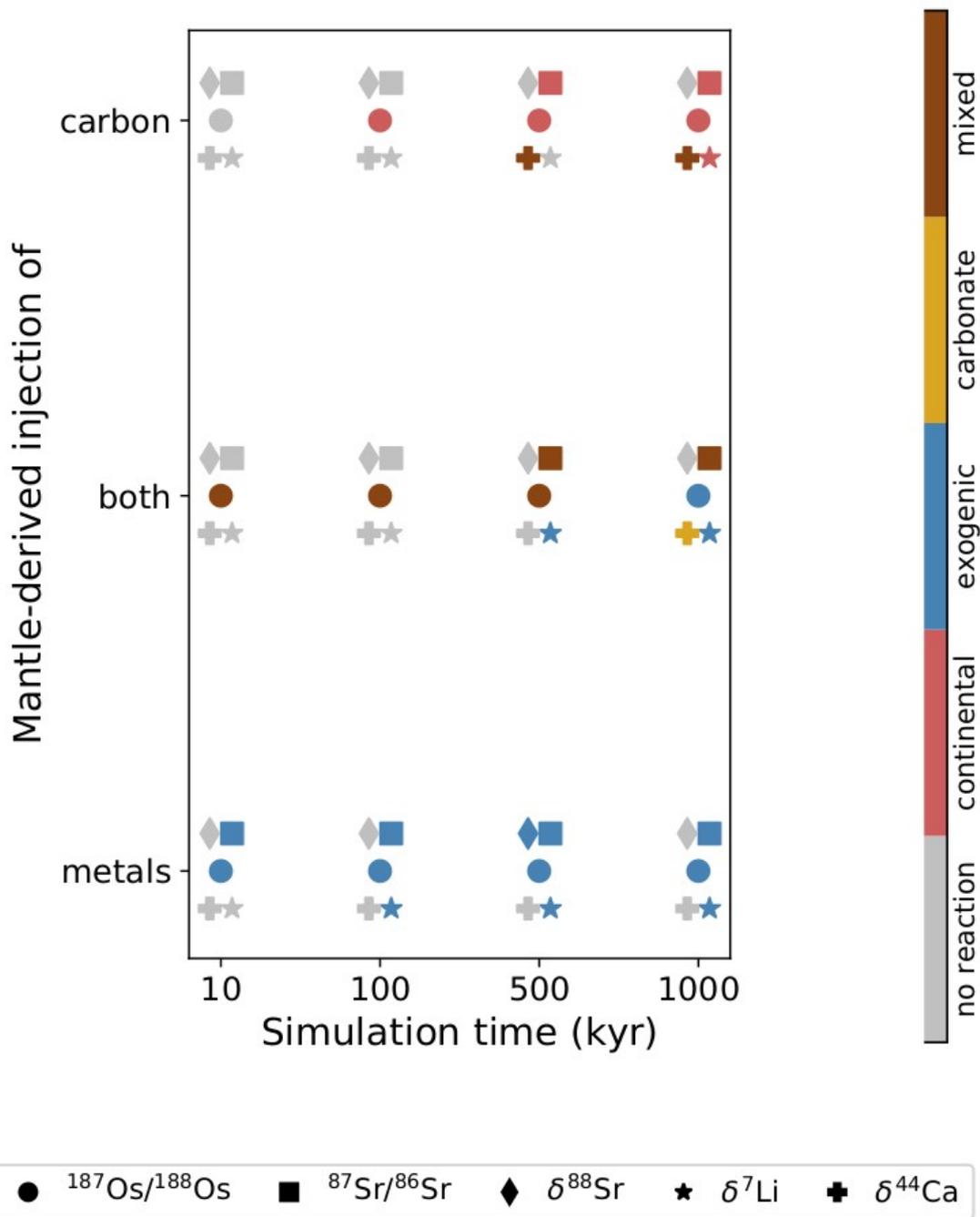
746 **4.2 Lessons for the reconstruction of metal fluxes from recorded isotope excursions**

747 C, Sr, Os, Li and Ca isotopes are also used to investigate perturbations on shorter timescales
748 (e.g. LIP volcanism and bolide impacts). For example, these proxy systems have been used to
749 identify and quantify excess igneous and continental C and metal fluxes during OAE 1a and
750 2, the Deccan Traps and the Chicxulub impact and the PETM C excursion discussed in the
751 introduction (e.g. Jones et al., 2001, Ravizza et al., 2001, Bl ttler et al., 2011, Lechler et al.,
752 2015, Pogge von Strandmann et al., 2013, Bauer et al., 2017). Some of these events were
753 predominantly characterized by increased metal emissions from the mantle or impact ejecta,
754 while others also featured alterations of metal fluxes from sediments and the continental crust
755 via perturbations of the C cycle. Although our model experiments are idealized, the applied
756 metal and C injections share many characteristics with these real geologic events.
757 Simulations of pure C emissions may represent any change in continental weathering regime
758 that is not accompanied by metal emissions from the mantle, i.e. activation of dormant
759 superficial C reservoirs (e.g. methane emissions from peatlands, permafrost or hydrates,
760 expansion or shrinking of the biosphere etc.) or changes to rock exposure, e.g. through
761 variations in the extent of glacial land cover, sea-level fluctuations or similar. Simulations of
762 pure exogenic emissions may represent bolide impacts, provided that the impact did not
763 significantly perturb superficial C reservoirs, although C-neutral impacts of asteroids
764 sufficiently large to provide enough metals to disturb the marine reservoirs of Os or Sr are
765 arguably unlikely (Kamber et al. 2019). Our coupled metal and C emission experiments
766 mimic LIP emplacements, during which isotope systems were shaped simultaneously by
767 magmatic and continental inputs, since they were characterized by sustained, large-scale
768 outpourings of magma with mantle-like isotopic composition and super-saturated in CO_2
769 which caused climatic shifts upon release (e.g. Ernst 2014). The results of our experiments
770 can also be used to estimate the isotopic effect of emissions with different Sr:Os:Li:Ca ratios
771 by combining results of simulations with different emission rates (e.g. taking Os results from
772 a simulated doubling of hydrothermal emissions and Ca results from a simulated

773 quadrupling) to study cases where the ratios between emitted metals were different to today's
774 hydrothermal systems assumed here - because the metal cycles do not interact with each
775 other.

776 Our simulations showed that C emissions affect the shape of resulting metal isotope
777 excursions during metal release from the mantle: Injection of C alongside mantle-derived
778 metals increases the amplitudes of negative and positive stable isotope excursions. At the
779 same time, it decreases negative excursions in radiogenic isotope systems and can cause
780 positive overshoots. C emissions also change the timing of the negative $^{187}\text{Os}/^{188}\text{Os}$, $^{87}\text{Sr}/^{86}\text{Sr}$
781 and $\delta^{44/40}\text{Ca}$ excursion peaks: These excursion peaks co-occur at the end of metal emissions in
782 simulations without excess C emissions (see also figure SI.8). When mantle-derived metal
783 inputs are accompanied by C emissions, the excursion peaks are temporally offset because
784 metal fluxes from land and sediments are also perturbed and influence marine isotopes, in
785 addition to the mantle emissions. Marine metal reservoirs grow substantially larger in
786 simulations with excess metal and C emissions because of metal supply from the mantle and
787 climate-driven solute influxes from land. The isotopic impacts of perturbed metal fluxes from
788 the mantle and lithosphere likely overlap temporally and need to be disentangled in order to
789 separate the magnitude of the forcing from any weathering feedbacks.

790 Thus, if radiogenic isotope excursions during C cycle perturbations were interpreted
791 as purely mantle emission-driven, the igneous forcing would be underestimated because
792 radiogenic isotope systems are also affected by continental input changes. Similarly, the
793 interpretation of stable isotope excursions during a C cycle perturbation as pure weathering
794 signals would overestimate the scale of weathering changes, mainly since disruption to
795 carbonate burial is a relevant driver of $\delta^{88/86}\text{Sr}$ and $\delta^{44/40}\text{Ca}$ excursions. The extent of this
796 under- or overestimation depends on the ratio of emitted C to metal released from the mantle
797 and the background state (see discussion in section 4.3). Still, radiogenic and stable isotope
798 excursions can provide end-member estimates of excess igneous, continental inputs and
799 carbonate burial changes because each proxy system has different sensitivities to the
800 perturbed fluxes. Additional and independent constraints are required to increase the accuracy
801 of these metal and C flux estimates (e.g. reconstructed C:Metal of igneous emissions, metal
802 and C mass constraints from estimates of amount and composition of the emplaced basalt or
803 independent evidence on the strength of climate feedbacks). These findings show that the
804 geochemical record of igneous events can be more complex than the coincidence of a
805 negative $\delta^{13}\text{C}$ and mantle- or continent-like metal isotope excursions. Dynamic models of
806 combined C and metal cycling are required to reconstruct the total exogenic forcing.



807 Figure 7: 'Proxy potential' of seawater $^{187}\text{Os}/^{188}\text{Os}$, $^{87}\text{Sr}/^{86}\text{Sr}$, $\delta^{88}\text{Sr}$, $\delta^7\text{Li}$, $\delta^{44}\text{Ca}$ changes across a
 808 simulated 500 kyr long hydrothermal event in ensemble B with ten-fold pre-industrial hydrothermal metal
 809 release and varying amounts of C emissions. Each proxy system is represented by a different marker shape.
 810 Colours indicate if a measurable (considering a theoretical analytic error) isotopic excursion at the given time
 811 into the event is directly attributable to exogenic (mantle-derived) metal emissions, continental input due to
 812 enhanced weathering, carbonate dissolution or whether more than one of these processes shape the excursion.
 813 The assumed analytical uncertainties are: 0.02 ($^{187}\text{Os}/^{188}\text{Os}$), 0.0001 ($^{87}\text{Sr}/^{86}\text{Sr}$), 0.01‰, ($\delta^{88}\text{Sr}$), 0.1‰, ($\delta^7\text{Li}$) and
 814 0.05‰, ($\delta^{44}\text{Ca}$).

815 We can translate the results of our idealized simulated metal emissions events into
 816 useful information to quantify the relative contributions of mantle-derived metal emissions,
 817 enhanced continental crust weathering, and reduced carbonate burial to metal isotope
 818 excursions, and thus to estimate the dominant control on each metal isotope proxy in different

819 circumstances. As an example, we identify the metal source that dominates the isotopic
820 response of each proxy system at different time points in the simulation as a result of a large
821 mantle emission event, e.g. during ocean plateau emplacement (Figure 7 and SI.9). We found
822 that several proxy systems only show isotope excursions outside of analytical uncertainty
823 (Table SI.3) after substantial cumulative excess metal input, either due to a sufficiently long
824 event duration or high emissions rates, because of the long marine residence times. Notably,
825 none of our simulations resulted in a $\delta^{88/86}\text{Sr}$ excursion outside of analytical uncertainty,
826 corroborating previous findings that it is a better proxy for lasting changes in Sr removal (and
827 carbonate formation) than transient perturbations of Sr inputs (Paytan et al., 2021). $^{187}\text{Os}/^{188}\text{Os}$
828 and $^{87}\text{Sr}/^{86}\text{Sr}$ have variably been used as identifiers of enhanced weathering fluxes or volcanic
829 episodes. Our results in Figures 5 and 6 show that these interpretations work best when only
830 one input flux is perturbed. If Os and Sr input from weathering and Earth's interior are
831 altered simultaneously, the resulting isotopic excursion integrates both effects. $\delta^{44/40}\text{Ca}$ is
832 predominantly an indicator of carbonate rock weathering increases or sediment dissolution in
833 response to sustained C injection. The weak response of $\delta^7\text{Li}$ to weathering changes in our
834 experiments reflects the fact that this proxy is mostly sensitive to changes in weathering
835 congruency rather than the size of the weathering flux (e.g. Pogge von Strandmann et al.,
836 2020).

837 **4.3 Model limitations and the importance of background state**

838 The applicability of the numeric results of this study to past events is limited by the dynamic
839 processes contained in the model. Most importantly, in our simulations, climate change only
840 affects weathering fluxes in the global mean, with globally averaged weathering fluxes scaled
841 to temperature and precipitation (Colbourn et al., 2013). Our simulations did not account for
842 spatial variations in weathering rate, erosion, or exposure due to climate change. Such
843 variations could affect solute fluxes to the ocean and their isotopic composition, as both
844 climate change over land and terrestrial geology are spatially very heterogeneous (e.g.
845 McCabe et al., 2013, Bayon et al., 2021). Similarly, our simulations did not consider
846 temporal variations in solute or isotope fluxes due to maturing of weathered surfaces (e.g.
847 Miller et al., 2015).

848 The applicability of our results to past events is further limited by the assumed
849 background Earth system and initial states of C and metal cycles, since we based our
850 simulations on a present-day configuration of continents, climate, and biogeochemical
851 cycling. In several ways, the background state influences the impacts of transient or lasting
852 changes in solid-Earth ocean interactions on marine metal reservoirs and their alteration
853 through the C cycle. One uncertainty arises from the isotopic offset between metal reservoirs
854 as it dictates how much a metal transfer from one reservoir to the other affects their isotopic
855 composition. For example, continental input changes have smaller isotopic effects if the
856 seawater signature is already close to the continental end member. Isotopic fractionation
857 factors also need to be considered when interpreting isotopic shifts in the geological record.
858 Our simulations produced smaller $\delta^{88/86}\text{Sr}$ and $\delta^{44/40}\text{Ca}$ fluctuations than reconstructed for past
859 events (e.g. Fantle and Ridgwell, 2020, Paytan et al., 2021), which may highlight the
860 importance of fractionation factor changes, authigenic carbonate precipitation or diagenesis
861 in real-world events that were not captured by our simulations.

862 For transient events, the pre-event ratio of continental versus mantle-derived inputs
863 dictates the sensitivity of a marine metal reservoir to C cycle changes. The modern-day ratio
864 is lowest for Li and largest for Ca, indicating the smallest and biggest sensitivities to
865 enhanced weathering, respectively. Os and Sr have the same ratio of modern-day continental
866 versus mantle-derived inputs. Yet, the simulated behavior of $^{187}\text{Os}/^{188}\text{Os}$ and $^{87}\text{Sr}/^{86}\text{Sr}$ under
867 igneous forcing and the impacts of C cycle changes is different because of the vastly different
868 initial marine reservoir sizes and residence times. Os has the smallest initial ocean inventory
869 and residence time of the studied metals. Hence, its marine reservoir shows measurable
870 perturbations more quickly than those of other metals. In simulations of simultaneous mantle-
871 derived metal and C emissions, most of the $^{187}\text{Os}/^{188}\text{Os}$ excursion builds up before the isotopic
872 forcing of climate-driven increases in continental crust weathering manifests. Isotopic effects
873 of igneous metal emissions and C cycle changes are almost temporally separate in the
874 resulting $^{187}\text{Os}/^{188}\text{Os}$ record. At the same time, they overlap, and in some simulations, cancel
875 each other in the $^{87}\text{Sr}/^{86}\text{Sr}$ record because of the larger initial marine Sr reservoir and
876 residence time. The strengths of continental and igneous isotopic forcings depend on the
877 isotopic offset between metals in the mantle and continental run-off and seawater. For $\delta^{88/86}\text{Sr}$,
878 $\delta^7\text{Li}$ and $\delta^{44/40}\text{Ca}$, the initial role of the marine sink for the isotopic composition of seawater is
879 an essential control on the isotopic signal of the recovery of increased marine metal
880 reservoirs. Furthermore, the climate sensitivity of C cycle feedbacks affects the strength and
881 speed of the C cycle perturbation, which then manifests in metal isotope records.

882 A final aspect to consider is the initial size of a particular marine metal reservoir in
883 the past (and how this may change through geological time) as it affects the inertia of the
884 marine proxies. There are few constraints on the evolution of marine metal and C reservoir
885 sizes through time. In this situation, studies commonly revert to assuming that the marine
886 reservoir did not vary significantly over time and that isotopic changes in past seawater can
887 be interpreted as if they happened in the modern ocean (e.g. Blättler et al. 2011, Bauer et al.
888 2017). Where metal reservoir variations have been considered, these assumptions were
889 usually made independently of C flux changes (e.g. Blättler et al. 2011, Lechler et al. 2015)
890 because of missing constraints on the processes that caused these variations. The range of
891 process changes explored in our first (A) series of simulations lead to marine metal reservoirs
892 that differ from the modern by up to 175% for Ca and Sr, 280% for Os, and 300% for Li.
893 Changing one process can affect different metal systems differently, sometimes resulting in
894 substantial differences in the relative reservoir size change that is induced. Sensitivity studies
895 for the initial reservoir size, in addition to other poorly constrained boundary conditions (e.g.
896 Kalderon-Asael et al., 2021), are important to estimate the uncertainty of quantitative
897 interpretations of metal isotope records. The degree to which the background state can be
898 constrained for past periods determines the uncertainties associated with the quantitative
899 interpretation of metal isotope excursions.
900

901 **Conclusion**

902 In this study, we used an isotope-enabled, intermediate complexity Earth system model to
903 examine the response of Os, Sr, Li and Ca isotopes and the C cycle to geological
904 perturbations. The simulations show that isolated C, Ca, Sr, Os and Li isotope records are
905 ambiguous indicators of flux changes between the geosphere and Earth's surface reservoirs
906 because they respond to various geologic forcings. However, when combined and supported
907 by independent proxies of C cycle changes, Ca, Sr, Os and Li isotopes provide unique
908 fingerprints constraining the direction and magnitude of solid Earth-ocean exchange
909 processes. Yet, detecting these fingerprints in the geologic record is complicated by the non-
910 linearity of combined isotopic effects of multiple perturbations, differences in the reaction
911 time of different proxy systems, and uncertainties about baseline elemental fluxes before the
912 perturbation. These non-linearities and dependencies on background conditions could be
913 explored and characterized in future work with coupled C and metal cycle simulations like
914 the ones that we presented.

915 We also studied the isotopic effect of transient C and metal release events. We
916 showed that all four proxy systems are sensitive to the isotopic forcings of enhanced igneous
917 and continental metal emissions, and $\delta^{88/86}\text{Sr}$ and $\delta^{44/40}\text{Ca}$ also to changing carbonate burial
918 rates. Since igneous inputs and C cycle changes both affect the record isotopic excursions,
919 they need to be disentangled before the excursion amplitude can be used to constrain the size
920 of excess metal and C fluxes during a perturbation event. We suggest combining the analysis
921 of radiogenic and stable isotope systems is a practical first-order approach since they provide
922 opposite end-member constraints on metal inputs from the mantle. More precise estimates of
923 metal and C emissions based on isotope excursion amplitudes require assumptions about the
924 background Earth system state (metal and C cycles). Uncertainties introduced by these
925 unknown parameters can again be explored by Earth system model simulations considering
926 links between the cycling of metals and C. Such simulations can also help estimate the time
927 lags between excursion peaks in different isotope systems, which need to be known to
928 correlate any given event across other metal and C cycle proxy records. A holistic view of
929 metal and C dynamics will be essential for advancing our interpretations of past metal isotope
930 excursions, on tectonic time scales and during shorter geologic events.

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938 **Code availability**

939 The code for the version of the ‘muffin’ release of the cGENIE Earth system model used in
940 this paper, is tagged as v0.9.36 and is assigned a DOI:
941 <https://doi.org/10.5281/zenodo.7542440>.

942 The specific branch of the code used for this paper was: `_DEV_FeNIP2`. Configuration files
943 for the specific experiments presented in the paper can be found in the directory: `genie-`
944 `userconfigs/PUBS/submitted/Adloff_et_al.G3.2023`. Details of the experiments, plus the
945 command line needed to run each one, are given in the `readme.txt` file in that directory. All
946 other configuration files and boundary conditions are provided as part of the code release. A
947 manual (v0.9.33) detailing code installation, basic model configuration, tutorials covering
948 various aspects of model configuration, experimental design, and output, plus the processing
949 of results is available at github.com/derpycode/muffindoc/
950 (<https://doi.org/10.5281/zenodo.7258577>).
951

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