

# Ecological drivers of phytoplankton bloom cycles in the Southern Ocean

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## Abstract

Over the last ten years, satellite and geographically constrained in situ observations largely focused on the northern hemisphere have suggested that annual phytoplankton biomass cycles in bloom-forming ocean regions cannot be fully understood from environmental properties controlling phytoplankton division rates (e.g., nutrients and light). Here, we use multi-year observations from a very large array of robotic drifting buoys in the Southern Ocean to determine key factors governing phytoplankton biomass dynamics over the annual cycle. Our analysis reveals phytoplankton blooming events occurring during periods of declining division rates, an observation that clearly highlights the importance of changing loss processes in dictating the evolution of the bloom. Bloom magnitude is found to be greatest in areas with high dissolved iron concentrations, consistent with iron being a well-established primary limiting nutrient in the Southern Ocean. Projections for expected future seasonal variations in nutrient and light availability indicate a 10% change in phytoplankton division rate may be associated with a 50% reduction in mean bloom magnitude and annual primary productivity in the Southern Ocean. Our results highlight the importance of quantifying and accounting for both changing phytoplankton division and loss processes when modeling future changes in phytoplankton bloom cycles.

# 1 Ecological drivers of phytoplankton bloom cycles in the Southern Ocean

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## 12 **Abstract**

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14 largely focused on the northern hemisphere have suggested that annual phytoplank-  
15 ton biomass cycles in bloom-forming ocean regions cannot be fully understood from  
16 environmental properties controlling phytoplankton division rates (e.g., nutrients and  
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27 productivity in the Southern Ocean. Our results highlight the importance of quantify-  
28 ing and accounting for both changing phytoplankton division and loss processes when  
29 modeling future changes in phytoplankton bloom cycles.

30 The photosynthetic production of organic carbon by marine phytoplankton plays a key  
31 role in regulating atmospheric carbon dioxide (CO<sub>2</sub>) levels, such that without this biologi-  
32 cal uptake it is estimated that present day atmospheric CO<sub>2</sub> concentrations would be 200  
33 ppm (50%) higher<sup>1</sup>. Phytoplankton blooms in the temperate and polar oceans play a dis-  
34 proportionally large role in ocean CO<sub>2</sub> uptake, as well as being critical ecological events to  
35 which the migration patterns of marine animals, ranging from zooplankton to whales, have  
36 evolved<sup>2</sup>. The cause of phytoplankton blooms has traditionally been attributed to seasonal  
37 changes in ‘bottom-up’ environmental factors controlling phytoplankton division rates, such  
38 as nutrients and light<sup>3,4,5,6,7</sup>. However, seasonal changes in phytoplankton biomass ( $r$ ) al-  
39 ways reflect the interplay between two dominant terms, the phytoplankton division rate ( $\mu$ )  
40 and the sum of all loss ( $l$ ) rates (e.g., grazing, viruses, sinking):

$$r = \mu - l \tag{1}$$

41 implying that a ‘bottom-up’ interpretation of blooms is, by necessity, incomplete<sup>8,9,10</sup>. The  
42 importance of seasonal variations in loss rates has recently been highlighted by satellite  
43 and in situ studies demonstrating that annual blooming events often begin in early winter  
44 when phytoplankton division rates are still declining<sup>11,12,13,10,14,15</sup>, but these earlier investi-  
45 gations have largely focused on regions of the northern hemisphere. Here, we use multi-year  
46 in-situ bio-optical measurements from 146 robotic drifting buoys (floats) in the Southern

47 Ocean (south of 30°S), in conjunction with satellite data, to resolve ecological drivers of  
48 phytoplankton biomass cycles. Our results demonstrate a closely-coupled interplay between  
49 ‘bottom-up’ and ‘top-down’ (i.e., loss) processes controlling the onset and temporal evolution  
50 of Southern Ocean blooms. Integrating this finding into a productivity model indicates that  
51 small changes in phytoplankton division rates associated with predicted changes in Southern  
52 Ocean environmental conditions may result in disproportionately large decreases in future  
53 bloom magnitude and primary production.

### 54 **Bloom cycles in the Southern Ocean**

55 For the current analysis, we used float measurements collected between March 6, 2012 and  
56 March 12, 2019, which provided broad coverage of the Southern Ocean region (Figure S1).  
57 Annual cycles of phytoplankton biomass were obtained from empirical relationships between  
58 float-measured particulate backscatter coefficients at 700 nm ( $b_{bp}(700)$ ) and phytoplankton  
59 carbon (Methods). These data show that average phytoplankton biomass for the Southern  
60 Ocean as a whole is highest ( $\sim 900 \text{ mg C m}^{-2}$ ) during austral summer (January – February)  
61 (Figure 1) and exhibits a seasonal cycle correlated with the shoaling and deepening of the  
62 mixed layer, the average light level within the mixed layer, and seasonal changes in phyto-  
63 plankton division rates (Methods). Interestingly, phytoplankton division rates ( $\mu$ ) are about  
64 2 – 3 months time-lagged behind net accumulation rates ( $r$ ), a clear indication that seasonal  
65 changes in biomass are not exclusively driven by ‘bottom-up’ factors. Moreover, values of  
66  $r$  are  $\sim 100$  times lower than  $\mu$ , indicating that growth and loss processes must be tightly  
67 coupled and of similar magnitude.

68 Initiation of the blooming period (BI) can be identified by a negative-to-positive change  
69 in sign of the accumulation rate,  $r$ . In the four annual cycles of biomass analyzed between  
70 2015 and 2019, BI occurs at the end of winter when incident sunlight is lowest, phytoplankton  
71 division rates are minimal, and mixing is deepest. Also counterintuitively, bloom termination

72 (BT), marked by a positive-to-negative sign change in  $r$ , occurs when phytoplankton division  
73 rates are near-maximal. The temporal misalignment between division rate ( $\mu$ ) and accumu-  
74 lation rates ( $r$ ) can only be explained by subtle seasonal changes in the balance between  $\mu$   
75 and loss ( $l$ ) rates.

76 Additional insight on processes affecting bloom phenology is provided by changes in  
77 the temporal gradient (slope) of  $r$ . The moment when  $r$  stops decreasing (but is still  $<$   
78 0) marks the time in autumn when the rate of biomass decline starts decelerating (DD,  
79 Figure 1). This event begins in early winter while conditions for phytoplankton growth are  
80 still deteriorating, but the rate of decrease in  $\mu$  begins to slow (Figure 1c). These findings  
81 imply that the rate of change in phytoplankton biomass is not dependent on the absolute  
82 value of  $\mu$ , but rather on the rate of change in  $\mu$ . Such a relationship will exist when  
83 division and loss rates are tightly coupled, but a temporal lag exists in the response time for  
84 the loss processes<sup>16,15,10</sup>. During the autumn-to-winter transition, an additional important  
85 factor influencing the balance between phytoplankton division and loss rates is the transient  
86 dilution effect caused by a deepening mixed layer, which reduces phytoplankton mortality  
87 through a decrease in the predator-prey encounter rates<sup>11,8,17</sup>.

88 Even when integrated over our full Southern Ocean domain, the extensive float record  
89 analyzed here immediately highlights the important role of predator-prey relationships in  
90 terms of governing the annual phytoplankton biomass cycle. The Southern Ocean, how-  
91 ever, is comprised of well-established and distinct environmental zones that can provide  
92 more detailed understanding of biomass variability (Figure S1). We therefore subdivided  
93 the Southern Ocean into four primary zones of differing physical and biogeochemical char-  
94 acteristics (Methods): a Subtropical Zone (STZ) roughly encompassing oligotrophic waters  
95 between 30°S and 40°S, a Subantarctic Zone (SAZ) and a Polar Antarctic Zone (PAZ) that  
96 together cover the circumpolar section between approximately 40°S and 60°S, and a Sea-  
97 sonal Ice Zone (SIZ) representing seasonally ice-covered areas between Antarctica and  $\sim$

98 60°S. For each zone, we evaluated seasonal patterns in phytoplankton biomass to identify  
99 key mechanisms driving variations in biomass accumulation rates.

## 100 **Subantarctic and Polar Antarctic Zones**

101 The SAZ and PAZ show similar annual cycles of  $r$ , with bloom initiation (at the beginning  
102 of the blooming phase) occurring in July and corresponding to near-minimal phytoplankton  
103 division rates (Figure 2). As observed for the integrated Southern Ocean (Figure 1), peak  
104 values of  $\mu$  for the SAZ and PAZ occur approximately 3 months after the annual peak in  
105 accumulation rate ( $r$ ). In contrast, the annual cycle in  $r$  is temporally aligned with that of  
106 the division rate of change ( $d\mu/dt$ , i.e., the temporal derivative of  $\mu$ ). Satellite observations  
107 of the polar zones earlier revealed  $d\mu/dt$  as a principal driver of variation in phytoplankton  
108 concentration<sup>15</sup>. The interpretation of this finding has been that accelerations in  $\mu$  result in  
109 an accumulation of biomass because they allow phytoplankton division to outpace growing  
110 loss rates, whereas decelerations in  $\mu$  result in overgrazing and thus declining biomass. In  
111 this view of annual phytoplankton cycles, the importance of ‘bottom-up’ factors resides in  
112 their influence on ‘top-down’ predator-prey relations and, for the Southern Ocean, plays out  
113 in synchrony with seasonal changes mixed layer light levels (Figure 1).

114 In addition to the dominant spring bloom, the SAZ also exhibits a less-pronounced au-  
115 tumn bloom that corresponds to the initial deepening of the mixed layer. One potential  
116 explanation for this feature is that it reflects an entrainment of deeper phytoplankton pop-  
117 ulations into the mixed layer, but analysis of our float time-series data rarely showed the  
118 enhanced deep-water biomass prior to mixed layer deepening that would be necessary to  
119 support this explanation. Alternatively, autumn mixing could be envisioned to enhance  
120 mixed layer nutrient concentrations and thus stimulate blooming, but this interpretation is  
121 not supported by estimated division rates during this period (Figure 2), noting however that  
122 our phytoplankton growth model does not explicitly resolve unique attributes of iron stress

123 (Methods)<sup>18</sup>. A direct physical trigger for the SAZ autumn blooms may be the primary  
124 driver of this event, where deepening of the mixed layer dilutes the plankton populations  
125 and consequently relaxes phytoplankton mortality rates<sup>11,8,17</sup>.

## 126 **Subtropical and Seasonal Ice Zones**

127 The STZ and SIZ represent extreme conditions for the Southern Ocean in terms of their  
128 latitudinal location, biogeochemical properties (Figure S1), and contrasting cycles in biomass  
129 accumulation rates (Figure 3). In the STZ, the annual cycle of  $r$  is counterintuitively a  
130 near mirror image of the annual cycle in  $\mu$  (Figure 3a), with the blooming phase taking  
131 place during months with the lowest mixed layer light levels. What this finding suggests  
132 is accelerations and decelerations in division rate are not the dominant driver of biomass  
133 variability. What we instead find is that accumulation rates in the STZ covary with the rate  
134 of change in mixed layer depth (dMLD/dt). Thus, the blooming phase ( $r > 0$ ) generally  
135 coincides with periods of mixed layer deepening (dMLD/dt  $> 0$ ) and the period of declining  
136 biomass corresponds to mixed layer shoaling (dMLD/dt  $< 0$ ). This pattern suggests a  
137 dominant role for the physical impacts of mixing, where deepening of the mixed layer causes  
138 a reduction in light-limited phytoplankton division rates but and even greater decrease in loss  
139 (grazing) rates due to the dilution effect discussed above<sup>11,19</sup>. Seasonal changes in mixed layer  
140 nutrient availability might also be envisioned as contributing to the unique annual cycle of  $r$   
141 for the STZ. However, mixed layer nitrate remains above limiting levels ( $> 1 \mu\text{mol kg}^{-1}$ )<sup>20</sup>  
142 throughout the year (Figure S2) and, of our four Southern Ocean zones, the STZ is least  
143 associated with iron limiting conditions<sup>21</sup>, with mean dissolved iron concentrations remaining  
144 above  $> 0.2 \text{ nmol kg}^{-1}$  (Figure S2). These observations imply that winter enhancements and  
145 summer depletion of nutrients likely do not contribute significantly to the unique seasonal  
146 cycle in  $r$  for the STZ.

147 Floats used in this study were equipped with ice avoidance software<sup>22</sup>, enabling water

148 column sampling beneath ice and thus providing observations throughout the year in the  
149 SIZ<sup>23</sup> (Figure 3b). Seasonal cycles in phytoplankton division ( $\mu$ ) and accumulation ( $r$ ) rates  
150 are similar in the SIZ, with no evident time lag between the two properties. Importantly,  
151 under-ice observations in this region documented initiation of the blooming phase prior to  
152 ice-out (around September), a phenomenon that has not been accessible through earlier  
153 satellite studies of bloom dynamics. Here we define under-ice conditions as times when at  
154 least 50% of the float data are from profiles below ice ( $> 30$  under-ice profiles per week  
155 between June and September for the combined period between 2012 and 2019). Under-ice  
156 blooming has been observed at local scales in the Arctic<sup>24</sup> and near Antarctica<sup>25</sup>, but our  
157 geographically extensive float data set demonstrates that this phenomenon is a common  
158 feature of the SIZ. What makes this event particularly remarkable is the low light level at  
159 which blooming appears to begin. Specifically, winter mixed layer light levels in the SIZ are  
160 estimated here at  $< 1 \text{ E m}^{-2} \text{ d}^{-1}$  (Figure S3) and these values do not include the albedo effect  
161 of ice which could reduce these estimates to values close to the compensation level where  
162 phytoplankton photosynthesis only supports cellular respiration  $\sim 0.04 \text{ E m}^{-2} \text{ d}^{-1}$ ,<sup>26</sup>. Such  
163 extreme mixed layer light-limiting conditions only exist in very high polar latitudes such as  
164 the SIZ<sup>10</sup> and may explain the tight temporal coupling between  $r$  and  $\mu$  (i.e., impeding even  
165 earlier bloom initiation) observed in this zone exclusively.

## 166 **Projected changes in phytoplankton bloom seasonality and magnitude**

167 Light limitation is the dominant factor controlling phytoplankton division in the Southern  
168 Ocean, explaining 66% (p-value  $< 0.05$ ) of the variability in division rates ( $\mu$ ) (Figure 4a).  
169 However, the magnitude of blooms in the region (i.e., the difference between the mean  
170 winter and summer phytoplankton biomass) is correlated with mean surface dissolved iron  
171 concentration (Figure 4b). This finding is in line with the well known constraint of iron  
172 limitation on biological productivity in the Southern Ocean<sup>27,28,21</sup>. Future changes in surface

173 iron availability could thus alter the magnitude of Southern Ocean bloom cycles with respect  
174 to present conditions, with implications for marine carbon productivity and export.

175 Current projections suggest that the Southern Ocean will generally experience an increase  
176 in surface ocean stratification in the future<sup>29</sup>. Associated with this intensified stratification  
177 will likely be an increase in summer nutrient limitation and a relaxation of winter light lim-  
178 itation<sup>30</sup>. We assessed the sensitivity of the annual cycle in phytoplankton biomass in the  
179 Southern Ocean to changes in the division rates by increasing and decreasing  $\mu$  over a range  
180 from 10% to 60% with respect to current values during winter and summer, respectively. For  
181 these simulations, we assumed that loss rates paralleled changes in  $\mu$  but with a temporal  
182 lag<sup>10</sup> (Methods). We find that environmental changes that lead to a decrease in summer  
183 division rates tend to reduce bloom magnitude and mean annual productivity despite in-  
184 creased  $\mu$  during winter (Figure 4c, 4d, and S7). Specifically, bloom magnitude decreases  
185 from a mean of 12 mg C m<sup>-3</sup> for present conditions to 6 mg C m<sup>-3</sup> for a 10% change in  $\mu$   
186 and to  $\sim 2$  mg C m<sup>-3</sup> for a 60% change in  $\mu$ . Similarly, annual mean vertically integrated  
187 net primary production (NPP) decreases from 324 mg C m<sup>-2</sup> d<sup>-1</sup> for present conditions to  
188 181 mg C m<sup>-2</sup> d<sup>-1</sup> and 56 mg C m<sup>-2</sup> d<sup>-1</sup> for 10% and 60% changes in  $\mu$ , respectively. Thus,  
189 even a 10% change in  $\mu$  results in a surprising 50% reduction in bloom magnitude and NPP.  
190 While the impact of such changes on oceanic carbon export and sequestration remains to  
191 be quantified, our analysis suggests that relatively small changes in phytoplankton division  
192 rates in the Southern Ocean could result in flatter seasonal biomass cycles that more closely  
193 resemble current lower latitude regions.

## 194 **Future perspectives on phytoplankton bloom cycles**

195 Over the last ten years, satellite and limited in situ studies have shown that phytoplankton  
196 biomass often starts increasing in early winter and prior to surface mixed layer shoaling, a  
197 finding inconsistent with the classical light-driven interpretation of blooms<sup>12,11,13,10,14,15</sup>. A

198 new ‘Disturbance-Recovery’ hypothesis has been proposed that accommodates these find-  
199 ings, where disturbances such as mixed layer deepening impact predator-prey relationships  
200 and seasonal accelerations and decelerations in division rate drive changes in phytoplank-  
201 ton concentration over the annual cycle. Development of this hypothesis has largely been  
202 based on observation in the northern hemisphere and strongly biased toward satellite, rather  
203 than in situ, data. Here, a large array of biogeochemical floats deployed over the last 7  
204 years has allowed a detailed and in situ evaluation of phytoplankton bloom dynamics in the  
205 Southern Ocean. For the region as a whole and for the four subregions investigated, we find  
206 that seasonal variations in phytoplankton biomass are well accounted for by the fundamen-  
207 tal mechanisms encompassed by the ‘Disturbance-Recovery’ hypothesis. However, we also  
208 find that the relative importance of disturbances (i.e., dilution of plankton populations by  
209 mixed layer deepening) versus accelerations and decelerations in division rate differs between  
210 Southern Ocean zones.

211 Among high latitude regions, the Southern Ocean has major biogeochemical significance,  
212 with strong air-sea CO<sub>2</sub> fluxes<sup>31,32</sup> and a nutrient supply fueling global marine biological  
213 productivity north of 30°S<sup>33</sup>. Understanding the biological engine of the Southern Ocean,  
214 and more specifically phytoplankton accumulation and decay cycles (blooms), is therefore  
215 key to quantifying biogeochemical fluxes and projecting future changes in marine planktonic  
216 ecosystems. In the context of the ‘Disturbance-Recovery’ hypothesis, our findings emphasize  
217 the important interplay between ‘bottom-up’ and ‘top-down’ process and suggest that large  
218 changes in carbon biogeochemistry can result from relatively small changes in mixed layer  
219 growth conditions. Continued efforts to better quantify loss rates could provide powerful  
220 insights on our understanding of biomass cycles, particularly for discerning the relative role  
221 of winter dilution versus nutrient fertilization in regions where the blooming phase is aligned  
222 with a deepening of the surface mixed layer. Equipping biogeochemical floats with light  
223 sensors would provide both complementary data for comparison with remote sensing data

224 and a unique perspective of the submarine light field experienced by polar phytoplankton  
225 under ice. Finally, a refocus in modeling efforts is needed to develop more realistic simulations  
226 of both autotroph and heterotroph responses to changes in the physical environment<sup>19,10,34</sup> in  
227 order to project with fidelity future changes in phytoplankton phenology and bloom intensity  
228 that depart from the current ecological mean state.

## 229 **Methods**

### 230 **Float data**

231 Quality-controlled float data analyzed in this study was downloaded from the Southern  
232 Ocean Carbon and Climate Observations and Modeling (SOCCOM) data portal ([http://](http://soccompu.princeton.edu/www/index.html)  
233 [soccompu.princeton.edu/www/index.html](http://soccompu.princeton.edu/www/index.html)). The SOCCOM program is focused on un-  
234 derstanding the carbon cycle in the Southern Ocean and determining its influence on climate  
235 through the deployment of biogeochemical (BGC)-Argo floats and state-of-the-art climate  
236 models. We obtained the latest (March, 12, 2019) low resolution data snapshot (with LIAR-  
237 based estimation of carbon chemistry variables, not used) published as a MATLAB data  
238 file<sup>35</sup>. The floats are equipped with a CTD (conductivity-temperature-depth), oxygen, ni-  
239 trate, pH and bio-optical sensors (fluorescence and particulate backscattering at 700 nm  
240 ( $b_{bp}(700)$ ))<sup>23</sup>. SOCCOM BGC-Argo floats sample the vertical water column every 10 or 5  
241 days, depending on the preset programming of the float, with most floats sampling every 10  
242 days. The vertical resolution of the measurements taken by the floats varies with depth, with  
243 measurements every 5 m in the upper 100 m. The uppermost sampled depth is  $\sim 5$  or 7 m  
244 below surface. Vertical sampling resolution decreases to 10 m below 100 m depth, 20 m below  
245 360 m depth, and 50 m between 400 and 2000 m depth. Vertical profiles are smoothed using  
246 a seven point running-median filter. Float data corresponds to the period from 06/Mar/2012  
247 to 12/Mar/2019. For multi-annual time series of the entire Southern Ocean (Figure 1), we  
248 focused on the period from January 2015 onwards, which has a sufficient profiles to per-  
249 mit complete representation of all ocean basins south of 30°S. All analyses presented were  
250 conducted using the scientific programming software MATLAB (version 2017a).

## 251 Estimates of phytoplankton carbon and chlorophyll

252 Estimates of particulate organic carbon (POC,  $\text{mg m}^{-3}$ ) are obtained based on an empiri-  
253 cal relationship established between POC samples taken during float deployment and float  
254 measured  $b_{\text{bp}}(700)$ <sup>23,36</sup>:

$$\text{POC} = 3.12 \times 10^4 (\pm 2.47 \times 10^3) \times b_{\text{bp}}(700) + 3.0 (\pm 6.8) \quad (2)$$

255 Phytoplankton carbon ( $C_{\text{phyto}}$ ,  $\text{mg m}^{-3}$ ) is estimated from an empirical relationship with  
256 POC<sup>37</sup> uncertainties of the empirical relationship are not provided:

$$C_{\text{phyto}} = 0.19 \times \text{POC} \pm 8.7 \quad (3)$$

257 Chlorophyll concentration (Chl,  $\text{mg m}^{-3}$ ) is obtained from float fluorescence measurements  
258 corrected for non-photochemical quenching (NPQ) and calibrated against High Performance  
259 Liquid Chromatography (HPLC) measurements based on chlorophyll samples taken during  
260 SOCCOM float deployments details in<sup>23,36</sup>. Float estimates of POC and Chl agree well  
261 with satellite ocean color retrievals for the Southern Ocean<sup>36</sup>. For each  $C_{\text{phyto}}$  profile we  
262 subtract the mean estimated concentration between 900 m and 2000 m from the entire  
263 vertical profile, in order to make sure that phytoplankton carbon asymptotes towards zero  
264 at depth. Resulting negative  $C_{\text{phyto}}$  concentrations from this subtraction are  $\approx 2$  % in the  
265 entire data set, and  $< 0.001$  % in the upper 200 m. Negative Chl estimates represent  $< 0.01$   
266 % of the entire float data set. Negative  $C_{\text{phyto}}$  and Chl estimates are ultimately removed in  
267 order to avoid spurious outputs from the phytoplankton growth model.

268 **Net accumulation rate**

269 The net accumulation rate of phytoplankton biomass ( $r$ ,  $\text{d}^{-1}$ ) for each float is computed  
 270 between observational time-points (profiles) using centered-differences<sup>12</sup>:

$$r\left(t + \frac{\Delta t}{2}\right) \equiv \begin{cases} \frac{1}{\bar{P}} \frac{d\bar{P}}{dt} \approx \frac{2}{\Delta t} \frac{(\bar{P}(t+\Delta t) - \bar{P}(t))}{(\bar{P}(t+\Delta t) + \bar{P}(t))}, & \text{if } \frac{d\text{MLD}}{dt} < 0 \\ \frac{1}{\int P} \frac{d\int P}{dt} \approx \frac{2}{\Delta t} \frac{(\int P(t+\Delta t) - \int P(t))}{(\int P(t+\Delta t) + \int P(t))}, & \text{otherwise} \end{cases} \quad (4)$$

271 where  $t$  is time,  $\bar{P}$  is mean  $C_{\text{phyto}}$  in the mixed layer, and  $\int P$  is  $C_{\text{phyto}}$  integrated from  
 272 surface to the bottom of the mixed layer. Equation 4 describes a switching algorithm where  
 273  $r$  is computed from changes in phytoplankton concentration during periods of mixed layer  
 274 shoaling and from changes in phytoplankton inventory during periods of mixed layer deep-  
 275 ening (or stationary). The aim of Equation 4 is to remove variations in  $r$  not caused by  
 276 the ecological balance between phytoplankton division rates and losses due to gravitational  
 277 particle sinking, grazing, or viral infection. Therefore, our accumulation rate estimates high-  
 278 light biomass variations driven mainly by ecological processes affecting the accumulation  
 279 and depletion of phytoplankton. Estimates of  $r$  based only on  $\bar{P}$  will indicate a decrease in  
 280 net biomass accumulation during periods of plankton dilution due to mixed layer deepening.  
 281 Estimates based on  $\int P$  alone will indicate a decrease in biomass during periods of mixed  
 282 layer shoaling due to changes in the vertically integrated water layer. While the overall  
 283 seasonality of  $r$  estimates based exclusively on  $\bar{P}$  or  $\int P$  is similar (Figure S4), differences  
 284 between  $\bar{P}$ -based and  $\int P$ -based estimates of  $r$  are observed during mixed layer shoaling and  
 285 deepening, consistent with the mechanisms explained above (Figure S5) see<sup>12,38</sup> for more  
 286 details on this methodology. Mixed layer depth estimates are obtained using float in situ  
 287 temperature and salinity profiles<sup>39</sup>.

288 **PAR data**

289 Estimates of cloud-corrected surface ocean photosynthetically available radiation (PAR,  
290  $\text{E m}^{-2} \text{d}^{-1}$ ) are obtained from satellite data downloaded from the NASA Ocean Color  
291 website (<https://oceancolor.gsfc.nasa.gov>). Daily global maps of MODIS-Aqua PAR  
292 (L3, 4km) are obtained for the period between the first and last available float profile  
293 (06/Mar/2012 and 12/Mar/2019, respectively). Satellite matchups to float profiles are ob-  
294 tained for the same day and the closest pixel to the spatial position of each float profile. If no  
295 satellite data is available, NaN is assigned to the corresponding profile PAR matchup. Under  
296 ice profiles with unknown location are also assigned NaN as PAR data matchup. Overall, 77  
297 % of float profiles have a valid assigned PAR matchup.

298 **Dissolved iron data**

299 Information of dissolved iron ( $\text{Fe, nmol kg}^{-1}$ ) is obtained from an updated (June, 2015) ver-  
300 sion of a global database of dissolved iron observations<sup>40</sup> available at [https://www.bodc.](https://www.bodc.ac.uk/geotraces/data/historical/)  
301 [ac.uk/geotraces/data/historical/](https://www.bodc.ac.uk/geotraces/data/historical/). Iron observations are scarce and not gridded. Scat-  
302 tered Fe observations are subsampled by averaging all available observations in the upper  
303 200 m proximate to each float profile within a horizontal radius of 500 m, and taken during  
304 the same month as the corresponding float profile.

305 **Bloom magnitude**

306 The bloom magnitude is calculated as the difference between the mean winter (May – July)  
307 and summer (November – January) concentration of phytoplankton carbon for each float  
308 time series.

309 **Phytoplankton growth model**

310 The growth model used here is a modification of the Carbon-based Productivity Model  
 311 CbPM<sup>41</sup>. The CbPM was originally designed to infer vertical profiles of phytoplankton  
 312 chlorophyll, carbon, division rates and net primary productivity based on satellite estimates  
 313 of chlorophyll, phytoplankton carbon, and PAR for the surface ocean. We modified the  
 314 CbPM in order to estimate vertical profiles of phytoplankton division rates ( $\mu$ , d<sup>-1</sup>) based  
 315 on float vertical profiles of Chl, C<sub>phyto</sub>, and surface PAR. The underwater light field is depth-  
 316 and spectrally-resolved based on satellite surface PAR, float Chl information, and constant  
 317 spectral fractions from an atmospheric radiative transfer model<sup>42</sup>. The phytoplankton divi-  
 318 sion rate is estimated based on the maximum potential division rate  $\mu_{\max} \approx 2$ ,<sup>43</sup>, a nutrient  
 319 limitation (saturation) term (index) (NSI) constrained by the local Chl:C ratio, and a light  
 320 limitation (saturation) term (index) (LSI):

$$\mu = \mu_{\max} \times \text{NSI} \times \text{LSI} \quad (5)$$

321 The NSI is inferred from the relative difference between the actual local Chl:C ratio, the  
 322 Chl:C value when  $\mu = 0$   $\text{Chl:C}_{\mu=0} = 0.0003$ ,<sup>41</sup>, and the theoretical maximum Chl:C achieved  
 323 under replete nutrient conditions at the local light level ( $\text{Chl:C}_{\max}$ )<sup>41,44</sup>:

$$\text{NSI} = \frac{\text{Chl:C} - \text{Chl:C}_{\mu=0}}{\text{Chl:C}_{\max} - \text{Chl:C}_{\mu=0}} \quad (6)$$

324 The nutrient saturation/limitation term is driven by variations of the phytoplankton Chl:C  
 325 ratio, which is expected to be acclimated to the environmental nutrient and light condi-  
 326 tions<sup>45,46</sup>. The model was primarily conceived to diagnose nutrient limitation caused by  
 327 nitrate depravation<sup>44,41</sup>. Since biological productivity in the Southern Ocean is considered  
 328 to be iron limited<sup>27,28,21</sup>, an important caveat of the growth model used here is that it is

329 not clear how well can the Chl:C ratio represent physiological effects of iron limitation on  
330 phytoplankton growth. To a certain degree, iron deprivation should reduce phytoplankton  
331 division rates and Chl synthesis, leading to a reduction of Chl:C<sup>47</sup>. Hence, we expect that  
332 physiological changes in Chl:C can also serve as an indicator for iron limitation.

333 The LSI is constrained by the local light level at each depth ( $z$ )

$$\text{LSI} = 1 - e^{(-5\text{PAR}(z))} \quad (7)$$

### 334 **Time series smoothing**

335 Annual cycles of integrated biomass, mean mixed layer light and depth, as well as  $r$  and  $\mu$   
336 for the Southern Ocean are produced by sorting in time all available float-based estimates  
337 between 2015 and 2019 (Figure 1). The time series is presented from 2015 onwards since  
338 enough data is accumulated at this point to obtain a synoptical view that represents all  
339 basins and environmental zones defined within the Southern Ocean. In order to reduce the  
340 noise in the temporal signal and obtain a clear seasonal pattern of the blooms, we first  
341 smooth the Southern Ocean time series by applying a moving average filter over a 10 days  
342 window. Subsequently, we applied a secondary moving filter over 500 consecutive data points  
343 to reduce small temporal variability that propagates into the computation of the temporal  
344 derivatives. The mean annual cycle of  $r$ ,  $\mu$ ,  $d\mu/dt$ , and  $d\text{MLD}/dt$  for each of the environ-  
345 mental zones (STZ, SAZ, PAZ, and SIZ, Figures 2 and 3) is obtained by averaging all weekly  
346 data available within each zone, in order to create a weekly-resolved annual climatology of  
347 all float data (spanning between 2012 and 2019). The annual climatology is subsequently  
348 smoothed applying a moving average filter over a 60 days window.

## 349 Environmental zones

350 Environmental zones defined in the Southern Ocean<sup>48</sup> are based on a mean 2004–2014 Argo-  
351 based climatology of temperature and salinity<sup>49</sup> (Figure S1). The Subtropical Zone (STZ),  
352 which roughly covers the oligotrophic oceanic section between 30°S and 40°S, is characterized  
353 by reduced surface nutrient concentrations and constrained to the south by the Subtropi-  
354 cal Front. The Subantarctic Zone (SAZ) and Polar Antarctic Zone (PAZ), which cover the  
355 circumpolar section of the Southern Ocean approximately constrained between 40°S and  
356 60°S, are characterized by deep mixed layers, high vertical mixing, elevated macronutrient  
357 concentrations (i.e., nitrate, phosphate, silicate), and growth-limiting surface iron concentra-  
358 tions<sup>27,28,21</sup>. The Seasonal Ice Zone (SIZ), which represents the seasonally ice-covered zone of  
359 the Southern Ocean, extends between Antarctica and approximately 60°S. Biogeochemical  
360 properties in the surface mixed layer sampled by the floats show clear latitudinal gradients  
361 across zones summarized in<sup>50</sup>: Temperature decreases from  $> 15^{\circ}\text{C}$  in the STZ to  $\sim 10^{\circ}\text{C}$   
362 in the SAZ and  $< 5^{\circ}\text{C}$  towards the SIZ. Mean oxygen in the mixed layer increases from  $<$   
363  $250 \mu\text{mol O}_2 \text{ kg}^{-1}$  in the STZ to  $\sim 270 \mu\text{mol O}_2 \text{ kg}^{-1}$  in the SAZ, and  $> 300 \mu\text{mol O}_2 \text{ kg}^{-1}$   
364 south of the antarctic polar front. Nitrate also shows a meridional increase from  $< 5 \mu\text{mol}$   
365  $\text{NO}_3 \text{ kg}^{-1}$  in the STZ to  $> 10 \mu\text{mol NO}_3 \text{ kg}^{-1}$  in the SAZ, and  $> 20 \mu\text{mol NO}_3 \text{ kg}^{-1}$  south  
366 of the polar front, towards the SIZ (Figure S1).

## 367 Modeling changes in phytoplankton bloom cycles and magnitude

368 The present mean phytoplankton biomass annual cycle in the Southern Ocean is computed  
369 by averaging all float-based estimates of mean phytoplankton carbon concentration in the  
370 mixed layer on a weekly basis and interpolating them into a daily time series (Figure 4a).  
371 The same procedure is followed to obtain an annual climatology of  $r$  and  $\mu$ . Seasonal  
372 anomalies in  $\mu$  are calculated by subtracting the climatological daily value of  $\mu$  from the  
373 overall annual mean of  $\mu$ . Relative changes in  $\mu$  are computed by decreasing daily  $\mu$  when

374 the seasonal anomaly is positive (larger than the annual mean), and increasing it when the  
375 seasonal anomaly is negative (lower than the annual mean) (Figure S7a). The rationale  
376 for this sensitivity exercise is that future increases in ocean stratification should increase  
377 nutrient limitation during summer (period of positive anomalies) and relax light limitation  
378 during winter (period of negative anomalies). The division rate ( $\mu$ ) is decreased/increased  
379 over a range from 10% to 60% with respect to current values during winter and summer,  
380 respectively. The accumulation rate ( $r$ ) for each scenario was calculated following Equation  
381 1:  $r = \mu - l$ . The climatological loss rate ( $l$ ) for each scenario (between 10 and 60 %) is  
382 obtained as a 2-days temporally lagged  $\mu$ . The 2-days lag was determined by reconstructing  
383 present accumulation rates as  $r = \mu - \mu_{xday-lag}$ <sup>10</sup>, over a range of temporal lags in  $\mu_{xday-lag}$   
384 between 1 and 10 days. The best reconstruction of present  $r$  was obtained with a temporal  
385 lag of 2 days in  $\mu$  (Figure S6). Finally, the climatological phytoplankton concentration for  
386 each scenario is obtained from a numerical integration of the modeled  $r$  using the first value of  
387 the current climatological annual cycle as the initial boundary condition (i.e., phytoplankton  
388 carbon concentration corresponding to the first day of January). Annual cycles of vertically  
389 integrated net primary production are obtained as the product of climatological division  
390 rates ( $\mu$ ) and integrated phytoplankton carbon inventories obtained for each variation of  $\mu$   
391 (i.e., between 10 and 60 %) (Figure S7b).

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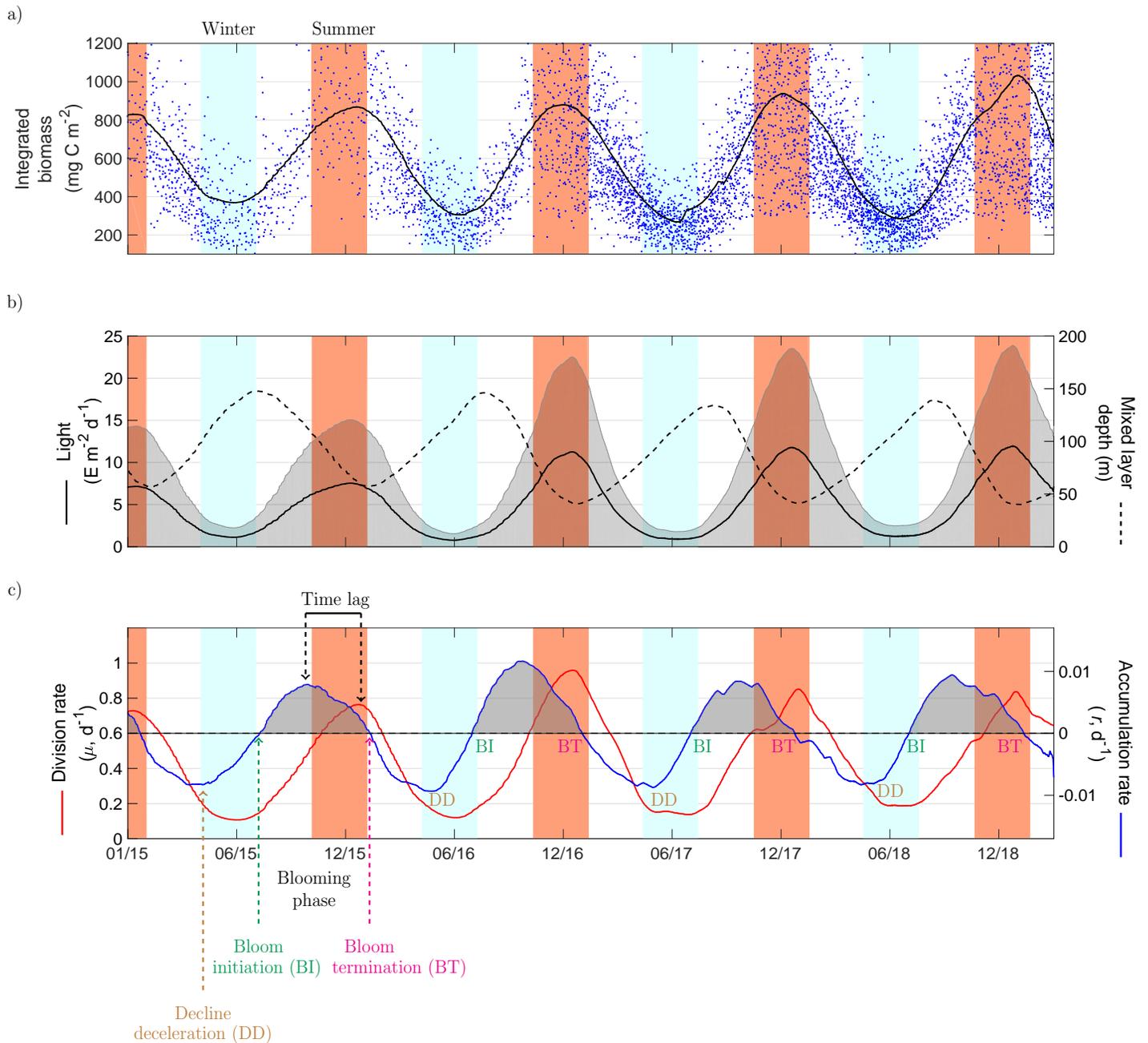


Figure 1: **Annual cycles of phytoplankton biomass in the Southern Ocean.** (a) Annual cycles of phytoplankton carbon integrated from surface to the depth of the mixed layer or euphotic depth (whichever is deeper). Blue dots: Individual float observations. Continuous black line: Average time series from individual observations. (b) Black continuous line: Average time series of the mean light level in the surface mixed layer in the Southern Ocean computed as photosynthetically active radiation (PAR) (shaded area represents the standard deviation). Black dashed line: Average time series of the depth of the surface mixed layer. (c) Red continuous line: Average time series of phytoplankton division rates ( $\mu$ ). Blue continuous line: Average time series of phytoplankton net accumulation rate ( $r$ ). The phytoplankton blooming phase is defined as the time period where  $r > 0$ , constrained between the time of ‘Bloom initiation’ (BI) and ‘Bloom termination’ (BT) of each annual cycle. The ‘Decline deceleration’ (DD) point, indicates the moment where the autumn decline in biomass starts to decelerate prior to the onset of the bloom. Seasonally, a clear ‘Time lag’ exist between  $\mu$  and  $r$  where highest accumulation rates are observed approximately 3 months before the peak in division rates. Light blue and red shaded panels indicate austral winter (May-August) and summer (November-February) months, respectively. See Methods for details on the smoothing of time series.

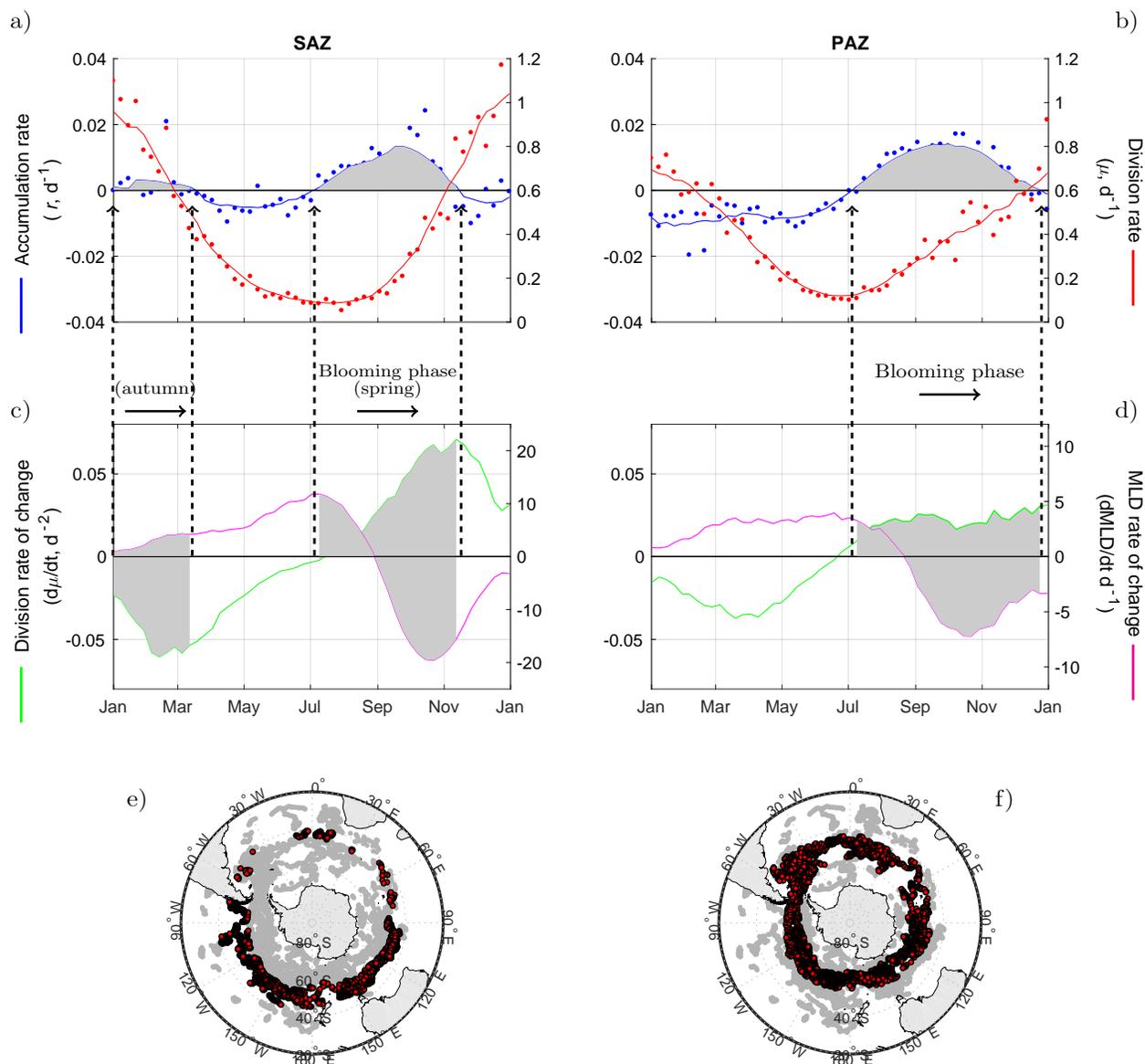


Figure 2: Climatological bloom cycles in the the Subantarctic and Polar Antarctic Zone (SAZ and PAZ). (a and b) Annual cycle of phytoplankton accumulation ( $r$ , blue line) and division rates ( $\mu$ , red lines) for the SAZ and PAZ. Individual points are weekly averaged observations and continuous line is the result of a smoothing temporal filter (Methods). (c and d) Averaged time series of the temporal derivative of  $\mu$  ( $d\mu/dt$ , green line) and of the mixed layer depth (MLD) ( $dMLD/dt$ , magenta line). The blooming phase ( $r > 0$ ) is highlighted by the gray shaded periods. (e and f) Bottom maps: Location of float profiles deployed in the SAZ and PAZ.

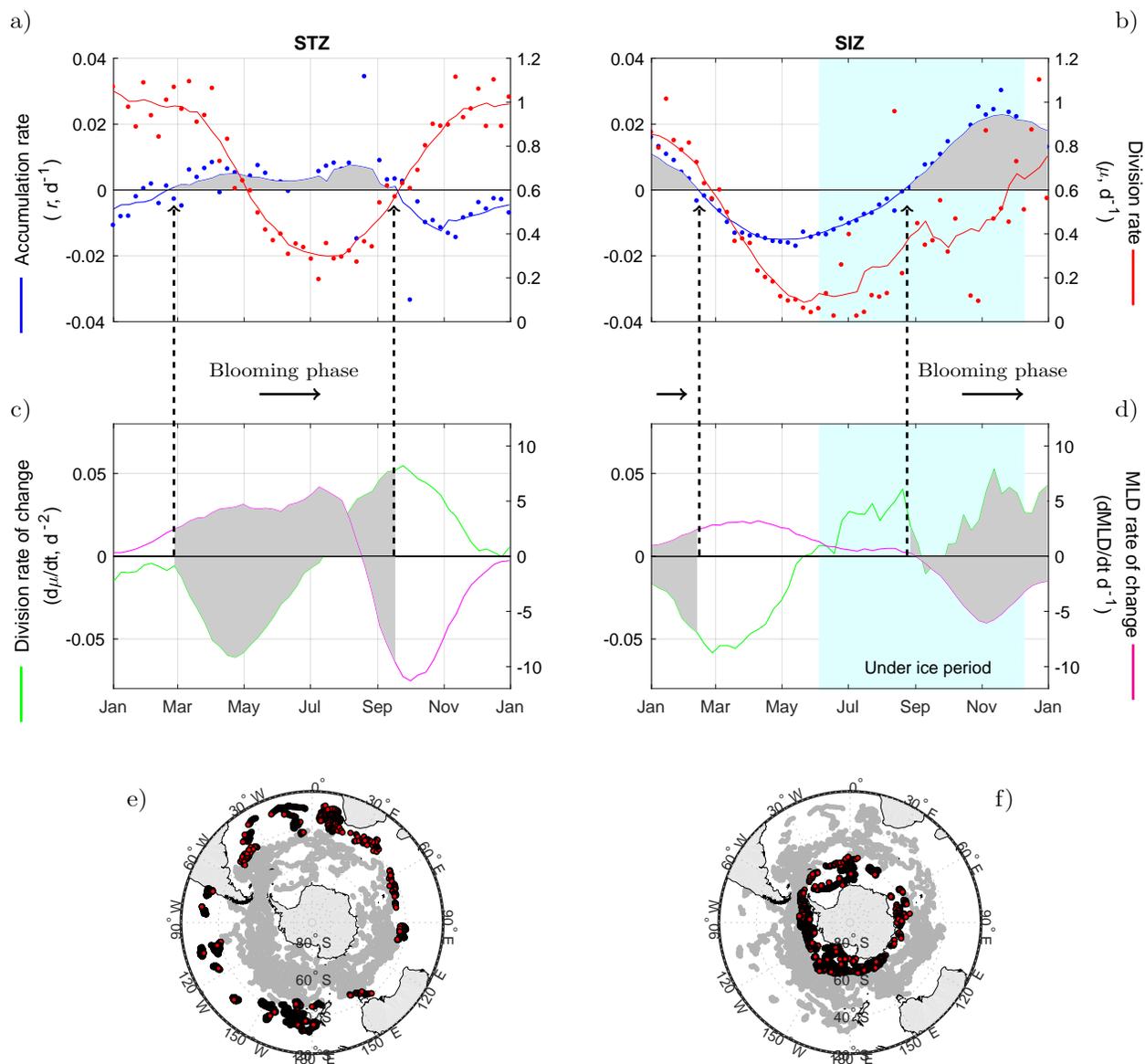


Figure 3: Climatological bloom cycles in the the Subtropical and Seasonal Ice Zone (STZ and SIZ). (a and b) Annual cycle of phytoplankton accumulation ( $r$ , blue line) and division rates ( $\mu$ , red lines) for the STZ and SIZ. Individual points are weekly averaged observations and continuous line is the result of a smoothing temporal filter (Methods). (c and d) Averaged time series of the temporal derivative of  $\mu$  ( $d\mu/dt$ , green line) and of the mixed layer depth (MLD) ( $dMLD/dt$ , magenta line). The blooming phase ( $r > 0$ ) is highlighted by the gray shaded periods. Light blue shaded section indicates the period where 50 % or more profiles where under ice. (e and f) Bottom maps: Location of float profiles deployed in the STZ and SIZ.

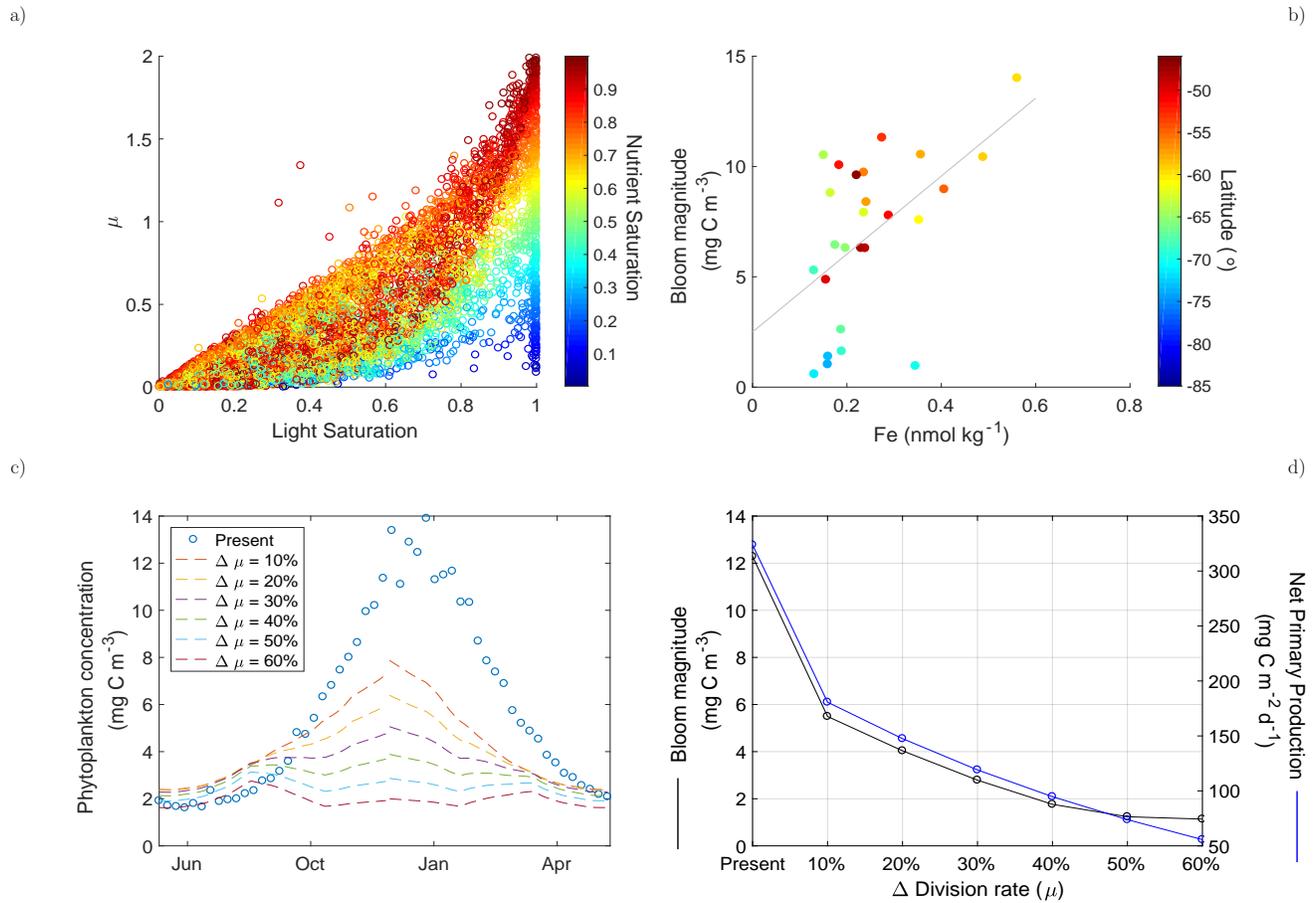


Figure 4: **Light and iron controls on phytoplankton blooms and future projections of biomass and productivity.** (a) Relationship between the phytoplankton division rate ( $\mu$ ) and the light and nutrient saturation index diagnosed by the phytoplankton growth model. (b) Relationship between bloom magnitude and the surface iron concentration in the Southern Ocean. Continuous black line is obtained from a least-squares linear regression model with a coefficient of determination ( $R^2$ ) of 0.26 and a p-value  $< 0.05$ . (c) Variations in seasonal phytoplankton concentration in the Southern Ocean resulting from a relative decrease (increase) in  $\mu$  during summer (winter) with respect to the present division rate. (d) Decrease in mean phytoplankton bloom magnitude (BM, black line and symbols) and annual mean vertically integrated net primary production (NPP, blue line and symbols) in the Southern Ocean as a consequence of relative changes in  $\mu$ .

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**Ecological drivers of phytoplankton bloom cycles in the Southern Ocean**

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For the present study, BGC-Argo float data deployed by the SOCCOM program between 2012 and 2019 was analyzed altogether and subdivided into environmental zone as explained in the Methods section. The Southern Ocean presents a clear spatial gradient in surface mixed layer biogeochemical properties (temperature, oxygen, and nitrate) across the four environmental zones defined in this study (Figure S1). Annual climatologies of float-sampled mean mixed layer nitrate, up-to-date compiled dissolved iron observations<sup>1</sup> (Figure S2), and satellite based mixed layer light estimates (Figure S3) were produced and analyzed for each environmental zone in conjunction with temporal changes in phytoplankton biomass.

Individual float-based estimates of phytoplankton division rates ( $\mu$ ) and net accumulation rates based on changes in mixed layer biomass concentration ( $r_{\text{mld}}$ ) and integrated inventory ( $r_{\text{int}}$ ) were obtained as detailed in the Methods section (Figure S4). The seasonality of  $r_{\text{mld}}$

589 is similar to that of  $r_{\text{int}}$ . However, clear differences exist during periods of mixed layer shoal-  
25 ing or deepening. Net accumulation rates based on the mixed layer integrated inventory of  
26 biomass ( $r_{\text{int}}$ ) are higher than rates based on changes in the biomass concentration ( $r_{\text{mld}}$ ) dur-  
27 ing periods of mixed layer deepening, and vice versa (Figure S5). This pattern is consistent  
28 with the expected effect of dilution of the mixed layer phytoplankton concentration during  
29 increased surface vertical mixing on the computation of accumulation rates based on biomass  
30 concentration, and the expected effect from changes in the vertically integrated water layer  
31 on the computation of biomass accumulation based on the integrated phytoplankton carbon  
32 inventory in the seasonally varying mixed layer<sup>2,3</sup>. The smoothed time series of  $r_{\text{int}} - r_{\text{mld}}$   
33 and the temporal derivative of the mixed layer ( $\text{dMLD}/\text{dt}$ ) are computed as described in the  
34 Methods section.

35 The analysis of future changes in phytoplankton bloom magnitude and net primary pro-  
36 duction is based on the reconstruction of the climatological phytoplankton loss rate for the  
37 Southern Ocean based on a 2-days temporal lag in  $\mu^4$  (Figure S6). The reconstruction of  
38 the mean loss rate ( $l$ ) in the Southern Ocean permitted the assessment of the sensitivity  
39 of vertically integrated net primary productivity to induced changes in the climatological  
40 seasonal cycle of phytoplankton division rate ( $\mu$ ) (Figure S7).

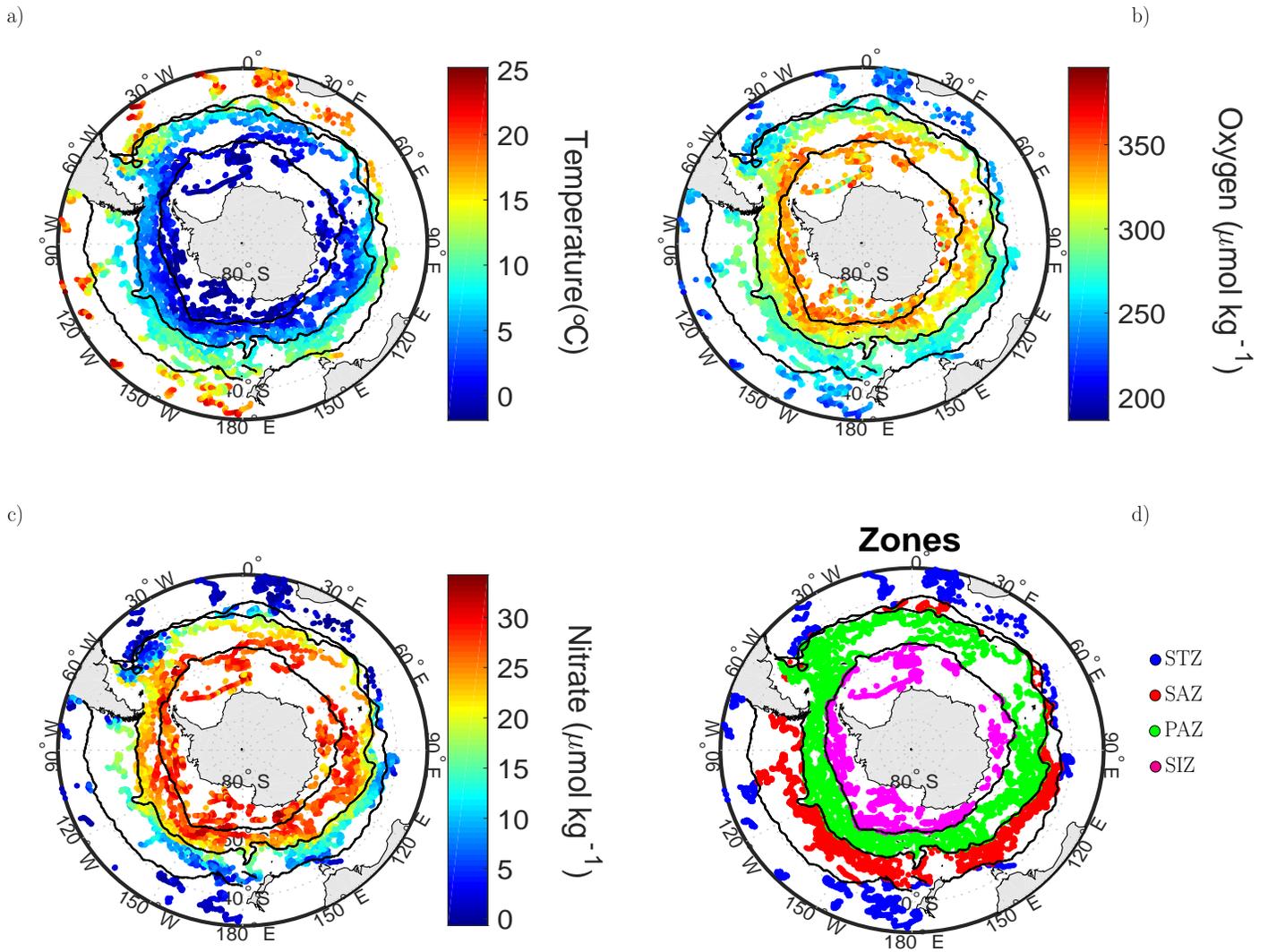


Figure S1: Gradients in mean surface mixed layer (a) temperature, (b) dissolved oxygen, and (c) nitrate concentration measured by the biogeochemical floats. (d) Location of the Southern Ocean environmental zones defined in this study: Subtropical Zone (STZ), Subantarctic Zone (SAZ), Polar Antarctic Zone (PAZ), and Seasonal Ice Zone (SIZ).

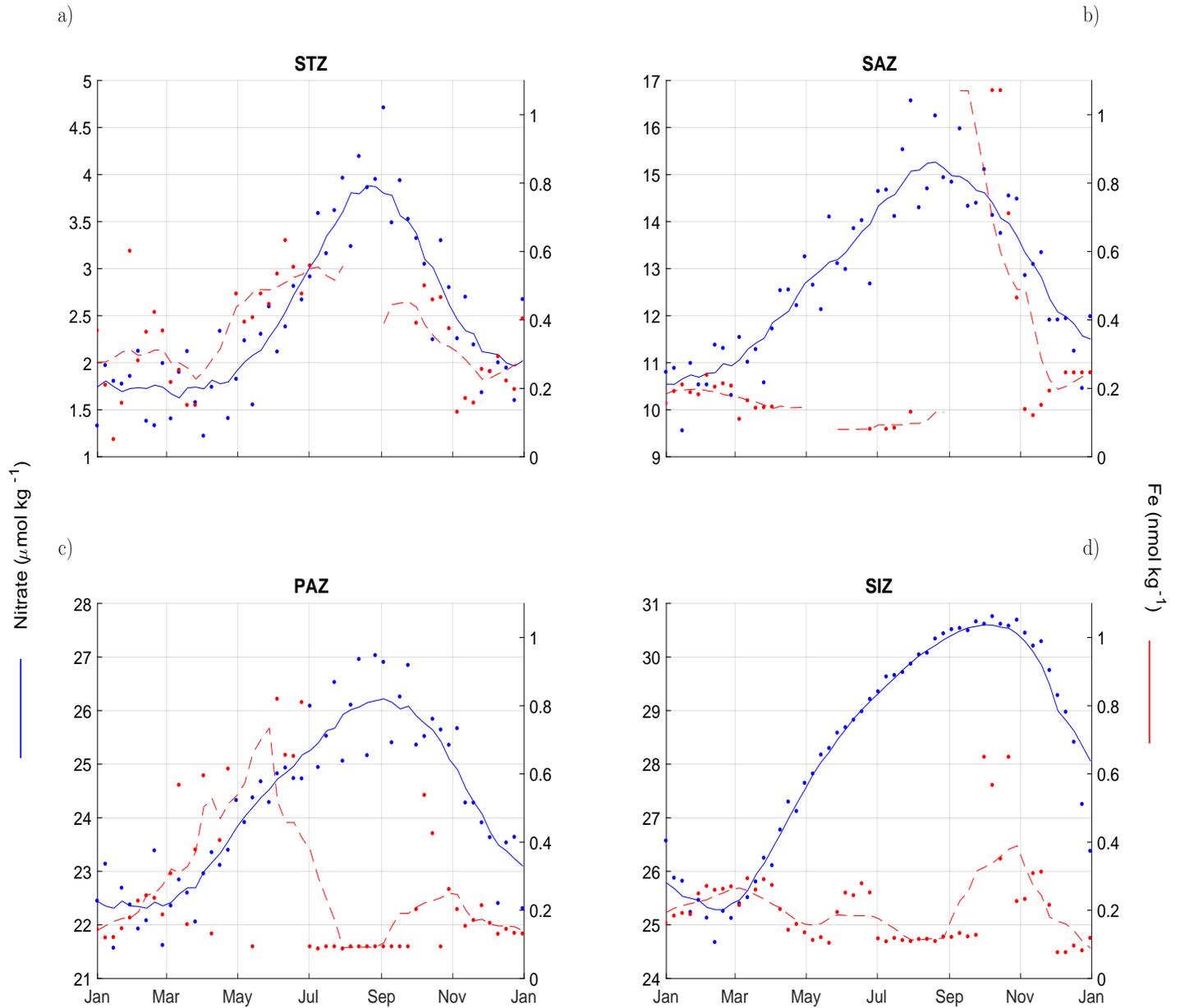


Figure S2: Annual climatology of nitrate and dissolved iron (Fe) concentration in the surface mixed layer for each environmental zone defined in the Southern Ocean: (a) STZ, (b) SAZ, (c) PAZ, and (d) SIZ. Individual points are weekly averaged observations and continuous line is the result of a smoothing temporal filter over a 60 days window.

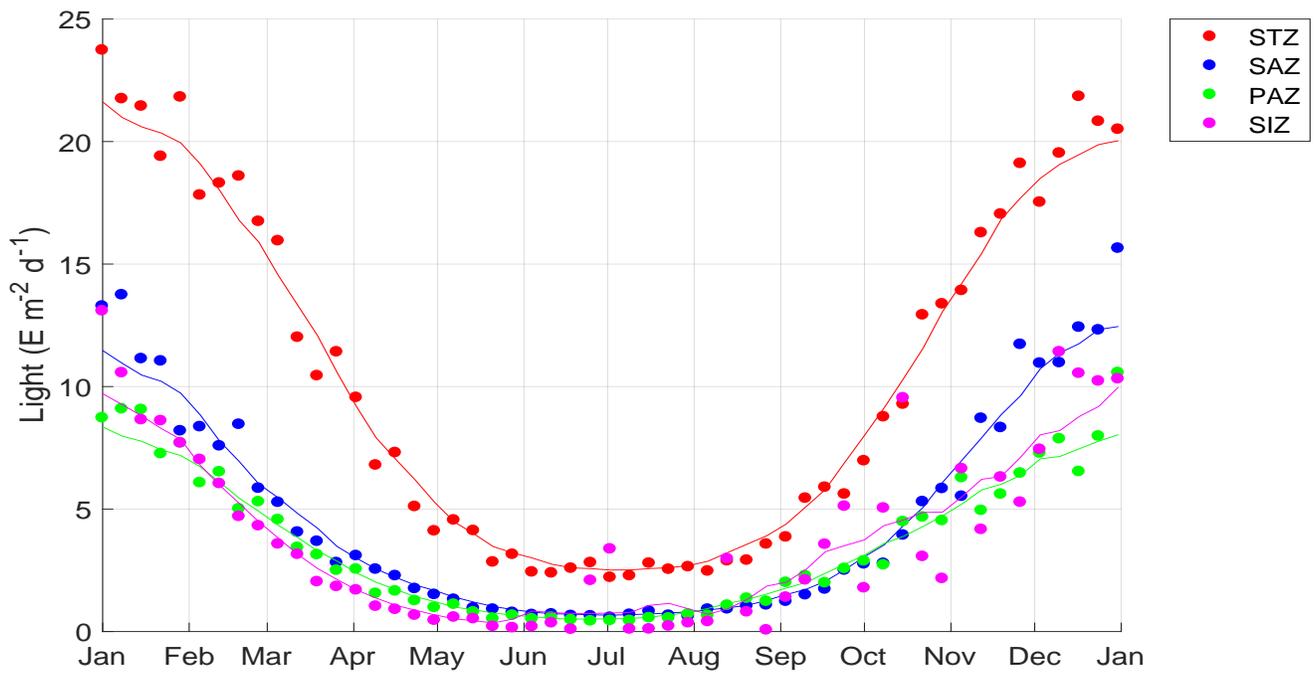


Figure S3: Annual climatology of mean mixed layer light for each environmental zone defined in the Southern Ocean. Individual points are weekly averaged observations and continuous line is the result of a smoothing temporal filter over a 60 days window.

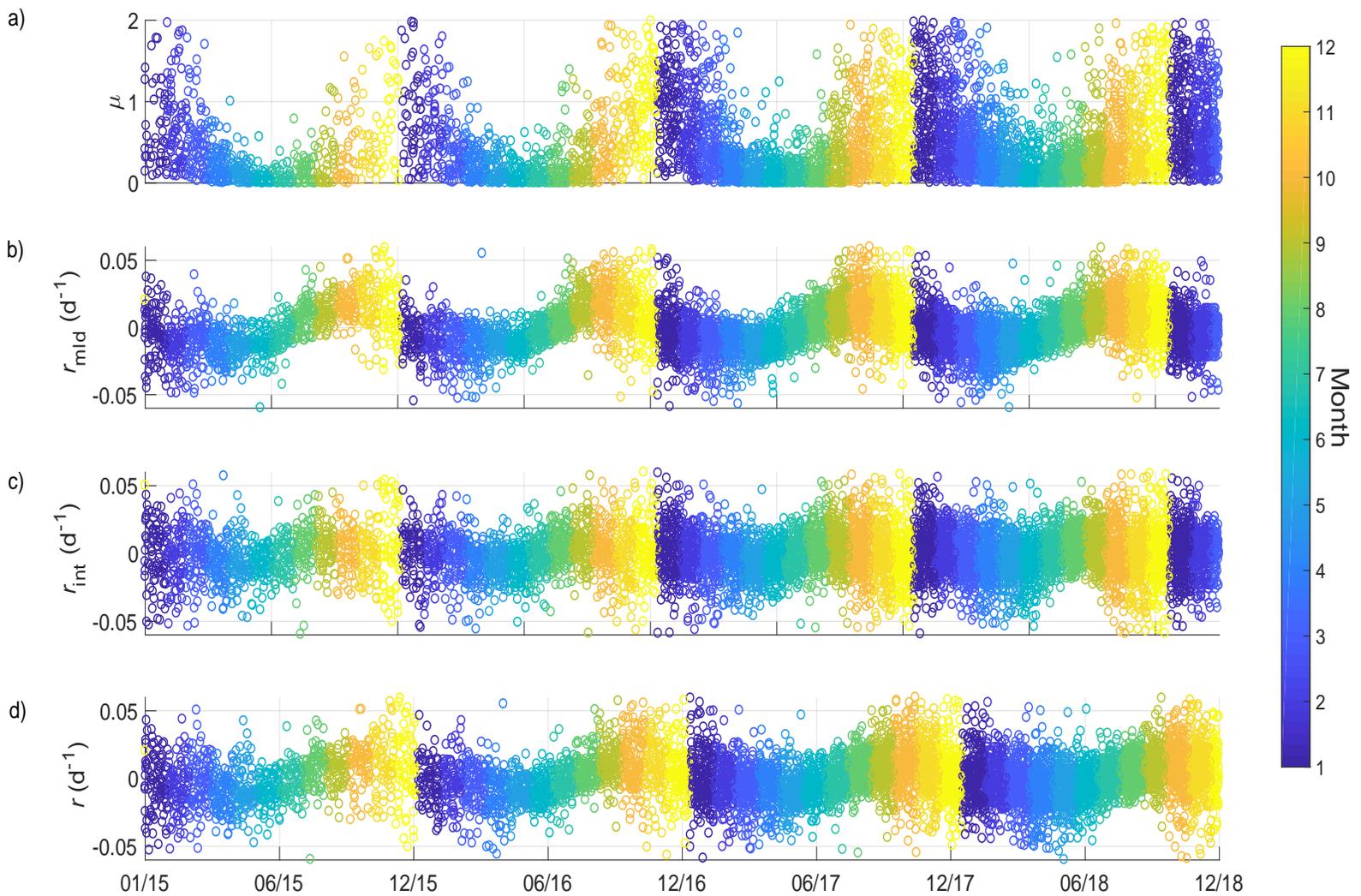


Figure S4: (a) Individual float-based estimates of phytoplankton division rate ( $\mu$ ) from the growth of model employed in this study<sup>5</sup>, averaged in the mixed layer. (b) Individual float-based estimates of  $r$  based on changes in mixed layer phytoplankton biomass concentration ( $r_{\text{mld}}$ ) and (c) based on the integrated biomass inventory ( $r_{\text{int}}$ ). (d) Final estimate of net accumulation rate ( $r$ ) based on the switching algorithm (Equation 4). Colorbar indicates the month of each observationally-based estimate.

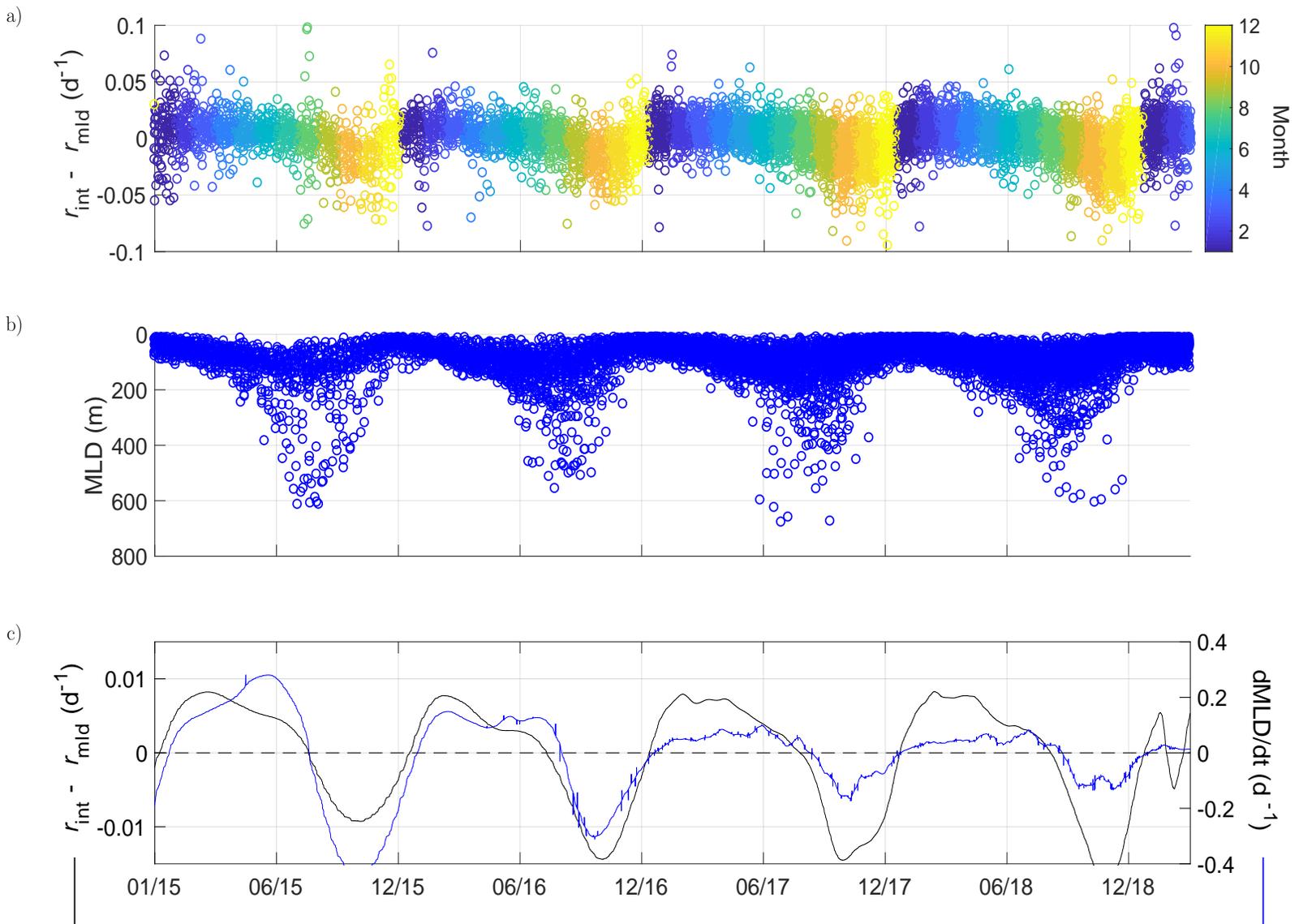


Figure S5: (a) Difference between mean and integrated estimates of the net accumulation rate of phytoplankton biomass ( $r_{\text{int}} - r_{\text{mld}}$ ). (b) Individual float-based estimates of mixed layer depth (MLD) based on in situ temperature and salinity profiles<sup>6</sup>. (c) Comparison between smoothed time series of  $r_{\text{int}} - r_{\text{mld}}$  (black continuous line) and the temporal derivative of the mixed layer depth ( $\text{dMLD}/\text{dt}$ ) (blue continuous line).



Figure S6: Climatological loss rate ( $l$ , blue line) for the Southern Ocean computed from the float-based accumulation and division rate as  $l = \mu - r$ . Red dashed-line shows a reconstruction of  $l$  as 2-days temporally lagged  $\mu$ .

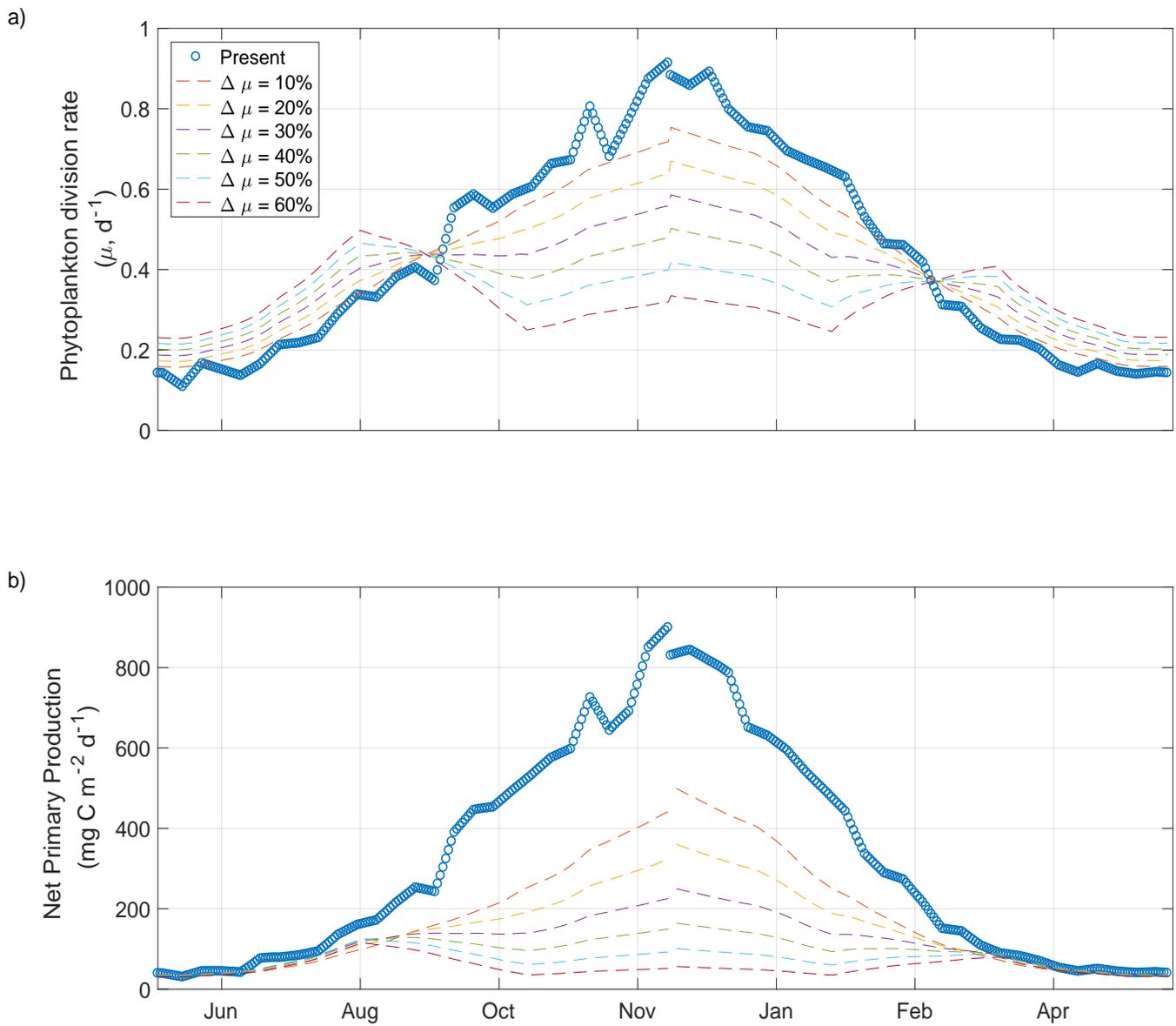


Figure S7: (a) Induced changes in the annual cycle of phytoplankton division rates ( $\mu$ ). (b) Variations in the annual cycle of vertically integrated net primary production (NPP) in the Southern Ocean resulting from relative changes in  $\mu$ .

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