Incorporating Uncertainty into a Regression Neural Network Enables Identification of Decadal State-Dependent Predictability

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Abstract

Predictable internal climate variability on decadal timescales (2-10 years) is associated with large-scale oceanic processes, however these predictable signals may be masked by the noisy climate system. One approach to overcoming this problem is investigating state-dependent predictability - how differences in prediction skill depend on the initial state of the system. We present a machine learning approach to identify state-dependent predictability on decadal timescales in the Community Earth System Model version 2 by incorporating uncertainty estimates into a regression neural network. We leverage the network's prediction of uncertainty to examine state dependent predictability in sea surface temperatures by focusing on predictions with the lowest uncertainty outputs. In particular, we study two regions of the global ocean - the North Atlantic and North Pacific - and find that skillful initial states identified by the neural network correspond to particular phases of Atlantic multi-decadal variability and the interdecadal Pacific oscillation.

Incorporating Uncertainty into a Regression Neural Network Enables Identification of Decadal State-Dependent Predictability in CESM2

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Key Points:

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7	•	Artificial neural networks skillfully predict sea surface temperatures on decadal
8		timescales in CESM2.
9	•	The networks identify predictability by assigning lower uncertainty to initial states
10		that lead to lower prediction error.
11	•	More predictable initial states coincide with combinations of phases of large scale
12		decadal variability.

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13 Abstract

Predictable internal climate variability on decadal timescales (2-10 years) is associated 14 with large-scale oceanic processes, however these predictable signals may be masked by 15 the noisy climate system. One approach to overcoming this problem is investigating state-16 dependent predictability - how differences in prediction skill depend on the initial state 17 of the system. We present a machine learning approach to identify state-dependent pre-18 dictability on decadal timescales in the Community Earth System Model version 2 pre-19 industrial control simulation by incorporating uncertainty estimates into a regression neu-20 ral network. We leverage the network's prediction of uncertainty to examine state de-21 pendent predictability in sea surface temperatures by focusing on predictions with the 22 lowest uncertainty outputs. In particular, we study two regions of the global ocean - the 23 North Atlantic and North Pacific - and find that skillful initial states identified by the 24 neural network correspond to particular phases of Atlantic multi-decadal variability and 25 the interdecadal Pacific oscillation. 26

27 Plain Language Summary

As the climate warms with anthropogenic climate change, it is increasingly important to predict long term climate variability in order to prepare for possible extremes. However, the Earth's climate is chaotic and deciphering predictable long-term signals from this noisy system has proven challenging. Here we leverage times where predictable signals rise above the noise and the long-term forecasts have less error. We present a machine learning approach to identify these times when the climate is more predictable and show that these are related to particular patterns of heat in the Atlantic and Pacific Oceans.

35 1 Introduction

Predicting the evolution of the climate on decadal timescales (2-10 year) has far 36 reaching implications for both climate science and society. On these timescales, changes 37 in climate patterns are associated with the forced response to anthropogenic emissions 38 and internal variability in ocean (Meehl et al., 2021). For example, the forced response 39 from climate change can manifest as the steady increase of global mean temperature which 40 provides some predictability of future temperatures. Decadal predictability of oceanic 41 temperature variability arises from the ocean's ability to store, release and transport heat 42 on decadal timescales. Major modes of variability in the Pacific and Atlantic Oceans are 43 therefore linked to decadal predictability as they indicate the spatial distribution of heat 44 in these basins. Furthermore, this internal variability in the ocean can act to either mask 45 or amplify the forced response from climate change (Trenberth & Fasullo, 2013). The 46 Pacific Ocean exhibits long-term variability via the interdecadal Pacific oscillation (IPO 47 Power et al., 1999; Meehl et al., 2013) and its related mode Pacific decadal variability 48 (PDV, Mantua et al., 1997; Y. Zhang et al., 1997). Atlantic multi-decadal variability (AMV, 49 Enfield et al., 2001; Xie & Tanimoto, 1998) is considered the dominant form of long-term 50 variability in the Atlantic ocean, however whether variability arises due to internal Earth 51 system processes or external forcing is still under debate (Clement et al., 2015; Mann 52 et al., 2021; Booth et al., 2012). Because these patterns of variability are associated with 53 decadal predictability, decadal prediction is traditionally focused on either investigating and predicting the processes themselves, (e.g. Meehl et al., 2016; Gordon et al., 2021; 55 R. Zhang et al., 2019), or exploring the predictability that arises from the atmospheric 56 teleconnections driven by these patterns (e.g. R. Zhang & Delworth, 2006; Simpson et 57 al., 2018, 2019). 58

As hinted at above, it is difficult to decipher the drivers of predictability in observations and historical simulations as it is influenced by the non-linear interactions between internal variability and external forcing. Studies have diagnosed predictability in pre-industrial control runs (Branstator et al., 2012), while others have deciphered pre-

dictability from internal variability in model hindcast ensembles with accompanying un-63 forced ensembles (Yeager et al., 2018; Borchert et al., 2021). Another avenue of research 64 has been to quantify (using various metrics) how much predictability is present in dif-65 ferent regions of the ocean, and what the relative contributions of internal and external 66 drivers may be(Boer, 2011; Branstator & Teng, 2010). However, predictability in the cli-67 mate system can vary drastically depending on region, timescale, and initial state (Christensen 68 et al., 2020; Meehl et al., 2021; Mariotti et al., 2020) thus studies have encouraged a shift 69 of focus towards the concept of state-dependent predictability (Pohlmann et al., 2004; 70 Msadek et al., 2010; Merryfield et al., 2020; Mariotti et al., 2020). This paradigm intrin-71 sically acknowledges that some initial states lead to more predictable behavior than oth-72 ers. The aim is therefore to identify these more predictable initial states, as they pro-73 vide the opportunity to make more skillful forecasts. State-dependent predictability has 74 been investigated on short (subseasonal to seasonal) timescales as the identification of 75 "forecasts of opportunity" (Albers & Newman, 2019; Mayer & Barnes, 2021) An exam-76 ple of an oceanic region with decadal state-dependent predictability is the North Atlantic 77 Subpolar Gyre. It has been found that anomalously strong ocean heat transport in the 78 North Atlantic ocean is associated with skillful predictions of sea surface temperature 79 (SST) in the North Atlantic Subpolar Gyre for lead times up to 8 years (Brune et al., 80 2018; Borchert et al., 2018). So enhanced heat transport in the North Atlantic could be 81 considered a more predictable initial state for predicting North Atlantic SSTs. 82

With this increased focus on state-dependent predictability, it is necessary to ex-83 plore methods that can identify state-dependent predictability. Machine learning is one 84 such method that shows promise for identifying more predictable initial states. In fact, 85 on subseasonal timescales, classification artificial neural networks (ANNs) have been shown 86 to objectively identify states of the Madden-Julian oscillation that lead to enhanced pre-87 dictability of circulation in the North Atlantic (Mayer & Barnes, 2021) by leveraging the 88 network's confidence in a prediction to identify state-dependent predictability. Further-89 more, on decadal timescales it has been demonstrated that ANNs can skillfully predict 90 decadal processes (Gordon et al., 2021; Labe & Barnes, 2022) and identify states of en-91 hanced predictability of surface temperature over land (Toms et al., 2021). 92

This study introduces the identification of state-dependent predictability on decadal 93 timescales using a regression-based neural network to predict sea surface temperatures 94 (SSTs) across the globe within the Community Earth System Model, version 2 (CESM2, 95 Danabasoglu et al., 2020) pre-industrial control simulation. We demonstrate a power-96 ful technique for incorporating uncertainty into the prediction of regression neural net-97 works which has previously only been used a handful of times in climate science (Foster 98 et al., 2021; Guillaumin & Zanna, 2021; Barnes & Barnes, 2021). We further leverage 99 this uncertainty output to identify which initial states are associated with the lower un-100 certainty predictions. Lower uncertainty predictions imply more predictable inputs, hence 101 this technique identifies state-dependent predictability. Furthermore, we link predictable 102 initial states to major forms of variability so we are able to identify certain combinations 103 of IPO and AMV phases that correspond to skillful decadal predictions of SSTs in CESM2. 104

¹⁰⁵ 2 Data and Methods

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2.1 Data

We use sea surface temperature (SST) and ocean heat content (OHC) output from the CESM2 pre-industrial control run for the Coupled Model Intercomparison Project phase 6 (CMIP6; Eyring et al., 2016). OHC is interpolated to a $4^{\circ} \times 4^{\circ}$ grid. We train ANNs at each SST grid point so SST is interpolated to a $5^{\circ} \times 5^{\circ}$ grid which captures the regional variation in predictability while not being too computationally demanding. We use monthly output of the 2000 year run with the first 100 years removed to allow the ocean circulation to spin-up. Both OHC and SST are then de-seasonalized by remov-

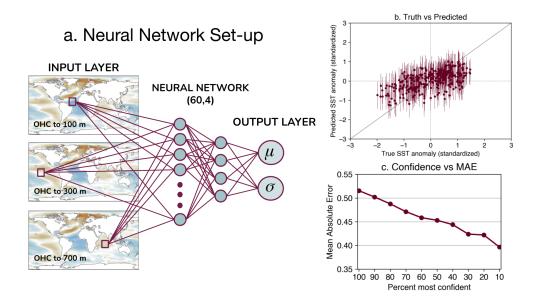


Figure 1. a. Schematic of the artificial neural network architecture. b. Scatter plot of predicted SST anomaly (y axis) vs true SST anomaly (x axis). Dots represent predicted μ values, while vertical lines represent the 1 σ range. c. Prediction mean absolute error (MAE) as a function of prediction confidence (see text). Both b. and c. utilize the same network trained to predict SST in the North Atlantic Ocean (52.5°N, 325°E).

ing the mean annual cycle from each grid point. Furthermore, to account for model drift, 114 after deseasonalizing we calculate the third degree polynomial trend via least squares and 115 subtract this from each grid point. This means that each variable's statistics are approx-116 imately stationary for the remaining 1900 years of data. OHC is smoothed using a 60 117 month backward running mean to smooth high frequency variability. We divide the pre-118 processed data into training, validation and testing. The first 70% (\sim 1300 years) is used 119 for training, the next 15% (~300 years) for validation and the last 15% (~300 years) for 120 testing. We calculate the mean and standard deviation for every point on both the OHC 121 and SST grids in the training set. We then use these values to standardize all of the train-122 ing, validation and testing data. 123

2.2 Artificial Neural Network

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Artificial neural networks (ANNs) are used to predict the average SST anomaly 125 at a lead time of 1-5 years and 3-7 years, i.e. the ANN predicts the average 60 month 126 SST anomaly in the next 12-72 months, or 36-96 months respectively. In this experiment 127 the ANN is trained to predict the SST evolution in the CESM2 pre-industrial control, 128 so for example, one input sample is OHC information from a specific time step in the 129 control run, and the output prediction is the average SST anomaly over the next 12-72 130 months in the control run. A schematic of our neural network architecture is provided 131 in Figure 1a and a brief overview of ANNs for geoscience applications can be found in 132 e.g. Toms et al. (2020). The predictors are three OHC grids, where each grid is OHC 133 integrated to a different depth (100 m, 300 m and 700 m). We chose varying depths of 134 OHC because each contains information corresponding to different forms of climate vari-135 ability. For example, the upper levels of the ocean integrate atmospheric forcing, and hence 136 capture atmospheric variability as well as surface ocean dynamics (Frankignoul & Has-137

selmann, 1977). The variability in lower levels of the ocean is guided by a combination 138 of slow moving ocean circulation and the incorporation of mixed layer processes via the 139 annual cycle in the thermocline (Alexander & Deser, 1995). By inputting three OHC depths 140 into the neural network, it can theoretically combine different oceanic and atmospheric 141 processes to make its predictions. The three ocean grids are vectorized with points over 142 land removed resulting in a total 7947 input pixels. This input is connected to a hidden 143 layer of 60 nodes which is then connected to another hidden layer of 4 nodes (see Fig.1). 144 In this network, all layers are densely connected meaning all nodes in the previous layer 145 are connected to all the nodes in the next layer. Furthermore, all nodes in the hidden 146 layers use the rectified linear unit (ReLU) activation function. Finally this second layer 147 is connected to the output layer of two nodes which serve as the parameters of the pre-148 dicted conditional distribution (see details in the next paragraph). Here the distribution 149 is a normal distribution as we found allowing skewness did not significantly improve the 150 network's performance (not shown). 151

We use the $-\log(p)$ loss function described by e.g. Barnes et al. (2021) which we 152 will summarize briefly. For each input, the network outputs two values, μ and σ . To cal-153 culate loss, μ and σ are used to construct a conditional distribution, d and the negative 154 log likelihood function is calculated at the true value (y_{true}) , i.e. $loss = -log(p(y_{true}|d))$. 155 This means that the neural network can decrease loss (decrease $-\log(p(y_{true}|d)))$ in dif-156 ferent ways: either with a low σ value and μ that is close to y_{true} , or predict a larger 157 σ value with μ that is further from y_{true} , or both. The neural network is therefore not 158 penalized for high error predictions as long as it also guesses a correspondingly high σ 159 value, that is, if it recognizes an input is less predictable by assigning a high σ value. The 160 predictions of such an ANN are illustrated in Figure 1b, where we show an example scat-161 ter plot of prediction vs truth from an ANN trained to predict SST anomaly in the North 162 Atlantic Subpolar Gyre. Note that we can plot both the predicted anomaly value (μ , col-163 ored dots) and an uncertainty range, with the error bars indicating the $\pm 1\sigma$ range pre-164 dicted by the ANN. The ANN is trained using the training set, with the validation set 165 evaluated at the end of each epoch. The results presented in this study are from the test-166 ing set. During training, we use a learning rate of 1×10^{-4} with stochastic gradient de-167 scent for up to 1000 epochs with early stopping when validation loss did not decrease 168 for 100 epochs. To implement regularization, we include a dropout layer between the in-169 put layer and first hidden layer in training. We found that a high rate of dropout (80%)170 dropout rate in this experiment) forced the ANN to learn information more slowly and 171 greatly reduced over-fitting on the validation set. 172

173 2.3 AMV and IPO indices

We compute the AMV and IPO indices within CESM2 using the deseasoned and 174 detrended SST data. For the AMV index, we calculate the monthly mean SST anomaly 175 over the North Atlantic ocean $(0^{\circ}N \text{ to } 80^{\circ}N, 280^{\circ}E \text{ to } 360^{\circ}E)$ and then standardize by 176 removing the mean and dividing by the standard deviation. Note we do not de-trend by 177 the global mean SST as recommended by Trenberth and Shea (2006) because the con-178 trol run lacks a forced long term warming trend and model drift was removed during pre-179 processing. We calculate the IPO index following the tripole index proposed by Henley 180 et al. (2015). We include plots of the spatial AMV and IPO patterns in CESM2 and the 181 method for calculating IPO index in the Supplement. 182

183 3 Results

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3.1 Evaluating Performance

In this study, 10 networks (identical architecture, only varying the initial network random seed) are trained at each SST grid point in the ocean and we show the results of the best neural network at each grid point. To designate the "best" network, we se-

lect the ANN with the lowest mean absolute error (MAE, difference between predicted 188 μ and true y) on the 10% of samples with the lowest σ predictions in the validation set. 189 This designation leverages a fundamental characteristic of a network that has learned 190 predictability in the data: prediction error should decrease as predicted σ decreases. We 191 demonstrate this idea in Figure 1c where we show a network trained to predict SST in 192 1-5 years in the North Atlantic $(52.5^{\circ}N, 325^{\circ}E)$. Along the x-axis, we threshold by in-193 creasing confidence with the y-axis showing corresponding MAE for those predictions. 194 For all samples, the MAE is ~ 0.52 however for the 40% most confident predictions the 195 MAE has dropped to 0.46. For the 10% most confident predictions, the MAE has dropped 196 further to ~ 0.39 implying the network has learned samples that lead to more predictable 197 SST anomaly. We hence refer to lower σ predictions as more confident predictions, or 198 more predictable inputs. For some grid points, all networks fail to learn anything, mean-199 ing they always predict an SST anomaly of zero (or very close to zero). These networks 200 are removed before analysis, resulting in 30% of networks (525/1709) removed for lead 201 years 1-5, and 39% (675/1709) for lead years 3-7. 202

3.2 Predicting SST

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We ensure that the ANNs are learning to skillfully predict SSTs on decadal timescales 204 in CESM2 by examining prediction error in the testing data at each grid point. Fig. 2a 205 is the MAE for ANN predictions for the testing set for lead years 1-5, with black indi-206 cating grid points where all 10 networks failed to learn anything. These regions are largely 207 in the Southern Hemisphere subtropics, The lowest MAEs are found in the North At-208 lantic Ocean and the Southern Ocean around South America. This spatial distribution 209 of prediction skill (including regions where the networks failed) broadly agrees with that 210 found to be attributable to internal variability in the decadal hindcast studies using the 211 CESM1 decadal prediction large ensemble (Yeager et al., 2018; Christensen et al., 2020). These 212 studies use a different model version (CESM1 vs CESM2), and the simulations include 213 the effects of external forcing since 1850. However, the widespread agreement of spatially 214 varying predictability suggests the results in Figure 2 are not a result of experiment de-215 sign or network architecture but are rather due to differences in predictability between 216 regions. 217

The prediction skill for lead years 3-7 is shown in Fig 2b and highlights similar regions as being more predictable as in lead years 1-5. Furthermore, there does not seem to be a substantial loss in skill between these two lead times. This, coupled with the spatial distribution of prediction skill, suggests that the ANNs are learning physical relationships to make their predictions.

To contextualize the predictions of the ANNs, we benchmark them against a sim-223 ple persistence model. The persistence model predicts that the SST anomaly will be un-224 changed so that the SST anomaly at the time of input remains the same at the time of 225 prediction. We calculate the MAE for the persistence model and subtract it from the 226 MAE of the ANNs (Δ MAE = MAE_{ANN}- MAE_{persistence}), and plot the results in Figure 2g and 2h. In regions where Δ MAE is negative, the ANN outperforms persistence 227 228 (i.e. has lower error). These regions are illustrated in warm colors in Figure 2g and 2h 229 and illustrates that the ANNs trained in this study out-perform persistence in all loca-230 tions and at both lead times. These regions were all found to be significant to $\alpha = 0.05$ 231 using a one-sided Wilcoxon signed-rank test. The greatest improvement in skill above 232 persistence occurs in the cold tongue region of the Equatorial Pacific. This is unsurpris-233 ing as this region exhibits large interannual variability due to the El Nino Southern Os-234 cillation, and hence persistence performs poorly in this region. Also notable, the improve-235 ments over persistence do not necessarily align with grid points where the networks achieve 236 lowest MAE. This is a fingerprint of regional decadal variability, that regions with longer 237 memory (e.g. the mid-latitude North Atlantic) are better modeled by persistence, but 238 in these cases our networks still out-perform persistence. 239

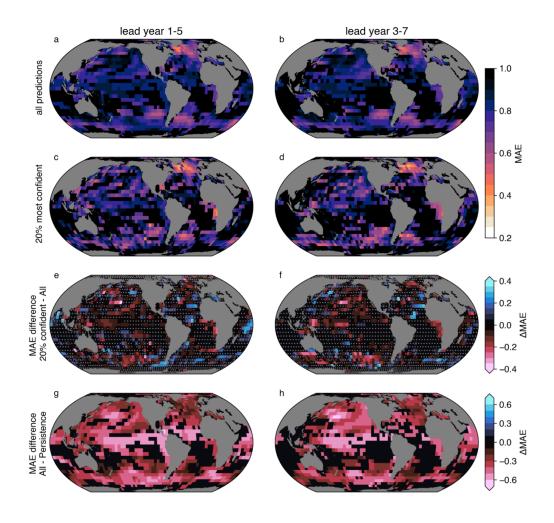


Figure 2. Evaluation of ANN prediction error. The left column is the prediction error for lead years 1-5, and the right column is for lead years 3-7. Panel a and panel b are mean absolute error (MAE) for all predictions in the testing set (i.e. all samples, N=3400). Panel c and panel d show MAE for only the 20% most confident predictions in the testing set as identified using the ANNs's uncertainty (N=680). Panel e and panel f are the differences between the 20% most confident predictions (e.g. panel e = panel c - panel a). Stippling indicates areas where the skill improvement is not statistically significant to $\alpha = 0.05$. Panel f and panel g are the difference between MAE_{ANN} and MAE_{persistence} (MAE_{ANN}-MAE_{persistence}) in the testing set.

3.3 Identifying State-Dependent Predictability

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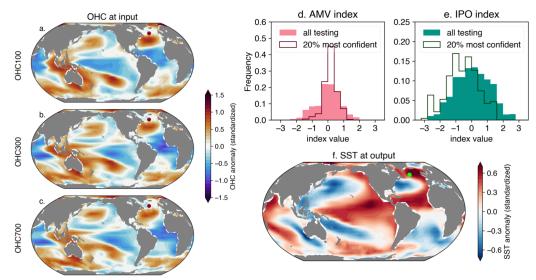
The predictive power of ANNs for decadal prediction is now demonstrated by us-241 ing them to identify state-dependent predictability. In Figure 2c and 2d we plot the MAE 242 for only the 20% most confident predictions (20% lowest predicted σ) by the ANN for 243 each SST grid point. That is, ANN objectively identifies more predictable initial states, 244 and we do not directly use knowledge of the ground truth to identify these predictions. 245 To aid in visualization, we also plot the difference in MAE between the 20% confident 246 predictions and all predictions in Figure 2e. When comparing the most confident pre-247 248 dictions with all predictions at lead years 1-5 (Figure 2e), MAE is largely reduced for more confident predictions in the mid-latitudes, implying that more confident predictions 249 are associated with smaller prediction errors in these locations. Similarly for lead year 250 3-7 (Fig. 2f), we see that sorting for the most confident predictions leads to reduced er-251 ror in most locations. For those regions where error increases, this is likely due to the 252 network learning predictability in the testing and validation data that does not gener-253 alize to the testing data which either suggests over-fitting or unaccounted-for model drift. 254 Interestingly, at both lead times, some regions that show very little skill across all pre-255 dictions exhibit large increases in skill when considering only the most confident predic-256 tions (e.g. central Pacific and the Gulf of Guinea), demonstrating that a region may be 257 considered not predictable when in fact it is just not *always* predictable. 258

3.4 Investigating Skillful Decadal Predictions

By using ANN predictions to identify state dependent predictability, we can also 260 investigate oceanic patterns that lead to predictability. Here we examine the predictions 261 of two ANNs trained to predict SSTs in the North Atlantic and North Pacific oceans to 262 investigate processes that are contributing to enhanced prediction skill in these regions. 263 In the following analysis we single out two particular grid points to investigate SST pre-264 dictability but the results are largely unchanged for the directly adjacent grid cells. Here, 265 we show results for the testing data but these results are consistent throughout the con-266 trol run (see supplementary material). 267

Figure 3 shows the 20% most confident predictions of positive SST anomaly for a point in the North Atlantic Sub-Polar Gyre from the testing set (52.5°N, 325°E). We single out positive predictions because the ANN's confident predictions are preferentially positive (583 positive predictions out of 680 confident testing samples, where 680 is 20% of the testing set), implying that the ANN detects that particular positive predictions lead to lower uncertainty. As predictions are preferentially positive, this is evidence that the ANN is detecting state-dependent predictability in the North Atlantic

We plot the correct and confident positive predictions to ensure we are analyzing 275 the correct signals that contribute to predictability. This leaves 472 samples. Fig 3a -276 3c show the composite of OHC input maps for correct and confident positive predictions 277 to investigate the initial states that lead to predictability. At all three OHC levels there 278 is a positive OHC anomaly in the subtropical to mid-latitude Atlantic Ocean. We ver-279 ify that this signal was likely utilized by the ANN in its predictions by using an ANN 280 explainability technique to investigate the input regions that are important to the net-281 work's prediction (see Text S1 and Figure S2). This shows the positive OHC anomaly 282 in the North Atlantic at all three OHC levels was highlighted as contributing to the ANN's 283 decisions. As the positive heat anomaly is slightly south of the predicted grid point, this 284 could indicate northward heat transport to achieve a positive prediction. The compos-285 ite SST anomaly in Fig 3f shows the positive anomaly is around the predicted grid point 286 in the North Atlantic which implies that this anomaly has moved northward from the 287 initial state (i.e. northward from the positive OHC anomaly in the subtropical North At-288 lantic in Fig 3a). From this evidence, we posit that the skillful SST prediction is pre-289 ceded by a positive heat anomaly in North Atlantic ocean, which is transported into the 290



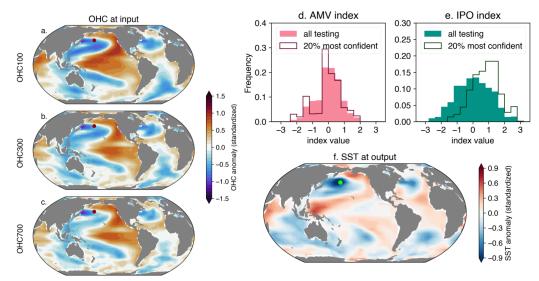
North Atlantic Ocean 52.5°N 35°W, Correct Confident Positive Predictions, N=472

Figure 3. State-dependent predictability identified in the North Atlantic for predicting average SST anomaly at lead time 1-5 years. Panels a-c: Composite of OHC inputs for confident predictions of positive SST anomaly in a point in the North Atlantic (red dot). Panel d: histogram of AMV index for testing data (dark pink) and most confident predictions (light pink). Panel e: as panel d but for IPO index. Panel f: Composite of SST map for confident predictions of SST in the North Atlantic (green dot).

gyre region. This is consistent with Borchert et al. (2018) who identified periods of en hanced heat transport in the mid-latitude as a state of increased predictability of SSTs
 in the North Atlantic subpolar gyre for up to 8 years.

As an analogue for oceanic variability, we also consider the phases of the AMV and 294 IPO during periods of increased network confidence. In Fig 3d we present the distribu-295 tion of the AMV index during the entire testing period (pink shading, mean = 0.00) with 296 the solid line showing the distribution for only 20% confident predictions which has a 297 mean of 0.16. From this, it appears that confident predictions are most likely to occur 298 during positive AMV. When randomly drawing 20% of the samples from the AMV dis-299 tribution in testing, the likelihood of a mean of 0.16 occurring is less than 1%. This im-300 plies that more skillful SST predictions in the North Atlantic Sub-Polar Gyre coincide 301 with northward heat transport from the subtropics (from 3a-c and f) coupled with the 302 positive phase of AMV (from 3d). This is consistent with previous results by e.g. Christensen 303 et al. (2020); Borchert et al. (2018). In 3e, we show the distribution of IPO phase for the 304 testing data (green shading, mean = 0.05) and 20% most confident predictions outlined 305 with the solid line, with a mean of -0.58. The likelihood drawing a mean of -0.58 from 306 the IPO testing distribution is less than 1% which suggests that the negative phase of 307 the IPO contributes to the predictability of North Atlantic SSTs. This is also apparent 308 in Fig 3a-c which all show the negative IPO pattern in the Pacific Ocean. This may in-309 dicate some inter-basin teleconnection that contributes to the predictability of North At-310 lantic SSTs. 311

We now perform a similar analysis for an ANN trained to predict SST in 1-5 years at a point in the North Pacific (42.5°N, 175°E). In Figure 4 we show the results for the 20% most confident negative predictions. For this region, 632 out of the 680 most confident samples were predictions of negative anomaly, implying the ANN designated neg-



North Pacific Ocean 42.5°N 175°E , Correct Confident Negative Predictions, N=466

Figure 4. As Figure 3 but for the North Pacific

ative predictions as more confident. Again we plot only the correct predictions, result-316 ing in 466 samples in these composites. Fig 4a-c shows the composite OHC inputs for 317 confident negative predictions, and the major signal appears to be a positive IPO/PDV 318 pattern in all panels. It is likely the ANN utilized this pattern to make these confident 319 negative predictions from the ANN explainability heat-maps (see Text S1 and Figure S3). 320 This is supported by the histogram of the IPO index in Fig 4e which shows the distri-321 bution of IPO phase in the confident samples is shifted such that confident samples sig-322 nificantly coincide with the positive phase of the IPO. There is no such strong signal in 323 the AMV index (Fig 4d). Lastly, the confident predictions appear to relate to persistence 324 in the positive IPO phase because the composite map of SST at output (Fig 4f) shows 325 an IPO pattern in the Pacific Ocean. The largest SST anomalies are in the north Pa-326 cific mid-latitudes, in the traditional PDV region. From this, we posit that skillful pre-327 dictions of SST in the North Pacific are associated with persistence in the positive phase 328 of IPO (i.e. negative SST anomaly at the predicted grid point). Here, the ANN prefer-329 entially identifies negative SST predictions as skillful, perhaps implying that persistence 330 in the positive phase of IPO is more predictable than persistence of the negative phase. 331 We posit that this difference in predictability is due to the underlying non-linear mech-332 anisms governing IPO dynamics and particularly the asymmetry in the dynamics gov-333 erning ENSO events (Choi et al., 2013; Okumura & Deser, 2010). Further investigation 334 of this is an avenue for future work. 335

4 Discussion & Conclusion

We show that artificial neural networks (ANNs) skillfully predict SST evolution on 337 decadal timescales and that they can objectively identify decadal state-dependent pre-338 dictability due to internal variability in the North Pacific and North Atlantic Oceans. 339 Specifically, we use a regression neural network where the predictions take the form of 340 a conditional normal distribution which we leverage to isolate predictions that are more 341 likely to have lower error. This approach allows us to investigate possible contributing 342 mechanisms to decadal SST predictability, particularly Atlantic multi-decadal variabil-343 ity and the interdecadal Pacific oscillation (AMV and IPO, Figs 3 and 4). We chose to 344 model the conditional distributions as normal distributions as alternatives did not sig-345

nificantly improve skill. We suggest that future studies investigating state-dependent predictability for other timescales and variables may benefit from the addition of skewness
to the predicted conditional distributions (Barnes et al., 2021), as well as further exploring alternative network architectures to tease out additional skill.

We investigate state-dependent predictability in two regions, the North Atlantic 350 Subpolar Gyre, and the North Pacific Ocean by identifying predictions in these regions 351 that the ANNs assigned the lowest uncertainty and investigating the processes that cor-352 respond to these confident predictions. This study utilizes the CESM2 long control rep-353 resentation of the climate system and the results in the North Atlantic appear to agree 354 with hindcast studies of Brune et al. (2018); Borchert et al. (2018); Yeager et al. (2018) 355 which use different models to that used here (MPI-ESM; Giorgetta et al. (2013) and CESM1; 356 Hurrell et al. (2013)). These previous studies also incorporate observations or reanaly-357 sis to evaluate the prediction skill of the decadal hindcasts. Moreover, in a study of ini-358 tialized decadal hindcasts in the CMIP6 archive, Borchert et al. (2021) attribute pre-359 dictable SSTs in the North Atlantic subpolar gyre to the effects of external forcing in 360 the historical era, particularly volcanic forcing. Since our findings are consistent with the state-dependent predictability investigated in these studies, this suggests that the ANN 362 predictions and mechanisms investigated here are likely relevant to realistic climate vari-363 ability and implies a role for internal variability in North Atlantic predictability. Fur-364 ther investigation is left for future work. 365

Here we present a data-driven approach to diagnosing state-dependent predictabil-366 ity in an unforced model simulation. In addition to the role of North Atlantic heat trans-367 port, we find evidence for a state-dependent inter-basin teleconnection, that is, the neg-368 ative phase of the IPO influencing predictability of North Atlantic SSTs (Fig 3). The 369 drivers of predictability and variability in the North Atlantic ocean are still debated, es-370 pecially the relative roles of internal variability and external forcing (Wu et al., 2011; Clement 371 et al., 2015; R. Zhang et al., 2019; Mann et al., 2021; Fang et al., 2021; Fenske & Clement, 372 2022). We hence suggest that future work on decadal prediction should investigate the 373 roles of internal variability and external forcing through the lens of state-dependent pre-374 dictability. 375

This study emphasizes the importance of examining state-dependent predictability for decadal predictions. We stress that the *a priori* identification of more predictable initial states greatly increases prediction skill and can hence aid in estimating the evolution of the internal long-term variability of the climate system.

³⁸⁰ 5 Open Research

We use CESM2 output from the pre-industrial control experiment which is freely available from Earth System Grid https://esgf-node.llnl.gov/projects/cmip6 (Danabasoglu, 2019).

Analysis was carried out in Python 3.7 and 3.9, ANNs were developed using TensorFlow (Abadi et al., 2016), while XAI heatmaps were created with iNNvestigate (Alber et al., 2019). Many color maps in this work are the from CMasher package (van der Velden, 2020) and regridding was achieved using Climate Data Operators (CDO; Schulzweida, 2019).

Code used to preprocess, generate the ANNs, and produce the figures in this work can be found at Gordon (2022).

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Supporting Information for "Incorporating Uncertainty into a Regression Neural Network Enables Identification of Decadal State-Dependent Predictability"

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- 7. Figure S5: Explainability maps for North Pacific predictions

Introduction The text in this document (Text S1) is a description of explainable AI (XAI), and provides a discussion of XAI findings which support the conclusions in the main text. This text references Figures S2 and S3 which are the XAI analyses of Figures

3 and 4 from the main document, respectively. In Figure 1 we provide plots showing the Atlantic multi-decadal variability (AMV) and interdecadal Pacific oscillation (IPO) patterns calculated in the CESM2 long control run.

IPO Index Calculation We calculate the IPO index using the method outlined by Henley et al. (2015) and we detail here. From the deseasoned SST data we calculate the area averaged monthly SST anomalies in three boxes in the Pacific Ocean:

- 1. 25°N to 45°N and 140°E to 145°W
- 2. 10°S to 10°N and 170°E to 90°W
- 3. 50°S to 15°S and 150°E to 160°W

Using the numbering above, the index is calculated from the following equation:

$$IPO = Box2 - 0.5 * (Box1 + Box3)$$

$$\tag{1}$$

The resulting pattern from projecting the IPO index onto global SSTs is plotted in Figure S1, with the boxes in these calculations outlined in purple.

Neural Network Explainability To support our results, we use neural network explainability techniques (explainable AI or XAI) to examine the decision-making process of the ANNs. The underlying goal of the XAI methods used here is to provide an indication of how each input pixel contributed to a neural network's prediction. The methods we use here are attribution methods, in particular we use three methods, Integrated Gradient, LRP-Z (which is the same as Input times Gradient for networks with ReLU activation) and LRP-epsilon. All of these methods assign each input pixel a relevance, where positive relevance indicates that a pixel contributed to positively to an output node of interest and vice versa. For comprehensive discussion of XAI with application to climate science, and

best practices, see Mamalakis, Ebert-Uphoff, and Barnes (2021) and Mamalakis, Barnes, and Ebert-Uphoff (2022).

The explainability composite maps for each region investigated in the main text is provided in Figure S4-S5. Each of the first three columns is a different method (Gradient, Input times Gradient, LRP-epsilon from left to right). We use an epsilon value of 0.01, and apply Gaussian smoothing to each explainability map to assist with visualization. Each row is a different OHC level (OHC to 100 m, OHC to 300 m, OHC to 700 m from top to bottom). The right-most column in each is the composite OHC input which acts as a reference to how the relevance patterns correspond to the physical input maps.

In Figure S4 we look at the composite explainability maps for confident predictions of positive SST anomaly in the North Atlantic ocean (green dot, same as in Figure 3 in the main text). For all three methods, red regions contributed to the neural network's positive prediction. It appears the positive OHC anomaly in the North Atlantic Ocean contributed to the positive SST prediction, especially at the lowest level of the ocean (OHC to 700m). All XAI methods show the same patterns, reducing the likelihood for spurious relevance (although not eliminating it, see (Mamalakis et al., 2021)).

In Figure S5 we look at composite explainability maps for confident predictions of negative SST anomaly in the North Pacific ocean (green dot, same as Figure 4 in the main text). Here, the blue regions imply regions that contributed to neural network's negative prediction. Here, relevance highlights that the negative anomaly in the Kuroshio region in the upper layers, coupled with the positive anomaly in the off equatorial Pacific in lowest layers most contributed to the negative prediction. This anomaly pattern is

indicative of the IPO's positive phase. Again the highlighted relevances are consistent across explainability methods.

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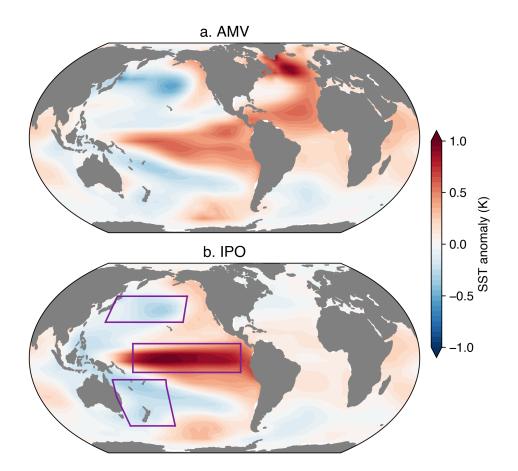
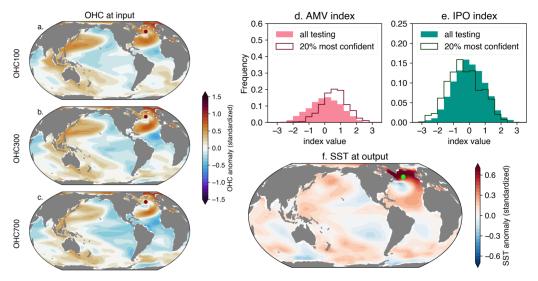
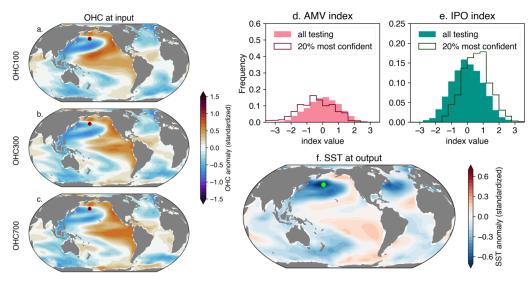


Figure S1. Patterns of large scale SST variability in CESM2 calculated using the methods discussed in Section 2.3 in Main a. AMV index projected onto global SSTs. b. IPO index projected onto global SSTs.



North Atlantic Ocean 52.5°N 35°W, Correct Confident Positive Predictions, N=3203

Figure S2. As Figure 3 in the main document but for the training and validation data.



North Pacific Ocean 42.5°N 175°E , Correct Confident Negative Predictions, N=2831

Figure S3. As Figure 4 in the main document but for the training and validation data.

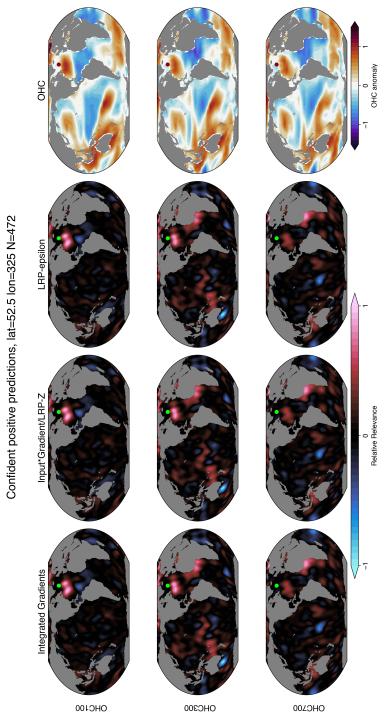


Figure S4. Composite explainability maps for predictions in Figure 3 of the main text. Each of the first three columns is a different technique (Integrated Gradients, Input times Gradient, LRP-epsilon from left to right), while each row is a different ocean layer (OHC to 100 m, OHC to 300 m, OHC to 700 m from top to bottom). The right-most column is the composite OHC input (the same as Fig 3a-c). June 15, 2022, 4:49pm

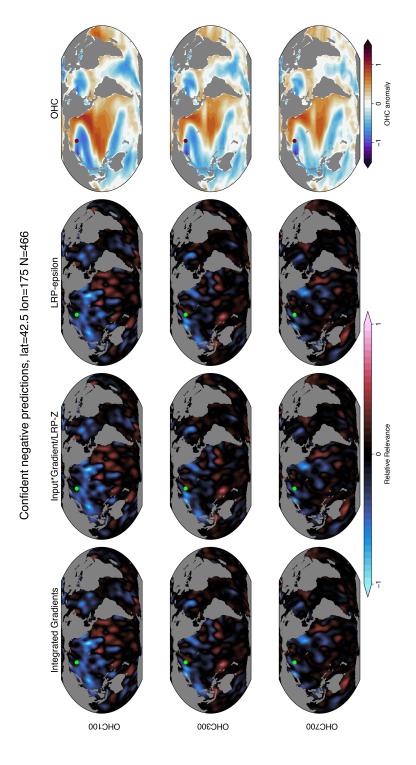


Figure S5. As Figure S4 but for North Pacific predictions in Figure 4 in the main text.