Deterministic role of salinity advection feedback in the multi-centennial variability of AMOC revealed in an EC-Earth simulation

Ning Cao¹, Qiong Zhang², Katherine Elizabeth Power², Frederik Schenk³, Klaus Wyser⁴, and Haijun Yang⁵

¹Guangdong Ocean University ²Department of Physical Geography and Bolin Centre for Climate Research, Stockholm University ³Stockholm University ⁴SMHI ⁵Department of Atmospheric and Oceanic Sciences, Fudan University

December 7, 2022

Abstract

Significant multi-centennial climate variability with a clear peak at approximately 200 years is found in a pre-industrial control simulation conducted with the EC-Earth3 climate model. The oscillation mainly emerges from the North Atlantic and appears to be closely associated with the Atlantic Meridional Overturning Circulation (AMOC). By examining the salinity advection feedback, we find that the perturbation flow of mean subtropical-subpolar salinity gradients in the subpolar area governs as positive feedback to the AMOC anomaly. Meanwhile, the mean advection of salinity anomalies and the vertical mixing or convection acts as negative feedback to restrain the AMOC anomaly. In a warmer climate, although the AMOC becomes weaker, such low-frequency variability still exists, indicating the robustness of the salinity advection feedback mechanism.

- 1 Deterministic role of salinity advection feedback in the multi-centennial variability of
- 2 AMOC revealed in an EC-Earth simulation
- 3

Ning Cao^{1,2,3}, Qiong Zhang^{2,3*}, Katherine Elizabeth Power^{2,3}, Frederik Schenk^{3,4}, Klaus Wyser^{3,5}, and Haijun Yang^{6,7}

- ¹College of Ocean and Meteorology and CMA-GDOU Joint Laboratory for Marine Meteorology,
 Guangdong Ocean University, Zhanjiang, 524088, China
- ⁸ ²Department of Physical Geography, Stockholm University, Stockholm, 10691, Sweden
- 9 ³Bolin Centre for Climate Research, Stockholm University, Stockholm, 10691, Sweden
- ⁴Department of Geological Sciences, Stockholm University, Stockholm, 10691, Sweden
- ¹¹ ⁵Swedish Meteorological and Hydrological Institute (SMHI), Norrköping, 60176, Sweden
- ⁶Department of Atmospheric and Oceanic Sciences and Institute of Atmospheric Science and
- 13 CMA-FDU Joint Laboratory of Marine Meteorology, Fudan University, Shanghai, 200438,
- 14 China
- ⁷Shanghai Scientific Frontier Base for Ocean-Atmosphere Interaction Studies, Fudan University,
 Shanghai, 200438, China
- 17
- 18 *Corresponding author: Qiong Zhang (qiong.zhang@natgeo.su.se)
- 19

20 Key Points:

- Multi-centennial variability with a spectrum peak at approximately 200 years in a pre industrial control simulation using EC-Earth3
- The positive salinity advection feedback by the perturbation flow of mean salinity
 gradients is essential to sustain such an oscillation
- Mean advection of salinity anomalies and the vertical mixing or convection cause a
 negative feedback to restrain the AMOC anomalies

28 Abstract

Significant multi-centennial climate variability with a clear peak at approximately 200 years is 29 found in a pre-industrial control simulation conducted with the EC-Earth3 climate model. The 30 oscillation mainly emerges from the North Atlantic and appears to be closely associated with the 31 Atlantic Meridional Overturning Circulation (AMOC). By examining the salinity advection 32 feedback, we find that the perturbation flow of mean subtropical-subpolar salinity gradients in 33 the subpolar area governs as positive feedback to the AMOC anomaly. Meanwhile, the mean 34 35 advection of salinity anomalies and the vertical mixing or convection acts as negative feedback to restrain the AMOC anomaly. In a warmer climate, although the AMOC becomes weaker, such 36 low-frequency variability still exists, indicating the robustness of the salinity advection feedback 37 mechanism. 38

39

40 Plain Language Summary

On timescales longer than 100 years, the identification of climate variability facts and driving 41 mechanisms remains elusive due to lacking observations. Paleoclimatic reconstructions from 42 proxy records show multi-centennial variability in the climate system. Such low-frequency 43 climate variabilities are also found in simulations using fully coupled climate models. Previous 44 modeling studies suggested that such oscillations are driven by salinity anomalies coming from 45 the South Atlantic or the Arctic, which cannot explain the continuous energy source that sustains 46 such a long period of oscillation. Here we use a 2000-years long simulation conducted with a 47 climate model EC-Earth3 under pre-industrial forcing conditions to investigate the origin of the 48 multi-centennial climate variability. Our results confirmed a deterministic role of the salinity 49 50 advection feedback in the subtropical-subpolar North Atlantic in modulating the AMOC variability at multi-centennial time scale. In the ongoing global warming, even though the 51 52 AMOC is weakening, the multi-centennial oscillation still maintains.

54 **1 Introduction**

Multi-decadal to multi-centennial variabilities in climate system have been observed in 55 paleoclimate proxy records (Delworth and Mann, 2000; Sicre et al., 2008; Jones et al., 2009; 56 Mann et al., 2009; Menary et al. 2012; Srokosz and Bryden 2015; Ayache et al. 2018; 57 Thirumalai et al. 2018) and long climate model simulations (Vellinga and Wu 2004; Park and 58 Latif 2008; Friedrich et al. 2010; Menary et al. 2012; Delworth and Zeng 2012; Jiang et al. 59 2021). Askjær et al. (2022) analyzed 120 temperature reconstructions during the Holocene and 60 61 examined transient Holocene simulations from 9 models. Significant multi-centennial variability was found to be centered in the frequency band >100 to <250 years in both proxies and models. 62

63 In proxy records, climate variability can arise from both internal processes (Mann et al. 2014; Zhang et al. 2019) and external forcing changes (e.g., solar irradiance and volcanic 64 65 eruptions, see Ottera et al. 2010; Mann et al. 2021). These are difficult to distinguish from each another. In climate models, however, as the input can be manually controlled, it is possible to 66 67 solely investigate internal variability without external forcing changes using control simulations. Many studies attribute such low-frequency climate variabilities to the North Atlantic Meridional 68 69 Overturning Circulation (AMOC), a phenomenon responsible for transporting ocean heat northward through the Atlantic Ocean (Delworth and Zeng 2012; Lapointe et al., 2020; Dima et 70 al., 2022). 71

Several studies have reported the presence of multi-centennial climate variability in their 72 model, e.g., KCM model (Park and Latif 2008), LOVECLIM model (Friedrich et al. 2010), 73 GFDL CM2.1 model (Delworth and Zeng 2012), IPSL-CM6A-LR model (Boucher et al. 2020; 74 Jiang et al., 2021), EC-Earth3 model (Meccia et al. 2022). Many of these studies attribute the 75 76 multi-centennial climate variability to seawater density fluctuations over regions of deep water formation in the North Atlantic, which are considered to be induced by salinity anomalies. 77 Several different mechanisms have been proposed to explain where these salinity anomalies 78 79 originate from. Park and Latif (2008) emphasized the importance of transporting freshwater anomalies advected from the South Atlantic and transported northward alongside AMOC, a 80 mechanism also supported by Delworth and Zeng (2012). On a decadal scale, the Agulhas 81 leakage from the Indian Ocean into the South Atlantic might contribute to the AMOC variability 82 83 with the same order of magnitude as northern sources (Biastoch et al. 2008) but longer

timescales are more difficult to study. Based on the HadCM3 control simulation, previous 84 studies reported multi-decadal to centennial variability of the AMOC, which was considered to 85 be strongly related to salinity anomalies in the deep-water formation regions arriving via two 86 pathways: from a coupled feedback in the equatorial Atlantic Ocean (Vellinga and Wu 2004) and 87 from variability in the Arctic Ocean, possibly driven by stochastic sea level pressure (Jackson 88 and Vellinga 2013). Some studies argue that salinity anomalies coming from the Arctic Ocean 89 are dominated by freshwater exchanges between the Arctic and North Atlantic regions 90 (Jungclaus et al. 2005; Hawkins and Sutton 2007; Pardaens et al. 2008; Jahn and Holland 2013; 91 Jiang et al. 2021; Meccia et al. 2022). These diagnosed studies provide different views that 92 partly explain the fluctuations of AMOC on different timescales. However, the main difficulty 93 lies in the continuous energy source that sustains such a long period of oscillation. The Arctic 94 95 salinity anomalies act at a similar pace to AMOC but can hardly be considered as the energy source that drives the AMOC fluctuations. 96

Very recently, using simple conceptual models, *Li and Yang* (2022) (LY22, hereafter) identified a self-sustained multi-centennial mode in the AMOC. Their work provides a more fundamental theory of such low-frequency variability. In the present work, we use a 2000-year output from a control experiment conducted with the EC-Earth3 climate model to examine the multi-centennial climate variability. We provide robust proof of the theory by LY22 and demonstrate the physical process of how the multi-centennial oscillation could sustain itself in our simulation.

104 **2 Model Description and Experimental Design**

105 EC-Earth is a fully coupled Earth system model that integrates several state-of-the-art 106 components in the climate system, including atmosphere, ocean, sea ice, land, and biosphere. It is developed by the European consortium of more than 30 research institutions and is widely 107 108 used in various studies on climate change simulations, climate predictions, sensitivity studies, 109 and process studies (Semedo et al. 2016; Wyser et al. 2020a,b; Zhang et al., 2021; Myriokefalitakis et al. 2022). We use the CMIP6 version of EC-Earth with EC-Earth3-LR 110 configuration, coupling the atmosphere, land, ocean and sea-ice components. LR stands for low 111 112 resolution for the atmospheric model. The atmospheric part is the Integrated Forecasting System (IFS) model, with cycle 36r4 (TL159, linearly reduced Gaussian grid equivalent to 320×160 113

longitude/latitude; 62 levels; top level 5 hPa). The ocean component is the Nucleus for the European Modelling of the Ocean version 3.6 (NEMO3.6) (ORCA1 tripolar primarily 1 degree with meridional refinement down to 1/3 degree in the tropics; 362×292 longitude/latitude; 75 levels; top grid cell 0-1 m). NEMO includes the Louvain-la-Neuve Sea-ice model version 3 (LIM3), a dynamic thermodynamic sea-ice model with five ice thickness categories. The latest model development is described in detail by *Döscher et al.* (2022).

We conducted a control simulation using the EC-Earth3-LR model under pre-industrial 120 121 forcings. The atmosphere components are held constant at 1850 conditions. The simulation is initialized by a pre-run steady restart file (the output of approximately 500-year pre-industrial 122 control simulation) and is integrated for 2000 years. To investigate the sensitivity of multi-123 centennial climate variability to global warming, we also conducted two experiments by 124 changing the CO₂ concentration to 400 ppm (E400) and 560 ppm (E560) at the same start year as 125 126 the E280 experiment (E280), which are integrated for more than 3000 years. The last 2000-year 127 outputs of the three simulations are used in this work.

128 **3 Results and the Driving Mechanism**

129 The time series of global mean surface air temperature (Figure 1a) shows significant multi-centennial variability with a distinct peak at approximately 200 years. This low-frequency 130 signal is most pronounced in the northern hemisphere, especially in the North Atlantic. The 131 variation of meridional ocean heat transport across 40°N in the Atlantic is highly consistent with 132 the global mean surface air temperature (Figure 1b), which was considered to trigger the 133 temperature changes in the North Atlantic and the Arctic, and even in the entire Nothern 134 Hemisphere (Delworth and Zeng 2012). It implies that the AMOC drives the northward ocean 135 heat transport, which is in line with the previous suggestions the AMOC mainly drives the low-136 frequency variabilities in the Earth's climate system (Delworth and Zeng, 2012; Lapointe et al., 137 138 2020; Dima et al., 2022). We define the AMOC index as the annual-mean maximum ocean 139 overturning stream function between 20°N to 70°N from depths 200 to 3000 meters. Figure 1c shows the time series of the AMOC index. The average strength of AMOC is 17.5 ± 1.3 Sv (1 Sv 140 $= 10^6 \text{ m}^3 \text{ s}^{-1}$). The variation of the AMOC is highly correlated with the global mean surface air 141 142 temperature.

The AMOC variation is mainly driven by density fluctuation over regions of North 143 Atlantic Deep-Water (NADW) formation (Danabasoglu 2008; Delworth and Zeng 2012; Dima 144 et al. 2022), and this result can also be seen in our simulation (see Figure S1 in the supplement 145 material). Seawater density depends on temperature and salinity, and in the NADW region, the 146 salinity variation dominates the overall density fluctuation in these regions (see Figure S2). Here 147 we define the NADW formation region as a horizontal ocean region between 70°W - 10°E and 148 50°N - 80°N, encompassing the Labrador Sea, Irminger Sea, and Greenland-Icelandic-Norwegian 149 (GIN) Seas, which is referred to as the subpolar area in this work. In our simulation, the sea 150 surface temperature (Figure 1d) and sea surface salinity (Figure 1e) averaged over the subpolar 151 area show similar variations as those of the AMOC index. In addition, spectrum analyses of 152 these time series show similar spectra with a distinct peak around 200 years (Figure 1f). 153



154

Figure 1. (a~e) Time series of global mean surface air temperature (GMSAT), ocean heat transport crossing the 40°N in Atlantic (OHT, 1 PW = 10^{15} Watt), AMOC index, sea surface temperature (SST) and sea surface salinity (SSS) averaged over the subpolar area, together with the low-pass filtered series (red curves, using Lanczos method with 201 weights and a cutoff period of 100 years); (f) The power spectrums of these corresponding time series.

161 To investigate the origin of salinity anomalies in the subpolar area, Figure 2 shows the 162 Hovmöller diagrams of the regressed zonal-integral salinity averaged at ocean layers of 0-100,

100-300, 300-500, 500-1000, 1000-2000 and 2000-3000 m across the Atlantic and Arctic basins, 163 onto the low-pass-filtered AMOC time series. At the surface layer (0-100 m, Figure 2a), salinity 164 anomalies are most pronounced in the subpolar area. No significant salinity anomalies are 165 coming from the South Atlantic to the mid-latitude Atlantic, in contrast to that shown in 166 Delworth and Zeng (2012). At the subsurface layer (100-300 m, Figure 2b), the anomalies in the 167 subpolar area are much weaker than the surface layer, and a stable link between the subpolar and 168 subtropical regions is established within about 100 years. The anomalies in the subtropical region 169 become more robust at the 300-500 m layer (Figure 2c). At layers deeper than 500 m (Figure 170 2d~f), a southward advection of lagged salinity anomalies emerges clearly, as a result of strong 171 convection in the subpolar area and the related southward flow to the lower branch of the AMOC. 172 The upper layer salinity anomalies in the subpolar area are locally driven and may also be related 173 174 to local salinity change in the subpolar Atlantic and Arctic. The accumulated anomalies at the upper layer subpolar ocean can sink and propagate southward with the help of the mean AMOC, 175 reaching as deep as 3000 m in the North Atlantic (Figure 2f). This process can be seen clearly in 176 Figure 3. 177



Figure 2. The zonal integral of the regression coefficients of salinity across the Atlantic basin
 versus the low-pass-filtered AMOC time series. Units are psu m Sv⁻¹. The y-axis is latitude, and
 the x-axis is lag to the time of maximum AMOC. Negative (positive) values on the time axis
 indicate periods leading (lagging) to the maximum AMOC. (a-f) Mean values at layers of 0-100,
 100-300, 300-500, 500-1000, 1000-2000, and 2000-3000 m, respectively.

184

Figure 3 shows the latitude-depth profiles of zonally integrated salinity across the 185 Atlantic and Arctic basins regressed on the AMOC time series when the time lags/leads the 186 AMOC maximum by 80 to 100 years, with an interval of 20 years. An entire cycle of salinity 187 variability evolution with a period of about 200 years can be seen consistent with Fig. 2f. From 188 80 to 60 years prior to the AMOC maximum, the negative salinity anomalies occupy the entire 189 190 subpolar North Atlantic from surface to deep ocean and are most pronounced at the upper-500m layer, while positive anomalies can be seen in the subsurface layer of the subtropical North 191 192 Atlantic. Negative anomalies in the subpolar area sink deep into the ocean, causing the surface anomalies to decrease. Meanwhile, positive anomalies in the subtropical region become stronger 193 194 and broader. At 40 years prior, anomalies in the upper layer of the subpolar area have changed phases from negative to positive. The negative anomalies move southward at the deep ocean. 195 Afterwards, positive anomalies in the subpolar area grow quickly, while negative anomalies 196 occupy the deep ocean in the subtropical North Atlantic. At lag 0, when the AMOC reaches its 197 maximum, positive salinity anomalies fill up the entire subpolar area, and apparent vertical 198 199 mixing can be seen at about 60° N. The negative anomalies in the lower ocean of the subtropics 200 move upward with enhanced amplitudes and connect with the anomalous negative salinity centered at about 10°N with a depth of approximately 300 m. Then, in the following 40 years, the 201 subpolar area shows the distinct sinking of positive anomalies into the deep ocean, weakening 202 203 the surface anomalies. The negative anomalies in the subtropical region are strengthening. At lag 40, most subpolar positive anomalies have sunk into the deep ocean and moved southward, and 204 the negative anomalies in the subtropical region continue to strengthen and expand. At lag 60, 205 206 the subpolar upper layer salinity anomalies change signs from positive to negative, while the 207 sinking positive anomalies in the deep ocean keep moving southward. Afterwards, negative anomalies in the upper subpolar ocean continue to strengthen, as well as the positive anomalies 208 in the subsurface layer of the subtropical region. At lag 100, the apparent sinking of negative 209

anomalies in the subpolar area can be seen, with a similar pattern to lag -80, indicating the

211 oscillation entering a new cycle.



Figure 3. Latitude-depth profiles of zonal integral salinity across the Atlantic and Arctic basins
 regressed on the 100-year low-filtered AMOC time series. The lag is positive when the AMOC
 leads. Units are psu m Sv⁻¹. The scale of layers shallower than 500 m is amplified by two.

216

212

Figures 2 and 3 show that the surface salinity anomaly in the subpolar area is more 217 locally developed rather than being transported from lower latitudes or the Arctic. We find that 218 219 this local salinity anomaly (Figure 2a-b) is caused by the effect of perturbation advection of mean salinity. While the lower ocean salinity change (Figures 2e-f) is due to the effect of mean 220 advection of salinity anomalies. The perturbation salinity advection effect is local, acting as 221 positive feedback to incite the strong local signal in the upper ocean (Figure 2a-b). On the other 222 hand, the mean salinity advection effect can be seen as a remote effect, causing a southward 223 propagating signal in the lower ocean (Figures 2e-f) and acting as negative feedback to remove 224 the anomalies out of the subpolar ocean. Our results confirm the theory in LY22's study that the 225 perturbation salinity feedback provides the energy source for maintaining the oscillation while 226

the mean salinity feedback dampens the salinity anomalies. In LY22, an enhanced mixing process in the subpolar ocean is also considered as a critical mechanism to weaken the positive salinity advection feedback and limit the oscillation amplitude. In Figure 3, this vertical mixing of salinity anomalies can be seen at the subpolar North Atlantic area latitudes.

We applied the small-perturbation theory to the salinity equation to quantify these effects 231 and ignored the nonlinear advection terms. The anomalous meridional salinity advection is 232 divided into the perturbation advection of mean salinity gradients and the mean advection of 233 salinity anomaly. We define four boxes in the North Atlantic as follows: Box-1: the subtropical 234 235 upper layer box, from 0° to 40°N across the Atlantic basin, vertically 0-300 meters; Box-2: the subpolar upper layer box, from 70°W to 10°E and from 50°N to 80°N, vertically 0-300 meters; 236 Box-3: the subpolar deep layer box, from 70°W to 10°E and 50°N to 80°N, vertically 1000-3000 237 meters; Box-4: the subtropical deep layer box; from 0° to 40°N and between 1000 and 3000 238 meters. The variations of seawater salinity in Box-2 can be determined by the following equation 239 as suggested in LY22 (Eq. 8a). 240

241

$$V_2\dot{S_2} = q'(\overline{S_1} - \overline{S_2}) + \overline{q}(S_1' - S_2') - k_m(S_2' - S_3')$$
 (Eq-1)

where V_2 is the volume of Box-2, q is the volume transport by the AMOC which can be divided into a mean state \bar{q} and a perturbation q', S'_i is the perturbation salinity of each ocean box, \bar{S}_i is the mean salinity during the reference period. Following LY22, we similarly define the enhanced mixing effect coefficient $k_m = \kappa (q')^2$ in which $\kappa = 1.0$ m⁻³ s (Note that the value of κ only affects the amplitude of the oscillation but not the period).

Figure 4 shows the lead-lag regression of terms that contribute to the salinity anomaly in 247 Box-2 (S_2) . It is evident that the perturbation flow of mean salinity gradients from Box-1 to Box-248 2 (black curve) tends to have the same sign as S'_2 , indicating positive feedback to make S'_2 grow. 249 The mean advection of salinity anomalies (red curve) acts against S'_2 , indicating a significant 250 negative effect on the salinity change that drives the oscillation to change phase. The vertical 251 mixing between Box-2 and Box-3 (blue curve) also acts as a negative feedback to limit S'_2 . The 252 253 most pronounced southward flow relating to the lower branch of the AMOC lags the maximum AMOC by about 40-50 years, so it acts as a lagged indirect negative feedback (cyan 254 curve), helping to limit the S'_2 by removing the mixed anomalies in Box-3 into Box-4. These 255 results reveal that the multi-centennial variability of AMOC in our model is maintained by the 256

positive feedback of the perturbation advection of mean salinity gradients, the negative feedback of the mean advection of salinity anomalies, as well as the enhanced vertical mixing in the subpolar ocean, which are in good agreement with the theoretical prediction of LY22.

260



Figure 4. Regression of three direct terms (black, red and blue curves) contributing to variations of seawater salinity in Box-2 defined in Eq-1, and one indirect term (cyan curve) indicating the southward flow that is related to the lower branch of the AMOC, onto the time series of salinity in the Box-2.

266 4 Summary and Discussion

Using a 2000-year pre-industrial control simulation by the EC-Earth3-LR climate model, we identified a multi-centennial climate variability with a timescale of about 200 years. The global mean surface air temperature shows distinct multi-centennial climate variability, which can be attributed to the fluctuations of AMOC. A strengthened AMOC is associated with positive density anomalies over the deep-water formation region in the North Atlantic, and salinity variations dominate the overall density fluctuations in the subpolar area of the North Atlantic.

274 The mechanism to maintain the multi-centennial variability in the simulated climate 275 system is disclosed in this work. The perturbation advection of the mean subtropics-subpolar salinity gradients causes positive feedback to the growth of the AMOC anomalies. Meanwhile, 276 277 the mean advection of salinity anomalies and the vertical mixing or convection acts as negative feedback to restrain the AMOC anomalies. Both our fully coupled model simulation and simple 278 279 conceptual model study of LY22 support that the subpolar salinity anomalies are mainly locally driven by the perturbed ocean circulation on the timescale of multi-centennial, not by the mean 280 281 flow of salinity anomaly from the south Atlantic (Delworth and Zeng 2012) or the Arctic (Jiang 282 et al. 2021; Meccia et al. 2022). Only by introducing the salinity advection feedback mechanism we can fully explain how the AMOC develops such a self-sustained oscillation. 283

The freshwater anomaly from the Arctic does have an impact on the seawater density in 284 the subpolar area, but it cannot be considered as the energy source of AMOC fluctuations. In a 285 warmer climate, such as the situation in ongoing global warming, the AMOC becomes weaker 286 than it was in the pre-industrial period (Rahmstorf et al. 2015; Caesar et al. 2021), although 287 there is a robust debate over the role of climate change versus the circulation's century-to-288 millennial-scale variability (Kilbourne et al. 2022; Latif et al. 2022). In our simulations under 289 400 ppm and 560 ppm CO2 forcing, the AMOC weakens (Figure S3a~c). However, the 290 291 spectrums still capture the multi-centennial variability with the dominant oscillation periods around 100-300 years, as illustrated in Fig S3d. The oscillation amplitude is suppressed under 292 higher CO₂ forcing. Similar results can be seen in Meccia et al. (2022). It further confirms that 293 the multi-centennial oscillation of AMOC is an intrinsic mode in the system. Thus, a warmer 294 295 climate has the potential to suppress the oscillation amplitude and to modify the oscillation 296 periods through increases in ocean heat content, elevated freshwater flows from the melting ice 297 sheets, and the shrinking of Arctic sea-ice, which deserves further study.

298

299 Data Availability Statement

The model simulated data to produce the main figures in this paper can be found at: https://doi.org/10.5281/zenodo.7304486 (a dataset of *Zhang et al.* 2022).

302 Acknowledgments

303 This research was supported by the Swedish Research Council (Vetenskapsrådet, grant no. 2022-

304 03129 and 2017-04232). Ning Cao is supported by the National Natural Science Foundation of

China (42130605, 42075036, and 41875071), the program for scientific research start-up funds

of Guangdong Ocean University (R17056), and the State Scholarship Fund of China Scholarship

307 Council (201908440188). Haijun Yang is supported by the National Natural Science Foundation

308 of China (42230403). Frederik Schenk is funded by the Swedish Research Council for

309 Sustainable Development (FORMAS 2020-01000). The simulations with EC-Earth3-LR and

310 data analysis were performed using the ECMWF's computing and archive facilities and Swedish

311 National Infrastructure for Computing (SNIC) at the National Supercomputer Centre (NSC),

312 partially funded by the Swedish Research Council through grant agreement no. 2018-05973.

313 **References**

- Askjær T. G., Zhang Q., Schenk F., et al. (2022), Multi-centennial Holocene Climate Variability
 in Proxy Records and Transient Model Simulations. *Quaternary Science Reviews*, 296,
 107801.
- 317 Ayache, M., Swingedouw, D., Mary, Y., et al. (2018), Multi-centennial variability of the AMOC
- over the Holocene: A new reconstruction based on multiple proxy-derived SST records. *Global and Planetary Change*, *170*, 172–189. doi: 10.1016/j.gloplacha.2018.08.016
- Boucher, O., Servonnat, J., Albright, A. L., et al. (2020), Presentation and evaluation of the
 IPSL-CM6A-LR climate model. *Journal of Advances in Modeling Earth Systems*, *12*,
 e2019MS002010. doi:10.1029/2019MS002010
- Buckley, M. W., Marshall, J. (2016), Observations, inferences, and mechanisms of the Atlantic
 Meridional Overturning Circulation: A review. *Reviews of Geophysics*, 54(1): 5–63.
 doi:10.1002/2015RG000493.
- Caesar, L., McCarthy, G.D., Thornalley, D.J.R. et al. (2021), Current Atlantic Meridional
 Overturning Circulation weakest in last millennium. *Nature Geoscience*, *14*, 118–120.
 doi:10.1038/s41561-021-00699-z
- Danabasoglu, G. (2008), On multidecadal variability of the Atlantic meridional overturning
 circulation in the Community Climate System Model Version 3, *Journal of Climate*, 21,
 5524–5544. doi:10.1175/2008JCLI2019.1.
- Delworth, T. L., & Mann, M. E. (2000), Observed and simulated multidecadal variability in the
 Northern Hemisphere. *Climate Dynamics*, *16*, 661–676. doi:10.1007/s003820000075
- Delworth, T. L., & Zeng, F. (2012), Multicentennial variability of the Atlantic meridional
 overturning circulation and its climatic influence in a 4000-year simulation of the GFDL
 CM2.1 climate model. *Geophysical Research Letters*, 39(13), L13702. doi:
 10.1029/2012GL052107
- Dima, M., Lohmann, G., Ionita, M. et al. (2022), AMOC modes linked with distinct North
 Atlantic deep water formation sites. *Climate Dynamics*, *59*, 837–849. doi:10.1007/s00382022-06156-w
- Döscher, R., Acosta, M., Alessandri, A., et al. (2022), The EC-Earth3 Earth system model for the
 Coupled Model Intercomparison Project 6. *Geoscientific Model Development*, 15, 2973–
 3020. doi:10.5194/gmd-15-2973-2022

- Friedrich, T., Timmermann, A., Menviel, L., et al. (2010), The mechanism behind internally
 generated centennial-to-millennial scale climate variability in an earth system model of
 intermediate complexity. *Geoscientific Model Development*, *3*, 377–389. doi: 10.5194/gmd3-377-2010
- 348 Hawkins, E., & Sutton, R. (2007), Variability of the Atlantic thermohaline circulation described
- by three-dimensional empirical orthogonal functions. *Climate Dynamics*, 29(7–8), 745–762.
 doi:10.1007/s00382-007-0263-8
- Jackson, L., & Vellinga, M. (2013), Multidecadal to centennial variability of the AMOC:
 HadCM3 and a perturbed physics ensemble. *Journal of Climate*, *26*(7), 2390–2407.
 doi:10.1175/JCLI-D-11-00601.1
- Jahn, A., & Holland, M. M. (2013), Implications of Arctic sea ice changes for North Atlantic
 deep convection and the meridional overturning circulation in CCSM4-CMIP5 simulations.
 Geophysical Research Letters, 40, 1206–1211. doi:10.1002/grl.50183
- Jiang, W., Gastineau, G., & Codron, F. (2021), Multicentennial variability driven by salinity exchanges between the Atlantic and the arctic ocean in a coupled climate model. *Journal of Advances in Modeling Earth Systems*, 13(3), e2020MS002366. doi: 10.1029/2020MS002366
- Jones, P. D., Briffa, K.R., Osborn, T.J., et al. (2009), High-resolution palaeoclimatology of the
 last millennium: A review of current status and future prospects. *Holocene*, 19(1), 3–49.
 doi:10.1177/0959683608098952
- Jungclaus, J. H., Haak, H., Latif, M., et al. (2005), Arctic-North Atlantic interactions and
 multidecadal variability of the meridional overturning circulation. *Journal of Climate*,
 18(19), 4013–4031. doi:10.1175/JCLI3462.1
- Kilbourne, K.H., Wanamaker, A.D., Moffa-Sanchez, P. et al. (2022), Atlantic circulation change
 still uncertain. *Nature Geoscience*, *15*, 165–167. doi:10.1038/s41561-022-00896-4
- Latif, M., Sun, J., Visbeck, M. et al. (2022), Natural variability has dominated Atlantic
 Meridional Overturning Circulation since 1900. *Nature Climate Chang*, *12*, 455–460.
 doi:10.1038/s41558-022-01342-4
- Lapointe, F., Bradley, R. S., Francus P., et al. (2020), Annually resolved Atlantic sea surface
 temperature variability over the past 2900y. *Proceedings of the National Academy of*

- 374 Sciences of the United States of America, 117(44), 27171–27178. doi:
 375 10.1073/pnas.2014166117.
- Li, Y., & Yang, H. (2022), A Theory for Self-Sustained Multi-Centennial Oscillation of the
 Atlantic Meridional Overturning Circulation. *Journal of Climate*, *35*(18), 5883–5896.
 doi:10.1175/JCLI-D-21-0685.1
- Mann, M. E., Zhang, Z., Rutherford, S., et al. (2009), Global signatures and dynamical origins of
 the Little Ice Age and Medieval Climate Anomaly. *Science*, *326*(5957), 1256–1260.
 doi:10.1126/science.1177303
- Mann, M. E., Steinman, B. A., & Miller, S.K. (2014), On forced temperature changes, internal
 variability and the AMO. *Geophysical Research Letters*, 41(9), 3211–3219. doi:
 10.1002/2014GL059233
- Mann, M. E., Steinman, B. A., Brouillette, D. J., et al. (2021), Multidecadal climate oscillations
 during the past millennium driven by volcanic forcing. *Science*, *371*(6533), 1014–1019. doi:
 10.1126/science.abc5810
- Meccia, V.L., Fuentes-Franco, R., Davini, P. et al. (2022), Internal multi-centennial variability of
 the Atlantic Meridional Overturning Circulation simulated by EC-Earth3. *Climate Dynamics*, doi:10.1007/s00382-022-06534-4.
- Menary, M. B., Park, W., Lohmann, K., et al. (2012), A multimodel comparison of centennial
 Atlantic meridional overturning circulation variability. *Climate Dynamics*, *38*, 2377–2388.
 doi:10.1007/s00382-011-1172-4
- Myriokefalitakis, S., Bergas-Massó, E., Gonçalves-Ageitos, M., et al. (2022), Multiphase
 processes in the EC-Earth model and their relevance to the atmospheric oxalate, sulfate, and
 iron cycles. *Geoscientific Model Development*, 15(7), 3079-3120. doi:10.5194/gmd-15 3079-2022
- Ottera, O. H., Bentsen, M., Drange, H., et al. (2010), External forcing as a metronome for
 Atlantic multidecadal variability. *Nature Geoscience*, *3*, 688–694. doi: 10.1038/ngeo955
- 400 Pardaens, A., Vellinga, M., Wu, P., et al. (2008), Large-Scale Atlantic salinity changes over the
 401 last half-century: A model-observation comparison. *Journal of Climate*, *21*(8), 1698–1720.
 402 doi:10.1175/2007JCLI1988.1

- 403 Park, W., & Latif, M. (2008), Multidecadal and multicentennial variability of the meridional
 404 overturning circulation. *Geophysical Research Letters*, 35(22), L22703. doi:
 405 10.1029/2008GL035779
- 406 Rahmstorf S., Box, J. E., Feulner, G., et al. (2015), Exceptional twentieth-century slowdown in
 407 Atlantic Ocean overturning circulation. *Nature climate change*, 5(5): 475–480.
 408 doi:10.1038/nclimate2554
- Semedo, A., Soares, P. M., Lima, D. C., et al. (2016), The impact of climate change on the
 global coastal low-level wind jets: EC-EARTH simulations. *Global and Planetary Change*, *137*, 88-106. doi:10.1016/j.gloplacha.2015.12.012
- 412 Sicre, M. A., Ezat, U., Guimbaut, E., et al. (2008), A 4500-year reconstruction of sea surface
 413 temperature variability at decadal time-scales off North Iceland. *Quaternary Science*414 *Reviews*, 27(21-22), 2041–2047. doi:10.1016/j.quascirev.2008.08.009
- 415 Srokosz, M. A., & Bryden, H. L. (2015), Observing the Atlantic Meridional Overturning
 416 Circulation yields a decade of inevitable surprises. *Science*, *348*(6241), 1255575. doi:
 417 10.1126/science.1255575
- Thirumalai, K., Quinn, T. M., Okumura, Y., et al. (2018), Pronounced centennial-scale Atlantic
 Ocean climate variability correlated with Western Hemisphere hydroclimate. *Nature Communications*, 9, 392. doi: 10.1038/s41467-018-02846-4
- Vellinga, M., & Wu, P. (2004), Low-Latitude Freshwater Influence on Centennial Variability of
 the Atlantic Thermohaline Circulation. *Journal of Climate*, *17*(23), 4498–4511. doi:
 10.1175/3219.1
- Wyser, K., Kjellström, E., Koenigk, T., et al. (2020a), Warmer climate projections in EC-Earth3Veg: The role of changes in the greenhouse gas concentrations from CMIP5 to CMIP6. *Environmental Research Letters*, 15(5), 054020. doi:10.1088/1748-9326/ab81c2
- Wyser, K., van Noije, T., Yang, S., et al. (2020b), On the increased climate sensitivity in the ECEarth model from CMIP5 to CMIP6. *Geoscientific Model Development*, *13*(8), 3465-3474.
- 429 doi:10.5194/gmd-13-3465-2020
- Zhang, R., Sutton, R., Danabasoglu, G., et al. (2019), A review of the role of the Atlantic
 Meridional Overturning Circulation in Atlantic Multidecadal Variability and associated
 climate impacts. *Reviews of Geophysics*, 57(2), 316–375. doi: 10.1029/2019RG000644

- 433 Zhang, Q., Berntell, E., Li, Q., et al. (2021), Understanding the variability of the rainfall dipole
- 434 in West Africa using the EC-Earth last millennium simulation. *Climate Dynamics*, 57(1),
- 435 93-107. doi:10.1007/s00382-021-05696-x
- 436 Zhang, Q., Cao, N., & Power, K. E. (2022). Simulations for pre-industrial climate using EC-
- 437 Earth3-LR model selected data for a study on AMOC (Version 2) [Data set]. Zenodo.
- 438 https://doi.org/10.5281/zenodo.7304486

AGU PUBLICATIONS

Geophysical Research Letters

Supporting Information for

Deterministic role of salinity advection feedback in the multi-centennial variability of AMOC revealed in an EC-Earth simulation

Ning Cao^{1,2,3}, Qiong Zhang^{2,3*}, Katherine Elizabeth Power^{2,3}, Frederik Schenk^{3,4}, Klaus Wyser^{3,5}, and Haijun Yang^{6,7}
 ¹College of Ocean and Meteorology and CMA-GDOU Joint Laboratory for Marine Meteorology, Guangdong Ocean University, Zhanjiang, 524088, China
 ²Department of Physical Geography, Stockholm University, Stockholm, 10691, Sweden ³Bolin Centre for Climate Research, Stockholm University, Stockholm, 10691, Sweden
 ⁴Department of Geological Sciences, Stockholm University, Stockholm, 10691, Sweden
 ⁵Swedish Meteorological and Hydrological Institute (SMHI), Norrköping, 60176, Sweden
 ⁶Department of Atmospheric and Oceanic Sciences and Institute of Atmospheric Science and CMA-FDU Joint Laboratory of Marine Meteorology, Fudan University, Shanghai, 200438, China
 ⁷Shanghai Scientific Frontier Base for Ocean-Atmosphere Interaction Studies, Fudan University, Shanghai, 200438, China

*Corresponding author: Qiong Zhang (qiong.zhang@natgeo.su.se)

Supplementary Text.

Text S1. The calculation of seawater density.

The seawater density is calculated using the TEOS-10 Gibbs function (TEOS-10: international Thermodynamic Equation of Seawater 2010, www.teos-10.org, which is also used in EC-Earth3 climate model) and potential density is calculated using the same function with respect to the reference pressure of zero dbar.

The density of ocean water can be approximated by linear dependencies on temperature and salinity, so the seawater density changes (ρ') can be simply decomposed into temperature and salinity induced density components.

$$\rho_T' = -\alpha \bar{\rho} T'$$

$$\rho_S' = \beta \bar{\rho} S'$$

$$\rho' = \rho_S' + \rho_T'$$

In these equations, $\rho_T'(\rho_S')$ denotes the temperature (salinity) induced density component, $\bar{\rho}$ denotes the timely mean density and S'(T') is the anomaly of salinity (temperature). The appropriate thermal expansion coefficient (α) and the appropriate saline contraction coefficient (β) of seawater are calculated from Absolute Salinity (SA) and Conservative Temperature (CT) using the function based on TEOS-10. This function uses the computationally-efficient 75-term expression for specific volume in terms of SA, CT and p (Roquet et al., 2015). This 75-term equation has been fitted in a restricted range of parameter space and is most accurate inside the "oceanographic funnel" described in McDougall et al. (2003).

In Figure S1 and S2, the AMOC-related sea water density variations are shown. The density anomaly is most pronounced in the subpolar area of North Atlantic as well as in the Arctic. Decomposed results show that the seawater density anomaly in the subpolar area of North Atlantic is dominated by salinity variations.

References:

- Roquet F, Madec G, McDougall T J, et al., 2015. Accurate polynomial expressions for the density and specific volume of seawater using the TEOS-10 standard. Ocean Modelling, 90: 29-43.
- McDougall, T.J., D.R. Jackett, D.G. Wright and R. Feistel, 2003: Accurate and computationally efficient algorithms for potential temperature and density of seawater. J. Atmosph. Ocean. Tech., 20, 730-741.

Text S2. Responses of AMOC to increased CO₂ forcing.

In the main text, we use a control simulation using the EC-Earth3-LR model under pre-industrial forcings. The atmosphere constituents are held constant at 1850 conditions. The simulation is initialized by a pre-run steady restart file (the output of approximately 500-year pre-industrial control simulation) and is integrated for 2000 years. To investigate the sensitivity of multi-centennial climate variability to global warming, we also conduct two experiments by changing the CO₂ concentration to 400 ppm (E400) and 560 ppm (E560) at the same start year as the E280 experiment (E280), which are integrated for more than 3000 years. The last 2000-year outputs of the three simulations are used in this work.

The AMOC time series in three experiments and the spectrums are shown in Figure S3. The mean strength of AMOC weakens with the increasing of CO2 concentration. The multi-centennial variability is significant in all these simulations with the dominant oscillation periods around 100-300 years, although the oscillation amplitude is suppressed.

Supplementary Figures.



Figure S1. The regression of surface layer (a) seawater density, (b) temperature-induced density change, (c) salinity-induced density change and (d) the sum of both temperature and salinity induced density changes, onto the low-pass filtered AMOC series. Units: kg m^{-3} per Sv.



Figure S2. Regression coefficients of various quantities versus the low-pass filtered AMOC series. The x-axis is time in years, representing the leads or lags relative to the maximum AMOC. Negative (positive) values on the x-axis denotes time before (after) a maximum of the AMOC (occurring at lag 0). The black curve denotes seawater density regression coefficients averaged vertically over the upper 100 meters and in the horizontal from 70°W to 10°E, and from 50°N to 80°N. The blue curve indicates regressions for the component of density attributable to salt variations and the red curve indicates the component of density attributable to temperature variations. The black dashed curve indicates the sum of both temperature and salinity induced density variations.



Figure S3. (a~c) Maximum AMOC time series in three experiments with different CO2 concentrations in the atmosphere, 280 ppm, 400 ppm and 560 ppm. The bold red curves indicate the low-filtered series (using the Lanczos method with 201 weights and a cutoff period of 100 years); (d) Spectra analysis on the AMOC time series, in which the dashed curves indicate the 95% confidence level.