Persistent link between Caribbean precipitation and Atlantic Ocean circulation during the Last Glacial revealed by a speleothem record from Puerto Rico

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Abstract

The high sensitivity of tropical hydro-climate to the mean position of the intertropical convergence zone (ITCZ) at different time scales is well known. However, recent research suggests a more complex behaviour of the northern hemispheric tropical rain belts in the western tropical Atlantic. Here we present a precisely dated speleothem multi-proxy record from a well-monitored cave from Puerto Rico, covering the period between 46.2 and 15.4 ka BP in unprecedented resolution. This allows the investigation of multi-decadal to millennial-scale climate variability. The proxy records document a pronounced response of regional rainfall to abrupt centennial to millennial-scale climatic excursions in the North Atlantic across the Last Glacial (i.e., Heinrich Stadials and Dansgaard/Oeschger events). In particular, we observe a strong agreement between the speleothem proxy data and the strength of the Atlantic meridional overturning circulation, supporting a persistent link of regional precipitation to oceanic forcing. Spectral analysis suggests that multi-decadal to centennial variability persisted in the regional hydro-climate not only during stadial and interstadial conditions, but also during the Last Glacial Maximum, supporting the hypothesis that the Atlantic low-latitude regions respond to internal modes of climate variability on these time scales regardless of the global climate state. The compilation with other paleo-precipitation records enables the reconstruction of past changes in position, strength and extent of the ITCZ in the western tropical Atlantic in response to millennial and orbital global climate change.

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16 **Key Points:**

17 - Puerto Rican speleothem record documents multi-decadal to millennial-scale
18   precipitation variability between 46.2 and 15.4 ka BP

19 - Climate proxies show a distinct rainfall response to abrupt North Atlantic climate
20   change including Heinrich and Dansgaard/Oeschger events

21 - Compilation of regional precipitation records allows to reconstruct past changes in
22   ITCZ patterns in the western tropical Atlantic

23 **Abstract**

24 The high sensitivity of tropical hydro-climate to the mean position of the intertropical
25 convergence zone (ITCZ) at different time scales is well known. However, recent research
26 suggests a more complex behaviour of the northern hemispheric tropical rain belts in the
27 western tropical Atlantic. Here we present a precisely dated speleothem multi-proxy record
28 from a well-monitored cave from Puerto Rico, covering the period between 46.2 and 15.4 ka
29 BP in unprecedented resolution. This allows the investigation of multi-decadal to millennial-

30　scale climate variability. The proxy records document a pronounced response of regional
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35　oceanic forcing. Spectral analysis suggests that multi-decadal to centennial variability persisted
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37　the Last Glacial Maximum, supporting the hypothesis that the Atlantic low-latitude regions
38　respond to internal modes of climate variability on these time scales regardless of the global
39　climate state. The compilation with other paleo-precipitation records enables the reconstruction
40　of past changes in position, strength and extent of the ITCZ in the western tropical Atlantic in
41　response to millennial and orbital global climate change.

42　**Plain Language Summary**

43　It is important to understand how rainfall in the western tropical Atlantic might change under a
44　changing climate to ensure the water supply for millions of people. However, it is not well
45　understood, how past rainfall varied in the past thousands of years, especially during the last
46　glacial period, a time of strong climate variability and abrupt climate changes. Here, we use a
47　stalagmite from Puerto Rico to create a new record of past changes in rainfall in this region.
48　For this purpose, we analysed proxy data which reveal a series of wet and dry periods during
49　the Last Glacial corresponding to rapid global climate shifts. Our rainfall-sensitive stalagmite
50　record is able to detect changes in the tropical rainbelt on various timescales, and shows that
51　this variability in rainfall is closely connected to changes in the strength of the ocean circulation.
52　This suggests that the link between the ocean and the atmosphere is more stable than previously
53　assumed. Lastly, comparison of our record with other rainfall-sensitive records from Central
54　America and the northern Caribbean allows a more detailed reconstruction of the spatial and
55　temporal changes of the western tropical Atlantic rainbelt.
56

1 Introduction

The evolution of precipitation patterns during glacial periods in the tropical Atlantic is a result of competing internal vs. external forcing mechanisms (Lachniet et al., 2009; Schmidt et al., 2004). Our increased understanding of the underlying controls of past precipitation changes provides valuable insight into the climate dynamics involved and more precise boundary conditions for climate models. Last Glacial precipitation reconstructions from the tropical Atlantic have documented pronounced rainfall variability on millennial to centennial timescales including periods of abrupt climate change (Deplazes et al., 2013; Hodell et al., 2008; Peterson et al., 2000). Many of these observations were thought to reflect variable positions of the Intertropical Convergence Zone (ITCZ) in response to changes in cross-equatorial temperature gradients (e.g., Broccoli et al. (2006); Schmidt and Spero (2011); Stríkis et al. (2015)). In particular, prominent millennial-scale alternations, such as Dansgaard/Oeschger (D/O) oscillations and Heinrich events were associated with a pronounced climate response of warm (interstadial) and cold (stadial) periods in the Northern Hemisphere. The generalized assumption is that latitudinal displacements of the ITCZ result from varying strengths of the Atlantic Meridional Overturning Circulation (AMOC) (Henry et al., 2016; Lynch-Stieglitz et al., 2014; McManus et al., 2004). A weaker AMOC coincides with a reduced northward heat transport, a higher cross-equatorial sea-surface temperature (SST) gradient and, consequently, drier conditions in the tropical Northern Hemisphere (Broccoli et al., 2006; Clark et al., 2001; Waelbroeck et al., 2018).

However, the details of the spatio-temporal structure and evolution of the Atlantic ITCZ are still not well understood. For instance, the magnitude and extent of its latitudinal movements, and the role of external forcing, such as insolation, in modulating this variability especially during pronounced and/or abrupt climate change events during glacial periods, such as Heinrich and D/O events, remain unclear. Especially the influence of ocean circulation on changes in Last Glacial tropical rainfall has been subject of recent debates (Burckel et al., 2015; Henry et al., 2016; Roberts & Hopcroft, 2020; Them II et al., 2015; Waelbroeck et al., 2018). In addition, there is now increasing evidence from both modelling studies as well as proxy records that the simple explanation of a north-south-shifting ITCZ is not adequate to explain the observed rainfall patterns, especially because the most northern shifts of the Atlantic ITCZ are linked to a complex set of forcings and feedbacks on different timescales (Asmerom et al., 2020; Lachniet et al., 2009; Oster et al., 2019; Roberts & Hopcroft, 2020; Singarayer et al., 2017). For instance, a model study by Singarayer et al. (2017) demonstrated that, while asymmetric extratropical forcing (ice sheets, freshwater hosing) generally gives rise to meridional shifts in the zonal

91   mean tropical rain belt, orbital variations produce an expansion/contraction of the global zonal
92   mean.
93   Speleothem stable isotope records revealed a pronounced multi-decadal to millennial
94   precipitation dynamic in the western tropical Atlantic (Asmerom et al., 2020; Fensterer et al.,
95   2012; Fensterer et al., 2013; Medina-Elizalde et al., 2010). In a recent study of a 12 ka-long
96   Guatemalan speleothem δ^{18}O record, Winter et al. (2020) suggested that the evolution of
97   Central American rainfall in the early Holocene was closely related to Caribbean SSTs
98   manifested as a basin-scale response to a more vigorous AMOC. Medina-Elizalde et al. (2017)
99   presented a 3.3 ka-long, sub-decadally resolved speleothem δ^{18}O record with pronounced multi-
100 decadal variability between 26 and 24 ka BP similar to today, suggesting that the Atlantic low-
101 latitude regions respond to internal modes of climate variability on multi-decadal to centennial
102 scales regardless of the global climate state.
103 Here we present a stable oxygen isotope record obtained from a speleothem from Larga Cave,
104 Puerto Rico, spanning the time interval from 46.2 to 15.4 ka. Our interpretation of the
105 speleothem oxygen isotopes is supported by trace element (Mg/Ca, Sr/Ca, Ba/Ca) data and δ^{13}C
106 values, which have been shown to constitute a valuable tool to identify potential hydrological
107 processes or even reconstructing past precipitation patterns (Arienzo et al., 2017; Cruz et al.,
108 2007; Warken et al., 2018). Consequently, our multi-proxy data enables the investigation of
109 changes in the hydrological regime in the western tropical Atlantic during major climate shifts
110 up to sub-decadal resolution.

111 **2 Materials and Methods**

112   **2.1 Site description**

113 Larga Cave is located in the north-central karst region of Puerto Rico (18°19'N 66°48'W,
114 Figure 1) at an elevation of about 350 m a.s.l. Since the region of the Greater Antilles is
115 dominated by sea surface, ocean-atmosphere coupling is of great importance for the climate in
116 the Caribbean which nowadays leads to comparatively small temperature variations and can
117 therefore be classified as predominantly maritime (Granger, 1985; Schellekens et al., 2004). In
118 the catchment of the cave, the mean annual air temperature today is 22.5°C, and annual rainfall
119 amount is high with a mean of 2,200mm (Vieten et al., 2018a). According to the observational
120 record from 1980 to 2020 of the closest meteorological station Arecibo observatory (18°21'N
121 66°45'W, 323m a.s.l, data from http://xmacis.rcc-acis.org/), mean annual air temperature
122 ranges from ca. 20 to 24°C and rainfall amount varies between 600 and 2,700mm. The area

123 above the cave is covered by dense tropical forest with a thin soil cover that is nearly absent on
124 the higher elevated and exposed locations.
125 Inside Larga Cave, cave air parameters and various drip sites have been monitored since 2012,
126 showing a constant temperature and relative humidity (rH) regime in the main passage with
127 $22.5 \pm 0.2°C$ and close to 100%, respectively. The cave air pCO_2 variability is dictated by the
128 seasonal cave ventilation with a well-ventilated winter mode (low pCO_2 values) and a near-
129 stagnant summer mode (high pCO_2 values) due to seasonal temperature differences in- and
130 outside the cave (Vieten et al., 2016). The rainfall $\delta^{18}O$ values at the site show a seasonal pattern
131 with more negative (-3 to -5‰ (VSMOW)) values occurring during the wet summer season and
132 higher values (-1 to -2‰ (VSMOW)) in the dry winter season.
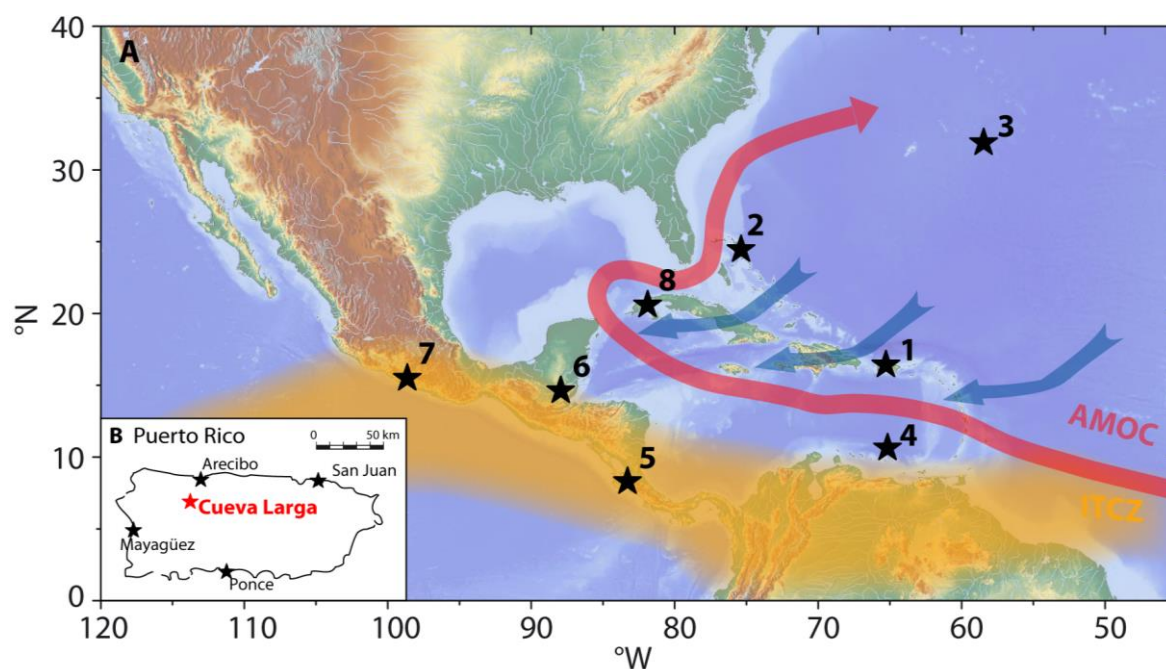
133
134 **Figure 1 (A) Relevant climatology and sites: (1) Larga Cave (Puerto Rico, this study); (2) Abaco Island**
135 **(2017; Arienzo et al., 2015); (3) Bermuda Rise (Böhm et al., 2015; Henry et al., 2016; Lippold et al., 2009;**
136 **McManus et al., 2004); (4) Cariaco Basin (Deplazes et al., 2013; Peterson et al., 2000); (5) Terciopelo Cave**
137 **(Lachniet et al., 2009); (6) Lake Petén Itzá (Correa-Metrio et al., 2012; Escobar et al., 2012; Hodell et al.,**
138 **2008); (7) Juxtlahuaca Cave (Lachniet et al., 2013); (8) Santo Tomas Cave (Warken et al., 2019). The yellow**
139 **shaded area indicates the spatial range of the seasonal migration of the mean position of the ITCZ. The red**
140 **arrow shows the warm surface current through the Caribbean basin as a part of the AMOC. The blue**
141 **arrows indicate the mean trajectories of the easterly trade winds and convective systems transporting**
142 **moisture into the western tropical Atlantic. (B) Location of Larga Cave in north-central Puerto Rico.**

143 The seasonal variations in the $\delta^{18}O$ values of rainwater are smoothed by the soil and karst
144 system acting as a low-pass filter, resulting in a well-mixed seepage water reservoir and a
145 transmission time of atmospheric signals of at least several months to a few years (Vieten et al.,
146 2018a; Vieten et al., 2018b). Therefore, the isotopic composition of drip waters in Larga Cave
147 is relatively constant over the year in most drip sites with a mean of -2.6 ± 0.2‰ (VSMOW)
148 during the monitoring period (2012 – 2019). This value corresponds to the weighted annual
149 mean of the $\delta^{18}O$ valus of -2.5 ± 0.1‰ (VSMOW) (Vieten et al., 2018b). The mean $\delta^{18}O$ value
150 of recently precipitated calcite at different drip sites is -3.1 ± 0.1‰ (VPDB), which indicates
151 that recent calcite precipitation in the cave is near isotopic equilibrium (Hansen et al., 2019;
152 Tremaine et al., 2011). The elemental composition of the drip waters also lacks a clear seasonal
153 cycle with rather stable values for the molar Sr/Ca (0.8 – 1.0 (x 10^{-3})) and Mg/Ca ratios (20 –
154 30 (x 10^{-3})).

2.2 Stalagmite PR-LA-1

156 Speleothem PR-LA-1 was collected lying on the cave floor in the main passage (Figure S 1),
157 where the rock overburden is approximately 40 – 80 m. The specimen has a total length of
158 1.85 m and was removed in five pieces (L1A to L1E, from top to bottom) with individual
159 lengths between 0.25 and 0.55 m (Figure 2). Stalagmite PR-LA-1 consists of whitish and
160 translucent calcite, which in most parts exhibits typical convex-shaped lamination. In the
161 bottom part of subsample L1C, between 110 and 118 cm distance from top (dft), the lamination
162 appears more irregular with a concave "dip" in the middle of the stalagmite (Figure 2). In
163 segment L1E, the part closest to the basis of the stalagmite, several brownish layers indicate
164 detrital inclusions. Slabs were prepared along the growth axis of each segment, which were
165 subsequently used for $^{230}Th/U$-dating and stable isotope and trace element analyses.

2.3 Analytical procedures

167 Samples for $^{230}Th/U$-dating were cut along the growth axis using a band saw. Analyses of U
168 and Th isotopes was conducted using a Nu Plasma MC-ICP-MS at the Max Planck Institute for
169 Chemistry (MPIC), Mainz. Chemical preparation of the samples and analytical methods at the
170 MPIC followed Yang et al. (2015) and Obert et al. (2016). All ages and activity ratios were
171 calculated using the half-lives reported by Cheng et al. (2000) in order to preserve comparability
172 with previous publications. Age uncertainties are quoted at the 2σ-level and do not include half-
173 life uncertainties.

174 Stable isotope samples were drilled with a spatial resolution of 1 mm and analysed at the
175 University of Innsbruck using a ThermoFisher Delta V isotope ratio mass spectrometer
176 equipped with a Gasbench II (Spötl, 2011). Raw data were calibrated against NBS19, and δ-
177 values are reported relative to Vienna Pee Dee Belemnite (VPDB) standard. Long-term
178 precision of the $\delta^{13}C$ and $\delta^{18}O$ values, estimated as the 1σ-standard deviation of replicate
179 analyses, is 0.06 and 0.08‰, respectively (Spötl, 2011; Spötl & Vennemann, 2003).
180 Element/Calcium ratios of the speleothem were measured by laser ablation ICPMS at the MPIC
181 following the procedure of Jochum et al. (2012) and Yang et al. (2015), using the high-
182 resolution sector-field ICPMS Thermo Element2, combined with the New Wave UP-213
183 Nd:YAG laser ablation system. The analysed elements were measured at low mass resolution
184 (m/Δm ~ 300) and are reported to be interference-free (Jochum et al., 2012). Trace element line
185 scans were performed along the growth axis of PR-LA-1 using a spot size of 110 µm and a scan
186 speed of 10 µm/s, resulting in a spatial resolution of 7 µm per data point (scan time 0.7 s). To
187 avoid potential surface contamination, the scan path was pre-ablated with a scan speed of 80
188 µm/s. In order to account for matrix effects, data reduction was carried out by calculating the
189 blank corrected count rates of the analysed isotopes relative to the simultaneously measured
190 internal standard ^{43}Ca. The reference glass NIST SRM 612 was used for external calibration of
191 the trace element analyses (Jochum et al., 2012; Jochum et al., 2011). Element/Calcium ratios
192 are given in molar units.

2.4 Numerical methods

194 Correlation analysis was performed with a test statistic based on Pearson's product moment
195 correlation coefficient r (x,y) following a t-distribution with length(x)-2 degrees of freedom.
196 Reported correlation coefficients are all significant at the 0.05 level. Element/Ca ratios were
197 interpolated to the resolution of the stable isotope records for the calculation of the correlation
198 coefficients. The interpretation of the proxy signals is supported by using I-STAL, a model for
199 interpreting Mg/Ca, Sr/Ca and Ba/Ca ratios in speleothems (Stoll et al., 2012), and
200 ISOLUTION 1.0, an isotope evolution model describing the stable oxygen ($\delta^{18}O$) and carbon
201 ($\delta^{13}C$) isotope values of speleothems (Deininger & Scholz, 2019). Spectral analysis was
202 performed using REDFIT (Schulz & Mudelsee, 2002).

3 Results

3.1 Chronology of PR-LA-1

In total, 74 [230]Th/U-ages were determined for PR-LA-1 (Figure 2 and Table S **2**), showing that this stalagmite covers the period from 46.2 to 15.4 ka BP with a growth interruption between 41.1 and 35 ka BP. The U content of the samples is about 0.1 - 0.3 µg/g, and in most samples, ([230]Th/[232]Th) activity ratios are high, but detrital [232]Th content is significant. A number of samples with elevated [232]Th are not in stratigraphy with the 'clean' samples, and the inversions persist when using the bulk Earth detrital ([230]Th/[232]Th) activity ratio of 0.8 to account for initial [230]Th in stalagmite PR-LA-1. Thus, we followed an approach similar to Fensterer et al. (2010) and Beck et al. (2001) to estimate a more appropriate detrital ([230]Th/[232]Th) ratio for this stalagmite.

We used linear two-endmember mixing regressions, so called Osmond type I isochrons (Ludwig & Titterington, 1994) for distinct sections with significant [232]Th content (Table S **2** and Figure S 2). For each isochron, only subsamples located potentially within a few hundred years (i.e., within a distance of 1-5cm, depending on the growth rate) were selected to meet the assumption of nearly coeval deposition.

The slope of each linear correction model (Figure S 2) yielded an estimate for a more appropriate detrital ([230]Th/[232]Th) ratio (Wenz et al., 2016). With this approach, we derived isochron slopes between 7.04 and 22.22 for seven sections (Table S **1**), with an overall mean of 16.46 ± 10.58. Three isochrons show a correlation coefficient of r < 0.9, which could be related to the relatively low variability in ([232]Th/[238]U), but it may also indicate that the assumption of coeval deposition was not applicable. Taking into account only the correction models with r > 0.9, yields a mean correction factor of 19.79 ± 4.93, which was subsequently used to correct the measured U and Th activity ratios and to calculate the ages. The obtained correction factor suggests a very high [230]Th contribution from cave seepage water or non-carbonate contamination compared to the commonly used bulk Earth ratio of 0.8 (Wedepohl, 1995). The composition of the initial or detrital phase can be very different from this value, e.g., due to partial leaching effects, Th adsorption, alpha recoil or non-silicate origin of the detrital phase prior to deposition (Hellstrom, 2006). Consequently, ([230]Th/[232]Th) activity ratios of up to 18.7 for tropical limestones have been reported by a number of studies from the Bahamas, Cuba and Puerto Rico, supporting our result (Arienzo et al., 2015; Beck et al., 2001; Fensterer et al., 2010; Rivera-Collazo et al., 2015). However, in contrast to other studies, which assumed uncertainties of the correction as high as 100%, our isochron approach yields a relatively low error for the

Th activity ratio of about ±25 %. Hence, even though the correction itself is relatively large, the propagated uncertainty due to the correction is small for nearly all corrected ages. Even for samples with the lowest (^{230}Th/^{232}Th) activity ratio age uncertainties remain below 5%.
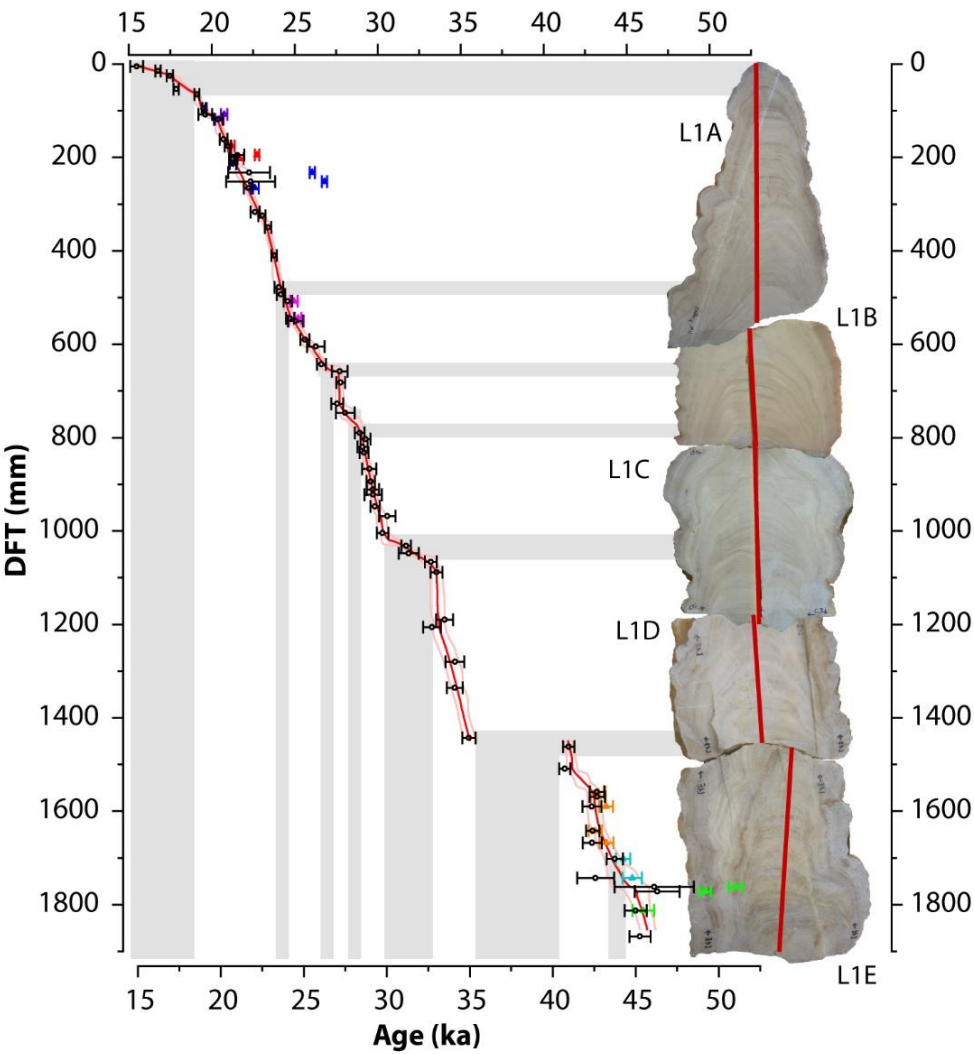

Figure 2: Corrected ^{230}Th/U data (black) and age model (red) calculated using StalAge (Scholz & Hoffmann, 2011). The uncorrected ages used for the isochrons in Figure S 2 are shown in corresponding colors. Grey bars indicate periods of reduced or absent speleothem deposition. Right side: scan of the individual segments (L1A to L1E) of speleothem PR-LA-1, with approximate position of the growth axis shown by the red straight lines.

245 After this correction, 9 of 74 samples of PR-LA-1 are still not in chronological order (Figure
246 2). These reversals might be due to diagenetic alteration, indicated by partly lower U
247 concentrations, or changes in the initial ^{230}Th contribution from the detritus or seepage water.
248 For these reasons, and considering the good agreement of the surrounding ages within the tight
249 chronology, we did not include these ages in the final age model. The applied methods allow to
250 construct an overall precise chronology with average uncertainties of 0.5 to 1.5 % of the
251 corrected ages using the algorithm StalAge (Scholz & Hoffmann, 2011). This corresponds to
252 errors in the chronology in the order of 200 to 400 years before 30 ka BP and 90 to 200 years
253 afterwards. In sections with lower sampling density and/or significant detrital Th, the
254 uncertainty increases up to 500 – 1000 years, which applies mostly to the bottommost sections,
255 such as in segments L1E (45.5 and 44 ka BP) and L1C (35.5 to 33.5 ka BP).
256 The average growth rate is in the order of 100 µm/a, but the age model suggests very fast rates
257 of up to more than 1 mm/a between 43.2 – 43.0, 41.5 – 41.1, 33.7 – 33.5 and 27.8- 27.6 ka BP.
258 Comparably low deposition rates down to 10 – 30 µm/a occurred between 43.2 – 41.3, 33.5 –
259 30.3, 28.9 – 27.8 and 17.5 – 15.4 ka BP, as indicated by the grey bars in **Figure** 2.

260 **3.2 Speleothem climate proxy patterns**

261 Figure 3 shows the speleothem δ^{18}O and δ^{13}C values as well as the Mg/Ca, Sr/Ca and Ba/Ca
262 records. In the earlier part of the record, from 46.2 to about 17 ka, the three element ratios show
263 a variability of roughly ±50% around the mean values, with a Mg/Ca baseline of 1.0 ±
264 0.5mmol/mol, and Sr/Ca (Ba/Ca) values of 0.06 ± 0.03 mmol/mol (0.08 ± 0.04 µmol/mol).
265 After 17 ka, Mg/Ca, Sr/Ca and Ba/Ca values strongly increase towards their highest values of
266 the whole record. δ^{18}O and δ^{13}C values show a similar pattern with δ^{18}O values around 0 ± 2‰,
267 and reaching the highest values of 1 - 2‰ between 17 and 15.4 ka, whereas δ^{13}C values vary
268 around -9 ± 3‰. On longer timescales, δ^{13}C, δ^{18}O, and Mg/Ca values follow the general pattern
269 of the speleothem growth rate (Figure 3). Regarding the whole record between 15.4 and 46.2
270 ka, δ^{18}O and δ^{13}C values show a strong correlation ($r_{\delta 13C/\delta 18O}$ = 0.52) and a similar pattern with
271 Mg/Ca values ($r_{Mg/\delta 18O}$ = $r_{Mg/\delta 13C}$ = 0.40). Sr/Ca and Ba/Ca are also correlated ($r_{Sr/Ba}$ = 0.49), but
272 show only a weak relationship with Mg/Ca ($r_{Mg/Sr}$ = 0.32).
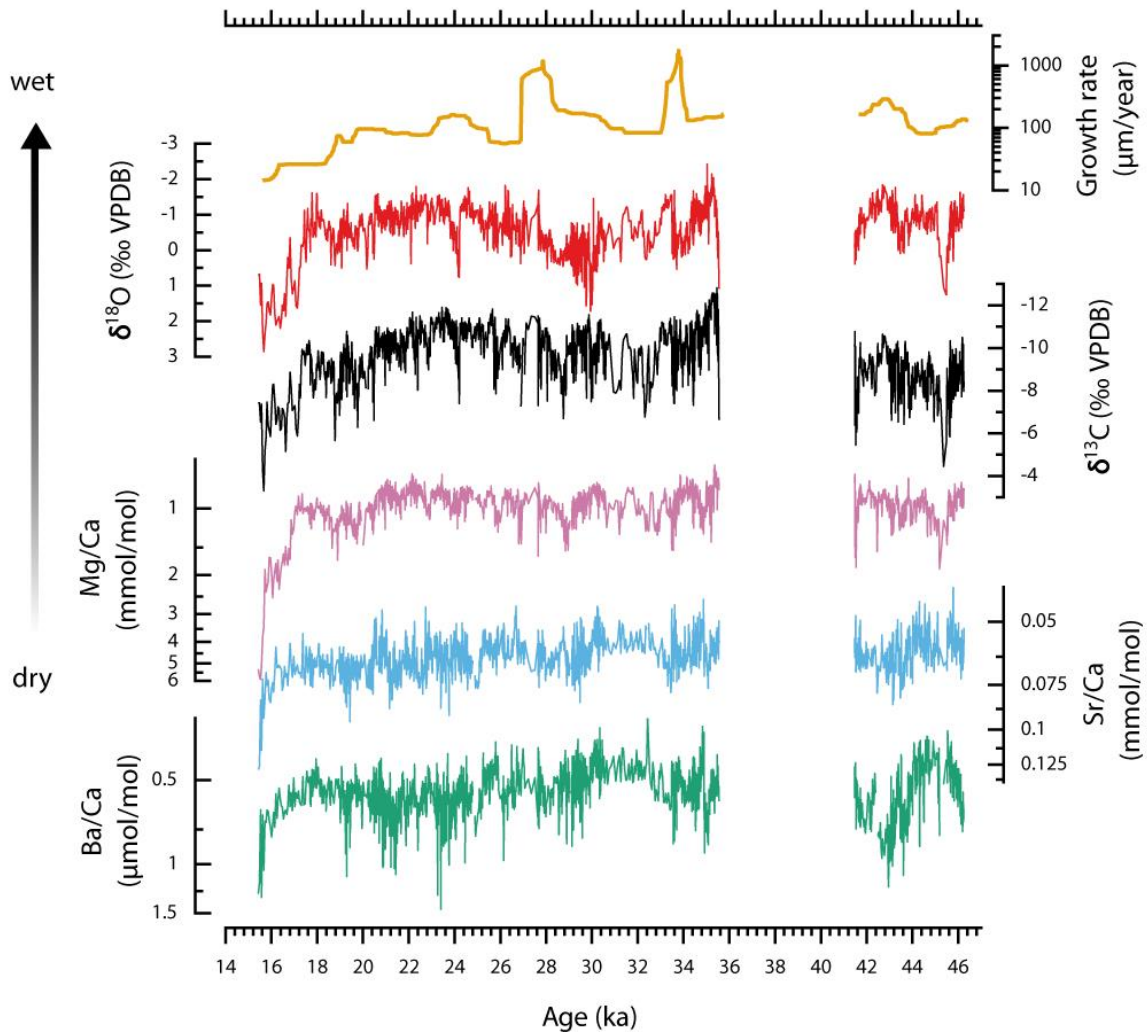
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Figure 3: Speleothem climate proxies in PR-LA-1 (from top to bottom): Growth rate (dark yellow, derived
274
from the age model); stable isotopes of oxygen (δ^{18}O values, red), stable isotopes of carbon (δ^{13}C values,
275
black); Mg/Ca (purple); Sr/Ca (blue); and Ba/Ca (green). Note the inverted scale of all proxies, which
276
indicates the interpretation as proxies for wet/dry conditions (section 4). Mg/Ca, Sr/Ca and Ba/Ca are
277
plotted on a logarithmic scale.
278

3.3 Spectral analysis

For periods of relatively slow growth (with deposition rates in the order of 10 µm/a), the temporal resolution of the stable isotopes is on centennial timescales. For intervals with higher growth rates of up to 1 mm/a, even multi-decadal scales are resolved. To assess the power of sub-millennial variability of the proxies, spectral analysis was performed using REDFIT (Schulz & Mudelsee, 2002) for different time slices across the record. For this purpose, stadial and interstadial periods were chosen with a) relatively high growth rate to allow for multi-decadal resolution, and b) at least 500 years of continuous coverage. This includes the Last Glacial Maximum (LGM, 24 – 18 ka BP), Greenland stadials 3 (27 - 24.3 ka BP), 5.1 (30.2 - 28.7) and 7 (34.3 – 33.7 ka BP), Greenland interstadials 7 (35.4 – 34.3 ka BP), 11 (43.3 – 41.5 ka BP) and 12 (45.0 – 43.9 ka BP) as well as Heinrich stadials 1 (17.5 – 15.4 ka BP) and 2 (24.2 – 23.8 ka BP). The $\delta^{18}O$ spectra show enhanced power in multi-decadal to centennial periods during the LGM, Greenland stadials and interstadials (Figure 4). The spectral power variability of $\delta^{13}C$ and Mg/Ca is generally weaker, but they also show enhanced power for multi-decadal periods (**Figure S 5** and **Figure S 6**).
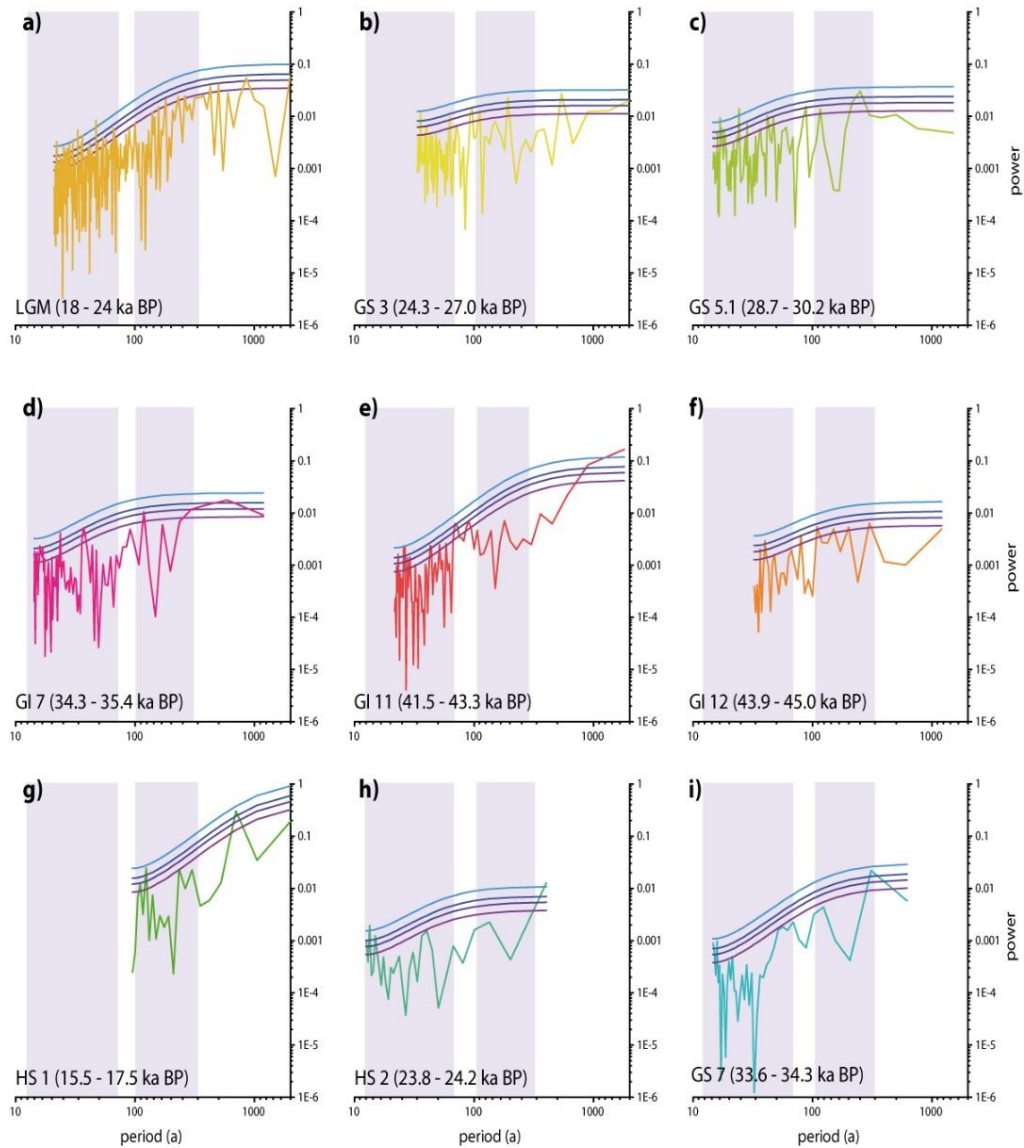
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Figure 4: Spectral power for different intervals of the PR-LA-1 δ¹⁸O record calculated with REDFIT
(Schulz & Mudelsee, 2002). Coloured lines indicate the calculated AR(1) false-alarm levels of 80% (purple),
90% (violet), 95% (dark blue) and 99% (light blue), respectively. Purple rectangles indicate the multi-
decadal and centennial period bands. For all shown spectra, the AR(1) passed the REDFIT runs test, which
checks the equality of theoretical AR(1) and data spectrum.

4 Discussion

4.1 Climate proxy variability and interpretation

4.1.1 Inferences from modelling of cave and karst processes

Speleothem PR-LA-1 grew during the second half of the last glacial period (115 – 11.7 ka BP), when the climate in the Caribbean area was generally drier compared to the Holocene (Correa-Metrio et al., 2012; Hodell et al., 2008; Peterson et al., 2000; Schmidt & Spero, 2011), and Caribbean SST reconstructions (Hagen & Keigwin, 2002; Lea et al., 2003) report colder temperatures by 2 - 4°C. The PR-LA-1 $\delta^{18}O$ record exhibits a pattern of millennial-scale variability reminiscent of Dansgaard/Oeschger oscillations recorded in Greenland ice cores (Figure 5), which is also visible in other proxies, such as $\delta^{13}C$ and Mg/Ca (Figure 3), indicating a common driving process. In agreement with previous hydro-climate reconstructions from the tropical Atlantic realm (Arienzo et al., 2017; Lachniet et al., 2009; Winter et al., 2020), we associate lower (higher) speleothem $\delta^{18}O$ values during interstadial (stadial) phases with wetter and warmer (drier and cooler) conditions and greater (less) convective rainfall intensity.

In the main passage of Larga Cave, where PR-LA-1 was collected, Vieten et al. (2016) found a pronounced present-day seasonal cave air pCO_2 cycle, with a well-ventilated (i.e., low pCO_2) regime during the dry winter season and a near-stagnant, high pCO_2 mode during the wet summer. In addition, drip interval variations on intra- and inter-annual scale in response to recharge have been observed in Larga Cave at modern drip sites (Vieten et al., 2018b; Vieten et al., 2018a). In combination with the observed co-variation of speleothem stable isotope and trace element ratios (Figure 3), we suggest a strong hydrological control of these proxies influenced by cave and karst processes and the saturation state of the drip water (Cruz et al., 2007; Sinclair et al., 2012; Wassenburg et al., 2019). The degree of supersaturation is determined by cave air temperature and pCO_2, the initial Ca concentration and the degree of prior calcite precipitation (PCP). Longer drip intervals may further coincide with an increase in PCP and result in higher Mg/Ca, Sr/Ca and Ba/Ca ratios (Mattey et al., 2010; Stoll et al., 2012) as well as higher $\delta^{18}O$ and $\delta^{13}C$ values (Dreybrodt & Scholz, 2011; Hansen et al., 2019) of the drip water. A higher degree of PCP also decreases the saturation state of the drip water and therefore slows down stalagmite growth, reducing the partitioning of Sr and Ba, which may explain weak or even absent correlations of these elements in stalagmite PR-LA-1 (Stoll et al., 2012; Warken et al., 2018). Enhanced cave ventilation also leads to lower pCO_2 in the cave atmosphere and accordingly lower Ca equilibrium concentrations (Baker et al., 2014; Mattey

332 et al., 2010). We regard these processes as very likely to act as controlling elements of drip
333 water saturation and varying elemental and isotopic signatures in speleothems from Larga Cave.
334 Numerical simulation of the observed elemental variability in stalagmite PR-LA-1 with I-STAL
335 (Stoll et al. (2012), supplementary material S1) support this interpretation. For instance, the
336 simulations indicate that the drip of PR-LA-1 indeed experienced a large drip interval
337 variability (Figure S 3) and a variable effective cave air pCO_2 (i.e., the pCO_2 recorded by the
338 stalagmite during the season of main calcite precipitation), which is potentially linked to
339 seasonally variable ventilation. The influence of these processes on the $\delta^{18}O$ and $\delta^{13}C$ values of
340 the speleothem was additionally explored using the ISOLUTION model (Deininger and Scholz
341 (2019), supplementary material S1). This analysis reveals that the highest speleothem $\delta^{18}O$ (and
342 $\delta^{13}C$) values can only be explained by assuming drip water values of 0 ‰ for $\delta^{18}O$ (-6‰ for
343 $\delta^{13}C$), which is significantly higher than the modern values of -2.6 ‰ (and -13‰). This suggests
344 that the observed magnitude of the excursions in the stable isotope record cannot be explained
345 solely by cave-internal isotope fractionation effects during calcite precipitation, but must
346 partially originate from the composition of the infiltrating water, which is, in turn, related to
347 changes in the environmental conditions above the cave.

4.1.2 Speleothem $\delta^{18}O$ values as a proxy for regional precipitation amount and convective intensity

350 In Larga Cave, drip water $\delta^{18}O$ values predominantly represent rainfall $\delta^{18}O$ values, which are
351 linked to rainfall amount (Vieten et al., 2018a; Vieten et al., 2018b). Therefore, we consider
352 speleothem $\delta^{18}O$ values as a proxy of past precipitation and convective activity in the western
353 tropical Atlantic, which enables us to reconstruct changes of last Glacial precipitation patterns.
354 Compared to modern calcite (-3.1‰), $\delta^{18}O$ values in speleothem PR-LA-1 are about 3-4‰
355 higher with an average level of about 0±1‰ during the LGM, which cannot solely be explained
356 by cave and karst processes (section 4.1.1). On glacial-interglacial timescales, a number of
357 additional effects can significantly impact the $\delta^{18}O$ values of drip water and speleothems, such
358 as the changing $\delta^{18}O$ value of source waters due to increased continental ice volume, lower
359 SSTs and salinity values (Baker & Fritz, 2015). For the (sub)tropical Atlantic, these account for
360 a change in the $\delta^{18}O$ value of sea water of up to 2‰ during glacial periods (Hagen & Keigwin,
361 2002; Schmidt & Spero, 2011), which reduces the effective difference between modern calcite
362 and speleothem PR-LA-1 $\delta^{18}O$ values to about 2‰. This suggests that Puerto Rico experienced
363 a drier and predominantly non-convective regime during glacial times.
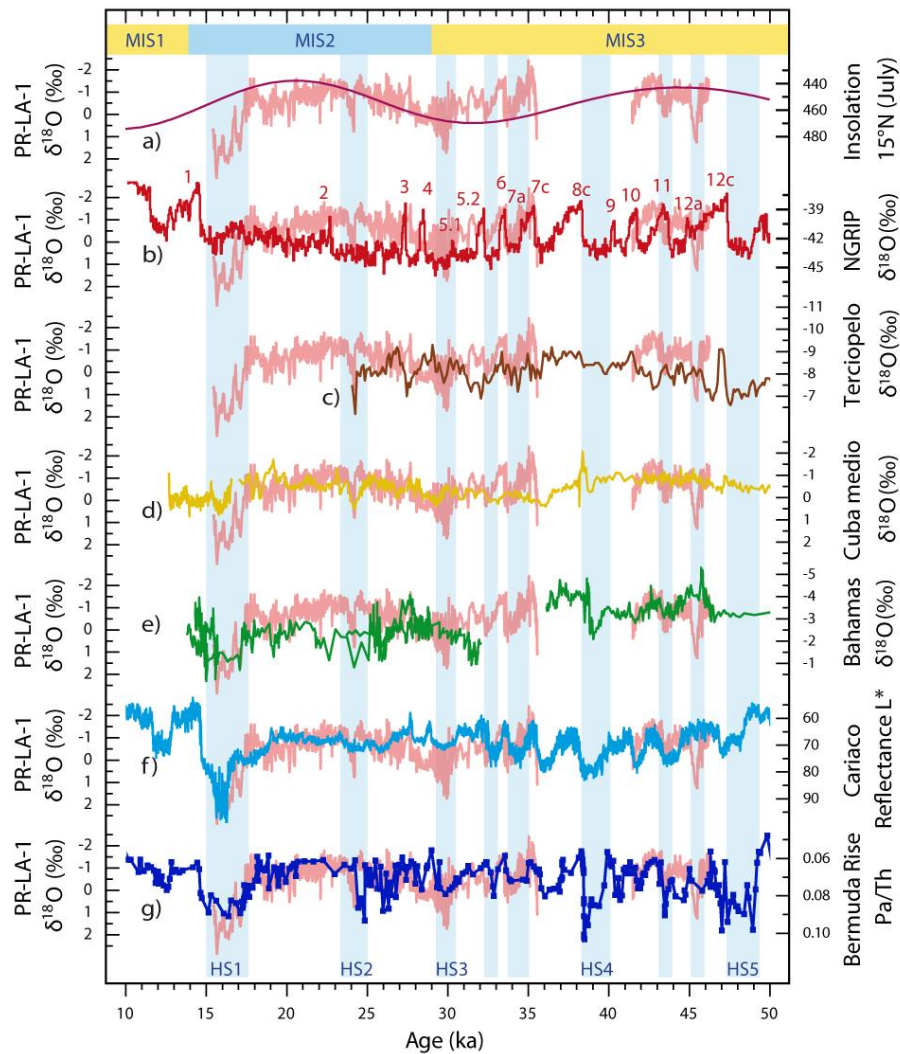
Figure 5: PR-LA-1 δ¹⁸O values in comparison with (from top to bottom) (a) 15°N summer insolation (axis inverted); (b) δ¹⁸O values from the NGRIP ice core using the GICC05 timescale (Svensson et al., 2008). Numbers indicate the Greenland interstadials after Rasmussen et al. (2014); (c) speleothem δ¹⁸O values from Terciopelo Cave, Costa Rica (Lachniet et al., 2009); (d) speleothem δ¹⁸O values from Santo Tomas Cave, Cuba (Warken et al., 2019); (e) δ¹⁸O values from Abaco island, Bahamas (Arienzo et al., 2017); (f) Reflectance record from the Cariaco basin off Venezuela reflecting the mean meridional position of the ITCZ (Deplazes et al., 2013); (g) ²³¹Pa/²³⁰Th compilation from the Bermuda Rise reflecting the strength of the AMOC (Böhm et al., 2015; Henry et al., 2016; Lippold et al., 2009; Lippold et al., 2019; McManus et al., 2004). Vertical blue bars indicate intervals of weak AMOC, such as Heinrich stadials 1-5.

374 Compared to the modern average annual rainfall amount at Larga Cave, an increase of 1‰ in
375 $\delta^{18}O$ values roughly corresponds to a rainfall decrease of about 50% (Vieten et al., 2018a).
376 However, we regard this value as an upper limit. Enhanced moisture recycling has been
377 observed at the location of Larga Cave during the dry season and is especially visible in the d-
378 excess of rainwater (Vieten et al., 2018b). This mechanism may shift the weighted annual mean
379 of the $\delta^{18}O$ values of the drip water towards higher values. Thus, the relative change of
380 precipitation amount could be overestimated. The difficulty of quantifying this effect for the
381 last glacial period prohibits a robust calibration of glacial speleothem $\delta^{18}O$ values with rainfall.
382 Enhanced moisture recycling may be of particular importance for the driest intervals of our
383 record, of which Heinrich Stadial 1 (17 to 15.4 ka BP) stands out, where speleothem $\delta^{18}O$ values
384 (and all other proxies) show a strong increase of up to 6‰ compared to modern calcite. A
385 decreased temperature of about 4°C during the coldest intervals of the Last Glacial compared
386 to recent times (Arienzo et al., 2015) would only explain about 1‰ change in cave temperature-
387 related isotope fractionation during carbonate precipitation. As discussed in section 4.1.1 and
388 the supporting information S1, disequilibrium isotope fractionation effects during very cold and
389 dry intervals would lead to a maximum change of +1-2‰, thus still leaving a residual shift in
390 speleothem $\delta^{18}O$ values of about 1-2‰, which cannot be explained by glacial boundary
391 conditions (Arienzo et al., 2017; Escobar et al., 2012). We note that a calibration study from
392 the north-eastern Yucatán peninsula (Medina-Elizalde et al., 2017) suggested that local
393 precipitation varied between +200% and −100% between 26 and 23 ka BP (including Heinrich
394 stadial 2), while speleothem $\delta^{18}O$ values ranged from -6 to 0‰, which translates in a similar
395 slope as observed in this study. This confirms that our inferences are reasonable.
396 In contrast, the most negative $\delta^{18}O$ values in PR-LA-1 of approximately -1.9 to -2.4‰ were
397 reached during Greenland Interstadials (GI) 7c (35.4 - 35.0 ka) and 11 (43.3 – 42.2 ka).
398 Similarly, GIs 2, 3, 5, 6, 12a and 12c are characterized by $\delta^{18}O$ values of about -1.2 to -1.6‰,
399 whereas during GI 4 and 4.1, the values stay around -1‰ (Figure 5). Taking into account only
400 the global ice volume and salinity changes in the tropical Atlantic surface waters during Marine
401 Isotope Stage (MIS) 3, which account for about 0.5-1‰ (Hagen & Keigwin, 2002; Schmidt &
402 Spero, 2011), peak values during GI7c and 11 nearly reach modern values in the cave. Keeping
403 in mind that speleothem records from Puerto Rico and other Caribbean sites exhibit $\delta^{18}O$
404 variations of up to ± 1‰ during the Holocene (e.g., Fensterer et al. (2013); Medina-Elizalde et
405 al. (2010); Winter et al. (2011)), we conjecture that the environmental conditions could have
406 been comparable to the present-day. During the other interstadials, $\delta^{18}O$ values suggest at most
407 only slightly drier and/or cooler conditions.

4.1.3 Persistent link of multi-decadal to millennial-scale rainfall to ocean circulation

A remarkable feature of the PR-LA-1 record is that speleothem $\delta^{18}O$ values closely track changes in the reconstructed strength of the AMOC (Figure 5) on centennial to millennial scales. Major events of freshwater input into the North Atlantic and subsequent slowdown of ocean circulation, such as Heinrich stadials HS1 (17.2 - 15.5 ka), HS2 (24.3 - 23.8 ka) and HS3 (30 – 29 ka), are recorded by elevated speleothem $\delta^{18}O$ values (Figure 5 and Figure 6), indicating pronounced transitions to drier and cooler conditions on Puerto Rico (section 4.1.2). Similar observations were made in other studies. A cooling by about 4°C during HS 1 to 3 was observed in speleothems from the Bahamas (Arienzo et al., 2017; 2015). Lacustrine sediments from Central America show increased aridity and a 4-10°C cooling associated with HS1 (Correa-Metrio et al., 2012; Escobar et al., 2012; Hodell et al., 2008), and a speleothem record from south-western Mexico demonstrates a reduction of the North American Monsoon (Lachniet et al., 2013).

The Larga $\delta^{18}O$ record strikingly agrees with sedimentary $^{231}Pa/Th$ from the Bermuda Rise, not only during Heinrich stadials, but also in the course of millennial to centennial variations associated with D/O main- and sub-stages (Figure 5). This suggests a strong and persistent link between Puerto Rican precipitation and the AMOC, which we therefore regard as the dominant regional control of abrupt rainfall changes in the subtropical Caribbean (Burckel et al., 2015; Henry et al., 2016; Waelbroeck et al., 2018). In agreement with recent modelling studies suggesting that asymmetric extratropical forcing, such as ice sheets or freshwater input into the North Atlantic, produce meridional shifts in the zonal mean rain belt, these observations indicate a southward shift of the ITCZ associated with abrupt decreases of AMOC strength (Broccoli et al., 2006; Clark et al., 2001; Singarayer et al., 2017).

Variations in the strength of the AMOC are linked to meridional redistribution of ocean heat within the North Atlantic, whose spatial SST pattern is superimposed on that of the Atlantic Multi-Decadal Oscillation (AMO) (Winter et al., 2020; Zanchettin et al., 2014; Zhang & Zhang, 2015). In particular, this Atlantic multi-decadal variability also involves surface warming and cooling of the inter-American Seas (del Monte-Luna et al., 2015; Enfield et al., 2001). Spectral analysis of the speleothem PR-LA-1 $\delta^{18}O$ data indicates relatively high power on multi-decadal to centennial periods during Greenland Stadials and Interstadials as well as the LGM. Instrumental, paleoclimate and modelling data support a positive correlation between the AMO and the hydro-climate over the western tropical Atlantic including Puerto Rico during the Late Holocene as well as on millennial and longer time scales (e.g., Bhattacharya et al. (2017); Fensterer et al. (2012); Winter et al. (2011)).

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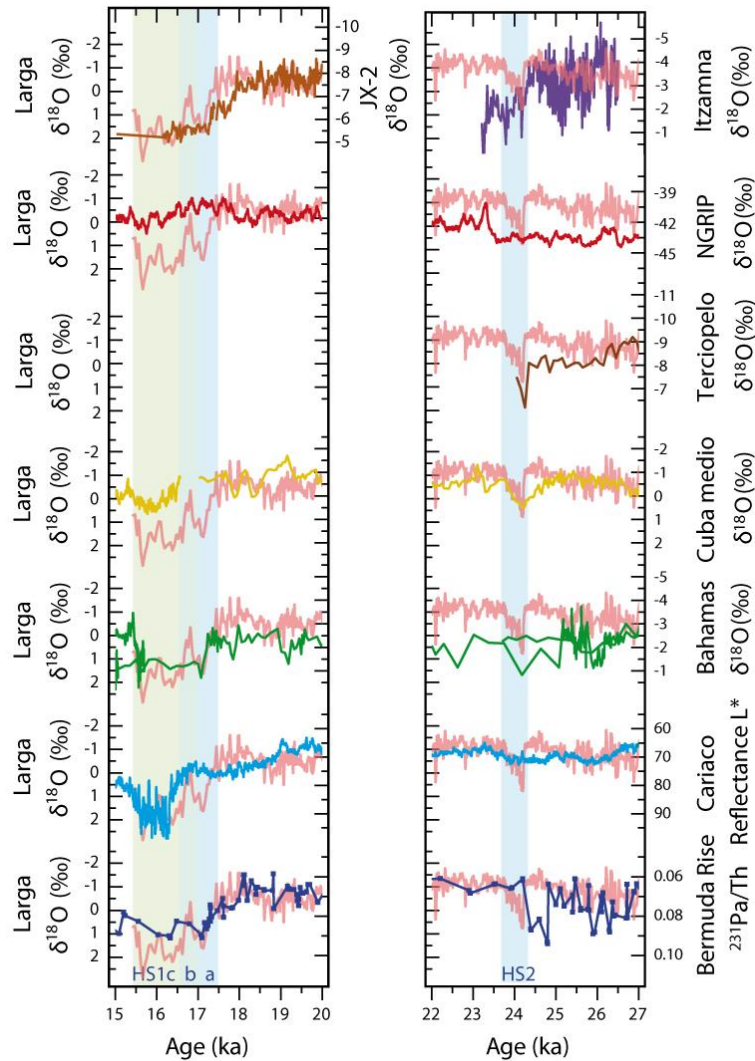
Figure 6: PR-LA-1 δ¹⁸O record for Heinrich stadials 1 (left) and 2 (right) in comparison with: δ¹⁸O values from the NGRIP ice core using the GICC05 timescale (Svensson et al., 2008).; speleothem Cuba Medio δ¹⁸O values from Santo Tomas Cave, Cuba (Warken et al., 2019); δ¹⁸O values from Abaco Island, Bahamas (Arienzo et al., 2017); reflectance record from the Cariaco Basin (Deplazes et al., 2013) and ²³¹Pa/²³⁰Th compilation from the Bermuda Rise (Böhm et al., 2015; Henry et al., 2016; Lippold et al., 2009; McManus et al., 2004). Also shown in the top left panel are speleothem δ¹⁸O values from Juxtlahuaca, Mexico (Lachniet et al., 2013). On the top right panel, δ¹⁸O values from Río Sécreto, Yucatán Peninsula, Mexico (Medina-Elizalde et al., 2017) and speleothem δ¹⁸O values from Terciopelo cave, Costa Rica (Lachniet et al., 2009) are presented. Vertical blue and green bars indicate the (sub-) stages HS1 (left) and HS2 (right) as registeredd in the PR-LA-1 δ¹⁸O record.

453 For the Last Glacial, the lacustrine record from Lake Petén Itzá also suggests inter-annual and
454 multi-decadal variability (Correa-Metrio et al., 2012; Escobar et al., 2012; Hodell et al., 2008),
455 and Medina-Elizalde et al. (2017) reported multi-decadal variability in a high-resolution
456 speleothem δ^{18}O record from the Yucatan Peninsula spanning 26 to 24 ka BP (Figure 6).
457 Our dataset indicates that multi-decadal variability is indeed a persistent feature of the tropical
458 hydro-climate during both interstadials and stadials as well as across the LGM. This supports
459 the hypothesis that the Atlantic low-latitude regions responded to internal modes of climate
460 variability on these timescales regardless of the global climate state (Medina-Elizalde et al.,
461 2017; Winter et al., 2020). The appearance of multi-decadal, centennial and millennial scale
462 precipitation variability in the same archive further suggests a common mechanism of heat
463 redistribution in an AMO-analogue mode on all these timescales (Bhattacharya et al., 2017;
464 Ting et al., 2009; Zhang & Zhang, 2015). This argues for a dominant role of the strength of
465 ocean circulation in tropical Atlantic precipitation and adds support to the hypothesis that the
466 AMOC is a key element for the link between northern high latitudes and tropical climate - not
467 only during Heinrich stadials but also for D/O events.

468 **4.2 Spatio-temporal patterns of western tropical Atlantic precipitation**

469 **4.2.1   Spatio-temporal patterns on orbital timescales**

470 The compilation of existing reconstructions of past precipitation in the western tropical Atlantic
471 realm provides the opportunity to explore spatio-temporal rainfall patterns and to reconstruct
472 past regional ITCZ variations on millennial to orbital timescales. Figure 5 shows that the long-
473 term variability in PR-LA-1 δ^{18}O values generally appears to be inversely related with summer
474 insolation. This observation agrees with long speleothem records from Cuba and Costa Rica,
475 which also document an inverse relationship of regional rainfall and summer insolation during
476 MIS 4 to 2 (Lachniet et al., 2009; Warken et al., 2019). This relationship is unexpected since
477 previous studies have documented a positive link between rainfall intensity and summer
478 insolation in the Americas (Cruz et al., 2009; Poveda et al., 2006). However, model studies also
479 demonstrated that the seasonal northern limit of the American rain belt during the Last Glacial
480 varied not only in response to local insolation, but also responded to ice-sheet forcing due to
481 the regional land-ocean configuration (Singarayer et al., 2017). During times of an extensive
482 Northern Hemisphere ice cover, the maximum northward extent of the ITCZ occurs earlier in
483 the year, when most local land is to the south (Singarayer et al., 2017). When local summer
484 insolation is high, the land-sea temperature contrast increases and the ITCZ rain belt moves
485 south, apparently away from the warmer hemisphere, but in fact towards the locally warmed

486 land (Singarayer et al., 2017). This implies that orbital variations produce expansions and
487 contractions of the global zonal mean of the ITCZ. We further evaluate this process here by
488 comparing the speleothem records from the northern limit of the tropical rain belt to the
489 reflectance record from the Cariaco basin, which mirrors the meridional position of the mean
490 position of the ITCZ (Deplazes et al., 2013). During periods of reduced summer insolation, e.g.,
491 MIS2, $\delta^{18}O$ values of speleothems north of the Cariaco basin as well as central American
492 lacustrine sediments (e.g., Hodell et al. (2008)) indicate relatively wet conditions. In contrast,
493 the Cariaco reflectance record remains relatively constant, which may suggest that the tropical
494 rain belt indeed expanded northward during this interval in response to orbital forcing.

495 4.2.2 Spatio-temporal patterns on millennial timescales

496 Of all the Heinrich stadials recorded in PR-LA-1, HS1 (17.2 - 15.4 ka) stands out as the most
497 pronounced, suggesting that it was the severest stadial in the region (Arienzo et al., 2015;
498 Escobar et al., 2012). This observation is supported by reconstructions of AMOC strength
499 showing that HS1 was accompanied by a near shutdown of the AMOC and an abrupt and
500 synchronous response of the ITCZ to changes in ocean circulation (Lachniet et al., 2013; Stríkis
501 et al., 2015). In contrast, there were only muted changes during HS2 and 3 (Böhm et al., 2015;
502 Lynch-Stieglitz et al., 2014). The onset of HS1 in PR-LA-1 occurred at about 17.5 ka with a
503 gradual increase in $\delta^{18}O$ values indicating a decrease of rainfall amount and temperature,
504 interrupted by a short warm and wet period at about ∼17 ka (Figure 6). Comparing PR-LA-1
505 $\delta^{18}O$ values with the speleothem record from Juxtlahuaca Cave, Mexico (Lachniet et al., 2013),
506 and Abaco Island, Bahamas (Arienzo et al., 2017), shows that the timing of the increase in the
507 $\delta^{18}O$ values during the sub-stages of HS1 was nearly synchronous (Figure 6). A three-stage
508 structure of HS1 is also recorded by lacustrine sediments in Guatemala (Escobar et al., 2012),
509 supporting its region-wide impact.
510 In contrast, HS2 on the other hand shows a slightly different picture in Puerto Rico
511 characterized by an abrupt, one-stage increase in $\delta^{18}O$ between 24.2 and 23.8 ka (Figure 6),
512 which is also clearly imprinted in the records from the Bahamas and Cuba. The records from
513 the north-eastern Caribbean closely follow the pattern of [231]Pa/Th on the Bermuda Rise,
514 indicating a temporary weakening of the AMOC and a synchronous reduction of regional
515 rainfall. In contrast, the speleothem record from the Yucatan peninsula (Medina-Elizalde et al.,
516 2017) is characterized by a continuous precipitation reduction after 23.8 ka (Figure 6), which
517 was attributed to be synchronous and in-phase with precipitation records from South America.
518 The difference in the climate response in the north-eastern Caribbean compared to

519 reconstructions from further south-west most likely indicates a diminishing influence of the
520 Atlantic from the east towards the south-west.
521 In addition, the amplitude of stadial and interstadial intervals is attenuated in the northernmost
522 records from Cuba and the Bahamas (Arienzo et al., 2017; Warken et al., 2019), but also
523 towards Costa Rica (Lachniet et al., 2009) compared to precipitation records in the Cariaco
524 basin (Deplazes et al., 2013) and in Larga Cave (Figure 5). Warken et al. (2019) noted a weaker
525 sensitivity of δ^{18}O values in a speleothem from Cuba to North Atlantic forcing during MIS 4 to
526 2 compared to MIS 5 and the Holocene. Similarly, PR-LA-1 shows decreasing amplitudes of
527 centennial to millennial oscillations after 30 ka compared to NGRIP and Cariaco with weak or
528 even absent excursions across GIs 2 to 5 (Figure 5). Oster et al. (2019) identified an east–west
529 gradient in precipitation patterns based on late Holocene speleothem δ^{18}O records, with
530 increasing Pacific influence when moving across the Caribbean towards the west. As the
531 northern extent of the ITCZ moves further south, it causes a progressive weakening of the
532 connection between Caribbean precipitation and North Atlantic forcing and affects the
533 competing influence of the Atlantic and Pacific. This is also a likely explanation for the
534 observed patterns in the Caribbean precipitation records on centennial to millennial scale during
535 the last glacial period, highlighting the complex climatological patterns in this region.

536   **5   Conclusions**
537 The speleothem multi-proxy record from Larga Cave provides valuable insights into regional
538 paleoclimate variability on multi-decadal to orbital timescales, whereby δ^{18}O values are the key
539 proxy of past precipitation amount. This study highlights the close connection of western
540 tropical Atlantic precipitation variability and Northern Hemisphere climate variability on
541 millennial to centennial timescales. In particular, our record underlines the central and persistent
542 role of the strength of the AMOC for abrupt glacial climate change, adding valuable information
543 to recent debates and underscoring that a more complete understanding of the underlying
544 mechanisms can only be achieved by integrating observations and models (Roberts & Hopcroft,
545 2020; Them II et al., 2015). The compilation of regional records from speleothems and other
546 archives suggests the existence of spatially and temporally varying precipitation patterns during
547 the last glacial period. These observations argue for a complex ITCZ variability, with
548 meridional shifts occurring along with expansions and contractions of the rain belt on different
549 timescales and depending on the nature of the forcing. Thus, the concept of north-south shifts
550 of the ITCZ causing wet-dry conditions in the region is insufficient to explain the observed
551 tropical precipitation variability and requires further in-depth research on the variability and

drivers of the western tropical Atlantic rain belt. As shown in this study, precisely dated speleothem records can provide important information towards this endeavour.

Acknowledgements

Data availability

The data presented in this paper were uploaded to the open PANGAEA data library (https://doi.pangaea.de/10.1594/PANGAEA.911486) and will be available after acceptance of this paper.

Supporting information

Supporting information S1: Simulation of the observed proxy variability.

Table S 1: Results of the linear fit models for each Osmond isochron indicated in Figure S 2.

Table S 2: Activity ratios and final ages of stalagmite PR-LA-1.

Figure S 1 Map of Larga Cave and location of stalagmite PR-LA-1, Puerto Rico

Figure S 2: Individual Osmond type I isochrones and (^{230}Th/^{238}U) vs. (^{232}Th/^{238}U) activity ratios of stalagmite PR-LA-1.

Figure S 3: Results of I-STAL simulations for speleothem PR-LA-1 compared to speleothem proxies.

Figure S 4: ISOLUTION simulations of the stable isotopic composition of calcite.

Figure S 5: Spectral power for different intervals of the PR-LA-1 δ^{13}C record**.**

Figure S 6: Spectral power for different intervals of the PR-LA-1 Mg/Ca record.

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Persistent link between Caribbean precipitation and Atlantic Ocean circulation during the Last Glacial revealed by a speleothem record from Puerto Rico

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Contents of this file

Additional Supporting Information (Files uploaded separately)

Introduction

This supporting material contains several parts. Figure S 1 is a map of Larga Cave and indicates the location of stalagmite PR-LA-1. We also present additional information on the chronology of speleothem PR-LA-1, i.e., the results of the linear fits for each Osmond isochron (Table S 1 and Figure S 2) as well as the activity ratios and calculated ages of stalagmite PR-LA-1 (Table S 2, uploaded as separate file). In addition, results and discussion of the numerical simulations of the observed proxy variability using I-STAL (Stoll et al., 2012), ISOLUTION 1.0 (Deininger & Scholz, 2019) and REDFIT (Schulz & Mudelsee, 2002) are included. The supporting text S1 as well as Figures S3 and S4 show the results of the proxy process simulations. Figures S5 and S6 indicate the spectral power distributions for different intervals of the PR-LA-1 δ^{13}C and Mg/Ca records.
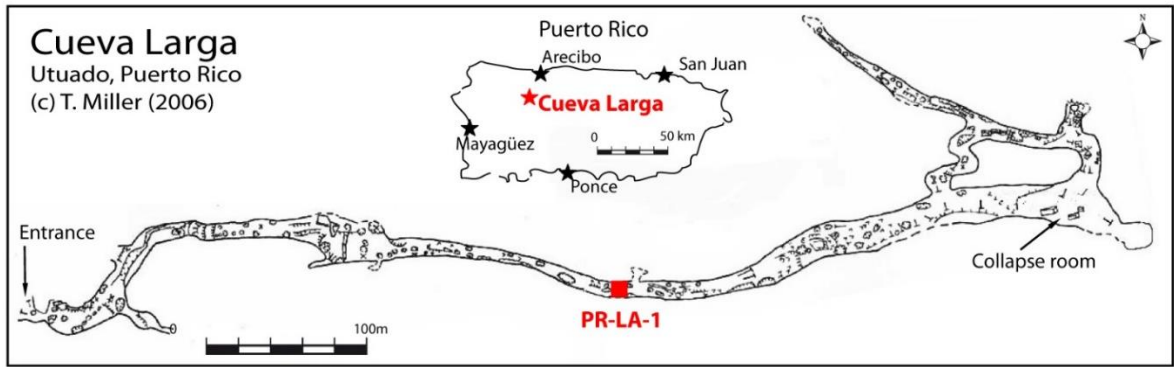
Figure S1. Map of Larga cave and location of stalagmite PR-LA-1, Puerto Rico (red symbol). The sample was collected from the main passage. After Miller (2010).

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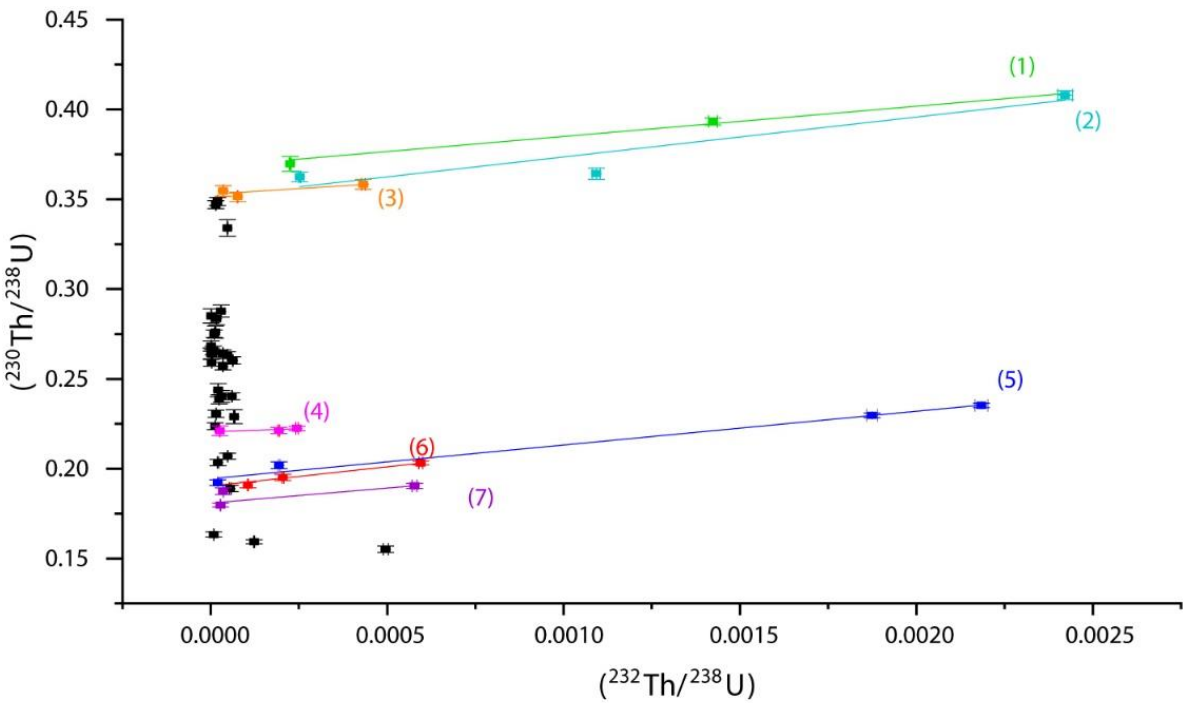
40   **Figure S2. Measured (^{230}Th/^{238}U) vs. (^{232}Th/^{238}U) activity ratios in stalagmite PR-LA-1. Different colours correspond to the individual Osmond type I isochrons and data points (Table S1).**

Table S1. Results of the linear fits for each Osmond isochron shown in Figure S 2.

# Isochron	Slope	Error	Pearson's r	N
1	16.81	± 2.08	0.99	3
2	22.22	± 7.23	0.93	3
3	12.38	± 6.70	0.85	5
4	7.04	± 14.02	0.72	3
5	18.78	± 1.42	0.99	4
6	21.35	± 2.90	0.97	4
7	16.67	± 10.64	0.72	3
Overall mean:	**16.46**	**10.58**		
For r > 0.9	**19.79**	**4.93**		

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Table S2 (uploaded separately). Activity ratios and calculated ages of stalagmite PR-LA-1. Activity ratios corrected for initial Th assuming a detrital weight ratio $^{232}Th/^{238}U = 0.154 \pm 0.038$ (corresponding to an activity ratio of the detritus in secular equilibrium of $(^{230}Th/^{232}Th)_{detr} = 19.79 \pm 4.93$). Ages are calculated using the decay constants of Cheng et al. (2000). Uncertainties are given at the 2σ-level, and do not include half-life uncertainties.

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Text S1. Simulation of the observed proxy variability

Inverse modelling of elemental variations using I-STAL

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In order to explore drivers of trace element variability in PR-LA-1, the inverse model I-STAL was applied, similarly as described in Stoll et al. (2012). To evaluate changes on centennial to millennial timescales, the records of Mg/Ca, Sr/Ca and Ba/Ca were reduced to 100-year average values. The choice of model input parameters is closely oriented on observed variations during the cave monitoring and in the speleothem. The recorded increase of element to calcium ratios towards 15.4 ka gives the order of magnitude of the degree of enrichment by PCP of Mg, Sr and Ba, which is set to a factor of 5 (Mg), 2 (Sr) and 3 (Ba), respectively. Ca concentrations at drip sites in Larga Cave today are between 50 to 75 ppm. The range for drip intervals was set to 1 to 5000 s. We suggest that the strongest enrichment due to PCP occurs for extremely low flow, so the drip interval of maximum water-rock exchange is set to 5000 s. Cave temperature was set to 20°C, accounting for the observed mean temperature difference between the Holocene and the LGM in the region (e.g., Arienzo et al. (2015); Lea et al. (2003)).

In a first simulation, initial Ca was set to 50 ppm, and the model was run to optimize for drip interval and pCO_2. In the next step, unphysically low cave air pCO_2 values of less than atmospheric pCO_2 during the Last Glacial were set to this lower limit of 180 ppm, and the model was run to optimize for drip interval and initial Ca. This simulation was repeated for different parametrizations of e.g., baseline of initial Ca, maximum drip interval or the degree of enrichment by PCP. However, despite small absolute shifts in the mean values, the temporal variability of the modelled drip intervals and the degree of supersaturation remained relatively unaffected by the choice of variables and is therefore here only displayed for an example set of input parameters (Figure S 4). A second run first optimizing drip interval and initial Ca, and in a second step pCO_2 led to similar results. The modelled drip intervals vary over 5 orders of magnitude between 1 and 10000 s, whereas highest drip intervals were reached in the last phase of the record after 17.5 ka. In the same period, calcite supersaturation is at its lowest values.

All simulations modelled stalagmite Sr/Ca and Mg/Ca ratios well, while Ba/Ca variations are poorly reproduced. Average simulated growth rates are in the range of values as suggested by the age model (10 to 1000 µm/a).

Sensitivity simulation of processes influencing speleothem stable isotope composition

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The range of the main parameters simulated by I-STAL was selected to evaluate the influence of temperature, drip interval and state of supersaturation on the speleothem $\delta^{18}O$ and $\delta^{13}C$ values using ISOLUTION 1.0 (Deininger & Scholz, 2019) and the isotopic fractionation factor of Tremaine et al. (2011). Unless stated otherwise, cave temperature was set to 20°C, drip water pCO_2 to 5000 ppm, cave air pCO_2 to 300ppmv, relative humidity (rH) to 99%, wind speed to 0 m/s and the mixing parameter Φ to 1. In agreement with the monitoring results, drip water $\delta^{18}O$ and $\delta^{13}C$ values were set to -2.6 and -13‰, respectively. Figure A2 shows that, keeping all other parameters constant, speleothem $\delta^{18}O$ and $\delta^{13}C$ values increase with the drip interval and the degree of supersaturation of the drip water, reaching a maximum isotope fractionation of the calcite up to +1.5‰ ($\delta^{18}O$) and 1.2‰ ($\delta^{13}C$) compared to equilibrium conditions.

While temperature has only a small impact on carbon isotope fractionation, a decrease in cave air temperature by 5°C may account for a +1‰ increase in $\delta^{18}O$ values. Evaporation effects can strongly influence the isotopic composition of the calcite. However, at high drip rates, already a moderate reduction of rH by 5% would lead to an increase of more than +1‰ in $\delta^{18}O$ and +2‰ in $\delta^{13}C$.

Combining all these effects, leads to $\delta^{18}O$ values of the calcite between -1.6 and -1.1‰ for a drip interval of 10,000s, T = 17.5°C, rH = 90% and drip water pCO_2 values of 975 and 3000ppmv, corresponding to initial Ca concentrations of 30 and 50 ppm, respectively. A temperature decrease of 15°C would further increase this value to -0.7‰. $\delta^{13}C$ values increase to a maximum of -11‰ in these

scenarios. Under these extreme conditions, the highest measured values in the speleothem of +2‰ (δ¹⁸O) and -4‰ (δ¹³C) can only be reproduced with drip water values of about 0‰ for δ¹⁸O and -6‰ for δ¹³C, respectively.
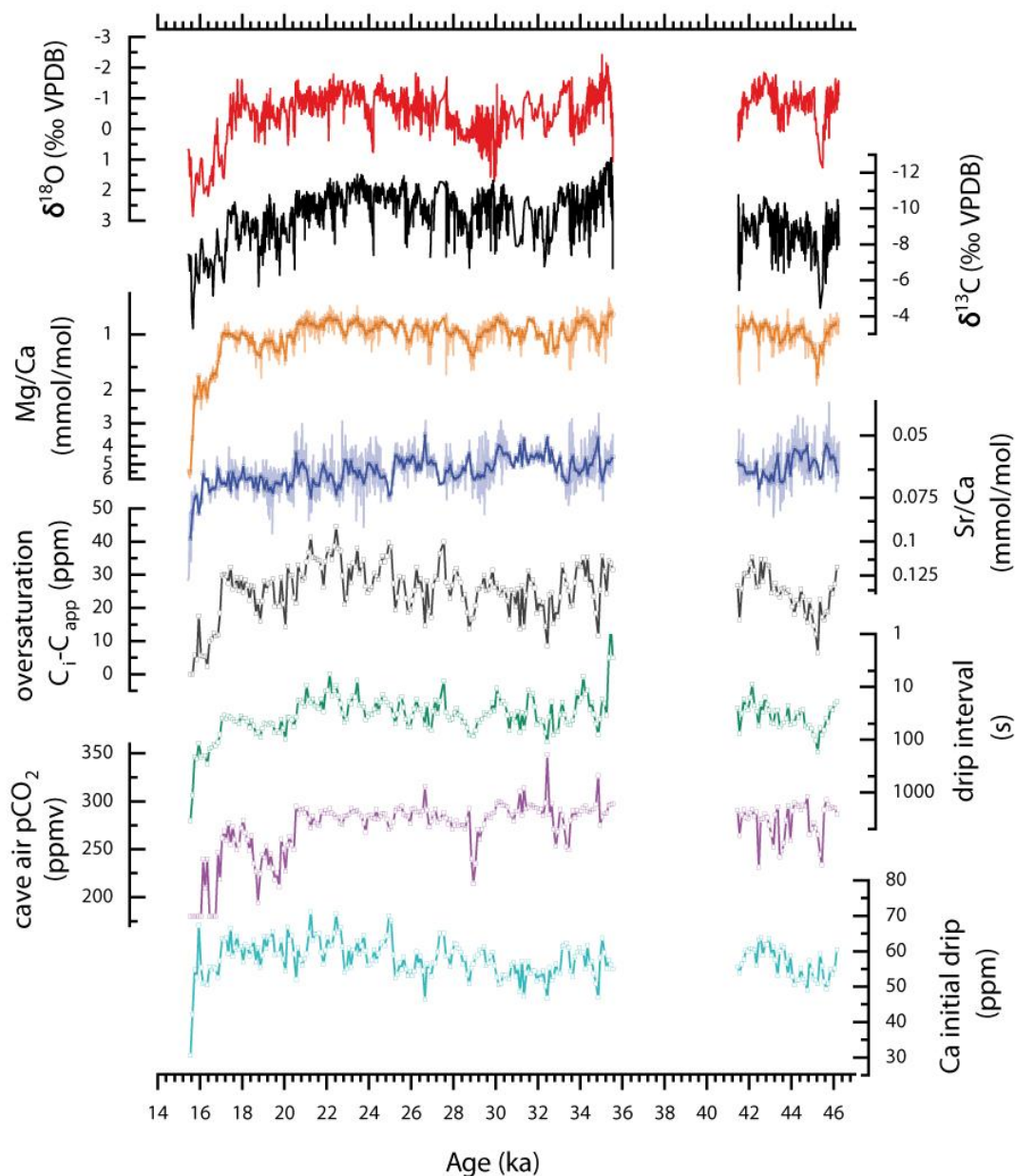
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Figure S3. Results of I-STAL simulations for speleothem PR-LA-1 compared to speleothem proxies. Top panels: stable isotopes of oxygen (δ¹⁸O in ‰ (red) and carbon (δ¹³C in ‰, black), molar trace element to calcium ratios: Mg/Ca (orange), Sr/Ca (blue). Light coloured lines are the raw speleothem data, dark coloured lines interpolated to 100 y average values. Open symbols indicate modelled Mg/Ca and Sr/Ca ratios. Bottom panels: calculated oversaturation of the drip (grey), drip interval (green), cave air pCO₂ (purple) and initial Ca concentration of the drip water (turquoise).

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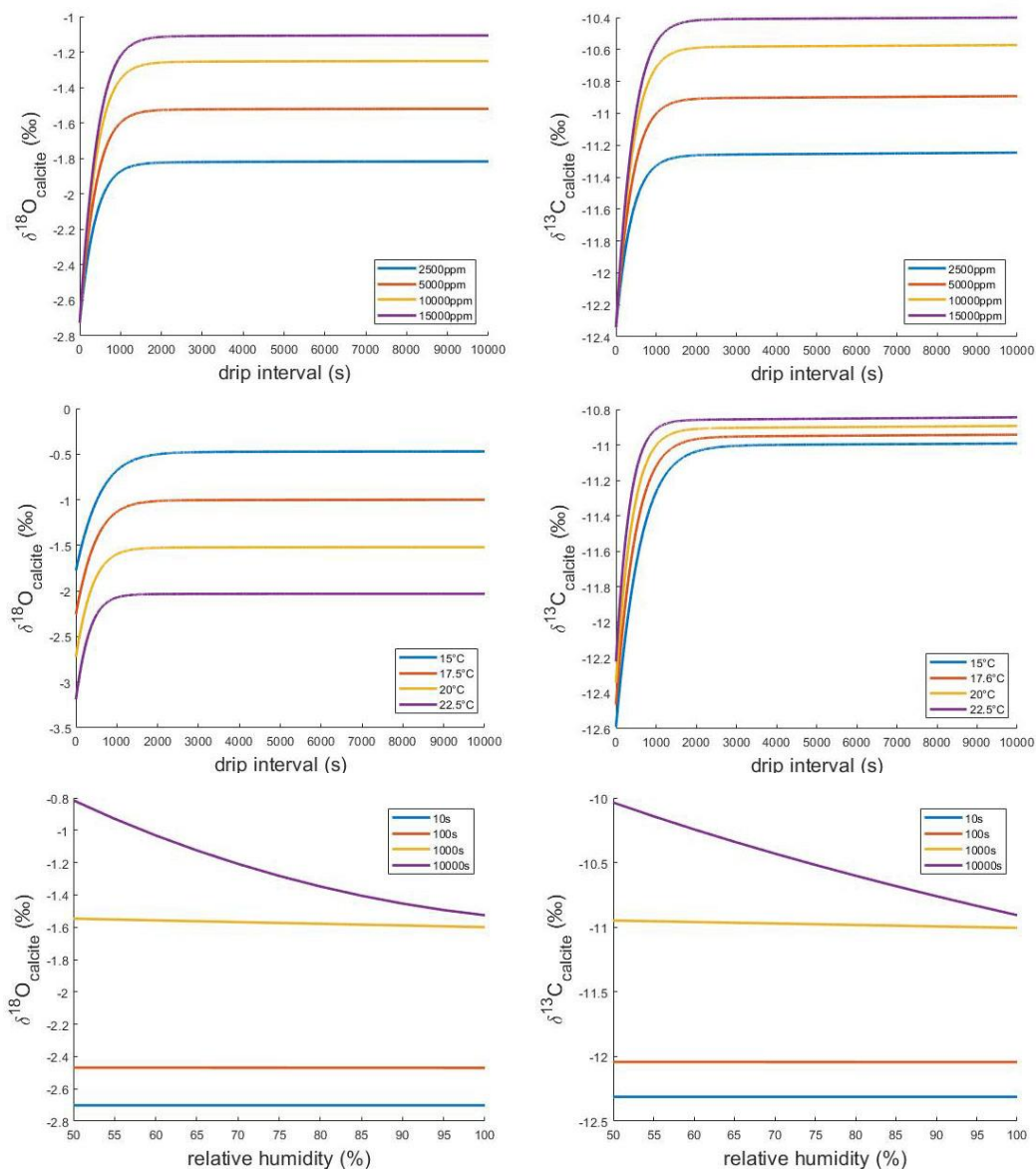
Figure S4. Simulations of the stable isotopic composition of calcite assuming initial drip water values of δ¹⁸O of -2.6‰ (VSMOW) and δ¹³C of -13 ‰. Unless stated otherwise in the individual plots, cave temperature was set to 20°C, drip water pCO₂ to 5000ppm, cave air pCO₂ to 300ppmv, relative humidity to 99%, wind speed to 0 m/s and the mixing parameter Φ to 1. All simulations calculated with ISOLUTION 1.0 (Deininger & Scholz, 2019), assuming a temperature-dependent isotope fractionation after Tremaine et al. (2011).
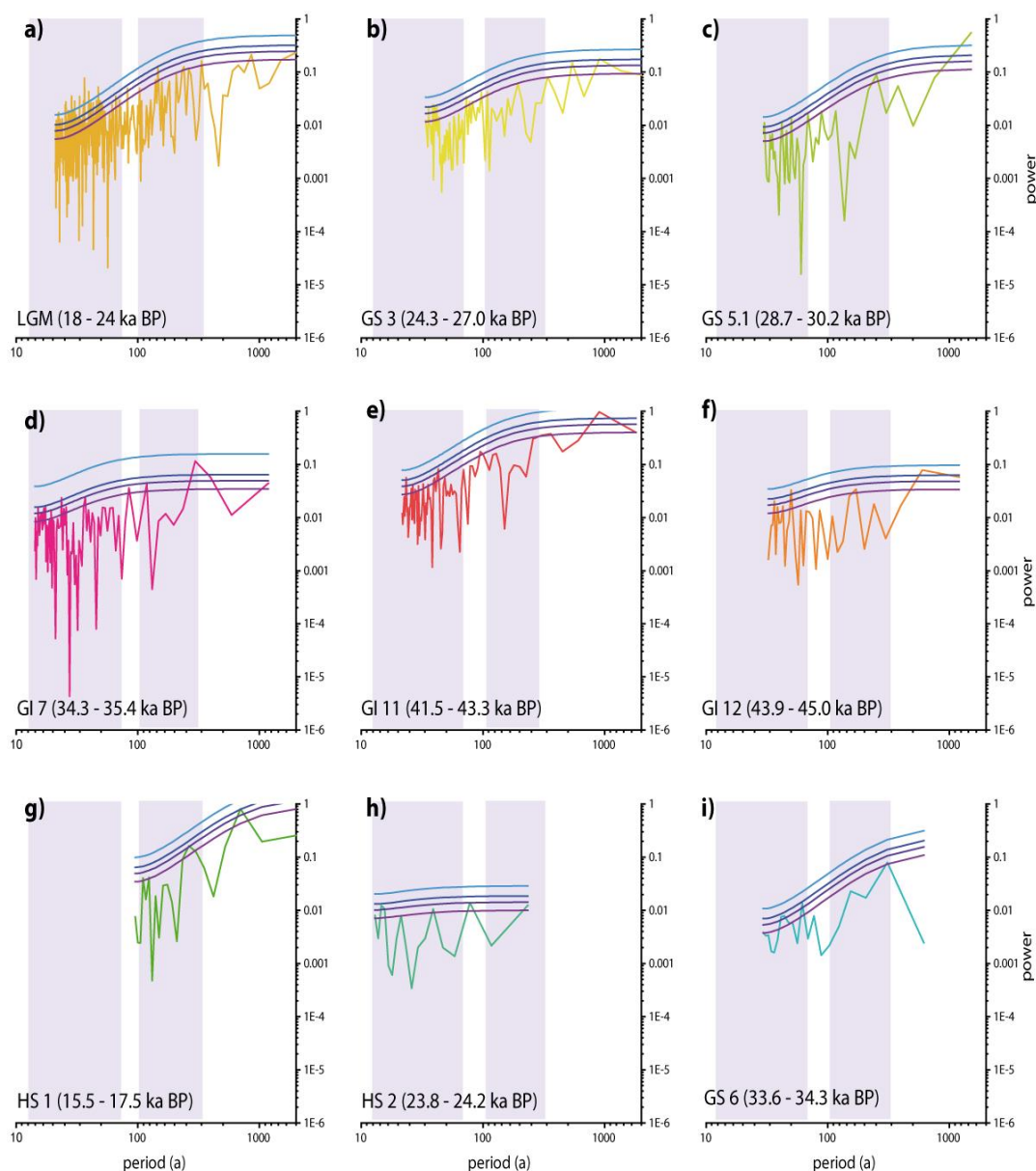
120   **Figure S5. Spectral power for different intervals of the PR-LA-1 δ¹³C record calculated with REDFIT (Schulz & Mudelsee, 2002). Coloured lines indicate the calculated AR(1) false-alarm levels of 80% (purple), 90% (violet), 95% (dark blue) and 99% (light blue). Purple rectangles indicate the multi-decadal and centennial period bands. For all shown spectra, the AR(1) passed the REDFIT runs test which checks the equality of theoretical AR(1) and data spectrum.**

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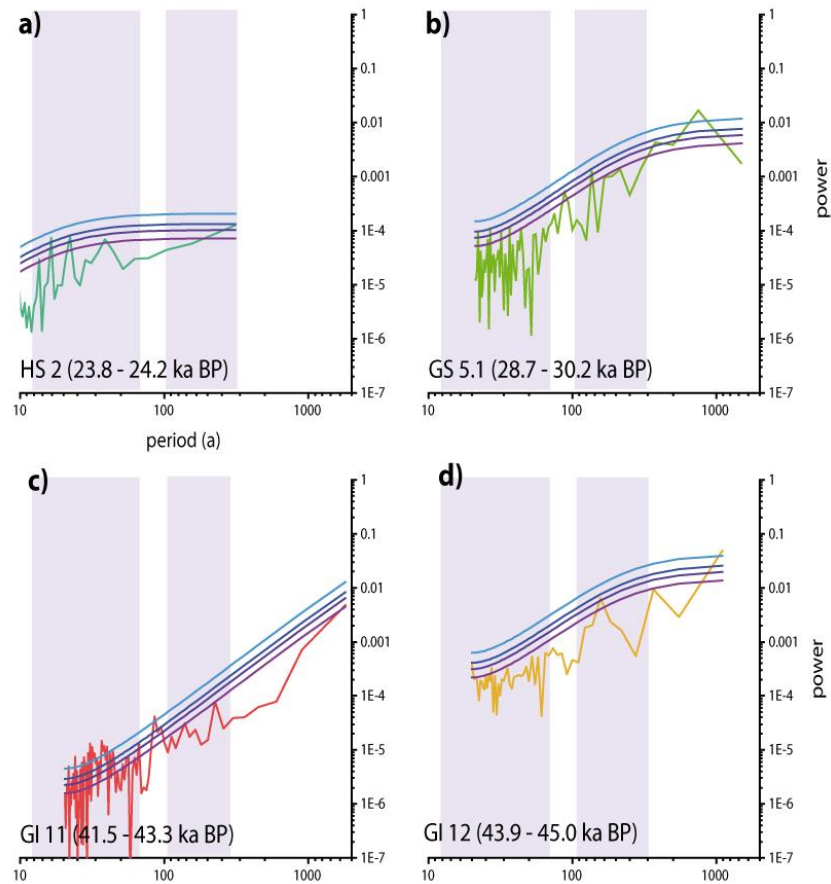
Figure S6. Spectral power for different intervals of the PR-LA-1 Mg/Ca record calculated with REDFIT (Schulz & Mudelsee, 2002). Coloured lines indicate the calculated AR(1) false-alarm levels of 80% (purple), 90% (violet), 95% (dark blue) and 99% (light blue). Purple rectangles indicate the multi-decadal and centennial period bands. For all shown spectra, the AR(1) passed the REDFIT runs test which checks the equality of theoretical AR(1) and data spectrum. For Mg/Ca, an appropriate AR(1) model could be only fitted for HS2, GS5.1 and GI 11 and 12.

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Lab. No.	Sample	DFT [mm]	^{238}U [µg/g]	±	^{232}Th [ng/g]	±	(^{234}U/^{238}U)	±	(^{230}Th/^{238}U)	±	(^{234}U/^{238}U)$_{ini}$	±	Age$_{uncorr}$ [ka]	±	Age$_{corr}$ [ka]	±
SW111	L1A-0.5	0.5	0.2947	0.0035	0.4468	0.0049	1.107	0.012	0.1468	0.0031	1.111	0.012	16.45	0.28	15.48	0.39
SW1	L1A-1.5	1.5	0.2811	0.0017	0.1056	0.0015	1.1018	0.0018	0.1573	0.0013	1.1066	0.0019	17.00	0.14	16.76	0.15
SW41	L1A-2.5	2.5	0.1007	0.0006	0.0089	0.0002	1.0992	0.0044	0.1632	0.0015	1.1042	0.0046	17.50	0.19	17.48	0.19
SW9	L1A-5.3	5.3	0.3165	0.0021	0.0000	0.0000	1.0923	0.0025	0.1654	0.0014	1.0970	0.0026	17.86	0.16	17.86	0.16
SW2	L1A-6.5	6.5	0.3006	0.0016	0.0000	0.0000	1.0895	0.0015	0.1754	0.0013	1.0945	0.0015	19.10	0.15	19.10	0.15
SW17	L1A-9.5	9.5	0.3290	0.0019	0.0278	0.0004	1.0913	0.0016	0.1792	0.0010	1.0965	0.0017	19.57	0.12	19.52	0.13
SW10	L1A-10.8	10.8	0.2743	0.0019	0.4843	0.0060	1.0977	0.0043	0.1811	0.0033	1.1024	0.0045	20.75	0.19	19.61	0.41
SW42	L1A-11.8	11.8	0.0927	0.0006	0.0371	0.0005	1.0934	0.0046	0.1869	0.0020	1.0989	0.0048	20.46	0.26	20.39	0.25
SW11	L1A-16.1	16.1	0.2954	0.0022	0.0496	0.0024	1.0848	0.0047	0.1881	0.0017	1.0899	0.0049	20.82	0.23	20.71	0.24
SW25	L1A-17.5	17.5	0.2589	0.0015	0.0834	0.0011	1.0789	0.0024	0.1892	0.0016	1.0836	0.0024	21.19	0.19	20.98	0.20
SW3	L1A-19.5	19.5	0.3896	0.0023	0.7091	0.0075	1.0781	0.0015	0.1937	0.0032	1.0824	0.0016	22.73	0.13	21.54	0.41
SW33	L1A-20.3	20.3	0.2981	0.0018	0.1864	0.0028	1.0794	0.0017	0.1919	0.0020	1.0841	0.0018	21.70	0.22	21.30	0.26
SW43	L1A-21.3	21.3	0.1332	0.0008	0.0198	0.0003	1.0807	0.0033	0.1919	0.0016	1.0856	0.0035	21.31	0.21	21.27	0.21
SW18	L1A-23.2	23.2	0.3002	0.0016	1.721	0.017	1.0809	0.0017	0.2000	0.0099	1.0839	0.0018	26.06	0.16	22.3	1.3
SW26	L1A-25.2	25.2	0.3036	0.0018	2.027	0.020	1.0805	0.0025	0.2007	0.0116	1.0832	0.0027	26.79	0.17	22.3	1.5
SW4	L1A-26.5	26.5	0.3026	0.0018	0.1794	0.0027	1.0772	0.0014	0.1989	0.0021	1.0819	0.0015	22.59	0.24	22.20	0.27
SW12	L1A-31.7	31.7	0.3306	0.0028	0.0208	0.0022	1.0819	0.0063	0.2031	0.0018	1.0872	0.0068	22.66	0.27	22.61	0.27
SW19	L1A-32.5	32.5	0.3075	0.0018	0.0451	0.0006	1.0808	0.0016	0.2062	0.0016	1.0861	0.0017	23.12	0.21	23.03	0.21
SW5	L1A-35	35	0.3491	0.0022	n.d.	n.d.	1.0847	0.0017	0.2100	0.0014	1.0905	0.0018	23.39	0.18	23.39	0.18
SW6	L1A-41	41	0.3205	0.0020	n.d.	n.d.	1.0883	0.0018	0.2136	0.0012	1.0944	0.0019	23.76	0.16	23.76	0.16
SW13	L1A-47.8	47.8	0.2838	0.0018	n.d.	n.d.	1.0832	0.0023	0.2149	0.0020	1.0891	0.0025	24.05	0.27	24.05	0.27
SW14	L1A-49.3	49.3	0.2536	0.0017	n.d.	n.d.	1.0801	0.0035	0.2153	0.0019	1.0857	0.0037	24.17	0.26	24.17	0.26
SW20	L1A-50.8	50.8	0.2574	0.0015	0.1518	0.0020	1.0789	0.0017	0.2182	0.0020	1.0844	0.0018	24.96	0.22	24.58	0.25
SW15	L1A-54.5	54.5	0.2585	0.0017	0.1933	0.0028	1.0759	0.0032	0.2188	0.0018	1.0812	0.0034	25.21	0.19	24.72	0.25
SW29	L1B-0.00	55	0.2923	0.0032	0.02302	0.00062	1.073	0.010	0.2207	0.0028	1.078	0.010	25.10	0.45	25.05	0.45
SW44	L1B-4.0	59	0.3924	0.0024	0.00986	0.00018	1.0654	0.0042	0.2235	0.0019	1.0703	0.0044	25.63	0.27	25.61	0.27
SW49	L1B-5.5	60.5	0.2708	0.0023	0.0550	0.0014	1.0623	0.0066	0.2279	0.0039	1.0671	0.0073	26.41	0.55	26.27	0.53
SW34	L1B-9.3	64.3	0.3374	0.0020	0.01604	0.00053	1.0614	0.0020	0.2303	0.0020	1.0662	0.0021	26.64	0.27	26.61	0.27
SW50	L1B-10.8	65.8	0.3278	0.0026	0.03056	0.00066	1.0661	0.0061	0.2398	0.0033	1.0714	0.0067	27.77	0.46	27.71	0.48
SW145	L1B-13.2	68.2	0.3925	0.0023	0.0721	0.0012	1.0628	0.0018	0.2395	0.0019	1.0678	0.0019	27.89	0.25	27.77	0.26
SW27	L1B-17.7	72.7	0.4043	0.0024	0.02920	0.00072	1.0646	0.0025	0.2383	0.0026	1.0698	0.0027	27.61	0.35	27.56	0.35
SW51	L1B-19.7	74.7	0.3428	0.0038	0.02240	0.00069	1.071	0.010	0.2435	0.0036	1.077	0.011	28.09	0.57	28.04	0.57

SW45	L1B-24.0	79	0.1120	0.0007	0.03674	0.00050	1.0977	0.0039	0.2566	0.0021	1.1059	0.0041	28.99	0.29	28.92	0.29
SW28	L1B-25.3	80.3	0.2699	0.0017	0.05160	0.00077	1.0977	0.0027	0.2593	0.0021	1.1060	0.0029	29.39	0.28	29.27	0.29
SW105	L1C-1.5	82	0.4442	0.0030	n.d.	n.d.	1.0987	0.0045	0.2582	0.0021	1.1071	0.0048	29.09	0.31	29.09	0.31
SW35	L1C-2.7	83.2	0.4708	0.0027	0.00377	0.00046	1.0995	0.0018	0.2591	0.0020	1.1081	0.0020	29.19	0.27	29.18	0.26
SW106	L1C-6.2	86.7	0.3363	0.0032	n.d.	n.d.	1.1000	0.0084	0.2616	0.0026	1.1087	0.0089	29.49	0.43	29.49	0.43
SW146	L1C-8.9	89.4	0.3752	0.0021	0.05437	0.00072	1.1007	0.0016	0.2625	0.0019	1.1094	0.0018	29.68	0.25	29.59	0.25
SW46	L1C-10.6	91.1	0.0941	0.0006	0.00556	0.00014	1.1014	0.0050	0.2637	0.0027	1.1103	0.0053	29.72	0.38	29.71	0.37
SW52	L1C-11.7	92.2	0.3532	0.0037	0.00097	0.00029	1.1019	0.0099	0.2640	0.0032	1.111	0.011	29.74	0.52	29.74	0.53
SW147	L1C-14.2	94.7	0.3467	0.0020	0.03649	0.00056	1.0973	0.0017	0.2636	0.0021	1.1058	0.0018	29.91	0.28	29.84	0.28
SW107	L1C-16.3	96.8	0.3073	0.0030	0.0014	0.0011	1.0930	0.0088	0.2682	0.0029	1.1014	0.0094	30.58	0.48	30.57	0.49
SW30	L1C-19.9	100.4	0.3244	0.0022	0.00703	0.00030	1.0915	0.0040	0.2657	0.0025	1.0997	0.0043	30.31	0.35	30.30	0.35
SW47	L1C-22.7	103.2	0.2007	0.0013	0.01040	0.00017	1.0860	0.0032	0.2750	0.0020	1.0941	0.0035	31.74	0.29	31.72	0.29
SW108	L1C-24.3	104.8	0.3114	0.0037	0.0126	0.0014	1.085	0.011	0.2759	0.0034	1.093	0.012	31.90	0.59	31.87	0.60
SW 36	L1C-26.1	106.6	0.3411	0.0020	n.d.	n.d.	1.0706	0.0018	0.2819	0.0026	1.0776	0.0020	33.21	0.36	33.21	0.36
SW109	L1C-28.3	108.8	0.3370	0.0022	n.d.	n.d.	1.0687	0.0040	0.2839	0.0024	1.0756	0.0044	33.55	0.36	33.55	0.36
SW148*	L1C-33.4	113.9	0.3596	0.0020	0.07142	0.00086	1.0510	0.0017	0.2916	0.0020	1.0563	0.0018	35.46	0.28	35.33	0.29
SW110*	L1C-35.5	116	0.3140	0.0036	0.3373	0.0039	1.0494	0.0108	0.2889	0.0039	1.054	0.012	35.74	0.68	35.02	0.73
SW149*	L1C-37.0	117.5	0.3483	0.0020	0.0784	0.0009	1.0505	0.0020	0.2956	0.0025	1.0558	0.0021	36.08	0.37	35.93	0.37
SW31	L1C-38.5	119	0.3637	0.0025	0.01813	0.00040	1.0541	0.0044	0.2833	0.0033	1.0596	0.0048	34.07	0.50	34.03	0.51
SW113	L1D-0.0	120.6	0.3443	0.0019	n.d.	n.d.	1.0469	0.0015	0.2758	0.0037	1.0515	0.0016	33.27	0.53	33.27	0.53
SW129*	L1D-3.2	123.8	0.2682	0.0016	0.2061	0.0025	1.0719	0.0017	0.3590	0.0031	1.0811	0.0018	44.75	0.42	44.25	0.48
SW114	L1D-7.4	128	0.3484	0.0020	0.00160	0.00093	1.0448	0.0016	0.2850	0.0040	1.0494	0.0018	34.66	0.56	34.66	0.57
SW130*	L1D-10.2	130.8	0.1967	0.0011	1.455	0.015	1.0808	0.0022	0.3776	0.0136	1.0891	0.0025	51.50	0.41	46.59	2.32
SW115	L1D-13.0	133.6	0.3398	0.0019	0.0301	0.0011	1.0529	0.0017	0.2873	0.0034	1.0583	0.0018	34.71	0.47	34.65	0.48
SW131*	L1D-17.1	137.7	0.2364	0.0014	1.029	0.010	1.0711	0.0020	0.3757	0.0080	1.0796	0.0023	49.74	0.34	46.9	1.4
SW132*	L1D-18.3	138.9	0.2265	0.0013	0.05063	0.00088	1.0719	0.0017	0.3492	0.0027	1.0811	0.0019	42.93	0.39	42.78	0.40
SW116	L1D-23.7	144.3	0.3783	0.0022	n.d.	n.d.	1.0770	0.0018	0.3003	0.0028	1.0852	0.0020	35.50	0.40	35.50	0.40
SW125	L1E-1.2	146.2	0.2887	0.0016	0.01636	0.00052	1.0953	0.0016	0.3485	0.0022	1.1071	0.0017	41.55	0.33	41.51	0.34
SW133	L1E-5.9	150.9	0.2025	0.0012	0.00910	0.00042	1.0952	0.0016	0.3468	0.0023	1.1069	0.0018	41.31	0.32	41.28	0.34
SW134	L1E-10.9	155.9	0.2961	0.0017	0.03165	0.00060	1.0778	0.0018	0.3541	0.0030	1.0879	0.0021	43.28	0.46	43.21	0.45
SW126	L1E-11.9	156.9	0.3274	0.0019	0.03503	0.00066	1.0778	0.0018	0.3543	0.0030	1.0879	0.0021	43.30	0.44	43.23	0.46
SW127	L1E-14.0	159	0.3358	0.0019	0.4433	0.0060	1.0796	0.0017	0.3528	0.0036	1.0894	0.0019	43.77	0.42	42.91	0.57
SW124	L1E-19.2	164.2	0.3346	0.0019	0.0776	0.0013	1.0719	0.0017	0.3504	0.0026	1.0811	0.0019	43.11	0.40	42.96	0.40

SW135	L1Eb-0.7	166.8	0.3227	0.0018	0.4264	0.0058	1.0796	0.0017	0.3528	0.0036	1.0894	0.0018	43.78	0.42	42.92	0.57
SW117*	L1Eb-2.2	168.3	0.3328	0.0019	0.0479	0.0015	1.0709	0.0016	0.3334	0.0047	1.0794	0.0017	40.58	0.68	40.49	0.69
SW121	L1Eb-4.1	170.2	0.2882	0.0016	0.2222	0.0026	1.0719	0.0017	0.3593	0.0031	1.0812	0.0019	44.80	0.44	44.29	0.49
SW150	L1Eb-8.2	174.3	0.2950	0.0023	0.9855	0.0099	1.0679	0.0060	0.3502	0.0067	1.0756	0.0069	45.35	0.58	43.1	1.1
SW122	L1Eb-10.1	176.2	0.2493	0.0014	1.845	0.019	1.0808	0.0022	0.378	0.014	1.0891	0.0026	51.58	0.41	46.7	2.4
SW123	L1Eb11.1	177.2	0.2385	0.0014	1.038	0.011	1.0711	0.0020	0.3757	0.0080	1.0796	0.0022	49.74	0.34	46.9	1.3
SW151*	L1Eb-12.5	178.6	0.2475	0.0015	0.1712	0.0023	1.0696	0.0023	0.3861	0.0039	1.0796	0.0026	49.03	0.60	48.57	0.63
SW118	L1Eb-15.2	181.3	0.2816	0.0016	0.1937	0.0027	1.0700	0.0016	0.3669	0.0043	1.0793	0.0018	46.01	0.64	45.56	0.66
SW119	L1Eb-20.7	186.8	0.3081	0.0017	n.d.	n.d.	1.0724	0.0017	0.3694	0.0042	1.0825	0.0019	45.81	0.64	45.81	0.64

Table S2. Activity ratios and calculated ages of stalagmite PR-LA-1.

Activity ratios were corrected for initial Th assuming an detrital weight ratio $^{232}Th/^{238}U$ = 0.154 ± 0.038 (corresponding to an activity ratio of the detritus in secular equilibrium of ($^{230}Th/^{232}Th$) = 19.79 ± 4.93, and secular equilibrium of the detritus.

Ages are calculated using the decay constants by Cheng et al. (2000)).

Uncertainties are given as 2σ- range, and do not include half-life uncertainties.

Ages marked with a * are not used to calculate the age model