

The Effect of Forced and Unforced Variability on Heat Waves, Temperature Extremes, and Associated Population Risk in a CO₂-Warmed World

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Abstract

This study investigates the impact of global warming heat and humidity extremes by analyzing 6-hourly output from 28 members of the Max Planck Institute Grand Ensemble driven by forcing from a 1%/year CO₂ increase. We find that unforced variability drives large changes in regional exposure to extremes in different ensemble members, and these variations are mostly associated with ENSO variability. However, while the unforced variability of the climate can alter the occurrence of extremes regionally, variability within the ensemble decreases significantly as one looks at larger regions or at a global population perspective. This means that, for metrics of extreme heat and humidity analyzed here, forced variability of the climate is more important than the unforced variability at global scales. Lastly, we found that most heat wave metrics will increase significantly between 1.5°C and 2.0°C, and that low GDP regions shows significant higher risks of facing extreme heat events compared to high GDP regions. Considering the limited economic adaptability of population on heat extremes, this reinforces the idea that the most severe impacts of climate change may fall mostly on those least capable to adapt.

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27 analyzing 6-hourly output from 28 members of the Max Planck Institute Grand Ensemble driven
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39 adapt.

40 **1. Introduction**

41 The long-term goal of the 2015 Paris agreement is to keep the increase in global
42 temperature well below 2°C above pre-industrial levels, while pursuing efforts and to limit the
43 warming to 1.5°C. Given that no one lives in the global average, however, understanding how
44 these global average thresholds translate into regional occurrences of extreme heat and humidity
45 is of great value. Various studies have reported that regional extreme heat events and heat waves
46 will not only be more frequent, but also more extreme in a warmer world. This was discussed in
47 various assessment and reports such as US National Climate assessment and IPCC (Hoegh-
48 Guldberg et al., 2018; Masson-Delmotte et al., 2018; Melillo et al., 2014; Wuebbles et al., 2017)
49 and it is reported to have significant impacts on human society and health.

50 Many criteria and indices have been used to assess extreme heat, such as the absolute
51 increase of maximum temperature from the reference period (Wobus et al., 2018), risk ratio
52 (Kharin et al., 2018), and heat wave magnitude index (Russo et al., 2017). In this study, we
53 utilize four locally defined heat wave indices from Fischer (2010) and Perkins (2012), of
54 duration, frequency, amplitude, and mean. We also focus on consecutive-day extremes, which
55 are known to cause more harm than single-day events (Baldwin et al., 2019; Simolo et al., 2011;
56 Tan et al., 2010). In addition, because the combined effect of temperature and humidity is known
57 to affect human health by reducing the body's ability to cool itself through perspiration, wet-bulb
58 temperature is frequently analyzed (Kang & Eltahir, 2018) and we will do so here.

59 Climate extremes are always a combination of long-term forced climate change acting in
60 concert with unforced variability (Deser et al., 2012). Thus, characterizing and quantifying the
61 variability of the climate system is crucial in assessing the future risk of extreme events. There
62 have been numerous studies that links dominant modes of unforced variability to extreme events.

63 Temperature connections with El Niño Southern Oscillation (ENSO) (Meehl et al., 2007;
64 Thirumalai et al., 2017), Pacific Decadal Oscillation (PDO) (Birk et al., 2010) , Atlantic
65 Multidecadal Oscillation (AMO) (Zhang et al., 2020) have been investigated from the previous
66 studies. The effect of climate extremes on different populations depends on the level of
67 economic development, with impacts of heat extremes being more severe in less economically
68 developed countries (Diffenbaugh & Burke, 2019; Harrington et al., 2016; King & Harrington,
69 2018). For example, as temperatures go up, increased energy demand to cool buildings will be
70 required (Parkes et al., 2019; Sivak, 2009). But this requires resources to both install air
71 conditioning and then run it.

72 In this paper, a single-model initial-condition ensemble of 28 runs of a global climate
73 model (GCM) is used to quantify heat and humidity extremes in a warmer world. We use
74 population data to look at population risk as well as thresholds for mortality events in daytime
75 (Mora et al., 2017) and nighttime (Chen & Lu, 2014). We also utilize GDP per capita data to
76 investigate how climate change impacts different levels of economic status during extreme
77 events. To quantify the impact on energy demand, we also quantify changes in cooling degree
78 days and warming degree days.

79 The rest of the paper will focus on the following topics: Section 2 describes the model
80 and data used, Section 3 explains the bias-correction method, as well as explaining the metrics
81 used. Section 4 describes the results of the calculations and associated heat wave events in the
82 warmer world as well as the role of unforced variability on extreme heat events. Section 5
83 summarizes the results and suggests directions for the future work.

84

85 **2. Data**

86 *2.1. MPI-ESM 1% CO₂ runs*

87 Simulation data in this study come from an ensemble of runs of the Max-Plank Institute
88 Earth System Model collectively known as the MPI Grand Ensemble (MPI-GE) project (Maher
89 et al., 2019). Each of the 28 ensemble members branches from different points of a 2000-year
90 pre-industrial control run and go for 150 years, forced by CO₂ concentration increasing at 1% per
91 year (hereafter, 1% runs). Because forcing scales as the log of CO₂ concentration, the 1% runs
92 feature radiative forcing that increases approximately linearly in time. We analyze 6-hourly
93 output with $1.875^\circ \times 1.875^\circ$ spatial resolution for land and near-land ocean areas between 60°N
94 and 60°S. Our analysis will focus on 2-meter temperature (hereafter, t2m) and 2-meter dew point
95 temperature (d2m), from which 2-meter relative humidity and wet-bulb temperature (w2m) are
96 calculated using the equations of Stull (2011).

97 Unforced variability in the climate system generates uncertainties in the projection of the
98 climate by impacting the dynamic component of the climate, especially for extreme events (Kay
99 et al., 2015; Thompson et al., 2015). In this paper, we use the ensemble to allow us to estimate
100 the impact of unforced variability on temperature extremes.

101 We also analyze a 100-member ensemble of runs of the same model with historical
102 forcing (hereafter, historical runs), which is also a subset of MPI-GE. Each of the 100 members
103 simulates the years 1850-2005 and uses identical historical natural and anthropogenic forcing.
104 Like the 1% runs, each historical ensemble member branches from a different point in the same
105 2000-year control run. This historical ensemble only has monthly average fields.

106

107 *2.2. Global population and GDP per capita data*

108 Global population data from the NASA Socioeconomic Data and Applications Center
109 (SEDAC, 2018) are used to weight the heat wave indices by population. The data represent the
110 population in year 2015 at $30'' \times 30''$ spatial resolution, and we averaged and re-gridded to the
111 $1.875^\circ \times 1.875^\circ$ grid of the MPI model by summing the values in grid boxes surrounding the
112 MPI grid centers. In our population-weighted calculations, we assume that the relative
113 distribution of population remains fixed into the future.

114 Gridded GDP per capita data (Kummu, 2019) over 1990-2015 are used to estimate the
115 risk of heat extreme events for different levels of wealth. These data are regridded from the
116 original $5'' \times 5''$ spatial resolution to the MPI model's resolution of $1.875^\circ \times 1.875^\circ$ by
117 averaging the GDP inside the grid box. When averaging the GDP, per capita GDP has been
118 multiplied by population to estimate the total GDP. Data were then averaged over the 1990-2015
119 period. We assume that the relative percentile of GDP per capita for each grid point is assumed
120 to be fixed into the future, so changes in climate risk are due to exposure to warmer climate
121 extremes, not changes in relative per capita wealth.

122

123 **3. Method of analysis**

124 *3.1. Global warming*

125 Global warming is defined as the global and annual average temperature increase
126 compared to the first 5 years of the 1% run. We find that ensemble- and global-average t2m
127 reaches 1.5°C , 2°C , and 4°C occur in years 59, 76, and 133 years, respectively, and reaches
128 4.59°C at the end of the 150-year run. The increase of global average temperature is nearly linear
129 for both t2m and w2m (Figure 1a and 1b), consistent with a linear ramping of the forcing.

130

131 *3.2. Bias-correction of 1% runs*

132 Many GCMs have systematic biases in surface temperature, and various attempts have
133 been made to correct them (e.g. Li et al., 2010; Thrasher et al., 2012). In our analysis, we are
134 mainly interested in the spatial pattern of warming, and to judge the fidelity of that in the MPI-
135 ESM 1.1 model, we compare the 1% runs with ERA-Interim reanalysis data (Dee et al., 2011)
136 from European Centre for Medium-range Weather Forecast (ECMWF). To do this, we compared
137 the period 2003-2017 in the ERA-interim with a 15-year period in the 1% runs (years 39-53)
138 with the same ensemble- and global-average absolute temperature. The ensemble and area-
139 averaged bias for land and near-land ocean areas archived in the 6-hourly dataset is near zero for
140 t2m, but underestimates w2m over this period by 0.18°C (Figure 1).

141 But while the ensemble- and area-averaged t2m bias is near zero, the difference is not
142 zero at all grid points of individual ensemble members. Figures 2a and 2b show the difference in
143 the 90th percentile value of t2m and w2m at each grid point calculated over the 15-year period in
144 the model ensemble minus the 90th percentile value at the same grid point in the ERA-Interim.
145 Figures 2c and 2d show the difference in median values.

146 This bias is not the result of unforced variability — it is consistent in all ensemble
147 members. To show this, we calculate at each grid point the difference between the highest and
148 lowest 90th percentile temperature in the ensemble divided by the ensemble average 90th
149 percentile temperature bias between reanalysis data the ensemble, computed where the bias is
150 greater than 2°C (Figure 2e). We also do the same for the median temperature (Figure 2f). The
151 disagreement between the ensembles is at most 37% of the bias in the same region, and the
152 average is 13% (Figures 2e, f). In other words, the systematic bias of the model compared to
153 reanalysis exceeds the spread within the ensemble.

154 The CDF-t method (Michelangeli et al., 2009) is used to bias correct the 1% runs. CDF-t
155 method finds the transformation function that maps the cumulative density function (CDF) of a
156 GCM to the CDF of a historical reanalysis data in a reference period, which is year 39-53 in 1%
157 runs and 2003-2017 for ERA-Interim reanalysis data. This function is then applied to the 1%
158 runs to generate bias-corrected fields. For the values that fall outside the limits of the CDFs in
159 the reference period, linear extrapolation is used. CDF-t is known to realistically correct the
160 temperature and precipitation output of GCMs, especially for extreme events (Vrac et al., 2012;
161 Watanabe et al., 2012).

162 Bias correction via CDF-t is done for t2m and d2m, and then rh and w2m are calculated
163 with these bias-corrected fields. The bias is reduced significantly for all regions for both t2m and
164 w2m (Figures 1c, 1d, 2a-2d). The bias in w2m is mostly caused by the small remaining biases in
165 t2m and d2m, which are amplified in the w2m calculation. Hereafter, ‘1% runs’ will refer to the
166 bias-corrected 1% runs.

167 Since the 1% runs are CO₂-only forcing, without aerosol forcing, one might wonder
168 whether the temperature extremes estimated by these models would apply to a world with a more
169 realistic forcing that includes aerosols. To determine this, we have compared monthly average
170 and monthly maximum temperatures from an ensemble of 100 RCP 8.5 scenario runs from the
171 MPI-GE to the same quantities estimated from the 1% ensemble. If we compare the ensembles
172 at points in time when they have 1.5, 2, 3, and 4°C of ensemble- and global-average warming,
173 we find very small regional differences — the regional ensemble averaged maximum and mean
174 temperature difference was less than 0.5°C in all regions. Alternatively, since we bias-corrected
175 the 1% CO₂ runs to reanalysis data, which contains aerosol forcing, our bias-corrected 1% CO₂

176 runs can be understood as a continuously warming climate driven by CO₂, with effect of aerosols
177 fixed at 2003-2017 period.

178

179 *3.3. Heat wave indices*

180 Identification of heat waves is done in several steps. First, we smooth a daily maximum
181 temperature (determined from 6-hourly temperatures) using a 15-day moving window for the
182 first 5 years of 1% runs, which is the period before significant warming has occurred. This was
183 done at each grid points, followed by a framework from Fischer (2010). Then, also for each grid
184 point, the 90th percentile of smoothed daily maximum temperature for the first 5 years was
185 calculated. This value is used as a threshold for the heat waves. After calculating the threshold,
186 we calculate the heat wave days, defined as days that exceeds the threshold for three or more
187 consecutive days (Baldwin et al., 2019).

188 We then define four indices to represent the characteristics of these heat waves. To
189 determine the occurrence of events, heat wave duration (HWD; longest heat wave of the year)
190 and heat wave frequency (HWF; total number of heat wave days in a year) are calculated. From
191 an intensity perspective, heat wave amplitude (HWA; maximum temperature during heat wave
192 days during a year) and heat wave mean (HWM; mean temperature during heat wave days in a
193 year) are selected. These indices are also calculated in an analogous fashion for wet bulb
194 temperature (w2m), since wet-bulb temperature is arguably more relevant for human health
195 (Buzan & Huber, 2020; Heo et al., 2019; Morris et al., 2019). These indices are summarized in
196 Table 1.

197

198 *3.4. Deadly days and tropical nights*

199 Heat wave thresholds are different for each grid point because they are based on pre-
200 industrial baseline at that grid point. Combined with regional differences in the ability to adapt,
201 this means that heat waves in different regions may have different implications for human
202 society. We therefore also count the number of days each year with w2m above 24°C, which we
203 refer to as “deadly days”. This value is consistent with the analysis of Mora et al., (2017), who
204 demonstrated that this is the threshold above which fatalities from heat-related illness occur. A
205 warm nighttime minimum temperature can be as important as a high maximum temperature for
206 human health and mortality (Argaud et al., 2007; Patz et al., 2005), so we define “tropical nights”
207 as a daily minimum t2m over 25°C (Lelieveld et al., 2012).

208

209 *3.5. Cooling degree days and heating degree days*

210 To assess the economic and energy impact of heat extremes, cooling degree days (CDD)
211 and heating degree days (HDD) are calculated. CDD and HDD are metrics of the energy demand
212 to cool and heat buildings. For each grid point, annual CDD is calculated by subtracting 18°C
213 from the daily average temperature and summing only the positive values over the year. HDD is
214 the absolute value of the sum of the negative values. Although energy demand could be highly
215 linked to the culture, wealth, population of the region and other meteorological conditions rather
216 than the daily mean temperature, previous studies reported that CDD and HDD are closely
217 related to energy consumption (Sailor & Muñoz, 1997).

218

219 **4. Results**

220 *4.1. Impact of unforced variability of climate on regional heat extremes*

221 To investigate the impact of unforced variability on more regional heat extremes, we
222 select 15 large cities spread around the world (Fig. 3a). Figure 3b-d shows the maximum spread
223 in the number of deadly days and tropical nights within the ensemble — i.e., the difference
224 between the ensemble member with the highest values of extreme events (deadly days, tropical
225 nights) minus the member with the lowest — at a year when ensemble- and global-average
226 temperature reaches the threshold.

227 This difference within the ensemble is the result of unforced variability and we see that it
228 varies considerably among the cities. For example, Moscow shows a small spread within the
229 ensemble for both deadly days and tropical nights for all periods of global warming. This is
230 because, even with 4°C of warming, Moscow experiences a maximum of only 8 deadly days and
231 25 tropical nights per year. In contrast, with 3°C of warming, a warmer city such as Kinshasa
232 experiences 148 more deadly days in some ensembles than others, and 55 more tropical nights.
233 For all 15 cities, average spread in the number of deadly days at 1.5°C, 2.0°C, 3.0°C, and 4.0°C
234 of global warming between the ensemble members with maximum and minimum numbers is
235 53.5, 53.2, 63.6, and 56.8 days per year. For tropical nights, the spread is 50.4, 50.3, 50.9, and
236 52.2 days per year. So, on average, unforced variability can change the number of extreme days
237 and nights by about two months per year.

238 Previous work has attempted to distinguish the origin and mechanisms of unforced
239 variability from temperature and temperature extremes (Birk et al., 2010; Meehl et al., 2007;
240 Zhang et al., 2020). To probe the physical mechanisms affecting this spread of ensembles,
241 empirical orthogonal function (EOF) analysis was performed separately on the detrended and
242 normalized time series of deadly days and tropical nights for the 15 cities across the ensemble.

243 We aim to find the dominant drivers of unforced variability that impacts representative cities
244 around the world.

245 The first three EOF patterns are plotted in Fig. 4. The first EOF mode of deadly days per
246 year in 15 cities show similar signs for all cities except Istanbul and Kinshasa, where the
247 magnitude of the EOF is small for both cities. This means that, if one of the cities is hot, then the
248 others also tend to be hot. The second and third EOFs for deadly days shows more variability
249 between the cities. The EOFs for tropical nights (Fig. 4d, 4e, 4f) shows more variability, with
250 higher frequency of tropical nights in some cities associated with lower values in others.

251 The PC time series are projected onto detrended annual sea surface temperature (SST)
252 anomalies, and this is also plotted in Fig. 4. All of the projections of deadly day PCs and
253 projections of the first two modes of tropical nights shows patterns similar to El Niño-Southern
254 Oscillation (ENSO) and Pacific Decadal Oscillation (PDO). Characteristic patterns for ENSO,
255 PDO, and AMO are calculated for each ensemble using all 150-year of SSTs, and the pattern is
256 averaged over ensembles to come up with a single ENSO, PDO, and AMO SST for the ensemble.
257 Then, those patterns are compared with the PC projection on SST. Correlation coefficients
258 between the standard climate indices and PC projected SST is shown on lower panel of Fig. 4.

259 Power spectra of the PCs are plotted in Figure 5. Overall, the spectra of the deadly day
260 PCs look very much like the spectrum for ENSO, but does not have the ~20-year peak of the
261 PDO spectrum. This tells us that, in this model at least, the variability in the occurrence of
262 deadly days in these large cities is strongly regulated by ENSO. The third deadly day PC has
263 lower correlations with ENSO or PDO index and a peak at both the ENSO period a slightly
264 longer period than ENSO, about 10 years, so it is harder to draw firm conclusions about the
265 mechanism behind it.

266 The tropical night PCs also show peaks at ENSO periods (Fig. 5b) suggesting that, like
267 deadly days, tropical night variability is controlled by ENSO. However, the PC-projected SST
268 of the third EOF of tropical nights shows high values near Northern Africa and East Asian region,
269 suggesting that this EOF represents the effect of ENSO on tropical night variability in this region.

270

271 *4.2. Cluster analysis and population risk of heat wave indices*

272 We calculate HWD, HWF, HWA, and HWM for both t2m and w2m each year at each
273 grid point, which generates eight different 150-year time series for each of the 28 ensemble
274 members. Each time series at each grid point is regressed vs. time, yielding a slope and the
275 intercept for each time series in all of the 28 ensemble members. The 16 variables (8 [heat wave
276 indices] \times 2 [slope, intercept]) are then utilized as a predictor variable for K-means clustering
277 (Likas et al., 2003) to categorize the spatial variation of heat waves. K-means clustering aims to
278 classify the observations (grid point over land) into clusters using the Euclidean distance of its
279 predictor variables (16 variables). The number of clusters (K) in this study is set to 6, using the
280 elbow method (Syakur et al., 2018).

281 Figure 6a shows the cluster value that most ensembles assigned to each grid point and it
282 shows distinct geographical characteristics, as summarized in Table 2 (the result of clustering
283 shows little difference between the ensemble members). As might be expected, each cluster
284 shows a different evolution of heat extremes in warmer world (Figure 7). Although the warming
285 signal is largest in the polar regions (Figure 6b), the largest increases of HWD and HWF are
286 observed at lower latitudes (in cluster 1 and 2 on Figure 7a-d). This is due to low variability in
287 these regions compared to polar regions, making it easier for a trend to exceed the heatwave
288 threshold.

289 For HWA and HWM, the rate of increase is similar for all clusters, with increases of
290 HWA_{t2m} and HWA_{w2m} of 3.5 and 2.2°C, respectively (Figure 7e-h). The exception is HWA_{t2m} in
291 cluster 6. The large increase of HWA_{t2m} in this region is connected to the strong global warming
292 signal in high latitudes that has been predicted for decades and now observed (Stouffer &
293 Manabe, 2017).

294 Turning to deadly days (Fig. 7i), we find a substantial increase occurs in cluster 1 after
295 1.5°C of warming; this is important because it gives additional support for the Paris Agreement's
296 aspirational goal of limiting global warming to 1.5°C. Almost all of the increases in deadly days
297 are in low latitudes (cluster 1, 2, and 3). For tropical nights, low latitudes as well as deserts
298 (cluster 4) contribute most of the increase. These regions also show more rapid increases when
299 global average warming exceeds 1.5-2°C.

300 Figure 7 also shows the spread in within the ensemble for each metric and cluster. We
301 find that the spread for a cluster is generally smaller than the differences between the clusters.
302 This suggests that the differences obtained are not due to interannual variability.

303 We also generated indices weighted by population. Heat wave indices for the 90th
304 percentile of population (meaning 10% of the population is exposed to higher values) and
305 median of the population are depicted in Figure 8. Figure 8a shows that with 4°C of warming, 10%
306 of the Earth's population will experience heat waves lasting 131 days, and half of the population
307 will experience heat waves around 64 days long. These are large increases over present-day
308 values of 35 days and 17 days. Notably, the average of the standard deviation between the
309 ensembles during 150-yr period are 6.7 days and 3.4 days for the 90th percentile and median,
310 respectively. This is significantly smaller than values from the regional analyses of cities in

311 Figure 3, where the unforced variability can make a huge difference in the occurrence of heat
312 waves.

313 The rate of increase of HWD_{w2m} and HWF_{w2m} in Fig. 8 accelerates when global average
314 warming exceeds 1-1.5°C. Given that the planet has already warmed about 1°C above pre-
315 industrial, this suggests that the world may be on the cusp of a rapid increase in wet-bulb
316 extremes. This is related to the increased slope in Figure 7, in which cluster 1 and 2's values of
317 HWD_{w2m} and HWF_{w2m} increase rapidly between 1.5C and 2.5°C of global warming. At warmer
318 temperatures, HWD_{w2m} and HWF_{w2m} reach a plateau, since values over 300 days per year means
319 there is little room for additional increase. For $HWA_{t2m/w2m}$ and $HWM_{t2m/w2m}$, the increase is
320 mostly linear. Also note that at 4°C of global warming, HWA_{w2m} reaches 30°C, which while not
321 immediately fatal to humans may nevertheless indicate great difficulty for even a developed
322 society to adapt to.

323 Currently, 5% of the total population faces more than 180 deadly days and 302 tropical
324 nights per year. This grows to 204 and 333 days, respectively, at 1.5°C warming. With 2°C of
325 global warming, half of the population will face 2 months of deadly days every year and with
326 2.5°C of global warming, and 5% of the population will be in an environment where every day in
327 a year is a tropical night. With 2°C of global warming, the minimum ensemble member of
328 deadly days and tropical nights is above the maximum ensemble of the current climate. Further
329 details are also shown in Table 3.

330 It is notable that, although there is a large spread between the ensemble members in each
331 city (Figure 3), the spread in the clusters (Figure 7) and population-weighted metrics (Figure 8)
332 is not as large. This emphasizes that the effect of unforced variability might be large in small
333 regions, but as the region expands, opposite signs of variability cancel, so area-average

334 variability decreases. This is also found in Table 3, where in each case, the standard deviation
335 between ensembles is less than 10% of the average. This indicates that natural variability will
336 play a minor role in determining global exposure to temperature thresholds, although different
337 people may be affected in different climate realizations.

338 In addition, with 1.5°C of global warming, the lowest ensemble of the 90th percentile of
339 HWD_{t2m} , HWD_{w2m} , and HWF_{t2m} exceeds the highest ensemble of the same metric in the current
340 climate (red lines in Figure 8). With 2°C of warming, the minimum ensemble of HWF_{w2m} ,
341 HWA_{t2m} , HWA_{w2m} , and HWM_{w2m} exceed the maximum ensemble of the current climate, and
342 with 2.5°C of warming, the minimum ensemble of all metrics exceeds the maximum ensemble of
343 the same metric in the current climate. Thus, this model predicts that the occurrence of extremes
344 will soon be able to exceed values likely possible in our present climate.

345

346 *4.3. Analysis on GDP per capita*

347 It is well-known that not everyone is equally vulnerable to extreme weather, with rich,
348 developed countries having more resources to deal with extreme events. In that context, global
349 gridded GDP per capita is used to calculate average risk at each level of wealth. The ensemble-
350 average result is depicted in Figure 9, which shows the increased number of deadly days and
351 tropical nights that each level of economic level experience relative to today's current level of
352 global warming. This plot assumes that the distribution of population and GDP remains fixed
353 through time.

354 With 0.5°C increase of global warming, population in lowest 10% of GDP will face 28
355 more deadly days and 22 more tropical nights increasing compared to present day. In contrast,
356 the richest 10% will experience 5 and 3 more deadly days and tropical nights for the same

357 warming. At 3°C above current temperatures (about 4°C above preindustrial temperatures), the
358 population with the lowest 10% of GDP will experience 154 and 162 more days of deadly days
359 and tropical nights compared to today's climate. On the other hand, population with the highest
360 10% of GDP will experience an increase of 26 and 30 days for the same warming. The regions
361 that contribute the most for the low GDP percentiles are Tropical Africa, including Republic of
362 the Congo, Kenya, Uganda, Ethiopia, and Sudan, which are in clusters 1 and 2 in our cluster
363 analysis. The maximum difference of heat wave days between the ensembles is less than 25% for
364 all GDP and global warming levels.

365

366 *4.4. Energy demand on large cities*

367 Annual CDD and HDD have been calculated for the 15 cities in section 4.1. Fig. 10
368 shows the percent change of CDD and HDD at 1.5°C, 2.0°C, 3.0°C, and 4.0°C relative to the
369 pre-industrial CDD and HDD values (average of first 5 year of 1% CO₂ runs). This was done for
370 each city, and for each ensemble member. In 1.5°C, 2.0°C, 3.0°C, and 4.0°C warming, CDD in
371 15 cities increases by 26%, 38%, 60%, and 82%. This suggests an enormous increase in energy
372 required for cooling. In contrast, energy demand on cold days (HDD) decreases by 51%, 60%,
373 68%, and 75%, compared to pre-industrial baseline, suggesting a partially offsetting decrease in
374 energy required for heating. The spread between the ensemble members is small compared to the
375 average of the ensembles, except for Moscow.

376 Large percentage increases in CDD for Moscow is the result of low pre-industrial CDD
377 values, so that (relatively) small increases in CDD correspond to large fractional changes, as well
378 as large differences between ensemble members. The ensemble spread of HDD in Moscow is
379 also large, compared to other cities. This is not due to low values of HDD – Moscow has highest

380 HDD value among 15 cities (4062 days °C per year in pre-industrial condition) — but rather that
381 unforced variability of the climate is more important for HDD than CDD values for Moscow.

382

383 **5. Conclusion**

384 In this study, we found that extreme heat events will become more frequent and severe in
385 a continuously warming world. In a warmer world, duration, frequency, amplitude, and mean of
386 extreme heat and humidity events increase, especially in low-latitude regions. In some of the
387 regions, wet bulb temperature will reach upper 20s, which is above the level that significantly
388 impact human mortality. We also find and quantify the impact of forced change and unforced
389 variability on the extreme heat events.

390 Our results show that ENSO is the dominant mode of unforced variability impacting the
391 occurrence of extreme heat and humidity events and that events tend to be synchronous in 15
392 large cities we chose. But while the impact of unforced variability might be significant regionally,
393 it narrows down when one looks at larger aggregate regions.

394 Looking at the population-weighted stats, we found that with 1.5°C of global average
395 warming, over 10% of population will face heat waves of 42°C temperature, and 27°C wet bulb
396 temperatures. With 4°C warming, 10% of population will face 45°C temperature and 29°C wet
397 bulb temperature. Also, even with 1.5°C of warming, which is about 0.5°C higher than the
398 current level, 5% of the population will face more than 200 days of deadly days and over 300
399 days of tropical nights per year. With 4°C of warming, 10% of the population will experience
400 over 300 days of deadly days and over 330 days of tropical nights per year. Given these two
401 metrics are based on human mortality, this may have significant impact on human health
402 globally.

403 Sorting heat and humidity events by wealth, we found that increasing frequency and
404 severity of extreme events will fall mostly on the poorest people. Given underdeveloped
405 countries' lack of ability to endure climate extremes, and that they have contributed the least to
406 climate change, this introduces a profound moral dimension to the problem. To further
407 investigate the economic impacts of increasing heat extremes, cooling degree days (CDD) and
408 heating degree days (HDD) are calculated for 15 large cities. Energy demand for cooling (CDD)
409 increases by average of 26% on 1.5°C and 82% on 4.0°C of warming, while energy demand for
410 heating (HDD) decreases by 51% and 75%. Since CDD is known to have a conditionally linear
411 relationship with the energy consumption, with slope increasing with higher CDD (De Rosa et al.,
412 2014; Shin & Do, 2016), increasing CDD in a warmer world could be one of the factors driving
413 increased economic inequity from global warming related heat extremes, due to high cost and
414 demand for energy in poorest countries.

415 Uncertainties in this analysis include our use of gridded 6-hourly climate model output.
416 Another uncertainty is that our runs are continuously warming, and it is possible that an
417 equilibrium world at any given temperature may experience different occurrence of extremes
418 than in the runs in this paper. Additionally, since an increasing proportion of the population lives
419 in dense metropolitan areas, there is also the possibility that actual heat and humidity extremes
420 that populations experience could be more severe than the gridded data due to local phenomena
421 such as the urban heat island effect (Murata et al., 2012). Statistical or dynamical downscaling
422 could be used for a more detailed analysis (Dibike & Coulibaly, 2006; Wood et al., 2004). This
423 was not done in this study because the model we used is already bias-corrected, so another
424 downscaling would affect the consistency of the model. However, better understanding and

425 evaluation of the actual temperatures people are projected to experience would be a useful next
426 step.

427

428 **Acknowledgments**

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431 this article.

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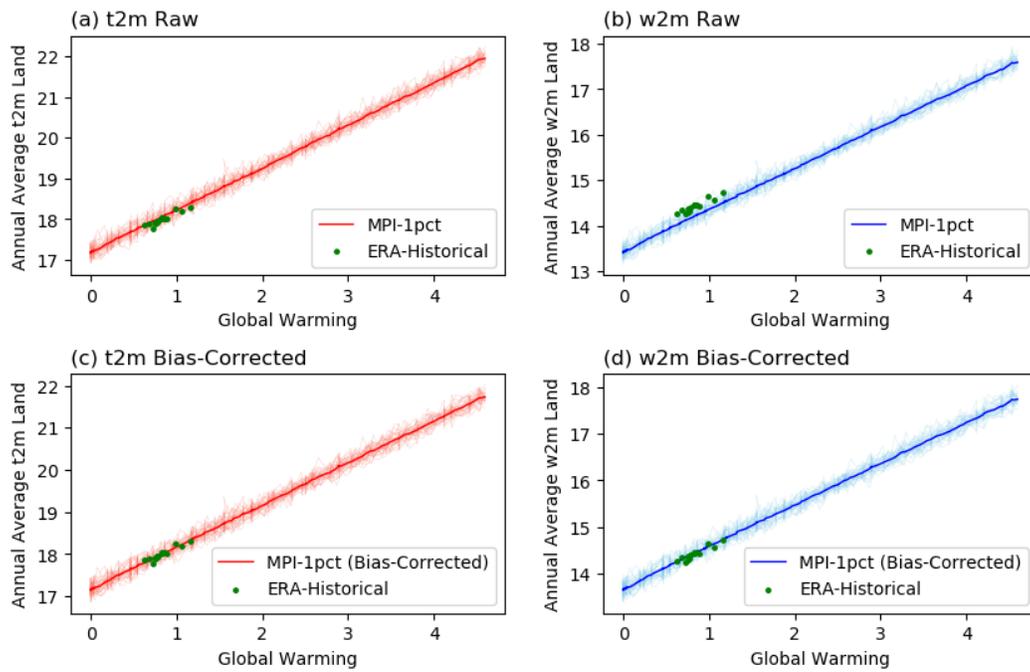
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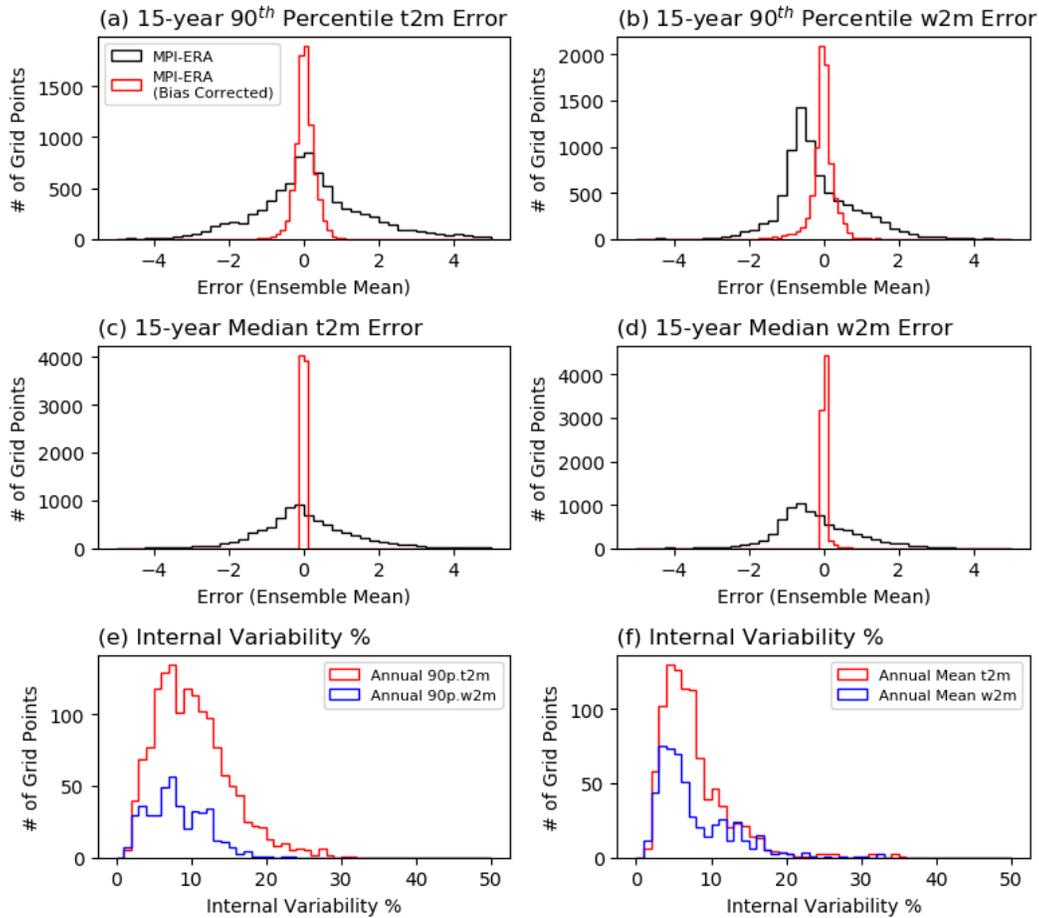
582 **Figure 1.** (a) Annual average temperature (t2m) for 150-yr 1% runs, calculated for land and

583 near-land ocean areas. Green dots show the historical record of ERA-Interim for the

584 corresponding global warming levels. (b) Same as (a), but for wet-bulb temperature (w2m). (c, d)

585 same as (a, b), but for the bias-corrected 1% runs.

586



587

588 **Figure 2.** Histogram of (a, c) 2m temperature and (b, d) wet bulb temperature error (MPI minus

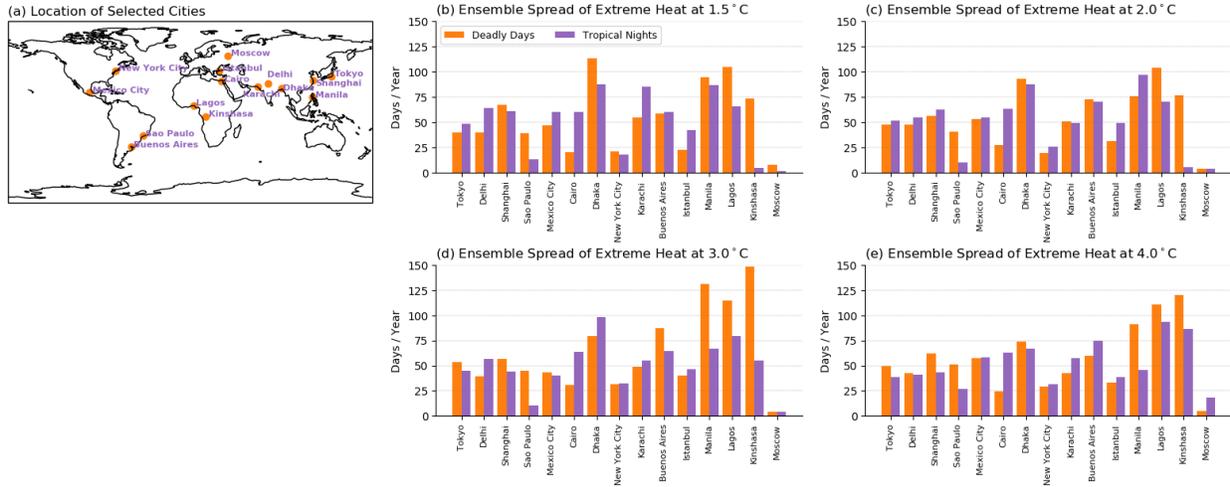
589 ERA) between ERA-Interim and 1% MPI runs with the same global average temperature. The

590 error of the (a, b) 15-year 90th percentile and (c, d) median are shown. (e, f) The percentage of

591 unforced variability (maximum ensemble member – minimum ensemble member) against

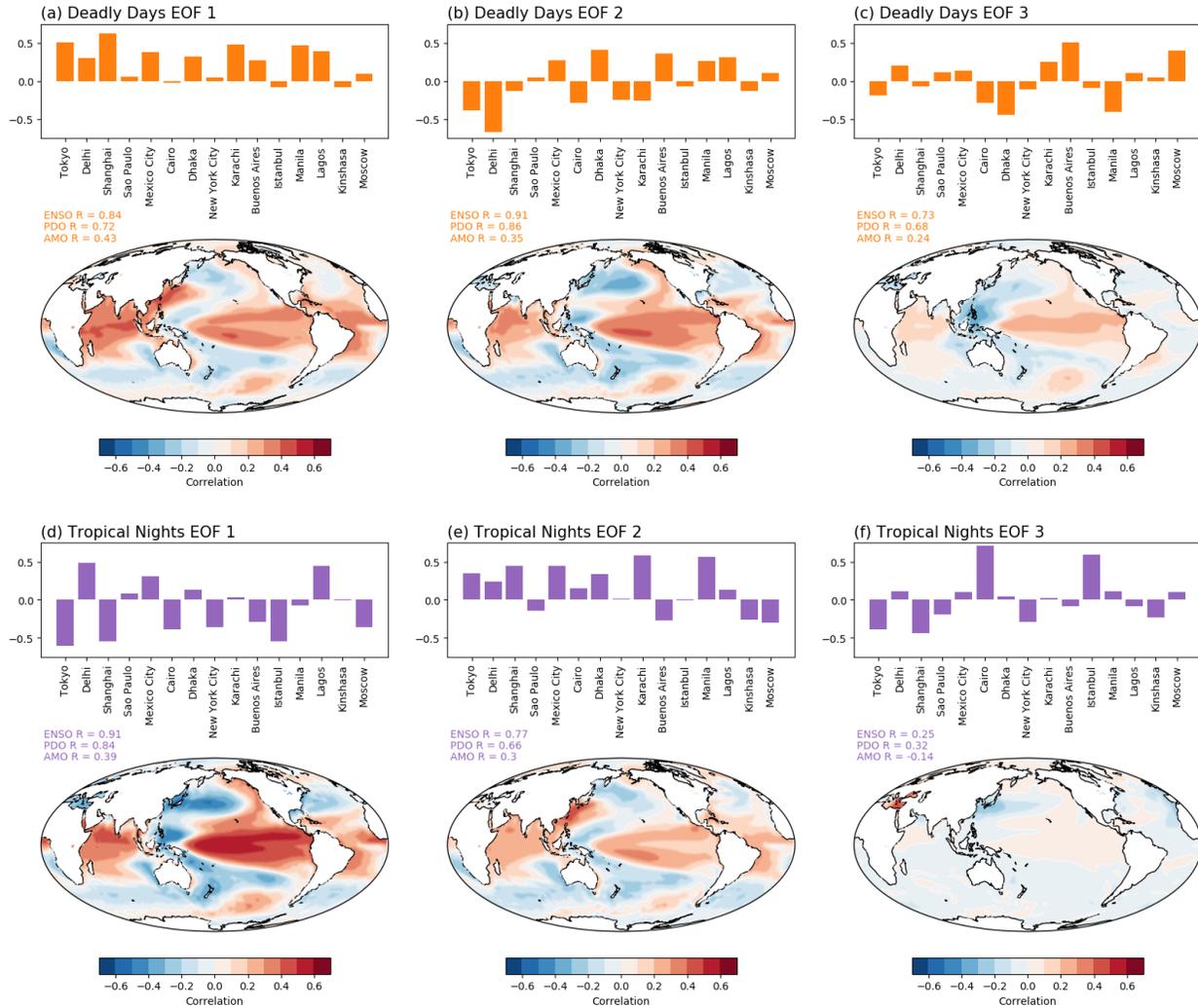
592 absolute value of the average difference with reanalysis.

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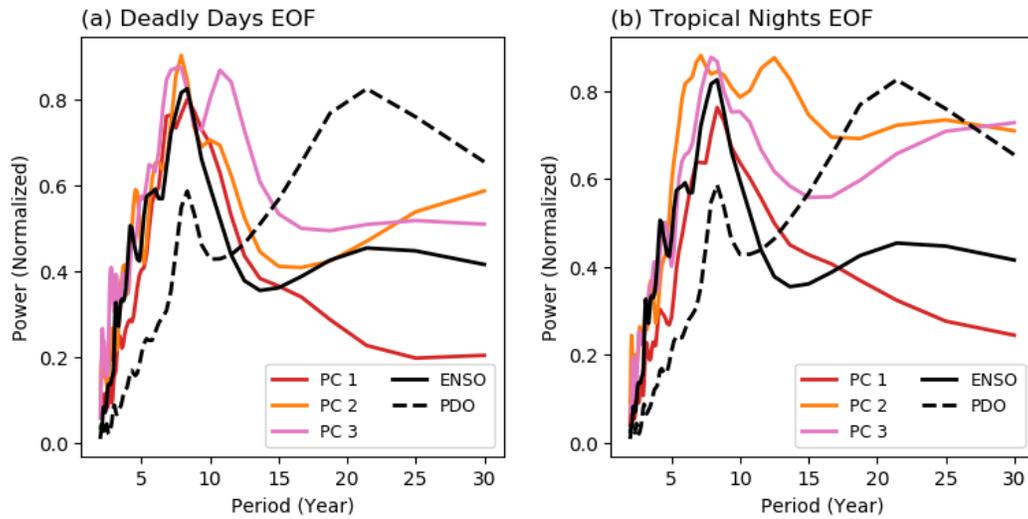
595 **Figure 3.** (a) Location of 15 selected cities and spread of heat extremes between ensemble
 596 members in (b) 1.5, (c) 2.0, (d) 3.0, and (e) 4.0°C of global warming. Ensemble with smallest
 597 heat extreme days are deducted from the ensemble with most heat extreme days to calculate the
 598 spread. Number of heat extreme days are calculated by averaging 3×3 grid covering the selected
 599 city.



600

601 **Figure 4.** First three EOFs of deadly days (a, b, c) and tropical nights (d, e, f) in 15 cities. Heat
 602 extremes in 15 cities are linearly detrended and normalized before EOF analysis. For each panel,
 603 the bar graph shows the EOF pattern of the number of heat extremes days per year. Contour plots
 604 shows the SST pattern associated with the EOF mode, obtained by projecting each mode of PC
 605 onto SST anomalies. Ensemble members are averaged to yield the SST pattern. Pattern
 606 correlation with major modes of climate variability (ENSO, PDO, AMO) are also shown, as
 607 discussed in the text.

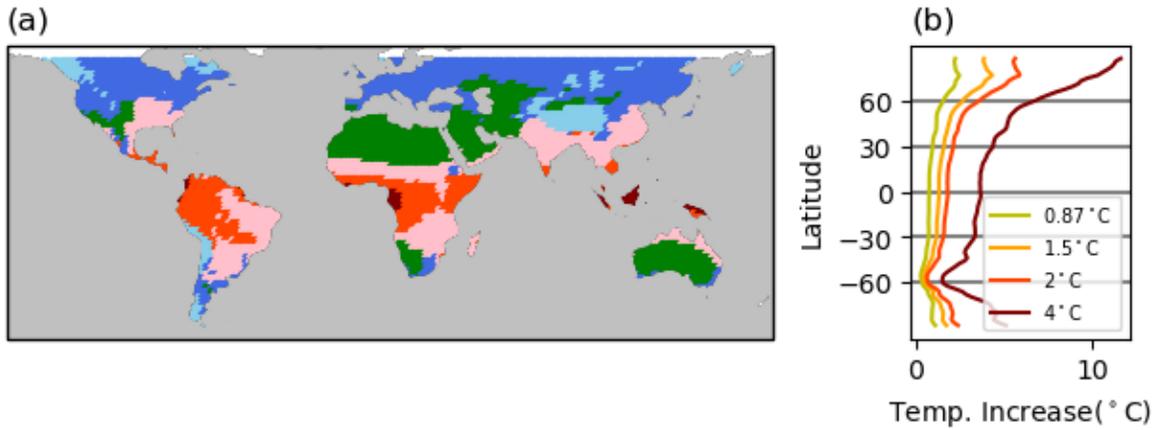
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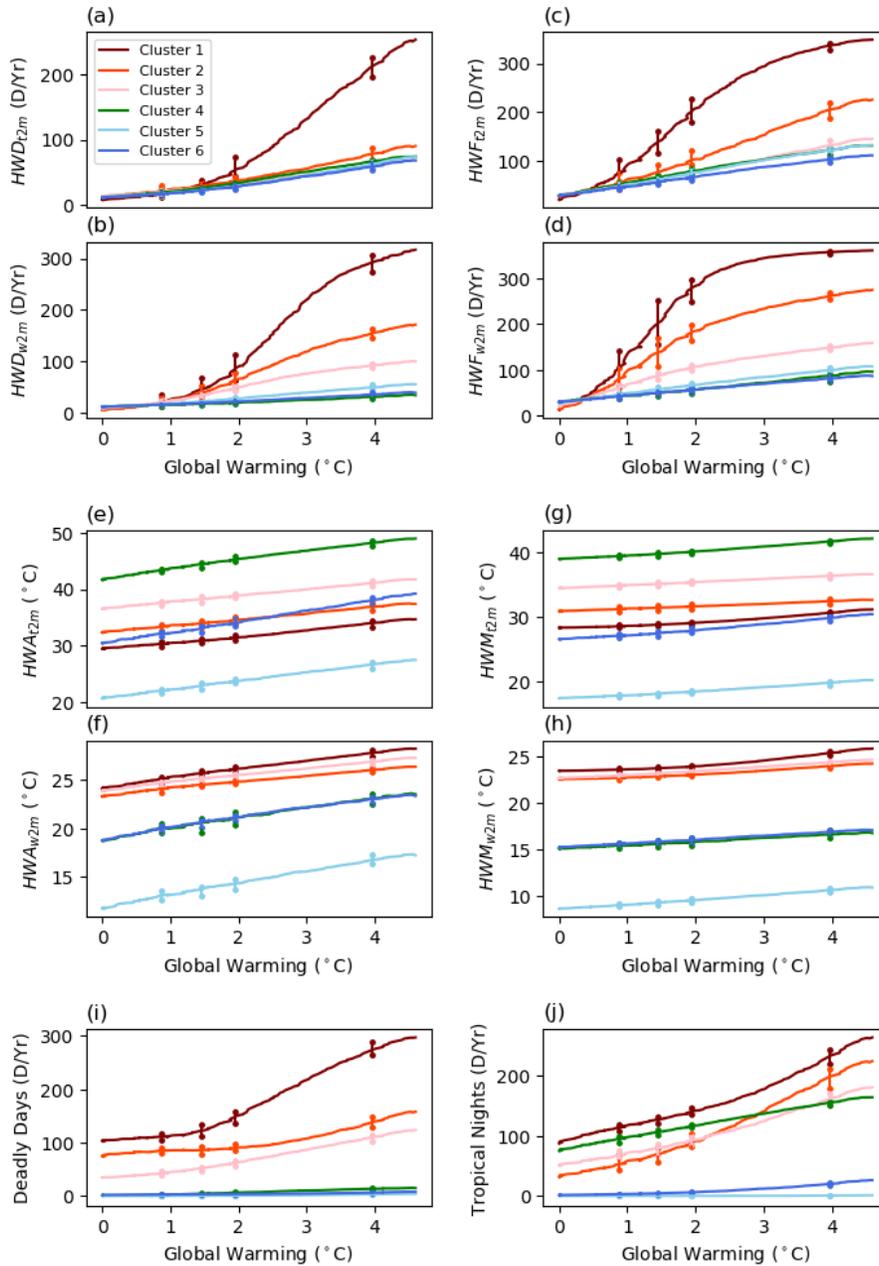
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610 **Figure 5.** Frequency power spectrum of ENSO, PDO, and PC of first three EOF modes for (a)
 611 deadly days and (b) tropical nights. ENSO is calculated with the Niño 3.4 Index, and PDO is
 612 calculated as a leading EOF of SST anomaly in North Pacific basin. Monthly SST data is used
 613 for both ENSO and PDO, and then each index is averaged over the year to have consistency with
 614 deadly days and tropical nights.

615



617 **Figure 6.** (a) Clustered regions via K-means clustering. (b) Zonal average of temperature
618 increases at the time of 0.87°C (current climate), 1.5°C, 2°C, and 4°C of global warming
619 compared to pre-industrial baseline in the 1% runs. Temperatures are averaged over a 5-year
620 period after each warming threshold is observed.
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624

Figure 7. Evolution of each index averaged over each cluster. Values of each metric are

625

calculated by averaging grid points belonging to each cluster separately for each ensemble.

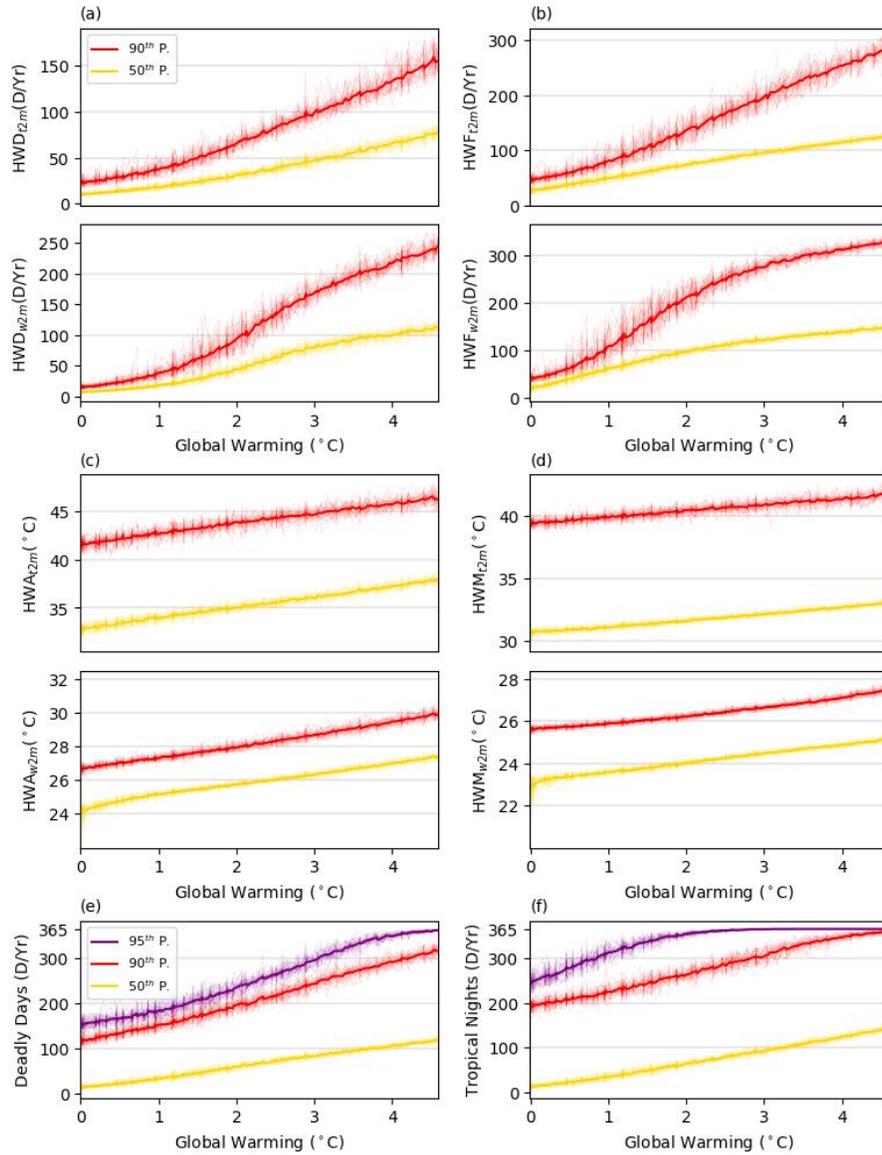
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Vertical lines with dots show the maximum and minimum of 28 ensemble members at each

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threshold of warming to represent the spread between the ensemble.

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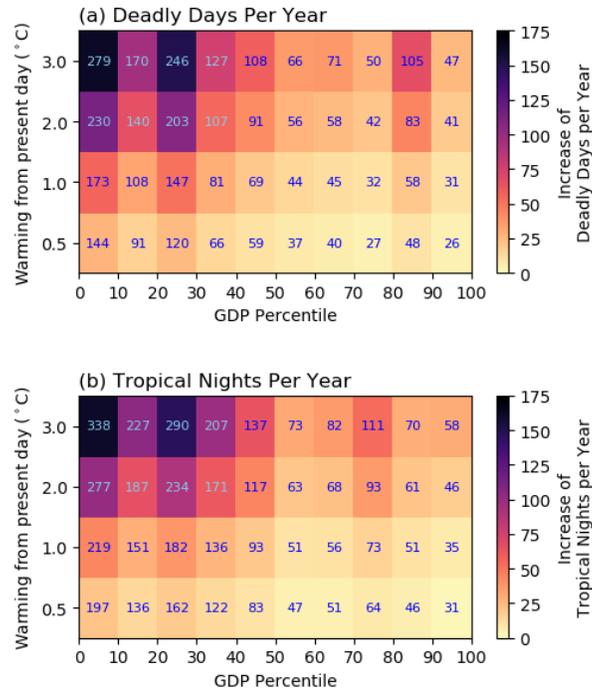


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630 **Figure 8.** Changes of population-weighted heat wave indices at each level of global warming.

631 Each line denotes one ensemble member for percentile of population.

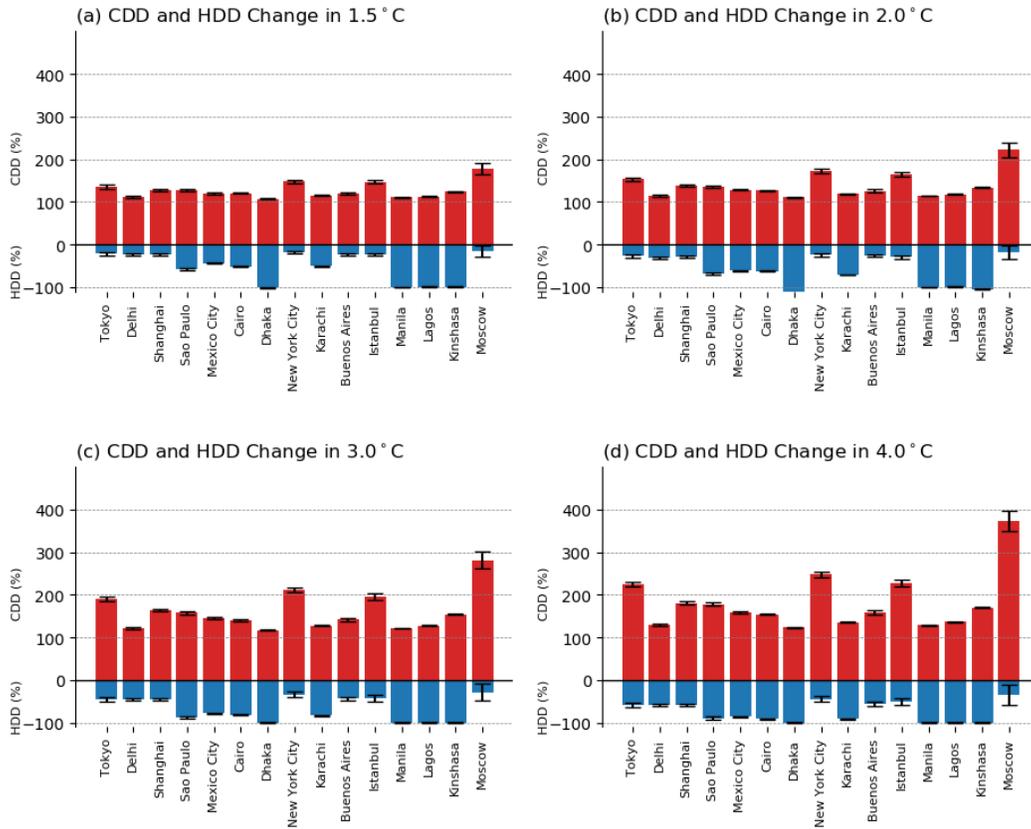
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633

634 **Figure 9.** Increase in (a) Deadly Days and (b) Tropical Nights compared to our present climate,
 635 binned by percentile of GDP per capita at selected levels of warming compared to present day,
 636 averaged over the population within the GDP percentile (for example, averaged over population
 637 in 0~10 percentile of GDP), and over all ensemble members for 5-year window after each level
 638 of warming first occurs. Blue text inside the heatmap represent the absolute of Deadly Days and
 639 Tropical Nights in each level of warming above present day.

640



641
 642 **Figure 10.** CDD (red bar) and HDD (blue bar) values at each levels of global warming, divided
 643 by the pre-industrial CDD and HDD for 15 selected cities. Error bars show the standard
 644 deviation between the ensemble members.
 645

646 **Table 1.** Explanation of heat wave indices used in this study.

Acronym	Index	Definition	Units
HWD _{t2m/w2m}	Heat wave duration	Length of longest period of consecutive heat wave days in a year	# days
HWF _{t2m/w2m}	Heat wave frequency	Total number of heat wave days in a year	# days
HWA _{t2m/w2m}	Heat wave amplitude	Maximum temperature over all heat wave days in a year	°C
HWM _{t2m/w2m}	Heat wave mean	Average temperature over all heat wave days in a year	°C
Deadly Days	Deadly Days	Daily maximum wet-bulb temperature over 24°C	# days
Tropical Nights	Tropical Nights	Daily minimum temperature over 25°C	# days
CDD	Cooling degree days	Sum of positive values after removing 18°C from daily average temperature	°C days
HDD	Heating degree days	Absolute value of sum of negative values after removing 18°C from daily average temperature	°C days

648 **Table 2.** Percentage area and major regions belonging to each cluster. Clusters are identified
 649 only for the global land areas.

Cluster	Color	Area percentage (%)	Major regions	Cluster name
1	Maroon	2.95	Indonesia, Malaysia, Cameroon, Gabon	Tropical West Pacific
2	Orange	12.34	Northern South America, Central Africa	Tropical Africa and America
3	Pink	22.70	India, Southeast Asia, Eastern South America, Southeast U.S.	Sub-Tropical Asia and America
4	Green	21.55	Northern Africa, Middle East, Australia	Deserts
5	Sky blue	7.69	Himalayas, Andes	Mountain Range
6	Blue	32.75	Canada, Northwest U.S., Russia	Sub-Polar Region

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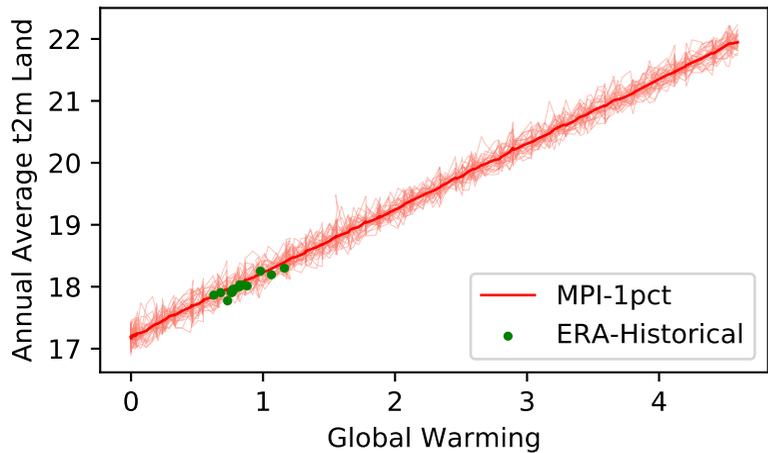
651 **Table 3.** Number of deadly days each percentile of global population faces with 0.87°C (current
652 period), 1.5°C, 2°C, 3°C, and 4°C global warming from the pre-industrial condition. Standard
653 deviations between the ensembles (1σ) are also shown.

		Global Warming				
Population		0.87°C	1.5°C	2.0°C	3.0°C	4.0°C
Deadly Days	95 th p.	180 (\pm 13)	204 (\pm 14)	228 (\pm 15)	297 (\pm 15)	349 (\pm 6)
	90 th p.	148 (\pm 8)	170 (\pm 9)	190 (\pm 13)	244 (\pm 11)	292 (\pm 10)
	50 th p.	31 (\pm 3)	44 (\pm 6)	58 (\pm 5)	84 (\pm 4)	105 (\pm 4)
Tropical Nights	95 th p.	302 (\pm 14)	333 (\pm 9)	350 (\pm 4)	364 (\pm 1)	365 (\pm 0)
	90 th p.	217 (\pm 9)	241 (\pm 13)	262 (\pm 10)	306 (\pm 16)	345 (\pm 7)
	50 th p.	32 (\pm 5)	47 (\pm 7)	61 (\pm 5)	94 (\pm 6)	122 (\pm 5)

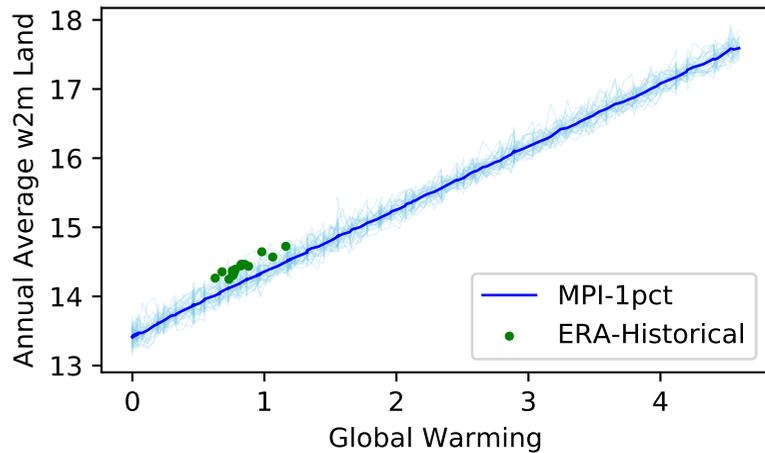
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Figure 1.

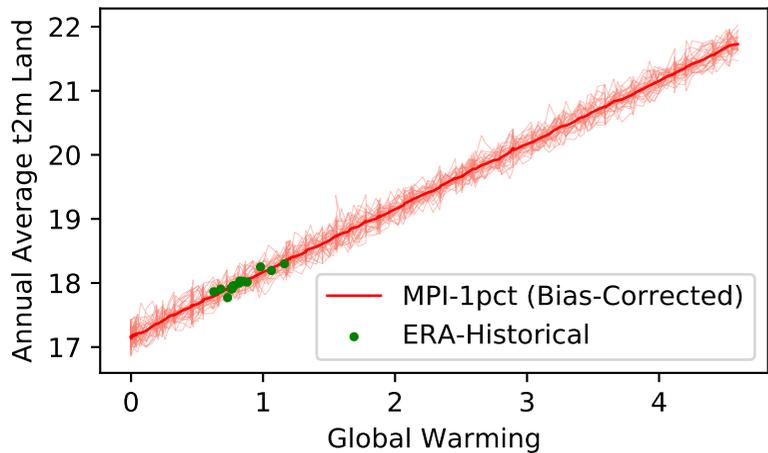
(a) t2m Raw



(b) w2m Raw



(c) t2m Bias-Corrected



(d) w2m Bias-Corrected

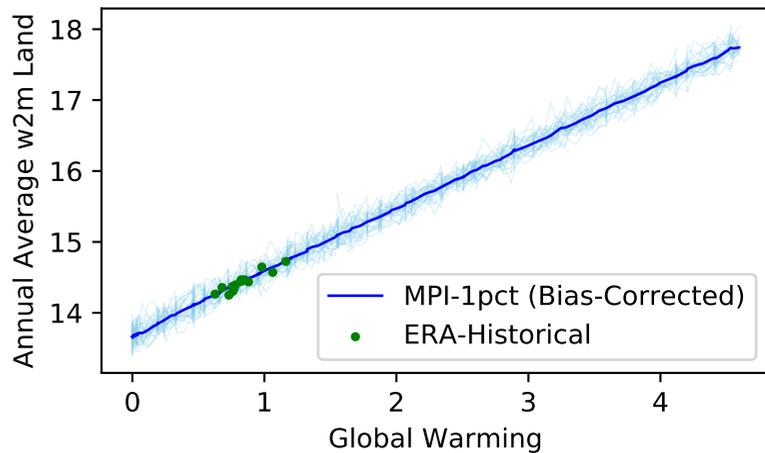
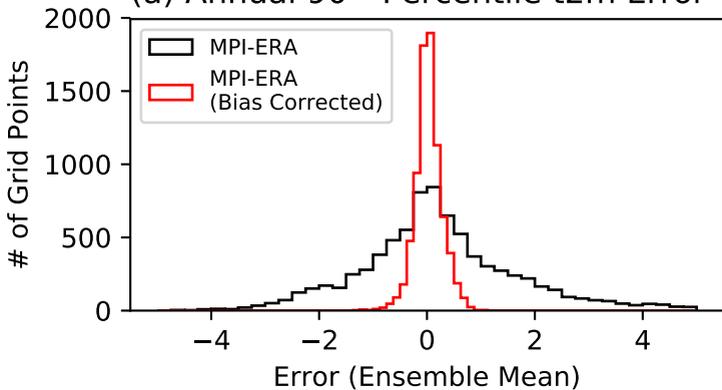
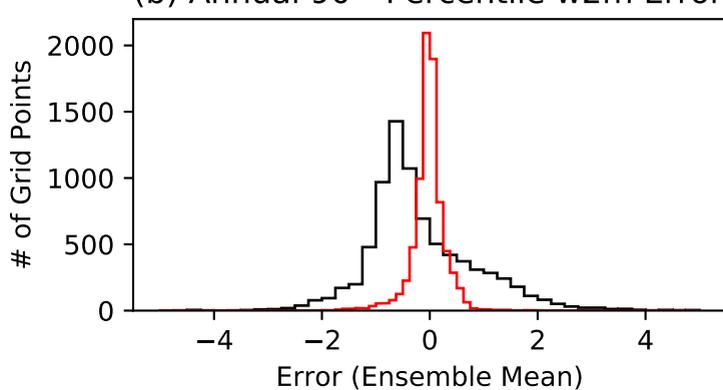


Figure 2.

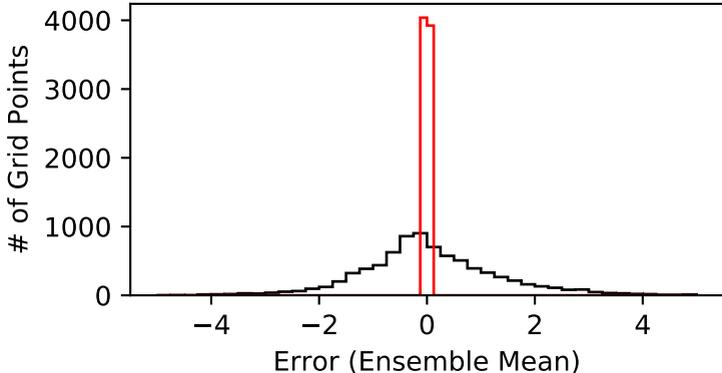
(a) Annual 90th Percentile t2m Error



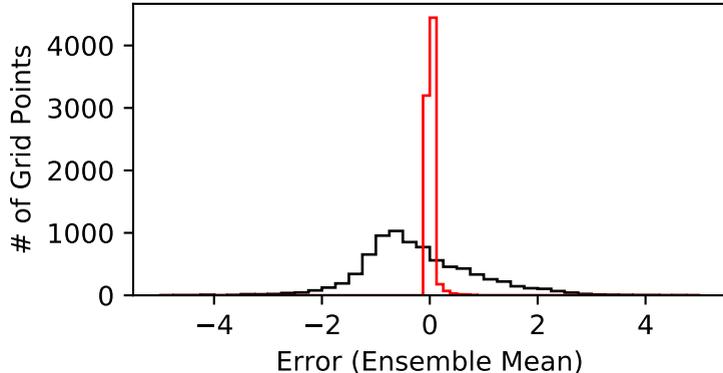
(b) Annual 90th Percentile w2m Error



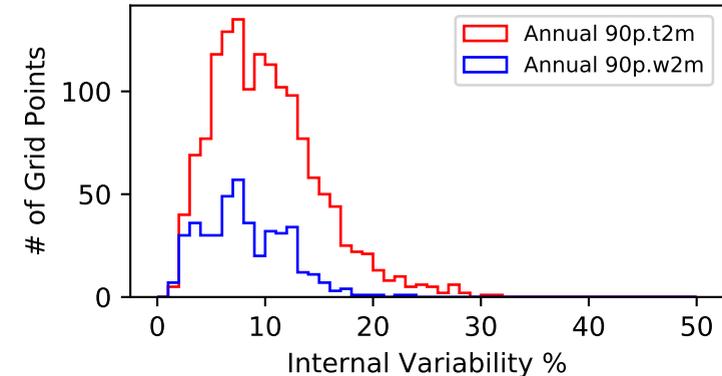
(c) Annual Median t2m Error



(d) Annual Median w2m Error



(e) Internal Variability %



(f) Internal Variability %

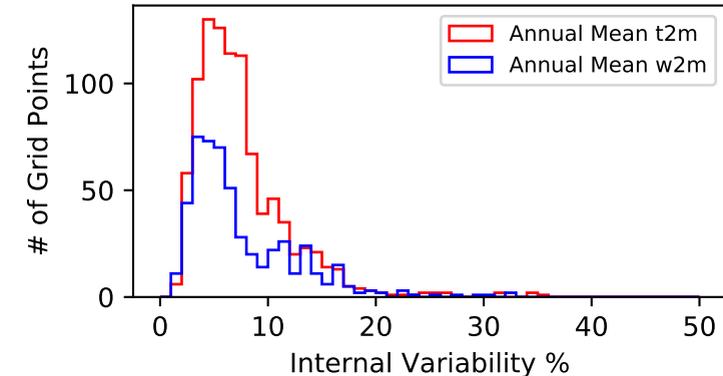
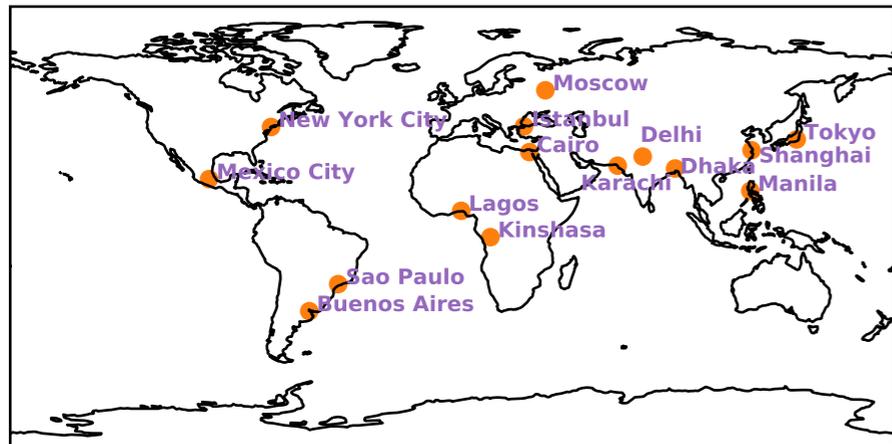
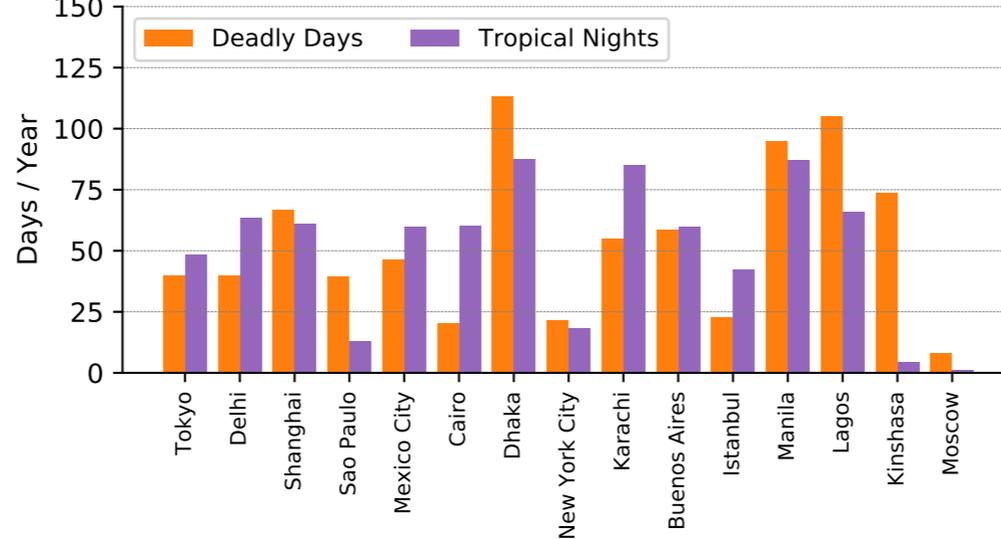


Figure 3.

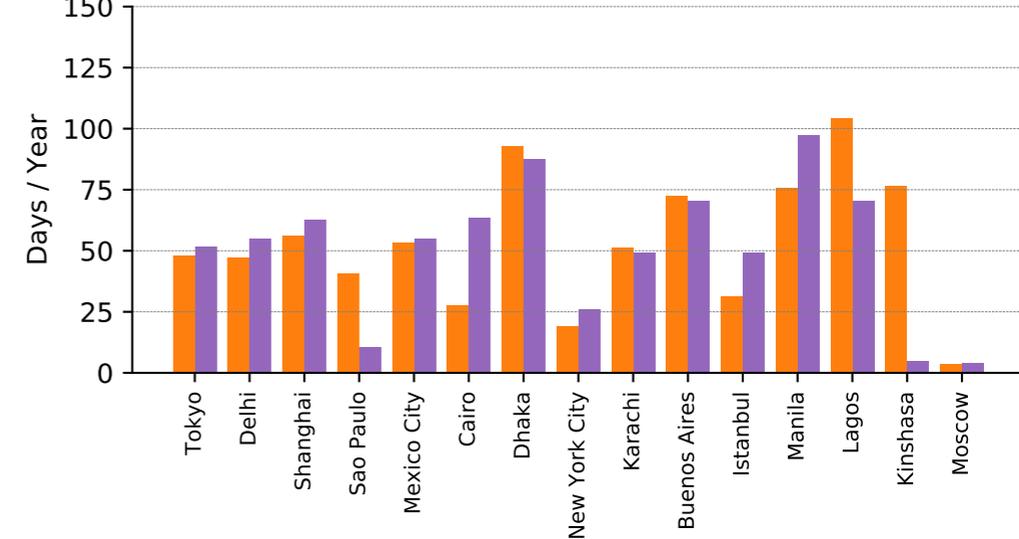
(a) Location of Selected Cities



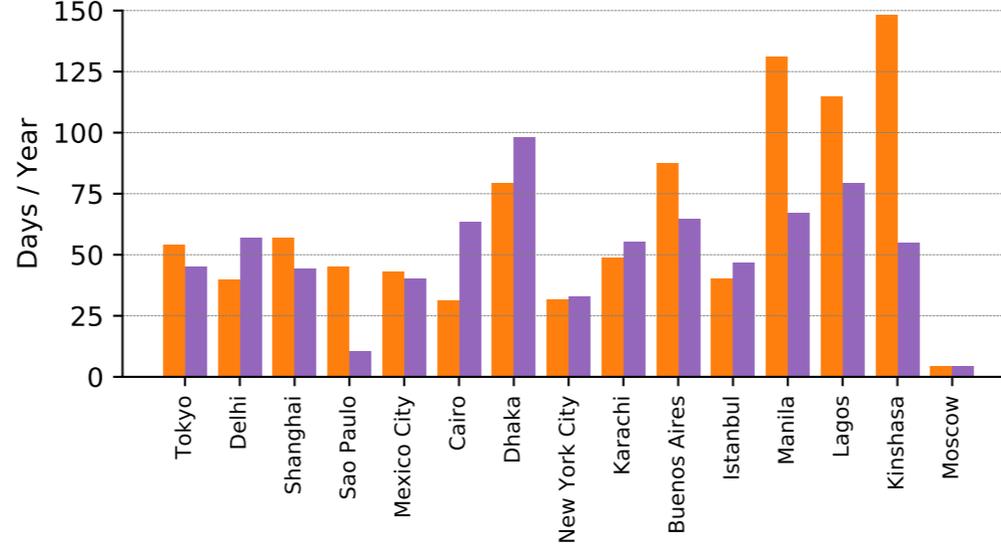
(b) Ensemble Spread of Extreme Heat in 1.5 °C



(c) Ensemble Spread of Extreme Heat in 2.0 °C



(d) Ensemble Spread of Extreme Heat in 3.0 °C



(e) Ensemble Spread of Extreme Heat in 4.0 °C

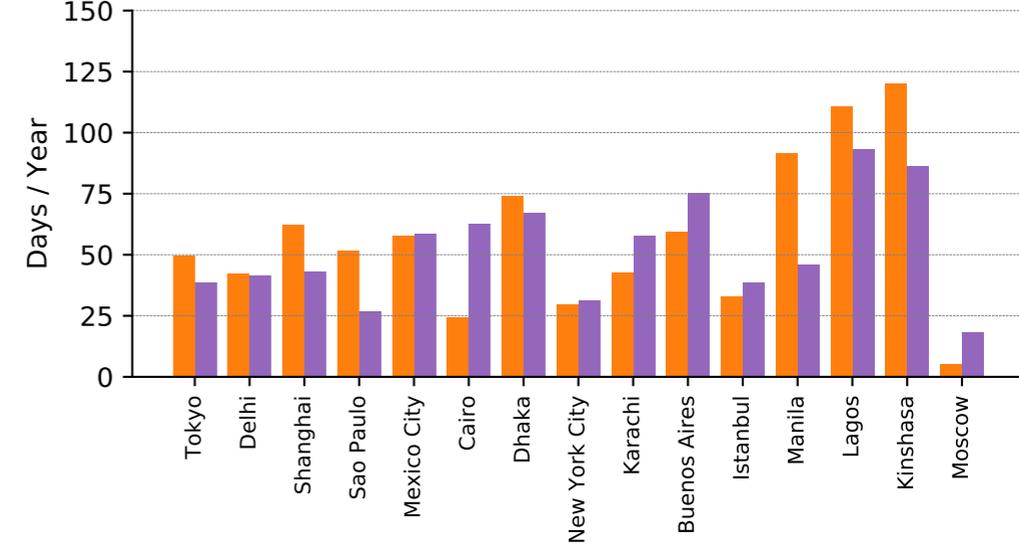
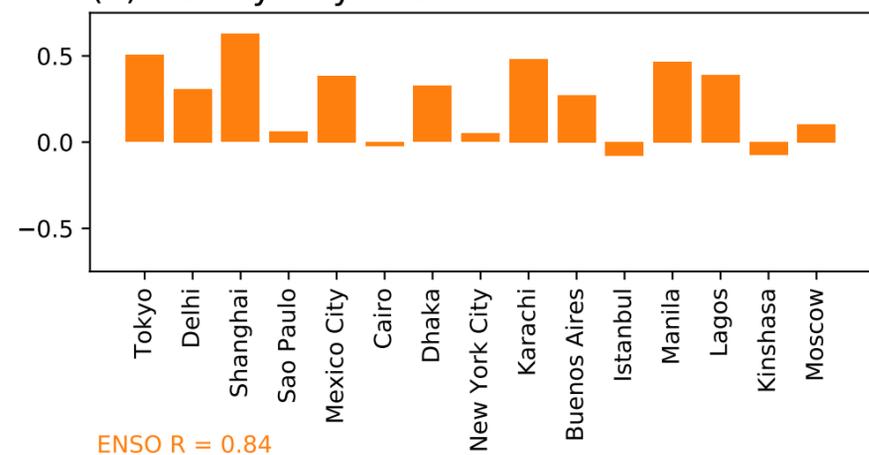
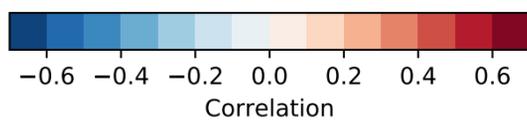
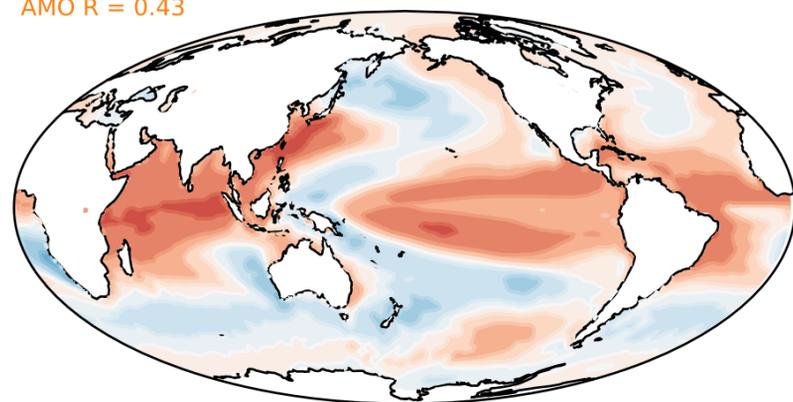


Figure 4.

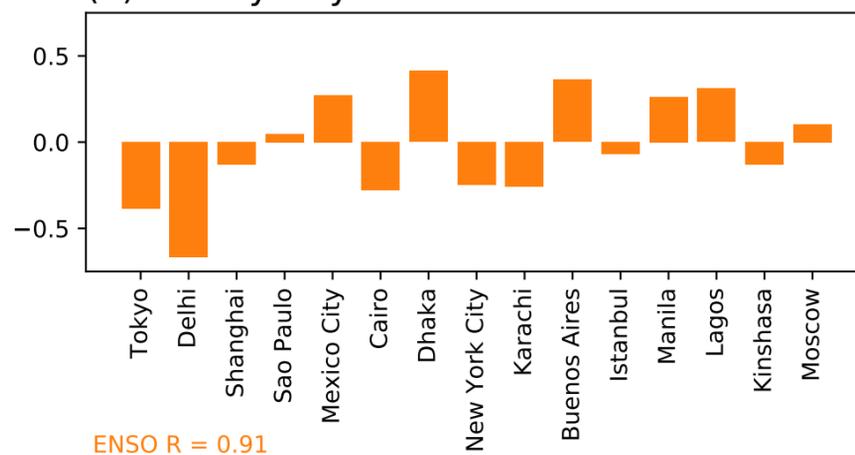
(a) Deadly Days EOF 1



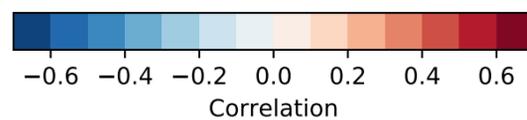
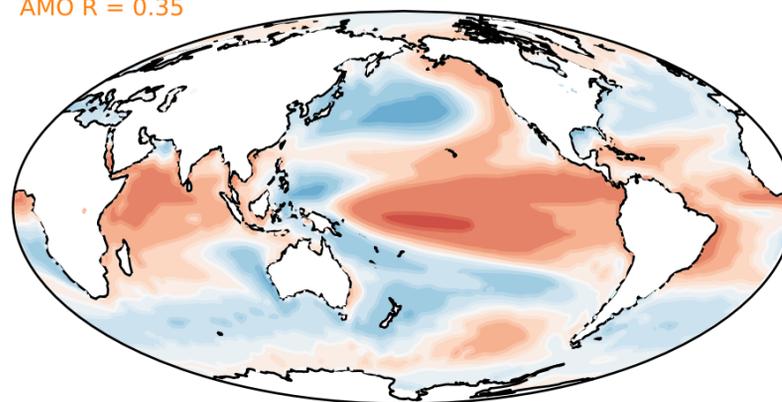
ENSO R = 0.84
 PDO R = 0.72
 AMO R = 0.43



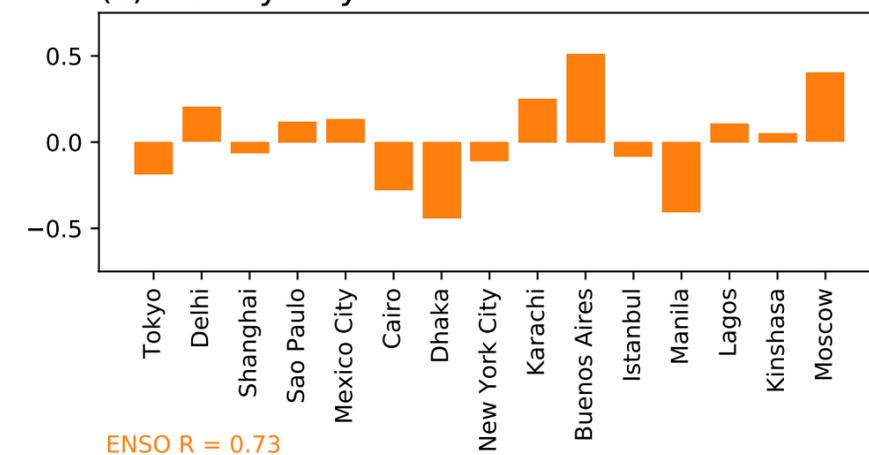
(b) Deadly Days EOF 2



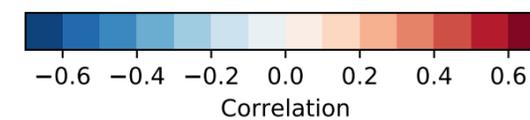
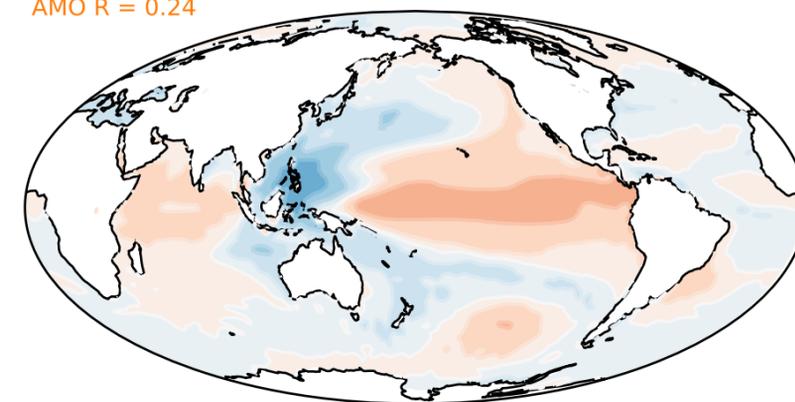
ENSO R = 0.91
 PDO R = 0.86
 AMO R = 0.35



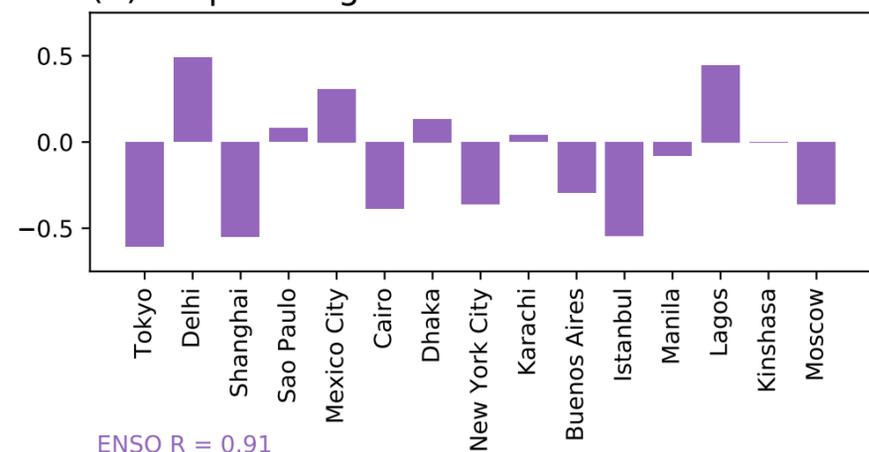
(c) Deadly Days EOF 3



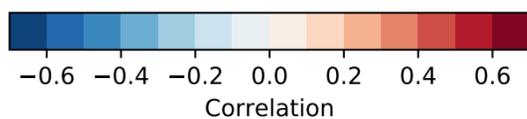
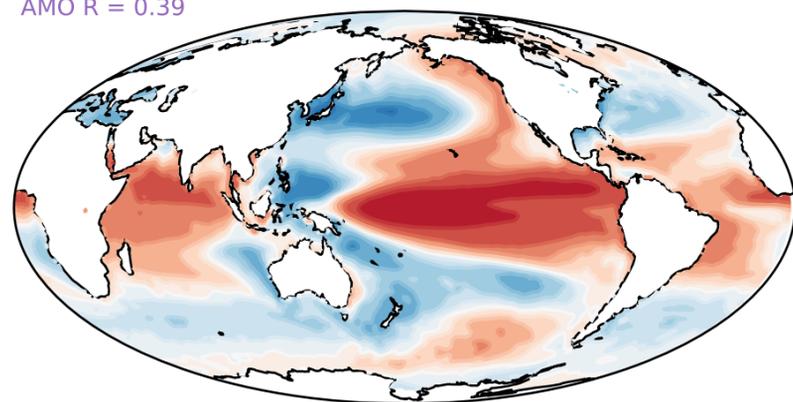
ENSO R = 0.73
 PDO R = 0.68
 AMO R = 0.24



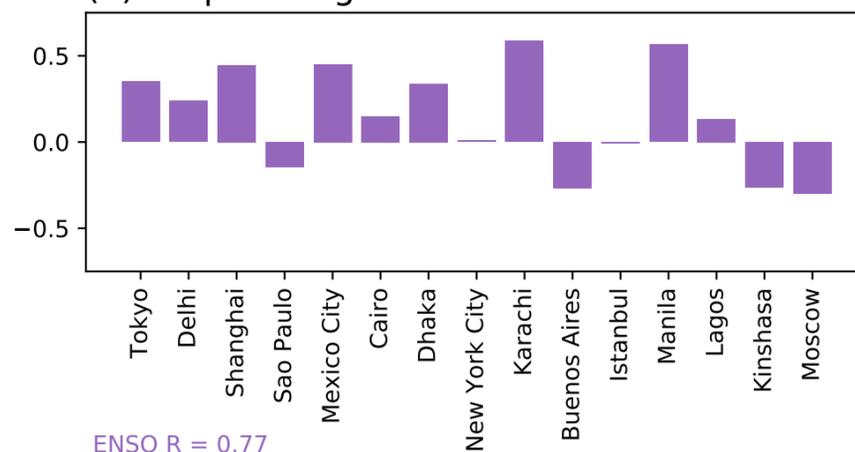
(d) Tropical Nights EOF 1



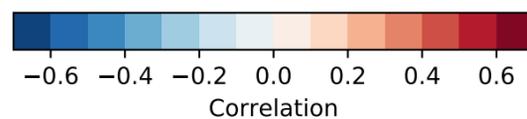
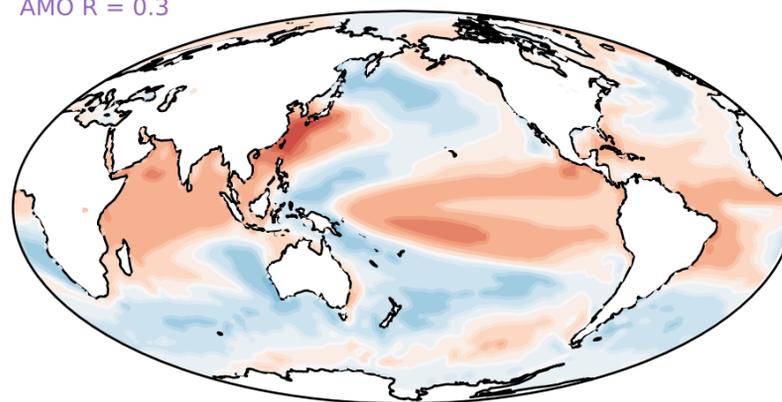
ENSO R = 0.91
 PDO R = 0.84
 AMO R = 0.39



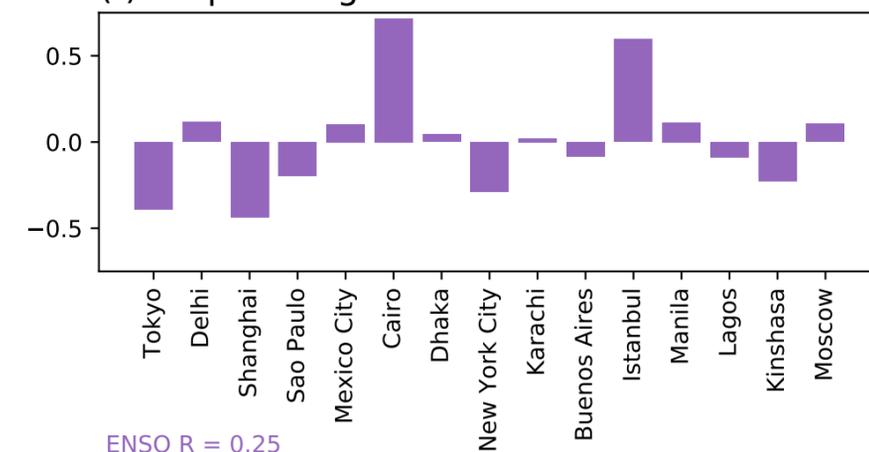
(e) Tropical Nights EOF 2



ENSO R = 0.77
 PDO R = 0.66
 AMO R = 0.3



(f) Tropical Nights EOF 3



ENSO R = 0.25
 PDO R = 0.32
 AMO R = -0.14

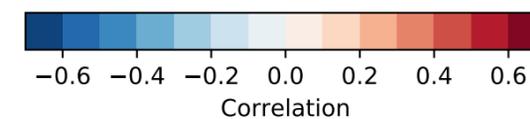
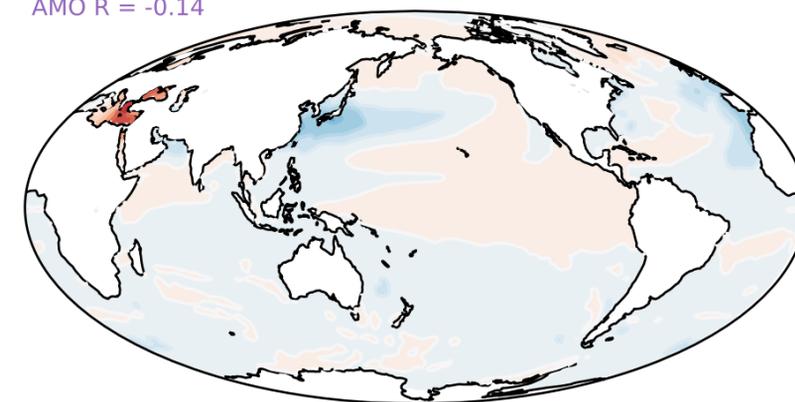
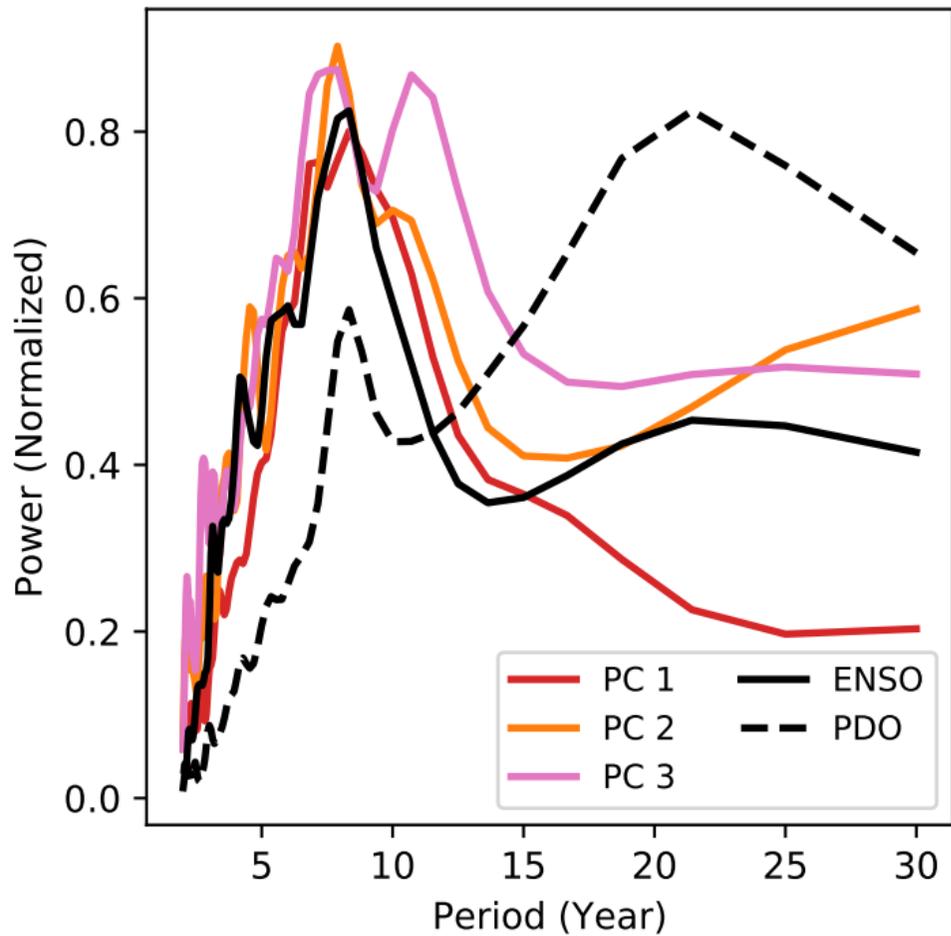


Figure 5.

(a) Deadly Days EOF



(b) Tropical Nights EOF

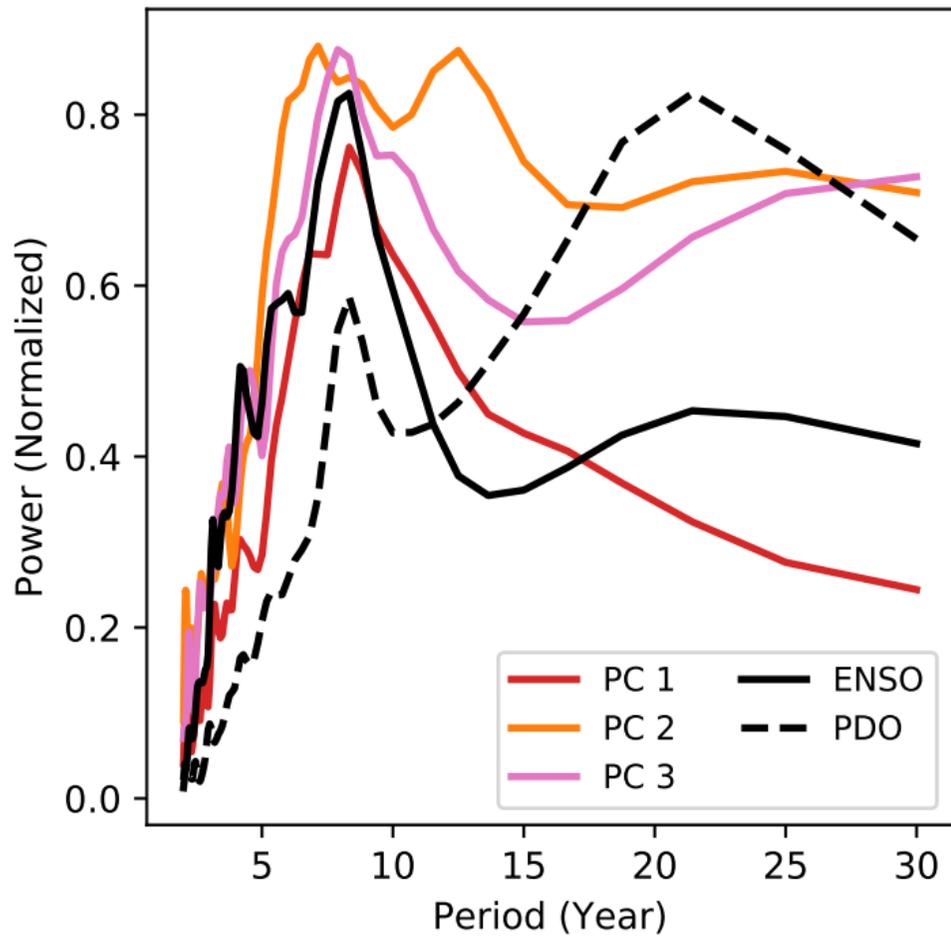
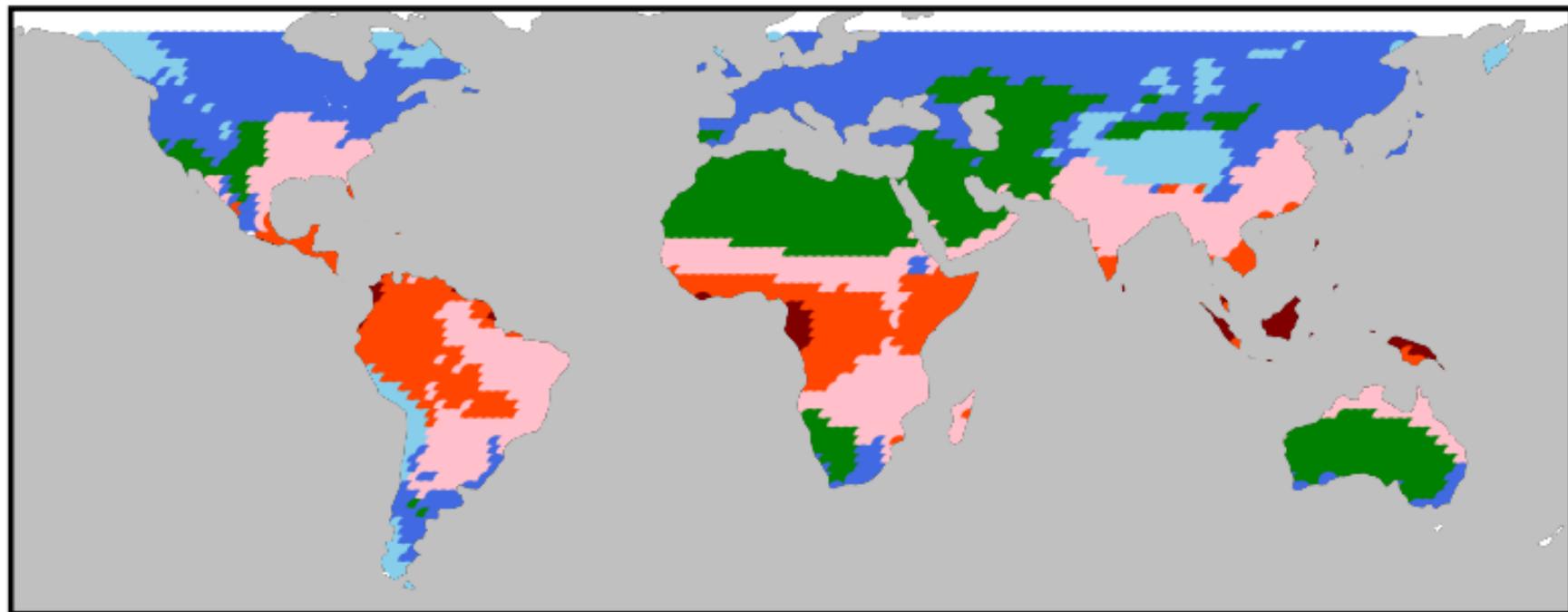


Figure 6.

(a)



(b)

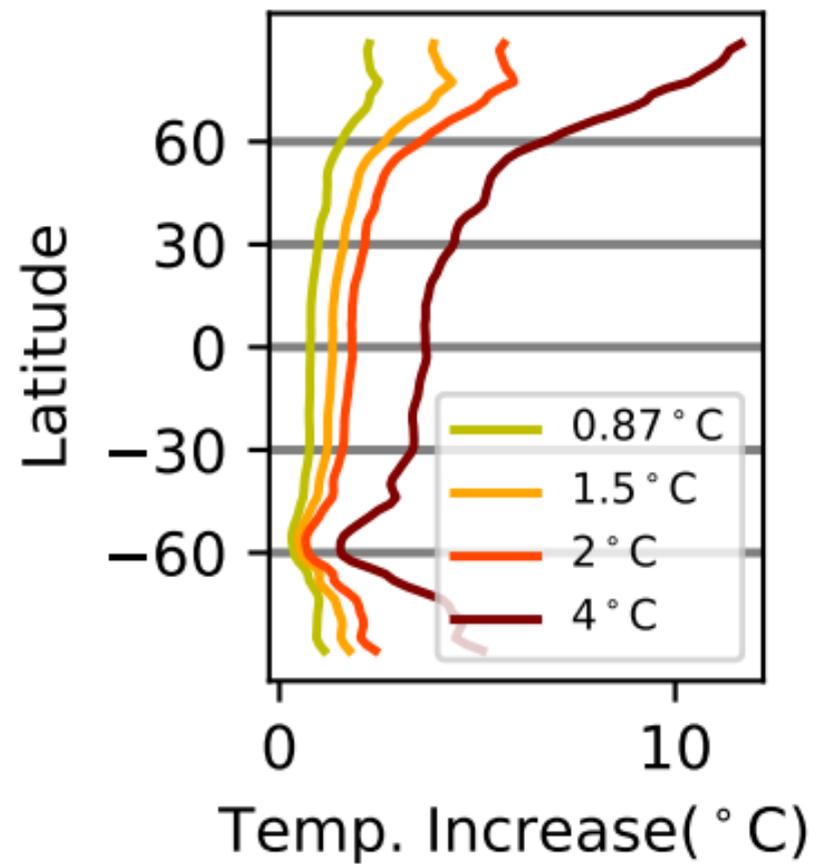


Figure 7.

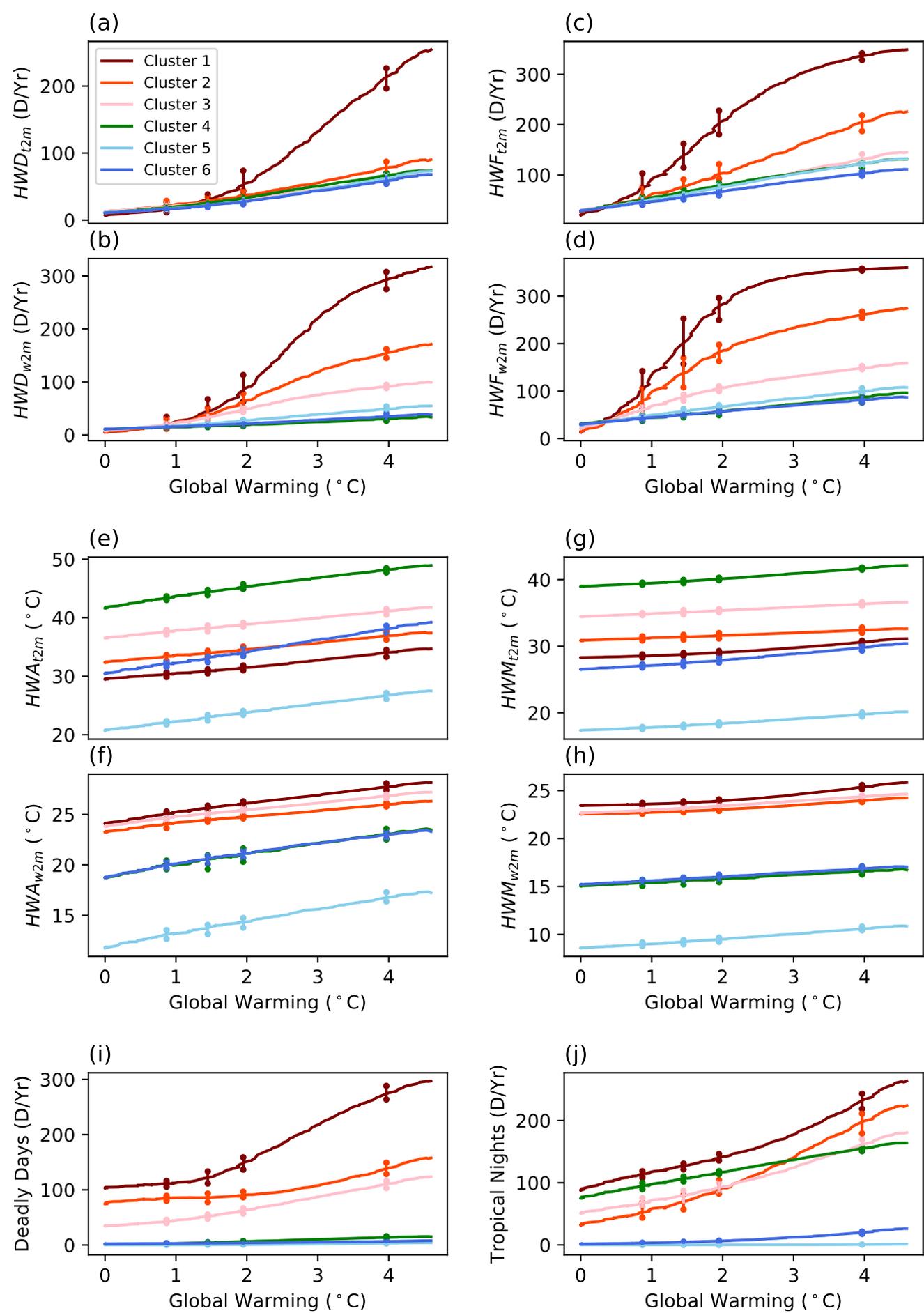


Figure 8.

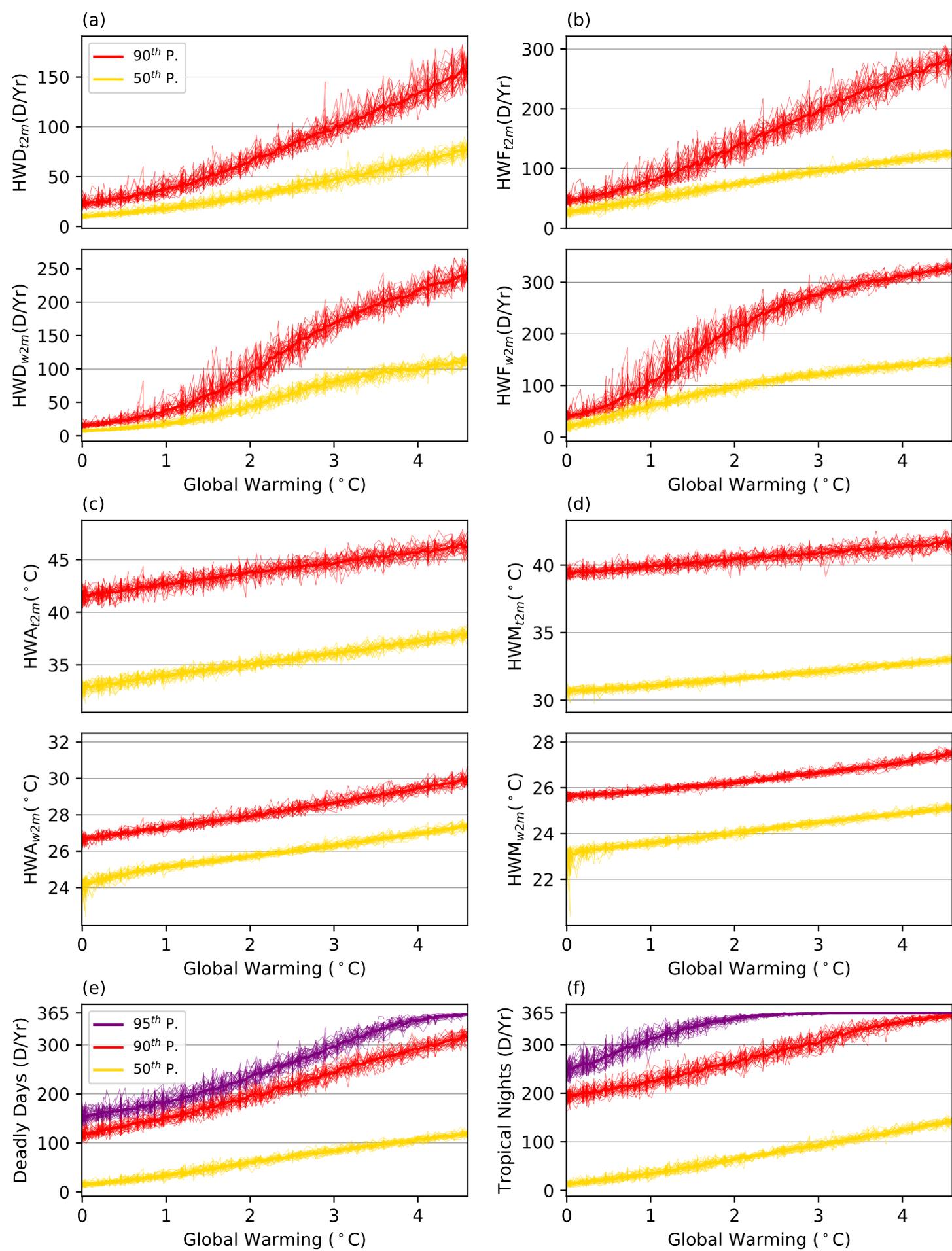
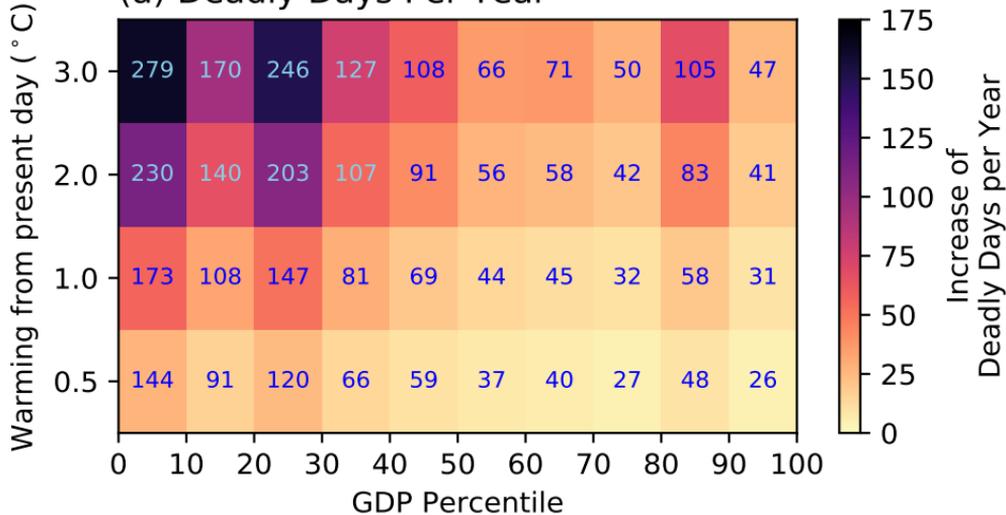


Figure 9.

(a) Deadly Days Per Year



(b) Tropical Nights Per Year

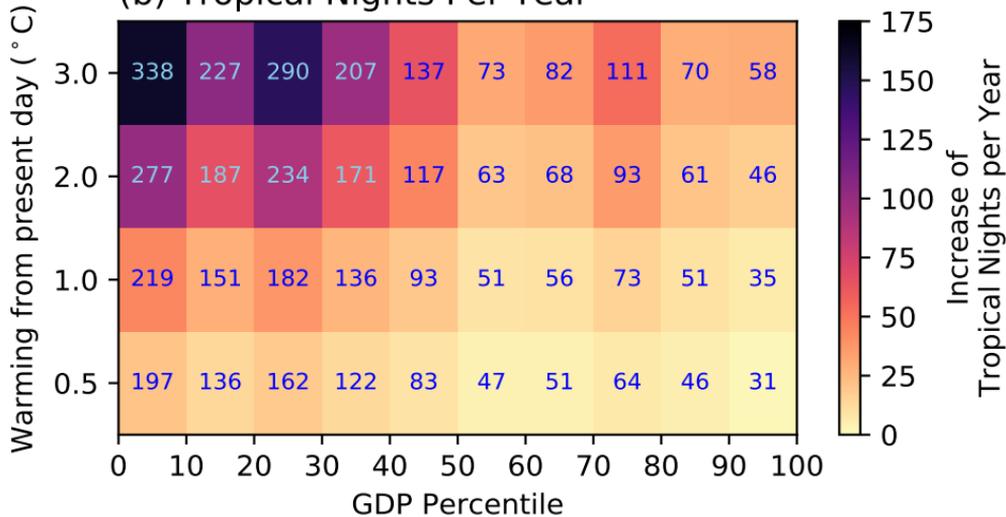
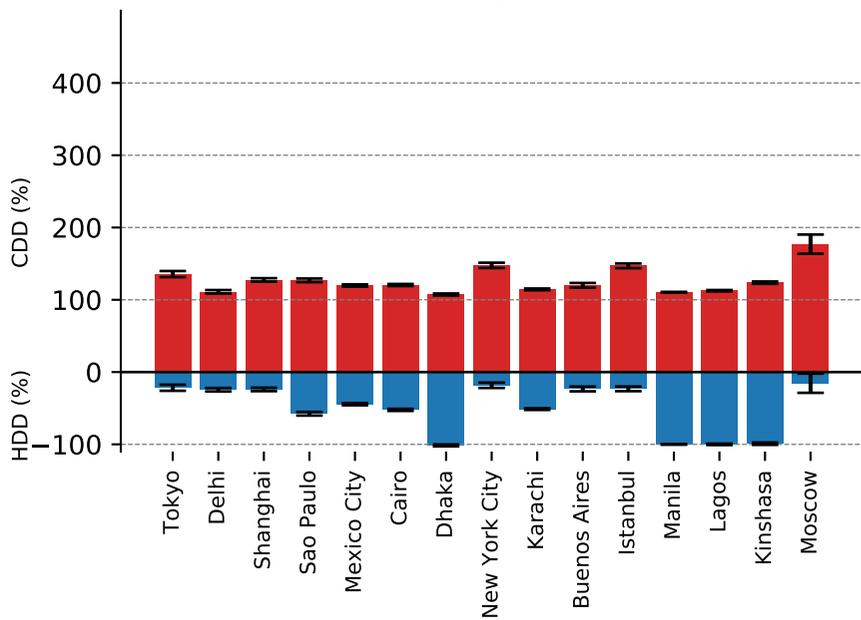
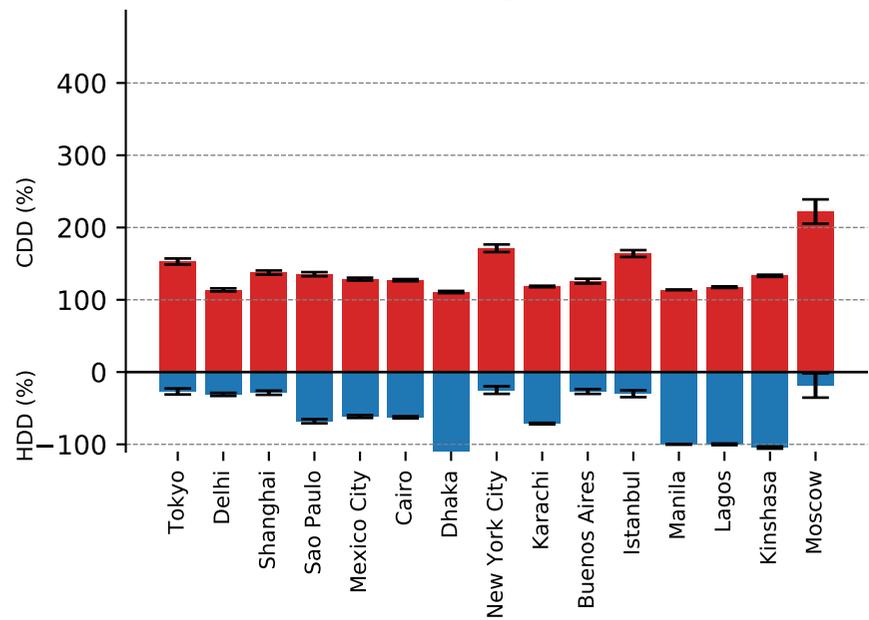


Figure 10.

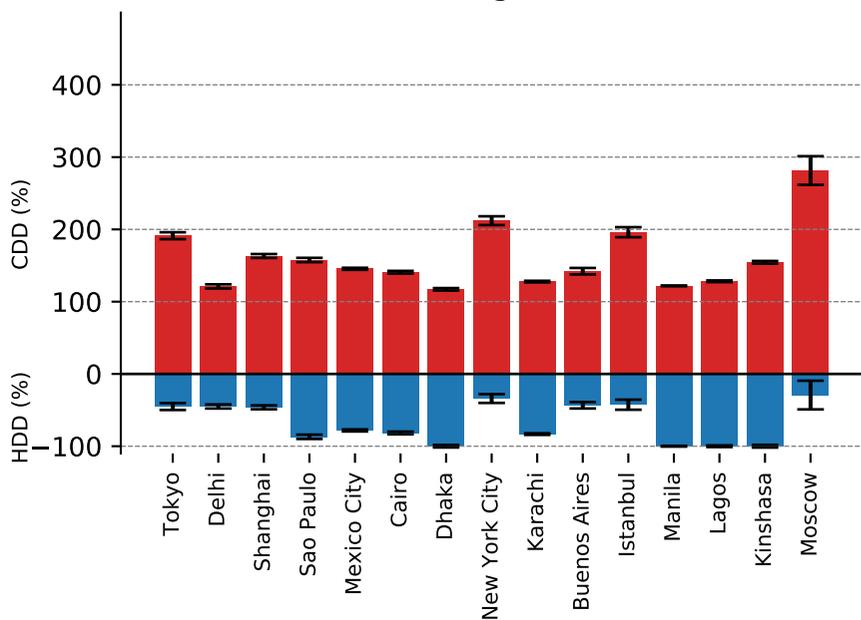
(a) CDD and HDD Change in 1.5 °C



(b) CDD and HDD Change in 2.0 °C



(c) CDD and HDD Change in 3.0 °C



(d) CDD and HDD Change in 4.0 °C

