

# The role of subtropical Rossby waves in amplifying the divergent circulation of the Madden Julian Oscillation

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## Abstract

The composite structure of the Madden-Julian Oscillation (MJO) has long been known to feature pronounced Rossby gyres in the subtropical upper troposphere, whose existence can be interpreted as the forced response to convective heating anomalies in the presence of a subtropical westerly jet. Here we inquire as to whether these forced gyre circulations have any subsequent effects on divergence patterns in the tropics. A nonlinear spherical shallow water model is used to investigate how the introduction of different background jet profiles affects the model's steady-state response to an imposed MJO-like thermal forcing. Results show that a stronger jet leads to a stronger Kelvin-mode response in the tropics up to a critical jet speed, along with stronger divergence anomalies in the vicinity of the forcing. To understand this behavior, additional calculations are performed in which a localized vorticity forcing is imposed in the extratropics, without any thermal forcing in the tropics. The response is once again seen to include pronounced equatorial Kelvin waves, provided the jet is of sufficient amplitude. A detailed analysis of the vorticity budget reveals that the zonal-mean zonal wind shear plays a key role in amplifying the Kelvin-mode divergent winds near the equator. These results help to explain why the MJO tends to be strongest during boreal winter when the Indo-Pacific jet is typically at its strongest.

1 **The role of subtropical Rossby waves in amplifying the divergent circulation**  
2 **of the Madden Julian Oscillation**

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21 to be strongest during boreal winter when the Indo-Pacific jet is typically at its strongest.

22 SIGNIFICANCE STATEMENT: The MJO is a planetary-scale convectively coupled equatorial  
23 disturbance that serves as a primary source of atmospheric variability on intraseasonal timescales  
24 (30-90 days). Due to its dominance and spontaneous recurrence, the MJO has a significant global  
25 impact, influencing hurricanes in the tropics, storm tracks and atmosphere blocking events in  
26 the midlatitudes, and even weather systems in the polar region. Despite steady improvements in  
27 S2S (subseasonal-to-seasonal) forecast models, the MJO prediction skill has still not reached its  
28 maximum potential. The root of this challenge is partly our deficient understanding of how the  
29 MJO interacts with the background mean flow. In this work we use a simple one layer atmospheric  
30 model with idealized heating to understand the impact of the subtropical jet on the MJO amplitude  
31 and its horizontal structure.

## 32 **1. Introduction**

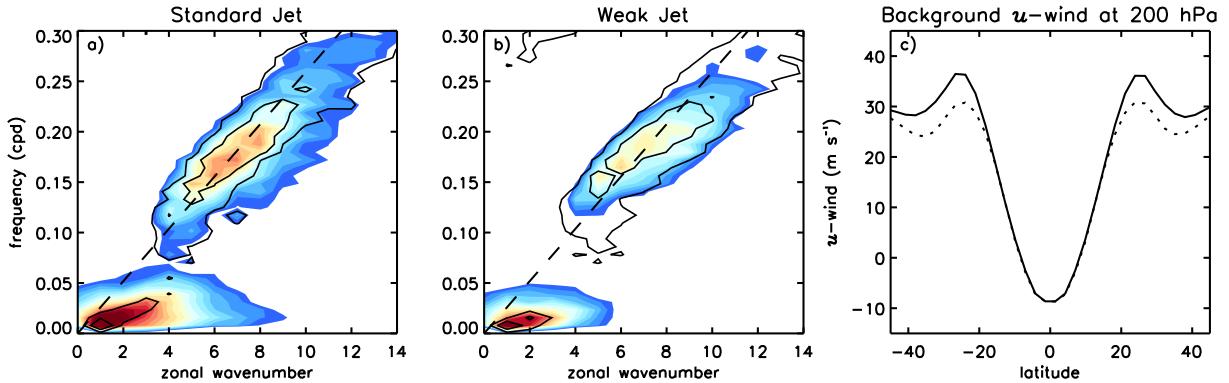
33 The Madden-Julian Oscillation (MJO) is a planetary-scale equatorial disturbance that domi-  
34 nates tropical variability on the intraseasonal timescales. The disturbance is typified by a zonal  
35 dipole pattern in convective heating and cooling that moves eastward at a phase speed of  $\sim 5\text{m/s}$ .  
36 The heating/cooling extends through the depth of the troposphere and drives horizontal diver-  
37 gence/convergence at upper levels ( $\sim 200\text{hPa}$ ) and convergence/divergence below (Kiladis et al.  
38 2005, and references therein). The upper-tropospheric component of the MJO's circulation has a  
39 much larger meridional extent than its lower-tropospheric component and is marked by pronounced  
40 off-equatorial cyclonic and anticyclonic Rossby gyres whose centers lie in the subtropics (Knutson  
41 and Weickmann 1987; Rui and Wang 1990; Kiladis and Weickmann 1992; Hendon and Salby  
42 1994; Kiladis et al. 2005).

43 The Rossby gyres are thought to be a result of interaction between the convectively forced diver-  
44 gent flow with the basic state vorticity gradient, known as the Rossby wave source (Sardeshmukh  
45 and Hoskins 1988). Wintertime MJO composites reveal that these gyres form on the southern  
46 flank of the subtropical westerlies, move eastward in-tandem with the MJO convection and are  
47 most pronounced in the Indo-Pacific sector – a region where both MJO convective activity and the  
48 subtropical jet are found to be the strongest in the boreal winter (Adames and Wallace 2014). The  
49 relative location of the MJO-induced Rossby gyres with respect to the climatological background  
50 flow affects extratropical teleconnection patterns that influence global weather on subseasonal-to-

51 seasonal timescales (Liebmann and Hartmann 1984; Weickmann et al. 1985; Lau and Lau 1986;  
52 Lau and Phillips 1986; Knutson and Weickmann 1987; Ferranti et al. 1990; Hoskins and Ambrizzi  
53 1993; Jin and Hoskins 1995; Hsu 1996; Matthews et al. 2004; Lin et al. 2010; Seo and Lee 2017;  
54 Tseng et al. 2019; Hall et al. 2020). However, the connection between the MJO and extratropics is  
55 not just in one direction.

56 There have been several different studies indicating that variability in the extratropics potentially  
57 has an important influence on the MJO. Among the earliest is the study by Straus and Lindzen  
58 (2000) who documented a strong coherence between slow eastward-propagating circulation signals  
59 in the subtropical upper troposphere and MJO zonal winds in the tropics. Although they attributed  
60 the subtropical low-frequency variability to planetary-scale baroclinic instability (Frederiksen and  
61 Frederiksen 1997), the baroclinic generation of extratropical long-waves is not well-understood,  
62 and remains an active area of research (Hsieh et al. 2021; Moon et al. 2022). On the modelling  
63 side, Lin et al. (2007) used a dry atmospheric model with a winter-time basic state and showed  
64 that an MJO-like response (in the form of a slow planetary-scale Kelvin wave with 15 m/s phase  
65 speed) can be generated in the Eastern Hemisphere by an imposed subtropical forcing. Ray and  
66 Zhang (2010) also performed experiments using a tropical channel model and were able to initiate  
67 an MJO event by including extratropical influence via lateral boundary conditions. Subsequently,  
68 Ray and Li (2013) performed mechanism denial experiments and showed that they could eliminate  
69 the MJO by cutting off extratropical waves. A potential issue with that study, however, was later  
70 identified by Ma and Kuang (2016), who performed more carefully designed experiments showing  
71 that the MJO ‘can exist without extratropical influence’, provided the basic state is maintained. At  
72 the same time, there are some competing MJO theories based on the dynamics of Rossby vortices  
73 that implicitly include extratropical influences on the MJO (Yano and Tribbia 2017; Rostami and  
74 Zeitlin 2019; Hayashi and Itoh 2017).

75 Such disparate studies have led to some uncertainty about the mechanistic pathways through  
76 which extratropical circulations might affect the MJO. Nevertheless, there is broad agreement that  
77 the subtropical jet structure and attendant Rossby-gyres are important for providing a complete  
78 dynamical description of the MJO. While many studies have primarily focused on the forcing of  
79 subtropical circulations by the MJO (Schwendike et al. 2021, and references therein), here we focus



82 FIG. 1. Tropical rain spectra from Tulich and Kiladis (2021) for (a) standard IPAC and (b) weak IPAC jet  
 83 experiments. (c) Comparison of zonal-mean zonal wind profiles at 200 hPa for standard IPAC (solid curve) and  
 84 weak IPAC (dashed curve) cases. See their table 1 for experimental details.

80 on the opposite side of the coin, namely, how does the presence and strength of a subtropical jet  
 81 affect the MJO?

85 Recently Tulich and Kiladis (2021), hereafter TK21 explored the impact of jet structure on  
 86 the MJO and convectively-coupled Kelvin waves using aquaplanet experiments with the super-  
 87 parameterized Weather Research and Forecast model (SP-WRF). Briefly, they prescribed zonally  
 88 symmetric sea surface temperature and nudged the subtropics towards a desired wind profile.  
 89 They found considerable weakening of the MJO signal when the zonal-mean Indo-Pacific (IPAC)  
 90 subtropical jet was weakened by 25% (Fig. 1; see TK21 for details). Although the sophisticated  
 91 SP-WRF modelling setup produced a reasonably realistic MJO, the model complexity masked the  
 92 precise pathway by which the jet controlled the MJO strength.

93 To disentangle the feedback mechanism from the subtropics to the tropics, here we use a dry  
 94 spherical shallow-water model with variable jet speeds and perform two type of forcing experiments,  
 95 namely, MJO-like thermal forcing at the equator and MJO induced gyre-like vorticity forcing in the  
 96 subtropics. We then use a steady-state vorticity budget to show how the Rossby-mode generated by  
 97 each type of forcing experiments influences the Kelvin-mode divergence as a function of subtropical  
 98 jet speed.

99 The paper is organized as follows. In section 2, we provide model details and outline the analytical  
 100 approach for decomposing the model divergence into Matsuno-Gill modes and dynamical quantities

101 from the vorticity budget. Section 3 describes the results of the steady-state model response for  
 102 different jet speeds in response to thermal forcing and vorticity forcing experiments. Finally, in  
 103 section 4 we discuss and summarize our results.

## 104 2. Methods

### 105 a. Model setup

106 We use a nonlinear spherical shallow water model to investigate how the structure of the back-  
 107 ground flow affects the atmosphere’s response to an imposed MJO-like forcing, in the absence  
 108 of moisture effects<sup>1</sup>. The model setup is similar to that of Kraucunas and Hartmann (2007) and  
 109 Monteiro et al. (2014). Briefly, the model solves for relative vorticity ( $\zeta$ ), divergence ( $D$ ) and  
 110 geopotential ( $\phi$ ) in spherical coordinates specified by latitude ( $\theta$ ) and longitude ( $\lambda$ ). The complete  
 111 set of equations is:

$$\frac{\partial \zeta}{\partial t} + \nabla \cdot (\mathbf{v} \zeta_a) = F_\zeta - \frac{\zeta}{\tau_m} \quad (1)$$

$$\frac{\partial D}{\partial t} + \nabla \times (\mathbf{v} \zeta_a) - \nabla_H^2 (KE + \phi + \phi_T) = F_D - \frac{D}{\tau_m} \quad (2)$$

$$\frac{\partial \phi}{\partial t} + \nabla \cdot (\mathbf{v} \phi) = F_\phi - \frac{(\phi - \phi_{eq})}{\tau_\phi} \quad (3)$$

112 where  $\mathbf{v}$  is the horizontal wind vector ( $u, v$ ),  $\zeta_a$  is absolute vorticity given by  $2\Omega \sin\theta + \zeta$ ,  $\Omega$  is  
 113 the rotation rate of Earth,  $\nabla$  is the horizontal differential operator,  $KE$  denotes horizontal kinetic  
 114 energy given by  $(u^2 + v^2)/2$ , and  $\tau_m$  ( $\tau_\phi$ ) is the momentum (geopotential) damping timescale.  
 115 Here,  $F_\zeta$ ,  $F_D$ , and  $F_\phi$  are generic forcing terms, where the geopotential forcing  $F_\phi$  is analogous to  
 116 thermal forcing in a stably stratified fluid. As conveyed by the last term in Eq. 3, the geopotential  
 117 is relaxed to a fixed value  $\phi_{eq} = gh_{eq}$ , where  $h_{eq}$  is the fluid depth and  $g$  is the acceleration due  
 118 to gravity. There is an additional “topographic” geopotential  $\phi_T = gH_o \cos^2\theta$  in Eq. 2, which is  
 119 used to generate a background mean flow that conserves zonal-mean zonal angular momentum and  
 120 whose strength is controlled by the parameter  $H_o$ . The default parameter settings are as follows  
 121 unless otherwise stated:  $F_D = 0$ ,  $\tau_m = 20$  days,  $\tau_\phi = 10$  days,  $g = 9.8 \text{ m/s}^2$ ,  $\Omega = 7.29 \times 10^{-5} \text{ s}^{-1}$  and  
 122  $h_{eq} = 500$  m. We also repeat our experiments for  $h_{eq} = 200$  m.

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<sup>1</sup>Original code is downloaded from [https://nschaeff.bitbucket.io/shtns/shallow\\_water\\_8py-example.html](https://nschaeff.bitbucket.io/shtns/shallow_water_8py-example.html) and modified for the experiments.

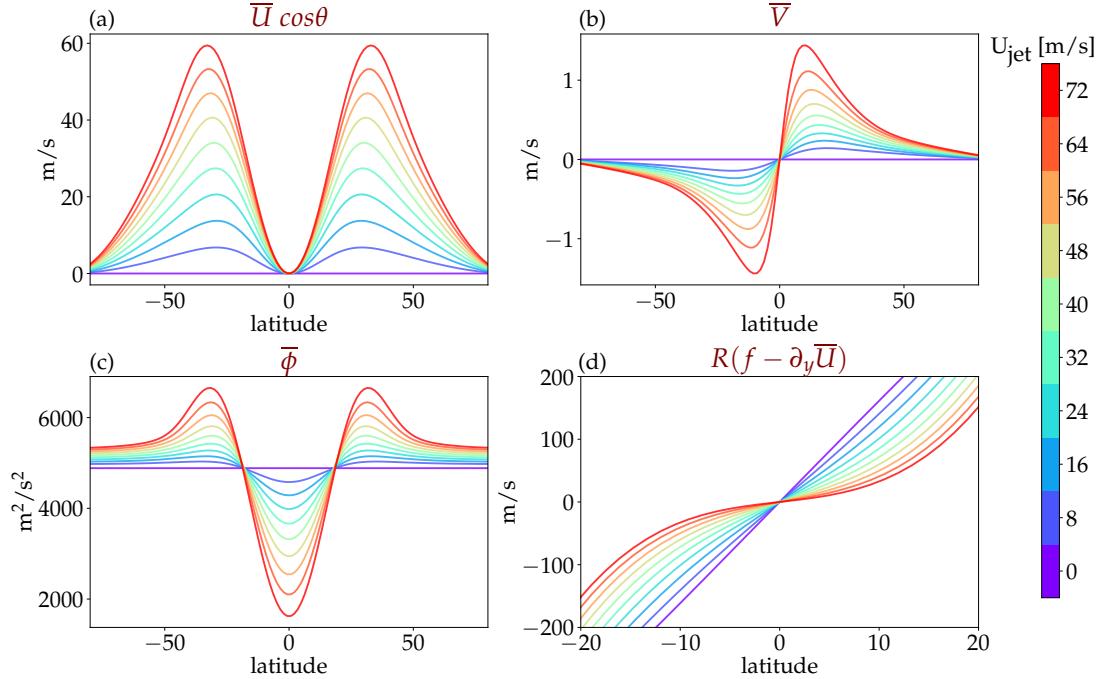
123 The question of how the background flow structure affects the model’s steady-state response to  
124 an imposed MJO-like forcing can be addressed in at least two different ways. The first (termed  
125 “Method 1”) is to run the model through separate “spin-up” and “forcing” stages. During the spin-  
126 up stage, a stable subtropical jet is first generated by raising the zonally symmetric topography, i.e.  
127  $H_o$  is increased from  $0 \rightarrow H_{max}$ . By day 50, the model reaches an equilibrium and  $H_{max}$  determines  
128 the maximum jet speed,  $U_{jet}$ . During the subsequent forcing stage, the MJO-like forcing is switched  
129 on and the model is run further to a steady-state equilibrium, which is typically reached in 200  
130 days. While this technique has become standard in the literature (Kraucunas and Hartmann 2007;  
131 Bao and Hartmann 2014; Monteiro et al. 2014), it can be time consuming when considering a large  
132 number of different  $U_{jet}$  profiles.

133 A more efficient way of probing the effects of changes in  $U_{jet}$  (termed “Method 2”) is to effectively  
134 combine the spin-up and forcing stages. Specifically, the model is initialized with a resting basic  
135 state ( $H_o = 0$ ) and subjected to a steady MJO-like external forcing. Then over 600 days,  $U_{jet}$   
136 is gradually increased by slowly raising the zonally symmetric topography, i.e.  $H_o$  is gradually  
137 increased from  $0 \rightarrow 3500$  m allowing  $U_{jet}$  to span from 0 to 78 m/s, while being in quasi-equilibrium.  
138 The choice of 600 days is made to ensure that the contribution of jet acceleration to the momentum  
139 budget is negligibly small. In this way, the effects of altering  $U_{jet}$  can be assessed by simply treating  
140 each stage of the integration as a separate realization of the model’s steady-state response to the  
141 forcing.

142 Throughout this paper, we mainly rely on Method 2 to examine how the model responds to an  
143 imposed MJO-like forcing under a wide range of  $U_{jet}$  values. A few runs are also considered using  
144 Method 1, to demonstrate that it yields similar results as Method 2.

## 145 1) DESCRIPTION OF THE BACKGROUND STATE

150 The specified background state is hemispherically symmetric with zero-mean winds at the  
151 equator, as an idealization of Earth’s upper-tropospheric zonal-mean circulation. Figure 2a–c plot  
152 the model’s steady-state zonal-mean horizontal winds ( $\bar{U}, \bar{V}$ ) and geopotential ( $\bar{\phi}$ ) for a range of  
153 different values of  $H_o$ . The zonal jet profiles in all cases satisfy a nonlinear balance relation (see  
154 Eq. (8) in Kraucunas and Hartmann 2007), which reduces to gradient wind balance in the zonal-  
155 mean for the tropics. As  $H_o$  is increased, the model’s subtropical jet becomes stronger, which



146 FIG. 2. Latitudinal profiles of the modeled background state (obtained using method 2; see text for details) in  
 147 terms of the zonal-mean (a) zonal wind (b) meridional wind (c) geopotential, and (d) absolute vorticity in the  
 148 tropics, color-coded for different values of  $U_{\text{jet}}$ . For convenience, zonal wind is scaled by cosine of latitude and  
 149 absolute vorticity is scaled by the radius of Earth,  $R$ .

156 leads to stronger mean poleward flow representing upper-branch of the Hadley cell, along with a  
 157 corresponding reduction of mean geopotential height in the tropics and buildup in the extratropics.  
 158 As shown in Fig. 2d, these changes also lead to a reduction of the zonal-mean absolute vorticity  
 159 gradient in the subtropics, which has an important bearing on the forcing of Rossby waves by  
 160 divergent winds in the tropics (Sardeshmukh and Hoskins 1988). The increase in jet strength is  
 161 also accompanied by a slight poleward shift in the jet maximum, as can be seen in Fig. 2a. Based  
 162 on the results of additional calculations (not shown), we conclude that the effects of this shift are  
 163 negligible in comparison to the effects of the changes in jet strength.

## 164 2) EXTERNAL FORCING

165 The observed diabatic structure of the MJO typically consists of a dipole pattern of deep-  
 166 tropospheric heating and cooling that moves eastward at a phase speed,  $c_f \sim 5$  m/s (?). The

167 vertical profiles of the heating and cooling tend to be the largest in the mid to upper troposphere  
 168 ( $\sim 300$  hPa), and thus project strongly onto vertical modes with equivalent depths in the range,  
 169  $h_{\text{eq}} \sim 200\text{m} - 500\text{m}$  or gravity-wave speeds in the range,  $c \sim 44 - 70$  m/s. The ratio of MJO phase  
 170 speed to gravity wave speed is therefore generally close to 0, i.e.  $c_f/c \sim 0$ .

171 To mimic these observations, we perform a series of thermal forcing calculations where the  
 172 forcing is applied as a heating dipole ( $F_\phi$ ) centered at the equator, with the remaining forcing terms  
 173 ( $F_\zeta, F_D$ ) set to 0. The heating dipole is prescribed as

$$F_\phi = \frac{gQ_o}{\tau_Q} e^{-((\theta-\theta_o)^2/L_y^2)} F_\lambda, \quad (4)$$

$$\text{where } F_\lambda = \begin{cases} \sin(k(\lambda - \lambda_o)) & \text{for } |(\lambda - \lambda_o)| \leq 2\pi/k \\ 0 & \text{for } |(\lambda - \lambda_o)| > 2\pi/k \end{cases}.$$

174 Here,  $Q_o$  is amplitude,  $L_y$  sets the meridional scale of the forcing and  $k$  is zonal wave number.  
 175 The default parameters are:  $Q_o = 10$  m,  $L_y = 10^\circ$ ,  $k = 2$ . The heating location is stationary and  
 176 is centered at  $\theta_o = 0\text{N}$  and  $\lambda_o = 100\text{E}$ . The value of  $Q_o$  is chosen such that the model evolution  
 177 remains approximately linear, in that the nonlinear eddy terms ( $\overline{\zeta'v'}$ ,  $\overline{\zeta'\zeta'}$  etc.) remain negligibly  
 178 small.

179 As discussed later in Section 3, results of the above thermal forcing experiments point to the fact  
 180 that model's tropical divergence is strongly affected by Rossby waves excited in the subtropics. To  
 181 isolate the impact of such Rossby waves, we perform an additional vorticity forcing experiment,  
 182 where the forcing  $F_\zeta$  takes the form of a dipole pattern in the extratropics, with the thermal and  
 183 divergent forcings both set to 0. The vorticity forcing is prescribed as

$$F_\zeta = \frac{\nabla \times \mathbf{v}_\psi}{\tau_m} \left( e^{-(\theta-40^\circ)^2} + e^{-(\theta+40^\circ)^2} \right) \quad (5)$$

184 where  $\mathbf{v}_\psi$  denotes the steady-state rotational winds obtained from one of the stationary thermal  
 185 forcing runs, namely that with  $U_{\text{jet}} = 40$  m/s,  $h_{\text{eq}} = 500$  m and rest of the parameters having their  
 186 default values. Here the rotational flow ( $\mathbf{v}_\psi$ ) is calculated using Helmholtz decomposition (Arfken  
 187 and Weber 2005).

188 *b. Analytical approach*

189 1) MODAL DECOMPOSITION

190 The MJO's horizontal circulation can be conceptually viewed as a superposition of the Matsuno-  
 191 Gill steady-state Kelvin and Rossby waves (Gill 1980; Chao 1987; Wang and Rui 1990; Maloney  
 192 and Hartmann 1998). To cast the model output in these terms, we perform a meridional mode  
 193 decomposition using Parabolic Cylinder Functions (PCFs). The approach is similar to that of Yang  
 194 et al. (2003), which enables separation of the model's steady-state response into contributions  
 195 by: 1) the Kelvin mode, 2) the lowest-order Rossby mode, and 3) the remaining (symmetric)  
 196 higher-order Matsuno modes. Stated mathematically:

$$\begin{pmatrix} u^* \\ v^* \\ \phi^* \end{pmatrix} = \underbrace{\begin{pmatrix} u_K \\ v_K \\ \phi_K \end{pmatrix}}_{\text{Kelvin}} + \underbrace{\begin{pmatrix} u_R \\ v_R \\ \phi_R \end{pmatrix}}_{\text{Rossby}} + \underbrace{\begin{pmatrix} u_{HO} \\ v_{HO} \\ \phi_{HO} \end{pmatrix}}_{\text{Higher-order}} \quad (6)$$

197 where asterisks denote deviations about the zonal-mean, i.e.  $(u^* = u - \bar{U})$ . The Kelvin (K),  
 198 Rossby (R) and higher order Matsuno modes are calculated using Eqs A5, A6 and A7 respectively  
 199 (see appendix A). In a resting basic state ( $U_{\text{jet}} = 0$ ), these modes correspond to the orthogonal  
 200 eigenvectors of the linearized shallow water system on an equatorial beta-plane (Matsuno 1966;  
 201 Gill 1980). In a non-resting basic state ( $U_{\text{jet}} > 0$ ), the modes still form a complete orthonormal  
 202 basis, but are only approximations of the actual eigenvectors, whose structures are somewhat  
 203 modified due to the effects of the background flow (Zhang and Webster 1992). From Eq. (6), the  
 204 horizontal eddy divergence can be decomposed as

$$\nabla \cdot \mathbf{v}^* = \nabla \cdot \mathbf{v}_K + \nabla \cdot \mathbf{v}_R + \nabla \cdot \mathbf{v}_{HO} \quad (7)$$

205 where  $\mathbf{v}^*$  denotes horizontal eddy wind vector  $(u^*, v^*)$ ,  $\mathbf{v}_K$  denotes  $(u_K, v_K)$ ,  $\mathbf{v}_R$  denotes  $(u_R, v_R)$   
 206 and  $\mathbf{v}_{HO}$  denotes  $(u_{HO}, v_{HO})$ . Note that Kelvin-mode meridional wind,  $v_K = 0$ .

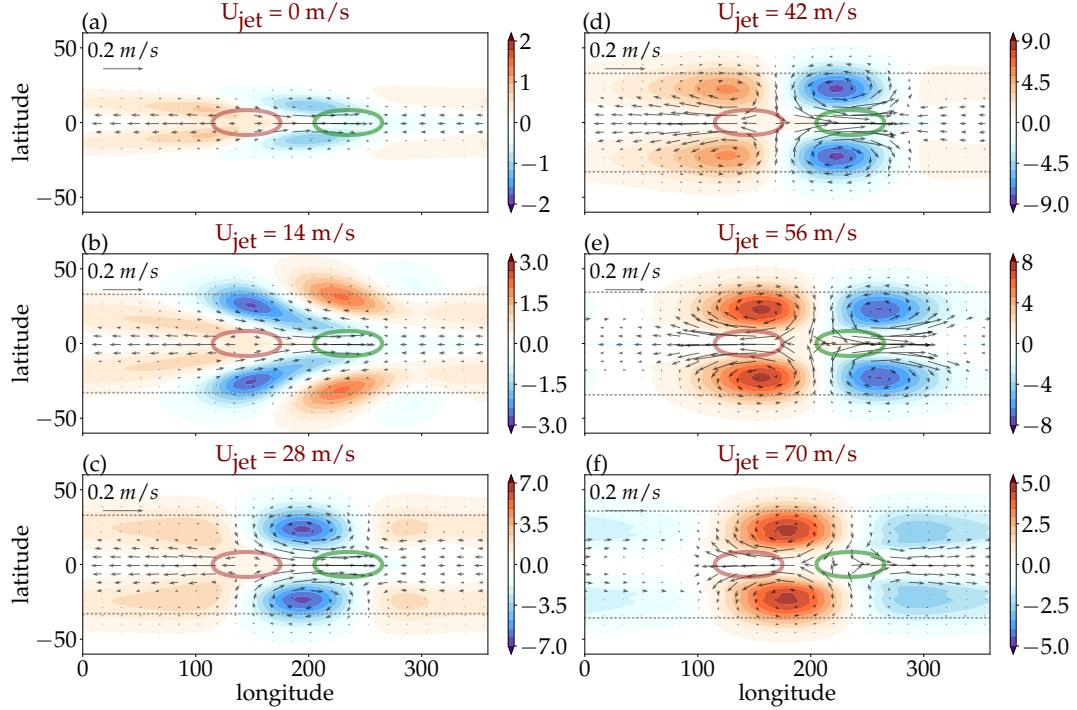
207 2) VORTICITY BUDGET DECOMPOSITION

208 In addition to the above modal decomposition, we diagnose the model eddy divergence from  
 209 the steady-state vorticity balance equation (see Eq. (1)), which can be expressed as  $\nabla \cdot (\mathbf{v}\zeta_a) \approx$   
 210  $F_\zeta$ , assuming damping is weak. Linearizing this balanced relation about a zonally symmetric  
 211 background state  $(\bar{U}, \bar{V})$  and neglecting the nonlinear terms, the steady-state eddy divergence can  
 212 then be decomposed as

$$\nabla \cdot \mathbf{v}^* \approx \underbrace{\frac{-v^* \beta_{\text{eff}}}{\bar{\zeta}_a}}_{\text{Sverdrup effect}} + \underbrace{\frac{-\partial_y(\bar{V}\zeta^*)}{\bar{\zeta}_a}}_{\text{Hadley cell effect}} + \underbrace{\frac{-\bar{U}\partial_x\zeta^*}{\bar{\zeta}_a}}_{\text{Jet advection}} + \underbrace{\frac{F_\zeta^*}{\bar{\zeta}_a}}_{\text{Vorticity forcing}} \quad (8)$$

213 where  $\zeta^*$  is relative eddy vorticity and  $\beta_{\text{eff}} = \beta - \partial_{yy}^2 \bar{U}$ . The horizontal derivatives in Cartesian  
 214 coordinates are  $\partial_x = \frac{1}{R} \frac{\partial}{\partial \lambda} (.)$  and  $\partial_y = \frac{1}{R \cos \theta} \frac{\partial}{\partial \theta} ((.) \cos \theta)$ . Each term on the right-hand-side  
 215 (RHS) of Eq. (8) is given a name that alludes to the dynamical process embodied by the numerator  
 216 of that term. For example, the first term is referred to as the ‘Sverdrup effect’ (Gill 1980; Monteiro  
 217 et al. 2014), since it represents the portion of divergence that can be attributed to anomalous  
 218 meridional advection of the background absolute vorticity. The second term is referred to as the  
 219 ‘Hadley cell effect’, since it represents the portion that can be attributed to meridional deposition of  
 220 the eddy vorticity flux by the mean-meridional winds. Likewise, the third term is referred to as the  
 221 ‘jet advection’, since it represents the zonal-advection of eddy vorticity by the zonal-mean zonal  
 222 winds. And finally, the fourth term is the ‘Vorticity forcing’ which represents the contribution  
 223 to divergence from external sources, which in the real world may involve nonlinear eddy-eddy  
 224 interaction. In the thermal forcing experiments,  $F_\zeta^*$  is set to zero.

225 Note that in Eq. (8) the denominator,  $\bar{\zeta}_a$  goes to zero near the equator (see Fig. 2d), but not all  
 226 the numerators tend to zero at the same rate leading to an issue of division by zero, especially in  
 227 the Hadley cell term for very high jet speeds. For presentation purpose and to avoid infinities, we  
 228 smooth each of the RHS terms in Eq. (8) using a convolution function in python language. The  
 229 results presented in this paper are independent of the smoothing function.



237 FIG. 3. Steady-state response to fixed MJO-like thermal forcing in terms of the eddy geopotential,  $\phi^*$  in colors  
 238 [ $m^2/s^2$ ] and eddy wind vectors,  $\mathbf{v}^*$  [m/s] for background jet speeds  $U_{\text{jet}}$  of 0, 14, 28, 42, 56 and 70 m/s (panels  
 239 a through f, respectively). Positive and negative thermal forcing regions are shown in brown and green contours  
 240 respectively, which represent 1/4 of the maximum forcing. The dotted lines show the location of the jet maxima.

### 230 3. Results

#### 231 a. Steady-state response to thermal forcing and variable jet speed

232 We first focus on the impact of the subtropical jet on the MJO's thermally forced circulation in  
 233 the upper troposphere with fluid depth  $h_{\text{eq}}$  set at 500 m and  $U_{\text{jet}}$  ranging from 0 to 78 m/s. Setting  
 234  $h_{\text{eq}} = 500$  m ensures that the mean fluid depth in the tropics is somewhere between 200 to 500 m,  
 235 with the precise value depending inversely on the strength of the jet (see Fig. 2c).

#### 236 1) SUBTROPICAL RESPONSE

241 Figure 3 shows the steady-state geopotential and wind anomalies excited by the stationary MJO-  
 242 like thermal forcing for different subtropical jet speeds. The steady-state circulation obtained from  
 243 Method 2 is comparable to Method 1 (see Fig. B1). In the familiar case where  $U_{\text{jet}} = 0$  (Fig. 3a),

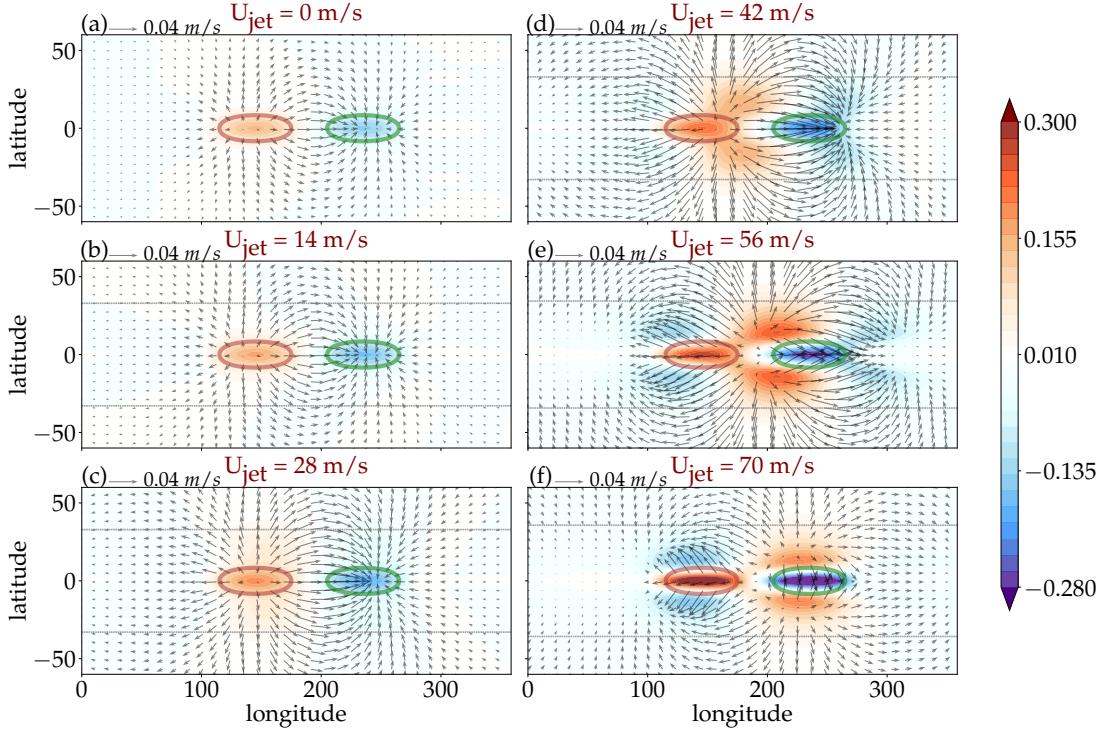
244 the positive part of the forcing induces a classic Gill-like pattern, consisting of a stationary Kelvin  
 245 wave to the east and equatorial Rossby wave to the west of the mass-source or heating region (Gill  
 246 1980). This same Rossby-Kelvin pattern is also excited by the mass-sink or cooling region, but  
 247 with opposite sign. As the jet speed increases, the equatorial Rossby wave response amplifies and  
 248 shifts poleward, while the overall stationary wave pattern becomes meridionally tilted (shown for  
 249  $U_{\text{jet}} = 14$  m/s in Fig. 3b). For even stronger jets, i.e.  $U_{\text{jet}} \geq 28$  m/s, the equatorial Rossby waves  
 250 transform into prominent subtropical gyres that are advected eastward with respect to the forcing  
 251 (Figs. 3c-3f).

252 This systematic shift from an equatorial wave guide to a wider subtropical stationary wave  
 253 pattern due to imposed changes in background jet strength was first reported by Monteiro et al.  
 254 (2014), using a similar shallow water model setup. In addition to those authors' findings, we  
 255 observe an interesting threshold behavior in the response that has not been previously documented.  
 256 Specifically, for  $U_{\text{jet}} \approx 0$  to  $42$  m/s, the overall strength of the subtropical gyres is seen to increase  
 257 monotonically, while the opposite is seen for  $U_{\text{jet}} \approx 42$  to  $70$  m/s.

258 An important difference between the model used here versus that of Monteiro et al. (2014)  
 259 is in terms of the formulation of the geopotential tendency equation. Specifically, while those  
 260 authors assumed a linear flux of the geopotential, by using a global mean equivalent depth in  
 261 the geopotential equation (see Eq. (3) in their supplementary material), here we include the full  
 262 nonlinear flux of the geopotential, i.e.,  $\nabla \cdot (\phi \mathbf{v})$ . As shown later, this difference has important  
 263 implications for the divergent part of the eddy response in the tropics, whose dependence on jet  
 264 speed is documented below.

## 265 2) TROPICAL RESPONSE

271 Figure 4 shows the divergent part of the steady-state circulation for different values of  $U_{\text{jet}}$   
 272 where the divergent flow ( $\mathbf{v}_\chi$ ) is determined using Helmholtz decomposition. The picture is  
 273 broadly consistent with expectations, where net outflow from the heating region is balanced by  
 274 net inflow to the cooling region. As the jet speed increases, the off-equatorial divergence and  
 275 convergence anomalies associated with the subtropical cyclonic and anticyclonic vortices become  
 276 more prominent on the poleward flanks of the forcing region. In the case of very strong jet speeds  
 277 ( $U_{\text{jet}} \geq 42$  m/s), the meridional component of the divergent winds become increasingly dominant



266 FIG. 4. Steady-state response to fixed MJO-like thermal forcing in terms of eddy divergence,  $R\nabla \cdot \mathbf{v}^*$  in colors  
 267 [m/s] and divergent eddy wind vectors,  $\mathbf{v}_{\chi}^*$  [m/s] for background jet speeds,  $U_{\text{jet}}$  set as 0, 14, 28, 42, 56 and 70  
 268 m/s (panels a through f, respectively). Positive and negative thermal forcing regions are shown in brown and  
 269 green contours respectively, which represent 1/4 of the maximum forcing. The dotted lines show the location of  
 270 the jet maxima. Divergence is rescaled by the radius of earth R for convenience.

278 over the zonal component, implying a transition in the dominant type of waves elicited by the  
 279 forcing. Interestingly, the increasing  $U_{\text{jet}}$  also leads to an increase in the magnitude of eddy  
 280 divergence at the forcing region. To leading order, the relation between eddy divergence and  
 281 the jet speed near the forcing region can be understood by considering the following steady-state  
 282 approximation of the linearized geopotential equation, Eq. (3) ,

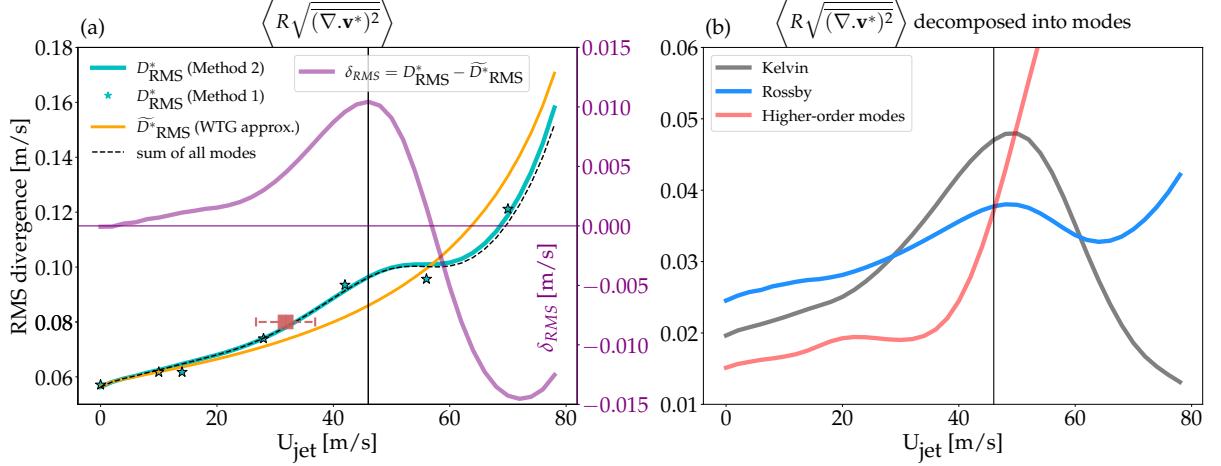
$$\langle \bar{\phi} \rangle D^* \approx F_{\phi}^* \quad (9)$$

283 where  $\langle \bar{\phi} \rangle$  is the zonal-mean tropical geopotential,  $D^* = \langle \nabla \cdot \mathbf{v}^* \rangle$  and angle brackets denote averaging  
 284 between 10S –10N. The remaining linear terms, namely,  $\bar{U} \partial_x \phi^*$ ,  $\bar{V} \partial_y \phi^*$ ,  $\phi^* \partial_y \bar{V}$ , and  $v^* \partial_y \bar{\phi}$  are

285 dropped from Eq. (9), since they are found to be of second-order importance when averaged  
 286 between 10S-10N. By gradient wind balance, we know that  $\langle \bar{\phi} \rangle$  decreases with increasing jet speed  
 287 (See Fig. 2c), meaning eddy divergence (convergence) must increase in the heating (cooling)  
 288 region to balance the fixed thermal forcing.

289 It is worth mentioning here that Eq. (9) is a statement of the weak-temperature gradient (WTG)  
 290 approximation for a shallow water system (see Eq. 4 in Sobel et al. 2001). Therefore, we define the  
 291 quantity,  $\widetilde{D}^* \equiv F_\phi^*/\langle \bar{\phi} \rangle$ , as the WTG divergence and use it as a baseline for interpreting changes in  
 292 the actual divergence  $D^*$ . In a vertically stratified system, the equivalent geopotential,  $\langle \bar{\phi} \rangle$  can be  
 293 interpreted as the ratio of tropical static stability ( $\Gamma$ ) to the vertical scale of the convective heating  
 294 ( $L_z$ ), i.e.  $\langle \bar{\phi} \rangle = \Gamma/L_z$  (see Eq. 14 in Kiladis et al. 2009). This implies, the WTG divergence  
 295 associated with MJO is linked to all three factors, namely, upper-level adiabatic heating/cooling,  
 296 tropical static-stability and the vertical heating profile, all of which could be modified by the  
 297 subtropical jet.

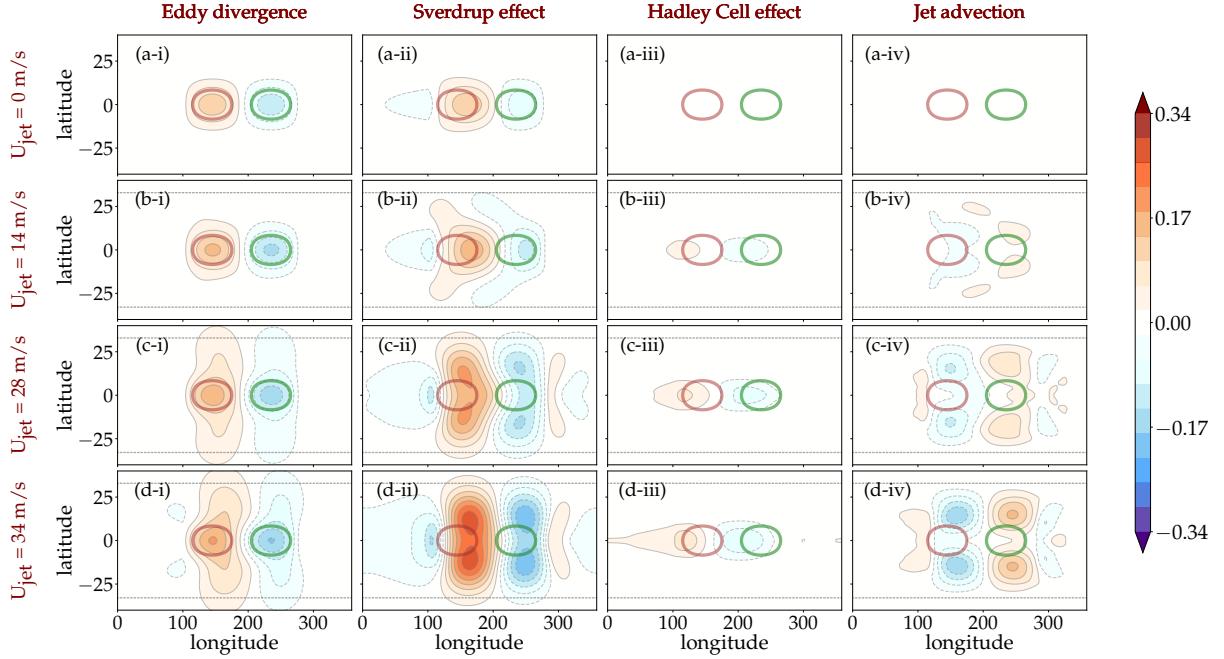
298 Globally, since the imposed net mass source is zero, the area-averaged eddy divergence must also  
 299 be zero. However, at the forcing region the eddy divergence shows a jet speed dependence even  
 300 with a fixed heat source. In order to capture the local amplification of divergence anomalies in the  
 301 tropics, Fig. 5a shows the root-mean-square of eddy divergence averaged within the latitude band  
 302 10S to 10N ( $D_{RMS}^*$ ; given by the cyan curve in Fig. 5a). To leading order, the increase of  $D_{RMS}^*$   
 303 with increasing jet speed broadly matches with the expectation from WTG approximation ( $\widetilde{D}_{RMS}^*$ ;  
 304 given by the orange dashed curve in Fig. 5a). However, the agreement is by no means perfect.  
 305 The deviation between the actual divergence and WTG approximation ( $\delta = D_{RMS}^* - \widetilde{D}_{RMS}^*$ ) grows  
 306 with the increase in jet speed, reaches a maximum, then eventually decreases and becomes negative  
 307 (given by the purple curve in Fig. 5a). This discrepancy is remarkable and confirms that the jet-  
 308 speed dependence of the model's tropical divergence involves more than just the effect of changing  
 309  $\langle \bar{\phi} \rangle$  as a consequence of gradient wind balance. The changes in  $\delta_{RMS}$  primarily comes from  
 310 the  $v^* \partial_y \bar{\phi}$  term neglected in Eq. (9) (not shown), implying an important role for the underlying  
 311 wave-mean flow interaction. To emphasize the threshold behavior of the divergent response, we  
 312 define a critical jet speed,  $U_c = 46\text{m/s}$  at which  $\delta_{RMS}$  reaches its peak value (given by black vertical  
 313 line in Fig. 5a). The precise value of  $U_c$ , however, depends on the specified fluid depth,  $h_{eq}$  and  
 314 phase speed of the thermal forcing (see Fig. C1 in Appendix C).



319 FIG. 5. Jet-speed dependence of (a) RMS eddy divergence in the tropics obtained from the model run ( $D_{\text{RMS}}^*$ ;  
 320 left y-axis), the WTG approximation ( $\tilde{D}_{\text{RMS}}^*$ ; left y-axis) and the difference between the two ( $\delta_{\text{RMS}}$ ; right y-axis)  
 321 and (b)  $D_{\text{RMS}}^*$  decomposed into Kelvin, Rossby and higher-order Matsuno modes (See Eq. (7)). In the left panel,  
 322 the red boxplot marks the interannual variability of subtropical jet speed during winter-time (1979-2019) from  
 323 ERA5, the stars and the solid cyan curve denote results from running steady state experiments using method 1  
 324 and 2 respectively and the black dashed curve is the linear sum of all the modes from Eq. (7). The black vertical  
 325 line indicates an estimated critical jet speed,  $U_c$  (see text for details). The RMS divergence is calculated for the  
 326 latitude band 10S –10N and then rescaled by the radius of Earth,  $R$ .

315 To give a ballpark for  $U_c$ , Earth’s strongest subtropical jet occurs over the IPAC region during  
 316 winter (Dec-Feb) and is  $\sim 36 \pm 5$  m/s at 200 hPa when averaged over 20N - 55N latitude and 30E  
 317 - 180E longitude. Within the range of interannual variability, Earth’s current climate is within the  
 318 limits of the critical jet speed ( $U_c$ ) (as shown by the red boxplot in Fig. 5a).

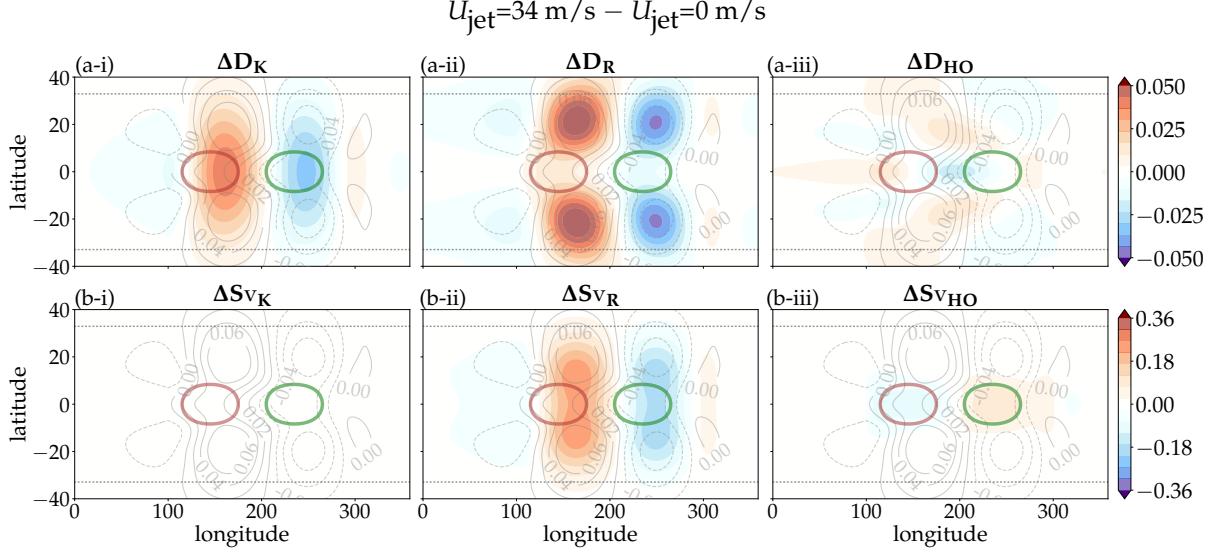
327 To break down the response of  $D_{\text{RMS}}^*$  further, Fig. 5b shows how changes in  $U_{\text{jet}}$  affect the RMS  
 328 eddy divergence for the Kelvin mode, lowest-order Rossby mode, and higher-order Matsuno modes  
 329 (see Eqs. (6) and (7) for modal decomposition). As  $U_{\text{jet}}$  is increased, the Kelvin-mode amplitude  
 330 (given by the grey curve in Fig. 5b) increases gradually before reaching its peak value at roughly  
 331 the critical jet speed  $U_c$  and then decreases sharply thereafter. This behavior is different from that  
 332 of the Rossby mode, whose amplitude (given by the blue curve in Fig. 5b) exhibits only modest  
 333 deviations about an overall gradual increase across the entire span of  $U_{\text{jet}}$  values. The amplitude  
 334 of the higher-order Matsuno modes (given by the red curve in Fig. 5b) remains relatively small for



344 FIG. 6. Divergence budget for the weak jet regime ( $U_{\text{jet}} < U_c$ ) as defined in Eq. (8) where (i) total eddy  
 345 divergence is decomposed into contribution from (ii) Sverdrup effect, (iii) Hadley cell effect and (iv) jet advection  
 346 where  $U_{\text{jet}}$  is set as 0, 14, 28 and 34 m/s (rows a through d, respectively) Divergence is rescaled by the radius of  
 347 earth,  $R$  and is shown in units of m/s (colors). Positive and negative thermal forcing regions are shown in brown  
 348 and green contours where contours represent 1/4 of the maximum forcing. The dotted line shows the location of  
 349 the jet maxima.

335 jet speeds below  $\sim 35$  m/s, but increases sharply thereafter and eventually becomes dominant for  
 336  $U_{\text{jet}} > U_c$ .

337 To summarize, the jet-speed dependence of the model's divergence response to an imposed  
 338 MJO-like thermal forcing exhibits two distinct regimes: (i) a “weak-jet” regime ( $U_{\text{jet}} < U_c$ ) where  
 339 the deviation between actual divergence and WTG divergence near the forcing region ( $\delta_{\text{RMS}}$ ) grows  
 340 with the increase in jet speed mainly due to stronger amplification of Kelvin-divergence and (ii)  
 341 a “strong-jet” regime ( $U_{\text{jet}} > U_c$ ) where the deviation ( $\delta_{\text{RMS}}$ ) is reduced and becomes negative  
 342 with increasing jet speed mainly due to a reduction in Kelvin-divergence, despite the increased  
 343 contribution by the higher-order Matsuno modes.



351 FIG. 7. Change in (a) eddy divergence and (b) Sverdrup effect between subtropical jet-state ( $U_{\text{jet}}=34 \text{ m/s}$ ) and  
 352 resting basic-state ( $U_{\text{jet}}=0 \text{ m/s}$ ) experiments. Each row, (a) and (b) is decomposed into contribution from (i)  
 353 Kelvin, (ii) Rossby and (iii) higher-order Matsuno modes as defined in Eq. (11). Gray solid (dashed) contours  
 354 denote increase (decrease) in total divergence and is given by the sum of (a-i), (a-ii), (a-iii). Divergence is  
 355 rescaled by the radius of earth,  $R$  and is shown in units of  $\text{m/s}$  (colors). Positive and negative thermal forcing  
 356 regions are shown in brown and green contours where contours represent  $1/4$  of the maximum forcing.

### 350 3) WEAK JET REGIME

357 To identify the key dynamical processes behind the jet-speed dependence of the model's diver-  
 358 gence response, we decompose eddy divergence from the steady-state vorticity budget to reflect  
 359 contributions from the Sverdrup effect, the Hadley cell effect, and jet advection (see Eq. (8)).  
 360 Figure 6 shows the divergence decomposition for the weak jet cases using Eq. (8). As expected  
 361 from the steady-state mass-balance, eddy divergence at the forcing region is positive over the heat  
 362 source and negative over the heat sink (see Fig. 6 a-i to d-i). In the absence of a jet, the local eddy  
 363 divergence at the forcing region is primarily balanced by the Sverdrup effect (see Fig. 6 a-i) and  
 364 has no contribution from the Hadley cell effect or jet advection. As the jet speed strengthens, the  
 365 Sverdrup effect also strengthens and amplifies the local eddy divergence (see Fig. 6 a-ii to d-ii),  
 366 particularly in the eastern flank of the forcing region due to zonally advected subtropical gyres  
 367 (Fig. 3). With the strengthening jet, Hadley cell effect also becomes stronger, although its effect

368 is much weaker relative to the Sverdrup effect (see Fig. 6 a-iii to d-iii). For all cases, zonal wind  
 369 advection has almost negligible role on the local divergence, rather its effect is only strong outside  
 370 of the forcing region off the equator (see Figs. 6 a-iv to d-iv).

371 The important role of Sverdrup effect in the weak-jet regime suggests that any change in di-  
 372 vergence at the forcing region is dynamically controlled by off-equatorial interaction between  
 373 subtropical eddy ( $v^*$ ) and the zonal-wind meridional shear ( $\partial_y \bar{U}$ ) which is expressed as

$$\Delta(\nabla \cdot \mathbf{v}^*) \approx \Delta \left( \frac{-v^* \beta_{\text{eff}}}{f - \partial_y \bar{U}} \right) \quad (10)$$

374 where  $\Delta$  denotes change between two equilibrium states with different jet speeds. When the jet is  
 375 stronger, both  $(f - \partial_y \bar{U})$  and  $\beta_{\text{eff}}$  become smaller at the same rate, which means the ratio  $\frac{\beta_{\text{eff}}}{f - \partial_y \bar{U}}$   
 376 tends to be constant for stronger and stronger jet speeds (not shown). Thus Eq. (10) implies that  
 377 the increase/decrease of eddy divergence must be determined by the amplitude of meridional eddy  
 378 winds ( $|v^*|$ ) which predominantly comes from a strengthening Rossby wave source in the presence  
 379 of stronger subtropical jet (Sardeshmukh and Hoskins 1988). To test this, we further decompose  
 380 Eq. (10) into individual tropical modes as

$$\Delta D_K + \Delta D_R + \Delta D_{HO} \approx \underbrace{\Delta \left( \frac{-v_K^* \beta_{\text{eff}}}{f - \partial_y \bar{U}} \right)}_{Sv_K} + \underbrace{\Delta \left( \frac{-v_R^* \beta_{\text{eff}}}{f - \partial_y \bar{U}} \right)}_{Sv_R} + \underbrace{\Delta \left( \frac{-v_{HO}^* \beta_{\text{eff}}}{f - \partial_y \bar{U}} \right)}_{Sv_{HO}} \quad (11)$$

381 where  $D = \nabla \cdot \mathbf{v}^*$ , Sv denotes Sverdrup effect and the subscripts  $K$ ,  $R$ ,  $HO$  denote Kelvin, Rossby  
 382 and higher-order Matsuno modes respectively.

383 Figure 7 captures the change in divergence/convergence and the change in Sverdrup effect for  
 384  $U_{\text{jet}} = 34\text{m/s}$  (Fig. 6d) minus the  $U_{\text{jet}} = 0\text{m/s}$  (Fig. 6a) decomposed into individual tropical modes  
 385 as in Eq. (11). We find, near the heat source (heat sink) increase in divergence (convergence)  
 386 is primarily due to amplification of Kelvin-mode (Fig. 7 a-i), while the divergence from Rossby-  
 387 and higher order Matsuno modes are negligible near the forcing (Fig. 7 a-ii, a-iii). At the same  
 388 time, the Sverdrup change is dominated by the Rossby-mode and has an amplifying effect on eddy  
 389 divergence/convergence at the forcing region (notice the same signs in Fig. 7b-ii and Fig. 7a-i).

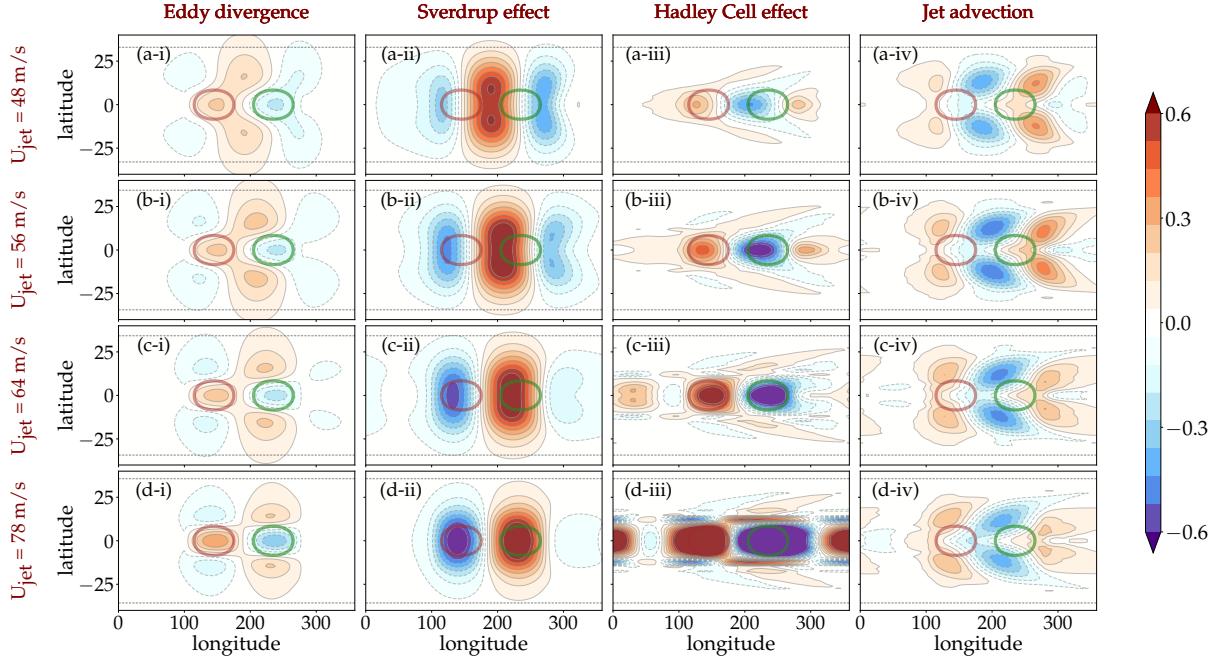


FIG. 8. Same as in Fig. 6 but for the strong jet regime ( $U_{\text{jet}} > U_c$ ).

390 There is little to no Sverdrup effect from the higher-order Matsuno modes and Kelvin-mode (Figs.  
 391 7 b-iii, b-i).

392 The weak-jet regime may be the most relevant for Earth's upper-troposphere since the zonal-mean  
 393 subtropical jet is rarely found to be any stronger than  $\sim 30 - 35$  m/s. This points to an important  
 394 jet-MJO feedback mechanism in the weak-jet regime which can be summarized as follows. As  
 395 long as the jet speed is lesser than a critical value ( $U_{\text{jet}} < U_c$ ), a stronger jet in response to MJO-  
 396 like heating leads to stronger subtropical Rossby-mode which by Sverdrup effect amplifies the  
 397 equatorial Kelvin-mode.

#### 398 4) STRONG JET REGIME

399 For jet speeds greater than the critical value ( $U_{\text{jet}} > U_c$ ), we see a regime-shift in the role of  
 400 dynamical processes that feedback onto the local eddy divergence at the forcing region. Figure 8  
 401 shows the divergence decomposition for the strong jet cases using Eq. (8). Again, eddy divergence  
 402 at the forcing region is positive over the heat source and negative over the heat sink (see Fig. 8 a-i  
 403 to d-i). In contrast to the weak-jet cases, the Hadley cell effect plays the most important role in  
 404 amplifying the local eddy divergence (see Fig. 8 a-iii to d-iii) while the Sverdrup effect attenuates

405 it in the strong-jet regime (see Fig. 8 a-ii to d-ii). For all cases zonal wind advection has an almost  
406 negligible role on the local divergence, rather its effect is only strong outside of the forcing (see  
407 Figs. 6 a-iv to d-iv).

408 In a strong-jet regime, while the subtropical Rossby-mode is quite pronounced (Figs. 3, A2),  
409 the tropical divergence associated with the MJO is dominated by higher-order Matsuno modes  
410 rather than the Kelvin-mode. Such regime may be relevant for climate change scenarios or other  
411 planetary systems where the subtropical jet and the Hadley cell can become much stronger than  
412 that on the Earth. For even stronger jet speeds ( $U_{\text{jet}} > 80$  m/s) the model becomes unstable which  
413 may indicate another regime transition towards an unstable mode associated with equatorial-  
414 superrotation (Showman and Polvani 2011; Potter et al. 2014; Zurita-Gotor and Held 2018) which  
415 is beyond the scope of the present study.

416 To keep the relevance of our results for the Earth's upper-troposphere, here we focus on the  
417 weak-jet regime ( $U_{\text{jet}} < U_c$ ), where a stronger jet amplifies both subtropical Rossby-mode and the  
418 equatorial-Kelvin mode. Further decomposition of divergence from vorticity budget reveals that  
419 the Kelvin divergence and Rossby winds are linked to each other via Sverdrup effect in the presence  
420 of a common heat source. This leads to our next question, whether a forced Rossby mode can  
421 amplify Kelvin divergence in the absence of heat source?

#### 422 *b. Steady-state response to vorticity forcing and variable jet speed*

423 We now describe the vorticity forcing experiment, involving ensembles of equilibrium runs  
424 with variable jet speed, no thermal forcing, and a stationary vorticity forcing in the subtropics  
425 resembling the quadrupole Rossby-gyres associated with the MJO. The vorticity forcing is set as  
426 the subtropical cyclonic and anticyclonic vortices obtained from one of the steady-states in the  
427 thermal forcing experiment where  $U_{\text{jet}} = 40$  m/s and is multiplied with a bimodal Gaussian profile  
428 along latitude such that the rotational winds peak at 40 degree N/S and are zero at the equator (see  
429 Sect. 2.a.2 (ii) and Eq. (5) for details).

430 Figure 9 shows the steady-state geopotential and wind anomalies in response to the vorticity  
431 forcing under different subtropical jet speeds. In the case of no jet, the vorticity forcing induces  
432 a strong local response in the subtropics and negligible response in the tropics ( $\theta < 15$  N/S)  
433 (Fig. 9a). When a jet is present, the same vorticity forcing induces a remote tropical response

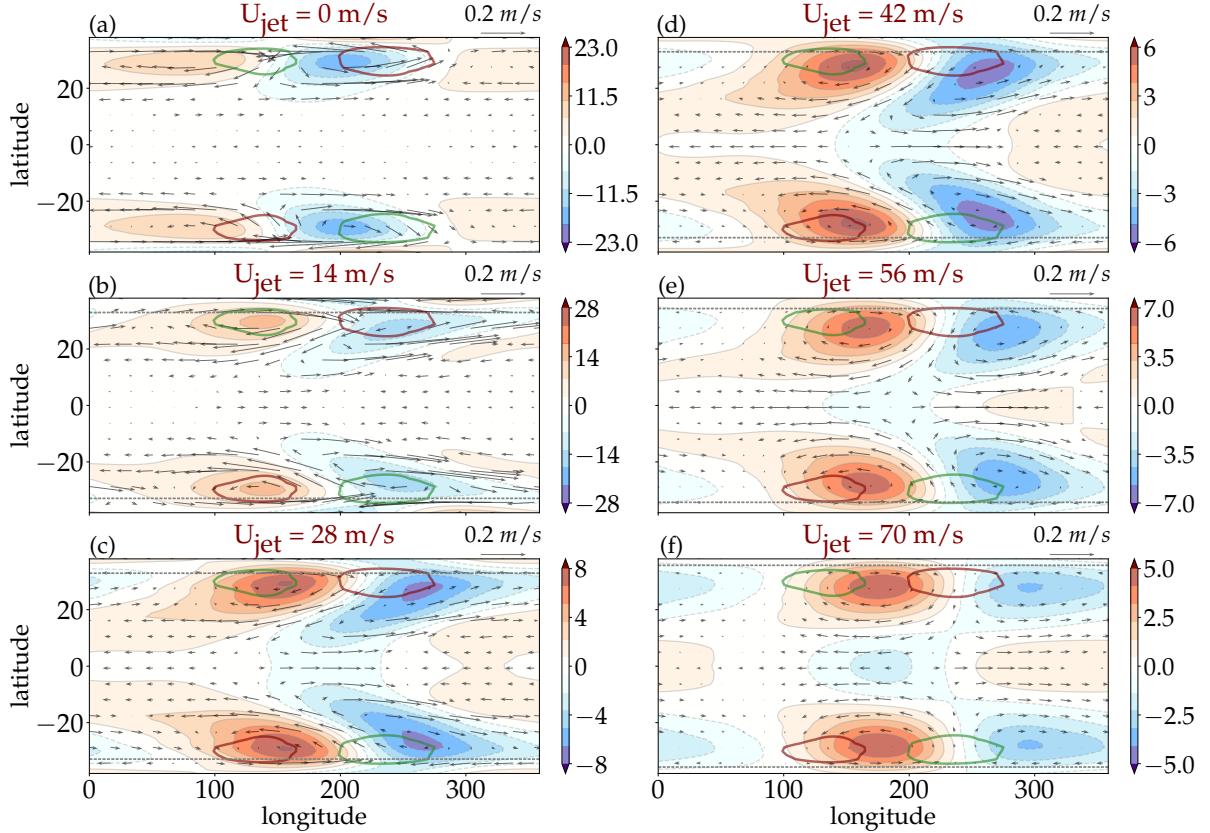


FIG. 9. Same as in Fig. 3 but for the vorticity forcing experiments

434 that gets stronger with increasing jet speed, as well as a local subtropical response that weakens  
 435 proportionately, indicating a transfer of energy from the subtropics to the tropics (See Fig. 9 b-f).  
 436 For  $U_{\text{jet}} = 56$  and  $70$  m/s, the tropical response acquires a well-defined Kelvin structure indicated  
 437 by the same phase of zonal winds ( $u^*$ ) and geopotential ( $\phi^*$ ) eddies equatorward of  $15$  N/S (see  
 438 Figs. 9 e,f). This suggests that even in the absence of equatorial thermal forcing, subtropical  
 439 Rossby-gyres are able to induce a shear-mediated Kelvin response.

440 Figure 10 shows the steady-state tropical divergence (measured by  $D_{RMS}^*$  between  $10$ N/S latitude)  
 441 for different values of jet speed in the vorticity forcing experiment (Compare with Fig. 5). When  
 442 forced with a ‘gyre-like’ vorticity source in the subtropics, we find that tropical divergence increases  
 443 with the increase in jet speed up to  $U_{\text{jet}} = 58$ m/s (see cyan curve in Fig. 10a). This behavior is similar  
 444 to the divergence-jet speed relationship as seen in the thermal forcing experiment (Compare with  
 445 Fig. 5) except that the vorticity-induced divergence cannot be explained by the WTG approximation

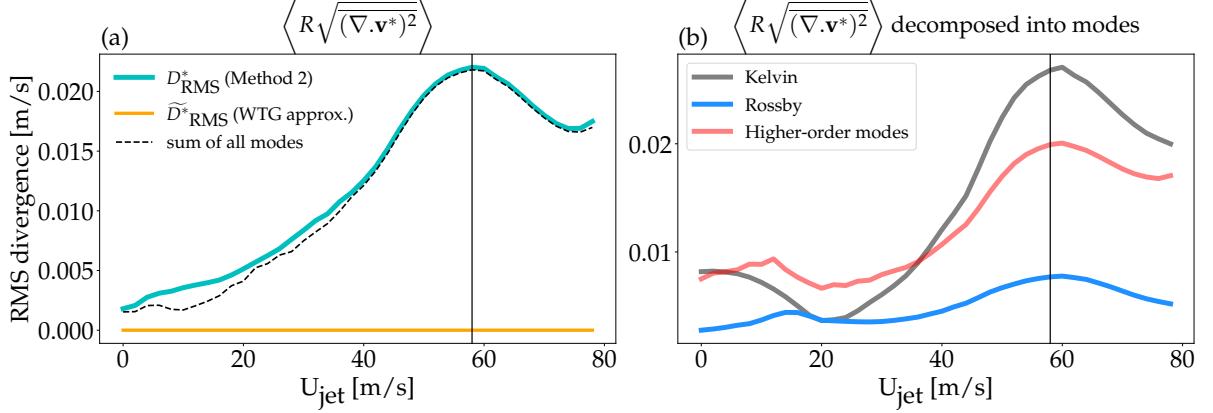
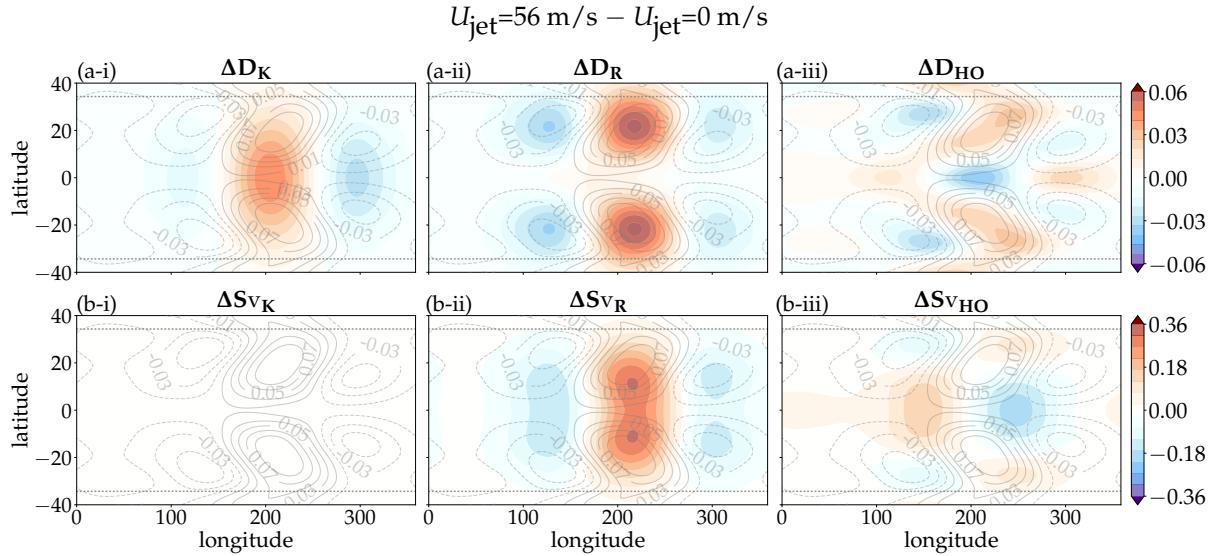


FIG. 10. Same as in Fig. 5 but for the vorticity forcing experiments

446  $(\widetilde{D}^*_{RMS})$ . This is because in this case there is no local thermal forcing ( $F^*_\phi$ ) at the equator to balance  
 447 the stretching term in geopotential equation (see yellow dashed curve in Fig. 10a). Furthermore,  
 448 by decomposing the tropical divergence values into individual Matsuno modes (using the PCF  
 449 projection method as outlined in Sect. 2b), we find that Kelvin-mode dominates the overall  
 450 increase in divergence variance (gray curve in Fig. 10b), especially for jet speeds higher than 38  
 451 m/s. The contribution by higher-order Matsuno modes is comparatively weaker for stronger jet  
 452 values (red curve in Fig. 10b), while the tropical Rossby divergence is the weakest (blue curve in  
 453 Fig. 10b). Interestingly, we also find a critical behavior at a slightly higher jet speed of 58 m/s  
 454 where the overall tropical divergence (dominated by the Kelvin-mode) decreases with increasing  
 455 jet speed.

458 To identify the key dynamical processes behind the jet-speed dependence of the model's di-  
 459 vergent response, we look at the divergence - Sverdrup effect relationship for the vorticity forcing  
 460 experiments (see Eq. (10)). Figure 11 shows the change in divergence/convergence and the change  
 461 in Sverdrup effect for  $U_{jet} = 56\text{m/s}$  (Fig. 9e) minus the  $U_{jet} = 0\text{m/s}$  (Fig. 9a) decomposed into  
 462 individual tropical modes as in Eq. (11). At the equatorial region, we find that an increase in  
 463 divergence (convergence) is primarily due to an amplification of the Kelvin-mode (Fig. 11 a-i)  
 464 while the divergence/convergence from Rossby- and higher order Matsuno modes are weaker near  
 465 the equator (Fig. 11 a-ii, a-iii). At the same time, the Sverdrup change is dominated by the  
 466 Rossby-mode and has an amplifying effect on eddy divergence/convergence at the equator (see the



456 FIG. 11. Same as in Fig. 7 but for vorticity forcing experiments showing change in (a) eddy divergence and  
 457 (b) Sverdrup effect between subtropical jet-state ( $U_{\text{jet}} = 56 \text{ m/s}$ ) and resting state ( $U_{\text{jet}} = 0 \text{ m/s}$ ).

467 same signs in Fig. 11b-ii and Fig. 11a-i). There is little to no Sverdrup effect from the higher-order  
 468 Matsuno modes and Kelvin-mode (Figs. 7 b-iii, b-i).

469 This suggests that in the absence of equatorial thermal forcing, subtropical Rossby-gyres are  
 470 able to induce a shear-mediated Kelvin response which increases in strength as the jet speed  
 471 increases up to a critical value. It should be kept in mind that these experiments do not suggest  
 472 that the Kelvin-mode of the MJO is produced solely by subtropical Rossby-gyres. The point is  
 473 rather that, in the presence of a zonal-mean meridional wind shear due to the subtropical-jet,  
 474 the Kelvin and Rossby components of MJO are in close balance with each other via Sverdrup  
 475 effect. If the jet or the subtropical gyres are strengthened by extrernal processes (for e.g., a low-  
 476 frequency extratropical wave train from high latitudes, changes in midlatitude temperature gradient  
 477 or stratospheric forcing), then their effect is felt by the Kelvin-mode circulation potentially leading  
 478 to enhanced equatorial divergence or convective outflow in the upper-tropospheric circulation of  
 479 the MJO. In other words, the subtropical Rossby-gyres are coupled to the Kelvin-mode not just by  
 480 convective heating but also by the zonal-mean meridional wind shear which means the subtropical  
 481 Rossby gyres act as ‘Kelvin wave source’ for the tropics, the same way tropical heating acts as  
 482 ‘Rossby wave source’ in the extratropics (Sardeshmukh and Hoskins 1988).

## 4. Conclusions and Discussions

### *a. Potential implications on the vertical structure and amplitude of the MJO*

In summary, we found two feedback mechanisms by which the subtropics influences the MJO circulation. The first feedback mechanism is governed by WTG balance and suggests that if the tropical static stability and vertical heating profile responds to changes from the subtropical circulation then the MJO-induced divergence ( $\widetilde{D}^*$ ) should increase with the increase in jet speed across both weak and strong jet regimes. It is not clear yet how effectively this mechanism operates in the real world, since static stability in the tropics is believed to be strongly constrained by moist thermodynamic processes (Stone and Carlson 1979; Betts 1982; Xu and Emanuel 1989). However, some recent studies have shown that such thermodynamic constraints may not be as strict, enabling large-scale circulations to modify free-tropospheric lapse rates (Bao et al. 2022). The cause-and-effect relationship under WTG balance constraints is therefore not clear, and warrants further investigation.

The second feedback mechanism is a deviation from the WTG balance and comes from shear-mediated Rossby-Kelvin coupling due to the ‘Sverdup effect’. Under this mechanism, if we assume that the tropical static stability is constant, then MJO divergence ( $\delta_{\text{RMS}}$ ) will exhibit a moderate but non-monotonic dependence on the jet speed. Specifically, our results imply that there is a critical jet value at which the Kelvin-mode divergence of the MJO is maximized due to wave-mean flow interaction. The Rossby-Kelvin coupling also plays an important role in meridional moisture advection by the MJO as recently noted by Berrington et al. (2022). Our current climate may be operating in the weak jet regime where the mean subtropical jet is weaker than the critical value, but approaches the critical limit during boreal winter, when the MJO tends to be the strongest.

In reality, both feedback mechanisms may be operating simultaneously and could provide a conceptual framework for understanding: 1) the MJO’s response to QBO (Quasi-Biennial Oscillation) phases via changes in subtropical jet speed (Garfinkel and Hartmann 2011a,b; Gray et al. 2018; Martin et al. 2021), 2) the MJO’s response to different climate change scenarios (Carlson and Caballero 2016), and 3) the cause of MJO biases in global climate models (Ahn et al. 2020). However, it is important to remember that the conclusions drawn here are based on a highly simplified model with no moisture or cloud radiative processes. For instance, we do not know how much

512 of the convective outflow generated by the upper-level feedback couples to the low-level MJO  
513 convergence/divergence. Depending on the strength of the vertical coupling, it may have different  
514 effects on vertical motion, cloud distribution and moisture feedback, which may in turn affect the  
515 phase speed of the MJO.

#### 516 *b. Linear versus nonlinear MJO dynamics*

517 It is also worth noting that the results obtained here were derived by running the model in a  
518 linear and stable regime. This approach is considered to be realistic, because MJO composites  
519 from ERA5 reanalysis dataset reveal that the intraseasonal zonal momentum budget of the MJO  
520 during boreal winter is dominated by the linear advection terms (not shown), in accordance with  
521 several other observational studies (e.g. Lin et al. (2005); Sakaeda and Roundy (2014)).

522 However, our approach conflicts with several dry MJO theories that describe the MJO either as a  
523 nonlinear phenomenon driven by extratropical forcing (Wedi and Smolarkiewicz 2010; Yano and  
524 Tribbia 2017; Rostami and Zeitlin 2020) or a heavily damped Kelvin wave with no role for Rossby  
525 waves (Kim and Zhang 2021). TK21 also highlighted the role of nonlinear momentum fluxes on  
526 the MJO but they did not evaluate the impact of the linear terms. The effects of nonlinearities  
527 might be important for the transient (onset or decay stage) or in moist feedback processes of the  
528 MJO. However, the problem of MJO maintenance can be simply explained on the basis of linear  
529 dynamics. The linear Rossby-Kelvin feedback mechanism in the lower troposphere may also aid in  
530 the eastward propagation of the MJO as noted by Hayashi and Itoh (2017) and may also explain why  
531 the MJO tends to be stronger in the Indo-Pacific region, where the subtropical jet is the strongest  
532 and closest to the equator during winter-time. A follow-up study will explicitly include the role of  
533 zonally varying jet structure on the MJO amplitude in a similar setup.

#### 534 *c. Concluding remarks*

535 Previous studies on MJO dynamics have shown that moisture, cloud radiation and boundary  
536 layer processes (Zhang et al. 2020, and references therein) play a crucial role in MJO's initiation  
537 and propagation, which we consider as given. Here we focus on the impact of the wintertime  
538 subtropical jet in the Indo-Pacific region which sits just north of the MJO dipole and creates  
539 substantially strong upper-level horizontal shear for equatorial convective systems. The mean-flow

540 interaction between MJO convection and the jet gives rise to planetary scale Rossby gyres in the  
541 subtropical upper troposphere which forms an integral part of the MJO circulation (Sardeshmukh  
542 and Hoskins 1988; Adames and Wallace 2014; Monteiro et al. 2014). The question of whether  
543 these forced Rossby gyres and jet structure have any subsequent feedback onto the tropics, is much  
544 less understood. Recently Tulich and Kiladis (2021) found considerable weakening of MJO-like  
545 signals in idealized SP-WRF calculations when the zonal-mean zonal jet was weakened by 25%,  
546 while other parameters like static stability and surface temperature were kept constant.

547 To understand this result, we used a dry nonlinear shallow water model to examine how the  
548 divergent part of its response to an MJO-like thermal forcing is affected by the presence and  
549 strength of an imposed subtropical jet. Results showed a positive correlation between equatorial  
550 divergence/convergence and subtropical jet speed, but with two different regimes of behavior  
551 (weak-jet versus strong-jet). In the weak jet regime, the MJO-induced divergence is amplified due  
552 to the ‘Sverdrup effect’, while in the strong jet regime, the divergence amplifies due to the ‘Hadley  
553 cell effect’.

554 To leading order, the divergence induced by the forcing was seen to be well explained by WTG  
555 balance ( $\widetilde{D}^*$ ), in accordance with other studies (Sobel et al. 2001; Wolding et al. 2017). In addition,  
556 we found an important second-order divergence effect ( $\delta_{\text{RMS}}$ ) which peaks at a critical jet speed,  $U_c$   
557 and primarily comes from the shear-mediated coupling between subtropical Rossby gyres and the  
558 tropical Kelvin mode. This coupling interpretation was further supported by an additional vorticity  
559 experiment, which showed how the imposition of subtropical gyre-like forcing induces a Kelvin-  
560 mode response near the equator that is strongly dependent on subtropical jet speed. Despite the  
561 simplicity of the model set-up, our results point to the potentially important feedback mechanisms  
562 by which a subtropical jet can affect the MJO’s structure and amplitude.

563 In summary, we conclude that the MJO cannot be considered as an isolated system in a resting  
564 basic state. Even though the convective disturbance may owe its existence to interactions between  
565 dry dynamics and moisture, the subtropical jet plays an important role in modifying the upper-  
566 tropospheric divergent circulation of the MJO. Future developments of MJO theory should therefore  
567 consider the role of the upper-tropospheric background flow even in an idealized system.

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571 *Data availability statement.* The ERA5 reanalysis data can be accessed through the ECMWF  
572 website (<https://www.ecmwf.int/en/forecasts/datasets/reanalysis-datasets/era5>). The shallow water  
573 model experiments can be accessed from [https://github.com/Pragallva/MJO\\_waves\\_meanflow](https://github.com/Pragallva/MJO_waves_meanflow).

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## 781 APPENDIX A

### 782 Meridional mode decomposition

783 The dry equatorial waves, i.e. Kelvin, Rossby, mixed Rossby-Gravity (MRG) and Inertia-Gravity  
784 (IG) modes, were originally derived by Matsuno (1966) as orthonormal eigen modes of an unforced  
785 linear shallow water system on an equatorial  $\beta$  plane with a resting basic state. Later Gill (1980)  
786 extended this problem and showed that the steady-state solution to a forced shallow water system  
787 is a linear superposition of Rossby, Kelvin and MRG modes (IG modes decay to zero in a damped  
788 steady-state). The Matsuno-Gill modes (hereafter Matsuno modes) have a characteristic meridional  
789 structure, given by the Parabolic cylinder function (PCF) of degree  $m$ , which is expressed as

$$D_m\left(\frac{\theta}{\theta_T}\right) = 2^{-m/2} \exp\left(-\frac{1}{2}\left(\frac{\theta}{\theta_T}\right)^2\right) H_m\left(\frac{\theta}{\theta_T}\right) \quad (\text{A1})$$

790 where various parameters in Eq. (A1) are defined as follows:  $H_m\left(\frac{\theta}{\theta_T}\right)$  is the Physicist's Hermite  
791 polynomial of degree  $m \geq 0$ ,  $\theta$  is latitude in radians,  $\theta_T = (1/R)\sqrt{c/\beta_0}$  is the equatorial trapping  
792 scale in radians,  $\beta_0 = 2\Omega/R$  where  $\Omega$ ,  $R$  are the angular velocity and radius of the Earth respectively.  
793 Replacing  $\beta$  with  $\beta - \partial_{yy}^2 \bar{U}$  did not change the modal decomposition results, so we used the same  
794 trapping scale,  $\theta_T$  for all  $U_{\text{jet}}$  experiments.

795 Our shallow water system is neither on a  $\beta$  plane nor does it have a resting basic state (spherical  
796 model with a background horizontal shear). However the final steady-state solutions can be  
797 approximated as linear superposition of Matsuno modes up to meridional truncation number  $N$ .  
798 This is the same as Galerkin method of discretization and has been successfully used in reanalysis  
799 dataset for identifying equatorial waves (Yang et al. 2003; Gehne and Kleeman 2012; Knippertz  
800 et al. 2022). We take the same approach for decomposing our steady-state shallow water model  
801 response into Matsuno modes as described below.

802 We define new variables,  $q$ ,  $r$ ,  $v$  from the model output where  $q = u^* + \phi^*/c$ ,  $r = u^* - \phi^*/c$  and  
803  $v = v^*$ .  $c = \sqrt{gh_{\text{eq}}}$  is the average gravity wave speed of the shallow-water model where  $h_{\text{eq}}=500\text{m}$

804 The variables,  $q, r, v$  can be expressed as the weighted sum of the orthogonal PCF modes, i.e.

$$q(\lambda, \theta) = q_0(\lambda) D_0(\theta/\theta_T) + q_1(\lambda) D_1(\theta/\theta_T) + \sum_{n \geq 1}^N q_{n+1}(\lambda) D_{n+1}(\theta/\theta_T) \quad (\text{A2})$$

$$v(\lambda, \theta) = \sum_{n \geq 1}^N v_n(\lambda) D_n(\theta/\theta_T) \quad (\text{A3})$$

$$r(\lambda, \theta) = \sum_{n \geq 1}^N r_{n-1}(\lambda) D_{n-1}(\theta/\theta_T) \quad (\text{A4})$$

805 where  $n$  is an integer and  $N = 10$  is the meridional truncation number and Matsuno mode coefficients  
 806 are given by  $(q_{n+1}, v_n, r_{n-1})$ . Using Matsuno (1966)'s convention,  $n = -1$  corresponds to the Kelvin-  
 807 mode whose coefficients are  $(q_0, 0, 0)$ ;  $n = 0$  corresponds to the MRG mode whose coefficients are  
 808  $(q_1, 0, 0)$ ,  $n = 1$  corresponds to the lowest order Rossby-mode whose coefficients are  $(q_2, v_1, r_0)$   
 809 and  $n \geq 2$  correspond to other higher-order Matsuno modes whose coefficients are  $(q_{n+1}, v_n, r_{n-1})$ .  
 810 Note that the odd-integer mode coefficients are not present in our shallow water model since the  
 811 background-mean state and the forcings are all symmetric about the equator. Thus, the contribution  
 812 of antisymmetric Matsuno modes like the MRG, and the antisymmetric Rossby and IG modes, are  
 813 negligible in our experiments.

814 Each of the coefficients in Eqs. (A2-A4) is determined by projecting the  $n$ th-order PCF on  
 815 to  $q, r, v$  respectively and using the orthogonality relation for PCF functions. For example,  
 816  $v_n(\lambda) = \frac{1}{\sqrt{\pi n! \theta_T}} \int_{-\pi/2}^{+\pi/2} v(\lambda, \theta) D_n(\theta/\theta_T) d\theta$  for  $n \geq 0$ . The same projection formula applies to other  
 817 coefficients,  $q_n$  and  $r_n$ .

818 Once all the mode coefficients ( $q_{n+1}, v_n, r_{n-1}$ ) are determined, the eigenvector for each mode in  
 819 terms of winds and geopotential can be expressed as

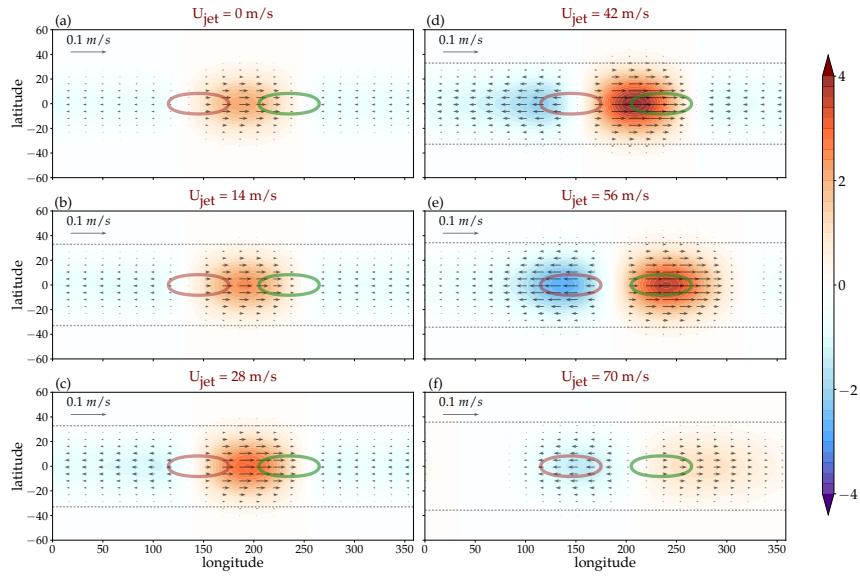
$$\text{Kelvin: } \begin{pmatrix} u_K \\ v_K \\ \phi_K \end{pmatrix} = \frac{1}{2} \begin{pmatrix} q_0 D_0 \\ 0 \\ c(q_0 D_0) \end{pmatrix} \quad (\text{A5})$$

$$\text{Rossby: } \begin{pmatrix} u_R \\ v_R \\ \phi_R \end{pmatrix} = \frac{1}{2} \begin{pmatrix} q_2 D_2 + r_0 D_0 \\ v_1 D_1 \\ c(q_2 D_2 - r_0 D_0) \end{pmatrix} \quad (\text{A6})$$

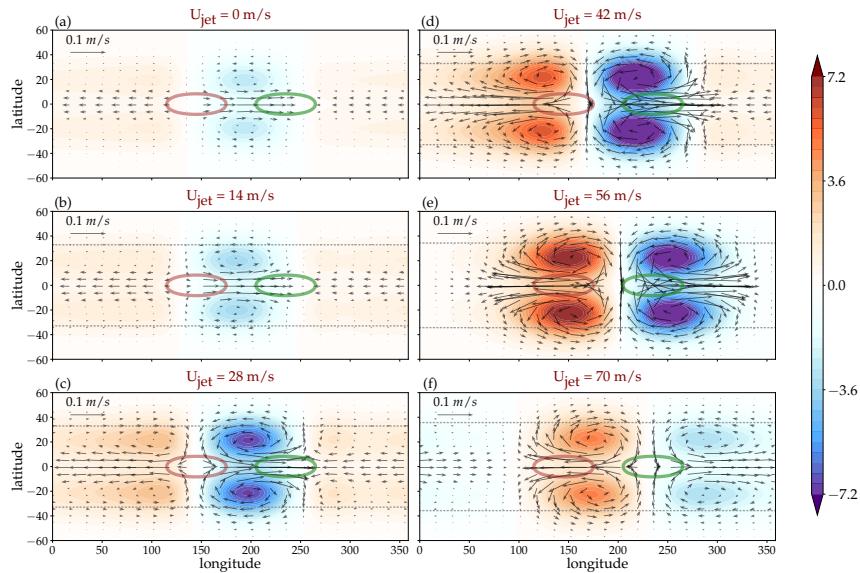
$$\text{Higher order: } \begin{pmatrix} u_{HO} \\ v_{HO} \\ \phi_{HO} \end{pmatrix} = \frac{1}{2} \begin{pmatrix} \sum_{n>2}^N (q_{n+1} D_{n+1} + r_{n-1} D_{n-1}) \\ \sum_{n>2}^N (v_n D_n) \\ \sum_{n>2}^N c(q_{n+1} D_{n+1} - r_{n-1} D_{n-1}) \end{pmatrix} \quad (\text{A7})$$

820 It is important to note here that Eqs. (A5-A7) represent forced Matsuno modes in the steady-state  
 821 or at a timescale much slower than the the gravity wave speed ( $c$ ) of the shallow-water model. This  
 822 is equivalent to looking at the equatorial waves when the normalized frequency is close to 0, i.e.  
 823  $\frac{\omega}{\sqrt{c\beta_0}} \rightarrow 0$ . Thus  $n = 1$  mode (Eq. (A6)) corresponds to a pure Rossby wave and does not include  
 824 any contribution from the IG modes unlike the case of a transient Matsuno mode when  $\frac{\omega}{\sqrt{c\beta_0}} \gg 0$ .

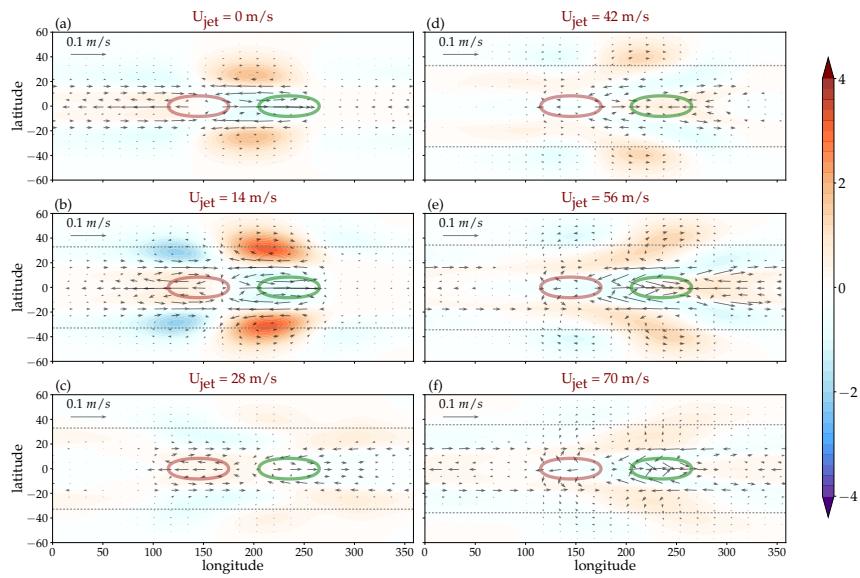
825 For the same set of steady-state experiment documented in Figure 3 and 4, here we show the  
 826 decomposition of steady-state response into individual Matsuno modes as outlined in Sect. 2.b.1.



827 FIG. A1. Same as in Fig. 3 but for Kelvin-mode component of the circulation showing eddy geopotential,  $\phi_K^*$   
 828 in colors [ $m^2/s^2$ ] and wind vectors,  $\mathbf{v}_K^*$  [m/s] as defined in eqs 6 and A5



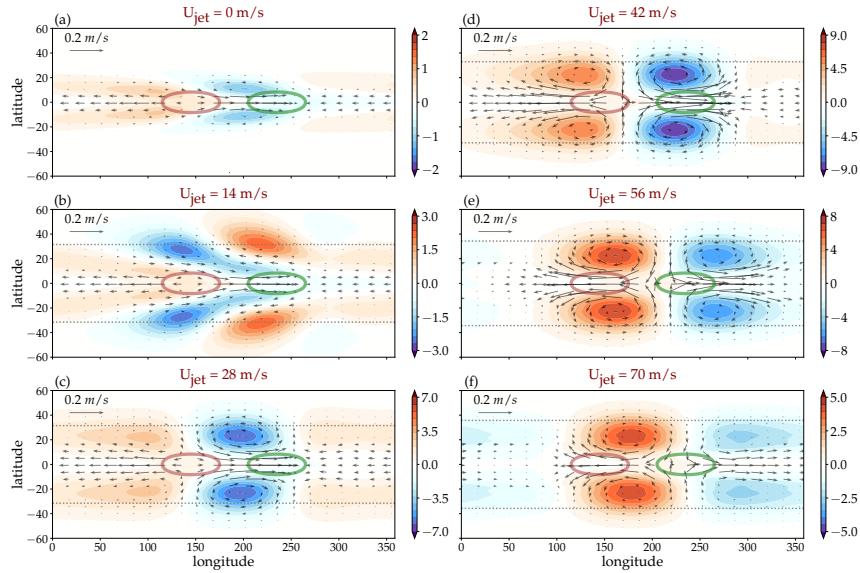
829 FIG. A2. Same as in Fig. 3 but for Rossby-mode component of the circulation showing eddy geopotential,  $\phi_R^*$   
 830 in colors [ $m^2/s^2$ ] and wind vectors,  $\mathbf{v}_R^*$  [m/s] as defined in eqs 6 and A6



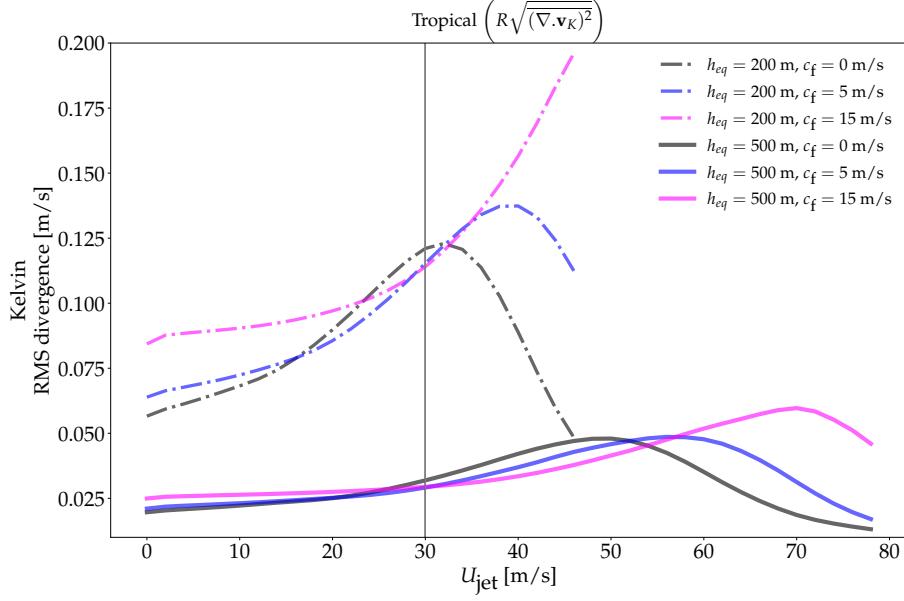
831 FIG. A3. Same as in Fig. 3 but for higher-order Matsuno modes showing eddy geopotential,  $\phi_{HO}^*$  in colors [  
 832  $m^2/s^2$ ] and wind vectors,  $\mathbf{v}_{HO}^*$  [m/s] as defined in eqs 6 and A7

### Steady-state model response using Method 1

837 Here we show that the Method 1 is comparable to Method 2. See Sect. 2a for description of both methods.



835 FIG. B1. Steady-state response to fixed thermal forcing and changing jet speeds. Same as in Fig. 3 but using  
 836 Method 1



841 FIG. C1. RMS Kelvin divergence in the tropics in response to thermal forcing with different phase speeds ( $c_f$ ),  
 842 different jet speeds ( $U_{\text{jet}}$ ) and different equivalent depths ( $h_{eq}$ ). The RMS divergence is averaged over 10S–10N  
 843 and is rescaled by the radius of Earth,  $R$ . The black vertical line indicates Earth’s zonal-mean jet speed in the  
 844 Northern Hemisphere during winter

## 839 APPENDIX C

### 840 Sensitivity of Kelvin divergence to changing equivalent depth and forcing phase speeds

845  
 846 In the main results, we have shown the effect of jet strength on a steady-state forcing with  
 847  $h_{eq} = 500$  m. Here we explore the sensitivity of our experiments to changing equivalent depths,  
 848 which is a measure of effective static stability in the atmosphere and non-stationary thermal forcing  
 849 which represents the effect of convectively coupled Kelvin waves moving at different phase speeds.

850 Figure C1 captures results from several thermal forcing experiments showing root-mean-square  
 851 of Kelvin divergence (averaged between 10S to 10N) for a wide range of jet speeds for two equivalent  
 852 depths ( $h_{eq} = 200$ m and 500m) and 3 different forcing phase speeds ( $c_f = 0$  m/s, 5 m/s and 15 m/s)  
 853 but with a fixed heating amplitude. Note that the critical jet speed ( $U_c$ ) is not a constant, rather it is  
 854 lowered for smaller gravity-wave speed ( $c = \sqrt{gh_{eq}}$ ) and smaller forcing phase speed ( $c_f$ ), i.e.  $U_c$   
 855 is small when  $c$  and  $c_f$  are small.