Alongshore winds force warm Atlantic Water toward Helheim Glacier in southeast Greenland

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Abstract

Enhanced transport of warm subsurface Atlantic Waters (AW) into Greenland fjords has driven glacier mass loss, but the mechanisms transporting AW to the fjords remain poorly characterized. Here, we identify a wind-driver for AW inflow toward Sermilik Fjord abutting Helheim Glacier, one of Greenland's largest glaciers. Often associated with the passing of cyclones and subsequent sea surface lowering, a weakening or reversal of northeasterly alongshore winds stimulates coastal ocean upwelling that, through interactions with Sermilik's bathymetric trough on the continental shelf, leads to enhanced AW upwelling and inflow along the trough. These intrusions produce ocean warming at deep moorings near Sermilik Fjord mouth $(0.31\pm0.18^{\circ}C)$ and within the fjord $(250m: 0.30\pm0.19^{\circ}C; 350m: 0.17\pm0.09^{\circ}C)$ that is not diminished by subsequent coastal downwelling. Similar wind-driven processes at other bathymetric trough regions around Greenland may play a substantial role in ocean heat transport towards much of the Greenland Ice Sheet.

Alongshore winds force warm Atlantic Water toward Helheim Glacier in southeast Greenland

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Key Points:

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| 11 | • | Alongshore wind-driven coastal upwelling near Sermilik Fjord drives intrusions of |
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| 12 | | Atlantic Water onto the continental shelf |
| 13 | • | Intrusions often lead to warmer subsurface water in the inner shelf and fjord |
| 14 | • | Less transport within the East Greenland Coastal Current makes fjords more sus- |
| 15 | | ceptible to Atlantic Water intrusions |

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16 Abstract

Enhanced transport of warm subsurface Atlantic Waters (AW) into Greenland fjords has 17 driven glacier mass loss, but the mechanisms transporting AW to the fjords remain poorly 18 characterized. Here, we identify a wind-driver for AW inflow toward Sermilik Fjord abut-19 ting Helheim Glacier, one of Greenland's largest glaciers. Often associated with the pass-20 ing of cyclones and subsequent sea surface lowering, a weakening or reversal of north-21 easterly alongshore winds stimulates coastal ocean upwelling that, through interactions 22 with Sermilik's bathymetric trough on the continental shelf, leads to enhanced AW up-23 welling and inflow along the trough. These intrusions produce ocean warming at deep 24 moorings near Sermilik Fjord mouth $(0.31\pm0.18^{\circ}C)$ and within the fjord $(250m; 0.30\pm0.19^{\circ}C;$ 25 $350m: 0.17 \pm 0.09^{\circ}C$ that is not diminished by subsequent coastal downwelling. Simi-26 lar wind-driven processes at other bathymetric trough regions around Greenland may 27 play a substantial role in ocean heat transport towards much of the Greenland Ice Sheet. 28

²⁹ Plain Language Summary

Higher transport of the warm subtropical Atlantic Waters into Greenland fjords 30 has driven glacier mass loss, but the mechanisms transporting the subtropical waters to 31 glacier fronts remain poorly characterized. In this work, we identify a wind mechanism 32 for transporting subtropical water towards Helheim Glacier, one of Greenland's largest 33 glaciers. Often associated with the passing of cyclones, alongshore wind events stimu-34 late ocean circulation that brings subtropical waters from offshore onto the continental 35 shelf along a submarine trough that leads to Helheim. Our measurements show that when 36 these events produce ocean warming near-shore, they may help to transport more heat 37 to Helheim Glacier front where it can cause enhanced ice melting. A higher number of 38 wind events in a season has the potential to impact glacier calving, thinning, and retreat. 39 These events may also occur along other bathymetric troughs leading toward Greenland 40 glaciers and, therefore, may be important for predicting future Greenland Ice Sheet ice 41 loss. 42

43 **1** Introduction

The Greenland Ice Sheet is now the leading contributor to global sea level rise each 44 year and approximately half of this mass loss results from outlet glacier dynamics (speedup, 45 thinning, and retreat) at its periphery (Enderlin et al., 2014; Mouginot et al., 2019; IM-46 BIE Team, 2019; Smith et al., 2020). Helheim Glacier - one of the largest glacier in Green-47 land - has experienced multiple dynamic ice loss events over the past two decades, as have 48 other neighboring glaciers in southeastern Greenland (Howat et al., 2008; Murray et al., 49 2010). These regionally synchronous events were likely triggered by enhanced subma-50 rine melting by the ocean; acceleration, thinning, and retreat at Helheim corresponded 51 to warming waters and enhanced ocean heat transport into Sermilik Fjord, the fjord that 52 abuts Helheim (Holland et al., 2008; Mouginot et al., 2015; Millan et al., 2018). It is un-53 clear, however, what mechanisms modulate that ocean heat transport from the broader 54 ocean into the fjords through time and, thus, what may have triggered the past glacier 55 retreat events. 56

Transport of relatively warm (2.0-5.2°C) Atlantic-origin subsurface waters (AW; 57 found from 150-250 m to the seafloor) delivers much of the ocean heat to Helheim Glacier 58 front and can vary substantially as a result of highly variable ocean circulation (Straneo 59 et al., 2010; Jackson et al., 2014). Within Sermilik Fjord, relatively cold ($<4^{\circ}C$) and fresh 60 Polar-origin water (PW) resides at the surface above AW in a two-layer circulation struc-61 ture (Straneo et al., 2010; Sutherland et al., 2014). The dominant mode for variability 62 within these layers is an oscillatory "intermediary" circulation caused by wind-driven coastal 63 geostrophic currents and changing offshore water mass properties (Svendsen & Thomp-64 son, 1978; Straneo et al., 2010; Jackson et al., 2014; Fraser et al., 2018). Under this highly 65 dynamic circulation scheme, alongshore northeasterly (prevailing) winds drive Ekman 66 transport shore-ward at the surface and create a compensating flow offshore at depth 67 (Håvik & Våge, 2018), resulting in coastal ocean downwelling (Figure 1b). During such 68 downwelling, the sea surface height can rise ~ 15 cm (Jackson et al., 2014; Cowton et al., 69 2016), isopycnals heave downwards (Straneo et al., 2010; Jackson et al., 2014), and the 70 PW layer thickens. Opposing southwesterly winds drive the opposite set of changes (Fig-71 ure 1c). Ocean pressure gradients between the coastal waters and the fjord, created by 72 coastal downwelling or upwelling, drive rapid current reversals within intermediate lay-73 ers of Sermilik Fjord on synoptic timescales of 4-10 days (Jackson et al., 2014). These 74 intermediary currents can be strong enough to flush the upper 300 m of the fjord within 75 ~ 4 days if persistent and therefore have the potential to drive large water and heat ex-76 changes with the shelf (Straneo et al., 2010; Sciascia et al., 2014). The wind-driven cir-77 culation sometimes leads to changed water properties within the fjord, but can also re-78 sult in oscillations with no net change in water properties (Jackson et al., 2018). It is 79 unclear what distinguishes these two. 80

Outside the fjord, a complex circulation system allows AW to intrude onto the con-81 tinental shelf (\sim 300-400 m deep) along a bathymetric trough (\sim 15 km wide, \sim 400-900 82 m deep) that leads to Sermilik Fjord and Helheim (Figure 1b,c; Sutherland et al., 2013; 83 Harden et al., 2014; Snow et al., 2021). The East Greenland Coastal Current (EGCC) 84 flows at the surface along the coast carrying PW equatorward (Sutherland & Pickart, 85 2008), and AW spreads onto the shelf beneath it. Offshore, the Irminger Current (IC) 86 carries AW southward throughout the upper 500 m (Rudels et al., 2002; Johannessen 87 et al., 2011; Våge et al., 2011; Andresen et al., 2012), which can be diverted onto the shelf 88 (Sutherland et al., 2013; Harden et al., 2014; Snow et al., 2021). Aside from general in-89

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Figure 1. The Sermilik Trough study region and wind-driven ocean circulation along the trough. (a) Bathymetry for the continental shelf near Sermilik Fjord and Trough. Sampling locations for the ERA-5 reanalysis alongshore winds (purple dashed) and piteraqs (orange) are shown (see Methods). Stars indicated the shelf (blue) and mid-fjord (pink) mooring locations. Bathymetry is from BedMachine v3 with the thin black lines representing contours at 300, 400, 500 m, and every 500 m thereafter (Morlighem et al., 2017). (b,c) Also shown are schematics of the ocean circulation along Sermilik Trough during winds favoring (b) downwelling and (c) upwelling. Arrows indicate Polar Water (blue) and Atlantic Water (red) flow direction. Clockwise-rotating purple arrows indicate the vorticity created by coastal-trapped waves, which stimulates Atlantic Water intrusion along the trough. White and brown features indicate ice and land, respectively. We use the following abbreviations: TC (thermocline), BP (bottom pressure), and T (temperature).

flow at depth, full-depth AW inflow occurs on synoptic timescales along the trough or as seasonally-varying inflow across portions of the shelf. AW intrudes further onto the shelf in the fall and is associated with a narrower EGCC banked up against the coast (Harden et al., 2014; Snow et al., 2021). Intrusions of AW may be linked with EGCC
transport variability (Murray et al., 2010), cyclonic eddies (Bruce, 1995; Sutherland &
Pickart, 2008; Sutherland et al., 2013), tidal variability, or fluctuations in alongshore winds
(Hampson, 2020). However, little work has been done in the shelf region to link the broader
ocean and fjord during these events, so the drivers of the intrusions and linkages to water property changes inshore remain unclear.

Here, we use MODIS optical imagery and sea surface temperatures (SST) from the 99 continental shelf region near Sermilik Fjord to characterize intrusions of AW, their drivers, 100 and how they impact shelf and fjord subsurface water temperatures. Unlike previous work 101 on AW variability within Sermilik Fjord and near the fjord mouth, we produce a com-102 prehensive shelf-wide study of AW intrusion and its variability from 2010-2013 when we 103 have coincident moored ocean observations. We investigate mechanisms driving these 104 intrusions using ECMWF (European Center Medium-Range Weather Forecasts) reanal-105 ysis data, sea surface height, and SST-derived EGCC variability. We show that coastal 106 upwelling, often caused by upwelling-favorable winds generated by the passing of a cy-107 clone and subsequent sea surface height lowering, drive these intrusions. We use moored 108 subsurface ocean temperature records from the continental shelf and fjord to determine 109 the impacts that the intrusions have on subsurface ocean temperatures that may even-110 tually reach Helheim Glacier. Our findings suggest that an interplay between EGCC trans-111 port and wind variability plays a large role in ocean heat transport into Sermilik Fjord, 112 and potentially other fjords in southeastern Greenland. 113

¹¹⁴ 2 Background

A timeseries of MODerate Resolution Imaging Spectroradiometer (MODIS) opti-115 cal images from February 27th to March 4th, 2013 reveals the evolution of a rapid AW 116 intrusion cross-cutting from the slope to inner continental shelf near Sermilik Fjord (Fig-117 ure 2a). The intrusion bisected the EGCC, which was, at the time, choked with seasonal 118 sea ice, making the intrusion observable with optical imagery. Just before the intrusion 119 on February 27th, sea ice hugged the coast flowing to the south under prevailing north-120 easterly winds that had persisted for most of the preceding seventeen days according to 121 ECMWF reanalysis data. Clouds from two cyclonic systems passing by late on Febru-122 ary 27th and 28th precluded visibility of the surface, but winds shifted early on Febru-123 ary 28th briefly and again March 1st to blow at $\sim 10 \text{ m/s}$ from a northwesterly direction 124

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 $(250^{\circ}\text{to } 350^{\circ})$ off the ice sheet, where they remained for the next two days. In imagery 125 from the afternoon of March 1st, the intrusion had snaked across >40 km of the EGCC 126 within the last two days bringing AW from the offshore IC almost to the mouth of Ser-127 milik Fjord along the northeastern flank of the Sermilik Trough. Observed through MODIS 128 Band 31 (thermal infrared)-derived brightness temperatures, portions of the AW intru-129 sion were $\sim 4^{\circ}$ C warmer than surrounding EGCC and fjord waters (Figure S1c). March 130 2nd imagery (Figure 2a) shows the remnants of the intrusion being encroached upon by 131 sea ice within the EGCC and surface outflow from Sermilik Fjord, both moving to the 132 south with the current. By the 4th when winds returned to their prevailing northerly 133 direction, sea ice had been pushed southward covering the Sermilik Trough region, and 134 the cross-shelf intrusion was no longer visible. This phenomenon has not been previously 135 studied, and its influence has not been accounted for in large-scale models. Intrusions 136 of this kind may rapidly advect AW and heat into Sermilik Fjord and toward Helheim 137 Glacier and may therefore serve as an important factor in glacier dynamics (Figure 1c). 138

139 Data and Methods

AW intrusions are observable throughout the MODIS record near Sermilik Fjord, 140 and they appear to vary widely in size and extent. To characterize these intrusions and 141 determine their frequency and variability in time, we initially identify AW intrusion events 142 along the Sermilik Trough using MODIS optical imagery from NASA WorldView (see 143 Table S1, Figure 2a). The intrusions were selected from a larger set in the observable 144 record to be clearly illustrative of the processes involved, and are identified by both the 145 ice-free water cross-cutting the EGCC, as well as the surface outflow from fjords (i.e. open 146 water streaming to the south) that follows. We make these observations from 2010 to 147 2013 when simultaneous moored temperature records exist for the region, and only for 148 January through June when sea ice cover along the EGCC makes the intrusions read-149 ily identifiable in the visible spectrum. Optical identification of the intrusions restricts 150 our observations to AW intrusions that have surface expressions; therefore, intrusions 151 that do not fully penetrate to the surface are unobserved. Further, cloud cover frequently 152 obscures observations of the ocean surface. Thus, our observations include only a frac-153 tion of the total intrusion events during the study period, but the available data sets sup-154 port a clear characterization of the processes. 155

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Figure 2. Evolution of Atlantic Water (AW) intrusions near Sermilik Fjord. (a) MODIS optical imagery of an AW intrusion from Feb 27th to Mar 4th, 2013. Hours refers to hours before (negative) or since (positive) the shifting of alongshore wind stress and initiation of the intrusion (orange). Wind direction and relative speed are depicted by the arrows within gray boxes. The red contours indicate the 250 m and 500 m isobaths, which show the location of Sermilik Trough. Orange arrows indicate the right-hand side of the trough and the path of AW shown in Figure S1. (b) Mean sea level pressure for each time step. A cyclone is shown with the black lines indicating the cyclone track. The red box indicates the location of the images in panel (a). (c-h) Composites of atmospheric and ocean parameters during fifty-three (53) identified AW intrusion events (see Results): (c) ERA-5 wind direction, (f) alongshore wind stress (positive means northeasterly), (e) sea surface height (SSH), and mooring temperatures from (f) the continental shelf near Sermilik Fjord mouth (290 m) and mid-fjord at (g) 250 m and (h) 350 m depth. The onset of negative alongshore wind forcing is shown by the orange lines, and hours are the same as in (a).

Synoptic-scale ocean circulation in the Sermilik Trough region may have ties to weather 156 conditions, such as wind patterns. Previous work in Sermilik Fjord (Straneo et al., 2010; 157 Jackson et al., 2014, 2018) and along the southeastern coast of Greenland (Sutherland 158 & Pickart, 2008; Oltmanns et al., 2014; Le Bras et al., 2018) has shown strong correla-159 tions between ocean circulation patterns and various wind drivers, including cyclones and 160 piterage (hurricane intensity downslope winds in the off-shore direction), supporting the 161 notion that winds may influence these intrusions. Here we investigate the influence of 162 atmospheric variability on the intrusions using atmospheric reanalysis data from the ECMWF 163 ERA-5 operational reanalysis data set (Copernicus Climate Change Service (2017) ERA-164 5). From ERA-5, we use the 6-hourly 2-m wind field, instantaneous turbulent surface 165 stresses, and mean sea level pressure fields to determine the atmospheric variability be-166 fore and after the intrusions. From the ERA-5 U and V wind speeds and stress, we cal-167 culate the northeasterly alongshore wind at the shelf break (Figure 1a; see Supplemen-168 tal Information). A positive alongshore northeasterly wind component specifies downwelling-169 favorable winds along the coast; a negative southwesterly wind specifies upwelling. To 170 investigate the influence of cyclones, cyclone frequency and tracks are derived from ERA-171 5 records using an advanced cyclone detection and tracking algorithm as described in 172 Crawford and Serreze (2016) and Crawford et al. (2020). Piterags (or Downslope Wind 173 Events) were identified following Oltmanns et al. (2014) (Figure 1a; see Supplementary 174 Information). 175

We investigate the extent to which intrusions affect ocean properties nearshore and 176 within Sermilik Fjord by examining ocean temperature changes and sea surface height 177 (SSH) during the intrusions. We use mooring temperature data from the continental shelf 178 within the trough leading to Sermilik Fjord and within the fjord (Figure 1a), which were 179 both deployed multiple times between August 24, 2009 - August 18, 2013 (see Supple-180 mentary Information; Jackson et al., 2014; Harden et al., 2014; Jackson & Straneo, 2016). 181 The shelf mooring was deployed ~ 290 m depth near the mouth of Sermilik Fjord. We 182 also use SSH records from Harden et al. (2014), which were calculated from bottom pres-183 sure measurements at the same shelf mooring. The mooring within the fjord was located 184 mid-fjord - 32 km from the shelf mooring and \sim 70 km from the Helheim Glacier front 185 - at ~ 250 , ~ 350 , ~ 400 , and ~ 550 m depth. These moorings provide a time varying record, 186 averaged to 6-hourly time steps, of subsurface AW that is known to flow onto the con-187 tinental shelf and into Sermilik Fjord (Straneo et al., 2011; Jackson & Straneo, 2016) and 188

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would likely detect ocean property changes associated with the variability of AW intru-sions at depth.

Prominence of the EGCC may also affect intrusion of AW onto the continental shelf (Murray et al., 2010). To investigate this possibility, we obtain the width of the EGCC during the intrusions using MODIS SST-derived observations of PW extent based on Snow et al. (2021) with small refinements (see Supplementary Information).

195 Results

We visually identified fifty-three (53) intrusion events during winter and spring (Jan-196 uary to June) between 2010 and 2013 (see Table S1, Figure S2). All intrusions are marked 197 by ice-free waters – warmer than the surrounding EGCC and fjord surfaces – cutting through 198 the sea ice covered EGCC along Sermilik Trough. We interpret these as an inflow of AW 199 at the surface. In several of the more distinct intrusions, cross-shelf velocities of the in-200 trusion flow were 0.13-0.19 m/s based on the distance that the intrusions crossed within 201 a 24-hour period (e.g., 10.9-16.2 km for May 20, 2010 and March 26, 2010, respectively). 202 Within 24-48 hours after the intrusion becomes visible, outflow at the surface is indicated 203 by outward spreading of sea ice and cool PW away from the coast except along the trough, 204 and by relatively ice-free waters flowing out of Sermilik Fjord to the south within the 205 EGCC. 206

Shifts in alongshore wind velocity and SSH preceded, and appear to drive, the AW 207 intrusion events (Figure S2). Intrusions most frequently occurred after the passing of a 208 low pressure (LP) system (87% of selected intrusions) and less frequently with only a high 209 pressure (HP) system nearby (11%). Winds during most of the intrusion events took two 210 forms within the 24 hours preceding the intrusions: i) winds that shifted from the pre-211 vailing northeasterly direction to a westerly direction, and ii) winds that weakened fol-212 lowing strong northeasterly wind stresses (typically >15 m/s; Figure S2); the latter oc-213 curred less frequently (13 of the events). Intrusions also often coincided with a drop in 214 SSH. These wind and SSH patterns are consistent with a transition from a wind-driven 215 coastal downwelling regime – building sea surface height, depressing isopycnals, and caus-216 ing inshore surface flow and offshore bottom flow along Greenland's southeastern coast 217 - to a relaxation of that build-up or, more commonly, to upwelling conditions, which leads 218 to the opposite oceanic response (Håvik & Våge, 2018). Fjord outflow visible at the sur-219

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face during the intrusions (Figure 2a) - which are consistent with fjord intermediary flow 220 driven by coastal upwelling - support this notion (Straneo et al., 2010; Jackson et al., 221 2014). Only two intrusions occurred under persistent, weaker downwelling-favorable winds, 222 though, they both coincided with cyclones passing over the Irminger Sea and one was 223 associated with an ~ 30 cm drop in SSH. Other influences such as tides and cyclonic ed-224 dies propagating along the continental slope (Bruce, 1995; Magaldi et al., 2011; Brear-225 ley et al., 2012; Sutherland & Pickart, 2008) may moderate intrusions, but we rule them 226 out as primary forcing mechanisms because of the frequencies mismatch between those 227 phenomena (sub-daily to 1-2 days) and the less frequent AW intrusions (>2 days). We 228 also rule out piteraqs, which rarely coincide with AW intrusions (11%; see Table S1) and 229 do so only when upwelling-favorable wind conditions simultaneously occurred offshore. 230

The reanalysis and moored ocean records confirm the close linkages between the 231 intrusions, alongshore wind stress, SSH, and inshore ocean warming. Alongshore wind 232 stress and SSH records have a strong positive correlation (r=0.36, p<0.001) and both 233 had significant negative correlations with the mooring records from the shelf at 290 m, 234 mid-fjord at 250 m and mid-fjord at 350 m depth (r=-0.19 to -0.24 with wind stress, r= \sim -235 0.32 with SSH, p < 0.001; see Supplementary Information). These negative correlations 236 are consistent with a downwelling-to-upwelling switch in coastal conditions. It is diffi-237 cult to distinguish between temperature changes associated with the heaving of isopy-238 cnals vertically in the water column and lateral advection of warm water into the fjord 239 without closer examination of the changes across intrusion events. 240

To examine the effect of the shift from downwelling to upwelling favorable winds, we create composites of the atmospheric and ocean variability during the intrusions to identify linkages (Figure 2c). To build the composite, we normalized each of the parameters by their mean over the period spanning 300 hours before and after the times of downwellingto-upwelling wind shift that occurs within the 24 hours preceding the imagery-indicated intrusion events. We then average across all identified intrusions events.

Both the satellite and mooring observations show a shift to warmer ocean temperatures on the shelf and in the fjord that persists for at least eight days after the intrusions (Figure 2c). MODIS brightness temperatures revealed surface water temperatures (Figure S1) within the intrusions could be $\sim 4^{\circ}$ C warmer than those in the EGCC and fjord, similar to AW temperatures within the IC. Further, when we use mean temper-

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ature differences from the 4 days before and 4 days after the events ($\Delta T_{4,-4}$) as an in-252 dication of temperature change, the intrusions corresponded with significant warming 253 at the shelf mooring $(0.71\pm0.13^{\circ}C)$ and mid-fjord moorings at 250 m $(0.44\pm0.13^{\circ}C)$, 350 254 m ($0.24\pm0.08^{\circ}$ C), and 400 m ($0.08\pm0.05^{\circ}$ C), though not at 550 m ($0.01\pm0.03^{\circ}$ C). The 255 warming trend held for $\Delta T_{4:8,-4:8}$ (difference between temperatures averaged over 4-256 8 days before and 4-8 days after the wind events) at all moorings between 250 and 400 257 m (shelf: $0.31\pm0.18^{\circ}$ C; mid-fjord 250m: $0.30\pm0.19^{\circ}$ C; mid-fjord 350m: $0.17\pm0.09^{\circ}$ C; mid-258 fjord 400m: $0.09\pm0.07^{\circ}$ C). These indicate that the intrusions led to sustained warming 259 in the upper AW layer (250-400 m deep; Figure S1) through laterally transporting warm 260 AW to the shelf and fjord, rather than merely producing the vertical heaving of isopy-261 cnals (Jackson et al., 2014). 262

Our finding that the AW intrusions produce significant warming inshore at the sur-263 face and at depth indicates enhanced upwelling and shoreward transport of AW along 264 Sermilik Trough. Subsurface warming at the fjord mouth and mid-fjord are consistent 265 with our satellite-based findings that the intrusions drive warm surface water inshore to-266 ward Sermilik Fjord. The subsurface warming within the fjord show that this water is 267 also transported into the fjord at depths of 250 and 400 m and potentially the entire AW 268 layer. Further, the co-occurrence of shoreward flow in the Sermilik Trough with the shift 269 in alongshore winds and SSH align with the finding of Zhang and Lentz (2017) that upwelling-270 favorable winds (Hampson, 2020) or a relaxation of strong downwelling-favorable winds 271 can drive strong onshore cross-shelf flow in a shelf valley (see below). 272

While the majority of all intrusions (79% for the +4-day window, 55% for the 4273 to 8-day window) resulted in warming on the shelf, exceptions exist. On an event-by-274 event basis, sustained ocean warming occurred frequently (92% on the shelf and approx-275 imately two-thirds in the fjord) when the EGCC was narrow ($<61\pm14$ km), and less fre-276 quently (42%) on the shelf and $\sim 35\%$ in the fjord) when the EGCC was wider. These find-277 ings indicate that the width of the EGCC and therefore transport (see Supplemental In-278 formation), moderate AW intrusion inshore, which is consistent with previous research 279 finding that EGCC width increases the dilution of AW as it crosses the continental shelf 280 (Snow et al., 2021). Other factors that may impact the recorded warming signals inshore 281 include variability in source water temperature or a rapid temperature fluctuation ob-282 scuring our temperature metric. For instance, a coastal downwelling occurring 4-8 days 283 after an intrusion would be considered by our analysis as a cooling event. 284

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285 Discussion

Shoreward flow of AW replenishes heat at depth within the interior of the conti-286 nental shelf and the fjords along SE Greenland, and herein we have described an along-287 shore wind mechanism that actively pumps AW inshore along the trough leading to Ser-288 milik Fjord. We show that upwelling-favorable wind events drive AW upwelling and in-289 flow toward Sermilik Fjord within the trough (Figure 2, S1). These conditions are most 290 often driven by cyclones (LP systems) and, less frequently, anti-cyclones (HP). 79% of 291 the identified intrusions lead to subsurface warming at moorings near the fjord mouth 292 (290 m) and >50% of the intrusions lead to warming mid-fjord (250 m and 400 m). These 293 increase the amount of heat flowing toward Helheim Glacier. 294

We provide a holistic description of the AW intrusion events that links wind-driven 295 fjord and continental shelf processes (Figure 1). During downwelling-favorable winds (Fig-296 ure 1b), the EGCC flows faster (Le Bras et al., 2018), isopycnals depress, and the sea 297 surface raises O(15 cm) toward the coastline on the shelf (Jackson et al., 2014; Harden 298 et al., 2014; Håvik & Våge, 2018). Water along the coast experiences a negative density 299 anomaly and positive bottom pressure anomaly (indicating a positive sea-surface height 300 anomaly) (Harden et al., 2014) that propagates up-fjord (Jackson et al., 2014). Within 301 the fjord, the PW layer thickens as water flows in at the surface, isopycnals heave down-302 wards, the subsurface warm layer thins as AW flows out of the fjord, and the sea sur-303 face rises (Straneo et al., 2010; Jackson et al., 2014). When this prevailing wind mode 304 transitions to upwelling-favorable winds (Figure 1c), the fjord and shelf experience an 305 opposite effect, lifting warm dense AW onto the shelf, driving a shore-ward flow of the 306 AW, and causing PW surface outflow from the fjord and coast (Jackson et al., 2014; Håvik 307 & Våge, 2018). This upwelling response can eject freshwater and sea ice off the conti-308 nental shelf on the surface (Oltmanns et al., 2014; Håvik & Våge, 2018). 309

We propose that the Sermilik Trough bathymetry facilitates the onshore intrusion of AW. It results from asymmetric responses of the trough circulation to the ambient alongshelf flows of opposite directions when the Rossby number, Ro=U/(fL), of the tough flow is $\mathcal{O}(1)$ (Lentz et al., 2014; Zhang & Lentz, 2017; Hampson, 2020). Here, U is a scale of the along-shelf flow, f the Coriolis Parameter, and L a length scale of the trough. The observed onshore intrusion of the AW along the northeastern flank of the Sermilik Trough is consistent with upwelling flow on upstream canyon slopes (Allen & Hickey, 2010; She

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& Klinck, 2000; Zhang & Lentz, 2017). During upwelling-favorable winds or sudden re-317 duction in downwelling-favorable winds, water along the northeastern flank of the trough 318 upwells and flows shore-ward throughout the entire water column, lifting dense AW from 319 the continental slope toward Sermilik Fjord (Figure 1). This onshore flow at the trough 320 is either a part of a steady standing coastal-trapped wave that is excited at the trough 321 and then arrested by the northeastward shelf flow, or a transient consequence of the ex-322 cessive onshore pressure gradient force associated with the greater water depth in the 323 trough (Allen & Hickey, 2010). During downwelling-favorable winds, enhancement of the 324 offshore flow in a canyon/trough is minimum (Allen & Madron, 2009; Lentz et al., 2014), 325 consistent with topographically generated coastal-trapped waves propagating freely down-326 stream (to the southwest in this case) away from the trough. Therefore, downwelling-327 and upwelling-favorable winds do not drive equivalent opposing flows along the trough 328 and oscillatory along-shelf winds can generate localized net onshore inflow in the trough. 329 The intrusion transports the offshore warm water shoreward into the fjord to alter wa-330 ter properties (Håvik & Våge, 2018) in a way that is not diminished during the subse-331 quent return of the winds to downwelling-favorable (Figure 2f-h). For this reason, even 332 if the intruding AW is not advected into the fjord immediately, each upwelling event can 333 bring some amount of AW onto the shelf nearer to shore that can be delivered into the 334 fjord and enhance warming there during subsequent events (Kämpf, 2006; Fraser et al., 335 2018). During weak wind events, the oscillatory shelf flows are weak with a low Rossby 336 number (Kämpf, 2009; Lentz et al., 2014), and would not produce net onshore intrusion 337 of the offshore warm AW. This explains why only some wind-driven intermediary cir-338 culation within Sermilik Fjord results in advection of warm waters into the fjord (Jackson 339 et al., 2014, 2018). 340

Our observations in Sermilik Trough of the appearance of warm water at the sur-341 face (upwelling and inflow), at depth (warming from inflow at depth), and the timing 342 of the appearance (<1 day lag with upwelling-favorable winds) is consistent with bathymetrically-343 induced localized onshore intrusion flow of warm AW. A back-of-the-envelope estimate 344 based on the observed warm water surface signals in MODIS indicates that the intru-345 sion velocities in the cross-shelf (along-trough) direction is at least 0.13-0.19 m/s. While 346 we find good agreement with previous studies (She & Klinck, 2000; Kämpf, 2007; Lentz 347 et al., 2014; Zhang & Lentz, 2017), those environments (e.g., Hudson Shelf Valley) dif-348 fer from the Sermilik system where the EGCC may slow down at times, but not always 349

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reverse, during upwelling-favorable winds (Sutherland & Pickart, 2008), which likely suppresses the coastal-trapped waves. Future work to model the Sermilik system (i.e., a nonlinear trough carved into an undulating continental shelf that leads to a fjord where there is a background current and strong stratification) would be needed to confirm our findings.

AW inflow into the fiord likely results from the concurrent wind-driven interme-355 diary circulation within the fjord. During the intrusions, we observe intermediary cir-356 culation as outflow at the surface, which results from the relaxation of downwelling-favorable 357 winds and/or the onset of upwelling-favorable winds. This outflow indicates the drain-358 ing of PW out of the fjord at the surface, which corresponds with a compensating AW 359 inflow of at depth (Stigebrandt, 1981; Klinck et al., 1981; Straneo et al., 2010). Inter-360 mediary circulation explains the advection of warm water - that leads to subsurface warm-361 ing at multiple depths within the fjord $(\Delta T_{4:8,-4:8} \text{ is } 0.30 \pm 0.19^{\circ}\text{C} \text{ at } 250 \text{ m}, 0.17 \pm 0.09^{\circ}\text{C})$ 362 at 350 m, and $0.09\pm0.07^{\circ}$ C at 400 m) - into Sermilik Fjord toward Helheim Glacier dur-363 ing AW intrusions. 364

While wind-driven intrusions advect AW inshore, the EGCC likely serves as a bar-365 rier to AW intrusions, both by increasing the physical distance that AW must travel to 366 reach Sermilik Fjord, and by enhancing ambient shelf stratification that suppresses in-367 shore intrusion flow in the surface layer. Narrowing of the EGCC allows a more efficient 368 intrusion of AW onto the shelf by reducing the distance AW must travel to reach the fjord 369 and the extent to which the water dilutes along the way (Snow et al., 2021). Consistent 370 with enhanced temperature variability observed at the subsurface shelf mooring ($r^2=0.40$; 371 Figure S3), a wider EGCC seasonally also coincides with greater transport and increased 372 stratification of the deeper water layers along the inner shelf (see Supplementary Infor-373 mation). Modeling suggests that strong stratification creates a lid over upwelling within 374 the canyon and that isopycnals tend to squeeze together above the canyon below the sur-375 face layer (Ramos-Musalem & Allen, 2019). A deeper pycnocline suppresses the verti-376 cal extent of the bathymetrical influence and, thus, reduces the chance of upwelling flow 377 reaching the surface. This vertical suppression of the intrusions would limit our ability 378 to observe them, and restrict the depth range that AW is transported toward the head 379 of the trough. Greater sea ice concentrations within the EGCC also decouples wind and 380 surface ocean stresses over the trough, which we speculate would reduce or completely 381 diminish the intensity of the inflow, though this has not been tested. While greater in-382

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fluence by the EGCC likely suppresses intrusions, we note that a lack of surface expression does not preclude the intrusions from still occurring at depth (Figure 1c).

We further speculate that greater wind forcing is required to produce intrusions 385 and, thus, enhanced inshore heat transport when the EGCC widens and deepens. Simple-386 model results suggest that intrusions resulting from upwelling-favorable winds intensify 387 throughout the first 24 hours and remain at these elevated velocities as long as the winds 388 persisted (Zhang & Lentz, 2017). Based on water velocities during the intrusions and 389 the time over which they develop, this would suggest that the strength and duration of 390 an upwelling alongshore wind configuration could greatly affect overall transport of AW 391 during an event. Stratification also diffuses over time by vertical turbulence as upwelling 392 continues (Ramos-Musalem & Allen, 2019), making it more likely for the intrusion to 393 extend upwards in the water column with time. Differences in wind event duration and 394 magnitude or EGCC width during an intrusion likely regulate when the wind events ef-395 fectively transport AW into the fjord. Offshore AW temperature variability and the depth 396 of inflow also likely moderates whether warming or cooling is observed inshore and within 397 the fjord (Fraser et al., 2018). 398

Herein we show that many wind-driven intrusions result in warm offshore water 399 being pumped onto the continental shelf and sometimes into Sermilik Fjord. If more fre-400 quent upwelling-favorable wind events and less freshwater transport within the EGCC 401 were to occur, this would be expected to lead to higher volumes of AW, and heat, flush-402 ing onto the shelf and into Sermilik Fjord. Greater cyclone activity, specific high pres-403 sure blocking patterns, and a high NAO index, which relates to storm variability in south-404 eastern Greenland (Harden et al., 2011; Straneo & Heimbach, 2013), could all make in-405 trusions more common. Further, weakening of the EGCC as a result of reduced fresh-406 water and sea ice transport out of the Arctic (Harden et al., 2014), enhanced ejection 407 of PW off the continental shelf, and runoff/iceberg calving from the Greenland Ice Sheet 408 (Sutherland & Pickart, 2008) will reduce the dilution of AW as it crosses the continen-409 tal shelf and make southeast Greenland fjords more susceptible to warm water inflow (Murray 410 et al., 2010; Snow et al., 2021). Models may be able to predict anomalously high heat 411 transport years using this improved understanding of the linkage between subsurface wa-412 ter temperatures, EGCC width/transport, and intrusion-favorable wind events. As has 413 been demonstrated herein, a better understanding of deep-water heat transport changes 414 that may directly feed into Sermilik Fjord and bring heat to Helheim Glacier both pro-415

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⁴¹⁶ jected into the past and future has substantial implications for pinpointing the role of

- the ocean in glacier change. Intrusions of this nature may also occur to varying extents
- 418 at other glacier systems around Greenland, such as Kangerdlugssuaq Glacier (Fraser et
- al., 2018), which could make it an important mechanism for regulating large-scale ice sheet
- 420 dynamical mass loss.

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Supporting Information for "Alongshore winds force warm Atlantic Water toward Helheim Glacier in southeast Greenland"

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Contents of this file

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Introduction The text and figures included in this supplement provide additional information and context supporting the conclusion of the main text.

Text S1. ERA-5 wind data analysis To determine the atmospheric variability associated with the Atlantic Water (AW) intrusions, we use the ERA-5 6-hourly 2-m wind field, instantaneous eastward and northward turbulent surface stresses, and mean sea level

pressure fields on a 0.5° x 0.5° grid. From the ERA-5 U and V wind speeds and stress, we calculate alongshore winds as the velocity/stress component traveling along the principal axis of 242° from north at the shelf break. We produce a time series of wind direction and alongshore wind stress from 2010 to 2013 for comparison to the dates of the intrusions. At each time, the wind direction, speed, and stress are averaged across the mouth region of Sermilik Trough (between 64.4°-65.0°N, -38.0°-35.0°E; Figure 1a), where winds have the strongest correlation with changes in regional EGCC transport and the greatest impact on trough transport (Harden et al., 2014; Le Bras et al., 2018). Piteraq events (or Downslope Wind Events) are identified as >10 m/s winds between 270 and 20°(clockwise) averaged over the Tasiilaq region (65.5°-65.7°N, -37.82°E-37.42°E) following Oltmanns, Straneo, Moore, and Mernild (2014) (Figure 1a).

Text S2. Ocean mooring records The shelf and mid-fjord mooring instruments provide ocean temperature records during the AW intrusions. For the shelf mooring, we use the temperatures recorded by one instrument each year, either a Microcat SBE37SM or XR 420 RBR sensor, deployed between 262 and 301 m near the mouth of Sermilik Fjord. The mid-fjord mooring was deployed between 250-294, 324-350, 390-400, and 550-560 m depth (representing the 250, 350, 400, and 550 m records, respectively) and recorded temperatures using similar instruments as the shelf mooring (Jackson et al., 2014). Temperatures were acquired at 7.5-15 min intervals and averaged to 6-hourly.

Text S3. EGCC width and transport As a fresher water mass running along the coastline, the size of the EGCC may moderate the AW intrusions by serving as a barrier or diluting the intrusions as they cross the continental shelf (Snow et al., 2021). We use

satellite-based calculations of the EGCC width in accordance with Snow et al. (2021) to indicate the size of the EGCC. We use the MODIS Level 3 SST V2014 products (Minnett et al., 2019). MODIS SSTs were sampled from the same shelf trough transect as Snow et al. (2021) (thirteen 14x14 km sampling boxes) and the SST anomaly relative to the Irminger Current temperature was then calculated and averaged to weekly. We approximated the EGCC width along the trough by measuring the distance from the fjord mouth (65.6°N,-38.0°E) to the center of the last sampling box along the trough transect that had a SST anomaly <-1.5°C (threshold delineating between PW at the surface within the EGCC and AW from the IC; Snow et al., 2021).

We observe enhanced temperature variability at the subsurface shelf mooring ($r^2=0.40$; Figure S3) when the EGCC is wider, which is consistent with greater transport within the EGCC. A wider EGCC seasonally coincides with greater transport and a deepening of the current (Harden et al., 2014), which stratifies deeper water layers along the inner shelf. Higher variability at the mooring sensor (290 m) indicates a deeper PW/AW interface that is normally located between 150-250 m depth (Harden et al., 2014; Jackson et al., 2014). Therefore, we use EGCC width as an indicator for EGCC transport.

Text S4. Atmosphere and ocean cross-correlation analyses To investigate the linkages between atmospheric and ocean records, we smoothed all records with a 30-hour second-order Butterworth filter and performed cross-correlation analyses between them. Across the four-year record, the shelf and fjord mooring temperatures lagged alongshore wind stress by \sim 24 hours and 30 hours, respectively (Figure S4b). At these

lags, ocean temperatures negatively correlated with alongshore wind stress (r=-0.19, -0.22, and -0.24, for the shelf at 290 m, mid-fjord at 250 m and mid-fjord at 350 m depth, respectively; p<0.001). SSH lagged alongshore wind stress by ~6 hrs (Figure S4a) and ocean temperatures at each of the mooring sites had a stronger negative correlation with SSH (r=-0.33, -0.32, and -0.33, respectively; p<0.001) than with alongshore winds. The shelf warming followed a drop in SSH by 6 hours, while the mid-fjord warming followed the shelf SSH drop by 24 hrs (Figure S4c). These negative correlations are consistent with a downwelling-to-upwelling switch in coastal conditions and the observed lags are consistent with (Jackson et al., 2014).

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Table S1: AW intrusions identified from MODIS visible imagery and ERA-5 alongshore wind stress.

| Beginning of Table S1 | | | |
|-----------------------|------------|---------|------------|
| Date Time | Image Date | Piteraq | EGCC |
| | | [T/F] | width [km] |
| 2010-01-23 18:00:00 | 2010-01-24 | 1 | 75.5 |
| 2010-02-16 06:00:00 | 2010-02-17 | 0 | 75.5 |
| 2010-03-05 06:00:00 | 2010-03-05 | 1 | 75.5 |
| 2010-03-11 18:00:00 | 2010-03-12 | 0 | 90.1 |
| 2010-03-14 18:00:00 | 2010-03-15 | 0 | 90.1 |
| 2010-03-25 18:00:00 | 2010-03-26 | 0 | 60.6 |
| 2010-03-30 06:00:00 | 2010-03-31 | 0 | 60.6 |
| 2010-04-06 12:00:00 | 2010-04-06 | 0 | 90.1 |
| 2010-04-11 12:00:00 | 2010-04-11 | 0 | 90.1 |
| 2010-04-16 18:00:00 | 2010-04-16 | 0 | 90.1 |
| 2010-04-30 12:00:00 | 2010-04-30 | 0 | 75.5 |
| 2010-05-05 18:00:00 | 2010-05-06 | 0 | 75.5 |
| 2011-01-24 18:00:00 | 2011-01-24 | 0 | 75.5 |
| 2011-02-15 12:00:00 | 2011-02-17 | 0 | 46.0 |
| 2011-02-25 18:00:00 | 2011-02-26 | 1 | 60.6 |
| 2011-03-03 00:00:00 | 2011-03-03 | 0 | 90.1 |
| 2011-03-06 06:00:00 | 2011-03-06 | 1 | 90.1 |
| 2011-03-25 18:00:00 | 2011-03-26 | 0 | 110.3 |
| 2011-04-11 00:00:00 | 2011-04-11 | 0 | 110.3 |
| 2011-04-14 06:00:00 | 2011-04-14 | 0 | 110.3 |
| 2011-04-19 06:00:00 | 2011-04-19 | 1 | 110.3 |
| 2011-05-08 18:00:00 | 2011-05-09 | 0 | 75.5 |
| 2011-05-23 12:00:00 | 2011-05-23 | 0 | 75.5 |
| 2011-06-01 18:00:00 | 2011-06-01 | 0 | 90.1 |
| 2012-01-25 18:00:00 | 2012-01-26 | 0 | 75.5 |
| 2012-01-29 12:00:00 | 2012-01-29 | 0 | 75.5 |
| 2012-02-09 18:00:00 | 2012-02-10 | 0 | 31.4 |
| 2012-02-15 00:00:00 | 2012-02-16 | 0 | 90.1 |
| 2012-03-09 06:00:00 | 2012-03-09 | 0 | 130.5 |
| 2012-03-14 00:00:00 | 2012-03-14 | 0 | 110.3 |
| 2012-03-27 06:00:00 | 2012-03-27 | 0 | 110.3 |
| 2012-04-03 00:00:00 | 2012-04-03 | 0 | 90.1 |
| 2012-04-05 18:00:00 | 2012-04-06 | 0 | 90.1 |
| 2012-04-13 00:00:00 | 2012-04-13 | 0 | 150.7 |
| 2012-04-20 06:00:00 | 2012-04-20 | 0 | 60.6 |
| 2012-04-27 06:00:00 | 2012-04-28 | 0 | 60.6 |
| 2012-04-30 12:00:00 | 2012-05-01 | 0 | 60.6 |
| 2012-05-02 18:00:00 | 2012-05-03 | 0 | 60.6 |

| Continuation of Table S1 | | | |
|--------------------------|------------|---------|------------|
| Date Time | Image Date | Piteraq | EGCC |
| | | [T/F] | width [km] |
| 2012-05-25 12:00:00 | 2012-05-26 | 0 | 110.3 |
| 2012-06-11 06:00:00 | 2012-06-11 | 0 | - |
| 2012-06-15 00:00:00 | 2012-06-16 | 0 | - |
| 2012-06-18 00:00:00 | 2012-06-19 | 0 | 110.3 |
| 2012-06-25 00:00:00 | 2012-06-25 | 0 | - |
| 2013-01-28 18:00:00 | 2013-01-28 | 0 | 46.0 |
| 2013-02-04 12:00:00 | 2013-02-04 | 0 | 75.5 |
| 2013-03-01 06:00:00 | 2013-03-01 | 1 | 90.1 |
| 2013-03-12 00:00:00 | 2013-03-12 | 0 | 60.6 |
| 2013-03-21 18:00:00 | 2013-03-22 | 0 | 90.1 |
| 2013-04-08 18:00:00 | 2013-04-08 | 0 | 75.5 |
| 2013-04-23 00:00:00 | 2013-04-24 | 0 | 75.5 |
| 2013-05-08 00:00:00 | 2013-05-08 | 0 | 90.1 |
| 2013-05-20 12:00:00 | 2013-05-20 | 0 | 60.6 |
| 2013-06-16 00:00:00 | 2013-06-16 | 0 | 110.3 |



Figure S1. Three intrusions observed in MODIS imagery in the visible spectrum (top) and Band 31 (thermal infrared)-derived brightness temperatures (bottom) shown for (a) April 16, 2010, (b) April 19, 2011, and (c) March 1, 2013. Black arrows indicate wind direction.



Figure S2. The dates of all MODIS-observed intrusions used in this study (vertical lines) in comparison to alongshore wind stress (purple lines; positive means northeasterly) and continental shelf sea surface height (SSH; black lines) records. The records span from January through June for each year.



Figure S3. Standard deviation of monthly-aggregated moored subsurface ocean temperatures in comparison to sea surface temperature-derived EGCC width (circles). The second-order polynomial for the data (line), r^2 , and root mean square error (RMSE) are shown.



Figure S4. Cross-correlations between alongshore wind stress, sea surface height (SSH), and mooring temperature records. (a) Cross correlation of SSH and alongshore winds. Cross correlation of the shelf 290 m (black), mid-fjord 250 m (dark gray), and mid-fjord 350 m (light gray) mooring temperature records with (b) the alongshore wind stress and (c) SSH. All records were smoothed with a 30-hour second-order Butterworth filter.