Response of the Southern Ocean overturning circulation to extreme Southern Annular Mode conditions

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Abstract

The positive trend of the Southern Annular Mode (SAM) will impact the Southern Ocean's role in Earth's climate, however the details of the Southern Ocean's response remain uncertain. We introduce a methodology to examine the influence of SAM on the Southern Ocean, and apply this method to a global ocean–sea-ice model run at three resolutions $(1\$^{(irc)})$ and $1/10\$^{(irc)})$. Our methodology drives perturbation simulations with realistic atmospheric forcing of extreme SAM conditions. The thermal response agrees with previous studies; positive SAM perturbations warm the upper ocean north of the windspeed maximum and cool it to the south, with the opposite response for negative SAM. The overturning circulation exhibits a rapid response that increases/decreases for positive/negative SAM perturbations and is insensitive to model resolution. The longer term adjustment of the overturning circulation, however, depends on the representation of eddies, and is faster at higher resolutions.

Figure 1.



Figure 2.





40S

30S

50S

70S

60S



d) ΔT, SAM-0203, Year 9

705 605 505 405 305

h) $\Delta \Psi_w$, SAM-0203, Year 6-9



l) $\Delta \Psi_{\sigma_2}$, SAM-0203, Year 6-9



Figure 3.



0

- -

- -8

Figure 4.



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Key Points:

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11	•	New methodology to examine the Southern Ocean response to climate extremes
12		using perturbation simulations with realistic atmospheric forcing
13	•	Southern Ocean overturning circulation exhibits a rapid response that is sustained
14		in depth-latitude space, but decays in density-latitude space
15	•	Adjustment of the ocean interior occurs along isopy cnals at a rate of order 1° lat-
16		itude per year, depending of the representation of eddies

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17 Abstract

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³⁰ Plain Language Summary

The Southern Ocean has accounted for the vast majority of the global ocean heat 31 uptake since the early 2000s. The atmospheric winds over the Southern Ocean play a 32 leading role in its ability to uptake heat, by way of driving much of the Southern Ocean 33 circulation. Observations of these winds indicate that they have been steadily changing 34 over the past few decades, and hence, so too is the Southern Ocean heat uptake. How-35 ever, despite recent research efforts, the details of the Southern Ocean's response to these 36 changing winds remain uncertain. Here we introduce a novel methodology to examine 37 the Southern Ocean's response to changing winds. We perform numerical simulations 38 with a global ocean-sea-ice model suite that spans a hierarchy of spatial resolutions and 39 driven by realistic atmospheric forcing conditions. The initial response of the Southern 40 Ocean circulation to changes in winds is robust across the model suite and insensitive 41 to model resolution; longer-term response, however, depends on the representation of ed-42 dies in the model. 43

44 **1** Introduction

The Southern Ocean has accounted for between 67%–98% of the total ocean heat 45 uptake since 2005 (Roemmich et al., 2015; Llovel & Terray, 2016). This Southern Ocean 46 heat uptake, which is predominantly in the upper 2 km, results from the intricate inter-47 play between surface fluxes of heat and momentum, ocean circulation, and the associ-48 ated redistribution of existing oceanic heat reservoirs (Frölicher et al., 2015; J. Marshall 49 et al., 2015; Armour et al., 2016). Southern Hemisphere winds play a leading role in these 50 proposed mechanisms of Southern Ocean heat uptake. It follows that Southern Ocean 51 heat uptake, and thus global ocean warming, will be sensitive to processes that govern 52 Southern Hemisphere winds. 53

The Southern Annular Mode (SAM) is the primary mode of climate variability in 54 the extratropical Southern Hemisphere (Thompson & Wallace, 2000; Thompson et al., 55 2000). The SAM dynamically influences the strength and latitudinal location of the South-56 ern Hemisphere midlatitude westerly winds. Following Gong and Wang (1999), the SAM 57 can be characterised by a SAM index based on the normalized monthly zonal mean sea 58 level pressure difference between 40° S and 65° S. Observations indicate there has been 59 a positive trend in the SAM index since the 1950s (Thompson & Solomon, 2002; G. Mar-60 shall, 2003), which is projected to continue due to anthropogenic forcing (Zheng et al., 61 2013). It is anticipated that this trend in the SAM index, and the associated trends in 62 the strength and position of the Southern Hemisphere midlatitude westerly winds, will 63 influence Southern Ocean warming (e.g., Armour et al., 2016). 64

Examining the influence of the SAM on the Southern Ocean often employs regres-65 sion and/or correlation analysis techniques, instantaneous or time-lagged, to ascribe changes 66 in the ocean state with the value of the SAM index. This approach is particularly use-67 ful for studies that use satellite- or Argo-based observations, coupled climate model out-68 put, or reanalysis products (e.g. Lovenduski & Gruber, 2005; Kosempa & Chambers, 2014; 69 Sen Gupta & England, 2006; Hazel & Stewart, 2019). Another approach is to examine 70 composites of ocean states based on SAM index thresholds to average out signals that 71 are not SAM-related (e.g., Sallèe et al., 2010; Li et al., 2019). Such methodologies are 72 convenient since the independent variable (the SAM index) is unable to be controlled 73 in these datasets; however, the transient response of the system may act to obscure cor-74 relations. These approaches demonstrate that of all the atmospheric variability associ-75 ated with the SAM, the Southern Ocean is most sensitive to the SAM-related changes 76 in wind forcing (e.g., Sen Gupta & England, 2006). 77

An alternative approach to understand the influence of SAM in the Southern Ocean 78 uses perturbation simulations. Given that the Southern Ocean is most sensitive to the 79 wind changes associated with SAM, these simulations typically consist of an extended 80 duration control run driven by repeating year forcing, from which perturbation runs are 81 branched. These perturbation simulations have some idealised modification of their wind 82 forcing fields stylised on the SAM associated strengthening and/or poleward shifting of 83 the Southern Hemisphere midlatitude westerly winds (e.g., Farneti et al., 2010; Gent & 84 Danabasoglu, 2011; Hofmann & Morales-Maqueda, 2011; Spence et al., 2014; Waugh et 85 al., 2019). Note that the focus of these SAM-influenced perturbation studies has been 86 to understand the response of the Southern Ocean to the observed positive trend in the 87 SAM, and as such they generally do not impose forcing anomalies representative of neg-88 ative SAM conditions. Nevertheless, this approach has the advantage, and disadvantage, 89 that the idealised wind anomalies can be manipulated in time, space, structure and mag-90 nitude, such that the permutations of the anomaly configuration are without limit. Given 91 the multitude of anomaly permutations, a sensible approach is to keep the anomaly con-92 figuration as simple as possible, which begs the question: is the Southern Ocean response 93 fundamentally different if any complexity is added to the anomaly? Another important 94 consideration for such experiments is that the idealised wind anomalies are typically ap-95 plied without regard to other aspects of the climate that then become physically incon-96 sistent. For instance, a real poleward shifting of the wind field would be accompanied 97 by a shift of the storm tracks, as well as the cloud cover and air temperatures; these forc-98 ing fields typically remain unmodified in the perturbation simulations. 99

Here we introduce a new methodology to simulate and examine the influence of SAM 100 on the Southern Ocean in a global ocean-sea-ice model that uses realistic, reanalysis-101 based, repeating year atmospheric forcing to drive both control and SAM perturbation 102 simulations. For the control forcing, the repeating year is a period of climatologically-103 neutral conditions; for the perturbations, the repeating years are periods of both extreme 104 positive and extreme negative SAM conditions. While this approach brings an increased 105 level of complexity to the dynamical structure of the perturbation, it greatly reduces the 106 subjectivity of the perturbation configuration, and maintains the physical consistency 107 of its forcing fields. This methodology is described in §2, and the thermal response of 108 the Southern Ocean to the extreme SAM forcing conditions is presented in $\S3$. We then 109 compare the response of the Southern Ocean overturning circulation to the extreme SAM 110 forcing conditions, examining the overturning in both depth-latitude and density-latitude 111 coordinates ($\S4$). Finally $\S5$ covers the summary of our results and conclusions. 112

113 2 Model & Methodology

We employ the Australian Community Climate and Earth System Simulator, ocean– sea-ice model version 2 (ACCESS-OM2; Kiss et al., 2020), a modelling suite developed by the Consortium for Ocean–Sea-Ice Modelling in Australia (COSIMA), to simulate the

global ocean–sea-ice response to changes in imposed atmospheric conditions. This suite 117 includes global ocean-sea-ice model configurations with horizontal grid spacings of nom-118 inally 1° (ACCESS-OM2), 0.25° (ACCESS-OM2-025) and 0.1° (ACCESS-OM2-01) lat-119 itude and longitude; here we use all three configurations. Following Stewart et al. (2017), 120 the grid spacings of the generalized z^{*} vertical coordinate of the ocean models are objectively-121 constructed to support the vertical structure of the baroclinic dynamics permitted by 122 the horizontal grids. The two coarser configurations implement the Gent and McWilliams 123 (1990) (GM) parameterisation to represent under-resolved mesoscale eddies with an as-124 sociated diffusivity that is flow-dependent (see Griffies et al., 2005) and scaled by the abil-125 ity of the horizontal grid to resolve the first baroclinic Rossby radius (as per Hallberg, 126 2013), and the Redi (1982) parameterisation for along-isopycnal diffusion with a coef-127 ficient of $600 \,\mathrm{m^2/s}$ for ACCESS-OM2 and up to $200 \,\mathrm{m^2/s}$ for ACCESS-OM2-025 (scaled 128 by the local grid resolution and Rossby radius). For further details and evaluation of the 129 ACCESS-OM2 suite see Kiss et al. (2020). 130

The ACCESS-OM2 simulations are initialised with January temperature and salin-131 ity fields from the World Ocean Atlas 2013 (WOA13; Locarnini et al., 2013; Zweng et 132 al., 2013). The simulations are forced with prescribed atmospheric conditions taken from 133 the high-resolution, self-consistent Japanese atmospheric reanalysis dataset for driving 134 ocean models (JRA55-do; Tsujino et al., 2018). These prescribed atmospheric conditions, 135 described in detail by Stewart et al. (2020), are the 12-month period from 1st May 1990 136 to 30th April 1991 used repeatedly to drive the simulations. In practice, the forcing runs 137 from 1st January 1991 to 31st December 1990 with a sudden transition from 30th April 138 1991 back to 1st May 1990; shifting the sudden transition away from the December sol-139 stice reduces the intensity of weather variability at the time of transition. This repeated 140 year forcing period, referred to as RYF9091, has been identified as a quasi-climatological 141 period of the JRA55-do dataset with neutral values of all major climate indices, includ-142 ing the SAM index (see Fig. 1a). These RYF9091 simulations have two primary purposes; 143 they provide for an extended period of model adjustment from the WOA13 state over 144 which the model drift can be assessed, and they serve as control simulations from which 145 perturbation simulations can be branched and compared. 146

A further four forcing periods are identified from the JRA55-do record; these are 147 12-month periods, running 1st May to 30th April of the following year, with anomalous 148 (positive and negative) Southern Annular Mode conditions, collectively referred to as SAMx 149 periods. The extreme negative SAMx periods (SAM- years) are 1991–1992 and 2002– 150 2003, and the extreme positive SAMx periods (SAM+ years) are 1998–1999 and 2010– 151 2011 (Fig. 1a); these periods are referred to as SAM-9192, SAM-0203, SAM+9899 and 152 SAM+1011, respectively, and are used to drive perturbation simulations branched from 153 the RYF9091 control simulations. The annual averages of the zonally-averaged zonal winds 154 of the SAMx periods are shown in Figure 1b; the relationship between the SAM index 155 and the wind speed strength and latitudinal distribution is evident, as well as the de-156 gree to which our identified SAMx periods are extreme. For reference, the relative dif-157 ferences in the zonally-averaged zonal winds between the SAMx and RYF9091 periods 158 are distinct for the SAM+ and SAM- cases, and reach +30% for the SAM+ and -15%159 for the SAM- periods. While these large changes in the wind fields dominate the atmo-160 spheric signature of extreme SAM periods, our technique has the advantage that syn-161 chronous changes in other fields (including the buoyancy forcing) are naturally included. 162 Additionally, the respective increase or decrease of the wind speed maxima for a given 163 SAMx forcing period is mirrored northwards of $\sim 45^{\circ}$ S, such that, for instance, the zonal 164 wind speed of the SAM+ periods is less than the JRA55-do climatological mean; this 165 is a forcing feature that is typically not included in experiments with idealised wind per-166 turbations (e.g., Spence et al., 2014). 167

The RYF9091 control simulations are initialised from rest with the WOA13 hydrography and run for 600, 240 and 200 years for the 1°, 0.25° and 0.1° model configurations,



Figure 1. a) Three-monthly SAM index calculated from the JRA55-do dataset. The RYF9091 and four SAMx periods are shaded. For comparison, the equivalent observational station-based SAM index of G. Marshall (2003) is included in black. b) The zonally-averaged zonal wind maximum speed and latitudinal locations for the RYF9091 and SAMx periods. Also included is the 1980–2010 average of the JRA55-do dataset (JRA8010; cyan star) as a climatological reference, and all remaining May–April periods between 1980–2015 coloured blue–red by their respective SAM index (dots). c) Timeseries of the simulated zonally-averaged temperatures between 200–500m depth for 45–50°S (upper) and 55–60°S (lower); these latitudinal bands are selected to lie either side of the zonal wind speed maxima.

respectively. Following an initial adjustment period (310, 160 and 50 years for the 1° , 170 0.25° and 0.1° model configurations, respectively; Fig. 1c), simulations with the SAMx 171 forcing conditions are branched off and run alongside the control simulations for 290, 50 172 and 20 years for the 1° , 0.25° and 0.1° model configurations, respectively. This method-173 ology allows for the direct comparison of the perturbation–control differences across the 174 suite of model configurations. Whilst the primary focus of the analysis here is the re-175 sponse of the Southern Ocean overturning circulation, to begin with we briefly exam-176 ine the zonally-averaged thermal responses. 177

¹⁷⁸ **3** Thermal Response

The initial response of the upper Southern Ocean temperature to the sudden change in forcing is consistent with previous studies (e.g., Gent & Danabasoglu, 2011); north of the zonal wind speed maximum the upper ocean temperatures increase for SAM+ perturbations (and decreases for SAM- perturbations) by approximately 0.2°C within 5 years, with the opposite response occurring south of the zonal wind speed maximum (Fig. 1c). The magnitude and timescale of these initial responses are distinct from the gradual temperature changes arising from model drift, and insensitive to model resolution. Following an initial adjustment period, these thermal responses are either sustained for the duration of the perturbation simulations, or trend back towards the respective RYF9091 simulation; importantly, they do not continue to grow with time.

Figure 2(a-d) depicts the depth-latitude distributions of the zonally-averaged tem-189 perature anomalies for the (a,b) SAM+9899 and (c,d) SAM-0203 forced ACCESS-OM2-190 01 simulations, averaged for the (a,c) third and (b,d) ninth years after the perturbation. 191 The SAM+9899 perturbation exhibits thermal anomaly distributions that are consistent 192 with the south-north cooling-warming response straddling the wind speed maximum pre-193 viously described by Sen Gupta and England (2006). The thermal response of the SAM-194 0203 perturbation exhibits relatively more structure, but of reduced intensity compared 195 to the SAM+9899 response. Equivalent temperature anomaly distributions for the SAM+1011 196 and SAM-9192 simulations are presented in Figure S1; the comparison of these figures 197 highlights the consistent thermal response of the respective SAM+ and SAM- cases, par-198 ticularly south of 30° S for SAM+ and 40° S for SAM-. All cases exhibit local extrema 199 in the thermal responses at around 800-900 m depth; for SAM+ this occurs between 35-200 45° S, and for SAM- between $40-50^{\circ}$ S. Comparing the thermal anomaly distributions for 201 the Year 3 and Year 9 responses shows that, whilst the thermal responses intensify in 202 time, they retain their initial structure. 203

The zonally-averaged temperature anomalies are comprised of a combination of pro-204 cesses which include the wind-driven movement of isopycnals, defined as "heave" by Bindoff 205 and McDougall (1994), and the change of temperature on isopycnals due to changes of 206 along isopycnal transport and stirring. In the figures of zonally-averaged temperature 207 anomaly, heave is evidenced by the spatial correlation between the vertical displacement 208 of isopycnals and the sign of the thermal anomalies. The diagnosed contributions from 209 heave and the change of temperature on isopycnals for the SAM+9899 and SAM-0203 210 cases at all three model resolutions are shown in Figure S2. The contribution from heave 211 is insensitive to model resolution, which is perhaps to be expected as to leading order 212 heave is a wind-driven process. Heave is strongest north of 50° S and accounts for the 213 local extrema in the thermal responses around 800–900 m depth. The contribution from 214 temperature changes on isopycnals, however, is surface intensified, strongest south of 50° S, 215 and resolution-dependent; this distribution makes sense considering the important role 216 that eddies play in along isopycnal stirring and transport. Timeseries of these contribu-217 tions to the thermal anomalies north and south of the wind speed maxima show the longer-218 term thermal responses (Fig. S3); importantly, the SAM+ and SAM- perturbations are 219 distinct in all cases. South of the wind speed maxima, the change of temperature on isopy-220 cnals dominates over the heave-associated response and strengthens with refined model 221 resolution. North of the wind speed maxima, however, the heave and isopycnal temper-222 ature changes have contributions of similar magnitude and appears insensitive to model 223 resolution. 224

4 Overturning Circulation Response

Considering the rapid timescale of thermal adjustment, the initial dominance of heave, and the structure of the thermal anomalies relative to the wind speed maxima, the thermal response indicates a wind-driven modification of the Southern Ocean overturning circulation. To examine the response of the overturning circulation, we evaluate and compare two overturning streamfunctions independently diagnosed from the simulations. Following Zika et al. (2012), the first streamfunction Ψ_w (m²/s) is derived by integrating the vertical velocity in longitude and northward from the Antarctic coastline up a given latitude y, that is,

$$\Psi_{w}(y,z,t) = \int_{90^{\circ}S}^{y} \int w(x,y',z,t) \, dx dy', \tag{1}$$

where w is the annually-averaged vertical velocity, giving Ψ_w in depth-latitude-time coordinates. Taking σ_2 as the potential density of seawater referenced to 2000 dbar less 1000 kg/m³, a second overturning streamfunction Ψ_{σ_2} (m²/s) can be diagnosed by integrating the alongisopycnal meridional velocity in longitude and from the densest isopycnal class ($\sigma_2 >$ 38) to a given isopycnal σ_2 , as,

$$\Psi_{\sigma_2}(y, \sigma_2, t) = \int_{38}^{\sigma_2} \int v_{\sigma_2}(x, y, \sigma'_2, t) \, dx d\sigma'_2, \tag{2}$$

where v_{σ_2} is the along-isopycnal meridional velocity, returning Ψ_{σ_2} in density-latitudetime coordinates. We refer to these two overturning streamfunctions as the *w*-streamfunction and σ_2 -streamfunction, respectively.

The depth-latitude distributions of $\Delta \Psi_w$ for the ACCESS-OM2-01 cases of SAM+9899 242 and SAM-0203 are shown in Figure 2e-h; these are 3-year averages for the Years 0-3 (e,g) 243 and 6–9 (f,h). The initial responses of $\Delta \Psi_w$ are seemingly depth-independent above ~3000 m. 244 In time, the w-streamfunction anomalies equatorward of $40-45^{\circ}S$ develops vertical struc-245 ture that appears to propagate along isopycnals; note that the Ψ_w anomalies poleward 246 of 40-45°S maintain their initial structure and intensity. For the SAM+ cases, the struc-247 ture, magnitude and evolution of the Ψ_w response is similar to that of the high-resolution 248 simulations reported in previous studies (e.g., Farneti & Delworth, 2010), however we 249 do not find the Ψ_w response to be resolution dependent. Given the implementation of 250 a variable, flow-dependent GM diffusivity in the ACCESS-OM2 simulations at coarser 251 resolutions, this insensitivity of the Southern Ocean response to the model resolution is 252 indeed to be expected (Gent, 2016). 253

The interior structure of the time-evolution of these overturning circulation responses is more apparent in the σ_2 -streamfunction anomalies (Fig. 2i-l). The Year 0-3 $\Delta \Psi_{\sigma_2}$ anomalies depend primarily on latitude for densities greater than ~35.5kg/m³. By Year 6-9 these anomalies have become more dependent on density and less dependent on latitude. The structure of the longer-term distributions of $\Delta \Psi_{\sigma_2}$, especially south of 40°S, tends to align with isopycnals and appears to propagate northwards.

The progression of the Ψ_{σ_2} anomalies into the interior along isopycnal pathways 260 can be seen in time-latitude Hovmöller diagrams, for which we use the mean of the σ_2 261 range 36.5-36.8 kg/m³ (Fig. 3). The initial responses of all perturbations are insensitive 262 to the model resolutions used here, and are characterised by regions of opposite signed 263 signals either side of $\sim 40-45^{\circ}$ S. In time, the equatorward signal diminishes, and in the 264 cases of SAM+9899 and SAM-9192, vanishes within 5-8 years. For the SAM+ simula-265 tions with ACCESS-OM2-01, the boundary separating the opposite signed signals is ob-266 served to propagate equatorward at a rate of order 1° of latitude per year (dashed black 267 lines in Fig. 3). For reference, this rate of propagation corresponds to an along-isopycnal 268 diffusion with a coefficient of $390 \,\mathrm{m}^2/\mathrm{s}$. The latitudinal progression of this signal rep-269 resents the adiabatic, along-isopycnal propagation of a wind-forcing perturbation into 270 the ocean interior (e.g., Doddridge et al., 2016). That is, the perturbation of the wind 271 field initially excites an Eulerian response that is largely barotropic in nature and with 272 the same latitudinal structure as the wind perturbation (Fig. 2e,g); in time, this initial 273 Eulerian response penetrates equatorward into the ocean interior, predominantly adi-274 abatically along isopycnals, a process that is likely dependent on eddies (parameterised 275 or resolved), and hence model resolution. This demonstration of the initial and time-evolving 276 adjustments reflects the multiple timescale responses that can arise from a changes in 277 atmospheric forcing over the Southern Ocean (e.g., Armour et al., 2016; Waugh & Haine, 278 2020).279



Figure 2. a-d) Distributions of the Year 3 (a,c) & 9 (b,d) temperature anomalies from the 0.1° ACCESS-OM2-01 for (a,b) SAM+9899 and (c,d) SAM-0203 simulations. The white and dashed magenta contours represent the SAMx and RYF9091 isopycnals at $\sigma_2 = 0.5 \text{ kg/m}^3$ intervals, respectively, spanning $\sigma_2 = 34-37 \text{ kg/m}^3$ inclusive, with the cyan and dashed green contours representing the respective mixed-layer depths. e-h) The *w*-streamfunction anomalies of the ACCESS-OM2-01 simulations with SAM+9899 (e,f) and SAM-0203 (g,h) averaged for the years 0-3 (e,g) and 6-9 (f,h). Contoured in black is the Ψ_w for the RYF9091 case at $\pm 7.5 \text{ Sv}$ intervals with the 0 Sv contour in cyan. The white and dashed magenta contours represent the same isopycnals as in (a-d). Panels (i-l) depict a similar analysis to panels (e-h) but for the σ_2 -streamfunction anomalies. The magenta lines in (i-l) at 36.5 and 36.8 kg/m³ indicate the regions of interest for Figure 3.



Figure 3. Hovmöller diagrams of the σ_2 -streamfunction anomalies for the SAM+9899, SAM+1011, SAM-9192 and SAM-0203 cases (columns 1-4, respectively) and the 1°, 1/4° and 1/10° simulations (rows top-to-bottom, respectively). The $\Delta \Psi_{\sigma_2}$ is calculated as the 36.5– 36.8kg/m³ average, as indicated in Figure 2i-l. The $\Delta \Psi_{\sigma_2} = 0$ Sv contour is included for reference, as well as the dashed slope which represents an along-isopycnal velocity of 1° latitude per year.



Figure 4. Timeseries of the maximum 24-month mean Ψ_w (a-c), Ψ_{σ_2} (d-f). Note the different time axes for different resolutions (columns); the vertical dotted lines in the ACCESS-OM2 and ACCESS-OM2-025 plots indicate the extent of the timeseries of the higher resolution panels.

An additional measure of the Southern Ocean overturning circulation response can 280 be found by comparing the 24-month mean maxima of Ψ_w and Ψ_{σ_2} for the region of in-281 terest (south of 30°S). In the case of Ψ_w , the Southern Ocean maximum represents the 282 strength of the "Deacon cell", a localised wind-driven overturning of waters in Eulerian space with near-uniform properties such that it is unable to substantially contribute to 284 the meridional transport of tracer (e.g., Zika et al., 2012). Figure 4a-c shows the South-285 ern Ocean maximum of Ψ_w increases for SAM+ and decreases for SAM- perturbations, 286 and that this response does not evolve in time. This immediate and sustained response 287 of the Ψ_w overturning streamfunction is consistent with the findings of Treguier et al. 288 (2010), who report a high correlation (r = 0.79) between the Southern Ocean mean flow 289 overturning and the SAM index in a global ocean-sea-ice simulation driven by atmospheric 290 forcing with interannual variability. 291

The Southern Ocean maximum of Ψ_{σ_2} (Fig. 4d-f), however, initially exhibits a re-292 sponse that is of similar magnitude to the respective Ψ_w response, but is time depen-293 dent. The magnitude of the initial Ψ_{σ_2} maxima anomaly decreases as the model reso-294 lution is refined (compare the initial differences between the Ψ_{σ_2} maxima of SAMx and 295 RYF9091 across the resolutions). For the SAM+ cases, the Ψ_{σ_2} maxima decays back to-296 wards the RYF9091 value with an adjustment timescale of approximately a decade for 297 the 0.1° resolution case, and longer for the coarser resolutions. The Ψ_{σ_2} maxima of the 298 SAM- cases are initially less than that of the RYF9091 and appear to continue decreas-299 ing for the first two decades; the longer, coarser resolution simulations suggest these Ψ_{σ_2} 300 values stabilise for a couple of decades before returning towards the RYF9091 level. The 301 initial response of the Ψ_{σ_2} is consistent with the results of Farneti et al. (2015), who found 302 the correlation between the Southern Ocean upper cell overturning in density space and 303 the SAM index of a multi-model ensemble to be high (r=0.67), but not as high as that 304 of Treguier et al. (2010) for the mean flow overturning. Farneti et al. (2015) also report 305 that the Ψ_{σ_2} -SAM correlations of their various models are weaker for models with more 306 responsive eddy fluxes (r = 0.56), and stronger for models with less responsive eddy fluxes 307 (r=0.82). In the context of our findings of the time-dependent Ψ_{σ_2} response, a stronger 308 rate of decay, indicative of a weakening of the Ψ_{σ_2} -SAM correlation, can be interpreted 309 as more responsive eddy fluxes, with the timescale of adjustment being set by the spin-310 up time of the eddy field. This interpretation is consistent with the increased initial Ψ_{σ_2} 311 response for the coarser resolution simulations. 312

The results presented here demonstrate that the response of the Southern Ocean overturning circulation to sudden and extreme perturbations of SAM conditions is comprised of;

- a rapid and sustained adjustment of the wind-driven Deacon cell, represented here as Ψ_w , that increases for SAM+ and decreases for SAM- perturbations, and is insensitive to model resolution; and
 - an initial adjustment of the density-latitude overturning circulation, Ψ_{σ_2} , that is comparable to that of Ψ_w , but subsequently decays in time at a rate that depends on model resolution.

This analysis portrays the process by which the initial overturning response is ingested into the ocean interior; that is, adiabatically along isopycnals, which for the high resolutions simulations with SAM+ perturbations occurs at a rate of order 1° latitude per year.

5 Conclusion

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We have presented a novel methodology for perturbing global ocean-sea-ice models driven by prescribed atmospheric forcing. Here, this methodology employs periods of extreme SAM conditions identified in the JRA55-do dataset to branch perturbation simulations from a control. By using periods of extreme yet realistic atmospheric conditions, as opposed to idealised modifications of control conditions, we maintain the physical fidelity of the JRA55-do forcing across its fields. This approach provides confidence
that the magnitude of the forcing perturbation is climatologically relevant, even if the
timescale of the forcing perturbation is not. The focus here is on extreme SAM conditions, however, this methodology could be used to examine the ocean-sea-ice response
to other major climate indices.

The analysis of the perturbation simulations demonstrates the utility of the new 337 methodology for examining the response of the Southern Ocean to extreme SAM forc-338 ing conditions. The thermal response to the perturbed forcing, especially the contribu-339 tion from isopycnal heave, is insensitive to the model resolutions used here; the excep-340 tion to this is the change of temperature on isopycnals, which intensifies as model res-341 olution is refined, reflecting the important role of eddies in this process. The response 342 of the Southern Ocean overturning circulation to extreme SAM conditions consists of 343 a rapid and sustained adjustment of the wind-driven Deacon cell, and an initial adjust-344 ment of the density-latitude overturning circulation that decays in time. The overturn-345 ing circulation responses are found to project into the interior, propagating northward 346 along isopycnals at a rate of order 1° of latitude per year. It is argued that the adjust-347 ment of the overturning in density-latitude coordinates represents the spin-up of the adi-348 abatic eddy field in response to the extreme SAM forcing conditions. Finally, consider-349 ing the continued strengthening trend of the SAM in the present-day climate, we can an-350 ticipate associated increases in the Southern Ocean overturning circulation in depth-latitude 351 coordinates, and an ongoing adjustment of the overturning in density-latitude coordi-352 nates and Southern Ocean eddy field. 353

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Supporting Information for "Response of the Southern Ocean overturning circulation to extreme Southern Annular Mode conditions"

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Contents of this file

1. Figures S1 to S3

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Figure S1. SUPPLEMENTARY FIGURE 1: Equivalent to Figure 2. a-d) Distributions of the Year 3 (a,c) & 9 (b,d) temperature anomalies from the 0.1° ACCESS-OM2-01 for (a,b) SAM+1011 and (c,d) SAM-9192 simulations. The white and dashed magenta contours represent the SAMx and RYF9091 isopycnals at $\sigma_2 = 0.5 \text{ kg/m}^3$ intervals, respectively, spanning $\sigma_2 = 34$ – 37 kg/m^3 inclusive, with the cyan and dashed green contours representing the respective mixedlayer depths. e-h) The *w*-streamfunction anomalies of the ACCESS-OM2-01 simulations with SAM+1011 (e,f) and SAM-9192 (g,h) averaged for the years 0-3 (e,g) and 6-9 (f,h). Contoured in black is the Ψ_w for the RYF9091 case at $\pm 7.5 \text{ Sv}$ intervals with the 0 Sv contour in cyan. The white and dashed magenta contours represent the same isopycnals as in (a-d). Panels (i-l) depict a similar analysis to panels (e-h) but for the σ_2 -streamfunction anomalies. The magenta lines in 0 ctober 2, 2020, 1:52pm (i-l) at 36.5 and 36.8 kg/m³ indicate the regions of interest for Figure 3.



Figure S2. SUPPLEMENTARY FIGURE 2. Distributions of the Year 5 temperature anomalies for the SAM+9899 (cols. 1-3) and SAM-0203 (cols. 4-6) cases at 1°, 0.25° and 0.1° resolutions (rows 1-3, respectively). Columns 1 & 4 show the total temperature anomalies; columns 2 & 5 show the temperature anomaly associated with heave; and columns 3 & 6 show the temperature anomaly due temperature changes on isopycnals. The black and dashed green contours represent the SAMx and RYF9091 isopycnals at $\sigma_2 = 0.5 \text{ kg/m}^3$ intervals, respectively, spanning $\sigma_2 = 34-37 \text{ kg/m}^3$ inclusive, with the cyan and dashed magenta contours representing the respective mixed-layer depths. The temperature anomaly due to heave is calculated by remapping the zonally-averaged temperature in latitude- σ_2 space of the RYF9091 case back into latitude-depth space using the σ_2 -depth relationship of a given SAMx case. The temperature anomaly due to the change of temperature on isopycnals is calculated by remapping the zonally-averaged temperature differences between the SAMx and RYF9091 in latitude- σ_2 space back into latitude-depth space using the σ_2 -depth relationship of RYF9091. The greyed regions here are an artefact of transformation between depth and σ_2 spaces.

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Figure S3. SUPPLEMENTARY FIGURE 3. Timeseries of the extended responses in regions north (a-c) and south (d-f) of the wind speed maximum for the total (a,d), heave (b,e) and isopycnal (c,f) temperature anomalies.

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