Contribution of Atmospheric Rivers to Antarctic Precipitation

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Abstract

Atmospheric rivers (ARs) are efficient mechanisms for transporting atmospheric moisture from low latitudes to the Antarctic Ice Sheet (AIS). While AR events occur infrequently, they can lead to extreme precipitation and surface melt events on the AIS. Here we estimate the contribution of ARs to total Antarctic precipitation, by combining precipitation from atmospheric reanalyses and an polar-specific AR detection algorithm. We show that ARs contribute substantially to Antarctic precipitation, especially on East Antarctica at elevations below 3000 meters. ARs play a vital role in explaining the substantial year-to-year variability in Antarctic precipitation. Our results highlight that ARs are an important component for understanding present and future Antarctic mass balance trends and variability.

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Key Points:
Atmospheric rivers (ARs) contribute around 13±3% to Antarctic Ice Sheet (AIS) precipitation.
The relative contribution of ARs to precipitation is most substantial in East Antarctica.
ARs explain a large fraction (35%) of interannual variability in AIS precipitation.

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15 Abstract

Atmospheric rivers (ARs) are efficient mechanisms for transporting atmospheric mois-16 ture from low latitudes to the Antarctic Ice Sheet (AIS). While AR events occur infre-17 quently, they can lead to extreme precipitation and surface melt events on the AIS. Here 18 we estimate the contribution of ARs to total Antarctic precipitation, by combining pre-19 cipitation from atmospheric reanalyses and an polar-specific AR detection algorithm. We 20 show that ARs contribute substantially to Antarctic precipitation, especially on East Antarc-21 tica at elevations below 3000 meters. ARs play a vital role in explaining the substan-22 tial year-to-year variability in Antarctic precipitation. Our results highlight that ARs 23 are an important component for understanding present and future Antarctic mass bal-24 ance trends and variability. 25

²⁶ Plain Language Summary

Antarctica is the driest continent on Earth. The rare snowfall events on the cold 27 Antarctic desert usually come from so-called atmospheric rivers, the same type of sys-28 tems that bring winter precipitation along the western coasts of the American continents, 29 such as the Pacific Northwest in the United States. Here we estimate how much precip-30 itation on Antarctica is associated with these atmospheric rivers. Even though they only 31 occur a few days per year, atmospheric rivers explain around 13% of the total Antarc-32 tic precipitation. Even more importantly, we find a strong link between year-to-year vari-33 ations in Antarctic precipitation and atmospheric rivers, underlining the importance of 34 these systems for understanding current and future changes of the Antarctic ice sheet 35 contribution to global sea level rise. 36

37 1 Introduction

The Antarctic Ice Sheet (AIS) is losing mass at an accelerated pace, with a tripling 38 of mass loss (200 Gt yr⁻¹ or Gigatonnes (10^{12} kg) per year) in recent years (2012-2017) 39 relative to the early 1990s (Shepherd et al., 2018; Rignot et al., 2019). On top of that 40 multi-decadal AIS mass loss signal, which is primarily driven by ocean warming and sub-41 sequent ice shelf thinning and areal loss, and grounding line retreat, AIS mass balance 42 varies substantially from year to year (Wouters et al., 2013; Rignot et al., 2019). These 43 mass balance variations are determined by atmospheric processes, particularly snowfall, 44 which is the primary input term of the AIS mass balance (Lenaerts et al., 2019). While 45

annual snowfall rates on AIS are generally low (<200 mm per vear), a substantial por-46 tion of the annual snowfall is associated with highly episodic marine air intrusions (Nicolas 47 et al., 2011; Maclennan & Lenaerts, 2021) or synoptic-scale cyclones (Dalaiden et al., 2020; 48 Turner et al., 2019). Some of these systems generate long, narrow plumes of strong hor-49 izontal water vapor transport, referred to as atmospheric rivers (ARs; Zhu & Newell, 1998). 50 While ARs are well known to impact certain mid-latitude regions, particularly the west 51 coast of the American continents, recent work has highlighted their importance for ice 52 sheet mass balance. For example, Mattingly et al. (2020) showed that atmospheric rivers 53 in summer enhance surface melt and rainfall over the Greenland Ice Sheet. Wille et al. 54 (2019) demonstrated that most surface melt events on the West Antarctic Ice Sheet are 55 explained by ARs, as they bring relatively warm air masses from lower latitudes, some-56 times as far as the subtropics (Terpstra et al., 2021). As surface melt and rain on the 57 AIS is generally limited to the ice shelves (Trusel et al., 2013; Johnson et al., 2021), and 58 nearly all meltwater refreezes in the firn, ARs are currently more relevant for precipi-59 tation on the AIS. Considering that AR are likely to become more impactful in the fu-60 ture (Payne et al., 2020), and AIS precipitation is expected to increase (Dalaiden et al., 61 2020; Lenaerts et al., 2016), it is essential to better constrain ARs and their impact on 62 contemporary AIS surface mass balance. In situ observations on the East Antarctic es-63 carpment have shown that ARs can contribute up to 80% of the annual snowfall (Gorodetskaya 64 et al., 2014). In West Antarctica, seasonal surface height increases, as measured by satel-65 lite laser altimetry, can be attributed to unusually strong AR activity (Adusumilli et al., 66 2021). Most recently, Wille et al. (2021) used an AR detection algorithm to confirm that, 67 while ARs only occur a few times per year along the Antarctic coastline, they contribute 68 significantly to AIS snowfall especially in East Antarctica. A question that emerges from 69 this previous work, in the framework of ongoing AIS mass loss, is: how much mass, in 70 the form of precipitation, do ARs contribute to the AIS every year? Here we aim to ad-71 dress that question, using a combination of a polar-specific AR algorithm and reanal-72 ysis precipitation products. Section 2 discusses the data and methods used in this study. 73 Section 3 presents the results, and Section 4 provides a discussion of our findings and 74 conclusions. 75

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⁷⁶ 2 Data and Methods

77 **2.1 MERRA-2**

In this work, we use output of the atmospheric reanalysis product MERRA-2 (Gelaro 78 et al., 2017) from the National Aeronautics and Space Association (NASA). In partic-79 ular, we use total (snowfall + rainfall) precipitation fields at three-hourly (for the AR 80 precipitation, see below) and monthly time resolution (for the total). We included rain-81 fall in our study, since it is very small over Antarctica (Vignon et al., 2021), and most 82 rain water instantaneously refreezes in the cold firn, essentially implying that rainfall is 83 an input term of the current Antarctic mass balance. Effects of rain on firn thermal and 84 density structure are not accounted for in this study. MERRA-2 is selected because the 85 snow accumulation (i.e. precipitation - sublimation) field over Antarctica compares most 86 favorably to ice core accumulation records of multiple state-of-the-art reanalysis prod-87 ucts (Medley & Thomas, 2019). 88

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2.2 AR detection algorithm

To detect atmospheric rivers, we use the detection algorithm described in Wille et 90 al. (2021), which uses the meridional component of the integrated water vapor transport 91 (vIVT) fields between 37.5°S and 80°S from the MERRA-2 atmospheric reanalysis. ARs 92 are delineated by anomalously high (>98th percentile) vIVT values, and redetermined 93 every 3 hours. If a filament of anomalously high vIVT values extends continuously for 94 at least 20° in the meridional direction, then it is identified as an AR. It is a participat-95 ing algorithm in ARTMIP (Atmospheric River Tracking Method Intercomparison Project; 96 (Shields et al., 2018; Rutz et al., 2019)) and differs from many ARDTs in that is is re-97 gionally specific to Antarctica, not a generalized global algorithm, and detects ARs at 98 a lower frequency compared to other global algorithms. Following Wille et al. (2021), 99 we use vIVT instead of integrated water vapor (IWV) for AR precipitation attribution, 100 given that the meridional moisture transport better reflects the dynamical processes as-101 sociated to ARs. The algorithm excludes areas south of 80°S, since the AR vIVT sig-102 nal quickly dissipates in the high-elevation interior of Antarctica as the humidity of the 103 boundary layer is often dominated by the katabatic flow (Gorodetskaya et al., 2014). 104

Next, we combine this AR detection catalogue with MERRA-2 snowfall, and we
 define AR associated precipitation as precipitation that falls directly within each AR foot-

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print, as well as in the 24-hour (± 6 hours) long period after an AR has made passage. 107 This 24 ± 6 hour period, which is also used in Wille et al. (2021) is selected after care-108 ful analysis of precipitation rates in MERRA-2 during and after AR passage across the 109 AIS for year 2019 (Figure 1). For this analysis, we used an hourly version of the AR de-110 tection algorithm (Alison Collow, personal communication), which provides more tem-111 poral detail but uses the same vIVT threshold method compared to the original 3-hourly 112 algorithm (see above). We focus on the time period after the last time step an AR was 113 detected, so we did not account for those time steps after which an AR was still detected. 114 This gives insight in how precipitation rates vary after AR passage, or, in other words, 115 how long ARs continue to affect precipitation after they have passed by a certain loca-116 tion. The results are summarized for the entire AIS and per glacier drainage basin (Fig-117 ure 1), and show that precipitation rates quickly decline in the first ~ 10 hours after AR 118 passage, after which they the rate decline slows down. After 10 hours, precipitation rates 119 have decreased to approximately half of the original, and after 20 hours to less than 40%. 120 We decided to use 24 hours as a cut-off time, i.e. all precipitation before that time is con-121 sidered AR precipitation, while any precipitation after 24 hours is not. We chose for this 122 because of two main reasons: (1) at around 24 hours, more than 80% of cumulative pre-123 cipitation has fallen since AR passage on average, and rates are decreasing only very slowly 124 afterwards; (2) 24 hours is available in the 3-hourly AR catalogues we use in this study, 125 and is transferable to studies for which only daily precipitation rates are available. To 126 quantify the uncertainty associated to this choice, we use the standard deviation of the 127 time step when 80% cumulative precipitation is reached in each glacier drainage basin 128 (Figure 1), which equals ~ 6 hours. 129

Next, we checked the validity of our choice with a slightly different approach, and 130 using our original 3-hourly AR algorithm. We calculated the relative change in AIS-integrated 131 AR precipitation with each 3-hourly increase in cut-off time (e.g. 3 hours only accounts 132 for precipitation until 3 hours after passage to the AR precipitation). While the rela-133 tive increase initially increases steeply (e.g. 18% increase when using 6 hrs past AR pas-134 sage compared to using 3 hrs past AR passage), the relative increase between each 3 hr 135 increase quickly lowers, and is lower than 5% after 18 hours. This remaining small in-136 crease with a later cut-off time is to be expected, and likely due to the residual AR-related 137 moisture being incorporated in mesoscale cyclogenesis over the AIS, the impact of a new 138 AR as part of a series of ARs passing by the same location, and/or the general occur-139

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Figure 1. Mean precipitation rate as a function of time after AR passage, expressed relative to the last time step of AR passage, on the AIS for the year 2019. The thick black line denotes the mean of all ARs on the AIS, and the thin black lines show results for each individual glacier drainage basins (Shepherd et al., 2012). The vertical red line and shading show the 24 ± 6 hr time window that we have selected as the most suitable period to present our AR precipitation results.

rence of AIS precipitation occurring outside the footprint of the detected ARs. This finding validates our choice of 24 ± 6 hour period, which likely includes most of the AR attributed precipitation while excluding most precipitation from other sources.

143 **3 Results**

First we focus our analysis on the AIS-wide impact of ARs to precipitation. The 144 annual precipitation that can be attributed to ARs varies from less than 1 mm w.e. per 145 year on the Antarctic Plateau to >100 mm w.e. per year on the low-elevation coastal 146 zones (Figure 3a). While total annual precipitation exhibits a similar gradient, with high 147 precipitation rates along the coast and very low precipitation rates in the interior (e.g. 148 Lenaerts et al., 2019), the relative contribution of ARs to that total precipitation is gen-149 erally highest at lower elevations of the grounded ice sheet. The highest contributions 150 (>20%) are found in large parts of East Antarctica (Figure 3b), while relative contri-151

butions are lowest on the large Ross, Ronne-Filchner, and Amery ice shelves, and in the 152 high-elevation (>3000 m a.s.l.) interior. Remarkably, the relative contribution of ARs 153 is markedly lower in the entirety of West Antarctica (generally <10%) compared to East 154 Antarctica. Integrated over the full ice sheet (including ice shelves, and excluding areas 155 poleward of 80°S), the AR precipitation equals 336 ± 83 Gt yr⁻¹, equivalent to a $13\pm3\%$ 156 of total precipitation (which equals 2592 ± 127 Gt yr⁻¹). The relative importance of AR 157 precipitation is slightly higher on the grounded ice sheet (13%) than on ice shelves (11%), 158 and higher on East Antarctica (16%) than on West Antarctica (9%) and the Antarctic 159 Peninsula (10%). These results imply that the relative impact of ARs on precipitation 160 is at least a magnitude higher than their frequency on the AIS, which does not exceed 161 1 to 1.5% (Wille et al., 2021). 162

Interannual variations in AR precipitation on the AIS are substantial, which is il-163 lustrated by the high (25%) ratio between the 1980-2019 AR precipitation standard de-164 viation and mean, in comparison to the 5% ratio for total precipitation. This is further 165 confirmed by the strong correlation (squared correlation coefficient $R^2 = 0.96$) between 166 interannual variations of ice sheet integrated AR precipitation and its relative contribu-167 tion to total AIS precipitation (Figure 3c). Detrended AIS AR precipitation and total 168 precipitation are moderately correlated (linear slope = 0.98; $R^2 = 0.35$), indicating that 169 ARs can explain more than a third of the interannual variability in total AIS precipi-170 tation, almost three times as much as ARs contribute to mean precipitation. Addition-171 ally, we find that the relative contribution of ARs to total AIS precipitation displays a 172 small but discernible seasonal cycle (not shown), with a peak in winter and spring (>13.5%)173 and a relative minimum (<12.5%) in summer (Dec-Feb). Considering the substantial in-174 terannual variations, this seasonal cycle is nonetheless non-significant. 175

On top of these interannual variations, MERRA-2 suggests that total AIS precip-176 itation has decreased during 1980-2019, albeit at a non-significant rate (-2.3 \pm 1.7 Gt yr⁻² 177 p=0.2). AR precipitation, on the other hand, shows a clear and statistically significant 178 upward trend (2.5 \pm 1.1 Gt yr⁻², p=0.02). The opposite long-term trends imply that the 179 relative contribution of ARs to AIS precipitation has increased towards the later years 180 of the time period (Figure 3), and relative AR contribution has increased substantially 181 $(0.11\pm0.04 \ \% \ yr^{-1}, p<0.01)$, both for the grounded ice sheet and ice shelves. In 2009 182 and 2011, when multiple ARs hit the Dronning Maud Land area (Gorodetskaya et al., 183 2014), the AR contribution exceeded 20%. 184

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Figure 2. Annual AIS AR precipitation (1980-2019, horizontal axis) versus (a) annual AR frequency (1980-2019) on the AIS, defined here as the relative time an AR exists anywhere on the AIS; and (b) Annual mean (1980-2019) AR strength, approximated here by the mean IVT maximum found in all Antarctic ARs during each year.

An additional question emerging from our results is: what drives these variations 185 in AR precipitation on the AIS? Both interannual variability and long-term trend in AR 186 precipitation are strongly ($R^2=0.85$, p<0.01) correlated with the frequency of ARs on 187 Antarctica (Figure 2), indicating that years with more (less) ARs making landfall on AIS 188 are also associated with more (less) AR precipitation. However, we also find a small but 189 significantly positive $(R^2=0.13, p=0.02)$ correlation between AR precipitation and the 190 annual average maximum IVT value in ARs on the AIS (Figure S1), suggesting a po-191 tential link between the strength of ARs (as measured by IVT) on Antarctica and their 192 precipitation. 193

To further interpret the regional variability in the impact of ARs on Antarctic pre-194 cipitation, we direct our analysis to individual glacier drainage basins. Figure 4a con-195 firms that ARs contribute most to the total precipitation in the coastal East Antarctic 196 basins (basins 5-9 and 12-15), with contributions of 12 up to 20% (basin 8). The coastal 197 WAIS and interior EAIS basins show contributions of 10% and lower. Lowest AR con-198 tributions to precipitation are found on Ross shelf (<5%), where AR frequency is also 199 lowest, but summer ARs have been shown to induce surface melt (Wille et al., 2019). 200 The spatial pattern in the extent to which ARs explain interannual variability (Figure 201

4b) largely reflects that of the AR contribution to the total, but the percentages are 3 to 4 times higher in most basins. In the coastal EAIS basins, 60-75% of the variability in total precipitation is explained by ARs. Averaged across the EAIS, the explained variance is 66%, substantially higher than the WAIS (55%) and the AP (34%).

While we found an overall positive trend in AR precipitation over the AIS, along 206 with a small negative trend in total precipitation, these long term trends vary consid-207 erably from basin to basin (Figure 3c). In terms of total precipitation, we find strongly 208 negative trends in Wilkes Land and western WAIS (basins 12 to 20), and overall pos-209 itive or negligible trends in other regions. AR precipitation trends are positive in most 210 basins, and only negative in the western Wilkes Land region (basins 12-13). We find qual-211 itative agreement between the trend signs in most basins, suggesting that the long-term 212 trends in AR precipitation partially explain the trends in total precipitation. 213

Finally, it is known that ARs, in part because of their remote, relatively warm source 214 region and strong energetics, are able to penetrate deep in the interior of the ice sheet. 215 We can validate this hypothesis using our results, as summarized in Figure 5. While the 216 absolute precipitation rates associated to ARs clearly drop with elevation and distance 217 to the coast (Figure 3a), their relative contribution to total precipitation remains remark-218 ably constant from the coast all the way to 3000 meters a.s.l., Above that elevation, the 219 AR contribution drops sharply, but the associated uncertainties are large given that we 220 have no data poleward of 80° S. Similarly, the contribution to total precipitation vari-221 ability remains constant from 0–3000 m a.s.l., and only slightly decreases above that el-222 evation. This signal is pretty consistent among different basins, despite inter-basin dif-223 ferences in values, and indicates that ARs are equally relevant to explaining annual ac-224 cumulation and its interannual variability in many interior, dry areas below 3000 m a.s.l., 225 where many ice cores are taken, compared to a low-elevation, maritime location. 226

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4 Conclusions and Discussion

Our study combines an polar-specific AR detection algorithm with MERRA-2 precipitation rates to quantify the contribution of ARs to Antarctic snowfall. We find that, integrated over the ice sheet, ARs contribute around 13% to Antarctic snowfall. The contribution varies substantially from year to year and on a regional (glacier basin) scale, but is relatively constant throughout the seasons and across elevation.

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Figure 3. (a) 1980–2017 average precipitation attributed to ARs (mm w.e. per year); (b) 1980–2017 average relative contribution of AR precipitation (as shown in (a)) to the total annual precipitation; (c) Time series (1980-2017) of total AIS (grounded ice sheet and ice shelves) AR precipitation (black, in Gt yr^{-1}), and relative contribution of AR precipitation to total precipitation (in red, in %). The delineations of the drainage basins that are used further in this study are shown in thin black lines, and the grounding line and ice shelf boundaries are shown in thicker black lines.



Figure 4. Relative contribution of AR precipitation to (a) the 1980–2019 average total precipitation; (b) the 1980–2017 interannual variability, defined as the percentage of explained variability of the best (positive) linear correlation between detrended annual AR and total precipitation; (c) the 1980–2019 relative change in total precipitation, with the dots showing relative change in AR precipitation (with same color scheme than total precipitation, and size proportional to relative change). Note that basins that are entirely poleward of 80°S are excluded in this analysis, but basins that partly cover >80°S only include those areas <80°S.



Figure 5. Relative contribution of AR precipitation to total precipitation (solid blue; left axis), and total precipitation variability (dashed red; right axis), as a function of elevation. The thick line shows the average of all basins, and the band indicates twice the standard deviation across all basins.

We acknowledge that substantial uncertainties are associated with our findings, par-233 ticularly as a result of our choice of AR detection algorithm and precipitation dataset. 234 On the other hand, we have several reasons to believe that our estimates are likely con-235 servative. First of all, our precipitation product MERRA-2 is a global, gridded atmo-236 spheric reanalysis that does not assimilate but parameterizes precipitation rates and has 237 a modest horizontal resolution $(0.5 \times 0.625 \text{ degrees})$. This likely leads to an underesti-238 mation of the highest precipitation rates, such as those associated to ARs, and thus an 239 undercatch of the total precipitation assigned to an AR. Secondly, our assumed spatiotem-240 poral footprint of an AR on precipitation likely underestimates its real footprint. We only 241 assign precipitation directly underneath an AR to that system, while in reality, the pre-242 cipitation field of an AR might be more expansive than that of the AR itself. The 24-243 hour time window after AR passage we use (and justify) might miss precipitation that 244 persists for more than 24 hours after passage of strong AR systems (Wille et al., 2021). 245 Thirdly, the AR detection algorithm used here is designed to capture high impact events, 246 and likely misses weaker AR events more likely to be captured in global AR detection 247 algorithms with lower thresholds. To further constrain ARs and their impact on Antarc-248 tica, future work should focus on using higher-resolution precipitation products (e.g. ERA5 249 reanalysis, regional climate models), in conjunction with varied AR detection algorithms 250 applied to that same product to estimate uncertainty based on the detection method. 251 In addition, AR detection algorithm can be refined, for example by categorizing AR strength 252 based on AR structure, size, vIVT threshold, and/or other conditions. 253

Current AR impacts in most regions of Antarctica are focused on snowfall, and thus 254 ARs contribute positively to Antarctic surface mass balance. However, larger contribu-255 tions of ARs to snowfall in East Antarctica compared to West Antarctica suggest that 256 that current AR impacts vary regionally. One hypothesis for this discrepancy is that West 257 Antarctic ARs are less persistent, less meridionally expansive, and/or more of the 'windy 258 and warm' rather than 'wet' type (Gonzales et al., 2020). Additionally, the zonal circu-259 lation around West Antarctica is better developed, and the position and strength of the 260 Amundsen Sea Low, which is the dominant control of atmospheric circulation around 261 West Antarctica (Turner et al., 2013), is extremely dynamic, both of which would limit 262 the likelihood of the persistent atmospheric blocking needed for AR transport (Pohl et 263 al., 2021). Further study is warranted to determine the AR flavors in different regions 264 in Antarctica, and what impacts are associated to these different flavors. As global warm-265

ing is likely to continue unabatedly in the future, leading to atmospheric temperature 266 rise over Antarctica, AR strength and/or frequency might not only increase (Payne et 267 al., 2020), but also their impact might shift. Particularly in the summer season and over 268 coastal regions, ARs will bring enhanced potential of rainfall and surface melt at the ex-269 pense of snowfall, which affects firn properties (Kuipers Munneke et al., 2014) and ex-270 acerbates the risk for ice slab formation, meltwater ponding, runoff, and ice shelf hydrofrac-271 ture (Gilbert & Kittel, 2021). On the other hand, at higher elevations of the grounded 272 ice sheet, ARs might bring even more enhanced snowfall in the future, aiding in miti-273 gating ocean-driven Antarctic mass loss. 274

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- MERRA-2 precipitation data are available through the Goddard Earth Sciences Data and Information Services Center (hourly data at https://disc.gsfc.nasa.gov/ datasets/M2T1NXLF0_5.12.4/summary, monthly means at https://disc.gsfc.nasa .gov/datasets/M2TMNXLF0_5.12.4/summary).
- The ARTMIP catalogues are available on the NCAR CGD gateway via https:// doi.org/10.5065/D6R78D1M. ARTMIP is a grass-roots community effort and includes

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- ²⁹⁹ a collection of international researchers from universities, laboratories, and agencies. Co-
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