Development mechanisms and regional characteristics of the Asian monsoon system

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Abstract

Asian monsoon rainfall impacts one third of the global population and predicting its variability and future change is of clear importance. However, the dynamics of even the climatological monsoon are not fully understood. Three independent subsystems are traditionally considered: the East Asian, South Asian, and Western North Pacific monsoons. Here we use idealized model simulations with east-west thermal contrast to explore the complex observed onset behavior of these subsystems. Our results suggest that the summertime 'stationary wave' monsoon circulation is not simply a passive response to insolation, but instead expands northwestwards and then eastwards via advective and evaporative feedbacks. In particular, our simulations indicate that onset over the Western North Pacific results from eastward extension of the summertime continental low via atmospheric feedbacks. We propose that the regional monsoons' responses to forcings may be understood by considering how these feedbacks are influenced by the background state.

Development mechanisms and regional characteristics of the Asian monsoon system

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•	In idealized simulations with zonal land-sea contrast a Matsuno-Gill pattern forms
	and travels east via advective and evaporative feedbacks.
•	The development and eastward expansion of this circulation generates a similar
	spatial pattern of monsoon onset to that seen across Asia.

• We suggest that elements of monsoon change and variability may be understood through how forcings modulate these feedbacks.

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13 Abstract

Asian monsoon rainfall impacts one third of the global population and predicting its vari-14 ability and future change is of clear importance. However, the dynamics of even the cli-15 matological monsoon are not fully understood. Three independent subsystems are tra-16 ditionally considered: the East Asian, South Asian, and Western North Pacific monsoons. 17 Here we use idealized model simulations with east-west thermal contrast to explore the 18 complex observed onset behavior of these subsystems. Our results suggest that the sum-19 mertime 'stationary wave' monsoon circulation is not simply a passive response to in-20 solation, but instead expands northwestwards and then eastwards via advective and evap-21 orative feedbacks. In particular, our simulations indicate that onset over the Western 22 North Pacific results from eastward extension of the summertime continental low via at-23 mospheric feedbacks. We propose that the regional monsoons' responses to forcings may 24 be understood by considering how these feedbacks are influenced by the background state. 25

²⁶ Plain Language Summary

Asian monsoon rainfall impacts one third of the global population and predicting 27 its year-to-year variations and future change is of clear importance. A first step towards 28 this goal is to understand the controls on the monsoon in the present climate. Each sum-29 mer, as the Asian continent warms, the prevailing winds abruptly reverse direction from 30 north-easterly to south-westerly, bringing warm, moist air over the land and causing the 31 32 onset of the monsoon rains. However, rain does not arrive and end simultaneously across the continent. Instead, seemingly unconnected shifts in rainfall location occur in differ-33 ent regions through the year. Here, we use model simulations with simplified continents, 34 alongside observations, to explore the processes responsible. We find that the basic el-35 ements of the observed behavior are captured simply by including east-west land-sea con-36 trast, with further details reproduced when a simple Tibetan Plateau is added. Impor-37 tantly, we find that the different monsoon onset timings across the continent and ocean 38 arise from how the monsoon circulation actively transports warm, moist air, and not purely 39 from warming of the land and ocean by the sun. 40

41 **1 Introduction**

The Asian monsoon rains arrive in multiple stages. Differences in behavior across 42 the continent (e.g. Fig. 1a), alongside interest in regional impacts, have resulted in the 43 separate study of three distinct components to the monsoon: the East Asian, South Asian 44 and Western North Pacific monsoons (B. Wang & LinHo, 2002). Interannual variabil-45 ity and patterns of future change in these sub-monsoons are key foci of research, moti-46 vated by the impacts on global food supply (Gadgil & Gadgil, 2006; Naylor et al., 2007; 47 Cui & Shoemaker, 2018). However, the climatological evolution of these systems is still 48 not fully understood (Hsu et al., 2014; Parker et al., 2016; Geen et al., 2020). One im-49 portant finding is that monsoon onset is not a passive, steady-state response to warm-50 ing of a continent by summer insolation. For example, simulations by Bollasina and Ming 51 (2013) demonstrated that land-atmosphere feedbacks allow Indian monsoon onset to progress 52 even when insolation and SSTs are held at their May-mean values. 53

Observations and state-of-the-art simulations show how monsoons evolve, but the 54 complexity of the system makes it hard to identify mechanisms. Idealized modeling com-55 plements the study of observations, allowing continents, orography and physical processes 56 to be added incrementally. Two idealized modeling approaches have commonly been used 57 to study the monsoons: aquaplanets (Earth-like planets with an entirely water-covered 58 surface), to explore controls on zonal-mean tropical rainfall location (Privé & Plumb, 59 2007) and its seasonality (Bordoni & Schneider, 2008, 2010; Geen et al., 2018, 2019); and 60 steady-state experiments with continents or localized forcing, to explore drivers of the 61 seasonal-mean summertime stationary-wave pattern (Matsuno, 1966; Gill, 1980; Rod-62

well & Hoskins, 2001; Shaw, 2014). Recent studies have begun to include idealized continents in aquaplanet simulations with seasonal cycles (Zhou & Xie, 2018; Voigt et al.,
2016), but these do not separate the roles of zonal vs meridional asymmetry, leaving a
gap in understanding between theories that emerge from highly abstracted aquaplanets and results based on observations and comprehensive models.

This study has two goals. First, to connect idealized work exploring the response 68 to a zonally-localized, steady-state forcing with work exploring the zonally-symmetric, 69 time-evolving response to insolation. Second, to identify the basic ingredients (e.g., land, 70 71 orography) responsible for the disparate subseasonal behavior of the Asian monsoon subsystems. Section 2 describes the simulations and datasets used. In Section 3 we exam-72 ine the development of the monsoon across the continent in the observations and sim-73 ulations. In Section 4, we show evidence that the monsoon sub-system behaviors result 74 from how the summertime stationary-wave pattern develops and expands via feedbacks 75 with moist static energy and convection. Section 5 summarizes our conclusions. 76

$_{77}$ 2 Methods

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2.1 Idealized model simulations

We use the Isca modeling framework (Vallis et al., 2018) with a configuration sim-79 ilar to that of the Model of an Idealized Moist Atmosphere (Jucker & Gerber, 2017). The 80 model uses the GFDL spectral dynamical core, the RRTM radiation scheme (Mlawer et 81 al., 1997; Clough et al., 2005) and simple parameterizations of moist physics and con-82 vection (Frierson et al., 2006, 2007; O'Gorman & Schneider, 2008). RRTM calculates ra-83 diative heating based on the local humidity and temperature every 1 hour of model time. 84 As is common in idealized models, clouds are not included in the parametrisations of ra-85 diation or moist processes. The insolation includes a seasonal and diurnal cycle, with a 86 solar constant of 1360Wm^{-2} , an Earth-like obliquity of 23.429° and a circular orbit. Sim-87 ulations are run at T42 resolution, with 40 vertical uneven sigma levels and a 720s time-88 step. Data is interpolated onto a pressure grid at 50-hPa spacing during post-processing. 89 A 360-day calendar is used, so that each model month is 30 days and a year comprises 90 72 pentads. The model is spun-up for 10 years and then run for a further 30 years. Data 91 from this 30 year period are then used to produce a climatology. 92

Results from three simulations are presented. In the first, *half-land*, we isolate the role of zonal thermal contrast. The entire Eastern Hemisphere (0 to 180° E, -90 to 90° N) is prescribed as land and the Western Hemisphere (-180 to 0° E, -90 to 90° N) as ocean. Land is given a mixed layer depth of 2m and albedo of 0.325, while ocean has a mixed layer depth of 20m and albedo of 0.25. The high albedos compensate for the lack of clouds in the model. Hydrology is not explicitly accounted for in this highly idealized set-up. Instead, similar to the TRACMIP protocol (Voigt et al., 2016), an evaporative resistance, α is used to modify evaporation, *E*, as

$$E = \alpha \rho_a C |\mathbf{v}_a| (q_s - q_a) \tag{1}$$

where ρ_a , $|\mathbf{v}_a|$ and q_a are the density, horizontal wind speed, and specific humidity at the lowest model level respectively. C is the drag coefficient and q_s is the saturation specific humidity at the surface temperature. Over ocean, $\alpha = 1$ and there is no resistance to evaporation; over land $\alpha = 0.7$. In the second simulation, *simple-Asia*, land is further confined to the Northern Hemisphere, and an idealized Tibetan Plateau is introduced, with height, z, described by Saulière et al. (2012):

$$z = z_0 e^{-\delta_1^2} (1/\delta_2) e^{-0.5(\ln \delta_2)^2}$$
(2)

$$\delta_1 = [(x - x_0)\cos(\gamma_1) + (y - y_0)\sin(\gamma_1)]/L_1$$
(3)

$$\delta_2 = \left[-(x - x_0) \sin(\gamma_2) + (y - y_0) \cos(\gamma_2) \right] / L_2 \tag{4}$$

where $z_0 = 5700$ m, $(x_0, y_0) = (130, 28)$, $\gamma_1 = -49.5^{\circ}$, $\gamma_2 = -18^{\circ}$, and $L_1 = L_2 =$ 107 12.5° (see contours in Fig. 1, central column and Fig. 3). Gibbs ripples are smoothed 108 over land and ocean following Lindberg and Broccoli (1996). While this slightly reduces 109 the elevation, the orography is sufficient to generate a similar impact on the circulation 110 to that seen in reanalysis. The last simulation, half-land-sn2, is configured as half-land, 111 but with the orbital period doubled, so that the seasonal cycle progresses at half the rate, 112 and mixed layer depths doubled, so that the amplitude of the SST seasonality remains 113 similar. This allows processes paced by dynamics to be distinguished from those paced 114 by insolution. 115

Key elements lacking from our simulations are clouds and a description of land hydrology. In spite of this, the experiments mimic much of the behavior seen in observations and reanalysis (Fig. 1). Simulations with a bucket hydrology (Manabe, 1969) were
performed for comparison (Fig S1; discussed in Section 5).

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2.2 Reanalysis and observations

The Japanese 55-year Reanalysis (JRA-55; Kobayashi et al., 2015) is used for winds, specific humidity, temperature, geopotential height and heat fluxes, while the CPC Merged Analysis of Precipitation (CMAP; Xie & Arkin, 1997) dataset is used for precipitation. These were selected for their long records of daily data and the use of 4Dvar data assimilation in JRA-55. Climatologies are evaluated for 1979-2016. Results were also checked using the ERA-5 (Hersbach et al., 2020) and GPCP (Huffman et al., 2001) datasets for 1997-2020 (Fig. S1).

¹²⁸ **3** Seasonal Progression of Monsoon Rain

Fig. 1 shows monsoon onset timing for the observations (left), *simple-Asia* (centre) and *half-land* (right), defined as the pentad at which rainfall exceeds the January mean by at least 5mm/day (B. Wang & LinHo, 2002). To help in interpreting the onset patterns, the rows below show maps of climatological-mean precipitation, 850-hPa wind vectors and geopotential height anomalies relative to the zonal mean.

The observations show the well-documented features of Asian monsoon onset (B. Wang 134 & LinHo, 2002). Land warms relative to ocean through Spring, lowering the geopoten-135 tial over the continent and setting up a circulation with westerlies across the south of 136 the Asian continent and southwesterly flow across the Indochina Peninsula and along 137 the East Asian coast. Prior to Asian monsoon onset, South China experiences spring rain 138 from mid-March to May (Linho et al., 2008, and bright yellow in Fig. 1a). Monsoon rain 139 intensifies first over the Bay of Bengal in pentad 25 (1-5 May), then extends across the 140 South China Sea by pentad 28 (16-20 May). A subtropical front develops that extends 141 from the South China Sea to the ocean south of Japan, associated with a south-west to 142 north-east oriented band of earlier rain (Fig. 1a&d). By pentad 34 (15-19 June), the Asian 143 low and Western North Pacific subtropical high set up three bands of rain meeting in 144 the South China Sea: the monsoon trough across the Arabian sea, India and the Bay 145 of Bengal; the tropical convergence zone over the Western North Pacific; and a subtrop-146 ical front across East Asia (Meiyu/Baiyu). Through pentads 34-40 (mid-June to mid-147 July), rain expands northwestward over India, while the monsoon westerlies over India 148 and the Bay of Bengal strengthen further (Fig. 1g&j), and the subtropical front migrates 149 north and weakens. Towards the end of the summer (pentad 46, 14-18 August), the mon-150 soon westerlies extend eastward and Western North Pacific precipitation shifts farther 151 north (Fig. 1a&m). 152

The onset behavior in the observations is complex, and might be assumed to be the product of the specific configuration of the Asian continent and ocean basins. However, the idealized simulations suggest much of the behavior arises purely from east-west

thermal contrast. The right-hand column of Fig. 1 shows results for half-land. A band 156 of earlier onset extends south-west to north-east from the centre of the continent up to 157 the eastern coastline. Precipitation expands first northwestward, and later eastward out 158 over the ocean. The maps in the panels below show that the warming of land through 159 spring sets up a continental low, and southwesterlies develop along the eastern coast at 160 the interface with the oceanic high (Fig. 1f). By pentad 38, similar to pentad 34 in the 161 observations, three rainfall regimes can be seen, the monsoon trough over land, the trop-162 ical convergence zone over ocean, and a subtropical front across the coast. Differences 163 arise in pentad 44-56 of the simulation. The region of most intense convection travels 164 eastward and the continental low follows, resembling an eastward-propagating Matsuno-165 Gill circulation (Gill, 1980, Fig. 3). 166

In simple-Asia, land is limited to the Northern Hemisphere and an idealized Ti-167 betan Plateau is added. In this case the earliest arrival of precipitation is in the areas 168 to the south and east of the plateau, mimicking the behavior observed over the Bay of 169 Bengal and South China respectively (Fig. 1b). As in *half-land*, a continental low de-170 velops (now with a minimum anchored by the Tibetan Plateau) and generates 3 bands 171 of rainfall, meeting over the south-east corner of the continent. In this simulation the 172 low expands eastward in pentads 44 and 50, bringing rain over the subtropical ocean (cf. 173 pentads 40 and 46 in the observations), but unlike half-land this does not detach from 174 the continent. 175

4 Circulation-Moisture Feedbacks

Monsoon flows involve complex interactions of the tropical overturning circulations with moist processes and the land surface, so building a conceptual understanding of the processes and feedbacks responsible for the onset stages seen in Fig. 1 is challenging. Moist static energy (MSE), *h*, describes an air parcel's potential energy and moist enthalpy:

$$h \equiv c_p T + gz + L_v q_v. \tag{5}$$

Here, c_p is the specific heat of air at constant pressure; T is temperature; g the gravi-181 tational constant; z geopotential height; L_v is the latent heat of vaporization of water 182 and q_v is specific humidity. Theory developed in aquaplanets indicates that in monsoon 183 flows where transient eddies are suppressed (Schneider & Bordoni, 2008) and the atmo-184 sphere is near convective quasi-equilibrium (CQE; Betts, 1982; Emanuel, 1995), then the 185 divide between the zonal mean Hadley cells is co-located with the tropical maximum in 186 subcloud MSE (Privé & Plumb, 2007). When this maximum occurs away from the Equa-187 tor, the strongest convergence and rainfall lie nearby on its equatorward side. If these 188 ideas can be extended to Earth's local tropical overturning, then the MSE budget can 189 be used not just to diagnose where convection might occur, but to interpret how feed-190 backs with the circulation influence the seasonal migration of the ITCZ and monsoon 191 rain. 192

Although strictly it is the subcloud MSE that is connected to the distribution of precipitation in the tropics (Privé & Plumb, 2007), because the tropical atmosphere is close to CQE the column-integrated MSE strongly reflects the low-level distribution (not shown). The vertically-integrated MSE budget has the advantage of indicating how the column is fed MSE by surface heat fluxes:

$$\frac{\partial \{\overline{\mathcal{E}}\}}{\partial t} = \overline{F}_{net} - \left\{\overline{u}\frac{\partial \overline{h}}{\partial x}\right\} - \left\{\overline{v}\frac{\partial \overline{h}}{\partial y}\right\} - \left\{\overline{\omega}\frac{\partial \overline{h}}{\partial p}\right\} - \nabla \cdot \{\overline{h'\mathbf{v}'}\}$$
(6)

$$\mathcal{E} \equiv c_v T + g z + L_v q_v \tag{7}$$

$$F_{net} \equiv LH + SH + R_{toa} + R_{surf}. \tag{8}$$

Here, \mathcal{E} is the sum of internal, latent and potential energy and c_v is the specific heat of air at constant volume. u, v, and ω are the zonal, meridional, and vertical wind speeds, and **v** is the horizontal wind vector. F_{net} is the net flux of energy from latent, LH, and sensible, SH, heat fluxes, and radiative fluxes at the top of atmosphere, R_{toa} , and surface, R_{surf} (sign convention is that fluxes directed into the atmosphere are positive, cf. Hill et al., 2017). Overbars indicate the local climatological pentad mean, and primes deviations from this. Braces indicate column-mass integrals: $\{X\} \equiv \int_0^{p_s} X dp/g$, where p_s is surface pressure.

Eq. 6 describes how the internal plus potential energy of an air column is affected 206 by the net diabatic heat fluxes into the column, advection of MSE by the climatologi-207 cal mean flow, and transient eddy fluxes of MSE. The latter term was found to be com-208 paratively small in magnitude and is not presented here. Note that Eq. 6 is derived as 209 an approximation to the energy budget of an air parcel, assuming kinetic energy terms 210 are small (Neelin, 2007). MSE is only approximately conserved and is distinct from \mathcal{E} , 211 which uses c_v in place of c_p , accounting for pressure variations following the air parcel. 212 The lefthand columns of Figs. 2, 3 and 4 show column integrated MSE (shading) and 213 precipitation (blue contours), confirming that the tropical precipitation tends to lie just 214 equatorward of the peak in column-integrated MSE, even when zonal asymmetries are 215 included. 216

We start by analyzing the MSE budget of the *half-land* simulation, as the simplest 217 step building on previous results in aquaplanets (Bordoni & Schneider, 2008). In Fig. 218 2a (pentad 32) the meridional peak in MSE and the ITCZ are still near the Equator. The 219 land has warmed in the Northern Hemisphere and a cross-equatorial circulation has be-220 gun to develop here, as indicated by the slight northward displacement of the ITCZ. Over 221 land, the net energy fluxes into the column (F_{net}) act to increase the MSE of the col-222 umn further (Fig. 2b), while near the Equator, the meridional circulation (Fig. 2d) ad-223 vects cooler, drier air up the MSE gradient, resulting in a net cooling (Fig. 2e). The re-224 sult is a northward advance of the MSE peak and ITCZ by pentad 38 (Fig. 2f). These 225 meridional processes at work over land are similar to those that have been identified in 226 aquaplanets (Bordoni & Schneider, 2008). In contrast with the aquaplanets, the cyclonic 227 monsoon flow forced by the warm land generates southwesterlies over the coastline (black 228 contour) at $\sim 20^{\circ}$ N (Figs. 1f&i). These advect MSE down-gradient, warming and moist-229 ening the air columns over the ocean at $\sim 30^{\circ}$ N, and extending the MSE maximum east-230 ward (Fig. 2c,e&f). Accompanying this, the precipitation near the coastline migrates off 231 the Equator and the continental low extends eastward (Fig. 1i&l). Once the monsoon 232 westerlies extend over the ocean, the increased surface wind speeds enhance evaporation 233 (gray contours, Fig. 21). This feeds moisture into the column, increasing the interhemi-234 spheric MSE contrast over the ocean (180-200°E) (Fig. 2f&k). In accordance with Privé 235 and Plumb (2007) deep convection in the ascending branch of the Hadley cell follows the 236 MSE maximum off the Equator, bringing rain over the western ocean. By pentad 44, the 237 westerlies are advecting lower MSE air up-gradient, resulting in cooling and drying over 238 the coastline (Fig. 2m&r). This causes the unrealistic detachment of the MSE peak, mon-239 soon low and precipitation away from the coastline seen in Fig. 10&r. 240

Monsoon rain does not detach from the continent in observations, but the eastward 241 movement of the continental low in *half-land* by advective and evaporative feedbacks may 242 shed light on the retreat of WNP high and advance of Asian low (Fig. 1m), motivating 243 us to explore the behavior here further. Fig. S2 compares the monsoon's eastward prop-244 agation rate over the ocean in half-land with the half-land-sn2 simulation, in which the 245 year length is doubled so the insolation evolves more slowly. We find that the mature 246 monsoon gyre propagates eastward at a similar rate in both simulations, confirming that 247 the eastward travel of the monsoon is paced by feedbacks with the circulation, rather 248 than the solar forcing. 249

To connect this highly idealized simulation back to the observed monsoon, Figs. 3 and 4 show results for *simple-Asia* and JRA-55 respectively. The patterns seen in *simple-Asia* are closer to those observed, suggesting the simulation captures the key ingredients of the system and provides a mid-point between the *half-land* simulation and JRA-55 data. Some similar processes are seen to those identified in *half-land*: MSE increases over land (Figs. 3&4 a,f&k) and the MSE maximum then propagates eastward via downgradient MSE advection (Figs. 3&4 k&m) and evaporation of moisture by the monsoon westerlies (Figs. 3&4 p&q).

Important differences to the half-land simulation are evident in Figs. 3 & 4. As noted 258 above, in *simple-Asia*, while precipitation extends eastward over ocean later in the sea-259 son, it no longer detaches from the continent. This appears to result from two factors. 260 First, the mechanical diversion of the wind around the orography forces a fixed low pres-261 sure centre which anchors the monsoon circulation (Fig. 1). Second, the ocean to the 262 south retains heat for longer than the Southern Hemisphere land in the half-land sim-263 ulation, so the MSE gradient reversal and advective cooling by the zonal flow seen in Figs. 264 2m&r do not occur. 265

A second significant difference is that the northward advance of MSE and precip-266 itation over land are less zonally uniform in simple-Asia than half-land. MSE increases 267 first to the south of the orography and its westward spread is delayed (e.g. compare Figs. 268 2 & 3a). These effects appear to be predominantly generated by the interaction of the 269 Tibetan Plateau with the subtropical jet. At the beginning of the season (e.g. pentads 270 32-38) the Plateau generates southward flow on its Western side (Fig. 1e & h). This south-271 ward flow results in adiabatic descent, as indicated by the positive contribution of the 272 meridional advection terms over India (Fig. 4d). This suggests that the earlier onset over 273 the Bay of Bengal compared with India is not simply determined by enhanced moisture 274 availability over the warm sea surface, but more by the delay of monsoon onset to the 275 west by this dry subtropical inflow (cf. Parker et al., 2016). The Plateau also advances 276 the arrival of subtropical precipitation to its east. Simulations in which the height of the 277 Tibetan Plateau is systematically altered have shown that interactions between orog-278 raphy and the subtropical jet are key in generating the phases of the subtropical East 279 Asian monsoon (Molnar et al., 2010; Chiang et al., 2020). 280

Simple-Asia does not perfectly capture the observed behavior. For example, in the observations, easterlies associated with the Pacific subtropical high bring lower MSE air up-gradient (e.g. Figs. 4g&m) and enhance surface evaporation over the ocean between 15-30°N (gray contours on F_{net} panels). These two processes appear to balance one another to give only a weak energy tendency over ocean (Figs. 4j&o). In addition, the diabatic column energy input over land is greater in the simulation than reanalysis, likely due to absent processes such as clouds or hydrology, discussed further below.

Overall, the idealized simulations highlight that the spatial and temporal structure of monsoon onset is to zeroth order a consequence of the circulation and feedbacks that emerge when zonal land-sea contrast meets a seasonal cycle, with the Tibetan Plateau further defining local characteristics. In particular, the simulations suggest that the extension of monsoon rain over the Western North Pacific is not a passive response to warming of the ocean through summer, but arises from dynamically-driven eastward expansion of the convection and monsoon low.

²⁹⁵ 5 Discussion

Studies using aquaplanet simulations have shown how meridional circulation/MSE feedbacks can cause rapid poleward jumps in the location of tropical rain, similar to those seen over monsoon onset in South Asia and the South China Sea. However, the Asian monsoon shows complex local onset and withdrawal characteristics across the continent, extending to the subtropics. State-of-the-art climate models reproduce these observed characteristics, but leave the processes underlying its seasonal evolution unclear. The idealized simulations presented here allow us to identify new feedbacks in the zonal direction, connecting results from aquaplanets to the observed system and bringing the focus back onto land-sea contrast as an essential component of the large-scale Asian monsoon. We find:

- The detailed regional behaviors and longitudinal steps in rainfall observed over Asia arise fundamentally from zonal land-sea contrast; regional onset and withdrawal timing can be interpreted in terms of how a Matsuno-Gill-like circulation develops through the season.
- The summertime stationary wave pattern does not develop passively in response to insolation, but actively interacts with MSE. Focussing on monthly or seasonal means in analysis of variability and future projections may obscure the dynamical drivers of precipitation timing and intensity.
- 3. Previous studies have considered the eastward progression of the monsoon over
 the Western North Pacific later in the season in terms of changes in SST (Wu, 2002).
 Our simulations instead suggest the monsoon circulation expands eastward at a
 rate set by feedbacks from advection of MSE and wind-induced evaporation.

While the idealized simulations are helpful in breaking down complex observed be-318 havior they neglect some processes. In particular, our simulations do not include land-319 atmosphere feedbacks, known to be important to the northwestward propagation of the 320 monsoon across India (Bollasina & Ming, 2013). Simulations with a bucket hydrology 321 (cf. Manabe, 1969) were performed to assess the importance of land-atmosphere feed-322 backs to our conclusions (Fig. S1). Precipitation is inhibited over land with this hydrol-323 ogy, particularly in *half-land* with no ocean to the south. However, the basic features 324 of monsoon development are still present in the *simple-Asia* simulation, albeit with the 325 reduced precipitation delaying the pentad in which the onset criteria is met. Cloud ra-326 diative effects have been shown to influence monsoon onset in aquaplanet simulations 327 (Byrne & Zanna, 2020) and are themselves strongly modulated by the monsoon circu-328 lation (Li et al., 2019; Huang et al., 2020). Clouds are absent in our simulations, but would 329 be an interesting avenue for future work. In spite of these limitations our simulations 330 capture key features of the observed behavior and help in interpreting the feedbacks re-331 sponsible. 332

The perspective of the Global Monsoon (Trenberth et al., 2000; B. Wang & Ding, 333 2008) has proved useful in interpreting the coherent behavior of the northern and south-334 ern hemisphere monsoons on millennial timescales (L. Wang & Chen, 2014; Schneider 335 et al., 2014). We suggest that our unified, non-stationary Matsuno-Gill perspective of 336 the Asian monsoons might similarly provide a framework for interpreting patterns of vari-337 ability and change. By altering the prevailing wind and temperature patterns, modes 338 such as ENSO, or forcings from CO_2 and aerosols, will alter how the continental low de-339 velops and expands throughout the season. In addition, our half-land simulation is not 340 specific to Asia, and it is likely that similar circulation/moisture interactions are impor-341 tant in other monsoon systems, providing a fundamental picture of a 'generic monsoon'. 342

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- ³⁴⁹ (1995); Copernicus Climate Change Service (C3S) (2017); Mesoscale Atmospheric Pro-

³⁵⁰ cesses Branch/Laboratory for Atmospheres/Earth Sciences Division/Science and Explo-

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- terdisciplinary Center/University of Maryland (2018). Upon article acceptance, ideal-

ized model simulation data described in the study will be made available via the Open
 Research Exeter repository. For review purposes data has been uploaded to:

³⁵⁵ https://figshare.com/s/35cb0429d27661a27f3e

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Figure 1. Top row shows Northern Hemisphere climatological monsoon onset pentad (B. Wang & LinHo, 2002). Lower rows show climatological mean precipitation (colors), 850-hPa wind (arrows) and 850-hPa geopotential height anomalies relative to the zonal mean (gray contours). The pentads used are indicated by the panel titles. Columns show results for (left) CMAP and JRA-55 data, (centre) *half-land*, (right) *simple-Asia*. Black contours show the coast-lines and 2 and 3km orography contours.



Figure 2. Maps of the column integrated MSE and the terms in the MSE budget (see Methods) for the *half-land* simulation. Black contours indicate the coastline. Blue contours in the lefthand column show precipitation, with interval 5 mm/day. Gray contours overlaid on \overline{F}_{net} (second column) show the surface latent heat flux, with interval 30 Wm⁻². The terms and pentads shown are indicated by the column and row titles, respectively.



Figure 3. As Fig. 2, but for *simple-Asia*. Black contours show the coastline and 2 and 3km orography contours.



Figure 4. As Fig. 3, but for JRA-55 data, with CMAP precipitation contours in the lefthand column.