Atmospheric Rivers and Weather Types in Aotearoa New Zealand: a two-way story

Benjamin Pohl¹, Hamish D Prince², Jonathan D Wille³, Daniel G Kingston⁴, Nicolas J. Cullen⁵, and Nicolas C. Fauchereau⁶

 ¹CRC / Biogéosciences
 ²Center for Western Weather and Water Extremes, Scripps Institution of Oceanography, University of California, San Diego
 ³Université Grenoble Alpes
 ⁴University of Otago
 ⁵School of Geography
 ⁶National Institute of Water and Atmospheric Research

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Abstract

Here, we analyze the inter-relationships between weather types (WTs) and atmospheric rivers (ARs) around Aotearoa New Zealand (ANZ), their respective properties, as well as their combined and separate influence on daily precipitation amounts and extremes. Results show that ARs are often associated with 3-4 WTs, but these WTs change depending on the regions where ARs landfall. The WTs most frequently associated with ARs generally correspond to those favoring anomalously strong westerly wind in the mid-latitudes, especially for southern regions of ANZ, or northwesterly anomalies favoring moisture export from the lower latitudes, especially for the northern regions.

WTs and ARs show strong within-type and inter-event diversity. The synoptic patterns of the WTs significantly differ when they are associated with AR occurrences, with atmospheric centers of actions being shifted so that moisture fluxes towards ANZ are enhanced. Symmetrically, the location, angle, and persistence of ARs appear strongly driven by the synoptic configurations of the WTs. Although total moisture transport shows weaker WT-dependency, it appears strongly related to zonal wind speed to the south of ANZ, or the moisture content of the air mass to the north. Finally, WT influence on daily precipitation may completely change depending on their association, or lack thereof, with AR events. WTs traditionally considered as favorable to wet conditions may conceal daily precipitation extremes occurring during AR days, and anomalously dry days or near-climatological conditions during non-AR days.

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12	Benjamin Pohl ¹ *; Hamish D. Prince ² ; Jonathan Wille ³ ; Daniel G. Kingston ⁴ ;
13	Nicolas J. Cullen⁴; Nicolas Fauchereau⁵
14	
15	¹ Biogéosciences, UMR6282 CNRS / Université de Bourgogne Franche-Comté, Dijon, France
16	² Department of Atmospheric and Oceanic Sciences, University of Wisconsin-Madison, Madison, WI, USA
17	³ Universite Grenoble Alpes/CNRS/IRD/G-INP, IGE, Grenoble, France
19	⁵ National Institute of Water and Atmospheric Research, Auckland, New Zealand
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39	° Corresponding Author Address
40	Benjamin Poni — Laboratoire Biogeosciences
41	b Doulevard Gabriel — 21000 Dijon — France
42	benjamin.poni@u-bourgogne.tr / (+33) 3 80 39 38 21

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67 Key-Words

- 68
- 69 Atmospheric rivers weather types Aotearoa New Zealand atmospheric centers of
- 70 action vapor transport synoptic-scale variability
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72 **1. Introduction**

73

74 Atmospheric rivers (ARs) have been receiving increasing attention from the scientific 75 community [Ralph et al., 2017]. According to the Glossary of Meteorology, they consist in 76 "long, narrow, and transient corridor[s] of strong horizontal water vapor transport that is 77 typically associated with a low-level jet stream ahead of the cold front of an extratropical 78 cyclone" [Ralph et al., 2018]. AR genesis occurs more frequently over oceans [Zhu and 79 Newell, 1994; Guan and Waliser, 2019], and ARs are a major conveyor belt of moisture 80 towards the continent and land masses [ibid.]. When they reach land, they can bring heavy 81 precipitation: this is especially the case when and where such ARs encounter a land mass 82 with marked topography, which forces the strong moisture flux to ascend.

83

84 Because of its insularity (Fig. 1a) and sharp topography almost perpendicular to the dominant 85 westerly winds at latitudes where oceans largely prevail, Aotearoa New Zealand (ANZ) is 86 recurrently affected by AR events [Prince et al., 2021a]. AR events landfalling in ANZ have 87 been identified as the key drivers for a vast majority of daily rainfall extremes [Reid et al., 2021; 88 Shu et al., 2021], floods [Kingston et al., 2016], and extreme ablation and snowfall [Porhemmat 89 et al., 2021a, 2021b] impacting the mountain glaciers [Little et al., 2019]. These extreme 90 flooding events can cause instability in agriculture and hydroelectric power sectors [Dravitzki 91 and McGregor, 2011] while inflicting long-term social harm in rural regions of ANZ [Smith et al., 2011]. With ARs projected to become more frequent and transport more moisture towards 92 93 ANZ under climate change [Espinoza et al., 2018], it is crucial to understand the circulation 94 patterns that influence their behavior.

95

96 Looking at the synoptic-scale dynamics, the AR life cycle often begins where Rossby wave 97 breaking in the exit regions of mid-latitude jets streams initiates the penetration of troughs into 98 the subtropics, creating a channel for poleward moisture transport [Hoskins et al., 1985]. This 99 enhanced poleward transport of heat and moisture increases upper-level latent heat release 100 encouraging vertical motion from increased diabatic heating, which creates downstream 101 negative potential vorticity anomalies [Pfahl et al., 2015]. The injection of negative potential 102 vorticity air masses into higher latitudes fuels atmospheric blocking which allows ARs to persist 103 through multiple extratropical cyclone life cycles [Sodemann and Stohl, 2013], while aiding in 104 explosive cyclone deepening [Zhu and Newell, 1994]. Therefore, ARs are not necessarily 105 attached to extratropical cyclones, but the two are mutually beneficial to their development 106 and transport [Zhang et al., 2019].

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108 Because they are embedded in the synoptic-scale variability, but also contribute to shape it in 109 return, ARs tend to show preferential associations, and increased probability, when co-110 occurring with favorable weather patterns [Kingston et al., 2022]. Around ANZ, a set of 12 111 weather types (WTs) based on a clustering of 1000hPa geopotential height fields has been 112 developed by Kidson [2000: K2K hereafter] to account for the space-time variability of such 113 synoptic weather patterns. These WTs have been extensively used by the regional climate 114 community, for paleoclimate reconstructions in the Holocene [Lorrey et al., 2007, 2008, 2012; 115 Ackerley et al., 2011] and Little Ice Age [Lorrey et al., 2014], and to analyze climate change 116 projections [Parsons et al., 2014]. Significant relationships have been established between 117 these WTs and the Madden-Julian oscillation [Fauchereau et al., 2016], the interdecadal 118 Pacific oscillation [Lorrey et al., 2007], and the Southern Hemisphere large-scale background 119 conditions [Renwick, 2011]. At the more local and regional scales, these WTs have been 120 shown to drive daily climate anomalies [K2K; Renwick, 2011], seasonal rainfall anomalies 121 [Lorrey et al., 2007], and to modulate ocean wave heights [Coggins et al., 2016] and ocean-122 atmosphere coupled summer heatwaves [Salinger et al., 2020]. Recently, they have been 123 shown to conceal strong within-type variability [Pohl et al., 2021a: P21 hereafter], a given type 124 being associated with atmospheric ridges and troughs highly variable in intensities and 125 locations. These within-type changes are partly driven by large-scale climate conditions, and 126 explain about the same fraction of regional variability as changes in WT occurrence.

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Although evidence has been provided [*Kingston et al.*, 2022] that AR occurrence is
significantly modified by the 12 WTs of K2K, several questions remain unresolved to date,
including (but not restricted to) the following points:

131 — How WTs influence AR properties (vertically integrated vertical vapor transport [IVT], main 132 direction / angle of the ARs, persistence, total vapor transport integrated over the whole life 133 cycle of the AR). These descriptors may determine the moisture sources of the ARs, and are 134 very likely to be modulated by the synoptic configurations, as shown e.g. by Pohl et al. [2021b] 135 further south for ARs developing over the Southern Ocean and landfalling in East Antarctica. 136 — WT patterns may differ when they co-occur vs. when they do not co-occur with AR events. 137 Part of the strong within-type diversity linked to changes in the location and intensities of 138 atmospheric centers of action (ACAs: P21) could partly relate to the development (or lack 139 thereof) of ARs in the ANZ sector.

- Although WT influence has been extensively assessed [K2K; *Lorrey et al.*, 2007; *Renwick*,
2011], their separate and combined influence with ARs on daily precipitation amounts,
including extremes, remains to be determined. The picture of precipitation changes from one
WT to another could be strongly modified depending on their co-occurrence (or lack thereof)
with ARs.

Finally, it seems important to assess how these results change from one region of ANZ to
 another, depending on the latitude, terrain exposure, local climate, coastline / land-sea
 contrasts and topography. This is expected to be particularly interesting for ANZ considering
 previously documented substantial regional differences in AR occurrence and characteristics
 [*Prince et al.*, 2021a; *Kingston et al.*, 2022] and unusual situation of landfalling ARs occurring
 on both windward and leeward coasts relative to the prevailing large-scale circulation.

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This paper aims at filling these gaps, and proposes therefore to analyze the inter-connections between ARs, WTs and precipitation amounts across ANZ. Both ARs and WTs are considered not only in terms of (co-)occurrence, but also through their properties, as inferred by the set of descriptors respectively proposed by Guan and Waliser [2019] and P21. Daily precipitation fields are derived from a 5-km resolution interpolated product constrained by observational networks, that allows for a detailed analysis of terrain influence on the spatial distribution of daily amounts.

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160 In the following, Section 2 presents the data and methods used in this work. Section 3 presents 161 the AR count in each region of ANZ, and their association with WTs. Section 4 next focuses 162 on their separate vs. combined influences on daily precipitation, considering both anomalies 163 and daily extremes. Section 5 addressed the co-occurrence of ARs and WTs, how they 164 change from one part of ANZ to another, and assesses to which extent their intrinsic properties 165 are interdependent. Finally, Section 6 summarizes and discusses our main results.

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- 168 2. Data and Methods
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170 2.1 Data

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172 Atmospheric fields used here are taken from the ERA5 ensemble reanalysis [Hersbach et al., 173 2020]. ERA5 is the fifth generation of atmospheric reanalysis released by the European Centre 174 for Medium-Range Weather Forecasts. It currently covers the period 1979 onward (with an 175 extension to 1950 but with weaker constraint by assimilation due to the lack of satellite data) 176 and includes a 10-member ensemble to quantify uncertainties associated with the density and 177 quality of the assimilated data. In this work, we use both the regular 0.25° x 0.25° and 0.5° x 178 0.5° grids for daily mean fields of geopotential height at 1000 (Z1000) and 700 hPa (Z700) and 179 horizontal wind at 700hPa (using its zonal U and meridional V components), over the period 180 1979–2019.

182 Daily precipitation data for ANZ come from the National Institute of Water and Atmospheric 183 Research (NIWA) Virtual Climate Station Network (VCSN). Data coverage for the NIWA VCSN 184 [Tait and Turner, 2005; Tait et al., 2006, 2012] is available from 1972 to present for 13 daily 185 climate variables on a 5 x 5 km grid covering the country. The approach to generate the NIWA 186 VCSN uses a thin-plate smoothing spline model for spatial interpolation between in situ station 187 data, incorporating two location variables (latitude and longitude) and a third "pattern" variable. 188 For precipitation (Fig. 1c), a digital version of an expert-guided 1951-80 mean annual rainfall 189 isohyet map was used as the pattern variable as a way to represent orographic influences that 190 arise from prevailing circulation interacting with mountainous terrain (Fig. 1d). VCSN data yield 191 biased estimates of precipitation, especially in the most elevated parts of the country where 192 the density of rain-gauge and weather stations is much reduced [Tait et al., 2012; Mason et 193 al., 2017; Jobst et al., 2018].

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2.2 Methods

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197 As in P21, this study uses the WT classification performed by K2K over the ANZ sector. The 198 corresponding 12 WTs, originally based on 12-hourly maps of Z1000 derived from 199 NCEP/NCAR reanalyses [Kalnay et al., 1996], are updated here using ERA5 daily ensemble 200 fields. Two WT time distributions are therefore considered, the original WT classification based 201 on NCEP/NCAR timing, and the redefined distribution obtained by ascribing each day of each 202 member based on ERA5, over the period 1979-2019, to its nearest type centroid. These two 203 type definitions are seen to differ, with roughly 35% of the days of the period not being ascribed 204 to the same WT. However, the composite mean fields are very similar, because day swaps 205 between types are associated with similar patterns that differ only in the location of ACAs. The 206 latter are expected to be more precisely defined by ERA5 data due to its much higher spatial 207 resolution. Except when otherwise indicated, all results and conclusions discussed below can 208 be obtained with both WT distributions. More details and a comparison between both WT 209 timings are given in P21.

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211 In addition to the partitioning into 12 discrete WTs, we reuse here the descriptors from P21 212 that monitor the location and intensity of the main ACAs associated with each type. These 213 descriptors are derived from Z1000 daily anomalies (noted Z1000'), after removing the mean 214 annual cycle, and are calculated over the larger domain shown in Fig. 1a. Three groups of 215 WTs are formed, depending on the presence or absence of regional extremes of Z1000' [P21; 216 Table 1]. The "Low" group has only one such extreme, consisting of a regional minimum of 217 Z1000' denoting an atmospheric trough. Conversely, the "High" group only includes a regional 218 maximum of Z1000', indicative of an atmospheric ridge. The "Gradient" group has both

219 extremes. The descriptors defined in P21 gualitatively differ from one group of WTs to another. 220 For the "Low" group, three metrics depict the intensity of the low, corresponding to the 221 minimum Z1000' value within the whole domain (MinZ'), and its corresponding latitude and 222 longitude (Lat, Lon) that define its location. The "High" types use the same metrics, but applied 223 to the Z1000' maximum to define the high ACA. The "Gradient" types use both metrics, with 224 additional ones used to depict the relative position and differences between both ACAs. This 225 provides the difference between Z1000' maximum and minimum (Diff_{Z'}), the latitudinal and 226 longitudinal differences in their locations (DiffLat, DiffLon), and finally the slope of the geopotential height gradient, defined as $Grad = Diff_{Z'}/\sqrt{Diff_{Lat}^2 + Diff_{Lan}^2}$. All descriptors 227 228 are quantitative and thus help address one of the main weaknesses of the WT approach. 229 which is in discretizing naturally continuous climate variability [P21].

230

231 The AR catalogue is developed from the Guan and Waliser [2019] Tracking Atmospheric 232 Rivers Globally as Elongated Targets (tARget) algorithm, version 3. AR occurrence is 233 assessed for each grid cell individually and the passage of each AR object (over multiple 234 timesteps) is considered both as a series of contiguous timesteps, and as one event with the 235 day of maximum IVT [Prince et al., 2021b], depending on the AR variables (Table 2). AR 236 objects are detected from ERA-Interim reanalysis [Dee et al., 2011] between 1979 and 2019 237 (40 years) using 6-hourly IVT at 1.5° resolution. The characteristics of the ARs are used 238 throughout this study, specifically the magnitude of the moisture flux in the meridional and 239 zonal direction, the duration of the event, and the maximum total moisture flux throughout the 240 event (Table 2). The relatively narrow landmass New Zealand, situated in the midlatitudes, 241 allows for ARs to make landfall on all coastlines [Prince et al., 2021a]. This setup is unique 242 and requires additional consideration, especially when considering ARs that may cause 243 impacts on the eastern side of the country [Prince et al., 2021a]. To account for the landfalling 244 direction of the AR, only ARs which have IVT directed from the ocean onto land are considered 245 (a restriction which is explored in the Supplementary Material; filtering directions are shown in 246 Fig. 4). This leads to the exclusion of many ARs that pass over the eastern side of the country 247 since they made landfall on the western coast and passed over the Southern Alps, rather than 248 making landfall on the east coast. This technique is an extension of the Guan and Waliser 249 [2015] landfall detection which identifies the landfall location based on the presence of ocean 250 upwind of where an AR intersects a coastline, however our method considered for each grid 251 cell individually here rather than for the entire AR object. The importance of such filtering is 252 addressed in later sections.

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3. Co-occurrence between Atmospheric Rivers and Weather Types

257 The diagonals in Figure 3 show the number of daily AR detections for each of the 17 grid-258 points surrounding ANZ (Fig. 1b). They confirm the results of Prince et al. [2021a], who depict 259 very few events landfalling over the eastern coasts of both islands (as did for instance a strong 260 AR event in May 2021 that causes heavy rainfall and floods in these relatively flat regions). 261 This contrasts with the frequent AR detections for the grid-points aligned along the western 262 parts of the country, especially near the West Coast of the South Island of ANZ where a sharp 263 topographic barrier (Fig. 1d) enhances AR influence on precipitation [Kingston et al., 2016; 264 *Reid et al.*, 2021; *Shu et al.*, 2021].

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266 Other values (out of the diagonals) in Fig. 3 shows the count of AR days co-occurring in the 267 two corresponding grid-points. Results show that detected AR events are guite large and often 268 co-occur over several grid-points, especially (i) along the West Coast of the South Island, and 269 (ii) over the northern part of the North Island, and to a lesser extent, (iii) near the Cook Strait 270 between the two main islands. Interestingly, this third region also shows frequent co-variability 271 with the two other blocks located further south and north, although the latter show very few 272 synchronous detections. Similarly, there are very few events that co-occur in grid-points with 273 contrasted terrain exposure (i.e., orientation of the coastline: for instance, the opposite coasts 274 of the South Island). This is a consequence of the filtering applied to ARs based on their angle 275 (Sect. 2.2) to account for the quite small size of ANZ (unfiltered results are shown in Supp. 276 Fig. 1: the resolution of reanalyses may be too coarse to account for the sharp contrasts in 277 terrain exposure in ANZ, unfiltered results are therefore likely to produce AR events found 278 simultaneously in both coasts of the country). The few events landfalling on the eastern parts 279 of ANZ also seem to show weaker co-variability between adjacent grid-points, suggesting 280 smaller AR sizes.

281

282 Previous studies already analyzed the association between ARs and the 12 WTs obtained by 283 K2K [Cullen et al., 2019; Porhemmat et al., 2021b; Kingston et al., 2022]. However, they mostly 284 considered the AR events leading to major snowfall / ablation or floods. Therefore, previous 285 work mainly focused on the Southern Alps region, where AR development is most frequent 286 [Fig. 3; Prince et al., 2021a; Marquardt Collow et al., 2022]. A general assessment of the 287 association between AR occurrence and WT, and how these relationships vary from one 288 region of ANZ to another, remains to be established. This is the aim of Figure 4. 289 Supplementary Figures 2 replicates the same analysis without removing AR events based on 290 their angle. Both figures consider the original definition of the WTs, following the work of K2K 291 and based on NCEP/NCAR reanalyses, but also their redefinition using ERA5 higherresolution data [P21]. This is because both methodologies led to non-negligible differences (roughly 35% of the days being ascribed to a different WT on period 1979-2019), hence the need to characterize the reanalysis-dependency of our conclusions.

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Our results first confirm the main conclusions obtained in the aforementioned studies. For the western but also most of the northern parts of ANZ, most AR events occur during the T type, which consists in a low-pressure system located over, on average, south of ANZ, and favoring enhanced westerly winds north of the trough (Fig. 2). Thus, this type is generally associated with enhanced westerly winds. It is likely to be associated with AR events for all regions of ANZ considered in Fig. 4, albeit its very variable importance from one grid-point to another.

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303 The relationships between ARs and WTs are even more region-dependent for all other WTs. 304 Generally speaking, AR events landfalling in any region of ANZ tend to occur more frequently 305 during the WTs that act to direct atmospheric fluxes and circulation towards that particular 306 region. This is for instance the case for type W (broadly similar to T but shifted to the south: 307 Fig. 2) over the southwestern parts of the country, HNW and SW (both favoring southerly 308 anomalies) for the southernmost grid-points, or TNW (favoring northwesterly anomalies over 309 the north of ANZ: Fig. 2) for the northernmost grid-points (#12 to #16: Fig. 4) or HE (broadly 310 similar but with ACAs shifted towards the south) for the grid-points aligned along the west 311 coasts of the islands. These side oppositions are, logically, less marked when AR events are 312 not filtered depending on their angle (Supp. Fig. 2).

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Fig. 4 also confirms that the original NCEP/NCAR definition of the WTs and their ERA5 redefinition sensibly differ. The case of type W, already identified as associated with large reanalysis-dependency in P21, can also be mentioned here and leads to dissimilar WT contributions to AR occurrences, especially over the southern and western parts of ANZ (Fig. 4). Other non-negligible differences can be found with types NE (e.g., grid-point #7), or TSW (grid-points #5 and #7), the other types showing strong dissimilarities between both reanalyses (e.g., H, HW and SW: P21) being more rarely associated with AR development.

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Finally, another major result shown in Fig. 4 is that, in all regions of ANZ, AR events are likely to occur during very different and contrasted synoptic configurations, as materialized here by the WTs. The largest contribution of a given WT is 33.6% (for the T type in region #9), showing that the most favorable type is, at best, only responsible for a third of all AR events occurring in a given region. Hence, ARs landfalling in any part of ANZ can result from very different and diverse synoptic types, and these types differ from one region of ANZ to another. The main 328 common result across all regions is that WTs promoting stronger onshore winds are those329 generally favoring the largest AR occurrences.

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4. AR and WT combined and separate influences on precipitation

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4.1 Precipitation Anomalies

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336 The effects of landfalling ARs on precipitation in ANZ has already been assessed before [Reid 337 et al., 2021; Shu et al., 2021], as have been those of WTs [K2K; Renwick, 2011; Pohl et al. 338 2022: revised]. Here, we attempt to consider how their respective influences combine, that is, 339 we analyze precipitation anomalies by WT and depending whether or not these WT days also 340 correspond to AR occurrences. This could contribute to explain part of their strong internal 341 variability, as pointed out by P21. Unlike previous work, we base our analyses on the 5-km 342 resolution VCSN product, thereby allowing for a more detailed and precise assessment of the 343 spatial coherence of rainfall variability patterns associated with WTs and ARs.

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345 Fig. 5 shows the daily precipitation anomalies during the five WTs most favorable to AR 346 development (Fig. 4), during all days ascribed to the corresponding WT, and then by 347 differentiating NoAR days from AR days. The latter are further separated into two groups, by 348 considering the case of the particularly strong AR events (corresponding to the top 10% ARs 349 according to their associated IVT). Here, the case study retained is a grid-point located near 350 the West Coast of the South Island of ANZ (#6: Fig. 1b; Fig. 4), identified as the region where 351 ARs are responsible for the largest rainfall amounts, and may cause significant damage and 352 environmental impacts [Prince et al., 2021a; Shu et al., 2021]. In order to focus on more 353 inhabited regions and also to illustrate the diversity and regional dependency of our results, 354 these analyses are duplicated for the southernmost (#0) and northernmost (#16) grid-points 355 (Supp. Fig. 3).

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Results (Fig. 5, first column) reveal very strong differences in precipitation anomalies, from one type to another, thereby corroborating previous work [K2K; *Renwick*, 2011; *Jiang et al.*, 2013]. Most WTs favorable to AR landfall along the West Coast are associated, on average, with wet anomalies there. The only exception is the NE type, which recurrently co-occurs with ARs (especially according to the ERA5 redefinition of the WTs: see Fig. 4) and tends yet to correspond, on average, to weaker than normal daily rainfall west of the main divide. In other regions of ANZ, these regimes produce precipitation anomalies of much weaker amplitude, but of contrasted sign (e.g., drier than normal over the North Island for types W and HE, while
the reversed sign prevails along the western slopes of the main reliefs for types T and TNW).

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367 This average picture of WT influence on precipitation anomalies conceals strong internal 368 variability, part of which can be related to AR development. The same WTs, when they do not 369 co-occur with AR events, are indeed related to generally drier conditions over ANZ, and more 370 particularly along the West Coast region (Fig. 5, second column). While wet anomalies are 371 just weakened for the W type (when not accompanied by any AR), those associated with types 372 T and TNW are dramatically smaller and barely exceed the statistical significance bound. The 373 dry conditions recorded there during the NE type are enhanced in the absence of AR, and the 374 wet conditions linked with the HE type change sign when no AR development occurs. In sharp 375 contrast, the same five types all show much wetter conditions, over the West Coast, during 376 AR landfall (third column), and the wet conditions recorded there are even larger during the 377 10% strongest AR events (fourth column). Hence, AR occurrence is a key parameter to 378 consider to explain the internal diversity of precipitation amounts within each WT. The case of 379 type NE is particularly striking, as this WT is drier than normal on average (-10 to -15 mm.day-380 1) and even more clearly when not associated with ARs (-20 to -25 mm.day-1), but it is 381 significantly wetter than normal during moderate ARs (+15 to +20 mm.day⁻¹) and strong ARs 382 (+ 50 to +70 mm.day⁻¹). This result show that within-type diversity cannot be considered as 383 negligible, when analyzing daily precipitation across ANZ [Pohl et al. 2022, revised].

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385 Although these general conclusions are qualitatively verified for all grid-points around ANZ, 386 the magnitude of the differences between AR and NoAR days is much reduced, quantitatively, 387 over most other regions of the country. This is because precipitation amounts and variability 388 is largest over the West Coast, owing to its sharp topographic barrier almost perpendicular to 389 the dominant westerly winds. Other regions may also show weaker spatial coherence in the 390 precipitation anomaly fields linked to WT and AR occurrences. In the Supplementary 391 Materials, we discuss this issue for the southernmost and northernmost regions of ANZ, 392 retained as case studies.

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4.2 Precipitation Extremes

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Because of the strong spatial contrasts in precipitation amounts, and their variability, across ANZ, considering the mere amplitude of anomalies as done in Fig. 5 is not convenient to assess to which extent WTs and ARs contribute (jointly or separately) to precipitation extremes. Hence, with Figure 6, we explore to which extent ARs, and their most favorable WTs, are over-represented in daily precipitation extreme occurrences, and could therefore be

401 considered as one of their main drivers. For each occurrence of a favorable WT (either 402 associated or not with an AR event) in the West Coast of the South Island, we calculate the 403 rank of the corresponding day, in terms of daily precipitation anomalies, for all grid-points of 404 the VCSN fields and across ANZ. Figure 6a shows the median and Figure 6b the 90th 405 percentiles of the corresponding samples of days. Only values above the median and 90th 406 percentiles are represented, since they can be interpreted as a statistical overrepresentation 407 of the corresponding WTs, landfalling ARs, or their association. These analyses, duplicated 408 for all 17 landfalling locations around ANZ (see Fig. 1b), show strong regional-dependency: 409 Supp. Figs. 4-5 illustrate this result with the cases of southernmost and northernmost grid-410 points #0 and #16.

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412 When considering their total occurrences, these WTs all tend to promote daily extremes in the 413 West Coast region, except type NE (identified as anomalously dry on average there: Fig. 5). 414 Type HE shows the weakest overrepresentation of precipitation extremes, and was also 415 previously identified as conducive to anomalously wet conditions on the West Coast, but with 416 magnitudes weaker than the remaining three types. During the occurrences of these five WTs, 417 the probability of a daily precipitation extreme strongly decreases for the NoAR category (Fig. 418 6). Although this conclusion holds for all five WTs, it is particularly true for the "driest" types 419 HE and NE, not promoting any increased probability of extreme in the absence of AR events. 420 The situation strongly differs, for the West Coast region, when considering the co-occurrence 421 of these types with moderate, and even more clearly, strong ARs. Daily precipitation extremes 422 there are much favored by the co-occurrence of these selected WTs and ARs: for types W, T 423 and TNW, 50% of corresponding moderate ARs bring precipitation that rank in the top 10% of 424 daily anomalies, and 50% of the corresponding strong ARs in the top 5% (Fig. 6a). Similarly, 425 10% of the moderate and strong AR events bring daily precipitation anomalies above the 97th 426 and 99th percentiles, that is, that rank in the top 3% and 1%, respectively (Fig. 6b). Although 427 ranks tend to be slightly weaker for AR events occurring during type HE, the spatial pattern of 428 daily precipitation is very similar to the three aforementioned WTs, and mostly consists in a 429 sharp contrast corresponding to the major topographic barrier formed by the Southern Alps 430 mountain range. Hence, much drier conditions are found along the eastern coast of the South 431 Island, corresponding to the flatter coastal regions of Canterbury and Otago. In the case of 432 strong ARs, however, wet conditions tend to extend further towards the east, and most of ANZ 433 experiences heavy precipitations. This suggests that the strongest ARs, in terms of moisture 434 transport, cause large-scale precipitation events, with a weaker sheltering effect of 435 topography. Thus, the spatial extension of the heavy precipitation zone (as extracted here 436 based on those AR events that hit the West Coast of the South Island) recurrently reached

the central and even northern parts of the North Islands, the eastern parts of the South Islandin the other side of the main divide, and the southernmost locations of the country.

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440 The case of type NE is different from all others, because this WT is associated with wet 441 conditions in the eastern parts of the two main islands of ANZ (Fig. 5). It is rarely associated 442 with large amounts west of the Alps except during moderate and even, more markedly, strong 443 ARs. In the latter cases, the region influenced by ARs seem to encompass both sides of the 444 main mountain ranges. The northern tip of ANZ also experiences intense to extreme 445 precipitation records during the combined occurrences of this type and ARs landfalling on the 446 West Coast of the South Island. This suggests rain-bearing systems and atmospheric 447 circulation anomalies quite different from the other WTs selected here. This question is 448 addressed below.

449

This section confirmed that AR events are responsible for heavy precipitation amounts in ANZ, and are likely to strongly modulate the influence of the 12 WTs of K2K on precipitation variability and amounts. Intense to extreme daily precipitation anomalies tend also to occur preferentially during ARs.

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It seems reasonable to expect AR properties (Table 2) to be partly driven by the location and intensities of synoptic ACAs [as is the case for Europe, the North Pacific and East Antarctica: see *Eiras-Barca et al.*, 2018; *Fish et al.*, 2019; *Pohl et al.*, 2021b, respectively]. Here, ACAs are themselves discriminated by the 12 discrete synoptic WTs and their associated quantitative descriptors (Table 1). In this section, we assess how these two families of atmospheric circulations are interrelated, over and near ANZ.

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5.1 Synoptic control on AR properties

5. AR and WT inter-relationships

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Figure 7 presents the statistical distribution of all AR properties, presented here as violin plots, for each WT and for the West Coast region of the South Island. The same analyses for the two most remote grid-points are shown in Supp. Fig. 6. Analysis of Fisher's test shown in Fig. 7 for all quantitative metrics (thus excluding AR directions) suggests that synoptic conditions, monitored through the 12 WTs, strongly and significantly influence AR characteristics, with estimated statistical significance exceeding the 99.99% (p < 10^{-4}). These statistics may be biased by the large sample sizes, so that more qualitative analysis may be appropriate.

475 Figure 7 reveals that both zonal and meridional components of IVT, for these AR events 476 reaching the western part of South Island, strongly differ from one WT to another. Although 477 the zonal component is shifted towards positive values (denoting a westerly component that 478 was expected at these latitudes), some WTs (namely, TNW, TSW, HSE and particularly NE: 479 Fig.7) favor more balanced or more variables signs suggesting recurrent easterly advections. 480 The meridional component similarly shows a shift towards negative values indicative of 481 moisture transport from the lower latitudes, but some WTs (SW, HNW, HW) also correspond 482 to ARs with a marked southerly component. These results are true when all timesteps of the 483 AR lifecycles are considered, but also hold for the only maximum of moisture transport. 484 Overall, when combined, these results show that the WTs have a strong influence on AR 485 directions (Fig. 7). This conclusion is also true for other regions of ANZ (Supp. Fig. 6), although 486 the filtering used here to select ARs coming only from the sea may also strongly decrease the 487 statistical spread of AR directions, depending on the geometry of the coastline (Fig. 4; Supp. 488 Fig. 6a).

489

490 Finally, WTs also modulate AR durations and their time-integrated total IVT. While types H, 491 HNW, HW and R tend to coincide with the less persistent ARs (as shown by a median duration 492 of just 6 hours, that is, the AR detection timestep), types TNW, W, HE and NE are associated 493 with much longer AR events, as indicated both by their median duration (18h, that is, 3 494 detection timesteps) and largest values (reaching or exceeding 4 days, i.e. 96h or 16 detection 495 timesteps). Time-integrated total IVT (and their WT-dependency) are very consistent with the 496 duration, the longer events logically leading to larger moisture advections. These duration 497 statistics of AR events embedded in WT sequences appear quite disconnected from the typical 498 persistence of the WT sequences themselves, as assessed by K2K (his Figure 4): the most 499 persistent WTs are not those conducive to the most persistent ARs. The latter are also 2 to 3 500 times shorter, suggesting that ARs preferentially develop within WTs in a vast majority of 501 cases, rather than during the transition from one WT to another. Because of their weak 502 persistence, AR events associated with more than one WT are rare, especially when WTs are 503 defined at the daily timestep as done for this work.

504

505 The results discussed above generally hold for all grid-points shown in Fig. 1b and used for 506 AR detection, in spite of a tendency for more persistent AR sequences over the northern parts 507 of ANZ. Despite major differences in sample sizes (in terms of AR count and their association 508 with synchronous WTs: Figs. 3-4), WT influence on AR properties appears strongly consistent 509 from one region of ANZ to another (not shown).

511 5.2 Synoptic differences between AR and NoAR days

512

In addition to the relationship between WT and AR occurrence, do ARs influence WT synoptic patterns in return, and/or develop within synoptic patterns that may differ from the mean view of the WT, as obtained when merging all days? This hypothesis, if verified, (i) would be consistent with the strong within-type variability suggested in Section 4 and based on daily precipitation fields, (ii) would be in line with the results of Eiras-Barca et al. [2018] over the northern mid-latitudes, or Pohl et al. [2021b] over the southern high latitudes. It is therefore tested below.

520

Figure 8 shows changes in the regional-scale circulation (geopotential height and horizontal wind anomalies at 700hPa) during the five WTs most favorable to ARs in the West Coast, and separates NoAR days from moderate and strong AR events. Both definitions of the WTs are used, because they lead to slightly different results (both in terms of preferential associations between WTs and ARs, Fig. 4, and within-type differences). Supplementary Figures 7 and 8 show the same results for the southernmost and northernmost regions of ANZ, respectively.

527

528 Daily geopotential and circulation anomalies associated with these WTs when not co-occurring 529 with ARs are similar to the average pattern of these types (Figs. 8 and 2). They are also 530 generally quite consistent for both WT definitions (Figs. 8a-b), even though ACAs (and more 531 particularly the negative ones, indicative of atmospheric troughs) tend to reach larger 532 intensities using the newer ERA5 distribution. This is probably due to the more detailed and 533 accurate resolution of the ridges and troughs in ERA5, in line with its finer grids. These WTs 534 favor moisture transport towards the West Coast of the South Island, either from the west or 535 northwest (for types W, HE and TNW) or southwest (T).

536

Type NE, being associated with northeasterly anomalies west of ANZ, is once again quite different from the other WTs selected here: this cyclonic circulation explains its strong influence on precipitation amounts even over the North Island (Section 4.1). Within-type differences between NoAR and AR days are weaker (half the magnitude) than the mean departures from the mean annual cycles during the overall occurrences of this type (Fig. 8). This indicates that, even during AR days, this WT is still well characterized by its main synoptic-scale specific patterns.

544

545 A more general statement is that such within-type differences between NoAR and (moderate-546 intensity) AR days are remarkably similar across the types, and do not appear to be directly 547 related to the mean anomaly patterns of the types. For all WTs, they consist in a dipole of 548 geopotential height, with positive differences northeast of ANZ, and negative ones west of it. 549 This dipole is thus associated with a stronger northwesterly component of the winds, which 550 favors moisture transport towards the West Coast of the South Island, perpendicularly to the 551 main topographic barrier of the Alps. Albeit their weaker magnitudes, these differences are 552 very consistent with the AR patterns landfalling there, as discussed in the literature [Kingston 553 et al., 2016, 2022; Cullen et al., 2019; Little et al., 2019; Prince et al., 2021a; Reid et al., 2021; 554 Shu et al., 2021]. Within-type differences are also larger according to the original NCEP/NCAR 555 definition of the WTs (Fig. 8b), especially the negative geopotential height differences located 556 west or southwest of ANZ. Through geostrophy, this leads to increased differences in both 557 horizontal components of the wind, and thus enhanced northwesterly wind reaching the West 558 Coast region. This favors moisture transport from the lower latitudes of Tasman Sea towards 559 ANZ. Supplementary Figure 8 confirms these conclusions for other parts of ANZ, although the 560 location and orientation of the geopotential dipole changes, so that the resulting fluxes reach 561 the landfalling region with stronger westerly (for the southern regions) or 562 northerly/northwesterly components (for the northern regions of ANZ).

563

In contrast with the marked differentiation between NoAR and moderate AR days, differences between strong and moderate ARs seem much noisier and less coherent, spatially and physically. This suggests that the intensities and location of the main ACAs could have limited control on the strength of landfalling ARs, as inferred by their IVT. Thus, the strength of the ARs could possibly be more related to the moisture content of the air mass, than stronger synoptic ACAs.

570

571 By analyzing anomalies of specific humidity and moisture fluxes around ANZ, Supplementary 572 Figure 9 aims at exploring this issue. It generally confirms the conclusions of previous work 573 concluding that southerly anomalies advect dry air towards ANZ, northerly fluxes having an 574 opposite effect [e.g., Pohl et al., 2021b]. Furthermore, it points out that the air mass contains 575 significantly more humidity during strong ARs than moderate ones, especially north of ANZ. 576 Differences between NoAR and moderate ARs on the one side, moderate ARs and strong 577 ARs on the other side, have about the same magnitude as the transient anomalies associated 578 with the WTs.

579

580 Overall, our results suggest that synoptic conditions have strong importance for AR 581 development and for shaping their location and angle, while corresponding IVT seems to be 582 influenced by the available moisture content in the subtropical latitudes that can next be 583 advected southwards once the AR is formed. These results are verified for the northern 584 regions of ANZ, they still hold for the West Coast of the South Island, but air humidity from the

585 subtropics seems of little importance for the southernmost parts of the country (Supp. Fig. 9). 586 These regions also exhibit slightly different associations with WTs during strong vs. moderate 587 ARs, with type TNW (associated with southwesterly anomalies: Fig. 2) tending to promote 588 strong IVT conducive to major AR events. The different moisture sources, from higher 589 latitudes, that could affect this part of the country, corroborate the results of Bennet and 590 Kingston [2022] on the spatial patterns of IVT in ANZ, and are also coherent with Reid et al. 591 [2022] who obtained similar results for Australia. More detailed assessment of moisture 592 sources is now needed, e.g. through lagrangian approaches, but this is not our scope here.

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5.3 Interactions between AR properties and synoptic configurations

595

596 Section 5.1 discussed how synoptic configurations, as materialized by the 12 WTs, modify AR 597 features. Section 5.2 further established that synoptic configurations themselves differ 598 depending on the presence, absence, and for some cases, strength of the AR events. Here, 599 we attempt to reconcile these views, and analyze these interactions in a unified way. Figure 9 600 shows how AR attributes (as summarized in Table 2) relate to the synoptic descriptors of ACAs 601 (as summarized in Table 1). These analyses are done for each day ascribed to the five more 602 favorable types promoting the largest numbers of ARs reaching the West Coast region. 603 Supplementary Figures 10 and 11 duplicate these results for the southernmost and 604 northernmost regions of ANZ, respectively.

605

606 Whatever the definition of WTs, Fig. 9 indicates that the intensity of atmospheric ridges is 607 significantly related to changes in AR properties. This is especially true for types TNW, W and 608 HE. The T type has no positive ACA: it mostly relates to changes in AR characteristics through 609 the latitude, and to a lesser extent, the intensity, of its main atmospheric trough. In spite of the 610 statistical significance of some associations between within-type diversity and AR properties, 611 the common variance between corresponding couples of descriptors remains low. This may 612 be due (i) to the large sample size (exceeding 3000 days for grid-point #6: Fig. 3), and/or (ii) 613 to the fact that we are considering here residual variability, the main changes being likely 614 associated with differences between WTs (Section 5.1). Nevertheless, this still suggests that, 615 under a given synoptic context, AR diversity, from one day or event to another, cannot be 616 interpreted as simple linear functions of the location and intensities of ACAs. These general 617 conclusions and results, including a significant but still moderate role of the intensity of 618 atmospheric ridges, are also verified for other regions of ANZ (Supp. Figs. 10-11).

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620 How within-type diversity could relate, physically, to changes in AR properties, cannot be 621 assessed based on correlation analyses. The negative correlation between ridge intensities and moisture transport may also seem counter-intuitive, strong ridges or blockings being mentioned in the literature as a favorable condition for moisture transport channeling and, thus, AR development [*Pohl et al.*, 2021c]. Hence, Figure 10 shows composites of the opposite phases of the synoptic descriptors found in Fig. 9 to influence AR properties. The composite approach used here (based on the 20th and 80th percentiles of each descriptor), discussed in P21, does not assume that relationships are linear, as do the correlation analyses of Fig. 9.

- 628 Qualitatively similar results could be obtained with other percentile values (not shown).
- 629

630 The W type is formed by a strong negative ACA southwest of ANZ and a weaker positive one 631 north it, that channel westerly winds towards the country (Fig. 10), hence its strong contribution 632 to AR occurrences for parts of ANZ (Fig. 4). It is the positive ACA that mostly acts to modify 633 AR properties, with larger ridge intensities corresponding to reduced moisture transport (Fig. 634 9). Strongest ridges actually correspond to a Z1000 pattern that sensibly differs from the 635 canonical view of that WT, with an alternation of atmospheric waves in the mid-latitudes that 636 is associated with stronger sinuosities of the westerlies. This could correspond to generally 637 weakened winds, hence the decreased moisture transport. Similar results are obtained with 638 type TNW: here, particularly strong ridges clearly increase the transient wave component of 639 mid-latitude circulation, as compared to the weaker ridge occurrences associated with this 640 type. As a result, corresponding AR events exhibit a weaker zonal moisture transport.

641

642 The T type is the most favorable one for AR development for many parts of ANZ (Fig. 4). It 643 shows a single negative ACA consisting in a trough (hence its name) located near or just south 644 of ANZ. The negative correlations between IVT on the one side, and the intensity and latitude 645 of the troughs on the other side, imply that stronger troughs (larger negative values of 646 geopotential height anomalies), and/or southernmost locations, both favor increased moisture 647 advections linked to ARs. Indeed, both types of configurations increase westerly winds north 648 of the trough (Fig. 10), leading to stronger atmospheric fluxes meeting the coasts and 649 mountains of ANZ. Similar mechanisms also prevail for the troughs associated with types W, 650 TNW and HE, albeit their weaker correlations (Fig. 9).

651

This section pointed out how synoptic ACAs, by modulating the westerly wind speeds, can modify AR-associated IVT towards the West Coast of ANZ. These relationships remain of moderate strength, despite their statistical significance. A possible reason is that our analyses are only based on atmospheric dynamics, hence the need to consider air humidity and to identify moisture sources in future work.

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6. Discussion & Conclusion

661 In this work we analyze relationships between the 12 weather types of Kidson (2000), defined 662 over the Aotearoa New Zealand (ANZ) sector, and atmospheric rivers (ARs) landfalling in 663 different parts of ANZ. Focus is given on inter-type variability, and how differences in the 664 weather patterns around ANZ act to modify AR properties (angle, water vapor transport, ...), 665 as well as within-type diversity, and how it relates to AR variability. To that end, two series of 666 descriptors are used: they monitor, on the one hand, the intensity and location of main 667 atmospheric centers of action (ACAs) associated with the WTs, and on the other hand, the 668 angle, duration and moisture transport associated with the ARs. Analyzing jointly the co-669 occurrences of WTs, ARs, and their respective descriptors, allowed us to explore how they 670 are interrelated, thereby complementing the more usual analyses of AR probability depending 671 on the synoptic context, or the relative contribution of each WT to overall AR occurrences. The 672 relative importance of inter-type vs. within-type diversity is also addressed from a precipitation 673 point of view, by assessing the combined and separate influence of WTs and ARs on daily 674 amounts across ANZ. The case of precipitation extremes is considered, ARs being recurrently 675 identified as a key driver of such precipitation excesses.

676

677 Our main results can be summarized as follows.

678 - AR occurrences display clear preferential associations with a few WTs, and these 679 associations are strongly region-dependent across ANZ. The most favorable WTs are, quite 680 logically, those that act to direct moisture fluxes towards the country. However, a more 681 meaningful result is that, for a given region, the most favorable WT is responsible, at most, for 682 only a third of overall AR events. Generally, three or four WTs can be identified as the main 683 drivers of ARs, for a given region of interest. These WTs strongly differ from one part of ANZ 684 to another, the most recurrent favorable types being those that promote increased westerly, 685 or a marked northwesterly component, to the regional atmospheric circulation.

Within-type and inter-event variability and diversity is large, both for ARs and WTs. Some
 AR attributes are strongly modulated by WTs. This is especially the case for their angle, but
 their persistence also differs between WTs.

— When co-occurring with AR events, the WTs tend in return to show changes in the location of their main ACAs, that act to deviate the winds towards ANZ. ACAs do not appear to be significantly more intense during the strongest ARs, that is, those associated with the largest moisture transport. However, the air mass is significantly more moist during the latter events, especially north of ANZ. While AR occurrence, location and angle are favored and largely driven by synoptic-scale variability, vapor transport appears more tightly related to lower-layer specific humidity (especially for the northern regions of ANZ, connected with subtropical regions during major AR events). For the southern regions, key features involve the velocityof mid-latitude westerly winds, while links with the subtropical latitudes are weaker.

— Such within-type variability has also major consequences for precipitation variability, and
 for the occurrence of daily extremes. The composite mean anomaly patterns of precipitation
 conceal major changes between NoAR and AR days. Strong AR events (in terms of moisture
 transport) also differentiate from moderate events. Their implication is particularly strong for
 wet extremes: half of moderate (strong) ARs produce precipitation that rank in the top 10%
 (5%) anomalies. The same WTs only yield weak anomalies when not co-occurring with ARs,
 or even, in some cases, anomalies of opposite sign (i.e., drier than normal).

705

706 This study illustrated how WTs can drive and/or modify AR development and their associated 707 attributes. The reverse relationship remains still unclear to date. Another major aspect to 708 consider could then be to assess to what extent ARs influence WTs in return, that is, modify 709 the strength and/or location of their main ACAs. Differentiated evolutions of ACAs would be 710 consistent with larger latent heat release during ARs, increasing cyclogenesis through 711 differential diabatic heating profiles [Madonna et al., 2014; Woollings et al., 2018; Terpstra et 712 al., 2021]. A more detailed analysis of the life cycle of these ACAs could be performed, for 713 instance using analogues, in order to determine whether they evolve differently under AR and 714 NoAR conditions.

715

Our results suggest that the available moisture in the subtropical regions east of Australia could be a key variable to include in future studies. The question of the moisture sources for ARs could be addressed e.g. by using back trajectories or lagrangian approaches - as already indicated by Kingston and McMecking [2015] for flooding events in the Southern Alps. Latent heat fluxes at the interface between atmosphere and oceans (e.g. over Tasman and Coral seas) or continent (Australia) are intuitive candidates that could favor increased moisture in the lower troposphere, more likely to lead to AR formations.

723

724 Last but not least, this work solely analyzed the synoptic scale, at which both WTs and ARs 725 develop and interact. However, in the mid-latitudes of the Southern Hemisphere, atmospheric 726 circulations strongly varied and evolved since the early 20th century [*Thompson and Solomon*, 727 2002; Fogt et al., 2009; Polvani et al., 2011], at various timescales spanning from interannual 728 to multi-decadal [L'Heureux and Thompson, 2006; Oliveira et al., 2013]. Such changes are 729 further projected for the future decades under ongoing climate change [Arblaster et al., 2011; 730 Perlwitz, 2011; Zheng et al., 2013]: WTs [Parsons et al., 2014; Gibson et al., 2016] and ARs 731 [Espinoza et al., 2018; Ma et al., 2020] themselves will also show gradually-evolving properties 732 under increasing greenhouse gas concentrations. How these lower frequencies affect both 733 WTs and ARs over the region is a major question to address. How changes in the atmospheric 734 and climate dynamics [Sansom and Renwick, 2007] could combine their influence to the so-735 called Clausius-Clapeyron scaling [Betts and Harshvardhan, 1987; Trenberth et al., 2003; 736 Kharin et al., 2007; Pall et al., 2007; O'Gorman and Schneider, 2009; Muller et al., 2011; 737 Westra et al., 2014] to modify precipitation amounts, especially wet extremes at daily and sub-738 daily timescales, is another subject of concern for the local societies and territories. Further 739 work is strongly needed to cast light on these subjects and help adapt to ever increasing 740 changes in the local, regional and global climate. 741 742

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744

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754 CRediT authorship contribution statement

755

756 Conceptualization, Methodology, Software: Benjamin Pohl

- 757 Formal Analysis: Benjamin Pohl, Hamish Prince, Daniel Kingston, Jonathan Wille, Nicolas
- 758 Cullen, Nicolas Fauchereau
- 759 Data curation: Hamish Prince, Nicolas Fauchereau, Benjamin Pohl
- 760 Visualization: Benjamin Pohl, Hamish Prince
- 761 Writing Original Draft: Benjamin Pohl, Hamish Prince, Jonathan Wille, Daniel Kingston,
- 762 Nicolas Cullen
- 763 Funding Acquisition: Benjamin Pohl, Nicolas Fauchereau

764 765

766 Data Availability Statement

- 767
- 768 ERA5 data can be retrieved from
- 769 <u>https://cds.climate.copernicus.eu/cdsapp#!/search?type=dataset&text=era5</u>. The AR data are

- available at https://ucla.box.com/ARcatalog. AR detection is based on the algorithm originally
 introduced in Guan and Waliser [2015], refined in Guan et al. [2018], and further enhanced in
 Guan and Waliser [2019]. Weather types and their descriptors [P21] are available at
 https://pohlben.files.wordpress.com/2022/02/ktdescriptors_era5.xlsx and
 https://pohlben.files.wordpress.com/2022/02/ktdescriptors_era5.xlsx and
 https://pohlben.files.wordpress.com/2022/02/ktdescriptors_ncep.xlsx. VCSN data can be
 retrieved from the NIWA website at https://niwa.co.nz/climate/our-services/virtual-climate-stations.

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Figures & Tables

	Low (Trough)			High (Ridge)			Gradient (Trough and Ridge)			
	Lat	Lon	Minz [,]	Lat	Lon	Max _{z'}	Diff _{Lat}	DiffLon	Diff _{Z'}	Grad
T (Trough)	Х	Х	Х							
SW (Southwesterly)	Х	Х	Х							
TNW (Trough Northwesterly)	х	Х	Х	Х	х	Х	Х	х	х	х
TSW (Trough Southwesterly)	х	Х	Х							
H (High)				Х	х	Х				
HNW (High to the Northwest)	Х	Х	Х	Х	х	Х	х	х	х	х
W (Westerly)	Х	Х	Х	Х	х	Х	х	х	х	х
HSE (High to the Southeast)				Х	х	Х				
HE (High to the East)	х	Х	Х	х	х	Х	Х	х	х	х
NE (Northeasterly)	Х	Х	Х	Х	х	Х	х	х	х	х
HW (High to the West)	Х	Х	Х	Х	Х	Х	х	Х	Х	х
R (Ridge)	Х	Х	Х	х	Х	Х	Х	Х	Х	Х

Table 1. Overview of the internal descriptors used for each of the 12 WTs seen in Fig. 1 (in rows), with their usual abbreviations and their long names after Ackerley et al., 2011 and Cullen et al., 2019. "Low" columns are for troughs, "High" columns for ridges, and "Gradient" columns for weather types showing both troughs and ridges. Descriptors depict the spatial coordinates (Lat, Lon) and intensities (MinZ', MaxZ') of the corresponding atmospheric centres of action, and for gradient types, their differences (DiffLat, DiffLon, DiffZ'). Grad corresponds to the geopotential height gradient between both centers of action (DiffZ' / distance separating opposite centers of action).

For each AR tin	nestep	Units						
AR_IVTx	Vertically integrated vapor transport, zonal component							
AR_IVTy	kg.m ⁻¹ .s ⁻¹							
AR_IVTmag	AR IVTmag Total vertically integrated vapor transport							
AR_IVT_direction	Angle of the vertically integrated vapor transport	0						
For each AR event (sequence of consecutive timesteps)								
Max_IVT	Maximum value of vertically integrated vapor transport							
Max_IVTx	Maximum value of vertically integrated vapor transport, zonal							
	component	kg.m ⁻¹ .s ⁻¹						
Max_IVTy	Maximum value of vertically integrated vapor transport, meridional							
	component							
Max_direction	Angle of the maximum vertically integrated vapor transport	0						
Duration	Duration of the AR sequence	h						
Storm total IVT	Time integrated moisture transport	kg.m ⁻¹ .s ⁻¹						

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1014 Table 2. Overview of the AR metrics given by the Guan and Waliser (2019) AR detection

1015 algorithm that are analyzed in this work. The first category of metrics is given for each

1016 timestep associated with an AR event, while the second category is a statistics calculated over

1017 the whole duration (all timesteps included) of the AR event. Units are given by the third column.

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Figure 1. Domain locations, local climate and topography around ANZ. (a) Location of ANZ and domain boundaries used to analyze weather types and their atmospheric centers of action (in red), and local precipitation anomalies in ANZ (in blue). (b) Location and numbering of the 17 ERA-I grid-points used for AR detection. (c) Climatological mean annual precipitation amounts (mm) according to VCSN data, period 1979-2019. (d) Elevation (m above sea level).



Figure 2. Geopotential height at 1000 hPa associated with the 12 weather types of Kidson (2000). Contours show composite mean Z1000 fields, colors show corresponding Z1000 anomalies. Geopotential heights are derived from ERA5 for the period 1979-2019. Only anomalies that are statistically different from the climatology according to a one-tailed t test at the 95% level are represented. The inner rectangle represents the original domain used by Kidson (2000). Letter H indicates local maximum Z1000 anomalies; L indicates local minimum Z1000 anomalies. ERA5 definition of WTs is used. Each WT is labeled with a descriptor that is used for referencing throughout the manuscript.





Figure 3. Co-occurrence of AR across grid-points (left all ARs reaching NZ; right: 10% strongest ARs according to the Max_IVT descriptor). Grid-points numbered as in Fig. 1b.
Diagonal: number of days identified as ARs for each grid-point, period 1979-2019. Other cells: number of days identified as ARs co-occurring in the two corresponding grid-points.



Figure 4. AR occurrence by Kidson type for each grid-point (as numbered in Fig. 1b),
 period 1979-2019. Outer pie plots: ERA5 redefinition of Kidson types; inner pie plot: original
 NCEP distribution. The black circle arcs out of the pie plots show the retained AR detection at
 each grid-point (landfalling ARs discarded when coming from the missing parts of the circles).



1062 Figure 5. Daily precipitation anomalies (mm) associated with WTs when associated and 1063 not associated with ARs, g-p #6 (West Coast of the South Island). Composite precipitation 1064 anomalies (mm) during the 5 most favorable WTs (all days considered: 1st column) and during 1065 their occurrences not associated with ARs (2nd column), differences between NoAR days and 1066 moderate AR days (3rd column), and differences between strong AR days and moderate AR 1067 days (4th column). For the two first columns (lower colorbar), only significant anomalies 1068 against the climatology according to one-tailed t-tests modified by Welch (95% level) are 1069 displayed. For the third and fourth columns (right-hand colorbar), only significant differences 1070 according to two-tailed t-tests modified by Welch (95% level) are displayed. ERA5 redefinition 1071 of WTs is used.



1077 1078 1079

Figure 6. (a) Rank of daily precipitation anomalies associated with the 5 most favorable regimes, for NoAR, moderate AR and strong AR days. (a) Median and (b) 90th percentile of daily ranks for each WR and AR combination, for g-p #6 (West Coast of the South Island). 1080 Only rank values exceeding the 50th percentile (for a) and the 90th percentile (for b) are 1081 represented. ERA5 definition of WTs is used.




←Figure 7. Modulation of AR properties by the weather types for grid-point #6 (West
Coast of the South Island). Inner boxes: from 1st to 3rd quartiles (50% of the samples) with
median value given by white circles. Whiskers show the range of the distributions, and violin
plots represent smoothed observation densities. For quantitative values (all except IVT
directions), labels indicate the estimated significance according to analyses of variance
(ANOVAs). ERA5 definition of WTs is used.



1100 Figure 8. (a) Differences in synoptic conditions between WTs associated and not 1101 associated with ARs in grid-point #6 (West Coast of the South Island) and (a) for the ERA5 1102 redefinition of WTs, and (b) for the original NCEP/NCAR definition of the WTs. Composite 1103 mean geopotential height anomalies at 700hPa (colors: m) and 700hPa horizontal wind 1104 anomalies (vectors: m.s⁻¹) anomalies during the 5 most favorable WTs (a: ERA5 redefinition 1105 of WTs; b: NCEP/NCAR original definition of the WTs). In each figure: left column, most 1106 favorable WTs when not associated with ARs. Middle column: difference between NoAR and 1107 moderate AR occurrences of the same WTs. Right: difference between strong ARs (SAR: top 1108 10% IVT) and moderate ARs. For the two first columns (lower colorbar), only significant 1109 anomalies according to one-tailed t-tests modified by Welch (95% level) are displayed. For the third column (right-hand colorbar), only significant differences according to two-tailed t-1110 1111 tests modified by Welch (95% level) are displayed.

- 1112
- 1113
- 1114







Figure 9. (a) Daily correlations between KT descriptors and AR features for the 5 most favorable KTs according to ERA5 definition of WTs for grid-point #6 (West Coast of the South Island) and (a) for the ERA5 redefinition of WTs, and (b) for the original NCEP/NCAR definition of the WTs. Correlations not significant at 95% omitted, correlations above the 99% threshold in bold.





1136 Figure 10. Composite mean Z1000 fields associated with the opposite phases of WT 1137 descriptors for WTs W, TNW and T controlling AR differences in grid-point #6 (West Coast 1138 of the South Island). The left-hand column shows the composite mean anomaly pattern of 1139 Z1000 raw fields (contours) and corresponding anomalies (colors) during all days ascribed to 1140 the corresponding WTs. The two remaining columns show the sub-samples formed by the 1141 opposite phases of the WT descriptor labeled in the figure. Opposite phases of each descriptor 1142 of each WT are extracted using their 20th and 80th percentiles. In all maps, only significant 1143 anomalies according to one-tailed t-tests modified by Welch (95% level) are displayed. 1144

Figure 1.



Figure 2.













Figure 3.



Figure 4.



Figure 5.



Figure 6a.



50 60 70 80 90 100

Figure 6b.



Figure 7.



Figure 8a.





Figure 8b.

 \rightarrow 10 m.s⁻¹



Figure 9a.







Figure 9b.









Figure 10.



Atmospheric Rivers and Weather Types in Aotearoa New Zealand: a two-way story

- Supplementary Materials -

Benjamin Pohl¹*; Hamish D. Prince²; Jonathan Wille³; Daniel G. Kingston⁴; Nicolas J. Cullen⁴; Nicolas Fauchereau⁵

¹ Biogéosciences, UMR6282 CNRS / Université de Bourgogne Franche-Comté, Dijon, France

³ Université Grenoble Alpes/CNRS/IRD/G-INP, IGE, Grenoble, France

⁴ School of Geography, University of Otago, Dunedin, New Zealand

⁵ National Institute of Water and Atmospheric Research, Auckland, New Zealand

In these Supplementary Materials, we present figures that could not appear in the main paper to keep it concise. They could yet be useful to some readers.

Supplementary Figure 1 shows AR counts for each grid-point of Fig. 1b, when all AR events are retained after applying the detection algorithm of Guan and Waliser (2019). Results differ from those presented in the main paper, which consist in removing those events that do not come from the open sea. This is especially true for the eastern parts of ANZ, where angle-based filtering removes most of the events coming from the west and that cross the topographic barrier of the Southern Alps.

Supplementary Figure 2 replicates the results of Fig. 4 but for the 10% strongest AR events, as measured by their associated vertically-integrated moisture transport. Although the predominant roles of the main types (T or, for some regions, W) remain qualitatively unchanged, some non-negligible differences can be found for some of the regions of ANZ. Concerning the ERA5 redefinition of the types, some examples involve type HNW for the southeastern regions (grid-points #0, #1 and #3; see Fig. 1b for their location), and, surprisingly, for the east coast of the North Island (#11), or TNW for the central-eastern parts of ANZ (#7, #9, #11). This suggests that particularly strong AR events may result (i) from differences in specific humidity in the air mass, especially for the northern parts of ANZ, as discussed in the main text and below, but also (ii) from potentially different synoptic-scale south of ANZ, with an increasing contribution of the types that chanel the moisture fluxes from the west or southwest towards the southern coasts of ANZ.

Supplementary Figure 3 shows composite precipitation anomalies during the main WTs associated with ARs, when they do vs. do not co-occur with AR events. For overall WT

² Department of Atmospheric and Oceanic Sciences, University of Wisconsin-Madison, Madison, WI, USA

occurrences, this analysis resembles previous studies that explored the relationships between WTs and daily precipitation amounts and anomalies (e.g., Renwick 2011). However, closer scrutiny reveals different statistical significance as compared to previous work. Large parts of the territory show non-significant anomalies at the 95% (e.g., west of ANZ during occurrences of type T), while this type was considered as a synoptic configuration yielding wet conditions west of the main divide. These apparent contradictions are mostly due to the nonparametric Welch test used here, more appropriate to non-Gaussian variables than the more commonly used parametric t-test. The fact that some anomalies do not reach statistical significance (Fig. 5), in spite of large departures from the average climatology, suggests large within-type diversity, when all days ascribed to a given WT are considered. Indeed, daily precipitation anomalies associated with the same WTs specifically for NoAR days (that is, WT occurrence not accompanied by any AR occurrence), show anomaly fields that more often reach the 95% significance bound. This further confirms that AR occurrence, concomitantly with WTs, is a key parameter to consider to explain the internal variability of the latter, as discussed in the main paper. Comparing Supp. Fig. 3a (analyzing AR events that reach the south of ANZ) and 3b (considering those events that hit the north of the country) also shows that some common WTs recurrently involved in AR development in both regions (e.g., types T or SW) further differentiate during AR days, depending on their landfalling regions. While AR presence or absence is a first major cause of within-type diversity, second-order differentiation is also due to the location and shape of those ARs, with respect to ANZ.

These results are fully confirmed, and are graphically more visible, in Supp. Figs. 4 and 5, based on the rank of daily precipitation anomalies during overall WT occurrences, and then, separating NoAR and AR days. Although they are more intense, daily precipitation during AR events also appear more concentrated, spatially, which seems coherent with the narrow moisture corridors that are formed by these events.

Supplementary Figure 6 replicates the results of Fig. 7 for the AR events that landfall over the south and the north of ANZ. These results are in line with those discussed in the main article, and confirm that synoptic configurations, as approximated here by their discretization into 12 WTs, have a major influence on AR angles (and therefore on the zonal and meridional components of their corresponding IVT). Weaker (but still significant) influence is also found for AR duration and time-integrated total moisture transport, the latter being mostly determined by the former.

The AR filtering based on their angle, as shown in Supp. Fig. 1, is more restrictive for gridpoint #0 than #16 (which is more surrounded by sea, hence a larger proportion of ARs that are retained in the analysis). This has a strong incidence on the statistical distribution of AR properties in grid-point #0.

Supplementary Figure 7 similarly generalizes the results of Fig. 8 for the north and south of ANZ, by assessing how regional atmospheric circulation differs between AR and NoAR days, during each favorable WT. The major conclusions are the same as those outlined in the main paper for the West Coast of the South Island: during AR days the atmospheric centers of action are shifted to form a geopotential height dipole that acts to chanel moisture fluxes towards the region of interest (that is, the landfalling region of the corresponding AR events). Depending on the landfalling region of the ARs, the geopotential dipole that is strengthened during those events shows different locations and orientations. In the main article, we identified (Fig. 8) a negative geopotential pole southwest of ANZ, and a positive one north to northeast of it, which directed northwesterly atmospheric fluxes towards the landfalling West Coast

region of the South Island, perpendicularly to the coast and topographic barrier (Fig. 1). Although the general mechanisms and conclusions are verified for all landfalling regions along the coasts of ANZ, the dipole pattern varies in location and angle from one landfalling region to another, which is further informative to identify possible moisture sources and moisture corridors (Bennett and Kingson 2022):

— for the south of ANZ (Supp. Fig. 7), a meridional dipole prevail, with a negative pole south of ANZ and a positive pole most frequently located over Tasman Sea. This acts to reinforce the dominant westerly winds, thereby increasing their moisture transport. The positive pole west of ANZ favors an anticyclonic circulation that could favor northerly anomalies from Australia towards the mid-latitudes and that could increase the humidity of the air mass, through poleward moisture export.

— for the northern regions of ANZ (Supp. Fig. 8), the negative pole of geopotential height is found immediately to the west of ANZ, while the positive pole is located northeast of the North Island. This dipole is favorable to northerly or northwesterly anomalies that could direct moisture fluxes, potentially originating from the Tasman or Coral seas, towards the north of ANZ. Such moisture transport could be very efficient, if the air mass contains much moisture.

This question of the humidity of the air mass is explored in Supp. Fig. 9. Here, lower-layer moisture fluxes are shown, together with anomalies of specific humidity at 1000hPa, during overall WT occurrences. Next we analyze the within-type diversity, by calculating the differences between NoAR and moderate AR days on the one side, and strong minus moderate AR days on the other side. These analyses are performed for both the West Coast region of South Island (Supp. Fig. 9a), extensively discussed in the main paper, as well as the southernmost (Supp. Fig. 9b) and northernmost (Supp. Fig. 9c) landfalling grid-points of ANZ. Results first identify the major role of meridional anomalies in driving moisture anomalies, southerly winds being associated with an advection of cold, dry air towards the lower latitudes while the reverse prevails with northerly anomalies (Supp. Fig. 9).

Under AR conditions, the air mass is significantly more humid than during NoAR days associated with the same WT. The causality between dynamics and thermodynamics remains to be established, as the main moisture sources feeding AR events with moisture. Our results depict increasing importance of air humidity towards the north of ANZ, while moisture transport reaching the southern part of the country seem more related to the modulus of mid-latitude westerly winds.

Finally, Supplementary Figure 10 explores day-to-day variability in AR properties, within a given synoptic context (that is, WT), and their relationships with these synoptic-scale configurations around ANZ. They confirm the results discussed in the main article for the West Coast region of the South Island, as well as the synoptic differences identified in Supp. Figs. 7-9 between AR and NoAR days associated with the same WT.


Supplementary Figure 1. As Fig. 3 but without removing AR events based on their angle.



Supplementary Figure 2. Pie plots as shown in Fig. 4 but for the 10% strongest ARs according to the Max_IVT descriptor.



Supplementary Figure 3. (a) As Fig. 5 but for southernmost grid-point #0 (a) and northernmost grid-point #16 (b).



Supp. Fig. 3 (b: continued).



Supplementary Figure 4. (a) Rank of daily precipitation anomalies associated with the 5 most favorable regimes, for NoAR, moderate AR and strong AR days. Median of daily ranks for each WR and AR combination, for southernmost g-p #0 (a), and northernmost g-p #16 (b). ERA5 definition of WTs is used.



Supp. Fig. 4 (b: continued).



Supplementary Figure 5. (a) As Supp. Fig. 4 but for the 90th percentile of daily ranks for each WT and each AR category.



Supp. Fig. 5 (b: continued).



Supplementary Figure 6. (a) As Fig. 7 but for southernmost grid-point #0 (a) and northernmost grid-point #16 (b).



Supp. Fig. 6 (b: continued).



Supplementary Figure 7. (a) As Fig. 8 but for the southernmost grid-point #0.



Supp. Fig. 7 (b: continued).



Supplementary Figure 8. (a) As Fig. 8 but for the northernmost grid-point #16.



Supp. Fig. 8 (b: continued).



Supplementary Figure 9. (a) Differences in specific humidity and moisture fluxes between WTs associated and not associated with ARs in (a) grid-point #6 (West Coast of the South Island), (b) southernmost grid-point #0, and (c) northernmost grid-point #16, using the ERA5 redefinition of WTs. Composite mean anomalies of specific humidity at 1000hPa (colors: g.kg⁻¹) and 1000hPa horizontal moisture fluxes (vectors: g.kg⁻¹.m.s⁻¹) anomalies during the 5 most favorable WTs. In each figure: left column, most favorable WTs when not associated with ARs. Middle column: difference between NoAR and moderate AR occurrences of the same WTs. Right: difference between strong ARs (SAR: top 10% IVT) and moderate ARs. For the two first columns (lower colorbar), only significant anomalies according to one-tailed t-tests modified by Welch (95% level) are displayed. For the third column (right-hand colorbar), only significant differences according to two-tailed t-tests modified by Welch (95% level) are displayed.



Supp. Fig. 9 (b: continued).



Supp. Fig. 9 (c: continued).



Supplementary Figure 10. (a) As Fig. 9 but for southernmost grid-point #0.





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Supplementary Figure 10 (b: continued).



Supplementary Figure 11. (a) As Fig. 9 but for northernmost grid-point #16.



Supplementary Figure 11 (b: continued).