

From the top of Martian Olympus to Deep Craters and Beneath: Mars Radiation Environment under Different Atmospheric and Regolith Depths

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Abstract

In preparation for future human habitats on Mars, it is important to understand the Martian radiation environment. Mars does not have an intrinsic magnetic field and Galactic cosmic ray (GCR) particles may directly propagate through and interact with its atmosphere before reaching the surface and subsurface of Mars. However, Mars has many high mountains and low-altitude craters where the atmospheric thickness can be more than 10 times different from one another. We thus consider the influence of the atmospheric depths on the Martian radiation levels including the absorbed dose, dose equivalent and body effective dose rates induced by GCRs at varying heights above and below the Martian surface. The state-of-the-art Atmospheric Radiation Interaction Simulator (AtRIS) based on GEometry And Tracking (GEANT4) Monte Carlo method has been employed for simulating particle interactions with the Martian atmosphere and terrain. We find that higher surface pressures can effectively reduce the heavy ion contribution to the radiation, especially the biologically weighted radiation quantity. However, enhanced shielding (both by the atmosphere and the subsurface material) can considerably enhance the production of secondary neutrons which contribute significantly to the effective dose. In fact, both neutron flux and effective dose peak at around 30 cm below the surface. This is a critical concern when using the Martian surface material to mitigate radiation risks. Based on the calculated effective dose, we finally estimate some optimized shielding depths, under different surface pressures (corresponding to different altitudes) and various heliospheric modulation conditions. This may serve for designing future Martian habitats.

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2 **Beneath: Mars Radiation Environment under Different**
3 **Atmospheric and Regolith Depths**

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11 **Key Points:**

- 12 • We calculate dose, dose equivalent and effective dose rates induced by various com-
13 ponents of galactic cosmic rays on and below Mars surface
14 • Surface pressure which is related to geographic altitude influences the surface and
15 subsurface radiation level
16 • Subsurface secondary neutrons contribute significantly to the effective dose and
17 are a critical concern for radiation risks on Mars

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Abstract

In preparation for future human habitats on Mars, it is important to understand the Martian radiation environment. Mars does not have an intrinsic magnetic field and Galactic cosmic ray (GCR) particles may directly propagate through and interact with its atmosphere before reaching the surface and subsurface of Mars. However, Mars has many high mountains and low-altitude craters where the atmospheric thickness can be more than 10 times different from one another. We thus consider the influence of the atmospheric depths on the Martian radiation levels including the absorbed dose, dose equivalent and body effective dose rates induced by GCRs at varying heights above and below the Martian surface. The state-of-the-art Atmospheric Radiation Interaction Simulator (AtRIS) based on GEometry And Tracking (GEANT4) Monte Carlo method has been employed for simulating particle interactions with the Martian atmosphere and terrain. We find that higher surface pressures can effectively reduce the heavy ion contribution to the radiation, especially the biologically weighted radiation quantity. However, enhanced shielding (both by the atmosphere and the subsurface material) can considerably enhance the production of secondary neutrons which contribute significantly to the effective dose. In fact, both neutron flux and effective dose peak at around 30 cm below the surface. This is a critical concern when using the Martian surface material to mitigate radiation risks. Based on the calculated effective dose, we finally estimate some optimized shielding depths, under different surface pressures (corresponding to different altitudes) and various heliospheric modulation conditions. This may serve for designing future Martian habitats.

Plain Language Summary

Thanks to Earth's magnetic field and atmosphere, high-energy cosmic particles can be efficiently shielded from causing radiation risks for humans on Earth. However, for crewed space missions, in particular long-term missions to Mars, space radiation is a major risk for the health of astronauts. Mars does not have an intrinsic global magnetic field and its atmosphere is too thin to effectively shield against radiation. Here, we model the Martian radiation environment induced by omnipresent cosmic rays in Mars's atmosphere and terrain. Given that Mars has many high mountains and low-altitude craters where the atmospheric thickness can be more than 10 times different from one another, we also consider different model setups with different atmospheric profiles. We find that with more shielding the heavy ion contribution to the radiation is reduced while the neutron contribution is enhanced. For a given threshold of the annual biologically-weighted radiation effective dose, e.g., 100 mSv, the required regolith depth ranges between about 1 m and 1.6 m. At a deep crater where the surface pressure is higher, the needed extra regolith shielding is slightly smaller. Our study may serve for mitigating radiation risks when designing future Martian habitats using natural surface material as shielding protection.

1 Introduction

For future missions exploring the Mars, radiation may pose one of the most hazardous consequences for astronauts' health not only during the mission, but also afterwards (Huff et al., 2016; Cucinotta & Durante, 2006). Astronauts may encounter two types of primary radiation and their induced secondaries during their journey to and on the surface of Mars: one is background Galactic Cosmic Rays (GCRs) and the other is sporadic Solar Energetic Particles (SEPs). GCRs originate from outside the solar system and are charged particles with high energy and high penetrating ability, so it is difficult to effectively shield against GCRs (Cucinotta et al., 2006). The main components of GCRs are about 2% electrons and 98% atomic nuclei and the latter are composed of about 87% protons, 12% helium, and $\sim 1\%$ heavier nuclei ($Z \geq 3$) (Simpson, 1983). SEPs

68 are related to solar eruptions such as flares and coronal mass ejections when particles,
 69 mainly protons and electrons, are accelerated and released into the interplanetary space.
 70 SEPs may cause abrupt enhancement of the radiation level orders of magnitude above
 71 the GCR background radiation. Energetic particles reaching the astronauts during space
 72 missions may cause serious damage to tissues and organs after interacting with the hu-
 73 man body.

74 Primary GCRs and SEPs passing through the Martian atmosphere may undergo
 75 inelastic interactions with the atmospheric atomic nuclei, losing (part or all of) their
 76 energy through ionization and/or creating secondary particles via a nuclear cascading
 77 process, e.g., spallation, fragmentation, etc. The generated secondary particles may fur-
 78 ther interact with the ambient material during their propagation and even with the Mar-
 79 tian regolith if they reach the surface of Mars, finally resulting in a mixed radiation field
 80 including both primary and secondary particles at the surface of Mars (e.g., Saganti et
 81 al., 2004; Kim et al., 2014).

82 There are a lot of valleys, craters, and mountains on the Mars, including the high-
 83 est mountain in the solar system – “Olympus Mons”. So its atmospheric depths on the
 84 surface may change drastically from place to place. Generally, the Martian atmosphere
 85 is much thinner than Earth’s, which poses challenges to surface missions. Landing in a
 86 deep crater where the atmosphere is thick provides obvious benefits to the landing sys-
 87 tem, such as more atmospheric drag force, easier deceleration and longer descent time.

88 This is the case of the Curiosity rover which landed in Gale crater in 2012 August,
 89 where the surface pressure is around 800 Pascal (and changes between about 650 and
 90 1000 Pascal throughout different times of a Martian year). Since the landing, the Radi-
 91 ation Assessment Detector (RAD, Hassler et al., 2012) carried by the rover has been mea-
 92 suring the Mars surface radiation field and its characteristics. The RAD measurements
 93 have been providing a direct reference of the radiation environment at Gale crater (e.g.,
 94 Hassler et al., 2014; Ehresmann et al., 2014; Guo et al., 2015; Wimmer-Schweingruber
 95 et al., 2015), improving our understanding of the associated radiation risks for a manned
 96 Mars mission (Zeitlin et al., 2019; Guo et al., 2021), and serving to benchmark radia-
 97 tion transport models (e.g., Matthiä et al., 2016, 2017; Guo, Banjac, et al., 2019).

98 The Rover Environmental Monitoring Station (REMS, Gómez-Elvira et al., 2012)
 99 which is also on board Curiosity measured that the atmospheric depth above the rover
 100 changes periodically throughout the course of a Martian day, by up to $\pm 5\%$, due to the
 101 enlarged thermal tide within Gale crater; it also varies by about 20%, i.e., between about
 102 650 and 1000 Pascal, during different Martian seasons. Besides, as the rover has been
 103 climbing up Mt. Sharp, pressure has been observed to decrease slightly when compar-
 104 ing the same season of different Martian years. Analysis combining the REMS data and
 105 the RAD data showed that the surface radiation level, measured as dose rate (which is
 106 the energy deposit by energetic particles in the detector material per unit mass and per
 107 unit time), changes as the surface atmospheric pressure evolves diurnally (Rafkin et al.,
 108 2014) and seasonally (Guo et al., 2015). Calculation of the Martian surface radiation en-
 109 vironment shows that the absorbed dose rate may change between 10 and 20% (depend-
 110 ing on the solar modulation), when the atmospheric column mass is between 15 and 25
 111 g/cm^2 (Guo et al., 2017).

112 This highlights the importance of understanding and quantifying potential influ-
 113 ence of atmospheric variation on the Mars’s surface radiation. Therefore, we further ex-
 114 plore this effect and calculate the radiation level at a few locations on Mars with dras-
 115 tically different atmospheric depths, which are far beyond the pressure variations seen
 116 by Curiosity at Gale. For instance, the largest column depth in this study is selected for
 117 a low altitude at Hellas Planitia with about 1200 Pa of surface pressure, while the low-
 118 est pressure is about 80 Pa at the top of Olympus Mons.

119 With this purpose, we use the state-of-the-art modeling tool – the Atmospheric Ra-
 120 diation Interaction Simulator (AtRIS, Banjac et al., 2018), which is a GEANT4 (GE-
 121 ometry And Tracking) based particle transport code developed to simulate the propa-
 122 gation of energetic particles through planetary atmosphere and regolith. By including
 123 primary GCR particles, which are protons, helium ions, and heavier ions of Boron, Car-
 124 bon, Nitrogen, Oxygen, Neon, Magnesium, Silicon and Iron (simplified as B, C, N, O,
 125 Ne, Mg, Si, and Fe ions throughout the text), we investigate how the surface radiation
 126 environment varies at different locations on Mars with vastly different atmospheric depths.
 127 The article is organized as following: Section 2 introduces and describes the methodol-
 128 ogy, model setup and input parameters for the study; Section 3 shows and discusses the
 129 results and Section 4 summarizes the main results and concludes our study.

130 2 Methods

131 GEANT4 is a Monte Carlo code used for simulating radiation particle propagation
 132 and particle-matter interactions (Agostinelli et al., 2003). GEANT4 offers a wide vari-
 133 ety of models for handling physical processes within different energy ranges. AtRIS is
 134 based on the GEANT4 code and allows users to implement different GEANT4 physi-
 135 cal models and a specific planetary environment where space energetic particles propa-
 136 gate and generate secondaries (Banjac et al., 2018). Guo, Banjac, et al. (2019) have ap-
 137 plied AtRIS to the Martian environment and validated the calculated charged particle
 138 spectra against the RAD measurements. Comparing the results from a few different physics
 139 lists of GEANT4, they found a generally better agreement between the modeled results
 140 and the RAD data using the FTFP_INCLXX_HP physics list. It uses Fritiof model and
 141 the Liège Intra-nuclear Cascade model, which handles better neutron and isotope pro-
 142 duction in spallation reactions. In fact, one of the scientific goals of MSL/RAD is to help
 143 validate the appropriate transport models which could precisely describe the high en-
 144 ergetic cosmic ray interaction with the Mars atmosphere (Hassler et al., 2012). In a cou-
 145 ple of model-data comparison workshops, researchers compared different predictions from
 146 different transport models of the Martian surface radiation environment to the *in situ*
 147 RAD measurements. After optimizing the models for input parameters and physics lists,
 148 HZETRN, PHITs and GEANT4 all seem to match reasonably well with the measure-
 149 ments of the RAD dose rate and surface spectra of charged particles as summarized by
 150 Matthiä et al. (2017). The physics list with “INCLXX” for the mid-high energy range
 151 in GEANT4 has been used in the final model setup for such a comparison. Following these
 152 studies, we use FTFP_INCLXX_HP physics list in this study.

153 2.1 The Primary GCR Spectra

154 GCRs are affected by the heliospheric magnetic field as they propagate into the he-
 155 liosphere. The modulation of the GCR flux depends on the particle type and energy and
 156 is driven by the change of solar activity which evolve over the 11-year solar cycle.

157 As the input for the current Mars’s radiation model, we use the GCR spectra as
 158 derived from the Badhwar O’Neil (BON, O’Neill, 2010) model. It describes the energy
 159 loss of GCR particles taking into account diffusion, convection, and adiabatic deceler-
 160 ation as they traverse from the outer edge of the heliosphere into the vicinity of Earth.
 161 We approximate the GCR spectra at Mars similar to those at Earth, as the radial gra-
 162 dient of GCR flux between 1 AU and 1.5 AU is only in the order of 1-2% according to
 163 multiple spacecraft observations (Honig et al., 2019; Roussos et al., 2020).

164 The BON model uses a so-called solar modulation parameter Φ which is positively
 165 correlated with solar activity and hence changes under different phases of the solar cy-
 166 cle (Gleeson & Axford, 1968). This practical parameter corresponds to the mean elec-
 167 tric potential that approximates the energy loss a cosmic ray particle coming from the
 168 heliospheric boundary into the inner heliosphere. Typical values of Φ range approximately

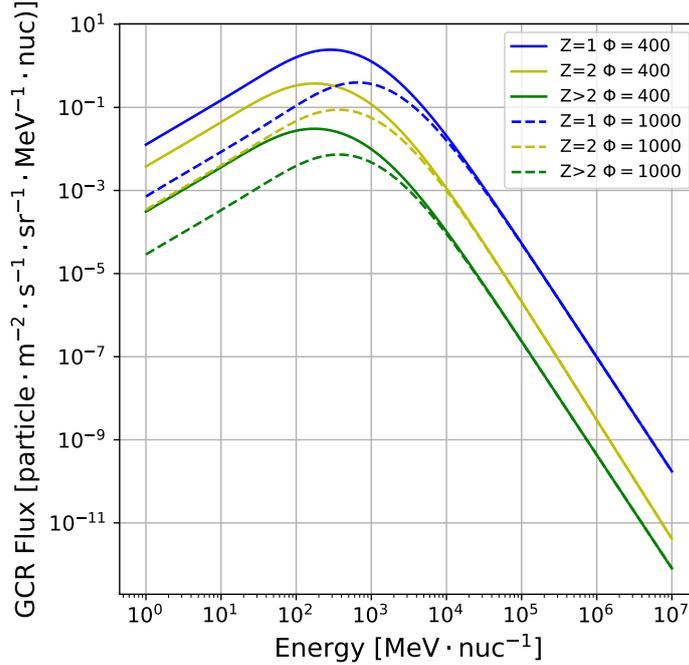


Figure 1. GCR differential flux of protons ($Z=1$, blue), helium ions ($Z=2$, yellow) and heavier nuclei ($Z>2$, green) as calculated by the Badhwar O’Neil 2010 model (O’Neill, 2010). Solid lines and dashed lines indicate the GCR flux during periods of solar minimum ($\Phi=400$ MV) and maximum ($\Phi=1000$ MV), respectively.

169 from below 400 MV for solar minimum to more than ~ 1000 MV for solar maximum.
 170 The energy-dependent GCR fluxes (grouped into protons, helium ions and heavier ions)
 171 as calculated by the BON model are plotted in Fig. 1 for both solar minimum and max-
 172 imum periods.

173 The most abundant GCR particles including protons, helium ions and heavier ions
 174 of Boron, Carbon, Nitrogen, Oxygen, Neon, Magnesium, Silicon and Iron (B, C, N, O,
 175 Ne, Mg, Si, Fe) are used as primary particles for the model input. For each input GCR
 176 primary particle type, a total of 125 thousand particles are simulated. Their energy ranges
 177 from 10 MeV to 10^7 MeV and are divided into 60 energy bins uniformly distributed in
 178 logarithmic scale.

179 2.2 The Setup of the Martian Environment

180 To model the atmospheric environment of Mars, we combine ATRIS with the Mars
 181 Climate Database (MCD, Forget et al., 1999, <http://www-mars.lmd.jussieu.fr>), which
 182 defines the Martian atmospheric properties including the composition ($\sim 95\%$ CO_2), den-
 183 sity, temperature and their variation over altitude. The MCD is a database of meteo-
 184 rological fields derived from General Circulation Model (GCM) numerical simulations
 185 of the Martian atmosphere and validated using available observational data. The imple-
 186 mentation of MCD into ATRIS has been realized by Guo, Banjac, et al. (2019) and Röstel
 187 et al. (2020) where interested readers can find more details of the setup. Both studies
 188 set up the Mars atmosphere with a vertical column depth approximating that at Gale
 189 crater where MSL landed. In this work, we further investigate the influence of the at-

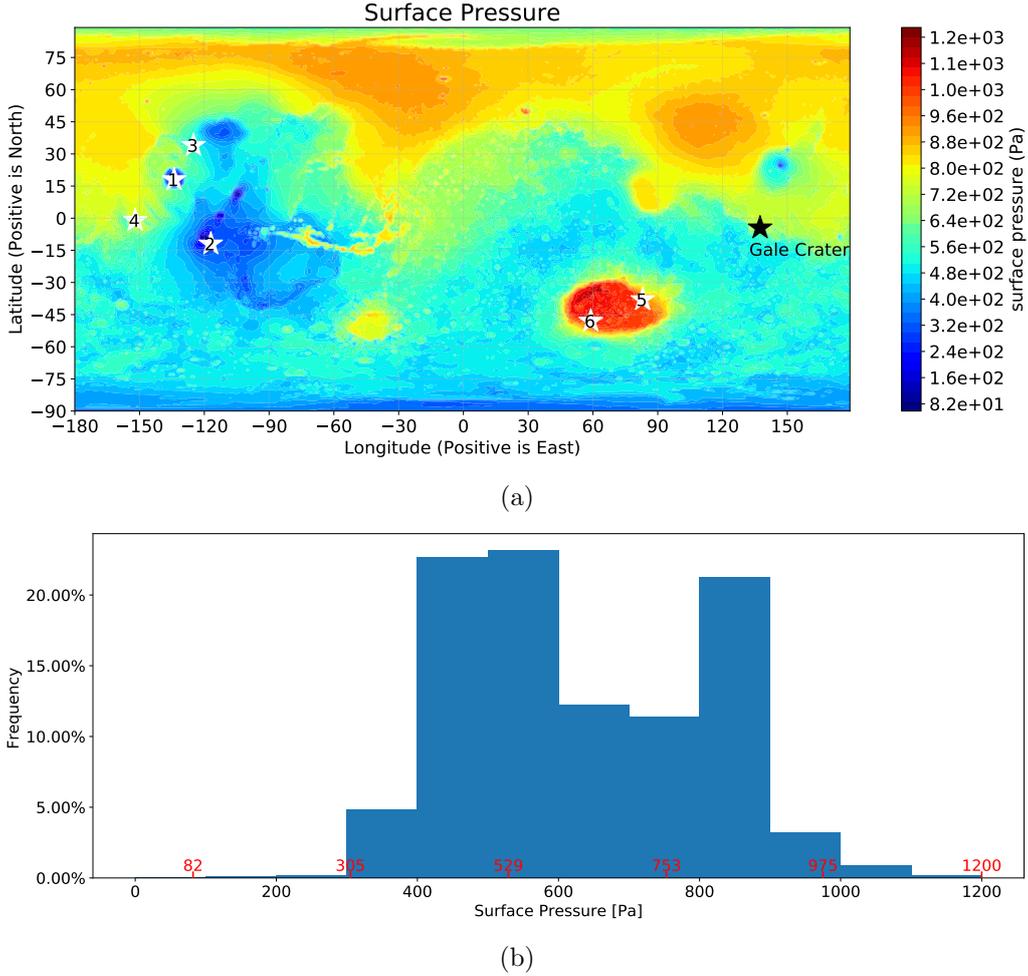


Figure 2. (a) The global map of Mars’s surface pressure at zero solar longitude degree (i.e., when the Mars-Sun angle L_s , measured from the Northern Hemisphere spring equinox is zero). The white stars mark 6 locations chosen in this study. The surface pressures are about 82, 305, 529, 753, 975 and 1200 Pa, at local midnight (zero Martian hour) for locations 1 to 6 respectively. The black star marks Gale Crater where MSL/RAD is and its pressure at this time is 868 Pa. (b) The percentage distribution of the surface pressure within each 100 Pascal between 0 and 1200 Pa.

190 atmospheric thickness which is related to different different locations at different altitudes
 191 on Mars.

192 Fig. 2a shows the global surface pressure map at zero solar longitude degree. Note
 193 that the selection of Mars time is not important while the essential information for our
 194 model input is the consequent surface pressure which determines the total atmospheric
 195 thickness through which the particles shall traverse. In this study, we employ six loca-
 196 tions with different surface pressure values which are 82, 305, 529, 753, 975 and 1200 Pa
 197 as marked in Fig. 2a. Fig. 2b shows the frequency distribution of the surface pressure
 198 within each 100 Pa between 0 and 1200 Pa. As shown, the selected pressures are almost
 199 evenly distributed with a gap of about 225 Pa between the minimum and maximum pres-
 200 sures found globally. The location of Gale crater where MSL/RAD is operating is also

201 marked as a reference. Its surface pressure at this Martian time is 868 Pa, comparable
 202 to what MSL records.

203 For different locations, the Martian surface material is set to be the same and has
 204 a composition of 50% O, 40% Si, 10% Fe (mass fraction) and a density of $1.79 \text{ g}\cdot\text{cm}^{-3}$,
 205 which is close to that of silicon dioxide (SiO_2). In fact, the terrain materials on Mars can
 206 differ from place to place and the most distinguished feature is the water (hydrogen) con-
 207 tent. NASA’s Phoenix mission found evidence indicating thin films of liquid water at the
 208 subsurface of its landing site (Cull et al., 2010). Recent radar data collected by ESA’s
 209 Mars Express also indicated the existence of underground liquid water in the south po-
 210 lar region of Mars (Orosei et al., 2018). However, as we are focused on the potential in-
 211 fluence of the atmospheric thickness on the surface radiation, we keep the terrain prop-
 212 erties as a fixed parameter for different locations. The study of the surface radiation in-
 213 fluenced by subsurface material can be found in Röstel et al. (2020). Their study sug-
 214 gests that when the water (hydrogen) content is low in the soil (so-called “dry” regolith),
 215 the albedo radiation detected on and under the surface of Mars changes very little as the
 216 soil composition varies and the radiation in the subsurface of Mars mainly depends on
 217 the regolith column depth. Alternatively, the surface radiation, in particular the albedo
 218 neutrons in the energy range below a few MeVs, can be influenced by the hydrogen con-
 219 tent in the Martian soil. Therefore, our model setup is representative for a “dry” ter-
 220 rain and is closest to the Andesite Rock (AR) scenario considered by Röstel et al. (2020,
 221 AR mass fraction is 44% O, 27% Si, 12% Fe).

222 In each scenario of different surface pressure setup, an entire Mars geometry, that
 223 is a sphere with a radius of 3378-3416 km (depending on the location the distance from
 224 the surface to the center of Mars is different), is implemented with the same reference
 225 pressure globally. So a total of 6 spherical Martian atmospheric models are employed as
 226 the model setups. Although different locations should in theory have different geographic
 227 altitude, the size of the sphere is a trivial parameter for the model setup, as long as the
 228 particle flux per area is scaled correctly. The most important parameter for the model
 229 setup is the atmospheric thickness which directly corresponds to the surface pressure:
 230 with a constant value of gravitational acceleration g , the surface pressure is an exact mea-
 231 sure of the column mass given a hydrostatic atmosphere.

232 In each setup, 80 atmospheric altitude layers are spaced evenly in logarithmic scale
 233 between altitudes from 0 km that is on the surface of that location up to 80 km above
 234 the location. We checked the atmospheric pressure variation versus depth in each sce-
 235 nario and found that the pressure at an atmospheric altitude of 80 km is almost negli-
 236 gible: it is around 4 orders of magnitude smaller than the surface pressure. This means
 237 that the atmosphere above 80 km plays a minimal role in the interaction with propa-
 238 gating cosmic rays and the choice of 80 km of atmospheric depth is more than sufficient
 239 for our modeling purpose.

240 The total depth of the regolith in which the particle interaction is simulated is set
 241 to be 10 meters which has been shown to be sufficient for all efficient radiation interac-
 242 tions before almost all particles fully stop (Röstel et al., 2020). Below this depth, par-
 243 ticles are not tracked anymore. For detecting the radiation fields in the subsurface, we
 244 use 40 layers, spaced evenly in log scale between down to 10 meters to record the energy-
 245 dependent spectra of various particle types, such as protons, helium ions, etc.

246 **2.3 Absorbed dose, dose equivalent and effective dose**

247 Using the AtRIS model, we can obtain the energy-dependent flux of particles at
 248 different layers of the Mars’s environment model defined above (Section 2.2). First we
 249 run a full set of simulations of primary GCRs (Section 2.1) propagating through and in-
 250 teracting with the Martian environment (Section 2.2) for each pressure setup (Fig. 2).
 251 The simulation also uses a response-function approach which allows to re-fold a new in-

252 put GCR spectrum with the modeled atmospheric-interaction matrices to obtain the out-
 253 put particle spectra at a certain layer without re-running the AtRIS simulation as de-
 254 scribed in detail in Guo, Banjac, et al. (2019). Based on the output particle spectra (at
 255 a certain layer of the Martian environment), we can then calculate the absorbed dose,
 256 dose equivalent and effective dose generated by a certain output particle spectrum us-
 257 ing the energy-dependent dose conversion factors, as described below.

258 The absorbed dose rate is a key parameter for evaluating the radiation effect of high-
 259 energy particles when they interact with matter. Within a certain environment, absorbed
 260 dose is defined as the total energy deposited by particles per unit material mass, expressed
 261 in the unit of J kg^{-1} (or Gray, or Gy), as energetic particles traverse through the mat-
 262 ter. Dose rate of the same radiation field can be different when considering different mat-
 263 erial properties and geometry of the phantoms (Banjac et al., 2019). Two phantoms are
 264 employed to calculate the dose rate induced by the same radiation field: one is a silicon
 265 slab phantom with a thickness of $300 \mu\text{m}$ similar to the RAD B detector; another is a
 266 spherical water phantom with a radius of 15 cm as a rough representation of the human
 267 torso. The former allows a direct comparison of the modeled result with the RAD mea-
 268 surement while the latter is used to study the potential radiation effect in a human body.
 269 At each output layer, dose rate induced by each type of particles is calculated first and
 270 the total dose rate from all output particles in the field are summed up.

271 The biological effect of space radiation cannot be directly characterized by the ab-
 272 sorbed dose. The damage in biological tissue depends on the ionization density along the
 273 charged particle track (i.e., linear energy transfer, LET). The radiation damage to bi-
 274 ological tissues is often characterized with the dose equivalent. For every part of parti-
 275 cle track, the dose equivalent is calculated as absorbed dose multiplied by LET-dependent
 276 quality factor (ICRP, 1992). The dose equivalent should not be mixed with the equiv-
 277 alent dose which is calculated multiplying the net absorbed dose by a radiation weight-
 278 ing factor, dependent on particle type and energy. Equivalent dose is established for le-
 279 gal concerns for the purpose of radiation protection and gives a safe (upper) bound of
 280 the biological effectiveness, as defined by the International Commission of Radiation Pro-
 281 tection (ICRP, 2010). For the mixed radiation fields in space, the dose equivalent ap-
 282 proach is more preferable and is adopted in this study (ICRP, 2013).

283 The radiation damage to the entire organism is further characterized with the ef-
 284 fective dose, which is calculated as a sum of tissue-weighted dose equivalent values in 15
 285 critical organs (ICRP, 2007). The effective dose values are widely used in evaluating the
 286 radiation risks in space and regulating astronauts' professional activity. Here we adopt
 287 the factors for converting flux to effective dose as calculated and described by Dobynde
 288 et al. (2021). We note that above terms of "equivalent dose", "dose equivalent" and "ef-
 289 fective dose" all have the unit of Sievert [Sv], but their definitions and applications are
 290 different from each other.

291 At a certain layer of the model, absorbed dose, dose equivalent and effective dose
 292 can be simultaneously obtained using the output particle spectra and the conversion fac-
 293 tors as discussed above. Finally, vertical profiles of absorbed dose, dose equivalent and
 294 effective dose above and below the martian surface can be calculated for each of the 6
 295 selected locations. The results are presented and discussed in the following section.

296 **3 Results and Interpretations**

297 **3.1 Martian surface dose as a function of primary particle energy un-** 298 **der different pressures**

299 With the Martian environment setup as described in Section 2, we calculate the
 300 Martian surface absorbed dose rate in a 15-cm radius water-sphere phantom induced by
 301 different primary cosmic particles and the secondaries generated in Mars's atmosphere

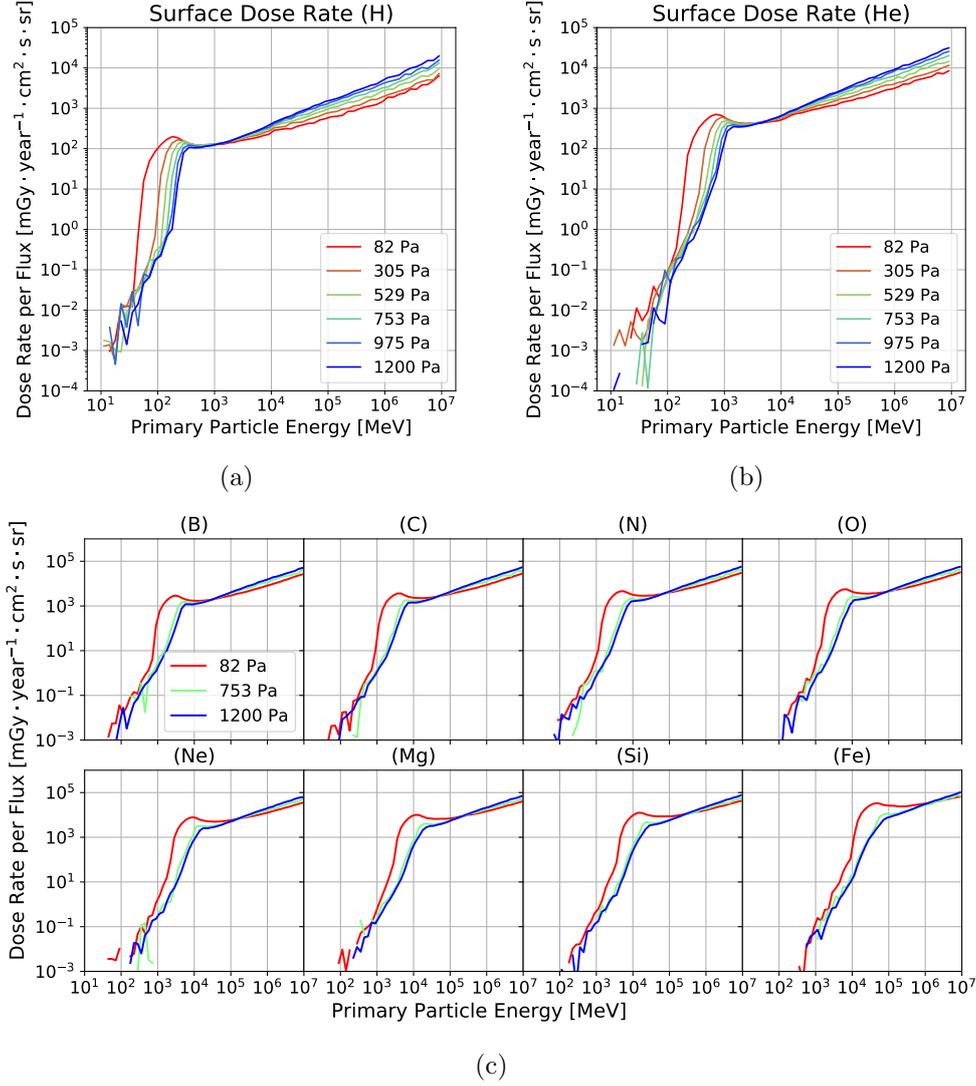


Figure 3. Dose rate (in units of mGy per year) calculated as the absorbed dose in a 15-cm radius water sphere placed on the surface of Mars) per primary flux function for protons (panel a) and Helium ions (panel b) at different locations on Mars with surface pressures of 82, 305, 529, 753, 975 and 1200 Pa. Bottom 8 panels show the dose rate per primary flux function for 8 kinds of heavy particles (B, C, N, O, Ne, Mg, Si, Fe) under the scenarios of 82, 753 and 1200 Pa of surface pressure.

302 and regolith. For a given primary particle energy, we scale the dose rate by the primary
 303 particle flux to highlight the energy-dependent contribution to the surface radiation fol-
 304 lowing the approach used by Guo, Wimmer-Schweingruber, et al. (2019). Such functions
 305 calculated for different primary particle types under 6 different surface-pressure scenar-
 306 ios (described in Section 2.2) are shown in Fig. 3.

307 As clearly shown in Fig. 3a, there is an atmospheric cutoff energy below which the
 308 primary protons mostly stop in the atmosphere and have negligible contribution to the
 309 surface radiation. This cutoff energy is ~ 40 MeV for 82 Pa and ~ 180 MeV for 1200
 310 Pa, which are complementary with previous results (140-190 MeV for surface pressures

311 ranging between 700 and 1000 Pa by Guo, Wimmer-Schweingruber, et al., 2019). Above
 312 this cutoff energy and below ~ 1 GeV, the dose function per primary flux decreases as
 313 the atmospheric pressure increases due to primary particles losing more energy as they
 314 transverse through more atmosphere. However, at energies higher than ~ 1 GeV, sec-
 315 ondary generations become more frequent due to particle interactions with the atmo-
 316 sphere, via e.g., fragmentation and spallation processes. Therefore, the contribution of
 317 a highly energetic particle to the surface dose is enhanced as the pressure increases (i.e.,
 318 when the atmospheric is thicker).

319 Fig. 3(b)-(c) show the same functions, but for different primary particles of helium
 320 ions and other 8 types of GCR heavy ions. As the computation takes much longer time
 321 for heavy ions, we only calculated three pressure scenarios (82 Pa, 753 Pa and 1200 Pa).
 322 There are similar trends of energy-dependence and pressure-dependence as compared to
 323 Fig. 3(a): atmosphere is efficient at reducing the dose contribution by low-energy par-
 324 ticles and slightly enhancing the contribution by high-energy particles. The cutoff en-
 325 ergy increases from ~ 100 MeV for primary protons to ~ 10 GeV for primary iron ions.

326 The primary spectra of free space GCR or SEP particles can be used to fold with
 327 these functions shown in Fig.3 to obtain the surface dose rate. The primary spectra in
 328 units of particles $\cdot \text{sr}^{-1} \text{cm}^{-2} \text{s}^{-1} \text{MeV}^{-1}$ will be first binned according to the energy
 329 bins of these functions (Section 2.1) and then folded (i.e., multiply bin by bin) with the
 330 functions. Finally the total induced dose rate by certain given primary spectra is the in-
 331 tegrated sum of the folded function (Guo, Wimmer-Schweingruber, et al., 2019). The
 332 above procedure can quickly render the expected radiation on Mars without running the
 333 full Monte Carlo simulation. In fact, for each pressure setup, we have also calculated such
 334 functions for all 80 layers in the atmosphere and the 40 layers in the subsurface of Mars
 335 and for the second phantom (the silicon slab).

336 Fig. 4 demonstrates an example of the application of the functions shown in Fig.
 337 3 folded with the input GCR spectra which are generated by the BON model with a so-
 338 lar modulation of 580 MV representing a medium solar activity condition. The curves
 339 generally peak at about a few hundreds of MeV/nuc meaning GCRs around this energy
 340 contribute most significantly to the surface radiation. Due to the atmospheric shielding
 341 of low-energy particles, the peak shifts towards higher energy when the atmosphere is
 342 thicker.

343 For each particle type and pressure condition, we also shaded the areas within which
 344 the GCRs and their secondaries contribute 98% to the total dose. In other words, be-
 345 low the lower boundary $E_{1\%}$ (or above the upper boundary $E_{99\%}$) of this area, the con-
 346 tribution to the surface dose by these primary particles is only 1%. We have listed the
 347 values of $E_{1\%}$ and $E_{99\%}$ for different GCRs under 3 different pressure conditions shown
 348 in Table 1. These values and the corresponding energy ranges can be considered as the
 349 most critical energy range to include when modeling the GCR-induced radiation on the
 350 surface of Mars. Alternatively, primary particles outside this energy range could be ig-
 351 nored when modeling the GCR radiation on Mars. It is important to note that with a
 352 significantly different input spectrum such as that from a SEP event, one should not con-
 353 sider these values being same anymore.

354 3.2 Contribution by GCR protons and helium ions ($Z \leq 2$)

355 As protons and helium ions are the main constituents of the GCR particles (Simpson,
 356 1983, and Section 1), we first quantify their contribution to the Martian radiation en-
 357 vironment under different pressure scenarios. For each of the six pressure scenarios, dose
 358 rates are calculated in two different phantoms (a 300 μm -thick silicon slab and a 15-cm
 359 radius water sphere) as explained in Section 2.3. The primary GCR spectra are gener-
 360 ated from the BON model with a solar modulation parameter of 580 MV which eases

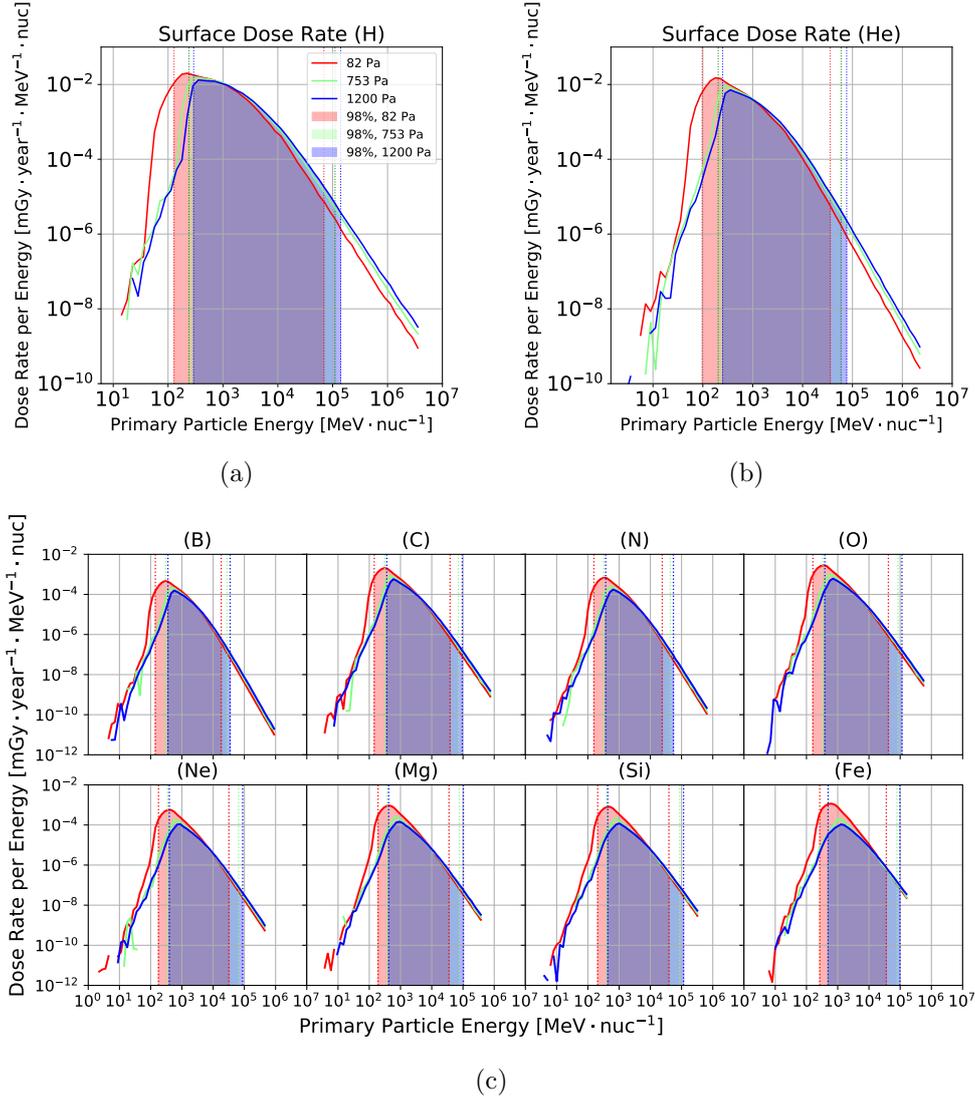


Figure 4. Surface dose rate (calculated as the absorbed dose in a 15-cm radius water sphere) versus GCR energy for protons (panel a), Helium ions (panel b) and 8 kinds of heavy particles (panel c) at different locations on Mars with different surface pressures. Solid lines in different colors represent the functions for different surface pressures: red line for 82 Pa, green line for 753 Pa, and blue line for 1200 Pa. The shaded areas represent the energy range which contributes 98% to the total dose. The vertical dotted line marking the left (or right) edge of each shaded area corresponds to the energy at which only 1% of the contribution is from particles below (or above) this energy.

361 the comparison of our result with previous models and measurements under similar solar conditions as discussed later.
 362

363 Fig. 5 shows the absorbed dose rate induced by primary protons (dotted lines) and
 364 helium ions (dashed lines) recorded in the silicon slab and the sum of them (solid lines)
 365 for six surface pressure scenarios (shown by different colors). Note that the secondaries
 366 generated by the primary protons (or helium ions) in the Martian environment that con-

GCR	$E_{1\%}$ (MeV/nuc)			$E_{99\%}$ (MeV/nuc)		
	82 Pa	753 Pa	1200 Pa	82 Pa	753 Pa	1200 Pa
H	128	237	292	69,230	110,892	140,249
He	97	203	249	35,895	59,189	76,425
B	141	300	356	18,159	27,983	35,002
C	144	312	363	38,665	71,304	95,174
N	155	321	372	24,053	43,508	54,874
O	160	330	386	41,877	85,542	114,177
Ne	178	350	395	31,920	65,474	88,119
Mg	191	376	418	35,701	76,751	103,154
Si	206	398	433	39,349	86,844	115,595
Fe	266	493	492	35,984	78,652	98,109

Table 1. Below $E_{1\%}$ (or above $E_{99\%}$), only 1% of the given GCRs and their induced secondaries contribute to the surface dose rate, i.e., the boundary energies marked by the shaded areas in Fig. 4. The solar modulation condition represents medium solar activities with $\Phi=580$ MV as the BON model input.

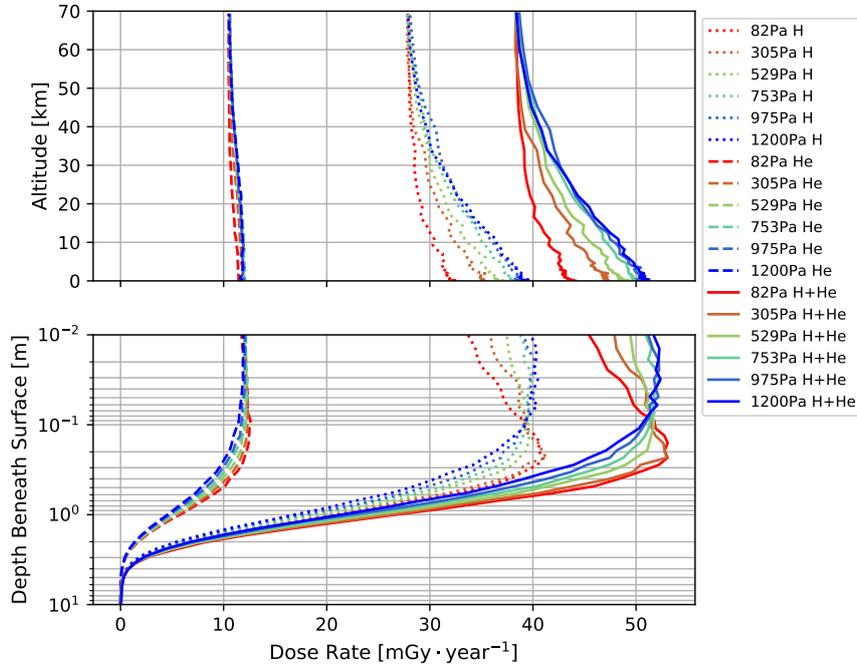


Figure 5. The absorbed dose rate in the silicon-slab phantom induced by primary GCR protons and their secondaries (dotted lines) and helium ions and their secondaries (dashed lines) under six different surface pressures (82, 305, 529, 753, 975 and 1200 Pa, as indicated in different colors). The absorbed dose rates summed up for both are shown in solid lines. The solar modulation condition represents medium solar activities with $\Phi=580$ MV as the BON model input.

367 contribute to the absorbed dose are also counted and scored as the contribution by primary
 368 protons (or helium ions).

As shown, the absorbed dose rate contributed by primary helium ions and their secondaries hardly changes with the depth in the atmosphere, but quickly decreases in the regolith and becomes negligible at depth below ~ 3 meters. The fact that the dose-depth profile does not change in the atmosphere is a result of the balance between the generation of secondaries and the stopping (or reduction) of primary helium ions. Alternatively, the absorbed dose rate contributed by primary protons and their generated secondaries increases as the atmosphere thickens. The dose rate at the top of the atmosphere around 70 km is about ~ 28 mGy/year for all 6 scenarios and the dose rate on the surface is between 30 and 40 mGy/year with larger values for higher surface pressures. In other words, the dose-depth profile increases more significantly for surface pressure of 1200 Pa (a thicker atmosphere) than 82 Pa. The change trend of the summed dose rate versus atmospheric depth is similar to that of protons as the contribution of GCR protons is much greater than that of helium ions. A maximum is reached at a depth of several centimetres to decimeters beneath the surface, below which the absorbed dose rate decreases with increased depth. The presence of this peak is more visible for low-pressure scenarios (82 Pa and 305 Pa) and the location of the peak depends on the surface pressure (i.e., atmospheric depth) and becomes deeper with a smaller surface pressure. While below ~ 0.5 meter in the subsurface, the dose-depth profiles are very similar for different pressure scenarios: dose rate decreases monotonously with depth and converges to zero at about 5 meters for all cases.

On the surface of Mars with a pressure of about 753 Pa (close to that at Gale crater where MSL/RAD operates), the absorbed dose rate contributed by GCR protons and helium ions and their secondaries is about 50 mGy/year in the silicon-slab phantom. Considering that the contribution by heavier ions will add another $\sim 10\%$ contribution (Section 3.3), this agrees well with the RAD-measured surface dose rate which is about 58 ± 5 mGy/year in the silicon detector under an average solar modulation parameter of about 580 MV during the first 300 sols after landing of MSL (Hassler et al., 2014). This is a good benchmark of the setup of the current model.

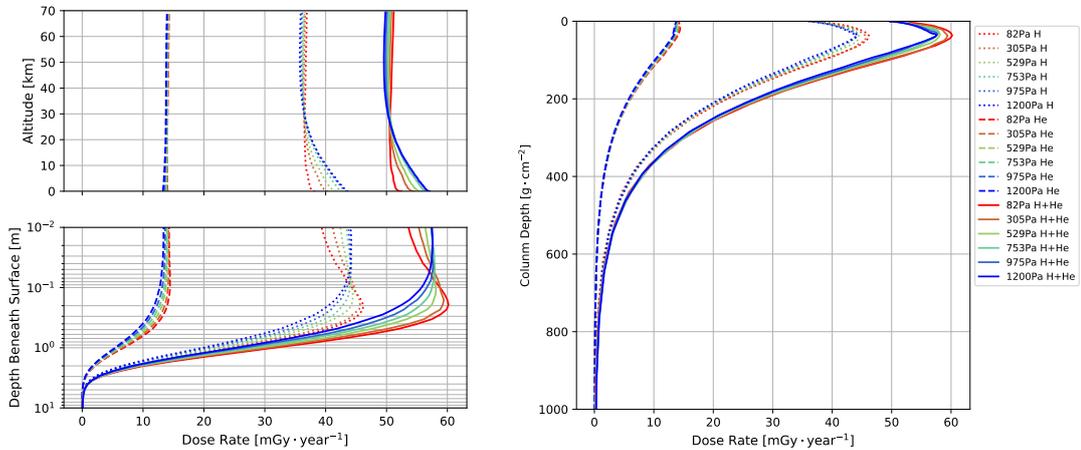


Figure 6. (a) The same as Fig. 5, but the absorbed dose rates are calculated in a 15-cm radius water sphere phantom. (b) The same absorbed dose rate as in (a), but the atmospheric height and soil depth are expressed as accumulated column mass.

Fig. 6 further shows the absorbed dose rate in the 15-cm radius water-sphere phantom which approximates a human torso. The general depth profiles in Fig. 6a are similar to those shown in Fig. 5, but for a given pressure/layer, the absorbed dose in the

400 water phantom is slightly larger than the absorbed dose in the silicon slab and this is
 401 mainly attributed to the different ionization potential of silicon and water. The dose-
 402 depth profiles generally increases with the atmospheric depth, but slower than the trend
 403 shown in Fig. 5. The reason is that low-energy secondaries or primaries contributing to
 404 the increase of the silicon dose can be more easily shielded by the larger water-sphere
 405 phantom whose outer part can serve for self shielding against low-energy particles.

406 We also show in Fig. 6b the same absorbed dose rate as in (a), but with the at-
 407 mospheric height and soil depth expressed as accumulated column mass. This is to show
 408 that despite of the larger differences between the profiles as a function of height/depth,
 409 the profiles are much more similar when considering the accumulated column mass com-
 410 bining the atmosphere and the soil. In other words, with a thinner atmosphere, parti-
 411 cles go deeper into the soil while with a thicker atmosphere, particles penetrate less deep.

412 The dose-depth profiles shown in Figs. 5 and 6 under a surface pressure of 753 Pa
 413 are very comparable with previous calculations (Röstel et al., 2020, Fig. 2) based on a
 414 slightly different surface pressure (781 Pa) and subsurface compositions (the ones cat-
 415 egorized as “dry” regolith similar to what is used here). This is another good validation
 416 of the model used in this study.

417 3.3 Contribution by GCR Heavy ions ($Z>2$)

418 Despite of their low frequency in GCRs, heavy ions can contribute to the dose rate
 419 and even more significantly to the LET weighted dose equivalent as introduced in Sec-
 420 tion 2.3. As the interaction with the atmosphere depends on particle energy and charge
 421 and also on the atmospheric density (which is related to depth), the contribution of heavy
 422 ions ($Z>2$) to the Martian radiation environment is evaluated for different pressure sce-
 423 narios in this section.

424 We modeled the transport of 8 different types of GCR heavy ions through the Mar-
 425 tian environment under three surface atmospheric pressures which are 82, 753 and 1200
 426 Pa. Fig. 7 shows the absorbed dose rate in the water-ball phantom induced by GCR heavy
 427 ions and their secondaries generated in the atmosphere. The dose rate contributed by
 428 all modeled GCR heavy ions as a function of atmospheric altitude and soil depth is shown
 429 by dashed lines for each pressure scenario in the right panel of the figure. The total dose
 430 rates plus the contribution by GCR protons and helium ions are shown by solid lines.
 431 Previously in Figs. 5 and 6, we showed that the proton and helium primary GCR induced
 432 surface dose rate increases with surface pressure. Here with the inclusion of heavy ions,
 433 the total dose rate slightly decreases as the surface pressure increases which is in qual-
 434 itative agreement with the observations by MSL/RAD (Rafkin et al., 2014; Guo et al.,
 435 2017). Modeled results suggest that the underlying cause of the observed atmospheric
 436 effect on surface dose is the fragmentation of heavy ions in the atmosphere; as atmospheric
 437 depth increases, a decreasing share of heavy ions survive transport to the surface intact.

438 To better illustrate the heavy ion contribution and its dependence on the atmo-
 439 spheric thickness, we calculate the ratio of the heavy ion dose rate to the total dose rate.
 440 At the surface, this ratio is about 16%, 9.5% and 8% under the surface pressure of 82
 441 Pa, 753 Pa and 1200 Pa, respectively. As it would be interesting to deduce how this ra-
 442 tio changes with the shielding depth and in particular surface pressure, we linearly in-
 443 terpolate the ratios over different surface pressures as plotted in the left half of Fig. 7.

444 As shown, for a given surface pressure setup (a fixed column), the ratio of heavy
 445 ion contribution decreases with increasing atmospheric depth since heavy ions are more
 446 likely to interact with the atmosphere and fragment during their propagation. For the
 447 same reason, at a given altitude (a fixed row), the ratio decreases as the surface pres-
 448 sure increases. On the surface, this ratio is $(12 \pm 4)\%$ for different pressures within the
 449 range considered here, i.e., 82-1200 Pa. The 15% and 10 % contours are also plotted to

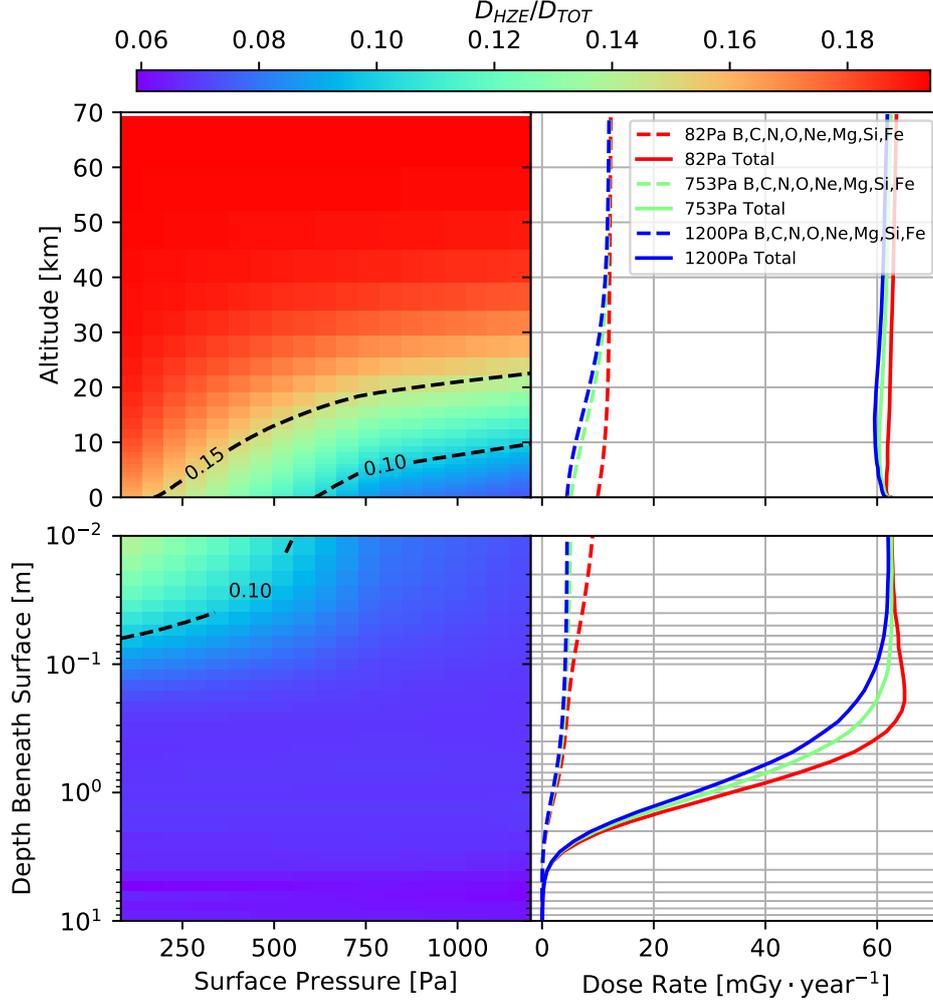


Figure 7. Right panels: The absorbed dose rate in the water-ball phantom induced by primary GCR heavy ions and their secondaries (dashed lines) under three different surface pressures which are 82, 753, and 1200 Pa (indicated in different colors) as a function of the atmospheric altitude and subsurface depth. The total absorbed dose rates including also the contribution by primary protons and helium ions and their secondaries (as plotted in Fig. 6) are shown by solid lines. The solar modulation condition represents medium solar activities with $\Phi=580$ MV as the input for BON model. Left panels: The proportion of the dose rate contributed by GCR heavy ions to the total dose rate for three different pressure scenarios and the interpolated values as a function of the atmospheric altitude and subsurface depth.

450 better demonstrate the heavy ion contribution and its dependence on the atmospheric
 451 conditions.

452 We further derived the dose equivalent rate (see definition and method in Section
 453 2.3) induced by GCR light ions ($Z \leq 2$), heavy ions ($Z > 2$) and the total sum. Fig. 8 shows
 454 the dose equivalent results following the same plotting manner of Fig. 7 in order to demon-
 455 strate the contribution by heavy ions to dose equivalent.

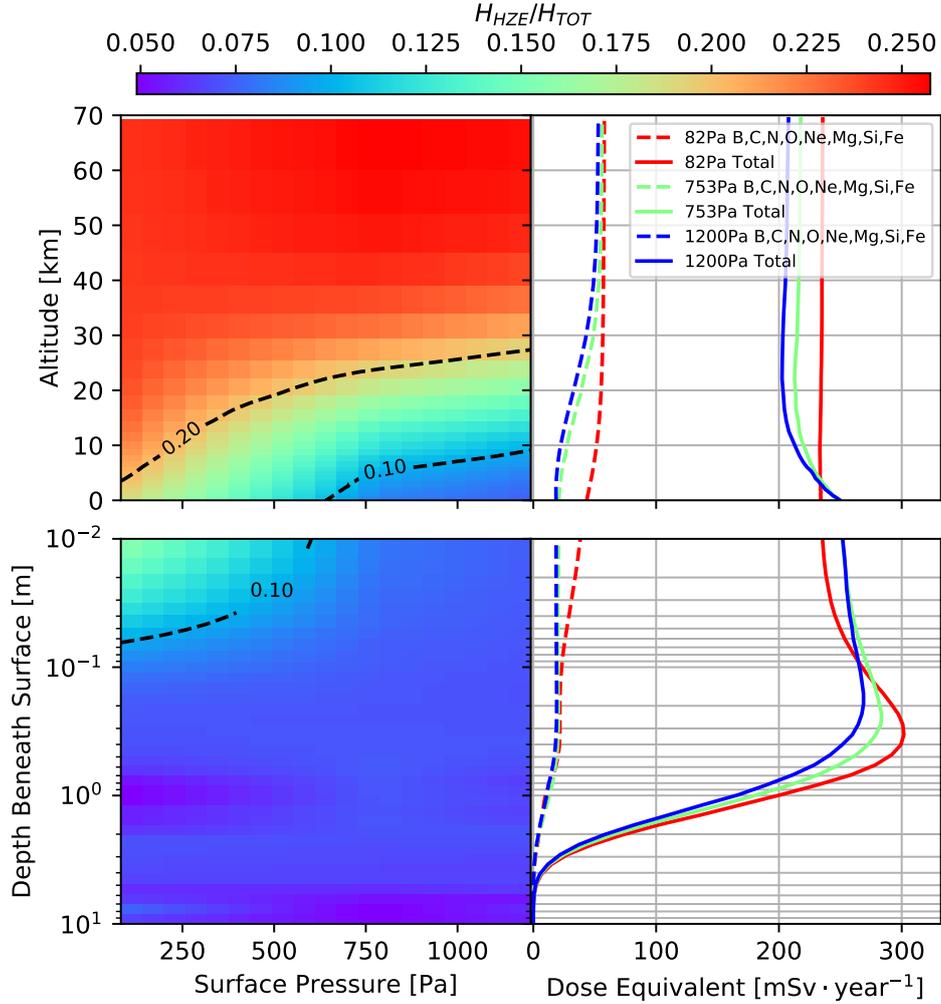


Figure 8. The same as Fig. 7, but for dose equivalent rate in the water-ball phantom.

456 In general, this ratio is slightly higher than the dose ratio shown in Fig. 7 since dose
 457 equivalent is LET weighted to which heavy ions have a larger contribution than to dose
 458 (ICRP, 1992). Similar to the dose ratio, the heavy ion contribution to dose equivalent
 459 decreases with increasing depth (at a fixed column) and with increasing atmospheric pres-
 460 sure (at a fixed row).

461 On the surface of Mars, the dose equivalent rate contributed by GCR heavy ions
 462 and their secondaries generated in the atmosphere is slightly smaller than $\sim 20\%$ for all
 463 the pressure conditions and smaller than $\sim 10\%$ for surface pressure higher than 700 Pa,
 464 as shown by the contours. At the subsurface of Mars and below ~ 7 cm, this ratio is smaller
 465 than 10% for also low-pressure scenarios.

466 The total dose equivalent rate (solid lines) has its depth profile peaking at about
 467 30–40 cm below the surface, similar to the equivalent dose results shown by (Röstel et
 468 al., 2020, Fig. 6). It is evident that this feature is not driven by the contribution of heavy
 469 ions or their secondaries (dashed lines) which do not show a peak in the subsurface. In
 470 fact, the enhancement of dose equivalent rate in the subsurface is mainly caused by the

471 generation of secondary neutrons (primarily induced by GCR protons) which reach a peak
 472 at the shielding depth of 60-70 g/cm² (including the vertical atmospheric thickness). This
 473 is comparable to the peak flux present in Earth's atmosphere at a height of about 20 km
 474 (or 50 g/cm² of vertical column depth) at polar regions (e.g., Mertens et al., 2016). More
 475 discussions on the secondary neutrons generated in the Martian environment are pre-
 476 sented in the next section.

477 **3.4 Secondary neutrons and their contribution to radiation**

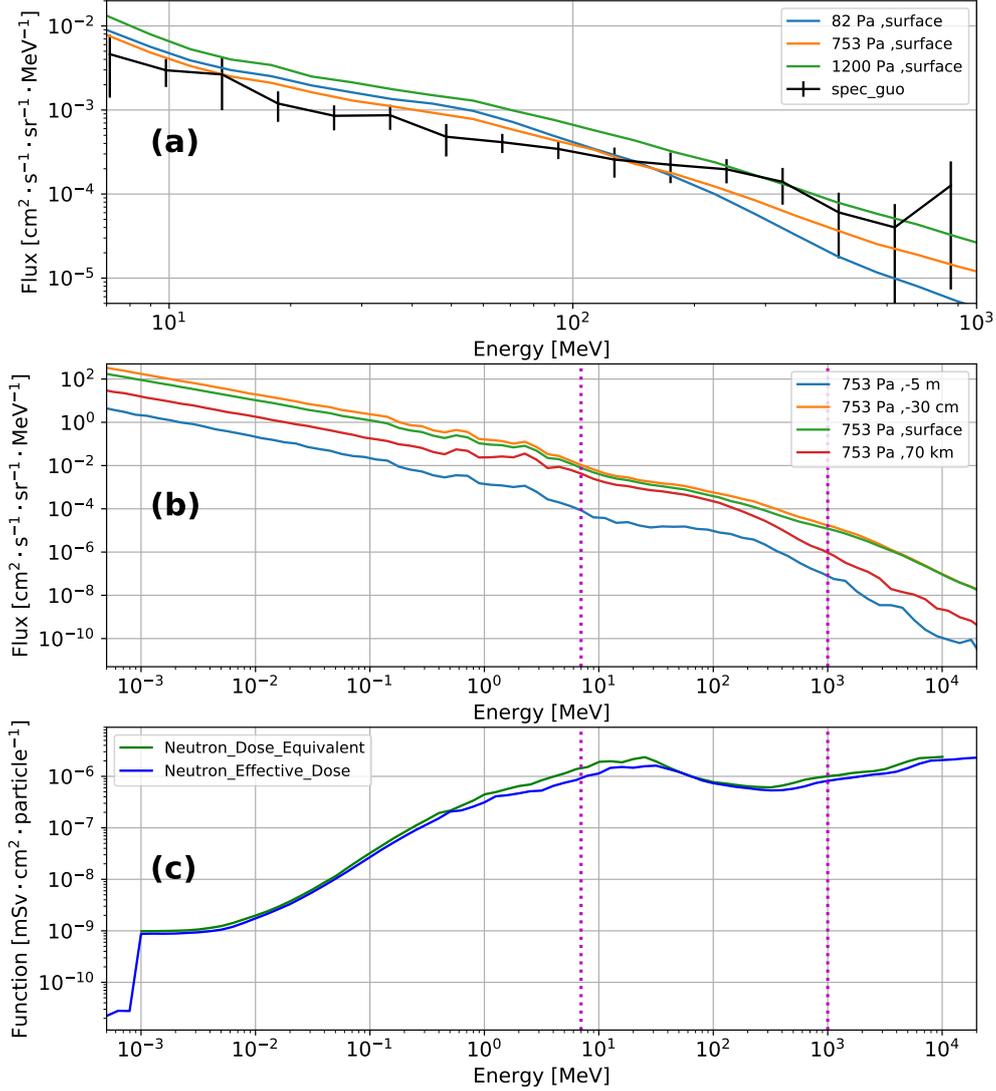


Figure 9. (a): The modeled surface neutron spectra under different pressure conditions compared to the inverted neutron spectra based on MSL/RAD measurements (Guo et al., 2017). (b): The modeled neutron spectra at different depths of the model (-5 m, -30 cm in the subsurface, on the surface and at 70 km height in the atmosphere) with the surface pressure of 753 Pa. (c): The energy-dependent conversion factors for calculating dose equivalent and effective dose from neutrons. Dashed lines in the bottom panels show the energy range for panel (a).

478 In contrast to charged particles, neutrons do not undergo ionization energy loss and
 479 penetrate through matter easily to induce secondary particles. In particularly those in
 480 the “fast” energy range on the order of MeV, where their biological weighting factors are
 481 large (e.g. ICRP, 2012). Therefore, secondary neutrons generated in the Martian envi-
 482 ronment are of considerable concern from the perspective of radiation damage and are
 483 an important factor to evaluate for radiation protection using Martian surface materi-
 484 als.

485 In order to validate the secondary neutron flux modeled by AtrIS, we compare our
 486 modeled surface neutron spectra as generated by GCR light and heavy ions with the spec-
 487 tra derived from MSL/RAD measurements under similar solar modulation conditions
 488 (Guo et al., 2017), as shown in Fig. 9a. For the pressure closest to that at Gale crater
 489 where MSL/RAD operates, i.e., the orange line of 753 Pa, the modeled spectra and the
 490 measurement-based spectra generally agree with each other within 50% for energies be-
 491 low a few hundreds of MeV. However, the details of the spectra are not always match-
 492 ing. Here it is important to note that the MSL/RAD neutron spectrum is not a direct
 493 measurement, but uses the modeled detector response functions to invert the measured
 494 histogram into expected neutron flux reaching the RAD detector (Köhler et al., 2014).
 495 Various uncertainties propagate through the inversion procedure, such as the overflow
 496 problem in the last few bins caused by particles with incident energies larger than 1 GeV
 497 not considered in the detector response simulations but detected in real experiment. Over-
 498 all, we are content with this validation as similar levels of agreement were also detected
 499 in earlier studies comparing various modeled neutron spectra with MSL/RAD results
 500 (Matthiä et al., 2017, Fig.1).

501 As discussed earlier, the enhancement of secondary neutrons is mainly responsi-
 502 ble for the peak of dose equivalent rate in the subsurface of Mars. To verify this, we plot
 503 the neutron flux at a few atmospheric and regolith depths as shown in Fig. 9b. Com-
 504 paring the neutron spectra at different depths in the model with a fixed surface pressure
 505 of 753 Pa, we found that the neutron flux at a subsurface depth around 30 cm is larger
 506 than that at a smaller depth or at a larger depth. This peak is consistent with the to-
 507 tal dose equivalent peak at around -30 cm shown in Fig. 8.

508 The energy-dependent conversion factors for calculating neutron-contributed dose
 509 equivalent in a 15-cm water phantom and the organ-weighted body effective dose are plot-
 510 ted in Fig. 9c (see Section 2.3 for more details of their definitions). The function values
 511 at different energies can be about 3 orders of magnitude different. Both functions show
 512 similar trends of energy-dependency peaking around 30 MeV. There is $< \sim 30\%$ differ-
 513 ences between the two functions at 1-30 MeV energy range, mainly due to body shield-
 514 ing of organs within the body and different tissue-weighting factors of the effective dose.

515 Fig. 10 shows the depth-dependence of the total effective dose and the contribu-
 516 tion by secondary neutrons generated in the Martian environment. It shows that on the
 517 Martian surface the neutron contribution is around 50% and above 80% below ~ 50 cm
 518 of the subsurface. This highlights the significant contribution of neutrons to the poten-
 519 tial radiation risk of future astronauts on Mars, especially when more shielding mate-
 520 rial is present.

521 We note that the neutron contribution to the total effective dose is around 50% while
 522 the MSL/RAD measures about 5% contribution by neutrons to the total dose rate in
 523 the plastic detector (Guo et al., 2021). To understand this discrepancy, we need to keep
 524 in mind that dose and effective dose are defined and derived differently. We further cal-
 525 culate the ratio of the neutron contribution to total dose in water at the surface of Mars
 526 which are about 4%, 8% and 9% with a surface pressure of 82 Pa, 753 Pa and 1200 Pa.
 527 At 753 Pa which is comparable to the atmospheric environment for MSL/RAD, the cal-
 528 culated $\sim 8\%$ contribution to dose is in agreement with the data-based 5% given that mea-
 529 surement has a limited energy range (between dashed lines in Fig. 9). Besides, the dif-

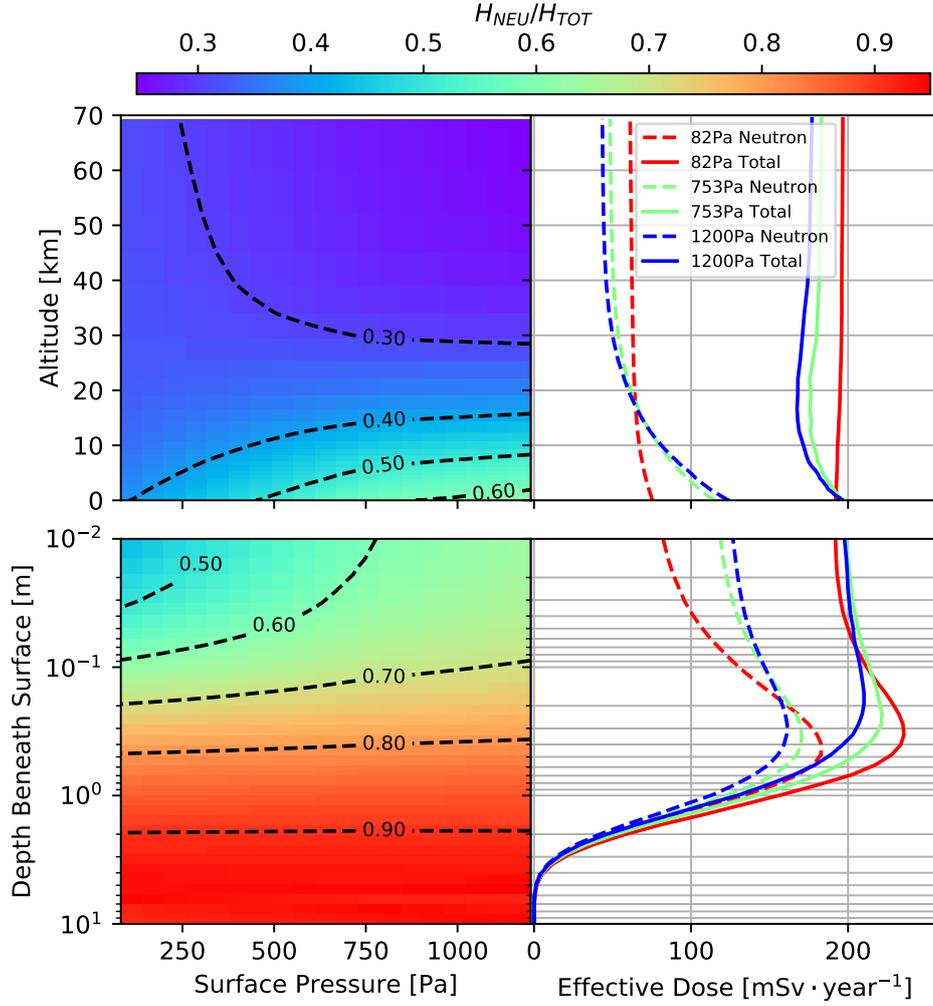


Figure 10. Right panels: The total body effective dose rate induced by GCRs and their secondaries generated in the Martian environment under three different surface pressures which are 82, 753, and 1200 Pa (solid lines indicated in different colors) as a function of the atmospheric altitude and subsurface depth. The body effective dose rate contributed by secondary neutrons are plotted in dashed lines. The solar modulation condition represents medium solar activities with $\Phi=580$ MV as the input for BON model. Left panels: The proportion of the effective dose rate contributed by neutrons for three different pressure scenarios and the interpolated values as a function of the atmospheric altitude and subsurface depth.

530 reference may also be attributed to different phantom geometry, detector housing, detec-
 531 tion threshold, etc.

532 **3.5 The overall dependence on solar modulation and atmospheric con-**
 533 **dition**

534 Now we discuss the total dose equivalent and body effective dose as a function of
 535 the atmospheric altitude and subsurface depth and the influence of the solar modula-

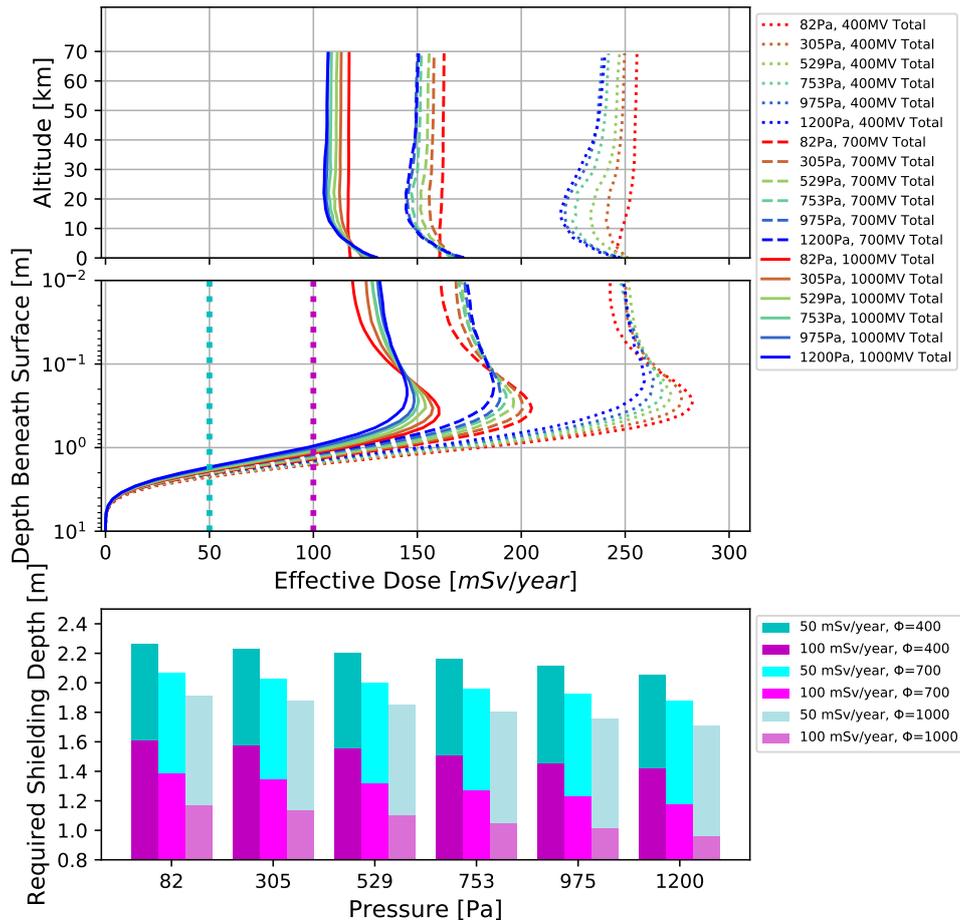


Figure 11. Top and Middle: The total body effective dose rate induced by GCRs (light and heavy ions) and their secondaries generated in the Martian environment as a function of the atmospheric altitude and subsurface depth. Results from different surface pressures and various solar modulation conditions are differentiated by line styles and colors. Bottom: Required shielding depth to keep the annual effective dose within certain levels (magenta for 100 mSv and cyan for 50 mSv) under various surface pressure and solar modulation conditions.

536 tion conditions. As described earlier, for heavy GCR ions, only 3 atmospheric pressure
 537 setups have been modeled due to limited computational power. Nevertheless, we obtained
 538 their contribution to the total dose equivalent or effective dose under 6 different pres-
 539 sure conditions using the interpolation method (e.g., Fig. 8). This allows us to calcu-
 540 late the total dose equivalent or effective dose including both light and heavy GCR ions
 541 under all 6 pressure conditions.

542 The results of the body effective dose are plotted in Fig. 11 which shows that solar
 543 modulation has a strong influence with enhanced radiation level under weaker solar
 544 activities. The atmospheric effect alone in comparison is much weaker. On the surface
 545 of Mars, the total annual effective dose is about 120 and 250 mSv for solar maximum
 546 and minimum conditions respectively; the total annual dose equivalent (not plotted here,

547 but can be found in Fig. 8 for $\Phi=580$ MV) is about 20% larger than effective dose un-
 548 der a given solar and atmospheric condition.

549 Both effective dose and dose equivalent rates are smaller than the equivalent dose
 550 rate calculated by Röstel et al. (2020) mainly due to the different definition of equiva-
 551 lent dose. It has been established for legal concerns for the purpose of radiation protec-
 552 tion and thus gives an upper bound of the biological effectiveness.

553 The surface dose equivalent results calculated in our work are comparable to some
 554 previous modeling works. Matthiä et al. (2017, Fig.7) showed the total annual dose equiv-
 555 alents from different models (e.g., MCNP, HZETRN, and GEANT4) mostly between 190
 556 mSv and 210 mSv under a medium solar modulation condition, which are consistent with
 557 the total surface dose equivalent rate shown in Fig. 8. Recently, Da Pieve et al. (2021,
 558 Table 3) calculated the annual dose equivalents to be about 130 mSv and 230 mSv for
 559 solar maximum and minimum conditions, respectively. Considering that they have ig-
 560 nored the contribution by GCR heavy ions ($Z>2$) and have used different particle trans-
 561 port models and Mars environment setups, our calculations are in acceptable agreement
 562 with theirs.

563 Moreover, the dose equivalent and effective dose rates on the surface of Mars are
 564 comparable to the dose equivalent rate derived from MSL/RAD measurements which
 565 is about ~ 110 and ~ 310 mSv/year for solar maximum and minimum conditions, respec-
 566 tively (Guo et al., 2021, Table 2).

567 **3.6 Subsurface shielding capability and recommendations of shielding** 568 **depth**

569 Finally, based on the total body effective dose calculated in this work, we discuss
 570 the subsurface shielding capabilities and derive the required shielding depths for poten-
 571 tial habitats on Mars. The middle panel of Fig. 11 shows that above ~ 0.4 m of the sub-
 572 surface layers, the total body effective dose slightly increases and reaches a peak around
 573 this depth. Further below ~ 0.4 m and for all conditions, effective dose decreases con-
 574 tinuously with increasing depth.

575 Recently, the US National Academies have proposed a limit of 600 mSv as a ca-
 576 reer limit for astronauts (National Academies of Sciences, Engineering, and Medicine,
 577 2021): “An individual astronaut’s total career effective radiation dose attributable to space-
 578 flight radiation exposure shall be less than 600 mSv. This limit is universal for all ages
 579 and sexes.” As an example of reference, in Canada, the effective dose limits for the pub-
 580 lic is 1 mSv in one calendar year (CNSC, 2000); for nuclear energy workers, the limit is
 581 50 mSv for one-year dosimetry period. Bearing a lot controversial arguments, a tradi-
 582 tional consideration based on epidemiological data is that increased lifetime cancer be-
 583 comes evident when the annual dose intake is above 100 mSv (Brenner et al., 2003). Con-
 584 sidering these levels of annual effective dose as indicated by the vertical dotted lines, pur-
 585 ple line for 100 mSv/year and cyan line for 50 mSv/year, we can derive the required shield-
 586 ing depth under different pressure and solar modulation conditions, as shown in the bot-
 587 tom panel. As expected, given a fixed surface pressure, a stronger solar modulation re-
 588 sults in decreased GCR flux and less required shielding depth. When the solar modu-
 589 lation is the same, a slightly larger shielding depth is required in the case of lower sur-
 590 face pressures. For example, the shielding depth required under a surface pressure of 82
 591 Pa is about 10-20 cm greater than that under a surface pressure of 1200 Pa.

592 As discussed earlier, the equivalent dose could be an overestimation of the biolog-
 593 ical effectiveness, especially for heavy ions. Thus the equivalent dose values obtained by
 594 Röstel et al. (2020) on the surface of Mars are considerably larger than the effective dose
 595 values calculated in this work. However when comparing the required shielding depth
 596 with a threshold of 100 mSv/year, the results obtained here, ~ 1.5 meters, are similar

597 to the results calculated for the Andesite rock (AR) scenario in Röstel et al. (2020). (Our
 598 Martian regolith setup is closet to the AR scenario). The reason that the discrepancy
 599 between the equivalent dose and effective dose values decreases with depth is due to the
 600 enhancement of neutrons with increased shielding (Fig. 10). Since the functions for cal-
 601 culating neutron-induced equivalent dose and effective dose are similar, the difference
 602 between these two values becomes smaller. Our study of the optimized shielding depth
 603 supports the previous results by Röstel et al. (2020).

604 4 Summary and Conclusion

605 In order to better understand the Martian radiation environment and its depen-
 606 dence on the planetary atmospheric depth, which is a quantity that differs vastly at dif-
 607 ferent locations on Mars, we evaluate the Mars radiation levels at varying heights above
 608 and below the Martian surface considering various surface pressures using the state-of-
 609 the-art GEANT4/AtRIS code. Six different atmospheric thicknesses are implemented:
 610 the largest column depth is selected for a low altitude at Hellas Planitia with about 1200
 611 Pa of surface pressure, while the lowest pressure is about 80 Pa for Olympus Mons. Three
 612 quantities are derived and discussed: absorbed dose, dose equivalent, and body effective
 613 dose. The former is a direct physical measure while the latter two are biologically-weighted
 614 radiation quantities. Two different phantoms are used for evaluating the absorbed dose:
 615 a 300- μm -thick silicon slab and a 15-cm-radius water sphere. Besides, we have compared
 616 the modeling results with previous calculations and insitu measurements by MSL/RAD
 617 and found good agreements which serve as a validation of our model.

618 In Section 3.1, we obtained the Martian surface dose as a function of primary parti-
 619 cle energy under different pressures. These functions (Figs. 3 and 4) nicely show that
 620 low-energy particles can be effectively shielded by a thicker atmosphere while meantime
 621 high-energy particles have an enhanced contribution to the surface dose. We also esti-
 622 mated the energy range which contributes 98% to the total dose on Mars for different
 623 primary particle types under different surface pressures (Table 1).

624 In Section 3.2, 3.3 and 3.4, we showed the relative contribution to the three radi-
 625 ation quantities by different GCR primary types (protons, helium ions, and heavy ions)
 626 and by secondary neutrons, as a function of shielding depth and surface pressures. In
 627 case of absorbed dose rate, primary proton- and helium ion- induced radiation has the
 628 largest contribution: $>80\%$ in the upper atmosphere and $\sim 90\%$ on the surface (Fig. 7).
 629 Consequently, heavy ions and their secondaries contribute about 10% to the surface dose
 630 and even less in the subsurface layers. But their contribution to the dose equivalent is
 631 slightly larger in comparison which is nearly 20% on the surface of Mars (Fig. 8). In gen-
 632 eral, the contribution by heavy ions decreases with increased shielding and surface pres-
 633 sure.

634 In particular, neutrons generated by primary GCRs in the atmosphere have inter-
 635 esting features. Although they only contribute a few percent to the absorbed dose on
 636 Mars's surface, they are of considerable importance for dose equivalent and effective dose
 637 especially when the shielding depth is large. We found that neutrons are responsible for
 638 the peak of the dose equivalent or effective dose at the subsurface depth at 30-40 cm (Fig.
 639 10). This highlights the importance of carefully examining the neutron spectra and ef-
 640 ficiently reducing the neutron flux for providing a better shielding environment of future
 641 human habitats on Mars.

642 It has long been argued that astronauts could make use of natural geological struc-
 643 tures, such as cave skylights (Cushing et al., 2007) or lava tubes (Léveillé & Datta, 2010)
 644 as radiation shelters on Mars (Simonsen et al., 1990; Kim et al., 1998; Dartnell et al.,
 645 2007; Röstel et al., 2020). This would be part of a larger strategy of *in situ* resource uti-
 646 lization (Starr & Muscatello, 2020). Recently, the quantification of this shielding effec-

647 tiveness and the required shielding depth has been investigated by Röstel et al. (2020)
 648 focusing on the potential influence of subsurface compositions (ranging from dry rock
 649 to water-rich regolith). They found that the amount of hydrogen contained in the water-
 650 rich regolith plays an important role in reducing the equivalent dose through modula-
 651 tion the flux of neutrons below 10 MeV.

652 Considering that Mars has many high mountains and low-altitude craters, the at-
 653 mospheric thickness can be more than 10 times different from one another. Therefore,
 654 we studied the potential influence of the atmospheric thickness on the surface and sub-
 655 surface radiation environment. Based on the calculated body effective dose, we estimate
 656 the required regolith shielding depth given the annual threshold of 100 mSv or 50 mSv
 657 (Fig. 11) as shown in Section 3.6. Overall, the atmospheric thickness is not a dominant
 658 parameter for the required shielding. However, at a low-altitude crater where the sur-
 659 face pressure is above 1000 Pa, the required subsurface shielding is about 10-20 cm less
 660 than at the top of high mountains where the pressure is below 100 Pa. Moreover, solar
 661 activities which determine the GCR flux arriving at Mars play an role. To reduce the
 662 annual effective dose to be below 100 mSv, the required shielding is 1.5-1.6 meters dur-
 663 ing solar minimum and 0.9-1.1 meters during solar maximum. For a threshold of 50 mSv,
 664 the required shielding is 2.1-2.2 meters during solar minimum and 1.7-1.9 meters dur-
 665 ing solar maximum. We should also note that if the regolith shielding is not sufficient,
 666 it may be counter-productive due to the large biological effect of enhanced secondary neu-
 667 trons. The effective dose can be larger than that on the surface of Mars and it peaks at
 668 a subsurface depth of 30-40 cm. Although this depth is different for different scenarios
 669 considered, the total column depth including both the atmospheric thickness and the re-
 670 golith depth is almost the same in different cases, i.e., 65 g/cm². This also means that
 671 particles penetrate deepest into the soil with lowest atmospheric pressure and less deep
 672 under higher pressures. This is an important concern for seeking the Martian natural
 673 surface material as protection for future habitats on Mars.

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 679 this repository: <https://gitlab.physik.uni-kiel.de/ET/atris>). The version used in this study
 680 is also uploaded at Zenodo platform (under the DOI code <https://doi.org/10.5281/zenodo.3633451>).
 681 The installation and implementation instructions are further detailed (at this page: [https://et-
 682 wiki.physik.uni-kiel.de/atris/atris](https://et-wiki.physik.uni-kiel.de/atris/atris)). Data is available as supporting information for pur-
 683 poses of review.

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Figure 1.

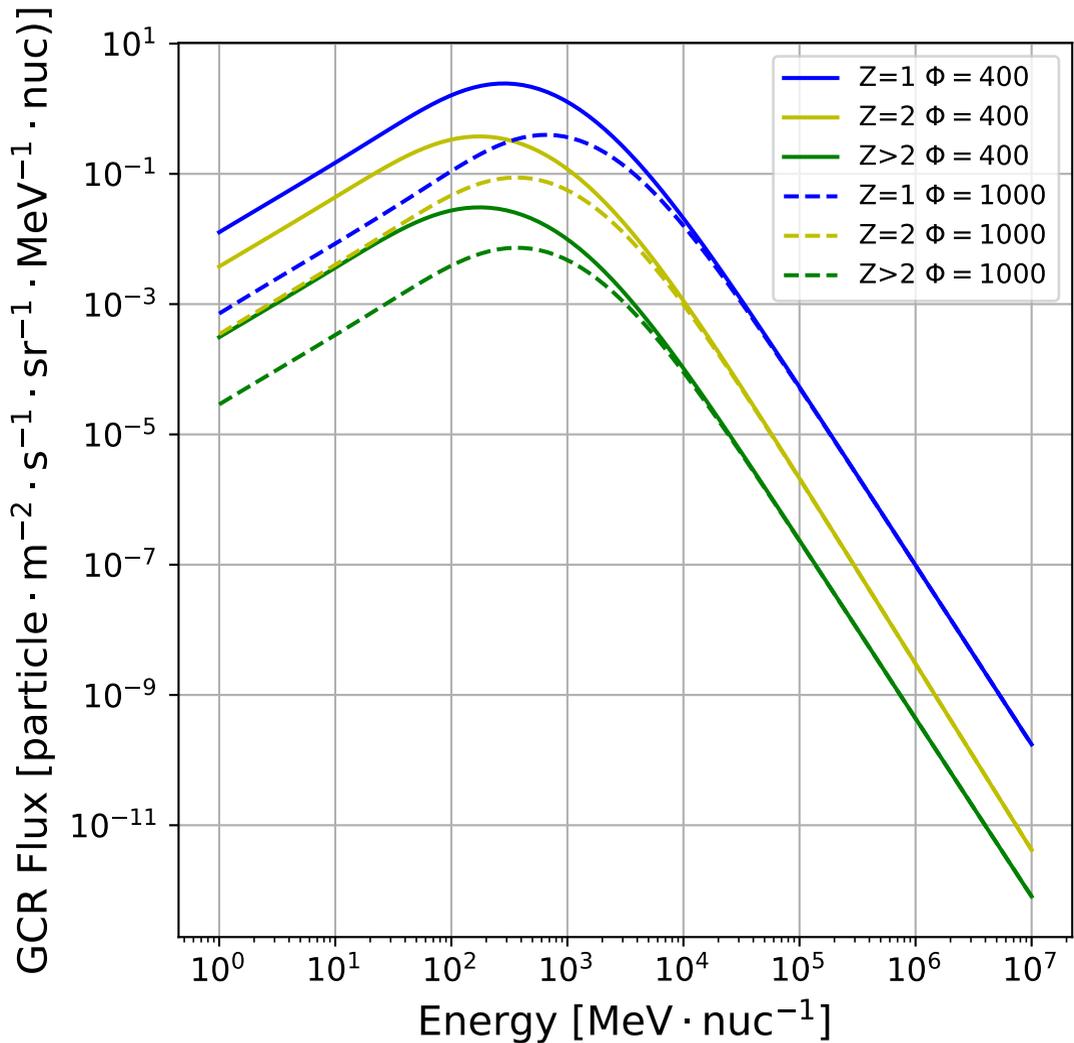


Figure 2a.

Surface Pressure

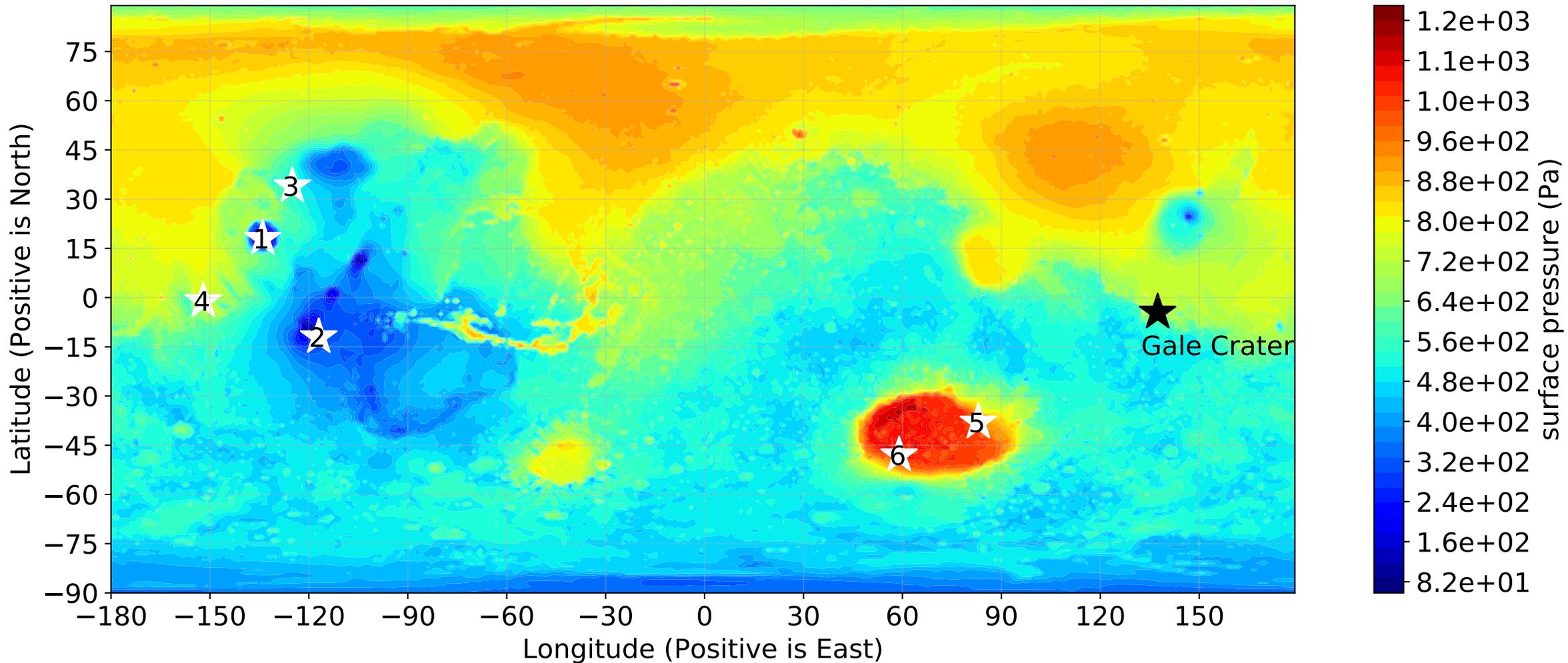


Figure 2b.

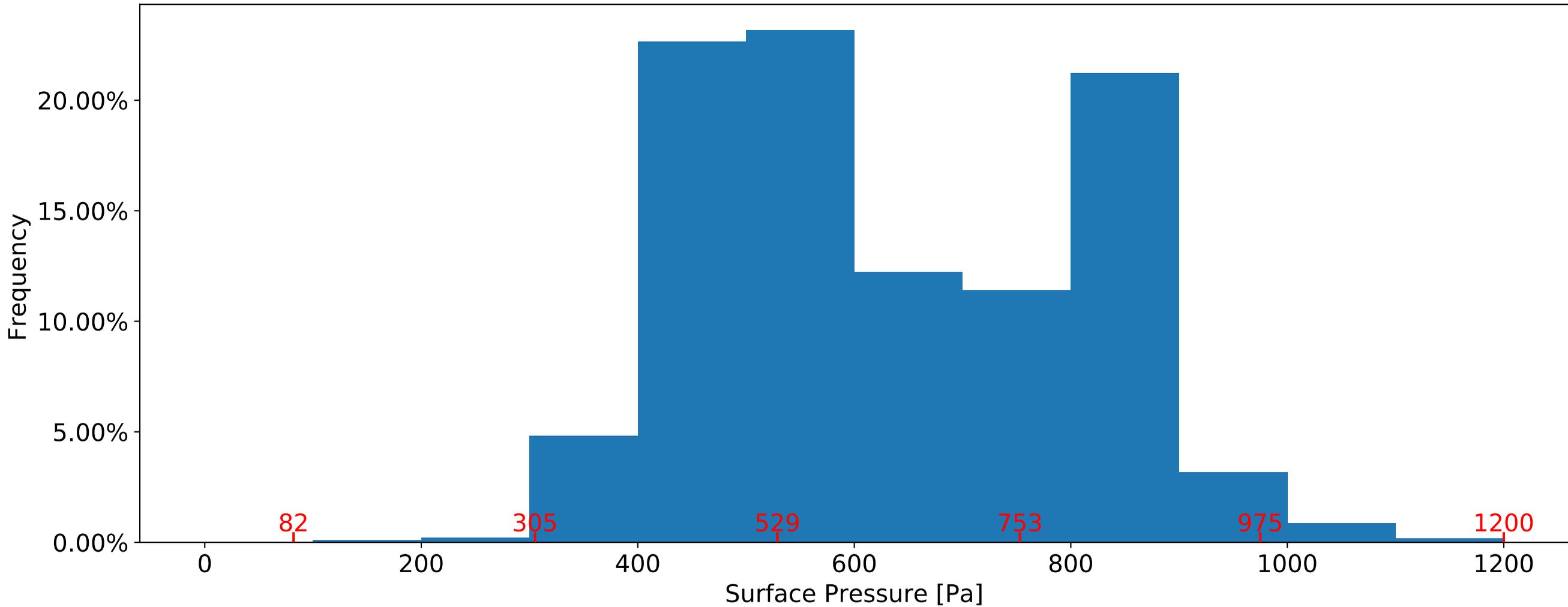


Figure 3a.

Figure 3b.

Figure 3c.

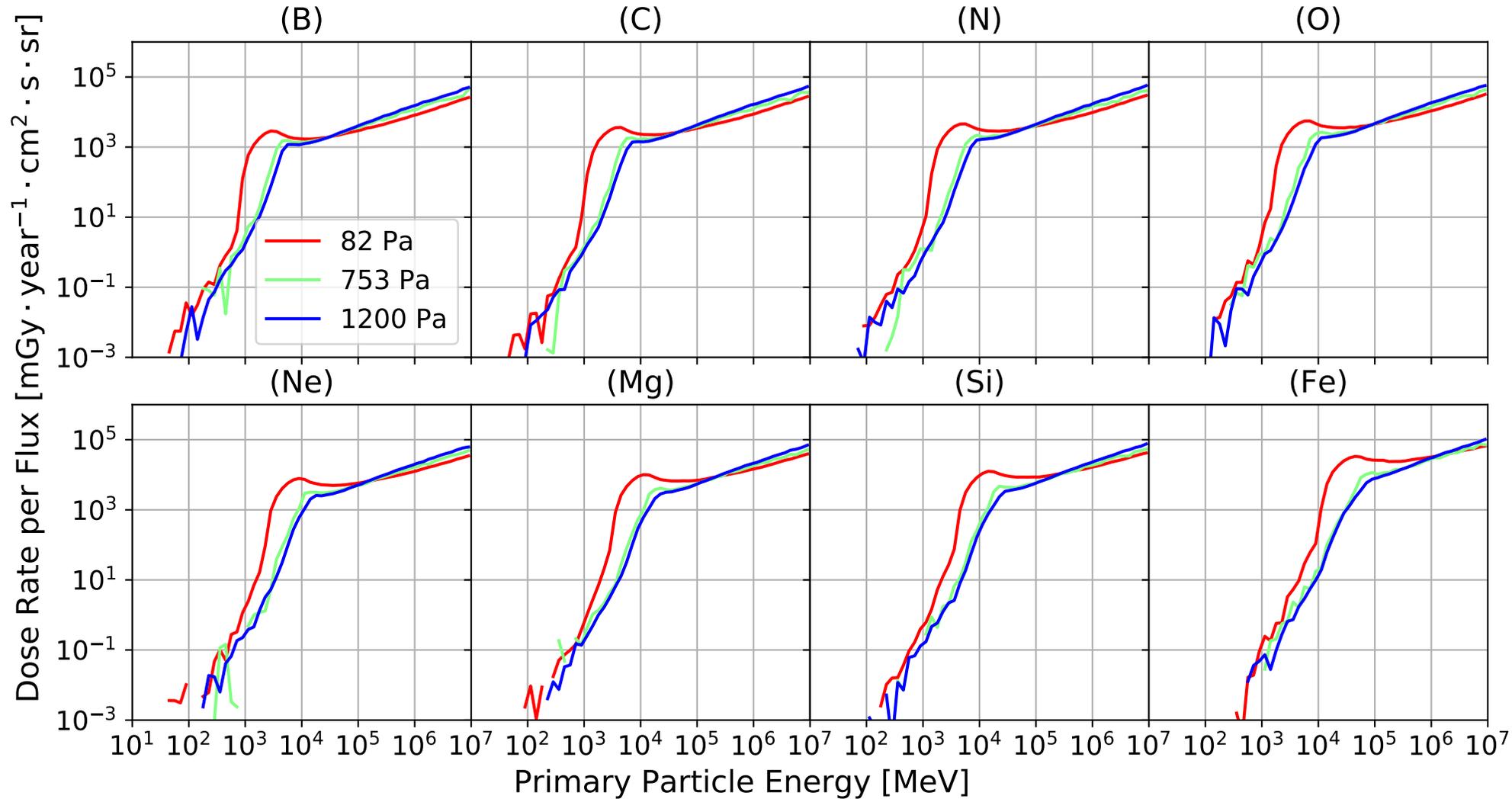


Figure 4a.

Surface Dose Rate (H)

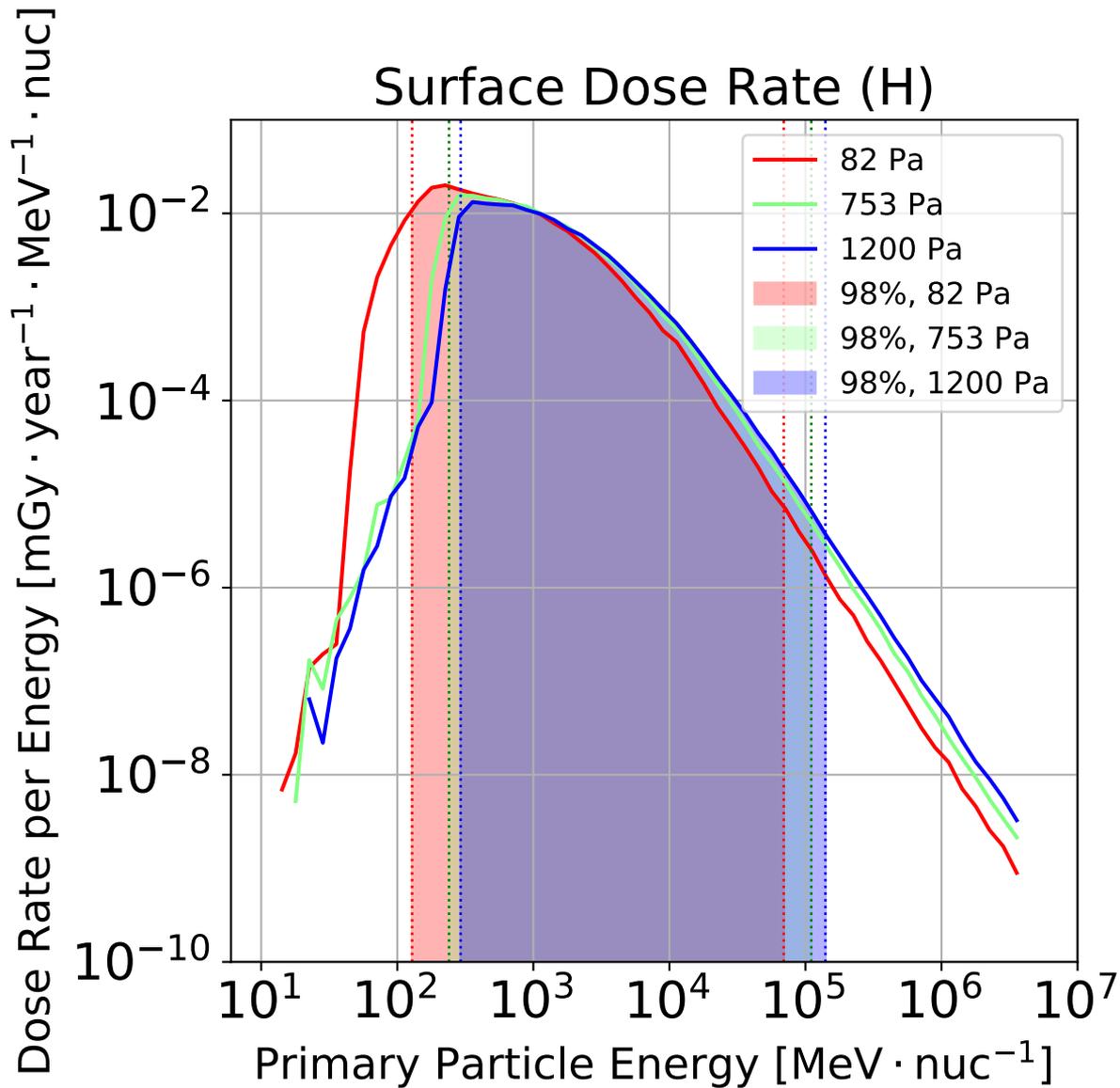


Figure 4b.

Surface Dose Rate (He)

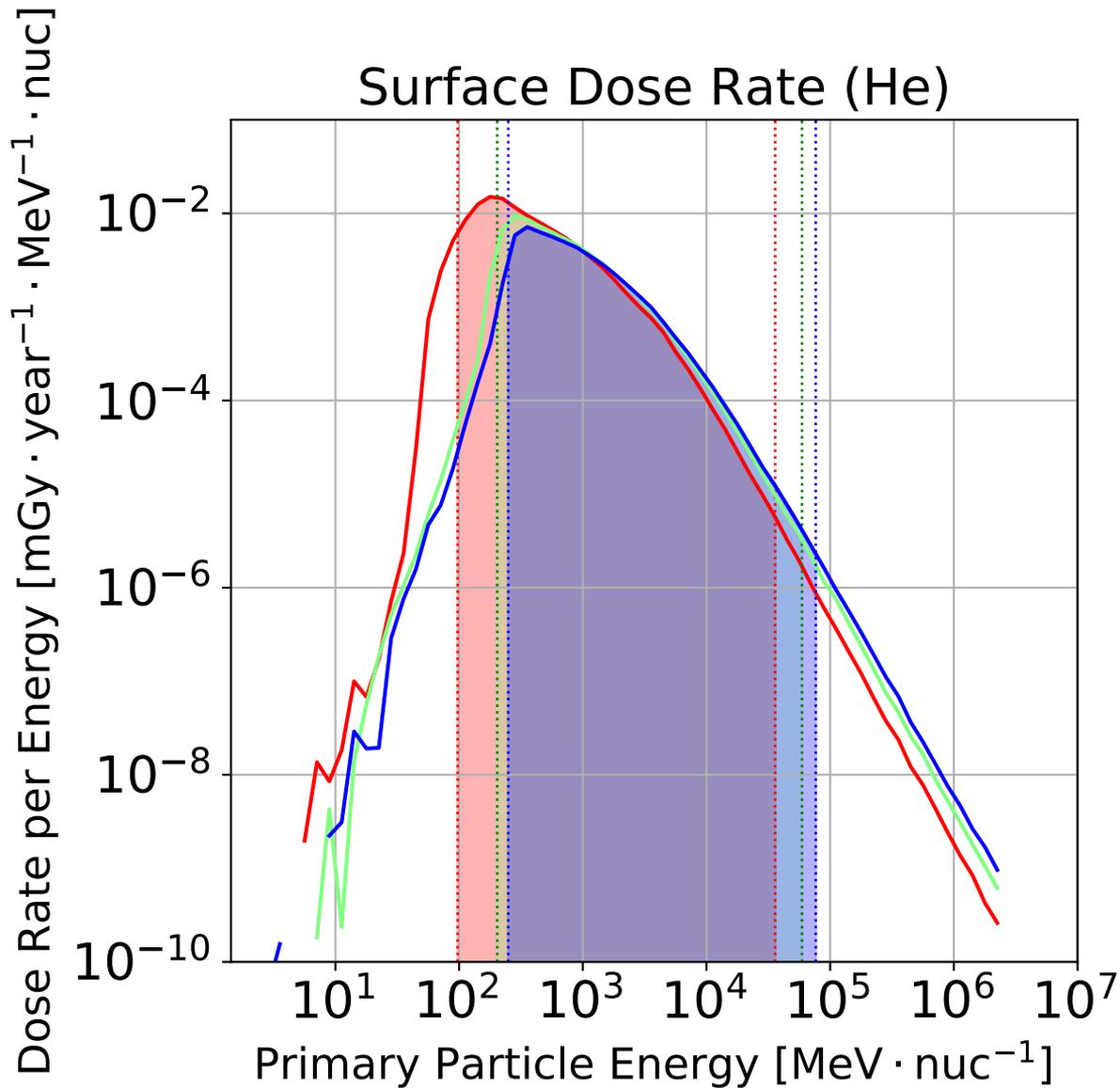


Figure 4c.

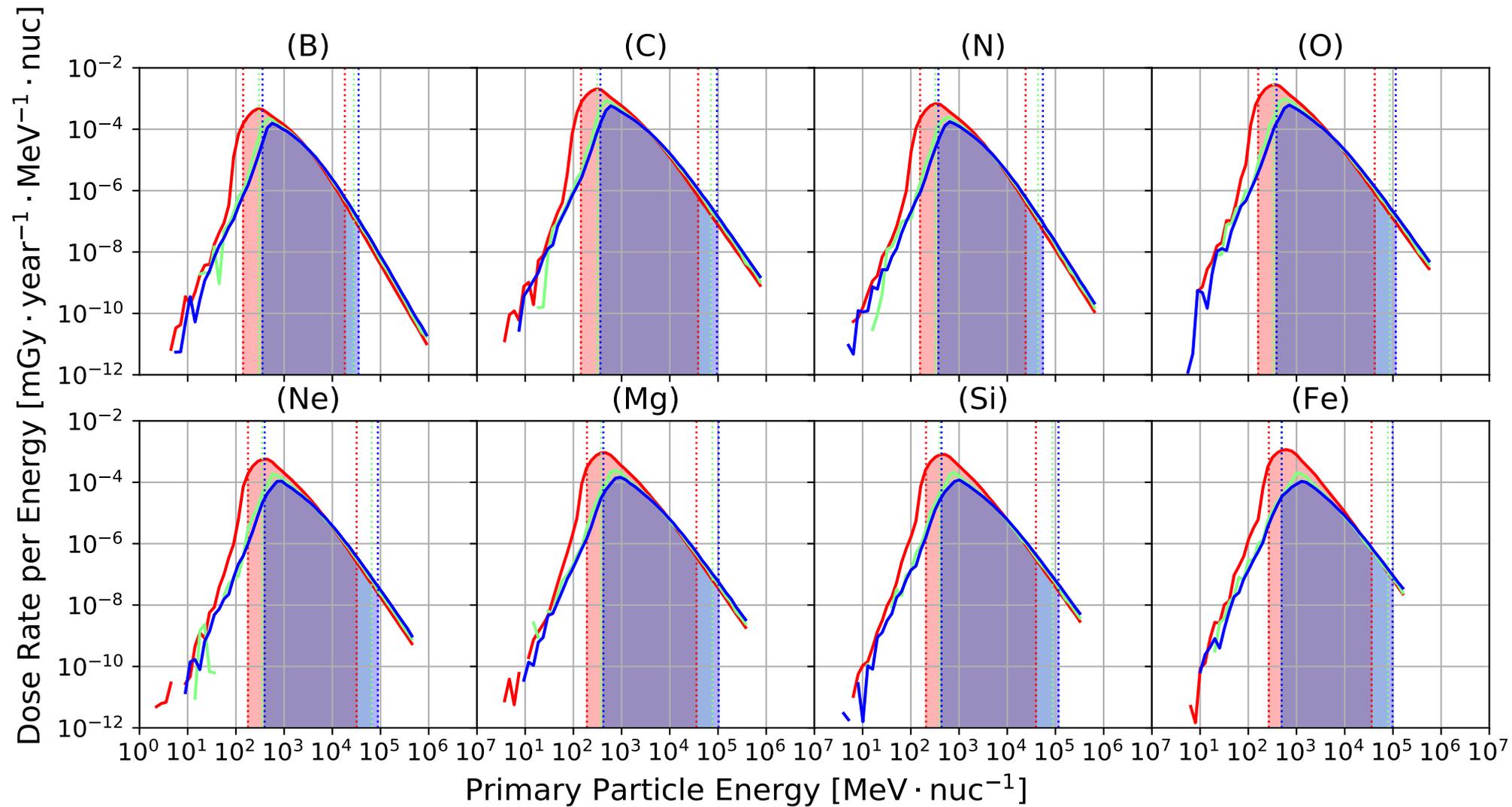


Figure 5.

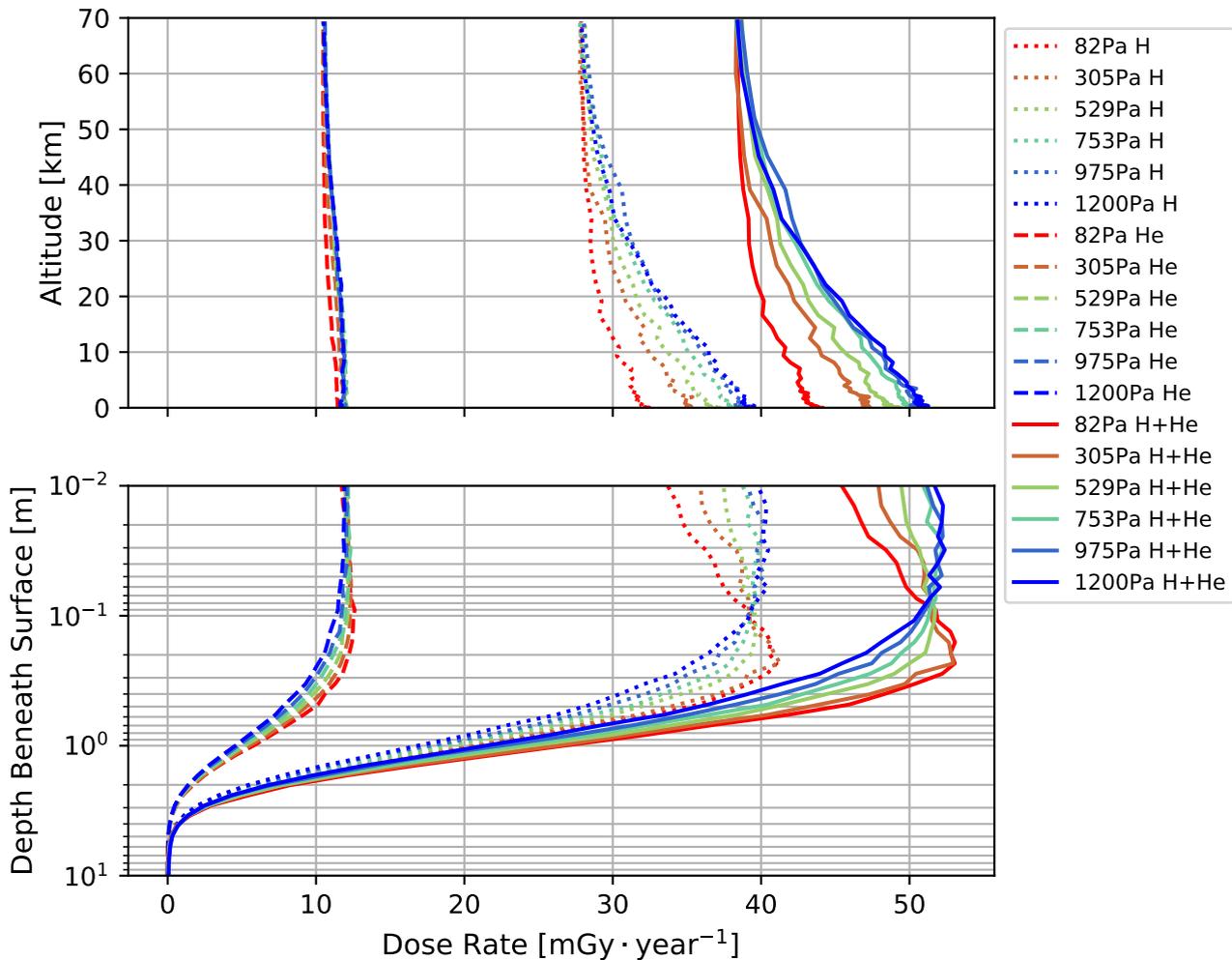


Figure 6a.

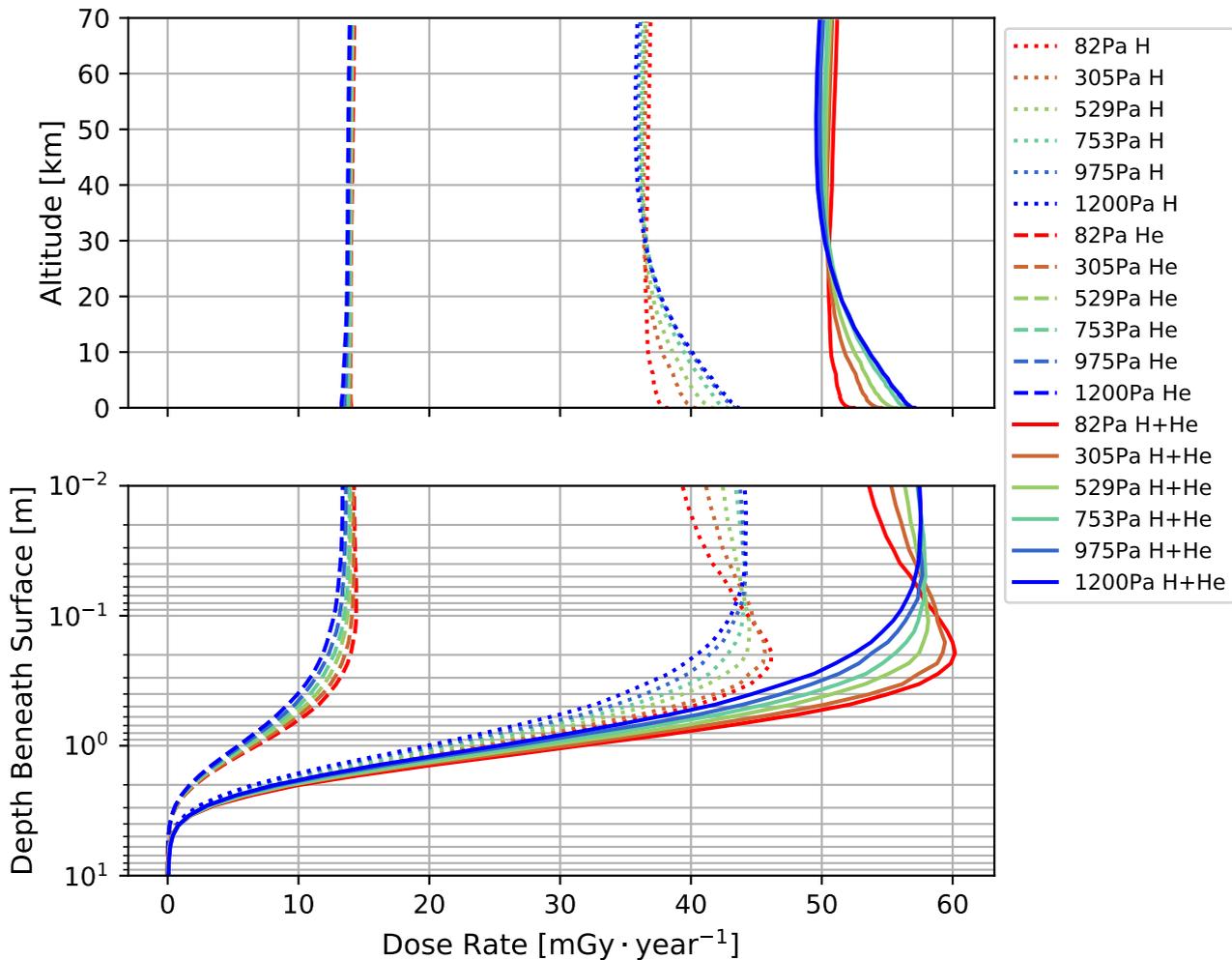


Figure 6b.

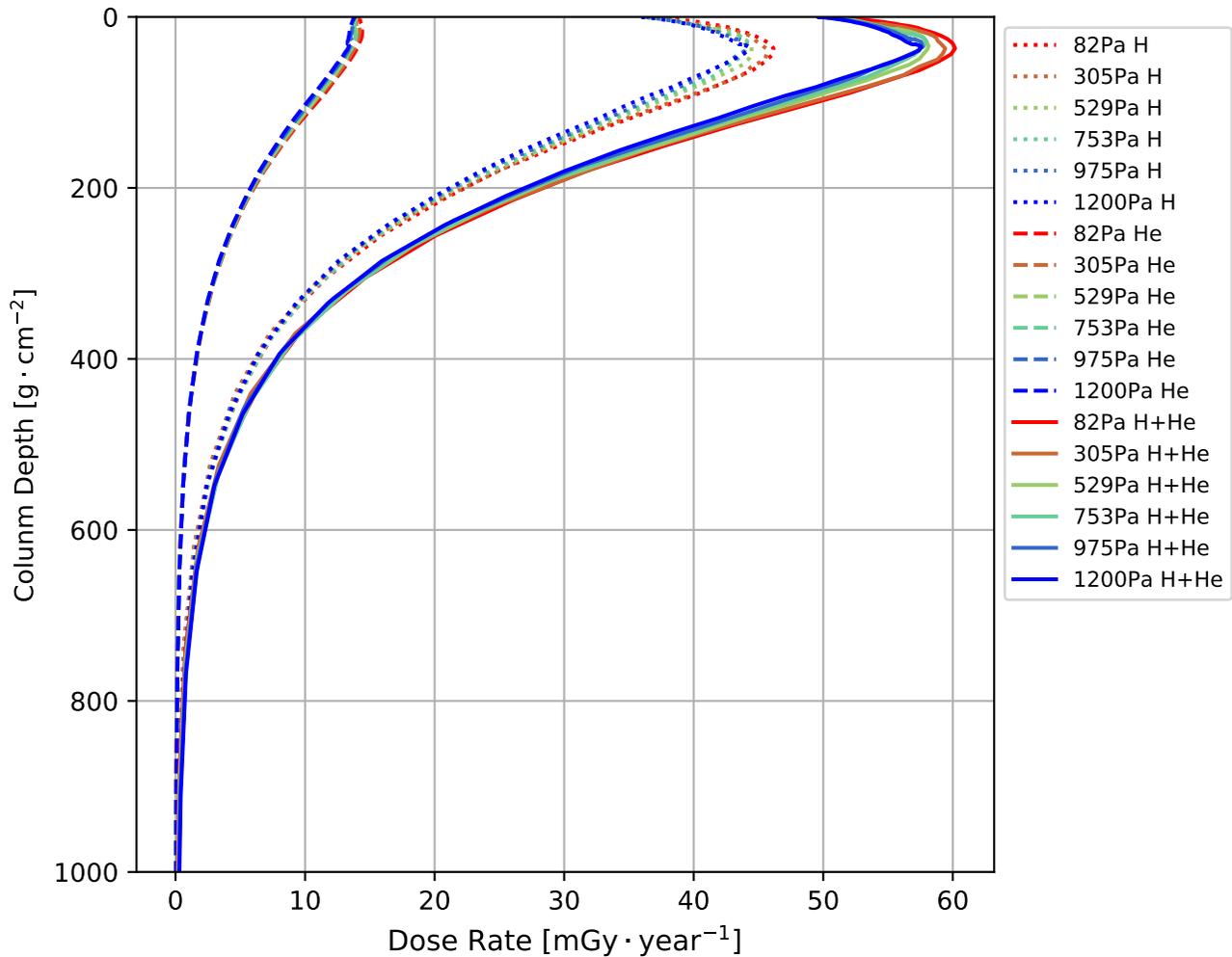


Figure 7.

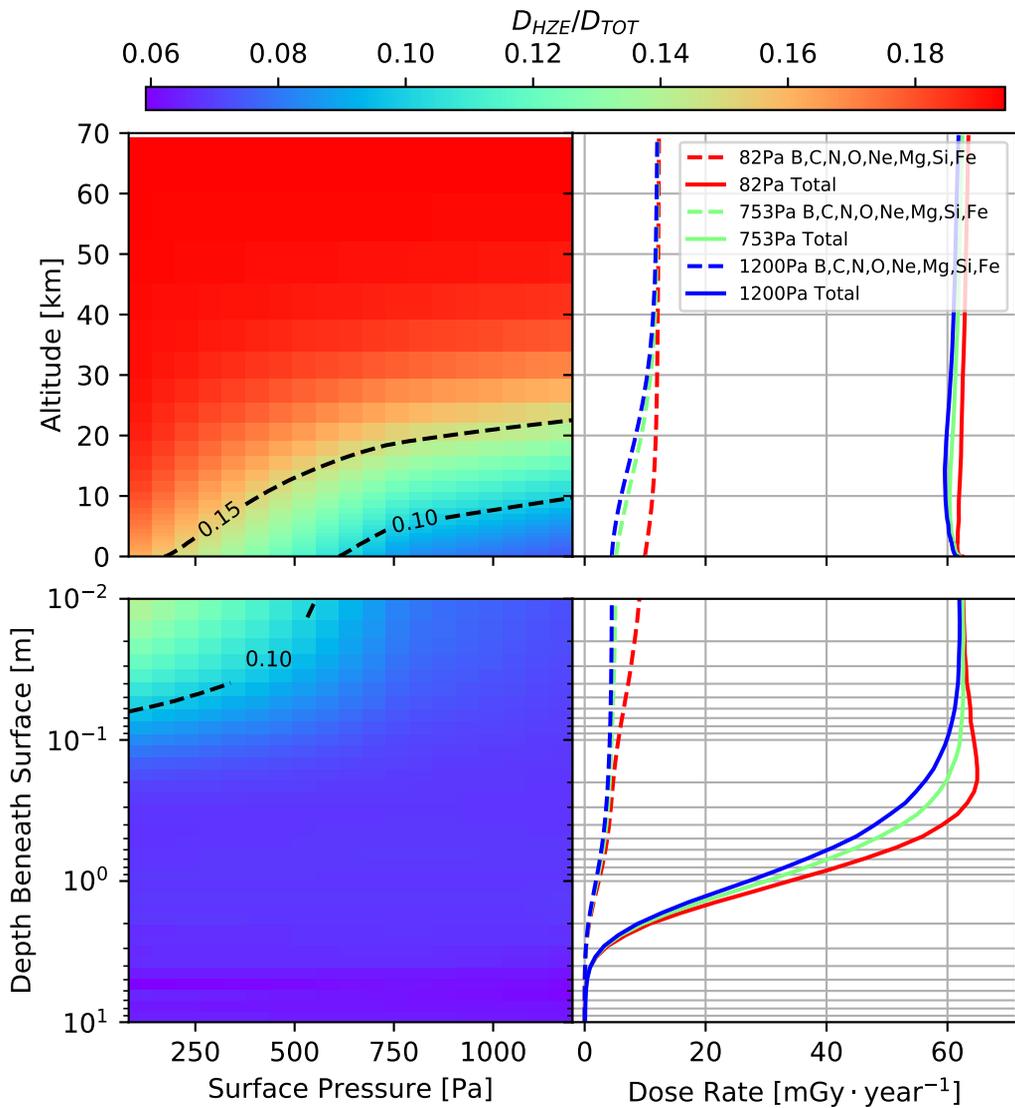


Figure 8.

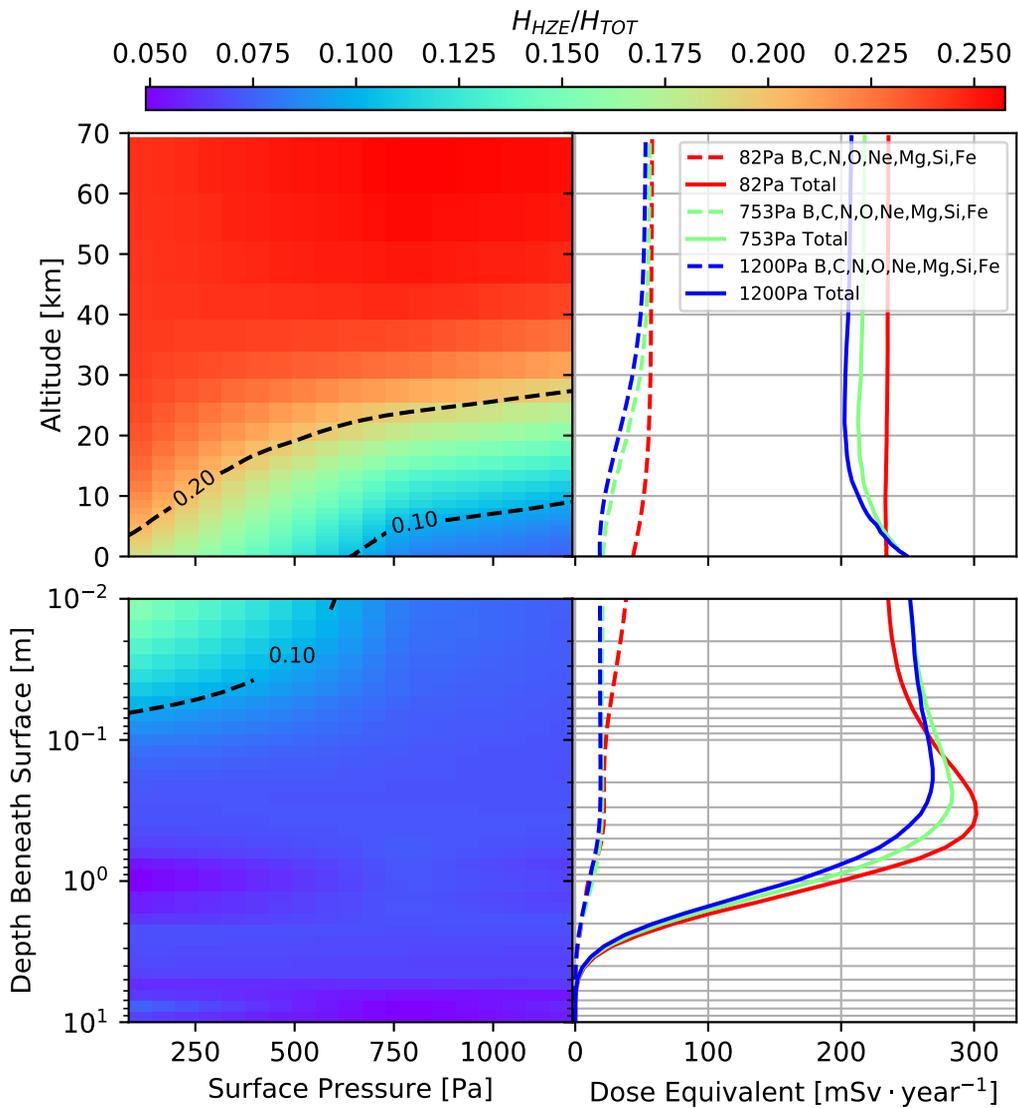


Figure 9.

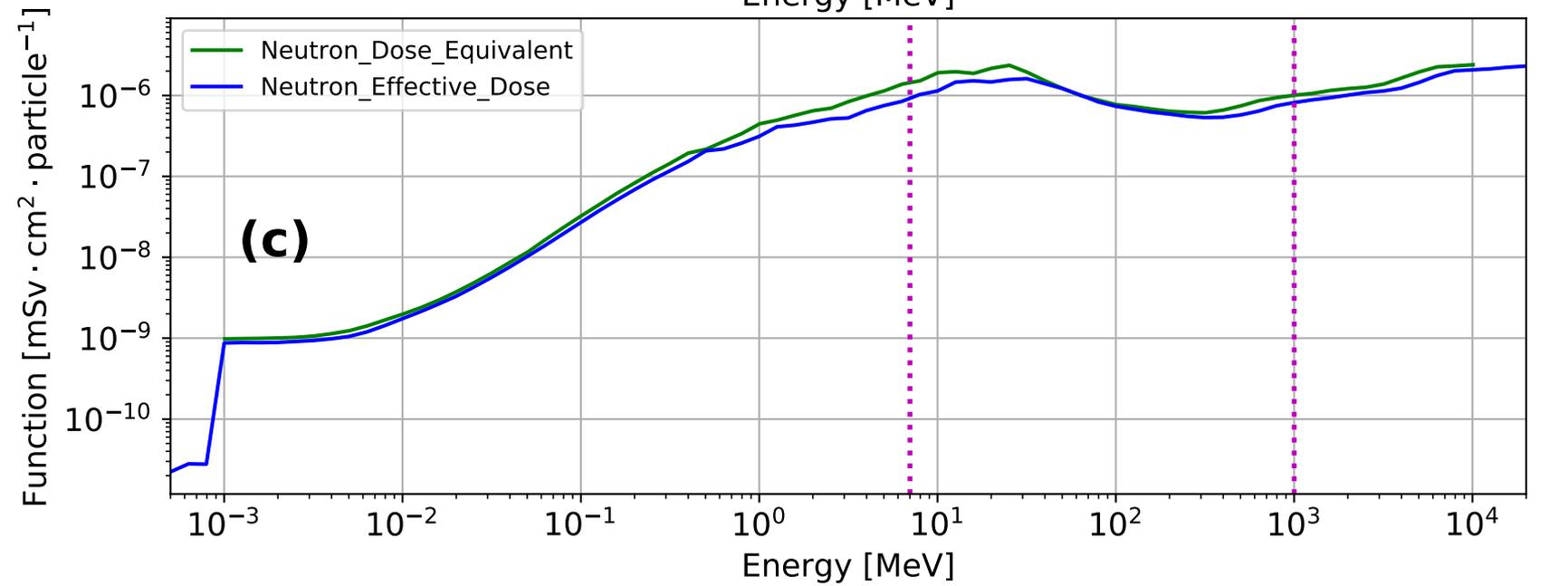
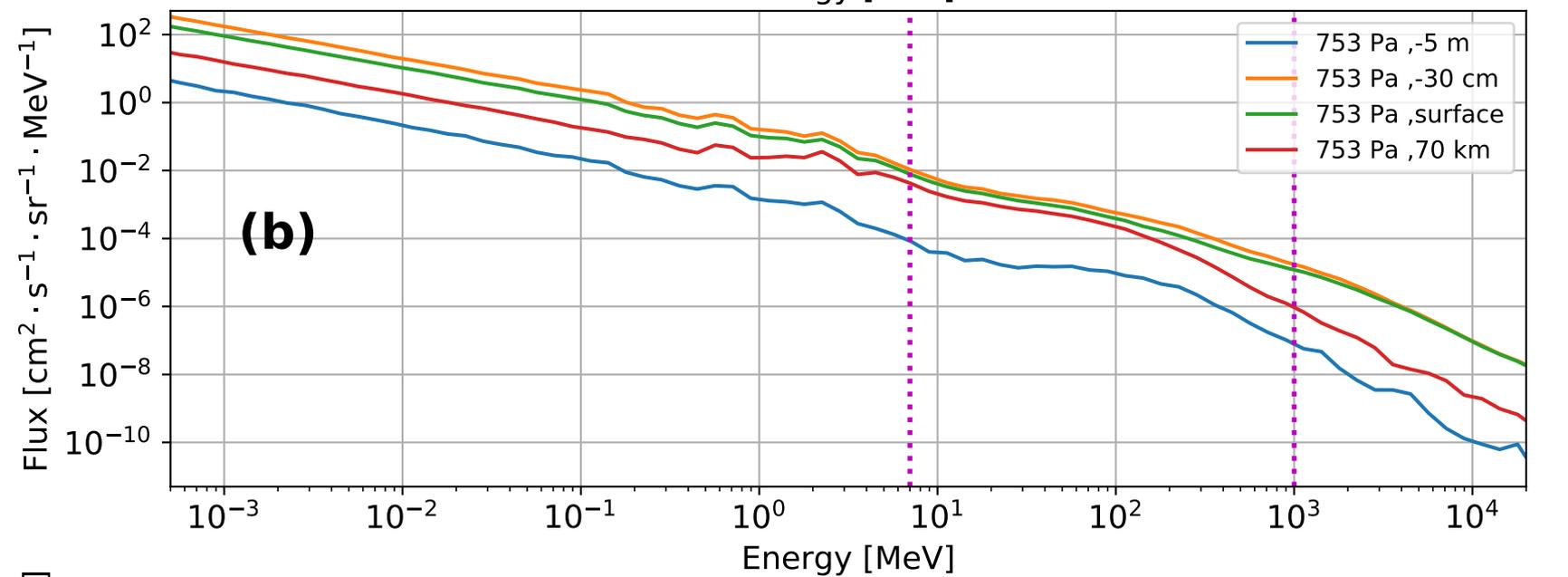
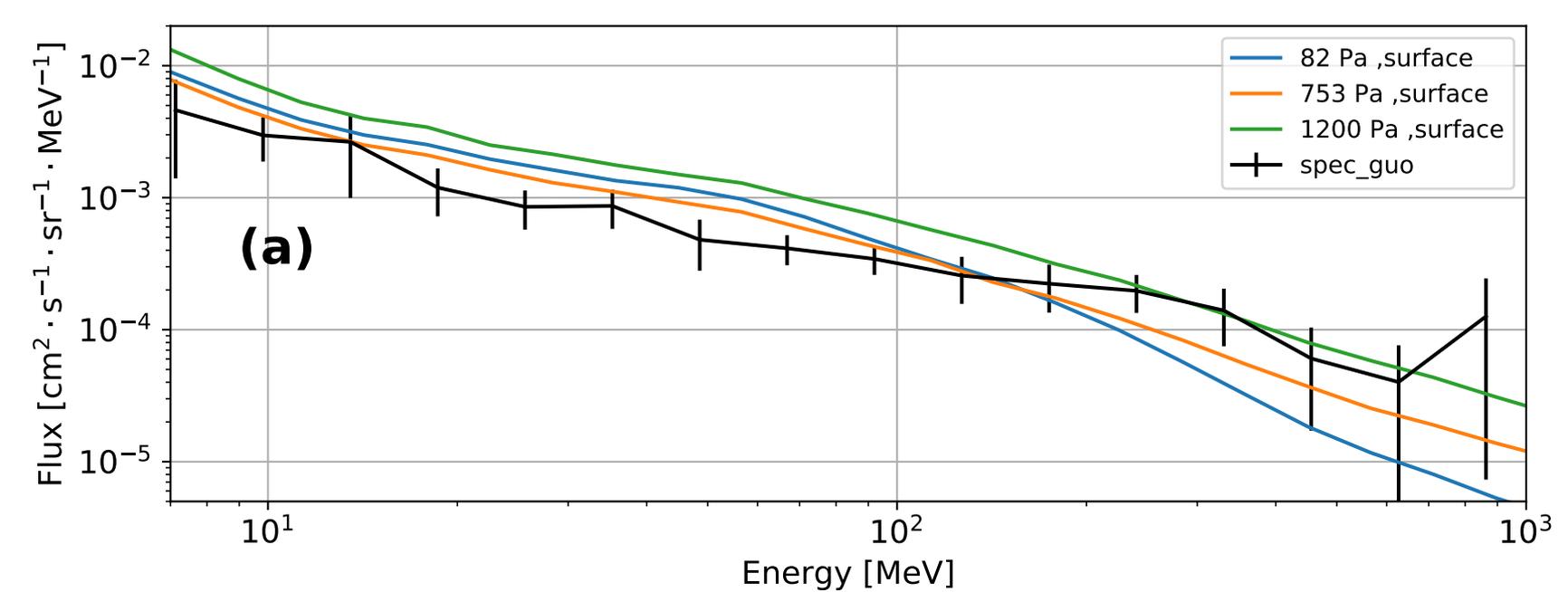


Figure 10.

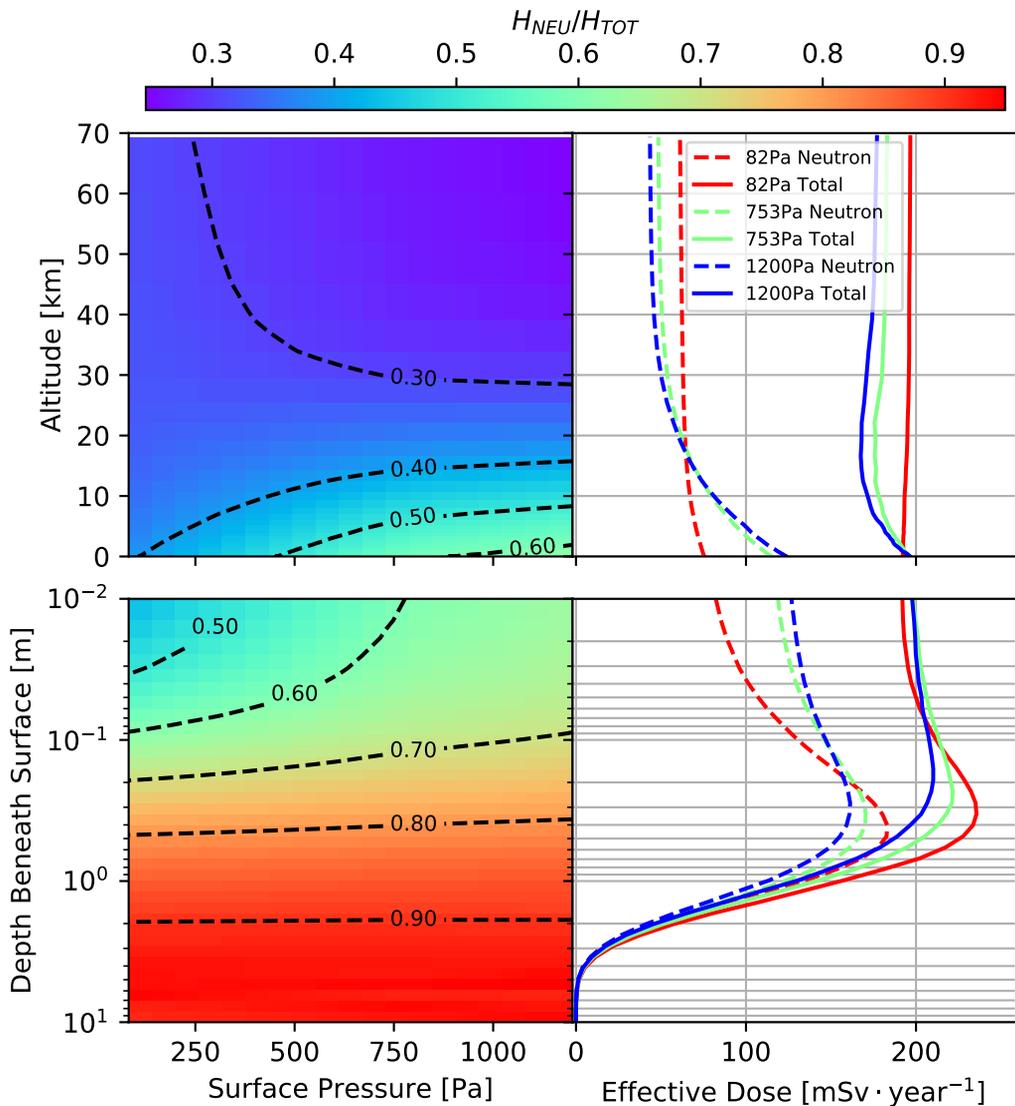


Figure 11.

