Internal variability of the climate system mirrored in decadal-scale trends of surface solar radiation

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Key Points:

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6	•	Long term trends in annual mean all-sky and clear-sky surface solar radiation en-
7		tail strong changes in major climate indices.
8	•	Annual mean surface solar radiation variability is 25% to 30% more for variable
9		in time than for climatological sea surface temperatures.
10	•	Constantly higher aerosol loads result in increased variability for clear-sky con-
11		ditions, but not for all-sky conditions.

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12 Abstract

Decadal-scale unforced climate variability associated with low-frequency ocean (or cou-13 pled) modes can be identified within the time-evolving sea surface temperature (SST) 14 pattern. We seek to find a relationship between 12 well-known climate modes of vari-15 ability (ENSO, PDO, AMO, etc.), which are reflected in the SST pattern, and decadal 16 trends in downwelling shortwave radiation at Earth's surface (surface solar radiation, SSR). 17 The analysis is performed using the pre-industrial control runs (piControl) of 57 mod-18 els from the Coupled Model Intercomparison Project – Phase 6. We find that regional 19 SSR trends occur during periods when a climate mode is transitioning and show a mir-20 roring pattern (opposite sign SSR trends) when the mode transitions in the opposite di-21 rection. Unforced trends in clear-sky SSR are mostly driven by SST-induced water vapour 22 changes, while all-sky SSR trends show a complex spatial structure with trends of dif-23 ferent signs in different regions. Unforced SSR trends are generally weaker in simulations 24 with climatological SSTs. The role of natural aerosols as another potentially relevant fac-25 tor for SSR variability is briefly addressed and we find that constantly higher aerosol loads 26 result in increased variability for clear-sky conditions, but not for all-sky conditions. The 27 results from this study suggest that all-sky dimming and brightening in different parts 28 of the world was enhanced rather than suppressed by internal variability related to the 29 SST-pattern with the exception of India and China, where both effects are present. A 30 practical application can be the planning of photovoltaic energy facilities given areas where 31 internal variability is generally smaller or affects SSR in opposite directions. 32

³³ Plain Language Summary

The Earth system (atmosphere, ocean, land, cryoshpere and biosphere) changes 34 not only as a result of anthropogenic or volcanic activities but also as a result of inter-35 nal processes, also known as background noise. Climate science offers a simplified de-36 scription of this "noise" by assigning climate indices, which help to describe the larger 37 system with a single time series. More generally, the climate indices are an attempt to 38 describe the temporal evolution of complex modes of variability such as El Niño–Southern 39 Oscillation (ENSO), Pacific Decadal Oscillation (PDO), Atlantic Multidecadal Oscilla-40 tion (AMO). With the use of climate models, we check how these indices are reflected 41 in the decadal changes of solar radiation reaching Earth's surface, a flux which is mainly 42 affected by clouds, water vapour, and natural and anthropogenic aerosols suspended in 43 the atmosphere. Our results suggest that ocean surface temperature changes, which evolve 44 over a few decades, control cloudiness and water vapour amounts above many land re-45 gions. This ocean temperature evolution may result in a naturally-induced dimming and 46 brightening of solar radiation over continents. Our findings are relevant for questions in-47 volving long-term changes of the solar radiation reaching the Earth's surface, ranging 48 from physical causes of observed changes to long term planning of photovoltaic energy 49 production. 50

51 **1 Introduction**

Decadal-scale unforced variability of the climate system is mostly associated with 52 patterns in sea surface temperature (SST) changes (Deser, Alexander, et al., 2010) as 53 the ocean, being a slower component of the climate system, is able to exhibit modes of 54 variability on such temporal scales. This climate system variability is reflected in vari-55 ations in the different energy budget components such as the shortwave and longwave 56 radiative fluxes at the surface and the top of the atmosphere (TOA). Many aspects of 57 climate variability, i.e. the SST pattern, can be traced back to different modes of vari-58 ability such as El Niño-Southern Oscillation (ENSO), Pacific Decadal Oscillation (PDO), 59 Atlantic Multidecadal Oscillation (AMO), etc. A convenient way to describe the tem-60 poral evolution of these modes of climate variability in time are their corresponding cli-61

mate indices (Nino3.4 index, PDO index, AMO index), which are usually computed upon 62 the SST anomaly. The effects of ENSO and PDO on the Earth's radiative budget have 63 been investigated in Loeb et al. (2012, 2018), where the regional distribution of the TOA 64 shortwave flux is shown to match an SST pattern representative for PDO and tropical 65 variations in outgoing longwave radiation are found to closely track changes in ENSO. 66 Through radiation feedbacks and large-scale dynamics, ENSO is also shown to affect the 67 hydrological cycle (Stephens et al., 2018). Pinker et al. (2017) estimate that the anoma-68 lous downwelling surface shortwave radiation (SSR) associated with an ENSO event can 69 reach up to 60 Wm^{-2} (monthly anomaly for January 1987 in the Western Pacific warm 70 pool region) and that the location of the largest SSR anomaly coincides with the area 71 of largest anomalous SST gradient as also described in Lindzen and Nigam (1987). De-72 spite its primarily 3-7 year time scale, ENSO is found to be the mode of variability with 73 the largest impact on TOA energy balance and global radiative feedback even on decadal 74 time scales (Wills et al., 2021). 75

From a surface perspective, long term observations indicate decadal scale trends 76 in SSR in many locations; these changes of the downwelling shortwave flux at Earth's 77 surface are termed dimming and brightening (Wild et al., 2005). The similarity between 78 the temporal scales of dimming/brightening and PDO and AMO cycles has been noted 79 in Wild (2012). These changes in SSR have been observed in both all-sky and clear-sky 80 conditions: within the United States, Augustine and Hodges (2021) suggest that cloud 81 cover was the primary cause for brightening $(+7.36 \text{ Wm}^{-2}\text{decade}^{-1} \text{ during } 1996\text{-}2012)$ 82 and dimming $(-3.90 \text{ Wm}^{-2} \text{decade}^{-1} \text{ during } 2012-2019)$; for Europe, Wild et al. (2021) 83 provide evidence for all-sky and clear-sky dimming and brightening of similar magnitudes 84 (order of 10 Wm-2decade $^{-1}$). Different underlying causes are discussed in the literature. 85 One widely accepted cause is changing anthropogenic aerosol emission, acting either di-86 rectly on SSR or via cloud-aerosol effects (e.g. Streets et al. (2006); Wild (2009)). An-87 other suggested relevant factor is internal variability of the climate system, acting on SSR 88 notably but not exclusively via clouds. Within observations, Augustine and Capotondi 89 (2022) suggest leading ocean modes in the Pacific (PDO) and Atlantic (AMO) oceans 90 as the prime driver for dimming and brightening over the Northern Hemispheric conti-91 nents through influencing upper level pressure fields and thus cloud formation. 92

Modelling studies help us gain an understanding of the relevance of SSTs for sim-93 ulating changes in the radiative fluxes. To see how temporally varying SSTs affect the 94 climate, modelling studies often compare simulations where SSTs vary both seasonally 95 and year-to-year with simulations where SSTs are kept constant year-to-year but still 96 exhibit the seasonal cycle, i.e. climatological SSTs. For example, Folini and Wild (2015) 97 find that the ceasing of SSR dimming over China around the year 2000 cannot be sim-98 ulated with climatological SSTs but cloud-cover changes induced by time-varying SSTs qq are key for the SSR recovery. With a TOA perspective, Loeb et al. (2020) show that ob-100 served TOA fluxes can be represented in atmosphere-only simulations with prescribed 101 observational SSTs as compared to fully-coupled climate simulations with freely evolv-102 ing SSTs, suggesting that the effect of SSTs on radiative fluxes in the observational pe-103 riod has been crucial. 104

This study seeks to further explore the connection between SST and SSR both above 105 land and oceans within a climate without external forcings – neither anthropogenic, nor 106 natural (e.g. volcanic). We focus on internal variability of SSR, specifically asking about 107 the role of unforced SST variability for SSR variability from global to regional scale. We 108 address the following questions: How strongly is SSR variability reduced if SSTs are cli-109 matological instead of time-evolving (Section 3.1)? How does the effect from unforced 110 SSTs compare with that from natural aerosols, notably dimethyl sulfate (DMS), dust, 111 and sea salt (Section 3.2)? Assuming that long-term and global-scale natural climate vari-112 ability can be well described by the known modes of variability, we check whether well-113 known modes which reflect SST variability leave an imprint on SSR (Section 3.3). The 114

focus is on the following climate modes: El Niño–Southern Oscillation (ENSO), Interdecadal Pacific Oscillation (IPO), Pacific Decadal Oscillation (PDO), Atlantic Multidecadal
Oscillation (AMO), Atlantic Meridional Mode (AMM), Atlantic Niño (ATL3), North Tropical Atlantic (NTA), South Tropical Atlantic (STA), Indian Ocean Dipole (IOD), Tropical Indian Ocean (TIO), Southern Ocean mode (SO). These modes should generally be
representative of long-term variations in the SST field and are quantified by their corresponding climate index.

The range of possible SSR trends (positive and negative) solely caused by inter-122 123 nal variability has been quantified in Folini et al. (2017) and Chtirkova et al. (2022) based on unforced long-term climate simulations. The present paper aims at further constrain-124 ing how internal variability affects SSR trends at different locations through the SST pat-125 tern or through aerosols. The structure is as follows: in section 2, we describe the data 126 (section 2.1), the methods used to quantify the role of SSTs (section 2.2) and methods 127 used to quantify the role of aerosols (section 2.3) for SSR internal variability; results re-128 garding the general role of SSTs are given in section 3.1, results related to aerosols - in 129 section 3.2 and the specific effect of different modes of variability (AMO, PDO, etc.) on 130 SSR trends - in section 3.3; we discuss the representation of decadal variability in cli-131 mate models (section 4.1), the applicability of the results based on pre-industrial climate 132 to present-day (section 4.2) and the relationship to dimming and brightening (section 133 4.3).134

¹³⁵ 2 Data and Methods

We make ample use of Coupled model intercomparison project – CMIP6 data (Eyring 136 et al., 2016) to look at unforced SSR variability and relate it to well-known modes of SST 137 variability. In doing so, we rely on findings by Fasullo et al. (2020) and Coburn and Pryor 138 (2021), who examined the ability of CMIP6 models to represent specific modes of cli-139 mate variability and found an overall improvement of associated model performance with 140 each CMIP generation. We discuss our results in view of their findings in Section 4. Parts 141 of this study further rely on findings by Folini et al. (2017) and Chtirkova et al. (2022), 142 who demonstrated that quantitative estimates of unforced SSR trends of arbitrary (decadal-143 scale) length and statistical significance can be obtained from the standard deviation σ_{SSR} 144 of the underlying (unforced) annual mean SSR time series. In addition, we check whether 145 σ_{SSR} would be different if the mean SSR is artificially reduced by increasing the amount 146 of forcing constituents in the atmosphere, namely natural and anthropogenic aerosols. 147

2.1 CMIP6 data

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The backbone of this study is formed by the fully coupled pre-industrial control 149 simulations (piControl, 57 models) and their atmosphere-only counterparts (piClim-control, 150 21 models), which we use to quantify the effect of time varying SSTs on SSR. In addi-151 tion, to examine the role of different aerosol constituents for SSR variability, we use of 152 AerChemMIP and RFMIP endorsed experiments. These are atmosphere (and land)-only 153 runs with climatological SSTs, which simulate a pre-industrial climate with a change in 154 a single atmospheric forcing constituent (for example doubling the amount of sea salt). 155 The CMIP6-endorsed experiments relevant for our study are summarized in Table 1. The 156 models with simulations available for the different experiments are listed in Table 2. Our 157 analysis uses annual mean data and is performed on a per grid box level on the native 158 grid of each model. Multi-model median maps are computed via interpolation from each 159 model's native grid to a 1° grid and associated quantities are denoted by an over-bar. 160

The comprehensive set of CMIP6 models we use may raise concerns that in this way models with improper representation of variability are included as well, which potentially contaminate results. To address this concern, we repeated part of the analysis with a subset of 14 models that perform well in simulating these aspects of variabil-

ity according to Fasullo et al. (2020). As this performance analysis does not specifically 165 evaluate decadal scale SSR trends, as are of interest here, we repeated part of the anal-166 ysis also with 6 random draws of 14 simulations each out of the 69 piControl simulations 167 available. These additional analysis, detailed in Supplementary Information (Part 1), all 168 169

demonstrate that the presented results based on all available CMIP6 data are robust.

Table 1. CMIP6 endorsed experiments used in the study. All experiments represent a preindustrial climate. Fourth column indicates whether the experiment involves an ESM with time evolving (coupled) or prescribed climatological sea surface temperatures (SST) and sea ice concentrations (SIC).

Experiment	# of models	# of models and ensembles	SST and SIC	Endorsed by	Length [years]	Description
piControl	57	69	coupled	DECK	>500	Control, fully-coupled (FC)
piClim-control	21	24	pres. clim.	AerChemMIP, RFMIP	30	Control, atmosphere-only (AO)
piClim-2xDMS	6	7	pres. clim.	AerChemMIP	30	AO with doubled emissions of DMS
piClim-2xdust	9	10	pres. clim.	AerChemMIP	30	AO with doubled emissions of dust
piClim-2xfire	5	5	pres. clim.	AerChemMIP	30	AO with doubled emissions from fires
piClim-2xss	8	9	pres. clim.	AerChemMIP	30	AO with doubled emissions of sea salt
piClim-4xCO2	18	25	pres. clim.	RFMIP	30	AO, effective radiative forcing by 4xCO2
piClim-BC	10	11	pres. clim.	AerChemMIP	30	AO with 2014 black carbon emissions
piclim-OC	9	11	pres. clim.	AerChemMIP	30	AO with 2014 organic carbon emissions
piClim-SO2	10	12	pres. clim.	AerChemMIP	30	AO with 2014 SO2 emissions
piClim-aer	21	30	pres. clim.	AerChemMIP, RFMIP	30	AO with 2014 aerosol emissions

experiment.	
CMIP6 endorsed	
ı each (
Models included in	
Table 2.	

	piControl	piClim-control	piClim-2xDMS	piClim-2xdust	piClim-2xfire	piClim-2xss	piClim-4xCO2	piClim-BC	piClim-OC	piClim-SO2	piClim-aer
ACCESS-CM2	ves	ves	ı			ı	ves	ı	ı	,	ves
ACCESS-ESM1-5	ves	ves	I			,	ves	,	,	,	ves
AWI-CM-1-1-MR	yes	, '	,		,	,	,	,	ı	,	, ,
AWI-ESM-1-1-LR	yes								,		,
BCC-CSM2-MR	yes										1
BCC-ESM1	yes	yes						yes		yes	yes
CAS-ESM2-0	yes								,		,
CESM2	yes	yes					yes				yes
CESM2-FV2	yes							,			,
CESM2-WACCM	yes	yes							,		,
CESM2-WACCM-FV2	yes										
CIESM	yes		ı				1				
CMCC-CM2-SR5	yes										
CMCC-ESM2	yes					,		,	,	,	,
CNRM-CM6-1	yes	yes	I	,	,	,	yes	,	,	,	yes
CNRM-CM6-1-HR	yes	ı	I	,	,	,	ı	,	,	,	,
CNRM-ESM2-1	yes	yes	yes	yes	yes	yes	yes	yes	yes	yes	yes
CanESM5	yes	yes	I			,	yes	,	,	,	yes
CanESM5-CanOE	yes							,	,	,	,
E3SM-1-0	yes							,	,	,	,
E3SM-1-1	yes	ı	I				ı	,	,		,
E3SM-1-1-ECA	yes		,								
EC-Earth3	yes	yes	yes	yes			yes		,		yes
EC-Earth3-AerChem	yes	yes	yes	yes			I	,	,		yes
EC-Earth3-CC	yes										1
EC-Earth3-LR	yes	1	I				I	,	,		,
FGOALS-f3-L	yes		ı				1				
FGOALS-g3	yes										
GFDL-CM4	yes	yes					yes				yes
GFDL-ESM4	yes	yes	ı	yes		yes	yes	yes	yes	yes	yes
GISS-E2-1-G	yes	yes	yes	yes	yes	yes	yes	yes	yes	yes	yes
GISS-E2-1-H	yes	,	ı			,	1	,	,	,	,
GISS-E2-2-G	yes										,
HadGEM3-GC31-LL	yes	yes					yes				yes
HadGEM3-GC31-MM	yes										
	yes		1								
INM-CM4-8	yes		1								
INM-CM5-U	yes							,			ı
IFSL-CMBAZ-INCA	yes			•		•		•	•	•	•
KACE-1-0-C	yes	yes		yes		yes	yes	yes	yea	y do	yes
MIROCESCH	201	0011									
MIROC-ES2L	ves	, co									
MIROC6	ves	Ves		Ves	ves	ves	Ves	Ves	Ves	Ves	ves
MPI-ESM-1-2-HAM	ves	ves	Ves	ves	ves	ves	2 C	ves	ves	ves	ves
MPI-ESM1-2-HR	ves	ves						5	5		5
MPI-ESM1-2-LR	ves	ves				,	yes	,	,		,
MRI-ESM2-0	yes	yes	,	,	,	,	yes	yes	yes	yes	yes
NESM3	yes										
NorCPM1	yes	ı	I	,	,	,	ı	,	,	,	,
NorESM1-F	yes		1				1				
NorESM2-LM	yes	yes	yes	yes		yes	yes	yes	yes	yes	yes
NorESM2-MM	yes	yes		,	,	,	yes	,	,	,	yes
SAM0-UNICON	yes	•									
TALESMI-0-LT	yes	yes									
ONESIMIT-U-LL	yes	yes	yes	yes	yes	yes	yes	yes	yes	yes	yes

2.2 Quantifying the role of SSTs for SSR variability

¹⁷¹ We examine the potential imprint of unforced SST variability on SSR variability ¹⁷² and associated unforced trends from two perspectives. Step one is to ask whether and ¹⁷³ where on the globe the magnitude of σ_{SSR} is different, depending on whether SSTs are ¹⁷⁴ time variable (piControl) or climatological (piClim-Control). Step two is to examine whether ¹⁷⁵ decadal scale SSR trends mirror the temporal changes of selected SST patterns, such as ¹⁷⁶ the Pacific Decadal Oscillation (PDO).

To quantify the overall role of time variable SSTs in SSR variability (first step above), 177 we consider those 21 models that have data for both, the piControl and piClim-control 178 experiment. For each model, we compute at the grid box level the SSR variability of ei-179 ther experiment, σ_{SSR} (piControl) and σ_{SSR} (piClim-control). We next take the multi-180 model median for each experiment separately, $\bar{\sigma}_{SSR}$ (piControl) and $\bar{\sigma}_{SSR}$ (piClim-control), 181 after remapping all models on a common 1° grid. Finally, we combine the two multi-model 182 median maps into a map of relative change in SSR variability $\bar{\sigma}_{SSR,rel} = (\bar{\sigma}_{SSR}(\text{piControl}) -$ 183 $\bar{\sigma}_{SSR}$ (piClim-control))/ $\bar{\sigma}_{SSR}$ (piClim-control). 184

Regarding the potential imprint of changing SST patterns on unforced SSR trends (second step above), we examine a selection of well established SST patterns:

- Atlantic Multidecadal Oscillation (AMO)
 - Atlantic Meridional Mode (AMM)
- Atlantic Niño (ATL3), also known as Atlantic Zonal Mode (AZM)
- North Tropical Atlantic (NTA)
- South Tropical Atlantic (STA)
- Indian Ocean Dipole (IOD)
 - Tropical Indian Ocean (TIO), also known as Indian Ocean Basin (IOB)
 - El Niño and Southern Oscillation (ENSO), described by Nino3.4 index
 - Pacific Decadal Oscillation (PDO)
 - Interdecadal Pacific Oscillation (IPO)
- Southern Ocean (SO)

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• Global SST (global SST)

Taken together these modes cover all major ocean basins. Moreover, they cover both 199 meridional and zonal modes, with an associated tendency to couple to the Hadley and 200 Walker circulation, respectively. Based on this coupling of SST patterns and atmospheric 201 circulation, we hypothesize that a strong change over a time window of N years in any 202 of these SST patterns may result in an associated, strong change in SSR in at least some 203 regions. We test our hypothesis on data from 69 CMIP6 simulations (from 57 models) 204 that provide fully coupled pre-industrial (piControl) simulations; the analysis is conducted 205 separately for time windows of N = 10, 20, and 30 years. 206

We compute from monthly mean data for each of the 69 piControl simulations the 207 climate indices associated with the above listed SST patterns, using The Climate Vari-208 ability Diagnostics Package – CVDP, version 5.1.1 (Phillips et al., 2014), developed by 209 NCAR's Climate Analysis Section. By construction, a strong change in a pattern spe-210 cific index is indicative of a strong change in the SST pattern itself, typically from 'pos-211 itive' to 'negative' phase or vice versa. A brief illustration of the method is given in Fig-212 ure 1. To identify in the annual mean index time series those N-year periods with the 213 strongest index change (increase or decrease), we compute all possible (overlapping) N214 year trends (linear regressions) in the index time series (Figure 1 a), assemble them in 215 a histogram (Figure 1 b), and identify the N-year periods of the trends in the upper-216 and lower-most 10% of the distribution. For the example case illustrated on Figure 1 with 217 500 years of data, this corresponds to 50 30-year periods with a negative trend and 50 218 30-year periods with a positive trend. For these periods (indicated as red lines on Fig-219



Figure 1. An illustration of the method which consists of taking the time series of a climate index (a), calculating all possible N-year trends as linear regressions (thin gray lines) and taking the trends larger than the 90th percentile and smaller than the 10th percentile of the distribution (thick red lines); a histogram of the distribution of N-year trends is shown on (b) with vertical red lines marking the 10th and 90th percentiles. Bottom-most plot (c) shows the coefficient of determination (r^2) from the linear fit for each trend value (same x-axis in (b) and (c)). The model used for the illustration is GFDL-ESM4, the climate index is PDO and the trend length is 30 years.

ure 1, either with a positive or a negative slope), we extract grid box specific SSR trends 220 for each of these periods and combine them into a composite (mean) trend - one for the 221 increasing and one for the decreasing phases of the SST index, respectively. This is done 222 individually for each of the 69 piControl simulations, yielding two SSR trend maps (for 223 positive and negative trends) per index for each model (the trend maps for individual 224 models are included in Supplementary Information – Part 2). In order to obtain multi-225 model maps, we further normalize these maps of the individual models by mapping the 226 range from minimum to maximum SSR trend (among all possible SSR trends for the spe-227 cific grid box) to [-1, 1]. This normalization is done because our method of selecting per-228 centiles from the index distribution does not account for different amplitudes of variabil-229 ity of the climate modes and thus we cannot expect they yield similar magnitudes for 230 SSR trends; further, many climate indices are normalized by their variance by definition 231 and thus similar climate index values may correspond to different underlying SST anoma-232 lies (within the different models); these two reasons lead to a large inter-model differ-233 ence with respect to the obtained SSR trends, which is to be overcome by normalization. 234 Finally, we take the multi-model mean of the normalized SSR trends (after re-mapping 235 to our common 1° grid). Thereby we obtain for each SST mode two composite maps (per 236 N-year trends analysis) that show the normalized SSR trend pattern for phases of strongest 237

SST index increase and decrease, respectively. The resulting maps show the SSR trends
 based on periods with strong unforced SST trends.

A region specific discussion of the connection, if any, between strong changes in an 240 SST index and SSR trends is desirable. The regions (land only) we select by visual in-241 spection of SSR trend maps (that are derived from SST index trends), focusing on re-242 gions that do show SSR trends upon strong changes of at least some SST indices. For 243 each region, we follow our data analysis procedure to the point when we have non-normalized 244 per grid box per model composite trends (computed from the aggregated time series) 245 for phases of strongest SST index increase and decrease, respectively. Then we take the 246 regional mean of the trends for each model and count the number of models whose trend 247 magnitude t falls within a prescribed range. For N = 20 year all-sky and clear-sky trends, 248 we choose these ranges as t > 1, t > 0.5, t > 0 Wm⁻²decade⁻¹ (negative for decreas-249 ing trends). 250

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2.3 Quantifying the role of aerosols for SSR variability

Aerosols are another potential factor affecting SSR variability and CMIP6 offers experiments dedicated to the role of aerosols in selected aspects of the climate system. The available database does, however, not allow for an identical analysis and hypothesis testing as in the case of SSTs. Experiments where the same model is run with fixed (climatological) as well as with time varying (due to internal variability) AOD are missing. What can be done with the available data is to distinguish between regions that are more or less prone to natural aerosols affecting the internal variability of SSR.

We basically compare each of the different piClim experiments listed in Table 1 with 259 piClim-Control. If in such a comparison only a subset of models is available for the pi-260 Clim experiment, the same subset is used for the piClim-Control data. For each piClim 261 experiment and its piClim-control counter part, we compute multi-model median maps 262 of the SSR long-term (30 years) mean and standard deviation. The former (long-term 263 mean SSR) we use to identify regions where natural aerosol emissions potentially affect 264 SSR variability. The latter (SSR variability) we use to examine whether the magnitude 265 of SSR variability is sensitive to absolute amounts of aerosol (relative change in variabil-266 ity, $\bar{\sigma}_{SSR,rel} = (\bar{\sigma}_{SSR}(\text{piClim}) - \bar{\sigma}_{SSR}(\text{piClim-control})) / \bar{\sigma}_{SSR}(\text{piClim-control}))$. We also 267 apply the same analysis to CMIP6 piClim experiments dedicated to anthropogenic aerosols 268 as well as quadroupling of CO_2 . 269

270 **3 Results**

The results are organised as follows: first we check whether and where inter-annual SST variability is of relevance for SSR variability, thus also unforced SSR trends; second, we check where on the globe SSR variability may be affected by individual aerosol species; lastly, we again turn to SST variability, now linking known SST-related climate modes of variability with SSR trends.

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3.1 The role of time-evolving SSTs for SSR variability

To investigate whether and where any pattern of time-evolving SSTs are relevant 277 for inter-annual SSR variability, we compare SSR variability from a fully-coupled CMIP6 278 experiment with time-evolving SSTs (piControl) and an atmosphere-only experiment with 279 pre-industrial climatological SSTs (piClim-Control). The latter experiment has a multi-280 model global mean SSR variability of 3.93 ± 1.04 Wm⁻² and 0.56 ± 0.28 Wm⁻² in all 281 sky and clear sky, respectively, which must be due to causes other than time varying SSTs 282 (uncertainty estimate is based on the CMIP6 multi-model spread; spread is defined as 283 the difference between the 90th and 10th percentiles of all models). The global average 284 change between piControl and piClim-Control in σ_{SSR} over all models is 1 Wm⁻² for 285



Figure 2. Variability of annual mean all-sky SSR in a coupled atmosphere-ocean system (data from piControl) and a system with climatological SSTs (data from piClim-control) per model. σ_{SSR} averaged over the globe (left), averaged over land ares only (middle), and averaged over oceans (right). Data is area-weighted on the native model grids.

all-sky and 0.2 Wm^{-2} for clear sky SSR. To assess where on the globe this difference is 286 statistically significant, we proceed as follows: for each grid box, we assemble the data 287 of the 24 CMIP6 models into two distribution functions of σ_{SSR} , one for piControl, the 288 other for piClim-Control. To test our null hypothesis – that piControl and piClim-Control 289 are the same in a specific grid box – we use the Mann-Whitney U test (Mann & Whit-290 ney, 1947). We find that the null hypothesis is rejected at the 5% confidence level for 291 56% for all-sky, 57% for clear-sky SSR, of grid boxes; areas where the test is rejected are 292 left unhatched on Figure 3. In units relative to the global mean $\bar{\sigma}_{SSR}$, these correspond 293 to a 25% increase in all-sky SSR variability and a 30% increase in clear-sky SSR vari-294 ability when including time-evolving SSTs into the system. Figure 2 shows per model 295 box plots for all-sky σ_{SSR} averaged over the globe, land-areas only and only above oceans 296 - the global increase in variability in the coupled atmosphere-ocean system is mostly but 297 not only due to increased variability above oceans. 298

To further investigate where on the globe SST variability and inter-annual SSR vari-299 ability are connected, we show in Figure 3 maps of the magnitude of $\bar{\sigma}_{SSR}$ for piClim-300 control as well as maps of the relative change of $\bar{\sigma}_{SSR}$: $\bar{\sigma}_{SSR,rel}$. The values are based 301 on the multi-model median of models participating in the piClim-control experiment (see 302 Table 2). Maps of $\bar{\sigma}_{SSR}$ (piClim-control) (Figure 3 a, c) show substantial, spatially in-303 homogenous SSR variability already for pre-industrial conditions with prescribed clima-304 tological SSTs. Clear-sky variability suggests an imprint from land masses, especially 305 desert regions. All-sky variability suggests an imprint of monsoon systems (see e.g. Yim 306



Figure 3. Variability of SSR in a system with prescribed climatological SSTs (piClim-control) for all-sky (a) and clear-sky SSR (c). Right panels (b and d) show the relative change in $\bar{\sigma}_{SSR}$ when time-evolving SSTs apply instead (the absolute difference, divided by $\bar{\sigma}_{SSR}$ (piClim-control) per grid box) – red areas indicate time-evolving SSTs enhance SSR variability, blue areas indicate a reduction in SSR variability. Given are multi-model median plots. Hatches indicate areas where the Mann-Whitney U test performed on the distributions of σ_{SSR} among all models is passed at a 5% significance level, i.e. the two samples come from the same distribution.

et al. (2013); P. X. Wang et al. (2017)). In mid-latitude parts of Eurasian and North American land, weather systems and year-to-year differences in the seasonal cycle may play a role. A σ_{SSR} of 4Wm^{-2} , as it is typical for wide parts of the globe under all-sky conditions, translates to an unforced trend of 2Wm^{-2} decade⁻¹ sustained for 20 years (with a 10% probability chance of occurrence, 90th percentile of all possible trends (Folini et al., 2017; Chtirkova et al., 2022)).

As can be seen from the relative change $\sigma_{SSR,rel}$ (Figure 3 b, d), the impact of time-313 evolving SSTs on SSR variability is non-uniform. Over oceans, changes in SSR variabil-314 ity are generally more pronounced, with largest impacts of time-evolving SSTs arising 315 in the Tropical Pacific. This finding suggests that feedback loops may exist between SSTs 316 and SSRs, in line with literature. In fact, cloud feedbacks are of key relevance for ENSO 317 (see e.g. Bayr and Latif (2022) and references therein) and its modeling. Middlemas et 318 al. (2019) show, for example, that negative cloud feedbacks even control the frequency 319 of ENSO with active feedbacks resulting in a smaller but more frequent ENSO. Over land, 320 the increase in all-sky σ_{SSR} is on average 0.47 Wm⁻² (11%). The change in σ_{SSR} is not 321 statistically significant for many land areas, but is significant for a large part of the U.S., 322 South America, West Central Africa and Australia for both all-sky and clear-sky SSR. 323

Looking into inter-model differences (per model plots are shown on Figure A1 for all-sky and Figure A2 for clear-sky SSR), we see that few models even show a slight but

overall decrease of SSR variability above continents when using time-evolving SSTs; this 326 indicates that within these models the atmospheric year-to-year variability over conti-327 nents is suppressed by the ocean. The most pronounced decreases in inter-annual SSR 328 variability are above Sahara and India (both all-sky and clear-sky SSR), while MPI-ESM-329 1-2-HAM and EC-Earth3 (r2) show a general decrease in clear-sky SSR variability above 330 all Northern Hemispheric continents. Despite them, the majority of models show an in-331 crease of SSR variability with time-evolving SSTs above ocean and most land areas. The 332 insufficient length of the piClim-control simulation (30 years) might be responsible for 333 the fine-structure noise in the model-specific plots. Differences in the representation of 334 ENSO and other modes of variability within models would contribute to the inter-model 335 spread that is observed. The NorESM2 and GISS models which have a strong ENSO (high 336 standard deviation of the nino3.4) also show a higher increase in $\bar{\sigma}_{SSR}$. Models with a 337 weaker ENSO (lower standard deviation of the nino3.4 index) like BCC-ESM1, CNRM-338 CM6.1 and GFDL-CM4 show a smaller increase in $\bar{\sigma}_{SSR}$ for all-sky and clear-sky. On 339 the other hand, the EC-Earth and ACCESS model families that have a weaker ENSO 340 (lower standard deviation of the nino3.4 index), show a large increase in $\bar{\sigma}_{SSR}$ both for 341 all-sky and clear-sky. 342

In summary, the above findings demonstrate a clear impact of time-evolving SSTs 343 on SSR variability from global to regional scale. The results imply a clear increase of SSR 344 variability due to time-variable SSTs, but they also show that SSR variability is substan-345 tial even in the absence of time-variable SSTs. Potential causes that come to mind in-346 clude atmospheric variability, albedo effects via snow cover in high latitudes (through 347 multiple scattering between the atmosphere and land surface), or also time varying aerosols. 348 We briefly examine this last possibility in Section 3.2, but refer to the literature for ded-349 icated studies on aerosols and their representation in models (e.g. Fanourgakis et al. (2019); 350 Zhao et al. (2022)). A detailed analysis of these competing factors is, however, beyond 351 the scope of this paper. 352

353

3.2 The role of aerosol concentration for SSR variability

The data presented in the previous section not only demonstrates a clear impact 354 of time variable SSTs on SSR variability, but also raises the question about further causes, 355 as SSR variability is high also for climatological SSTs (panels a and b in Figure 3). In 356 this section, we examine how the mean state and the variability of SSR is affected by 357 aerosols, notably natural aerosols: desert dust, sea salt, dimethyl sulfate (DMS) and aerosols 358 emitted from natural fires. As detailed in Section 2.3, this analysis is constrained by the 359 available CMIP6 data: atmosphere-only pre-industrial control experiments with doubled 360 emissions, piClim-2x. We examine changes in mean SSR upon doubling of emissions to 361 estimate the potential region of influence of (short lived) natural aerosols on SSR and we check whether unforced SSR variability would be greater in an atmosphere with a 363 higher mean aerosol concentration. In addition, we investigate a few cases with anthro-364 pogenic aerosols (sulfur dioxide (SO_2) , organic carbon (OC), black carbon (BC)) to in-365 spect their relevance as compared to the natural aerosols – the perturbations involve switch-366 ing to the 2014 aerosol emissions for certain constituents in an otherwise pre-industrial 367 climate. A summary of the experiments is provided in Table 1. 368

We first check for any general reduction of SSR due to increased aerosol emissions. 369 Thereby, for each experiment, we subtract the multi-model median of the sensitivity ex-370 periment (piClim-*) from the multi-model median of the control run (piClim-control). 371 Results for mean all-sky and clear-sky SSR are shown on Figure 4, first and third col-372 umn, respectively. As a different number of models participates in each experiment, we 373 compute the control-run median based on that subset of models. The reader is advised 374 that the data provided by modelling centres for these experiments is limited and the multi-375 model statistics are based on experiments involving 5 to 10 models, therefore, the results 376 should be subject to a qualitative, rather than a quantitative analysis. 377

Figure 4. Di erences between the piClim simulations (indicated with vertical text on the left) and the control experiment (piClim-control). First and third column show the absolute di erence in the mean values per grid box in Wm² for all-sky and clear-sky SSR respectively. Second and fourth columns show the corresponding relative change in $_{SSR}$ (the absolute di erence, divided by $_{SSR}$ (piClim-control) per grid box). Shown are CMIP6 multi-model medians, a di erent number of models is behind each subplot. Numbers in the bottom right of each subplot indicate area weighted global means in the respective dimensions.

As is to be expected, higher natural aerosol loads result in an overall reduction of SSR. Taking again the median across all models, a doubling of natural aerosol emissions reduces the long-term global mean all-sky SSR by between:89 Wm² in the case of sea salt and 0:60 Wm² for natural res. Reductions for DMS and dust are 1:42 and 087 Wm² around the year 2000 is probably related to the short rise in both PDO and ENSO from
 1999 until 2004, which would induce brightening.

Using proxies from sunshine duration and diurnal temperature range in Iran, Rahimzadeh 817 et al. (2014) identify dimming from early 1960s to late 1970s; brightening from early 1980s 818 until 2000 and dimming during the 2000s until 2009. The region is in uenced by the Pa-819 ci c and Indian ocean modes. The strong rise in IOD 1955 1965, PDO 1950 1960 may have 820 in uenced the dimming; the following IOD #1970 1990 and PDO#1990 2010 would contribute 821 to brightening. The observed dimming during the 2000s (not found to be statistically 822 823 signi cant in Rahimzadeh et al. (2014)) might bear again an imprint of the strong shortterm rise in PDO or ENSO 1999 until 2004, which would induce brightening in China, 824 but dimming in Iran. 825

Global irradiance measurements in Israel from Stanhill and Ianetz (1997) are also found to show an overall dimming between 1955 and 1995. The Itered data time series on Fig. 1 (A) in Stanhill and Ianetz (1997) mirror the long-term uctuations in the PDO, a rise in PDO would cause dimming in the region, and are in line with our ndings that this region is in uenced more strongly from the Paci c modes as compared to the Atlantic ones.

According to Figure 7, Europe is shown to have an imprint of both Atlantic modes 832 (more in the Southwest part and in the Eastern part) and Paci c modes (more in the 833 Central and Southern part) with the relative imprint of the Paci c modes being stronger 834 in the Southern part. According to our results the PDO" and AMO# would contribute 835 to dimming and PDO# and AMO" to brightening in Central, Southern and Western Eu-836 rope. Dimming and brightening across Europe are documented in Sanchez-Lorenzo et 837 838 enhanced the early brightening between 1939-1949; PDO^{950 1960}, PDO" 1970 1985 and AMO #¹⁹⁵⁰ ¹⁹⁷⁵ would have contributed to the dimming between 1950-1985 with the pe-840 riod of weaker dimming during PDO ¹⁹⁶⁰ ¹⁹⁷⁰; and PDO#¹⁹⁹⁰ ²⁰¹⁰ and AMO" ¹⁹⁸⁵ ²⁰¹⁰ 841 would enhance the brightening observed from 1986-2012 (see Table 3 in Sanchez-Lorenzo 842 et al. (2015) for references). We note, however, that non-SST related internal variabil-843 ity is also present on the continent (see Figure 3), and the mechanisms through which 844 Paci c SSTs a ect Europe are complex (e.g. Domeisen et al. (2014); Jimenez-Esteve and 845 Domeisen (2018)). Thus, even though our results suggest that dimming and brighten-846 ing in Europe have likely been enhanced by SST-related variability, other processes might 847 be enhancing or suppressing the e ect of anthropogenic aerosols at the regional level. 848

5 Conclusion

Internal variability needs to be be taken into account when interpreting model sim-850 ulations and real-world phenomena ranging from daily (e.g. Zeman and Schar (2022)), 851 to decadal (e.g. Deser, Phillips, et al. (2010)) and centennial time scales (e.g. Latif et 852 al. (2013)). This paper seeks a relationship between long-term, decadal scale, variations 853 in SSR and long-term variations in SST for a climate without any external forcing fac-854 tors where the processes occur solely due to internal variability of the climate system. 855 We examine, on the one hand, SSR and recall that a larger SSR implies stronger unforced SSR trends of any length (Folini et al., 2017; Chtirkova et al., 2022). On the other 857 hand, we examine SSR trends in periods when major climate indices undergo strong changes. 858 The ndings of the study should be taken into account when interpreting both model 859 and observational data sets of SSR, in which the SST-related variability competes with 860 the anthropogenic signal. 861

We compare year-to-year SSR variability caused by time-evolving SSTs to SSR variability only induced by the atmosphere with increased aerosol concentrations. The relative increase in variability when moving from constant climatological to time-evolving

SSTs (coupled simulations) is 30% for all-sky SSR and 25% for clear-sky SSR. Increas-865 ing the aerosol emissions (both natural and anthropogenic) results in a decline in the mean 866 SSR but yields no signi cant changes in variability for all-sky SSR, thus we conclude that 867 all-sky variability is dominated by cloud variability. For clear-sky SSR, we nd changes in variability for doubling the amount of sea salt (19%), dust (9%), and natural res (7%), 869 as well as a considerably smaller change for DMS (1%). We also observe increases in clear-870 sky SSR variability for setting antropogenic aerosol emissions to present-day values as 871 compared to pre-industrial levels: all anthropogenic aerosols (9%), SQ(4%), OC (2%), 872 BC (2%). We conclude that aerosol concentrations act on all-sky SSR only through changes 873 in the mean, but not in all-sky SSR, while their e ect on clear-sky SSR is evident in both 874 the mean and clear-sky SSR , i.e. unforced clear-sky SSR trends depend on the absolute 875 amounts of aerosols in the atmosphere and are di erent in present-day as compared to 876 pre-industrial climate. To describe the e ect of unforced changes in SST on SSR, we use 877 well-known climate indices because they are easily available and understandable. The 878 compound results of the pre-industrial control runs from 69 CMIP6 simulations give in-879 sights on the direction of in uence of di erent climate modes on all-sky and clear-sky 880 SSR trends. We hypothesise that the largest SSR trends occur during periods of dras-881 tic changes in the climate index (when the mode switches phase). For better statistics, 882 and to partially separate the individual e ects of the separate climate modes, we aver-883 age SSR trends for periods with the most drastic changes in the index. Thus, we iden-884 tify patterns of decadal SSR trends associated with di erent climate modes which are 885 based on SSTs. Comparing all-sky and clear-sky SSR trend patterns, we nd that they 886 are not identical: clear-sky trend patterns usually cover wider areas, are related to wa-887 ter vapour and have smaller magnitudes, while patterns in all-sky trends have a more 888 complex structure often being of opposite sign to the clear-sky trend. The all-sky and 889 clear-sky patterns that we identify suggest that the in uence of SSTs on SSR involves 890 both changes in cloudiness and in water vapour. The results concerning clear-sky variability should complement emerging e orts to derive clear-sky SSR time series from ob-892 servations (Correa et al., 2022). Even though models generally under-represent internal 893 variability, our results may be used to give a qualitative estimate whether a certain change 894 in a climate mode has an enhancing or suppressing e ect on regional dimming and bright-895 ening. The directions of in uence of climate modes in di erent regions are summarized 896 on Figures 7 - 8. Regions in uenced by several modes also tend to show higher SSR trends. 897

Overall, the results presented in this paper suggest that the e ect of climate modes 898 on SSR is not random and can be inferred from the time-dependent SST eld. The mag-899 nitudes of the in uence are not well constrained due to model aws but still the mod-900 els seem adequate enough to deduce at least qualitatively a relation between SSR and 901 SST changes. Comparing observed dimming and brightening around the world to the 902 historical time series of the climate modes from 1920 until 2015, we speculate that SST-903 related internal variability in SSR has enhanced rather than suppressed the observed SSR 904 trends in most regions of the world, where long term observations exist. Exceptions are 905 India and China, where the PDO signal possibly acts in the opposite direction to the aerosol 906 signal and might o er an explanation for the weaker brightening in all-sky as compared 907 to clear-sky in China. Even though European dimming and brightening appears to be 908 enhanced by SST-related internal variability on the continental scale, we do not exclude 909 non-SST related variability playing a role and counteracting the aerosol signal at regional 910 scales. Further quanti cation of the SSR trend magnitudes related to internal variabil-911 ity and superposition of modes can only be done using numerical simulations. 912

A possible domain of application of our study beyond the interpretation of observed SSR trends would be the potential role of SST modes for long-term planning of photovoltaic energy production. The links between climate modes and SSR trends, identi ed in this paper, can be further used to estimate long-term variability in photovoltaic energy production (e.g. Davy and Troccoli (2012); Gonzalez-Salazar and Poganietz (2021)) for di erent regions. For the power grid balancing, locations in uenced by modes act-

- ⁹¹⁹ ing in opposing directions can be considered, as well as locations where internal variabil-
- ⁹²⁰ ity is generally less.
- 921 Appendix A

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936 Open Research

The CMIP6 data may be accessed at https://esgf-node.llnl.gov/projects/ cmip6/ (Eyring et al., 2016). The CVDP package and associated data are available at https://www.cesm.ucar.edu/projects/cvdp (Phillips et al., 2014). NOAA Extended Reconstructed SST V5 (ERSST) data is avaibable from https://psl.noaa.gov/data/ gridded/data.noaa.ersst.v5.html (Huang et al., 2017).

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