Discharge-modulated soil organic carbon export from temperate mountainous headwater streams

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Abstract

Erosion and riverine transport of organic carbon is an important component of the global carbon cycle, but the significance of this process for Earth's surface carbon budgets depends on the sources of carbon being mobilised. In this study, we aim to constrain how runoff-driven erosion modulates the contribution of different carbon source endmembers, i.e., bedrock, soil and vegetation, in three forested headwater catchments in the Swiss Prealps. The sources of organic carbon are determined using an inverse model based on bulk carbon isotope signatures and the abundances and distributions of long-chain n-alkane plant wax biomarkers in suspended sediments collected over a range of discharges. Despite landcover differences and contrasting bulk particulate organic carbon (POC) signatures, the increase of soil-sourced organic carbon with discharge is similar in all three studied catchments. This apparent existence of common processes implies that export fluxes of soil organic carbon may be extrapolated to similar catchments. Overall, our analysis shows that runoff-driven soil erosion in these alpine headwater streams is responsible for the export of ca. 0.3 to 0.8 gC m-2 a-1 as POC, which represents ca. 0.1 - 0.3 % of carbon fixed by NPP. Most of this soil OC export occurs during high-discharge events. Our study also shows that despite a significant variability in isotopic and molecular POC signatures at low discharge, all three catchments show a convergence of these signatures at higher discharges. Suspended sediment samples collected at above-average discharges are hence most representative of overall endmember contributions.

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Key Points:

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10	•	the composition of suspended sediment is variable at low discharges, but converges
11		towards a defined endmember mixture as runoff increases
12	•	soil organic carbon export increases with discharge at a similar rate in all stud-
13		ied catchments indicating common mobilization processes
14	•	runoff-driven soil erosion in the studied rivers is responsible for the export of ca.
15		0.3 to $0.8 \text{ gC m}^{-2} \text{ a}^{-1}$ as particulate organic carbon

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16 Abstract

Erosion and riverine transport of organic carbon is an important component of the global 17 carbon cycle, but the significance of this process for Earth's surface carbon budgets de-18 pends on the sources of carbon being mobilised. In this study, we aim to constrain how 19 runoff-driven erosion modulates the contribution of different carbon source endmembers, 20 i.e., bedrock, soil and vegetation, in three forested headwater catchments in the Swiss 21 Prealps. The sources of organic carbon are determined using an inverse model based on 22 bulk carbon isotope signatures and the abundances and distributions of long-chain n-23 alkane plant wax biomarkers in suspended sediments collected over a range of discharges. 24 Despite landcover differences and contrasting bulk particulate organic carbon (POC) sig-25 natures, the increase of soil-sourced organic carbon with discharge is similar in all three 26 studied catchments. This apparent existence of common processes implies that export 27 fluxes of soil organic carbon may be extrapolated to similar catchments. Overall, our anal-28 ysis shows that runoff-driven soil erosion in these alpine headwater streams is respon-29 sible for the export of ca. 0.3 to 0.8 gC m⁻² a⁻¹ as POC, which represents ca. 0.1 – 0.3 30 % of carbon fixed by NPP. Most of this soil OC export occurs during high-discharge events. 31 Our study also shows that despite a significant variability in isotopic and molecular POC 32 signatures at low discharge, all three catchments show a convergence of these signatures 33 at higher discharges. Suspended sediment samples collected at above-average discharges 34 are hence most representative of overall endmember contributions. 35

³⁶ Plain Language Summary

Rivers are the "arteries" of the global organic carbon cycle as they allow for the 37 transport of organic carbon between different reservoirs such as the biosphere, the hy-38 drosphere, the atmosphere, and the geosphere. To better understand how organic car-39 bon is harvested from landscapes, we use the geochemical signatures of particulate or-40 ganic carbon transported in three small (< 2 km) Swiss rivers to fingerprint its prove-41 nance. We are interested in how this provenance may change depending on the river dis-42 charge as this may bias typical estimates that rely on limited samples and may further 43 reveal the mechanisms responsible for carbon mobilization. We find that at low discharges, 44 the provenance of organic carbon in these catchments is highly variable. As runoff in-45 creases, the geochemical signatures of particulate organic carbon converge towards a well-46 defined endmember mixture. Overall, we also find that the contribution of soil-sourced 47 organic carbon increases significantly with discharge and at a similar rate in all three catch-48 ments despite different landcover. This study suggests that rainfall and runoff are the 49 main mechanisms of soil-derived carbon mobilization in these pre-alpine catchments. 50

51 **1** Introduction

The erosion and riverine export of organic carbon from land to the ocean affects 52 the global carbon cycle on a range of time-scales. The origin of the exported particu-53 late organic carbon (POC) determines the impact of carbon transfer on global biogeo-54 chemical cycles: If biospheric carbon, i.e., carbon recently fixed by photosynthesis, is mo-55 bilized, transported, and eventually buried in oceanic sediment, the riverine export of 56 carbon acts as an atmospheric carbon sink on geologic time-scales. However, the erosion, 57 mobilization, and oxidation of petrogenic carbon, i.e., organic carbon contained in sed-58 imentary rocks, constitutes a source of carbon to the atmosphere. The relative balance 59 between biospheric carbon export and petrogenic carbon oxidation thus exerts a key con-60 trol on the long-term carbon cycle and small changes in the balance between these two 61 pathways have the potential to affect Earth's climate on geological time-scales (millions 62 of years) (Berner, 1999; Hilton & West, 2020). On shorter time-scales of decades to mil-63 lennia, mobilization of POC (and dissolved organic carbon) redistributes carbon between 64 the Earth's surface reservoirs (Doetterl et al., 2016). Soils and vegetation contain more 65

than three times the amount of carbon held in the atmosphere (Jobbágy & Jackson, 2000).
Perturbations of soil and vegetation systems have the potential to significantly affect the
residence time of carbon in the biospheric reservoir (e.g., Berhe et al., 2007; Li et al., 2015;
T. I. Eglinton et al., 2021) and the carbon budget of the atmosphere (Lal, 2004). Thus,
to understand the significance of terrestrial POC mobilization for the global carbon cycle, not only the amount, but also the sources of exported POC need to be constrained.

The global export of POC from large fluvial catchments is primarily driven by phys-72 ical erosion processes and is dominated by export from tectonically active areas (Stallard, 73 74 1998; Galy et al., 2015). However, climate - through its modulation of physical erosion processes - also contributes to the regulation of POC export (Hilton, 2017).). POC ex-75 port fluxes have been observed to broadly scale with runoff (Smith et al., 2013; Clark 76 et al., 2013, 2017; Goñi et al., 2013; Turowski et al., 2016; Hilton, 2017; Takagi & Haga, 77 2019; Wang et al., 2019; Baronas et al., 2020; Qiao et al., 2020; Qu et al., 2020). In some 78 regions, this climatic regulation is further enhanced by extreme events such as storms 79 that contribute disproportionally to POC export (Hilton et al., 2008; West et al., 2011). 80 Climate and hydrology have also been suggested to impact the downstream preservation 81 of organic matter in sedimentary basins as an invigorated hydrological cycle will promote 82 rapid POC export, by-passing degradation processes upstream in the catchment (Yoshida 83 et al., 2009; Leithold et al., 2006; Lee et al., 2019). Overall, these observations highlight 84 a potential link between climate and surface carbon fluxes of global relevance. Never-85 theless, most existing studies have focused on the modulation of total POC fluxes as a 86 function of climate and river discharge, with only relatively few investigations address-87 ing potential changes in specific carbon source associated with POC fluxes in the con-88 text of their contrasting influence on the long-term carbon cycle (Leithold et al., 2006; 89 Blair et al., 2010; Galy & Eglinton, 2011; Hilton et al., 2012, 2015; Galy et al., 2015; Wang 90 et al., 2019). To better understand mobilization mechanisms and short-term carbon cy-91 cle dynamics due to the redistribution of organic carbon between the Earth's surface reser-92 voirs, a more detailed delineation of the sources of biospheric organic carbon in river-93 ine sediments is necessary. In particular, attempts at identifying the response of terres-94 trial carbon pools to varying runoff conditions remain scarce. Those few studies under-95 taken thus far indicate that the chemical and isotopic composition of the exported car-96 bon shifts towards signatures similar to topsoil at higher discharges (Smith et al., 2013; 97 Clark et al., 2013; Goñi et al., 2013), implying a significant contribution of precipitation-98 driven erosion of plant litter and surface soil to overall organic carbon export fluxes. How-99 ever, the extent to which such findings are germane to a broader range of catchments 100 remains unclear. 101

In this study, we examine how variations in the runoff-driven erosion influence the 102 contribution of different carbon source endmembers in three forested headwater catch-103 ments in the Swiss Prealps. To complement the current understanding of POC export 104 in forested mountain catchments, we not only differentiate between petrogenic and bio-105 spheric carbon, but also constrain runoff-driven changes in the contributions of differ-106 ent endmembers, i.e., bedrock, soil and vegetation, based on a combined approach us-107 ing both carbon isotopic and biomarker (n-alkane) signatures. Additionally, by compar-108 ing three similar small catchments in close proximity to one another and under the same 109 climate conditions, we evaluate how well observations on the catchment-scale can be ex-110 trapolated to predict carbon export in similar settings. 111

112 2 Methods

The isotopic and chemical composition of POC allows tracing the contribution of different sources. Radiocarbon activity (expressed as Δ^{14} C or F¹⁴C) is a powerful tool to differentiate between biospheric and petrogenic carbon sources, as the latter (fossil carbon) is devoid of ¹⁴C. This isotopic contrast has often been used to quantify riverine export of biospheric POC (e.g., Leithold et al., 2006; Galy & Eglinton, 2011; Tao et

al., 2015; Wang et al., 2019). Here, we aim to further deconvolve contributions from dif-118 ferent components of biospheric carbon, with topsoil, deeper soil and vegetation among 119 the potential endmembers. Hence, in addition to the bulk isotopic composition of car-120 bon, we also focus on the relative concentrations of long-chain $(C_{25} - C_{33})$, odd-carbon-121 numbered *n*-alkane biomarker lipids, that are constituents of plant leaf epicuticular waxes 122 (G. Eglinton & Hamilton, 1967). These and other *n*-alkanes occur in all potential end-123 members, including bedrock, soil and vegetation (Jansen & Wiesenberg, 2017), but with 124 distinctive distributions in terms of *n*-alkane chain-length (e.g., Saliot et al., 1988; Zech 125 et al., 2010; Schäfer et al., 2016), providing a diagnostic quantitative tracer of the sources 126 of riverine POC. 127

128 **2.1** Study site

The Erlenbach, Lümpenenbach and Vogelbach catchments are located within 5 km 129 of each other in the Alptal valley in the Swiss Prealps (Figure 1). All three catchments 130 have been in the focus of sustained hydrological research by the Swiss Federal Institute 131 for Forest, Snow and Landscape (WSL) since 1967. Since 1985, discharge has been mea-132 sured at 10-minute intervals at the catchment outlets. Annual precipitation in Alptal 133 amounts to 2300 mm. The three streams are all roughly 2 km long with an average flow 134 velocity around 5 m s⁻¹ (Wyss et al., 2016). The average catchment elevation is 1300 135 m asl with an approximate elevation drop of 500 m for all three streams (FOEN, 2016), 136 but they differ in area and landcover (Figure 1). 137

In each catchment, the forest consists mainly of Norway Spruce (*Picea abies*) and 138 European Silver Fir (Abies alba) (Schleppi et al., 1998). The dominant soil type is a low-139 permeability clayey gleysol resulting in a ground water table close to the surface (Schleppi 140 et al., 1998; Hagedorn et al., 2001). The Alptal is underlain by the Wägital-Flysch for-141 mation, a turbidite sequence of interbedded mudstones and sandstones of Eocene age 142 (Winkler et al., 1985). The bedrock in the Erlenbach catchment is dominated by fine-143 grained impermeable material (Smith et al., 2013), where creep landslides deliver ma-144 terial from the hillslopes into the channels (Schuerch et al., 2006; Golly et al., 2017). This 145 phenomenon is not observed in either Lümpenenbach or Vogelbach catchments (Molnar 146 et al., 2010) where the bedrock is composed of calcareous sandstones (Milzow et al., 2006). 147 POC export has been previously investigated in the Erlenbach by Smith et al. (2013). 148 Based on carbon and nitrogen concentrations as well as stable isotopes, these authors 149 attributed an observed increase of biospheric organic carbon at high discharges to mo-150 bilization by overland flow. 151

2.2 Sampling

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Suspended sediment samples were collected in the course of two campaigns: First, 153 Erlenbach (gauging station: 47.04501°, 8.70911°), Lümpenenbach (47.0465°, 8.705231°) 154 and Vogelbach (47.07578°, 8.718217°) were sampled regularly once to twice per month 155 between June 2014 and June 2015. Second, the rivers were sampled again between April 156 and May 2016 on rainy days in order to target a range of above average discharges. Up 157 to 40 L of water was collected at each site and passed through pre-combusted GF/F fil-158 ters (mesh size 0.7 µm) within 24h of collection. To constrain potential endmembers that 159 contribute carbon to the suspended sediment load, representative vegetation, topsoil, deeper 160 soil, and bedrock samples were collected in the catchments. Bedrock and vegetation sam-161 ples including the dominant tree species silver fir (Abies alba) and Norway spruce (Picea 162 abies) as well as green alder (Alnus viridis), moss, three different grasses, common rush 163 164 (Juncus effusus), horsetail (equisetum) and ground pines (lycopodium) were gathered in May 2015. 27 soil cores were collected in June 2016, as 3 groups of 9 cores each, two groups 165 of grassland soils in the Lümpenenbach and Vogelbach catchment of 30 cm depth, one 166 group of forest soils in the Vogelbach watershed limited to 10 cm depth as rocks in the 167 subsurface impeded deeper sampling. Each group of cores was collected in a 3 x 3 pat-168



Figure 1. Overview of the three studied catchments. Information on area and mean discharge are provided by the WSL (WSL, 2020), slope and landcover maps are based on geodata ©swisstopo

tern in an area of 20 m² \times 20 m². The cores were separated into "topsoil" and "deep 169 soil" (<10 cm and >10 cm, respectively). In each case, 3 soil samples within the same 170 group and depth interval were combined yielding in total 6 grassland top and deep soil 171 samples, respectively, and 3 forest top soil samples. The soils and suspended sediment 172 were analyzed for total organic carbon (TOC) content, δ^{13} C, Δ^{14} C of bulk organic car-173 bon, and long-chain n-alkane concentrations. For vegetation and bedrock samples, only 174 n-alkanes were measured, as stable isotopes of these endmembers are reported in Smith 175 et al. (2013), and Δ^{14} C values of vegetation are assumed to be equivalent to that of at-176 mospheric carbon, while the Eocene age bedrock is considered radiocarbon dead. 177

2.3 Analytical procedures

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For carbon isotope analysis, approximately 10 mg of soil or 30 to 35 mg of filter 179 were transferred into silver boats ($8 \text{ mm} \times 8 \text{ mm} \times 15 \text{ mm}$, Elemental Microanalysis) 180 and left in a desiccator for fumigation at 60°C, first with 37 % hydrochloric acid to re-181 move carbonates for four days, afterwards with NaOH pellets to neutralize the acid for 182 another four days. The decarbonated samples were then wrapped in tin boats (8 mm 183 \times 8 mm \times 15 mm, Elemental Microanalysis). Total organic carbon (TOC), δ^{13} C and 184 Δ^{14} C are determined using the on-line EA-IRMS-AMS system operated by the Biogeo-185 science group in the Laboratory of Ion Beam Physics at ETH Zürich (McIntyre et al., 186 2017). 187

Lipids were extracted using a microwave accelerated reaction system (CEM MARS 188 5). Up to 55 mg of vegetation, between 5 and 10 g of soil, or a sediment-covered GF/F189 filter were transferred into teflon vessels and covered with a dichloromethane (DCM): 190 methanol (MeOH) 9:1 (v/v) solvent mixture. The extraction temperature was programmed 191 to ramp to 100 °C in 35 min and was kept at this level for another 25 min. The result-192 ing lipid extract was then dried under nitrogen flow and redissolved in 5 mL MilliQ wa-193 ter with NaCl. The neutral phase was back-extracted with hexane (Hex), from which 194 the apolar fraction containing n-alkanes was separated on a 1 % deactivated silica col-195 umn using Hex:DCM 9:1. Quantification of *n*-alkanes was performed on a GC-FID (gas 196 chromatograph connected to a flame ionization detector, Agilent 7890A) using an ex-197 ternal standard (Supelco Alkane standard solution C₂₁ - C₄₀). Alkane concentrations are 198 parametrized as carbon preference index (CPI), that increases with the amount of un-199

even carbon numbers relative to even numbered *n*-alkanes (equation 1), adapted from

Marzi et al. (1993)), and average chain length (ACL, equation 2, adapted from Poynter and Eglinton (1990)), the weighted average of carbon chain lengths present in the sam-

ple (further information on alkane parametrization in the supplementary information).

$$CPI = \frac{1}{2} \left(\frac{\sum_{i=n}^{m} C_{2i+1}}{\sum_{i=n}^{m} C_{2i}} \right) + \frac{1}{2} \left(\frac{\sum_{i=n}^{m} C_{2i+1}}{\sum_{i=n+1}^{m+1} C_{2i}} \right) with \ n = 12 \ and \ m = 16$$
(1)

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 $ACL = \frac{\sum_{i=n}^{m} (2i+1) * C_{2i+1}}{\sum_{i=n}^{m} C_{2i+1}} \text{ with } n = 12 \text{ and } m = 16$ (2)

2.4 Inverse model

Several modelling approaches exist that are suitable to solve for the contribution 207 of different endmembers to a mixture. For instance, the Bayesian MixSIAR framework 208 (Stock et al., 2018) has been previously applied in river catchments to constrain endmem-209 ber contributions (e.g., Brandt et al., 2016; Blake et al., 2018; Menges et al., 2020). In 210 this study, the number of potential endmembers equals the number of measured param-211 eters, and therefore a simple fully-determined system of linear equations is sufficient to 212 delineate the contribution of different endmembers. This approach has previously been 213 applied to riverine samples (e.g., Torres et al., 2016; Hemingway et al., 2020). As the streams 214 are only about 2 km long and the average flow velocity is roughly 5 ms⁻¹ (Wyss et al., 215 2016), transport times of suspended sediment are short and we therefore do not expect 216 to observe transformations of the geochemical or isotopic signal of mobilised carbon dur-217 ing riverine transport. Working on the assumption that for each of the parameters in-218 vestigated in this study (i.e., Δ^{14} C, δ^{13} C, CPI, ACL), the signal observed in the suspended 219 sediment sample is the result of conservative mixing of the different endmembers, the 220 suspended sediment sample can be modelled by a system of linear equations: 221

$$\begin{pmatrix} p_{1,1} & \dots & p_{1,m} \\ \vdots & \ddots & \\ p_{n,1} & & p_{n,m} \\ 1 & \dots & 1 \end{pmatrix} \begin{pmatrix} x_1 \\ \vdots \\ x_m \end{pmatrix} = \begin{pmatrix} s_1 \\ \vdots \\ s_n \\ 1 \end{pmatrix}$$
(3)

where $p_{i,j}$ is the value of parameter *i* for endmember *j*, x_j is the fraction of car-223 bon sourced from endmember j in the suspended sediment sample and s_i is the value 224 of parameter i in the suspended sediment. The solution for x, the vector comprised by 225 x_i , is additionally constrained, as all of the endmember proportions x_i need to be ≥ 0 226 and sum up to 1. Both s_i as well as a range of possible values for $p_{i,j}$ are measured. Based 227 on these results the best fit for x_j is determined: For each of the potential endmembers, 228 parameter values are picked randomly from a uniform distribution of one standard de-229 viation around the mean parameter value determined for the respective endmember. The 230 data is normalized using min-max feature scaling to restrict each of the parameters to 231 values between 0 and 1. Then, the best fit for x and the root mean square error (RMSE) 232 of the respective solution is obtained using the Python function 'scipy.optimize.nnls' (Virtanen 233 et al., 2020). This procedure is repeated 10000 times. The 500 solutions with the small-234 est RMSE are used to calculate mean, median and mode of the potential solutions for 235 x. If all metrics differ by less than 0.05 the distribution is not skewed and the mean is 236 used to sum up the results, otherwise the median is chosen instead. 237



Figure 2. Carbon export increases at a similar rate in all three studied catchments. The fitted curves show power law relationships between Q/Q_{mean} and exported carbon in mg l⁻¹

238 3 Results

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3.1 Variations in carbon export with discharge

The overall export of organic carbon increases with discharge in all three catch-240 ments at a similar rate (Figure 2). To account for the different sizes of the catchments, 241 discharge (Q) is reported relative to mean discharge (Q_{mean}) as Q/Q_{mean} . In all rivers, 242 the exported carbon can be approximated using a power law $(a * x^b)$ with exponents 243 b of 0.82 ± 0.09 , 0.72 ± 0.11 and 0.61 ± 0.05 for the Erlenbach, Lümpenenbach, and Vo-244 gelbach, respectively. The exponent b for the Erlenbach determined in this study is lower 245 compared to that (1.33) calculated in Smith (2013), but the highest of the three catch-246 ments. 247

The geochemical and isotopic parameters investigated in this study respond dif-248 ferently to changes in discharge (Figure 3. At low discharges, ¹⁴C signatures exhibit large 249 variability, with Δ^{14} C values ranging from less than -800 \% to more than -50 \%. With 250 increasing discharge, the radiocarbon signature appears to converge towards modern val-251 ues (~ 50 %) in the Lümpenenbach and Vogelbach, while in the Erlenbach, Δ^{14} C sig-252 natures stabilize at significantly lower values (older ¹⁴C ages), ca. -400 ‰, at high dis-253 charge. A Levene's test (Levene, 1961) shows that the difference in variance between sam-254 ples collected at average or less than average discharge $(Q/Q_{mean} \leq 1)$ and samples 255 collected at higher-than-average discharges $(Q/Q_{mean} \ge 1)$ is significant for the Erlen-256 bach and the Vogelbach (p-value ; 0.05). Across all discharge levels, Δ^{14} C values in the 257 Lümpenenenbach are less ¹⁴C-depleted (mean Δ^{14} C, - 204 ± 164 ‰) compared to the 258 other two catchments (Δ^{14} C of $-362 \pm 215 \%$ and $-312 \pm 250 \%$ for the Erlenbach 259 and Vogelbach, respectively). Stable carbon isotopic (δ^{13} C) in any of the three catch-260 ments. Similarly, CPI does not correlate with discharge, but is significantly ($p \le 0.01$) 261 higher in the Lümpenenbach catchment (CPI, 3 - 8) compared to the other rivers (CPI, 262 1-3). The ACL values are highly variable at Q/Q_{mean} values < 1, while the variance 263 decreases towards higher discharge. 264

PERMDISP (Anderson, 2006), a multivariate Levene's test, where all isotopic and alkane-based parameters are considered, reveals that the difference in measurement dispersion of samples collected at low discharges compared to samples taken at above-average discharges is significant at the 0.1-level in the Lümpenenbach, and the 0.05-level in the



Figure 3. All investigated parameters as function of discharge Q/Q_{mean} . The squared Erlenbach symbols in panel a) represent Δ^{14} C data from Smith et al. (2013)



Figure 4. Delineating suspended sediment samples and potential sources of organic carbon using isotopes and *n*-alkanes. a) Using natural abundance δ^{13} C and Δ^{14} C does not allow a distinction of the different potential radiocarbon modern endmembers. b) Metrics based on *n*-alkanes make a distinction between soil- and vegetation-sourced endmembers possible.

Erlenbach and Vogelbach catchments, highlighting the role of the hydrological forcingin stabilizing POC chemical signatures.

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3.2 Soil and suspended sediment samples in comparison to potential endmembers

The carbon isotopic signatures and *n*-alkane concentrations of topsoil and deep soil 273 do not significantly differ between the catchments, or between forest and grassland soil. 274 This confirms the observation by (Smith, 2013), where the investigated metrics did not 275 differ between Erlenbach soils and Vogelbach soils. Thus, all topsoils and deep soils, re-276 spectively, are compiled, and the soil endmember is considered the same in all catchments. 277 Both δ^{13} C and Δ^{14} C values are similar for the soil and vegetation endmembers (Figure 278 4). The δ^{13} C value of vegetation of -28.3 ± 1.1 (Smith et al., 2013) covers the entire 279 range of stable carbon isotope compositions of organic carbon in topsoils (-28.1 ± 0.6) 280 and deep soils (-28.9 ± 0.2) . The endmembers also overlap in Δ^{14} C parameter space, 281 with values of $11.9 \pm 23.7 \%$, $25.2 \pm 23.7 \%$ and $-46.6 \pm 69.4 \%$ for vegetation, top-282 soil and deep soil, respectively. These mean values are consistent with differences in turnover 283 (Voort et al., 2019): i.e., while the Δ^{14} C values of vegetation are equivalent to modern 284 atmospheric values, topsoil has a higher mean Δ^{14} C value due to an incorporation of bomb-285 derived ¹⁴C that was introduced in the 1950s. Deep soil Δ^{14} C values are on average lower 286 than vegetation and topsoil. Bedrock (Flysch) is assumed to be radiocarbon dead with 287 10% uncertainty, δ^{13} C is lower than in the modern endmembers (-25.7±0.4 %), Smith 288 et al. (2013)). 289

While the range of Δ^{14} C values for the suspended sediment samples is covered by 290 the potential endmembers, the range of δ^{13} C values of the endmembers does not com-291 pletely encompass the δ^{13} C variability observed for the suspended sediment samples, es-292 pecially the Vogelbach samples (δ^{13} C, -31.2 to -24.8 ‰)(Figure 4. The metrics based 293 on *n*-alkanes overlap for deep soil (CPI: 4.8 ± 0.8 , ACL: 29.5 ± 0.3) and top soil (CPI: 294 6.5 ± 1.8 , ACL: 29.2 ± 0.6). In case of vegetation, the analyzed tree species (*Picea abies*, 295 Abies alba) are well constrained with a CPI of 4.44 ± 1.4 and an ACL of 27.8 ± 0.3 , while 296 other vegetation samples (Alnus viridis, Lycopodium, Equisetum, Juncus effusus, grasses, 297 moss) cover a large range of values (CPI: 9.8 ± 4.4 , ACL: 28.2 ± 0.8). Further informa-298 tion on the n-alkane composition of the vegetation endmember is available in the sup-299 porting information. The CPI of Flysch has a value of 1 ± 0.2 , markedly lower compared 300 to soil and vegetation, while the ACL of Flysch is 28.0 ± 0.1 . Many of the suspended 301 sediment samples plot within the endmember values in the CPI - ACL - parameter space, 302

especially between flysch and soil (Figure 4b). Soils and flysch exhibit similar carbonnormalized concentrations of *n*-alkanes ($169 \pm 90 \ \mu g \ gOC^{-1}$ and $199 \pm 41 \ \mu g \ gOC^{-1}$, respectively), while *n*-alkane concentrations in plant tissue vary markedly among species, ranging from 66 $\mu g \ gOC^{-1}$ for needles of silver fir (*Abies alba*) to 1227 $\mu g \ gOC^{-1}$ in a grass sample.

308 4 Discussion

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4.1 Constraints on endmember contributions using an inverse model

Carbon isotopes have been frequently used to determine sources of riverine carbon 310 (e.g., Nagao et al., 2005; Hilton et al., 2008; Blair et al., 2010; Marwick et al., 2015; Tao 311 et al., 2015; Wang et al., 2019; Menges et al., 2020) with radiocarbon particularly well 312 suited to differentiate between modern biospheric carbon and radiocarbon-dead petro-313 genic carbon. Assuming riverine carbon can be modelled as a composite of bedrock con-314 taining a fixed proportion of fossil organic carbon and a modern endmember with an in-315 variant radiocarbon signal, radiocarbon and TOC alone is sufficient to determine the con-316 tribution of each endmember. (Galy et al., 2008; Blair et al., 2010). If these assumptions 317 hold true, F¹⁴C can then be described as a hyperbolic function of TOC with a curva-318 ture defined by the proportion of fossil carbon (Hemingway et al., 2018; Wang et al., 2019). 319 As shown in Figure 5, a hyperbola is not found to be a suitable fit for the relation be-320 tween %C and $F^{14}C$ in any of the catchments. 321



Figure 5. F¹⁴C as a function of organic carbon content in % If the observed radiocarbon signature in the catchments was explainable by mixing of two invariable endmembers, one of them radiocarbon modern, the other one radiocarbon dead, F¹⁴C would be a hyperbolic function of %C (Hemingway et al., 2018). Squared symbols in the Erlenbach plot display data from Smith et al. (2013)

The lack of such a relationship implies that either more than two endmembers are 322 needed to explain the riverine organic carbon signal or that the TOC of the bedrock end-323 member is not invariant. The inverse model used in this study is not based on these re-324 quirements: the solution of the system of linear equations is the proportion of carbon 325 in the sample derived from the respective endmembers and is hence independent of their 326 TOC. The limit of endmembers that the model can solve for depends on the number of 327 linear equations, and since four independent parameters were analyzed in this study, the 328 model can solve for up to five endmembers. 329

³³⁰ While δ^{13} C and Δ^{14} C would be sufficient to solve for the contributions of up to ³³¹ 3 different endmembers, the potential sources of modern carbon, including the different ³³² types of soil and vegetation, are too similar to be resolved based on their carbon isotopic ³³³ signatures alone (Figure 4) to allow a separation based on these characteristics alone.

The parameters based on long-chained n-alkanes, (i.e., CPI, ACL, Eq. 1 & 2), provide 334 a further dimension to distinguish analyzed soil and vegetation samples, hence adding 335 these metrics to the inversion model allows to constrain the contribution from different 336 sources of biospheric organic carbon. An important consideration is whether the cho-337 sen parameters behave conservatively during transport and mixing. For example, ^{13}C 338 fractionation has been observed during microbial respiration, soil development and sed-339 iment storage ([e.g., Mary et al., 1992; Schweizer et al., 1999; Fernandez et al., 2003; Werth 340 & Kuzyakov, 2010; Scheingross et al., 2021). Furthermore, n-alkane based proxies may 341 be affected by degradation (Buggle et al., 2010; Zech et al., 2010, 2012). However, as all 342 rivers in this study are only 2 km long and devoid of significant sediment stores along 343 their course, degradation effects occurring between the mobilization of organic carbon 344 and sampling are considered negligible for modelling. 345

The parameters based on the relative abundances of different n-alkane homologues 346 need to be weighted differently for each endmember if the concentrations of alkanes rel-347 ative to TOC differ among the endmembers. As the flysch and the soil endmember are 348 very similar in TOC-normalized *n*-alkane concentration $199 \pm 41 \ \mu g \ gOC^{-1}$ and $169 \pm$ 349 90 μ g gOC⁻¹, respectively) and the vegetation endmembers are difficult to constrain as 350 they feature a variability of alkane concentrations (averaging all vegetation samples leads 351 to $381 \pm 355 \ \mu g \ \text{gOC}^{-1}$), we assume similar alkane concentrations in all endmembers 352 for simplicity, and therefore no weighting factor was applied. 353

As deep soil and top soil mostly overlap with respect the metrics used in this study, 354 it is not possible to differentiate between organic carbon sourced from topsoil or deeper 355 soil. Thus, the soil samples are combined to a single soil endmember (Figure 4). As the 356 inverse model with 4 parameters can be solved for up to 5 endmembers, the dominant 357 tree species in the catchment are considered separately from the other vegetation (fur-358 ther information in the appendix). Therefore, the model includes two different vegetation-359 derived endmembers, but their proportions are added subsequently to gain the overall 360 contribution of vegetation-derived carbon. An additional potential endmember is POC 361 derived from in-stream productivity. Given the short length of the streams and the av-362 erage slope in the catchments ranges between 15 and 19% (FOEN, 2016), the residence 363 time of water in the streams is short (Seeger & Weiler, 2014) and the potential impact 364 of aquatic POC production hence expected to be insignificant, especially at higher dis-365 charges. It is therefore not included in the endmember analysis. 366

Figure 6, depicting the results of the inverse model, shows that suspended sediment samples from the Erlenbach catchment contain significantly higher proportions of Flysch than the sediments from the other rivers, as also reflected in the lower Δ^{14} C values in the Erlenbach samples (Figure 3(a)). The Lümpenenbach samples contain the least bedrock, with suspended sediment consisting of a maximum of 20% Flysch. This is consistent with the generally higher CPI and Δ^{14} C values for this catchment (Figure 3(a),(c)). The Vogelbach sediments cluster between the samples from the Erlenbach and the Lümpenenbach.

Figure 7 shows the proportion of each endmember as a function of discharge. In 374 Lümpenenbach and Vogelbach, the fraction of flysch-derived carbon decreases with in-375 creasing discharge toward a value of less than 20% at $Q/Q_{mean} > 1$. In the Erlenbach, 376 the contribution of petrogenic carbon is highly variable at low discharges and converges 377 towards 40% with increasing discharge. This difference in proportion manifests itself 378 in the export flux of flysch: While no significant trend with increasing discharge is ob-379 servable in the Lümpenenbach and Vogelbach catchments, the flysch export in the Er-380 lenbach increases significantly, leading to the offset in Δ^{14} C values of POC compared to 381 the other catchments (Figure 3). In contrast, to petrogenic (flysch) carbon, the fraction 382 of vegetation-derived organic carbon does not follow a specific trend with discharge, though 383 proportions of vegetation that are > 50% are observed less often at $Q/Q_{mean} > 1$. 384



Figure 6. Ternary diagram displaying the fractions of flysch-, soil- and vegetation-derived carbon in the suspended sediment samples based on the inverse model The size of the markers corresponds to the discharge Q/Q_{mean} at sample collection. The histograms at each axis show the distribution of the respective endmember's carbon fractions in each river.

The proportion of soil-derived organic carbon increases with discharge in all three 385 studied catchments., and the export flux of soil can be approximated in all catchments 386 using a power law. The best fit yields similar values for exponent b $(0.57\pm0.07, 0.60\pm$ 387 0.2 and 0.7 ± 0.08 for Erlenbach, Lümpenenbach and Vogelbach, respectively). The amount 388 of carbon mobilized from soil is hence similar in all three catchments despite differences 389 in landcover. Applying these rating functions to the discharge record for each of the Alp-390 tal streams (WSL, 2020) results in an annual erosion of soil organic carbon (SOC) of $0.7\pm$ 391 $0.3 \text{ gSOC m}^{-2} \text{ a}^{-1}$, $0.8 \pm 0.4 \text{ gSOC m}^{-2} \text{ a}^{-1}$ and $0.3 \pm 0.2 \text{ gSOC m}^{-2} \text{ a}^{-1}$ in the Er-392 lenbach, Lümpenenbach and Vogelbach catchment, respectively. Organic carbon export 393 linked to soil erosion hence accounts for roughly 0.1-0.3% of the net primary productiv-394 ity of 445 gOC m⁻² a⁻¹ in the Alptal (Etzold et al., 2014). The modelled erosion of soil 395 organic carbon in these pre-alpine catchments is an order of magnitude lower than the 396 $9.6 \text{ m}^{-2} \text{ a}^{-1}$ estimated mean SOC exported by rivers from European croplands (Ciais 397 et al., 2010). The results are therefore in accordance with the expectation that SOC ero-398 sion from the studied non-agricultural catchments are up to two orders of magnitude lower 399 compared to croplands (Montgomery, 2007). 400

Runoff-driven mobilization of soil organic carbon has been suggested in a number of mountainous catchments (Hilton et al., 2008; Clark et al., 2013; Goñi et al., 2013; Hilton, 2017), including the Erlenbach (Smith et al., 2013). The results of the mixing model confirms that runoff exerts an important control on the export of soil organic carbon. The soil-sourced export increases with discharge at a similar rate in all three studied catchments, suggesting that estimates for mobilization of soil-derived organic carbon could potentially be extrapolated to other catchments in similar environmental settings.



Figure 7. Export of organic carbon sourced from bedrock, vegetation and soil. The panels on the left show the proportion of suspended sediment organic carbon sourced from each endmember a) bedrock, b) vegetation and c) soil as a function of discharge. In the right column, the fluxes of each endmember are displayed. The fitted curves show powerlaw relationships between the exported carbon originating from the respective source and discharge Q/Q_{mean} that feature a value of $r^2 \geq 0.5$. The symbology is identical to the one used in Figure 2

In the Erlenbach catchment, organic carbon export during high discharge events 408 has been monitored previously by Smith et al. (2013) with a resulting estimate of annual biospheric (vegetation- and soil-derived) carbon export of 14.0 ± 4.4 gOC m⁻² a⁻¹. 410 Following the mixing model (Figure 6) the average proportion of soil organic carbon in 411 biospheric carbon is $\sim 40\%$ and even increases at higher discharges when most organic 412 carbon is exported. This study's projection of 0.7 ± 0.3 gSOC m⁻² a⁻¹ in the Erlen-413 bach does therefore not conform with the biospheric carbon export predicted by Smith 414 et al. (2013). The difference in calculated export is caused by consistently lower organic 415 carbon concentrations in the suspended sediment measured in this study (Supplemen-416 tary Figure S4) compared to the data collected by Smith et al. (2013). This results in 417 a lower exponent of the fitted power-law relating discharge and organic carbon export 418 of 0.82 ± 0.09 (Figure 2) compared to 1.33 ± 0.08 (Smith et al., 2013). The differences 419 in carbon concentration could be caused by different sampling strategies: While Smith 420 et al. (2013) filtered 100ml water during storm events in July 2010, the suspended sed-421 iment samples analyzed in this study were collected between June 2014 and May 2016 422 by filtering 10 - 40 l of water. The different sample volumes could lead to inconsisten-423 cies between the different data sets. Additionally it is possible that carbon export fluxes 424 are not constant and change over time. Carbon export may in the catchment may have 425 fluctuated between 2010 and 2016. A seasonal shift is also possible, as the samples of 426 Smith et al. (2013) were collected in July, while the suspended sediment in this study 427 was sampled over the whole year, with most high discharge samples $(Q/Q_{mean} > 1)$ 428

collected in April and May. The discrepancy between the data suggests that our esti mate is comparatively conservative and constrains a lower boundary of soil-derived or ganic carbon export from forested mountainous headwater catchments.

In contrast with the two other catchments studied here, mobilization of petrogenic 432 carbon in the Erlenbach is also enhanced with higher runoff. This additional mobiliza-433 tion of bedrock might be due to creep landslides that commonly occur in the Erlenbach 434 catchment (Schuerch et al., 2006), but are not systematically observed in the two other 435 catchments. These landslides are shallow failures of the unconsolidated glacial till that 436 437 continuously deliver sediment into the channel (Schuerch et al., 2006; Golly et al., 2017). The impact of landslides in the Erlenbach catchment is also reflected in the order-of-magnitude 438 higher overall sediment export in this catchment relative to the Lümpenenbach and Vo-439 gelbach (Figure 8). Geomorphic coupling between hillslope and channel and the result-440 ing sediment yield thus impacts the balance of biospheric and petrogenic carbon export 441 in forested mountainous catchments. 442



Figure 8. Fluxes of suspended sediment in each of the catchments as a function of discharge. The symbology is identical to the one used in Figure 2

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4.2 Changes in organic matter characteristics with discharge

In all three headwater catchments, the variance of POC signatures decreases sig-444 nificantly with increasing discharge. As the isotopic and alkane-based parameters mea-445 sured in the samples result from mixing of different endmembers, the observed conver-446 gence of parameter values implies that while at low discharges the contribution from the 447 different sources varies considerably, carbon contributions from the respective sources 448 at higher discharges are more uniform. The predominant sources at higher discharges 449 vary between the studied catchments: In the Lümpenenbach and Vogelbach catchments, 450 the results of the mixing model imply that only the export of carbon sourced from ra-451 diocarbon modern endmembers increases with discharge (Figure 7), leading to the ob-452 served stabilization at near modern Δ^{14} C values. In contrast, export of flysch-derived 453 carbon increases along with soil-sourced carbon in the Erlenbach, and hence Δ^{14} C val-454 ues converge at intermediate values (-300 to -400%), reflecting a mixture of petrogenic 455 and modern carbon. 456

Increasing uniformity in the chemical or isotopic composition of riverine POC at
 high discharges has been observed previously in some mountainous catchments, with the
 sample composition converging towards carbon predominantly sourced from bedrock in

the Waipaoa river (Gomez et al., 2003) or soil in the Jiolong river (Qiao et al., 2020). 460 Takagi and Haga (2019) show a distinct convergence of C/N in suspended sediment sam-461 ples with discharge in a Japanese headwater catchment. In contrast, almost no reduc-462 tion in geochemical variability has been observed in the Santa Clara, Umpqua and Eel 463 rivers (Hatten et al., 2012; Goñi et al., 2013), while in the Min Jiang river (Wang et al., 464 2019), the variance in δ^{13} C values decreases significantly only at one of the six sampling 465 locations (Heishui station). Currently, however, studies that focus on changes of the com-466 position of POC with discharge and encompass a sample density that is sufficiently high 467 to constrain differences in variance remain too sparse to constrain those conditions that 468 drive convergence of POC composition, and to determine the isotopic or chemical com-469 positions upon which POC will converge with increasing discharge. Putatively, the con-470 vergence occurs due to the availability of carbon from different sources at low compared 471 to high discharges. At low discharges, a river may mostly mobilize carbon available within 472 or in close proximity to the channel. In case of the studied mountainous rivers, several 473 sources of carbon with distinct isotopic and geochemical are available at or close to the 474 channel including the incised bedrock, soil of different depths and vegetation. During high-475 discharge events, carbon eroded from the hillslopes by runoff seems to dominate the ex-476 ported POC, therefore the composition of POC may converge towards the carbon avail-477 able for runoff-driven surface erosion in the respective catchment. Further studies tar-478 geting this question would improve our understanding of the processes that drive the bal-479 ance between biospheric and petrogenic organic carbon export, as well as our ability to 480 predict and refine riverine organic carbon export fluxes from small mountainous catch-481 ments. 482

The observed decrease in chemical and isotopic variability within suspended sed-483 iment POC with increasing discharge implies that suspended samples should ideally be 484 collected at above-average discharges in order to best approximate the overall carbon ex-485 port. Additionally, high discharge events contribute disproportionally to the overall car-486 bon flux, thus the endmember contributions observed during these conditions have higher 487 relevance for the overall carbon export. In contrast, samples collected during low flow 488 conditions may not be representative given that the contribution of different carbon sources 489 may shift with increasing discharge, and that intrinsic sample-to-sample variability is likely 490 to be higher. 491

492 5 Conclusions

We applied an inverse model using bulk carbon isotopes and n-alkane metrics (i.e., 493 CPI and ACL) to suspended sediment samples from three pre-alpine headwater catch-494 ments to assess the fractional contribution of putative sources of organic carbon, namely 495 bedrock, soil, and vegetation. The results of the model reveal an increase of soil-sourced 496 organic carbon with discharge due to runoff-driven erosion across all three studied catch-497 ments. This indicates that the export fluxes of soil organic carbon can potentially be ex-498 trapolated to other temperate mountain catchments despite contrasting bulk POC sig-499 natures. Differences in the exported carbon signal among the three studied catchments 500 manifest themselves most strongly in radiocarbon signatures, with significantly lower Δ^{14} C 501 values at high discharge in the Erlenbach compared to the other two catchments. This 502 offset is due to an enhanced export of petrogenic carbon at high discharge that is only 503 observed in the Erlenbach catchment, and likely reflects landslides that mobilized bedrock-504 sourced sediment. Notably, all three catchments show a convergence in chemical and iso-505 topic compositions at higher discharges. Suspended sediment samples collected at above-506 average discharges are thus better suited to constrain carbon export since their compo-507 sition is most representative of overall end-member contributions. 508

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Supporting Information for

Discharge-modulated soil organic carbon export from temperate mountainous headwater streams

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Introduction

We use the average chain lengths (ACL) and the carbon preference index (CPI) of long-chained (> C_{24}) *n*-alkane homologues to delineate sources of organic carbon. In Text S1 we further justify our choice of parameterization.

Text S2 focuses on different possibilities to constrain a vegetation endmember in the studied catchments and explains our choice to differentiate between trees and other vegetation as endmembers in the mixing model.

Figures S1 - S3 and Table S1 supplement the information in Text S1 and S2.

Figure S4 shows the amount of exported carbon in the Erlenbach measured by Smith et al. (2011) in comparison to the data collected in this study

Text S1. Parameterization of Alkane Indices

To use the relative abundance of different long-chain (> C_{24}) *n*-alkane homologues to differentiate between endmembers, the concentrations of the measured *n*-alkanes need to be parameterized.

The chosen indices should comprise as much of the variability of the measured *n*-alkane distribution in the suspended sediments from Erlenbach, Lümpenenbach and Vogelbach as possible. Thus, principal component analysis is used to determine variables that are linear functions of the long-chain *n*-alkane homologues that maximize the explained variance of the long-chain *n*-alkanes in the suspended sediment samples, the so-called principal components (PCs). The Eigenvectors of the two PCs with the highest proportions of explained variance are shown in Table S1.

For PC1 (explained variance: 0.4), the absolute values of most coefficients are similar with values ranging from 0.24 to 0.43. Exceptions are the lower coefficients associated with the *n*-alkanes C_{25} and C_{33} . The direction of the coefficients is opposite for alkanes with odd and even carbon numbers, respectively. The coefficients hence indicate, that a large proportion of the variability of *n*-alkane homologues in the samples can be explained by the relative amount of odd-numbered to even-numbered n-alkanes. An established index, that parameterizes the relative proportion of odd- and even-numbered chain lengths is the carbon preference index (CPI)(equation 1, adapted from Marzi et al. (1993)).

$$CPI = \frac{1}{2} \left(\frac{\sum_{i=n}^{m} C_{2i+1}}{\sum_{i=n}^{m} C_{2i}} \right) + \frac{1}{2} \left(\frac{\sum_{i=n}^{m} C_{2i+1}}{\sum_{i=n+1}^{m+1} C_{2i}} \right) \text{ with } n = 12 \text{ and } m = 16$$
(1)

PC2 (explained variance: 0.25) is defined by contrasting directions of the coefficients of shorterchain ($C_{24} - C_{28}$) compared to longer-chain ($C_{29} - C_{34}$) alkanes. This overall distribution of chain lengths is parameterized in the average chain length (ACL)(equation 2, adapted from Poynter and Eglinton (1990)).

$$ACL = \frac{\sum_{i=n}^{m} (2i+1) * C_{2i+1}}{\sum_{i=n}^{m} C_{2i+1}} \text{ with } n = 12 \text{ and } m = 16$$
(2)

Figure S1 shows the potential sources of *n*-alkanes and the riverine sediments in the CPI-ACL parameter space.

For purposes of vegetation reconstruction, indices focusing on the C_{27} , C_{29} and C_{31} homologues are used instead of the ACL (e.g., Zhang et al., 2006, Bai et al., 2009, Buggle et al., 2010, Zech et al., 2012). Therefore, an index that only includes C_{27} , C_{29} and C_{31} is also considered as a potential alternative for the ACL (equation 3) to parameterize the relative proportion of shorter versus longer chain lengths.

$$Index_{C_{27}} = \frac{C_{27}}{C_{27} + C_{29} + C_{31}}$$
(3)

The ACL and Index_{C27} of sediment samples and potential endmembers against CPI are shown in Figure S1 and Figure S2, respectively. The Index_{C27} of soil and vegetation endmembers mostly overlap, therefore, the ACL is the better suited parameterization of chain lengths to differentiate between soil and vegetation-derived alkanes in our mixing approach.

Additionally, an index could be used that combines both of the dimensions that best describe *n*-alkane variability in the riverine sediments the proportion of odd compared to even and shorter versus longer chain lengths (equation 4).

$$Index_{combi} = \frac{C_{22} + C_{22}}{C_{27} + C_{29} + C_{31}}$$
(4)

As shown in Figure S3, although this combined approach is well suited to differentiate between bedrock-derived *n*-alkanes (Index_{combi} = 1.62 ± 0.1) and biospheric *n*-alkanes (Index_{combi} > 0.3), vegetation- and soil-derived *n*-alkanes cannot be disentangled, rendering this index unsuitable for the mixing approach of this study. CPI and ACL are therefore chosen as parameters for the mixing model, as they enable the best differentiation of endmembers.

Text S2. Constraining the vegetation endmember

The vegetation samples collected in the catchments include the dominant tree species silver fir (Abies alba) and Norway spruce (Picea abies) as well as green alder (Alnus viridis), moss, three different grasses, common rush (Juncus effusus), horsetail (Equisetum) and ground pines (Lycopodium). The distribution of n-alkane homologues in the vegetation samples is rather heterogeneous leading to a wide range of potential endmember values with a CPI of 9.1 ± 7.4 and an ACL of 28.1 ± 0.7 (Fig. A1). As four parameters, i.e., δ^{13} C, Δ^{14} C, CPI and ACL, are used for the endmember mixing model, the system of linear equations is fully determined for up to four endmembers, but only three endmembers, namely bedrock, soil and vegetation, are defined. It is therefore possible to divide the vegetation samples into two groups to achieve better constrained endmembers. Silver fir and Norway spruce are the most abundant vegetation in the catchments and therefore potentially dominate the vegetation-derived carbon. Alternatively, moss and green alder grow in the riparian zone, close to the river channels, and could thus be considered as a separate endmember to determine whether their close proximity to the channel is reflected in the river sediments. Finally, grasses could be considered separately to resolve the contribution of grasslands to the exported carbon.

The possible additional vegetation endmembers are shown in Figure S1. Green alder and moss (CPI: 16.6 ± 6.7 , ACL: 27.6 ± 0.2) are not a suitable endmember for the model, as ACL and CPI of the riverine sediments are overall significantly closer to the ACL and CPI of the average vegetation endmember compared to the specific green alder and moss endmember. Green alder and moss are also distinct from the other vegetation samples with respect to Index_{C27} (Fig. S2), a high proportion of the *n*-alkane homologue C_{27} in the riverine sediments could therefore be indicative of most vegetation-sourced organic carbon stemming from vegetation close to the channel. Except for four sediment samples from the Erlenbach catchment and the Lümpenenbach catchment, the sediments feature an Index_{C27} lower than 0.5, therefore green alder and moss do not seem to be dominant sources of *n*-alkanes to the sediment despite their proximity to the channel.

The distribution of *n*-alkane homologues in the grass samples collected in the catchments is rather heterogenous, leading to significant variability in CPI (12.2 ± 5.3) and ACL (28.4 ± 0.8) values. The range of the grass endmember is therefore similar to the overall vegetation and does not tighten quantitative constraints on contributions. Silver fir and Norway spruce are similar in their *n*-alkane signal (CPI, 4.4 ± 1.4 ; ACL, 27.8 ± 0.3). Additionally, their *n*-alkane signatures, with a comparably low ACL and CPI, is also observable in river sediments (Fig. S1). Therefore, the most abundant tree species are separated from the other vegetation as an additional endmember.



Figure S1. ACL of sediment samples and potential endmembers plotted against CPI



Figure S2. C27/(C27 + C29 + C31) of sediment samples and potential endmembers plotted against CPI.



Figure S3. The ratio of short-chain (< C26) even-numbered to long-chain odd-numbered homologues of sediment samples and potential endmembers plotted against the CPI. This index combination is suited to differentiate between bedrock-derived and biospheric nalkanes, while vegetation- and soil-derived n-alkanes are not discernable.



Figure S4. Organic carbon concentration of the suspended sediment collectedin the Erlenbach catchment in this study compared to Smith et al. (2013). The OC concentrations measured in this study are consistently lower compared to the concentrations measured by Smith et al. (2013) resulting in different power-laws

n-Alkane homologue	PC1 (0.40)	PC2 (0.25)
C ₂₄	-0.29	0.34
C ₂₅	0.00	0.52
C ₂₆	-0.39	0.23
C ₂₇	0.36	0.21
C ₂₈	-0.34	0.05
C ₂₉	0.43	-0.07
C ₃₀	-0.32	-0.31
C ₃₁	0.30	-0.26
C ₃₂	-0.27	-0.27
C ₃₃	0.06	-0.38
C ₃₄	-0.24	-0.35

Table S1. Eigenvectors of the first two principal components of the long-chained *n***-alkane distribution in river sediments.** The variance explained by the PCs is given in brackets. The magnitude and direction of the coefficients of the original variables, i.e. the concentration of *n*-alkanes with carbon numbers between 24 and 34, indicate the influence of the respective alkane homologue for the PC.

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