

# Reaction-diffusion waves in hydro-mechanically coupled porous solids as a precursor to instabilities

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## Abstract

Here, we extend the Fisher-Kolmogorov-Petrovsky-Piskunov equation to capture the interplay of multiscale and multiphysics coupled processes. We use a minimum of two coupled reaction-diffusion equations with additional nonlocal terms that describe the coupling between scales through mutual cross-diffusivities and regularise the ill-posed reaction-self-diffusion system. Applying bifurcation theory we suggest that geological patterns can be interpreted as physical representations of two classes of well-known instabilities: Turing instability, Hopf bifurcation, and a new class of complex soliton-like waves. The new class appears for small fluid release reactions rates which may, for negligible self-diffusion, lead to an extreme focusing of wave intensity into a short sharp earthquake-like event. We propose a first step approach for detection of these dissipative waves, expected to precede a large scale instability.

1 **Reaction-diffusion waves in hydro-mechanically coupled**  
2 **porous solids as a precursor to instabilities**

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9 **Key Points:**

- 10 • A new class of nonlocal reaction-diffusion equations models Earth instabilities  
11 • Stationary and travelling dissipative waves are predicted  
12 • Turing, Hopf and quasi-soliton waves create barcode-like fault damage zones

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**Abstract**

Here, we extend the Fisher-Kolmogorov-Petrovsky-Piskunov equation to capture the interplay of multiscale and multiphysics coupled processes. We use a minimum of two coupled reaction-diffusion equations with additional nonlocal terms that describe the coupling between scales through mutual cross-diffusivities and regularise the ill-posed reaction-self-diffusion system. Applying bifurcation theory we suggest that geological patterns can be interpreted as physical representations of two classes of well-known instabilities: Turing instability, Hopf bifurcation, and a new class of complex soliton-like waves. The new class appears for small fluid release reactions rates which may, for negligible self-diffusion, lead to an extreme focusing of wave intensity into a short sharp earthquake-like event. We propose a first step approach for detection of these dissipative waves, expected to precede a large scale instability.

**Plain Language Summary**

Regular and irregular patterns of deformation bands and fractures are ubiquitous in nature. In this paper, we decipher the patterns in terms of coefficients of a simple set of reaction-diffusion equations that can, for given material parameters, describe a transition from regular to logarithmically decaying patterns and chaotic instabilities. Similar sets of equations have previously been used to explain phenomena in complex chemistry and pattern formation in epidemiology, but without the multiscale and multiphysics consideration for saturated porous media presented here. This work introduces the mathematical formulation and analysis. Quantitative applications to geological observation will follow. The new dissipative waves discovered in this contribution opens an avenue for earthquake forecasting as under extreme conditions they can focus wave energy from the environment into a high intensity localised wave. Immediately before the main event occurs there is a reduction of background wave amplitude to feed the sharp instability. The typical self-focusing wave shape and the 'calm before the storm' is suggested to be tested as a diagnostic forecasting tool of earthquakes.

**1 Introduction**

Travelling-wave solutions of reaction-diffusion systems are encountered in many fields, e.g. in chemistry, epidemiology, biology, medicine, and physics. They were first identified in chemistry by R. Luther in 1906 and demonstrated in an experiment where oxalic acid mixed with potassium permanganate led to a wave propagation of the reaction made visible by an oscillatory front of decolorization of the mixture. An English translation of the transcript of the original lecture has been published much later (Luther, 1987). Subsequently, the same fundamental partial differential reaction-diffusion equation was shown by R.A. Fisher to explain wave-like propagation of mutant genes (Fisher, 1937), which is widely used in epidemiology for modeling the spread of viruses as well as in many other fields of biology (Volpert & Petrovskii, 2009). The equation is now better known as the Fisher-Kolmogorov-Petrovsky-Piskunov (FKPP) equation (Kolmogorov et al., 1937), recognizing the important early work (Adomian, 1995).

Although the basic mathematical equation is agnostic of the application, and the phenomenon is now well established in the above named disciplines, it has found little application in the Earth Science field so far, where reaction-diffusion problems are common. Pioneering work was presented in the 1990's (Dewers & Ortoleva, 1990; Ortoleva, 1993, 1994). Not much progress has been made on further development of geophysical applications to the slow travelling-wave solution. Broader community interest was mainly met for the special case of the stationary solution of the system of equations (Ball, 2012). The main problem in the application to Earth Sciences is perhaps twofold. The first problem is that patterns in nature are mostly observed as frozen in features of the dynamic solution. It is difficult to discern from geological observations, whether the rhythmic fea-

63 tures are frozen-in patterns of an oscillating reaction-diffusion equation propagating in  
 64 time (Hopf-bifurcations), or whether they are caused by a standing wave solution (Turing-  
 65 patterns) fixed in space (L'Heureux, 2013). The second problem is that the original FKPP  
 66 equation does not replicate the rich field of observations encountered in nature.

67 For geological applications, a generalized power-law reactive source term therefore  
 68 has been proposed as an extension to the FKPP equation (Vardoulakis & Sulem, 1995).  
 69 Using the simple case of a time-independent reaction-diffusion equation with a power-  
 70 law reactive source term and integer-valued exponents, standing solitary wave Korteweg-  
 71 De Vries (KdV)-type solutions were obtained analytically (Regenauer-Lieb et al., 2013;  
 72 Veveakis & Regenauer-Lieb, 2015). The inclusion of the power-law source term unfor-  
 73 tunately leads to an infinite amplitude KdV-type solitary wave. Several attempts have  
 74 been made to overcome this shortcoming with the aim to provide an appropriate appli-  
 75 cation for modelling compaction bands in porous (or multiphase) geomaterials. One so-  
 76 lution proposes, for instance, an additional reaction source term buffering the instabil-  
 77 ities for carefully chosen cases (Alevizos et al., 2017). While the proposed approaches  
 78 manage to achieve a solution to the ill-posed problem of lacking an internal material length  
 79 for some cases, a generalized approach is in absence.

80 Here, we develop a theory that has the potential to solve the problem directly for  
 81 all cases by using an approach that is based on internal length scales stemming from the  
 82 physics of the feedbacks of multiple processes operating across multiple characteristic scales.  
 83 We introduce the lacking internal material length scale through an integration of non-  
 84 local diffusion and reaction coefficients originating from lower-scale processes. In a sim-  
 85 ple formulation, the feedbacks can be captured mathematically by the interaction be-  
 86 tween at least two reaction-diffusion equations coupled through two sufficiently large cross-  
 87 diffusion coefficients between interweaved dynamic systems, e.g., a saturated porous medium  
 88 in the post-yield regime (Hu et al., 2020).

89 The system of equations has been generalized to describe multiphysics couplings  
 90 between multiple scales (Regenauer-Lieb et al., 2021b). In such a formulation, the cross-  
 91 diffusion coefficients are derived through volume integration of diffusion processes that  
 92 are spatially connected to interactions at the lower scale and therefore also called non-  
 93 local diffusion processes. In this sense, the diffusion of a given concentration of species  
 94 does not only depend on its position in space and its gradient, but also on the nonlocal  
 95 effect of the values of concentrations around it and the convolution of the concentration  
 96 with the probability distribution to jump from one location to another (Amdreo-Valle  
 97 et al., 2010). Such nonlocal diffusion processes have recently attracted much attention  
 98 in the mathematics community as the FKPP-equation was found to display unexpected  
 99 wave front accelerations due to the nonlocal terms, as first observed in the invasion of  
 100 cane toads in Australia (Bouin et al., 2017).

101 As an innovation in this paper, we also consider nonlocal reactions where the non-  
 102 locality arises from modeling the behavior of one phase interacting with another in its  
 103 immediate environment and vice versa, concurrently - lending itself to a dynamical sys-  
 104 tem approach that captures the multiphysics involved in a tightly coupled fashion. The  
 105 beauty of this new class of nonlocal approaches lies in the fact that it naturally allows  
 106 process coupling across spatial and temporal scales where runaway reactions can be buffered  
 107 via infinite-speed propagation of such perturbations through the nonlocal diffusion pro-  
 108 cess (Amdreo-Valle et al., 2010). In the Supporting Information we perform a linear sta-  
 109 bility analysis of the newly proposed system of equations and provide a systematic anal-  
 110 ysis of the parametric space. In the following we summarize the basic formulation and  
 111 its three fundamentally different types of instabilities and discuss possible applications  
 112 in geology and geophysics.

## 2 Korteweg-De Vries-type standing-wave limit

The dynamic equation for the momentum balance of the solid skeleton in a hydro-poromechanic nonlinear visco-plastic medium is expressed in the Perzyna overstress (Duszek-Perzyna & Perzyna, 1996) formulation (describing the viscous material behaviour post yield) as a FKPP-type reaction-diffusion equation:

$$\frac{\partial \bar{p}_s}{\partial t} = D_M \frac{\partial^2 \bar{p}_s}{\partial x^2} + R_1, \quad (1)$$

where in the above 1-D formulation  $\bar{p}_s$  denotes the Perzyna overpressure for the solid skeleton and  $R_1$  a nonlinear reactive source pressure term.

Under the standing-wave assumption, this travelling-wave equation becomes a static mechanical viscous overpressure reaction-diffusion equation:

$$D_M \frac{\partial^2 \bar{p}_s}{\partial x^2} + R_1 = 0. \quad (2)$$

The coupled dynamic fluid pressure system can be described by a similar wave equation:

$$\frac{\partial p_f}{\partial t} = D_H \frac{\partial^2 p_f}{\partial x^2} + R_2, \quad (3)$$

which for the static case with a zero source term  $R_2$  becomes the Darcy equation:

$$D_H \frac{\partial^2 p_f}{\partial x^2} = 0. \quad (4)$$

We introduce a dimensionless form

$$\tilde{p}_s = \frac{\bar{p}_s}{p'_{ref}}, \quad \tilde{x} = \frac{x}{l_0}, \quad \lambda = \frac{D_M}{D_H}, \quad (5)$$

where  $p'_{ref}$  and  $l_0$  are reference pressure and reference length, respectively. Assuming a power-law reactive pressure source term with a power-law exponent  $m$ , the coupled system of equations (2) and (4) becomes a Korteweg-De Vries-type standing wave equation:

$$\frac{\partial^2 \tilde{p}_s}{\partial \tilde{x}^2} - \lambda \tilde{p}_s^m = 0. \quad (6)$$

Analytical solutions for the practical application to compaction bands with  $m = 3$  have been suggested (Regenauer-Lieb et al., 2013; Veveakis & Regenauer-Lieb, 2015), which feature, for a critical ratio of solid/fluid self-diffusivities  $\lambda > 12.7$ , periodic standing waves with infinite-amplitude singularities of the non-dimensional overpressure.

## 3 Cross-diffusion equations in geomaterials

The system of equations can be regularized by extending equations (1) and (3) through nonlocal cross-coupling diffusivities between the two dynamic systems considering the unique structure of porous media (Hu et al., 2020). Such cross-couplings are well known in chemistry as cross-diffusion (Vanag & Epstein, 2009) between chemically reactive constituents. In our case, cross-diffusion arises as interfacial characteristics (Hu et al., 2020) and regularizes the feedbacks between the dynamic evolution of the fluid and solid pressure. The equations for a fully saturated porous medium post yield can be expressed as:

$$\frac{\partial \bar{p}_s}{\partial t} = D_M \frac{\partial^2 \bar{p}_s}{\partial x^2} + d_H \frac{\partial^2 p_f}{\partial x^2} + R_1, \quad (7)$$

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$$\frac{\partial p_f}{\partial t} = d_M \frac{\partial^2 \bar{p}_s}{\partial x^2} + D_H \frac{\partial^2 p_f}{\partial x^2} + R_2, \quad (8)$$

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where  $R_1$  and  $R_2$  are the reaction terms in the governing equations for solid and fluid pressure, respectively. For completeness, we extend the formulation of the crossover diffusion problem proposed earlier (Hu et al., 2020) by nonlocal reaction terms. This allows us to explore a more general solution space.

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For expanding the reaction term  $R_2$  in Eq.(8), we need to consider the feedback between solid and fluid pressure reactions. The reaction term  $R_2$  incorporates cross-scale coupling to gradients of the pressure in the solid matrix  $p_s$  in the surrounding pore space, which exerts a “nonlocal” effect on the fluid pressure  $p_f$  inside the pore. For the local source term, we assume a simple linear process for the fluid phase, which can be water production/depletion due to dehydration/rehydration of minerals. Thus, to take into account the above two factors, we assume that the reaction term  $R_2$  follows a linear function of the fluid pressure and solid overstress, i.e.  $R_2 = a_{21}\bar{p}_s + a_{22}p_f$ , where  $a_{21}$  and  $a_{22}$  are the corresponding coefficients.

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Likewise, the reaction term  $R_1$  in Eq.(7) is translated into a nonlocal reaction formulation as we expand the power-law assumption in (Veveakis & Regenauer-Lieb, 2015) by higher order terms of  $\bar{p}_s$  to describe the viscoplastic behaviour of the solid skeleton. The feedback to the fluid pressure  $p_f$  is, however, assumed to be linear, for simplicity. The generalized reaction term in Eq.(7) is now written in a non-linear form of  $R_1 = a_{11}\bar{p}_s + a_{12}p_f + a_{13}\bar{p}_s^2 + a_{14}\bar{p}_s^3$ . Note that all the coefficients in the reaction terms would also evolve according to the in-situ chemo-hydro-mechanical conditions, but here we just give the generalized form and regard them as constants to facilitate the analysis.

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By introducing the dimensionless parameters  $\tilde{t} = \dot{\epsilon}_0 t$ ,  $\tilde{p}_f = \bar{p}_f/p'_{ref}$ , where  $\dot{\epsilon}_0$  denotes the reference strain rate, together with the previously defined  $\tilde{p}_s = \frac{\bar{p}_s}{p'_{ref}}$ ,  $\tilde{x} = \frac{x}{l_0}$ , we arrive at the normalized cross-diffusion equations with normalized reaction terms  $\tilde{R}_1$  and  $\tilde{R}_2$  expressed as

$$\frac{\partial \tilde{p}_s}{\partial \tilde{t}} = \tilde{D}_M \frac{\partial^2 \tilde{p}_s}{\partial \tilde{x}^2} + \tilde{d}_H \frac{\partial^2 \tilde{p}_f}{\partial \tilde{x}^2} + \tilde{a}_{11}\tilde{p}_s + \tilde{a}_{12}\tilde{p}_f + \tilde{a}_{13}\tilde{p}_s^2 + \tilde{a}_{14}\tilde{p}_s^3, \quad (9)$$

$$\frac{\partial \tilde{p}_f}{\partial \tilde{t}} = \tilde{d}_M \frac{\partial^2 \tilde{p}_s}{\partial \tilde{x}^2} + \tilde{D}_H \frac{\partial^2 \tilde{p}_f}{\partial \tilde{x}^2} + \tilde{a}_{21}\tilde{p}_s + \tilde{a}_{22}\tilde{p}_f, \quad (10)$$

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where  $\tilde{D}_M = \frac{D_M}{l_0^2 \dot{\epsilon}_0}$ ,  $\tilde{d}_H = \frac{d_H}{l_0^2 \dot{\epsilon}_0}$ ,  $\tilde{a}_{11} = \frac{a_{11}}{\dot{\epsilon}_0}$ ,  $\tilde{a}_{12} = \frac{a_{12}}{\dot{\epsilon}_0}$ ,  $\tilde{a}_{13} = \frac{a_{13} p'_{ref}}{\dot{\epsilon}_0}$ ,  $\tilde{a}_{14} = \frac{a_{14} p'_{ref}{}^2}{\dot{\epsilon}_0}$ ,  $\tilde{d}_M = \frac{d_M}{l_0^2 \dot{\epsilon}_0}$ ,  $\tilde{D}_H = \frac{D_H}{l_0^2 \dot{\epsilon}_0}$ ,  $\tilde{a}_{21} = \frac{a_{21}}{\dot{\epsilon}_0}$ ,  $\tilde{a}_{22} = \frac{a_{22}}{\dot{\epsilon}_0}$ .

In this paper, we describe only two coupled nonlocal reaction-diffusion processes. It is straightforward to extend the approach into a higher degree of coupling such as an interaction with a thermal nonlocal reaction diffusion equation. Without loss of generality, we also limit the higher-order expansion to the order 3 for numerical analysis to capture the essential features of the formulation. In our investigation, an order 3 was the minimum requirement to obtain the full spectrum of solutions including excitation waves. The development of a concise formulation for extension to higher degrees of coupling is never a trivial task considering the complexity associated with new spatial and temporal scales introduced into the system, and is hence out of the scope of this letter. A simplified meso-scale formalism is proposed in (Regenauer-Lieb et al., 2021b) by adding additional cross- and self-diffusion coefficients to the system of equations via the fully populated true diffusion matrix.

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### 3.1 System constraints and system behaviour

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In what follows, the behaviour of a system of a saturated porous material described by Eq.(9) and Eq.(10) for  $\tilde{p}_s : \Omega \rightarrow \mathcal{R}^1$  and  $\tilde{p}_f : \Omega \rightarrow \mathcal{R}^1$ , respectively, will be investigated. We use a classical formulation for modelling wave-propagation problems. Non-flux boundary conditions are assumed:  $\mathbf{n} \cdot \nabla \tilde{p}_s = 0$  and  $\mathbf{n} \cdot \nabla \tilde{p}_f = 0$  for  $x \in \partial\Omega$ . Here,  $\Omega \subset \mathcal{R}^n$  is a smooth bounded domain with outer unit normal  $\mathbf{n}$  and total volume  $|\Omega|$ . The initial condition is assumed as  $\tilde{p}_s(x, 0) = \tilde{p}_f(x, 0) = 0$  for  $x \in \Omega$ , for simplicity.

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In terms of the Perzyna overstress model used in this formulation, the system size is considered to correspond to the region where the overstress has been reached due to loading from the far field. The non-flux boundary conditions then correspond to the elastic-plastic boundary. In what follows, we arbitrarily choose the left boundary as the one where the system receives a perturbation from the outside which may lead to material failure within or at the boundaries of the system.

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While the addition of a cross-diffusion term allows a fast response to the coupling of the two dynamical equations, thus regulating the coupled system by the new cross-diffusivities, the equations become no longer tractable in analytical form. The coupling terms may also give rise to new instabilities, for which the linear stability analysis (see Supporting Information) provides a robust derivation. With sufficiently large perturbation applied on the left boundary of the domain, three different types of instabilities are encountered: (1) Turing instabilities, (2) Hopf-bifurcations, and (3) cross-diffusional waves. The corresponding systems are investigated numerically in the following subsections. Selections of parameters are based on the linear stability analysis presented in the Supporting Information.

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### 3.2 Turing bifurcations

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When the system undergoes Turing bifurcations, standing waves are generated, leading to space-periodic patterns. Turing bifurcations require the system to be stable when diffusion is not considered, and an unstable saddle comes into effect when the control parameters vary (see Supporting Information). In our formulation, the phase space is spanned by the two main variables  $\tilde{p}_s$  and  $\tilde{p}_f$ , and the main control variables for these are  $\tilde{a}_{11}$  and  $\tilde{a}_{22}$ , scaling the sign and magnitude of the solid and fluid pressure reactive source terms, respectively. A saddle point in the  $\tilde{p}_s - \tilde{p}_f$  phase space is defined as a critical point where the phase switches from a stable manifold to an unstable manifold. In other words: (I) a stable manifold is achieved via  $Re(s_k) < 0$ , i.e. the real part of  $s_k$  being negative, when the wavenumber  $k = 0$ ; (II) an unstable manifold exists with the variation of wavenumber  $k$ , if a real positive number (no imaginary part) exists for  $s_k$ , which corresponds to the growth rate of the perturbation. To satisfy the above requirements, a sufficient condition for the onset of Turing instabilities is summarized as follows:

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(a)  $\text{tr}_0 = \tilde{a}_{11} + \tilde{a}_{22} < 0$ , where  $\text{tr}_k$  denotes the value of  $\text{tr}_k$  for wavenumber  $k = 0$ .

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(b)  $\Delta_0 = \tilde{a}_{11}\tilde{a}_{22} - \tilde{a}_{12}\tilde{a}_{21} > 0$ , where  $\Delta_k$  denotes the value of  $\Delta_k$  for wavenumber  $k = 0$ .

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Here,  $\text{tr}_k$  and  $\Delta_k$  are coefficients in the characteristic polynomial of  $s_k$  as defined in the Supporting Information.

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(c) At the critical wavenumber  $k_c$ ,

$$k_c^2 = \frac{\tilde{a}_{11}\tilde{D}_H + \tilde{a}_{22}\tilde{D}_M - \tilde{a}_{21}\tilde{d}_H - \tilde{a}_{12}\tilde{d}_M}{2(\tilde{D}_M\tilde{D}_H - \tilde{d}_M\tilde{d}_H)},$$

$$\Delta_{k_c} = \Delta_0 - \frac{(\tilde{a}_{11}\tilde{D}_H + \tilde{a}_{22}\tilde{D}_M - \tilde{a}_{21}\tilde{d}_H - \tilde{a}_{12}\tilde{d}_M)^2}{4(\tilde{D}_M\tilde{D}_H - \tilde{d}_M\tilde{d}_H)} < 0.$$

Since the current cross-diffusion formulation is essentially a mass balance based approach, it is expected that the two self-diffusion coefficients  $\tilde{D}_M$  and  $\tilde{D}_H$  are positive and that the two cross-diffusion coefficients  $\tilde{d}_M$  and  $\tilde{d}_H$  are of opposite sign. Hence,  $(\tilde{D}_M\tilde{D}_H - \tilde{d}_M\tilde{d}_H) > 0$  is naturally satisfied, i.e.  $\Delta_k$  at the critical wavenumber corresponds to a local minimum. This criterion combines the self- and cross-diffusion coefficients and extends the original formulation for Turing instabilities in a hydromechanically coupled 1-D system (Regenauer-Lieb et al., 2013; Veveakis & Regenauer-Lieb, 2015).

It is worth noting that the characteristic Turing wavelength is an intrinsic characteristic for the reaction-diffusion equation. It is  $\lambda = 2\pi/k_c$ , which shows that the wavelength is determined by the material coefficients and the system properties comprising the diffusivities and the size of the system (plastic zone) considered (Regenauer-Lieb et al., 2013). This implies that, if the size of the plastic zone is known, the diffusive material properties can directly be derived from the observation of the localisation pattern, e.g., the spacing of fractures or deformation bands (Elphick et al., 2021; Hu et al., 2020), since the diffusion properties also control the spacing of the pattern.

To illustrate the Turing bifurcation solution, we plot numerical results obtained with the Finite Difference Method (FDM) in Fig. (1a) and Fig. (1b). The Turing-style instabilities lead to an equally spaced segmentation of the plastic zone with a distinct striped pattern of localisation (Fig. 1b). Upon continued deformation, the system size and the diffusivities change because inelastic strain localisation modifies the material properties, strain, and the local state of stress. For example in the case of compaction of the plastic zone, the entire zone shrinks continuously, accommodated by discrete Turing-patterned compaction bands. Compaction also changes the diffusivities because permeability is commonly reduced due to inelastic porosity loss through, e.g., grain crushing in the bands (Elphick et al., 2021). Finally, low-porosity compaction bands are also expected to cause local elastic stress amplification, facilitating further strain localisation (Elphick et al., 2021). These effects are not considered in our current calculation. However, for cases where only small deformations are encountered, we expect preservation of Turing-style deformation since the Turing standing wave is essentially a stationary solution.

### 3.3 Hopf bifurcations

When the system undergoes Hopf bifurcations, travelling waves are generated, and temporally periodic (oscillation) patterns can be found (see Fig. 2). The Hopf bifurcation changes a stable focus ( $\text{Re}(s_k) < 0$ ) into an unstable one ( $\text{Re}(s_k) > 0$ ) with the change of control parameters. This requires the existence of certain complex number  $s_k$  with the real part (i.e.,  $\frac{1}{2}\text{tr}_k$ ) no less than zero when the wavenumber  $k$  varies. Given that the maximum value of  $\text{tr}_k$  is always obtained when  $k = 0$ , the above requirement for Hopf instability can be translated to  $\text{tr}_0 = \tilde{a}_{11} + \tilde{a}_{22} \geq 0$ ,  $\text{tr}_0^2 - 4\Delta_0 = (\tilde{a}_{11} + \tilde{a}_{22})^2 - 4(\tilde{a}_{11}\tilde{a}_{22} - \tilde{a}_{12}\tilde{a}_{21}) < 0$ .

The characteristics of Hopf bifurcations are illustrated with numerical solutions obtained with FDM in Fig. (1c) and Fig. (1d). The periodic solutions are similar to Turing bifurcations, replacing a singular frequency spectrum with an exponentially decaying frequency spectrum (Fig. 1c). The oscillation frequency  $f$  of the Hopf bifurcation is an intrinsic material property of the reaction-diffusion equation and is defined by  $f = 1/T = \sqrt{\tilde{a}_{11}\tilde{a}_{22} - \tilde{a}_{12}\tilde{a}_{21}}/2\pi$ . Inversion of material properties from temporal observation thus appears to be possible.

In our example calculation shown in Fig. (1c) and Fig. (1d), the frequency spectrum has distinct gaps between the longest waves and the shortest wavelength at the zero-flux (reflecting) opposite boundary of the plastic zone. As the waves are dissipative, they act like damage waves that continuously change the mechanical properties of the medium

278 they traverse. An important observation is that the travelling Hopf wave does not re-  
 279 flect from the system boundary but dumps its energy into the boundary.

### 280 3.4 Cross-diffusion waves for the excitable system

281 With the variation of parameters in reaction terms  $\tilde{R}_1$  and  $\tilde{R}_2$ , we encounter a slow  
 282 reaction case where the coefficients in  $\tilde{R}_2$  are much smaller than those in  $\tilde{R}_1$ . In this case,  
 283 the whole system would become excitable, and soliton-like behaviours can be observed.  
 284 This situation differs significantly from the above solutions. Upon initiation, the wave  
 285 does not contain information of the system size but constitutes a pure material insta-  
 286 bility, carrying only information on the material defining the cross-diffusion matrix (Tsyganov  
 287 et al., 2007). Upon reflection on the opposite boundaries of the plastic zone, the wave  
 288 can, however, 'sense' the system size and alter its behaviour accordingly. A special char-  
 289 acteristic of a quasi-soliton is that it does not depend on initial conditions but its prop-  
 290 agation velocity is a material constant which does not alter after reflection (Tsyganov  
 291 et al., 2007).

292 Fig. (1e) and Fig. (1f) illustrate the behaviour of quasi-soliton travelling waves in  
 293 an excitable system prior to collision or reflection on boundaries with numerical simu-  
 294 lations. Our results show that the frequency content changes after interaction with bound-  
 295 aries. Fig. (1e) shows the frequency spectrum after first collision with the boundary where  
 296 the wave picks up its first information of the system size. Prior to collision with the right  
 297 boundary, the wave is unaffected by the system size, which is an important difference  
 298 to the Turing- and Hopf-style instability. The speed of the dominant wave group of the  
 299 quasisoliton is a material property and independent of initial conditions (Tsyganov et  
 300 al., 2007). An important aspect is the maximum amplitude at zero frequency, or 'infi-  
 301 nite' wavelength, which suggests that relativistic considerations may need to be intro-  
 302 duced for high wave speeds which are not expected to be encountered in geological ap-  
 303 plications. In our case the speed of the wave is limited by the Hadamard jump condi-  
 304 tion (Regenauer-Lieb et al., 2021b). We show in Fig (1e) a frequency plot after inter-  
 305 action with the opposite boundary which moves the zero frequency maximum to a low  
 306 frequency maximum.

307 The frequency spectrum and the behaviour of these waves are complex. Our nu-  
 308 merical results show that the cross-diffusion waves can behave like solitons, i.e., they can  
 309 penetrate through each other or reflect from boundaries. However, there are a number  
 310 of significant differences (Tsyganov & Biktashev, 2014): (1) their amplitude and speed  
 311 depend entirely on material parameters whereas those of true solitons depend on initial  
 312 conditions, (2) true solitons do not change after interpenetration or reflection from bound-  
 313 aries while quasi-soliton waves change frequency spectrum and amplitudes after inter-  
 314 action, and (3) their peculiar behaviour upon collision/reflection classifies them as quasi-  
 315 solitons encountered in particle physics as they behave like unstable particles (Lioubashevski  
 316 et al., 1996) and in the extreme case can lead to catastrophic instabilities (Eberhard et  
 317 al., 2017) sampling wave energy over multiple length scales to release it as a damaging  
 318 rogue wave.

## 319 4 Discussion

320 Turing and Hopf-bifurcations are well-known in geological applications particularly  
 321 as interpretations of patterns in deformed metamorphic rocks (Hobbs et al., 2011; Hobbs  
 322 & Ord, 2015; L'Heureux, 2013, 2018). Turing patterns as dissipative structures of reaction-  
 323 diffusion systems have been claimed to underpin the common principles for the univer-  
 324 sality of certain basic forms encountered in nature such as hexagons, stripes, fractal shapes  
 325 and spirals (Ball, 2012). Accordingly, Hopf- and Turing bifurcations are postulated to  
 326 be encountered in many guises in material- and geoscience applications. Propagating zones  
 327 of localised deformation have been encountered in metals, polymers and rocks. In the

328 latter application they are known as 'deformation bands' (Aydin & Johnson, 1978). The  
 329 similarity of wave-like deformation bands in material science and multiscale patterns in  
 330 fault damage zones has been highlighted (Makarov & Peryshkin, 2017). It is therefore  
 331 an attractive proposition to quantify fundamental pattern forming processes in terms  
 332 of dynamic coefficients of simple reaction-diffusion equations and establish a material database  
 333 of these coefficients for detection and prediction of material and chemical instabilities  
 334 that cause emergence of these patterns.

335 There exists, however, to date no commonly accepted technique to derive the necessary  
 336 dynamic coefficients as material parameters that control dynamic and static evolution  
 337 of these patterns. While Hopf- and Turing patterns appear to be frequently encountered  
 338 in nature the simple reaction-diffusion equation may just not explain the rich  
 339 solution space. Some elementary ingredient may be missing. We have pointed out that  
 340 known analytical and numerical solutions to the reaction-diffusion equations often do not  
 341 converge to physical meaningful solutions as they generally lack an internal length scale  
 342 that controls the width of pattern forming processes. A good illustration for this is the  
 343 analytical solution of a simple reaction-diffusion equation (equation 6) with a power law  
 344 reaction term which has been used for the interpretation of Turing-style instabilities in  
 345 compacted rocks (Regenauer-Lieb et al., 2013; Veveakis & Regenauer-Lieb, 2015). The  
 346 solution predicts an infinite wave amplitude on the wave crest singularities. We have there-  
 347 fore proposed that the missing ingredient is indeed the cross-diffusion term which con-  
 348 trols the width of instabilities and reduces runaway reactions on wave crests to finite am-  
 349 plitude instabilities (Hu et al., 2020; Regenauer-Lieb et al., 2021a).

350 Our approach provides a simple and concise mathematical formula to capture the  
 351 above-described natural phenomena in geology and geophysics. It has been proposed as  
 352 a system of equations with the lowest degrees of freedom to describe the many intriguing  
 353 features of reaction-diffusion systems. This approach offers a reaction-diffusion-based  
 354 process interpretation of patterns observed in nature. The new equations encapsulate  
 355 an internal material length scale providing a generic regularisation of boundless ampli-  
 356 tudes of instabilities for all reaction-diffusion cases considered. This avoids the design  
 357 of specialised solutions with carefully chosen added reaction or self-diffusion terms as dis-  
 358 cussed in the introduction. However, they are not merely mathematically convenient for  
 359 stabilising numerical modelling and interpretation of patterns in nature but they open  
 360 a new avenue for forecasting instabilities as they propose a new class of waves which pro-  
 361 vide a testable prediction for the validity of the approach. Moreover, these quasi-soliton  
 362 (cross-diffusion) waves are expected to precede and lead to the formation of Hopf- and  
 363 Turing instabilities as shown in the parametric study provided in the Supporting Infor-  
 364 mation. We propose that they constitute the missing physics for the emergence of these  
 365 instabilities. The new class of waves only occur in excitable systems when sufficiently  
 366 large fluxes of cross diffusion are encountered (Tsyganov et al., 2007).

367 The relationship between the three types of instabilities is argued to be of evolu-  
 368 tionary type. A material point should change properties after the propagation of a cross-  
 369 diffusion wave, and the geological structures formed by either Hopf- or Turing style in-  
 370 stabilities are generating internal material interfaces. Therefore, while we predict (see  
 371 the parametric space in the Supporting Information) strictly defined interfaces between  
 372 the three types of instabilities, in reality evolutionary crossovers between the instabil-  
 373 ity regimes are expected from cross-diffusion waves to Hopf- or Turing instabilities be-  
 374 cause the material properties evolve dissipatively. Obviously, natural phenomena are re-  
 375 stricted in the parameter range, and it is possible that only specific classes of instabil-  
 376 ities can be observed due to the material properties and boundary conditions of the en-  
 377 countered scenario *per se*.

378 While the postulate of the existence of cross-diffusion waves in geoscience appli-  
 379 cations is relatively new (Hu et al., 2020) they are well documented in analogous reaction-  
 380 cross-diffusion systems encountered in mathematical biology (Biktashev & Tsyganov, 2016)

381 hydrodynamics (Schimpf & Semenov, 2004) and photonics (Paschotta, 2008). In our study  
 382 they constitute the most elementary solution for low reaction rates (please refer to the  
 383 parametric study in the Supporting Information). The low rates unfortunately also im-  
 384 ply low amplitudes and low speeds of propagation. This poses challenges to how they  
 385 can be detected by geological applications - are they possibly detectable with the exist-  
 386 ing methods, e.g. high sensitive pressure sensors such as pressure sensitive paints, dis-  
 387 tributed fibre-optics sensors, digital image correlation of particle image velocimetry, fi-  
 388 bre Bragg gratings for temperature, strain gauges or acoustic emission sensors. In par-  
 389 allel, the premise of proposing a plausible detection system for cross-diffusion waves lies  
 390 in a sound understanding of how cross-diffusion waves can manifest themselves in hy-  
 391 dromechanically coupled problems and what we can expect in terms of detectable am-  
 392 plitude, spectral content and wave velocity.

393 In our formulation quasi-soliton (cross-diffusion) waves are a coupled set of solid  
 394 and fluid pressure waves that are expected to propagate as an ensemble of self-excitation  
 395 waves prior to the failure of the material. We noted earlier that they exhibit complicated  
 396 wave patterns which may be difficult to distinguish from noise, partially also due to their  
 397 low amplitude. In our particular formulation an instantaneous overpressure in the solid  
 398 matrix generates an excess fluid pressure in the pore space which in turn promotes self-  
 399 excitation of the following solid overpressure pulse triggering the next cycle. While a di-  
 400 rect detection of both solid and fluid pressure waves is challenging in the field owing to  
 401 the complex system constraints as well as the low amplitude and the complicated wave  
 402 packet solutions, we found encouraging laboratory evidence on the integrated effect in  
 403 recent literature. Macroscopically, the waves discussed here are dissipative P- waves which  
 404 are expected to appear as propagating compaction bands. Observation of propagating  
 405 compaction bands in porous media has been recorded in controlled laboratory experi-  
 406 ments of crushed snow (Barraclough et al., 2017) and compression of puffed rice (Guillard  
 407 et al., 2015). Controlled laboratory compression experiments of natural limestones have  
 408 also been performed in our laboratory but convincing experimental proof is still outstand-  
 409 ing, perhaps due to the fact that propagating cross-diffusional waves are close to the de-  
 410 tection limit of the particle image velocimetry (PIV) apparatus.

411 The problem of detection of low amplitudes of cross-diffusion waves may, however,  
 412 be overcome when pushing to an extreme scenario, i.e. setting the self-diffusion coeffi-  
 413 cients to zero and only considering the coupled reaction-cross-diffusion equations. For  
 414 instance, the fluid and solid pressure cross-diffusion coefficients are assumed to be of op-  
 415 posite sign and set to unity for simplicity. For these coefficients and a specific set of re-  
 416 action terms as illustrated in Regenauer-Lieb et al. (2021a) our formulation simplifies  
 417 to the 1-D nonlinear Schrödinger equation. This equation has a fundamental soliton so-  
 418 lution which in its lowest mode is known as the Peregrine soliton (Peregrine, 1983). The  
 419 Peregrine soliton features a peculiar space-time focusing of wave energy such that dur-  
 420 ing its peak the soliton amplifies to nearly an order of magnitude higher intensity (see  
 421 Fig. 3).

422 A particular exciting avenue of testing the cross-diffusion wave hypothesis in ge-  
 423 ology and geophysics applications is therefore offered by trying to tackle the long-standing  
 424 problem of extending empirical laboratory-based constitutive laws (e.g. rate-and-state  
 425 variable friction) by insights from fundamental physics-based processes. Dynamic coef-  
 426 ficients for the modeling of earthquake source instabilities (Tse & Rice, 1986) could e.g.  
 427 be derived from a reaction-cross-diffusion formulation. This could be progressed both  
 428 by controlled laboratory experiments and seismological analysis such as the interpreta-  
 429 tion of slow self-focusing Peregrine soliton-like signals prior to an earthquake. The infra-  
 430 to sonic frequency gravity-seismic soliton wave (KaY-wave) that has been recorded to  
 431 move toward the epicenter of a future earthquake (Koronovsky et al., 2019) may be a  
 432 suitable candidate for analysis. For this investigation it is necessary to consider the com-  
 433 plete elasto-dynamic variant (Regenauer-Lieb et al., 2021b) of the equations proposed

434 here. We have been able to show only that the newly discovered quasi-soliton (cross-diffusion)  
 435 waves can under certain circumstances deliver a high intensity fluid pressure pulse which  
 436 may be considered the physical trigger for earthquake instabilities, which suggests that  
 437 exploring the elastodynamic variant should be a theme of future work.

## 438 5 Conclusions

439 In this contribution, we derived a multiphysics and multiscale approach to local-  
 440 isation phenomena in geomaterials by considering explicitly the feedbacks between mul-  
 441 tiple reaction-diffusion dynamic regimes regularized by considering nonlocal effect of cross-  
 442 diffusional coupling. This analysis has enriched the classes of stress waves in solids (Kolsky,  
 443 1964) by three well defined domains of instability: (1) a narrow domain of Turing insta-  
 444 bilities, (2) a broader Hopf domain instability and (3) a new domain of cross-diffusion  
 445 waves. Both Turing and Hopf instabilities are here proposed to cause geological local-  
 446 isation structures of either brittle or ductile nature. We identified diagnostic signatures  
 447 of these waves, which may be used to test their existence in nature. Turing instabilities  
 448 have a characteristic wavelength  $\lambda = 2\pi/k_c$ , Hopf-waves show a characteristic frequency  
 449  $f = 1/T = \sqrt{\tilde{a}_{11}\tilde{a}_{22} - \tilde{a}_{12}\tilde{a}_{21}}/2\pi$ , and cross-diffusional quasisolitons have a charac-  
 450 teristic FKPP wave velocity which is a material constant (Tsyganov et al., 2007).

451 In this work, we substantiated the hypothesis that slow waves propagating as dis-  
 452 sipative stress/strain perturbations are a common feature in solids as a result of hier-  
 453 archically organised multiscale system dynamics (Makarov & Peryshkin, 2017). Seismo-  
 454 genic instabilities themselves are required to couple across the entire range of length scales,  
 455 from crystal-lattice (chemical) to plate-tectonic scale. This long range multiscale cou-  
 456 pling has been proposed (Regenauer-Lieb et al., 2021b) to be facilitated by cross-diffusion  
 457 waves because of their multiscale frequency spectrum. Future work invites the develop-  
 458 ment of new diagnostic geological and geophysical tools to detect these new types of slow  
 459 stress waves in solids.

### 460 Supplementary material list:

461 (1) a linear stability analysis, (2) parametric space analysis, and supplementary movies.

462 Movie S1 = Turing Instability;

463 Movie S2 = Hopf Bifurcation;

464 Movie S3 = Quasi-Soliton.

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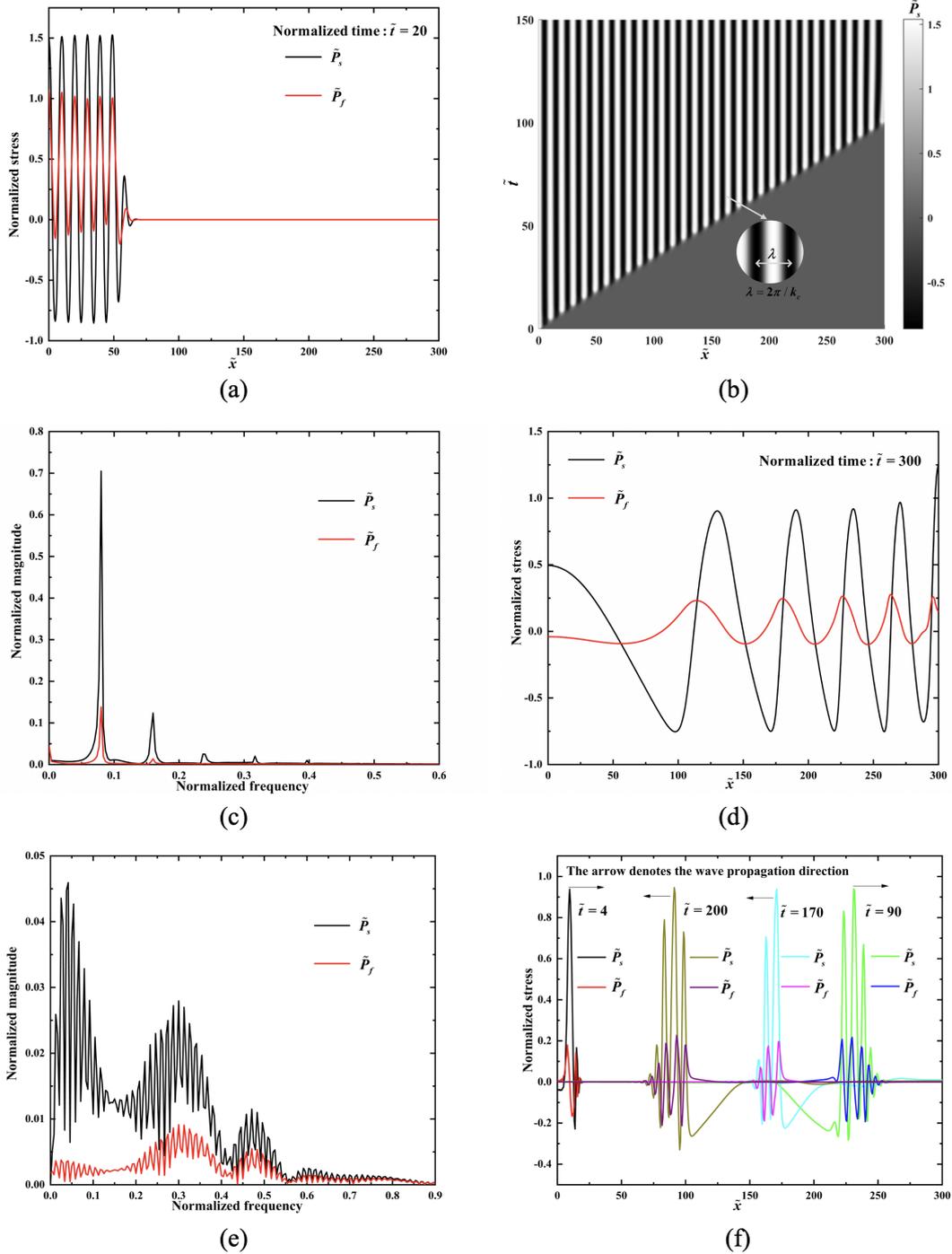
468 **Data Availability Statement:** The Finite Difference Method and simulation data can  
 469 be downloaded from Mendeley Data, <http://dx.doi.org/10.17632/9mkcsbk78x.1>.

## 470 References

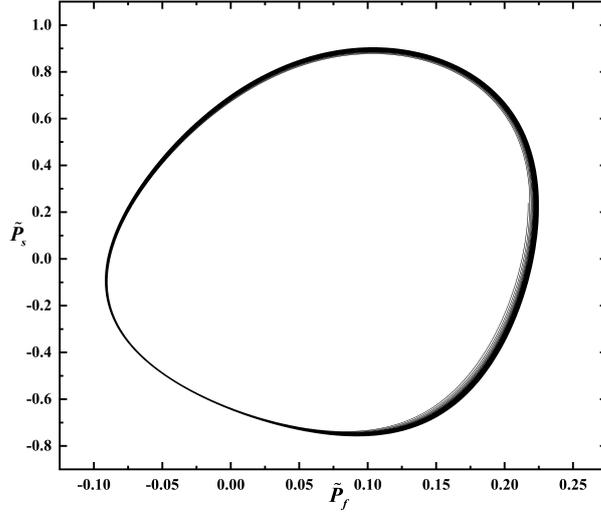
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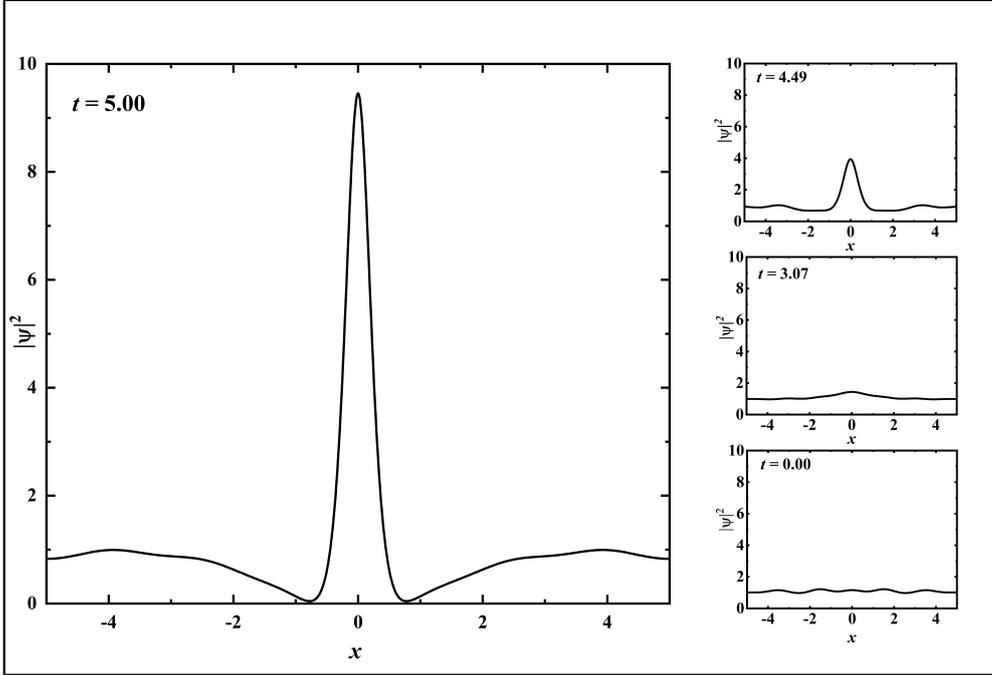
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**Figure 1.** Three types of instabilities. Type-I bifurcation (Turing instability): a) propagating standing wave before reaching the boundary; b) final standing-wave pattern. The dimensionless group of parameters used:  $\tilde{a}_{11} = 1.5, \tilde{a}_{12} = -1.3, \tilde{a}_{13} = 1, \tilde{a}_{14} = -1, \tilde{a}_{21} = 2, \tilde{a}_{22} = -1.6, \tilde{D}_M = 1, \tilde{D}_H = 3, \tilde{d}_M = 2, \tilde{d}_H = -1.5$ . Type-II (Hopf) bifurcation: c) Hopf waves in frequency domain; d) travelling Hopf waves in space domain. The dimensionless group of parameters used:  $\tilde{a}_{11} = 0.3, \tilde{a}_{12} = -3, \tilde{a}_{13} = 0.5, \tilde{a}_{14} = -0.5, \tilde{a}_{21} = 0.1, \tilde{a}_{22} = -0.1, \tilde{D}_M = 0.1, \tilde{D}_H = 0.1, \tilde{d}_M = -1, \tilde{d}_H = 1$ . Type-III bifurcation (Quasi-soliton wave): e) Quasi-soliton waves in frequency domain; f) travelling Quasi-soliton waves before and after reflection in space domain. The dimensionless group of parameters used:  $\tilde{a}_{11} = -0.05, \tilde{a}_{12} = -3, \tilde{a}_{13} = 1, \tilde{a}_{14} = -1, \tilde{a}_{21} = 0.01, \tilde{a}_{22} = 0, \tilde{D}_M = 0.01, \tilde{D}_H = 0.01, \tilde{d}_M = -1, \tilde{d}_H = 1$ .



**Figure 2.** Phase diagram of Hopf bifurcation upon reaching stable orbits (clockwise oscillation).



**Figure 3.** The Peregrine soliton compresses wave energy from the environment into a singular rogue wave event. Note that just before the emergence of the soliton at  $x=0$  and  $t=3.07$  (middle right panel) the background oscillations are smoothed.

# Supporting Information for “Reaction-diffusion waves in hydro-mechanically coupled porous solids as a precursor to instabilities”

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## Contents of this file

1. Text “Linear stability analysis”
2. Text “Parametric space and its possible application”

## Additional Supporting Information (Files uploaded separately)

1. Movie S1
2. Movie S2
3. Movie S3

### 1. Linear stability analysis

The proposed system of reaction-cross-diffusion equations (equation 9 and 10 in the main text) describing the porous material behavior post yield are high-order nonlinear partial differential equations, for which no analytical solutions can be obtained. To conduct the linear stability analysis, we first consider a set of solutions described by a small perturbation (denoted with \*) around the steady state  $(\tilde{p}_{s0}, \tilde{p}_{f0})=(0, 0)$ :

$$\tilde{p}_s(\tilde{x}, \tilde{t}) = \tilde{p}_{s0}(\tilde{x}, \tilde{t}) + \tilde{p}_s^*(\tilde{x}, \tilde{t}), \quad (1)$$

$$\tilde{p}_f(\tilde{x}, \tilde{t}) = \tilde{p}_{f0}(\tilde{x}, \tilde{t}) + \tilde{p}_f^*(\tilde{x}, \tilde{t}), \quad (2)$$

The perturbation satisfies the following linearized version of the cross-diffusion equations given by:

$$\frac{\partial \tilde{p}_s^*}{\partial \tilde{t}} = \tilde{D}_M \frac{\partial^2 \tilde{p}_s^*}{\partial \tilde{x}^2} + \tilde{d}_H \frac{\partial^2 \tilde{p}_s^*}{\partial \tilde{x}^2} + \tilde{a}_{11} \tilde{p}_s^* + \tilde{a}_{12} \tilde{p}_f^* \quad (3)$$

$$\frac{\partial \tilde{p}_f^*}{\partial \tilde{t}} = \tilde{d}_M \frac{\partial^2 \tilde{p}_s^*}{\partial \tilde{x}^2} + \tilde{D}_H \frac{\partial^2 \tilde{p}_s^*}{\partial \tilde{x}^2} + \tilde{a}_{21} \tilde{p}_s^* + \tilde{a}_{22} \tilde{p}_f^* \quad (4)$$

where  $\tilde{a}_{11} = \left. \frac{\partial \tilde{R}_1}{\partial \tilde{p}_s} \right|_{\tilde{p}_s=\tilde{p}_{s0}}$ ,  $\tilde{a}_{12} = \left. \frac{\partial \tilde{R}_1}{\partial \tilde{p}_f} \right|_{\tilde{p}_f=\tilde{p}_{f0}}$ ,  $\tilde{a}_{21} = \left. \frac{\partial \tilde{R}_2}{\partial \tilde{p}_s} \right|_{\tilde{p}_s=\tilde{p}_{s0}}$ ,  $\tilde{a}_{22} = \left. \frac{\partial \tilde{R}_2}{\partial \tilde{p}_f} \right|_{\tilde{p}_f=\tilde{p}_{f0}}$  are the first order derivatives of the normalized reaction terms.

By applying a space Fourier transform to the above equations, the perturbation can be expressed as:

$$\tilde{p}_s^*(\tilde{x}, \tilde{t}) = \tilde{p}_s^* \exp(ik\tilde{x} + s_k\tilde{t}) \quad (5)$$

$$\tilde{p}_f^*(\tilde{x}, \tilde{t}) = \tilde{p}_f^* \exp(ik\tilde{x} + s_k\tilde{t}) \quad (6)$$

where  $k$  denotes the wavenumber in space while  $s_k$  is the growth rate of the perturbation. By substituting Eq. (5) and Eq. (6) into Eq. (3) and Eq. (4), the applied perturbation translates into:

$$\begin{bmatrix} s_k + k^2 \tilde{D}_M - \tilde{a}_{11} & k^2 \tilde{d}_H - \tilde{a}_{12} \\ k^2 \tilde{d}_M - \tilde{a}_{21} & s_k + k^2 \tilde{D}_H - \tilde{a}_{22} \end{bmatrix} \begin{bmatrix} \tilde{p}_s^* \\ \tilde{p}_f^* \end{bmatrix} = \begin{bmatrix} 0 \\ 0 \end{bmatrix} \quad (7)$$

which leads to the following condition:

$$\det \begin{bmatrix} s_k + k^2 \tilde{D}_M - \tilde{a}_{11} & k^2 \tilde{d}_H - \tilde{a}_{12} \\ k^2 \tilde{d}_M - \tilde{a}_{21} & s_k + k^2 \tilde{D}_H - \tilde{a}_{22} \end{bmatrix} = 0 \quad (8)$$

From Eq. (8), we derive a characteristic equation of  $s_k$ :

$$s_k^2 - \text{tr}_k s_k + \Delta_k = 0 \quad (9)$$

where  $\text{tr}_k = (\tilde{a}_{11} + \tilde{a}_{22}) - k^2(\tilde{D}_M + \tilde{D}_H)$  and  $\Delta_k = \tilde{a}_{11}\tilde{a}_{22} - \tilde{a}_{12}\tilde{a}_{21} + k^4(\tilde{D}_M\tilde{D}_H - \tilde{d}_M\tilde{d}_H) - k^2(\tilde{a}_{11}\tilde{D}_H + \tilde{a}_{22}\tilde{D}_M - \tilde{a}_{21}\tilde{d}_H - \tilde{a}_{12}\tilde{d}_M)$ . Thus, the solution of Eq. (8) is expressed as

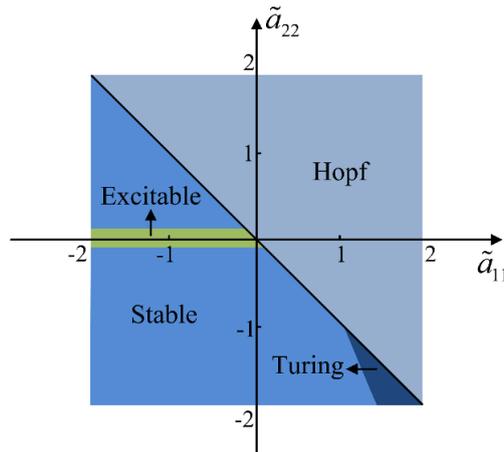
$$s_k = \frac{\text{tr}_k \pm \sqrt{\text{tr}_k^2 - 4\Delta_k}}{2} \quad (10)$$

Based on material stability theory, the system becomes unstable in the Lyapunov sense if there exists  $\text{Re}(s_k) > 0$  since the perturbation would increase with time in this case. Moreover, if  $s_{k_c}$  is a real number upon the occurrence of an instability (i.e.  $s_{k_c} \geq 0$  for the critical wavenumber  $k_c$ ), the system undergoes a saddle-node bifurcation or the so-called Turing bifurcation, along with the previous stable nodes in the phase space changing to the unstable saddle. However, if  $s_{k_c}$  is a pure complex number upon the occurrence of instability, the system undergoes a Hopf bifurcation as the previous stable focus in the phase space changes to an unstable one. Based on the above derivation, we present in the main manuscript a detailed discussion of these typical types of instabilities as well as a newly discovered quasisoliton wave type in relation to reaction-diffusion waves in the context of poromechanics.

## 2. Parametric space and its possible application

To discuss the geoscientific implications of our newly proposed nonlocal reaction-diffusion equation, we map the three fundamental classes of instabilities - Turing-, Hopf-, and cross-diffusion waves - in the parametric space  $\tilde{a}_{11} - \tilde{a}_{22}$  (Fig. S1). The control parameters  $\tilde{a}_{11}$  and  $\tilde{a}_{22}$  represent the first-order coefficients of the solid and fluid pressure reaction rates  $\tilde{R}_1$  and  $\tilde{R}_2$ . Although we need an order 3 expansion for the mechanical reaction term to obtain cross-diffusion waves, these first-order terms fully control the onset of cross-diffusion wave instabilities. We find that the appearance of the cross-diffusion wave corresponds to a narrow domain (highlighted polygon in Fig. S1) where  $\tilde{a}_{11}$  is negative and the magnitude of the coefficient for fluid pressure rate  $\tilde{a}_{22}$  is small. Interestingly, cross-diffusion waves are even possible for very small negative  $\tilde{a}_{11}$ , corresponding to very small values of solid overstress rate (low tectonic loads).

The fact that in our stability analysis cross-diffusion waves are expected for such low values in mechanical reaction rates  $\tilde{R}_1$  coupled with low reaction rate  $\tilde{R}_2$  (slow production of fluid pressure source from chemical reactions) implies that such cross-diffusion waves are common features. An example for such low fluid pressure source terms is the dissolution-precipitation reaction during diagenesis or metamorphic breakdown which occurs on long time scales. These reactions are therefore expected to trigger slow cross-diffusion waves which may be interpreted geologically as the first step in a long road to failure.



**Figure S1.** Parametric  $\tilde{a}_{11}$  versus  $\tilde{a}_{22}$  space of three fundamental instabilities: Turing-, Hopf-, and cross-diffusion waves

The modification of an originally homogeneous material into a structured one may, under continued geodynamic loading, lead to further amplification of the applied stress, resulting in the activation of high-stress micro-deformation processes such as crystal-plastic dislocation creep. Zaiser and Hähner (1997) describe a range of processes in this dislocation regime which can lead to an oscillatory response. These oscillatory phenomena en-

countered in metals and alkali halides have been identified as an excitable wave phenomenon (Zuev & Barannikova, 2010) based on the particle-like discrete foundation of their slip systems.

Similar to the self-cross-diffusion waves, the Turing instability occupies only a narrow domain of parameters while the Hopf instability covers the largest section of the mapped space (Fig. S1). One would therefore expect Hopf bifurcations to be most common in nature because they cover the largest parameter space. Hopf waves occur for either a positive  $\tilde{a}_{11}$  or a sufficiently large  $\tilde{a}_{22}$  in the case of a negative  $\tilde{a}_{11}$ . Hopf and Turing bifurcations have been applied to explain the rhythmic layering observed in many geological/chemical systems as found in experiments where oscillatory reactions occur in solid solutions grown from aqueous solutions (L'Heureux, 2013).

Hopf- and Turing-style instabilities in geomaterials have first been described by Dewers and Ortoleva (1990). The authors formulate a mathematical model for interaction between chemical and mechanical thermodynamic forces and fluxes that appear in randomly varying mixtures of mechanically strong and weak reacting minerals in the presence of an applied stress field. Stress concentrations in the stronger phase were described to increase the chemical potential and lead to transport down chemical potential gradients into regions initially depleted in the strong phase. This positive feedback between chemical and mechanical thermodynamic forces leads to chemo-mechanical oscillations where textural variations become amplified. In their introduction, Dewers and Ortoleva (1990) describe many observations of metamorphic patterns, resulting from a change in the structure of an initially random material into a strongly layered medium.

In our analysis, we found that Hopf waves do not reflect from boundaries but dump their energy into them. This property could become important as a potential mechanism for pre-seismic slip on a future major fault. While in this simulation the Hopf waves focus cumulative damage on the opposite boundary, in a more realistic geological scenario damage accumulation can occur on pre-existing faults or fractures, which can act as internal elastic-plastic system boundaries embedded in the large-scale plastic zone. The Hopf bifurcation is therefore here interpreted to prepare a given internal structure for failure. In this sense, we may speculate that, in terms of geological interpretation, Hopf bifurcations could be a mechanism for generating distributed fault damage zones as defined in Table 1 in (Peacock et al., 2017).

For the Hopf bifurcation, our simulations show two regimes with an irregular pattern: a transient regime prior to the wave reaching the opposite boundary with exponentially decaying frequency-amplitude relationships, and a post-boundary interaction regime with a stable orbit (Fig. 2 of the main manuscript), also with an exponential frequency-magnitude relationship (Fig. 1c of the main manuscript). Similar patterns have been reported in the geological literature (Elphick et al., 2021). For the application of the approach to geology, L'Heureux (2013) emphasizes the caveat that it is impossible to differentiate between the dynamic or stable-orbit type of solution. The time sequence of the pattern development requires careful microstructural and field geological analysis which is beyond the scope of this contribution.

The quasi-soliton (cross-diffusion) wave solution has the interesting property that the velocity of the wave is a material property and not affected by initial conditions. Once the wave is triggered by perturbations, it continues and sustains itself (at perpetuity if the coefficients do not change) as a self cross-diffusion wave. The quasi-soliton wave is argued here to be the most often encountered in nature as chemical fluid-release reactions are often very slow, thus favouring the nucleation of cross-diffusion waves. It may be seen to prepare the material for Hopf- or Turing bifurcations or directly lead to catastrophic instabilities.

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