Disentangling the mechanisms of ENSO response to tropical volcanic eruptions

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Abstract

Stratospheric volcanic aerosol can have major impacts on global climate. Despite a consensus among studies on an El Niño-like response in the first or second post-eruption year, the mechanisms that trigger a change in the state of El Niño-Southern Oscillation (ENSO) following volcanic eruptions are still debated. Here, we shed light on the processes that govern the ENSO response to tropical volcanic eruptions through a series of sensitivity experiments with an Earth System Model where a uniform stratospheric volcanic aerosol loading is imposed over different parts of the tropics. Three tropical mechanisms are tested: the "ocean dynamical thermostat" (ODT); the cooling of the Maritime Continent; and the cooling of tropical northern Africa (NAFR). We find that the NAFR mechanism plays the largest role, while the ODT mechanism is absent in our simulations as La Niña-like rather than El-Niño-like conditions develop following a uniform radiative forcing over the equatorial Pacific.

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49 Abstract

50 Stratospheric volcanic aerosol can have major impacts on global climate. Despite a consensus 51 among studies on an El Niño–like response in the first or second post-eruption year, the 52 mechanisms that trigger a change in the state of El Niño-Southern Oscillation (ENSO) following 53 volcanic eruptions are still debated.

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63 **1. Introduction**

Large explosive volcanic eruptions can have major impacts on global climate, affecting both radiative balance and inducing interannual-to-decadal dynamical alterations of the atmospheric and ocean circulation [e.g., *Timmreck*, 2012; *Zanchettin*, 2017]. Such impacts are mainly due to the injection of large quantities of sulfur dioxide into the stratosphere, which are oxidized and then converted into sulfate aerosols. Consequently, the stratospheric aerosol layer is enhanced for 2-3 years following major eruptions, during which the aerosol scatters some incoming solar radiation back to space cooling the surface [e.g., *Timmreck*, 2012].

The global average surface cooling reaches its maximum 6–18 months after the peak net direct 71 radiative forcing corresponding to the maximum enhancement of the stratospheric volcanic 72 aerosol layer [Thompson et al., 2009]. Volcanic eruptions induce dynamical responses in the 73 Earth system as well, which are seen as modulation of natural modes of climate variability, such 74 75 as the Arctic Oscillation/North Atlantic Oscillation [Kodera, 1994; Shindell et al., 2004; Christiansen, 2008] and the El Niño-Southern Oscillation (ENSO) [Emile-Geav et al., 2008; 76 McGregor and Timmermann, 2011]. Given the profound influence of ENSO on global climate 77 and its strong societal relevance, it is important to understand how volcanism can modulate 78 ENSO. Such understanding may enhance predictability of subsequent El Niño/La Niña events 79 following future volcanic eruptions. 80

Despite some discrepancies across studies regarding the response of ENSO to volcanic 81 forcing based on paleoclimate reconstructions [e.g., Adams et al., 2003; Li et al., 2013; Dee et al., 82 2020], McGregor et al. [2020] showed that the majority of available reconstructions (12 out of 17 83 reconstructions) display an El Niño-like warming in the year of eruption, while none display a 84 significant La Niña-like response when provided with consistent dates of volcanic eruptions. 85 Furthermore, McGregor et al. [2020] identify an emerging consensus from the numerous coupled 86 General Circulation Model (CGCM) studies investigating the impact of tropical volcanism on 87 ENSO, with the overwhelming majority displaying an El Niño-like warming in the year 88 following the eruption. However, different aerosol spatial distributions, hence differences in the 89 spatial structure of volcanic forcing, may trigger different ENSO responses. Stevenson et al. 90 [Stevenson et al., 2016] investigated the impact of Northern Hemisphere (NH), Southern 91 Hemisphere (SH) and tropical volcanic eruptions using the Community Earth System Model -92 Last Millennium Ensemble (CESM-LME). They concluded that while NH and tropical eruptions 93 tend to favour El Niño-like conditions, SH eruptions enhance the probability of La Niña-like 94 events within one year from the eruptions. Similar results were found by *Pausata et al.*, [2020] 95 and Ward et al. [2021] using different CGCMs (NorESM1-M and MPI-ESM, respectively). 96 97 Conversely, Zuo et al. [2018], also using the CESM-LME, concluded that SH, NH and tropical eruptions all resulted in El Niño-like conditions in the year of the eruption – albeit weak for SH 98

eruptions. However, Zuo *et al.* [*Zuo et al.*, 2018] define ENSO anomalies relative to zonal mean
 cooling, introducing methodological specificities, particularly regarding the separation of
 dynamical ENSO responses from tropical radiative cooling, that may in part explain differences
 with previously published results.

The mechanisms that trigger changes in the ENSO state following volcanic eruptions are 03 still debated. When an eruption results in an aerosol distribution with strong hemispheric 04 asymmetry, the impact on the evolution of ENSO is robust across models and is mostly governed 05 by energetic constraints [Kang et al., 2008; Schneider et al., 2014]. The associated asymmetric 06 cooling of the hemispheres features meridional shifts in the Intertropical Convergence Zone 07 (ITCZ) [Atwood et al., 2020] and subsequent coupled atmosphere-ocean feedbacks in the tropical 08 Pacific [Pausata et al., 2015b, 2016, 2020; Colose et al., 2016; Stevenson et al., 2016]. An 09 eruption, yielding aerosol that is concentrated in the NH, moves the ITCZ in the Pacific 10 equatorward, weakening the trade winds and leading to an El Niño-like anomaly via the Bjerknes 11 12 feedback. In contrast, aerosol concentrated in the SH moves the ITCZ northward inducing a strengthening of the trade winds along the equator, hence triggering La Niña-like anomalies. 13

The mechanisms triggering the ENSO response to a tropical eruption that results in a weak 14 hemispheric asymmetry are not hitherto fully understood, however. One of the most frequently 15 adopted hypotheses is the "ocean dynamical thermostat" mechanism (ODT) [Clement et al., 16 1996], where a uniform negative radiative forcing over the equatorial Pacific initially induces 17 18 less cooling in the eastern relative to the western Pacific due to the presence of strong ocean upwelling in the eastern Pacific, which helps maintain the sea-surface temperature (SST) there 19 close to the temperature of the upwelling water. The weakened zonal SST gradient along the 20 equatorial Pacific causes a relaxation of the trade winds and reduces the ocean upwelling in the 21 eastern Pacific. This process is then amplified by the Bjerknes feedback, resulting in an El Niño 22 response to volcanic forcing [*Bierknes*, 1969]. The ODT mechanism emerged in simulations with 23 24 an idealized model [the Zebiak-Cane model [Zebiak and Cane, 1987]] and an imposed uniform radiative cooling [Hirono, 1988; Clement et al., 1996; Mann et al., 2005; Emile-Geay et al., 25 2008]. However, recent studies have questioned the existence of the ODT mechanism in CGCMs 26 [e.g., Stevenson et al., 2016; Pausata et al., 2020; Ward et al., 2021]. 27

Another suggested mechanism for the ENSO response to a tropical aerosol forcing is based on the land-ocean temperature gradient [*Ohba et al.*, 2013; *Predybaylo et al.*, 2017], which is enhanced after a volcanic eruption as land areas (e.g., the Maritime Continent [*Ohba et al.*, 2013] or Southeast Asia [*Predybaylo et al.*, 2017]) initially cools faster than the ocean. The increased land-ocean temperature gradient would then initiate a westerly wind anomaly in the western equatorial Pacific, leading to an El Niño–like anomaly through the Bjerknes feedback.

Finally, *Khodri et al.* [2017] proposed a mechanism whereby atmospheric teleconnections are the source of an altered Walker circulation in post-eruption years. According to this mechanism, the reduction of the tropical precipitation over Africa and tropospheric cooling causes anomalous atmospheric Kelvin waves in boreal fall that weaken the trade winds over the western Pacific, leading to El Niño-like conditions in the year after a major eruption. However, there is no consensus yet as to which of these proposed mechanisms is the main driver of the ENSO response after large tropical volcanic eruptions.

Here, we design and perform a series of sensitivity experiments to isolate each of the three tropical mechanisms that have been brought forward for the ENSO response to tropical volcanic eruptions. Specifically, in our experiments we perform "volcano" experiments in which we impose a uniform spatially fixed aerosol loading over different parts of the tropics (Fig. 1) starting in June and lasting for about 1.5 years (Fig. S1). These experiments are meant to shed light on the processes that govern the ENSO response as a function of the regional distribution of the aerosol forcing.

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49 **2. Model Description and Experimental Setup**

50 2.1 Model description

We used the Norwegian Earth System Model (NorESM1-M [Bentsen et al., 2013; Iversen et al., 51 2013]) to simulate a set of sensitivity experiment in which we prescribe aerosol concentrations 52 over specific areas of the tropics to test the above-mention mechanisms that could potentially 53 trigger the post-volcano ENSO response. NorESM1-M has a horizontal resolution of 1.9° 54 (latitude) \times 2.5° (longitude) and 26 vertical levels and uses a modified version of Community 55 Atmospheric Model version 4 (CAM4 [Neale et al., 2013]), CAM4-Oslo, to simulate the 56 atmospheric circulation with an updated module that simulates the life cycle of aerosol particles, 57 and primary and secondary organics. NorESM1-M includes treatment of the direct effect of 58 aerosols and the first and second indirect effects of aerosols on warm clouds [Kirkevåg et al., 59 2013]. The atmospheric model is coupled to the Miami Isopycnic Coordinate Ocean Model 60 (MICOM), which has a horizontal resolution of $\sim 1.125^{\circ}$ along the equator and 53 vertical levels. 61 A detailed description of the model used in this study can be found in Bentsen et al. [2013] and 62 Iversen et al. [2013]. NorESM is among the best performing coupled climate models in 63 representing ENSO relative to the mean climate state of the tropical Pacific and the spectrum of 64 ENSO variability [Bellenger et al., 2014]. Relative to other climate models, NorESM does not 65 suffer an acute double-ITCZ bias in its climatological mean state [Bentsen et al., 2013; Pausata et 66 al., 2015a] that is widely believed to compromise the model's ability to simulate realistic ENSO 67 variability. 68

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Figure 1. Volcanic forcing. Anomalies in aerosol optical depth (AOD) relative to the no volcano experiment NV. Forcing is localized to the (top) Maritime Continent MC, (middle) the Equatorial Pacific EqPAC, and (middle) tropical and northern Africa – NAFR (bottom). The forcing is applied on 1 June, and anomalies are shown for the summer (June to August, JJA; left) and winter (December to February, DJF; right) following the imposed changes in AOD.

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79 2.2 Experimental design

We performed a series of experiments of 40 ensemble simulations each starting from two specific 80 instants in time selected from a historical transient run forced by anthropogenic greenhouse gas 81 and aerosol forcing from 1850 - 2005. These two initial conditions from the transient simulation 82 are used in both our aerosol forcing experiments ("volcano case") and in the reference 83 volcanically-unperturbed experiments ("no-volcano", NV) where the volcanic aerosol 84 concentration is set to background conditions: 1 June 1923 and 1 June 1927. We chose 1 June 85 1923 as our starting date because the tropical Pacific is in an ENSO neutral state (Niño3.4 index = 86 -0.1°C in June), but in the absence of an eruption is trending to La Niña conditions 3 months later 87 (Niño3.4 index = -0.4° C in September; see Fig. 2A in *Pausata et al.* [2020]). Unlike for 1 June 88 1923, the 1 June 1927 volcanic eruption is imposed upon a warm ENSO state (Niño3.4 index = 89 +0.4°C) that, if not perturbed, remains warm for the next 18 months (see Fig. 2A in *Pausata et al.* 90 [2020]). The two different initial ENSO states allow to account for uncertainty in the ENSO 91 92 response due to ocean preconditioning [Pausata et al., 2016; Predybaylo et al., 2020]. For each of the two initial conditions, 20 simulations are performed with slightly modified initial conditions. 93 The difference between the ensemble mean climate state induced by prescribing volcano aerosol 94 95 forcing (MC, EqPAC or NAFR) and the unperturbed climate state (NV) shows the time history of the response to that forcing in terms of paired anomalies [Pausata et al., 2015a; Zanchettin et al., 96 2022] and illuminates the impact of forcing on the evolution of ENSO. For example, the change 97 98 in surface temperature (TS) due to forcing over the Maritime Continent, net of the natural evolution of the unperturbed climate system, is $\Delta TS_{MC} = T_{MC} - T_{NV}$. Figures in the paper show 99 the average response over all 40 ensemble members. 00

The volcano experiments are highly idealized experiments in which a prescribed aerosol 01 forcing is imposed in different areas of the tropics through prescribed changes in the aerosol mass 02 mixing ratio. The imposed aerosol mass mixing ratio corresponds to an aerosol optical depth 03 (AOD) anomaly peaking in August/September at about 0.4/0.5 at 550 nm either over the 04 05 equatorial Pacific (EqPAC), the Maritime Continent (MC) or tropical and northern Africa (NAFR). The resulting radiative forcing peaks in the first post-eruption summer and it amounts to 06 about -8 W/m^2 in the region where the volcanic aerosol forcing is applied (Fig. S1); and the 07 08 forcing fades away returning to background AOD values after 1.5 years. The imposed AOD anomaly corresponds to the zonal mean AOD anomaly estimated in the tropical regions following 09 a Tambora eruption [Zanchettin et al., 2016a]. As we imposed the aerosol mass mixing ratio 10 anomalies over specific areas, there is no transport of volcanic aerosols outside the forcing region. 11 We perform two additional experiments in which extreme AOD anomalies (~3 times larger than 12 in the previous case) are applied over the Maritime Continent (MCext) and the Equatorial Pacific 13 (EqPACext) to account for the fact that many tropical eruptions occur in the Maritime Continent, 14 15 where much higher aerosol concentrations than the zonal average typically develop, particularly in the first post-eruption months (Fig. S2). The maximum radiative forcing of about -22 W/m^2 16 peaks in September of the first post-eruption year (Fig. S1). The prescribed SO₄ gradient at the 17 borders of the forcing regions where the aerosol forcing is imposed is not dissimilar from the 18 gradients that develop in experiments where the volcanic plume is allowed to evolve [see for 19 example Fig. 2, A and B, in the TrNH eruptions in *Pausata et al.* [2020]. Therefore, it does not, in 20 21 itself, present an additional or unique unrealistic forcing that could unduly affect the results.

In the MC experiments, we prescribe an increased SO_4 mixing ratio over the region between 10°S to 10°N and 100°E to 150°E, and we extend it to cover 100°E to 80°W in the EqPAC experiment. In the NAFR experiments the imposed aerosol forcing extends from 10°S to 33°N and from 20°W to 55°E. We opted for prescribing the aerosol forcing over the specific area of interest rather than simulating interactively a volcanic eruption to test the above-mentioned mechanisms. This experimental design precludes extratropical forcing and hemispheric asymmetry in forcing that would accompany any tropical eruption by way of the Brewer-Dobson
circulation [*Toohey et al.*, 2011] and, thus, isolates the impact of tropical aerosol forcing.

Hereafter, for simplicity we refer to "eruption" when discussing the various experiments in which we apply a uniform (regional) aerosol forcing.

The ENSO index used in this study is based on monthly SST anomalies averaged over the Niño3.4 region (5°N to 5°S; 170°W to 120°W). We apply a 5-month running mean to remove intraseasonal variations in SST. An El Niño event is defined when the Niño3.4 index exceeds 1 SD (+0.4°C) for at least 6 consecutive months. Unless otherwise noted, all differences discussed in this study are significant at the 95% confidence level using a Student's *t* test.



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Figure 2. Surface temperature and wind response. Changes in surface temperature (°C, contours and shadings) and wind (m/s, arrows) in the summer (June to August – JJA; left) and winter (December to February – DJF; right) following the AOD imposed anomalies above the Maritime Continent - MC (A and B), the equatorial Pacific - EqPAC (C and D), and the tropical and northern Africa – NAFR (E and F) relative to the no-volcano experiment. Only temperature values that are significantly different at the 5% level using a local (grid-point) *t* test are shaded. The contours follow the colorbar intervals (solid for positive and dashed for negative anomalies; the zero line is omitted).

45 **3. Results**

46 **3.1 The MC cooling and ODT mechanisms**

When a uniform stratospheric volcanic aerosol loading is applied over the Maritime Continent (MC experiment) a cooling is simulated over the entire region following the eruption (Fig. 2A). The MC cooling triggers weak westerly wind anomalies (Figs. 2A and S3A) as an area of lowlevel divergence develops over the Maritime Continent (Fig. S3A). These changes then give rise to a modest El Niño-like response in the first post-eruption winter (Fig. 2B). The warm anomalies fade away by the end of the spring and La Niña-like conditions start developing in the second post-eruption summer (Figs. 3 and S4B).

54 When the aerosol loading is extended to the entire equatorial Pacific (EqPAC experiment), 55 the surface response in the equatorial Pacific is a weak cooling during the first three months when 56 the volcanic aerosol anomalies are imposed (Figs. 2C and 3). The cooling extends from the

western seaboard of South America to the Maritime Continent (Fig. 2C) and is accompanied by a 57 weak intensification of the trade winds (Figs 2C and S3C). The intensification of the trade winds 58 over the central and western tropical Pacific seems to be related to an anomalous zone of 59 convergence that develops in the western Indian Ocean (Figs. 4C and S3C). These results are 60 opposite to what would occur if the ODT mechanism were the dominant reason for the changes in 61 the evolution of ENSO after a tropical eruption. The easterly wind anomalies intensify in the 62 following months and La Niña-like conditions develop in the first post-eruption winter (Figs. 2D 63 64 and S5C). The cooling is not restricted to the surface and therefore a simple direct response to the radiative forcing, but it extends deeper till the thermocline, showing the classical La Niña pattern 65 (Fig. S5C). The cold anomalies over the equatorial Pacific persist into the following year peaking 66 in the second fall after the eruption (Figs. 2 and S5D). 67

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69Time (months)70Figure 3. Simulated ENSO response. Changes in the Niño3.4 index for each ensemble experiment relative to the
no-volcano case. Shading represents twice the standard error of the mean (approximate 95% confidence intervals).

72 73 The temperature and precipitation anomalies following the eruption are not confined to the area where the forcing is applied but spread across the world following - to a large extent - the 74 classical ENSO teleconnections (Figs. 2 and 4). In the MC experiment the global anomalies are 75 weak and resemble those associated with an El Niño event, with wetting over the central western 76 Pacific, and drying over the western Maritime Continent, northern and western Australia, and 77 northern Brazil (Fig. 4, A and B). In the EqPAC experiment, where a La Niña-like response takes 78 place in the boreal winter, the anomalies are mostly of opposite sign compared to the MC 79 experiment. The ITCZ also shifts northward in the Pacific Ocean (Fig. 4, C and D). 80

Repeating the MC and EqPAC experiments but with extreme aerosol loading (called MCext and EqPACext, respectively) shows similar spatial patterns of SST and precipitation anomalies but with larger amplitude (cf. Figs. 2 and 4 to S6 and S7): a moderate El Niño-like response for the MCext experiment and a very intense La Nina-like response (with cooling exceeding 2°C) developing in the EqPACext ensemble (Figs. 3 and S6).

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87 **3.2** The tropical and northern African cooling

In the NAFR experiment the aerosol loading is confined from northern Africa to 10° S (Fig. 1, E and F). The AOD anomalies cause a cooling of up to $1-1.2^{\circ}$ C over the Sahara region and south of

the equator (Fig. 2E). The cooling causes a drying of about 1 to 2 mm/day in the sub-Saharan 90 regions (Fig. 4E). The reduction in rainfall and the cooling around the equatorial regions in Africa 91 cause a Matsuno-Gill response (Gill, 1980) that alters the Walker Circulation (Fig. S3E) and 92 induces easterly wind anomalies over the Atlantic and westerly wind anomalies over the 93 equatorial Indian and western Pacific Oceans (Figs. 2E and S3E). The shift in the Walker 94 95 circulation leads to a reduced convection over the western Pacific that further strengthens the westerly wind signal (Figs. 2F and S3F). In the equatorial Atlantic, an Atlantic Niña-like develops 96 97 due to the easterly wind anomalies shallowing the thermocline. The westerly wind anomaly in the western equatorial Pacific triggers oceanic downwelling Kelvin waves that travel eastward 98 reaching the eastern Pacific in the winter following the eruption (Fig. S5E). The anomalous 99 Kelvin waves deepen the thermocline in the central and eastern Pacific (Fig. S5E) contributing to 00 the development of an El Niño. During the summer of the following year, the cooling and drying 01 over tropical northern Africa is no longer present. However, persistence of the Atlantic La Niña-02 03 like anomaly (Fig. S8e) contributes to enhancing westerly wind anomalies over the Pacific (Fig. S5e), favoring the continuation of El Niño-like conditions as pointed out in recent studies 04 [Rodríguez-Fonseca et al., 2009; Li et al., 2016; Zanchettin et al., 2016b; Pausata et al., 2017]. 05 06





Figure 4. Rainfall response. Changes in precipitation (mm/day, contours and shadings) in the first summer (June to August – JJA; left) and winter (December to February – DJF; right) following the AOD imposed anomalies above the Maritime Continent – MC (A and B), the equatorial Pacific – EqPAC (C and D) and the tropical and northern Africa – NAFR (E and F) relative to the no-volcano experiment. Only precipitation values that are significantly different at the 5% level using a local (grid-point) *t* test are shaded. The contours follow the colorbar intervals (solid for positive and dashed for negative anomalies; the zero line is omitted).

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The results from the NAFR experiment are in broad agreement with the study of *Khodri et al.* [2017], who also found that the cooling and drying of tropical Africa initiate westerly wind anomalies over western Pacific oceans able to affect ENSO for two consecutive years, and

additionally point to a possible westward pathway for the northern African mechanism throughthe Atlantic Niña phenomenon.

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21 **4. Discussion and Conclusions**

This study provides the first attempt to disentangle different mechanisms governing the ENSO 22 response to volcanic forcing through idealized coupled climate model experiments where the 23 volcanic aerosol is confined regionally. The rationale is that regionally confined aerosol loading 24 initiates regionally confined surface cooling. Accordingly, three mechanisms can be tested by our 25 approach, all operating through radiatively forced changes in surface temperature, namely the 26 "ocean dynamical thermostat" (ODT); 2) the cooling of the Maritime Continent (MC); and 3) the 27 cooling of tropical northern Africa (NAFR) mechanism. Among the three mechanisms 28 investigated here, our results point to the tropical northern Africa (NAFR) and the Maritime 29 30 Continent (MC) as the regions over which the cooling induced by aerosol forcing increases the likelihood of El Niño events following volcanic eruptions. The MC cooling mechanism is in 31 principle able to explain the tendency for positive ENSO phases following volcanic eruptions: El 32 Niño-like anomalies are indeed simulated following a differential cooling between the Maritime 33 Continent and the central-western Pacific Ocean (Fig. 2A). The MC mechanism requires stronger 34 forcing than the NAFR mechanism to be detected (see the MCext experiment) and it relies on the 35 land cooling faster than the ocean. However, when the aerosol forcing is extended to the nearby 36 equatorial Pacific as in the EqPAC (Fig. 1C), the MC does not cool more than the ocean, whereas 37 a uniform cooling spreads from the western to the eastern side of the basin (Figs. 2A and S5) and 38 39 La Niña-like anomalies subsequently develop. Therefore, the MC cooling mechanism does not work when the volcanic aerosol extends well into the equatorial Pacific, which is usually the case 40 following tropical volcanic eruptions [Zanchettin et al., 2016a]. Furthermore, our EqPAC 41 experiment also highlight that the preferential cooling of the western Pacific ocean relative to the 42 eastern equatorial Pacific, the signature of the ODT mechanism that would give rise to El Niño-43 like anomalies, does not occur. One possible explanation is that uniform aerosol forcing over the 44 tropical Pacific causes important anomalies in convection over the Indian Ocean that enhance the 45 trade winds in the Pacific, triggering La Niña-like anomalies. However, the Indian Ocean 46 response was not included in the ODT mechanism. Another reason could be related to the fact 47 that in the studies using the Zebiak-Cane model [Clement et al., 1996; Mann et al., 2005; Emile-48 Geav et al., 2008] the uniform forcing (cooling) is imposed at the ocean surface, whereas in our 49 case we impose a uniform forcing in the stratosphere. Because of the more extensive 50 climatological cloud cover in the equatorial western compared to eastern Pacific, the forcing at 51 52 the ocean surface associated with a volcanic eruption will be weaker there than in the eastern Pacific, which would act to counteract the ODT mechanism and give rise to a more uniform SST 53 54 cooling.

55 Based on current understanding, the development of an El Niño response following volcanic eruptions is likely associated with eruptions in which the aerosol loading is either spread 56 rather uniformly across the hemispheres or is mostly confined to the Northern Hemisphere (NH). 57 58 Such aerosol distributions allow a cooling of northern Africa as well as a larger cooling of the NH relative to the Southern Hemisphere, which will also trigger a southward displacement of the 59 ITCZ [Pausata et al., 2015b, 2020; Ward et al., 2021]. Both mechanisms - NAFR cooling and 60 southward ITCZ shift - will constructively superpose to trigger a weakening of the trades along 61 the equatorial Pacific and therefore lead to El Niño-like anomalies. Pausata et al. [Pausata et al., 62 2020] also suggest a potential role of the extratropics in which the extratropical response to 63 64 volcanic aerosol radiative forcing mediates the ENSO response favoring El Niño-like anomalies. Our sensitivity experiments allow to evaluate individually mechanisms of ENSO response to 65 volcanic forcing; however, in the real world the ENSO response is a combination – non necessary 66

linear - of all such mechanisms, whose individual relative role may also be significantly affected 67 by background climate conditions. 68

Our study provides cues for the design of coordinated multi-model experiments to 69 understand the mechanisms underlying the climate response to volcanic eruptions and their 70 different representation in different numerical models. Currently, the Model Intercomparison 71 72 Project on the climatic response to Volcanic forcing (VolMIP, [Zanchettin et al., 2016a]) tackles questions related to the spatial structure of the forcing only by considering idealized eruptions 73 74 where the volcanic aerosol is confined either in the northern or the southern hemisphere. Whereas these experiments can shed light on the role of the ITCZ mechanism [Pausata et al., 2020], 75 idealized forcing experiments with regionally-confined aerosol seem necessary to determine 76 whether the ENSO response to volcanic forcing stems from a robust combination of mechanisms 77 in different climate models. Ultimately, this will increase confidence about the predictability of 78 79 ENSO during periods of strong volcanism.

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Supporting Information for

Disentangling the mechanisms of ENSO response to tropical volcanic eruptions

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Figure S1. Radiative forcing. Changes in the net radiative forcing at the top of the atmosphere for each ensemble experiment relative to the no-volcano case. Shading represents twice the standard error of the mean (approximate 95% confidence intervals).



Figure S2. Volcanic forcing in extreme experiments. Anomalies in aerosol optical depth (at 550 nm) in the extreme Maritime Continent – MC experiment (A) and the extreme Equatorial Pacific – EqPAC experiment (B) for the summer (June to August – JJA) following the imposed changes in AOD relative to the no-volcano simulations.



Figure S3. Walker Circulation response in the first post-eruption year. Changes in the zonal stream function (10^{11} kg/s) and vertical winds (m/s) averaged over the Equatorial Pacific (5°S – 5°N) for the first summer (June to August – JJA; left) and winter (December to February – DJF; right) following the AOD imposed anomalies above the Maritime Continent – MC (A - B), the equatorial Pacific – EqPAC (C – D) and the tropical and northern Africa – NAFR (E – F) relative to the no-volcano simulations.



Figure S4. Walker Circulation response in the second post-eruption year. Changes in the zonal stream function (10^{11} kg/s) and vertical winds (m/s) averaged over the Equatorial Pacific $(5^{\circ}\text{S} - 5^{\circ}\text{N})$ for the second summer (June to August – JJA; left) and winter (December to February – DJF; right) following the AOD imposed anomalies above the Maritime Continent – MC (A and B), the equatorial Pacific – EqPAC (C and D) and the tropical and northern Africa – NAFR (E and F) relative to the no-volcano simulations.



Figure S5. Thermocline response in the first and second post-eruption winter. Ocean temperature (°C) anomalies in the Equatorial Pacific (5°S – 5°N) for the first (left) and second (right) winter (December to February – DJF) following the AOD imposed anomalies over the Maritime Continent – MC (A and B), the equatorial Pacific – EqPAC (C and D) and the tropical and northern Africa – NAFR (E and F) relative to the no-volcano simulations. Only values that are significantly different at the 5% level using a *t* test are shaded. The contours follow the color bar intervals (solid for positive and dashed for negative anomalies; the zero line is omitted). The bold grey line shows the climatological thermocline depth for the no-volcano members (as defined using the 20°C isotherm).



Figure S6. Surface air temperature and wind response for the extreme experiments. Changes in surface temperature (°C, contours and shadings) and wind (m/s, arrows) in the summer (June to August – JJA; left) and winter (December to February – DJF; right) following the AOD imposed anomalies for extreme experiments (MC extreme – A and B; and EqPAC extreme – C and D) relative to the no-volcano case. Only temperature values that are significantly different at the 5% level using a local (grid-point) *t* test are shaded. The contours follow the colorbar intervals (solid for positive and dashed for negative anomalies; the zero line is omitted).



Figure S7. Rainfall response for the extreme experiments. Changes in precipitation (mm/day, contours and shadings) in the summer (June to August – JJA) and winter (December to February – DJF) following the AOD imposed anomalies for extreme experiments (MC extreme – A and B; and EqPAC extreme – C and D) relative to the no-volcano case. Only temperature values that are significantly different at the 5% level using a local (grid-point) *t* test are shaded. The contours follow the colorbar intervals (solid for positive and dashed for negative anomalies; the zero line is omitted).



Figure S8. Surface air temperature and wind response in the second post-eruption year. Changes in surface temperature (°C, contours and shadings) and wind (m/s, arrows) in the summer (June to August – JJA) and winter (December to February – DJF) following the AOD imposed anomalies above the Maritime Continent – MC (A and B), the equatorial Pacific – EqPAC (C and D) and the tropical and northern Africa – NAFR (E and F). Only temperature values that are significantly different at the 5% level using a local (grid-point) *t* test are shaded. The contours follow the colorbar intervals (solid for positive and dashed for negative anomalies; the zero line is omitted).